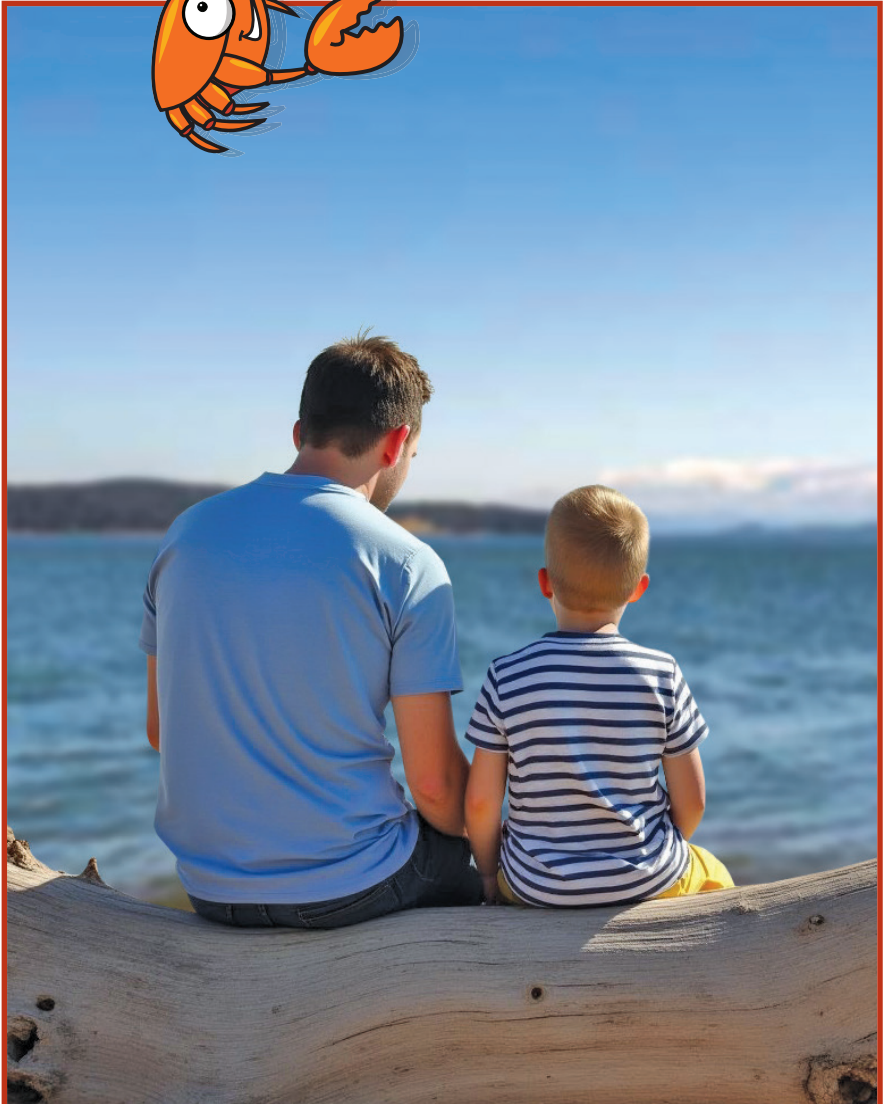


**THE CRAB CRACKER**  
**FATHER'S DAY EDITION**

**ISSUE 406**  
**June 13-26, 2025**



***Events, Information, and Entertainment in the Port Susan Area***  
***Camano Island • Stanwood • Warm Beach • Silvana • Conway***

Karin Evensta "Bubbling Up" Acrylic/Mixed Media



Colleen Nygard "Tulips" Acrylic

# COLOR

Camano Arts Association  
Members Group Exhibition  
June 28 ~ July 27

Artists' Reception  
Saturday June 28~ 4pm to 6pm



"The Olson Bros Band"

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"Chris Eger Band"

FREE EVENT—DONATIONS APPRECIATED

SATURDAY, JUNE 21ST 11:00AM—3:00PM

FREE EVENT—DONATIONS APPRECIATED

GREAT MUSIC

## ANNIVERSARY BLOCK PARTY

GREAT FOOD

**CELEBRATING OUR PRESENCE IN THE COMMUNITY FOR 100 YEARS**

NOT JUST A BUILDING, BUT A SUPPORT SYSTEM FOR OUR OLDER ADULT COMMUNITY

PLEASE JOIN US FOR THIS EVENT

ALL DONATIONS/PROCEEDS GIVEN ARE USED LOCALLY TO FUND OUR A.L.P. PROGRAM

THIS PROGRAM ASSISTS WITH MEALS, TRANSPORTATION, AND ACTIVITIES FOR OLDER ADULTS IN THE COMMUNITY

ONCE A SCHOOL FULL OF CHILDREN—NOW A CENTER FOR OUR OLDER ADULT COMMUNITY—ALWAYS THE SAME COMMUNITY HEART

Lincoln Hill Retirement Community (Stanwood's Local Senior Center) 7430 276th St. NW Stanwood, WA, 98292 (360-629-7403) EXT #114

GREAT FOOD= GREAT MUSIC=



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## Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover image: Father and son at Maple Grove, Camano Island.  
Photo by James M. Shipley.*

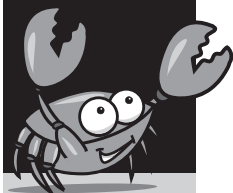


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James and Malynda Shipley, owners, proprietors  
**thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893**  
**P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com**

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**Submission DEADLINE: JUNE 19 for Next Edition (June 27-July 10)**

# Calendar of Events



FRIDAY, JUNE 13

## **THE BILLY APPLETON BAND**

7:00 PM – 11:00 PM at Pub 282, 370 NE Camano Dr #6, Camano. Get ready to ride the soundwave, The Billy Appleton Band is turning up the heat with gritty guitars, soul-stirring lyrics, and a rhythm that won't quit. Whether you're craving raw energy or smooth grooves, this is the sound that hits home and haunts you in all the right ways.

FRIDAY, JUNE 13

## **YMCA TEEN LATE NIGHT**

7-10pm. The event is so popular, we had to run it one more time before the summer starts! This month is zoo themed-come in a costume, bring your favorite stuffed animal, and be ready for a wild (but not too wild) time! Dinner is provided, and membership is NOT required. Register for the event, and don't miss out-this will be the LAST late night before the next school year!

FRIDAY, JUNE 13

## **STANWOOD FARMERS MARKET**

2-6pm behind the Stanwood Police station. Local produce, food trucks, fresh flowers, baked goods, artisans, and live music.

FRIDAY, JUNE 13

## **FRIDAY NIGHT KARAOKE**

WITH MARCUS. 8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.

***Wana Duma Children's Project***

# ***African Market***

**Sunday, July 13th, noon-4pm**  
1410 Beach Drive, Camano Island

**Jewelry, gifts, and decor from Kenya.**  
**All proceeds benefit**  
**Wana Duma Children's Project**



# Calendar of Events



look for us  
online at

**www.TheCrab  
Cracker.com**

or on  
**Facebook.**

Download  
current or past  
editions.

## FRIDAY-SATURDAY, JUNE 13-14 **IKEBANA EXHIBIT, "SUMMER"**



to be Held at Camano Library. Stunning ikebana style flower arrangements will be exhibited at the Camano Island library all day Friday and Saturday, June 13 and 14. Exhibitors are members of Ikebana International, an organization based in Seattle. The public is invited to attend and view this gorgeous style of flower arrangement originating in Japan and featuring flowers that bloom in early summer. In general, a pleasing arrangement features negative (empty) space and asymmetry, and emphasizes the use of line, shape, and form to convey meaning and to express the artist's intentions. Lines can be vertical, horizontal, or diagonal, creating a sense of movement and energy. Visit this exhibit and you will see what a fascinating range of beautiful styles can be achieved with just a little plant material, a container and some ikebana inspiration.

## SATURDAY, JUNE 14 **JIMMY WRIGHT**

7:00 PM – 11:00 PM at Pub 282, 370 NE Camano Dr #6, Camano. Get ready to rock the night with the Jimmy Wright Band! A high-energy concert experience, packed with a dynamic mix of music to keep you on your feet all night long. Don't miss the show that's got something for everyone!



[www.TheCrabCracker.com](http://www.TheCrabCracker.com)



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[evergreenfarmpnw@gmail.com](mailto:evergreenfarmpnw@gmail.com)

2797 Utopian Way  
Camano Island WA  
360-230-9610

Farmstand is  
**OPEN** Seasonally  
May - Oct

*Saturdays*  
*June 7, 14, & 21*

# **BASES LOADED**

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**\$80,000**  
*Cash!*

**DRAWINGS BEGIN**

*6 pm*

**LATE-NIGHT DRAWINGS**

*11pm - 12am*

**GRAND PRIZE**

**DRAWING**

*10 pm*

WIN A PAIR OF  
MARINERS SUITE TICKETS  
WITH EVERY PRIZE

**GRAND PRIZE**

**\$15,000**  
**WEEKLY**



**THE SKAGIT**  
CASINO • RESORT

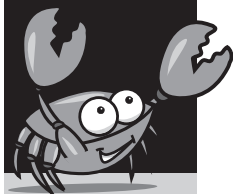


**THREE SMOKING LOUNGES FOR GAMING!**

theskagit.com • On I-5 at Exit 236 • 877-275-2448



# Calendar of Events



## FATHER'S DAY TRIVIA

Question: Which  
U.S. president  
was the first to  
commemorate  
Father's Day?

Answer: Wood-  
row Wilson

SATURDAY, JUNE 14

## STANWOOD CAMANO SOAP BOX DERBY



Event by Arrowhead Ranch, 615 Arrowhead Rd., Camano. Largest Soap Box Derby Race West of the Mississippi. Bring your whole family to experience Race Day. After weeks of prep, it's finally time to race! The winners of the Derby go on to Race at All-American Soap Box Derby World Championship in Akron, Ohio!

SATURDAY, JUNE 14

## NO KINGS CONCERT AND FUNDRAISER

for PFLAG Stanwood and Camano. 6-9pm at Island County Multi-Purpose Center ("The Blue Building"), 141 NE Camano Drive, Camano Island. Admission: Free. Local musicians including Gary Kanter, Mark Ippolito, and Camano's iconic Band of Friends, along with some special guests, will provide an evening of music ranging from searing political satire to melodic ballads, and good old-fashioned Blue Grass. The show will open with a special Open Mic for young musicians, singers, and poets. A sign-up sheet will be available as of 5:45. WE would love to hear from the next generation of citizens. Donations will be accepted for PFLAG Stanwood -Camano, which provides a safe haven for the LGBTQIA+ -community, who are currently undergoing an unprecedented tidal wave of intolerance and hate. Contact: Gary Kanter [gary@garykanter.com](mailto:gary@garykanter.com)





**Malynda Shipley** Broker / Realtor

**425-299-7892**

[mshipley@atthebeachrealestate.net](mailto:mshipley@atthebeachrealestate.net)

**1481 SE Camano Drive, Camano Island, WA**  
**MLS 2357684 / \$239,000**

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COLLECTIVE



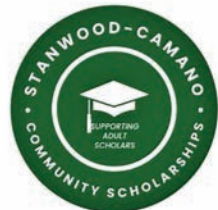
## ADULT SCHOLARSHIPS NOW OPEN!

Looking to get ahead in the current workforce, heading back to school after a break, or continuing your education? Check out the Stanwood-Camano Community Adult Scholarships. Must be 21 years old for most scholarships but eligibility requirements vary.

**TO VIEW A LIST OF AVAILABLE  
SCHOLARSHIPS OR APPLY,  
SCAN THE QR CODE OR VISIT:  
[WWW.S-CAF.ORG](http://WWW.S-CAF.ORG)**

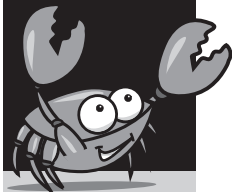


**APPLICATIONS DUE  
JUNE 30, 2025**





# Calendar of Events



## FATHER'S DAY TRIVIA

Question:  
Which President  
signed a law  
establishing  
Father's Day as a  
national holiday  
in 1972?

Answer: Richard  
Nixon

SATURDAY, JUNE 14

## TOY BOAT BUILDING

Came Beach Foundation (CBF) will begin doing the Toy Boat building event from 10am to 2pm at the North Beach Picnic Shelter in Camano Island State Park. Anyone interested should head to Camano Island State Park and follow the directions on the A-frame signs to get to the event.

SATURDAY, JUNE 14

## FAMILY BINGO



at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JUNE 14

## CARS & COFFEE

Come have coffee and admire our local hot rods, muscle cars, and more. Free admission to general public and free to bring by your custom car. The location alternates each week, either at Coastal Vie, Stanwood or Camano Commons. Check with them to determine this week's location. Free coffee for participants (and mini donuts at Coastal Vie). 7-10am. All cars welcome. Come out and have fun!



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AUGUST  
**16**

SATURDAY

GATES &  
BAR OPEN

3:00 PM



CAMANO ISLAND  
YACHT CLUB

# SUMMER PARTY

MUSIC BY:

**CHRIS EGER BAND**

with  
Nashville Artists  
Eric & Lindsey Heatherly

TICKETS  
**\$35**

MUSIC

4:00 PM  
- 7:00 PM



SOUND BY

||||| Nate Schwartz and Crew |||||

*You wanna be a Rock Star?*

GET A CHANCE TO PLAY WITH  
THE BAND AND BE A ROCK STAR!

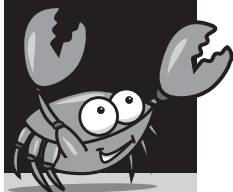
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ITEMS. BRING A LAWN CHAIR AND YOUR  
OWN PICNIC. NO OUTSIDE BEVERAGES.

 [camanoislandyc.com](http://camanoislandyc.com)

129 North Sunset Drive, Camano Island, WA 98282



# Calendar of Events



## FATHER'S DAY TRIVIA

Question: What  
year was the  
first Father's  
Day celebrated  
in the U.S.?

Answer: 1910

SATURDAY, JUNE 14

## FATHERS DAY SATURDAY COMMUNITY SWING DANCE WITH LESSONS



All Ages Welcome. With house 16 piece Big Band - Camano Junction. Dance 7 - 9:30PM. Lessons (Swing/Latin/Ballroom) @ 6:30. \$12 for adults. \$10 for students. Location: 27130 102nd Ave NW, Stanwood.

SATURDAY, JUNE 14

## STANWOOD AMERICAN LEGION PRIME RIB DINNER

Help support local veterans by stopping by Post 92 at 4pm for prime rib, baked potato, salad, rolls and dessert. Adults are \$25 and kids below the age of 12 are \$10. Located at 26921 88th Ave NW in Stanwood.

SATURDAY, JUNE 14

## AUTHOR TALK

Outdoor geek and guidebook author Ken Wilcox. Noon-2pm at Camano Commons. Free and open to all. Join longtime hiking guide author Ken Wilcox. From the islands of the Salish Sea to the high peaks of the North Cascades, Ken has trekked thousands of miles and scaled hundreds of peaks, having only once caught his hiking boots on fire. Ken is the author of Hiking Snohomish County, 3rd Ed. (2024) and Hiking Island County, hot off the press in May 2025. The books are available at the Camano Commons gift shop. He will also be signing books and answering your hiking and backpacking questions.



**BECOME A FRIEND  
OF THE FAIR!!!**

Help keep our beloved  
community tradition strong.  
With a donation of \$100 you  
can directly support the  
Stanwood-Camano Community  
Fair and all the fun, exhibits,  
and memories it creates.

As a special thank you, we'll  
proudly display your name on  
a dedicated support banner  
located in our popular T-shirt  
area during the fair:  
August 1, 2 & 3<sup>rd</sup>, 2025



Scan to pay





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# Grand Opening

June 27 | 4 PM - 8pm

8600 Cedarhome Dr. Suite A3  
Stanwood, WA 98292

Food and Refreshments Provided By



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Event info



# Calendar of Events



## FATHER'S DAY TRIVIA

Question: When  
is Father's Day  
celebrated in  
the U.S.?

Answer: The  
third Sunday  
in June. Many  
other countries,  
including The  
U.K., Mexico,  
Ireland, France,  
Greece, China  
and Japan also  
celebrate it on  
this day

SATURDAY, JUNE 14

## BOOK LAUNCH "ALL ROADS LEAD TO UTSALADY"



12:00 – 4:00 at Camano City Schoolhouse. Talks on the hour by author Richard Hanks, PhD. For the past 40 years Richard has been involved, at some level, with information management and dissemination: as a journalist, archivist, curator, professor, editor and author. Richard's field of choice and passion is American history, particularly the 19th century. Sales & Signing plus a tour of the Camano Schoolhouse Foundation Archive at the Camano City Schoolhouse, 993 Orchid Rd. (just off Chapman Rd.)

SATURDAY, JUNE 14

## GARDEN CLINIC

Snohomish County Master Gardeners will be staffing a clinic at Haggen today from 10am-2pm. Please come and bring your gardening concerns. (It is very helpful if you bring samples and/or photos so that we can identify the issues & give accurate advice.).

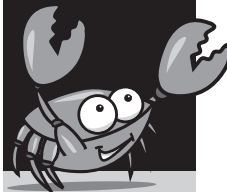
SATURDAY, JUNE 14

## SECOND ANNUAL ARTISAN MARKET



11-4pm at Camano Commons. Shop on the lawn, local artists, jewelry, baked goods, plants and Live Music by Scott D'Angelo.

# Calendar of Events



SATURDAY, JUNE 14

## CASA PET FOOD & SUPPLY DRIVE



11am-4pm at Camano Plaza. Fill up our CASA van at our annual pet food and supply drive! We will be accepting donations of pet food, litter, laundry soap, bleach, paper towels, dish soap and more. Keeping the shelter stocked with these key items ensures effective operations and directly benefits the pets in our care.

## TEST YOUR EARS AT 60 YEARS

(and beyond, of course!)

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Near QFC, between Papa  
Murphy's and H&R Block

 [stanwoodhearing.com](https://stanwoodhearing.com)

**CALL 425-272-9435**



# Calendar of Events



## FATHER'S DAY TRIVIA

Question:  
Which five U.S.  
presidents were  
not fathers?

Answer: George  
Washington,  
James Madi-  
son, Andrew  
Jackson, James  
Polk, and James  
Buchanan

## SUNDAY, JUNE 15 HAPPY FATHER'S DAY



## SUNDAY, JUNE 15 SALISH SEA EARLY MUSIC FESTIVAL



4pm at Fir-Conway Lutheran Church, 18101 Fir Island Rd, Conway. Join us as the Salish Sea Early Music Festival performers present: FOLK SONG FROM THREE CENTURIES II. Oleg Timofeyev, renaissance lute, English guitar & 7 string guitar (made in 1820); Jeffrey Cohan, renaissance, baroque & 8-keyed flutes (London, 1820. Renaissance Psalms (~1620), Irish and Scottish baroque (~1720) and folk music as interpreted during Beethoven's lifetime (~1820) in a new program of highly experimental renditions of popular music from three centuries performed on 5 transverse flutes and three plucked instruments. [www.salishseafestival.org/skagit](http://www.salishseafestival.org/skagit). Suggested donation \$20 to \$30 (a free will offering; pay as you wish). 18 and under free.





## Colorful, Collected, Custom

Rebecca Rowland Interiors is a Camano-based firm that designs charming spaces with character—tailored to the people who live in them and the homes they inhabit. From remodels and exterior selections to outdoor living and furniture-forward design, we bring personality to every project, large and small.

*Let's create a space that feels like you!*

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SEATTLE & BEYOND**

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## FATHER'S DAY TRIVIA

Question: When is Father's Day celebrated in the U.S.?

Answer: The third Sunday in June. Many other countries, including The United Kingdom, Mexico, Ireland, France, Greece, Chile, and Japan also celebrate it on this day.



Rebecca  
Rowland  
INTERIORS





# Calendar of Events



## FATHER'S DAY TRIVIA

Question: Which  
U.S. president fa-  
thered the most  
children?

Answer: John  
Tyler, who had  
15 children.

## MONDAY, JUNE 16 YQCA TRAINING



6-7:30pm. Event by Kadybrook Farm. Join us for the next YQCA (Youth for the Quality Care of Animals) in-person training with Ms. Stacy Lischke. Hosted by Silvana Lads and Lassies 4H Club ....ALL are welcome to join! 6-730pm at Peace Lutheran Church, Silvana WA.

## MONDAY, JUNE 16 NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

## MONDAY, JUNE 16 ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

## MONDAY, JUNE 16 TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!



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**AUGUST 9  
5:30PM**

**@ ARROWHEAD RANCH  
CAMANO**



**ANNUAL FUNDRAISING EVENT FOR THE CRC**

**GET TICKETS NOW!**

**TICKETS INCLUDE:**

SMALL BITES  
LIVE MUSIC  
LIVE AUCTION  
WINE/SPIRIT PULL  
1 DRINK TICKET AT BAR  
21 AND OVER EVENT



**Community  
Resource  
Center**

*of Stanwood Camano*

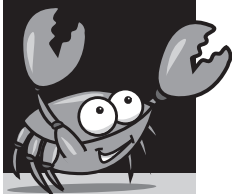


**TICKETS \$100  
CRC-SC.ORG OR  
SCAN QR CODE**

**PARTICIPATING RESTAURANTS**

- BLUE HERON
- CAMANO COMMONS  
MARKETPLACE
- CAMANO SOURDOUGH
- JOURNEY'S END
- JUNIPER BITES
- MERRY LITTLE BAKER
- PATINI'S GRILL
- PRIMAL TACO
- PURE SMOKE BBQ
- ROCKAWAY
- SAAL BREWING
- SASQUATCH SUBS
- SEN
- STANWOOD CUPCAKES
- TAPPED PUBLIC HOUSE
- THE BAKED CAFE

# Calendar of Events



## FATHER'S DAY TRIVIA

Question: What kind of fish are father-and-son duo Nemo and Marlon from Finding Nemo?

Answer:  
Clownfish

TUESDAY, JUNE 17

## SEA LEVEL RISE - SHORELINE COMMUNITY WORKSHOP

Event by WSU Shore Stewards - Island County. Join us for a free community workshop for Shoreline Property owners. Hear from speakers on the effects of sea level rise, hear an overview of permitting regulations in Island County, and learn more about the Shore Stewards and Shore Friendly programs! 1 - 4 pm at Island County Admin Building - Convergence Room. Light refreshments will be served. RSVP using this link: <https://forms.office.com/pages/responsepage.aspx>

WEDNESDAY, JUNE 18

## URBAN TRAILS WITH OUTDOORS WRITER CRAIG ROMANO

5:30 PM – 6:30 PM at the Stanwood Library. Join us in welcoming trail guide and outdoors author, Craig Romano, as he presents a colorful slide presentation of superb urban destinations to hike, walk, and run in the Everett and Bellingham areas. Craig will share detailed descriptions and maps featuring routes, offering tips on avoiding crowds, as well as finding trails that are accessible for wheelchairs and strollers, and ways to extend the adventure with extra destinations. Trail Guides will be available for purchase. Urban Trails: Everett covers plenty of trails in local, county, and state parks, as well as in nearby Monroe and Marysville and over on Whidbey and Camano islands. Urban Trails: Bellingham focuses on the trails and parks in and around Bellingham, including the Chuckanut Mountains and Skagit Valley.

WEDNESDAY, JUNE 18

## WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, JUNE 18

## PUZZLE EXCHANGE

Join us for our family friendly exchange. 6:30pm at the Stanwood Library. Bring your puzzles, a bag, and swap your finished puzzles for your next challenge!! We ask that your puzzles that are not chosen be taken home. See you there!!

## Do you need an Ace Handyman?



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Flooring



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Doors



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# Calendar of Events



## FATHER'S DAY TRIVIA

Question: What movie told the story of "the father of the atomic bomb"?

Answer:  
Oppenheimer

THURSDAY, JUNE 19

### CHRIS EGER

7:00 PM – 11:00 PM at Pub 282, 370 NE Camano Dr #6, Camano. The Chris Eger Band is a Northwest band hot on track to becoming the next band to hit the billboard charts. A skilled compilation of rock/blues/country mix.

FRIDAY, JUNE 20

### MOONPIE RAMBLERS

7:00 PM – 11:00 PM at Pub 282, Camano, 370 NE Camano Dr #6, Camano. Get ready for a foot-stompin', hand-clappin' good time as the Moonpie Ramblers bring their signature blend of country, bluegrass, and Americana to Pub 282! From sweet harmonies to lively pickin', this is a show you won't want to miss!

FRIDAY, JUNE 20

### STANWOOD FARMERS MARKET



2-6pm behind the Stanwood Police station. Local produce, food trucks, fresh flowers, baked goods, artisans, and live music.

FRIDAY, JUNE 20

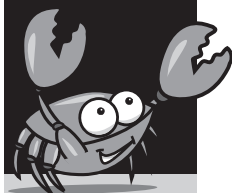
### FRIDAY NIGHT KARAOKE

WITH MARCUS. 8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.





# Calendar of Events



## FATHER'S DAY TRIVIA

Question:  
Who wrote  
the song "Isn't  
She Lovely" for  
his newborn  
daughter?

Answer: Stevie  
Wonder

FRIDAY, JUNE 20

## ART ADVENTURES IN LITERACY: GAME INSPIRED VIDEO LANDSCAPE ART

11:00 AM – 12:00 PM at the Camano Island Library. Spark creativity with art teacher Callie Darland in this engaging project that combines art and video game design! Inspired by the Super Mario Bros., explore how video games can influence art while creating your own playful landscapes. Learn about landscape art, draw horizon lines, add elements like landforms, warp tubes, and clouds, and complete your scenes with bright pan watercolors. This program is the first in a series of gaming themed summer art programs for kids. All materials are provided but we do have a limited number. To ensure your place, we recommend that you arrive promptly.

FRIDAY, JUNE 20

## GRAVITY CATASTROPHE SCIENCE SHOW



2:00 PM – 3:00 PM at the Stanwood Library. Alex Zerke (aka The Zaniac) presents a science show with an explosive mix of juggling and fun. The Zaniac takes a tornado of juggling skills, combines it with a whirlwind of in-depth physics knowledge, and sends it crashing directly into your brain!

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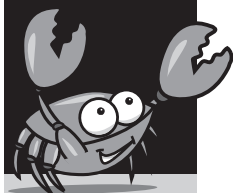
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# Calendar of Events



FRIDAY,  
JUNE 20

## FIRST DAY OF SUMMER

Summer  
Solstice

FRIDAY, JUNE 20

## POP UP YOGA WITH EMILY MUELLER



Gather with friends and join us for some outdoor yoga on the green at Camano Commons at noon. Spread out and feel the grass under your feet as we come together and celebrate the warmth of summer. Pack a picnic or support our local restaurants with a take-out order. This is a FREE Event. Please bring a donation for the Stanwood/Camano FOOD BANK. Please prepare for the day's weather. (we won't practice if it's raining on our mats). Register in advance to receive any last-minute updates at [movementarts.com/events](http://movementarts.com/events) or call 360-629-9100.

FRIDAY-SUNDAY, JUNE 20-22

## IN THE GARDEN ART SHOW

Friday & Saturday 11-6, Sunday 12- 5 at Tasha Smith Art, 721 N W Camano Dr, Camano Island. Meet the artist and learn about her unique process for creating hand torn collage, as she releases her second floral collection. Original art, prints, and merchandise will be available for sale. Free art demos daily at 11:30 and 2:30. Read more about the artist on page 36.

FRIDAY-SUNDAY, JUNE 20-22

## 2025 RC DIRT CUP NATIONALS



at Creekside Speedway, Stanwood. More info: [Tylerc@belkirkbodyshop.com](mailto:Tylerc@belkirkbodyshop.com).

# Calendar of Events



## FATHER'S DAY TRIVIA

Question: How  
did Johnny Rose  
from Schitt's  
Creek make his  
fortune?

Answer: Video  
stores

SATURDAY, JUNE 21

## CD WOODBURY

7:00 PM – 11:00 PM at Pub 282, 370 NE Camano Dr #6, Camano. Get ready for a night of electrifying blues at PUB 282 CD Woodbury and his powerhouse band are bringing their signature blend of soulful, high-energy blues to our stage. With jaw-dropping guitar work, undeniable groove, and witty, heartfelt lyrics, this is a show you don't want to miss!

SATURDAY, JUNE 21

## DUNGEONS & DRAGONS FOR TEENS: MORNING SESSION



10:30 AM – 1:30 PM and 2:30-5:30pm at the Stanwood Library. Have you ever wanted to play Dungeons & Dragons but didn't know how to start? Then this is the event for you! Dungeons & Dragons (D&D) is like stepping into your own epic adventure! You and your friends take on unique characters and dive into a world full of magic, monsters, and mysteries. One of you takes on the role of the Dungeon Master (DM), who guides the story, while everyone else works together to conquer challenges, battle epic creatures, and complete quests. All materials will be provided. Spencer Davenport is a professional Dungeon Master who works in the gaming industry and has several years of experience. He will be leading two sessions of action-packed adventure. (Both the morning and afternoon sessions will have roughly the same content so please only pre-register for one of them.) This event is suitable for teens and tweens ages 10+.

## CAMANO ISLAND IS TOTALLY CLAWSOME!

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Camano Center

# SUMMER SOLSTICE ARTS & CRAFTS FAIR

Presented by Camano Center  
& Camano Sue's Art

SATURDAY  
JUNE 21  
9AM TO 4PM



CAMANO SUE'S ART  
Artwork & Jewelry



YARD ART • JEWELRY • METAL ART • POTTERY • WATERCOLORS  
FABRIC ART • PHOTOGRAPHY • AND MORE

OVERFLOW PARKING ACROSS THE STREET [w] ARROWHEAD RANCH GATE 3

CAMANO CENTER | 606 ARROWHEAD ROAD | CAMANO ISLAND

# Calendar of Events



## FATHER'S DAY TRIVIA

Question: What are the names of Prince William's children?

Answer: Louis, Charlotte, and George

SATURDAY, JUNE 21

## SEMBLANCE

Celebrity tributes, impersonations & more at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Stanwood. Live FREE SHOW!!! Show starts at 10 pm. Be there or be square! More info: (360) 629-2324.

SATURDAY, JUNE 21

## TOY BOAT BUILDING

Came Beach Foundation (CBF) will begin doing the Toy Boat building event from 10am to 2pm at the North Beach Picnic Shelter in Camano Island State Park. Anyone interested should head to Camano Island State Park and follow the directions on the A-frame signs to get to the event.

SATURDAY, JUNE 21

## CARS & COFFEE



Come have coffee and admire our local hot rods, muscle cars, and more. Free admission to general public and free to bring by your custom car. The location alternates each week, either at Coastal Vie, Stanwood or Camano Commons. Check with them to determine this week's location. Free coffee for participants (and mini donuts at Coastal Vie). 7-10am. All cars welcome. Come out and have fun!


**Yoga and Pilates**  
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Camano Commons



## Guitar by Ford

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# Calendar of Events



## FATHER'S DAY TRIVIA

Question: Who were the first father and son to play for the same NBA team at the same time?

Answer: LeBron and Bronny James, who both played for the Lakers in the 2023-24 season

SATURDAY, JUNE 21

## FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JUNE 21

## MAKE MUSIC DAY CELEBRATION



11:00 AM – 3:00 PM at the Camano Island Library. Please join us for a live, free celebration of the 42nd Make Music Day, a community-based musical fête observed worldwide on Summer Solstice Day. Bring your own musical instrument (or borrow one of the instruments from our meeting room) or your voice to celebrate World Music Day! To learn more about Make Music Day: <https://www.makemusicday.org/about/>

SATURDAY, JUNE 21

## CONNECTING AND BELONGING TO THE HUMAN COMMUNITY

11am-12:30pm at Community Resource Center, 9612 271st St NW, Stanwood. Connect with your community neighbors over art and conversation. At this unique event, using simple, modern and authentic artistic expression we will create a collaborative, community mural under the direction and talent of M Andrew Curry. Registration is free but required.

SATURDAY, JUNE 21

## GARDEN CLINIC

Snohomish County Master Gardeners will be staffing a clinic at Hagen today from 10am-2pm. Please come and bring your gardening concerns. (It is very helpful if you bring samples and/or photos so that we can identify the issues & give accurate advice.).

SATURDAY, JUNE 21

## VANGO PAINT PARTY

Join us for an afternoon of social gathering, art, and fun at the Elger Bay Cafe. We will be hosting a kid's paint 3-4pm and all ages 5-7pm. Call or text 425-351-8205 for details and pricing.



# Calendar of Events



SATURDAY, JANUARY 21

## ERIC HERMAN AND THE INVISIBLE BAND



11:00 AM – 12:00 PM at the Camano Island Library. Summer Reading Kickoff Program + the beginning of our summer programs that celebrate the 10th Anniversary of the opening of the Camano Island Library! Imagine a musical mashup where Shel Silverstein's whimsical poetry meets the infectious melodies of The Beatles—that's Eric Herman for you! A true trailblazer in the kids' music scene, Eric crafts a delightful array of quirky and original tunes. His performances are a whirlwind of fun, bursting with catchy songs, laugh-out-loud lyrics, and plenty of interactive moments that will have you dancing, singing, and laughing along. Whether you're a kid or just a kid at heart, Eric Herman's shows are a guaranteed good time!

## Maximizing Your Home's Value in Today's Market

In today's housing market, research shows that there are **3 top questions** that homeowners have when getting ready to sell their home.

**#1.** How to get top dollar.

**#2.** What's strategic marketing look like?

**#3.** What are practical ways to improve my home to sell for a higher price?

I consider these questions daily on my facebook page with tips from easy electrical upgrades, staging advice and how to select the right paint palette. I am here to guide you every step of the way. My goal is simple: make your home quickly stand out, attract more attention and increase its appeal in this competitive market. Stay up to date and informed by following my Facebook page or YouTube channel @tourwithmelanie.

You'll get daily tips and insights. Let's work together to get your home sold for top dollar!

Melanie Galloway 360-391-4628

Interior Designer + Real Estate Broker

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*Melanie Galloway*  
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KELLER HOSPITALITY

# Calendar of Events



## FATHER'S DAY TRIVIA

Question: Who is considered the "father of Europe"?

Answer: Charlemagne, the 8th-century king of the Franks

SATURDAY, JUNE 21

## ANNIVERSARY BLOCK PARTY

11am-3pm at Lincoln Hill Retirement Community, 7430 276th St NW, Stanwood. Anniversary block party celebrating our presence in the community for 100 years! Please join us for this exciting event. All donations/proceeds given are used locally.

SATURDAY, JUNE 21

## SUMMER SOLSTICE ARTS AND CRAFTS FAIR



9am-4pm at Camano Center, 606 Arrowhead Rd. Yard art, jewelry, metal art, pottery, watercolors, fabric art, photography, and more!

SUNDAY, JUNE 22

## PAINT PARTY AT ROCKAWAY BAR AND GRILL

Bring the kids for a fun paint party 2-4pm. Everything is provided, just come for fun! Call or text 425-351-8205 or stop by Rockaway for details.

MONDAY, JUNE 21

## ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!





# Calendar of Events



## FATHER'S DAY TRIVIA

Question: Who is considered the father of modern astronomy (hint: also a Queen lyric)?

Answer: Galileo

MONDAY, JUNE 21

## TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

MONDAY, JUNE 23

## NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

TUESDAY, JUNE 24

## DROP IN TEEN/TWEEN CRAFT CRAZE: MUG MEALS

2:00 PM – 4:00 PM at the Camano Island Library. Learn how to whip up delicious, single-serving meals right in a mug! Perfect for quick snacks and easy dinners, these recipes are both tasty and practical.

TUESDAY, JUNE 24

## 25TH ANNUAL TEDDY BEAR PICNIC & FRIENDS



A Celebration of Literacy and Learning! Bring a Teddy Bear, a snack, your water bottle and join us at our Annual Teddy Bear Picnic! This is a free event filled with fun activities and stories for Preschool and School-Age Children. 10am-1pm at Community Resource Center of Stanwood Camano, 9612 271st Street Northwest, Stanwood.



## NATIONAL PINK DAY



Millions of people participate in pink-themed events worldwide to raise awareness of breast cancer.



# Calendar of Events



## FATHER'S DAY TRIVIA

Question: A.A.  
Milne wrote  
which famous  
children's book  
for his son,  
Christopher  
Robin?

Answer: Winnie-  
the-Pooh

TUESDAY, JUNE 24

## LINE DANCING AND LESSONS

Event by Lady Di Dancin'. 6pm-8pm at Stanwood Eagles Foe 3041, 6419 Pioneer Hwy. Lessons include beginner and up levels of dances. Between all lessons and at the end of the night there is open and by request dances. No cover charge for lessons, tips and donations accepted & appreciated for lessons. ALL ages and ALL welcome.

WEDNESDAY, JUNE 25

## WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, JUNE 25

## MINDFUL REFLECTION THROUGH ART

4:00 PM – 6:00 PM at the Camano Island Library. Designed for participant's individualized healing expression. All Levels: Beginning to advanced Artists, Writers, & Internal Explorers! Materials provided for basic two dimensional work or bring your chosen favorites for 2D or 3D creations. Registration accessed through the event Registration Required link to [SCAACwa.org/classes](http://SCAACwa.org/classes) (at right) to hold your spot in this popular class!

THURSDAY, JUNE 26

## READ WITH A THERAPY DOG

4-5pm at the Stanwood Library. Practice your reading at the library with Linda and her registered therapy dog Preacher. Children build reading skills and confidence by reading aloud to a registered therapy dog. For elementary age kids, with an adult. Sign up online to save a spot in line, or sign up at the event. Preacher is a 4 year old Great Pyrenees. Preacher and Linda are registered through Pet Partners. When not working with pet therapy, Preacher enjoys hanging out at his farm and watching over all the critters that live there.

THURSDAY, JUNE 26

## PICNIC IN THE PARK

Noon-1:30pm at Freedom Park on Camano Island. Grab your lunch, the family, something to sit on, and enjoy the afternoon Parent to Parent. Meet us by the playground. Meet other families, set up play dates, and learn more about Parent to Parent.

## Please Take My Children To Work Day



JUNE 25th



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WOOD FIRED PIZZA FOOD TRUCK   MUSIC   SCAVENGER HUNTS  
RAFFLE PRIZES   LAVENDER LEMONADE & ICE CREAM

## Saturday, June 28th

10:00 AM - 6:00 PM

27031 36TH AVENUE NW, STANWOOD

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# Windermere

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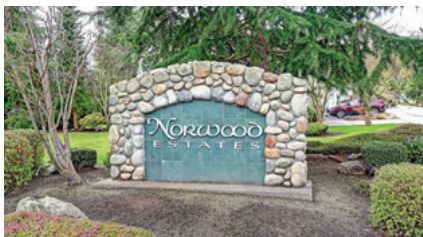
**NORTH END** **\$950,000**  
MSM gem with stunning Mt Baker views, first time on the market and an extra lot perfect for multigene living or guests. #2386013



**THUNDERIDGE** **\$1,100,000**  
Custom-built Camano home with great water and mountain views perfect for multi-gen living, partially covered huge deck, beautiful landscape. #2379845



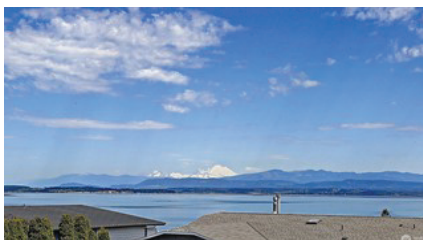
**CAMANO SUNRISE** **\$596,150**  
Cozy cabin with generous deck, adjacent art studio and finished out "shed" all with sleeping areas perfect for guests on 5-picturesque acres. #2384594



**CONDO** **\$486,500**  
Beautifully updated Stanwood condo conveniently located close to amenities or commuting, 2-bedroom plus office, in Norwood Estates. #2381315



**COUNTRY CLUB** **\$1,279,000**  
Spectacular views, beautiful home on a very private and large corner lot, fenced backyard and includes orchard plus beach rights. #2381861



**COUNTRY CLUB** **\$765,000**  
Breathtaking views of the Bay/Mt Baker/the Cascades from fabulous Camano beach home, multi-gen potential, fruit trees, beach rights. #2373477

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360.629.8233

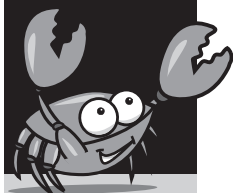


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Visit [WindermereStanwoodCamano.com](http://WindermereStanwoodCamano.com) for more information

Windermere Real Estate/CIR

# Kids' Korner



## FATHER'S DAY TRIVIA

Question: In the Broadway musical *Hamilton*, only one of Alexander Hamilton's children was introduced.

How many children did he actually have?

Answer: 8

## THE BEST EXPERIENCE GIFTS FOR DAD

Take Dad out for a round of golf. What's better than you, your dad, a golf cart, and some sunshine?

Go to a baseball game together. Whether it's major league or minor league, the hot dogs, cheers, and father-kid bonding never get old.

Plan a "Dad & Me" road trip. Hit the open road for a short weekend getaway to somewhere he loves—or somewhere totally new!

Take a cooking class together. Whether it's BBQ basics or pasta from scratch, learning (and eating) together is always a win.

Book tickets to a concert or comedy show. Pick a band he loves or someone who'll make him belly laugh—it's a guaranteed good time.

Go axe throwing or to a rage room, or escape room. It's quirky, fun, and a surprisingly great way to blow off steam and bond.

Plan a backyard movie night. Grab a projector, his favorite snacks, and a nostalgic flick—it's simple, sweet, and so fun.

Sign up for a woodworking or DIY workshop. Perfect for the hands-on dad who loves to build, tinker, and learn something new.

Take a scenic train ride. Slow it down and enjoy beautiful views and conversation—no traffic, no stress.

Book a round of top-tier mini golf. Yes, mini golf—but make it fancy. Bonus points for drinks and snacks on the course!

Go to a car show. For the dad who's into wheels, this one's a hit—plus, it's way more fun than just another tool set.

Plan a local food crawl. Pick a theme (tacos, BBQ, donuts—you name it) and hop around to all the best local spots.

Treat him to a spa day or massage. Even tough dads love a little R&R. Trust us, he deserves it.

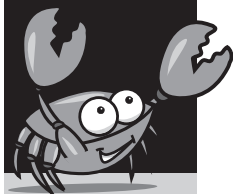
Take a photography walk together. Explore a park or downtown area and snap pictures—great for creative dads or those who love nature.

Join a trivia or game night. Find a local event or host your own. Bring the snacks, keep score, and get competitive.

Plan a day of "Yes Dad." Let him choose everything for the day—from breakfast to what movie you watch. He's earned it.

Plan a father-child camping trip. Whether it's a full weekend in the woods or a backyard tent night with s'mores, it's all about the quality time—and maybe a few dad jokes around the fire.

# Activity for Adults



## FATHER'S DAY TRIVIA

Question: In the Johnny Cash song "A Boy Named Sue," what did the narrator's father give him to toughen him up?

Answer: His name: Sue

## DIY RUSTIC TIE RACK

This DIY Rustic Wood Tie Rack holds 39 ties!!



Supplies: 1"x12" board {main piece}; 1"x3" board {ledge}; Wood stain – I used Kona by Rustoleum; Foam Brush; Paper Towels; Wood Glue; Brad Nailer – I use this Ryobi Brad Nailer; Compound Miter Saw {optional}; 2.5" Old Fashioned Nails; Hammer; Hand Sander with fine grit sand paper; Pencil; Tape Measure; Peg Board {optional}; Clear Matte Spray sealer; 2 Sawtooth hangers – preferably the hammer in kind

How to Make Wood Tie Rack: 1. Cut your boards to 27.5" lengths. If you don't have a saw, you can always have them cut the boards in the store for you. I cut mine at home with my Hitachi Compound Miter Saw 2. Lightly sand the edges and apply wood stain according to directions on packaging. I believe I left my stain on for 20 minutes then wiped off the excess. 3. Apply wood glue along the top long edge of your 1x12 board. {the main piece}. 4. Using your finger, spread the glue out so that its thin and even. {note: my "purple nail polish" was not from this project. Its from being clumsy shutting the back door of my SUV lol}. 5. Press the 1"x3" board on top of the main piece perpendicularly to create an L shape. {This will be the ledge.} Using your brad nailer, place brads every few inches across the top of the ledge to hold in place. Wipe any excess glue that oozed out in the process. Allow to dry for 4-6 hours or according to wood glue package direction. 6. After glue is completely dry, then lightly sand the edges and the flat surfaces of the wood to create a subtle distressed look. 7. Place a piece of peg board over the Main Piece of the tie rack so that the top row of holes is about 3" down. Use the holes in the pegboard to evenly mark where you want the old fashioned nails to go with a pencil. Note: you do not need pegboard to do this, but it sure makes it a lot faster and easier! 8. Using your hammer, drive the old fashion nails into the Main Piece where your pencil marks are. {if you look closely, you can see my little circles on the board} Don't drive the nails all the way through the back. Just in enough so that they are secure. The key is to try and drive them in as straight as possible. If you look closely at my finished photo, you'll see my nails are far from straight! 9. Turn your diy tie rack over and hammer a sawtooth hanger on each side. Then spray a coat of clear matte sealer over your entire tie rack, including the nails. Source: [www.craftaholicsanonymous.net](http://www.craftaholicsanonymous.net)



# Artist of the Week



Are you interested in promoting your art, craft, or live performance?

Email us info or a bio about yourself and we will feature this page to you... and it's all FREE!

## COLLAGE ARTIST TASHA SMITH



Tasha has been grounded in nature since she can remember. Now the artist actively uses nature as part of her process. Tasha creates monoprints from plants on a silicone printing plate. These colorful paper prints are then ripped up and glued into her collage paintings. In 2018, the artist began creating full time, with a dedicated studio space on Camano Island, releasing her first collection during the studio tour in 2023. Since then, she has taken some time off to prioritize her health and her family. In addition to being a professional artist, Tasha is a teacher for the Stanwood-Camano Arts Commission, teaching youth and adult classes locally. You can find her floral art flags hanging in downtown Stanwood.

Join Tasha on June 20 - 22 in her home studio and gallery, as she releases her second floral collage collection: In the Garden. Stop by during the three day show to take in a free art demo, daily at 11:30 and 2:30. Original art, prints, and merchandise will be available for sale. Well behaved children and adults are encouraged to attend!

Stay updated about what's happening in her studio or upcoming events by following her on Facebook, Instagram, and LinkedIn.

721 NW Camano Dr., Camano Island  
Studio 360-387-1999 / [www.tashasmithart.com](http://www.tashasmithart.com)



## Destinations by Melanie



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This tour is subject to CIE Tours' booking guidelines and cancellation penalties. Refer to General Conditions on your CIE Tours group contract. CST# 2021285-50.

# Business Spotlight



## JOINT ACADEMY

Our experienced physical therapists treat you both in-person and virtually. Patricia treated her pain from the comfort of her home. Patricia had suffered from joint pain for years when she finally learned that she had early stage osteoarthritis. Everyday activities such as walking down the stairs became increasingly challenging. This all changed when Patricia started receiving digital treatment for her joint pain at Joint Academy. With Joint Academy's treatment, Patricia receives regular support from a personal physical therapist. She also receives daily, simple exercises through the Joint Academy app. The exercises are specifically tailored to reduce joint pain, and only take 5 minutes to complete. With the help of the app's daily reminders, she is prompted to stick to her program. "I've experienced lots of improvements: increased mobility, less pain, stronger muscles. I'm excited because I'm getting results and it's just so simple!". The digital format has helped Patricia maintain an exercise routine, which has helped decrease her joint pain significantly. Today, the pain no longer holds her back in her everyday life. Patricia especially appreciates the close contact with her physical therapist, who is always available via the app and helps her make the exercises comfortable and effective. "My PT is extremely knowledgeable, kind, patient, and answers all my questions. You're actually working with someone who's helping you." Do you also suffer from joint pain? Start your treatment with Joint Academy today!"

<https://www.jointacademy.com>  
9612 270th St NW #103, Stanwood. 360-629-8043.  
scpt@stancamp.com



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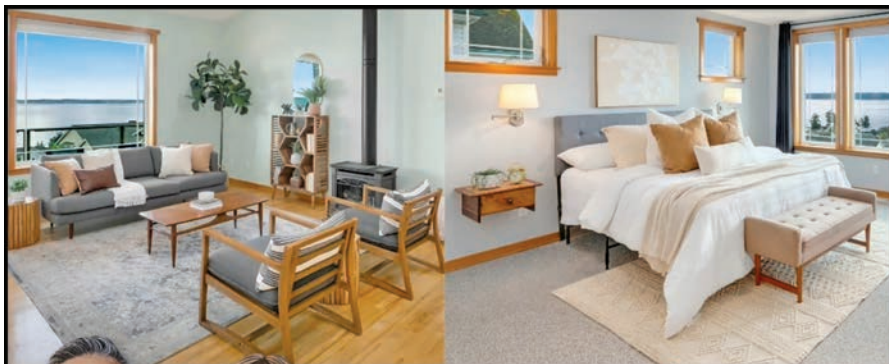
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# Moonshine Wisdom & Wit



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the **SKEETER DADDLE DIARIES** at [www.skeeterdaddle.net](http://www.skeeterdaddle.net)

## DRIVING INTO THE PAST

Trust me when I tell you the Flatheads, almost unanimously, despise the trend toward Electric Vehicles. They are dyed-in-the-mohair vintage car guyz who prize their gas guzzling Thunderbirds, Hudsons and all things V-8, even the vegetable juice. What they most certainly hate is a Tesla. And if you want to spark a carburetor flare-up at the Pilot House Lounge, bring up the Tesla Truck. Which, sadly, Little Jimmy did two nights ago.

"I'm just saying," he said after the ruckus settled down a few decibels, "it's gonna be a classic. I'm not planning to buy one. Geez...." Big Walter pounded his table and lost three of his seatmates half a pint each of spilled foaming beer. "Hell, Jim, a Volkswagen Thing is a classic. A classic piece of crap! Who you kidding?"

Fairlane Fred piped in his two cents now that penny minting has been eliminated, cost him nothing. "It looks like that guy Musk reads too many comic books --- that ain't a truck, Jimmy, that's an android Bat-mobile. C'mon, a classic? That's an adolescent kid's pipe dream."

"Say what you want, you guyz," Jimmy protested, "but this is the future. I love my Mustang, sure, but EV's are gonna take over, no doubt about it."

Walter pounded another quarter pint from his neighbors' glasses and shouted "over my dead door handles! Trump just put a stop to building more charging stations. You want to drive that Tesla further than Stanwood, good luck getting home."

Ralph, sitting by the door, no doubt for an easy exit if necessary, said, "Gimme cheap gas or gimme death!" Two Toke chuckled and predicted he'd probably get both. And once again the Pilot House was warming up. Man made? You make the call. Me, I was finishing the last of my own last call, thinking we've decided the planet is on its own, just like all of us. And yeah, I'd be driving my own gas guzzler down the last few miles to home, end of the island, end of the world.

## Hello Spring!



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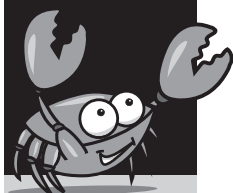
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# Photos and Art



## FATHER'S DAY TRIVIA

Question: What song did John Lennon famously write for his son Sean?

Answer: "Beautiful Boy (Darling Boy)"



*Kristoferson Farm and "Heart" Lake. Photo by James M Shipley.*



*Beach Sunset. Photo by Claudia Petty.*



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**"We come to you."**



Do you have a press release or an announcement you want the community to know about? Let us know and we will publish it here in Community Information **FOR FREE!**

Call us for info.  
425-299-7892.

## MOMENT VERSUS MOMENTUM: THE CREATIVITY-KEY TO UNLOCK THE ISOLATION-PRISON

By Charles LaFond, ISR Senior Development Director. There is an odd secrecy to aging's challenges in our society. We love to talk about aging's "joys," such as retirement, travel, intergenerational community centers, mental connections, etc. And there are many joys. However, there seems to be a taboo on speaking about the challenges of aging. We hear feedback in meetings such as "It's a downer to discuss aging." "It frightens me to think I might one day age." (...said a 70-year-old!) or "We can discuss aging, but not illness or death." And I get it. The topic would be less challenging if we were all not going down that road of life. My washing machine has a cycle, and so does my life. I work for Island Senior Resources— days filled with challenging conversations about aging. How do we discuss a difficult topic without being triggered into fear responses? The subject of aging is more complicated than, for example, Cancer – which only a percentage of people will battle, or homelessness, which even fewer of us will fear. But aging is an equal-opportunity arrival, so we need to discuss it. Openly. Honestly. Conversations that are repressed will seep out in harmful ways, like steam from a cracked pressure cooker. A recent illness of many weeks, due to an age-related disease, forced me to get curious about aging's challenges. After many weeks at home, in a forest, alone in a chair, I began to feel sad and frustrated. Days would go by without human contact. My mood became darker, food was no longer fun, and the darker thoughts lasted longer because I let them. As a writer, I began writing about these feelings and noticed that the solution was "moment versus momentum." If a moment of grief, loss, loneliness, or sadness flew into my head, I realized that the old saying is true: "It's one thing for a bird to fly over your head, but quite another to let that bird make a nest in your hair." We need to let go of anxious thoughts as an act of self-care. A primary battle to be fought in aging, with or without illness(es), is the work to move past the "moment" of depression and into the "momentum" of creating something – anything. So, what does momentum look like when one is ill, weak, or exhausted? It looks like creativity. It looks like movement. It looks like not letting the bird-thought of sadness make a nest in your brain. So, I began making lists of things I could do with an infected leg and the amputation of part of my foot. I could ...well...write letters, make Chinese dumplings, call friends, make fun meals (briefly), create cards for friends, use YouTube to learn new skills, or imagine "travel" possibilities with Rick Steves on TV. I could watch documentaries and invite friends to bring me dinner (and stay for it.) I walked a few steps to move my body. And I began a coloring journal, writing down my worries and hopes but then interpreting them in colors with paints like an illuminated manuscript with as many joyful images as I could muster. Our fears just want to be heard and acknowledged at the door, but we need not invite them in for afternoon tea. Whatever you can move, move it. Whatever you can learn, learn it. Whatever you can do, make it. Creativity leads to optimism.

## PROJECT PC

(nonprofit): Join monthly community events supporting veterans and frontline heroes. Explore healing and connection. [Projectpc.org](http://Projectpc.org).



# WE EMS



68% of all calls are for EMS response. Costs for personnel, equipment and apparatus are increasing faster than funding.

**VOTE YES!**



Medical transport can take ambulances and first responders off the island for up to 5 hours because of hospital delays.

**VOTE YES!**

## WHAT WILL RENEWAL COST?

✚ The EMS levy would cost \$0.13 per \$1,000 of assessed property value (about \$7.04 more per month for the owner of a \$650,000 home)

## WHAT WILL IT PAY FOR?

✚ More EMS personnel, replace an aging ambulance, a LUCAS device (automated CPR), a new cardiac monitor/defibrillator, and more!

## WHY THIS MATTERS?

✚ The EMS levy expires if voters don't act to renew it. CIFR funds daily operations through two property tax levies — one for fire and one for EMS.

Island County does **not fund** Camano Fire. It relies solely on levies to provide emergency services

Fuel costs **up 46%**, EMS equipment **up 45%**, apparatus repair costs **up 65%** since 2020

The EMS levy ensures quick, 24/7 response times for our growing community

# VOTE

# YES!

Paid for by the Friends of Camano Island Fire & Rescue, 370 N East Camano Dr., PMB 3 Camano Island, WA

# Community Information



## FATHER'S DAY TRIVIA

Question: What is Modern Family dad Phil Dunphy's job?

Answer: Realtor (and dad to Haley, Alex, and Luke)

## FREE HORNET HIVE REMOVAL!



Hey everyone, my collecting period for free removal of hornet hives will be starting back up come the end of June. Please call me at 509 987 7717. The hornet venom is used for immunotherapy. Lets save lives together! I live in Stanwood and primarily collect in Stanwood, Camano, 7 Lakes area and Arlington.

## FEMALE ROAD-NAMING ON CAMANO

On Camano Island, especially in residential areas developed during the mid-to-late 20th century, you'll notice many roads with female first names—like Kristin Drive, Eileen Lane, Donna Drive, Karen Way, etc. So why the girl name explosion? The Short Answer: Many of the roads were named by private developers, and it was super common for them to name streets after their wives, daughters, mothers, or girlfriends at the time. It wasn't some official naming strategy—just a sweet (or sometimes self-serving) tradition that became part of the island's personality. Fun Facts: Multiple Developers: Camano had several small-scale real estate developers in the post-WWII housing boom. When developing neighborhoods, they were often given the freedom to name streets—so, naturally, they got personal. Fewer Historical Names: Unlike older towns that name streets after presidents or historic figures, Camano's development happened more recently and with more personal influence.





## HOME IGNITION ASSESSMENTS THRU JUNE 2025

- Determine potential wildfire risks to your property
- Receive personalized tips for wildfire resiliency
- We serve urban & rural Snohomish County & Camano Island residents!

**SCHEDULE A HOME ASSESSMENT: [snocd.org/assess](https://snocd.org/assess)**



This project is supported with funding from Washington's Climate Commitment Act. The CCA puts cap-and-invest dollars to work reducing climate pollution, creating jobs, and improving public health. Information about the CCA is available at [www.climate.wa.gov](https://www.climate.wa.gov).



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- MIXING COLORS
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DESIGNED FOR AGES 6 - 12

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9:30 - 12:00 PM - AT THE FLOYD



## ARROWHEAD GROOVES OUTDOOR CONCERT SERIES PRESENTS:

### WOODSTOCK Revisited

A JIMI HENDRIX Tribute  
by RANDY HANSEN  
With Mary Ellen Lykins

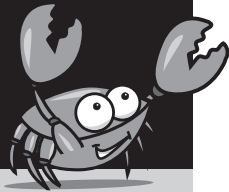
**2nd  
August**

2:00 PM

6:00 PM



# Community Information



## FATHER'S DAY TRIVIA

Question: In  
The Parent Trap,  
where is Hallie  
and Annie's father's vineyard  
located?

Answer: Napa,  
California

## THE STANWOOD HIGH SCHOOL CLASS OF 1965 CELEBRATES 60 YEAR REUNION

On Saturday August 2nd the Stanwood High School Class of 1965 will gather to celebrate its 60th year Reunion with a 'Meet & Greet' at the Angel of the Winds Casino in Arlington. This will be an opportunity to reacquaint and visit after so many years. There will be a 'Class of 1965' kiosk in the Sports Venue to sign in, receive name tags and exchange information for this event. The Kiosk opens at 12:00 noon and closes at 4 PM. Casino Hotel reservation if needed, recommended in advance. The Hot Topic will be the 'Class of 65' Tribute Picnic and the plan to honor to all of our Classmates that are attending and that have passed with an embrace of gratitude and appreciation, for bringing us all together at this point in time. There are significant things going on in our lives now and a 'Good Old Fashion' country Picnic is just the remedy. We are also inviting both the Class of 1964 & 1966 to come join us in this celebration to remember. On Sunday August 3rd (The 51st Anniversary of the End of the Vietnam War), at the American Legion Post # 207, we are planning a special tribute to all of those that experienced that period in time in so many capacities with so many of its effect on all of our lives. In 1965, the largest draft since World War II, our generation was called to duty to challenge the Communist efforts in South East Asia. Born before the middle of the last Century, we were the 'Duck & Cover' school kids of the 1950's, and then we were the students of the 1960's that were inspired by President Kennedy to "Ask what can we do for our Country". Many put on the uniform and many others put a strong effort into maintaining the 'Wheel' and keeping it turning. We plan to Honor our Military Servicemen, our Educators, Sciences and Care Givers and all the families and friends that have brought the 'Wheel' full circle. For all of those who wore the Uniform of Our Armed Forces, a special thanks to you and an acknowledgment of gratitude for your service which is long overdue. One very special Military Veteran will be honored specifically for his outstanding service and duty to his fellow soldiers and our Country. Four other Veterans from Stanwood High School will be honored for their ultimate sacrifice in the quest for Freedom for others. Camano Island American Legion Post # 207 located at 609 SW Marine View Drive will host the Picnic on Sunday Aug. 3rd with doors open at noon. Available parking but ride sharing suggested. Picnic style with Fried Chicken and fixings. Bring your favorite dish or desert. Donations only. Contact info: Steve Schaaf: swschaaf21@gmail.com or JC Anderson: jcaassociates@aol.com.



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## Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials!  
This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics  
you need to understand your options.

### Camano Center

606 Arrowhead Road, Camano Island, WA 98282

#### May:

- 5/7/2025 – 10:00am – 11:00am Jensen Room
- 5/21/2025 – 3:00pm – 4:00pm Jensen Room

#### June:

- 6/4/2025 – 10:00am – 11:00am Jensen Room
- 6/18/2025 – 3:00pm – 4:00pm Jensen Room

### RSVP's NOT REQUIRED, BUT ENCOURAGED

Please contact us to RSVP or for more information  
about upcoming events.



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# Community Information



## FATHER'S DAY TRIVIA

Question: Who played Olive's father in the movie Easy A?

Answer: Stanley Tucci

## MAKE A DIFFERENCE: HELP NEIGHBORS STAY SAFE AT HOME!



Camano Helping Hands and The Volunteer Chore Program volunteers play a vital role in supporting older adults and individuals with disabilities, helping them remain safe in their homes for as long as possible. We connect volunteers with pre-screened community members who need extra assistance with everyday tasks. Volunteers can choose tasks that fit their interests, skills, and availability, including things like: Light housekeeping (monthly cleaning, deep cleaning, or single-task projects like refrigerator clean-outs); Taking out trash or recycling; Household laundry; Running errands and accompanying clients to personal care appointments; Light yard maintenance; Minor home repairs; Short-term pet care; Social visits for companionship; Assistance with non-financial paperwork; Helping with online tech and gadgets. Your time and kindness can make a world of difference! Join our Camano Helping Hands Volunteers and help support our community--one task at a time. Ready to make a difference? Use this link to fill out the online application specific to this volunteer opportunity. <https://www.whatcomvolunteer.org/chore-program-camano-helping-hands-volunteer-application>



THEY CAME. THEY SPELLED...IT WAS AWKWARD

JUNE 13<sup>TH</sup> - JUNE 29<sup>TH</sup>  
AT THE HISTORIC LINCOLN THEATRE  
MOUNT VERNON, WA

BARGAIN NIGHT JUNE 26<sup>TH</sup> \$10 OFF EVERY TICKET

DIRECTED BY MASON BEAVER

THE 4<sup>TH</sup>  
ARTS GUILD

The 4<sup>TH</sup> Annual Putnam County Spelling Bee is presented through special arrangement with Read: Stories International (2017). All intellectual property is reserved and all rights reserved by Read: Stories International.





# Community Information



## FATHER'S DAY TRIVIA

Question: What  
is the official  
flower of Fa-  
ther's Day?

Answer: Red  
roses

## HERITAGE PICKLEBALL



What do these 8 new players have in common? They are having fun! Want to learn how to play Pickleball? See the schedule below to pick one free remaining introductory lesson provided by CSPA at Heritage Park this summer: June 10: 11am – 1pm; June 26: 11am – 1pm; July 12: 11am – 1pm; July 24: 11am – 1pm (Reserved); August 5: 6pm – 8pm. For more information visit: <https://www.camanopickleball.com/heritagepark>. To sign up for a session online, you will need to create a free Playtime Scheduler account if you don't already have one. This can also be found on our website with easy instructions at: <https://www.camanopickleball.com/ptscheduler>

## CAMANO ISLAND STATE PARK CONSERVATION STATION

This summer, join Snohomish Conservation District staff at Camano Island State Park to explore the fascinating plants and animals that share our local environment. Find us near the boat launch from 12–2 pm on Mondays, Wednesdays, and most Fridays between June 23 and August 29. We'll have interactive activities and engaging displays covering topics like bald eagles, marine mammals, native plants, and more. Fun for all ages—stop by and learn with us!

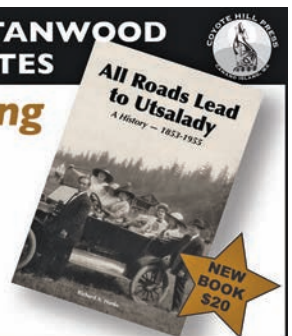
## KICK OFF THE SUMMER TOUR OF STANWOOD AND CAMANO ISLAND HISTORIC SITES

### Book Launch, Sales & Signing

Talks on the hour by Richard Hanks

**June 14, 2025**  
**Noon - 4:00PM**

at the Camano City Schoolhouse & Fire Hall  
933 Orchid Rd., Camano Island



# Community Information



## CITIZENS PATROL PROGRAM



Stanwood Police Department's Citizens Patrol Program is now recruiting volunteers! Citizens Patrol members act as an extra set of eyes and ears for our officers—helping keep Stanwood safe through community presence, observation, and support. No law enforcement experience is needed—just a willingness to serve! Always in Pairs: Volunteers patrol in teams of two for added safety and support. Flexible Commitment: Dedicate just 8 hours per month—you choose the time that works for you. Community Impact: Your presence helps deter crime and builds stronger connections between police and residents. This is a great opportunity to get involved, stay connected, and make a real difference in Stanwood. Ready to serve? Visit <https://bit.ly/4kNBdM5> to get started.

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# Community Information



## FATHER'S DAY TRIVIA

Question: Who famously said "Luke, I am your father"?

Answer: Darth Vader. (Though technically, the line is "No. I am your father.")

## ED GRANT AWARDEES

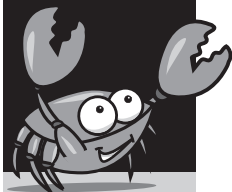
Congratulations to the awardees of the Stanwood-Camano Area Foundation's second annual Educational Enhancement Grant Program. Funding is provided by the Christoferson Family and the Floyd & Delores Jones Endowment Fund. The following projects have been awarded grants totaling \$40,796.91, for use in the 2025-2026 school year: 4 STEM Pathway Labs (Mobile Labs with Lessons) - Saratoga School; Jenny Sepulveda, Alysha Brook, Rebecca Buller, Amy Thompson, Michele Baker, Monica McDaniel; Art Materials to Enhance Reading Curriculum - Elger Bay Elementary, Melanie Lewis, Kathleen Nelles, Stacey Main; Art Supplies for Elementary Art Class - Twin City Elementary, Lindsey Jacoby; Art Classroom Enhancement - Elger Bay Elementary, Jennifer Ledgerwood; Books for First Grade Classroom Library - Elger Bay Elementary, Stacey Main; Books to Support Learning in the Classroom - Cedarhome Elementary, Molly Crimin-Arnestad, Cheryl Orkney; Character Development Program for Students within the Behavior Support Classroom - Port Susan Middle School, Meghan Lawrence; Children's Museum on the Go and Really Great Reading Blast Kits - Cedarhome Elementary, Emily Fisher, Carin Koster, Diana Laws, Brenda Mendez; Enhancing Learning in SS with Chromebooks - Stanwood High, Jason Femrite, Doug Flickner; Expanding Access to Engaging Non-Fiction and Interactive Books for High School Students - Stanwood High & Lincoln Hig, Debbie Bynum; Expanding Minds: Non-Fiction and Interactive Books for Grades 6-8 - Port Susan Middle & Stanwood Middle, Debbie Bynum, Pam Palmer; First Grade Leveled Readers for Small Group Instruction - Cedarhome Elementary, Renee Barrie, Abby Burke, Kristina Dickinson, Lori Hayton; Gross Motor Skills Toolkits for Elem. - Stanwood Elementary, Stanwood High, Laura Hingston, Karly Zollinger - Learning Materials for STEM and and Creative Materials for Learning Through Art - Cedarhome Elementary, Elizabeth Ann Petersen; LEGO Education SPIKE Essential Kit - Twin City Elementary; Katrina Trampush, Craig Kelley, Casie Haugstad, Zach Pfrimmer; Materials for Emerging Readers - Cedarhome Elementary, Carolyn McNeill; Materials to Support Struggling Readers - Elger Bay Elementary, Kathleen Nelles; Novel Study Sets and Lower Level Chapter Books for 2nd Grade Readers - Utsalady Elementary, Sarah Bardon, Minde Carlson; Ongoing Knitting Machine Hat Project - Cedarhome Elementary, Cory Crandall; PocketLab Devices - Stanwood Middle, Doug Smith, Morgen ten Hoopen, Shannon Austin, Kelly Ingram; Reading Intervention Materials to Support Small Group Instruction in Elementary Classrooms - Cedarhome Elementary, Katrina Pickrell, Kristin Snider; Speech Sound Production Materials for SLP Intervention - Utsalady Elementary, Ricki Rutledge; Vent Hood for School Kiln - Cedarhome Elementary, Kristen Pappas.

## STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: [www.sahs-fncc.org](http://www.sahs-fncc.org).



# Community Information



## FATHER'S DAY TRIVIA

What percent-  
age of men  
in the U.S. are  
fathers?

Answer: About  
61.6% of men  
(74.7 million  
men) are fathers

## PROMOTE YOURSELF TO THOUSANDS OF COMMUNITY MEMBERS

The Crab Cracker Community Magazine reaches thousands of people throughout the community (and even some countries abroad). We have a print readership as well as an online presence. So no matter when or wherever you are, you can access our publication. Read about the local events and information in the area. By immersing yourself in local events and news, you become stronger connected to the community you live in. To make that happen for everyone within our Port Susan communities, we spend countless hours receiving, researching, and gathering local content to publish. Please note, however: we are a two-person operation. I am the Creative Director, editor, and co-owner, whereas my wife is the Financial Department, customer service, and community liaison, and also co-owner. We both have full-time jobs in order to support our home and family (The Crab Cracker does not sustain us). With so much time spent on work and family and home responsibilities, we are sometimes limited in time spent to acquire content for the magazine. Thus, we miss pertinent events or info that can be valuable knowledge to the area. To ensure your event or press release or personal marketing/promotion can be viewed to thousands of readers and potential clients, (usually for free or at a small cost), please submit your info to us. Doing so will ensure you get published and will alleviate our time and effort searching hundreds of websites and social media with a chance of missing something. Please submit info to: [thecrab@thecrabcracker.com](mailto:thecrab@thecrabcracker.com) or call 425-299-7893. Be aware, that we submit our magazine to the printer one week in advance. Please review the deadline date on page 3 of every issue.

## FREE SUMMER MEALS PROGRAM

Summer meal programs help children get the nutrition they need to learn, play, and grow throughout the summer months. The Stanwood-Camano School District is again offering its free Summer Food Service Program for all children ages 18 and younger. The program is open to all families and doesn't ask for any paperwork — kids can just drop in and grab a meal. Offered Monday through Friday at the following locations: Twin City Elementary (26211 72nd Ave. NW, Stanwood, WA 98292) - Dates: June 23 - August 22 - Breakfast: 8:30 a.m. - 10 a.m. - Lunch: 10:30 a.m. - 12:15 p.m.; Stanwood High School (7400 272nd Ave. NW, Stanwood, WA 98292) - Dates: July 28 - August 2 - Breakfast: 8:30 a.m. - 10 a.m. - Lunch: 10:30 a.m. - 12:15 p.m.

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*3rd Sundae in June*



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# Community Information



## STATE PARK FREE DAYS

No Discover Pass needed to park at a state park on these days: June 19 (Juneteenth), August 9 (Smokey the Bear's Birthday), September 27 (National Public Lands Day), October 10 (World Mental Health Day), and November 11 (Veterans Day). Learn more at [discoverpass.wa.gov](http://discoverpass.wa.gov).

## CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all.

## ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!

## BASKETBALL FREE PLAY FOR THE COMMUNITY

Every Friday at 795 Ell Rd., Camano. "Note: it is at an LDS church and I am a missionary, but we are here to play basketball. It is indoors and it's not quite a full size court, but it's good enough to have fun. All are welcome."

## DROP-IN VOLLEYBALL

Thursday nights at the Stanwood YMCA. 7-9 PM. Back by popular demand. If you are 15+ come and join a friendly game. We will have two courts set-up for FUN!

## 4<sup>th</sup> OF JULY PARADE and ICE CREAM SOCIAL FRIDAY, JULY 4<sup>th</sup> 11 AM IN STANWOOD -AT THE WEST END

### 4<sup>th</sup> OF JULY PARADE ROUTE

Afterwards, enjoy complimentary ice-cream with strawberries and coffee at the Floyd



Everyone is welcome to join in the parade. Come line up in the Josephine Caring parking lot at **10:15 am.**

Kids Costume Contest in 3 categories: **Historic, Patriotic, & 4th of July.** Winners will receive award certificate and prize money.



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## CHILI LIME CHICKEN KEBABS

Make it a meal and serve these delicious, grilled chicken, pineapple, and veggie skewers over a bed of our spicy Mexican Rice, Enjoy!



### MARINADE:

3 T. olive oil  
1 1/2 T. red wine vinegar  
1 lime juiced  
1 tsp. chili powder  
1/2 tsp. smoked paprika  
1/2 tsp. onion powder  
1/2 tsp. garlic powder  
Cayenne pepper to taste  
Salt and freshly ground black pepper to taste

### CHICKEN:

1 boneless skinless chicken breasts cut into 1 1/2-inch pieces  
Skewers

1. MARINADE: In a small bowl, whisk together olive oil, vinegar, and lime juice. Season with chili powder, smoked paprika, onion powder, garlic powder, cayenne pepper, salt, and black pepper; whisk to combine.

2. Place the chicken pieces in a shallow baking dish. Pour the marinade over the chicken; stir to coat. Cover and marinate in the refrigerator for at least 1 hour.

3. NOTE: If using wooden skewers, soak them in water for 20-30 minutes before grilling.

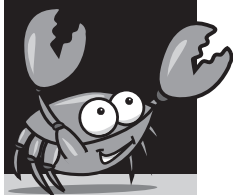
4. Preheat the grill to medium-high heat. Thread chicken and desired fruits and vegetables onto the skewers (see cook's note below) and discard the marinade.

5. Lightly oil the grill grate. Grill skewers for 10 to 15 minutes, or until the chicken juices run clear. Yields: 4 chicken skewers or 8 chicken, fruit, and veggie skewers

6. COOK'S NOTE: Alternate pineapple, mushrooms, onions, zucchini, or red and green peppers cut into 1 to 1 1/2-inch pieces onto skewers with marinated chicken before cooking.



# Classes and Workshops



**Medicare Basics Information Class** June 18, 10am at Camano Island Library – Also available live via Zoom. Free and open to the public. This free community class will help you understand the basics of Medicare, avoid common pitfalls, and explore your options for supplemental coverage through private insurance. RSVP for the in-person class, or register to attend online via Zoom: Call 360-967-9601.

**Full of Words:** A Free 8-Week Women's Writing Circle (at the Camano Island Library, Jul 9 - Aug 27). Details here: <https://tinyurl.com/full-of-words>

**Flower Farm Retreat** - We invite you to our beautiful summer retreats for a day filled with flowers, relaxation and renewal at a small, woman owned and operated flower farm in Stanwood. Two upcoming events: June 21st and July 26th. More information and register at Art Garden Yoga. <https://artgardenyoga.com/>

**YogaTone** June 15 and 22. Drop-Ins Welcome! Kick off your summer and join us for a fantastic, fun, positive sweat/dance/movement/yoga class that's designed for just about anyone. \$92 for 4 classes or \$30 drop in register at [movementarts.com/events](http://movementarts.com/events).

**Private Music Lessons** (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Try it first! Book a free 30-minute lesson: [HartMusicSchool.com/free-trial](http://HartMusicSchool.com/free-trial). (Music teachers apply here: [HartMusicSchool.com/apply-to-teach](http://HartMusicSchool.com/apply-to-teach)).

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# Classes and Workshops



## FATHER'S DAY TRIVIA

Question: What percentage of men in the U.S. are stay at home dads?

Answer: 7%

**FamilySearch Center** – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription websites and records. Contact us at [camano@familyhistorymail.org](mailto:camano@familyhistorymail.org).

**Guitar Lessons with Ford Geisbrecht.** All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

**Energy Medicine for Everyone!** Discover Your Luminous Nature. An Introduction to the Medicine Wheel of the Andes. Learn about your individual Luminous Energy Field and practices to access the Rainbow Body. No prior experience required, this is an introductory workshop. Dress for comfort, bring a yoga mat if you have one. Saturday June 21, 12-4 pm \$105 Movement Arts Yoga Studio

**Chris Tuohy Music and Dance Teacher offering the following private lessons:** Sax, flute, clarinet, piano & voice. Available classes: Ballet, and Tap. The studio has a floating sprung maple dance floor available to rent, perfect for any kind of dance, martial arts and yoga etc. All classes are held at: Forte Music Dance Ar, 1095 Essex St. A-1 Camano Island WA 98282 for more info or to register please contact: Chris Tuohy @ 360.572.9262 or [jazzman2e@mac.com](mailto:jazzman2e@mac.com)

**Stone Carving Class 2025:** 3 Day Stone Carving Workshop, June 27-29 on Camano Island. \$465, includes: Catered lunches, Instruction from master carver, Kentaro Kojima, stone is available for a discount and loaner tools provided. Matzke Fine Art Gallery & Sculpture Park. Info and applications: [matzke@camano.net](mailto:matzke@camano.net) or call 360-387-2759.

**Movement Arts Yoga Classes In-studio & Online.** ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to [www.movementarts.com](http://www.movementarts.com) and follow the links to view our video library of online hour length classes.

**Line Dance Lessons** at the Camano Center with Kari — every Wednesday 3:00pm-3:45pm. Fun and exercise! [socialdancesimplified.com](http://socialdancesimplified.com).

**High Fitness Saturdays:** Join us for a FREE high-intensity (or low intensity, you choose) group exercise class (like dance fitness) Saturdays at 7:45 at 795 Ell Rd on Camano. Classes are also available Wednesday mornings at 6 am in Stanwood at The Dance Project NW for \$10/class. Go to “High Fitness Stanwood PNW” on Facebook for more info!



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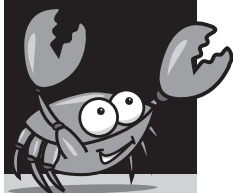
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# Classified Listings



## FATHER'S DAY TRIVIA

Question: In which movie does Liam Neeson tell his daughter's kidnappers that he has "a very particular set of skills"?

Answer: Taken

## GARAGE / ESTATE / YARD SALES:

**Estate Sale:** June 14-15, 8am to 3pm at 832 Margie Ann Dr, Camano. Tons of furniture, paintings, antiques, everything must go.

**Lake Ketchum Neighborhood Garage Sale/Stanwood** June 27th - 29th. 9am-4pm South Lake Ketchum Rd. Follow the signs.

## MISCELLANEOUS:

**I buy vinyl record albums:** Rock, Pop, Jazz and more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

**Venue for rent:** The Stanwood American Legion Post 92 has space for rent. Located next to Rite Aid, we have a large room and full kitchen. For information, call 360-629-2851 after 1 PM daily.

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**Free Macbook and iPad / iPhone Tutoring** 3 / 30-minute sessions in the Camano Center Library (1pm, 1:30pm, 2pm) the second and fourth Thursdays of each month. Email Joyce to sign up at [fact@ms-deadlines.com](mailto:fact@ms-deadlines.com)

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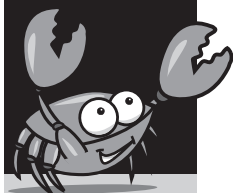
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**The Community Resource Center** is looking for a handy person to perform maintenance and repairs on a bi-monthly basis and on call as needed. 360-629-5257 or [events@crc-sc.org](mailto:events@crc-sc.org).

# Clubs and Meetings



## FATHER'S DAY TRIVIA

Question:  
What's the average age of a first-time dad in the U.S.?

Answer: 30.9 years old

**Camano Island Library Friends** - We invite you to join us for our most important meeting of the year on June 26th, 3:00 p.m. in the Community Room at the library. Eric Howard, new Executive Director for Sno-Isle Libraries, will be our guest speaker. We will share plans for our BIG August 16th community event at Camano Commons in celebration of the libraries' 10-year anniversary. Election of officers and the fiscal year budget are on the agenda. Calling volunteers to help with our Book Sale scheduled for Saturday, September 27th at the library. If interested, please contact us at [camanolibraryfriends@gmail.com](mailto:camanolibraryfriends@gmail.com). Please come and bring a friend!

**Stanwood Chapter of Top's (Take Off Pounds Sensibly)** would like to invite you to join us on Thursday mornings at the Cedarhome Baptist Church (29000 68th Ave. NW in Stanwood.) We meet at 10:00 a.m., and would love to have you visit our group of wonderful supportive friends! Please feel free to call Gay at (360) 393-7117 for more information.

**Parks & Play** 10-11:30am at Freedom Park, Camano Island. For ages 0-5 and their caregivers. Explore our local parks while doing arts and crafts, sensory activities, waterplay, reading stories, pop tunnels, music and more! [info@crc-sc.org](mailto:info@crc-sc.org) or 360-629-5257

**Dottie's Nature Play** - at Stanwood Camano Community Resource Center. This playgroup is all about hands-on discovery, sensory-rich experiences, and letting curiosity lead the way. Come dressed for the weather and ready for adventure! More info: [info@crc-sc.org](mailto:info@crc-sc.org) or call 360-629-5257.

**Rainy Day Room Playgroup** Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: [www.crc-sc.org/events](http://www.crc-sc.org/events).

**Teen Programs** Monday through Friday at the Community Resource Center, please visit [www.crc-sc.org/teenprograms](http://www.crc-sc.org/teenprograms) for more details and schedule of activities.

**Kaleidoscope Play & Learn** a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at [www.crc-sc.org/events](http://www.crc-sc.org/events).

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## CASA'S PET OF THE WEEK:

Introducing **DUMBO!** This big-hearted fella is eagerly searching for his forever snuggle spot! Despite his hefty size, Dumbo fancies himself a lap dog in disguise. Dumbo is a sweet, albeit slightly shy, pup eager to learn the ropes of trust. His dream? To find someone who'll shower him with love and keep him safe. Swing by the shelter to meet him! Just remember, a meet-and-greet with any current canine companions is a must.

**Camano Animal Shelter Association (CASA):**  
360-387-1902. [www.camanoanimalshelter.org](http://www.camanoanimalshelter.org)



## NOAH'S PET OF THE WEEK:

Meet **MURPHY!** Looking for a playful, active pup to add some life and love to your family? Look no further! This adorable pup, is looking for a FURever home committed to training, while giving out plenty of love and patience. If you are ready to add this beautiful, cutie-pie pupper to your family, come and talk to an Adoptions Matchmaker today!

**The N.O.A.H. Animal Adoption Center:**  
(360) 629-7055. [www.thenoahcenter.org](http://www.thenoahcenter.org)



## SAVE-A-MUTT'S PET OF THE WEEK:

**PEANUT** is a beautiful lady who is dreaming of a forever home. She is a sweetheart and greets everyone with a wagging tail. She loves everyone and everyone loves her! We think she would enjoy a home with another canine companion possessing the same gentle demeanor that she has. **FIRST STEPS:** Visit [www.save-a-mutt.org/adoption-application/](http://www.save-a-mutt.org/adoption-application/) to fill out an application. We are a foster home based rescue.

**Save-A-Mutt (Silvana, WA):**  
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# View from the Bleachers



*Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his new YouTube channel by the same name.*

## DON'T BECOME PICKLEBALL'S NEXT TRAGIC VICTIM

Fellow pickleball players, it's time somebody lulled all of you out of your collective coma and revealed the news that the mainstream media refuses to report: Pickleball is trying to kill you.

Oh sure, the game looks innocent enough. But I've done some research about the health risks of playing pickleball. Prepare to be shocked. If you think playing pickleball is not hazardous to your health, then you might as well take up smoking crack cocaine. At least with crack you're probably not going to tear your Achilles Tendon.

Pickleball might be sweeping the nation as our fastest growing sport. But make no mistake, it's not just a game. It's a potential death trap waiting to suck you into its treacherous evil clutches. If the following statistics don't terrify you and make you throw your paddle into a nearby volcano, then you're living in denial – either that or you must not live near a volcano.

In 2023 alone, here in the United States of America, pickleball injuries clocked in at a staggering 66,750 emergency department visits. We're talking about twisted ankles, broken wrists, sprained backs, and the occasional heart attack from the sheer shock of realizing that you finally won a game against Trevor, who is a 4.0 player, and you've never beaten Trevor.

But it doesn't stop there. The pickleball plague reaches deep into our healthcare system, sending over 366,000 Americans to outpatient visits annually. That's over a third of a million individuals who, after engaging in what was supposed to be a pleasant recreational activity, found themselves begging for immediate medical attention and needing anything from stitches to hip surgery to a heart transplant (admittedly, the likelihood of needing a heart transplant after a pickleball injury is probably remote).

I wonder if there's a support group for the survivors of pickleball. If not, there should be. The meetings would probably have a 50% no-show rate because, well, half of those people would still be recovering in traction. Statistics show that men are significantly more likely to be hospitalized after a pickleball injury than women, with a ratio of ratio of 2.3 to 1. The medical explanation for this discrepancy is that men are wimps.

Still think pickleball is a safe sport and that you'll somehow skate by unscathed? Good luck with that, buddy. Did you know that in 2023 alone there were 4,700 hospitalizations and just under 9,000 surgeries in the USA caused by pickleball? As if all this wasn't enough to make you rethink your life choices, let's turn to the financial horror show that pickleball has unleashed upon the world. The cost of this bloodsport? \$377 million in healthcare expenditures in the USA alone in 2023. Nearly \$400 million spent on treating people who decided that hitting a plastic ball over a net was a good way to spend an afternoon. Let that dink in, I mean sink in.

# View from the Bleachers



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information.

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them!*

At this point, you may be thinking, "But Tim, I just wanted to get some light exercise. I've found it to be a good social activity. I'm just trying to have fun!" Well, fun is what they call it right before you're sprawled on the court, clutching your ankle while the EMT's prepare to load you into the back of the ambulance.

Oh sure, the social appeal of the game is undeniable. Nothing brings people together quite like a shared experience of trauma and profound worry over whether you'll ever walk again. On the bright side, you just might meet some interesting new people in the waiting room of the ER. But honestly, was it really worth a trip to the ER when you hurled your body headlong into the concrete court just so you could make the game-winning shot? I think we both know the answer to that question: Yes. Yes, it was. But that's beside the point.

I for one can no longer stand idly by and watch as pickleball claims more innocent victims. If you're playing right now, it's time to stop. Take up shuffleboard, join a knitting circle, or maybe get into competitive bird-watching – anything but pickleball.

After writing the previous paragraph, I did a little more research. If none of the above suggestions for an alternative to pickleball appeals to you, then you could always try Grizzly Bear wrestling. I just Googled it, and apparently there has not been a single reported incident of anyone being killed while wrestling with a Grizzly EVER! Okay, so technically, there is no medical evidence that anyone has ever actually died from playing pickleball either. But for God's sake, why take any chances?

If you want to live a long, happy life, just put down the paddle and pick up the remote. Then order a meat lover's pizza from Domino's. (Unless you're more of a Papa John's fan.) I'm just trying to look out for your well-being.

  
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# TIDE TABLES / SARATOGA PASSAGE / JUNE 13 - 26, 2025

| Date  | High /Low | Tide Time | Height Feet | Moon Visible  | Date  | High /Low | Tide Time | Height Feet | Moon Visible  |
|-------|-----------|-----------|-------------|---|-------|-----------|-----------|-------------|---|
| F 13  | Low       | 1:20 AM   | 7.8         |  | F 20  | High      | 12:14 AM  | 11.9        |  |
| 13    | High      | 5:32 AM   | 9.6         |   | 20    | Low       | 7:22 AM   | 1.1         |   |
| 13    | Low       | 1:02 PM   | -2.2        |   | 20    | High      | 2:01 PM   | 8.1         |   |
| 13    | High      | 8:46 PM   | 12.0        |   | 20    | Low       | 6:45 PM   | 5.4         |   |
| Sa 14 | Low       | 2:08 AM   | 7.7         |  | Sa 21 | High      | 12:53 AM  | 11.8        |  |
| 14    | High      | 6:12 AM   | 9.2         |   | 21    | Low       | 8:11 AM   | -0.6        |   |
| 14    | Low       | 1:40 PM   | -1.9        |   | 21    | High      | 3:28 PM   | 9.5         |   |
| 14    | High      | 9:22 PM   | 12.1        |   | 21    | Low       | 7:56 PM   | 6.7         |   |
| Su 15 | Low       | 3:00 AM   | 7.4         |  | Su 22 | High      | 1:35 AM   | 11.8        |  |
| 15    | High      | 6:57 AM   | 8.7         |   | 22    | Low       | 9:00 AM   | -2.1        |   |
| 15    | Low       | 2:20 PM   | -1.4        |   | 22    | High      | 4:36 PM   | 10.7        |   |
| 15    | High      | 9:58 PM   | 12.0        |   | 22    | Low       | 9:06 PM   | 7.6         |   |
| M 16  | Low       | 3:56 AM   | 6.7         |  | M 23  | High      | 2:21 AM   | 11.8        |  |
| 16    | High      | 7:53 AM   | 8.1         |   | 23    | Low       | 9:49 AM   | -3.2        |   |
| 16    | Low       | 3:04 PM   | -0.5        |   | 23    | High      | 5:36 PM   | 11.8        |   |
| 16    | High      | 10:32 PM  | 12.0        |   | 23    | Low       | 10:11 PM  | 8.0         |   |
| Tu 17 | Low       | 4:51 AM   | 5.7         |  | Tu 24 | High      | 3:08 AM   | 11.7        |  |
| 17    | High      | 9:08 AM   | 7.4         |   | 24    | Low       | 10:37 AM  | -4.0        |   |
| 17    | Low       | 3:51 PM   | 0.7         |   | 24    | High      | 6:28 PM   | 12.5        |   |
| 17    | High      | 11:05 PM  | 12.0        |   | 24    | Low       | 11:14 PM  | 8.1         |   |
| W 18  | Low       | 5:42 AM   | 4.4         |  | W 25  | High      | 3:57 AM   | 11.5        |  |
| 18    | High      | 10:40 AM  | 7.1         |   | 25    | Low       | 11:26 AM  | -4.2        |   |
| 18    | Low       | 4:44 PM   | 2.2         |   | 25    | High      | 7:15 PM   | 12.9        |   |
| 18    | High      | 11:39 PM  | 11.9        |   | 25    | Low       |           |             |   |
| Th 19 | Low       | 6:31 AM   | 2.8         |  | Th 26 | Low       | 12:13 AM  | 8.0         |  |
| 19    | High      | 12:16 PM  | 7.3         |   | 26    | High      | 4:48 AM   | 11.1        |   |
| 19    | Low       | 5:41 PM   | 3.8         |   | 26    | Low       | 12:13 PM  | -4.1        |   |
|       |           |           |             |   | 26    | High      | 7:59 PM   | 12.9        |   |



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