

**THE CRAB CRACKER**  
ISSUE 427  
April 3-16, 2026  
EASTER EDITION

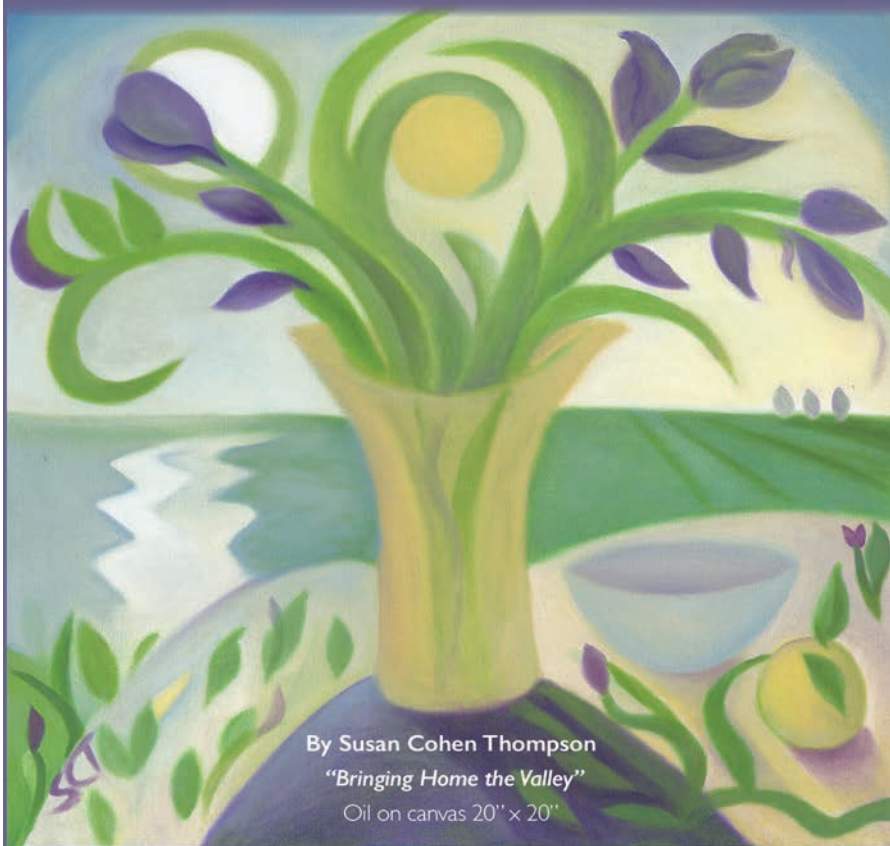


*Events, Information, and Entertainment in the Port Susan Area  
Camano Island • Stanwood • Warm Beach • Silvana • Conway*

2026 | CAA PRESENTS the 27<sup>TH</sup> ANNUAL

# CAMANO ISLAND STUDIO TOUR

*Art lives on Camano Island and in Stanwood*



By Susan Cohen Thompson

*"Bringing Home the Valley"*

Oil on canvas 20" x 20"

**Mother's Day Weekend**

**MAY 8-9-10**

**10am - 5pm**



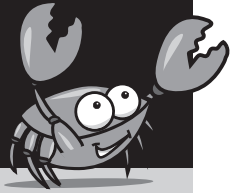
**Encore Weekend**

**MAY 16-17**

**10am - 5pm**

[camanostudiotour.com](http://camanostudiotour.com)

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**facebook.**

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## Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover image: Easter Blessings from The Crab Cracker Community Magazine*

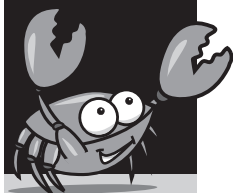


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James and Malynda Shipley, owners, proprietors  
**thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893**  
**P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com**

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**Submission DEADLINE: APRIL 9 for Next Edition (April 17-30, 2026)**

# Calendar of Events



FRIDAY, APRIL 3

## **DROP-IN EBOOK & EMEDIA HELP**

Noon at the Camano Island Library. Learn how to access library resources. Bring your device for help getting started or assistance with basic troubleshooting. Library staff are available to assist you during this one hour monthly drop-in session - no reservation necessary!

FRIDAY, APRIL 3

## **BUDDY MAC AND HIS TEN-GALLON TROUBADOURS PLUS PETUNIA SOLO**

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. Petunia of Petunia & The Vipers will do a solo opening set before Buddy Mac takes the stage. Don't forget your dance shoes. Buddy & His Troubadours do infectious and highly danceable arrangements of retro country songs 30s - 50s. Hearing Petunia solo is a rare and wondrous treat, and don't be surprised if he's joined by Jan Peters on harmonica. Tickets: \$10 Doors: 7 PM Show: 8 PM. 21+.

FRIDAY, APRIL 3

## **STANWOOD HIGH SCHOOL SPORTS**

Girls Softball vs Cascade. JV: 4pm. Varsity: 6:30pm.  
JV Boys Baseball vs Edmonds Woodway. 4pm.

## **Our Saviour's Lutheran Church**

Holy Week and Easter Worship Schedule 2026

### **Maundy Thursday – April 2**

7:00 PM Maundy Thursday Service of Holy Communion

### **Good Friday – April 3**

12:00 PM Good Friday Worship Service

7:00 PM Good Friday Worship Service



### **Easter Sunday – April 5**

† 6:30 AM Easter Sunrise Service

7:30 AM—10:30 AM Easter Breakfast

† 8:30 AM Traditional Festival Worship

9:50 AM Easter Egg Hunt (ages walking through 5<sup>th</sup> Grade)

† 10:30 AM Contemporary Festival Worship at the  
Stanwood High School Performing Arts Center



27201 99<sup>th</sup> Ave. NW, Stanwood WA 98292

360-629-3767 [oursaviourschurch.org](http://oursaviourschurch.org)

# Calendar of Events



FRIDAY, APRIL 3

## BEACH 1 GALLERY ARTIST RECEPTION FOR KAREN FULLER

5-7pm at Beach 1 Gallery. "My work reflects an affinity for small, discarded objects (seed pods, old buttons, hog fence staples, shells from my neighbor's quail eggs), enjoyment of hand beading and growing up with a dad who could make anything. I am inspired by plants and animals in my yard, and around Camano Island." Her art will be displayed and for sale the entire month of April. The Gallery is open 7 days a week. We will be serving pop, wine, bottled water and bags of chips for the reception. 1243 Beach Drive, Camano Island.

FRIDAY, APRIL 3

## MCKINNEY-VENTO AT THE LITTLE GREEN HOUSE

McKinney-Vento will be at the Little Green House resource hub from 9-11AM. The McKinney-Vento Homeless Assistance Act is a federal law ensuring educational stability, access, and support for homeless children and youth. It mandates immediate school enrollment, transportation assistance, and the right to remain in their "school of origin". It applies to students lacking fixed, regular, and adequate nighttime housing. If you are a family in need of this assistance, please stop in to speak with our local McKinney-Vento representative. The Little Green House is located at 9527 271st Street NW in Stanwood.

PNW  
COLLECTIVE



WORK  
HARD,  
*Be Kind*

## Malynda Shipley

Broker / Realtor

### 425-299-7892

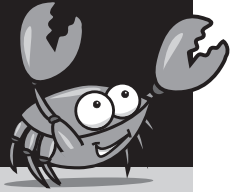
[mshipley@atthebeachrealestate.net](mailto:mshipley@atthebeachrealestate.net)

[onereal.com/malynda-shipley](http://onereal.com/malynda-shipley)

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# Calendar of Events



## DID YOU KNOW?

The Original  
Easter "Hare":

The Easter Bunny originated in Germany as a "white hare" (Oschter Haws) that laid eggs in nests, which children left out for it, leading to the tradition of Easter baskets.

SATURDAY, APRIL 4

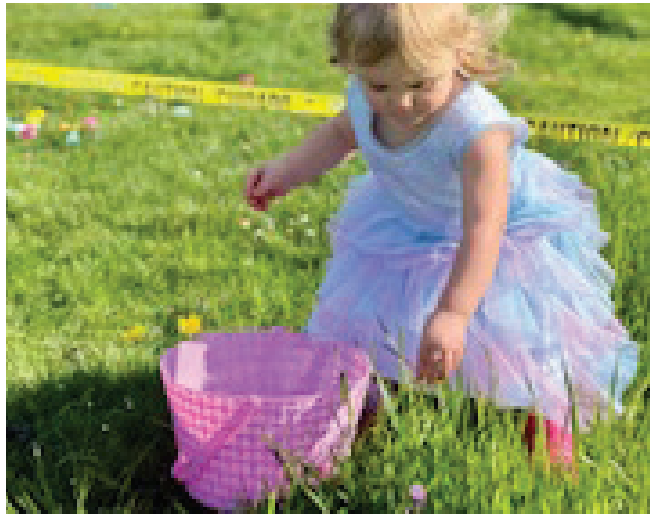
## THE GREAT WARM BEACH CAMP EASTER EGG HUNT



Come enjoy a free community Easter Egg Hunt event with fun for all and cool prizes! Noon to 2pm at Warm Beach Camp. Join us for a fun time for all ages! [www.warmbeach.com/easter-egg-hunt/](http://www.warmbeach.com/easter-egg-hunt/)

SATURDAY, APRIL 4

## EASTER EGG HUNT



Stanwood Eagles is hosting our annual Easter egg hunt at the Stanwood Fairgrounds at 10am sharp. Ages 12 and under divided into four age groups, staggering times. Expect to see the Easter Bunny for great photo opportunities! Over 12,000 eggs, hundreds of baskets, chocolate bunnies and prizes! Bike raffles for \$1.00. Open to the public, hope to see lots of smiles!

# Calendar of Events



## EASTER TRIVIA

Question: About how many chocolate bunnies are produced each year?

Answer: 90 million

SATURDAY, APRIL 4

### POP UP MARKET AT KRISTOFERSON FARM

10am. Shop for hand crafted items from local vendors and experience the joy of supporting our community of makers. Check out vendor booths and the many treats in the farm stand.

SATURDAY, APRIL 4

### NICK VIGARINO'S MEANTOWN BLUES

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. Tickets: \$16 ADV / \$20 DOS Doors. 21+ only. Vigarino radiates an unpredictable fervor with slashing slide guitar, powerful vocals, funky licks, modern lyrics and his slop jar delta funk blues.

SATURDAY, APRIL 4

### FRIENDS OF CAMANO ISLAND PARKS SPONSORED PUBLIC WALK

at FOUR SPRINGS LAKE PRESERVE. Meet at 9:45 a.m. at the parking area of Four Springs on Lewis Lane. See this beautiful preserve with a walk on the Perimeter Trail including the wetland trail. The Perimeter Trail includes two 50 ft fairly steep hills with benches for resting at the top. The distance of the walk is approximately 2 miles. Hopefully, the skunk cabbage will be in bloom! Please, no dogs for safety.

SATURDAY, APRIL 4

### EASTER PHOTO SHOOT

10am-2pm at Lincoln Hill Retirement Community & Senior Center, 7430 276th St NW, Stanwood. Call now to book your session with "Valley Creek Images".



*Dusty Recor of Dusty and the LoveNotes*

**Saturday, April 11th**  
5-8pm at  
Elger Bay Cafe,  
1992 S. Elger Bay Rd.,  
Camano Island, WA



[www.DustyandTheLoveNotes.com](http://www.DustyandTheLoveNotes.com)

# Join us!



Be the change YOU  
want to see in the  
world because  
there is no planet b.

## Become Waste Wise with WSU

Easy steps for a simpler, affordable lifestyle that also benefits the planet.

### Sustainability & Waste Wise Training



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Practice responsible consumption and recycling.



**Carbon Footprint & Climate Change**

Understand how waste contributes to climate change.



**Composting Yard & Kitchen Waste**  
Learn basic and advanced composting.



**Low Impact Living**

Consider your carbon footprint.



**Toxics Reduction**  
Properly dispose of hazardous materials.



**Educate Others**

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\$50 to participate - Scholarships available. No experience needed.



**Island County**

WASHINGTON STATE UNIVERSITY  
EXTENSION

More info: 360-639-4608  
Heather.vitiaz@wsu.edu

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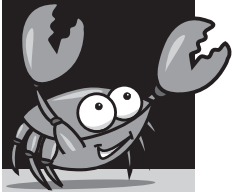


reduce • reuse • rot • recycle • rethink!



**Waste Wise**  
WSU Extension, Island County

# Calendar of Events



look for us  
online at

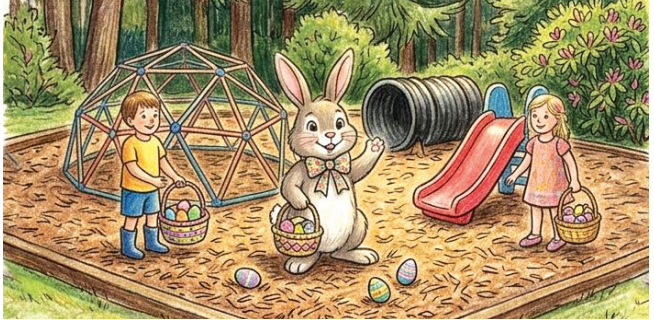
[www.TheCrab  
Cracker.com](http://www.TheCrabCracker.com)

or on  
**Facebook.**

Download  
current or past  
editions.

SATURDAY, APRIL 4

## WARM BEACH COMMUNITY EASTER EGG HUNT



Event by Warm Beach Community Association at 19016 94th Dr. NW, Stanwood. Join us for our annual free Warm Beach Community egg hunt at 11:00 am sharp! We will have yummy age appropriate treats, golden egg prizes for each age category and a special visit from the busy Easter bunny. Bring your camera and bring the kids!

SATURDAY, APRIL 4

## PANCAKE BREAKFAST WITH THE EASTER BUNNY AND GAMES



Come join the Sons of the American Legion and Sons of Norway at Conway's firehall for an Easter Bunny pancake breakfast (by donation) from 9am-noon, followed by an egg hunt and games down the street at noon. The Easter Bunny will be at both locations, so don't forget your camera! 21020 Greenfield St., Conway.



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# Calendar of Events



## DID YOU KNOW?

Frist Lady Lucy Hayes is credited with sponsoring the first annual Easter egg roll on the White House lawn.

SATURDAY, APRIL 4

## ANNUAL EASTER EGG HUNT - CONWAY, WA



Hosted by Fir-Conway Lutheran Church. Bring your baskets and your boots to our Annual Easter Egg Hunt at 10am at Conway School. This is an event that we've been hosting annually for the Community to come out with their kids to hunt for eggs filled with candy. We also will have our Golden Eggs once more filled with a claim ticket to pick out a prize.

SATURDAY, APRIL 4

## GAME NIGHT WITH KEVIN

5pm-9pm at Camano Island Library. 848 N Sunrise Blvd., Suite D, Camano. Beginners welcome. Bring Favorite games. May bring food.

SATURDAY, APRIL 4

## EASTER EGG HUNT

10am at Camano Chapel. Doors open 9:30am. Games, Gospel, and 8,000 eggs!

SATURDAY, APRIL 4

## SPRING FARM TOUR

Tours are guided by the brothers and sisters of the Ashram, who steward and farm the land. 25 acres of gardens, forest, meadows, orchards, integrated with animals (chickens, goats, alpacas, dogs, cats, pigs, and wildlife). RSVP by email to [contact@camanofarmashram.com](mailto:contact@camanofarmashram.com), with a personal introduction, and areas of interest in the farm ashram, if inspired. Do not bring pets. 732 Haven Pl. Camano Island.



BAYLESS CONSTRUCTION GROUP

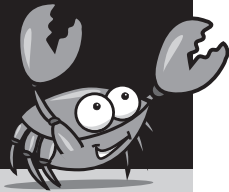
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# Calendar of Events



## EASTER TRIVIA

Question: The first Easter eggs were dyed what color?

Answer: Red

SATURDAY, APRIL 4

## EASTER EGG HUNT AT HERITAGE PARK



City of Stanwood is hosting an Easter Egg Hunt at 10am! Hop into spring with this exciting new community event and get ready for thousands of eggs, giveaways, candy, prizes, business specials and more! Free, family-friendly event! There will be three different egg hunt zones for three different age groups. Learn more at <https://stanwoodwa.org/1681/Heritage-Park-Egg-Hunt>

SATURDAY, APRIL 4

## DONUTS FOR DANCERS



Krispy Kreme fundraiser. Event by The Dance Project NW Foundation. Krispy Kreme is Back in Stanwood This Spring! Don't miss your chance to grab some delicious donuts while supporting local dancers. 9 AM to 12 PM, or until we sell out at Stanwood Camano News Parking Lot, by the YMCA. One hundred percent of profits go directly to supporting dancers at The Dance Project NW.



**Yoga and Pilates**  
movementarts.com



MOVEMENT ARTS  
360-629-9100  
Camano Commons

# Calendar of Events



SATURDAY, APRIL 4

## **BILLY STAPLETON WITH ANNIE EASTWOOD**

7pm at Pub 282, 370 NE Camano Dr #6, Camano. Get ready for a night of soulful blues, sizzling guitar, and powerhouse vocals! Smooth, heartfelt melodies and electrifying performances.

SATURDAY, APRIL 4

## **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, APRIL 4

## **AKTION CLUB'S E-CYCLE**

10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.

SATURDAY, APRIL 4

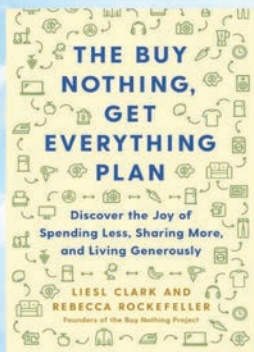
## **COFFEE AND CONVERSATIONS**

1-4pm at JOY Camano Farmhouse, 659 WA-532, Camano. You're Invited to: COOKIES AND COFFEE AT THE FARMHOUSE. Come make cookies and enjoy community with us. Families are welcome! Watch for Open House signs. Reservation: 360-303-7869.

## **Eco Book Group — Camano Island**

Hosted by WSU Island County Extension Waste Wise

Join our Eco Book Group to explore practical, real-world ideas for simpler, more sustainable living— and connect with others in the community.



### **Featured Book for April 13th**

## **The Buy Nothing, Get Everything Plan**

Learn actionable steps for a more enjoyable lifestyle that saves money and reduces environmental impact.

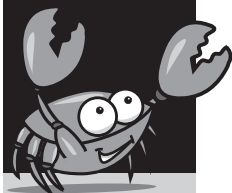
 **When:**

**2nd Monday of Each Month  
Join Us April 13th  
12:15—1:15 pm**

 **Where:** Offered online and in person

**Camano Island Library 848 N Sunrise Blvd, Camano, WA 98282**

# Calendar of Events



SUNDAY,  
APRIL 5

**HAPPY  
EASTER!**

Easter Sunday is  
also called  
Resurrection Day

## SUNDAY, APRIL 5 EASTER HUNT AT OSLC



Event by Our Saviour's Lutheran Church - 27201 99th Ave NW, Stanwood. Easter Breakfast: 7:30–10:30am. Easter Egg Hunt: 9:50am.

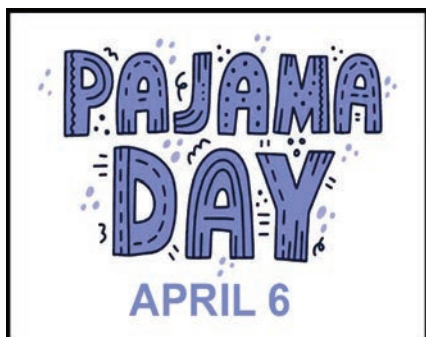
## TUESDAY, APRIL 7 STANWOOD HIGH SCHOOL SPORTS

Varsity Boys Baseball vs Jackson. 4pm.

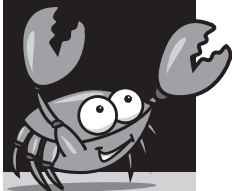
TUESDAY, APRIL 7  
**SCYSC SPRING SOCCER CLINIC**  
Open to kids age 5-11. Learn the fundamental skills you need to develop to become a better soccer player. 5-6:30pm at Heritage Park. Register at [www.scysc.com](http://www.scysc.com)

WEDNESDAY, APRIL 8  
**EXPLORE YOUR CREATIVITY**  
with Stanwood Camano Arts Advocacy Commission. 4pm–5:30pm at the Stanwood Library. Join us for an art class with Stanwood Camano Arts Advocacy Commission (SCAAC)! We will provide everything you need. For kids ages 6-11.

THURSDAY, APRIL 9  
**STANWOOD HIGH SCHOOL SPORTS**  
C Team Boys Baseball vs Interlake. 4pm.



# Calendar of Events



## EASTER TRIVIA

Question: In the 13th century, the church prohibited eating what during Holy Week?

Answer: Eggs

THURSDAY, APRIL 9

### MILLER ROAD RUN

(formerly Klesick Farm Run). 6pm. Event by Stanwood Camano Runners. Park at the Eagles building at the Stanwood Camano Fairgrounds. This is an out and back run on Miller Rd through the farm lands turning back at Norman Rd. Nice flat 5k distance. Gorgeous!

THURSDAY, APRIL 9

### PUD NORTH CAMANO SUBSTATION RIBBON CUTTING

10am-11am at 531 E. North Camano Dr. (Across from Freedom Park). The PUD recently completed a series of reliability improvement projects including the North Camano Substation and the 115kV Stanwood to Camano transmission line. The event will include speeches from PUD Commissioner Sid Logan, Island County Commissioner Janet St. Clair, City of Stanwood Mayor Sid Roberts, and PUD CEO/General Manager John Haarlow.

THURSDAY, APRIL 9

### PET PAINTING WITH PAWSWITHCAUSE

3-4:30pm at the Camano Island Library. Join us for a painting party with PawsWithCause! Each participant will paint a portrait based on a real shelter pet to help the animals be seen outside of cages and promote adoption. Space and supplies are limited, so please register each person participating. All materials are provided. All skill levels are welcome!

THURSDAY, APRIL 9

### WARMING OCEANS AND RAINFALL

will be the program for the April 9 meeting of the Camano Preparedness group. The speaker is Mike Everett, former Head Meteorologist for King 5 News. He will be discussing what is happening with the temperature trends of our oceans and rainfall in our area. This meeting will be at the Vista Fire Station, 273 N. West Camano Dr., Camano Island, 7:00pm. For more info, contact Sue at [kk6sue@gmail.com](mailto:kk6sue@gmail.com).

FRIDAY, APRIL 10

### COUNTLESS TREES

7pm at at Pub 282, 370 NE Camano Dr #6, Camano. Countless Trees is a Grateful Dead tribute band.



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# Calendar of Events



## EASTER TRIVIA

Question:  
Where is the most popular Easter parade held each year?

Answer: New York

## FRIDAY, APRIL 10 TRAVEL TALK



10am at the Camano Center. Today's presentation will be about Whit and Cindy Lou Aillaud's backpack from Mexico to Canada on the 2,650 mile Pacific Crest Trail. Traversing some of the most scenic and dramatic landscapes in California, Oregon and Washington, they had triple digit heat and snow, challenging flora and fauna, and met interesting people from all over the world. Members are free; non-members \$5 (please stop at the reception desk in the lobby).

## SATURDAY, APRIL 11 WOODS CREEK BAND

7pm at Pub 282. High-energy tunes, killer vocals, and an unforgettable night of live music. Join us for great drinks, good vibes, and a rockin' set that'll have you dancing all night long!

## SATURDAY, APRIL 11 MINIATURE WARGAMING MEET-UP

hosted by CIMW. 2-6pm at the Camano Island Library. Discover the strategic camaraderie of miniature wargaming with Camano Island Miniature Wargamers. Meet-Up gaming materials are provided. Minimum age: 8+, under 12 requires parent/guardian.

## SATURDAY, APRIL 11 PRIME RIB DINNER

4pm until gone (and that's usually by ~5pm) at the American Legion, Post 92, in Stanwood. Join us for plenty of good food and camaraderie! Adults \$25 and children (under 12) \$10.



# Calendar of Events



## SMASHING POTS & WET MONDAYS

On Corfu, Greece, inhabitants throw massive water-filled pots from balconies on Saturday morning to celebrate, say Stoke by Nayland. In Hungary, the “sprinkling” tradition involves men pouring water on women, notes Stoke by Nayland.

SATURDAY, APRIL 11

## TRILLIUM-239 PRESENTS: WOMEN WHO STEP UP, NOT ASIDE



1pm at Stanwood Library. In this Humanities WA Speakers Bureau event—part music performance and part talk—acoustic music trio Trillium-239 shares songs and stories of trail-breaking women like Marie Curie, Harriet Tubman, Malala Yousafzai, Annie Oakley, and others. What drove them to step out of their expected roles to forge more difficult paths, knowing they’d face many challenges and barriers? What can we learn from them? With their voices, hands, pens, and guns, they persisted—and we’ll examine the lives and motivations of these fascinating women and celebrate them in song. The event is free and open to the public.

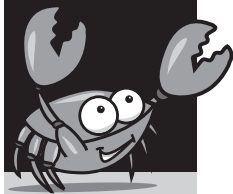
SATURDAY, APRIL 11

## WINDERMERE REAL ESTATE SHRED-A-THON EVENT



9am-noon at 818 N. Sunrise Blvd., Camano. Time to Shred! Join Windermere Stanwood-Camano for their Annual Shred-A-Thon! Bring your unwanted documents for secure shredding by Shred It and enjoy a day of clutter-free, eco-friendly fun. Suggested donations are \$5 per grocery or banker’s box and \$10 for oversized boxes, with all proceeds supporting Safe Harbor. We can’t wait to see you there!

# Calendar of Events



SATURDAY, APRIL 11

## MASTERS PAR 3 TOURNAMENT

at Camaloch Golf Course, Camano Island. Are you up for a challenge? Join us Saturday April 11th for our Masters Par 3 Tournament! More info: (360) 387-3084, proshop@camalochgolf.com.

SATURDAY, APRIL 11

## GARDENING CLINIC



Snohomish County Master Gardeners will be at the Stanwood Country Store from 10-2 to assist you with your gardening concerns. (It is very helpful if you bring either a picture or sample of your gardening issues so that we can give you an accurate diagnosis. ).

**PRESS RELEASE**

# new art gallery

**in stanwood @ 8712 271st st. nw**

**an eclectic mix of affordable  
art for everyone**

**gallery hours: thursday - saturday 10-5**

**or by appointment: 206-605-8995**

curated.

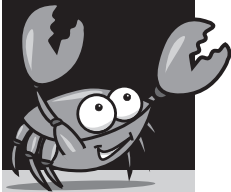
gallery.

vintage.

fun.

design.

# Calendar of Events



## EASTER TRIVIA

Question: The world record for the largest chocolate Easter egg was made in what city?

Answer: Tosca, Italy

SATURDAY, APRIL 11

## PACIFIC TWANG + RANDY WEEKS AND THE SILENT TREATMENT

7:30 PM - Arcadian Public House, 18444 Spruce Street, Conway. Grab your boots and get ready to swamp it up with two of Skagit Valley's favorite bands. Pacific Twang plays an eclectic and energetic mix of Country, Swamp Rock and Americana, featuring beautiful vocal harmonies and stellar musicianship. Famed songwriter Randy Weeks and his spankin' band The Silent Treatment deliver swampy, rhythm and bluesy, dark and light-hearted rock'n'roll forever. Tickets: \$15.

SATURDAY, APRIL 11

## DUSTY RECOR OF DUSTY & THE LOVENOTES



5-8pm at Elger Bay Cafe, 1992 S Elger Bay Rd, Camano. Country folk-rock. <http://www.DustyandTheLoveNotes.com>

SATURDAY, APRIL 11

## MONEY SMARTS: MANAGING YOUR MONEY AND BUILDING CREDIT

11am-12:30pm at Community Resource Center, 9612 271st St NW, Stanwood. Ready to strengthen your financial future? Join the local BECU team to learn smart money habits and practical steps for building or improving your credit in this beginner-friendly seminar.



## Camano Arts Association

Meet fellow artists and art lovers in your community!  
Visit us online to see how we are

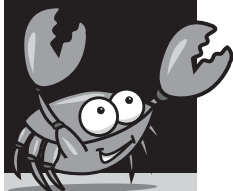
**Working together to support local Arts!**

[camanoarts.org](http://camanoarts.org)

Become a  
CAA Member



# Calendar of Events



## EASTER TRIVIA

Question: How much did the world's largest chocolate Easter egg weigh?

Answer: 15,873 pounds, 4.48 ounces

SATURDAY, APRIL 11

## FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, APRIL 11

## COFFEE AND CONVERSATIONS

1-4pm at JOY Camano Farmhouse, 659 WA-532, Camano. You're Invited to: COOKIES AND COFFEE AT THE FARMHOUSE. Come make cookies and enjoy community with us. Families are welcome! Watch for Open House signs. Reservation: 360-303-7869.

SUNDAY, APRIL 12

## PATCH-WORK PIONEERS (LOUISA BOREN-DENNY)



1pm at Camano City Schoolhouse. \$15 per person. Celebrate the amazing Louisa Boren-Denny as portrayed by beloved storyteller Debbie Dimitre. The story of the Denny Party, the first 24 pioneers of Seattle, as remembered by Louisa Boren-Denny the first bride of Seattle. Storyteller/actress Debbie Dimitre brings to life women and young girls in American history through story and first person portrayals in a style that is uniquely her own. Seating is limited! 993 Orchid Rd., Camano Island. Tickets at [www.camanoschoolhouse.org](http://www.camanoschoolhouse.org)

**GRILLED  
CHEESE  
DAY**

**APRIL 12**



**WORLD**



**HAMSTER DAY  
APRIL 12**

# Brookdale Art & Craft Show

## Brookdale Senior Living

7212 265<sup>th</sup> Street NW, Stanwood, WA 98292

Thursday, April 16<sup>th</sup>

10-4pm

Meet the Artist during the reception from 3-4pm as you stroll through our lovely Art Gallery, enjoy a glass of wine while our pianist softly plays in the background.

Come and Enjoy!



(360) 629-3445  
[www.brookdale.com](http://www.brookdale.com)

# SPRING FLING

**APRIL 18, 2026 • 9AM-3PM • FREE ADMISSION**

**Stillaguamish Grange #1058 / Stanwood Fairgrounds**

Garden Ideas • Crafts • Vendors • Kids Craft Workshop • Family Fun

Contact: Diane Donahou • [StillaguamishGrange1058@gmail.com](mailto:StillaguamishGrange1058@gmail.com)

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# Calendar of Events



**IF WE DON'T  
KNOW  
ABOUT IT,  
WE CAN'T  
PRINT IT.**

Send your info  
and/or images  
to: [@thecrabcracker.com](mailto:thecrab)

SUNDAY, APRIL 12

## **BINGO AT THE VIKING HALL - SILVANA, WA**

5pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

MONDAY, APRIL 13

## **STANWOOD HIGH SCHOOL SPORTS**

Varsity Girls Tennis vs Everett. 3:30pm.

JV Boys Baseball vs Everett. 4pm.

TUESDAY, APRIL 14

## **STANWOOD HIGH SCHOOL SPORTS**

C Team Boys Baseball vs Sedro-Woolley. 4pm.

C Team Girls Tennis vs Bellingham. 4pm.

TUESDAY, APRIL 14

## **FREE COOKING DEMO**

in the barn at Hazel Blue Acres blueberry farm in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

TUESDAY, APRIL 14

## **TEEN ART STUDIO**

with Stanwood Camano Arts Advocacy Commission. 3-5pm at the Stanwood Library. Snacks and beverages will also be available for those who just want to sit and relax. We will provide all the supplies you need. For teens and tweens who are ages 10-18. Free event.

TUESDAY, APRIL 14

## **SCYSC SPRING SOCCER CLINIC**

Open to kids age 5-11. Learn the fundamental skills you need to develop to become a better soccer player. 5-6:30pm at Heritage Park. Register at [www.scysc.com](http://www.scysc.com)

WEDNESDAY, APRIL 15

## **STANWOOD HIGH SCHOOL SPORTS**

Varsity Girls Golf vs Everett. 1pm at Camaloch.

JV Girls Tennis vs Lynnwood. 3:30pm.

Varsity Boys Baseball vs Mountlake Terrace. 4pm.

JV Boys Soccer vs Burlington Edison. 5:30pm.

WEDNESDAY, APRIL 15

## **FREE COMMUNITY TRAINING**

North County Regional Fire Authority is offering ACT to Save a Life, a free, one-hour community training designed to give residents practical skills to help during the first critical minutes of an emergency. The training covers three essential interventions: how to recognize the signs of an opioid overdose and safely administer Narcan, hands-on CPR instruction and an overview of AED (automated external defibrillator) use, and proven tourniquet techniques to control severe bleeding until help arrives. 6 p.m., Station 99, 8117 267th St NW, Stanwood. To sign up or learn more, contact: Firefighter/Paramedic Alan Coombs - Email: [acoombs@ncrfa.com](mailto:acoombs@ncrfa.com). Phone: 360-859-8732.



WSU CLIMATE STEWARDS  
CERTIFICATE PROGRAM

“...by the end of the course, I had a renewed sense of purpose as I plan what actions to take.”  
Fall 2025 Student

### Guided Field Learning



Deception Pass  
Sea Level Rise



Monroe Hydropower



Mount Vernon Library  
Green Building

## Washington State University Climate Stewards April 2 - June 6, 2026

The **WSU Climate Steward** certificate course offers classroom, online, and field experiences, with 10 sessions addressing:

- Social-emotional resilience and environmental justice
- Trauma-aware communication and community building
- WA Climate systems, modeling, and ecosystems
- Climate solutions in Ag, Forestry, Energy, and Water
- Climate policy and mitigation programs

Open to Island, Skagit and Whatcom county residents, this course equips you with practical tools to take climate action today in your community.

- Expert guest speakers
- Guided place-based tours
- Curriculum curated by Washington-based scientists

**Course Fee - \$225**

**Early Bird Discount (before March 15, 2026) - \$175.00**  
**Scholarships Available**



Classes meet virtually on Thursday evenings from 6:00 to 8:00 PM, and in person on Saturday, June 6, from 10:00 AM to 1:00 PM for stewardship project presentations.

## Apply Today!

<https://climatestewards.extension.wsu.edu>

WSU Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local WSU Extension Office.



# Calendar of Events



## DID YOU KNOW?

Easter baskets have special symbolism.

The woven treat containers represent birds' nests and new life, especially when filled to the brim with eggs.

WEDNESDAY, APRIL 15

## ALL ABOUT OWLS - CAMANO WILDLIFE PROGRAM



Learn all about owls with Brian Zinke, Pilchuck Audubon Society, at 7pm at Island County Multi-Purpose Center, 141 East Camano Drive. In Washington, we are fortunate to have 15 species of owl sharing our landscapes with us. Come learn which species we have, their fascinating ecologies, and what makes owls so unique in the bird world.

WEDNESDAY, APRIL 15

## JIGSAW PUZZLE EXCHANGE

6:30pm at Stanwood Library. Please bring some puzzles to share, if your puzzles are not selected please take them back home with you and bring them next time.

WEDNESDAY, APRIL 15

## JOIN US FOR CONNECT OVER COFFEE

An informal gathering open to EVERYONE where we regularly meet to share perspectives and explore ideas that spark positive change within ourselves and our communities. 1-3pm at the Camano Island Library Community room. Hosted by Baha'is.

THURSDAY, APRIL 16

## STANWOOD HIGH SCHOOL SPORTS

Girls Golf vs Arlington. 3pm.

Varsity Girls Tennis vs Lake Stevens. 3:30pm.

Varsity Boys Baseball vs Everett. 4pm.

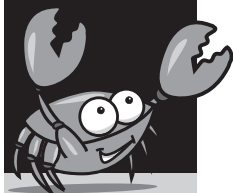
C Team Boys Baseball vs Ferndale. 6:30pm.

THURSDAY, APRIL 16

## BROOKDALE ART & CRAFT SHOW

10am-4pm at Brookdale Senior Living, 7212 265th Street NW, Stanwood. Meet the Artist during the reception from 3-4pm as you stroll through our lovely Art Gallery, enjoy a glass of wine while our pianist softly plays in the background. Come and Enjoy!

# Intuitive Tarot

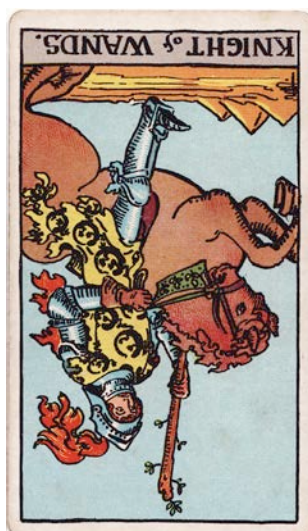
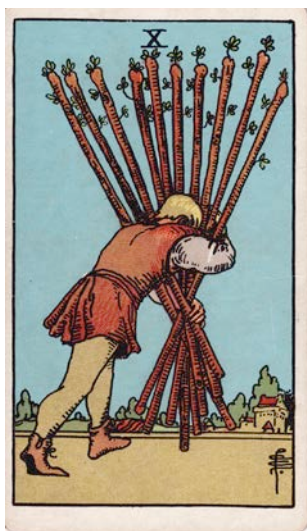


*Tarot from the  
classic Rider  
Waite Smith deck.*

*Discover more at  
[linktr.ee/tiffany  
fitzpatrick](http://linktr.ee/tiffanyfitzpatrick)*

*Visit me at  
Cactus + Co at  
the Commons for  
Live readings on  
April 18 between  
12-4P.*

## INTUITIVE TAROT WITH TIFFANY



April 3rd – April 9th : the Ten of Wands. There's much work, many steps, others might find grueling, but this card indicates a sense of satisfaction, accomplishment, pride; a hard day's work well done. This feels like seasonal work requiring more concentrated efforts than everyday demands; working the ground and planting for the season, spring cleaning and turning the home over, storing away the winter, purging the outgrown, and carting out the symbology of brighter days to come. Overall, this seems a solitary task, which suits you just fine in this particular toil, settling into a meditative state in the tedium, yet there's an impression of community and togetherness as neighbors and friends synchronize into similar routines. Determination and compulsion motivated action comes easily at this time with so many planetary bodies moving through Aries. Let the mission-oriented drive lead the charge while embracing it's crucial emotional steadiness.

April 10th – April 16th : the Knight of Wands Reversed. Money is upside down, looking different than you're used to, yet leading the bridle actively forward, traversing considerable distance at refreshing speeds. There is trepidation in the saddle, as though you're unsure of yourself, which is understandable considering the landscape appears inverse and your routine approach to deed falters, requiring, and this is important, not just acclimating but creating new methods, new practices, new behaviors, new habits. You cannot do what you've always done, and there's frustration in that realization, but adaptation bridges to a new state of contentment more quickly than resistance ever could. Anchor into the ride, embody the spirit of ferocity of the fire horse galloping beneath you, feel into the actions you-of-now and you-to-come ask of you. Yesterday can no longer lead you, support you, or offer you the same comfort. You can bear the steed's pace; trust your resilience.

# Moonshine Wisdom & Wit



Story by Jack  
Archibald.

For further  
moonshine  
wisdom and wet  
powder wit,  
check out the  
**SKEETER DADDLE  
DIARIES** at  
[www.  
skeeterdaddle.net](http://www.skeeterdaddle.net)

## THE IRS --- MY FRIEND

This past week I had a small argument with friends regarding the Tax Man, the Internal Revenue Service, no doubt universally hated and recently under orders from the Prez to drastically cut staff. Probably most of my fellow citizens are happy as punch those government workers will be getting their pink slips. But not me. I figure the less auditors looking at the returns of the ultra-wealthy and the corporations, the less revenue is pulled in and eventually us peasants will be asked to make up the slack. Call me cynical and send me to bed without my supper of gruel.

My friends' point of view was more on the order that the IRS was a vast network of mindless computers searching for the mistakes the accountants they had hired had made, probably necessitating the dreaded audit. They asked, in fact, did I trust my own accountant. They no longer had faith in theirs, not after their last audit, and wondered if we'd ever had one ourselves.

Hell, no, I said, I don't trust our accountant!! Our accountant is me. He runs the numbers for our personal taxes and for my business, fills out mucho forms, everything from Self-employment tax, Schedules B, C, D and X, the 1040, Schedule 1 and a couple more I don't remember ---- oh right, our rental property, no longer rented.

My friends were gobsmacked we weren't red-flagged. I kind of am too, tell you the truth. But ... here's the thing. Nearly every year the IRS informs us we've made an error on our tax forms. And except for once, maybe twice at most where they billed us a hundred or two hundred bucks, we get a fat check back for a thousand here, 4000 there, 7000 last year and this year 1600. They even pay us interest!

So my take is that these IRS employees are looking after us, they're definitely on our side. They could have kept their algorithmic mouths shut and we'd never be the wiser. Instead, they restored my faith in Government. Although ... I can't say it did for my friends. Like I tell em: do your own taxes --- they'll take pity on the ignorant, the math-challenged and the poor. You'll be way better off and ... you'll have a new friend.

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When your loved one needs more support than you can provide, turn to the experts at Josephine Caring Community. We offer award-winning memory support in a nurturing, therapeutic environment that brings peace of mind to the whole family.

**Call 360-502-8820 or visit [JCCMemory.com](http://JCCMemory.com)**

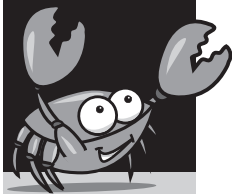


**Josephine**  
**Memory Care**

*The Josephine Caring Community*

9901 272nd Place NW Stanwood, WA 98292

# Longevity Lens

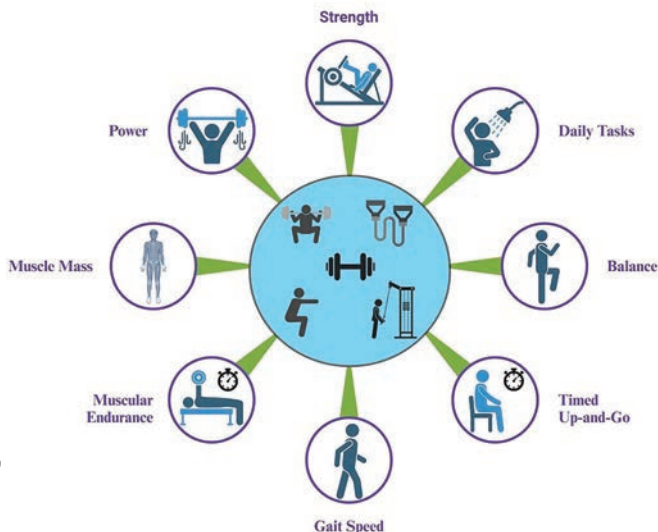


A column about longevity and aging well.

Dr. Maria Cayabyab (“Dr. Maz”) is a board-certified OB-GYN, certified in menopause care, a functional medicine practitioner, and medical director at Kirra Health.

Questions?  
ask@kirrahealth.com

## THE NEW RULES OF STRENGTH (THEY’RE SIMPLER THAN YOU THINK)

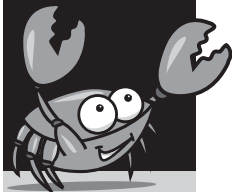


If there’s one takeaway from the latest American College of Sports Medicine (ACSM) guidelines on resistance training for healthy adults, it’s this: doing some resistance training is far more important than doing it perfectly. Drawing from over 100 reviews and tens of thousands of participants, the update confirms that lifting weights—consistently—is one of the most powerful tools for improving strength, muscle, metabolic health, and even longevity. From there, the details get more interesting. Want to get stronger? Lift heavier loads and prioritize key exercises early in your workout. Looking to build muscle? Focus on total weekly volume—around 10 or more sets per muscle group—and challenge yourself, regardless of whether the weight is light or heavy. Trying to stay functional as you age? Move weights quickly (with control). Power training—think fast, intentional reps—has an outsized impact on balance, gait speed, and daily independence. Surprisingly, some things people might obsess over matter less than expected. This includes periodization plans, specific equipment, and slow “time under tension” techniques don’t consistently outperform simpler approaches. Even training to complete exhaustion isn’t required for results. So what actually matters (for most healthy adults)? Consistency. Effort. Progression. And training each muscle group at least twice per week through a complete range of motion. Two questions to ask your doctor or coach: 1: “Am I training in a way that matches my goal—strength, muscle, or function?” 2: “What’s the simplest plan I can stick to twice a week for the next 3-6 months?” Because the real secret isn’t complexity—it’s showing up.

For more insights, visit [kirrahealth.com/blog](http://kirrahealth.com/blog).

*“Positive Outcomes from Resistance Training. Image courtesy of ACSM. PMID: 41843416.”*

# Fun and Crafts



## EASTER TRIVIA

Question: What was the circumference of the world's largest chocolate Easter egg?

Answer: 64 feet, 3.65 inches

## EASTER EGGS - DIPPED HERB SILHOUETTES



Natural herbs make the most beautiful patterns for your Easter eggs. Gather herbs like sage, thyme, and parsley and snip them into small sprigs. Lightly paint the backs of herbs with egg white and let set 10 minutes. While herbs dry, cut a nylon stocking into 5-inch tubes. Place a prepared herb onto an egg and carefully tie the nylon around both ends so the herb stays put. Submerge egg in dye. Remove and blot dry with paper towels before removing nylon, then slowly peel off herb. Once you're finished decorating, toss the eggs in a fake nest for an unforgettable display.

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# Jan Mather

Camano Island Expert

Managing Broker, Windermere Real Estate/CIR



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## DID YOU KNOW?

Historically, most early Easter celebrants would have eaten lamb for this special occasion since the holiday has its roots in Jewish Passover. But these days, many American Easter dinners now feature ham instead, because of the timing of the holiday. Years ago, hams cured over the winter months would have been ready to serve in the early spring.

## EASTER BUNNY TRAIL



Leave your kids evidence of the Bunny's visit. Using washable paint, create bunny footprints that lead to the potty and drop a "special surprise" (i.e. jelly beans) in the water.

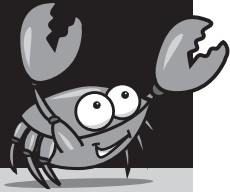
## JELL-O EASTER EGGS



**INGREDIENTS:** Cooking spray; 1 (3.4-oz.) package blue Jell-O; 1 (3.4-oz.) package pink Jell-O; 1 (3.4-oz.) package yellow Jell-O; 1 (3.4-oz.) package green Jell-O; 1 cup Cool Whip, divided

**DIRECTIONS:** Step 1- Using a pair of scissors, make a small hole at the tip of each plastic egg. (If there is an existing hole, use your scissors to widen it.) Grease the inside of each egg with cooking spray. Step 2- Into a medium bowl or measuring cup, combine Jell-O powder and 3/4 cup boiling water. Whisk until powder is completely dissolved, then add 1/2 cup cold water and 1/4 cup Cool Whip. Whisk to combine. Repeat process with remaining Jell-O flavors. Step 3- Place eggs hole side up in an empty egg carton. Using a food-safe syringe, fill each egg 1/3 of the way with one color. Place in refrigerator to set, 45 minutes. Fill each egg another 1/3 of the way full with another color and return to refrigerator to set, 45 minutes more. Fill eggs the rest of the way full and refrigerate 1 hour more, until completely set. Step 4- Gently open plastic eggs to unmold Jell-O eggs.

# Artist of the Week



*Are you interested in promoting yourself and your craft?*

*Email us your bio and we will feature this page to you... and it's all FREE!*

## TEXTURES AND BEYOND



I'm Kris Tan, a self-taught texture artist. Before I could even walk, my mum would set me up with crayons, paints, and pencils, leaving me to create for hours. This early immersion in art laid the foundation for my creative journey, which continued through school projects and art competitions. Prior to the pandemic, I attended a sip and paint class that rekindled my passion for painting. During the lockdown, I delved deeper into this interest and created my first textured piece by following a YouTube tutorial. My neighbor admired the artwork and requested a variation for their living room. This encouragement inspired me to continue experimenting and refining my approach, making creativity an unstoppable force in my life. I create high-quality mixed media artwork that brings eye-catching design into your home. Inspired by nature, I strive to capture the beauty of florals and greenery in each piece. My portfolio ranges from bold florals to warm minimalist textures, as well as landscapes and black-and-white abstracts, reflecting my desire to explore all facets of art. My goal is to create timeless pieces to be treasured by you for years to come. I hope my art brings as much joy to you as it does to me.

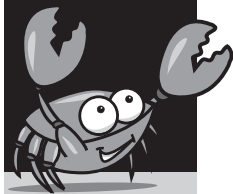
Please follow me on:

Instagram: @texturesandbeyond

Website - <https://texturesandbeyond.com>



# Business Spotlight



## VINE AND HEN



Vine and Hen is a family farm located in north Camano Island. We have been selling our eggs locally to select customers and establishments for the past few years. With spring here, we are also getting ready to start planting assorted leafy greens, kale, rainbow chard, radishes, cucumbers and more. Find us on socials at 'Facebook.com/vineandhen', 'Instagram.com/vineandhen' and 'Twitter.com/vineandhen' to see our beautiful rainbow egg packs. We have fresh eggs available daily. To find out what is also available or to place an order, send us an email at [vineandhencamano@gmail.com](mailto:vineandhencamano@gmail.com).



Janicki General Contracting

## Shoreline & Retaining Wall Protection

**(360) 707-8176**  
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[JanickiGeneral.com](http://JanickiGeneral.com)

Custom retaining walls and shoreline stabilization  
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THEATER  
ARTS GUILD  
PRESENTS

Disney THE LITTLE  
MERMMAID

Music by  
Alan Menken

Lyrics by  
Howard Ashman & Glenn Slater

Book by  
Doug Wright

**APRIL 3-18, 2026**

McIntyre Hall Mount Vernon, WA  
mcintyrehall.org 360.416.7727



Don't Miss Our  
Under the Sea Luncheon!



**\$30** April 12 @ 12pm

- ◆ Under the Sea Themed Lunch
- ◆ Meet & Greet with Characters
- ◆ Photo Opportunities

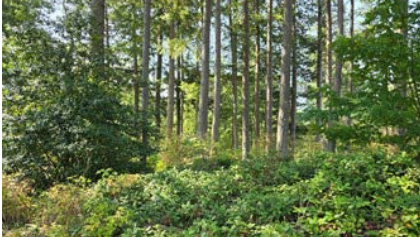
\* Performance ticket not included



**TICKETS!**



**LAND FOR SALE**



**PRESERVE DRIVE \$340,000**

High-bank waterfront parcel in a gated Camano community with stunning views, 32 acres of trails, private beach access, permits in place. #2279365



**CAMANO ISLAND \$335,000**

Two adjacent building lots approximately 2.49 acres each, on the west side with potential views and plenty of privacy and tranquility. #2266022



**NORTH STANWOOD \$299,000**

Secluded neighborhood yet close to town, two parcels totaling 7.29 acres, well installed, some wetlands, buyer to verify all permitting. #2409331



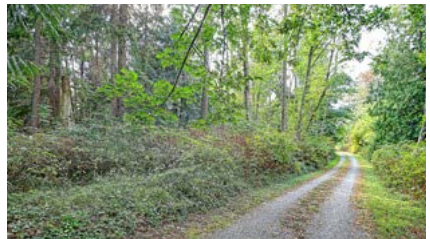
**MOUNTAIN VIEW \$279,000**

Beautiful Camano 4.97 acres recently cleared but enough left for privacy, with preliminary studies complete, build your new home here! #2474811



**SARATOGA \$240,000**

Great view lot on Camano includes beach access and boat ramp, County approved septic permit, water share, home plans by request. #2460801



**NORTH END 250,000**

Discover the perfect blend of privacy, nature and convenience on this level 5-acre parcel located on the north end of Camano. #2460501

**STANWOOD**  
7359 267th St. NW, #D  
360.629.8233



**CAMANO ISLAND**  
818 N. Sunrise Blvd.  
360.387.4663

Visit [WindermereStanwoodCamano.com](http://WindermereStanwoodCamano.com) for more information

Windermere Real Estate/CIR



# Keep your septic system happy.

**Snohomish County residents can earn up to \$500 in rebates for:**

**Inspections | Minor Repairs  
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## **Questions?**

Email [savvy.septic@snoco.org](mailto:savvy.septic@snoco.org) or call 425-388-3636

Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.



# Community Information



## EASTER TRIVIA

Question: What baked good is a Good Friday tradition in England?

Answer: Hot cross buns

## TRIVIA, KARAOKE, BINGO, AND GAME NIGHTS



Many of our local businesses offers weekly "events". Following are some of the locations that offer these "events" (that are typically free to participate) on a weekly basis: KARAOKE: Stanwood Hotel and Saloon - Fridays at 8pm. Conway's Pub & Eatery - Fridays at 7:30pm. Beauty Bar Salon + Lounge - Tuesdays at 8pm. TRIVIA: SAAL Brewing Company - Mondays at 6pm. Rockaway Bar & Grill - Mondays at 6pm. Pub 282 - Wednesdays at 7pm. BINGO: American Legion Hall (Camano Island) - Saturday at 6pm. Beauty Bar Salon + Lounge - Mondays at 8pm. Pub 282 at 7pm. BOARD GAME DAY: Noon-6pm at Scattered Deck Games, 8919 271st St NW, Stanwood. Stop in and play. Use some of our 300+ store copies or bring your own. Free event every Sunday. MAHJONG: Fridays at 2pm and Mondays at 3:30pm at Lincoln Hill Retirement Community. 7430 276th St NW, Stanwood. More info: (360) 629-7403.

## CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed pickup games in Stanwood. Whether you're a seasoned player or new to the sport, event is open to all.

## BASKETBALL FREE PLAY FOR THE COMMUNITY

Every Friday at 795 Ell Rd., Camano. It is indoors and it's not quite a full size court, but it's good enough to have fun. All are welcome."

H<sub>2</sub> A<sub>1</sub> P<sub>3</sub> P<sub>3</sub> Y<sub>4</sub>  
 N<sub>1</sub> A<sub>1</sub> T<sub>1</sub> I<sub>1</sub> O<sub>1</sub> N<sub>1</sub> A<sub>1</sub> L<sub>1</sub>  
 S<sub>1</sub> C<sub>3</sub> R<sub>1</sub> A<sub>1</sub> B<sub>3</sub> B<sub>3</sub> L<sub>1</sub> E<sub>1</sub>  
 D<sub>1</sub> A<sub>1</sub> Y<sub>4</sub>  
**April 13**

**PUGET SOUND TREE CARE LLC**  
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 Stump Grinding  
 View Clearing  
 Hazard Trees  
 Arborist Services  
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# Community Information



## DID YOU KNOW?

The holiday was named after the Anglo-Saxon goddess Eostre.

Scholars believe that Easter was named after a festival celebrating Eostre and the coming of spring. Her sacred symbols are thought to have been the hare and the egg, which is why they feature prominently in Easter symbolism too.

## LINCOLN HILL RETIREMENT COMMUNITY SENIOR CENTER NEEDS VOLUNTEERS

Location: 7430 276th St. NW. Stanwood. Lincoln Hill Retirement Community is seeking volunteers to greet visitors, answer phones, and schedule appointments. Training provided. Lunchroom Help Needed. Thrift Store Volunteers. Coffee Baristas. Volunteer drivers. Janitor/Maintenance Dept. Volunteers. For information on any of our volunteer positions please contact our Volunteer Coordinator, Darlene Campbell at 360-629-7403, ext. 104 or via email at [dcampbell@lincolnhill-rc.org](mailto:dcampbell@lincolnhill-rc.org).

## EGG MY YARD



It's that time of year again! SHS Bunny will be Cheerfully Egging Yards! It is very, just fill out the form, click the link for payment... And the Bunny does all the work. Filling eggs and delivering to yards. You can purchase for yourself or for others! Everyone loves to be egged... no matter the age! We would love your support with this SHS Boosterclub Fundraiser in Support of SHS Cheer program! Thank You!  
<https://forms.gle/48iQJd5zRDh7A7Xw7>

## NO DISCOVER PASS REQUIRED ON THESE DAYS

Washington public land agencies have designated the days of 2026 when no Discover Pass is required to park at Washington state parks, or on land managed by the Washington State Department of Natural Resources and the Washington Department of Fish and Wildlife. The 2026 free days are: April 22 – Earth Day; June 6-7 – Free Fishing Weekend; June 19 – Juneteenth; Aug. 9 – Smokey Bear's Birthday; Sept. 26 – National Public Lands Day; Oct. 10 – World Mental Health Day; Nov. 11 – Veterans Day. The annual Discover Pass is \$45 and provides unlimited day-use parking for everyone in the passholder's vehicle. The pass is valid for an entire year from the month it is purchased and can be transferred between two vehicles. Learn more and purchase yours here: <https://discoverpass.wa.gov>.

# Community Information



## STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS



Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: [www.sahs-fncc.org](http://www.sahs-fncc.org).

## Healthy Hearing Habits



**A key part of healthy aging is taking care of your physical, mental, and hearing health!**



Avoid loud sounds



Stay socially engaged



Wear hearing protection



Have your hearing tested annually

**Call Stanwood Hearing to schedule a hearing check-up!**

STANWOOD HEARING

9300 271st Street NW, Suite B-5 • Stanwood, WA 98292  
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p: 425-272-9435 | f: 360.572.4765  
w: [Stanwoodhearing.com](http://Stanwoodhearing.com)

**cascadiaeye**  
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 Medical Eye Care Center*

**Dan Siapco, MD**

**Carlindo Pereira, MD**

8718 270<sup>th</sup> St NW, Stanwood  
 cascadiaeye.com

**CALL NOW for a consultation: 360-755-EXAM**

**Lincoln Hill Retirement Community**  
 Your Local Senior Center  
 7430 276<sup>th</sup> St NW  
 Stanwood, WA 98292  
 360-629-7403

**UPCOMING EVENTS**

- **Center Hall Thrift Store** – Open Monday through Friday 10:00 AM – 4:00 PM
- **Easter Photo Shoot Fundraiser** – Saturday April 4, 2026 10:00 AM – 2:00 PM
- **Please call 360-629-7403 x 114 to make your appointment**
- **Chronic Disease Self-Management Classes** – Starting April 23<sup>rd</sup> – May 28, 2026  
 Thursdays at 1:00 – 3:30 PM – In our Conference Room
- **Shredding Event** – May 14, 2026 from 10:00 AM – 12:30 PM
- **Opioid Medication Education with Homage** June 9, 2026 12:30 – 1:30 PM
- **DSHS** – June 11, 2026 from 10:00 AM – 2:00 PM
- **Life Enhancement EXPO – ALL AGES WELCOME!** June 25, 2026 9:00 AM – 2:00 PM

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# Community Information



## EASTER TRIVIA

Question: In the Bible, what Jewish holiday was being celebrated the week of Jesus' death and resurrection?

Answer:  
Passover

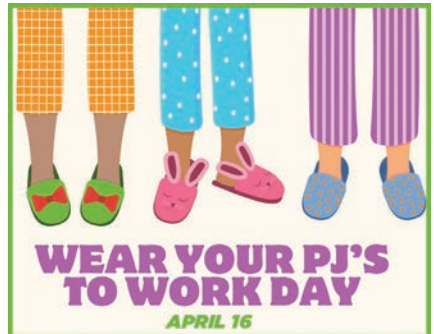
## EDWARD JONES FINANCIAL ADVISOR MOVES TO NEW OFFICE



Jared D. Johnson of the financial services firm Edward Jones has moved to a new office at 848 N Sunrise Blvd Ste 204 Bldg A. The new office opened for business on March 23rd. The phone number is 360-629-0625. Edward Jones is a leading North American financial services firm in the U.S. and through its affiliate in Canada. The firm's more than 20,000 financial advisors throughout North America serve more than 9 million clients with a total of \$2.5 trillion in client assets under care as of Dec. 31, 2025. Edward Jones' purpose is to partner for positive impact to improve the lives of its clients and colleagues, and together, better our communities and society. Through the dedication of the firm's approximately 55,000 associates and our branch presence in 68% of U.S. counties and most Canadian provinces and territories, the firm is committed to helping more people achieve financially what is most important to them. The Edward Jones website is [edwardjones.com](http://edwardjones.com), and its recruiting website is [careers.edwardjones.com](http://careers.edwardjones.com). Member SIPC.

## COMMUNITY GARAGE SALE FUNDRAISER FOR CAMANO COUNTRY CLUB

We are looking for gently used donations on April 20, 21, 22. 10am to 4pm. Sale dates are April 24 & 25, 8am - 4pm. For more information call Kathleen 425 299 5473.



# Community Information



## COMMUNITY MEAL – CAMANO

Presented by Island Senior Resources. 11:45 am - 12:30 pm at the Camano Center. By Donation. Every Monday, Wednesday and Friday except for Holidays. 606 Arrowhead Rd. Camano Island. All donations welcome! You determine your ability to contribute to your own or someone else's meal. Our full cost of a meal is \$12.20. Coffee or tea is \$1.00. Dates and times of scheduled events are subject to change. It's always advisable to call to confirm. 360-321-1600.

## ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!

## NEW STUDENT ENROLLMENT NOW OPEN FOR THE 2026-27 SCHOOL YEAR

including kindergarten. Enrollment for new students is now open for the 2026-27 school year in the Stanwood-Camano School District. "We are excited to welcome new students and families into our schools, including the incoming Class of 2039," said Dr. Colin Ryan, Executive Director of Teaching and Learning for the Stanwood-Camano School District. "Starting school is a big milestone, and we can't wait to see students begin their journey with us this fall." Families who are new to the district can enroll their students online by visiting [www.stanwood.wednet.edu/](http://www.stanwood.wednet.edu/)

**TAX DAY, final day to do taxes or file an extension is April 15**



Extensions are \$75, no appointment first come first served on 14th and 15th of April from 8am until 8pm!

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[TLCUnlimitedServices.com](http://TLCUnlimitedServices.com)

# Community Information



## SCHOLARSHIPS



The American Association of University Women, Stanwood-Camano Branch is pleased to offer three \$7,000 scholarships to qualified candidates. Qualifications: current resident OR graduate from Stanwood/Camano, Lincoln Hill, Arlington, Weston, Lakewood, or La Conner High Schools. Applicants must be entering their junior or senior year of college, which includes Running Start scholars OR scholars enrolled in a Master's Degree program. The scholarship money is raised by the vibrant and popular AAUWSC Purses with Purpose Auction. Applications can be found on our website, [aauwsc.org/scholarship](http://aauwsc.org/scholarship) or at the Washington State scholarship website, [washboard.org](http://washboard.org). Please encourage scholars to apply. Closing date for applications is April 30, 2026.

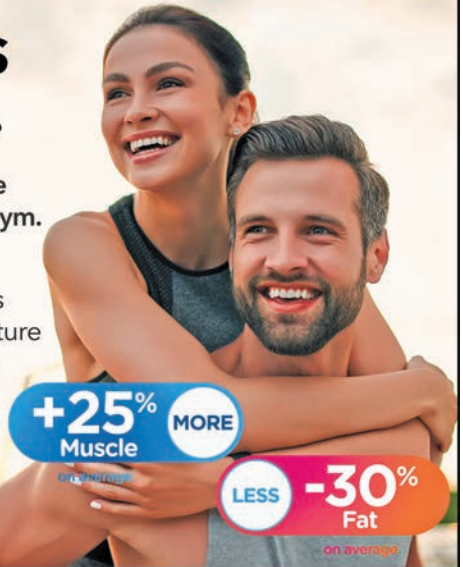
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- ✓ Support metabolism and posture
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# Master Gardener Annual Plant Sale



**Saturday  
May 9, 2026  
9 am-2 pm**

**Monroe at the Fairgrounds  
(Don Britton Livestock Pavilion)  
18361 Cascade View Dr SE  
Monroe, WA 98272  
free parking & admission  
<https://www.snomgf.org/plant-sale>**

## **Great Location. Protected from Weather. More Plants.**

4,000 Tomato Plants, 40+ varieties; 4,000 Herb and Vegetable starts;  
Garden Art, thousands of Perennials:  
Hostas, Bog Plants, Dahlia Tubers, Shade Plants, Ground Covers, Natives, Trees and Shrubs.

**Bring your own boxes! No pets. No carts or strollers.  
Coffee vendor on site**

**Holding area & load out area are available.  
Fairground regulations do not allow dogs.**

**Visa, MasterCard, Checks and Cash accepted.  
425-357-6010 or visit [www.snomgf.org](http://www.snomgf.org)**

*Proceeds benefit the Snohomish County Master Gardener Foundation, a 501(c)(3) non-profit, which exists solely to support the WSU - Snohomish County Extension Master Gardener Program.*

WSU Extension programs and employment are open to everyone, free from discrimination. If you notice any noncompliance, please report it through your local Extension office. For individuals with disabilities needing alternative communication or accommodations, contact Mary Watts at 6705 Puget Park Drive, Snohomish, WA 98296, 425-357-6001, or [mary.watts@wsu.edu](mailto:mary.watts@wsu.edu) at least two weeks before the event.

# Community Information



## 2026 PHILANTHROPIST OF THE YEAR AWARDS



SCAF celebrated the 20th annual Philanthropist of the Year Awards on March 20. The Heritage Bank Organization Making a Difference Award was presented to: Swift Electric. The Hometown Hero Award was presented to: Taryn Daly. The Floyd & Delores Jones Spirit of Philanthropy Award was presented to: Ted McCammant. The Barbara Christoferson Pay It Forward Award was presented to: Lynda Buehring. Breakfast was served by students from Lincoln Hill High School. Photo Credit: Ashley Caitlin Photography.

Stanwood-Camano

Arts  
guild



You are invited  
**Art at the Schoolhouse Show**

March 28 - April 26, 2026 \* 10am -5pm daily

Plan on visiting the Art at the Schoolhouse Show. This fun art show is held in the 1888 one-room schoolhouse at Christianson's Nursery in Mount Vernon during the Tulip Festival.

**Christianson's Nursery** 15806 Best Road, Mt. Vernon, Washington 98273  
christiansonnursery.com



ANNUAL FUNDRAISING EVENT FOR THE CRC

**SAVE THE DATE**

**AUGUST 22, 5:30PM**

@ COMMUNITY RESOURCE CENTER OF  
STANWOOD CAMANO

**Seeking Sponsors!**

Please email [events@crc-sc.org](mailto:events@crc-sc.org)  
for more information.



**Bring your appetite to empower!**

# Community Information



## EASTER TRIVIA

Question: How many jellybeans do Americans consume each Easter?

Answer: 16 billion

## CASCADIA EYE CELEBRATES 40 YEARS OF COMMUNITY-CENTERED EYE CARE WITH RUBY ANNIVERSARY TEA PARTY

Cascadia Eye marked its 40th anniversary on Wednesday afternoon, January 15, with a “Ruby Anniversary” Tea Party Open House held at its original Sedro-Woolley location. Long-time patients and members of the local community gathered to celebrate four decades of trusted eye care, relationships, and service in Skagit Valley. Approximately 20 guests attended the event, which featured a high tea with a ruby-themed menu, including a variety of teas, tea-time treats, and interactive activities. Guests enjoyed games such as stacking sugar cubes, sharing written memories of Cascadia Eye, and posing at a lighthearted tea hat selfie station. Several individuals who played key roles in Cascadia Eye’s history were in attendance, representing more than 130 years of combined experience. Founder Dr. Nannette Crowell, MD, and Dr. Rodney Brandt, DDS, both now retired, joined the celebration. Also present was Sheri Saldivar, Cascadia Eye’s first employee and current CEO, who marked her own 40th anniversary with the company. Alex Brandt, who was an infant when the practice opened and grew up around Cascadia Eye, attended as well and is now part of the Cascadia Eye team. Dr. Crowell founded the practice in 1985 under the name North Cascade Eye Associates. Her vision extended beyond clinical care to building long-term relationships and partnering with the community. That commitment continues today and remains central to Cascadia Eye’s mission. From its beginnings as a single location with three staff members, Cascadia Eye has grown to five locations and nearly 100 employees serving northern Washington, including Sedro-Woolley, Mount Vernon (Little Mountain and Market Street), Stanwood, and Whidbey Island. The Ruby Anniversary Tea Party served as a reflection of Cascadia Eye’s past and a grateful celebration of its continued dedication to caring for neighbors across the region. [www.cascadiaeye.com](http://www.cascadiaeye.com)

## Vintage Queens



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Vintage Market**

**APRIL 18-19 / 9am-3pm**

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## INTRO TO SEWING - SPRING BREAK SPECIAL!

Wed, Apr 8

Grades 2-5

11:30 AM - 1:30 PM

Grades 6+

1:30 PM - 3:30 PM



Grades 2-5



[scaacwa.org/classes](http://scaacwa.org/classes)



Grades 6+



## Pilchuck Glass School

APR 22 - 25

## Spring Tours

Experience the history and future of contemporary glass

Buy tickets at [pilchuck.org/springtours](http://pilchuck.org/springtours)



# ZUMBA

ZUMBA CLASSES ON CAMANO  
with Jennifer Anderson

Tuesdays & Thursdays @ 5:30pm  
at Camano Country Club  
\$10 drop-in or FREE for clubhouse members.

STARTING MONDAY, APRIL 13TH!  
Mondays @ 5:30pm at South Camano Grange  
By donation to the Grange - suggested \$10.

There is no such thing as perfection in my ZUMBA class. Come and join us! Anyone who wants to move their body, be social, and have a great time is welcome.

For more information: find me on

[www.zumba.com](http://www.zumba.com)

## Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials! This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics you need to understand your options.

### Camano Center

606 Arrowhead Road, Camano Island, WA 98282

- April:
- 4/02/2026 – Thursday at 3:15pm.
  - 4/16/2026 – Thursday at 3:15pm.
- May:
- 05/06/2026 – Wednesday at 10:00am.
  - 05/20/2026 – Wednesday at 3:00pm.
- June:
- 06/03/2026 – Wednesday at 10:00am.
  - 06/17/2026 – Wednesday at 3:00pm.

### RSVP's NOT REQUIRED, BUT ENCOURAGED

Please contact us to RSVP or for more information about upcoming events.

☎ 425-361-2944 x1 TTY 711    ✉ [info@vidorassociates.com](mailto:info@vidorassociates.com)

🏠 [www.vidorassociates.com](http://www.vidorassociates.com)

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Vidor and Associates is not connected to the Federal Medicare Program and this is a solicitation for insurance. Vidor and Associates does not offer every plan available in your area. Any information they provide is limited to those plans they do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE or your local State Health Insurance Program (SHIP) to get information on all your options.

# Dining Guide



## DID YOU KNOW?

Good Friday is recognized as a holiday in only 12 states.

Occurring two days before Easter Sunday, Good Friday commemorates Jesus Christ's crucifixion, but it isn't a federal holiday. Only certain states officially observe it, include New Jersey, North Carolina and Tennessee.

**ACES BBQ** (Stanwood) • (206) 465-4931  
**AMIGO MEXICAN RESTAURANT & LOUNGE** (Stanwood) • (360) 629-5052  
**ARCADIAN PUBLIC HOUSE** (Conway) • (206) 799-1179  
**BAKED CAFE** (Camano Island) • (425) 530-3314 or (425) 232-5885  
**BEAUTY BAR SALON + LOUNGE** (Stanwood) • (360) 629-2324  
**BEST BURGER HUT** (Stanwood) • (360) 853-0067  
**BLUE HERON KITCHEN & BAR** (Camano Island) • (360) 502-8700  
**CAMA BEACH CAFE** (Camano Island) • (360) 387-3266  
**CAMANO THAI** (Camano Island) • (360) 926-8688  
**CENTER CAFE** (Stanwood) • (360) 629-7403  
**COASTAL VIE** (Stanwood) • (360) 355-9541  
**CONWAY'S BOXCAR** (Stanwood) • (360) 629-0651  
**CONWAY'S PUB & EATERY** (Conway) • (360) 445-4733  
**COOKIE MILL** (Stanwood) • (360) 629-2362  
**DOS REALES** (Stanwood) • (360) 629-0822  
**DRAGON PALACE** (Stanwood) • (360) 629-8106  
**DUCK IN CAFE** (Stanwood) • (360) 629-3440  
**FARMERS CAFE** – (Stanwood) • (360) 629-4953  
**GYRO STOP** (Stanwood) • (360) 572-4175  
**IXTAPA MEXICAN RESTAURANT** (Stanwood) • (360) 629-5228  
**JACK IN THE BOX** (Stanwood) • (360) 629-2384  
**JIMMY'S PIZZA** (Stanwood) • (360) 629-6565  
**JOHNNY'S BURGER STOP** (Stanwood) • (360) 629-9427  
**JOURNEY'S END CAFE** (Camano Island) • (360) 387-9120  
**LATINOS RESTAURANT** (Stanwood) • (425) 308-6610  
**LITTLE CAESARS PIZZA** (Stanwood) • (360) 629-6999  
**MAMMOTH BURGER COMPANY** (Stanwood) • (360) 572-4500  
**MCDONALD'S** (Stanwood) • (360) 629-9787  
**MIYAKO'S TERIYAKI & WOK** (Stanwood) • (360) 629-4535  
**MUSTARD SEED BAKERY & CATERING** (Stanwood) • (360) 572-2499  
**NAHA TERIYAKI** (Stanwood) • (360) 629-0681  
**PADDLE PUB** (Stanwood) • (360) 652-4156  
**PAPA MURPHY'S TAKE 'N' BAKE PIZZA** (Stanwood) • (360) 629-3826  
**PAT'S THAI** (Stanwood) • (360) 572-2381  
**PATINI'S GRILL** (Stanwood) • (360) 629-0822 or 360-572-2981  
**PHOENIX PAVILION** (Stanwood) • (360) 629-4662  
**PRIMAL BARBECUE** (Camano Island) • (360) 572-2122  
**PUB 282** (Camano Island) • (360) 926-8960  
**PURE SMOKE BARBEQUE** (Stanwood) • [www.puresmokenw.com](http://www.puresmokenw.com)  
**RALIBERTO'S TACO SHOP** (Stanwood) • (360) 629-2000  
**ROCKAWAY BAR & GRILL** (Camano Island, at Camaloch) • 360-926-8920  
**SAAL BREWING CO.** (Stanwood) • (360) 629-0102  
**SAHARA PIZZA** (Stanwood) • (360) 629-6886  
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**STILL WATER LOUNGE** (Stanwood)  
**SUB JOINT** (Camano Island) • (360) 230-9611  
**SUBWAY** (Camano Island) • (360) 631-5055  
**SUBWAY** (Stanwood) • (360) 629-2678  
**TACO TIME** (Stanwood) • (360) 629-5018  
**TAPPED CAMANO** (Camano Island) • (360) 572-4986  
**THAI THAI KITCHEN** (Stanwood) • (360) 629-0600  
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**VIVO ITALIAN BISTRO** (Stanwood - COMING SOON) • (360) 629-2044  
**WAYNE'S CORNER CAFÉ** (Stanwood) • (360) 939-2300  
**WILLOW & JIM'S COUNTRY CAFE** (Silvana) • (360) 652-0372



# THANK YOU, VOLUNTEERS!

April 2026 • Volunteer Appreciation Month

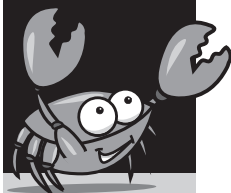


This month, we proudly recognize the incredible volunteers of Camano Center and 2nd Chance Thrift Shop — and all those who give their time to serve our community.

Your generosity, compassion, and dedication sustain and strengthen Camano Island every single day.

We are deeply grateful for all you do.

# Band-Aid Bulletin



## The Band-Aid Bulletin

### HEALTH SERVICES

Stanwood-Camano School District is committed to the health and wellness of our students. Each school has a registered nurse available to provide a range of services.

School nurses routinely collect student health information to plan for needs during the school day. School nurses develop Emergency Care plans for students with diabetes, seizures and life threatening allergies.

They also develop individual health plans for other health conditions and medically fragile students. We also implement the state mandated hearing and vision screening and work closely with local health departments regarding communicable diseases and immunization compliance at school.



**Tory Eo Charette**

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Insurer license & location info: [farmers.com/companies/state/](http://farmers.com/companies/state/). Insurers  
not authorized in all states. Each insurer solely financially responsible.



## Ladies Night Archery

Join us Friday, April 3rd for our first monthly ladies night. No experience or equipment is needed. Featured local women-owned business at each event. Spots are limited!

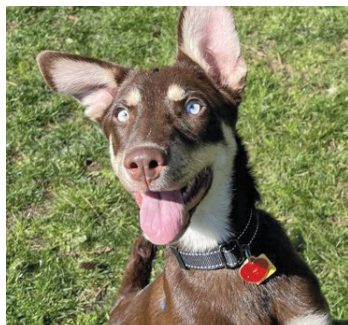




### CASA'S PET OF THE WEEK:

Meet the adorable baby **JUICE!** This sweet little 4-month-old Shar-Pei was transferred to us recently and is ready for his forever home. Juice is a major love bug, constantly looking for the person with the most cuddles

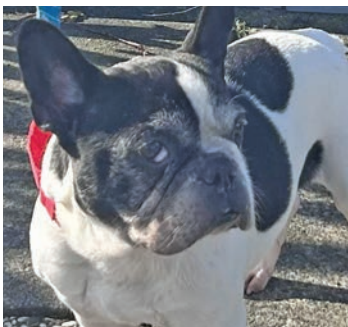
**Camano Animal Shelter Association (CASA):**  
360-387-1902. [www.camanoanimalshelter.org](http://www.camanoanimalshelter.org)



### NOAH'S PET OF THE WEEK:

**PABBIE** - Looking for a playful, active young dog to add some life and love to your family? Look no further! This adorable pup is looking for a FURever home committed to training, while giving out plenty of love and patience. If you are ready to add this beautiful, cutie-pie pupper to your family, come and talk to an Adoptions Matchmaker today!

**The N.O.A.H. Animal Adoption Center:**  
(360) 629-7055. [www.thenoahcenter.org](http://www.thenoahcenter.org)



### SAVE-A-MUTT'S PET OF THE WEEK:

**SAFFRON** is a tender hearted gentleman who will melt your heart with just one look. He is a happy boy who thinks everyone is wonderful. Saffron knows how to relax and enjoy the moment and he will be very happy with someone who recognizes the beauty in the little things....just like him. **FIRST STEPS:** Visit [www.save-a-mutt.org/adoption-application/](http://www.save-a-mutt.org/adoption-application/) to fill out an application.

**Save-A-Mutt (Silvana, WA):**  
[www.save-a-mutt.org](http://www.save-a-mutt.org)



**Four Springs House**  
for your next event

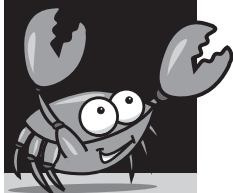
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[fourspringshouse@co.island.wa.us](mailto:fourspringshouse@co.island.wa.us)

# Cooking Mamas



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Dusty Hutchins-  
McNutt.

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begin in Mama's  
Kitchen!"

Visit me at: [www.CookingMamas.com](http://www.CookingMamas.com)

## HAM AND CHEESE HASHBROWN QUICHE

Hashbrown crusted quiche filled with smoky ham, eggs, red peppers, green onion, and sharp cheddar cheese. Perfect for an Easter Brunch, Enjoy!

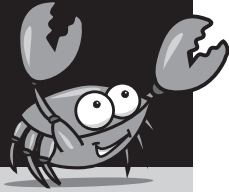


**HASHBROWN CRUST:** 4 c. shredded hashbrowns, slightly thawed; 5 T. melted butter; Seasoning salt to taste; 1 lg. egg lightly beaten

**QUICHE FILLING:** 1 T. butter; 1 c. diced smoked ham; 1/3 c. finely diced red bell pepper; 1/4 c. thinly sliced green onions, plus more for garnish; 1 c. shredded sharp cheese; 5 lg. eggs; 1 c. heavy cream; Salt and pepper to taste

**DIRECTIONS:** 1. Preheat the oven to 425 degrees. Grease a 9-inch springform pan and wrap the bottom with foil to catch any drippings. Place on a rimmed baking sheet. 2. **HASHBROWN CRUST:** Place the hashbrowns in a medium bowl. Melt 5 tablespoons butter and pour over the hashbrowns. Sprinkle with seasoning salt to taste. Add the beaten egg and gently toss to combine. 3. Press the mixture into the bottom and part way up the sides of the prepared springform pan. Bake for 25-30 minutes until the potatoes are golden brown and crispy around the edges. 4. **QUICHE FILLING:** Meanwhile, melt 1 tablespoon of butter in a medium skillet over medium-high heat. Add the diced ham, bell peppers and green onions; cook stirring often until the bell peppers begin to soften about 4 minutes. Remove from the heat. 5. **TO ASSEMBLE:** When the hashbrown crust is ready, spread the ham mixture over the bottom. Sprinkle the cheese evenly over the ham mixture. In a medium bowl, whisk the eggs and heavy cream together, season with salt and pepper. Slowly pour the egg and cream mixture over the ham and cheese. 6. Reduce the oven temperature to 350 degrees. Bake until the filling is puffed, and the quiche is lightly browned around the edges, about 35 minutes.

# Classes and Workshops



## EASTER TRIVIA

Question: What celebrity was made into a chocolate bunny for the first time in 2015?

Answer:  
Benedict  
Cumberbatch

**Chair Yoga** at Lincoln Hill Retirement Community. Lower stress, reduce risk of heart disease, more stable blood sugar, less back and arthritis pain, sharper memory, reduce anxiety and depression, sleep better, feel happier and weight loss. Come join us on Tuesday and Thursday mornings at 10am in our exercise room.

**Recreational Boating Class** - Attend the Coast Guard approved America's Boating Course on April 11&12 at the Port of Everett and learn basic boating knowledge taught by experienced boaters with local knowledge. Successful completion of the exam allows students to apply for their Washington State Boaters Card. Register on website: <https://www.boatclubsno.co>

**YogaTone for Beginners** with Movement Arts. April 12. Enjoy a yoga/core warmup, easy low-impact dance moves and a yoga cool down. The whole experience is done barefoot on your mat. There is music! Open to everyone. \$35. [movementarts.com](http://movementarts.com). 360-629-9100.

**YogaTone:** Sundays May 17-June 14. Drop-Ins Welcome! Keep moving and join us for a fantastic, fun, positive sweat/dance/movement/yoga class that's designed for just about anyone. [movementarts.com/events](http://movementarts.com/events) or call 360-629-9100.

**Zumba Classes** with Jennifer Anderson. Mondays @ 5:30pm at South Camano Grange. By donation to the Grange - suggested \$10. Tuesdays & Thursdays @ 5:30pm at Camano Country Club. \$10 drop-in or FREE for clubhouse members. [www.zumba.com](http://www.zumba.com)

**Norwegian Language and Culture Class.** Every Saturday at 9am at the Sons of Norway Lodge, 9910-270th Street NW, Stanwood. \$5 per class. For more information, contact: [cuberhall@aol.com](mailto:cuberhall@aol.com)

**Private Music Lessons** (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Book a free 30-minute lesson: [HartMusicSchool.com/free-trial](http://HartMusicSchool.com/free-trial). (Music teachers apply here: [HartMusicSchool.com/apply-to-teach](http://HartMusicSchool.com/apply-to-teach)).

**Free Macbook and iPad / iPhone Tutoring** 3 / 30-minute sessions in the Camano Center Library (1pm, 1:30pm, 2pm) the second and fourth Thursdays of each month. Sign up at [fact@msdeadlines.com](mailto:fact@msdeadlines.com)



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Zach McNutt

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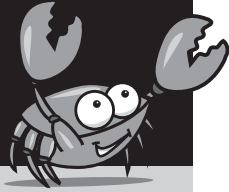
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[Facebook.com/CandewConcrete](https://Facebook.com/CandewConcrete)

# Classes and Workshops



**FamilySearch Center** – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription websites and records. Contact us at [camano@familyhistorymail.org](mailto:camano@familyhistorymail.org).

**Guitar Lessons with Ford Geisbrecht.** All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. Serving Camano/Stanwood since 2002. 360-631-0661.

**Movement Arts Yoga Classes In-studio & Online.** ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to [www.movementarts.com](http://www.movementarts.com) and follow the links to view our video library of online hour length classes.

**Navigating Medicare:** What You Need to Know Before You Choose. Join us for a FREE Medicare Workshop at the Camano Island Library Meeting Room. April 8th, 10-11am. Reserve today by calling John at 360-967-9601. John is a licensed insurance broker serving Camano and Stanwood, here to provide clear guidance and local support.

**WSU Waste Wise Community Training** Starts April 13 and runs each Monday through May 18th. Join us to become more waste wise! \$50 Course fee - scholarships are available upon request. Open to all ages 15 and up. More info and application: <https://extension.wsu.edu/island/nrs/waste-wise/waste-wise-volunteer-training/>



Stanwood's Original Lefse!

Uff Da  
Shoppe

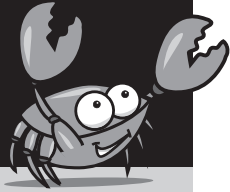
**Camano Island Kids T Shirts Coming Soon!**



Available at The Uff Da Shoppe - 8820 Viking Village, Stanwood  
Tuesday-Saturday: 11am-4pm / Sunday: 11am-3pm

**CAMANO ISLAND** 

# Photos and Art



## EASTER TRIVIA

Question: In England, when you dance between Easter eggs on a floor, it's called what?

Answer: Hop-egging



*Easter peeps by Jill Wellington.*



*Easter chicks photo by Lou Pippa.*



# CAMANO ISLAND IS TOTALLY CLAWSOME!

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- A 2025 Camano Island Top Agent in Properties Sold
- 2022-2025 Camano Island's Agent with the Most 5 Star Reviews on Rate My Agent

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KERRI JONES | NORTH48 REAL ESTATE  
KERRI@CAMANOKERRI.COM | 206.963.6615



# Classified Listings



## DID YOU KNOW?

Americans eat about 1.5 million Peeps during Easter.

That makes these colorful marshmallows the most popular non-chocolate Easter candy. The Bethlehem, Pennsylvania, factory makes an impressive 5.5 million a day. Try dipping yours in melting chocolate this year for an even tastier treat.

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## FOR SALE:

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**For Sale:** Stella & Chewy Freeze-dried raw Venison blend patties, we have 9 unopened 14 oz bags (expiration date is May) for \$250.00. Holistapet 300 mg CBD oil - 11 bottles for \$250.00 and Vitapet daily vitamins w/glucosamine - 2 for \$15.00. Email nosweat27@frontier.com

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## MISCELLANEOUS:

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**I buy vinyl record albums:** Rock, Pop, Jazz & more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

**Rent:** Downtown historic Stanwood. 1 bedroom/ 1 bath. Spacious 1200sq/ft apt, large windows, lots of light, lower level, 4-plex, walk to all amenities. Washer/ dryer. No dogs/ no yard. Quiet bldg. No smoking. \$1200 mo + util. Text for pix: 564-516-9765.

**Long-term rentals.** Camano Island resident of 15 years & small business owner seeks long term rental. One bdrm, 1 bath single family house w/ laundry, yard & shed or garage. diane 360 202-2610.

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## PROFESSIONAL SERVICES:

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**SHOP at Savvy Traders Collective** in Stanwood - open daily!

**Part Time Nursery / Gardening Work** - \$20/hr. Stanwood. Leave message: 360-629-9377

**Celestial Isle** - Private Fantasy Weddings Camano - Gorgeous Forest Sanctuary, Coordinator, Farm to Table Catering, Photographer, DJ, Classical Musicians, and Ordained Minister on-site! Unbeatable rates on all packages! Check us out at @celestial\_isle\_ on instagram or go to [Thenatureofmusic.com](http://Thenatureofmusic.com)

**I'm looking for remote work in copywriting and business newsletters.** My background also includes strategic communications, customer success, project management, and strategy consultations. Tiffany FitzPatrick, 812.251.4604, [tiffanyfitzpatrickco@gmail.com](mailto:tiffanyfitzpatrickco@gmail.com).

**Camano Decks & Sheds LLC** Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: [jmitchell8974@gmail.com](mailto:jmitchell8974@gmail.com). Serving Outlying Areas.

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## WANTED:

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**Considering a career in real estate?** Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at [jillvail@windermere.com](mailto:jillvail@windermere.com) for more information. [windermere-stanwoodcamano.com](http://windermere-stanwoodcamano.com).

# Clubs and Meetings



## EASTER TRIVIA

Question: What's the name of the jeweler who decorated Easter eggs for royalty?

Answer: Peter Karl Faberge

**The Stanwood VFW Post 12228** meets the 2nd Tuesday of every month at 6 p.m. Meetings are held in the American Legion Frank Hancock Post 92 building next to CVS Pharmacy.

**Stanwood / Camano Coin Club** Meets the 4th Monday of each month at Island County Multipurpose room: 141 SE Camano Dr, Camano. This club offers collecting opportunity, education and mentoring to all ages. Buy - Sell - Trade - Learn.

**Caregivers Support Group** meets at 10am Lincoln Hill Retirement Community. (meets first Tuesday of each month). Are you caring for an aging loved one? Do you need support? Come meet and talk to others participating in the care of a loved one. This group meets Tuesday at 10am. Open to the community.

**Parkinson's Support Group** located at Lincoln Hill Retirement Community can provide essential emotional support, reduce isolation, and offer practical, firsthand knowledge to help patients and caregivers navigate by connecting with others who truly understand the daily challenges of the disease. It meets every 2nd Monday of each month at 10:45am in the Center Hall.

**Meditation group** at 1pm at Lincoln Hill Retirement Community. Meditation has many benefits including reduced stress, lower anxiety, improved sleep quality, and better emotional regulation.

**Neurodivergent Playgroup** Please join us at the Stanwood Co-op Preschool every 2nd Mon of the month from 1-3 p.m. Free and open to the community, siblings welcome! Location: 27027 102nd Dr NW, Stanwood Info: (360) 629-3155 [admin@stanwoodpreschool.org](mailto:admin@stanwoodpreschool.org)

**Friendship Tea** - Join us for tea, treats, and a nice visit with friends, both old and new on the first Tuesday of each month at the Camano Center. No charge (donations welcome) to Camano Center members. Non-Members \$5 fee paid at the front desk. Call Connie at (360) 652-7211 for more information.

**Camano Island Jeep Club:** Do you own a Jeep? Would you like to meet others who share their interest in Jeeping? We are a friendly group of mostly locals. We hold a monthly meeting the 3rd Saturday at the Camano Island American Legion Post #207 located at: 609 W Camano Drive, Camano. Meeting starts at 9:30 am. Come early!!

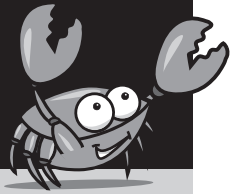
## The Camaloch Lassies 9-Hole Golf Club

Thinking of joining us for the 2026 season? We welcome women golfers of all ages. The club provides the opportunity for friendly competitive golf and to encourage the knowledge of and adherence to the rules and etiquette of golf. Our club also is the perfect place to play if you cannot commit to 18-holes of golf. We play mid-mornings on Tuesdays, allowing for 9-holes of golf, followed by lunch together. We are a fabulous place to meet new friends and to enjoy the camaraderie of our luncheons, special events and to be involved in our community fundraisers and volunteer opportunities.

Please reach out to **Captain Amy Noel at 206-321-9840**



# Clubs and Meetings



## EASTER TRIVIA

Question: What state held the largest Easter egg hunt ever in the United States?

Answer: Florida

**Camano Island Women's Republican Club** – Join us for a potluck and conversation about policies, politics and interesting speakers that affect the Stanwood/Camano Island communities. The club meets on the 4th Tuesday of every month at The Chalet at Camaloch, 358 Camaloch Drive at 12 noon sharp. [www.CIWRC.com](http://www.CIWRC.com)

**Silvana Serinity Al-anon family group** meets Wednesdays, 10 am, at Peace Lutheran church in Silvana. More info: 425-367-1776.

**Are you or your loved ones suffering from depression or anxiety?** There is hope! The Nedley Depression & Anxiety Recovery Program is an evidence-based community education course designed to provide the tools, support, and practical interventions needed to overcome depression and anxiety and achieve optimal mental health. Questions? Call/Text 425-870-1006.

**Rainy Day Room Playgroup** Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: [www.crc-sc.org/events](http://www.crc-sc.org/events).

**Teen Programs** Monday through Friday at the Community Resource Center, please visit [www.crc-sc.org/teenprograms](http://www.crc-sc.org/teenprograms) for more details and schedule of activities.

**Kaleidoscope Play & Learn** a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at [www.crc-sc.org/events](http://www.crc-sc.org/events).

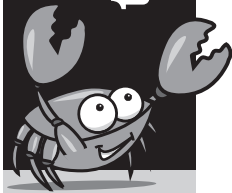
**Are you troubled by someone else's drinking?** When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: **SUNDAY**, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; "One Day at a Time," Lincoln Hill Retirement Community, 7430 276th ST NW, Stanwood, 6:30 pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), **THURSDAY**, "Stanwood AFG", United Methodist Church, 27128 102nd Dr., Stanwood, 7:00pm, **SATURDAY**, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am. For more info and additional Al-Anon meetings in Northern Snohomish County call 360-618-0464 or go to <https://district28alanon.com>

**Community Open Sew** 2nd Monday of the month with Camano Island Quilters. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public. Want to sew with others, need help on a project? We are here to help you. Bring your sewing machine, a project, and basic tools for an afternoon of fun!

**Interested in joining Camano Island Quilters?** We would love to meet you, stop by, and/or check us out on our website at <https://Camanoislandquilters.wildapricot.org>.

**Mabana Flames** meet 10am the first Thursday of the month, September - June, except January. Come and support Camano Fire. More info: Lenore at 206-930-0846.

## View from the Bleachers



Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his new YouTube channel by the same name.

## BREAKING HEALTH ALERT: ICE CREAM DECLARED SUPERFOOD — KALE CLASSIFIED AS BIOHAZARD

ANCHOR, CHIP PRINGLES (The year is 2037.)

Good evening, I'm Chip Pringles. Welcome to the 5pm edition of Channel 7 Eye Witness News. Our top story tonight: Everything you thought you knew about nutrition... turns out to be a lie. That's right – the very foods we've been told for the past 70 years would kill us before we turned 50 are now being hailed as the reason we might live to 150 – assuming we don't die in the latest measles pandemic. After decades of confusing and constantly shifting dietary guidelines, the National Center for Nutritional Reversal (NCNR) has issued a stunning report this morning. It revealed that foods like pizza, cheeseburgers, and double-fudge sundaes are not only not bad for you but may actually be what they are now calling "nutritional unicorns." Meanwhile, many of the foods our parents forced us to eat before having dessert, like spinach, Brussels sprouts, and lentils – once lauded as the Holy Trinity of Healthy Eating – are now classified as "toxic plant matter."

Joining us live from the campus of the prestigious Sedona New Age Institute of Dietary Enlightenment, our health correspondent, Sheila Parsnip, sat down with Dr. Ted Carberman, lead researcher behind this paradigm-shattering study. Sheila?

FIELD REPORTER, SHEILA PARSNIP (Standing in front of what appears to be a Shake Shack, now converted into a certified medical facility) Thanks, Chip. I'm here with Dr. Ted Carberman, a nutritional researcher and self-proclaimed Fat Realist, who has just published a 900-page report titled *Let Them Eat Cake: Why Saturated Fat is the Key to Longevity*. Dr. Carberman, thanks for joining us. So, explain to us how the food pyramid has flipped into what now appears to be a pizza slice? DR. CARBMAN (Wearing a lab coat with the words *Team Bacon* embroidered on the sleeve)

Yes, absolutely. For decades, we were told to eat fruits, cruciferous vegetables, and whole grains – or as I prefer to call it, the "rabbit diet." Turns out, those foods are loaded with phyto-confusionogens, a substance that clouds human judgment and causes individuals to buy essential oils from shady herbal supplement shamans named Amber. Our studies show that people who consumed diets high in leafy greens suffered side effects such as smugness, excessive yoga, and spontaneous kombucha brewing. Plus, they are incredibly annoying to be around. Meanwhile, those on high-fat, high-sugar diets lived longer, had clearer skin, and reported having increased energy – that is, until the sugar crash kicked in.

SHEILA: Incredible. So... what does an ideal meal look like in 2037?

DR. CARBMAN: We now recommend a breakfast consisting of bacon-wrapped Pop-Tarts, accompanied by a 20-ounce milkshake – preferably strawberry, as the pink food coloring has trace amounts of Vitamin W, which also is a pleasantly mild hallucinogen. Lunch should include as many cheeseburgers as you can shove down your pie hole. Speaking of which, a slice of pie is a recommended part of every lunch – unless you prefer a glazed donut.

# View from the Bleachers



Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his new YouTube channel by the same name.

SHEILA: What about plant-based diets?

DR. CARBMAN: Oh, dear Lord, no. No, plant-based diets have been linked to irritability, depression, lower resistance to sarcasm, and chronic enrollment in spin classes. Tofu, in particular, was reclassified last year as an "edible foam of sadness." Legumes? Don't get me started. Chickpeas are basically the Trojan horse of gastrointestinal unrest. The flatulence alone could scare away a herd of cows – which, by the way, should make up at least 30% of your daily caloric intake. The bottom line: Eat like your grandma used to before kale ruined everything. If your food contains more than one color and none of them are beige, you're doing something seriously wrong. We now understand that glucose and sucrose are our dietary "best friends." I came up with this helpful mnemonic: Don't be Morose. Have more Glucose! When in doubt, Avoid Brussels sprout.

CUT BACK TO ANCHOR, CHIP PRINGLES (Chomping on a bucket of KFC chicken)

Thanks, Sheila. So, to recap: Fat is good, sugar is essential, and quinoa may actually be a naturally occurring pesticide. But the surprises don't end there. Coming up tonight at 11, our Channel 7 Healthy Lifestyles Series continues with a startling look at the dangers of moderate exercise. You've been told for years that daily workouts and an active lifestyle are pathways to longevity. But new science says: not so fast – literally. Slow down. Better yet, lie down. Our exclusive investigation reveals why even moderate walking could take years off your life – especially if your walks take you through high traffic areas. That's right. Scientists now believe that jogging, jazzercise, and even mild chair yoga may be doing more far harm than good. We'll have expert analysis and take you inside the nation's newest fitness trend: Sitting Still and Judging Others. More at 11.

Until then, this is Chip Pringles reminding you to toss out the tossed salad. Put your cottage cheese and bananas in the recycle bin. They are ticking time bombs on a mission to attack your vascular system. Make the smart choice. Have another slice of cheesecake. While you're at it, it's never too late to take up smoking again.



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**TIDE TABLES / SARATOGA PASSAGE / APRIL 3-16, 2026**

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 3	Low	12:15 AM	3.9	☐
3	High	6:07 AM	11.1	
3	Low	12:41 PM	0.1	
3	High	7:24 PM	10.9	
Sa 4	Low	12:54 AM	4.8	☐
4	High	6:33 AM	10.8	
4	Low	1:15 PM	-0.1	
4	High	8:07 PM	10.8	
Su 5	Low	1:33 AM	5.6	☐
5	High	6:58 AM	10.4	
5	Low	1:50 PM	-0.1	
5	High	8:53 PM	10.6	
M 6	Low	2:14 AM	6.4	☐
6	High	7:24 AM	10.0	
6	Low	2:28 PM	0.1	
6	High	9:46 PM	10.3	
Tu 7	Low	3:00 AM	7.1	☐
7	High	7:49 AM	9.5	
7	Low	3:12 PM	0.5	
7	High	10:47 PM	10.0	
W 8	Low	3:57 AM	7.6	☐
8	High	8:14 AM	9.1	
8	Low	4:02 PM	0.8	
8	High	11:58 PM	9.9	
Th 9	Low	5:04 AM	7.8	☐
9	High	8:46 AM	8.5	
9	Low	4:57 PM	1.1	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 10	High	1:15 AM	9.9	☐
10	Low	6:19 AM	7.6	
10	High	10:01 AM	8.0	
10	Low	5:55 PM	1.3	
Sa 11	High	2:09 AM	10.1	☐
11	Low	7:41 AM	7.0	
11	High	11:43 AM	7.7	
11	Low	6:55 PM	1.5	
Su 12	High	2:43 AM	10.4	☐
12	Low	8:36 AM	6.0	
12	High	1:16 PM	7.8	
12	Low	7:54 PM	1.7	
M 13	High	3:08 AM	10.7	☐
13	Low	9:13 AM	4.7	
13	High	2:34 PM	8.4	
13	Low	8:48 PM	1.9	
Tu 14	High	3:33 AM	11.0	☐
14	Low	9:48 AM	3.3	
14	High	3:37 PM	9.2	
14	Low	9:37 PM	2.3	
W 15	High	3:59 AM	11.2	☐
15	Low	10:23 AM	1.7	
15	High	4:35 PM	10.1	
15	Low	10:25 PM	3.0	
Th 16	High	4:28 AM	11.4	☐
16	Low	11:00 AM	0.2	
16	High	5:30 PM	11.0	
16	Low	11:13 PM	3.8	



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***Independent Living    Assisted Living***  
***Memory Care            Respite Care***



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Faith-Inspired Retirement Living



**Call (360) 652-7585 or book tour online**  
**[www.warmbeach.org](http://www.warmbeach.org)**

WINDERMERE  REAL ESTATE

# SHRED A THON

11 APRIL 2026

9:00 AM TO 12:00 PM



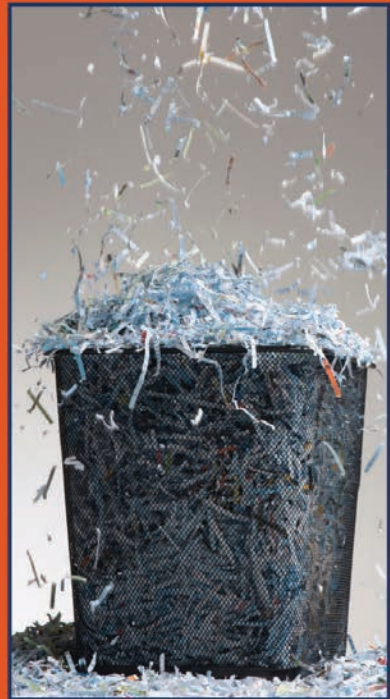
**Windermere Real Estate**

818 N Sunrise Blvd Camano Island, WA, 98282

We're excited to welcome back Shred-It for this year's 20th annual Shred-A-Thon!

Gather all of your unwanted documents and bring them to our Camano Island Office for safe and secure shredding!

A suggested donation of \$5 for every grocery bag or banker's box, or \$10 for any oversized box or bag. All proceeds will benefit the Safe Harbor Free Clinic in Stanwood.



360-387-HOME | 360-629-8233

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