

COUNTY OF LACOMBE LI SFELONG LEARNING ASSOCIATION PROGRAMS



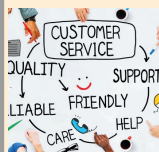
HOW TO REGISTER:

1. Just call or email OR use the QR code.
2. Give us your name, email & phone # and we will add you to class list. If no date is set, we will let you know when we have one.
3. That's it. If class date listed doesn't work, let us know and we can get you in the next session



Customer Service 101

dates are flexible- contact us to set up a time



Customer service is a skill that can be transferred to many areas of daily life. Learn how to interact in a positive efficient way.

\$15/ 1.5 hr course

Public Speaking

dates are flexible- contact us to set up a time



This class will provide you with tips and practice to improve your public speaking skills

\$40/ 4 week session

Bookkeeping Basics

start dates are flexible- contact us to set up a time



Instruction in basic bookkeeping principles and practice the full bookkeeping cycle.

\$200/5 wk course

Basic Budgeting

dates are flexible- contact us to set up a time



This class is designed to teach concepts and strategies to winning at the money game.

3 part class \$10/pp

ASL level 1 Tues. 6:30-8pm Starts Sept. 23

American Sign Language.

This is a fun interactive class to help develop the ability to communicate using ASL.

6 wk course

\$150 includes workbook



ASL level 2

Call for next class date

American Sign Language.

Follow up to ASL 1. learn how to communicate with conversation practice

6 wk course

\$150 includes workbook



Travelers Spanish

Tuesdays 6-8, call for next start date



Learn common phrases and vocabulary to aid communication in

Spanish,

5 wk course

\$125

Beginner Spanish

Thursdays 6-8, call for next start date

Learn the technical basics of Spanish, with homework and practical exercises.

5wk course

\$125



Conversational Spanish

Thursdays 6-7, call for next start date



Practice your conversational spanish. Must have prior knowledge of language

5 wk sessions \$50

Beginner French

Thursdays 6-8, call for next start date

Learn the technical basics of French, with homework and practical exercises.

8wk course

\$150



**NOTHING
CHANGES
IF
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Positive Thinking

dates are flexible- contact us to set up a time



This fun, reflective program explores way to practice positive thinking.

\$20/pp (2hr class)

Goal Setting

dates are flexible- contact us to set up a time



Learn how to set goals that you can accomplish.

\$20/pp (2hr class)

Self Confidence Workshop

dates are flexible- contact us to set up a time

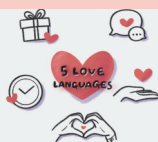


A workshop to help you work on ways to achieve more confidence

\$20/pp (2hr class)

What's your Love Language?

Saturday Oct. 25th 1-5



Learn your love languages and of the ones you care about. Connect better with family, friends & partners.

4 hr course \$60- for 2pp



Best Start

start anytime ~ Mon- Fri, 7-7:30am

This is an online program to help get you off on the right track every day(or any day you like). Includes gratitude exercises, stretching, and self improvement tips. Registrants will get a zoom link sent daily. **\$20/pp**

Working with Volunteers/Staff

Thurs. Sept. 25 OR Fri. Oct. 24, 1-4pm

dates are flexible- contact us to set up a time



This session is designed to help with working with people in a variety of capacities **\$30**

End of Life Planning

Saturday Nov. 1 10-12



Presentation and Q&A on executing your wishes once you have passed.

\$10/pp

includes refreshments

Wills and Estates

Thurs. Nov. 6 6-8pm



Presentation and Q&A on wills and estate planning.

\$10/pp

includes refreshments

Financial Literacy Course

dates are flexible- contact us to set up a time

This class is designed to teach concepts and strategies to winning at the money game.

3 part class \$10/pp



Basic Office Skills Program

dates are flexible- contact us to set up a time

This course will instruct participants in the development of standard skills for working in an office environment.

Classes include basic computer skills, Microsoft Word & Excel, emailing, customer service, basic bookkeeping, Wave or Sage accounting training, and information management.

\$1000

(\$200 required at course start- remaining can be paid in payments)
please note: this is not a credited program, upon successful completion participants will receive a certificate of completion and a letter of reference.



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Learn to Crochet

dates are flexible- contact us to set up a time



Learn to crochet and bring home a dishcloth..

\$25- includes all materials

Christmas Crafts & Re-gift it Sale

Thursday Nov. 27 4:30-6 & Friday Nov. 28 1-4pm



Join us before the parade for a re-gift it sale and \$5 Christmas craft station.

\$5/pp

Decoupage Decorations

Friday Oct. 17 1-3pm OR Saturday Oct. 18th 1-3pm



Learn to decoupage.

\$45- includes all materials

Paper Jewelry Making

Thurs. Nov. 6 May 5-9pm



Join us in creating your own artfully designed jewelry made out of paper. All materials are provided

\$40/pp refreshments provided

Calligraphy

Thursday Nov. 13th & 20th 1-3pm OR 6-8pm



Learn the basics of Calligraphy to complete a project of your choice.

\$40/pp materials included

Essential Oils

Tuesday Nov. 18th 6-8pm



Learn about using different essential oils for natural remedies and aromatherapy.

\$20/pp

Entertaining Ideas

Friday November 14 6-8pm



A fun and interactive course to help you generate new ideas for entertaining and get the chance to brainstorm with others.

\$25/pp refreshments/doorprizes included

Jelly Bellies (beginner bellydance)

Tuesdays Oct. 14-Nov. 25th 7-8pm



Learn basic techniques, mini routines and reap the benefits for your back mobility and toning in a fun class.

\$60/pp- 6 classes

In the Kitchen- 101

Saturdays 10-12



Learn to Cook Classes:

Oct. 18 "Chopped" making meals with what you have.

Nov. 15 "casseroles", basic one dish meals.

\$30/class

In the Kitchen - for fun!

Saturdays 10-12



Sweet Tooth Classes:

Oct. 4- Playing with Chocolate: dipped, formed, sipped.

Nov. 29- Shortbread and sugar cookies

\$30/class



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Tech Tidbits:

Wednesdays 10:30am-12pm

mini lesson on technology:

Sept. 24-Using APPs

Oct. 22- phone settings

Nov. 19 - cleaning your device

\$20/pp/session



Internet and Phone Scams

dates are flexible- contact us to set up a time



Learn to recognize scams in emails, on social media and through phone calls and what to do in these situations. **\$10/pp**

Using Socail Media

dates are flexible- contact us to set up a time



Intro to social media:

Facebook

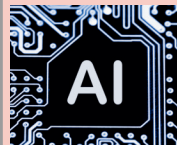
Instagram

Twitter & Snapchat

\$20/pp/session

All About AI

dates are flexible- contact us to set up a time



Learn about and try online Artificial Intelligence (AI).

\$20/pp/2 hr session

Wave Accounting

start dates are flexible- contact us to set up a time



Learn to use this free online accounting software.

Bookkeeping basics is recommended prior to starting.

\$150/pp

Intro to Microsoft Office

start dates are flexible- contact us to set up a time



Learn to use microsoft office:

Word Basics

Excel Basicis

Powerpoint

\$50/class(3 sessions/class) or \$100 for all 3

Canva Basics

start dates are flexible- contact us to set up a time



Learn to use the basic CANVA program for creating posters and marketing materials.

\$50/2 session class:

Cloud Computing and Storage

dates are flexible- contact us to set up a time



Learn about using cloud computing for storage and sending files.

\$20/pp

Computer Basics

dates are flexible- contact us to set up a time



A 4 session class that will ensure that you have the basics needed to using your computer for a variety of purposes.

4 session course \$75

Coffee and Computer

Tues & Thurs 10-12 or 6:30-8:30pm



Do you need a quick answer to a computer or device problem? Set up an appointment and we'll help you out.

\$5 / session