

Requip (ropinirole) Protocol (0.25mg tablets)
Patient Instructions

1. Take this medication with food to decrease your chance of stomach upset.
2. Take this medication at the same time each day before bedtime.
3. Week 1 - Take 1 tablet (.25 mg) 2 hours before bedtime. If there are no side effects and no improvement in your leg symptoms after one week, increase the dose.
4. Week 2 – Take 2 tablets (.50 mg) 2 hours before bedtime. If there are no side effects and no improvement in your leg symptoms after one week, increase the dose.
5. Week 3 – Take 3 tablets (.75 mg) 2 hours before bedtime. If there are no side effects and no improvement in your leg symptoms after one week, increase the dose.
6. Week 4 – Take 4 tablets (1.00 mg) 2 hours before bedtime. If there is still no improvement in your leg symptoms, contact your healthcare provider for additional instructions.

Common Side Effects: (usually are temporary & do not require medical attention)

- Nausea, vomiting, heartburn, gas
- Diarrhea or constipation
- Dry mouth
- Headache
- Sweating, hot flashes

Other Possible Side Effects: (notify your health care provider)

- Weakness, dizziness or fainting
- Confusion or hallucination
- Drowsiness
- Clumsiness