Spring & Summer

May- August 2025

The County of Lacombe Community Resource and Activity Guide

Series

SUMMER ART WORKSHOPS

UNLOCK YOUR CREATIVITY

Blacksmithing | Bronze Casting | Glass beadmaking | Jewelry Design | Metalsmithing | Painting – Mixed Media & Watercolour | Pottery | Traditional Indigenous Art | Writing & Illustrating and MORE!

View our lineup

July 7 – August 1, 2025

One- to two-week workshops

July 19, 2025

Taste of Series one-day workshops

Spring & Summer 2025
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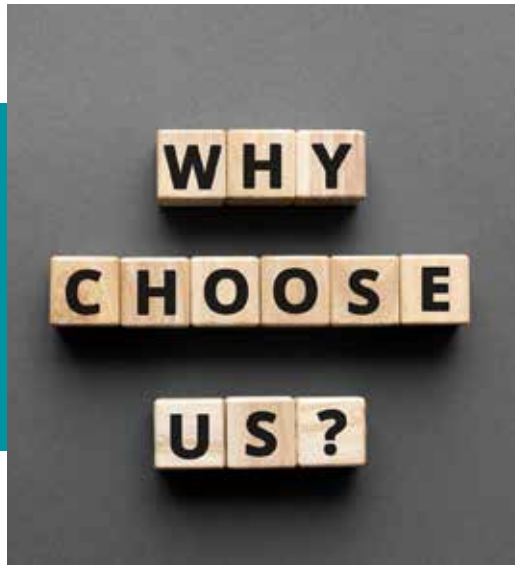
WWW.CLLLA.COM

WHY ADVERTISE WITH CLLLA??



WHY?

To share what you do!

PROMOTE YOUR ORGANIZATION, EVENT OR PROGRAMS!
Take advantage of the exposure the delivery range and the continuity in the communities

The CLLLA's Don't Hibernate is a FREE full colour community course and activity guide that is well know and anticipated each Spring, Fall and Winter.

BENEFITS

1. Your information gets out!

The book is distributed throughout the City of Lacombe and the Lacombe County including: Lacombe, Alix, Bentley, Blackfalds, Clive, Eckville, Mirror, and Tees.

2. Great value and exposure for your dollars!

Your advertising dollars provide you with 4 MONTHS of exposure throughout the entire County of Lacombe and it is kept in the communities for the length of the book

3. Advertising the gives back!

Your advertising dollars will also be supporting the continuing growth of lifelong learning opportunities in your community.

2025 DEADLINES

FALL:

- **Deadline is Aug. 6**
- **Delivered end of Aug.**

WINTER:

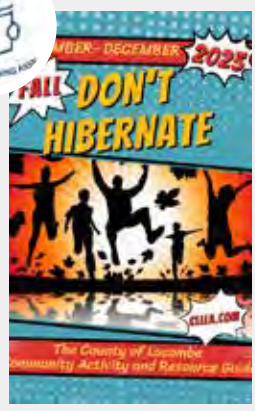
- **Dealine is Dec. 3**
- **Delivered mid Dec.**

CONTACT US FOR INFO

Dani Ducross
Executive Director CLLLA
(403) 782- 7955
office@cllla.com

1. What did the pig say on a hot summer day?

Don't Hibernate Advertising Rates



Ads are full colour and delivered via Canada Post and found online on our website and facebook pages

1/4 pg // $150

BEST FOR:

- Logos/graphics
- minimal written content
- box or banner ad size

1/2 pg // $280

BEST FOR:

- Logos/graphics
- some written content
- vertical or horizontal space

full pg // $375

BEST FOR:

- lexposure and visibility
- sharing + information
- value for ad dollars

Get in Touch with Us:

office@cllla.com

Promote your FREE community group for FREE- ask us about it today

5340 45th St Lacombe AB | (403)782-7955 | www.cllla.com

1. A I'm bacon

Hello!

All About CLLLA

The County of Lacombe Lifelong Learning Association

+403-782-7955

office@clllla.com

5230 45th ST Lacombe, AB

ABOUT CLLLA

CLLLA is non-profit organization that has provided adult learning opportunities for the County of Lacombe for over 40 years. CLLLA is overseen by an amazing volunteer board of directors.

WHERE WE COVER

Main Office: Located in the Lacombe Center Mall

Areas that we can provide programming for:

- Lacombe
- Clive
- Tees
- Mirror
- Alix
- Blackfalds
- Gull Lake
- Bentley
- Eckville

With enough participants we can bring most of our programs to any of the communities within the County of Lacombe.

WE OFFER:

Literacy & Math Programming

Employability Workshops

Computers and Technology

Healthy Living Skills

General Interest Courses

OUR FUNDING

We are funded by the Government of Alberta- Advanced Education

CLLLA applies for annual funding in order to provide learning opportunities in :

- **Foundational Learning,**
- **Skills for Learning**
- **English Language L:Earning**
- **Community Capacity**

WHO WE SERVE

We provide programming for Adults that live within the boundaries of the County of Lacombe.
Our mandate is to provide cost-effective learning opportunities for anyone needing assistance. We try to assist with any barriers to learning.

HOW TO REACH US

We have variable office hours so it is best to call or email to make an appointment

Dani Ducross (403)782-7955

Executive Director office@clllla.com

2. How can you tell that the ocean is friendly?

FILL UP YOUR CALENDAR WITH FUN!!!

April 2025

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2025

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2025

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August 2025

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Holidays
April -Sept 2025
Good Friday :
Fri. Apr.18
Easter Monday:
Mon. Apr.21
Victoria Day:
Mon. May 19
Canada Day:
Tues. July 1
Civic Holiday:
Mon. Aug. 4
Labour Day:
Mon. Sept. 1

Other Dates:
Mother's Day:
Sun. May 11
Father's Day:
Sun. June 15

how to REGISTER FOR A CLASS at CLLLA

PLEASE LET US KNOW IF YOU HAVE A CLASS SUGGESTION

MOST CLASS DATES ARE FLEXIBLE! CALL IF INTERESTED TO GET YOUR NAME ON A LIST!

Step 1:
USE QR

OR
Email office@clllа.com,
call (403)782-7955 or
pop in to the office 5230 45th St Lacombe

Step 2.
Give us your name, phone number and email.

Step 3.
Pay for your class with cash, a cheque or through an e-transfer to office@clllа.com

step 4.
We will confirm your class a few days before the start.

~That's it!~

IT'S A GREAT TIME TO TRY SOMETHING NEW!

COUNTY OF LACOMBE LIFELONG LEARNING ASSOCIATION PROGRAMS

HOW TO REGISTER:

1. Just call or email OR use the QR code.
2. Give us your name, email & phone # and we will add you to class list. If no date is set, we will let you know when we have one.
3. That's it. If class date listed doesn't work, let us know and we can get you in the next session

Positive Thinking

Tues. May 6 1-4pm

This fun, reflective program explores way to practice positive thinking.

$20/pp

Goal Setting

Thurs. May 22 6-8

Learn how to set goals that you can accomplish.

$15/pp

Self Confidence Workshop

Thursday May 15 1-3pm OR 6-8pm

A workshop to help you work on ways to achieve more confidence

$15/pp

What's your Love Language?

Saturday May 24 1-5pm

Learn your love languages and of the ones you care about. Connect better with family, friends & partners .

4 hr course $60- for 2pp

Learn to Crochet

Saturday May 31 10-12

Learn to crochet and bring home a dishcloth..

$25- includes all materials

Working with Volunteers/Staff

Thurs. May 8 1-3pm OR June 5 6-8pm

This session is designed to help with working with people in a variety of capacities **$30**

Macrame Hanger

Thursday May 8, 5-8pm

Learn to make a macrame plant hanger .

$45- includes all materials

Paper Jewelry Making

Mothers Day: Sunday May 11 10-1pm

Join us in creating your own artfully designed jewelry made out of paper. All materials are provided

$25/pp refreshements provided

In the Kitchen- 101

Saturdays May 24 & 31 10-12

Learn to Cook Classes:

May 24- following a recipe : make a take home dish

May 31- substitutions in cooking:make a take home dish **$30/ class**

In the Kitchen - for fun!

Thursdays May 15, 29 and June 12 6-8pm

Fun Cooking Classes:

May 15- Bread/cinnamon buns

May 29- Cookies

June 12- Summer Cocktails

$20/ class

3 .What happens to cows that get too much sun??

COUNTY OF LACOMBE LI SFELONG LEARNING ASSOCIATION PROGRAMS

HOW TO REGISTER:

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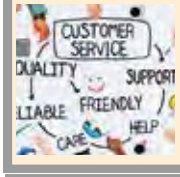
Customer Service 101

Mon. May 12 4:30-6 OR Fri. May 16 1-3pm



Customer service is a skill that can be transferred to many areas of daily life. Learn how to interact in a positive efficient way.

$15

Public Speaking

Tues. Starts May 13 6-8pm

This class will provide you with tips and practice to improve your public speaking skills

$40/ 4 week session

Bookkeeping Basics

Tues & Thurs. June 3-17 6:30-8:30pm

Instruction in basic bookkeeping principles and practice the full bookkeeping cycle.

5 wk course
$200

Basic Budgetting

Tues. May 13, 20 and June 17 6-7pm

This class is designed to teach concepts and strategies to winning at the money game.

3 part class $10/pp

ASL level 1

Thurs.. 6:30-8pm Starts May 15

American Sign Language. This is a fun interactive class to help develop the ability to communicate using ASL.

6 wk course
$150 includes workbook

ASL level 2

Starts Tus. May 6, 6:30-8pm

American Sign Language. Follow up to ASL 1. learn how to communicate with conversation practice

6 wk course
$100

Travelers Spanish

Tuesdays 6-8, starts May 6

Learn common phrases and vocabulary to aid communication in Spanish,

5 wk course
$100

Beginner Spanish

Thursdays 6-8, starts May 8

Learn the technical basics of Spanish, with homework and practical exercises.

5wk course
$125

End of Life Planning

Saturday May 31 10-12

Presentation and Q&A on executing your wishes once you have passed.

$10/pp
includes refreshments

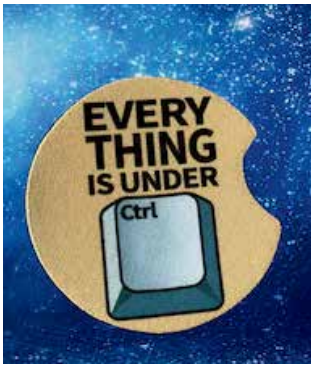
Wills and Estates

Thurs. May 29 6-8pm

Presentation and Q&A on wills and estate planning.

$10/pp
includes refreshments

3. A They turn into evaporated milk.



COUNTY OF LACOMBE LIFELONG LEARNING ASSOCIATION PROGRAMS

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2. Give us your name, email & phone # and we will add you to class list. If no date is set, we will let you know when we have one.
3. That's it. If class date listed doesn't work, let us know and we can get you in the next session

Tech Tidbits:

Wed., May 7, 21, & June 5 10:30-12pm

mini lesson on technology:
May 7-Using APPs
May 21- windows 11
June 5-AI pros and cons
$5/pp/sessions

Internet and Phone Scams

Wed. June 18 10:30-12pm

Learn to recognize scams in emails, on social media and through phone calls and what to do in these situations. **$10/pp**

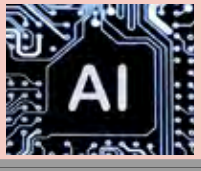
Using Socail Media

Tues. May 13, 20,27 1-3pm

Intro to social media:
May 13- Facebook
May 20- Instagram
May 27- Twitter & Snapchat
$5/session

All About AI

Monday June 23 6-8pm



Learn all online artificial Intelligence (AI) Find out how to use it,, some of the tings it can do and what to look out for.
$15/session

Wave Accounting

Thursdays May 8-29, 6-8pm

Learn to use this free online accounting software. Bookkeeping basics is recommended prior to starting.
$150/pp

Intro to Microsoft Office

Fridays May 9- 30

Learn to use microsoft office:
10-11 am- Word Basics
11:15-12:15pm- Excel Bascis
1-2pm- Powerpoint
$50/class or $100 for all 3

Canva Basics

Tues & Thurs June 10 & 12 6 2-4 or 6-8pm

Learn to use the basic CANVA program for creating posters and marketing materials.
2 session class: **$50**

Cloud Computing and Storage

Thursday June 5 1-3pm

Learn about using cloud computing for storage and sending files.
$20/pp

Computer Basics

Wed.1-3pm May 7-28 OR Tues.1-3 May 27- June 17

A 4 session class that will ensure that you have the basics needed to using your computer for a variety of purposes.
4 session course $75

Coffee and Computer

Tues & Thurs 10-12 or 6:30-8:30pm

Do you need a quick answer to a computer or device problem? Set up an appointment and we'll help you out.
$5 / session

4. Where do sheep go on vacation?

COUNTY OF LACOMBE LIFELONG LEARNING ASSOCIATION PROGRAMS

SELF PACED Computer Training at CLLLA:
With busy lives, it is hard to get into a longer, more intense course, so we have a self -study option for the Microsoft Office programs and SAGE accounting.

The courses include a manual, downloaded files to work with and instructor support as needed. If you are interested in this option for learning, let's chat!

Alberta Advanced Education

SELF-PACED MICROSOFT OFFICE COURSES

Sage 50 Accounting

Independent study with access to instructor during computer lab hours: Tues. 10-12 & 6:30-8:30pm & Thur 10-12 ~ $350

THE COUNTY OF LACOMBE LIFELONG LEARNING ASSOC. OFFERS SAGE ACCOUNTING TRAINING AS A SELF STUDY PROGRAM. BASIC BOOKKEEPING IS RECOMMENDED PRIOR TO TAKING THIS COURSE

Contact us to register:

(403)782-7955

office@cllla.com

INDEPENDENT STUDY COMPUTER LAB HOURS: TUES. 10-12 & 6:30-8:30PM & THUR 10-12

For more information, contact us

(403)782-7955

OFFICE@CLLLA.COM

WWW.CLLLA.COM

THE COUNTY OF LACOMBE

Adult Literacy Program

ENGLISH LANGUAGE LEARNING (ELL/ESL)

ENGLISH CLASSES

FALL CLASSES START SEPT 16 2025

- beginner-intermediate classes
- daytime and evening classes available
- cost is $50
- classes are 2x week
- Assessment needed for ALL students for placement in class
- must be 18+
- **NO DROP-INS ACCEPTED**

ELL/ESL TUTORING

START ANYTIME

- sessions to fit your time
- focus is on individual goals
- 1-2x/week for 1 hour,
- tutoring available in your community
- Pre- assessment required

SKILLS IMPROVMENT PROGRAM

- one-on one or small groups
- individual goals-and plans
- flexible times, learn at your own pace
- Assessment needed for ALL students
- must be 18+

READING:

START ANYTIME

- reading comprehension
- reading speed
- basic literacy skills

WRITING

START ANYTIME

- spelling, grammar and structure
- using punctuation
- improving vocabulary

MATH/NUMERACY

START ANYTIME

- Basic math, +,-,X, /
- using numbers in daily life- budgeting, measuring etc

COMPUTER/DIGITAL LITERACY

START ANYTIME

- learn the basics of using a computer or your cell phone
- basic skills **do not include** software instruction such as word or excel

THERE IS A $25 ANNUAL REGISTRATION FEE FOR THE ADULT LITERACY PROGRAMS

ABOUT US

The Adult Literacy Program is run by dedicated Instructors and Volunteers. We have been offering Literacy services throughout the County of Lacombe for over 40 years. Please contact Dani or Jacqueline for any needs you might have.

LOOKING TO VOLUNTEER?

- no experience required
- training provided
- on-going support as needed
- a rewarding and meaningful experience

HOW TO REACH :US

Address: 5230 45th ST
Lacombe Center Mall
Phone: (403)-782-7955
Email: office@cllla.com
Website: www.cllla.com

SUMMER CONVERSATION CLASS:
Wednesday 6-7:30pm
July 9- August-20th
$25

5. What do you call a snowman in July?

attention:

LOCAL EMPLOYERS

CLLLA OFFERS:

- ENGLISH LANGUAGE LEARNING
- MICROSOFT OFFICE CLASSES
- BOOKKEEPING AND ACCOUNTING COURSES
- CUSTOMER SERVICE WORKSHOPS

Contact us today:
(403)782-7955
office@cllla.com

and many other programs

CAREER CLOSET

THIS IS A COMMUNITY SERVICE THAT HELPS PEOPLE GET "DRESSED FOR SUCCESS"
WE CAN TRY TO PROVIDE SUITABLE CLOTHES FOR INTERVIEWS AND JOBS

COUNTY OF LACOMBE LIFELONG LEARNING ASSN.

CONTACT US:
(403)782-7955
OFFICE@CLLLA.COM
OR STOP BY AND SEE US IN THE LACOMBE CENTER MALL

DONTATIONS ARE GREATLY APPRECIATED

This is a rewarding way to make a meaningful difference in your community.

VOLUNTEER TUTORS NEEDED!

ARE YOU A FRIENDLY PERSON THAT WOULD BE INTERESTED IN HELPING A NEWCOMER TO ALBERTA IMPROVE THEIR ENGLISH COMMUNICATION SKILLS?
WE WOULD LOVE TO TALK TO YOU!!
·1-2 HRS/ WEEK COMMITMENT
·NO EXPERIENCE NEEDED

Contact The Adult Literacy Program today to learn more about this exciting volunteer opportunity.

Call (403)782-7955 OR EMAIL OFFICE@CLLLA.COM FOR MORE INFO

5. A A puddle.

NEW FUTURES

A free program to help get you into your new life.

FREE EMPLOYMENT WORKSHOPS AT LACOMBE LIFELONG LEARNING ASSOC.

Day One AM	Day Two AM	Day Three AM	Day Four AM
Career Exploration	How To Get A Job	Career Planning	Change Management
Day One Pm	**Day Two Pm**	**Day Three Pm**	**Day Four Pm**
Mental Fitness And Resiliency	Interview Skills	Resume & Cover Letter Development	Goal Setting And Taking Action

CONTACT US TO REGISTER:
(403)782-7955 OR OFFICE@CLLLA.COM. OR US QR CODE

GAIN CONFIDENCE | CAREER INFO | MARKET YOURSELF | GET PREPARED

May 12th
June 9th
July 14th

2025 start dates:

Aug 11th
Sept 15th
Oct 20th

ONLINE OR IN PERSON FOR ADULTS 18+

6. What's the best day to go to the beach??

**JOIN A CLUB, TAKE A CLASS, PLAY A SPORT,
LEARN SOMETHING NEW, VOLUNTEER,
CHAT WITH COUNSEL,
OR JUST COME AND CHECK IT OUT!!!**

Would you like to be part of the action??
Book a table for $20 register by QR code
or contact us: office@cllla.com or (403) 782-7955

Facility Hours

Sun	8:00 am – 10:00 pm
Mon – Thu	5:00 am – 10:00 pm
Fri	5:00 am – 7:00 pm
Sat	Closed

Pool Spring-Summer Hours

Sun	1:00 pm – 4:00 pm (open swim)
Mon – Fri	5:30 am – 8:00 am (lane swim)
Mon – Fri	12:00 pm – 1:00 pm (lane swim)
Mon – Thu	6:30 pm – 8:00 pm (open swim)
Sat	Closed

Please check the website for the most updated schedule

The Fitness Centre. . .
that has it ALL!

BURMAN UNIVERSITY

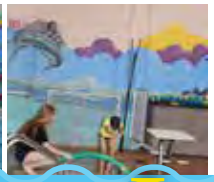
Physical Education Centre & Gwen Bader Fitness Centre

6415 University Dr.
Lacombe, AB
Phone: 403.782.2822
Fax: 866.874.1936
olgasadovoy@burmanu.ca
www.burmanu.ca/pecentre

Registraion ..... Information

www.burmanu.ca/pecentre/lessons
www.burmanu.ca/pecentre/summercamps
www.burmanu.ca/pecentre/recreation
For more information please phone **403-782-2822**
or e-mail **olgasadovoy@burmanu.ca**

7. Why did the bicycle fall over at the beach?



Swimming Lessons

Sunday Classes	May 4 - June 29 *(no class May 18)*	
Preschool levels	4:10-4:50 pm	$47.00
Swimmer 1|2| 3	4:55-5:35 pm	$47.00
Swimmer 4|5|6	5:40-6:25 pm	$52.00
Rookie Patrol	5:40-6:40 pm	$62.00
Ranger Patrol	5:40-6:40 pm	$62.00
Star Patrol	5:40-6:40 pm	$62.00

Private Swim Lessons
30 min – $27.00

Aquacize
Mon / Wed / Fri| 9:00-10:00 am

Weekly Summer Sessions

Session 1	*July 7-11*
Session 2	*July 14-18*
Session 3	*July 21-25*
Session 4	*July 28 - Aug 1*
Session 5	*Aug 11-15*

Preschool levels	10:05-10:50 am	$47.00
Swimmer 1|2| 3	10:55-11:45 am	$47.00
Swimmer 4|5|6	1:05-1:55 pm	$52.00
Rookie Patrol	2:00-3:00 pm	$62.00
Ranger Patrol	2:00-3:00 pm	$62.00
Star Patrol	2:00-3:00 pm	$62.00

Summer Camps ~ 2025

Week 1: July 7-11| Week 2: July 14-18| Week 3: July 21-25| Week 4: July 28 - Aug 1

Burman University PE Centre is offering Summer Day camps.
The weekly summer camp activities would include Canoeing, Climbing Wall, Swimming Pool, Games in the gym, and learning basic Gymnastic skills at the Acro Centre, and other activities.

Physical Education Centre

Morning session 8:00 am - 12:00 pm
Afternoon Session 1:00 pm - 5:00 pm
$165.00 per morning or afternoon session | $310.00 - Full day | Age range 7-14-year-olds.

7.A It was two tired.

CITY OF LACOMBE

Strong Roots. Fresh Perspective.

www. lacombe.ca

Lacombe offers a wide range of recreation options from drop-in fitness opportunities to registered programs and plenty of events and festivals all year long. We also offer a variety of facilities, indoor and outdoor, for rent at very reasonable rates to suit any type of function or activity you're thinking of hosting.

From swimming and skating to arts activities, we've got more than you think!

Root for your Community...

5 Reasons to VOLUNTEER

1. **Develop skills and confidence, gain experience to enhance resume**
2. **Meet new people, network, and help others**
3. **Influence your community, find purpose and fulfillment**
4. **Connect your family with the community**
5. **Enrich your mental, social, and physical wellbeing**

For more information visit:
www.lacombe/volunteer

Contact Info:

City of Lacombe Recreation Services
e-mail: recreation@lacombe.ca
on-line: www.lacombe.ca

City Hall
5432 56 Ave., Lacombe AB T4L 1E9
403-782-6666

Gary Moe Auto Group Sportsplex
5429 53 Street, Lacombe AB T4L 1H8

Kinsmen Aquatic Centre Office
403-782-1278

Daily Pool Schedule - HOTLINE
403-782-1277

Arena Schedule Information
403-782-6556

Art & Culture Programs
403-782-1258

Facility Bookings/Rec Hockey
403-782-1284

Lacombe Memorial Centre
5214 50 Ave, Lacombe AB, T4L 0B6
403-782-6668

Campground Information
403-782-2268

Community Contact list is online:
lacombe.ca/communitycontactlist

Lacombe- Strong roots. Fresh perspective.

8. What travels all around the world but stays in one corner?

LACOMBE MEMORIAL CENTRE

lacombe
memorialcentre

The perfect place for people to connect.

Book your upcoming event now!

- Christmas parties
- training/workshops
- anniversaries
- celebrations of life
- meetings
- weddings
- small conferences
- exercise classes

Visit www.lacombe.ca/lmc or call 403-782-6668 ext 1

Home of Anna Maria's Cafe, Mary C. Moore Public Library and Lacombe & District FCSS.

Lacombe- Strong roots. Fresh perspective.

8. A A postage stamp.

Lacombe Spray Park Open June 1 to September 1

Drop by on hot summer days to cool off with your family for FREE!
Open seven days a week from 10:00 a.m. - 8:00 p.m.
Located at the Gary Moe Auto Group Sportsplex,
visit lacombe.ca204/spraypark for more information & updates.

Facility Rental Assistance Grant

You + CITY OF LACOMBE = MORE

Are you a **community/volunteer organization or business** with limited budget capacity looking to utilize **City facilities**?

Did you know that there is **grant support** available to assist your group or business?

For more information on the application process and guidelines, please call (403)782-1251 or visit **www.lacombe.ca/grants**.

Have a NEW idea to build community?

COMMUNITY BUILDER PARTNERSHIP

Connect · Collaborate · Create

Intake dates available in the Spring & Fall

$100, 000 in available funds

For more information call 403-782-1251 or visit lacombe.ca/grants

Lacombe- Strong roots. Fresh perspective.

9. Do fish go on vacation?

APRIL 22 - JUNE 28 2025

GARY MOE AUTO GROUP SPORTSPLEX DROP-IN FITNESS

Check-in at the Information Desk to receive a wristband and borrow equipment.

Rates	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
$2 Drop-in OR 10 Use Pass		Arena #2					
		Indoor Walking 8:30 am- 1:30 pm	**Indoor Walking** 8:30 am- 1:30 pm	**Indoor Walking** 8:30 am- 1:30 pm	**Indoor Walking** 8:30 am- 1:30 pm	**Indoor Walking** 8:30 am-1:30 pm	**Floor Hockey** 12:30 - 3:00 pm
Contact Info:	**Floor Hockey** 1:00-5:00 pm	**Floor Hockey** 4:00-5:00 pm	**Floor Hockey** 4:00-5:00 pm	**Floor Hockey** 4:00-5:00 pm	**Floor Hockey** 4:00-5:00 pm	**Floor Hockey** 4:00-7:00 pm	
Tracey 403-782-1284 tverhoeven@lacombe.ca			Or 4:00- 6:00 pm		Or 4:00-6:00 pm	**Floor Hockey 14+** 7:00-8:00 pm	**Floor Hockey 14+** 6:00- 8:00 pm
Facilities Closed:	Curling Complex						
Arena #2 April 26-27 May 23-25 May 30-June 1 June 6-8 June 13-15 June 20-22 June 27-29 **Curling Complex** June 6-7	**Pickleball & Badminton** 1:00-5:00 pm	**Pickleball & Badminton** 1:00-8:00 pm	**Pickleball & Badminton** 1:00-8:00 pm	**Pickleball & Badminton** 1:00-8:00 pm	**Pickleball & Badminton** 1:00-8:00 pm	**Pickleball & Badminton** 1:00-8:00 pm	**Pickleball & Badminton** 8:30 am-3:00 pm & 6:00-8:15 pm

***** Please Note: Schedule is subject to change without notice*****

Drop-In Program User Guide

- There is no structured program, users use space at their own risk.
- Children under 8 require direct supervision of a person 15+ years of age.
- Wristbands must be worn at all times.
- Water only. No food or gum.
- Clean indoor shoes must be worn. No bare feet
- Staff reserve the right to limit the number of users and/or equipment.
- Participants are encouraged to bring their own equipment
- Equipment will be available at the counter for drop-in activities.
- Borrowed equipment will be signed out with valuables held at the front desk until equipment is signed back in.
- Pickleball and Badminton courts can be changed depending on participant needs.

Stop and have some fun at these unique parks in Lacombe

Lacombe Skatepark - located at Michener Park, 50th Ave and 63rd St.

Basketball and Hockey Nets - located on the corner of Woodland Drive and C & E Trail. The "Pump Station" is now a "Play Station".

MEGlobal Athletic Park - located between City Hall and the Lacombe Composite High School, 5644 56th Ave. Open for public use from March to November when available. View bookings online at **www.lacombeathleticpark.ca.** Check out the basketball nets and pickleball lines on the basketball court. Please bring your own equipment.

Parallax Energy Fish & Fetch Park - located at 53 & 37 Street in the Industrial Park.

Len Thompson Fish Pond - located at the north end of Len Thompson Drive- includes a picnic area and accessible dock.

KINSMEN AQUATIC CENTRE

LESSONS

- **Lifesaving Swim for Life Pre-school (4 months - 5 years)**
- **Lifesaving Swim for Life Swimmer (6- 14 years)**
- **Teens Stroke Improvement(13 - 18 years)**
- **Lifesaving Swim for Life Adults (18 - 99 years)**

ADVANCED COURSES

- **Bronze Medallion/CPR-C: July 7-11, 9:00-1:00 pm OR August 5-8, 1:00-6:00 pm**
- **Bronze Cross/Intermediate First Aid: July 14-18, 9:00-5:00 pm OR August 11-15, 9:00-5:00 pm**
- **National Lifeguard: April 27-June 1 (Sunday), 9:00-5:00 pm OR July 21-25, 9:00-5:00 pm OR August 18-22, 9:00-5:00 pm**
- **Lifesaving Swim Instructor: May 6-27 (Tue/Thu), 4:00-9:00 pm OR July 28-31, 9:00-5:00 pm**
- **Lifesaving Instructor: June 1-22 (Sunday), 9:00-5:00 pm OR August 5-8, 9:00-5:00 pm**
- **First Aid Instructor: June 3 and 4 (Tue/Wed), 9:00-5:00 pm**
- **National Lifeguard Instructor: June 5 and 6 (Thu/Fri), 9:00-5:00 pm**
- **Intermediate First Aid: April 8 and 9 (Tue/Wed), 9:00-5:00 pm**

RECERTIFICATIONS

- **Intermediate First Aid: April 24 (Thu), 9:00-5:00 pm OR May 11 (Sun), 9:00-5:00 pm OR June 27 (Fri), 9:00-5:00 pm**
- **National Lifeguard: May 14 (Wed), 4:00-8:00 pm OR June 25 (Wed), 9:00-1:00 pm**
- **First Aid Instructor: June 25 (Wed), 9:00-5:00 pm**
- **National Lifeguard: June 26 (Thu), 9:00-1:00 pm**

For swimming lesson schedules visit www.lacombe.ca/pool and register for lessons online at Lacombe.ca/perfectmind.

Lacombe- Strong roots. Fresh perspective.

10. Why do fish like to eat worms?

Lacombe Kinsmen Aquatic Centre
Pool Schedule
April 7- June 28, 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lane Swim & Parent & Tot 7:00-8:30am	**Lane Swim** 6:00-7:30am	**Lane Swim** 6:00-7:30am	**Lane Swim** 6:00-7:30am	**Lane Swim** 6:00-7:30am	**Lane Swim** 6:00-7:30am	**Lane Swim & Parent & Tot** 7:00-8:30am
	Water Fitness 7:45-8:45am	**Water Fitness** 7:45-8:45am	**Water Fitness** 7:45-8:45am	**Water Fitness** 7:45-8:45am	**Water Fitness** 7:45-8:45am	
Swim Lessons 9:00-11:45am	**Schools** 9:00-11:00am	**Schools** 9:00-11:00am	**Schools** 9:00-11:00am	**Schools** 9:00-11:00am ****Parent & Tot Swim** 9:00-11:00 am	**Homeschool Lessons** 9:00-11:00am	**Swim Lessons (including Teen & Adult)** 9:00am-11:45am
	Parent& Tot Swim 11:00am-1:00pm	**Preschool Lessons** 11:10am-12:50pm	**Preschool Lessons** 11:10am-12:50pm	**Preschool Lessons** 11:10am-12:50pm	**Preschool Lessons** 11:10am-12:50pm	
	Low Impact Fitness 11:10-11:55am	**Low Impact Fitness** 11:10-11:55am	**Low Impact Fitness** 11:10-11:55am	**AquaZUMBA** 11:10-11:55am	**Low Impact Fitness** 11:10-11:55am	
Private Pool Rental 12:00-1:00pm	**Lane Swim** 12:00-1:00pm	**Lane Swim** 12:00-1:00pm	**Lane Swim** 12:00-1:00pm	**Lane Swim** 12:00-1:00pm	**Lane Swim** 12:00-1:00pm	**Private Pool Rental** 12:00-1:00pm
Public Swim 1:15-5:00pm	**Schools** 1:00-3:00pm	**Schools** 1:00-3:00pm	**Schools** 1:00-3:00pm ****Parent & Tot Swim** 1:00-3:00pm	**Schools** 1:00-3:00pm	**$3 Public Swim** 1:00-3:00pm	**Public Swim** 1:15-3:15pm
	Swim Lessons 3:30-6:30 pm	**Swim Lessons** 3:30-6:30 pm	**Swim Lessons** 3:30-6:30 pm	**Swim Lessons** 3:30-6:30 pm	**Swim Lessons** 3:30-6:30 pm	**Private Pool Rentals** 3:30-4:30pm 4:45-5:45pm
Private Pool Rentals 5:15-6:15 pm	**Public Swim** 6:30-8:00pm	**Public Swim** 6:30-8:00pm	**Water Walkway Public Swim** 6:30-8:00pm	**$3 Public Swim** 6:30-8:00pm	**WIBIT Public Swim** 6:30-9:00pm	**WIBIT Public Swim** 6:00-8:30pm
	AquaZumba & Lane Swim 8:00-9:00pm	**Water Fitness & Lane Swim** 8:00-9:00pm	**Water Fitness & Lane Swim** 8:00-9:00pm	**Water Fitness & Lane Swim** 8:00-9:00pm		

For more info call 403.782.1278 Schedule Hotline 403.782.1277

www.lacombe.ca/pool

One lane is available Monday, Tuesday, and Thursday from 6:30-9:00 pm, Wednesday 8:00-9:00 pm*
Statutory Holiday Swim Time 1:00-5:00pm
** Parent and tot swim is subject to cancelation due to school bookings.
Please check the schedule hotline or our website for up-to-date information.
Purchase memberships & register for courses online at:
cityoflacombe.perfectmind.com

CITY OF LACOMBE

10. A Because they get hooked on them.

KINSMEN AQUATIC CENTRE SCHEDULE

Schedule in effect from June 29 to September 1, 2025

www.lacombe.ca/pool

Aquatic Centre: 403.782.1278 Schedule Hotline: 403.782.1277

Schedule subject to change. Please call 403-782-1277 for current daily schedule.

Purchase memberships & register for courses online at: cityoflacombe.perfectmind.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lane Swim/Parent & Tot 7:00-8:30am	**Lane Swim** 6:00-7:30am	**Lane Swim** 6:00-7:30am	**Lane Swim** 6:00-7:30am	**Lane Swim** 6:00-7:30am	**Lane Swim** 6:00-7:30am	**Lane Swim/Parent & Tot** 7:00-8:30am
	Water Fitness 7:45-8:45am	Water Fitness 7:45-8:45am	Water Fitness 7:45-8:45am	Water Fitness 7:45-8:45am	Water Fitness 7:45-8:45am	
Public Swim 8:45-11:00am *one lane available for lane swim	**Swim Lessons** 9:00am-12:00pm	**Swim Lessons** 9:00am-12:00pm	**Swim Lessons** 9:00am-12:00pm	**Swim Lessons** 9:00am-12:00pm	**Swim Lessons** 9:00am-12:00pm	**Private Lessons** 8:45am-11:00am *lanes available for lane swim
Pool Rentals 11:15am-12:15pm 12:30-1:30pm	**Low Impact Fitness** 11:10-11:55am	**Low Impact Fitness** 11:10-11:55am	**Low Impact Fitness** 11:10-11:55am	**AquaZUMBA Fitness** 11:10-11:55am	**Low Impact Fitness** 11:10-11:55am	**Pool Rentals** 11:15am-12:15pm 12:30-1:30pm
	Lane Swim Parent/Tot Swim 12:00-1:00pm	**Lane Swim Parent/Tot Swim** 12:00-1:00pm	**Lane Swim Parent/Tot Swim** 12:00-1:00pm	**Lane Swim Parent/Tot Swim** 12:00-1:00pm	**Lane Swim Parent/Tot Swim** 12:00-1:00pm	
Public Swim 1:45-5:45pm	**Public Swim** 1:00-3:00pm	**Public Swim** 1:00-3:00pm	**Public Swim** 1:00-3:00pm	**Public Swim** 1:00-3:00pm	**$3 Public Swim** 1:00-3:00pm	**Public Swim** 1:45-3:45pm
	Swim Lessons 3:30-6:15 pm	**Swim Lessons** 3:30-6:15 pm	**Swim Lessons** 3:30-6:15 pm	**Swim Lessons** 3:30-6:15 pm	**Swim Lessons** 3:30-6:15 pm	**Private Pool Rental** 4:00-5:00pm
Pool Rental 6:00-7:00 pm	**Public Swim** 6:30-8:00pm	**Public Swim** 6:30-8:00pm	**Water Walkway Public Swim** 6:30-8:00pm	**$3 Public Swim** 6:30-8:00pm	**WIBIT Public Swim** 6:30-9:00pm	**WIBIT Public Swim** 5:30-7:30pm
	AquaZUMBA & Lane Swim 8:00-9:00pm	**Water Fitness & Lane Swim** 8:00-9:00pm	**Water Fitness & Lane Swim** 8:00-9:00pm	**Water Fitness & Lane Swim** 8:00-9:00pm		

**July Swim Lessons are scheduled 4:30-6:15pm

- One lane is available Monday, Tuesday, Thursday from 6:30-9:00pm. Wednesday 8-9pm.
- The pool will be closed Friday, July 25 at 6:30 pm-Sunday, July 27 at 8:00 pm for the Lacombe Dolphins swim meet. The pool will re-open at 6:00 am on Monday, July 28.
- Spray Park Hours: 10am-8pm including weekends and statutory holidays.
- The pool will be shutdown for scheduled maintenance from TBD

LACOMBE - KINSMEN AQUATIC CENTRE **Pool Schedule: 403. 782. 1277** **www.lacombe.ca**

$3 Swim!
Every Friday
Including Wolf Creek School District Closures or PD days
Fridays 1:00pm - 3:00pm

2for1 Pool Admission

Coupon Expires: December 31, 2025. One Coupon per visit. Coupon is not for resale and has no cash value. Coupon must be presented in person.

Discount applies to the admission of lesser value.
Coupon is valid for all Public Swim times.
One coupon per customer.

Lacombe- Strong roots. Fresh perspective.

11. Why don't oysters share their pearls?

CREATION STATION

LACOMBE DAYS
July 11 - 13
www.lacombedays.ca

Saturday, July 12
11:00 am - 4:00 pm

Held in South Centennial Hall
(while supplies last)
LMC - 5214 50th Avenue

This annual summer event offers families the chance to enjoy creating art.

Come make some fun crafts. There is something for everyone. Think your little one could be the next Picasso? Stop by and let them explore the possibilities!

LACOMBE COUNTY

CITY OF LACOMBE
WWW.LACOMBE.CA

Culture *news* in *Lacombe*

Sign up for a monthly Arts & Culture News Email! Did you know you can receive a monthly e-mail of cultural events and opportunities taking place each month in Lacombe? Well, you can if you visit: **www.lacombe.ca/culture** and sign up.

You'll learn about Music in the Park, other concerts, special speaker events, movie screenings, Cow Patti dinner theatres, new art exhibitions at the LMC, monthly group meetings, dance lessons, art sales and so much more!

It's simple and easy, and you can unsubscribe at any time. www.lacombe.ca/culture

Send *us* your *events*

Planning an arts or culture event in Lacombe? Let people know what you're up to by submitting your event to the monthly Arts & Culture News email at **culture@lacombe.ca** Events that can be submitted are art shows & sales, music concerts, special speaker events, movie screenings, dinner theatres, dance lessons etc.

11. A Because they're shellfish.

LACOMBE PUBLIC ART
COLLECTION

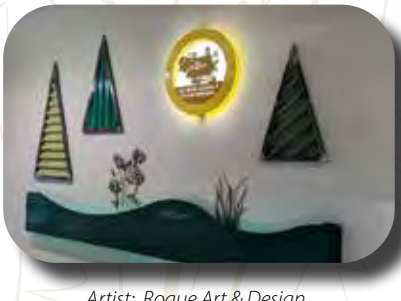
Lacombe's Art Collection is worth over $600,000 and continually grows due to generous donations and new acquisitions! The collection includes fabulous murals, glasswork, metalwork, fibre arts, paintings, drawings, woodworking, and more!

You can enjoy the art at City Hall, the new Operations Facility, the Gary Moe Auto Group Sportsplex, our parks and green spaces, and the Lacombe Memorial Centre Art Gallery.

Artist: Joe Fafard
Lacombe Memorial Centre

Artist: Veronica Kadhuak Manilak
Lacombe Memorial Centre

Artist: Nathan Scott
Police Services Building



Artist: Rogue Art & Design
Operations Building

To donate signed-numbered prints or original art email culture@lacombe.ca

CITY OF LACOMBE

Lacombe- Strong roots. Fresh perspective.

12. Why didn't the elephant buy a suitcase for his summer vacation?

CULTURAL GROUPS & ORGANIZATIONS

MUSIC

BURMAN UNIVERSITY
Dr. Wendolyn Munroe . . . . . 403-782-3381 ext 4078

FIDDLER'S JAMBOREE
Laurie Maetche 403-358-4635

LACOMBE LIONS COMMUNITY BANDS
CONCERT BAND Mark Kenny 403-784-3055
FLAT IRON JAZZ Gerald Ganson 403-782-2731

LACOMBE MUSIC TEACHERS ASSOCIATION
Judy Foulston 403-396-4445

MUSIC FOR DEMENTIA . . . . . .
Maggie-Wolf Creek Primary Care Network… 403-782-1408 ext117

PARKLAND CLASSICAL SINGERS
Carolyn Cave. 403-782-7365

THE CAT & THE FIDDLERS
Laurie Maetche 403-782-5596

CREATIVE GUILDS

CENTRAL ALBERTA WOODWORKERS GUILD
Mike Rondeau. 403-396-5761

LACOMBE ART GUILD
Leanne Simpson 403-877-5505

LACOMBE HANDICRAFT AND LAPIDARY GUILD
Tony Cave 403-782-7365

LACOMBE WRITERS GROUP
Maureen Pocock 403-885-4251

LACOMBE & AREA SPINNERS, WEAVERS & FIBRE ARTISTS
Marsha Duggen. 403-318-4869

DANCE

C& J DANCERS
Cliff Dunn 403-866-3995

DANCER'S EDGE STUDIO
Heather Buelow. 403-782-1802

MADDOX DANCE COMPANY
Brittany Maddox 403-506-2980

PARKLAND BELLES & BEAUX (SQUARE DANCE)
Joanne Greenslade. 403-542-8009

ROSEDALE VALLEY SCHOOL OF DANCE
Arlene Cuff. 403-396-5132

THEATRE & OTHER PERFORMANCE ARTS

COW PATTI THEATRE COMPANY
AnnaMarie Lea 403-304-6329

FORBEEZ THEATRE GROUP
Alison Forbes 403-318-3449

HOME GROWN THEATRE PRODUCTION COMPANY
Rosanna Kerekes 403-588-4386

LACOMBE AND DISTRICT PERFORMING ARTS FESTIVAL
Heidi Baumbach 403-552-9166

LACOMBE PERFORMING ARTS CENTRE FOUNDATION
Rosanna Kerekes 403-588-4386

OTHER SOCIETIES, ORGANIZATIONS & CULTURAL INTERESTS

ADULT LITERACY PROGRAM
Dani Ducross 403-782-7955

COUNTY OF LACOMBE LIFELONG LEARNING ASSOCIATION
Dani Ducross 403-782-7955

FRIENDS OF GUATEMALA
Donna Pierson 403-350-7109

LACOMBE ART COLLECTION COMMITTEE
Maureen MacKenzie 403-782-1258

LACOMBE ARTS ENDOWMENT COMMITTEE
Maureen MacKenzie 403-782-1258

LACOMBE BLACKSMITH SHOP
Daniel Becker 403-782-3933

LACOMBE & DISTRICT HISTORICAL SOCIETY
Daniel Becker 403-782-3933

LACOMBE FILIPINO ASSOCIATION
Anastacio Sanchez. 780-691-4050

LACOMBE REGIONAL TOURISM
Austin Weaver. 403-782-1046

LACOMBE & DISTRICT RIKUBETSU FRIENDSHIP SOCIETY
Marlene McQuesten 403-782-5834

MARY C. MOORE PUBLIC LIBRARY
. 403-782-3433

ROGUE ART & DESIGN STUDIO
Trenton Leach 403-352-4345

SASART
Savannah Lalonde 403-741-7360

PERFORMANCE VENUE LOCATIONS

- Burman University 5415 College Avenue
- College Heights Seventh-day Adventist Church 6915 Maple Drive
- Kozy Korner 5024 - 53 Street
- Lacombe Memorial Centre (LMC) 5214 - 50 Avenue
- Lacombe Performing Arts Centre (LPAC) 5227 C & E Trail
- Lacombe Upper Elementary School 5414 - 50 Street
- St. Andrew's United Church 5226 - 51 Avenue
- Tin Roof Event Centre Milton Road & Range Road 261

12. A Because it already had a trunk.

SUPPORT THE ARTS

YOU CAN HELP SUPPORT ARTISTIC GROWTH IN LACOMBE

Lacombe is an incredibly artistic community—we're #12 in the listing of Art Towns across Canada! Expanding the horizons of visual and performing artists, musicians, and writers in our community is important to ensure the continued growth of the arts in our area. Still, sometimes fees can make it impossible for artists to take the courses they need to advance their love of the arts.

The Lacombe Arts Endowment Fund is here to help by providing grants of up to $2,500 for artists in Lacombe and Lacombe County and student art awards for Junior and Senior High School Students. We need your help to ensure the fund continues to grow.

You can donate at Lacombe City Hall or send a cheque to:

Community Foundation of Central Alberta
#401, 4901 – 48 St
Red Deer, Alberta T4N 6M4
Attention: "Lacombe Arts Endowment Fund."

Tax receipts are issued for any donation of $20 or more.

For information on how to give in a lasting and meaningful way to emerging artists in our area:

Call 403-782-1258 or email: **culture@lacombe.ca**

Holly Parker – Masters in Violin
&
Bronwyn Reeves – Visual Arts

Donate Here!

CITY OF LACOMBE

Lacombe- Strong roots. Fresh perspective.

13. How does a cucumber become a pickle?

DON'T PITCH IT GIFT IT INSTEAD

DO YOU LOVE SEEING ALL THE ARTWORK ON DISPLAY IN THE LMC?

Are you or someone you know downsizing and lacking the room for all the art in your new place? The Lacombe Art Collection always seeks donations of original paintings, signed numbered prints, original drawings, sculptures, etc.

The Committee will consider your donation(s), and if accepted, you will receive a tax-deductible receipt. It's a win-win!

Dr. Dean Locke

Allan Tong

Call the City's Arts & Culture Coordinator at
403-782-1258 or email culture@lacombe.ca
and re-home your artwork today!

CITY OF LACOMBE

Lacombe- Strong roots. Fresh perspective.

13. A It goes through a jarring experience.

LACOMBE PUBLIC ART

From our outdoor murals and sculptures to paintings and three-dimensional works of art there is something for everyone to enjoy!

If you're out and about, be sure to take the Self-Guided Mural Tours information with you! **www.lacombe.ca/murals**

CITY OF LACOMBE

Lacombe- Strong roots. Fresh perspective.

14. Why can't basketball players go on vacation?

City of Lacombe

Annual Community-wide

Trash To Treasure Week

Need more info? Call 403.782.1261
www.lacombe.ca/trashtotreasure

Getting Involved:

- From **May 9 to May 19** place unwanted but reusable items at the front of your property by the curb.
- Mark your items with the word **'FREE'** using masking tape or stickers.

Taking Treasures:

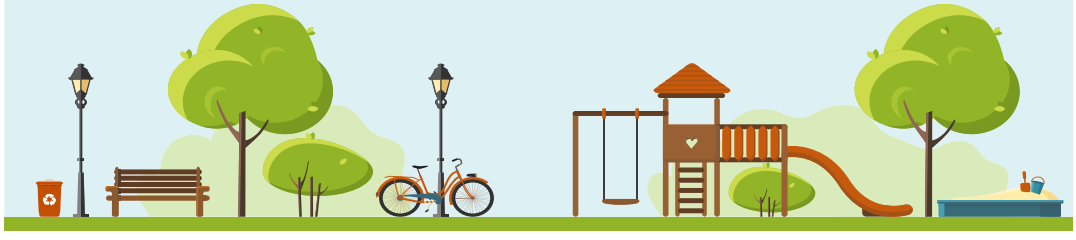
- Take only the items marked '**FREE**'.
- Respect others property; please don't drive or park on lawns.
- Do not discard items on another resident's lawn.

Community Spring Cleanup Campaign to follow from May 20 - 29, 2025.

Playground Passport

Time to visit some playgrounds, have some fun and answer the questions. Email your completed Playground Passport to **recreation@lacombe.ca** and be entered to win a prize!

1. Tricon Inclusive Playground - Trinity St.
   How many bridges are in the playground? _____
2. Cedar Close Playground - Cedar Close.
   What colour is the smaller slide? _____
3. Mackenzie Ranch Park- Mackenzie Ranch Way.
   What is around the playground that adults might enjoy? _____
4. Westview Park - Westview Dr.
   What shape is the corner of the playground? _____
5. Kinsmen Popows Park - 54th Ave/49th St.
   What structure is in the middle of the playground? _____
6. Don Hay Kinsmen Park - 52 St./47 Ave.
   How many things can you slide on? _____
7. Essex Park - 58 St & Northstar Dr.
   What sport that involves sand can you play beside the playground? _____
8. Cliff Lee Kinsmen Park – 55 Ave.
   What colour is the tunnel? _____



14. A They would get called for traveling.

LACOMBE MOVES

www. lacombe.ca

Watch the Lacombe Moves videos on our social media channels.

The City of Lacombe is home to various pieces of outdoor exercise equipment and Certified Strength and Conditioning Coach Crystal Watson is here to help guide our community. Be sure to head out and safely try these moves out for yourself. Visit lacombe.ca/lacombemoves

If you are a volunteer or an organization that managers volunteers, www.lacombe.ca/volunteer is an essential resource for you!

- **Resources for Organizations**
  - Online Grant Writing Workshops through Alberta Community Development
  - Where can I get grants and funding?
- **Recruiting Volunteers**
  - What are some different tactics for recruiting volunteers?
- **Retaining Volunteers**
  - How can I prevent my volunteers from burning out?
- **Recognizing Volunteers**
  - How do volunteers want to be appreciated?

www.lacombe.ca/volunteer

Echo Food Rescue

Rescue Food. Building our community.

About Echo Food Rescue

We are passionate about keeping edible food out of the landfills and redistributing it in our community!

Last year Echo Food Rescue saved approximately 320,000 lbs of food and redirected it back to the people of Lacombe and surrounding areas!

Location

5404 56 Ave, Lacombe, AB T4L 1M1

Hours

Thursdays 11:30 am - 12:30 pm
Saturdays & Sundays 1:00 pm - 2:00 pm
Watch our facebook page for additional popups.

Contact:
Christina Sturgeon
(403) 782-1263
christina@echolacombe.ca

echo FOOD RESCUE

Lacombe- Strong roots. Fresh perspective.

15. Why should you never blame a dolphin for doing anything wrong?

LET'S BUILD COMMUNITY

- Turn off your TV
- Leave your house
- Plant flowers
- Smile at strangers
- Plan a block party
- Pick up litter
- Really listen
- Be cheerful
- Give lots of hugs
- Learn from others
- Greet people
- Give someone a compliment
- Start a tradition
- Visit your library
- Play together
- Share your knowledge
- Shop local
- Make something beautiful
- Resolve conflicts
- Volunteer

CITY OF LACOMBE

Lacombe- Strong roots. Fresh perspective.

15. A Because they never do it on porpoise.

ABC's of SOCIAL WELLNESS

Participate in the ABC's to Improve Social Wellness in Lacombe

www.lacombe.ca/socialneeds

A Smile or be Actively Involved in Your Community

Backyard BBQ, Host a Block Party, or Better yet, Become a Big Brother or Big Sister

Carpool to Coffee With Colleagues or Become Community ChooseWell Members

Do Something Kind for Someone or Donate to a Local Cause

Explore Nature With Your Neighbour to get your Exercise, Engage Others, and Educate Your Minds

Fabulous, Fun Activities that Feed the Five Senses and Foster Community Pride

Give Great Gratitude When You Can

Hugging Family is a Healthy Habit, so is Helping or Saying 'Hello' to a Stranger

Increase Information Sharing and Invite a Friend to Help You With An Innovative Community Project

Joy – Spread it Through Word-of-Mouth Marketing

Knowledge Sharing

Lead with Love by Letting Go of Something Bothering You

Mentor, Meditate, or Be More Mindful to Make a Motivated Difference

Novel Activity Involvement with a Newcomer

One Day to Spend With An Old Friend

Promote and Plan a Play Excursion With a Partner to Discover Your Passions Proactively

Quit a Bad Habit/Addiction or Spend Quality Quiet Time Alone

Research Psychology First Aid and Rhythmic Breathing or Start a Ride-Share

Safely Shovel a Senior's Sidewalk

Take Steps to Improve Your Self-Awareness and Become More Trustworthy

Uniquely Challenge Yourself or Others to Support Community-led Initiatives

Visit Verdant Parks with your Family and Improve your Vitality and Vitamin 'N'

Whistle While you Walk Around The Community for Wellness, Welcoming New Neighbours

X-mas Dinner, Invite Others to Your Celebrations and Strengthen Connections

Yoga - Give it a Try to Stay Youthful and Young at Heart

Zestful, Zealous, or Zappy are Characteristics to Incorporate, Especially when Celebrating Successes

Lacombe- Strong roots. Fresh perspective.

16. What's gray and has four legs and a trunk?

UPCOMING EVENTS

May 5
10am-4pm
at: LMC

Event Planning WORKSHOP

COST $60 includes lunch

Events are critical to many non-profit organizations. Whether it's a fundraiser, volunteer appreciation, bottle drive, or information session…it's an event! This workshop provides an overview of event planning, which will help you plan and execute successful events.

Topics covered will include:

- Research types of events
- Design the event plan
- Manage the planning process
- Coordinate all elements
- Evaluation report

Register by May 1st by contacting CLLLA at 403-782-7955 or office@clla.com

PARALLAX energy

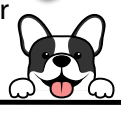
FISH & FETCH PARK

Check it out at 5309 37 Street
(North of Blindman Brewing)

Did you know...

There is a great recreation area in Lacombe!
It is equipped with:

- fully fenced off leash area for your dog
- fish pond
- agility area
- new trees
- fenced area for smaller dogs
- water fountain for you and your dog and much more!



Help Us Update the Community Contact List

The Community Contact List is a resource for Lacombe's residents and visitors! It is a listing of community groups, schools, churches, sporting groups and many other useful organizations. These resources are only valuable if they are current, and to ensure its accuracy we need your help!

Please submit your NEW or UPDATED organization contact information online at **www.lacombe.ca/communitycontactlist**

Lacombe- Strong roots. Fresh perspective.

16.A A mouse on vacation.

June 16th -20th 2025

ADVANCED GRANT WRITING COURSE™

Learn a proven process for winning government grants. The course is created and taught by David Kincade, a professional grant writer with 25+ years of experience.

- Includes your grant calendar (e.g., customized list of grants)
- Create a master grant application you can use year after year
- Ideal for people seeking more than $50,000 in grants

The City of Lacombe is excited to host David Kincade's Advanced Grant Writing Course™ from June 16 to June 20, 2025 at the Lacombe Memorial Centre. 10 spots are available.

Schedule:

Monday: 1:00pm – 4:15pm
Tuesday: 8:45am – 12:00pm. Lunch. 12:30pm – 3:45pm
Wednesday: 1:00pm – 4:15pm
Thursday: 8:45am – 12:00pm. Lunch. 12:30pm – 3:45pm
Friday: 8:45am – 12:00pm

Deliverables:

- 21 hours of in-person training to help organizations build a master grant application
- Online grant writing portal for 12 months following the course (over 14 hours of instructional video and over 140 lessons)

Question and Answer:

1. Organizations will receive complimentary assistance in applying for a training grant with the course instructor, so please contact us as soon as possible. The training grant (Canada-Alberta Job Grant) may cover 66% of the trainee cost.
2. Course Cost Per Trainee: $5,000. Training Grant covers $3,333 per trainee. Plus GST.
3. The training grant is first come, first serve.
4. A reminder that the grant is reimbursed. The organization is required to pay the tuition before the course starts, and it submits for reimbursement the day after the course.
5. If the organization is ineligible for the CAJG, they are required to fund the course cost.
6. Learn more: **https://albertabusinessgrants.ca/grant-writing**

CITY OF LACOMBE

Contact: davidk@albertabusinessgrants.ca or 780-297-6177 to register by May 30th.

17. What's black and white and red all over?

VOLUNTEER in LACOMBE

VOLUNTEERS NEEDED IN YOUR COMMUNITY

BENEFITS

- Make a Real Impact
- Build Connections
- Develop New Skills
- Create Meaningful Change

LACOMBE AND DISTRICT CHAMBER OF COMMERCE:
(403) 782-4300
INFO@LACOMBECHAMBER.CA

YOUTH UNLIMITED:
(403) 789 2298 AND
VOLUNTEERS@CAYU.CA

LACOMBE LIFELONG LEARNING:
(403)782-7955
OFFICE@CLLLA.COM

KIDSPORT LACOMBE:
1-888-914-5437
LACOMBE@KIDSPORT.AB.CA

ECHO FOOD RESCUE:
(403) 352-1765
CHRISTINA@ECHOLACOMBE.CA

ELLIS NATURE CENTRE:
(403) 885-4477
INFO@ELLISNATURECENTRE.CA

LACOMBE DAYS:
(403) 392-2179
INFO@LACOMBEDAYS.CA

LACOMBE MUSIC FESTIVAL:
LACOMBEMUSICFESTIVAL@GMAIL.COM

THE BROOM TREE FOUNDATION:
(825) 221-0396
BROOMTREETN@GMAIL.COM

LACOMBE HISTORICAL SOCIETY:
(403) 782-3933
INFO@LACOMBEMUSEUM.COM

LACOMBE PERFORMING ARTS CENTRE:
(403) 588-4386
ADMIN@LACOMBEPAC.COM

BIG BROTHERS BIG SISTERS OF LACOMBE AND DISTRICT
(403)782-7870

GIRL GUIDES OF CANADA:
(403) 392-1572
REBECCA@THECLARK5.COM

LACOMBE AND DISTRICT VOLUNTEER LINK:
DRIVERS NEEDED (403) 786-0110
LACOMBEVOLUNTEERLINK@GMAIL.COM

For more information on volunteering or volunteer resources check out Lacombe's Online Volunteer Handbook

REACH OUT TODAY, START HELPING TOMORROW! IF YOU WANT YOUR COMMUNITY GROUP INFO HERE,CALL (403)782-7955

fcss
Lacombe & District Family and Community Support Services

LACOMBE*CLIVE*LACOMBE COUNTY
DONATIONS & APPLICATIONS
WWW.LACOMBEFCSS.NET
403-782-6637

FCSS IS FOR EVERYONE

LACOMBE & DISTRICT FCSS SUPPORTS ALL STAGES OF LIFE

STUDENTS & FAMILIES

TOOLS FOR SCHOOL
COATS FOR KIDS
RAINBOWS
HOME ALONE & BABYSITTERS COURSE
FAMILY SPECIAL EVENTS

ADULTS

COMMUNITY VOLUNTEER INCOME TAX
FILL A FRIDGE
CONNEX TRANSPORTATION
NAVIGATION REFERRAL SERVICES
COMMUNITY DINNER
COMPASS FOR CAREGIVERS
COMMUNITY GARDEN PLOTS

SENIORS

MEALS ON WHEELS
LIFELINE
SENIOR SUPPORT SERVICES
HOME SUPPORT
SENIORS WEEK EVENTS
OPENING MINDS THROUGH ART
GOLDEN DUO'S -SENIOR VISITING
GOLDEN ADVENTURES

18. What kind of music do killer whales like?

fcss
Lacombe & District Family and Community Support Services

LACOMBE*CLIVE*LACOMBE COUNTY
DONATIONS & APPLICATIONS
WWW.LACOMBEFCSS.NET
403-782-6637

SENIORS WEEK - JUNE 2-7

FCSS AFTERNOON AT THE MOVIES

'THE BEVERLY HILLBILLIES'
SHOWING AT LACOMBE CITY CINEMAS
1:15PM AND 1:45PM
$5 ADMISSION INCLUDES POPCORN & POP
TICKETS AVAILABLE AT THE DOOR

FREE CONNEX BUSSING

AVAILABLE FOR ALL SENIORS' WEEK EVENTS

CALL TO BOOK YOUR RIDE.

CALL 403-782-6637 EXT. 308 TO BOOK

EVENTS

WORKOUT CLASSES, COMMUNITY MARKET, ICE CREAM SOCIAL, PICKLEBALL, STRAWBERRY TEA, BBQ'S AND MORE!

VISIT WWW.LACOMBEFCSS.NET FOR THE FULL SCHEDULE!

YOUTH PROGRAMS

SUMMER TEEN TRIPS

GRADE 7-10

SUMMER TRIPS

OUR SUMMER TEEN TRIPS WILL BE FILLED WITH ADVENTURE, FUN AND FRIENDSHIP!

TUESDAYS' IN JULY AND AUGUST!

STAY TUNED FOR DATES

TOOLS FOR SCHOOL / COATS FOR KIDS

DO YOU NEED BACK TO SCHOOL SUPPLIES OR NEW WINTER COAT FOR YOUR CHILD?
APPLY TODAY!
WWW.LACOMBEFCSS.NET

TOOLS for SCHOOLS

COATS FOR KIDS

The Walk for Wellness & Suicide Prevention

Sunday, September 14, 2025, 2pm
@ Lacombe Performing Arts Centre,
5227 C&E Trail, Lacombe

No preregistration required

Please join us in our mission to encourage conversation about suicide and mental health, to provide information and hope, and to foster prevention through wellness.

We will walk together to raise awareness and in memory of those we've lost to this global issue.

Everyone is welcome!

For fundraising purposes towards future events and the services of Anam Rural Youth, there will be a **silent auction** on site as well as white shirt sales.

For more information or to submit an auction donation please contact, Heather Jackson: 403-318-3673 or Louise Rellis: 403-318-7690

ANAM RURAL
YOUTH ASSOCIATION

Please Wear A White T-Shirt

Donations Greatly Appreciated
E-transfer to thewalkforwellness@gmail.com

19. Why are fish never good tennis players?

LACOMBE DAYS
July 11 – 13

Whether you want to help plan this amazing festival, volunteer to enhance one of the outstanding events, or simply join in the fun, there's a place for you! Scan the QR code or visit lacombedays.ca to find out how you can be a part of the show!

SCAN ME

BLINDMAN BREWING

Stop by our taproom and enjoy a pint from our 24 taps, patio, Local Taqueria, and friendly staff.

blindmanbrewing.com
@blindmanbrewing
@blindmanbrewery

Friday At The Park Public Market

Friday June 6th to Friday September 5th

10AM-1:30PM

Michener Park, Lacombe

19. A Because they never get close to the net.

'25 PROGRAMS

MESSY CHURCH

Food—Faith—Fun—Family Join us on the first Friday each month for a relaxed style of church service for people of all ages that involves creativity, celebration and hospitality.

First Friday of the month 5-7pm

CHOIR

We are always looking for new members of any experience level to join us. Choir is a great way to participate in worship through music.

Wednesday Evenings

SUNDAY SERVICE

Join us for faith exploration for all ages followed by fellowship.

Sundays at 10:30am

For more information, please contact us

Tel: (403) 782-3148

office@lacombeunitedchurch.ca

St. Andrew's United Church

Together on the Journey, Loving God and Neighbour

5226-51 Avenue Lacombe, AB

Kin Canada

Lacombe Kinsmen Club

The Lacombe Kinsmen Club is a community service club dedicated to serving the needs of Lacombe and the surrounding area.

Club meetings are on the second and fourth Friday of each month from September through June at the Lacombe Royal Canadian Legion Hall (5138 - 49 St., Lacombe)

New members are always welcome!

If you are interested in helping the community while having a good time, you've come to the right place!

Talk to any one of our members or go to www.lacombekinsmen.ca to learn more!

Upcoming Events

Jon Dolman Memorial Golf Classic
June 6th 2025

Diamonds In The Sky
October 17 2025

Santa's Anonymous
Nov-Dec 2025

Spring Charity Auction~2026

Serving the Community's Greatest Need

20. Why did the robot go on summer vacation?

Where the magic of musical theatre happens!

FORBEEZ
THEATRE GROUP

For ages 8 to 13

Limited spaces!

Summer Musical Theatre Camp 2025

Monday through Friday
July 21st- 25th
9:30pm-3:30pm
daily in
Lacombe Performing Arts Centre

Hip Hop and rap theme!

Activities:
Kids creating their own rap, Hip hop dancing, T-shirt Decorating, Dancing, Singing, Acting, Interactive Drama Games
Showcase for parents on Friday 25th

Weekly Fee: $250

Register via our website

For more information:
Forbeez Theatre Group
info@forbeez.ca forbeez.ca

- We are based in Lacombe
- Musical theatre for kids in grade 1-9, two classes
- Annual program runs September - April
- Elementary teacher with over 30 years drama experience
- Teaching acting skills, singing, dancing, voice projection, confidence building, leadership skills
- Professional Vocal coaching
- Technical skills coaching available
- Summer Camps
- Annual performances in Lacombe Performing Arts Centre

forbeez.ca
forbeez Theatre Group

FORBEEZ
THEATRE GROUP

Lacombe Art Guild

Fine Art Instruction for All Levels
beginners encouraged ~ age16+

What is the Art Guild?

We offer art classes in many different mediums, the opportunity to display works around Lacombe and to participate is the Lacombe Encore Show. A great opportunity for beginners and advanced to artist to grow and find find friendships with other artists.

Contact: Leanne Simpson
(evenings only please)
P:403-877-5505
E:lacombealbertaartguild@gmail.com
Website: www.lacombeartguild.ca
Facebook: lacombeartguild
Instagram: lacombe_art_guild

DANCE THERAPY

dance for fun...it feels great!

Dance Classes For Beginners

25+ years of dance experience

for inquiries or to register call or text

Robyn 403-323-0665

NOW OFFERING DAYTIME AND EVENING CLASSES IN:

New classes starting in September

ADULT HIP HOP
ADULT JAZZ
ADULT TAP

For more information and updates join my Facebook page: DANCE THERAPY

classes held at the Lacombe Performing Arts Centre

LACOMBE PERFORMING ARTS CENTRE

SUMMER CAMPS

Merge nature with art in these day camps for ages 6-12! A variety of arts activities that incorporate or take inspiration from nature along with fun games to keep kids moving. 4 weeks of camps available!

Monday to Friday	9 AM - 3 PM	$165 plus GST
	July 7-11	July 28 - August 1
	July 14-1	August 11-15

MUSIC IN THE PARK

Starting at 6:30 pm on the Echo Stage on the south side of the Lacombe Memorial Centre (5214 50 Ave).

JUNE 4: DEAN RAY
JUNE 11: FLAT IRON JAZZ
JUNE 18: OSTELLA
JUNE 25: STRINGS GALORE
JULY 1: TAP9, CRANNA LAKE
JULY 2: JED AND THE VALENTINE
JULY 9: RANDI BOULTON
JULY 16: DON & THE CORLEONES
JULY 23: TRAVIS DOLTER
JULY 30: FOWL PLAY
AUGUST 6: BOBBY GOSSE
AUGUST 13: SQUIDJIGGER
AUGUST 20: MIDDLEAGE CRAZY
AUGUST 27: KING OF FOXES
SEPTEMBER 3: THE ROJO'S

MORE AT LPAC

June 13 & 14: Writers Retreat
2025-2026 Season Announcement coming soon!

STAY CONNECTED TO FIND OUT MORE!

Website: lacombepac.com
FB/Insta:@lacombeperformingarts
Email: admin@lacombepac.com Phone: 403.588.4386

21. What do you call a fish with no eyes?

DANCE THIS SUMMER

AT MADDOX DANCE COMPANY

SUMMER CAMPS | $147

THE BARNYARD BOOGIE
Ages 3 -5
July 14 - 17, 2025 | 9 am - 12 pm

LITTLE DANCE CAMPERS
Ages 3-5
August 11 - 14, 2025 | 9 am - 12 pm

IT'S GLOW TIME
Ages 6-10
August 19-21, 2025 | 1pm - 4 pm

EMC TRAINING CAMP
Ages 8 - 12
July 7 - 10, 2025 | 1 pm - 4 pm
Ages 13 - 18
July 28-31, 2025 | 1 pm - 4 pm

MDC

4 WEEK SERIES | $70

ACRO #1
Thursdays
July 3, 10, 17, 24
4:30 - 5:30 pm Beg.
5:30 - 6:30 pm Inter.

ACRO #2
Tuesdays
Aug 5, 12, 19, 26
4:30 - 5:30 pm Beg.
5:30 - 6:30 pm Inter.

HIP HOP
Thursdays
Aug 7, 14, 21, 28
6 - 7 pm Beg.
7 - 8 pm Inter.

EXPLORE.
MOVE.
CREATE.

THE FAST TRACK
A dance training program designed to accelerate your dancer's technique and prepare them for their next, or first, competitive season.
In The Fast Track, your dancer will take class one night a week throughout July and August training their Ballet, Jazz, and Tap technique.

Wednesdays | July 2 - Aug 27
4:30 - 7 pm Juniors (Ages 6 - 9)
4:30 - 7 pm Intermediate (Ages 10+)

MOVING MINDFULLY
Ages 6 - 9 | 2 half days
July 23+24, 2025 | 9 am - 12 pm | $75

COLLECTIVE AUDITION
Ages 16 + | May 30 | 1 - 2:30 pm
Send your biography and headshot to info@maddoxdance.com by May 15 to register.

REGISTER AT WWW.MADDOXDANCE.COM

21. A A fsh.

LACOMBE MINOR HOCKEY

Registration for the 2025/26 season opens May 1st

NEW TO HOCKEY

- ROCKET LAUNCHERS (DOB: 2015-2020) 10 PRACTICES WITH OPTION TO SWITCH TO OTHER PROGRAMS
- U5 BEARS (DOB: 2021 & 2022) PRACTICE TIMES TBD
- U7 (DOB: 2019 & 2020 - ONE PRACTICE AND GAME A WEEK

TIERED MIXED MINOR HOCKEY

- 2008-2018 BORN PLAYERS
- LEAGUE GAMES
- TWO ONE HOUR PRACTICES PER WEEK
- GOALIE & PLAYER DEVELOPMENT SESSIONS

FEMALE HOCKEY

- ALL FEMALE TEAMS AVAILABLE FOR U11 TO U18
- PLAYERS FROM LACOMBE, BLACKFALDS AND PONOKA
- PARTICIPATE IN THE ROCKY MOUNTAIN FEMALE HOCKEY LEAGUE

AA HOCKEY

- TEAMS FOR U11AA, U13AA, U15AA & U18AA
- PRACTICES, GAMES, AND DEVELOPMENT SESSIONS
- HUB TEAM WITH PLAYERS FROM OTHER COMMUNITIES
- PARTICIPATE IN THE ALBERTA ELITE HOCKEY LEAGUE

Annual General Meeting

May 22nd 7:00 pm @ Lacombe Memorial Centre

www.lacombeminorhockey.com

22. What did one tide pool say to the other tide pool?

Dancer's EDGE STUDIO LTD

SUMMER CAMPS

FILL YOUR SUMMER WITH CREATIVITY!

Our camps will include: • Dancing • Imagination • Crafts • Gymnastics • Cirque • Fun!!!

Tropical Island Adventure Camp

Set sail on a tropical adventure with Moana, Lilo & Stitch, and other beloved island characters! This themed camp brings the island vibes to life as students explore various styles of dance, gymnastics, and cirque.With tropical-themed crafts, snacks, and exciting games, every day will feel like a vacation in paradise. Your child will be immersed in the fun, creativity, and magic of this unforgettable island experience.Don't miss out - join us for a summer escape they'll always remember! Ages 2.5-7yrs

Stuffie Rescue Camp

On Day 1 of this delightful camp, each student will "adopt" their very own stuffed animal friend! Together, they'll embark on exciting adventures-bringing their stuffie to dance classes, gymnastics, and even aerial explorations. Throughout the week, campers will create special crafts like collars and accessories for their new furry friend, showering them with love and care. This camp is a perfect blend of imagination, movement, and creativity that your child will cherish! Ages 2.5-7yrs

Little Circus Camp

This camp will have your child flying high with excitement each day. Learn aerial hammocks, aerial hoop, trapeze, yoga, gymnastics, juggling and more!! This is a circus based program that is filled with fun and exciting activities. No experience needed.
Ages 4-7yrs

Summer Swiftie Camp

This camp was so popular last year we brought it back again!! Each day a different ERA from the famous Miss Taylor S!! Students will get to try all styles of dance, gymnastics and cirque. Swiftie friendship bracelets are a must and other themed crafts. This camp is perfect for your pre-teen to be entertained. What will be their favorite ERA?? Lunch& Snack included. Ages 7yrs+

Wonderfully Wicked Camp

Follow the Yellow Brick Road to an Unforgettable Summer Camp Adventure! Join us for a unique summer camp experience inspired by The Wizard of Oz! Dance to the trendy tunes of the Wicked soundtrack, act out iconic scenes from the classic story, and create magical crafts that Glinda herself would approve of. With lunch and snacks included, your child is sure to have a delightful and enchanting time. Don't miss out on this journey over the rainbow!
Ages 7yrs+

Mermaids and Unicorns Camp

Dive into the enchanting world of mermaids and soar to the skies with unicorns and fairies! This magical journey takes your child from the depths of the sea to the wonders of the air through engaging dance, gymnastics, and cirque classes. With plenty of crafts and imaginative play, each day will spark creativity and excitement. Your little one will come home brimming with stories of their fantastical adventures. Ages 2.5-7yrs

Edge Cirque Camp

Get ready for a one-of-a-kind camp experience that will have your child soaring with excitement every day! Students will explore the thrilling world of the circus, learning aerial hammocks, silks, hoops, trapeze, yoga, juggling, and so much more. In addition to developing incredible skills, campers will enjoy creative art projects and an immersive circus experience that's truly unmatched. Lunch and snacks are provided to keep the energy high throughout this action-packed week.Ages 7yrs+

All Half day camps get a snack included
All full day camps get a snack & lunch included

Our Locations

The Edge - Academy of Performing Arts
Dancer's Edge Studio, 5404 – 56 Street, Lacombe

Dancer's Edge Studio
5045 Parkwood Road, Blackfalds

Limited Spots Available!

Registration is available online, by phone, or at the studio.

403.391.3124

www.dancersedgestudio.ca

Register Online! Scan QR Code

Class	Ages	Class Dates | Time	Tuition
Tropical Island Adventure Camp: A Summer Paradise!	2.5-7	Blackfalds: July 7-10, 9am-12pm Lacombe: July 14-17, 9am-12pm	$150
Stuffie Rescue Camp: A Heartwarming Adventure!	2.5-7	Lacombe: July 14-17, 1-4pm Blackfalds: July 21-24, 1-4pm	$150
Little Circus Camp	4-7	Blackfalds: July 7-10, 12:30-4:30pm Lacombe: Aug. 11-14, 12:30-4:30pm	$190
Summer Swifty Camp	7+	Lacombe: July 7-10, 9am-3pm	$315
Wonderfully Wicked Camp	7+	Blackfalds: July 14-17, 9am-3:00pm	$315
Mermaids and Unicorns: A Magical Adventure Awaits!	2.5-7	Blackfalds: July 21-24, 9am-12pm Lacombe: August 11-14, 9am-12pm	$150
Edge Cirque Camp: Fly High and Dream Big!	7+	Lacombe: July 21-24, 9am-3pm	$350

22. A Show me your mussels.

EXPLORE VISIT RECHARGE EXPERIENCE

Check out www.ellisnaturecentre.ca for event schedules, summer day camps, workshops, newsletters, and more!

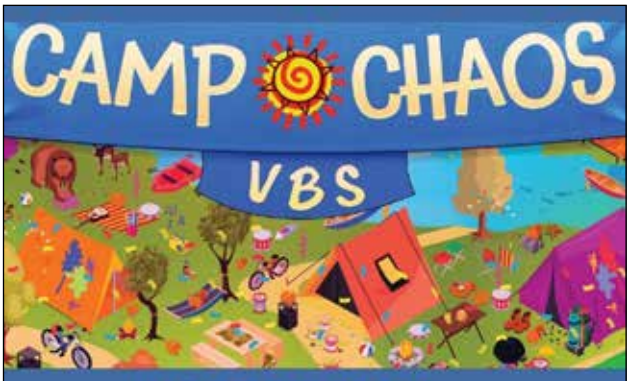
Ellis Nature Centre

Experience Nature

Open May 19 - Oct 15, 2025
Tuesday - Sunday & Holiday Mondays
8AM-6PM

MEGlobal

15 minutes East of Lacombe and Blackfalds



July 7-10, 2025
9:00a-12:00p
Lacombe Pentecostal Church

Are you ready for this summer to get a little... chaotic? Join us at Camp Chaos where children will learn that Jesus is our Peace in times of chaos.

Ages 5-11

To register: lacombepentecostal.ca/upcoming-events
COST: $20/student or $50/family
For more info call 403-782-2966

Register now at 10peaks.ca/camps

SUMMER CAMPS

Bot Basics and Beyond: Robots & Entrepreneurship

GET YOUR "TECH ON" AND TACKLE A REAL WORLD PROBLEM: FOOD SCARCITY.

TenPeaks

Ages 9-12: 1/2 day July 21-25
Ages 12-15: Full day Aug 18-22
Lacombe Composite High School

Proudly Sponsored By: ATB

23. Why does a seagull fly over the sea?

ACADEMY OF GYMNASTICS

SUMMER FUNCAMPS

NEW this Summer!

fun activities, GYMNASTICS, games, and much more

Registration opens in May!

Address #5-4801-63rd Street Lacombe Phone 403-973-5610 @gymnasticslacombe

More information: www.academyofgymnastics.ca

Lacombe Ringette Association

LACOMBE RINGETTE Edge

A fast, fun, competitive team sport on ice.
Ringette is a non-contact sport where you'll learn to skate, pass, shoot and work as a team.

Our season runs from September to March

Ages 4-18 welcome

Registration opens May 15th through August 31st

For more information and registration details check out our website

www.lacomberingette.ca

23. A Because if it flew over the bay, it would be a bagel.

DID YOU WANT TO LEARN TO RUN OR NEED A WALKING GROUP????? FOR FREE????

REDS RUNNERS & WALKERS

SPONSORED BY

REDS SOURCE FOR SPORTS

Wednesday Nights at 6:00pm, our group meet up is at the Red Source Bike Shop.

We invite runners at any level, strollers and dogs on leashes to join us. Youth must have a guardian's consent to run with us.

We run/walk road and the beautiful trails of Lacombe, year-round.

Contact Doug at 403-358-6373

CENTRAL ALBERTA ROWING CLUB

JUNIOR DUAL SPORTS CAMP

Lacombe Lake

No Experience required - Campers learn everything about rowing and kayaking. By Friday they're zipping around the lake! Choose a week starting July 7 or July 14, tailored specifically for ages 12-17

WE ALSO OFFER
- Dual Try Rowing Event (rowing and kayaking June 7)
- Rowing Refresher Course (June 8)
- Learn to Row Classes (June 9, 11 or 14)

For more information or to register email:
president.carc@gmail.com

GENERAL LEE AVIATION

LEARN TO FLY!

Offering Private & Commercial Pilots Licenses + ratings.

Discovery Flights

Scenic Aerial Tours

Gift Cards Available

OPERATING IN TWO LOCATIONS!

General Lee Aviation
Lacombe & Wetaskiwin
403-768-3777
www.generalleeaviation.com

24. What animal is always at a baseball game?

Girl Guides

Register your child today or learn more about joining our valued team of volunteers:
girlguides.ca/joinus | 1-877-564-6188

HeartFelt Yoga

EXPERIENCE RELAXATION, HEALING, AND MINDFUL MOVEMENT IN OUR GENTLE AND THERAPEUTIC YOGA CLASSES.

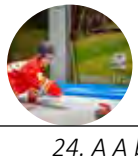
DESIGNED FOR ALL BODIES AND ABILITIES

203, 5025 PARKWOOD RD. BLACKFALDS WWW.HEARTFELT.YOGA

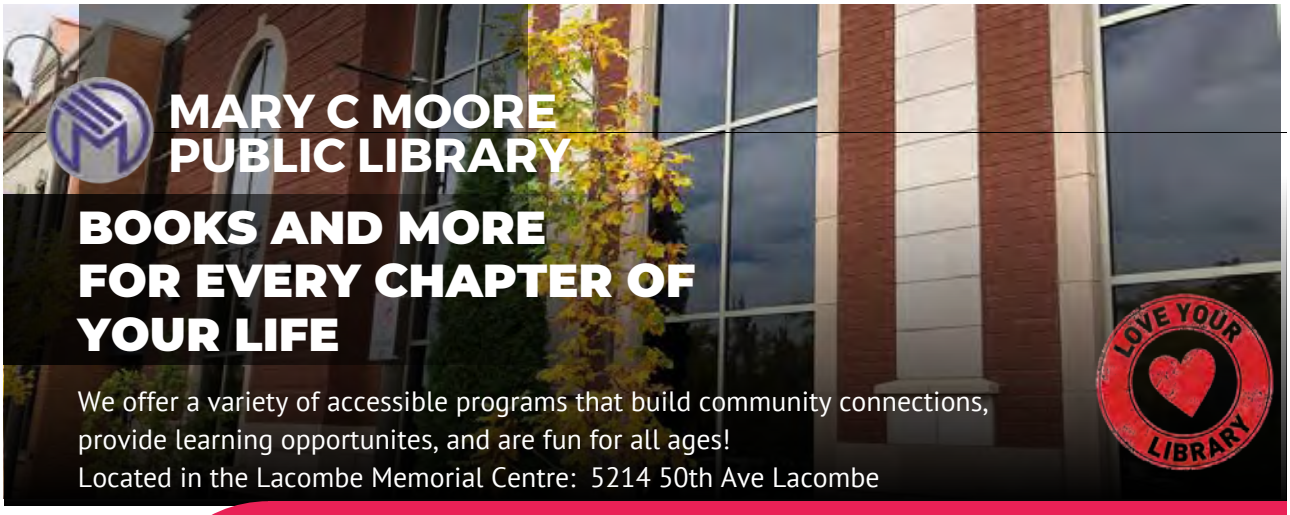
BIRTHDAY & TEAM PARTY RENTALS

ALBERTA SPORTS HALL of FAME

albertasportshall.ca (403) 341-8614



24. A A bat.



MARY C MOORE PUBLIC LIBRARY

BOOKS AND MORE FOR EVERY CHAPTER OF YOUR LIFE

We offer a variety of accessible programs that build community connections, provide learning opportunites, and are fun for all ages!
Located in the Lacombe Memorial Centre: 5214 50th Ave Lacombe

Early Literacy Programs for Ages Infant-13

Weekly classes for kids, from infants to tweens. New schedule coming soon in 2025

Drop-in Summer Reading Club for ages 3-13 in July and August

Multigenerational Programs

Parent/Child Book Club (Moore Stories), Saturday LEGO Club, Family Craft Programs & Events

Literacy and Recreational Programs for Adults

Monthly Book Clubs, Craft Nights, Art Classes, Genealogy Club, Film Series, Info Sessions, Guest Speakers, Seniors Outreach, Take-home Spice kits, Seed Exchange, Equipment Lending, Knitting & Fibre Artist meetings

And so much more!

We also host special events for teens and for seniors, local author visits, and a variety of community support groups. We lend out special items like snowshoes, puzzles and children's robotics/technology items.

We strive to keep our programs accessible; all are free or offered at an affordable rate.

Available everyday: free public computer usage, free wifi; a private meeting room, and printing & faxing services.

Contact us for more information on our programs and services:

mcmpl@prl.ab.ca | 403-782-3433 | lacombelibrary.com

FOLLOW US

Member of the Parkland Regional Library System.
Annual library membership: $20 per household.

25. Where do sharks go on vacation?

Would you like...

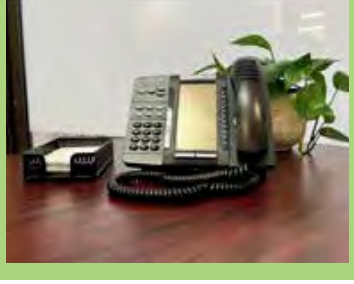
- Support with your job search?
- Assistance with your resume?
- To post a job?

Our Employment Counsellors are here to support you!

We are OPEN:
8:30 am - 4:30 pm
Monday - Friday

Lacombe Employment Centre

Employers, we offer free job boards and meeting rooms for recruiters to hold Hiring Fairs



ACTION GROUP

Canada

Alberta

Visit us: www.lacombeemployment.com
Bay 16, 5230 - 45 Street, Lacombe Centre Mall

403.786.0044

PHYSIOTHERAPY - OCCUPATIONAL THERAPY
-SPEECH-LANGUAGE PATHOLOGY - KINESIOLOGY

LEGACY REHABILITATION

PHYSIOTHERAPY
Can assist with pain management, injury prevention and recovery, pre/post-operative care, and neurorehabilitation through customized treatment plans and modalities.

OCCUPATIONAL THERAPY
Working toward goals such as driving, cognition, fine motor skills, scheduling, dressing/bathing independently, stress management, and sensory regulation.

SPEECH-LANGUAGE PATHOLOGY
Focuses on helping clients communicate – receptive and expressive language, reading, writing, swallowing, aphasia, stuttering, and cognitive communication.

KINESIOLOGY
Creating customized exercise programs to meet your individual needs. Helping you complete your therapeutic exercises in a safe and adapted setting.

EVERYONE is Welcome. Call or Book Online. Direct Billing Available.

5206-51 Ave, Unit 101, Lacombe, AB legacyrehab.ca #
825-640-8326
admin@legacyrehab.ca

Book Now!

We offer a wide variety of ministries and weekly programs

Momtime Garage Sale May 2 & 3

Children's Ministries
Sunday School
Pre-K
Grades 1-3
Grades 4-6
Youth
Grades 7-12

Women's Ministries
MomTime
Thursdays @ 9:15 am
September - April
Ladies Fellowship
Saturdays @ 9:30

Men's Ministries
Men's Breakfast
Saturdays @ 7am
Band of Brothers
Mondays @ 7pm

wolf creek
COMMUNITY CHURCH

"Wolf Creek Community Church exists to reach out and enfold people for Jesus, together becoming devoted disciples of Him"

Sundays @ 10am
Pastor Rick Abma

CONTACT US:
4110 @ Highway 12
www.wolfcreekchurch.ca
403-782-4563
Wolf Creek Community Church

26. What did the beach say to the tide when it came in?

Lacombe Blackfalds
PHYSIOTHERAPY
Clinics

"Get Better....Get Moving"

PHYSIOTHERAPY AND MASSAGE TREATMENT TO KEEP YOU ACTIVE

BOOK ONLINE OR CONTACT US:

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www.lacombephysio.com
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www.blackfaldsphysio.com

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Access to quality hearing care at low prices.
Caring for your hearing is our priority!

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SPEND LESS

Open up your world of hearing with everyday lower pricing

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(825) 640-2014
5230-45 Street, Lacombe AB
(located in the Lacombe Centre Mall near Peavey Mart)

Monday to Friday:
8:30 am-4:30 pm

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AND MOVEMENT

AVAILABLE SERVICES:

- INDIVIDUALIZED EXERCISE AND BALANCE PROGRAMS
- INJURY RECOVERY AND PREVENTION
- PRE AND POST-OPERATIVE PHYSIO
- FUNCTIONAL DRY NEEDLING
- INSTRUMENT ASSISTED SOFT TISSUE MOBILIZATION
- MCKENZIE METHOD
- TAPING

ACCEPTING NEW ASSESSMENTS
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MESHAHPHYSIO@GMAIL.COM

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play like the pros

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Lacombe, Alberta
403-597-3290

Rent our facility for meetings, birthday parties or company functions!

Our facility is open to the public, from sun-up to sun-down, 8 months of the year. It has a multi-sport rubberized field, 4 change rooms, 4 meeting rooms and courts for basketball & pickleball.

www.lacombeathleticpark.ca

Photo credit – Quietmime Photography

CHEER ON THE BUCS!
GAME SCHEDULE IS
ON THEOUR WEBSITE

ADVERTISE AT THE PARK

Email lacombeathleticpark@gmail.com
for options and prices
Follow us on Facebook – MEGlobal Atheltic Park Lacombe or Instagram - lapa_meg

27. Why did the detectives show up at the beach?

HEALERS NOOK

Massage Therapy 21yrs

Direct Billing Available

Located within

Mullets Barber Shop

5402-hwy 2A

Lacombe

780-781-7155

Evenings & Weekends

*** NEW* Gourmet mushroom kits**

Local to Lacombe

Jasmin Abt

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https://agents.wfgcanada.ca/jasmin-abt

WFG SECURITIES INC.

COMMUNITY FIT PHYSIOTHERAPY CLINIC & SPORTS INJURY REHABILITATION

LOCATION: Bay-4, 5265, 45th Street, Lacombe, AB- T4L 2A2.

Phone: 1(403)786-9777 Fax: 1(403)786-9559

email: communityfit_ptc@yahoo.com

www.communityfitpt.com

SERVICES OFFERED

* Shockwave Therapy * Dry Needling / IMS * WCB Injuries * MVA Injuries * Gait Scan Analysis and Orthotic Assessment Trained * Manual Therapy *Concussion Management & Advanced Vestibular Rehabilitation* Active Release Techniques (ART) / Myofascial Release * K-Taping for Sports Injuries

Venkata. P.GL (Pubby), PT,

DPT, MSc.PT (Sports), ISDNPM, CRPT, CMT, EMT, K-tape Specialist.,
Gait Scan Analysis and Orthotic Assessment Trained,
Concussion Management Trained &
Advanced Vestibular Rehabilitation Specialist.

PARKVIEW ADVENTIST ACADEMY

BELONG. BELIEVE. BECOME.

PARKVIEW ADVENTIST ACADEMY IS A CHRISTIAN HIGH SCHOOL, OFFERING GRADES 10-12. AT PAA, WE ASCRIBE TO FOSTERING A POSITIVE LEARNING ENVIRONMENT, CREATING A SAFE AND CARING CULTURE FOR ALL OF OUR STUDENTS, CULTIVATING COMMUNITY, EMBRACING DIVERSITY, DISCOVERING JESUS, SEEKING WISDOM, SERVING WITH PURPOSE, AND CONNECTING TO GOD AND OTHERS.

ALL ARE WELCOME!

REGISTER TODAY!

VISIT OUR WEBSITE TO LEARN MORE.

CONTACT US IF YOU HAVE ANY QUESTIONS OR WANT A TOUR.

www.paa.ca | office@paa.ca | 587-815-8800
5102 College Ave. Lacombe, AB

28. Where do ghosts like to boat on vacation?

village of Clive

Village Office: 403-784-3366
Website: www.clive.ca

"The Village of Opportunity"

Our dynamic community is located just north of Hwy 12, about 15 minutes east of Lacombe. With 775 residents, it is affordable and an ideal spot for an enjoyable country living atmosphere with quick access to all amenities.

3rd Annual Clive BULL-A-RAMA
May 23rd, 2025 @ the Clive Arena—Watch Clive Athletic & Agriculture Society Facebook for ticket info.

Clive FunFest - June 14th
Many exciting activities throughout the weekend including parade, penny carnival, market, fireworks and much more.

Clive Library
Book Club, Summer Reading Club, Take Home Crafts, Nature School
Watch Clive Public Library Facebook

Village Wide Garage Sale
September 6th

Taste of Clive—August 29th
At the Clive Centennial Ballpark

Clive Baptist Church -
Community Events & Youth Programs
Website– www.clivebaptist.ca

Clive Adventist Community Centre
Birding Club—Darlene @ 403-784-2283
Clive Food Bank: Wednesday 5-7pm
Contact Ngaere @ 780-906-4890

Morton Historical Multi-Culture Center. Traditional Community Sweat Lodge ran by Sundance Chief Pablo Russell and Leader Ryan Willert is open to all Nations.
Email: MHMCC4@outlook.com

Clive FCSS Office Hours:
Tues 8:30-4:00pm
Thurs: 9:00-4:00pm
Contact: Celeste @ 403-784-2020
Lacombe Office: 403-782-6637 ext:313

Village of Alix

Alix Lake & Recreation Area

Come experience the natural surroundings Alix has to offer. Small in size but big in outdoor adventure and scenery. The Village is nestled beside a beautiful Lake that is surrounded with a 6.3-kilometer Nature Trail full of wildlife and breath taking scenery.

The Alix Lake is home to 11 powered campsites, sanded beach, playground, boat launch, day use area, and Centennial Park. Spend the day on the water enjoying water sports, kayaking, swimming and more!

Village Office Information

Phone: 403-747-2495
Fax: 403-747-3663
Email: info@villageofalix.ca
Website: www.villageofalix.ca

Like & Follow on Facebook:
Village of Alix

Where Business & Home Come Together

Alix is a thriving community filled with endless opportunities with a flourishing downtown core, the commercial and residential development is on the rise! Check local MLS listings for properties for sale. For Business Climate inquires check the 'Doing Business' tab on our website or contact the Village Office with any questions.

29. Why didn't the sun go to college?

2025 Spring and Summer : Restaurants In The Area

LACOMBE

Enjoy a refreshing drink, a quick bite or enjoy a great meal with friends and family

CLIVE

The Prairie Fire Cafe is the place to create lasting memories and friendships.

LACOMBE

LACOMBE

LACOMBE

Locally-minded, community-focused craft brewery on the east side of sunny Lacombe.

LACOMBE

LACOMBE

"Serving breakfast, lunch and dinner. And the best donuts and coffee around"

LACOMBE

Check out our great prizes and our tasty food!

LACOMBE

Indulge in Fusion: Manila & Vietnam Flavours Wok'd to Perfection! Hot Deals

YUMMY *Eats!* **in Lacombe and Clive!**

29. A It already had so many degrees.

30. Did you hear about the ice cream truck accident?

Campus Alberta Central

The County of Lacombe Lifelong Learning Association is a CAC Learning Site Partner Organization

5230 45st,
Lacombe. AB
403-782-7955
office@cllla.com

Campus Alberta Central (CAC) works closely with partner organizations in communities across the region. Partner organizations provide student support services and information about CAC programs.

Campus Alberta Central (CAC) is a joint venture between Olds College of Agriculture & Technology and Red Deer Polytechnic that provides post-secondary programs to communities throughout the central Alberta region.

Red Deer Polytechnic

OLDS COLLEGE
OF AGRICULTURE & TECHNOLOGY

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NEW CAEC EXAM PREP

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Adult Education and Training

The NEW Canadian high school equivalency

CAEC PREPARATION PROGRAMS 2025

CAEC PREPARATION SESSIONS:
In-person /online delivery available

Evenings:
Tues-Wed-Thurs.
5-8 pm.

Afternoons:
Mon to Thurs.
1-4 pm

contact us for next session date

PRE-Registration and assessment required:

ELIGIBILITY REQUIREMENTS FOR FUNDING:

·Canadian citizen

COST without funding for PREP COURSE is approximately $200.00 this cost varies depending on needs of students.

FOR MORE INFORMATION:
Visit us at: 5230 45th St Lacombe, AB
Lacombe Center Mall
(403)782-7955
office@cllla.com

30. A It crashed on a rocky road.

ACTION GROUP

"ENGAGE. INSPIRE. INNOVATE."

The Action Group is a registered non-profit organization that provides a variety of community support programs in Lacombe and throughout Central Alberta. The Agency was founded in 1976 and has been going strong for over forty years. **The Action Group** operates with a Board of Directors through funding provided by various government departments, fundraising and donations.

Services to People with Developmental Disabilities:

Residential Services
Community Access
Ponoka Enhanced Housing
Outreach Services Learning Circle
Employment Support Services
Gateway Pre-employment Program
Family Services for Children with Disabilities

Lacombe Office
4 Iron Wolf Blvd.
Lacombe, AB, T4L 2K6
Phone (403) 782-5531
Fax (403) 782-7073

Red Deer Office
4620 48th Ave
Red Deer Alberta
Phone (403) 358-7816
Fax (403) 348-0043

Stettler Office
4804-50th St.
Stettler AB
Phone (403)-743-0198

Castaways
A huge selection of gently used clothing, furniture and household goods.
4420 Heritage Way
Lacombe, AB, T4L 2K1
Phone (403) 782-1456

"Lacombe's Favourite Thrift Store!"

Lacombe & District Employment Service Centre
A full service employment centre in the Lacombe Centre Mall. Offering labour market expertise and support to job seeking Albertans and local employers. If you are looking for a job, we can help.
Office Location
Bay 16, 5230 45th Street
Lacombe, Alberta, T4L 2A1
Phone: (403) 786-0044 Fax: (403) 786-0014

Looking for part-time/ weekend employment?

CONSIDER A CAREER WITH THE ACTION GROUP

Looking for dedicated and talented people to join our dynamic team of professionals.

TRAINING PROVIDED

Please email your resume to our Human Resources department at:
recruitment@action-group.org

Please check out our website at www.action-group.ca

31. What happens when ice cream gets angry?

Westerner Days
FAIR & EXPOSITION

LIVE MUSIC
FAIR FOOD
MIDWAY RIDES
THE MUSICAL RIDE
KIDS SHOWS
CUCKWAGON RACES

DO IT FOR THE
Memories!

JULY 16-20

TICKETS ARE ON SALE NOW
AT **TICKETSALBERTA.COM**

32. A It has a meltdown!

EAGLE HEATING

- Hot Water Tank Repair/ Replacement
- Furnace Repair/ Replacement
- Modular Home Specialists
- Heating
- Air Conditioning
- Plumbing
- Boilers

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403-872-0843

mike@eagle-heating.ca

EAGLE ADVANTAGE PROGRAM:

- NO SERVICE CALL FEES
- NO PARTS FEES

ASK US HOW TO JOIN!

www.eagleheating.ca

31. What happens when ice cream gets angry?

Kraay
Family Farm

PLAY ALL DAY AT KRAAY!

Unforgettable adventures and farmtastic fun await!
Open mid-July to mid-October, only 5 minutes West of Lacombe.

OVER 40 ACTIVITIES & ATTRACTIONS

LEARN MORE AT KRAAYFAMILYFARM.COM

gull lake centre

Experience the beauty of Gull Lake Centre.

Gull Lake Centre is designed with event flexibility in mind.

Our incredible facilities and amenities can be used by groups from 20-250 people. Whether you are planning a conference, retreat, or family reunion, our space is versatile and accommodating.

We are open year round for event rentals! For more information on pricing, specific amenities and rental spaces, visit

gulllakecentre.ca/rentals