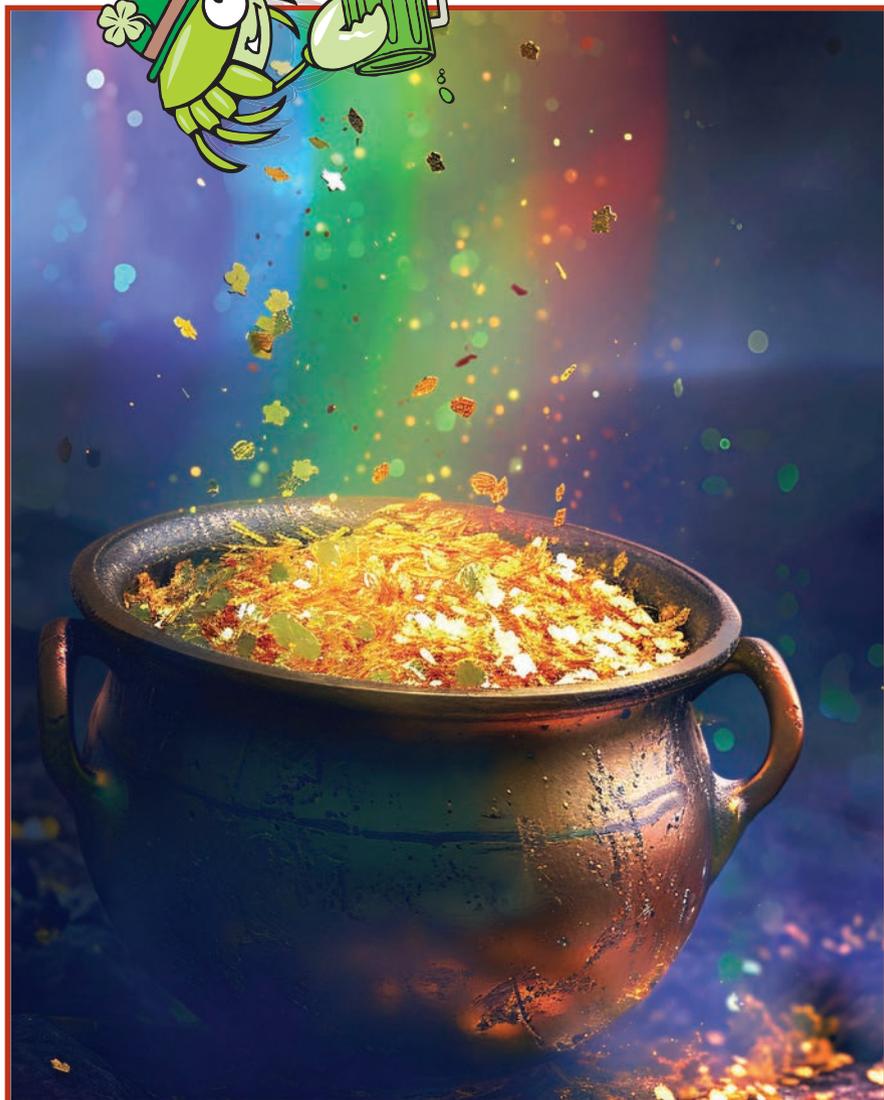


THE RAB CRACKER

ISSUE 425
March 6-19,
2026

ST. PADDY'S DAY EDITION



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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover image: Happy St. Patrick's Day
from The Crab Cracker Community Magazine*



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James and Malynda Shipley, owners, proprietors
thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: MARCH 12 for Next Edition (March 20-April 2)

Calendar of Events



THURSDAY, MARCH 5

IMPROV: FREE TRY IT WORKSHOP

Ages 18 and up. 6-8pm at Box Of Good, 8504 Cedarhome Drive, Stanwood.

FRIDAY, MARCH 6

BEACH 1 GALLERY RECEPTION

for Diane Sarr and 7th Anniversary Party for the Gallery. March is a special month at the Country Club. It's the 7th Anniversary for the Beach 1 Gallery and Artist Reception for Diane Sarr. 5-7pm. Diane Sarr grew up in Michigan, the Great Lakes State, where her love of creating began early in life. She earned her BFA from Michigan State University and continued her graduate studio art studies at the University of London. After completing an artist residency and participating in a local gallery, Diane relocated to the Pacific Northwest. Her career has spanned ten years in graphic design, several years as an art docent in public schools, and a decade teaching Graphic Design and Drawing at the secondary level. Her current body of work focuses on Stitched Paper Landscapes—compositions that combine dyed, textured paper and machine stitching to evoke both the beauty of the natural world and humanity's subtle imprint upon it. Her art will be displayed and for sale the entire month of March. The Gallery is open 7 days a week. We will be serving Cake, pop, wine, bottled water and bags of chips for the reception and anniversary celebration. 1243 Beach Drive, Camano Island

“Wishing you a pot o’ gold and all the joy your heart can hold.”



Happy St. Patrick's Day

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Calendar of Events



FRIDAY, MARCH 6

FIRST FRIDAYS DROP-IN EBOOK & EMEDIA HELP

Noon-1pm at the Camano Island Library. Learn how to access library resources such as ebooks, eaudiobooks, streaming media, and on-line learning databases. Bring your device for help getting started or assistance with basic troubleshooting. Library staff are available to assist you during this one hour monthly drop-in session - no reservation necessary!

FRIDAY, MARCH 6

COME PLAY MAHJONG

3:30pm at Lincoln Hill Retirement Community. 7430 276th St NW, Stanwood. More info: (360) 629-7403.

FRIDAY, MARCH 6

DINNER WITH DEAN MARTIN

at Lincoln Hill Retirement Community. 7430 276th St NW, Stanwood. Bring your own dinner/snacks and watch a Dean Martin show on the big screen in Center Hall at 5:30pm each Friday. Frances Obrien has graciously offered to share her movies of Dean Martin with us. More info: (360) 629-7403.

ART & ANTIQUES

*86th Birthday
reception*

Saturday, 3-5pm

The Dorsey family invites you to celebrate the 86th birthday of the patriarch of our family of artists, Jack Dorsey.

Jack's solo show "Art and Antiques" opens on Friday, March 13th and continues on Saturday, March 14th, 10:00am-5:00pm. There will be a birthday reception Saturday from 3:00-5:00pm.

@ Sunnysore Studio, 2803 S.E. Camano Drive, Camano Island

Calendar of Events



DID YOU KNOW?

St. Patrick was not Irish. He was born in 5th century Roman Britain but was captured and brought to Ireland as a slave at age 16.

FRIDAY-SATURDAY, MARCH 6-7

SHS DRAMA PRESENTS: MAMA MIA



Stanwood High School Theatre is proud to present "Mamma Mia!" a jukebox musical celebrating ABBA's most iconic music! Set on a sun-soaked Greek island, "Mamma Mia!" follows Sophie, a young bride-to-be who sets out to uncover the identity of her father on the eve of her wedding. Without her mother Donna's knowledge, Sophie invites three men from Donna's past back to the island, sparking a whirlwind of laughter, surprises, and touching moments about family, friendship, and love. This show is an explosion of Abba's greatest hits. The musical will be performed at 7 p.m. on March 6, 7, 13, and 14 at Stanwood High School. Doors open at 6:30 p.m. Tickets are available online (<https://gofan.co/app/school/WA23340>) and before the show at the door. Admission is \$12 for adults and \$10 for students. Don't miss the chance to support Stanwood High School's talented student performers in a show that promises big laughs, big music, and an unforgettable night at the theater.

SATURDAY, MARCH 7

CHILL DEVILLE

7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. Get ready for a night of killer vibes and smooth grooves! Don't miss this high-energy performance that'll have you dancing, sipping, and vibing all night.

DENIM DAY



FOR DEMENTIA
First Friday of March

MARCH 6



**National Frozen
Food Day**

Calendar of Events



St Patrick's Day was originally a religious holiday and thus Irish laws mandated that all pubs be closed on March 17th. This law was on the books until the 1970s.

SATURDAY, MARCH 7

FOCIP ANNUAL HOSTED WINTER / SPRING WALK

CAMA TO CISP: Meet at 9:45 a.m. at Ivy Way Trailhead off of Dry Lake Road. Walk from the trailhead parking area to the South Beach of Camano Island State Park along the Cross Island and West Rim trails enjoying downhill and level terrains with great views. The walk is about 3.2 miles. Shuttle service will be available to return participants to the trailhead. No state park Discover Pass is required. No dogs please for the safety of the walkers.

SATURDAY, MARCH 7

SPRING FARM TOUR

Guided by the brothers and sisters of the Ashram, who steward and farm the land. 25 acres of gardens, forest, meadows, orchards, integrated with animals (chickens, goats, alpacas, dogs, cats, pigs, and wildlife). RSVP by sending an email to contact@camanofarmashram.com, with a personal introduction, and areas of interest in the farm ashram, if inspired. 732 Haven Pl. Camano Island.

SATURDAY, MARCH 7

OPEN HOUSE

10am-noon at Event by Stanwood Cooperative Preschool, 27027 102nd DR NW, Stanwood. Bring the family by anytime during the open house to tour our facility, meet the staff and current families and get your questions answered. Enrollment opens at 9am. Enrollment forms will be available at the open house for any remaining open spots. We can't wait to show you all the fun we have!

SATURDAY, MARCH 7

SHS BAND'S 1ST EVER MATTRESS FUNDRAISER

10am-5pm at Stanwood High School. Come get a better night's sleep AND support the Stanwood High School Band with their 1st EVER mattress fundraiser! We carry quality name brands like Purple, Helix, Therapedic and more. With HUGE savings off retail! Anything you can get at a standard retail mattress store you can get here, which includes all the same services! Delivery and haulaway options! All forms of payment accepted, including 12 month same as cash financing (OAC). Warranties on everything we sell and the best comfort guarantee in the industry! This is ONE DAY only! Profits go directly to the Stanwood Band Boosters!

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“Articles of Faith”
Celebrating 150 of Our Saviour’s Lutheran Church
featuring

Svend Rønning
violinist



Lisa Bergman
pianist



Sunday, March 8, 2026 at 3:00 p.m.

Our Saviour’s Lutheran Church
27201 99th Avenue Northwest, Stanwood
(360) 629-3767
www.oursaviourschurch.org



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Calendar of Events



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online at

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Cracker.com](http://www.TheCrabCracker.com)

or on
Facebook.

Download
current or past
editions.

SATURDAY, MARCH 7

SPRING LAUNCH PARTY

10am-5pm at The Camano Shop, 913 WA-532. Join us as we kick-off the Spring season!

SATURDAY, MARCH 7

STANWOOD HIGH SCHOOL SPORTS

JV Boys Baseball vs Anacortes. 11am.

SATURDAY, MARCH 7

LIVE DIVINATION



Noon-4pm at Cactus + Co, at Terry's Corner. Featuring guest appearance of Tiffany Fitzpatrick for Live divination, featuring tarot and osteomancy (bone throwing). She'll be offering 15-20min readings for \$40. Walk-ins are welcome and reservations are available by messaging: linktr.ee/tiffanyfitzpatrick

SATURDAY, MARCH 7

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.



National Cereal Day
MARCH 7



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Calendar of Events



DID YOU KNOW?

“St. Patty’s Day” is the wrong abbreviation. The correct abbreviation is St. Paddy’s Day. Paddy is an abbreviation for Patricia.

SATURDAY, MARCH 7

MARCH COMMUNITY NATURE WALK

10am at Iverson Beach. Event by Imagine That Community School. March invites us to slow down, breathe deep, and walk together as a community—not to rush, not to perform, but simply to be in nature. Our Community Nature Walk is open to families, children, caregivers, and neighbors who value connection, curiosity, and the magic that happens when we step outside together. Expect muddy boots, noticing signs of spring, wandering conversations, and children leading the way. All ages welcome. Come as you are.

SATURDAY, MARCH 7

GAME NIGHT WITH KEVIN

6:15pm-10pm at Camano Island Library. 848 N Sunrise Blvd. Beginners welcome. Bring Favorite games. May bring food.

SATURDAY, MARCH 7

AKTION CLUB’S E-CYCLE



10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.

SATURDAY, MARCH 7

GAME ON FOR TEENS AND TWEENS!

2-4pm at the Camano Island Library. Join us to play some retro games on an Atari and board games galore! Snacks provided!



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Calendar of Events



DID YOU KNOW?

For good luck, the shamrock is usually included in an Irish bride's bouquet and the boutonniere of the groom regardless of the day they marry.

SATURDAY, MARCH 7

COFFEE AND CONVERSATIONS

1-4pm at JOY Camano Farmhouse, 659 WA-532, Camano. You're Invited to: COOKIES AND COFFEE AT THE FARMHOUSE. Come make cookies and enjoy community with us. Families are welcome! Watch for Open House signs. Reservation: 360-303-7869.

SUNDAY, MARCH 8

BINGO AT THE VIKING HALL - SILVANA

5pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

SUNDAY, MARCH 8

"ARTICLES OF FAITH"

Celebrating 150 years of Our Saviour's Lutheran Church. Featuring Svend Ronning - violinist, Lisa Bergman, pianist. 3pm at 27201 99th Ave NW, Stanwood. SVEND RØNNING is a violinist with a distinguished career as an artistic director, chamber musician, soloist, and educator. He is a 1985 graduate of Stanwood High School. LISA BERGMAN is a pianist, arts leader, and Gracie Award-winning radio announcer on Classic KING-FM. A Juilliard-trained concert pianist, she has recorded seven CDs, debuted at Carnegie Recital Hall, toured internationally as a U.S. Artistic Ambassador, taught at the University of Washington, and is a Hall of Fame member of the Washington State Music Teachers Association. More info: 360-629-3767.

SUNDAY, MARCH 8

BOARD GAME DAY

Noon-6pm at Scattered Deck Games, 8919 271st St Nw, Stanwood. All Board Games! All Day! Stop on in and play. Use some of our 300+ store copies or bring your own. Free event Every Sunday. Outside food welcome. Come play with us.

TUESDAY, MARCH 10

FREE COOKING DEMO

in the barn at Hazel Blue Acres blueberry farm in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.





THE FIGHTING JAMESONS MODERN IRISH MUSIC

Saturday, March 14 | 8PM

Get ready to kick off St. Patrick's weekend the right way! The Fighting Jamesons are bringing their high-energy Irish-inspired Celtic rock to The Skagit Casino for the perfect warm-up to St. Patrick's Day. With a rousing mix of traditional tunes and original songs delivered with a modern, energetic punch, these guys have built a reputation touring the East Coast and sharing stages with the likes of Dropkick Murphys and The Saw Doctors.



theskagit.com  

Must be 21 or older with valid ID. Details at Rewards Club. Management reserves all rights. ©2026 Upper Skagit Indian Tribe dba Skagit Valley Casino Resort.

Calendar of Events



The color of Saint Patrick was blue not green. Green became the dominant color over time as the holiday was used to highlight Irish nationalism against British rule in the 1790s.

TUESDAY, MARCH 10

SHS REGISTRATION NIGHT

Stanwood High School will host a Registration Information Night for students and families in grades 8-11, offering a comprehensive look at course options and what to expect in the year ahead. The evening begins at 5:30 p.m. with a Course Fair, where families can explore class offerings and talk directly with teachers about programs and pathways available to students. At 5:30 p.m., 6 p.m., and 6:30 p.m., 8th-grade families are invited to attend a Parent Presentation in the Performing Arts Center. The session will cover graduation requirements, course planning, and the transition to high school — providing a clear roadmap as students prepare to enter ninth grade. From 6:30-7:15 p.m., families can attend a Running Start Information Session in the Performing Arts Center to learn about eligibility, expectations, and how the program works for students interested in earning college credit while in high school. This event is designed to help families make informed decisions and feel confident about the opportunities ahead at Stanwood High School.

TUESDAY, MARCH 10

WALK WITH JEN

10:30am. Meet at Lincoln Hill Retirement Community. Walking has been known to be a good exercise to reduce stress, improve cardiovascular, weight management, can lower blood pressure, strengthen bones, and increase energy levels.

TUESDAY, MARCH 10

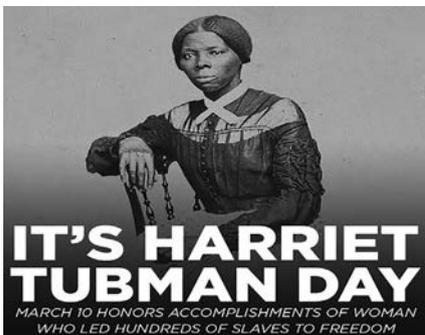
TEEN ART STUDIO

3-5pm at the Stanwood Library. Join us for an art class with Stanwood Camano Arts Advocacy Commission (SCAAC)! Program topics change on a monthly basis so participants can either stop by and see what's in store or contact the library ahead of time to see what the activity this month is. Snacks and beverages will also be available for those who just want to sit and relax. We will provide all the supplies you need. For teens and tweens who are ages 10-18.

WEDNESDAY, MARCH 11

STANWOOD HIGH SCHOOL SPORTS

Boys Baseball vs Nathan Hale. JV: 4pm. Varsity: 6:30pm.



Yoga and Pilates
movementarts.com



MOVEMENT ARTS
360-629-9100
Camano Commons

Calendar of Events



At one time, wearing a shamrock in your lapel or green clothing was seen as rebellious act by the British authorities and potentially even punishable by death.

WEDNESDAY, MARCH 11

WBCA RUN/WALK WEEKLY SOCIAL

Warm Beach Community Run/Walk Club! Meet at 5:45pm at the WBCA Park. All levels of running and walking are welcome. We have multiple different routes ranging from 1-3 miles. Come exercise and socialize! Hope to see you there!

WEDNESDAY, MARCH 11

EXPLORE YOUR CREATIVITY

4:00pm-5:30pm at the Stanwood Library. Join us for an art class with Stanwood Camano Arts Advocacy Commission (SCAAC)! We will provide everything you need. For kids ages 6-11.

THURSDAY, MARCH 12

CHRIS EGER

7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. The Chris Eger Band is a Northwest band hot on track to becoming the next band to hit the billboard charts. A compilation of rock/blues/country mix.

THURSDAY, MARCH 12

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Tennis vs Anacortes. 3:30pm.

THURSDAY, MARCH 12

IMPROV: FREE TRY IT WORKSHOP

Ages 18 and up. 6-8pm at Box Of Good, 8504 Cedarhome Dr, Stanwood.

FRIDAY, MARCH 13

COME PLAY MAHJONG

3:30pm at Lincoln Hill Retirement Community. 7430 276th St NW, Stanwood. More info: (360) 629-7403.

FRIDAY, MARCH 13

DINNER WITH DEAN MARTIN

at Lincoln Hill Retirement Community. 7430 276th St NW, Stanwood. Bring your own dinner/snacks and watch a Dean Martin show on the big screen in Center Hall at 5:30pm each Friday. Frances Obrien has graciously offered to share her movies of Dean Martin with us. More info: (360) 629-7403.



Calendar of Events



DID YOU KNOW?

Chicago dyes its river green on St. Patrick's Day. The city uses natural veggie dye.

FRIDAY, MARCH 13

STANWOOD HIGH SCHOOL SPORTS

JV Girls Tennis vs Lakewood. 3:30pm

Boys Baseball vs Capital HS. JV: 4pm. Varsity: 6:30pm.

FRIDAY, MARCH 13

TRAVEL TALK



10am at the Camano Center, 606 Arrowhead Rd. Join Louis and Diana Craig as they share their six week naturalist journey through Madagascar, Africa known as the "Eighth Continent." They will share their photographs, stories, and adventures with you. Members are free; non-members \$5 (please stop at the reception desk to pay).

FRIDAY-SATURDAY, MARCH 13-14

SHS DRAMA PRESENTS: MAMA MIA

Stanwood High School Theatre is proud to present "Mamma Mia!," a jukebox musical celebrating ABBA's most iconic music! Set on a sun-soaked Greek island, "Mamma Mia!" follows Sophie, a young bride-to-be who sets out to uncover the identity of her father on the eve of her wedding. Without her mother Donna's knowledge, Sophie invites three men from Donna's past back to the island, sparking a whirlwind of laughter, surprises, and touching moments about family, friendship, and love. This show is an explosion of Abba's greatest hits. The musical will be performed at 7 p.m. at Stanwood High School. Doors open at 6:30 p.m. Tickets are available online (<https://gofan.co/app/school/WA23340>) and before the show at the door. Admission is \$12 for adults and \$10 for students. Don't miss the chance to support SHS talented student performers in a show that promises big laughs, big music, and an unforgettable night at the theater.

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Calendar of Events



DID YOU KNOW?

Due to strict laws on the curtailment of sales of alcohol on Holy Days in Ireland, from 1927 to 1961, the only place a thirsty Irish person could legally get a drink on Paddy's day was at The Royal Dublin Dog Show. One TD was reported to complain that it was a grand occasion "except for all the dogs."

FRIDAY-SATURDAY, MARCH 13-14

ART AND ANTIQUES SHOW

The family of legendary PNW artist Jack Dorsey will celebrate his 86 birthday with an Art and Antiques show. A veritable antique himself, Jack is a nostalgic person, loves old things, relics, and can hardly throw anything away, which is why he has probably 20 old steel rakes and 30 handsaws in the old tool shed because "they don't make things the way they used to." Besides Jack's art featuring relics, old things, falling apart houses, antique fishing lures and decoys, scythes and anvils, it will feature an installation of Jack's relics and antiques, some of which will be for sale. Join us in celebrating a good man, father, husband, uncle, friend, golfer, fisherman and artist who dug his roots deep on Camano and has contributed greatly to the beauty and personality and "thisness" of this Island we love. The show opens a day after his birthday, on Friday, March 13 at 10:00am at Sunny-shore Studio (2803 SE Camano Drive, Camano Island). It continues on Saturday at (10am-5pm) with what we expect will be a big reception with many family and friends, classmates and colleagues, neighbors and patrons stopping by to view the old relic himself. Cookies and Coffee will be served each day all day - but the birthday cake and "official" birthday celebration will be 3 - 5 on Saturday the 14th! We would LOVE to have you and yours come and celebrate Jack's art and his long productive life with us !!!!! This celebration is open to all !!!!!

SATURDAY, MARCH 14

62ND ANNUAL STANWOOD COIN CLUB SHOW AND SALE



10am to 4pm Stanwood Fairgrounds - 6431 Pioneer Hwy. Free Appraisals! Displays! Free Drawing Hourly! Raffle of Silver Coins BUY - SELL - TRADE - LEARN. More info: 425-876-8798.

SATURDAY, MARCH 14

STANWOOD HIGH SCHOOL SPORTS

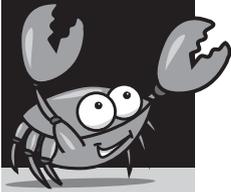
Boys Baseball vs Squalicum. JV: noon. Varsity: 2:30pm.

SATURDAY, MARCH 14

PRIME RIB DINNER

4pm until gone (and that's usually by ~5pm) at the American Legion, Post 92, in Stanwood. Join us for plenty of good food and camaraderie! Adults \$25 and children (under 12) \$10.

Calendar of Events



SATURDAY, MARCH 14 SILVANA FAIR AUCTION



returns to Viking Hall in Silvana! Free admission, and all ages are welcome. Doors open at 4 PM, and the kitchen begins serving food for purchase at 4:30 PM. The Silent Auction opens at 4 PM, the Live Auction begins at 6 PM, and both continue throughout the evening. We will have over 100 items from local businesses - there is something for everyone. You never know what you'll find, and we know you'll have a good time! Come and support our community's youth. The Auction is the only fund-raiser for the Silvana Fair, and the money raised is used for exhibitor premiums, scholarships, ribbons, fair facilities and supplies. The fair is run by all volunteers so we can keep the fair FREE to enter and FREE to attend. www.silvanafair.com.



LINCOLN HILL
RETIREMENT COMMUNITY

UPCOMING EVENTS



Lincoln Hill Retirement Community
Your Local Senior Center
7430 276th St NW
Stanwood, WA 98292

- Valentine's Photo Fundraiser - Saturday – February 14, 2026, 10:00-2:00pm
- Homage Depression Isolation Presentation February 10, 2026, 12:30pm
- Caregivers Support Group February 3, 2026, meets on the 1st Tuesday each month
- Low Vision/Blind Support Group- Tuesday, February 17, 2026, 10:00am
- AARP Foundation Tax Aide Appointment is available starting February 3rd, 2026
Come to Front Desk to sign up for an appointment and receive your tax packet.

Calendar of Events



DID YOU KNOW?

There are more Irish in the USA than Ireland.

Well, sort of. An estimated 34 million Americans have Irish ancestry.

SATURDAY, MARCH 14 CLEAN UP CAMANO



Join us for a simple way to make a real difference on Camano. Spend 90 minutes outdoors helping keep our island clean and welcoming for everyone. 11:00 AM – 12:30 PM at Terry's Corner (meet at the picnic tables on the lawn), 848 N Sunrise Blvd, Camano Island. Bring a friend or come solo! Every volunteer helps. It's a small commitment with a big, meaningful impact. We'd love to see you there!

SATURDAY, MARCH 14 ARTIST TALK: QUYNH NGUYEN



5:00 PM – 6:00 PM at Camano City School House. Free, open to the public. RSVP required. www.scaacwa.org.



Camano Arts Association

Meet fellow artists and art lovers in your community!
Visit us online to see how we are

Working together to support local Arts!

camanoarts.org

Become a
CAA Member



Calendar of Events



DID YOU KNOW?

St. Patrick used the shamrock to preach about the trinity.

SATURDAY, MARCH 14 55+ RESOURCE FAIR



10am-2pm at Camano Center, 606 Arrowhead Rd. Chat with 40+ local organizations. Get a free MoCA memory screening. Schedule a full-body DEXA scan (\$59.95). Catch informative speaker sessions. Enjoy a complimentary lunch. Everything you need for healthy, confident aging—all under one roof and totally FREE. Bring a friend and make a day of it!

SATURDAY, MARCH 14

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, MARCH 14

COFFEE AND CONVERSATIONS

1-4pm at JOY Camano Farmhouse, 659 WA-532, Camano. You're Invited to: COOKIES AND COFFEE AT THE FARMHOUSE. Come make cookies and enjoy community with us. Families are welcome! Watch for Open House signs. Reservation: 360-303-7869.

SATURDAY, MARCH 14

KEITH HOWARD

performing live at 7pm at Conway's Pub & Eatery.



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SAVE CAMA BEACH CABINS

Do you miss having the cabins open and seeing visitors excited about the park, Camano Island, and Stanwood? Does your business miss the income from tourists? Does your family miss the fun educational events at the park? There is a new group forming to reopen the cabins.

Save Cama Beach Cabins group is asking the Washington State Legislature for funding to repair the septic and water systems so the cabins can be used again. A website with more information will be available soon. They need your help to contact the Governor and your State Legislators to urge their support for this effort so the Cama Beach cabins can be reopened for all of us.

Governor's office: 360-902-4111
Representative Clyde Shavers: 360-786-7884
Representative Dave Paul: 360-786-7914
Senator Ron Muzzall: 360-786-7618

Thank you for your help! Watch the Crab Cracker and/or go to our website for more info.

SaveCamaBeachCabins.org / info@savecamabeachcabins.org

Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials! This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics you need to understand your options.

Camano Center

606 Arrowhead Road, Camano Island, WA 98282

January:

- 1/07/2026 – Wednesday at 10:00am.
- 1/28/2026 – Wednesday at 2:00pm.

February:

- 02/05/2026 – Thursday at 3:15pm.
- 02/26/2026 – Thursday at 3:15pm.

March:

- 03/05/2026 – Thursday at 3:15pm.
- 03/26/2026 – Thursday at 3:15pm.

RSVP's NOT REQUIRED, BUT ENCOURAGED

Please contact us to RSVP or for more information about upcoming events.



425-361-2944 x1 TTY 711



info@vidorassociates.com



www.vidorassociates.com

This is an educational event. A licensed sales representative will be present with information only; there will be no sales activity. The Centers for Medicare & Medicaid Services (CMS) has neither reviewed nor endorsed this information.

Vidor and Associates is not connected to the Federal Medicare Program and this is a solicitation for insurance. Vidor and Associates does not offer every plan available in your area. Any information they provide is limited to those plans they do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE or your local State Health Insurance Program (SHIP) to get information on all your options.

Calendar of Events



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WE CAN'T
PRINT IT.**

Send your info
and/or images
to: [thecrab
@thecrabcracker.com](mailto:thecrab@thecrabcracker.com)

SATURDAY, MARCH 14

STANWOOD'S SHORTEST PARADE



by KISW 99.9 "The Rock". Yay! Plan on attending Stanwood's Shortest St. Patrick's Day Parade! Join KISW in Taryn's hometown for Stanwood's Shortest St. Patrick's Day Parade, presented by SAAL Brewing Company! That's right - Stanwood showed up big last year, and we're back for another round of shamrock-filled fun. Come early and check out the booths starting at 10am, then line the streets as the parade kicks off at noon.

SATURDAY, MARCH 14

MINIATURE WARGAMING MEET-UP

hosted by CIMW. 2-6pm at the Camano Island Library. Bring your curiosity—and maybe a friend—and discover the strategic camaraderie of miniature wargaming with Camano Island Miniature Wargamers. Whether you're a seasoned veteran or brand-new to the hobby, all are welcome to explore historical, fantasy, and sci-fi battles around the tabletops—no experience needed. This hobby brings together a wide range of ages.

SATURDAY, MARCH 14

JIMMY WRIGHT BAND

7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. Get ready to rock the night with the Jimmy Wright Band! A high-energy concert experience, packed with a dynamic mix of music to keep you on your feet all night long. Don't miss the show that's got something for everyone!



YOUTH SEWING WORKSHOP

4 Tuesdays:

starting on 3/10

3/17, 3/24, & 3/31 @Box of Good

Grades 6–10: 2:30–4:00 PM

Grades 2–5: 4:00–5:30 PM

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Calendar of Events



DID YOU KNOW?

A few of the Saint's relics can still be viewed in Ireland today: St. Patrick's Bell and shrines of the Saint's jaw and tooth can be viewed in Dublin in the National Museum, while Patrick's copy of the four gospels is held at the The Royal Irish Academy.

SATURDAY, MARCH 14 SHAMROCK 5K FUN RUN



Get ready to go green and join the fun at our annual Shamrock 5K Fun Run! Break out your best St. Patrick's Day gear for a festive run (or walk!) through the beautiful Port Susan Bay Preserve. The more spirited your outfit, the better! Registration opens at 9AM, and the race kicks off at 10AM at Hamilton Landing Park (26810 98th Ave NW, Stanwood). Stick around for the Awards Ceremony at 11:30 AM—top finishers will take home prizes, and every participant earns a medal!

SATURDAY, MARCH 14 SAINT PATRICKS DAY BIG BAND COMMUNITY SWING DANCE WITH LESSONS



at Stanwood's Floyd-Norgaard cultural center. Dance to the music of a 16 piece big band with some of the best musicians in the Northwest. Free dance lesson at 6:30pm. Dance starts at 7PM with dance lessons continuing during intermissions. \$12 for adults. \$10 for students, cash, check or Venmo (No credit card)

Calendar of Events



DID YOU KNOW?

March 17th is
when St. Patrick
died.

SATURDAY, MARCH 14

ART SHOW OPENING

4-6pm. Join artists at the Camano Arts Association's Gateway Gallery for the opening of the 'Green' themed show. Pick up the 2025 first-look foldout Camano Island Studio Tour guide while you chat with friends and neighbors. The gallery is in the little red building at Freedom Park with the marvelous stained glass wall. For more info check out camanoarts.org/gateway-gallery

SUNDAY, MARCH 15

"THE IRISH WAR OF INDEPENDENCE"



\$25 pp. Back by popular demand "Let the Shenanigans Begin" presents lecture by Marianne McGary Bloom on "The Irish War of Independence" (Irish: Cogadh na Saoirse), also known as Anglo-Irish War, was a guerilla war fought in Ireland from 1919 to 1921 between the Irish Republican Army (IRA, the army of the Irish Republic) and British Forces. Marianne will trace the history of the 800 year occupation of Ireland by England. Good ole' Irish dinner (Irish Stew, Corned Beef & Cabbage, Colcannon) will be served. Camano City Schoolhouse, 993 Orchid Rd, Camano Is. Purchase tickets at camanoschoolhouse.org.

SUNDAY, MARCH 15

BOARD GAME DAY

Noon-6pm at Scattered Deck Games, 8919 271st St Nw, Stanwood. All Board Games! All Day! Stop on in and play. Use some of our 300+ store copies or bring your own. Free event Every Sunday. Outside food welcome. Come play with us.



Calendar of Events



Lá Fhéile
Pádraig Sona
Daoibh!

**HAPPY
SAINT
PATRICK'S
DAY!**

MONDAY, MARCH 16

STANWOOD HIGH SCHOOL SPORTS

JV Girls Tennis vs Arlington. 3:30pm.

TUESDAY, MARCH 17

ANNUAL ST. PATRICK'S DAY PARTY!



5pm at Event by Rockaway Bar & Grill, 326 NE Camano Drive, Camano Island. Rockaway's Annual St. Paddy's Day Shenanigans. Listen up, lads & lasses... the cheekiest little leprechaun on Camano has taken over Rockaway again. And he's demanding: Green beer (and plenty of it); A highly competitive, mildly unhinged Tater Tot Eating Contest; Questionable Irish accents; Shenanigans that may or may not make next year's highlight reel. Do you have the luck of the Irish... or just an aggressive love for tots? Either way, you belong here. There will be bragging rights. There will be laughter. There will absolutely be someone who takes the tot contest way too seriously. So throw on something green (or risk a pinch), bring your crew, and prepare for a day of mischief with the best company on Camano Island.

TUESDAY, MARCH 17

CORNED BEEF & CABBAGE DINNER

noon-3pm at CAMANO ISLAND AMERICAN LEGION POST # 207. We are inviting the local Community to attend and have an opportunity to enjoy a fine meal and see the progress and improvements we have made to our Post. Come join us for this 'St. Patricks Day' tradition. There is no cost and the parking is free.

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Calendar of Events



Question: What Irish band had a Billboard Top 10 hit with the 1968 song "The Unicorn"?

Answer: The Irish Rovers

TUESDAY, MARCH 17

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Tennis vs Oak Harbor. 3:30pm.
Girls Softball vs Arlington. JV: 4pm. Varsity: 6:30pm.
Boys Soccer vs Everett. JV: 5pm. Varsity: 7pm.

TUESDAY, MARCH 17

TEEN RECHARGE: DUNGEONS & DRAGONS



3-5pm at the Stanwood Library. Looking to try Dungeons & Dragons without the pressure? Or just want a chill place to hang out after school? This program is for you! We'll be running a beginner-friendly D&D adventure starting at 3:00 PM. No experience needed, just curiosity and imagination. There will be pre-made character sheets so don't worry about creating a character in advance. Not really your jam? No worries at all. You're welcome to drop in anytime from 3:00-5:00 PM to play other games, relax, and hang out with friends. Come roll some dice, play something else, or chill - whatever sounds fun!

WEDNESDAY, MARCH 18

WBCA RUN/WALK WEEKLY SOCIAL

Warm Beach Community Run/Walk Club! Meet at 5:45pm at the WBCA Park. All levels of running and walking are welcome. We have multiple different routes ranging from 1-3 miles. Come exercise and socialize! Hope to see you there!

WEDNESDAY, MARCH 18

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Golf vs Marysville Pilchuck. 3pm.
Boys and Girls Track & Field vs Cedar Park Christian School. 3:30pm.
JV Boys Baseball vs Arlington. 4pm.

Looking for a Wood Shop Instructor in Exchange for Shop Time!



Are you:

- Safety-minded
- Clear communicator
- Skilled craftsperson



We would love to chat with you! Contact us at (360) 572-1737

Calendar of Events



Question:
What traditional
Irish dish com-
bines mashed
potatoes and
cabbage?

Answer:
Colcannon

WEDNESDAY, MARCH 18

CHILDREN'S ART

4-5:30pm at the Camano Island Library. What will we make today? Join us for a children's art class with Stanwood Camano Arts Advocacy Commission (SCAAC). Event is free and all materials provided. No registration required.

WEDNESDAY, MARCH 18

CAMANO WILDLIFE PROGRAM



7 pm ZOOM Presentation - Moths - Nature's Bounty. Enter the world of moths with David Droppers. By providing a landscape for moths, namely their caterpillars, we're setting the dinner plate for birds and their young. But the main course is intriguing in its own right! This presentation is for the beginning moth-er! What makes moths worthy of study? How many moths are there? How do moths do battle with their feathered predators? And how do we provide a landscape to stage such a show? For information about the Zoom link to the program or about the Camano Wildlife Habitat Project, visit www.camanowildlifehabitat.org.

THURSDAY, MARCH 19

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Golf vs Shorecrest. 3pm.

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Fun and Crafts



DID YOU KNOW?

The harp was used as a symbol of the Irish people during their long struggle for freedom. Starting in 1642 the harp appeared on flags during rebellions against English rule. When Ireland became an independent country in 1921, it adopted the harp as the national symbol.

LEPRECHAUN STICK PUPPET

Collect craft sticks and paper plates to create the most true-to-theme holiday decoration around.



Supplies you will need: orange cupcake liner; green, black, cream and yellow cardstock paper; large wood craft stick; googly eyes; crayons; clear school glue; tacky glue

Directions: 1. Cut out a circle. Start by cutting a 3-inch circle out of your Manila folder. I drew a circle on the folder for my daughter to cut out. 2. Glue circle onto cupcake liner. Use your clear school glue to glue your circle onto the orange cupcake liner. I love this glue for projects like this (especially for little ones) because it dries clear. 3. Cut out hat pieces and glue onto Leprechaun face. Cut a Leprechaun hat, black trim for the hat and a buckle out of your green, black and yellow cardstock paper. I drew the hat for my daughter on her green paper and she cut it out, and I helped her with the other pieces. Glue the pieces at the top of your Leprechaun face. 4. Glue eyes. Glue your googly eyes onto your Leprechaun. 5. Draw face details. Use your crayons to draw facial features on your Leprechaun: smile, nose, eyebrows and freckles. 6. Glue large craft stick to the back of Leprechaun. Add a generous line of tacky glue onto half of your large craft stick and glue it to the back of your Leprechaun. I find that the tacky glue gives extra strength and durability to the puppet so it's a must.

I enjoyed making my own puppet alongside my daughter. Not only was it great bonding time, but it creates a great opportunity for me to sit down with her later to play with our puppets together.



DID YOU KNOW?

In 2013, astronaut, Chris Hadfield, celebrated St Patrick's Day by photographing Ireland from space while singing Danny Boy.

PAPER SHAMROCK WREATH

All you need are different scraps of paper to create this cute shamrock wreath.



Materials Needed: Scrap Paper. Double-sided looks best. Or you can glue two pieces together to make double sided paper. You will need: 7- 12x2" strips of paper; 7- 10x2" strips of paper; 7- 8x2" strips of paper; Ribbon for Hanging; Extra scraps of paper for center decoration and back pieces; Hot Glue

STEP 1: Stack one of each size of paper together and glue them together on one end. STEP 2: Loop the shortest piece over and glue the edge down. STEP 3: Repeat with the other two pieces until you have a teardrop shape. STEP 4: Repeat steps 2 and 3 until you have made six tear drops. Group in twos and glue the ends together to form a heart shape. STEP 5: To make the stem, you will be making two fold marks on each of the three strips you have left. For the 12" strip, make a fold mark 5 inches from the left edge and 5 inches from the right edge, so that there are 2 inches between the two fold lines and the section between the folds is centered. For the 10" strip, make one fold mark 4.25" from the left edge and 4.25" from the right edge, so that there are 1 1/2 inches between the two fold lines and the section between the folds is centered. For the 8" strip, make one fold mark 3.5" from the left edge and 3.5" from the right edge, so that there is 1 inch between the fold lines and the section between them is centered. Whew! Did that make any sense? STEP 6: Line up the ends and glue them all together. STEP 7: Now assemble your shamrock. I cut out a small cardstock circle so I would have something to glue all those points to. Then I added a little accordion fold medallion in the front center. It's cute and it hides the part where it's glued together. STEP 8: Glue on a ribbon loop to the back center circle so you can hang the wreath. The loop needs to be long enough to stick out above the top of the shamrock.

And there you have it, folks. The finished size is about 12 inches across. Source: <https://www.thecraftpatchblog.com>

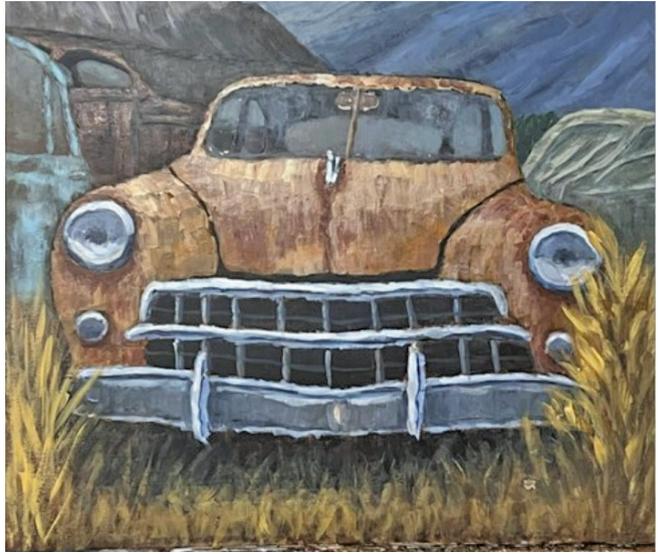
Artist of the Week



Are you interested in promoting yourself and your craft?

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PATRICK GAULE



I earned a Bachelor of Science in Industrial Design with a minor in Art from Western Michigan University. That education led to a career of more than 30 years in automotive and consumer electronics design, a journey that took my family from Michigan to Texas and eventually to Washington State. Throughout my professional career, time for artmaking was more limited, though I continued to paint and explore mixed media whenever possible. In 2024, I founded a small design consultancy focused on designing with responsible materials, reflecting my passion for sustainable product making. After moving to Camano Island the following year, I am finding the space and time to create art. I am now focused on becoming more expressive in my work—embracing exploration, experimentation, and continuous learning through painting and mixed media. I approach art with curiosity, viewing each piece as part of an ongoing journey. I look forward to learning alongside other artists, sharing my evolving work, and becoming more involved in a supportive and inspiring art community. CAA Gallery - Patrick Gaule - camanoarts.org/gallery/patrick-gaule/ pgaule22@gmail.com

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MOONSUN RECORDS ANNOUNCES NEW ALBUM RELEASES FROM CAMANO ISLAND



Thors Helmet, Flying Bat Giant Squid, Bubble Nebula and Totality!

From the team:

"Last month we set aside our acoustic instruments for the first time and released a series of four ElectroMeditation Albums in collaboration with DJ Dragonsoul and Astrophotographer Ken Koskela; check back for Remixes as we layer in live instrumentation!"

From the producer:

"The more people that are listening in, the more amplified I feel my own thoughts coming through. When at a performance, I notice that the larger the audience and the more focused or attuned they are to the music, the deeper my own feelings emote, as if I could soak into all that energy and understand the meaning of life again. As both Artist and Audience you feel that recognition, that validation and connection and pass it back and forth gratefully. It is in these moments we are all the same and there is nothing between us, and at the same time we wish to hide, to go home, escape the brightness, the painful vulnerability of being seen. I want you to know that it's ok to Celebrate and Feel Good. It's the best thing for everyone is to raise our own vibration. When an open environment is created and this common resonance is felt, people move, they cry, they hug, they forgive, they dare to be human. It is our intention to bring to the world a state of love and peaceful ambient energy, and there are many among you who feel the same. Your inner light is becoming so amplified, that every moment feels like a screaming inside of you to Elevate - you want to create, play, sing, move - because it is here - this Time of Peace, of Kindness, Effortless Flow, Acceptance, Compassion, taking care of All of Nature and Life, living Abundantly and Joyfully and working together to create Resonance.

These albums were inspired by life on Camano Island and due to the support and kindness of the Camano community, with special regards to Dawn Shields, for her encouragement and support! Credits: Astrophotographer Ken Koskela <https://www.kenkoskela.com/gallery/>

Youtube: @Celestialisle

Instagram: @celestial_isle_

Send us an Email: celetial.isle.fantasy@gmail.com

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ARTS GUILD
PRESENTS

Disney THE LITTLE
MERMMAID

Music by
Alan Menken

Lyrics by
Howard Ashman & Glenn Slater

Book by
Doug Wright

APRIL 3-18, 2026

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Don't Miss Our
Under the Sea Luncheon!



\$30 April 12 @ 12pm

- ◆ Under the Sea Themed Lunch
- ◆ Meet & Greet with Characters
- ◆ Photo Opportunities

* Performance ticket not included



TICKETS!





Windermere

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CONWAY **\$1,850,000**

Stunning luxury home on 13+ acres with shop, barn, pasture, paved drive and gated entry surrounded by privacy and first time on the market, lovely for an event venue. #2444058



NORTH END **\$1,750,000**

Gorgeous N. Camano view acreage with winding drive through old-growth timber leads to elegant estate with lower-level guest suite, detached office/studio, covered outdoor areas. #2458080



NEW CONSTRUCTION **\$1,875,000**

Fabulous sweeping western views from beautiful Hezel Homes residence on 1-acre in Mt Vernon, incredible finishes & luxury amenities, covered/heated outdoor living space. #2379557



WATERFRONT **\$3,750,000**

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Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.



Community Information



QUESTION:

What is the term for a young Irish woman or girl?

Answer:
Colleen

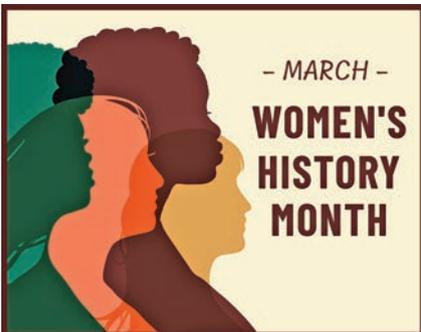
TRIVIA, KARAOKE, AND BINGO NIGHTS



Many of our local clubs, pubs, bars, and restaurants, and even the senior centers, offers karaoke or trivia nights. They offer these "events" primarily to boost revenue during slow mid-week periods, increase customer loyalty, and stand out from competitors by providing interactive "eatertainment". These events turn normally quiet nights into busy, high-traffic, and profitable evenings. Following are some of the locations that offer these "events" (that are typically free to participate) on a weekly basis: KARAOKE: Stanwood Hotel and Saloon - Fridays at 8pm. Conway's Pub & Eatery - Fridays at 7:30pm. Beauty Bar Salon + Lounge - Tuesdays at 8pm. TRIVIA: SAAL Brewing Company - Mondays at 6pm. Rockaway Bar & Grill - Mondays at 6pm. Pub 282 - Wednesdays at 7pm. BINGO: American Legion Hall (Camano Island) - Saturday at 6pm. Beauty Bar Salon + Lounge - Mondays at 8pm. Pub 282 at 7pm.

FREE TAX RETURN PREPARATION

Appointments now available. AARP TaxAide is providing FREE tax return preparation on Mondays and Wednesdays at Camano Center and Tuesdays at Lincoln Hill Retirement Community in Stanwood thru April 15th by appointment only. Appointments must be made in person while picking up a Taxpayer packet at the location closest to you. While our goal is to assist Seniors and low income individuals, we will do returns for any taxpayers that fall within our scope.



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Question:
What 1959 children's movie helped shape the modern-day image of a leprechaun?

Answer:
Darby O'Gill and the Little People"

VINEYARD CORK HUNT



Event by Bayernmoor Cellars - 125 316th St NE, Stanwood. The bunny found our wine cellar. Turns out he has excellent taste! Colorful corks are tucked among the Estate vines — every hunter wins a prize. One lucky guest takes home the Golden Cork Grand Prize. What your corks reveal is half the fun! What's Included In Your Vineyard Cork Hunt: Bunny Basket Tasting Flight — 5 incredible wines; Colorful corks hidden in the vineyard; Special prizes to be won. One Golden Cork. One Grand Prize. Could it be yours? Bring a basket you love, some delicious nibbles to enjoy with your wine, and get ready for an exciting afternoon at the Estate! Wine club members get first access at \$40 per person. Stay tuned to see if public tickets become available. Not a member yet? There's never been a better time. <https://bayernmoor.com/product/cork-hunt/>

WARM BEACH FUTBOL CLUB (WBFC) COMING SOON!

The WBCA will be starting a soccer league for 3 and 4 year olds. The league will consist of practices/games in July and August every Wednesday afternoon and Saturday mornings at the WBCA park. The focus will be on fun, developing motor skills, basic ball familiarity, and of course making friends! You must be a WBCA member to participate. Spots will be limited. Sign-ups will start in April. There will be an information booth at the WBCA Easter Egg Hunt on April 4th at 11:00. More information will be available come April. Contact Joel Hingston at 509 987 7717 for any questions.

OUR COMMUNITY SALUTES

Calling all future enlistees, parents, recruiters and community supporters! Registration is now open for Our Community Salutes, a ceremony where we recognize and celebrate the Class of 2026 high school seniors from Northwest Washington State who have made the honorable decision to enlist in the United States Armed Forces. Northwest Washington Our Community Salutes High School Enlistee Recognition Ceremony Tuesday, May 30, 2026 at Stanwood High School PAC 9:30am Doors Open - 11:00am Ceremony Begins. Follow this link to register: <https://community.ocsusa.org/northwest-washington/> This powerful event honors these young men and women—and their families—for their commitment to serve our nation. Come show your gratitude, offer support, and celebrate this important next chapter in their lives.

Community Information



SAVE THE DATE - STANWOOD LACROSSE DINNER AUCTION

Mark your calendars for a night out! We're bringing the community together for an evening of great food, good company, and a lively auction, all in support of the local Stanwood Lacrosse program! Date: March 28. Time: 4:00 PM - 9:00 PM. Location: Maplehurst Farm in Mount Vernon. This event is for everyone! Friends, neighbors, families, and anyone who enjoys a fun night that gives back to the community. Expect a warm atmosphere, exciting auction items, and plenty of reasons to laugh, mingle, and celebrate. Follow the Stanwood Lacrosse Facebook page and stay tuned!

COMMUNITY EMERGENCY RESPONSE TEAM TRAINING

The unthinkable happens and we have a major disaster. Do you know what to do? Do you have the knowledge and skills to keep yourself, your household, and neighborhood safe? Community Emergency Response Team (CERT) Training will be held April 10-12 at the Vista Madrona Fire Station, 273 N. West Camano Dr. CERT training includes basic preparedness measures, organizational skills, disaster first aid and medical logistics, disaster psychology, fire and utility safety, fire suppression, light search and rescue, and touches on terrorism. It is recommended that a minimum of 2 individuals in every neighborhood be CERT trained. CERT training is free, though we do ask \$25 per participant to help cover the cost of the personal protective equipment we provide. For more information contact Rhonda Paulson, rspaulson.rp@gmail.com. Registration closes on April 3rd.



**Our Mission is to
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Looking to connect with your community without spending a dime?

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We are here to help you make the most of where you live.

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CRAB CRACKER**
COMMUNITY MAGAZINE

425-299-7893 / thecrab@thecrabcracker.com

**Some exceptions apply. Contact us for more details.*

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Secluded, one level living, custom-built home on your own private, wooded 4.77 acres in a desirable mid-island location, offering exceptional privacy and a peaceful natural setting. This 3-bedroom, 3 full bathroom residence features a spacious and flexible floor plan ideal for both everyday living and entertaining. The open-concept main living area is designed for large gatherings and comfortable hosting, enhanced by a cozy wood stove that adds warmth and character. The unique kitchen layout feels like having two kitchens, featuring custom cabinetry, generous storage, and ample workspace. The huge primary bedroom feels like your own private suite, offering space to relax and unwind, complete with its own patio and private entrance. An additional bedroom features its own private bathroom and patio access with a separate entrance, making it ideal for guests, a home office, or multi-generational living. Huge garage. Outdoor living is a highlight with a covered deck, multiple patios, and a large, usable yard surrounded by mature trees for year-round privacy. Additional features include an upgraded well, a convenient dog washing station, and the home is wired for a generator for added peace of mind. A rare opportunity to enjoy serene island living with space, comfort, and thoughtful custom design.



Home Facts

 Single Family  3 Baths
 3 Bedrooms  Built in 1997
Living Area: 2,796 Sq. Ft.
Lot Size: 207,781 Sq. Ft.

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Malynda Shipley Broker / Realtor

425-299-7892 mshipley@atthebeachrealestate.net



Community Information



Question:
In an Irish wedding, a bride dressed in blue symbolizes what?

Answer:
Purity

CLIMATE CHANGE EDUCATION COMES TO ISLAND COUNTY

Washington State University Extension is pleased to announce the spring session of the WSU Climate Stewards Certificate Program, starting April 2 in Island, Skagit, and Whatcom Counties. Running from April 2 through June 6, the Climate Stewards course is designed to empower local residents with the knowledge, tools, and community connections to help build climate resilience and foster positive environmental change — right here at home. This rigorous 10-week hybrid course blends online classes and curriculum with in-person field trips and weekly expert speakers who address local climate solutions, Washington state ecosystems, communication, and civic engagement. Course Details: Thursdays, April 2 through June 4, In-Person Class Saturday, June 6. Class Time: Thursday evenings, 6:00–8:00 PM, Saturday, June 6, 10am–1pm. Location: Online. Zoom link provided at registration. Cost: \$225. To apply and learn more: <https://climatestewards.extension.wsu.edu>.

JOSEPHINE CARING COMMUNITY INTRODUCES NEW MEMORY CARE NEIGHBORHOOD

Josephine Caring Community proudly announces the opening of a brand-new, 21-bed Assisted Living Memory Care neighborhood on the Stanwood campus. Designed specifically for residents living with Alzheimer's disease and other forms of dementia, the new addition features 21 private rooms, engaging activities, and staff trained in dementia-specific care techniques. Designed to promote comfort, familiarity, and dignity, the new addition is already an award winner, securing second place in the Senior Housing News Architecture & Design Award 2025, Renovation/Repositioning category. "Our goal is to provide compassionate, individualized care that supports both residents and their families," said Terry Robertson, CEO of Josephine Caring Community. "We understand the unique challenges Assisted Living memory loss presents, and we are committed to creating an environment where residents feel safe, respected, and valued." The Memory Care neighborhood officially opened on March 1. For more information or to schedule a tour, please contact Jennifer Kitchens, (360) 629-2126, Jenniferk@josephinecc.com.



Community Information



GAMES AT LINCOLN HILL RETIREMENT COMMUNITY

Each Tuesday and Thursday afternoon at 3:30pm come join us at Lincoln Hill Retirement Community in Center Hall to fellowship together playing varied games. We have a variety of games such as shut the box, dominoes, uno, Chinese checkers just to name a few or bring your own to share. Mahjong Mondays at Lincoln Hill Retirement Community at 3:30pm. Mahjong is game of Chinese origin that is played with tiles. The objective of the game is to collect sets of tiles according to the patterns of each tile. There is a place for you to come join in!

CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed pickup games in Stanwood. Whether you're a seasoned player or new to the sport, event is open to all.

COMMUNITY MEAL – CAMANO

Presented by Island Senior Resources. 11:45 am - 12:30 pm at the Camano Center. By Donation. Every Monday, Wednesday and Friday except for Holidays. 606 Arrowhead Rd. Camano Island. All donations welcome! You determine your ability to contribute to your own or someone else's meal. Our full cost of a meal is \$12.20. Coffee or tea is \$1.00. Dates and times of scheduled events are subject to change. It's always advisable to call to confirm. 360-321-1600.



MEET & MINGLE

with the Whidbey Camano Land Trust

March 25

5:30 pm - 7:00 pm

Evening Itinerary

5:30 Mingling & Refreshments

6:00 Presentation with Q&A

6:45 Wrap Up

Camano Center

**606 Arrowhead Road
Camano Island, WA 98282**

- ✓ **FREE EVENT**
- ✓ **NO REGISTRATION REQUIRED**
- ✓ **BRING A FRIEND!**

Join us to learn about our exciting work on Camano Island, including the important Trust Land Transfer program affecting the Elger Bay Forest Preserve—and how you can help ensure its long-term protection. You'll also hear an update on our community partnership work, helping beavers and salmon co-exist in Kristoferson Creek. Visit with Land Trust board and staff, fellow Land Trust members and nature enthusiasts alike!

Visit www.wclt.org/events for more information.

Community Information



STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

SCYSC SPRING SOCCER CLINIC IS HERE!

Open to kids ages 5–11 and focused on building strong fundamentals in a fun, encouraging environment. Tuesdays: April 7, 14, 21 & 28 from 5–6:30PM at Heritage Park Register here: <https://system.gotSPORT.com/programs/4224M5509>. Limited Spots Available. Let's grow skills, confidence, and love for the game this spring!

BASKETBALL FREE PLAY FOR THE COMMUNITY

Every Friday at 795 Ell Rd., Camano. It is indoors and it's not quite a full size court, but it's good enough to have fun. All are welcome."

ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!

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MARCH 14, 2026
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CamanoCenter
Get connected.

Connect with 40+ local organizations offering valuable resources, support, and education for our 55+ community - all under one roof and **FREE!**

EVENT HIGHLIGHTS

- 10:00am: Navigating Local Care Support
- 11:30am: How To Talk To Your Doc
- 1:00pm: Getting Your Ducks In A Row - Estate And Long-Term Care Planning

Complimentary lunch from 10:30am-1:30pm

MoCA Memory Screenings
 Full-Body DEXA Scans

STANWOOD HEARING



606 Arrowhead Road • (360) 387-0222 • www.camanocenter.org

Community Information



NO DISCOVER PASS REQUIRED ON THESE 2026 DAYS

Washington public land agencies have designated the days of 2026 when no Discover Pass is required to park at Washington state parks, or on land managed by the Washington State Department of Natural Resources and the Washington Department of Fish and Wildlife. The 2026 free days are: March 9 – Billy Frank Jr.'s Birthday; March 19 – State Parks 113th Birthday; April 22 – Earth Day; June 6-7 – Free Fishing Weekend; June 19 – Juneteenth; Aug. 9 – Smokey Bear's Birthday; Sept. 26 – National Public Lands Day; Oct. 10 – World Mental Health Day; Nov. 11 – Veterans Day. Each date commemorates a special day of the year. Try before you buy a full year of adventure. Discover Pass free days make it easier to check out state parks and state-managed lands. The annual Discover Pass is \$45 and provides unlimited day-use parking for everyone in the passholder's vehicle. The pass is valid for an entire year from the month it is purchased and can be transferred between two vehicles. And Discover Pass funds go a long way for your public lands. They provide critical funding for State Parks, DNR and WDFW. The Discover Pass supports recreation and conservation opportunities, keeps bathrooms cleaned and trails maintained, cares for the health of forests and helps protect our seashores for generations to come. Learn more about the Discover Pass and purchase yours here: <https://discoverpass.wa.gov>.

Stanwood-Camano



You are invited Art at the Schoolhouse Show

March 28 - April 26, 2026 * 10am -5pm daily

Plan on visiting the Art at the Schoolhouse Show. This fun art show is held in the 1888 one-room schoolhouse at Christianson's Nursery in Mount Vernon during the Tulip Festival.

Christianson's Nursery 15806 Best Road, Mt. Vernon, Washington 98273
christiansonnursery.com



DID YOU KNOW?

The shamrock was originally associated with the Goddess of Ireland, Ana, but over time it became associated with St. Patrick's Day because it is believed that Saint Patrick used the three-leafed clover to explain the Holy Trinity to the pagan Irish.

7 PLACES TO GO BIRDING ON CAMANO ISLAND THIS YEAR

By Brian Zinke - Posted January 27, 2026 - www.whidbeycamanoislands.com



If you are like me, the new year always holds promise for new opportunities, new experiences, and new memories. And for me, nothing sets the tone for the year like spending time in nature. Birding is one of my favorite hobbies because it's very accessible – there are no time requirements, it can be stationary or active, it can be a solo or group activity, and it can be done anywhere. You can bird from home with coffee in hand, or you can visit a local park or trail. If you haven't explored Camano Island or are looking for some new places, here are some gems worth a visit this year.

English Boom Trail County Park - Starting on the north end of the island, this is a great spot for waterbirds, especially in the winter months. Multiple species of loon, scoter, and grebe can be seen here, in addition to the several ducks that are common.

Iverson Trail Preserve - Arguably the premier birding spot on the island, 199 species have been recorded here according to eBird.org. During low tides you can hope to find dozens of herons and eagles in the flats and on the pilings. Diving and dabbling ducks are bountiful here in the winter, as well as mesmerizing flocks of Dunlin. Trumpeter Swans are also common in winter, along with loons and grebes. Be sure to return in the spring to look for Purple Martins, Caspian Terns, and swallows.

Barnum Point Preserve - Situated along Port Susan Bay, an area officially designated as an Important Bird Area (IBA), this preserve offers a bounty of birding options along its 10 trails. Goldeneyes and mergansers are winter highlights here, and the preserve is home to all 5 species of woodpecker in the area.

Four Springs Lake Preserve - An inland location, this preserve offers great opportunities for viewing forest birds. Take the Holton Wetland Interpretive Trail through the marsh and the Ravine Drop Off Trail for opportunities to see Brown Creepers, kinglets, chickadees, and in summer months, warblers. Don't overlook the birds by the parking

Community Information



lot and grassy field, either!

Cama Beach Historical State Park - This park really has it all in terms of habitat, from shoreline to forest to lake. Head for the shoreline to view gulls, cormorants, and guillemots. The Cranberry Lake Trail takes you to the lake, where you may be able to see herons, kingfishers, and Wood Ducks.

Elger Bay Preserve - The best birding here occurs along the beaver marsh. In the winter, you can look for ducks, herons, eagles, and hawks at the marsh. In the summer, swallows, warblers, and flycatchers are common sightings here. Keep an eye out for woodpeckers along the forested trails in this preserve.

Camano Island State Park - Lastly and perhaps most well-known, this park offers a nice variety of habitat from saltwater beaches to dense forest. Look for gulls, grebes, loons, and ducks along the waterfront, then head inland to search for jays, kinglets, sparrows, and wrens. This park gets busy in the summer months, but can be quieter in the winter making it a lovely place to saunter.

These places all offer wonderful winter birding opportunities, but be sure to come back in the spring during migration and you'll find a whole new suite of birds to enjoy!

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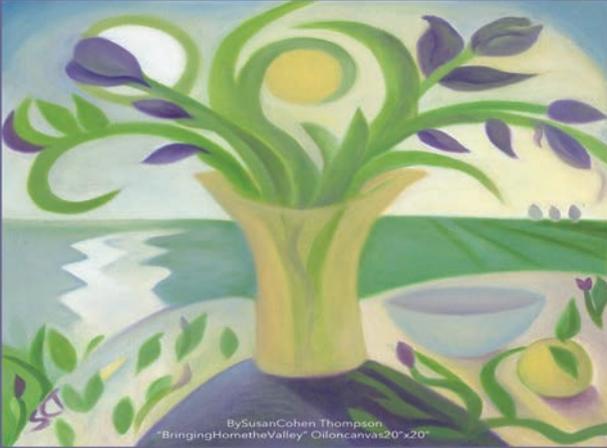
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By Susan Cohen Thompson
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10am - 5pm

Encore Weekend
MAY 16-17
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Story by Jack
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skeeterdaddle.net](http://www.skeeterdaddle.net)

COWS WITH GUNS

Researchers have recently discovered that cows have the capability to use tools. Until now, the bovine beasts were considered dumb cud-chewing know-nothings, content to graze a field or stand in their crowded stanchions munching on antibiotic-adulterated hay and feed, happy probably to serve their masters as Big Macs, Whoppers and various other hamburger patties. Apparently they're not as stupid as we thought.

What tipped our astute researchers off was a farmer with a pet cow he never intended as fodder for the meat packing plant up the road. The Swiss bovine, Veronika, had more than the usual two years to develop her IQ skills and one day farmer Clyde noticed her using a deck brush to scratch a backside itch. Veronika, the farmer said, prefers the bristly side. Tool usage! Even with hooves instead of opposing thumbs, just gripped that handle in her teeth and scratched with the other end. Scientists were gobsmacked.

Me, not so much. I don't judge animal intelligence on computer skills or essay writing, blogging or banjo playing. Might just be they have a different set of intellectual skills we verbal monkeys don't appreciate. But pick up a stick --- even with your teeth --- hoo boy, there's evidence of mammalian intelligence. Might even be enough, but I seriously doubt it, to give us primates pause next cheeseburger we gobble at the neighborhood barbecue.

Nevertheless, this is newsworthy stuff in the world of Yahoo News. Over at Fox News I'm betting the talking heads are dissecting the data and alerting their own cud-chewing audience to the dangers of cattle with sticks. Time to call our GOP Representatives to pass legislation keeping guns out of the hands of cows, the 2nd amendment be damned. Worst case scenario we got bovine militias unleashed on rural red state Americans with revenge on their minds. Smart minds, we know now. Might be we need a new constitutional amendment.



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**Josephine
Memory Care**
The Josephine Caring Community

9901 272nd Place NW Stanwood, WA 98292

Longevity Lens



A column about longevity and aging well.

Dr. Maria Cayabyab ("Dr. Maz") is a board-certified OB-GYN, certified in menopause care, a functional medicine practitioner, and medical director at Kirra Health.

*Questions?
ask@kirrahealth.com*

EVERY MEAL SENDS INSTRUCTIONS TO YOUR CELLS. MAKE THEM COUNT.



Every bite you take is more than fuel. It's a signal to your body, shaping hormones, metabolism, and long-term resilience. Small, consistent choices add up over time—building strength and stability for years to come. This is what we mean by food as information.

Clear Signals vs. Metabolic Noise - Whole, fiber-rich foods—vegetables, legumes, intact grains, nutrient-dense proteins, and healthy fats—send organized, stabilizing messages. Fiber supports gut hormones that regulate satiety and blood sugar. Omega-3s and plant compounds support repair and reduce inflammation. On the other hand, ultra-processed foods, refined carbs, and excess saturated fats create metabolic “noise.” Rapid glucose spikes, repeated over time, are linked to insulin resistance and inflammatory stress. One meal won't derail you—it's patterns that matter.

Signaling Competition - Your cells respond most to the signals they receive consistently. When helpful signals dominate, your body shifts toward resilience, improved blood sugar control, and balanced inflammation. Perfection isn't required—consistency is.

From Reaction to Relationship - Eating becomes a conversation, not a moral test. Fatigue, bloating, or brain fog isn't failure—it's feedback. Repeatedly providing clear, stabilizing signals strengthens your metabolism and overall resilience over time. Before Your Next Meal, Ask: What instruction am I giving my cells? Is this a clear signal or metabolic noise? If this pattern continues, how will I feel in five or ten years?

Small, repeated choices compound over time. The goal isn't perfection—it's clarity. Choose foods that support strength, stability, and long-term health.

For more discussion on this topic, visit kirrahealth.com/blog.



*A monthly
message from
the Stanwood
Camano School
District Health
Services
Department*



The Band-Aid Bulletin

WHAT IS MEASLES?

As colder weather brings us indoors more often, common illnesses can spread more easily. We're sharing the information below to help families stay informed about measles and know what to watch for. Measles is a highly contagious viral illness that spreads through coughing, sneezing, or close contact with an infected person. The virus can remain in the air for up to two hours after an infected person leaves a room.

What are the symptoms? Symptoms usually appear one to two weeks after exposure and may include: High fever (often over 101°F); Cough, runny nose, and red or watery eyes; Small white spots inside the mouth (called Koplik spots); A blotchy rash with both flat and raised areas that typically starts on the face and spreads downward (The rash usually appears a few days after other symptoms and lasts about five to six days.)

Why measles matters. While many people recover from measles, it can lead to serious complications — especially for children under age 5 and adults over age 20. Possible complications include: Ear infections; Pneumonia; Encephalitis (brain swelling); Hospitalization;

Prevention: The MMR vaccine (measles, mumps, rubella) is safe and highly effective. Two doses provide about 97% protection. Vaccination also helps protect individuals who cannot be vaccinated for medical reasons

What parents should do: Ensure your child's immunizations are up to date. Keep children home if they have a fever and rash. If measles is suspected, contact your healthcare provider before going into an office so appropriate precautions can be taken

School health reminder: Students with suspected or confirmed measles must remain home until cleared by a healthcare provider and the local health department, in accordance with school health guidelines. If a measles outbreak were to occur, the district would work closely with local health authorities in Island and Snohomish counties to minimize impact on students, staff, and families. The local health district determines any need for exclusion, and we will communicate clearly and work with families and care providers to support a safe and timely return to school.

Intuitive Tarot



*Tarot from the
classic Rider
Waite Smith deck.*

*Year Ahead
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*Email me with
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co@gmail.com*

*Visit me at
Cactus + Co at
the Commons for
Live readings on
March 7 between
12-4P.*

INTUITIVE TAROT WITH TIFFANY



March 6th – March 12th : The Fool. There are two types of folks this week: the irritated and the irritating, really getting under your skin with their naïve cheerful disposition, their outwardly buoyant approach to the journey ahead, as if they're free to throw caution to the wind while worries slide off their back like water from a loon. The Fool is not a representation of a lacking in wisdom or intelligence, but a gifted opportunity to hold that when one knows anything they learn nothing but when one knows nothing they can learn anything. As you step into new or renewed experiences, you have the choice to explore with the curiosity of a child discovering everything anew. Seeing with fresh eyes takes nothing away from your accomplishments, but pack light for this fresh start; after all, how can you hold what is to come if your hands are full?

March 13th – March 19th : the Four of Wands. We've seen and felt hints of Spring for weeks, but finally the Equinox approaches as the fiery Aries energies crescendo. There is cause for celebration but also a pervasive paranoia that perhaps it's too good to be true with a question of pondering if we should hold off on popping the corn, the champagne. For most of the next year, you will be pressured to work the course but also balance the structure with the unbridled joy of the ride. As his cazimi approaches, Saturn reminds us he's here to help us build the dream, not bear down upon us to toil away in sacrificing our dreams. While Neptune in conjunction reminds us the dreams would not have ignited in our hearts if we were not meant to fan the flames. Whistle while you work, and put the joy back in.



CASA'S PET OF THE WEEK:

This beautiful pup is **FAITH**, and she's looking for her forever home! Faith is a sweet and loving puppy with a gentle personality. She enjoys attention, cuddles, and being around people. All she wants is a family to love her and give her a happy life. Faith is a Carolina/Bernese Mountain dog, so we expect her to be 70lbs or greater, when fully grown. If you're looking for a sweet puppy to add to your family come by and meet her.

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

FREMONT - Looking for a playful, active young dog to add some life and love to your family? Look no further! This adorable pup is looking for a FURever home committed to training, while giving out plenty of love and patience. If you are ready to add this beautiful, cutie-pie pupper to your family, come and meet me at The NOAH Center today!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

SUZY is a delicate little lady. She is a quiet girl who only barks to alert her people when strangers come to the door. Suzy loves to take it easy and can usually be found burrowed under a pile of cozy blankets or basking in the warmth of the sunbeams. She has been great in her foster home and has impeccable house manners. **FIRST STEPS:** Visit www.save-a-mutt.org/adoption-application/ to fill out an application.

Save-A-Mutt (Silvana, WA):
www.save-a-mutt.org



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BANGERS AND MASH WITH ONION GRAVY

A traditional Great Britain and Ireland pub dish, with the Irish sometimes serving with a side of cabbage. "Bangers" refers to the sausages that would bang or burst while cooking due to the rusk (dried bread) added to the meat. "Mash" is simply creamy mashed potatoes. Top it with traditional thin onion gravy and you have yourself a delicious comforting meal, Enjoy!



BANGERS: 8 (2 lbs.) pork sausages, good quality; 1 T. olive oil
MASH: 2 lbs. Yukon gold potatoes; 2 T. unsalted butter; 1/3 c. milk; 1/2 tsp. sea salt; 1/4 tsp. ground pepper
ONION GRAVY: 2 T. unsalted butter; 1 T. olive oil; 2 yellow onions, halved and sliced; 2 tsp. all-purpose flour; 1 tsp. red wine vinegar; 1 c. red wine, good quality; 1 c. beef stock; Sea salt to taste; Freshly ground black pepper to taste

DIRECTIONS: 1. Preheat the oven to 400 degrees. 2. **BANGERS:** Place the sausages in a roasting pan or rimmed baking sheet, drizzle with the olive oil and toss to coat. Arrange sausages in a single layer and bake, turning them after 15 minutes, cook until evenly colored, about 30 minutes. 3. **MASH:** Meanwhile, peel the potatoes and cut them into chunks. Place potatoes in a pot of salted water; bring to a boil over medium-high heat. Cook until the potatoes are tender about 10-15 minutes. Drain, cover with a kitchen towel and let stand for about 5 minutes. 4. In the same pot over medium-high heat, warm the milk and butter. Remove from the heat and set aside. 5. Pass the potatoes through a ricer OR place in a bowl and mash. Add the warm milk mixture, stir or beat until smooth; season with salt and pepper to taste. 6. **ONION GRAVY:** Meanwhile, in a nonreactive skillet over medium heat, melt the butter with the olive oil. Add the onions and cook, stirring frequently, until they become translucent, about 10 minutes. 7. Stir in the flour and cook until lightly colored, about 2 to 3 minutes. Stir in the vinegar, red wine and stock, increase the heat to medium-high and bring the mixture to a boil. Then reduce the heat to low and simmer until a rich sauce forms, about 10 minutes; season with salt and pepper to taste. 8. **TO SERVE:** Mound about a 1/2 cup of mashed potatoes onto 4 individual plates. Top with sausages and ladle on the onion gravy. Pass remaining gravy at the table. Serves 4

Classes and Workshops



DID YOU KNOW?

There are over 4 million people living in Ireland. This peculiarity has a lot to do with the troubled history of Ireland. During the potato famine in Ireland, millions of Irish left the country for the US. This diaspora of Irish continued throughout much of the 19th century.

Beginner Writing Class How to write YOUR story. Everyone has a story worth telling. The beginner-friendly memoir writing class is designed to help you begin putting your life experiences into words. Through guided prompts, simple writing techniques, and supportive discussion, you will learn how to turn memoirs into meaningful stories. No writing experience is necessary. Register today for this FREE class. Register NOW at <https://snoco.recliquecore.com/programs/1078/>

Chair Yoga at Lincoln Hill Retirement Community. is exactly what it sounds like: yoga that is performed while in a chair. Every pose, breathing exercise, or meditation is done while sitting down. Chair yoga can provide the following benefits lower stress, reduce risk of heart disease, more stable blood sugar, less back and arthritis pain, sharper memory, reduce anxiety and depression, sleep better, feel happier and weight loss. Come join us on Tuesday and Thursday mornings at 10:00am in our exercise movement room.

Qigong is a 4000-year-old Chinese system coordinated posture and movement, breathing and meditation said to be useful for the purposes of health, immune strengthening, and stress relief. Come join us Monday-Thursday at 9:00am in the Exercise Movement Room at Lincoln Hill Retirement Community.

Zumba Classes with Jennifer Anderson at Camano Country Club now on Tuesdays and Thursdays @ 5:30PM (except every 3rd Tuesday). All fitness and dance levels welcome, ages 10+. FREE for Clubhouse members or \$10 drop-in. Want to move your body, listen to fun music, and have a great time with great folks? Then come join our crew! To follow my class schedule, find me on www.zumba.com/

Join Art Garden Yoga and learn effective movements to strengthen and tone for the gardening season to come. Wednesdays and Saturday mornings at 9 AM in February and March 2026. \$10 per class. In person outdoor class at Ovenell Farm in Stanwood. 50% of class proceeds support Puget Sound Public Farms. More information and sign up at artgardenyoga.com.

Paper Tulip Workshop Mar 14, 1:00 PM – 4:30 PM @Camano School House. For teens and adults. www.scaacwa.org.

Norwegian Language and Culture Class. Every Saturday at 9:00 a.m. at the Sons of Norway Lodge, 9910-270th Street N.W. , Stanwood. \$ 5.00 per class. For more information, contact: cuberhall@aol.com

Free Macbook and iPad / iPhone Tutoring 3 / 30-minute sessions in the Camano Center Library (1pm, 1:30pm, 2pm) the second and fourth Thursdays of each month. Email Joyce to sign up at fact@ms-deadlines.com

Private Music Lessons (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Try it first! Book a free 30-minute lesson: HartMusicSchool.com/free-trial. (Music teachers apply here: HartMusicSchool.com/apply-to-teach).

Classes and Workshops



DID YOU KNOW?

It wasn't until 1996 that Mexico adopted Daylight Savings Time. Now all three Mexican time zones are on the same schedule as the U.S.

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription websites and records. Contact us at camano@familyhistorymail.org.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. Serving Camano/Stanwood since 2002. 360-631-0661.

Movement Arts Yoga Classes In-studio & Online. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes.

Navigating Medicare: What You Need to Know Before You Choose. Join us for a FREE Medicare Workshop at the Camano Island Library Meeting Room. March 11th, 10-11am. Reserve today by calling John at 360-967-9601. John is a licensed insurance broker serving Camano and Stanwood, here to provide clear guidance and local support.

Yoga for Beginners February 10-March 10, 2026 Tuesdays 6-7:15pm With Carol Mason. This five-week course will prepare you with the first steps toward a regular practice. This session is offered in-studio only. \$95 Register at movementarts.com/events or call 360-629-9100

YogaTone Sundays March 1-22. 11:00am-12:00pm with Kara Keating. Drop-Ins Welcome! Jump into spring and join us for a fantastic, fun, positive sweat/dance/movement/yoga class that's designed for just about anyone. 4 classes for \$100 or \$35 drop in register at movementarts.com/events or call 360-629-9100.

Upper Body ROLLief with Myofascial Release April 11, 2-4pm. In this workshop we will focus on rolling out the soft fascia tissues of our upper body. This workshop will introduce the Coregeous ball into the practice; a soft inflated ball. It will also use 2 sets of therapy balls that we used in the previous lower body workshop. Please choose the pricing option 1) Workshop only: \$35 2) Workshop + All Props: \$80 or 3) Workshop + Coregeous Ball: \$50Space is limited, reserve now at movementarts.com/events or call 360-629-9100.



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Photos and Art



DID YOU KNOW?

Saint Patrick was known as Magonus Socatus before sainthood.



"Patrick". Photo by Anna S.

The Camaloch Lassies 9-Hole Golf Club

Thinking of joining us for the 2026 season? We welcome women golfers of all ages. The club provides the opportunity for friendly competitive golf and to encourage the knowledge of and adherence to the rules and etiquette of golf. Our club also is the perfect place to play if you cannot commit to 18-holes of golf. We play mid-mornings on Tuesdays, allowing for 9-holes of golf, followed by lunch together. We are a fabulous place to meet new friends and to enjoy the camaraderie of our luncheons, special events and to be involved in our community fundraisers and volunteer opportunities.

Please reach out to **Captain Amy Noel at 206-321-9840**



Classified Listings



TRUE OR FALSE?

The first known St. Patrick's Day parade occurred in Ireland.

Answer: False.

The first recorded parade took place in St. Augustine, Florida.

FOR SALE:

Fore Sale: CarryLite Flambeau 39 Plastic Vintage Male and Female Mallards Hunting Decoy Ducks with Hunter's Backpack Included. \$1,000. Call or text Felix at (360) 420-9139.

MISCELLANEOUS:

I buy vinyl record albums: Rock, Pop, Jazz & more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

Rent: Downtown historic Stanwood. 1 bedroom/ 1 bath. Spacious 1200sq/ft apt, large windows, lots of light, lower level, 4-plex, walk to all amenities. Washer/ dryer. No dogs/ no yard. Quiet bldg. No smoking. \$1200 mo + util. Text for pix: 564-516-9765.

Long-term rentals. Camano Island resident of 15 years & small business owner seeks long term rental. One bdrm, 1 bath single family house w/ laundry, yard & shed or garage. diane 360 202-2610.

PROFESSIONAL SERVICES:

SHOP at Savvy Traders Collective in Stanwood - open daily!

Part Time Nursery / Gardening Work - \$20/hr. Stanwood. Leave message: 360-629-9377

Celestial Isle - Private Fantasy Weddings Camano - Gorgeous Forest Sanctuary, Coordinator, Farm to Table Catering, Photographer, DJ, Classical Musicians, and Ordained Minister on-site! Unbeatable rates on all packages! Check us out at @celestial_isle_ on instagram or go to Thenatureofmusic.com

I'm looking for remote work in copywriting and business newsletters. My background also includes strategic communications, customer success, project management, and strategy consultations. Tiffany FitzPatrick, 812.251.4604, tiffanyfitzpatrickco@gmail.com.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmittchell8974@gmail.com. Serving Outlying Areas.

WANTED:

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.

Clubs and Meetings



Question:
What is the Gaelic word for a party or gathering in which there's singing, dancing and storytelling?

Answer:
Ceilidh

Caregivers Support Group meets at 10:00am Lincoln Hill Retirement Community. (The Caregivers Support Group meets first Tuesday of each month. Are you caring for an aging loved one? Do you need support? Come meet and talk to others participating in the care of a loved one. This group meets Tuesday at 10am. Open to the community.

Parkinson's Support Group located at Lincoln Hill Retirement Community can provide essential emotional support, reduce isolation, and offer practical, firsthand knowledge to help patients and caregivers navigate by connecting with others who truly understand the daily challenges of the disease. It meets every 2nd Monday of each month at 10:45am in the Center Hall.

Meditation group at 1:00pm at Lincoln Hill Retirement Community. Meditation has many benefits including reduced stress, lower anxiety, improved sleep quality, and better emotional regulation. Come join us, you will be glad you did!

Neurodivergent Playgroup Please join us at the Stanwood Co-op Preschool every 2nd Mon of the month from 1–3 p.m. Free and open to the community, siblings welcome! Location: 27027 102nd Dr NW, Stanwood Info: (360) 629-3155 admin@stanwoodpreschool.org

Friendship Tea - Join us for tea, treats, and a nice visit with friends, both old and new on the first Tuesday of each month at the Camano Center. No charge (donations welcome) to Camano Center members. Non-Members \$5 fee paid at the front desk. Call Connie at (360) 652-7211 for more information.

Silvana Serinity Al-anon family group meets Wednesdays, 10 am, at Peace Lutheran church in Silvana. More info: 425-367-1776.

Are you troubled by someone else's drinking? When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: SUNDAY, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; "One Day at a Time," Lincoln Hill Retirement Community, 7430 276th ST NW, Stanwood, 6:30 pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), THURSDAY, "Stanwood AFG", United Methodist Church, 27128 102nd Dr., Stanwood, 7:00pm, SATURDAY, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am. For more info and additional Al-Anon meetings in Northern Snohomish County call 360-618-0464 or go to <https://district28alanon.com>

Camano Island Jeep Club: Do you own a Jeep? Would you like to meet others who share their interest in Jeeping? We are a friendly group of mostly locals. This is not a hard core off-road group, although some folks visit Walker Valley ORV occasionally. Many people's Jeeps are their daily driver. We do hold events; recovery training, trip planning, forest service trails group rides, Juniper Dunes, overlanding, Jeeps and Java, supporting local businesses, etc. We hold a monthly meeting the 3rd Saturday at the Camano Island American Legion Post #207 located at: 609 W Camano Drive, Camano Island, WA 98282. Meeting starts at 9:30 am. Come early!!

Clubs and Meetings



Question:

What Irish phrase means
"Ireland Forever?"

Answer:
Erin go bragh

Mabana Flames meet 10am the first Thursday of the month, September - June, except January. Come and support Camano Fire. More info: Lenore at 206-930-0846.

Camano Island Women's Republican Club – Join us for a potluck and conversation about policies, politics and interesting speakers that affect the Stanwood/Camano Island communities. The club meets on the 4th Tuesday of every month at The Chalet at Camaloch, 358 Camaloch Drive at 12 noon sharp. www.CIWRC.com

Ski/Snowboard Stevens Pass. The Merry Mountain Ski Club provides a luxury coach on Tuesdays with stops in Bellingham, Burlington, Stanwood and Everett. Additional weeks if interest and good conditions. 206-550-4908. tuesdayskibus@gmail.com.

Are you or your loved ones suffering from depression or anxiety? There is hope! The Nedley Depression & Anxiety Recovery Program is an evidence-based community education course designed to provide the tools, support, and practical interventions needed to overcome depression and anxiety and achieve optimal mental health. Questions? Call/Text 425-870-1006.

Neurodivergent Preschooler Support Group for Parents. Mondays at 9:30am at Stanwood Cooperative Preschool, 27027 102nd DR NW, Stanwood. You're Not Alone. Adult-only support group for parents and caregivers of neurodivergent young children who want connection, understanding, and practical tools from others walking a similar path. Join a community that supports you.

Rainy Day Room Playgroup Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/events.

Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

Kaleidoscope Play & Learn a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

Community Open Sew 2nd Monday of the month with Camano Island Quilters. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public. Want to sew with others, need help on a project? We are here to help you. Bring your sewing machine, a project, and basic tools for an afternoon of fun!

Interested in joining Camano Island Quilters? We would love to meet you, stop by, and/or check us out on our website at <https://Camanoislandquilters.wildapricot.org>.



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

THE INVITATION DECODER: A TRANSLATION GUIDE TO "YES" RESPONSES

I was taught when I was young that when someone invites you to something – say, a play date or a birthday party – you should politely say “Yes, I’ll be there” or “No, I can’t make it.” I actually thought language was a tool for communication rather than a sophisticated system of social evasion.

As an adult, I’ve learned that when it comes to invitations, a “Yes” is often just a “No” that hasn’t yet finished its hair and makeup. People view invitations not as social contracts, but as opening bids in a delicate dance to see how long they can create the illusion that they’re truly interested in attending your event.

To help you navigate the treacherous waters of hosting, I have developed this handy guide. The next time you invite someone to your place for dinner, a party, movie night, or to help you power wash your driveway, refer to this probability chart to determine if you should actually buy that extra bag of chips or just eat them yourself in a dark room when no one shows up.

“I would not miss it for the world.” Probability they’ll show: 80%
This is the gold standard of invitation responses – the Cadillac of commitments. It suggests that even if the Earth’s crust were to split open and swallow their neighborhood, they would still arrive at your door, albeit slightly singed by magma. When someone breaks out the “not miss it for the world” language, they’re essentially signing a blood oath. They’ve already cleared their calendar, told their spouse, and possibly arranged pet care. An 80% chance means they are definitely coming, provided they don’t discover that Netflix has just released Season 4 of the Lincoln Lawyer or they notice a very interesting, rare bird in their front yard as they’re pulling out of their driveway.

“Sounds delightful. I plan to be there.” Probability: 50%
The word “plan” is the red flag here. In corporate America, a “plan” is something we make right before we pivot, reschedule, or fire the person who suggested it. When a friend “plans” to be at your house, they are treating your dinner party like a five-year fiscal projection. It’s an aspiration, not a commitment. They are currently looking at your invitation through a lens of optimism that may eventually be clouded by the reality of having to don real pants on a weeknight. These people will likely show up unless something genuinely better comes along, like free concert tickets to see Bruno Mars. In other words, they’re solid citizens of the social contract, just not quite ready for sainthood. Coin flip territory.

“I think I’m free that date. Looks good.” Probability: 30%
Ah, the classic hedge. Translation: “I am currently too lazy to check my phone, and I’m hoping you’ll forget you asked me.” The phrase “looks good” is what people say when they are looking at a piece of modern art they don’t understand. It’s non-committal filler. At 40%, they’ll spend the next week checking their calendar obsessively, looking for possible conflicts, like staying home to organize their junk drawer.

View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

"You can count on me. When is it again?" Probability: 15%
The irony is thick here. If you could truly count on them, wouldn't they remember when your event is? This person has already forgotten the date you just told them thirty seconds ago. They're the human equivalent of a browser with too many tabs open – everything's running, but nothing's working efficiently. They mean well, but their follow-through is about as reliable as your teenage son when you remind him for the eighth time this week to clean up his room and he shouts back, "I know!" Start planning for their absence now.

"I'll try to make it." Probability: 5%

"I'll try" is the white flag of social commitments. In the history of the human race, no one who has ever said they would "try" to make it has actually made it. "Try" is a word used by people who want the credit for being a "Yes" person without the burden of actually being a person who follows through on anything. They aren't "trying" to come to your party; they are trying to figure out how many hours they need to wait before texting you a "so sorry, things got crazy!" message. The 5% who actually show up are usually lost and stumbled upon your party by accident.

"I will talk this over with my wife and get back to you." Probability: 0%
This is the gold standard of social rejection. Translation: "I need to consult with my spouse about how to decline this invitation without hurting your feelings." This isn't an RSVP; it's a hostage negotiation where the wife is the designated "bad cop." He isn't going to talk to her. You will never hear from this person again. They could be standing in a burning building and you send them an invite to join you outside, and they would still need to "check with the wife" before fleeing the flames.

Hopefully, this guide will help you when you plan your next big party to calculate the likely turnout. If you invite 100 people and get 100 "Yes" responses, you should probably prepare enough food for six people and a very lonely dog.

[Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his YouTube channel by the same name.]



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TIDE TABLES / SARATOGA PASSAGE / MARCH 6-19, 2026

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 6	Low	12:15 AM	2.7	☀
6	High	6:29 AM	11.7	
6	Low	12:54 PM	1.6	
6	High	7:11 PM	10.2	
Sa 7	Low	12:52 AM	4.0	☀
7	High	6:54 AM	11.3	
7	Low	1:31 PM	1.4	
7	High	8:03 PM	9.8	
Su 8	Low	1:31 AM	5.2	☀
8	High	8:19 AM	10.8	
8	Low	3:12 PM	1.3	
8	High	10:02 PM	9.5	
M 9	Low	3:14 AM	6.3	☾
9	High	8:45 AM	10.3	
9	Low	3:59 PM	1.4	
9	High	11:13 PM	9.2	
Tu 10	Low	4:05 AM	7.3	☾
10	High	9:14 AM	9.9	
10	Low	4:50 PM	1.5	
W 11	High	12:56 AM	9.2	☾
11	Low	5:07 AM	7.9	
11	High	9:52 AM	9.4	
11	Low	5:47 PM	1.5	
Th 12	High	2:35 AM	9.5	☾
12	Low	6:21 AM	8.2	
12	High	10:50 AM	9.0	
12	Low	6:49 PM	1.4	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 13	High	3:25 AM	10.0	☾
13	Low	7:53 AM	8.0	
13	High	12:09 PM	8.8	
13	Low	7:51 PM	1.1	
Sa 14	High	3:59 AM	10.4	☾
14	Low	9:04 AM	7.4	
14	High	1:33 PM	8.8	
14	Low	8:46 PM	0.7	
Su 15	High	4:24 AM	10.8	☾
15	Low	9:47 AM	6.5	
15	High	2:42 PM	9.1	
15	Low	9:33 PM	0.5	
M 16	High	4:46 AM	11.1	☾
16	Low	10:24 AM	5.4	
16	High	3:40 PM	9.6	
16	Low	10:15 PM	0.4	
Tu 17	High	5:08 AM	11.4	☾
17	Low	10:59 AM	4.2	
17	High	4:34 PM	10.1	
17	Low	10:57 PM	0.7	
W 18	High	5:32 AM	11.6	☾
18	Low	11:35 AM	2.9	
18	High	5:27 PM	10.6	
18	Low	11:38 PM	1.4	
Th 19	High	5:58 AM	11.8	☽
19	Low	12:12 PM	1.7	
19	High	6:20 PM	11.0	



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