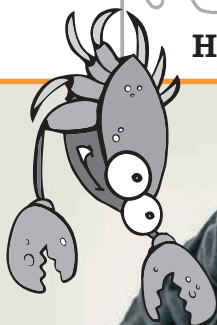


THE CRAB CRACKER

ISSUE 416
Oct. 31-Nov. 13, 2025

HALLOWEEN & VETERANS DAY EDITION



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway

GHOSTS AND THE SUPERNATURAL IN THE PACIFIC NORTHWEST

Friday, October 31, 2025 • 6:00 PM – 8:00 PM at the Camano Island Library

Curious about the unexplained? Whether you're a seasoned ghost hunter, a skeptical observer, or simply intrigued by tales of the supernatural, join Matt, Eric, and Austin from North by Northwest Paranormal for a captivating night of eerie encounters and paranormal revelations. Step Into the Unknown - Experience the chilling new evidence they've gathered—magnetic anomalies, mysterious voices, shadowy apparitions, and glowing orbs. Discover how local legends and historical events connect with the strange phenomena they've documented. Hear the stories behind the team's journey, how they prepare for investigations, what drives their passion, and their evolving theories about spirits and the afterlife. Stick around for an interactive Q&A session where you can ask anything—from their most terrifying experiences to advice on starting your own paranormal exploration. Plus, get a close-up look at the cutting-edge equipment they use in the field.

Contact us with questions: <https://www.sno-isle.org/contact-us/>



GADGETS - GIFTS - GOODIES
Stanwood's One Stop Gift Shop

UPCOMING EVENTS

8706 271st St. NW Stanwood, WA 98292
www.mqstanwood.com
(360) 631-5218

GHOULS NIGHT OUT

OCT. 31
3-6 PM



DROP IN TO ENTER OUR RAFFLE
KID • ADULT PRIZE BASKETS, CANDY

LOCAL AUTHOR'S DAY

NOV. 1
1-3 PM



MEET AND GREET
PERSONALIZED BOOKS FOR GIFTS

LOCAL ARTISAN'S DAY

NOV. 22
10-4 PM



MEET OUR RESIDENT MAKERS • ARTISTS
LOCAL ONE OF A KIND GIFTS

GET A JUMP START AND LET THE SHOPPING BEGIN!



HOLIDAY OPEN HOUSE
THREE DAYS: NOV. 7, 8, 9
REGULAR STORE HOURS

REFRESHMENTS, RAFFLES & PRIZES, STOCKING STUFFERS & SECRET SANTA GIFTS FOR ALL



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facebook.

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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: Happy Halloween from The Crab Cracker Community Magazine.

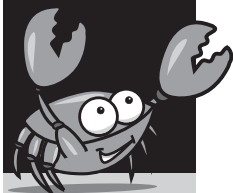


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James and Malynda Shipley, owners, proprietors
thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: NOVEMBER 6 for Next Edition (November 14-27)

Calendar of Events



FRIDAY, OCTOBER 31 HALLOWEEN PARTY & HAUNTED HOUSE



You're invited to the Vista/Madrona Fire Station for Camano Fire's annual Halloween Party & Haunted House! The fun begins at 5 p.m. at 273 N. West Camano Drive. This a FREE, family-friendly event. We'll have treats, hot dogs, games and fun for everyone. Drop by anytime between 5 and 7 p.m. to show off your costumes, play some games, eat some sweet treats, and tour our spooooooky (but not too scary) haunted house. Thank you to the Camano Preparedness Group & Mabana Flames for co-hosting this event.



CAA's GATEWAY GALLERY 578 E North Camano Dr

CERAMIC ART & FINE CRAFT
November 1 - December 21



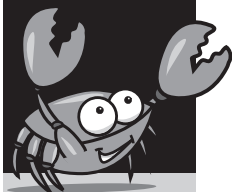
OPENING RECEPTION
SATURDAY NOV 1 4PM-6PM

PLUS!

**ITS THE SMALL THINGS THAT COUNT
12"X12" & SMALLER ARTWORKS**

made possible in part by Island County's Tourism Fund

Calendar of Events



look for us
online at

**www.TheCrab
Cracker.com**

or on
Facebook.

Download
current or past
editions.

FRIDAY, OCTOBER 31

TRUCK OR TREAT AT THE CONWAY FIRE STATION

Stop by Station 1 (21020 Greenfield Street, Conway) on Halloween night between 5-8pm! Take some pictures with the fire trucks (or fire-fighters), get some fire safety swag and pick some tasty treats!

FRIDAY, OCTOBER 31

TRICK OR TREAT AT CAMANO COMMONS



3-5pm. Come bring kiddos to trick or treat at the participating businesses at Camano Commons. It will be spooktakular! Kids and families are invited to enjoy a safe and festive afternoon of Halloween fun as participating businesses hand out treats throughout the plaza. Please be respectful and do not disturb businesses that are not participating in the event.

FRIDAY, OCTOBER 31

HALLOWEEN PARTY - KARAOKE

7pm at Conway Pub & Eatery, 18611 Main Street, Conway. More info: (360) 445-4733

FRIDAY, OCTOBER 31

HALLOWEEN FUN

Event by Serenity Salon and Kerrie Ervin. 3-6pm at 9902 270th St NW Suite A, Stanwood. Stop in for Treats for all ages! Candy & Hot Cider; Complimentary Paraffin Dips; Hair Tinsel; Photo Booth.

PUGET SOUND TREE CARE LLC

360-387-0243

Jim Fay, Owner, Arborist

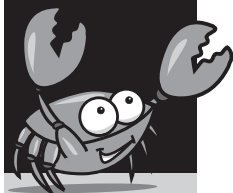
**Tree Removal & Trimming
Stump Grinding
View Clearing
Hazard Trees
Arborist Services**

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www.TheCrabCracker.com



Calendar of Events



FRIDAY, OCTOBER 31 GHOULS NIGHT OUT



Join the City of Stanwood for spooktacular trick-or-treating downtown featuring over 40 candy/giveaways stops! Stanwood businesses and community groups offer this festive and safe afternoon. 3-6 pm in Downtown Stanwood.

FRIDAY, OCTOBER 31

FRIDAY NIGHT KARAOKE

WITH MARCUS. 8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.



STANWOOD HEARING

Don't miss a **Boo!**
this spooky season.

Treat yourself to a trip to Stanwood.

Call to schedule your
hearing evaluation today
and test out the latest
hearing aid technology.



Scan to
Schedule

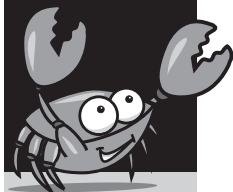
9300 271st St NW, Suite B-5, Stanwood, WA 98292

Near QFC, between Papa Murphy's and H&R Block

p: 425-272-9435 | f: 360.572.4765

StanwoodHearing.com

Calendar of Events



FRIDAY, OCTOBER 31

CONWAY COMMUNITY TRUNK-N-TREAT



4:30-6:30pm. Event by Fir-Conway Lutheran Church, Skagit County Fire District #3 and Sons of Norway Abel Lodge. Location: Conway - Main Street & 2nd Street. This is in conjunction with Skagit Fire District #3, which will have its fire trucks out for the trick-or-treaters. The Sons of Norway, Abel Lodge, will be hosting a fun haunted house/event for trick-or-treaters, too. These will be from 5 to 8 pm. So come on down with your ghouls, witches, and pirates!

I'll take the
FRIGHT
out of selling or buying
your house.

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www.AtTheBeachRealEstate.net
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the views.**



Don't wait, schedule your
screening today.



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360-848-5555

Skagit Regional Health

SkagitRegionalHealth.org/CancerScreenings



1730

**DOORS
OPEN**



VETERANS

APPRECIATION DINNER

14TH NOVEMBER

1800

**PROGRAM
STARTS**



**REGISTER BY
NOV. 9TH**

RESERVE YOUR SEAT TODAY!



MILITARY UNIFORMS & INSIGNIA ENCOURAGED

DINNER CHOICE: BEEF OR SALMON

867 S. West Camano Drive, , Camano Island, WA



**Save your seat (you & a guest) and choose your
meal visit: www.camanochapel.org/connect
or call 360-387-7202**

Guest Speaker: Dick Nelms
WWII B-17 Pilot

Calendar of Events



Try wearing your clothes inside out and walk backwards on Halloween. According to traditions, this will make sure you see a witch at midnight.

FRIDAY, OCTOBER 31

HAPPY HALLOWEEN TRICK OR TREAT

11am-5pm at Camano Animal Shelter Association, 198 Can Ku Rd, Camano Island. Stop by CASA, visit the shelter cats and enjoy a sweet treat and festivities We encourage everyone to come visit our costumed CASA staff and fun animals! Check out the festivities and receive some yummy Halloween treats or some cool, "spooky" coloring books! Oh! And don't forget to show up in your best costumes!

FRIDAY, OCTOBER 31

HALLOWEEN HONKY TONK

with Buddy Mac and His Ten-Gallon Troubadours + Brittany Collins. 8 PM - Arcadian Public House, 18444 Spruce Street, Conway. Costumes are welcome. There will be a few fun activities in addition to the spectacular show. 21+ only. Doors at 7 Show at 8 Online ticket sales close at noon on the day of the show. All ticket sales are final on show day. Seating is first come, first served. Outside food is okay to bring in, no beverages please. Leashed and friendly dogs are welcome.

FRIDAY, OCTOBER 31

TEEN LATE NIGHT

Come prepared for an evening of fun! Enjoy time swimming in the pool, playing games on the courts, hanging around in the Teen Center and more! Pizza will be provided, and membership is not required, so bring your friends! *Pickup after 9 pm will occur at the Teen Center side door.* 7-10 pm Stanwood-Camano YMCA Grades 6-12 \$10. More info: Shawn Leonardo sleonardo@ymca-snoco.org

FRIDAY, OCTOBER 31

GHOSTS AND THE SUPERNATURAL IN THE PACIFIC NORTHWEST

6-8pm at the Camano Island Library. Whether you're a seasoned ghost hunter, a skeptical observer, or simply intrigued by tales of the supernatural, join Matt, Eric, and Austin from North by Northwest Paranormal for a captivating night of eerie encounters and paranormal revelations. Stick around for an interactive Q&A session where you can ask anything—from their most terrifying experiences to advice on starting your own paranormal exploration. Plus, get a close-up look at the cutting-edge equipment they use in the field.

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Laminates
Tile • Vinyl**

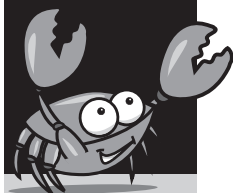
Financing Available OAC

EMAIL:

darrowscarpets@frontier.com

27028 - 99th Ave. NW • Stanwood • Next to Ledum's Floral

Calendar of Events



FRIDAY, OCTOBER 31

CAMANO CHAPEL TRUNK OR TREAT AND LASER TAG



6-7:30pm at 867 SW Camano Drive Camano Island. Everyone is welcome. This year we will also have Laser Tag! Make a plan to join us for the whole evening! Suggested donation: Canned Good for our Food Bank.

FRIDAY, OCTOBER 31

DJ HOUSE PARTY

6-9 pm at Celestial Isles, 880 Ashley Way, Camano. \$10/adult kids 6 and under free! RSVP text James 509-741-4132.

Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials! This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics you need to understand your options.

Camano Center

606 Arrowhead Road, Camano Island, WA 98282

October:

- Tuesday - 10/7/2025 @ - 1:00pm -2:00pm
- Tuesday - 10/14/2025 @ - 1:00pm -2:00pm

November:

- Tuesday - 11/4/2025 @ - 1:00pm -2:00pm
- Tuesday - 11/18/2025 @ - 1:00pm -2:00pm

December:

- Tuesday - 12/09/2025 @ - 1:00pm -2:00pm
- Tuesday - 12/16/2025 @ - 1:00pm -2:00pm

RSVP's NOT REQUIRED, BUT ENCOURAGED

Please contact us to RSVP or for more information about upcoming events.



425-361-2944 x1 TTY 711



info@vidorassociates.com

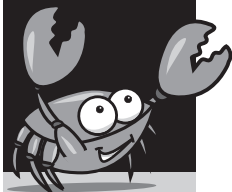


www.vidorassociates.com

This is an educational event. A licensed sales representative will be present with information only; there will be no sales activity. The Centers for Medicare & Medicaid Services (CMS) has neither reviewed nor endorsed this information.

Vidor and Associates is not connected to the Federal Medicare Program and this is a solicitation for insurance. Vidor and Associates does not offer every plan available in your area. Any information they provide is limited to those plans they do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE or your local State Health Insurance Program (SHIP) to get information on all your options.

Calendar of Events



DID YOU KNOW?

Skittles are the
top Halloween
candy

FRIDAY, OCTOBER 31

THE BILLY APPLETON BAND

7pm at Pub 282, 370 NE Camano Dr #6, Camano. The Billy Appleton Band is turning up the heat with gritty guitars, soul-stirring lyrics, and a rhythm that won't quit. Whether you're craving raw energy or smooth grooves, this is the sound that hits home and haunts you in all the right ways.

FRIDAY, OCTOBER 31 - SATURDAY, NOVEMBER 1

WARM BEACH HOLIDAY BAZAAR



9am-3pm at Warm Beach Senior Community, 20420 Marine Dr, Stanwood. Join us for two festive days of shopping, sweets, and holiday fun! Discover one-of-a-kind, beautifully crafted items, handmade gifts, and delicious treats perfect for the season. Bring a friend, sip some cocoa, and find something special while supporting local creativity and our wonderful Warm Beach community spirit!

SATURDAY, NOVEMBER 1

AKTION CLUB'S E-CYCLE

10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.



THE CAMANO ISLAND CHAMBER AND OUR TITLE SPONSOR PRESENT

28TH ANNUAL

CHILI & CHOWDER

COOK-OFF

SCAN ME



NOVEMBER 8, 2025  3-6 PM

The Camano Center 606 Arrowhead Rd. Camano Island

TICKETS \$20 ONLINE | \$25 AT THE DOOR | 10 TASTINGS

BEER | WINE | CIDER | LIVE MUSIC | RAFFLE | COMMUNITY FUN



Calendar of Events



DID YOU KNOW?

Black cats were once believed to be witch's familiars who protected their powers.

SATURDAY, NOVEMBER 1

LOCAL AUTHOR'S DAY

It's a meet and greet with several of our local authors. A great time to learn about their writing journey or pick up a personalized book for a nice gift. 1-3pm at MQ Gadgets Gifts Goodies, 8706 271st St NW, Stanwood.

SATURDAY, NOVEMBER 1

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, NOVEMBER 1

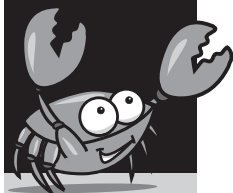
FOCIP ANNUAL HOSTED WINTER WALK PROGRAM - CAMA BEACH STATE PARK



Meet at 9:45 a.m. at the Ivy Trailhead off Dry Lake Road. We will walk downhill from here into the N.E. section of Cama Beach State Park on the Cross Island Trail, cross West Camano Road, onto the Marine Loop Trail followed by the bluff trail and old entrance trail. A total of 2.7 miles. Shuttle service will be available for the return to Ivy Trailhead. For those that may want to walk back up to Ivy Trailhead the walk becomes 3.9 miles total.



Calendar of Events



SATURDAY, NOVEMBER 1

WALRUS

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. Tickets: \$13 ADV / \$15 DOS. 21+ Genre: Classic Rock.

SATURDAY, NOVEMBER 1

CHILL DEVILLE

7pm at Pub 282, 370 NE Camano Dr #6, Camano. Get ready for a night of killer vibes and smooth grooves! Don't miss this high-energy performance that'll have you dancing, sipping, and vibing all night long.

SATURDAY, NOVEMBER 1

HOOLIGANS

Performing live at 6pm at Conway Pub & Eatery, 18611 Main Street, Conway. More info: (360) 445-4733

SATURDAY, NOVEMBER 1

HALLOWEEN HANGOVER

at TheBrewCade, 7009 265th St NW, Stanwood. Hey BrewCade, Ghosts/Goblins/Ghouls! We're having Halloween Hangover at the BrewCade the day after Halloween! What: Costume Contest and a Pinball Tournament. \$5.00 buy in tournament 3 strikes. Receive a bonus strike if you're wearing a costume! Sign ups start at 6:30pm. Tournament starts at 7:00pm. The Brewcade will match the pot for the tournament! We will vote/judge the costume contest winners starting at 9pm! We hope to see you there!



by Beach & Boulevard

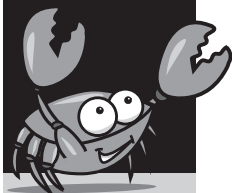
- Pretty & comfortable CLOTHES
- Vintage & new HOME décor
- Unique GIFTS & local features
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- thecamanoshop.com
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Shop our 1911
Farmhouse

Camano Island's
only farmhouse
boutique

Calendar of Events



DID YOU KNOW?

If a bird flies through your house, it indicates important news. If it can't get out, the news will be death.

SATURDAY, NOVEMBER 1

AUTHOR SIGNING SATURDAY

Event by author Melissa Slager and Wit's End Books. Noon-4pm at 10123 270th St NW, Stanwood. I'll be among the authors at Wit's End Books in Stanwood, chatting with readers about my historical novel "Contests of Strength." Books, bookmarks, and stickers for sale. Come enjoy downtown Stanwood and a great indie bookstore!

SATURDAY, NOVEMBER 1

OPENING RECEPTION

4-6pm at Camano Arts Association's Gateway Gallery and Visitor Center at Freedom Park. Enjoy this dual themed art and fine craft show. Spotlight on CAA's ceramic artists, and also 12"x12" and under 2D and 3D artworks perfect for gifting. Show runs Nov 1 through Dec 21. Open Fri 12-4 Sat 10-4 Sun 12-4 View-Gift-Collect

SATURDAY, NOVEMBER 1

HALLOWEEN BIG BAND COMMUNITY SWING DANCE WITH LESSONS



6:30-9:30pm at Stanwood's Floyd-Norgaard Cultural Center. Dance to the music of a 16 piece big band with some of the best musicians in the Northwest. Free dance lesson at 6:30pm. Dance starts at 7PM with dance lessons continuing during intermissions. \$12 for adults. \$10 for students, cash, check or Venmo (No credit card).

Yoga and Pilates
movementarts.com



MOVEMENT ARTS

360-629-9100

Camano Commons

**PRIMESCAPES
LANDSCAPING**

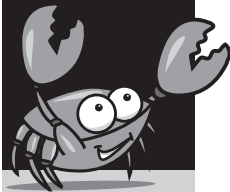
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 **425-501-9096**

primescapes.com

Calendar of Events



HALLOWEEN MOVIE:

The mask used by Michael Meyers was actually William Shatner's mask painted white.

The character Laurie Strode, played by Jamie Lee Curtis was named after John Carpenter's first girlfriend.

The setting for the story is in Illinois, but the vehicles have California license plates.

SATURDAY, NOVEMBER 1

"MADE OF STARS" DRAG SHOW

9:30pm at Beauty Bar Salon + Lounge, 10011 270th St NW, Stanwood. Featuring drag, burlesque, impersonations, and more. COME CELEBRATE AND DANCE WITH US! WE WILL BE CELEBRATING HALLOWEEN ALL WEEKEND, SO DON'T BE AFRAID TO SHOW OFF YOUR COSTUMES!!

SATURDAY, NOVEMBER 1

CANNING DEMONSTRATION AND SOCIAL

at the South Camano Grange. Join the Mutual Aid Assembly of Stanwood-Camano for a canning demonstration and social! Come learn how to water bath can pickled beets and pressure can fresh beets, or just come to socialize and eat! Everyone is welcome. We will distribute the canned and/or fresh beets at the end. We will be starting the beet processing and canning at 11am, but feel free to drop in at any time as we are doing several batches. We will be there 11am-5pm. Bring food to share if you'd like (not required)! And if you'd like to donate pint jars (used or new) or pint jar lids (new), we will put them to use! More info: mutualaidassembly@protonmail.com.

SATURDAY, NOVEMBER 1

EARLY COUNTRY CHRISTMAS BAZAAR



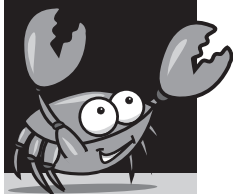
10am-2pm at Peace Lutheran Church, 1717 Larson Rd, Stanwood. Featuring Lefse, Rommegrot, Vaffler, Bakery, Crafts, Silent Auction, Quilt chance drawing, Gift Card Tree, Used Treasure room, and a delicious lunch. Come help us raise money for community outreach.

SUNDAY, NOVEMBER 2

VOICES OF HOPE BENEFIT CONCERT

Join us for an afternoon filled with music, inspiration, and community! Enjoy performances by local school and church choirs, hear stories of hope, and do some holiday shopping at our silent auction and bake sale. 2:00 PM at Our Saviour's Lutheran Church, 27201 99th Ave NW, Stanwood. All proceeds benefit local families at Lincoln Hill Village and Lervick Family Village in Stanwood.

Calendar of Events



SUNDAY, NOVEMBER 2

STANWOOD CHEER SPARTAN SPIRIT SHOWCASE

Join us at Stanwood High School to watch youth cheerleaders showcase their routines! Doors open at 12:30 pm, showcase starts at 1:30.

MONDAY, NOVEMBER 3

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, NOVEMBER 3

ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

MONDAY, NOVEMBER 3

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

TUESDAY, NOVEMBER 4

KARAOKE

5-7pm at Lincoln Hill Retirement Community & Senior Center, 7430 276th St. NW, Stanwood.

You are invited to our open house!



Fall into the holidays.

Date: November 7th

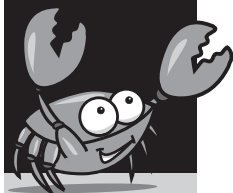
Time: 5 PM - 6 PM

Enjoy an informal fashion show, gift card drawings, vendor booth giveaways, light snacks & drinks.

Bring a donation of clothing or home goods for our store to be entered into our drawing for one of several giftcards.

Savvy Traders Collective
9005 271st St NW, Stanwood

Calendar of Events



TUESDAY, NOVEMBER 4 THE SCIENCE OF GENDER



5:30-7pm at Community Resource Center. Event by PFLAG Stanwood-Camano. We will be watching a recording of Linden Jordan's presentation, you will learn about the role of chromosomes, DNA, genes, hormones and other variables that affect gender. Because of our misunderstanding about gender, prejudice and discrimination is widespread against the LGBTQ+ community. There will be a community conversation following the recording. Please be aware there will be biological vocabulary in the presentation.

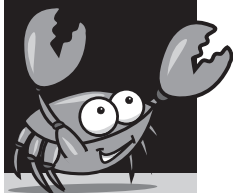
CELEBRATE VETERANS!

Tuesday, Nov. 11, 2025
11:00 a.m.

"What Veterans Day Means To Me"
by Marysville NJROTC Students,
Service Flags, Information Tables,
Displays, Tours and Hero Quilts

at the Floyd Norgaard Cultural Center
27130 102nd Ave. NW, Stanwood, WA

Calendar of Events



TUESDAY, NOVEMBER 4

ROBLOX EMBER GAMES - ARRAYScape GAMING

3-4:30pm at the Stanwood Library. Players must manage resources and fend off enemies to survive in this virtual world where quick thinking and strategy are paramount. Note that this is a player-vs-player arena based combat game (themed after the Hunger Games movies). The library will provide all equipment.

WEDNESDAY, NOVEMBER 5

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, NOVEMBER 5

WBCA RUN/WALK WEEKLY SOCIAL

It's time to get moving, Warm Beach. 5:45 PM at Warm Beach Park. Come run, walk, or stroll - exercise, laugh, and connect. No pressure, no competition - just fun, fresh air, and community. Whether you run, walk, stroll, or skip... this is your chance to get active and meet new friends. Questions? Text Joel Hingston at 509-987-7717.

WEDNESDAY, NOVEMBER 5

READ WITH A THERAPY DOG

4-5pm at the Stanwood Library. De-stress, learn about therapy dogs, or practice your reading at the library with Linda and her registered therapy dog Preacher.



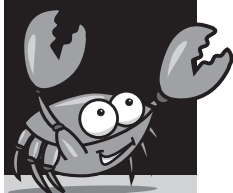
November 22, 29 and December 6, 13, 20

**You're invited To share in the FUN
11am-5pm (or until sold out) at 24008 Valde Rd, Stanwood**

**Featuring: Glorious jewelry · KAH cards · handmade household items:
microwavable bowl cozies · potato bags · bowl covers
stocking stuffers · and more!**

For more info, please contact Char at bydenmythyme@hotmail.com

Calendar of Events



HALLOWEEN PRANK:

Get dressed up,
knock on door.
When person
answers, put
candy into their
bowl.

WEDNESDAY, NOVEMBER 5

COMMUNITY HEALTH PLANNING OPEN HOUSE

Event by Island County Public Health Department. 3-6pm at the Camano Island Library. Island County Public Health wants to hear from you! Join us to explore local health data, share your voice, and help shape the future of health in Island County. Learn more about the factors that influence our health, including housing, education, and the environment. Discover how your input will guide our 3-5 year Community Health Improvement Plan. 3-6pm at the Camano Library.

FRIDAY, NOVEMBER 7

BEACH 1 GALLERY ARTISTS RECEPTION

for Ron Cooper - Wood Turning Artist and John Ebner - Award Winning Local Artist. 5-7pm. Drawing for Door Prizes at 6:45 PM. Ron's display will feature handmade custom gifts of one off turned wood bowls, handmade wood holiday gifts. There will also be framed giclee prints by John Ebner and a trio of Glen Oberg original watercolors for sale. Their art will be displayed and for sale the entire month of November. The Gallery is open 7 days a week. We will be serving pop, wine, bottled water and bags of chips for the reception. 1243 Beach Drive, Camano Island

FRIDAY, NOVEMBER 7

FRIDAY NIGHT KARAOKE

WITH MARCUS. 8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.

FRIDAY, NOVEMBER 7

"FALL INTO THE HOLIDAYS"

You are invited to our open house. 5-6pm at Savvy Traders Collective, 9005 271st St NW, Stanwood. Enjoy an informal fashion show, gift card drawings, vendor booth giveaways, light snacks & drinks. Bring a donation of clothing or home goods for our store to be entered into our drawing for one of several gift cards.

FRIDAY, NOVEMBER 7

DJ HOUSE PARTY

6-9 pm at Celestial Isles, 880 Ashley Way, Camano. \$10/adult kids 6 and under free! RSVP text James 509-741-4132.



Calendar of Events



Americans honor veterans on many other holidays. Among them are Medal of Honor Day on March 25, Vietnam Veterans Day on March 29, Former POW Recognition Day on April 9, Armed Forces Day on May 20, Women Veterans Day on June 12, Korean War Veterans Armistice Day on July 27, Purple Heart Day on Aug. 7 and Pearl Harbor Remembrance Day on Dec. 7.

FRIDAY, NOVEMBER 7

DOUBLE SINGLE RELEASE PARTY WITH FRIENDS FOR THE GHOST + SHANNON PATICO + ANDREW SWEETING

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. Tickets: \$15. Genres: -Friends For The Ghost: Americana, Folk and Rock -Shannon Patiño: Folk, Singer-Songwriter and Pop -Andrew Sweeting: Folk, Singer-Songwriter and Pop

FRIDAY, NOVEMBER 7

GENERATORS 101

presented by Sue Ryan from the Camano Preparedness Group at the Camano Island Library at 7pm. With winter around the corner and probable power outages, you will probably need a generator. This program will help you decide what generator will serve your needs best. No reservations are necessary.

FRIDAY & SATURDAY, NOVEMBER 7 & 8

MUCH ADO ABOUT NOTHING



Stanwood High School drama department is thrilled to present Shakespeare's Much Ado About Nothing! Widely hailed as the Bard's most dazzling romantic comedy, this tale is packed with razor-sharp banter, tangled misunderstandings, and outrageous twists that lead to much ado about nothing. Come ready to swoon, laugh, and cheer as love conquers all in true Shakespearean style! Performances: November 7 & 8 and 14 & 15. Tickets available online and at the door. \$8 Adult, \$7 Student with ASB Card. Don't miss the chance to see Stanwood High School's talented student performers bring Shakespeare's humor and heart to life on stage.

FRIDAY-SUNDAY, NOVEMBER 7-9

MQ'S HOLIDAY OPEN HOUSE

It's that time of year and MQ will be decked out with your holiday decorations and delights. Refreshments, raffles, and tons of holiday spirit. Let the shopping begin! MQ Gadgets Gifts Goodies, 8706 271st St NW, Stanwood, www.stanwood.com

Freeborn Lutheran Church



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Bazaar and Craft Fair

Sat. Nov. 8th 2025 • 10 am – 2 pm

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2416 – 300th Street NW • Stanwood • freebornchurchoffice@gmail.com

Vendors Still Wanted: Contact Stephanie at spefhead@msn.com

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and we are in Stanwood**



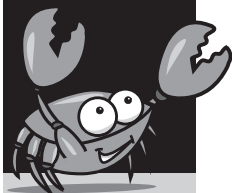
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Calendar of Events



HALLOWEEN PRANK:

Get dressed up so you are unrecognizable. Join a group of trick-or-treaters, preferably some you know. It will drive them nuts not knowing who you are.

SATURDAY, NOVEMBER 8

JAMMIN' AFTER NOON

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. Tickets: \$12 ADV / \$15 DOS. 21+ Outside food is alright to bring in, no beverages please Merch will be available for purchase to support the performers. Background story: Jammin' After Noon joined us for an Open Mic Night and they've been doing shows since! Great guys and a great show. Genre: cover band 60s and forward

SATURDAY, NOVEMBER 8

SANTA PHOTOS



Event by Camano Animal Shelter Association. 10am-noon and 1pm-4pm at Stanwood Country Store, 8815 271st St NW, Stanwood. Make sure to come by with your furry family members to get photos taken with Santa. Photos are only \$25. Santa will be there from 11 AM - 12 PM and 1 PM - 4 PM.

SATURDAY, NOVEMBER 8

FOR WHAT IT'S WORTH

Performing live at 6:30pm at Conway Pub & Eatery, 18611 Main Street, Conway. More info: (360) 445-4733.

SATURDAY, NOVEMBER 8

MINIATURE WARGAMING MEET-UP

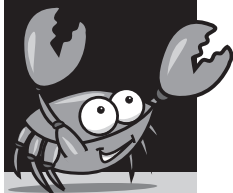
2-6pm at Camano Island Library. Discover the strategic camaraderie of miniature wargaming with Camano Island Miniature Wargamers. All are welcome to explore historical, fantasy, and sci-fi battles around the tabletops—no experience needed. Minimum age: 8+, under 12 requires parent/guardian.

SATURDAY, NOVEMBER 8

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

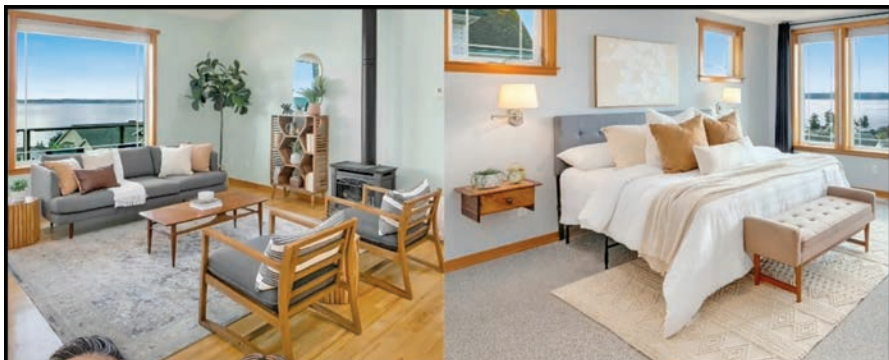
Calendar of Events



SATURDAY, NOVEMBER 8 28TH ANNUAL CHILI CHOWDER COOK-OFF



Taste the competition! 10 samples, local chefs & fun for all. Enjoy mouthwatering chili and chowder, live music, refreshing beverages, live music, and a fantastic raffle. Each ticket includes 10 tastings of your choice from over 20 contestants—plenty of variety to satisfy every taste bud! Food served 3–6 PM. Bar & fire pit open until 7 PM. In honor of Veterans Day, veterans and first responders receive discounted entry at the door (\$15) with valid ID.



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Owners of Beach & Blvd. Real Estate and Staging (KW Realty).

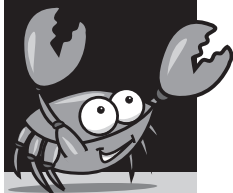
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206.383.1207 / Email: beachandblvd@kw.com

Located at: 913 Hwy 532, Camano

Calendar of Events

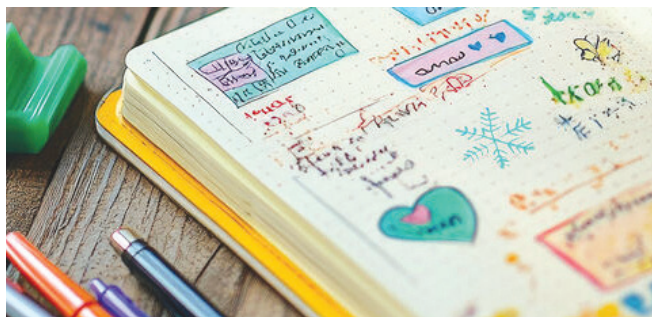


HALLOWEEN PRANK:

Have any college or pro football fans in the neighborhood that like to fly their team flag? Swap it out for a rival team flag and watch the fireworks. (Make sure you return their flag after you get a good laugh.)

SATURDAY, NOVEMBER 8

VISUAL JOURNALING GIFTS & GRATITUDE



1:00 PM – 2:00 PM at the Stanwood Library. Let's explore some creative journaling! This workshop introduces visual journaling as a personal practice and invites participants to express themselves through words, doodles, collage and color. Using a variety of playful supplies, we will explore the prompts of gifts and gratitude and what those words mean to us in this season to guide the creative journey. Feel free to bring your personal journal if you like. Please register. For teens and adults. All supplies provided.

SATURDAY, NOVEMBER 8

THE MAKING OF AMERICAN HERO QUILTS



11:00 AM – 1:00 PM at the Camano Island Library. Join us in celebrating the artistry and compassion behind American Hero Quilts, a non-profit organization dedicated to comforting wounded service members through the gift of handmade patriotic quilts. Since 2004, over 33,000 quilts have been lovingly crafted and donated by volunteers across the country. Meet the makers, connect with volunteers and hear stories behind the quilts.

SATURDAY, NOVEMBER 8

JIMMY WRIGHT

7pm at Pub 282, 370 NE Camano Dr #6, Camano. A high-energy concert experience, packed with a dynamic mix of music to keep you on your feet all night long. A show that's got something for everyone!

Unique Handmade Gifts & Collectibles

Festive Fine Crafts & Art

Fri – Sun Nov 28-30, 10 am to 4 pm

9 ARTISTS at 3 LOCATIONS

Yonnah Ben Levy



Bob & Patt Causey



Katie Trent



Locations

Windy Ridge Clay & Friends
1113 Lawson Rd
Camano Island, WA 98282

Erika Posey Ceramics & Friends
145 Arborcrest Place
Camano Island, WA 98282

Stanwood House Gallery
9915 270th St NW
Stanwood, WA 98292

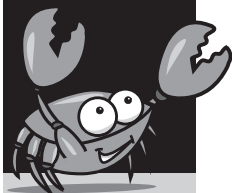
Artists

Bob Causey, Ceramics
Patt Causey, Ceramics
Roger Cocke, Ceramics
Opal Cocke, Fabric Art

Erika Posey, Ceramics
Meriaten Long, Ceramics
Katie Trent, Glass Art

Yonnah Ben Levy, Ceramics,
Painting, Multi-media
Chaim Bezalel, Ceramics,
Painting, Multi-media

Calendar of Events



DID YOU KNOW?

Princesses and
superheroes
rank as the
most popular
kids' costumes

SATURDAY-SUNDAY, NOVEMBER 8-9

CAMANO COUNTRY CLUB HOLIDAY VINTAGE SALE



Sat: 8am to 4pm, Sun: 10am to 3pm. Come shop for gently used holiday items for your holiday festivities and gatherings at garage sale prices! 1243 Beach Drive. Questions? Call or email: camanocountryclub@frontier.com, 360-387-1655.

SATURDAY & SUNDAY, NOVEMBER 8 & 9

LIGHT THE FOREST: FEATURING JEN ELEK AND JEREMY BERT

Self-guided tour of neon art and light installations with option to add make-your-own glass experience and introduction to neon workshop. 4pm – 7:30pm. Experience Pilchuck Glass School's breathtaking and historic campus in a whole new light. This event is a one-of-a-kind opportunity to experience a self-guided walking tour of neon art and light installations in the Pacific Northwest forest. Get a taste of Pilchuck's creative magic at the most unique art walk you'll ever attend. Children under 14 years of age have free admission to tour the installations. All add-ons require a separate ticket. 1201-316th St NW, Stanwood, 360-445-3111.



2025 Holiday Show

Nov 14, 15, 16, Nov 22-23 10-5 pm

Opening Party: Thurs, Nov 13 5-8 pm

Grange Art Show

Fine Art & Crafts

www.rexvillegrangeartshow.com

19299 Rexville Grange Road, Mount Vernon
(near Rexville Grocery)

Calendar of Events



DID YOU KNOW?

New York City
throws the big-
gest Halloween
parade in the
U.S.

MONDAY, NOVEMBER 10

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, NOVEMBER 10

BUNCO NIGHT



7pm at local firestation 97 on Marine Drive, Stanwood. Free to play!

MONDAY, NOVEMBER 10

ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

MONDAY, NOVEMBER 10

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!



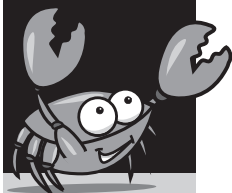
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Calendar of Events



DID YOU KNOW?

Veterans Day honors all American troops who served honorably—regardless of whether they did so during war or peacetime.

TUESDAY, NOVEMBER 11 CELEBRATE VETERANS!



11am at Floyd Norgaard Cultural Center, 27130 102nd Ave NW, Stanwood. This year's theme: "What Veterans Day Means To Me" by Marysville NJROTC students, service flags, information tables, displays, tours, and Hero Quilts.

TUESDAY, NOVEMBER 11 POPPY DRIVE / INFORMATION BOOTH



10am-2pm at Stanwood Haggen and QFC. Event by VFW Post 12228 Stanwood. We are manning a table on Veterans Day! Stop by and share stories!



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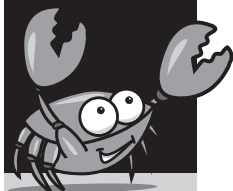
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Calendar of Events



DID YOU KNOW?

March 13 is National K9 Veterans Day, which honors American military and working dogs throughout history.

TUESDAY, NOVEMBER 11

FREE COOKING DEMO

in the barn at Hazel Blue Acres blueberry farm in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

WEDNESDAY, NOVEMBER 12

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, NOVEMBER 12

WBCA RUN/WALK WEEKLY SOCIAL

It's time to get moving, Warm Beach. 5:45 PM at Warm Beach Park. Come run, walk, or stroll - exercise, laugh, and connect. No pressure, no competition - just fun, fresh air, and community. Whether you run, walk, stroll, or skip... this is your chance to get active and meet new friends. Questions? Text Joel Hingston at 509-987-7717.

WEDNESDAY, NOVEMBER 12

TRIVIA NIGHT

6:30pm at Conway Pub & Eatery, 18611 Main Street, Conway. More info: (360) 445-4733

WEDNESDAY, NOVEMBER 12

EXPLORE YOUR CREATIVITY

4:00 PM – 5:30 PM at the Stanwood Library. Join us for an art class with Stanwood Camano Arts Advocacy Commission (SCAAC)! We will provide everything you need. For kids ages 6-11.

WEDNESDAY, NOVEMBER 12

CONNECT OVER COFFEE

an informal gathering open to everyone where we regularly meet to share perspectives and explore ideas that spark positive change within ourselves and our communities. 1:00 pm-3:00 pm at the Camano Island Library Community room. Hosted by Baha'is in Skagit and Island Counties.

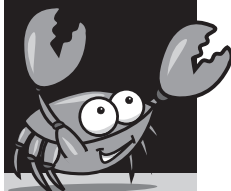
ALL SOULS DAY NOVEMBER 2

May the souls of
the faithful departed
through the
mercy of God
rest in peace.
Amen.



WOD
World Origami Day
NOVEMBER 11

Calendar of Events



THURSDAY, NOVEMBER 13

DON'T BE A VICTIM OF CYBERCRIME! ATTEND OUR FREE SECURITY FORUM!



Are you worried about online scams and how to protect your finances? You're not alone! Join us for a FREE Cyber Security Forum at 2:00 PM at The Camano Center (606 Arrowhead Road). This forum is specifically designed to help seniors understand the risks of cybercrime and learn how to stay safe online. We'll have expert speakers, a Q&A session, and a FREE handout with key takeaways! Register at www.camanolesf.com/

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GET INVOLVED GIVE LOCAL DECEMBER 2

Stanwood-Camano's Annual Giving Tuesday Event

Hosted by the Stanwood-Camano Area Foundation

Supporting 31 local nonprofits

www.scgive.org





Windermere

REAL ESTATE



BUENA VISTA **\$1,175,000**
A perfect blend of comfort and style at this prime north Camano home with A/C, solar panels, on a large lot and stunning views over Utsalady Bay. #2404155



BUENA VISTA **\$1,225,000**
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LAKE GOODWIN **\$950,000**
Sparkling lake view from move-in ready Stanwood home with a shop, acreage and beautiful upgrades that make for retreat-like living! #2442731



NORTH END **\$669,000**
Charming beach cottage on Camano with sunset views, nearly instant beach access, low maintenance and dedicated parking, a great island get-away. #2412009



COUNTRY CLUB **\$477,500**
Camano home is perfect for a weekend getaway or even full time living with serene beach access close by, peek-a-boo views and great price! #2444061



WEST SIDE **\$580,000**
This Old Camano Farmhouse has lots of history and updates to make it comfortable plus a wonderful orchard and space to enjoy island life. #2397326

STANWOOD
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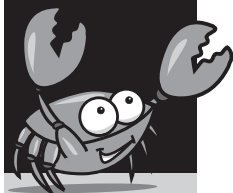


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DID YOU KNOW?

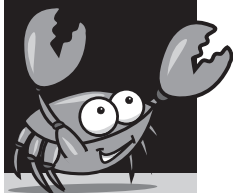
Veterans Day was originally called Armistice Day because it marked the one-year anniversary of the temporary cessation of hostilities between the Allied nations and Germany during World War I. That armistice went into effect at the 11th hour of the 11th day of the 11th month of 1918.

HALLOWEEN ORIGAMI PUMPKINS



Step-by-Step Tutorial: 1. Begin with any kind of orange square piece of paper. You'll want something sturdy enough so it doesn't tear or crumple during folding and cutting phases but also something lightweight so it isn't too difficult to fold up. Construction paper is usually a good option because of its thickness and durability while still being thin and lightweight enough to work well with this Halloween origami project. Fold the square paper in half vertically and horizontally, and unfold. Fold the paper in half diagonally and then fold it again diagonally. Unfold completely and you have created the creases that you will need for the next steps. 2. Keeping the center of the paper (the point where all creases intersect) pointing to the top, fold the diagonal creases upwards and press the vertical and horizontal creases inwards. 3. Join the diagonal edges on both sides and flatten the paper pattern out to make a diamond. 4. Hold the closed end of the flattened pattern's right side. Fold it down and align it with the middle line of the diamond. 5. Now, hold the open side of the right side and fold the outer edge to the middle crease line. 6. Take the folded portion and flip it from the right side to the left side. Press flat. 7. Flip the whole diamond over. 8. Repeat steps #4 and 5 but with the left side of the diamond. In another word, fold the closed and open edges of the left flap to the middle line. 9. Turn the folded part to the right side. 10. Fold the two sides (left and right) inward. 11. Unfold the left and right sides. 12. Using the crease from the previous step as a guide, fold the right corner between the two layers of the pattern and press flat. 13. Repeat step #12 with the left corner. 14. Flip the entire pattern to the other side. 15. Fold the top and bottom corners of the pattern inward to make the shape more rounded. 16. Flip the whole pattern back over. Cut a small strip from a green-colored construction or origami paper for the pumpkin stem. 17. Glue the stem to the top side of the origami pumpkin to complete the paper craft. For a complete visual tutorial, go to www.mombrite.com/origami-pumpkin/

Activity for Adults



HALLOWEEN BLOODY BAND-AID COOKIES



Ingredients: 20 vanilla wafer cookies, white frosting, seedless raspberry or strawberry preserves.

Instructions: Take each cookie out and take a zester or a microplane and file down each square side to round to resemble a band-aid. (Note: You can either leave the cookie layers as they are, or you can separate the wafers from the cream filling to more accurately resemble the thinness of actual band-aids). Lay the filed cookies out on a cookie sheet or tray. Take White icing and put in the shape of a square in the middle of the wafer cookie. Let it dry. Then take a spoon full of your preserves and section off with a tooth pick a small glob, resembling (sounds gross I know) coagulated blood. Repeat until all cookies are done on a tray.



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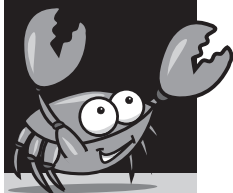
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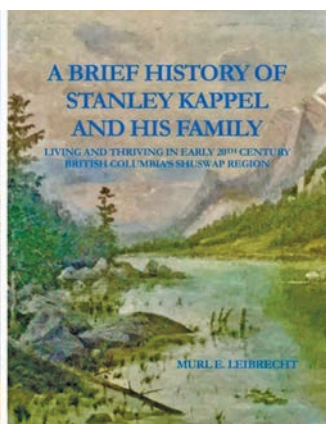
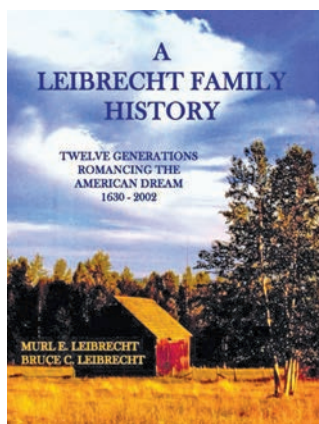
Artist of the Week



*Are you
interested in pro-
moting yourself
and your craft?*

*Email us your
bio and we will
feature this page
to you... and it's
all FREE!*

MURL LEIBRECHT



Murl, who has lived on Camano Island with his wife, Karen, for more than ten years, has published two books recently. Leibrecht retired ten years ago when the couple were living in France just before returning to the US to help with the care of their brother-in-law during his long battle with cancer. Murl's interest in writing led him into a post-retirement "career" that includes historical and genealogical research. Each book is the result of his deep dive into both his and his wife's family histories. His first book, entitled *A Brief History of Stanley Kappel: Living and Thriving in Early 20th Century British Columbia's Shuswap Region*, was published in 2022, and focuses on Karen's father, Stanley Kappel, who was born in the Shuswap region of south-central BC, became a successful mining engineer, then died at the age of 33 from cancer, when his 3 daughters were very young and never got the chance to know their father. Leibrecht's second book, *A Leibrecht Family History: Twelve Generations Romancing the American Dream, 1630-2002*, was written in collaboration with his brother, Bruce Leibrecht, and was published in late 2024. Both men assumed their family history in America extended back no further than 150 years, when their grandfather immigrated to the US from Germany. To their surprise and delight, the brothers discovered that their family history in America extended back to 1630, when their Puritan ancestors arrived at Plymouth Colony. Each of Leibrecht's books focus on the role his and Karen's ancestors, all of them homesteaders, played in opening up the Far West of both the United States and Canada. Both books are available on Amazon and feature numerous full-color period charts, maps, book and magazine covers, advertisements, plus a wealth of B&W photos and stories that were passed down to grateful descendants as part of the family legacy. Anyone interested in pursuing their ancestral heritage will find both books interesting and helpful, but Murl's second book includes a separate chapter discussing in detail the process of conducting genealogical research, with specific details explaining how to uncover your own remarkable family story.

Business Spotlight



THE COOKIE CORRAL BAKERY



A Cottage Bakery specializing in COOKIES! The Cookie Corral Bakery is a family-owned certified Cottage Home Bakery located in Stanwood, Washington. We have been delighting friends and family with our delicious baked goods for many years and decided to start a business to offer to everyone! Our passion for baking and commitment to quality sets us apart from the rest. We have other offerings as well such as muffins, rolls, dessert bars, scones, fudge, and farm-fresh eggs. 5719 Norman Rd, Stanwood, (360) 982-8631. Email us at TheCookieCorralBakery@gmail.com. Check out our website at www.TheCookieCorralBakery.com

WINTER WATERCOLOR CARD WORKSHOP

November 19 | 5:30-7:30 pm

Box of Good, Stanwood



TICKETS:



For more info:
SCAACWA.ORG/CLASSES

Create winter watercolor cards with local artist Aleita Bailey - sip hot chocolate, relax, and enjoy a cozy evening of creativity!

**STANWOOD
CAMANO
ARTS
ADVOCACY
COMMISSION**

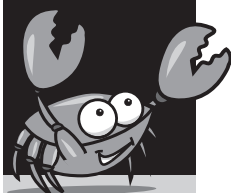


CALLING ALL ARTISTS

We are looking for talented artists to come in and teach art classes for our older adults at the Stillly Valley Center in Arlington, WA. If you love sharing your passion, inspiring creativity, and guiding others through the artistic process, we'd love to hear from you.

Contact, Terri Knowles @360-653-4551, X106 or tknowles@stilllycenter.org

Photos and Art



DID YOU KNOW?

Although the poppy is a symbol of Memorial Day, the American Legion Auxiliary distributes red crepe paper poppies on Veterans Day also



Halloween haunted house scene. Photo by James M. Shipley.



Halloween photo by Thomas M.

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skeeterdaddle.net](http://www.skeeterdaddle.net)

DARK SKIES

Quite a few years ago I picked up a couple of Chicago boys off a ride board in Madison, Wisconsin headed west and eventually to a student exchange program in Mexico City. The three of us sat in the cab of my '68 Chevy truck, the same pickup I'd just finished driving down to New Orleans, over to the Florida panhandle, up to Maine and back to Wisconsin, now headed to Seattle. The boys threw their backpacks into the back along with mine and we motored west. Part way across the Dakotas I asked them if they'd ever been backpacking and of course, being Chicago born and raised, they said no. "You're in luck then, let's head up into the Big Horns and hike in for a night or two."

The first part of the trip the boyz were pretty unsure what to make of me. No job, beat up truck, a vagabond cruising the highways of an America they'd never seen, why would they trust him? But the road makes for intimate relationships, I've found, and this one was no different. We left the pickup at a campsite above Buffalo in the National Forest and hiked into the wilderness, the boyz trusting me as a guide and mentor now. The first night we built a campfire, then after dinner, laid out under the stars. Wyoming has some of the darkest skies in America and up in the Big Horn's elevation there are more stars than most of us have ever seen, enough to humble a mere human on a planet circling a sun that's one miniscule speck in the vast unknowable universe. In the Windy City stars don't even exist. So when Jason sees his first falling star, he asks what was that? A meteor, I tell him nonchalantly. Oh right, chimes in Brian, totally disbelieving such objects are observable. He thinks maybe it was an airplane.

'An airplane? I say. "What, with a tail wing on fire?" But the boys are unconvinced, no way were they witnessing an extraterrestrial object igniting in earth's atmosphere. And then we saw another. And another. And plenty more. By the time our campfire had burned to embers they were convinced. And amazed. Something they would tell their kids about, the night the sky filled with falling stars.

Course, if their kids go in search of meteor showers, they'll see instead the thousands of Starlink satellites cluttering the skies on the vacation their fathers take them back out west. "C'mon, Dad, those are just airplanes," they'll probably protest. And maybe Dad will glimpse a memory from long ago, the one I keep with all those wishes from that magic night before we three hiked back down to the rest of our lives.

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HOLIDAY CRAFT & GIFT BAZAAR

Support Our Local Crafters

Sat. | November 15 | 9AM - 4PM

**BAKE SALE | CANDLES & SOAP | POTTERY
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METAL ART | HANDMADE GIFTS & MORE**

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the Camano Center*



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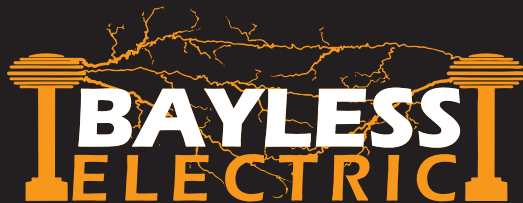


Smileys' Design
Wood - Fired pizza



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HOLIDAY BAZAAR

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NOVEMBER IS
**NATIVE
AMERICAN**
HERITAGE MONTH



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Crisis Line**
DIAL 988 then **PRESS 1**

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available for all Veterans
and their loved ones.



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Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.



Community Information



DID YOU KNOW?

The first celebration referred to as Veterans Day was held in Birmingham, Alabama, on Nov. 11, 1947.

CAREGIVER CAFE

Calling all caregivers of kiddos aged 0-5! Join us at the AM Breakfast Caregiver Cafe. Start your day with breakfast at the AM Cafe (adults only) or wind down with dinner for the whole family at the PM Cafe (3rd Wednesday of every month). The Caregiver Cafe is a FREE, family centered, parent led program. During the sessions, we offer free on-site childcare so parents can relax, connect with others, share experiences, and engage in meaningful conversations in a supportive community. 10:00 AM – 11:30 AM at Community Resource Center, 9612 271st St NW, Stanwood. Space is limited, so be sure to RSVP on our website today! <https://www.crc-sc.org/events>.

NOT ALL E-BIKES ARE CREATED EQUAL



Know the difference between legal versus illegal e-bikes and let's work together to stay safe, have fun and ride responsibly. Lately, we've seen more pedal-free electric bikes around Stanwood. These may look like e-bikes but under Washington State law, they're actually classified as motorcycles which means: They must be licensed and registered. Operators must have a valid motorcycle endorsement. Most current models don't meet these requirements and can't legally be ridden on roads, sidewalks, or bike paths in Stanwood. We want everyone to get outside and have fun — but it's important to know the rules and ride responsibly. Let's work together to keep Stanwood safe and fun for everyone. Learn more at <https://bit.ly/42MyAE1>.

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Community Information



On Nov. 11 - Veterans Day - we honor all the brave men and women who have served in the United States military.

It is not to be confused with Memorial Day, which is to remember those who made the ultimate sacrifice.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

FREE PARKING DAYS

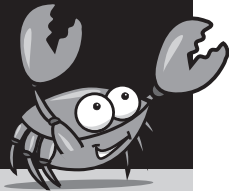
The state hosts several "Discover Pass Free Days" throughout the year where a Discover Pass isn't needed to park at public lands. One such day is November 11 - Veteran's Day. Free days do not apply to overnight stays or rented facilities. Free days are valid on all state-managed lands. Sno-Park permits are still required on free days at designated Sno-Parks during the winter season.

STANWOOD'S HAUNTED HOUSE



Terror for a Cause - Stanwood's Haunted House Experience final events for the season! Halloween night: Friday, October 31, 5 pm - 11 pm - order online. Day of the Community: Saturday, November 1, 6 pm - 10 pm - Pay What You Can night! Show up in person and pay what you can! A Community Celebration of Fright and Gratitude. After a record-breaking night with more than 100 tickets sold on October 24, Terror for a Cause - Stanwood's Haunted Experience is taking its mission full circle. The nonprofit is thrilled to announce a "Pay What You Can Night" as a heartfelt thank-you to the community that has made this haunting season unforgettable. The event will take place on Saturday, November 1, from 6-10 PM at the Stanwood-Camano Fairgrounds. Admission will be pay-what-you-can: first come, first scared, with in-person payment only. "This community has shown incredible support for our cause," said Katie Shrock, President and volunteer of Terror for a Cause. "Because of that generosity, we're now able to open our doors wider". Founded as a local nonprofit haunted house benefiting area charities, Terror for a Cause continues to blend horror with heart, donating proceeds to local organizations that also support the community. Join us for one last evening of fright, gratitude, and giving — if you dare.

Community Information



DID YOU KNOW?

Each year, National Marine Corps Day celebrates its birthday on Nov. 10 with a traditional ball and a cake-cutting ceremony.

NOVEMBER 4 ELECTION BALLOTS

Ballots for the November 4 General Election have been arriving in mailboxes. Local voters' pamphlets were mailed to every household and include details about the candidates and measures on your ballot. If you did not receive your ballot, reach out to your county elections office for assistance. Ballots can be returned in two area drop boxes: Stanwood: 9701 271st St NW; Camano Island: 121 N. East Camano Drive. To return your ballot by mail, simply drop it in any mailbox - no postage necessary. Make sure it's in before the last pick-up time on Election Day to be postmarked on time. Visit vote.wa.gov for more info! Our Voting Information page has everything you need — from registration and ballot tracking to property tax exemption programs for seniors and people with disabilities. Learn more: stanwood.wednet.edu/get-involved/register-to-vote/ <http://stanwood.wednet.edu/.../property-tax-exemptions/> Your ballot is your voice, make sure it's heard by 8 p.m. on Election Day, November 4!

THANKSGIVING GROCERY SUPPORT



November 19th, 3pm-7pm; November 20th, Senior Serve. Age 60+ By Appointment Only; November 21st, 11am-3pm. DO I NEED TO SIGN UP? If you haven't visited the Food Bank this year, please fill out the new client form on our website prior to arriving: <http://stanwoodcamanofoodbank.org/newclient>. To shop Senior Serve on November 20th, sign up for an appointment online at <http://stanwoodcamanofoodbank.org/seniorserve>. Claim a spot in line from anywhere with our virtual number system! <http://stanwoodcamanofoodbank.org/virtualline>. WHAT SHOULD I BRING? Please bring your own shopping bags or box for your groceries. ID or verification documents are not required to shop.



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Many generations *MAKE* One community

GEN *give*



Why be GEN Give:

Families and individuals in our community are facing real challenges. In 2024, the CRC served 6,519 individuals and families, strengthening lives and connections across our community and the need continues to grow.

When you are GEN Give, you become part of the healing that happens when neighbors show up for another. You help families stay connected to vital resources that prevent the loss of basic needs or restore stability after hardship. You help young children (0-5 years old) learn, grow, and step confidently into school and their future. You give teens a welcoming place to belong and build brighter paths ahead.

This work can only continue with your support. A monthly gift keeps hope alive—one family, one child, one neighbor at a time.

Ways to be Gen Give:

- Scan QR Code to give monthly
- Sign up to be a fundraiser
- Share with your friends and family
- Share on your social media
- Volunteer at the CRC



**Community
Resource
Center**

of Stanwood Camano



www.crc-sc.org
info@crc-sc.org

Community Information



DID YOU KNOW?

On Veterans Day in 2020, the Smithsonian National Museum of the American Indian unveiled the National Native American Veterans Memorial.

GEN GIVE



GEN Give is the heart of ongoing support at the CRC. Join GEN Give today and become part of something bigger. Your monthly gift provides the steady support that the CRC relies on to keep families connected to resources for daily living, prepares our earliest learners for their future, provides teens with a welcoming and supportive space, and keeps community enrichment alive. Start making an impact every month. When you become a monthly donor, you provide steady, reliable support that ensures the CRC will be here for local families - not just for today, but for years to come. What your dollars can do: \$15 a month - just fifty cents a day could fill one propane tank a month, supplying warmth and comfort to a neighbor or local family. \$25 a month - provides a basic needs kit for 5 unhoused individuals seeking assistance, offering relief and the ability to focus on next steps. \$50 a month - can help support mentor musicians who inspire teens in the teen music program, building confidence and life long skills. \$100 a month - provides nourishing snacks and art supplies for Kaleidoscope Play & Learn programs, preparing our early learners for kindergarten and beyond. No matter what generation you belong to, we are all GEN Give. Our goal is to welcome 50 friends into this circle of monthly supporters by the end of 2025—we'd love for you to be one of them. More info: <https://donorbox.org/gen-give>



Sound Estate Protection Services

What if you lose a loved one?

Do they or you have a Will, Life Insurance, final medical and burial expenses in place?

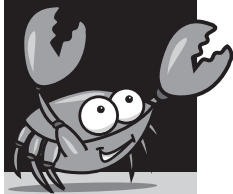
Receive a \$25 gift card with your free policy review/quote and receive a basic Will.

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Failing to plan is planning to fail!

Community Information



CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all.

LIONS CLUB

On October 22nd, members from the Lions Club and some other enthusiastic volunteers placed a Halloween decoration upon the smokestack. Can you guess what it is? This is only one of many projects the Lions Club does. Come to a meeting and learn more about this Club that devotes so much time to this community and to the needs of people around the world. We are a nonpartisan group that works together to get things done in order to make the world a better place to live. Join the Lions. For more information, call John or Julie Haddock at (360) 387-9180.

DONATIONS OF GENTLY USED CLOTHING AND HOME GOODS

accepted at Savvy Traders Collective. 9005 271st St NW, Stanwood.

BASKETBALL FREE PLAY FOR THE COMMUNITY

Every Friday at 795 Ell Rd., Camano. "Note: it is at an LDS church and I am a missionary, but we are here to play basketball. It is indoors and it's not quite a full size court, but it's good enough to have fun. All are welcome."



Stillaguamish Grange #1058

• ANNUAL •

HOLIDAY FAIR

Saturday, November 22

9 am to 3 pm

Stanwood Fairgrounds

Santa arrives
11 am to 1 pm

• Santa's Workshop for Kids

• Vendor Show

• FREE Gift Wrapping

• Coffee Truck

• Family Fun



LEARN MORE




LOCAL VENDORS

MAKER'S MARKET

AT THE ARROWHEAD RANCH WINTER FESTIVAL

11 AM - 4 PM

DECEMBER 6TH

Community Information



How many bones are in the average human skeleton?

Answer: Most humans have 206 bones, although the body has 270 at birth that subsequently fuse to become 206.

PASTEL ART SHOW



Oct. 18 through Nov. 18th - "Pure Pigment Plus" Art show. 10 of my favorite Pastel artists, each with multiple paintings and 4 selected sculptors. Matzke Fine Art Gallery and Sculpture Park, 2345 Blanche Way, Camano Island. Open every Fri., Sat. And Sunday 11 to 5:00. matzke@camano.net - Bithia Bjuman, "Tasting Days" pastel 21 x 28.

ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!

ACCEPTING DONATIONS

Nov 6th & Nov 7th 9am to 4:30pm Camano Country Club is accepting donations of all gently used Thanksgiving & Christmas items for our Holiday Vintage Sale. Please drop off donations at the clubhouse 1243 Beach Dr. Camano Island. Holiday items accepted, decorations, wreaths, tableware, dinnerware, holiday textiles, anything to decorate for the holidays. No furniture or electronics. Questions: Call or email: camanocountryclub@frontier.com 360-387-1655.

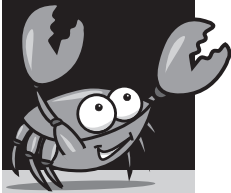


CONGRATS ROB & CARL

2025 CAMANO ISLAND CRABBERS OF THE YEAR

*NOT DEREK

Community Information



HALLOWEEN PRANK:

Visit friends' houses and write on the mirror with your finger, delivering a scary message such as "I'm watching you!" Breathe on the mirror and you can see your words. Let it dry naturally. When your friend takes a shower, the words will appear again when the mirror fogs up.

CAMANO FIRE'S HOLIDAY FOOD & GIFT CARD DRIVE STARTS NOV. 1

Camano Fire's annual holiday food and gift card drive benefiting the Stanwood-Camano Food Bank begins Saturday, Nov. 1, and runs through Wednesday, Dec. 31, 2025. Camano residents set a fire department record last year with their generous donations. Camano Fire delivered 2,751 pounds of food, \$909 in cash, and \$920 in gift cards to the food bank. Here's how to donate this year: Bring your nonperishable food donations to any of our fire stations, or to our Administrative office and put them in the marked donation buckets. Deliver Amazon gift cards or cash/check donations to our Administrative office, 811 N. Sunrise Road. If we're closed, you can leave them in the locked drop-box outside the entrance. You can also mail gift cards if that's more convenient. Give donations to Santa and his elves during the annual Santa Run in December. Your donations of non-perishable food, pet food, and personal hygiene products help stock the shelves at the Stanwood-Camano Food Bank. Amazon gift card donations benefit the Holiday House (formerly Christmas House). Amazon gift cards help simplify the distribution process for teens at Holiday House - they're the most versatile for teens and easier to use regardless of where they live or what transportation is available to them. Considering a donation? The Food Bank shared a few helpful recommendations: Hearty Soups and Stews (Progresso or Campbell's Chunky type) - this is a great option for all food bank clients. Pasta and Pasta Sauce - always a helpful staple to keep on hand for families. Hot Beverages (Coffee, Keurig Pods, Tea, Hot Chocolate Packets, Apple Cider Packets) - these items can be a cozy treat for families during the holiday months. Diapers size 5 & 6 - These items can't be purchased with SNAP and EBT benefits. Toilet Paper - Also can't be purchased with SNAP or EBT benefits. Gift cards (Amazon only please) - Amounts of \$25 are preferred since gift cards go to teens at Holiday House.

HIDDEN ART (TOKENS) IN FREEDOM PARK



2:00 p.m. to 6:00 p.m. on Saturday, November 1st. Ceramic tokens found in Freedom Park may be redeemed at the Camano Arts Association's Gateway Gallery- the little red building next to the playground- for a FREE piece of mini art, suitable for all ages. Last time was a total blast; we would love for you to share the joy of your experience! Post a comment or picture to Gateway Gallery's Facebook: Camano-Gateway-Gallery and Instagram: camanogateway

Band-Aid Bulletin



*A new monthly
message from
the Stanwood
Camano School
District Health
Services
Department*

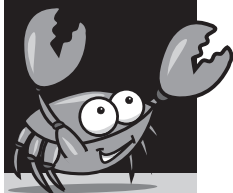


The Band-Aid Bulletin

UNDERSTANDING CONCUSSIONS

In this edition, our school nurses highlight one of the most common — yet often misunderstood — student health concerns: concussions. Whether they happen on the playground, during PE, or in after-school sports, recognizing and responding to concussions quickly is key to keeping students safe and supporting their recovery at school. Concussions are one of the most frequent injuries among children and teens involved in sports and recreation — and if not properly managed, they can lead to serious health effects. Early reporting and evaluation of concussion symptoms are key to ensuring timely care and a shorter recovery. Common symptoms may include headaches, dizziness, nausea, confusion, difficulty concentrating, irritability, or sleep disturbances. “Red flag” symptoms such as neck pain, seizures, or loss of consciousness require immediate emergency attention. It’s important to note that more than 90% of concussions do not involve loss of consciousness, and symptoms may appear gradually over time. Prevention starts with safety: minimizing contact and collisions, enforcing sports rules, and using protective equipment like helmets and mouthguards. Washington’s Zackery Lystedt Law requires schools to follow strict concussion management policies and report diagnosed concussions annually, helping keep student safety at the forefront. Supporting Students After a Concussion - A concussion can temporarily affect how a student thinks, learns, and feels. Many students experience “mental fog,” fatigue, slower processing speed, and difficulty concentrating — which can make classwork or screen time overwhelming during recovery. Schools can help by providing short-term accommodations such as: Reduced workloads; Extended deadlines; Scheduled rest breaks; Limited screen use. Emotional changes like irritability, frustration, or sadness are also common and may impact social interactions. To support recovery, school staff, families, and healthcare providers work together on a Return-to-Learn plan tailored to the student’s needs. In some cases, ongoing symptoms may require formal supports through a Section 504 plan or Individualized Education Program (IEP) For more information and prevention resources, visit the Island County Health Department’s Concussion Prevention Toolkit.

Intuitive Tarot



*Tarot from the
classic Rider
Waite Smith deck.*

*Discover more at:
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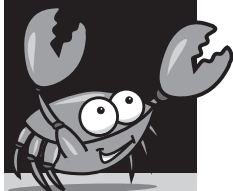
INTUITIVE TAROT WITH TIFFANY



October 31st – November 6th : Nine of Swords Reversed. Like waking up from a nightmare. You're still facing up to the mess of the last several months, only now as you look backward, your vision is clearer and more focused, allowing you to see solutions which were previously obscured. That which has been unseen meets the light of day, be they answers to nagging equations, or secrets you thought you'd buried. True character is revealed, and remember, who you were does not have to be who you are. Take your lashings, make amends, and align your actions with your new found words. If you brace against, or aim to avoid and resist the sharp emotions, they will seem many, blunt, and overwhelming. As with any persistent stinging, lean into the pain, letting it wash over you more swiftly. Yes, there are prickly thorns this week, but alongside the thorns, acknowledge the beauty of the roses, as well.

November 7th – November 13th : Ten of Cups Reversed. This week it is understandably easy to feel discouraged, and as such, all the more imperative to keep hope lit within. See the rainbow in your mind's eye before it presents itself in the sky. What you seek is not yet out of reach, though the discomfort of last week may have you believing otherwise. The teetering balance rests on your somewhat delusional resolve to hope for the best, leaning into optimism. Let go of the how, and just hold onto the what. The orders you've placed are in the hands of the chef, and the kitchen is a personnel only space. For now, how can you more deliberately step into the future version of yourself capable of receiving what you desire, even while at the mercy of the cook's timing?

Cooking Mamas



Recipes by
Cooking Mamas
created by
Dusty Hutchins-
McNutt.

"Great recipes
begin in Mama's
Kitchen!"

Visit me at: www.CookingMamas.com

ULTIMATE REESE'S STUFFED BROWNIES

One bite of our homemade fudge brownies, topped with Reese's peanut butter cups, Reese's pieces, and peanut butter chips, will make you think you're in heaven!



INGREDIENTS: 1 1/4 c. all-purpose flour; 1/4 c. unsweetened cocoa; 1 tsp. kosher salt; 1 1/2 c. semi-sweet chocolate chips; 3/4 c. unsalted butter cut into 1 inch pieces; 1 1/2 c. granulated sugar; 1/2 c. light brown sugar packed; 5 lg. eggs room temperature; 2 tsp. vanilla extract; 12 Reese's Peanut Butter Cups unwrapped; 1/2 c. Reese's pieces candies; 1/4 c. peanut butter chips

DIRECTIONS: Preheat the oven to 350 degrees. Butter the inside of 9x13-inch baking pan and line with parchment paper. In a medium bowl, whisk together the flour, cocoa powder and salt; set aside. In a double boiler over simmering water, add the chocolate chips and butter to the bowl, stirring occasionally until the chocolate and butter are completely melted and smooth. Turn off the heat, whisk in the sugar and brown sugar until combined. Remove the bowl from heat. Add the eggs one at a time, stirring well between each addition. Stir in vanilla. Sprinkle the flour mixture over the chocolate mixture and fold in the dry ingredients with a rubber spatula until just combined. Pour the batter into the prepared baking pan. Press the whole peanut butter cups into the batter. Sprinkle with Reese's pieces and peanut butter chips. Bake until a toothpick inserted into the center of the brownies comes out with a few moist crumbs, about 25-30 minutes. Let cool completely in the pan. Cut into squares and serve at room temperature.



HAVE A TOTALLY CLAWSOME HALLOWEEN

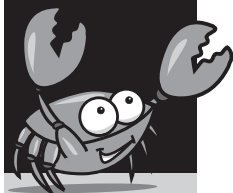
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Classes and Workshops



DID YOU KNOW?

Other countries also honor their veterans

Canada and Australia honor their country's military personnel on Nov. 11. but they call it Remembrance Day. The United Kingdom marks Remembrance Day on the second Sunday of November.

YogaTone November 2 & 9. 10-11am. Drop-Ins Welcome! Energize your fall and join us for a fantastic, fun, positive sweat/dance/movement/yoga class that's designed for just about anyone. \$100 for 4 classes or \$30 drop in register at movementarts.com/events

Meditation for Beginners November 11-December 2. 4 week series, one hour every Tuesday morning 7:30 to 8:30. Great for anyone new to the practice or current practitioners looking for more options to add to their toolkit. Sign Up at movementarts.com/events or call 360-629-9100. \$80 or \$25 Drop In.

Connecting Mind & Body: Mudras, Breath and Chakras November 15. Mudras are hand gestures used in yoga, breath and meditation practices to guide energy and expand consciousness. Explore a variety of hand Mudras and their uses, then incorporate them into a gentle breath and yoga practice finishing with a chakra meditation. Sign up at movementarts.com/events or call 360-629-9100. \$35

Healing Through Nature offers at the Mother Earth Temple, the foundational Seven Phases Practice, an indoor 90-minute movement-sounding meditation, a form of complementary healing and vibrational medicine, followed by optional practice in nearby Cedar-Fir Forest. Class 9AM every Tuesday, Thursday and Saturday morning: October and November, followed by Prayer Circle: November 15. All complimentary. RSVP ellahope@healingthroughnature.com. Website: www.7Phases.com www.MotherEarthTemple.com.

Chronic Disease Self-Management Class – First Class Tuesday, November 4th 11-1:30pm and continue each Tuesday including Veterans Day- 11/11

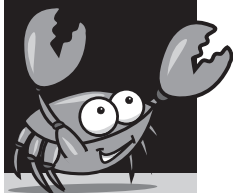
Free Macbook and iPad / iPhone Tutoring 3 / 30-minute sessions in the Camano Center Library (1pm, 1:30pm, 2pm) the second and fourth Thursdays of each month. Email Joyce to sign up at fact@ms-deadlines.com

Zumba classes - Mondays at 11am at Pathways to Wellness in Stanwood and Thursdays at 5:30pm at Camano Country Club. Sessions run from Monday, July 7th to Thursday, December 18th. For more information: www.zumba.com (Instructor: Jennifer Anderson).

The Medicine Wheel Part Two, Journey to The West, The Jaguar. November 8, 1-5 pm. The West direction of the Jaguar works with the mind, where memories of past traumas and cultural conditioning keep us locked in fear-based thinking, obsessions, and habits we wish we didn't have. The Jaguar teaches us how to live freely, fearlessly and in peace. \$105 or \$199 for both workshops. Space is limited. Sign up at movementarts.com/events or call 360-629-9100.

Private Music Lessons (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Try it first! Book a free 30-minute lesson: HartMusicSchool.com/free-trial. (Music teachers apply here: HartMusicSchool.com/apply-to-teach).

Classes and Workshops



DID YOU KNOW?

Where was the first city-wide celebration of Halloween?

Answer: It took place in Anoka, Minnesota, in 1921

Full of Words: A Free 8-Week Women's Writing Circle (meeting Fridays in downtown Stanwood, Oct 10 - Nov 28). Details here: <https://tinyurl.com/full-of-words>

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription websites and records. Contact us at camano@familyhistorymail.org.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. Serving Camano/Stanwood since 2002. 360-631-0661.

Line Dance Lessons at the Camano Center with Kari — every Wednesday 3:00pm-3:45pm. Fun and exercise! socialdancesimplified.com.

Chris Tuohy Music and Dance Teacher offering the following private lessons: Sax, flute, clarinet, piano & voice. Available classes: Ballet, and Tap. All classes are held at: Forte Music Dance Ar, 1095 Essex St. A-1 Camano Island WA 98282 for more info or to register please contact: Chris Tuohy @ 360.572.9262 or jazzman2e@mac.com

Movement Arts Yoga Classes In-studio & Online. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes.

High Fitness Saturdays: Join us for a FREE high-intensity (or low intensity, you choose) group exercise class (like dance fitness) Saturdays at 7:45 at 795 Ell Rd on Camano. Classes are also available Wednesday mornings at 6 am in Stanwood at The Dance Project NW for \$10/class. Go to "High Fitness Stanwood PNW" on Facebook for more info!

Making Sense of Medicare: What You Need to Know Before You Choose - Join us for a FREE Medicare Workshop at the Camano Island Library. This session is designed to help you understand Medicare whether you're turning 65, preparing for retirement, or reviewing your current coverage during the Annual Enrollment Period, which ends December 7th. The seminar will be held on November 5th, 10-11am. Reserve your seat today by calling John at 360-967-9601. John is a licensed insurance broker serving Camano Island and Stanwood.

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HEALING THROUGH NATURE at the Mother Earth Temple, a ceremonial lodge in service to Mother Earth, hosts a menagerie of Prayer, Song & Dance Circles from First Nations Medicine Tradition and integrated Disciplines, from professional educators and community leaders, in support of our Cedar-Fir Forests and Healing.

HEALING THROUGH NATURE offers live classes at the Mother Earth Temple, the foundational Seven Phases Practice, an indoor 90-minute class with gentle movement-sounding meditation, a form of complementary healing and vibrational medicine, followed by optional practice together in nearby mature Cedar-Fir Forest, with practice-video library, online courses, and books.

CLASSES: 9AM every Tuesday, Thursday and Saturday: Oct 22, 25, 27, 29 and Nov 1, 4, 8, 11, 13, 15, followed by Temazcal & First Nations Circle: November 15.
RSVP ellahope@HealingThroughNature.com.

www.7Phases.com • www.MotherEarthTemple.com

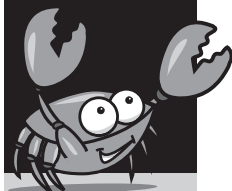


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Tues - Sat: 11-4 • Sunday: 11-3

Classified Listings



DID YOU KNOW?

According to the Census Bureau, in 2021 there were 16.5 million veterans living in the United States. 16 million Americans served in WWII. In 2022, just over 167,000 of them were alive. 1.8 million served in the Korean War. 2.7 million served in the Vietnam War. 650,000 served in the Gulf War.

FOR SALE OR FOR FREE:

For sale: 17 ft. Smoker Craft aluminum canoe with paddles and anchor. \$500. 360-629-2677.

MISCELLANEOUS:

"Do you want to turn your place into an Airbnb, but not sure where to start?" I have had an Airbnb on Camano Island for 10 years, with over 200 5 star reviews. I can help get your place ready and or co-host. 360-913-7675."

I buy vinyl record albums: Rock, Pop, Jazz and more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

Fine Crafts & Art Sale, 9 artists, 3 locations, Nov 28-30, 10am to 4pm. See our Full Page Ad.

PROFESSIONAL SERVICES:

Custom design that tells your story. Rebecca Rowland Interiors brings color, character, and charm. Email hello@rebeccarowlandinteriors.com for details.

Stained glass shop, design, and fabrication. Got broken stained glass? We can fix it. Message 360-629-9377.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmittchell8974@gmail.com. Serving Outlying Areas.

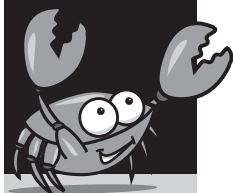
WANTED:

Wanted: Horse to ride. Gentle for beginner. Share cost or lease. Road safe. 360-279-1565.

Help Wanted. We would like to hire someone to silver coat our roof. Not a dangerous undertaking as it is a very low-pitched roof and a one-story residence. If interested, please contact me at 425 478 0777. Would like this done during month of September before weather changes.

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.

Clubs and Meetings



DID YOU KNOW?

Veterans Day Moment of Silence Act was passed in 2016

In 2016, President Barack Obama signed the Veterans Day Moment of Silence Act. At 2:11 p.m. EST each Veterans Day, the current president will order a moment of silence lasting two minutes.

Friendship Tea - Join us for tea, treats, and a nice visit with friends, both old and new on the first Tuesday of each month at the Camano Center. No charge (donations welcome) to Camano Center members. Non-Members \$5 fee paid at the front desk. Call Connie at (360) 652-7211 for more information.

Social Gaming Club - This weekly club at the Stanwood YMCA will develop critical thinking, problem solving, and social skills through tech-free gaming. Board games, card games, RPGs and more will be on the table! No need to bring any supplies, come prepared to play! Questions? Email sleonardo@ymca-snoco.org

Rainy Day Room Playgroup Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/ events.

Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

Kaleidoscope Play & Learn a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

Community Open Sew 2nd Monday of the month with Camano Island Quilters. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public. Want to sew with others, need help on a project? We are here to help you. Bring your sewing machine, a project, and basic tools for an afternoon of fun!

Are you troubled by someone else's drinking? When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: SUNDAY, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; "One Day at a Time," Stanwood Senior Center, 7430 276th ST NW, Stanwood, 7:00pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), THURSDAY, "Stanwood AFG", United Methodist Church, 27128 102nd Dr., Stanwood, 7:00pm, SATURDAY, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am. For more info and additional Al-Anon meetings in Northern Snohomish County call 360-618-0464 or go to <https://district28alanon.com>.

Interested in joining Camano Island Quilters? We would love to meet you, stop by, and/or check us out on our website at <https://Camanoislandquilters.wildapricot.org>.

Stanwood Chapter of Top's (Take Off Pounds Sensibly) would like to invite you to join us on Thursday mornings at the Cedarhome Baptist Church (29000 68th Ave. NW in Stanwood.) We meet at 10:00 a.m., and would love to have you visit our group of wonderful supportive friends! Please feel free to call Gay at (360) 393-7117 for more information.



CASA'S PET OF THE WEEK:

QUEEN VICTORIA - All kittens come spayed or neutered, age appropriate vaccines, treated for worms and fleas, microchipped and well socialized. Kittens do well in pairs or having a close to same age friend to play with and continue socializing. They are great with people of all ages and have met a few dogs and have not minded them around. Kittens are 100\$ for one 150\$ for 2. Come by the shelter and fill out an application today!

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org

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NOAH'S PET OF THE WEEK:

Meet **REUBEN!** Looking for a playful, active young dog to add some life and love to your family? Look no further! This adorable pup is looking for a FURever home committed to training, while giving out plenty of love and patience. If you are ready to add this beautiful, cutie-pie pupper to your family, come and talk to an Adoptions Matchmaker today!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org

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SAVE-A-MUTT'S PET OF THE WEEK:

CRICKET is a friendly guy who is ready for a family of his own. He is energetic and playful and would like to belong to a family that will include him in their plans. He is a tender hearted boy and loves to be near his people. Hanging out on rainy days in the comfort of a warm blanket is definitely on his wish list. **FIRST STEPS:** Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA):
www.save-a-mutt.org

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View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

HOW TO SHED POUNDS QUICKLY WITHOUT REALLY TRYING



As an expert on most things, I find people are constantly approaching me asking all sorts of questions like, "Why is it that cats always land on their feet?" and "Which is better, cake or pie?" [Answer: Cake], and "Why are you following me?" (I get that last one all of the time.)

I recently stumbled onto an amazing weight loss solution that sheds the weight not in weeks or months but HOURS! Incredibly, it doesn't require rigorous exercise, draconian starvation diets, weight loss supplements, or even Ozempic. If you want to have the sunken cheeks of a Parisian runway model, just do what I did. Within days, people will be staring at you in envy, quietly wondering, "How did he lose all that weight?" and "Is he dead?"

My new weight loss plan worked with shocking results. Here's the secret: My wife and I booked a 25-day vacation, starting with a week touring London on our own, then flying to Istanbul to join an organized tour of Turkey and Greece. We arrived in London, jet lagged, but otherwise fine. The following morning, we had a typical London breakfast of badly prepared eggs, bacon, and toast. But I decided to go one step further, by ordering a fresh fruit salad, which my wife opted to skip.

Fast forward four hours - cue food poisoning and the worst diarrhea of my life. Over the next three days, I must have lost every ounce of bodily fluid inside me that was not technically blood. Not to be too graphic, but let's just say that my oral and posterior cavities competed aggressively in a race to empty all of my bodily fluids in a gushing exodus from my body.

To suggest that I was experiencing the human anatomy's impersonation of Niagara Falls would be a ridiculous comparison. Because it was way worse than that. A more accurate description would be the eruption of Krakatoa (or for you millennials who've never heard of

View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

the historic Krakatoa eruption of August 26, 1883, feel free to substitute Mount St. Helens' blast. And read up on your history, please!)

I could not leave my hotel room for days. I estimate I used approximately 18% of the city of London's entire toilet paper inventory. I was so weak I fainted and collapsed on the floor attempting to reach the bathroom in the middle of the night, only to be awakened by my wife hysterically screaming, "Tim, you fell on the floor!!!" (True.)

After three days of not being able to stand the sight of food, lest it trigger another case of projectile vomiting, I slowly regained my strength. By the time we flew to Istanbul to join our Turkey / Greek Isles tour group, I was feeling almost back to normal. But then on the very first day of our tour, as we walked among the ancient ramparts of Istanbul, it suddenly struck me again. DOWN GOES FRAZIER! DOWN GOES FRAZIER! I started feeling dizzy, nauseous, and in desperate need of finding a bathroom. Perhaps this is a good time to point out that in Istanbul, most of the public toilets are squat toilets. If you don't know what I'm talking about, kids, seriously, you need to pay more attention in social studies class.

By 6pm, I was pretty sure I'd have to miss out on the Istanbul walking tour the following day. By 9pm, I was in the Emergency Room of a local hospital. The following morning, after fainting en route to the bathroom for a second time in less than a week, my wife had to get a wheelchair to take me to the lobby and back to the same ER.

Four hours later, after filling me with more IV fluids and antibiotics, they discharged me again. Ultimately, we had to bail on the rest of our bucket list tour and fly home, experiencing literally only five hours of our planned 16-day tour. It turns out I had lost 11 pounds. If I had ever desired that "heroin chic" look of a 90's fashion model, I totally nailed it.

On the bright side, I received an insane number of caring, concerned Facebook comments from close to 200 people, some of whom I had not seen nor heard from in years. Of course, there was no shortage of people trying to help me laugh at my situation, with actual comments like...

"Hang in there, Tim. This too shall pass. ;)"

"Sorry about being stuck in a Turkish Hospital. Look on the bright side, Tim. At least it wasn't a Turkish prison."

"Tim, I need to lose ten pounds in time for my wedding next month. Can you text me the fruit salad recipe that caused you to get sick?"

"Hey, buddy, if you don't pull through, can I have your golf clubs?"

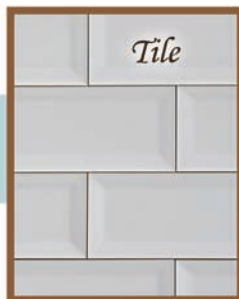
Things like that. What can I say, human suffering sometimes brings out the best in people.

I'm pleased to report that I am back at home and on the mend. I am regaining strength by the day. But please don't tell my wife. I plan to use this recent health scare to get out of housework for at least the next six weeks.

TIDE TABLES / SARATOGA PASSAGE / OCTOBER 31 - NOVEMBER 13, 2025

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 31	Low	6:35 AM	1.8	
31	High	1:58 PM	11.2	
31	Low	8:22 PM	4.8	
Sa 1	High	1:30 AM	7.7	
1	Low	7:36 AM	2.3	
1	High	2:29 PM	11.5	
1	Low	8:58 PM	3.1	
Su 2	High	2:48 AM	8.7	
2	Low	7:34 AM	3.0	
2	High	1:59 PM	11.7	
2	Low	8:35 PM	1.3	
M 3	High	2:53 AM	9.9	
3	Low	8:28 AM	3.8	
3	High	2:30 PM	11.9	
3	Low	9:13 PM	-0.4	
Tu 4	High	3:52 AM	11.1	
4	Low	9:21 AM	4.7	
4	High	3:02 PM	12.0	
4	Low	9:53 PM	-2.0	
W 5	High	4:50 AM	12.1	
5	Low	10:13 AM	5.6	
5	High	3:36 PM	12.0	
5	Low	10:36 PM	-3.1	
Th 6	High	5:47 AM	12.8	
6	Low	11:05 AM	6.5	
6	High	4:13 PM	11.9	
6	Low	11:20 PM	-3.7	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 7	High	6:42 AM	13.0	
7	Low	11:58 AM	7.2	
7	High	4:52 PM	11.6	
Sa 8	Low	12:07 AM	-3.7	
8	High	7:39 AM	13.0	
8	Low	12:52 PM	7.7	
8	High	5:35 PM	11.1	
Su 9	Low	12:56 AM	-3.2	
9	High	8:40 AM	12.7	
9	Low	1:54 PM	8.0	
9	High	6:21 PM	10.3	
M 10	Low	1:48 AM	-2.3	
10	High	9:44 AM	12.3	
10	Low	3:10 PM	7.9	
10	High	7:16 PM	9.3	
Tu 11	Low	2:45 AM	-1.1	
11	High	10:45 AM	12.0	
11	Low	4:39 PM	7.2	
11	High	8:31 PM	8.3	
W 12	Low	3:45 AM	0.2	
12	High	11:39 AM	11.8	
12	Low	6:04 PM	6.1	
12	High	10:08 PM	7.5	
Th 13	Low	4:44 AM	1.5	
13	High	12:24 PM	11.6	
13	Low	7:05 PM	4.7	
13	High	11:57 PM	7.3	



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We'll be pouring your favorite beers, wines, and ciders at the Tapped Beer Van during the event! Stop by, grab a drink, and say hi.

We can't wait to see you there!

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