

COUNTY OF LACOMBE LIFELONG LEARNING ASSOCIATION PROGRAMS

HOW TO REGISTER:

1. Just call or email OR use the QR code.
2. If class date listed doesn't work, let us know and we can get you in the next session



English Grammar

Thursdays Starts Sept. 24 6:30pm



Advanced English Grammar class to help build confidence with written English.

6 wk Course \$125

Check the Facts

Tentative class date: Tues. Sept 22 6:30pm



Delve into how to spot misinformation, check sources and evaluate the credibility of information.

\$10/pp 2 hr class

Understanding Referendum Questions

Thursday October 8, 7pm



Understand the 10 questions for the referendum on Oct. 19th-not a debate opportunity, it is to ensure clarity before voting

\$ no fee to attend:

Fact or Fiction- Validating News

Tentative date: Tues. Sept 29 6:30pm

Learn how to read the news - check for reliability and, misinformation.

\$10/pp 2 hr class



ASL level 1

Tues. 6:30-8pm Starts Feb. 24

American Sign Language. This is a fun interactive class to help develop the ability to communicate using ASL.

6 wk course

\$150 includes workbook



ASL level 2

*Tues. 6:30-8pm
Starts Jan. 13*

American Sign Language. Follow up to ASL 1. learn how to communicate with conversation practice

6 wk course

\$150 includes workbook



Travelers Language Classes

Ongoing Classes, call for next start dates



Learn common phrases and vocabulary in: Spanish, French, or Ukrainian

**5 wk courses
\$125**

Beginner Language Classes

Ongoing Classes, call for next start dates

Learn the technical basics of Spanish or French with homework and practical exercises.

**5wk course
\$125**



Public Speaking

2 Start dates:

Tues. Sept 15 6-7:30pm OR, Fri. Nov. 13 4-5:30pm

This class will provide you with tips and practice to improve your public speaking skills

\$40/ 3 week session



Creative Writing

Fridays 2-3:30 Starts Oct. 2nd

(Other class times available- call for info)

This is a 6 week creative writing process class to enhance your writing skills.

**6wk course
\$50**



COUNTY OF LACOMBE LIFELONG LEARNING ASSOCIATION PROGRAMS

HOW TO REGISTER:

1. Just call or email OR use the QR code.
2. If class date listed doesn't work, let us know and we can get you in the next session



**NOTHING
CHANGES
IF
NOTHING
CHANGES**

Positive Thinking Series

Class on demand! Call for the next start date



This fun, reflective series explores way to practice positive thinking. A different aspect of this topic each session

\$50/pp (6x 1hr classes)

Goal Setting

Class on demand! Call for the next start date



Learn how to set goals that you can accomplish.

\$20/pp (2hr class)

Self Confidence Workshop

Class on demand! Call for the next start date



A workshop to help you work on ways to achieve more confidence

\$20/pp (2hr class)

What's your Love Language?

Class on demand! Call for the next start date



Learn your love languages and of the ones you care about. Connect better with family, friends & partners.

4 hr course \$60- for 2pp

Chair Yoga

Mondays and Wednesdays 9:15-10am

Starts Sept. 16

A class that helps with flexibility, balance and coordination. Suitable for most abilities.

\$50 for session



Winter Bird Feeding

Saturday Oct. 17 2-4pm



Learn all about winter bird feeding:

\$10/pp

End of Life Planning

Saturday Oct 24 10am-12pm



Presentation and Q&A on executing your wishes once you have passed.

\$10/pp

includes refreshments

Wills and Estates

Class on demand! Call for the next start date



Presentation and Q&A on wills and estate planning.

\$10/pp

includes refreshments

"Our Mind, Our Health"

6-8pm Tues and Thurs Oct. 13-Oct 22



Explore mental health as a continuum and recognize early signs, risk factors, and protective strategies in the 8 session course.

\$20/pp (4 x 2hr classes)

Navigating Retirement

Wednesdays Oct. 14-21, 1:30-3pm OR

Tuesdays Nov 3-10 5:30-7pm



This workshop will walk you through a process to set retirement goals and how to achieve them. Get connected to resources and opportunities in the community

\$25/pp 2x 2hr sessions

COUNTY OF LACOMBE LIFELONG LEARNING ASSOCIATION PROGRAMS

HOW TO REGISTER:

1. Just call or email OR use the QR code.
2. If class date listed doesn't work, let us know and we can get you in the next session



**GET
STARTED
TODAY**

Learn to Crochet

Saturday Oct. 17, 10-12 OR Tues. Oct. 27, 5:30-7:30pm



Learn to crochet and bring home a dishcloth.
\$30- includes all materials
2hr Class

Crochet a Toque

Starts Saturday Oct. 31 10-12

Learn to make a toque.
Basic crochet skills required.
\$40/pp 3 classes

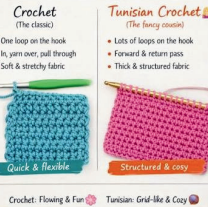


Jewelry Making

*Saturday Sept. 26 10am OR
Thursday Oct. 22 6:30pm*



Learn to make and take home handmade earrings.
All materials are provided
\$20/pp



Tunisian Crochet

Saturday Nov. 14 10-12

Learn this denser type of crochet. Great for blankets and sweaters.
\$30- includes all materials
2hr Class

Christmas Gnomes

Saturday Nov. 28 2-4pm



Join us to create cute little Christmas Gnomes
\$45- includes all materials

Cooking: California & Cucumber Rolls

Saturday Nov. 21 1:30pm



Learn to prepare and roll sushi. You'll make California rolls and Cucumber rolls.
\$30/class

Managing Volunteers & Staff

Friday Oct. 2 OR Saturday Oct. 17, 9am-12pm
(Other class times available- call for info)



This session is designed to provide a framework for working with groups of people.
\$30/pp 3 hr session

Intro to: Basic Sales Principles

Mondays Oct. 19- 7-8:30pm



The art of Sales impacts personal and professional success. Learn the fundamentals in this sales training program.
\$50/pp- 4 classes

Personal Finance- the Basics 101

Start Dates: Wed. Sept 30 & Mon. Nov 2 7pm



This class is designed to teach concepts and strategies to winning at the money game.
\$10/pp 4 classes/ session

Personal Finance Course 201

tentative start date: Wed. Nov. 4th



This is an in dept course to help understand your financial situation and explore ways to ensure financial stability
\$50/pp/or \$75/family



COUNTY OF LACOMBE LIFELONG LEARNING ASSOCIATION PROGRAMS

HOW TO REGISTER:

1. Just call or email OR use the QR code.
2. If class date listed doesn't work, let us know and we can get you in the next session



Coffee and Computer

Tues & Thurs 10-12 or 6:30-8:30pm



Do you need a quick answer to a computer or device problem?

Book in a 15 min. spot

\$5 / session

Computer Basics

Class on demand! Call for the next start date



Learn the basics needed to use your computer .

4 session course \$75

Tech Tidbits:

4th Thursday of the Month 10:30am-12pm

mini lessons on technology:

Sept. 24- Intro to AI

Oct. 29- Using Facebook

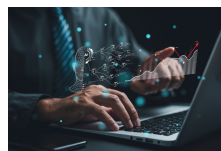
Nov. 26- Internt/Phone Scams

\$10/pp/session



Using AI

Thursday Oct. 1, 10-11:30



This course will provide some ways to increase the effectiveness of using AI for a variety of uses.

Including prompting and evaluating

\$20/pp/session

Wave Accounting

Class on demand! Call for the next start date



Learn to use this free online accounting software.

Bookkeeping basics is recommended prior to starting.

\$150/pp (10 hours)

Intro to Microsoft Office

Class on demand! Call for the next start date



Learn to use Microsoft office:

Word Basics

Excel Basics

Powerpoint

\$75/course (each course is 6 hrs)

Canva Basics Workshop

Thursday Oct. 8 1-4pm ~ Other times available



Learn to use the basic CANVA program for creating posters and marketing materials.

\$50/pp

Using Google Apps

Class on demand! Call for the next start date



Workshops to learn how to use the google apps:

Drive, Docs, Sheets, Slides, Forms etc.

\$10/ app session

Bookkeeping Basics

Class on demand! Call for the next start date



Instruction in basic bookkeeping principles and practice the full bookkeeping cycle.

\$200/5 wk course

Basic Office Skills Program

dates are flexible- contact us to set up a time

This course will instruct participants in the development of standard skills for working in an office environment.

Classes include basic computer skills, Microsoft Word & Excel, emailing, customer service, basic bookkeeping, Wave or Sage accounting training, and information management.

\$1000

(\$200 required at course start- remaining can be paid in payments)
please note: this is not a credited program, upon successful completion participants will receive a certificate of completion and a letter of reference.