



## How To Get Kids Into Music

Pregnancy - unborn babies can hear their mothers' voices from inside the womb from around 23 weeks gestation. Did you ever feel your unborn baby respond to sounds?

### Pre-schoolers

Little babies - SING!! Sing while doing your daily routine, changing, washing, feeding. Watch them smile.

Babies love shakers, clapping, bashing and moving to music - encourage this by joining in. Babies are good at copying.

Provide lots of music to listen to - the best option is if the kids can turn it on themselves when they feel like it. Give them some control - let them dance and do shows - and don't forget to watch enthusiastically!

Go to baby music groups - there are loads out there. Just ask locally - perhaps your local library has Songs and Story Time.

Make instruments available. Kids don't need a piano or a guitar, but little instruments like shakers are a good start. If you can't afford to buy them - make your own! We're always making shakers from pasta in bottles, guitar using a box and elastic bands and drums from pans. Get creative!

Sing in the car!

### Older kids

Play music - all genres - and join in.

Use whatever instruments you have - set an example.

Have a family sing-song and try to lower your inhibitions.

Watch live music - this doesn't have to be expensive. Brass bands play in parks and there are free concerts all over the place - just look them up.

If you can afford it - let them have instrument lessons. Start with the piano, violin or ukulele.

Enjoy it, be silly and have fun.

**#letsmakesomenoise**