

DANIELA WALDER, PSY.D.

LICENSED CLINICAL PSYCHOLOGIST

Informed Consent for Telepsychology Services

As a client receiving telepsychology services, I understand and agree to the following:

Telepsychology is the delivery of psychology services using interactive technologies (audio, video or other electronic communications) between a therapist and a client who are not in the same physical location.

The technologies used in telepsychology video sessions incorporate network and software security protocols to protect the confidentiality of client information transmitted electronically. These protocols include measures to safeguard data and to protect against intentional or unintentional corruption.

These services rely on technology that allows for greater convenience but also carry some risk. Risks in transmitting information over technology include, but are not limited to, breaches of confidentiality, theft of personal information, and disruption of service due to technical difficulties.

Confidentiality still applies for telepsychology services, and nobody will record the session without the permission from the other person(s).

Any paperwork exchanged while using telehealth will be provided through electronic means or through postal delivery.

We agree to use the video-conferencing platform selected for our virtual sessions, which requires access to a webcam and microphone or smartphone to use for the video session.

It is important to be in a quiet, private space that is free of distractions during the session, and to use a secure internet connection rather than public/free Wi-Fi.

If I need to cancel or change my appointment for my video session, I will notify Dr. Walder at least 24 hours in advance by phone or email.

For communication between sessions, we may use email and text messaging with your permission and only for administrative purposes unless we have made another agreement. This means that email exchanges and text messages with my office should be limited to administrative matters. This includes things like setting and changing appointments, billing matters, and other related issues. You should be aware that I cannot guarantee the confidentiality of any information by email or text. Therefore, I will not discuss any of your personal matters and prefer that you do not either. These methods of communication should not be used if there is an emergency.

I may decline any telepsychology sessions at any time without jeopardizing my access to future care,

services, and benefits. Dr. Walder will continue in-person sessions with me once it is deemed medically safe to restart face-to-face meetings. I may still contact Dr. Walder in emergency situations.

I can confirm with my health insurance company whether video sessions will be reimbursed; if they are not reimbursed, I am aware that I am responsible for full payment.

In the event of video/sound disruption or other technical problems, we may have a phone session as a backup. The best phone number to reach me is:

In case of emergency or crisis, my emergency contact is:

Name: _____ Phone Number:

The closest hospital ER is:

Confirmation of Agreement:

Client printed name

Client Signature and date

Daniela Walder, PSY.D

Psychologist Signature

