



THE ROOTS & CULTURE SACRED ART & SPIRITUALITY WORKSHOP

Hosted By: The Kemetic Yogi Living Collective & The Agbe Institute of African Culture & Spirituality

Location: Ghana, West Africa

Dates: Dec 7th - 17th 2025 (Session 2)

Duration: 11 Days & 10 Nights

Capacity: 12 Workshop Participants

Accommodation: All accommodations are double occupancy.

TOTAL COST: \$1717 (Payment Plan - Three Payments)

- **Deposit Payment:** \$572 - (Due By August 30th 2025)
- **Second Payment:** \$572 - (Due On September 30th 2025)
- **Final Payment:** \$572 (Due On October 30th 2025)

MAKE DEPOSIT PAYMENT => <https://kemeticyogi.com/shop/ols/products/the-roots--culture-sacred-art--spirituality-workshop-session-ii>

MAKE FULL PAYMENT => <https://kemeticyogi.com/shop/ols/products/the-roots--culture-sacred-art--spirituality-workshop--session-ii>

TO JOIN OUR ONLINE INFORMATION SESSION VIA ZOOM ON JULY 20TH @ 7pm EST, PLEASE EMAIL: (KEMETICYOGI@GMAIL.COM) FOR ACCESS INFORMATION

FOR MORE INFORMATION VISIT: WWW.KEMETICYOGL.COM

THE REGISTRATION FOR SECOND SESSION OF THE ROOTS & CULTURE SACRED ART & SPIRITUALITY WORKSHOP WITH KEMETIC YOGI & THE AGBE INSTITUTE OF AFRICAN CULTURE AND SPIRITUALITY IN GHANA FROM NOVEMBER 16TH - 26TH 2025 IS NOW OPEN!!

The Roots & Culture Sacred Art & Spirituality Workshop is a soul-deep immersion into the rhythms, wisdom, and ancestral power of West African spiritual and artistic traditions. Held over 11 transformational days in Ghana and guided by the Kemetic Yogi Living Collective in collabo-

ration with the esteemed Agbe Institute of African Culture & Spirituality, this retreat is both a sacred initiation and a creative pilgrimage. Participants will live, learn, and embody the sacred teachings of African drumming, dance, song, language, and indigenous spirituality, while being fully supported in their physical, emotional, and spiritual growth. This experience is for artists, seekers, healers, and cultural enthusiasts ready to deepen their relationship with African cosmology and express themselves in harmony with ancestral energy.

What makes this retreat unique is its integration of traditional knowledge systems with embodied practice. Participants choose a focused path—either dance/song or drumming/instrument—and commit to daily training with master teachers. Each day includes sunrise yoga and meditation to ground your energy, local language classes to enhance cultural immersion, and spiritual teachings to cultivate inner alignment and cultural reverence. You'll experience rituals at sacred sites, spiritual shrine visits, bonfire ceremonies, and soul-stirring music—all designed to reconnect you with the divine intelligence flowing through African art and culture. Beyond being a workshop, this retreat becomes a living classroom where your body becomes the vessel, your breath the prayer, and your movement the offering.

This journey also contributes directly to the empowerment of local communities. Your presence supports over 30 local artists, chefs, teachers, drivers, and cultural workers who make this experience possible. The retreat spans the Greater Accra, Central, and Volta regions of Ghana, giving you a multi-dimensional perspective of the country's historical, spiritual, and cultural legacy. From glamping beneath the stars at Wli Waterfalls to walking the storied walls of Cape Coast Castle, this experience offers healing, remembrance, and joy. Come with an open heart and a humble spirit—leave with sacred knowledge, creative power, and a community that spans continents and generations.

Daily Schedule (Monday–Friday)

Training Days

Subject to slight changes based on location and energy flow.

- Morning Tea
- Yoga, Meditation & Daily Affirmations
- Breakfast
- Twi/Ewe Language Class (30 min)
- Personal Time
- Rehearsal / Drumming or Dance Instruction (90 min)
- Lunch
- Personal Time

- Afternoon Rehearsal / Song or Instrument Focus (90 min)
- Personal Time
- Dinner

Weekend Excursion: Wli Waterfalls (Volta Region)

Friday:

- Travel to Wli Falls for a glamping experience
- Opening circle, river play, drumming, bonfire ceremony

Saturday:

- Sunrise yoga, waterfall hike, herbal walk, group reflections
- More bonfire music and connection

Sunday:

- Closing ceremony, return to Accra
- Lunch at “Always Always” restaurant
- Optional Accra nightlife immersion

What’s Included

- Transportation throughout Ghana
- Double-occupancy accommodation in Accra, Cape Coast & Wli Falls (glamping)
- Morning yoga, meditation & affirmations
- Daily dance or drumming instruction
- Local language (Twi/Ewe) classes
- Daily lessons on African traditional spirituality
- Fresh vegan/vegetarian/pescatarian meals (3/day)

- Sacred site visits: Wli Falls, Cape Coast Castle, Elmina Castle, Makola Market, Agbe Alafia Shrine, Kwame Nkrumah Park
- Cultural nightlife activities in Accra
- Group rituals, bonfire circles, river swims & art experiences
- Final community performance
- Support of over 30 local artists, chefs, drivers & facilitators

What's Not Included

- International flights to/from Ghana
- Ghana visa
- Travel insurance (MANDATORY)
- Personal items: yoga gear, dance shoes, toiletries, medication
- Any additional costs from delays or trip extensions

Packing List

- Hiking shoes, dance gear, yoga mat
- Bug spray, flashlight or headlamp
- Evening attire for nightlife outings
- Water bottle, personal snacks
- Hammock (optional), tent, towel, washcloth
- Medications, insurance docs
- Open heart, respectful spirit, and curiosity

Terms, Conditions & Cancellations

REFUND & CANCELLATION POLICY:

Kemetic Yogi Living is not responsible for additional expenses arising from the delay or extension of a trip/experience due to weather, political disputes, sickness, failure of transportation, or other causes beyond our control.

CANCELLATION AND REFUNDS

- If cancellation is made more than 90 days before the start of the experience, the deposit will be returned minus a 20% administrative fee. Any additional payments that have been made will be returned minus a 10% administrative fee.
- Any cancellation made between 60 and 89 days before the start of the experience will result in the loss of your deposit. Any additional payments that have been made will be returned minus a 50% administrative fee.
- Any cancellation made between 45 and 59 days before the start of the experience will result in the loss of your deposit. Any additional payments that have been made will be returned minus a 75% administrative fee.
- If cancellation is made less than 45 days before the start of the retreat, all payments are non-refundable and non-transferable.
- *We reserve the right to cancel an experience for any reason including but not limited to Pandemic, *Force majeure*, and if it is not meeting the minimum number of attendees. If we do so your payments, will be refunded, minus 13% administrative and processing fees. (*ALSO SEE BELOW*)
- *Covid-19 Insurance including Trip cancellation and medical is now mandatory. If you choose to not obtain insurance, Kemetic Yogi Living reserves the right to deny you entry into experiences with no expectation of refunds or transference of funds to another retreat.

- All cancellations must be made in writing via email, and any refund requests must be made in writing within 30 days of the retreat's end date. Please send written requests to: kemeticyogi@gmail.com
- *KEMETIC YOGI LIVING* reserves the right to cancel any trip/experience prior to departure for any reason whatsoever, including *Force majeure*, Pandemic, an insufficient number of participants, or logistical problems (e.g. acts of God, war, strikes, etc.), which may impede trip operations. The refund of all payments as described in the paragraph above shall release *KEMETIC YOGI LIVING* from any further liability. A trip/experience cancellation due to insufficient numbers would normally occur at least a month prior to departure, unless acts of God, war, strikes, or other events impede our departure causing large numbers of participants to opt to cancel participation on the journey in the last days before departure. *KEMETIC YOGI LIVING* must make substantial payments to suppliers (including providers of land travel far in advance of the scheduled date on which we embark. If a trip is canceled due to forces beyond our control (acts of God, war, labor strikes, earthquake, flooding, etc.), *KEMETIC YOGI LIVING* will promptly refund the portion of the trip cost not advanced to suppliers. *KEMETIC YOGI LIVING* will use its best efforts to recover advance payments as promptly as possible, and will refund you the amount recovered if any. However, *KEMETIC YOGI LIVING* does not guarantee recovery of any or all of the advance payments made, and our use of best efforts to recover these payments will not include the institution of any legal proceeding in foreign lands. This policy applies to trip cancellation by client choice following any necessary increase in trip costs.
- Deposit credit must be used within 12 months of initial cancellation.
- ***TRAVEL INSURANCE**

Trip Cancellation Insurance or Trip Interruption insurance is mandatory for *KEMETIC YOGI LIVING* trip/experiences. Travel insurance is designed to reimburse you for non-refundable expenses in case of trip cancellation as well as for other provisions such as missed flight connections, medical expenses/emergency assistance coverage (if something happens to you personally), baggage & personal effects coverage (if they are lost or stolen), baggage delay (if your bags do not arrive with your flight and you have to buy clothing, and personal items) which could possibly be very costly. Please note that insurance policies vary tremendously and have various critical exclusions. We recommend you choose carefully based on your personal situation.

Thank you for joining us on this journey and for your cooperation & understanding!