Complimentary Training Session

Personal & Executive Development **Webinar**

Daily Habits (Bad Habits) You would like to change?

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Give Up (Sacrifice/Mental Toughness) What are you willing to give to improve your life?

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What's Your Why/Reason? What's the desire is it personal, family, lifestyle?

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Goals (write them down)

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_____

Timeline (Urgency)

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_____
_____

Life Plan (Directions in Life) 90-Day

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_____
_____

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Cell: Signature:

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