## MAGIC MOUNTAIN YOGA RETREAT

Hosted By: The Kemetic Yogi Living Collective

Location: Blue Ridge Mountains, Georgia (1.5 hr drive from

ATL)

Dates: Aug 29th - Sept 1st

**Duration:** 4 Days & 3 Nights

Capacity: 12 Participants

**Accommodation:** All accommodations are double occupancy.

**Theme:** Awakening the Self through Sacred Ceremony, Yoga & Nature

TOTAL COST: \$555 (Payment Plan - Two Payments)
Deposit Payment: \$277 - (Due By July 15th 2025)
Final Payment: \$278 (Due On August 15th 2025)

MAKE DEPOSIT PAYMENT => <a href="https://kemeticyogi.com/shop/ols/products/the-magic-mountain-yoga-retreat-2025-deposit">https://kemeticyogi.com/shop/ols/products/the-magic-mountain-yoga-retreat-2025-deposit</a>

MAKE FULL PAYMENT => <a href="https://kemeticyogi.com/shop/ols/products/the-magic-mountain-yoga-retreat-2025-full-payment">https://kemeticyogi.com/shop/ols/products/the-magic-mountain-yoga-retreat-2025-full-payment</a>

\*TO JOIN OUR ONLINE INFORMATION SESSION VIA ZOOM ON JUNE 29th @ 7pm EST, PLEASE EMAIL: (KEMETICYOGI@GMAIL.COM) FOR ACCESS INFORMATION\*

FOR MORE INFORMATION VISIT: WWW.KEMETICYOGI.COM

Registration In Now Open!! The Magic Mountain Yoga Retreat 2025 is a sacred gathering designed to nourish the soul, awaken the spirit, and realign you with your highest truth. Set in the serene heart of Georgia's Blue Ridge Mountains, this 4-day, 3-night experience is more than a getaway—it is a guided return to Self through the ancestral practices of Kemetic Yoga, nature immersion, vibrational healing, and sacred ceremony. Surrounded by the elements of earth, air, fire, and water, you are invited into a healing container where presence, peace, and possibility are activated each day. Whether you are seeking emotional clarity, spiritual connection, or physical renewal, this journey has been intentionally curated to support your transformation from the inside out.



With a balance of movement, ritual, and rest, each day unfolds as a gentle invitation into deeper awareness. You will rise each morning with sun salutations and guided breath-work, dine on plant-based, high-vibrational meals, and engage in immersive experiences such as sound healing, reiki, group meditation, and sacred plant medicine ceremony. Rooted in ancient wisdom and held in a safe, loving environment, these practices serve to peel away emotional layers, dissolve limiting beliefs, and reawaken the intuitive voice within. Through these sacred tools, you will be empowered to not only release the past, but to reimagine and realign your life with renewed clarity, vitality, and purpose.

At the heart of this retreat is community—a collective of like-minded souls on similar paths of growth and remembrance. You will be seen, supported, and celebrated in your authenticity. Whether it's soaking in the hot tub under the stars, sharing stories around the bonfire, or meditating in silence among the trees, this experience invites you into both personal reflection and collective unity. When we heal together, we rise together. Our intention is to send you home with not only a sense of deep renewal, but practical tools, sacred insight, and a strengthened connection to your purpose, your body, and your divine Self.

#### FINAL NOTE

This is a clothing-optional naturist retreat, designed to help you embrace your most authentic and liberated self. All bodies are sacred here. Respect, consent, and care are foundational to this container. Come as you are. Leave as who you were meant to be.

#### WHAT IS INCLUDED:

- 3 nights, 4 days stay at a private cabin with a hot tub
- Daily yoga, meditation, chanting and sound therapy sessions
- Hiking, grounding and energy clearing activities
- Fresh flower baths
- A sacred plant medicine ceremony
- Community integration time with like-minded people
- Group reiki sessions
- Relaxing 60-minute aromatherapy sound therapy session
- 3 plant based, high vibrational meals daily
- Fresh alkaline water & fruits for snacking
- Time to relax, connect and return to nature.

## WHAT'S NOT INCLUDED:

- Transportation To & From Retreat Space
- Personal Items (Including but not limited to yoga mats, yoga blocks, soap, blankets, towels, etc.).
- Additional expenses arising from the delay or extension of a trip due to weather, political disputes, sickness, failure of transportation, or other causes beyond our control.

## HOW TO PREPARE FOR THE EXPERIENCE

To honor this sacred container, we recommend the following **preparation steps**:

#### **MENTAL + EMOTIONAL:**

- Begin journaling about your **intentions** and **questions** for the journey
- Reduce distractions and digital exposure at least 3 days prior
- Engage in quiet reflection or meditation to open emotional space

## **PHYSICAL:**

- Eat light and plant-based meals a few days before arrival
- Avoid alcohol, processed foods, and heavy toxins
- Hydrate generously and consider gentle movement/yoga

### **SPIRITUAL:**

- Bring a **sacred object** for the altar (crystal, photo, talisman, etc.)
- Set clear spiritual intentions (healing, clarity, vision, etc.)
- Prepare to be fully present, open, and surrendered

#### **PACKING LIST:**

• Yoga mat, blocks, blanket

- Warm and breathable clothing (layers)
- Hiking shoes, flashlight/headlamp
- Personal snacks and toiletries
- Open heart, willing spirit

## DETAILED ITINERARY & ACTIVITY BREAKDOWN

#### DAY 1: ARRIVAL & GROUNDING

- Opening Circle & Orientation set intentions, meet the collective
- **Group Hike** commune with nature, collect items for the altar
- Nature Altar Creation offer something sacred to the earth
- **Dinner** nourishing, plant-based meal
- Fresh Flower Baths & Hot Tub cleanse and relax

# **DAY 2: PREPARATION & CEREMONY**

- Rising Kemetic Yoga + Guided Meditation awaken life force energy
- **Breakfast** grounding nourishment
- **Preparatory Meeting with Facilitators** plant medicine education
- **Journaling & Intention Setting** prepare your inner landscape
- Sunset Walk Meditation soften the ego, open the heart
- Sacred Plant Medicine Ceremony evening journey inward
- **Bonfire + Light Dinner** integrate and reflect in community

## **DAY 3: INTEGRATION & REBALANCING**

- Group Reiki + Meditation restore and harmonize your field
- Integration Circle process insights with guidance
- Sound + Aromatherapy Session reset nervous system
- Evening Kemetic Yoga gentle movement and spiritual clarity
- Rape Ceremony grounding and ancestral connection
- **Dinner & Fire Circle** closing reflections

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## **DAY 4: CLOSURE & RETURN**

- Rising Yoga & Closing Meditation
- Breakfast & Gratitude Circle
- Departure with Love and Tools to Carry Home

\*Please note that on the day of the ceremony we will be skipping lunch or having only light lunch.

#### **ACCOMODATIONS**

Private Secluded Cabin (Elijay - Blue Ridge Mountains, Georgia) Sleeps 13 guests - 3 bedrooms - 8 beds - 2 baths - Hot Tub - Fire Pit - Game Room - Loft











# **Terms, Conditions & Cancellations**

## RESERVATION & CANCELLATION POLICY:

Kemetic Yogi Living is not responsible for additional expenses arising from the delay or extension of a trip/experience due to weather, political disputes, sickness, failure of transportation, or other causes beyond our control.

## **CANCELLATION AND REFUNDS**

If cancellation is made more than 45 days before the start of this experience, the deposit will be returned minus a 30% administrative fee. Any additional payments that have been

made will be returned minus a 20% administrative fee.

- If cancellation is made less than 30 days before the start of the retreat, all payments are non-refundable and non-transferable.
- \*We reserve the right to cancel an experience for any reason including but not limited to Pandemic, *Force majeure*, and if it is not meeting the minimum number of attendees. If we do so your payments, will be refunded, minus 10% administrative and processing fees. (ALSO SEE BELOW)
- \*Covid-19 Insurance including Trip cancellation and medical is now mandatory. If you
  choose to not obtain insurance, Kemetic Yogi Living reserves the right to deny you entry
  into experiences with no expectation of refunds or transference of funds to another retreat.
- All cancellations must be made in writing via email, and any refund requests must be made in writing within 30 days of the retreat's end date. Please send written requests to: <a href="mailto:kemeticyogi@gmail.com">kemeticyogi@gmail.com</a>
- KEMETIC YOGI LIVING reserves the right to cancel any trip/experience prior to departure for any reason whatsoever, including Force majeure, Pandemic, an insufficient number of participants, or logistical problems (e.g. acts of God, war, strikes, etc.), which may impede trip operations. The refund of all payments as described in the paragraph above shall release KEMETIC YOGI LIVING) from any further liability. A trip/experience cancellation due to insufficient numbers would normally occur at least a month prior to departure, unless acts of God, war, strikes, or other events impede our departure causing large numbers of participants to opt to cancel participation on the journey in the last days before departure. KEMETIC YOGI LIVING must make substantial payments to suppliers (including providers of land travel far in advance of the scheduled date on which we embark. If a trip is canceled due to forces beyond our control (acts of God, war, labor strikes, earthquake, flooding, etc.), KEMETIC YOGI LIVING will promptly refund the portion of the trip cost not advanced to suppliers. KEMETIC YOGI LIVING will use its best efforts to recover advance payments as promptly as possible, and will refund you the amount recovered if any. However, KEMETIC YOGI LIVING does not guarantee recovery of any or all of the advance payments made, and our use of best efforts to recover these payments will not include the institution of any legal proceeding in foreign lands. This policy applies to trip cancellation by client choice following any necessary increase in trip costs.
- Deposit credit must be used within 12 months of initial cancellation.

## • \*TRAVEL INSURANCE

Trip Cancellation Insurance or Trip Interruption insurance is mandatory for *KEMETIC YOGI LIVING* trip/experiences. Travel insurance is designed to reimburse you for non-refundable expenses in case of trip cancellation as well as for other previsions such as missed flight connections, medical expenses/emergency assistance coverage (if something happens to you personally), baggage & personal effects coverage (if they are lost or stolen), baggage delay (if your bags do not arrive with your flight and you have to buy clothing, and personal items) which could possibly be very costly. Please note that insurance policies vary tremendously and have various critical exclusions. We recommend you choose carefully based on your personal situation.

Thank you for joining us on this journey and for your cooperation & understanding!