

# Regular PROGRAMMING

HOW TO  
REGISTER:  
1.Call, email OR  
use QR code.



**This list of our regular, ongoing programs at CLLLA  
Contact us for the next session start date**

## AMERICAN SIGN LANGUAGE

**Tues.  
6:30-8pm**

A fun interactive class to help develop the ability to communicate using ASL

**\$150**

## COFFEE & COMPUTERS

**Tues & Thurs  
10-12**

Set up an appointment and we'll help you out with your computer/device questions.

**\$5**

## CHAIR YOGA

**Mon. & Wed.  
9:15-10am**

A class that helps with flexibility, balance and coordination. Suitable for most abilities. MAY AND JUNE

**\$20**

## SPANISH CLASSES

**Beginners: Thurs. 6-8  
Travellers Tues. . 6-8**

Spanish classes options: Beginners for more serious study and Travellers for fun!

**\$125**

## POSITIVE THINKING SERIES

**Fri. 10-11:30**

A fun, reflective series explores way to practice positive thinking.

**\$50**

**IF CLASS DATE LISTED DOESN'T WORK, CONTACT US AS OUR  
PROGRAMMING DATES MAY HAVE CHANGED.**

**FOR UPDATED CLASS DATES, CHECK OUT OUR WEBSITE [WWW.CLLLA.COM](http://WWW.CLLLA.COM)**

# Job Skills PROGRAMS

HOW TO  
REGISTER:  
1.Call, email OR  
use QR code.



**This list of classes we offer that support employment related needs and skill development**

## CUSTOMER SERVICE

**Tues. 4:30-6pm**

**\$10**

**May 5, June 2 & July 7**

Learn how to interact in a positive efficient way in the workplace

## GET A JOB-KEEP A JOB

**Mon. May 4, 1-3pm**

**\$10**

**Thur. June 4, 10-12pm or 5-7pm**

Tips and tricks for getting and keeping a job.

## BASIC BOOKKEEPING

**Tues. May 5,  
6:30-8:30pm**

**\$200**

Instruction in basic bookkeeping principles and practice the full bookkeeping cycle. 5 weeks

## WAVE ACCOUNTING

**Thurs. May 21,  
1-3pm**

**\$200**

Learn to use this free online accounting software. Bookkeeping basics is recommended 5 weeks

## INTERVIEW SKILLS

**Fri. May 1, 1-3 or**

**Tues. June 9, 6-8**

Work on interview skills in a safe and supportive class.

**\$10**

**IF CLASS DATE LISTED DOESN'T WORK, CONTACT US AS OUR PROGRAMMING DATES MAY HAVE CHANGED.**

**FOR UPDATED CLASS DATES, CHECK OUT OUR WEBSITE [WWW.CLLLA.COM](http://WWW.CLLLA.COM)**

# Just for Fun

## PROGRAMS

HOW TO REGISTER:  
1. Call, email OR use QR code.



This list of classes that we are offering this Spring, just for FUN at CLLLA

### BEESWAX CANDLES

**Tues. May 26**  
**1pm or 6pm**

Learn to make simple decorative beeswax candles.

**\$30**

### SPANISH COOKING

**Thurs. June 4,**  
**5-6:30**

This is a demo and taste class on how to make some common Spanish dishes.

**\$30**

### JELLY BELLIES

**Mon. May 11, 5:30pm- 6:30 or**  
**Sat. May 16 ,10-12**

4 week belly dance based class.  
This is a fun and relaxed class.

**\$30**

### STRETCH AND TONE

**Mon. May 11, 6:30-7:30 or**  
**Fri, May 1 2-3pm**

6 week sessions based on yoga and pilates

**\$50**

### NINJA TURTLES (SLOWER PACED MARTIAL ARTS)

**Fri. May 1,**  
**1-3pm**

A slower paced, no- contact intro to martial arts . Suitable for seniors and low mobility. 4 weeks

**\$30**

**IF CLASS DATE LISTED DOESN'T WORK, CONTACT US AS OUR PROGRAMMING DATES MAY HAVE CHANGED.**

**FOR UPDATED CLASS DATES, CHECK OUT OUR WEBSITE [WWW.CLLLA.COM](http://WWW.CLLLA.COM)**

# Computer PROGRAMS

HOW TO  
REGISTER:  
1.Call, email OR  
use QR code.



This list of Computer and technology classes offered  
through CLLLA

## COMPUTER BASICS

**Tues. June 9, 1-3pm**  
**4 classes**

Learn the basics needed to use your  
computer for a variety of purposes.

**\$75**

## INTRO TO WORD

**Thurs, May 10, 10-12**  
**4 classes**

Learn to use Word basics.  
Applicable to Google Docs.

**\$75**

## CANVA BASICS

**Wed. May 20 & 27**  
**4:30- 6pm 2 classes**

Learn the basic CANVA for creating  
posters and marketing materials.

**\$50**

## ALL ABOUT AI

**Fri. June 5, 10-11am**

Learn about and try online Artificial  
Intelligence (AI).

**\$10**

## INTRO TO POWERPOINT

**Tues May 19 -**  
**Thurs May 21, 1-3pm**

Learn to use Powerpoint.  
Applicable to Google SSlides.

**\$75**

**IF CLASS DATE LISTED DOESN'T WORK, CONTACT US AS OUR  
PROGRAMMING DATES MAY HAVE CHANGED.**

**FOR UPDATED CLASS DATES, CHECK OUT OUR WEBSITE [WWW.CLLLA.COM](http://WWW.CLLLA.COM)**