

Serenity Counseling Group's

Neurodivergent and Aligning Therapy Group For Young Adults

Starting October 8, 2024

Dealing with ADHD, ASD, OCD, or SPD?

No official label? No problem! Call our offices for more information.

Let's dive into your quirks and see if we're a match made in neurodivergent heaven. We're all about rocking life with a sprinkle of uniqueness!

What to expect: Psychoeducation, coping skills, discussions around stigma and media representation, and connections/support with those of similar experiences. There will be interactive activities and interventions. Engagement is expected at your own pace and comfort.

When: Tuesdays, 1:00-2:30P.

Where: 2409 Bemiss Rd Ste. B Valdosta, GA

Cost: \$40/week (Discount for paying in advance)

*Covered by most major insurances

Please contact us for more information!
229-251-5151 or 270-319-4205

www.serenitycounselinggroup.org

**We will verify insurance coverage prior to the first group.*

