

THE CRAB CRACKER
COMMUNITY MAGAZINE

ISSUE 414
October 3-16, 2025



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway



Join Us in **2025!**

Annual Individual Memberships Only \$30

- Be first to hear about Camano Center events
- Take part in a thriving social community
- Participate in weekly group activities
- Join us for Mon/Wed/Fri community lunches
- Enroll in special classes
- Enjoy the book & puzzle lending library
- Free Wi-Fi
- Free coffee and tea all day
- Free Notary services
- Outdoor walking trails
- Help support our Mission and Vision
- Vote to elect our Board of Directors

Annual Nonprofit & Business Rates \$100/\$150

- Monthly E-Newsletter listing reaching over 1,000 people
- Digital marketing reaching thousands of monthly Camano Center & 2nd Chance Thrift Shop visitors
- Website business listing with a link to your website
- Advertising materials in our designated "Business Member" area
- Event sponsorship opportunities
- Meeting room rentals available
- Local community involvement

www.CamanoCenter.org
(360) 387-0222



CamanoCenter
 Get connected.

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Find us on:
facebook.

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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: Autumn "Rain". Photo by Natalie Bond.

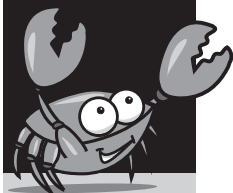


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Submission DEADLINE: OCTOBER 9 for Next Edition (October 17-30)

Calendar of Events



FRIDAY, OCTOBER 3

STANWOOD HIGH SCHOOL SPORTS

C Team Boys Tennis vs Lake Stevens. 4pm.

Varsity Football vs Ferndale. 7pm.

FRIDAY, OCTOBER 3

THE REPTILE LADY



6:30-8:30pm at the Stanwood Library. Join April Jackson, the Reptile Lady, for an after-hours reptile program for all ages! To make sure everyone gets a chance to meet the animals and ask questions, we encourage kids to join us in the first hour and adults the second hour.

BREAST CANCER SCREENING

**So you can be
there for
coffee talks.**



Don't wait, schedule your
3D mammogram today.



360-814-8208

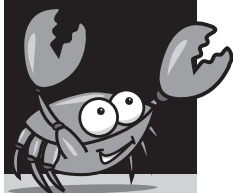
MOUNT VERNON | ARLINGTON

Skagit Regional Health

SkagitRegionalHealth.org/CancerScreenings



Calendar of Events



look for us
online at

**www.TheCrab
Cracker.com**

or on
Facebook.

Download
current or past
editions.

FRIDAY, OCTOBER 3

POWERHOUSE

at Pub 282. This "Cream of the Crop" collection of northwest musicians is one of the most interesting acts you'll see. They play everything from killin' Rhythm and Blues, Rock, Blues, Soul and Jazz.

FRIDAY, OCTOBER 3

BENNY SIDELINGER + MILD MALLARD

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. Join us for an excellent co-bill show. Tickets: \$12 ADV / \$15 DOS Online ticket sales end at noon on the day of the show. All ticket sales are final show day. -21+ -seating is first come, first served -outside food is okay to bring in, no beverages please Genre: folk, acoustic, Americana, blues and rock.

FRIDAY, OCTOBER 3

FRIDAY NIGHT KARAOKE

WITH MARCUS. 8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.

FRIDAY, OCTOBER 3

DJ HOUSE PARTY

6-9 pm at Celestial Isles, 880 Ashley Way, Camano. \$10/adult kids 6 and under free! RSVP text James 509-741-4132.

SATURDAY, OCTOBER 4

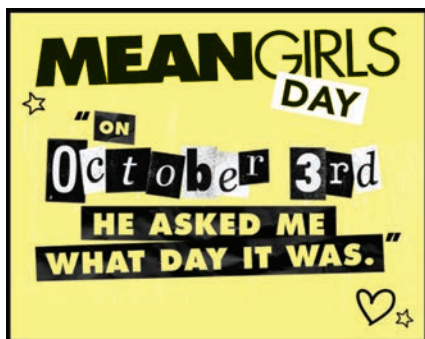
FOOD WRITING FOR BEGINNERS

2:00 PM – 3:00 PM at the Stanwood Library. Join McKenzie Wilson from SilverKite Community Arts as we discuss ways to evoke favorite foods, recipes, and the power of specificity and senses to describe culinary experiences. Bring a piece of fruit, a favorite fall novelty, or a (non-alcoholic) beverage that we can write about. This is a great class for beginners and "foodies" who wish to write about their favorite food craves.

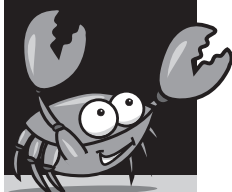
SATURDAY, OCTOBER 4

STACY JONES LIVE AT PUB 282!

lues, rock, and soul like you've never heard before—Stacy Jones is bringing her powerhouse vocals, killer guitar, and raw energy to Pub 282! Get ready for a night of electrifying music, deep grooves, and unforgettable vibes.



Calendar of Events



SATURDAY, OCTOBER 4 THE 16TH ANNUAL ART AUCTION



"Live Art Auction" 100 artworks starting at 4:30pm. \$20 at the door, Food and Drinks. Auctioneer Al Mangold and MC Jack Gunter. Hosted by Karla Matzke. Matzke Fine Art Gallery and Sculpture Park, 2345 Blanche Way, Camano Island

SATURDAY, OCTOBER 4

POP UP MARKET

10am-4pm at Kristoferson Farm. Join us for a charming countryside escape at our Farm Stand Pop-Up Market, where rustic flavors and handcrafted treasures come together for a one-of-a-kind shopping experience. Family-friendly and free to attend!

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Health Insurance
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Prescription Drug Plans
Dental



(Mailing Address) 26910 92nd Avenue NW - Suite C5, Box 470, Stanwood, WA 98292
(Physical Address - by appointment only) 1283 Elger Bay Road #B, Camano Island, WA 98282

Calendar of Events



SATURDAY, OCTOBER 4 FAMILY BINGO



at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, OCTOBER 4

SEMBLANCE

Celebrity tributes, impersonations & more at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Stanwood. Live FREE SHOW!!! Show starts at 10 pm. Be there or be square! More info: (360) 629-2324.

PNW
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13th Annual
NORDIC FAIR



Saturday, October 25, 2025

10:00 am - 3:00 pm

Stillaguamish Grange

Stanwood Camano Fair Grounds

Enjoy a day filled with Nordic cultural traditions

Lefse and Krumkake demonstrations and taste samples

Bakery featuring traditional Scandinavian treats

Vendors offering Scandinavian crafts

Raffles gift basket and doll in Scandinavian attire

Lunch (prepared by the ladies of Ingeborg Lodge)

split pea soup, sandwiches, pie, apple cake,

rommegrot, fruit soup, coffee

Unique Scandinavian adventure close to home



No admittance fee. Plenty of free parking

Sponsored by Ingeborg Lodge #43
Daughters of Norway, Stanwood, WA

Need more information? Please contact:

Teresa Garrison (206) 920-4549



Calendar of Events



DID YOU KNOW?

The letter "Q"
doesn't appear
in any American
state's name.

SATURDAY, OCTOBER 4 AKTION CLUB'S E-CYCLE



10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.

SATURDAY, OCTOBER 4

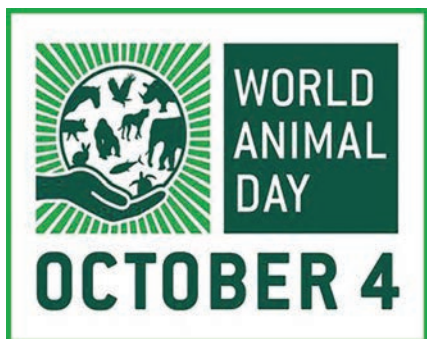
CARS & COFFEE

Come have coffee and admire our local hot rods, muscle cars, and more. Free admission to general public and free to bring by your custom car. The location alternates each week, either at Coastal Vie, Stanwood or Camano Commons. Check with them to determine this week's location. Free coffee for participants (and mini donuts at Coastal Vie). 7-10am. All cars welcome. Come out and have fun!

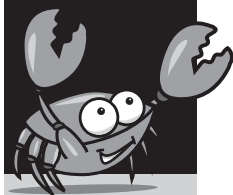
SATURDAY, OCTOBER 4

AUTHOR SIGNING BY R. SNOW

Noon-4pm at Wit's End Books, Stanwood. Come see me and get a copy of Tandem or pick up and entire drifting into you series and maybe even the first wicked novella! Copies of each book will be limited so bring your own if you want to be sure to have stock (or come early!)



Calendar of Events



SATURDAY, OCTOBER 4 BECOME A WEATHER WATCHER!



WHAT'S THE WEATHER DOING?– Can you tell by looking what the weather is doing? What can barometric pressure and cloud formations tell you about what to expect? What is the prediction for the PNW for this winter? Our greatest risk of calamity comes from severe weather. Do you know what to watch for and how to prepare for severe weather? Come learn about this amazing phenomenon called weather, how it works, what changes in our climate can mean for us, and what you can do to keep yourselves safe. Presented by Rhonda Paulson, Camano Preparedness Group, 10am at the Camano Island Library, 848 N. Sunrise.

Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials! This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics you need to understand your options.

Camano Center

606 Arrowhead Road, Camano Island, WA 98282

October:

- Tuesday - 10/7/2025 @ - 1:00pm -2:00pm
- Tuesday - 10/14/2025 @ - 1:00pm -2:00pm

November:

- Tuesday - 11/4/2025 @ - 1:00pm -2:00pm
- Tuesday - 11/18/2025 @ - 1:00pm -2:00pm

December:

- Tuesday - 12/09/2025 @ - 1:00pm -2:00pm
- Tuesday - 12/16/2025 @ - 1:00pm -2:00pm

RSVP's NOT REQUIRED, BUT ENCOURAGED

Please contact us to RSVP or for more information about upcoming events.



425-361-2944 x1 TTY 711



info@vidorassociates.com



www.vidorassociates.com

This is an educational event. A licensed sales representative will be present with information only; there will be no sales activity. The Centers for Medicare & Medicaid Services (CMS) has neither reviewed nor endorsed this information.

Vidor and Associates is not connected to the Federal Medicare Program and this is a solicitation for insurance. Vidor and Associates does not offer every plan available in your area. Any information they provide is limited to those plans they do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE or your local State Health Insurance Program (SHIP) to get information on all your options.

Calendar of Events



SATURDAY, OCTOBER 4 HARVEST PARTY



Noon-5pm at Bayernmoor Cellars, 125 316th St NE, Stanwood. Join us for our FIRST-EVER Harvest Party in Stanwood! Special Harvest Flight + BBQ by Pure Smoke NW; Peak harvest vineyard tours every hour (1-4pm); Walk among our certified Sustainable WA Pinot Noir vines at their most spectacular; See our 2025 grapes actively fermenting into wine! Drop in anytime and help us start this new tradition! \$50/person. You must be 21+ to purchase tickets for this event. Ticket link: <https://bayernmoor.com/product/october-4-2024-1200-1700-stanwood-estate-winery-harvest-party/>

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HOLIDAY BAZAAR!!

WARM BEACH SENIOR COMMUNITY Vendor Venue

(cash, checks, some may take credit cards)

Friday, October 31 & Saturday, November 1
9AM - 3PM

Food Items

Jams,
Various
Baked
Goods

3

Authors
and their
books

WB FELLOWSHIP Room:

Christmas Carousel, Tabletop Ceramic
Christmas Tree, Puzzles,
Quilts, Holiday Plaques, Ornaments,
Wreaths.....and more!

Woodworking
3- D Printed Games and
Artwork, Jewelry,
Painting, Photography

Home Decor

Sea-Glass Jewelry,
Bowl Cozies, Fine Arts,
Ceramics, Wall Decor,
Handmade Soaps &
Lotions, Quilling,
Ornaments, Bowl
Cozies

Handmade Cards incl. Photo Cards,
Handmade Purses, Bags, Aprons,
Wreaths

20502 Marine Drive Stanwood, WA 98292

PLEASE BRING YOUR OWN SHOPPING BAG FOR ITEMS

Calendar of Events



DID YOU KNOW?

Walt Disney
currently holds
the most Acad-
emy Awards at
a lifetime total
of 26.

SATURDAY, OCTOBER 4

2025 SHS ATHLETIC HALL OF FAME BANQUET

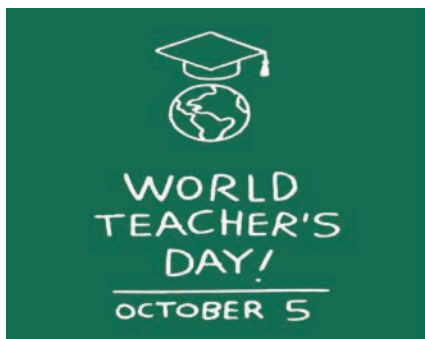


5pm at Stanwood High School. Join us to celebrate our 11th annual SHS Athletic Hall of Fame Banquet. This year's Hall of Fame class includes six individual athletes: Megan Amundson, Sharon Cole, Kaci Jones, Neil Knutson, Brett Myron, and Isaac Teichgrab. Also being honored are legendary coaches Leonard Johannes and Dennis Kloke, the 1998 Baseball Team, the 2009 Girls Cross Country Team, and the beloved football "Chain Gang" volunteers as contributors for their decades of service. Tickets can be purchased for \$35 per person by check to "SHS Booster Club" with -Hall of Fame- in the memo line. Or online at: <https://www.stanwood.wednet.edu>. A table with 8 seats can also be purchased for \$245. Please contact stanwoodhalloffame@gmail.com or call 360-629-1322 for more information. We look forward to seeing you! Go Spartans!

SUNDAY, OCTOBER 5

KIDS PAINT PARTY

1pm at Rockaway Bar & Grill, 326 NE Camano Drive, Camano Island. Join us and Painting with VanGo for a fun Halloween themed Kids Paint Party! Let the kids paint while you watch the Hawks game. Hawks Happy Hour menu will be available as well as football bingo! Make it a family Sunday at Rockaway!



Calendar of Events



SUNDAY, OCTOBER 5 BLESSING OF THE ANIMALS



10am at St. Aidan's Episcopal Church on Camano Island. This special service honors St. Francis, the patron saint of animals and the environment. The blessing is open to all animals—bring your furry, feathered, or scaled friends. 1318 E State Rd 532, Camano Island.

THE Camano SHOP by Beach & Boulevard

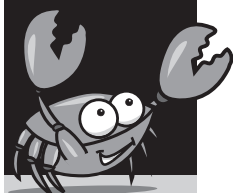
- Pretty & comfortable CLOTHES
- Vintage & new HOME décor
- Unique GIFTS & local features
- 913 SR-532, Camano Isl.
- thecamano.com
- [instagram.com/the_camano_shop](https://www.instagram.com/the_camano_shop)



Shop our 1911
Farmhouse

Camano Island's
only farmhouse
boutique

Calendar of Events



DID YOU KNOW?

Trypophobia is the fear of closely-packed holes. Or, more specifically, "an aversion to the sight of irregular patterns or clusters of small holes or bumps."

SUNDAY, OCTOBER 5 FABULOUS FUNGI TOUR



with Whidbey Camano Land Trust. On this popular autumn tour, you'll learn about the diversity of fungi and explore their habitat at Camano Ridge Trail (off N. Camano Ridge Rd). Our fungi enthusiast will share fungi's important role in the forest ecosystem, and help you identify a variety of fungi. Noon - 2 pm. To ensure good communication, and lessen the impact on the trail, the tour is limited to 20 guests. Children ages 12+ are welcome. No dogs allowed. Free event. Register at <https://www.classy.org/event/2025-fabulous-fungi-of-camano-island>

SUNDAY, OCTOBER 5 LIGHT LANGUAGE DRUMMING CIRCLE

with Lola Singer. 10am-2pm at Spirit2Spirit Equine Facilitated Healing Center, 2532 292nd St NW, Stanwood. Gather together to raise vibrations through sound on farmland amidst therapy horses. For people of all ages. Bring your enthusiasm and instruments! Drums, rattles and anything that makes a joyful noise! Additional instruments will be provided. Light Language Drumming Circles are designed to build community, deepen your spiritual gifts, and express your soul through sound. PAY-WHAT-YOU-LIKE DONATIONS ARE APPRECIATED (BUT NOT REQUIRED) TO HELP SUPPORT NON-PROFIT, HOOVES & HEROES (an organization that helps veterans & first responders).

MONDAY, OCTOBER 6 STANWOOD HIGH SCHOOL SPORTS

JV Boys Tennis vs Monroe. 3:30pm.

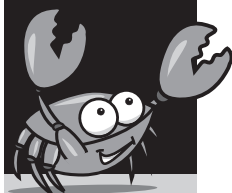
MONDAY, OCTOBER 6 NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, OCTOBER 6 ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

Calendar of Events



DID YOU KNOW?

The Spice Girls were originally a band called Touch. "When we first started [with the name Touch], we were pretty bland," Mel C told The Guardian in 2018. "We felt like we had to fit into a mold."

MONDAY, OCTOBER 6

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

TUESDAY, OCTOBER 7

COMIC DRAWING CLASS FOR TEENS

3:00 PM – 5:00 PM at the Stanwood Library. Join us for a comic drawing class hosted by the Stanwood-Camano Arts Advocacy Commission. Jeffrey Herman will lead teens and tweens in an engaging lesson in comic drawing. No experience necessary! All supplies provided.

TUESDAY, OCTOBER 7

STANWOOD HIGH SCHOOL SPORTS

C Team Boys Tennis vs Sehome. 4pm.

Girls Soccer vs Shorecrest. JV: 5pm. Varsity: 7pm.

Girls Volleyball vs Everett. C Team & JV: 5:15pm. Varsity: 7pm.

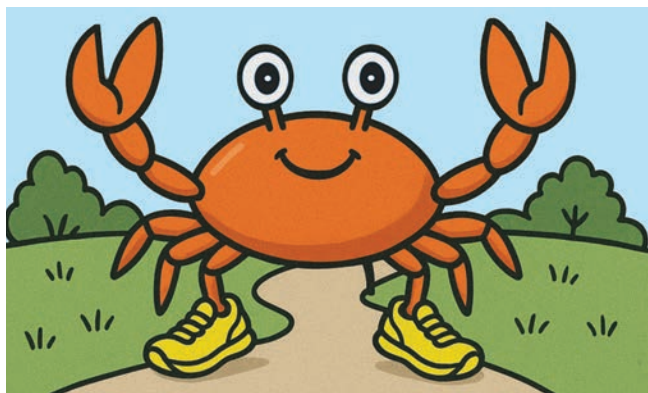
WEDNESDAY, OCTOBER 8

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, OCTOBER 8

WBCA RUN/WALK WEEKLY SOCIAL



It's time to get moving, Warm Beach, and it's going to be a blast! 5:45 PM at Warm Beach Park. Come run, walk, or stroll — just don't miss out! Let's turn Wednesdays into a time to exercise, laugh, and connect. No pressure, no competition — just fun, fresh air, and community. Whether you run, walk, stroll, or skip... this is your chance to get active and meet new friends. Questions? Text Joel Hingston at 509-987-7717.

WEDNESDAY, OCTOBER 8

EXPLORE YOUR CREATIVITY

with Stanwood Camano Arts Advocacy Commission. 4:00 PM – 5:30 PM at the Stanwood Library. Join us for an art class with SCAAC! We will provide everything you need. For kids ages 6-11.

Calendar of Events



DID YOU KNOW?

The Ancient Romans used to drop a piece of toast into their wine for good health. Hence why we "raise a toast."

WEDNESDAY, OCTOBER 8

STANWOOD HIGH SCHOOL SPORTS

JV Boys Tennis vs Marysville Pilchuck. 3:30pm.

Varsity Boys and Girls Cross Country vs Monroe. 3:45pm.

C Team Boys Football vs Ferndale. 7pm.

THURSDAY, OCTOBER 9

WHY IS YOUR POWER OUT SO LONG AFTER A WINDSTORM?



The October 9 meeting of the Camano Preparedness Group will feature the Operations Manager from Snohomish PUD discussing what they need to do to restore power after an accident or windstorm. Bring you questions! The meeting is at the Vista Fire Station, 273 N. West Camano Dr., Camano Island, 7:00pm For more information contact Sue at kk6sue@gmail.com.

THURSDAY, OCTOBER 9

MELTING GLACIERS AND THEIR WORLDWIDE EFFECT



Join AAUW at the Camano Library Community Room at 1 pm with a social hour starting at 12:30 pm. Stanwood-Camano AAUW presents Cindy Smith who will be speaking about "The Melting of the Glaciers and Their Worldwide Effect". A former resident of Alaska, Cindy has done extensive research on glaciers. She concentrates on Juneau's Mendenhall Glacier.

Calendar of Events



THURSDAY, OCTOBER 9

STANWOOD HIGH SCHOOL SPORTS

Girls Soccer vs Marysville Pilchuck. C team: 4pm. JV: 5pm. Varsity: 7pm.

FRIDAY, OCTOBER 10

8TH ANNUAL HOPE AGAINST HUNGER FUNDRAISING BREAKFAST

Together, we can continue our mission to alleviate hunger in the Stanwood-Camano community. Enjoy pastries, breakfast items, and beverages provided by the Angel of the Winds hospitality team. 8:30-10 a.m. RSVP here: [HAH2025.eventbrite.com](https://www.eventbrite.com/HAH2025).

FRIDAY, OCTOBER 10

STANWOOD HIGH SCHOOL SPORTS

Varsity Boys Tennis vs Sedro-Woolley. 3:30pm.

FRIDAY, OCTOBER 10

SHERI GREIMES

Performing live at Pub 282. Soulful, powerful, and unforgettable. With raw emotion, bluesy grit, and a voice that'll stop you in your tracks, Sheri delivers a show you'll feel in your bones. Don't miss this night of pure musical magic!



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[Zsremedies.com](https://www.zsremedies.com)
[Instagram@zsbodyandsoul](https://www.instagram.com/zsbodyandsoul)

FREE Yoga Classes

(week of October 13th to the 17th)
10 classes to choose from!
Must register as space is limited.
Text 425-320-9776.

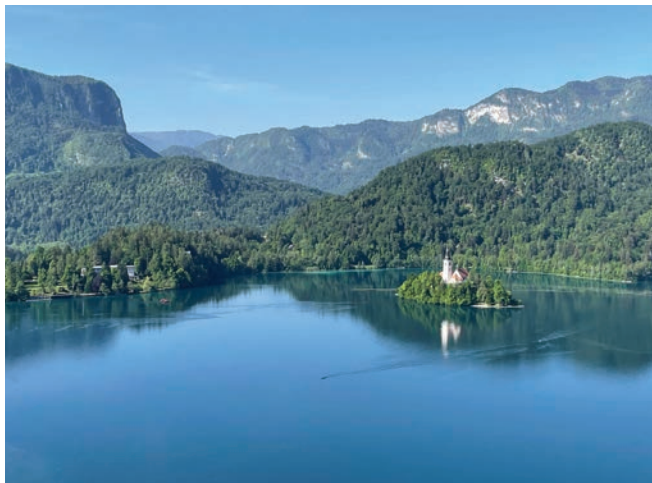
Calendar of Events



DID YOU KNOW?

The Paris Catacombs contain the remains of over six million people.

FRIDAY, OCTOBER 10
TRAVEL TALK



10:00-12:00 at the Camano Center, 606 Arrowhead Road, Camano Island. Travel Talk features a travel presentation - perhaps somewhere local or anywhere in the world. In October we will travel to beautiful Croatia and Slovenia, with a stop in Bosnia. Starting in lively Ljubljana, we will visit picturesque Lake Bled, Plitvice Lakes National Park, and many more places as we travel to the walled city of Dubrovnik. Along the way is a stop in Mostar, Bosnia. Camano Center members are free, non-members \$5 (please stop at the registration desk on the way in to pay).

FRIDAY, OCTOBER 10
FRIDAY NIGHT KARAOKE

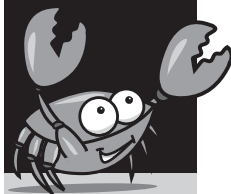
WITH MARCUS. 8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.

FRIDAY, OCTOBER 10
DJ HOUSE PARTY

6-9 pm at Celestial Isles, 880 Ashley Way, Camano. \$10/adult kids 6 and under free! RSVP text James 509-741-4132.



Calendar of Events



FRIDAY, OCTOBER 10

55+ WESTERN NIGHT COUNTRY GALA "DINING AND DANCING"



5:30-7:30pm at Lincoln Hill Retirement Community & Senior Center, 7430 276th St NW, Stanwood. Special appearance by "Brian James Was Here." Call the kids, invite the family, make it a group affair by ordering your tables in advance. We can't wait for you to join us. If you are home alone and haven't had a nice dinner with great music in a while we would love for you to attend, this is a great way to meet new people! Cost: \$40 per person. www.lincolnhill-rc.org

"A Place To Gather; A Place To Worship;
A Place To Grow; A Place To Serve"

Freeborn Lutheran Church

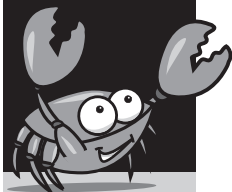
"We invite you to check out our small traditional
church in the country."

Worship: 10:00, Fellowship and Lunch following



2416 300th St NW, Stanwood, WA / 360-629-3149

Calendar of Events



DID YOU KNOW?

All clown
fish are born
male and can
become female
later in life.

FRIDAY, OCTOBER 10

SUNFLECKS + BAD POSTURE CLUB + STAR FAMILY SINGERS

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. Tickets: \$12 ADV / \$15 DOS Online ticket sales end at noon on the day of the show. All ticket sales are final on the show day. -Seating is first come, first served. -21+ -Outside food is okay to bring in, no beverages please.

FRIDAY-SUNDAY, OCTOBER 10-12

ART BY THE BAY HOLIDAY ART & GIFT SHOW




At the Camano Center, 606 Arrowhead Rd. Presented by Stanwood Camano Arts Guild. 41 artists booths. Free entry. Friday: 11am-5pm. Saturday: 10am-5pm. Sunday: 10am-4pm. More info: www.stanwoodcamanoart.com.

SATURDAY, OCTOBER 11

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.




STILLY VALLEY CENTER'S

HOLIDAY BAZAAR

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Island County would like to acknowledge the
75 Local Businesses That Employ Our Neighbors
Who Experience Developmental Disabilities.
 October is Disability Employment Awareness Month

3 E's Doing the 3 P's	Elk's Lodge #2362 Oak Harbor	McDonald's - Oak Harbor	*Sno-Isle Libraries* - Oak Harbor & Freeland
Ace Hardware - Freeland	Freeland Café	MOD Pizza - Oak Harbor	South Whidbey Assembly of God
All Hearts Agency LLC	Good Cheer Food Bank	MOD Pizza - Stanwood	South Whidbey Parks & Recreation
Amaya's Bakery	Grace by the Sea	Napa - Freeland	Sparks Movement Academy
Animal Hospital By the Sea	Grocery Outlet - Oak Harbor	Navy Exchange	Summer Hill Assisted Living
Applebee's	Hand in Hand Early Learning Ctr.	*New Leaf*	Summit Assistance Dogs
Arby's	Heavy Metal Works	N. Whidbey Parks & Rec. Dept.	Tessara
Beaver Tales Coffee - Coupeville	Home Depot - Oak Harbor	Oak Harbor Chamber of Commerce	Thrive Community Fitness
The Book Rack	Home Place Memory Care	*Oak Harbor School District*	Useless Bay Animal Clinic
Brookdale Senior Living - Stanwood	IHOP: Oak Harbor	Pacific Rim Institute	Useless Bay Golf & Country Club
Burger King - Oak Harbor	Island Athletic	Papa John's	VFW - Oak Harbor
Chef in the Black Bandana	Island County Road Shop	PNW Vibes	Walgreens
Crabby Coffee: Freeland	Island Oil	*Rite Aid - Freeland*	Wallin-Stucky Funeral Home & Cremation
Coachman Inn	Island Senior Resources	Roller Barn	Walmart
CVS: Freeland	Island Transit	Roman's Rocks	*Welcome Home*
Dairy Queen	Lava Louie's	Safe Harbor Agency	Whidbey Seatac Shuttle & Charter
Dana MacInnis - John I. Scott	Mad Batter Bake House	Safeway - Anacortes	YMCA Stanwood Camano
Eastside Mattress	*Maple Leaf Cemetery	Safeway - Arlington	Zimmerman Home Team
Elaine's Photo Studio	Maple Ridge	Safeway - Oak Harbor	

These businesses are the key to success of our community, highlighted by the 80% employment rate over the past 12 months for folks with developmental disabilities on Camano and North Whidbey islands. Our employers, communities, and families are stronger with your patronage.

employ multiple people who experience developmental disabilities

To be a part of this success, contact Mike Etzell at 360-499-5401 or mikeet@islandcountywa.gov.

Calendar of Events



DID YOU KNOW?

Amy Poehler was only seven years older than Rachel McAdams when she took on the role of "cool mom" in *Mean Girls*. Rachel was 25, playing Regina George, and Amy was 32.

SATURDAY, OCTOBER 11 ANNUAL FAMILY FALL FESTIVAL



11 am-3pm at Stillaguamish Grange (in Stanwood Fairgrounds). Hosted by Stilly Valley Church. Admission is free! Games, hot cider, cocoa, crafts, donut eating contest, pumpkin painting, face painting, bouncy houses.

SATURDAY, OCTOBER 11 UTSALADY PANCAKE BREAKFAST

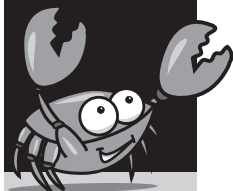


8-11am at Utsalady Ladies Aid, 78 Utsalady Road, Camano Island. Fundraising for local scholarships and school supplies. \$10. Kids 10 and under: free. All-you-can-eat pancakes, sausage, oranges, juice, and coffee.

SATURDAY, OCTOBER 11 NICK VIGARINO

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. Tickets: \$18 ADV / \$20 DOS Online ticket sales end at noon on the day of the show. All ticket sales are final on show day. -21+ -outside food is okay to bring in, no beverages please -seating is first come, first served

Calendar of Events



SATURDAY, OCTOBER 11

ROCK RADIO

Performing live at Pub 282. Crank up the volume and get ready for a hard-hitting night of rock 'n' roll! Expect massive guitar riffs, driving beats, and an electrifying stage show that will keep you on your feet all night long.

SATURDAY, OCTOBER 11

CIMW HALLOWEEN RAMPANT '25

Camano Island Miniature Wargamers. 2-6pm at Camano Island Library. A special "monthly meet-up" gathering where all attendees will play one big table game using Xenos Rampant using Halloween-themed armies! These rules are easy to learn, so if you have some fitting miniatures lying around, bring them down, any basing may work! Each army should be 24-points. This is your chance to get super creative with how you army looks! We will have a "Most Creative Army" award as prepared by our very own Wargamer's Orchard! Feel free to come dressed up yourself, it is Halloween time!

SATURDAY, OCTOBER 11

CARS & COFFEE

Come have coffee and admire our local hot rods, muscle cars, and more. Free admission to general public and free to bring by your custom car. The location alternates each week, either at Coastal Vie, Stanwood or Camano Commons. Check with them to determine this week's location. Free coffee for participants (and mini donuts at Coastal Vie). 7-10am. All cars welcome. Come out and have fun!

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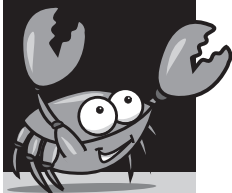
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Calendar of Events



DID YOU KNOW?

In 2014, there was a Tinder match in Antarctica. Two research scientists matched on the global dating app in the most remote part of the world. The man was working at the United States Antarctic McMurdo Station, and the woman was camping a 45-minute helicopter ride away.

SATURDAY, OCTOBER 11

PRIME RIB DINNER

4pm until gone (and that's usually by ~5pm) at the American Legion, Post 92, in Stanwood. Join us for plenty of good food and camaraderie! Adults \$25 and children (under 12) \$10.

SATURDAY, OCTOBER 11

GIANT PUMPKIN WEIGH OFF



at Kristoferson Farm. This is a super fun event featuring some humongous pumpkins. See the biggest pumpkins compete for the title. More info, call (360) 387-5807

SATURDAY, OCTOBER 11

FARM TOUR: LEARN FROM WARM BEACH HORSEMANSHIP



10:30 AM 12:00 PM at 20800 Marine Drive Stanwood. Are you prepared for winter with your horses? Join us for a farm tour to discover ways to: Save time while controlling mud & manure; Prevent horse boredom; Protect horse health; Keep your water and local waterways clean. You'll also learn about financial assistance programs available to horse and stable owners, designed to support projects that enhance their operations and land. Register through <https://snohomishcd.org/events-workshops>



SAVE CAMA BEACH CABINS

Do you miss having the cabins open and seeing visitors excited about the park, Camano Island, and Stanwood? Does your business miss the income from tourists? Does your family miss the fun educational events at the park? There is a new group forming to reopen the cabins.

Save Cama Beach Cabins group is asking the Washington State Legislature for funding to repair the septic and water systems so the cabins can be used again. A website with more information will be available soon. They need your help to contact the Governor and your State Legislators to urge their support for this effort so the Cama Beach cabins can be reopened for all of us.

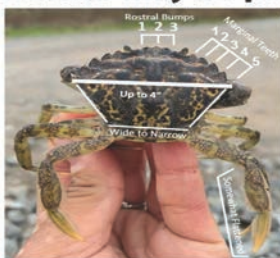
Governor's office: 360-902-4111
Representative Clyde Shavers: 360-786-7884
Representative Dave Paul: 360-786-7914
Senator Ron Muzzall: 360-786-7618

Thank you for your help! Watch the Crab Cracker and/or go to our website for more info.

SaveCamaBeachCabins.org / info@savecamabeachcabins.org

REPORT INVASIVE EUROPEAN GREEN CRAB

European green crabs may be present in this area



If you find a suspected European green crab or their shell, please photograph it, note the location, and report to the Washington Department of Fish and Wildlife:

wdfw.wa.gov/greencrab

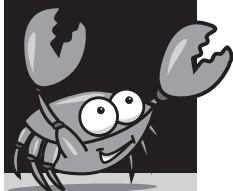
Or contact us at:

Phone: 1-888-WDFW-AIS

Email: ais@dfw.wa.gov



Calendar of Events



DID YOU KNOW?

Approximately
10% of people
are left-handed.

SATURDAY, OCTOBER 11

PET-A-PALOOZA PET FOOD DRIVE



10am at Stanwood Country Store, 8815 271st St NW. Event by Camano Animal Shelter Association. Stanwood Country store is hosting their annual Pet-A-Palooza sale! Shop the sale and support your local animal shelter! CASA will be there with the van accepting donations of cat food, dog food, cat litter and more!

SUNDAY, OCTOBER 12

BINGO AT THE VIKING HALL - SILVANA

5pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

MONDAY, OCTOBER 13

STANWOOD HIGH SCHOOL SPORTS

C Team Boys Tennis vs Bellingham. 4pm.
JV Boys Football vs Arlington. 6pm.

MONDAY, OCTOBER 13

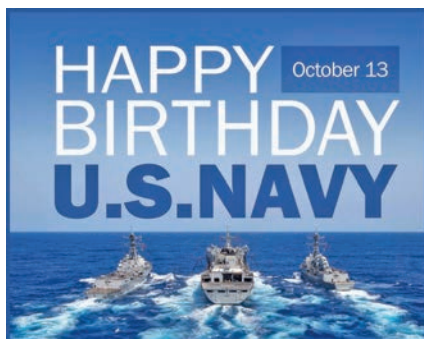
NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

OCTOBER 13



NATIONAL
METASTATIC
BREAST
CANCER
AWARENESS
DAY



Calendar of Events



DID YOU KNOW?

The first
creatures to
travel to outer
space were
fruit flies.

MONDAY, OCTOBER 13

ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

MONDAY, OCTOBER 13

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

TUESDAY, OCTOBER 14

MATH NIGHT

2:30-3:30pm at Stanwood High School Commons. Don't miss out on homework and assignment help!

TUESDAY, OCTOBER 14

STANWOOD HIGH SCHOOL SPORTS

Varsity Boys Tennis vs Arlington. 3:30pm.

Girls Volleyball vs Monroe. C Team & JV: 5:15pm. Varsity: 7pm.

Girls Soccer vs Kamiak. JV: 5:30pm. C Team & Varsity: 7pm.

TUESDAY, OCTOBER 14

FREE COOKING DEMO

in the barn at Hazel Blue Acres blueberry farm in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

TUESDAY, OCTOBER 14

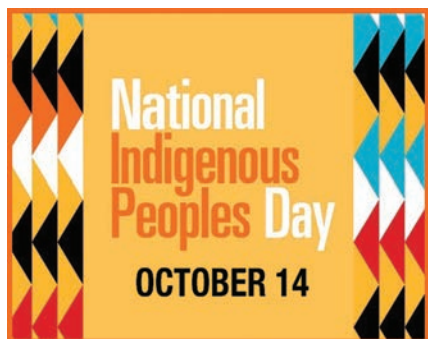
SPARTAN JUNIOR CHEER STUNT PERFORMANCE

between the second and third sets of the volleyball game at SHS.

WEDNESDAY, OCTOBER 15

SHS 5K ROUTE

6pm. Event by Stanwood Camano Runners. Park at the main entrance of Stanwood High School and let's run the SHS 5k route. Meet at 6pm; we'll run at 6:10pm. Go your own pace. This route is mostly sidewalks with some shoulder running. It's moderately hilly. The route sounds trickier than it really is.



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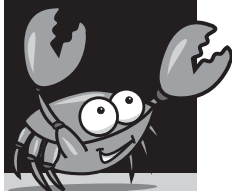
Jim Fay, Owner, Arborist

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Calendar of Events



DID YOU KNOW?

Cats sleep an
average of 15
hours per day.

WEDNESDAY, OCTOBER 15

CONNECT OVER COFFEE

An informal gathering open to everyone where we regularly meet to share perspectives and explore ideas that spark positive change within ourselves and our communities. 1:30 pm. -3:00 pm. at Coastal Vie, 9001 WA-532, Stanwood. Hosted by Baha'is in Skagit and Island Counties, who believe in the oneness of humanity and strive to build unified, vibrant communities that promote spiritual and material well-being.

WEDNESDAY, OCTOBER 15

WBCA RUN/WALK WEEKLY SOCIAL

It's time to get moving, Warm Beach, and it's going to be a blast! 5:45 PM at Warm Beach Park. Come run, walk, or stroll — just don't miss out! Let's turn Wednesdays into a time to exercise, laugh, and connect. No pressure, no competition — just fun, fresh air, and community. Whether you run, walk, stroll, or skip... this is your chance to get active and meet new friends. Questions? Text Joel Hingston at 509-987-7717.

WEDNESDAY, OCTOBER 15

CAREGIVER CAFE

Calling all caregivers of kiddos aged 0-5! Join us at the PM Caregiver Cafe. Wind down with dinner for the whole family at the PM Cafe. The Caregiver Cafe is a FREE, family centered, parent led program. During the sessions, we offer free on-site childcare so parents can relax, connect with others, share experiences, and engage in meaningful conversations in a supportive community. 5pm at Community Resource Center, 9612 271st St NW, Stanwood. Space is limited, so be sure to RSVP on our website today! <https://www.crc-sc.org/events>

WEDNESDAY, OCTOBER 15

CHILDREN'S ART WITH STANWOOD CAMANO ARTS ADVOCACY

4:00 PM – 5:30 PM at the Camano Island Library. Join us for a children's art class with Stanwood Camano Arts Advocacy Commission (SCAAC). Event is free and all materials provided.



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Calendar of Events



DID YOU KNOW?

Bats are the
only flying
mammals.

WEDNESDAY, OCTOBER 15

OCTOBER CAMANO WILDLIFE PROGRAM



7 p.m. at ISLAND COUNTY MULTI-PURPOSE CENTER. Today's topic: Companion Plants and Healthy Gardens. Learn natural ways to prevent or lessen pest and disease problems in your garden. Skagit County Master Gardener Rae Barto will share plant combinations, polyculture, and other science-based practices for a healthier garden based on research by horticultural scientists such as Dr. Linda Chalker-Scott and Dr. Jeff Gillman.

WEDNESDAY, OCTOBER 15

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

THURSDAY, OCTOBER 16

ROBBIE DEE'S TRIBUTE TO ELVIS

at Pub 282. Get ready for a high-octane night of rock, blues, and raw energy as Hotrod.Red brings their gritty riffs, soulful vocals, and unstoppable rhythm to our stage. If you love blazing guitar, driving beats, and music that makes you move, this is the show for you!



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Calendar of Events



THURSDAY, OCTOBER 16

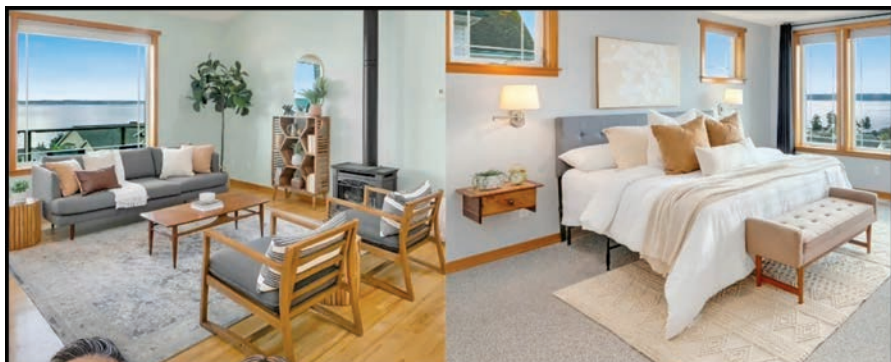
MORGAN MCHUGH & LUCAS LAWSON + CLAIRE WILLOW & CO

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. Tickets: \$12 ADV / \$15 DOS Online ticket sales end at noon on the day of the show. All ticket sales are final on the show day. -Seating first come, first served. -21+ -Outside food is okay to bring in, no beverages please.

THURSDAY, OCTOBER 16

NW BLOODWORK'S BLOOD DRIVE

9:30am-3:30pm at North County Regional Fire Authority, 8117 267th St. NW, Stanwood. First Responders know firsthand the importance of a strong, stable local blood supply, and are faced with situations every day where a pint of blood can mean the difference between life and death. Join us in honoring our First Responders by giving blood. Sign up to give blood with bloodworksnw today. Sign up at https://donate.bloodworksnw.org/donor/schedules/drive_schedule/97921.



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Immaculate Camano home with private stairs to the beach with bulkhead, extensive updates and breathtaking views of Puget Sound and Mt Baker. #2433160



PRE-SALE **\$1,595,000**
Exceptional new construction rambler on Camano with 70' of premier waterfront designed to showcase luxury living and water views. #2428296



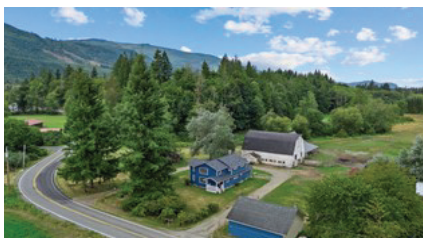
NEW HOME **\$1,350,000**
Brand new Driftwood Shores luxury home on Camano blending comfort and elegance and gorgeous views of Port Susan Bay and Mt Rainier. #2434879



WATERFRONT **\$925,000**
West-side Camano high-bank waterfront one-level home that stretches to the shore, sweeping views, immaculate interior, outdoor living space. #2428330



PRE-SALE **\$1,155,000**
Welcome to Luce Estates in Stanwood, a new development with one-level homes, territorial views, tranquil settings. Pick your lot and plan now! #2424436



ACREAGE **\$675,000**
Peaceful country living on 10-acres, 4-bedroom home, vintage dairy barn, horse barn, garage/shop and beautiful mountain views! #2422080

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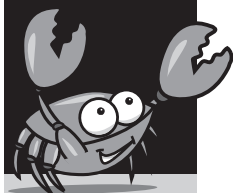


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Visit [WindermereStanwoodCamano.com](https://www.WindermereStanwoodCamano.com) for more information

Windermere Real Estate/CIR

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DID YOU KNOW?

Bananas glow blue under black lights.

COFFEE FILTER SPIDER WEBS

Turn coffee filters into spider webs the same way you make paper snowflakes. For larger webs, use garbage bags.



MATERIALS: White basket-style coffee filters; Scissors; Black felt or construction paper for the spiders; Glue stick

INSTRUCTIONS: 1. Fold your coffee filter Before you start cutting, fold up your coffee filter in half, and then in half again, and continue until you have a skinny triangle. 2. Make your cuts The easiest of all: just make a series of "V" cuts down one or both sides of the folded coffee filter. The next easiest: cutting rectangles along one or both sides of the folded coffee filter. You can also cut the top of the filter into a curved line, or cut the center out, to make it look even more like a spiderweb. Glue your coffee filter spiderwebs to the window with a few strategic dabs from a glue stick (it washes off easily when it's time to take them down). Add spiders! Cut out a few tiny spiders from black felt (or black construction paper) and glue them to your webs! Source: www.artfulparent.com

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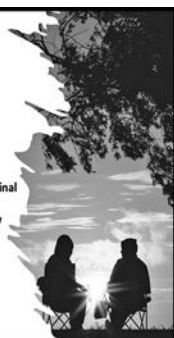
Do they or you have a Will, Life Insurance, final medical and burial expenses in place?

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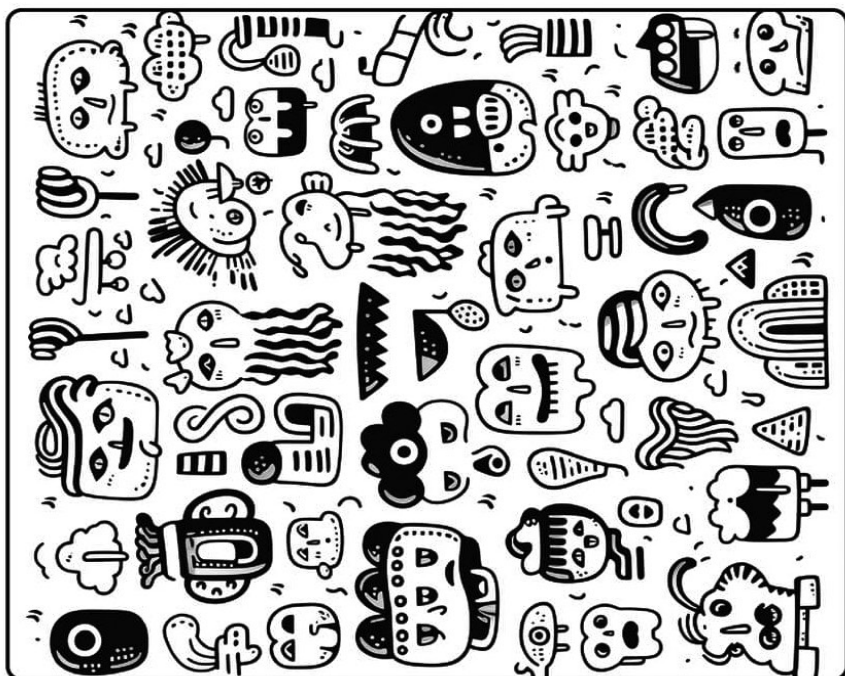
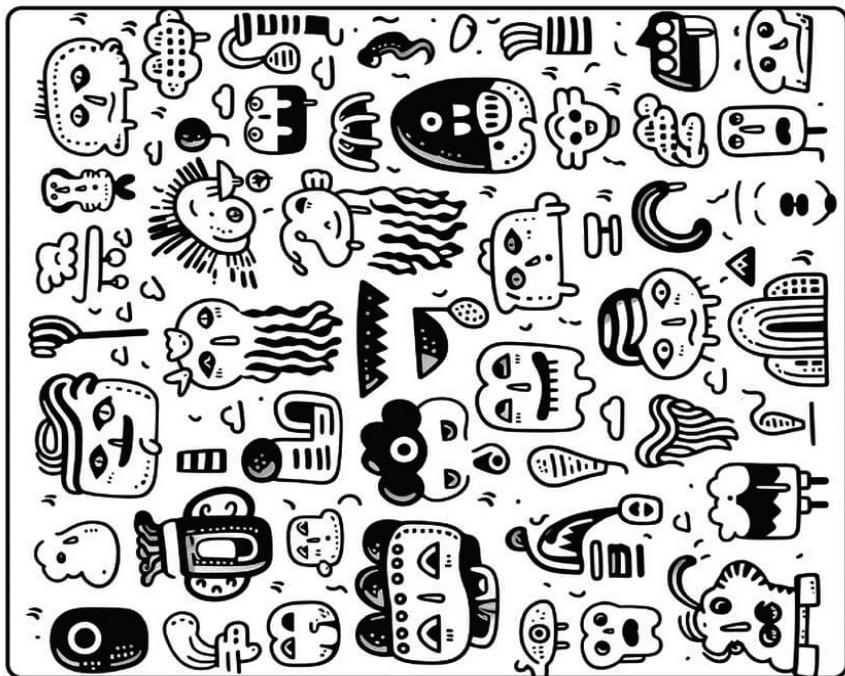
www.soundeps.com

Failing to plan is planning to fail!



SPOT THE DIFFERENCES

There are 8 differences in the images below. Can you spot them all?



Artist of the Week



FIONA ROCHE



Local Stanwood artist looking to sell some work. "I make textured art from yarn, spackling, and a variety of other items such as cardboard."

Find her on Facebook or Nextdoor.com

*Experience
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STANWOOD • CAMANO HISTORIC SITES AUDIO TOUR ALL YEAR ROUND



1909 Swing Bridge to Camano Island

SAHS 02-11-22

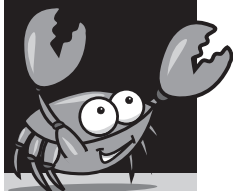
For more information, maps, and videos,
visit our website at historicsitestour.com

Start the tour from Pioneer Hwy
and enter East Stanwood by the
train station. Stops #1 and #5
have open restaurants.



1. People's Union
2. S. A. Thompson House
3. I.O.O.F. Public Hall
4. D.O. Pearson House
5. Stanwood Volunteer Fire Dept
6. Camano Lutheran Church
7. Camano Lutheran Cemetery
8. Kristoferson Farm
9. Barnum Point Preserve
10. Camano Island State Park
11. Cama Beach Historical State Park
12. Camano City Schoolhouse
13. Camano Island American Legion
14. Utsalady Ladies Aid
15. Camano Pioneer Cemetery

Business Spotlight



*Are you
interested in
promoting your
business or
organization?*

*Email us info or
a bio about your
business and
yourself and we
will feature this
page to you... and
it's all FREE!*

TERROR FOR A CAUSE: STANWOOD'S HAUNTED EXPERIENCE



It began in 2024 with a big dream—to build a haunted house that would thrill the community while giving back to it. What started as a passion project under a different name (you may know it as Stanwood's Shop of Horror on Main Street) quickly turned into a wildly successful event that exceeded all expectations. Thanks to overwhelming support, we've grown into a non-profit organization, making your donations not only spooky fun but also tax-deductible. Every scream helps support local causes! For 2025, we're leveling up—moving to a larger space at the Stanwood Fairgrounds to bring you an even bigger, better, and more terrifying haunted adventure. In 2024, the event raised an impressive \$8,700, which directly benefited Stanwood High School's Trips Abroad program. This contribution allowed us to provide scholarships to 6 deserving students. We also had an incredible turnout, with 31 dedicated volunteers making it all possible. Get ready... the horror is just getting started!

FREEFORM EMBROIDERY / 4 SESSIONS!

FOR ADULTS & TEENS



BOX OF GOOD • STANWOOD

Learn to do french knots, lazy daisy stitch, crewel embroidery, chain embroidery and much more.

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**FREEFORM EMBROIDERY WITH
KRISTIN JENSEN • SATURDAYS
10/4, 10/11, 10/18 & 10/25 * 10AM TO 12 PM**



CALLING ALL ARTISTS

We are looking for talented artists to come in and teach art classes for our older adults at the Stilly Valley Center in Arlington, WA. If you love sharing your passion, inspiring creativity, and guiding others through the artistic process, we'd love to hear from you.

Contact, Terri Knowles @360-653-4551, X106 or tknowles@stillycenter.org

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Moonshine Wisdom & Wit



*Story by Jack
Archibald.*

*For further
moonshine
wisdom and wet
powder wit,
check out the
SKEETER DADDLE
DIARIES at
www.
skeeterdaddle.net*

Y-2K

Needless to say it's been a quarter of a century since the Y-2K scare, that nightmare scenario predicting a global electronic shutdown because the engineers never anticipated their programs would last past the new millenia. I had friends, engineers all, who knew their coding hadn't factored in the switch from 1999 to 2000. Planes would fall from the sky, power grids would fail, chaos and darkness would ensue. They stored food and water, installed wood burning stoves, bought supplies and weapons because they knew anarchy would descend on civilization at the stroke of midnight, New Year's Eve, Dec. 31st, 1999.

One friend, Marvin, a wealthy Microsoft man, bought some large acreage up the road, dug a well and installed a hand pump, used a bulldozer to scrape an acre for his subsistence garden and brought in dump trucks of topsoil, purchased chickens and goats and a milk cow, then he erected a 10 foot fence to keep marauding panicked neighbors and refugees from the soon-to-be dystopian city of Stan-woodopolis out. It so happened that he was at our New Year's Bash that year with about 50 or so of us clueless peasants partying away while Armageddon hurtled toward us.

Why Marvin wasn't home in his bunker was beyond me. Maybe at the End of the World the victims need companionship, compassion and some human touch. Even engineers. As midnight inexorably bore down on us, I noticed Marvin checking the clock and growing more and more anxious. Probably all the software engineers around the globe were doing the same thing. I mean, how would you feel knowing you'd set the gears in motion that would destroy civilization as you know it, returning us to barbarism, disease and starvation?

Just before the stroke of midnight I slipped downstairs to the fuse box in the basement and listened to our revelers counting off the final seconds in unison. Ten, nine, eight, seven three, two, one and ... then I pulled the breaker bar. Exactly as Marvin and his engineer pals had feared, the power grid collapsed!!! Unfortunately I missed the ensuing panic upstairs, the culmination of even the doubters' worst fears. And certainly Marvin's.

I don't really remember how long I let the mob huddle in darkness with their nightmare scenarios. Not too long --- after all, I'm not a monster. And no, maybe it wasn't the way to ring in the New Year and the Next Millenium, but I suspect, if nothing else, folks were suddenly sober enough to drive home in cars that mercifully still worked and to homes that were still sanctuary. Except maybe Marve, who would shortly thereafter sell his plantation of paranoia and return to his apartment in the city, no doubt disappointed his dreams of rural utopia never materialized.

Photos and Art



DID YOU KNOW?

The Japanese word 'Kuchi zamishi' is the act of eating when you're not hungry because your mouth is lonely. We do this all the time.



Autumn leaves photo by Lena.



Camano sunset photo by Donald Miller.



Conway corn field and Lutheran church photo by James M. Shipley.

Community Information



Do you have a press release or an announcement you want the community to know about? Let us know and we will publish it here in Community Information **FOR FREE!**

Call us for info.
425-299-7892.

RUFUS'S GUIDE TO OFF-LEASH JOY

Article by Inge Morascini - Posted September 8, 2025.



Hi there! I'm Rufus, your local guide and golden retriever with a golden heart, and I've lived on Whidbey Island since I was just a fluffy little pup. Life here is tail-wagging good, especially if you're a dog who loves wide open spaces, salty sea breezes, and making new friends. I've romped through just about every off-leash park on Whidbey and Camano Islands, so let me share my favorites—and a few things my humans appreciate too! **HENRY HOLLOW DOG PARK**, 876 W Camano Dr, Camano Island. Just across the bridge, this park is everything a dog could ask for; lots of room to run, a fenced space just for small dogs, and plenty of friendly tails to wag at. There's water, parking, and shade. My people say it's "convenient," I say it's a blast. **ENGLISH BOOM COUNTY PARK**, Camano Island, End of N Moore Rd, Camano Island. Now this place is an adventure! English Boom is a coastal off-leash dream with open trails, driftwood-strewn beaches, and tide flats that go on forever. I love bouncing through the tall grasses and racing the waves along the bay. The views of Skagit Bay are big enough to make even my humans stop and stare. It's part hike, part sniff safari, part water romp—100% fun. Whether you're visiting for the weekend or staying for good, you'll see why I never want to leave. These parks aren't just places to play, they're where island dogs build community, make friends, and stretch their legs with joy. So, grab your leash (just for the ride) and I'll see you out there. Just listen for the sound of happy barks...that'll be me, leading the pack! – Rufus the Golden, Local & Full-Time Good Boy. For more information (including Whidbey Island locations), go to <https://whidbeycamanoislands.com/rufuss-guide-to-off-leash-joy/>

WARM BEACH SENIOR COMMUNITY'S HOLIDAY BAZAAR

Friday, October 31st & Saturday, November 1st. 9a.m. to 3p.m., Stanwood, (Marine View Drive).



Keep your septic system happy.

Snohomish County residents can earn up to \$500 in rebates for:

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FREE Septic Care Workshops for Snohomish County Residents!

Learn about your septic system through an interactive and in-depth workshop at the Stillaguamish Grange Hall in Stanwood. There are two opportunities to attend:

**Thursday, Sept. 25th
6-8pm**

**Tuesday, Oct. 7th
6-8pm**

Visit our registration page to sign up or give us a call!
<https://SepticCareWorkshops.eventbrite.com>

Questions? Email savvy.septic@snoco.org or call 425-388-3636

Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health and under an assistance agreement to the Washington State Department of Ecology. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.



Community Information



DID YOU KNOW?

The American white pelican can hold up to three gallons of water in its mouth.

BUSINESS PERSON OF THE YEAR LUNCHEON



(The Crab Cracker Magazine is thrilled and honored to be nominated this year as "Business of the Year". Thank you!). We would love for you to join us at the Business Person of the Year Luncheon on Thursday Oct. 16th from 11:30-1:00 as we celebrate and recognize outstanding leaders in our community and announce the 2025 winners! Purchase Tickets for the 2025 Business People of the Year Luncheon held on Oct. 16th at the Camano Center from 11:30-1:00. Lunch tickets are \$25 each. Payments must be received by Oct. 10th to reserve a spot. Menu is provided by the Camano Center: Mixed green salad, caprese chicken (chicken breast with tomatoes, fresh mozzarella, basil, and balsamic), creamy tortellini, garlic bread and dessert. RSVP here: <https://forms.gle/UYC5HwEqbpezkNPe6>.

CALLING ALL ARTISTS

We are looking for talented artists to come in and teach art classes for our older adults at the Stilly Valley Center in Arlington, WA. If you love sharing your passion, inspiring creativity, and guiding others through the artistic process, we'd love to hear from you. Contact, Terri Knowles at 360-653-4551, X106 or tknowles@stillycenter.org.



Community Information



DID YOU KNOW?

Japan released
sushi-inspired
Kit Kats.

CITY-BRED FARMER



Diary of a City-Bred Farmer on Puget Sound. The City-bred Farmer chronicles the real life experience of the author, Clarence Dirks, as he navigated moving from the city to start a farm with his family. These articles were collected by his son, "baby Michael", so they could be enjoyed all together. "Our grandfather Clarence Dirks was many things - ship caulker, UW Husky football captain, lay minister, commercial fisherman, radio broadcaster, sports writer, magazine article author and, of all things, a farmer. Between 1946 and 1958 he wrote a popular column for the Seattle Post-Intelligencer about his experiences as a somewhat newby farmer on Camano Island. Written in diary-style fashion (today he would be a blogger), grandpa covered not only his day-to-day farming life, but his family life, interesting happenings on the island, its people and the many adventures he had. This includes the founding days of Camano Chapel, taking his prize bull to "Cow Palace" in San Francisco by rail car, the one-day construction of Camano Island State Park (which he wanted to call Mark Clark Park), meetings at the Camano City School House and Fire Hall and much more. These columns, especially in the early years, often featured my dad Marty and his little brother Michael. His columns always ended with his daily egg count. Uncle Mike has scanned and, with the help of his son Bill, posted some 1200 of grandpa's 'City-Bred Farmer' columns in chronological order on a website at: citybredfarmer.com." - posted on Facebook by local Brian Dirks.



Book a stay at 'The Fern'

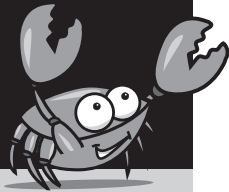
The Fern is a cozy, stylish vacation rental on Camano Island with bay views, luxurious comforts, and easy beach access for a peaceful nature escape. Perfect for 4 guests!



360-572-1737
Camano Island, WA



Community Information



DID YOU KNOW?

Giraffe tongues can be 20 inches long.

A TIME CAPSULE LANDED IN OUR MAILBOX!



Thanks to Nancy, who loves treasure-hunting at estate sales near her home in Southwest Washington, we now have priceless memorabilia from the early 1950s — including dance cards, a Senior Prom program shaped as a fan, and even an original photo of the couple whose estate the items came from, posed in front of the school. It's a fun slice of local history — and one that reminds us how much music and community have always been part of student life. Thank you to Nancy for sharing! - Stanwood Camano School District.

VENDORS WANTED

Freeborn Lutheran Church Bazaar & Craft Fair, Saturday November 8, 10-2 at 2416 – 300th Street NW • Stanwood. Contact Stephanie 425-760-3458 or spfehead@msn.com.

FALL IS TOXIC ALGAE SEASON IN SNOHOMISH COUNTY'S LAKES

These blooms may look like blue, green, or white paint floating on the water's surface—they can also look like green clumps on the lake bottom, or floating. Visit out Algae and Toxic Algae webpages to learn how to identify blooms, respond to them, and sign up for toxic algae alerts at your local lake: <https://snohomishcountywa.gov/1959/Algae-Toxic-Algae>. Learn what to look for and report blooms to lakes@snoco.org.

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Saturday: 10am-5pm

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www.stanwoodcamano.art

Stanwood-Camano



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Community Information



DID YOU KNOW?

The national animal of Scotland is a unicorn.

ASK, THANK, REPORT, REPEAT

Fri, Oct 17th at 9am-noon at Stanwood-Camano Area Foundation, 26911 98th Dr NW suite A, Stanwood. The Better Fundraising Co. helps you identify the stories you should tell and the parts of your organization you should highlight. Their proven Ask, Thank, Report, Repeat system helps you deepen relationships with your donors. Our session will be focused on year-end fundraising best practices. Who should attend: nonprofit leaders and fundraisers. Jim Shapiro is the fundraising coach you've always wanted, the proven Sherpa who can help you get to the top of the mountain. Jim has 30 years' experience raising money, including serving as the VP of Development for a global \$100m nonprofit. He co-founded The Better Fundraising Co. to help small-to-medium nonprofits raise more money. Join us! Refreshments Provided, Registration \$10. Get tickets at <https://secure.givelively.org/event/stanwood-camano-area-foundation/ask-thank-report-repeat>

STANWOOD'S HAUNTED HOUSE IS BACK!



Tickets are on sale, now. Join us for a ghoulish time, Fridays and Saturdays during the month of October, at the Stanwood-Camano Fairgrounds! This year's theme is, Twisted Tales. +13 recommended. Not for children. Follow Terror for a Cause - Stanwood's Haunted Experience and get your tickets, now! <https://www.facebook.com/terrorforacause/> <https://www.terrorforacause.com/>



Fir-Conway Lutheran Church Fall Harvest Bazaar

October 18, 2025

10 am to 2 pm

Baked Goods - Produce

Lefse - Collectibles - Raffles

Baked Potato Feed

Free Entry - Wheelchair Accessible!

Community Information



DID YOU KNOW?

The Amazon
River is the
biggest river on
earth

STANWOOD'S NEWEST AND MOST EXCITING AMENITY!

If you haven't explored the new pump track at Heritage Park yet, now is the perfect time to ride. - City of Stanwood.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

PUMPKINS IN THE POOL

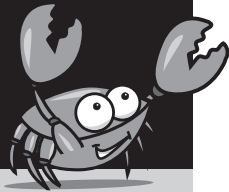


Event is October 25 at the Stanwood YMCA! This event is FREE and open to the public. Registration required. Red wristbands require a supervising adult registered and in the water. Come swim with pumpkins during a 60 minute open swim, then pick your favorite pumpkin to take home! Pumpkins generously donated by Chinook Farms in Snohomish.

NATIONAL
FIRE PREVENTION
MONTH
OCTOBER



Community Information



DID YOU KNOW?

The probability of a blue lobster existing is widely touted as being one in two million. Bright blue lobsters get their color because of a genetic abnormality that causes them to produce more of a certain protein than others.

THE GREAT WASHINGTON SHAKE/OUT

This year's International ShakeOut Day is October 16, when millions of people worldwide will participate in earthquake drills at work, school, or home! At 10:16 a.m. (local time) on 10/16, you can join millions of people across Washington practicing earthquake safety. If you live or work in a coastal area, ShakeOut day is also a great time to practice your tsunami evacuation routes. Learn more about tsunami preparedness at TsunamiZone.org.

SCCAR REALTOR FOOD DRIVE

October 1st-October 31st. This charitable initiative aims to gather both non-perishable food items and financial contributions to support individuals and families facing food insecurity within the community. Let's rally together and make a difference! Your donations of canned goods, boxed meals, and other shelf-stable items (monetary contributions are also accepted. \$2.18 equals one pound of food) can truly change lives. Look for food bins in local realtor offices. More info: fooddrive@sccar.org.

PUMPKIN PICKIN'



Whether for pies, jack-o-lanterns, or decor, there are plenty of local sources: **Kristoferson Farm** - 332 NE Camano Dr, Camano. (360) 387-5807. **Hooligan's Harvest** (pictured above) - 25708 95th Ave NW, Stanwood. **Arrowhead Ranch** - 615 Arrowhead Rd, Camano, (360) 572-1737. **Clear Valley Farm** - 727 Lakewood Rd., Stanwood/Arlington. (425) 308-4456. **Skagit Acres** - 18923 Johnson Rd., Suite B, Mount Vernon (Conway). 360-424-6760. **Village Roadside Farm**, 4206 Village Road, Stanwood, villageroadsidefarm@gmail.com. Additionally, you can find pumpkins at the local grocery stores. *Note: please call ahead of time to ensure the farms are open, have pumpkins, or if they are sold out.*

NORWEGIAN CULTURE AND LANGUAGE

Interested in learning Norwegian culture and basic language skills? Join us at the Sons of Norway building in Stanwood each Saturday at 9am starting Sat Sept 27. Have fun and build community! Suggested donation \$10. For members of the Sons or Daughters of Norway: \$5.

Community Information



DID YOU KNOW?

There's a fruit that tastes like chocolate pudding. It's called black sapote, and it's native to Central and South America. Apparently it tastes like chocolate and sweet custard.

FREE COMMUNITY DINNERS

Incase you didn't know, every Thursday at 5pm Our Saviours Lutheran Church hosts a community dinner open to everyone. Different churches in our community prepare and host the dinner. You are welcome to stop on by as often as you'd like.

HELP - WE NEED ITEMS, DESPARATELY

CASA (Camano Animal Shelter) is in desperate need of litter. We currently are in need of both pellet litter and non-clumping clay litter. We appreciate anyone who can help! Thank you!

STRETCHING AND YOUR HEALTH

I got out of the car after a 90 minute trip in traffic from Seattle and was I sore. Sore in my hips, my neck, my back; ugh...oh and irritable on top of it! I began to stretch and took some deep breaths that I teach in my classes, and within 10 minutes I felt better, more balanced. It was amazing, given how crappy I was earlier. What is it about stretching that is so important for us, especially as we age? From the Mayo Clinic: "Stretching improves range of motion of your joints. Good range of motion keeps you in better balance, which will help keep you mobile and less prone to falls — and the related injuries — especially as you age. Stretching improves circulation. Stretching increases blood flow to your muscles. Improved circulation can speed recovery after muscle injuries. Stretching can relieve stress. Stretching relaxes the tense muscles that often accompany stress." Shortened muscles are bad news because they become fragile and weak if taken beyond their short range of movement. This can lead to muscle damage. Short muscles can also add unnecessary pressure to the tendons in our bodies by constantly pulling on them. Pressure on the tendons in our bodies can pull our bones out of their natural alignment causing bad posture and potentially leading to the spine being put under excess pressure. This can result in back pain and related injuries. Failing to stretch for long periods will put a lot of strain on our bodies and line us up for a whole range of injuries, which can only get worse the longer we leave it. Muscles don't just shorten due to constant contraction from exercise; they also shorten if they are kept in a contracted position for long periods. The most common example of this is sitting, which a lot of us do for hours on end whether it be work, driving and even relaxing - we are all guilty. Of course the cure is to stretch and move. It will help keep muscles at their correct lengths, reducing pressure on your body and keeping injuries and pain at bay. Come learn how to stretch and move safely at Z's Body & Soul, in Stanwood. - Written by Susanna Z Mantis, E-RYT, CA, CF, Lighthouse Coach.

TRY OUR TRAINER

Martin Martinez went from member to Anytime Fitness's head trainer. He's certified, transformed, and here to fuel YOUR journey! - Thank you, Toby W, Manager, Stanwood Anytime Fitness, 360-939-9593.

STATE PARK FREE DAYS

No Discover Pass needed to park at a state park on these days: October 10 (World Mental Health Day), and November 11 (Veterans Day). Learn more at discoverpass.wa.gov.

Band-Aid Bulletin



*A new monthly
message from
the Stanwood
Camano School
District Health
Services
Department*



The Band-Aid Bulletin

SCHOOL NURSES

Our school nurses are essential to keeping students safe, healthy, and ready to learn. They are often the first healthcare provider a child sees regularly and play a crucial role in both public health and education.

10 important things school nurses do! A school nurse is a licensed healthcare professional who works within a school setting to support the physical, mental, and emotional health of students. Their job goes beyond just putting on band-aids or checking for fevers — they play a key role in student health, safety, and academic success.

1. Provide First Aid and Emergency Care - Treat minor injuries (cuts, bruises, nosebleeds, etc.); Manage sudden illnesses (fevers, vomiting, asthma attacks, allergic reactions); Handle medical emergencies until help arrives.

2. Manage Chronic Health Conditions - Assist students with conditions like diabetes, asthma, epilepsy, and allergies; Administer medications or treatments during the school day; Create and follow care plans for students with ongoing health needs.

3. Administer Medications - Give prescribed medications to students (in accordance with school policies and parental permission); Monitor for side effects or problems with medication.

4. Health Screenings - Conduct vision, hearing, scoliosis, and other routine screenings; Refer students for further evaluation when needed

5. Monitor Infectious Disease - Track illnesses like flu, strep throat, or lice outbreaks; Communicate with parents and health departments if needed; Enforce exclusion policies to prevent the spread of disease

6. Promote Health Education - Teach students and staff about hygiene, nutrition, puberty, mental health, and more; Provide resources for healthy lifestyle choices

7. Support Mental Health - Offer emotional support to students who are anxious, stressed, or in crisis; Refer students to counselors or other mental health professionals when needed

8. Maintain Health Records - Keep accurate records of immunizations, medications, treatments, and health screening; Ensure compliance with state and district health regulations

9. Support Special Education - Participate in IEP (Individualized Education Plan) or 504 Plan meetings for students with medical needs; Ensure accommodations are made to support student health and learning

10. Communicate with Families and Staff - Collaborate with parents, teachers, counselors, and administrators to support student well-being; Provide updates on health concerns or outbreaks

Meet the amazing nursing staff. There is a nurse or two assigned to every school campus and each school has a health room assistant.

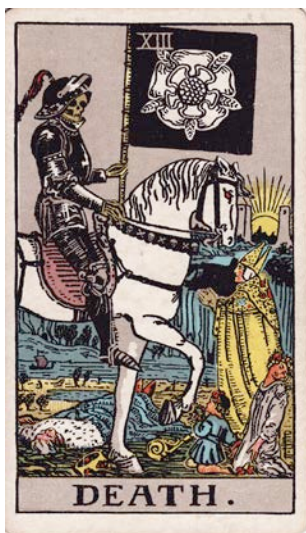
Intuitive Tarot



*Tarot from the
classic Rider
Waite Smith
deck.*

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INTUITIVE TAROT WITH TIFFANY



October 3rd – October 9th : Death. Though this major arcana card can feel frightening, as if the grim reaper is demanding we face our feelings around mortality, this card is rarely about death itself, and more often about endings and beginnings, change, rebirth. This week's Death card message invites surrendering to the truths you feel in your heart, accepting that what has been purged from your life over this last month is fated to be released. When the scythe culls the field, it makes way for new growth, an opportunity to infuse the earth and yourself with the nutrients needed in this new season of your becoming. A super full moon in Aries graces us October 6th reminding us the wind is in our sails spurring us forward as a new dawn envelops the horizon, as every night will meet day, every full moon will meet new, and every perceived ending makes room for a beginning. Try not to resist your own current.

October 10th – October 16th : Nine of Wands Reversed. The restlessness you've been feeling as you've lined up your ducks gets anticipated alleviation this week as you can finally see some payoff inbound from the work you've put in, and the headache starts to feel worth the effort. Although the terrain still holds some bumps, you can map out your next steps with more definition and the path ahead makes more sense than it has in quite some time. Aim to release the resentment you've been harboring at the process for seedlings not sprouting sooner, and celebrate yourself for your discipline and consistency in doing the work even when it felt pointless or you couldn't yet see the dividends. The work continues, yet you can trust yourself to stay the course even when the forecast is foggy.

Cooking Mamas



Recipes by
Cooking Mamas
created by
Dusty Hutchins-
McNutt.

"Great recipes
begin in Mama's
Kitchen!"

Visit me at: www.CookingMamas.com

APPLE SALAD

A fresh mix of spring greens, crisp apples, candied walnuts, creamy goat cheese, and red onions, tossed in a tangy homemade apple cider vinaigrette. The ultimate Fall salad, enjoy!



DRESSING: 1/2 c. good quality olive oil; 3 T. apple cider vinegar; 2 T. honey; 1 T. Dijon mustard; 3 cloves garlic, minced; 1/4 tsp. onion powder; 1/4 tsp. sea salt; 1/4 tsp. fresh ground black pepper
SALAD: 3 Honeycrisp, Gala, or Fuji apples, divided; 1/4 c. lemon juice; 1 c. cold water; 10 oz. spring lettuce mix; 1/4 red onion sliced; 4 oz. goat cheese; 2 c. candied walnuts

DIRECTIONS: 1. **DRESSING:** In a pint jar with lid or small bowl, shake or whisk the olive oil, apple cider vinegar, honey, Dijon mustard, garlic, onion powder, salt, and pepper until well combined. Chill while you prepare the salad. 2. **SALAD:** Dice two of the apples into 1/4-inch cubes. Cut the remaining apple into thin slices for the garnish. 3. Pour the lemon juice and water into a medium bowl. Add the sliced and diced apples to the bowl. Allow to sit while you prepare the rest of the salad. When ready to assemble, drain the apples in a colander. 4. In a large serving bowl, add the spring mix, diced apples, red onions, goat cheese and walnuts (reserving about 2 tablespoons each of cheese, red onions, and candied walnuts for garnish). 5. Add the dressing, toss to coat (alternatively, you can serve the salad with the dressing on the side). Garnish the salad with the sliced apples and reserved cheese, onions, and candied walnuts, serve immediately.

CAMANO ISLAND IS TOTALLY CLAWSOME!

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KERRI@CAMANOKERRI.COM | 206.963.6615

Classes and Workshops



DID YOU KNOW?

The actors who voiced Mickey and Minnie Mouse got married in real life. Russi Taylor (Minnie) and Wayne Allwine (Mickey) tied the knot in 1991.

Free Macbook and iPad / iPhone Tutoring 3 / 30-minute sessions in the Camano Center Library (1pm, 1:30pm, 2pm) the second and fourth Thursdays of each month. Email Joyce to sign up at fact@ms-deadlines.com

Septic Care Workshops: Join the Health Department's Savvy Septic program for an in-person Septic Care Workshop! October 7th, 6-8pm at Stillaguamish Grange. You will learn how to extend the life of your septic system and protect this critical home asset. All attendees must sign up in advance. Space is limited. Use the link below to register. <https://SepticCareWorkshops.eventbrite.com>

Zumba classes - Mondays at 11am at Pathways to Wellness in Stanwood and Thursdays at 5:30pm at Camano Country Club. Sessions run from Monday, July 7th to Thursday, December 18th. For more information: www.zumba.com (Instructor: Jennifer Anderson).

Enter the Medicine Wheel Part One: Journey to the South, The Serpent. October 18, 1-5 pm. Join us as we explore limiting, often unconscious belief systems that keep us from living a more fulfilling life. Practice non-judgment, non-attachment non, suffering, and walk in Beauty. This is the beginning of the path towards personal freedom. \$105 or \$199 for both workshops. Space is limited. Sign up at movementarts.com/events or call 360-629-9100.

The Medicine Wheel Part Two, Journey to The West, The Jaguar. November 8, 1-5 pm. The West direction of the Jaguar works with the mind, where memories of past traumas and cultural conditioning keep us locked in fear-based thinking, obsessions, and habits we wish we didn't have. The Jaguar teaches us how to live freely, fearlessly and in peace. \$105 or \$199 for both workshops. Space is limited. Sign up at movementarts.com/events or call 360-629-9100. PLEASE NOTE: The North and East Directions, part two and three, will be offered in early 2026. Please stay tuned for dates and times.

Private Music Lessons (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Try it first! Book a free 30-minute lesson: HartMusicSchool.com/free-trial. (Music teachers apply here: HartMusicSchool.com/apply-to-teach).

Full of Words: A Free 8-Week Women's Writing Circle (meeting Fridays in downtown Stanwood, Oct 10 - Nov 28). Details here: <https://tinyurl.com/full-of-words>

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription websites and records. Contact us at camano@familyhistorymail.org.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. Serving Camano/Stanwood since 2002. 360-631-0661.

Classes and Workshops



CRABBY COMMENT:

"The Crab Cracker has become a beloved resource in our community, connecting residents and visitors alike to local events, stories, and businesses. Month after month, it provides a free and meaningful way for people to stay connected to Camano Island. Its role in fostering community spirit makes it a standout business."

Line Dance Lessons at the Camano Center with Kari — every Wednesday 3:00pm-3:45pm. Fun and exercise! socialdancesimplified.com.

Making Sense of Medicare: What You Need to Know Before You Choose. Join us for a FREE Medicare Workshop at the Camano Island Library at 10am on October 15. We'll walk through how Medicare works, the enrollment timelines, and common mistakes that can create unnecessary costs. Reserve your seat today by calling John at 360-967-9601. John is a licensed insurance broker serving Camano Island and Stanwood, here to provide guidance and local support.

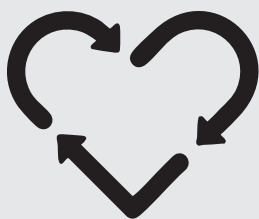
Chris Tuohy Music and Dance Teacher offering the following private lessons: Sax, flute, clarinet, piano & voice. Available classes: Ballet, and Tap. All classes are held at: Forte Music Dance Ar, 1095 Essex St. A-1 Camano Island WA 98282 for more info or to register please contact: Chris Tuohy @ 360.572.9262 or jazzman2e@mac.com

Movement Arts Yoga Classes In-studio & Online. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes.

High Fitness Saturdays: Join us for a FREE high-intensity (or low intensity, you choose) group exercise class (like dance fitness) Saturdays at 7:45 at 795 Ell Rd on Camano. Classes are also available Wednesday mornings at 6 am in Stanwood at The Dance Project NW for \$10/class. Go to "High Fitness Stanwood PNW" on Facebook for more info!

Meditation for Beginners 4 week series, one hour every Tuesday morning 7:30 to 8:30 starting November 11th. Great for anyone new to the practice or current practitioners looking for more options to add to their toolkit. Explore the basics of finding a comfortable seat, observing the breath, and labeling thoughts. Each practice will begin with gentle movement before exploring a different meditation method each week. This class is available in-studio or online (VIRTUAL Meditation for Beginners) please sign up for your preference. Handout included; online participants will receive a PDF for practice between sessions. \$80 or \$25 Drop In.

FREE CLASSES: October 13th: Back/neck Yoga Classes. 10 am or 5:30pm. For those suffering with any kind of back and neck pain. Call or text to register, space is limited, 360-333-5113. October 14th: Flow class, 10 am. FREE Seated Class. Gentle beginner yoga at 5:30 pm. Text to register at 425-320-9776. October 15th: Yin Class, 10 am. Text 425-320-9776 to register. Beginner yoga, 4:30 pm. Flow class, 6 pm. October 17th: Beginner class, 9:30 am. 11 am Seated Chair Class with Sheri. Wonderful for those who need and want more balance and mobility. Z's Body & Soul, 9504 271st, Stanwood. Please text 425-320-9776 to reserve your free spot. More info: www.Zsremedies.com



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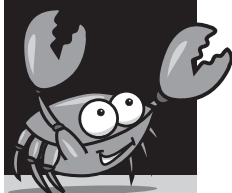


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Classified Listings



DID YOU KNOW?

The last letter added to the English alphabet was 'J'. The letter dates back to 1524, and before that the letter 'i' was used for both the 'i' and 'j' sounds.

FOR SALE OR FOR FREE:

For sale: Pekin Duck Eggs \$10 a dozen/\$15 for 18. Heat Lamp and Heat Bulbs like new for \$20. Call or text #206-335-0246.

Free: Vintage Nordic Track Pro Skier Ski Machine - Good condition. (360)387-8615 Leave message w/ phone number. No texts

For Sale: Trombone case - Excellent condition \$15; Vintage Sears Adjustable height camera tripod \$15; Beer-making equipment including 6 gal glass carboy w/ handle, fermenting buckets, capers, caps, socks, filters, airlocks, hydrometer, 2 doz bottles, plus more \$50. (360)387-8615 Leave message w/ phone number. No texts.

12' APEX inflatable boat with 25 HP Nissan Marine outboard, power tilt, trailer. Runs Great. \$3,850.00. 425.830.3314.

MISCELLANEOUS:

I buy vinyl record albums: Rock, Pop, Jazz and more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

PROFESSIONAL SERVICES:

Custom design that tells your story. Rebecca Rowland Interiors brings color, character, and charm. Email hello@rebeccarowlandinteriors.com for details.

Stained glass shop, design, and fabrication. Got broken stained glass? We can fix it. Message 360-629-9377.

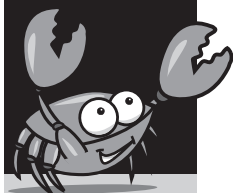
Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmmitchell8974@gmail.com. Serving Outlying Areas.

WANTED:

Help Wanted. We would like to hire someone to silver coat our roof. Not a dangerous undertaking as it is a very low-pitched roof and a one-story residence. If interested, please contact me at 425 478 0777. Would like this done during month of September before weather changes.

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.

Clubs and Meetings



DID YOU KNOW?

The Burj Khalifa in Dubai is the world's tallest building.

Friendship Tea - "A cup of tea shared with a friend is happiness tasted and time well spent" – Anonymous. Join us for tea, treats, and a nice visit with friends, both old and new on the first Tuesday of each month at the Camano Center. No charge (donations welcome) to Camano Center members. Non-Members \$5 fee paid at the front desk. Call Connie at (360) 652-7211 for more information.

Social Gaming Club - Come join the newest club for Teens! This weekly club at the Stanwood YMCA will develop critical thinking, problem solving, and social skills through tech-free gaming. Board games, card games, RPGs and more will be on the table! No need to bring any supplies, come prepared to play! Questions? Email sleonardo@ymca-snoco.org

Dottie's Nature Play - at Stanwood Camano Community Resource Center. This playgroup is all about hands-on discovery, sensory-rich experiences, and letting curiosity lead the way. Come dressed for the weather and ready for adventure! More info: info@crc-sc.org or call 360-629-5257.

Rainy Day Room Playgroup Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/events.

Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

Kaleidoscope Play & Learn a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

Interested in joining Camano Island Quilters? We would love to meet you, stop by, and/or check us out on our website at <https://Camanoislandquilters.wildapricot.org>.

Parks & Play 10-11:30am at Freedom Park, Camano Island. For ages 0-5 and their caregivers. Explore our local parks while doing arts and crafts, sensory activities, waterplay, reading stories, pop tunnels, music and more! info@crc-sc.org or 360-629-5257

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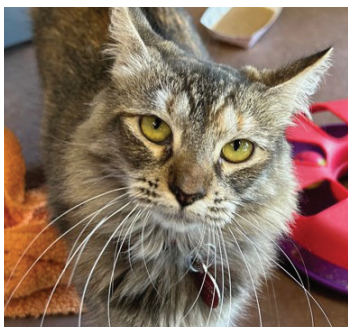


CASA'S PET OF THE WEEK:

BELLAMY! This Rottweiler mix puppy is loads of fun and cuteness! Bellamy is a playful, friendly, and obedient young lady! She has experience with crates and has taken obedience classes, but she's still learning. She's comfortable around other dogs, but her size and energy may be a little much for young children or small animals. If you're looking for an active dog with confidence and a great foundation of training Bellamy may be the one!

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org

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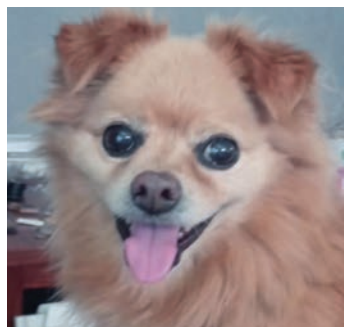


NOAH'S PET OF THE WEEK:

BRIGITTA is an ten month old cat who is bonded with her best friend Bitsy, so they will need to home together. Please come meet with them and talk to a Matchmaker at The NOAH Center today!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org

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SAVE-A-MUTT'S PET OF THE WEEK:

STORY - a lovely guy who would love a family that will invite him along on their adventures. Story is ready for a Sunday drive, assisting in the garden or just plain being cozy on the couch with his people. This boy is a great little friend and has learned so much from his foster sister about enjoying life as a treasured friend. **FIRST STEPS:** Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org

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#RecreateResponsibly

View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

A TIM TALK: THE IMPORTANCE OF LIVING IN THE PRESENT



[Lights dim. The audience applauds politely. Tim Jones strolls on stage wearing his best blazer and a t-shirt that reads "Will Write Humor for Food." In the background is a sign reading "TIM TALK."]

Thank you, thank you. In tonight's TIM TALK, I want to discuss a subject that profoundly impacts all of us: The Importance of Living in the Present.

Let's face it, most of us aren't very good at it. Too many of us get trapped in the past, especially me. I still wonder sometimes why my high school crush Sue Segerstrom never went out on a second date with me. Perhaps it was my ill-conceived decision to wear a lime green Nehru jacket with a silver Peace medallion.

And many of us obsess way too much about the future – like whether AI will eventually replace humor writers and the only jobs left for people like me will be as a dog walker... or carnival barker. But the truth is – [PING! A phone notification echoes through the theater.]

Sorry, that was me. Amazon just alerted me that my package of sock organizers will arrive tomorrow. Finally, my left socks will know their place. Now... where was I? Ah yes, the present moment. The point is, if we're not careful, the joyful moments of life will elusively pass us by. We must – [A cat meows loudly. Audience chuckles. Tim looks down. A large orange tabby leaps onto stage from nowhere.]

[Tim now stroking his cat] This is my best buddy Zippy. Apparently, Zippy wanted to join my TIM Talk. He's teaching me mindfulness by nibbling on my microphone cord to test how long I can stay focused

View from the Bleachers



DID YOU KNOW?

The largest pumpkin pie ever baked was in 2005, and weighed 2,020 pounds, or just over 916kg

on my talk and ignore his interruption. He ALWAYS lives in the present. We should all be more like Zippy. [Tim's audio cuts out.]

[Tim yelling into a dead mic] CAN YOU STILL HEAR ME? Oh, good, backup mic. Okay, we're back. Anyway, the present moment is a gift. That's why it's called the "present." Pretty deep, I know. I came up with that myself – unless you Google it in which case you might learn that Eleanor Roosevelt might have beaten me to it by about 70 years.

Now, where was I? Right – the present moment. By grounding ourselves in the here and now, we can achieve a kind of inner peace that transcends our busy schedules. For example – Oh, wow. Sorry, folks, I just noticed a mole on my cheek in the monitor. Was that there yesterday? I wonder if I should get it checked. [Tim checks his phone for possible indications of what it could be.] WebMD says it could be anything from a freckle to bubonic plague. Let me just take a photo real quick to compare later. [Tim takes a selfie. Decides it's not very good and takes another one.]

Anyhoo, the point is, if you obsess about the past or the future or what COULD go wrong, you're not making room for living. [Tim pauses.] Which reminds me, did I remember to schedule the carpet cleaning appointment for our living room carpet? Excuse me, this will only take a minute. [Tim looks at his calendar on his phone.] Um, actually, on second thought, I can place that call later.

If you're not living in the here and now, you're just existing. So, breathe deeply. Relax your shoulders. Feel the moment. Savor the stillness of – Hold on. Phone call. Sorry. Hello? Yes, this is Tim. Um, nope, not interrupting anything important. How can I help you? [Tim listens to caller.] Um, no, I don't need an extended warranty for my car. I don't even own a 2009 Dodge Caravan. Thank you. Have a nice day.















Right. As I was saying, the stillness of now is critically important to our mental health and physical well-being. Living in the present is about being fully attentive to the people we are – wait! What's that smell? Uh oh. Excuse me just a second...

[Five minutes later.] Crisis averted! Just a couple of sound crew who left their pizza in the oven too long and it started a fire in the break-room. The fire department is on its way. Now, where was I? Oh right, being fully attentive to the here and now.

Look, the truth is, none of us is perfect at this. Some of us aren't even a little bit good (Tim pauses awkwardly). It takes time and practice to attain mindfulness. Even I, your humble guide, struggle from time to – Oh for goodness' sake. Zippy just knocked over my glass of water all over my laptop. Now my computer is totally fried. I've lost all my slides. Well, goodnight, everybody. Drive safe. Bad kitty! Bad kitty!

[Narrator Voice]: Join Tim Jones next week for another TIM TALK when he shares his financial expertise about how you can end up with a net worth of \$1 MILLION by investing in cryptocurrency. Hint: Start with \$10 million, then invest it in crypto.

TIDE TABLES / SARATOGA PASSAGE / OCTOBER 3 - 16, 2025

Date	High /Low	Tide Time	Height Feet	Moon Visible	Date	High /Low	Tide Time	Height Feet	Moon Visible
F 3	High	1:38 AM	8.2		F 10	Low	1:29 AM	-2.4	
3	Low	8:23 AM	0.8		10	High	8:36 AM	12.0	
3	High	3:38 PM	11.0		10	Low	1:58 PM	6.4	
3	Low	9:32 PM	4.9		10	High	7:08 PM	11.2	
Sa 4	High	2:49 AM	8.9		Sa 11	Low	2:17 AM	-2.4	
4	Low	9:14 AM	0.8		11	High	9:43 AM	11.7	
4	High	4:03 PM	11.4		11	Low	2:55 PM	7.3	
4	Low	10:07 PM	3.4		11	High	7:46 PM	10.6	
Su 5	High	3:49 AM	9.7		Su 12	Low	3:11 AM	-1.9	
5	High	10:01 AM	1.2		12	High	10:59 AM	11.4	
5	High	4:29 PM	11.6		12	Low	4:04 PM	7.9	
5	Low	10:44 PM	1.9		12	High	8:32 PM	9.9	
M 6	High	4:47 AM	10.5		M 13	Low	4:12 AM	-1.2	
6	Low	10:48 AM	1.8		13	High	12:20 PM	11.2	
6	High	4:58 PM	11.8		13	Low	5:29 PM	7.9	
6	Low	11:22 PM	0.4		13	High	9:37 PM	9.0	
Tu 7	High	5:44 AM	11.3		Tu 14	Low	5:17 AM	-0.4	
7	Low	11:34 AM	2.8		14	High	1:32 PM	11.2	
7	High	5:28 PM	11.8		14	Low	7:12 PM	7.2	
					14	High	11:08 PM	8.3	
W 8	Low	12:03 AM	-1.0		W 15	Low	6:24 AM	0.4	
8	High	6:40 AM	11.8		15	High	2:25 PM	11.3	
8	Low	12:21 PM	4.0		15	Low	8:32 PM	6.1	
8	High	6:00 PM	11.8						
Th 9	Low	12:45 AM	-1.9		Th 16	High	12:48 AM	8.0	
9	High	7:36 AM	12.1		16	Low	7:30 AM	1.1	
9	Low	1:08 PM	5.2		16	High	3:04 PM	11.3	
9	High	6:33 PM	11.5		16	Low	9:16 PM	4.8	



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