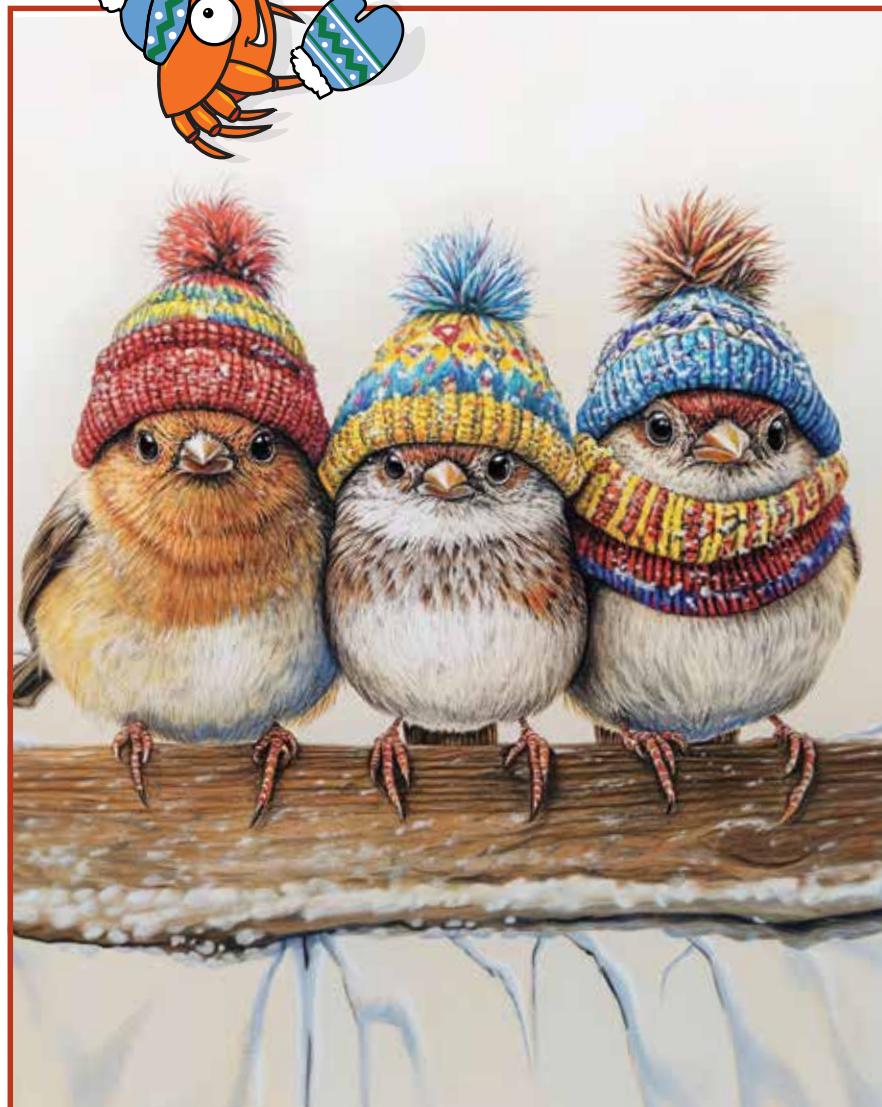


THE CRAB CRACKER

ISSUE 421  
January 9-22, 2026

COMMUNITY MAGAZINE



***Events, Information, and Entertainment in the Port Susan Area***  
***Camano Island • Stanwood • Warm Beach • Silvana • Conway***



# 2026 Winter Speaker Series

## WSU Snohomish County Master Gardener Foundation 23<sup>rd</sup> Annual Sustainable Gardening Lectures

**All are invited to attend!**

\$110 for the series or  
\$30 per single session  
Fridays, 9:30 a.m.–11:30 a.m.

**Everett Station**  
Weyerhaeuser Rm, 4<sup>th</sup> Floor  
3201 Smith Avenue  
Everett, WA 98201  
(Free parking at train station)

For more information, registration  
and payment options,  
[www.gardenlectures.com](http://www.gardenlectures.com)

Questions? Call Snohomish County  
WSU Extension Office Monday–  
Friday, 11:00 a.m.–3:00 p.m.  
(425) 357-6010

All proceeds go to the Master Gardener Foundation of  
Snohomish County, a 501(c)(3) organization, which  
provides major funding support to the Snohomish County  
Master Gardener Program.

**January 9 | Mike Everett**  
"USDA Zones & Climate Change"

**January 16 | Jamie McAuliffe**  
"Balled & Burlap Trees"

**February 6 | Cindy Funes**  
"Contained Brilliance: How to  
Container Garden Like a Pro"

**February 13 | Sam Benowitz**  
"Successfully Growing Fruit Trees in the PNW"

**February 27 | Lorē Sampson**  
"Every Plant has a Story"

**March 13 | Mary Marshall & Andrew Tuttle**  
"Edible Landscapes for a Healthy Body  
and Planet"

**March 27 | Bess Bronstein**  
"Plant This, Not That"

**April 3 | Ross Bayton, PhD**  
"Heronwood Evolves:  
The Traveler's Garden"



WSU EXTENSION  
Snohomish County

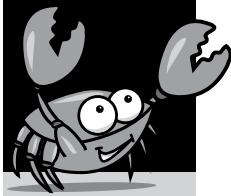


Parks &  
Recreation

Extension programs and policies are consistent with federal and state laws and regulations on nondiscrimination regarding race, sex, religion, age, color, creed, national or ethnic origin, physical, mental or sensory disability; marital status, sexual orientation, or status as a Vietnam-era or disabled veteran. Evidence of noncompliance may be reported through your local Extension office. Reasonable accommodations will be made for persons with disabilities and special needs who contact Mary Wren at 4700 Roger Park Dr., Snohomish, WA 98070; (425)357-6091; [mary.wren@wsu.edu](mailto:mary.wren@wsu.edu) at least two weeks prior to the event.



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## Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a **FREE** publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from **YOU** that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover image: Winter birds illustration by Tyl Jura.*

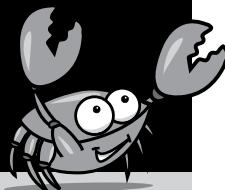


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James and Malynda Shipley, owners, proprietors  
**[thecrab@thecracker.com](mailto:thecrab@thecracker.com) or 425-299-7892 / 425-299-7893**  
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**Submission DEADLINE: JANUARY 15 for Next Edition (Jan. 23 - Feb. 5)**

# Calendar of Events



FRIDAY, JANUARY 9

## **MARLA HOOCH + TOADMORTONS**

8 PM - Arcadian Public House (rescheduled show from December). 18444 Spruce Street, Conway. Doors are 7 PM. Tickets: \$12 ADV / \$15 DOS On that note, both bands are donating their earnings to help local residents that were impacted by the recent floods. We'll be working together to organize additional options to generate more assistance to those in need. It'll be a night to come together for some excellent music, community and a great cause. More information to come. Additional details: - 21+ only - feel free to bring in your own food but no beverages please - we love dogs! Friendly and leashed dogs are welcome to join you. - seating is first come, first served - online ticket sales end at noon on the day of the show - all ticket sales are final on show day - there is a wheelchair accessible entrance to the upstairs via the back ramp - charcuterie boards are available for purchase - designated drivers can receive a complimentary soda.

FRIDAY, JANUARY 9

## **FRIDAY NIGHT KARAOKE WITH MARCUS**

8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.

FRIDAY, JANUARY 9

## **ROCK RADIO**

7-10pm at Pub 282, 370 N East Camano Dr, Camano Island.

**PNW**  
COLLECTIVE



**WORK  
HARD.**  
*Be Kind*

# Malynda Shipley

Broker / Realtor

**425-299-7892**

[mshipley@atthebeachrealestate.net](mailto:mshipley@atthebeachrealestate.net)

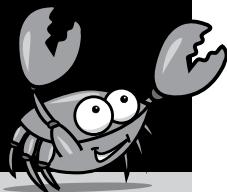
[onereal.com/malynda-shipley](http://onereal.com/malynda-shipley)



**real**

REAL Broker LLC

# Calendar of Events



## DID YOU KNOW?

Celebrities have to pay over \$80,000 to get a star on the Hollywood Walk of Fame.

FRIDAY, JANUARY 9  
**TRAVEL TALK**



10am at the Camano Center, 606 Arrowhead Road, Camano Island. Come see the magical world of polar bears. Jeanne Poling is an award winning nature and wildlife photographer that will be talking about Churchill, Manitoba Canada, polar bears and the effects of the effects of rising temperatures on the sea ice that the polar bears depend on. Every year the polar bears gather near Churchill to wait for the sea ice to freeze where they can use the ice flows to hunt seals that are crucial for their survival. Churchill is dubbed the polar bear capital of the world and the polar bears themselves are captivating and adorable. Camano Center members free; non-members \$5 (please pay at the reception desk as you enter). If you are interested in presenting one of your travels at Travel Talk, please contact Mark Kraus.

FRIDAY, JANUARY 9

## **STANWOOD HIGH SCHOOL SPORTS**

Boys Basketball vs Snohomish. C Team: 3:30pm. JV: 5pm. Varsity: 8pm.

Girls Basketball vs Snohomish. JV: 3:30pm. Varsity: 6:30pm.  
C Team Girls Basketball vs Mariner. 5pm.

Check out  
**possibility** at your library



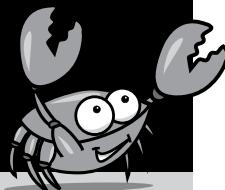
Get a library  
card today

[sno-isle.org/GetACard](http://sno-isle.org/GetACard)



**SNO-ISLE LIBRARIES**

# Calendar of Events



## DID YOU KNOW?

Did you know that the number 2026 in Roman numerals is written as MMXXVI?

FRIDAY, JANUARY 9

### **HOMESCHOOL 101**

5:00 PM – 6:00 PM at the Camano Island Library. Raquel Herrera will share information about how homeschooling works, its requirements, different curricula, and how make a homeschool schedule. Event is free and no registration is required. Raquel has been homeschooling her children for eight years and is passionate about helping families create personalized and meaningful learning experiences. Two years ago, she founded Tailored Homeschool in Stanwood, Washington—a homeschool bookstore and resource center designed to support families with quality materials, hands-on classes, and community connections.

SATURDAY, JANUARY 10

### **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up...Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JANUARY 10

### **JIMMY WRIGHT BAND**

7-10pm at Pub 282, 370 N East Camano Dr, Camano Island.

SATURDAY, JANUARY 10

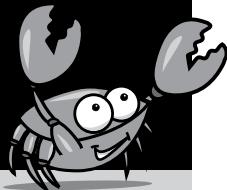
### **MINIATURE WARGAMING MEET-UP HOSTED**

#### **BY CIMW**

2:00 PM – 6:00 PM at the Camano Island Library. Bring your curiosity—and maybe a friend—and discover the strategic camaraderie of miniature wargaming with Camano Island Miniature Wargamers. Whether you're a seasoned veteran or brand-new to the hobby, all are welcome to explore historical, fantasy, and sci-fi battles around the tabletops—no experience needed. This hobby brings together a wide range of ages from interested young people to the avid retired enthusiast. Meet-Up gaming materials are provided by CIMW group members unless you would like to field your own army if you have one. Monthly games and themes are chosen by members of the CIMW Facebook group (@Camano Island Miniature Wargamers Group). Feel free to join them on Facebook! Minimum age: 8+, under 12 requires parent/guardian. Miniatures and other items may be fragile. They must not be touched without permission of the game hosts



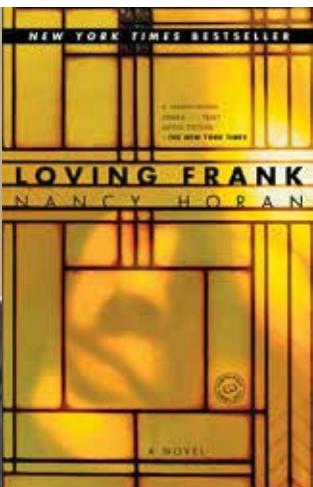
# Calendar of Events



## DID YOU KNOW?

According to the Chinese zodiac calendar, 2026 is the Year of the Horse, which occurs every twelve years.

SATURDAY, JANUARY 10  
**AUTHOR VISIT WITH NANCY HORAN -  
"LOVING FRANK"**



10:00 AM – 11:00 AM at the Stanwood Library Meeting Room. Join author Nancy Horan as she discusses her historical novel, Loving Frank, her first novel chronicling a little-known chapter in the life of legendary American architect Frank Lloyd Wright, and his client, Mamah Borthwick Cheney. Loving Frank remained on the New York Times Bestseller list for over a year. It has been translated into sixteen languages and received the 2009 Prize for Historical Fiction awarded by the Society of American Historians. This event is a special addition to the January meeting of the Stanwood Camano Community Book Group meeting. All are welcome! A native Midwesterner, Nancy Horan was a Chicago journalist before turning to fiction writing. She now lives with her husband on an island in Puget Sound.

SATURDAY, JANUARY 10  
**AMERICAN LEGION PRIME RIB DINNER**  
4pm until gone (and that's usually by ~5pm) at the American Legion, Post 92, in Stanwood. Join us for plenty of good food and camaraderie! Adults \$25 and children (under 12) \$10.



w/artist  
Quynh  
Nguyen

STANWOOD  
CAMANO  
ARTS  
ADVOCACY  
COMMISSION

## PAPER TULIP WORKSHOP 3/14



[scacwa.org/classes](http://scacwa.org/classes)





# STEVEN ADLER OF GUNS N' ROSES

Saturday, January 24 | Doors: 7PM | Show: 8PM

Steven Adler, the original drummer of Guns N' Roses and Rock & Roll Hall of Fame inductee, is hitting the stage with his band Adler's Appetite to deliver fan-favorite hits like "Sweet Child O' Mine" and "Welcome to the Jungle."

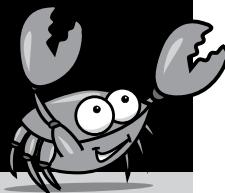
Head in before the show to earn up to three U-Spins from 4PM - 9PM then hit the hot seats from 10PM - midnight when we'll pick four winners of \$50 cash every 30 minutes!



[theskagit.com](http://theskagit.com)

Must be 21 or older with valid ID. Details of Reward Club. Management reserves all rights. ©2026 Upper Skagit Indian Tribe dba Skagit Valley Casino Resort.

# Calendar of Events



look for us  
online at

[www.TheCrabCracker.com](http://www.TheCrabCracker.com)

or on  
**Facebook.**

Download  
current or past  
editions.

SATURDAY, JANUARY 10

## **NICK VIGARINO**

7pm at Conway's Pub & Eatery

SATURDAY, JANUARY 10

## **DADWEED + BACK BURNER**

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. Dadweed visiting us from Portland, and Back Burner includes Skagit's very own Wes Jones. This will be a night of top notch bluegrass. Tickets: \$12 ADV / \$15 DOS Doors at 7 PM Show at 8 PM All ticket sales are final on show day. Online ticket sales end on day of show. 21+

SUNDAY, JANUARY 11

## **BINGO AT THE VIKING HALL - SILVANA**

5pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

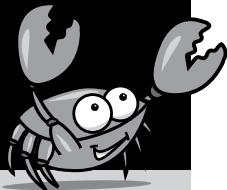
SUNDAY, JANUARY 11

## **WINTER SOLSTICE COMMUNITY WALK**



3:45-5pm at Elger Bay Preserve Trail on Camano Island. (Originally scheduled in December, but postponed due to wind gusts.) Rescheduled for today! As the light gently shifts and the season turns, we invite you to slow down and welcome winter with us. Join Imagine That! Community School for a Winter Solstice Guided Walk, open to all members of our community. Together we'll: Walk the trail at a gentle pace; Gather for a cozy winter welcome story; Share a simple snack and warm beverage; Celebrate the season of rest, reflection, and connection. This event is free. All families, children, friends & neighbors welcome. Dress warmly and come just as you are. We can't wait to welcome winter with you.

# Calendar of Events



## DID YOU KNOW?

South Korea is the second-leading consumer of Spam. Spam was introduced there during WWII, providing much-needed food for those who were starving.

SUNDAY, JANUARY 11  
**BUNCO FOR BABIES**



2-4:30pm at Our Saviour's Lutheran Church - Stanwood. Gather your friends and play Bunco for a great cause! Your entry helps support moms, dads and babies through Care Net of Puget Sound. Entry: \$5 or size 4 diapers or wipes. Childcare is available.

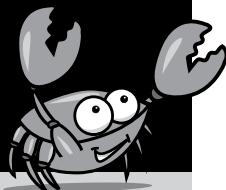
SUNDAY, JANUARY 11  
**LIMMUD SEATTLE ON CAMANO: LIVING ROOM  
LEARNING SUNDAY EVENING**

Limmud Seattle's Living Room Learning (previously called Limmud Ba'Salons) brings Jewish learning into the heart of our homes and communities. These intimate gatherings take place throughout the Puget Sound region—offering a chance to connect more personally, engage meaningfully with Jewish texts, and share in the joy of song, story, and spirited conversation. Today's topic: Shema in a Noisy World: Listening as a Jewish Practice In a world filled with noise, division, and rising antisemitism, how can we as Jews create spaces where listening and being heard are possible with respect, nuance, and compassion? Rooted in the Shema — Judaism's timeless call to truly hear — this Living Room Learning session invites us to discover the joy of listening as a sacred practice. With curiosity and openness, we'll explore how listening can strengthen our community, spark dialogue across differences, and help us move through the "narrow places" of our time with resilience and hope. Together, we'll celebrate the ways listening has shaped the Jewish people, not only as a prayer but as a source of connection, creativity, and renewal. Through song and text, we'll lift our voices and hearts, finding delight in the simple yet profound act of hearing one another. Register at <https://limmud-seattle.org/living-room-learning>

MONDAY, JANUARY 12  
**NAUGHTY BINGO**

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

# Calendar of Events



## DID YOU KNOW?

In 1930, an 11-year-old girl proposed the name "Pluto" for the newly discovered planet, inspired by the Roman god of the underworld.

MONDAY, JANUARY 12

### **ALL AGES MONDAY NIGHT TRIVIA**

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

MONDAY, JANUARY 12

### **TRIVIA NIGHT WITH DARREN**

6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

MONDAY, JANUARY 12

### **STANWOOD HIGH SCHOOL SPORTS**

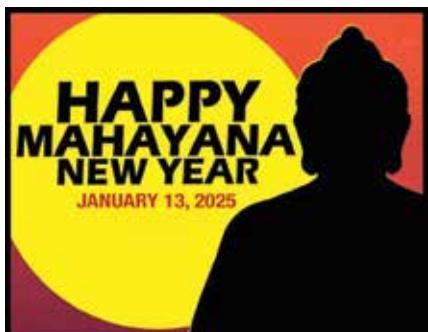
Girls Basketball vs Skyline. JV: 5:40pm. Varsity: 7:15pm.

TUESDAY, JANUARY 13

### **TEEN ART STUDIO WITH SCAAC**



3:00 PM – 5:00 PM at the Stanwood Library. Join us for a monthly art class with Stanwood Camano Arts Advocacy Commission (SCAAC)! Program topics change on a monthly basis so participants can either stop by and see what's in store or contact the library ahead of time to see what the activity this month is. Snacks and beverages will also be available for those who just want to sit and relax. We will provide all the supplies you need. For teens and tweens who are ages 10-18.



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## NEW YEAR, NEW YOU!

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- ✓ Metabolic Reset - lose weight, gain energy
- ✓ Wellness & Aesthetics - feel and look your best



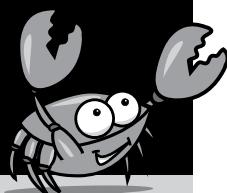
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Kirra Health is a medical practice on Camano Island grounded in evidence-based medicine, functional wellness, and data-driven insights helping patients age well, inside and out.

## Calendar of Events



## DID YOU KNOW?

Acrophobia is the intense and irrational fear of heights and affects approximately 2 to 5 percent of the population, with women being about twice as likely as men to experience it.

TUESDAY, JANUARY 13

## STANWOOD HIGH SCHOOL SPORTS

## Varsity Boys Swimming vs Sedro-Woolley. 3pm at YMCA.

TUESDAY, JANUARY 13

# GENERATOR SUPERCENTER OF PUGET SOUND LUNCH & LEARN

11am at Rockaway Bar & Grill, Camaloch Golf Course, 326 NE Camano Dr, Camano Island. Join us for a Lunch & Learn hosted by Rockaway Bar + Grill and Generator Supercenter of Puget Sound. Enjoy a free lunch while learning how home generators can help protect your home and keep the power on during unexpected outages. The Generator Supercenter team will walk through the basics, answer questions, and share what options are available for different homes and needs. This is a relaxed, informative event with good food, helpful info, and no pressure. Come hungry, curious, and ready to learn. Free lunch included. No RSVP required, just come on by!

TUESDAY, JANUARY 13

## MATH NIGHT



2:30-3:30pm in the SHS Commons. Maintain the momentum from the 2nd Quarter! The next Math Night will be held on Tuesday, January 13th, starting at 2:30 PM in the Commons. Join us for math help on assignments from peer tutors and teachers!

WEDNESDAY, JANUARY 14

## STANWOOD HIGH SCHOOL SPORTS

Boys Wrestling vs Marysville Pilchuck. JV: 5:45pm. Varsity: 7pm.

WEDNESDAY, JANUARY 14

## **WEDNESDAY NIGHT TRIVIA!**

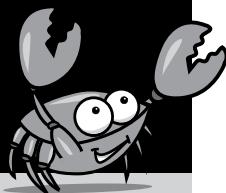
7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, JANUARY 14

## EXPLORE YOUR CREATIVITY

with Stanwood Camano Arts Advocacy Commission. 4:00 PM – 5:30 PM at the Stanwood Library Meeting Room. Join us for an art class with Stanwood Camano Arts Advocacy Commission (SCAAC)! We will provide everything you need. For kids ages 6-11.

# Calendar of Events



## DID YOU KNOW?

There are computers designed for Amish people, marketed with features like "No internet, no video, no music."

WEDNESDAY, JANUARY 14

## LUNCH & LEARN: STATE OF OUR CITY

11:30am-1pm at Stanwood Sons of Norway, Fritjov Lodge. Event by Stanwood Commerce Alliance. An informative Lunch & Learn focused on the State of Our City. This engaging session will feature City of Stanwood Mayor Sid Roberts along with Nate Nehring Snohomish County District 1 Council Member, offering valuable insights into current updates, upcoming projects, and priorities impacting our local business community. Attendees will hear firsthand about city initiatives, infrastructure and development updates, and regional planning efforts, followed by time for questions and discussion. This is a great opportunity to stay informed, connect with local leadership, and better understand what's ahead for Stanwood and the surrounding area. \$20. Location: 9910 270th St NW, Stanwood. Lunch provided. Open to members and guests interested in local business and community growth. [info@stanwoodcommercealliance.org](mailto:info@stanwoodcommercealliance.org)

WEDNESDAY, JANUARY 14

## TEA TIME & SILLY RHYMES



Put on your fanciest hat and join us for a delightful afternoon of tea, laughter, and creativity! Children will sip tea (or juice), nibble on gluten-free cookies, and enjoy a fun reading of silly, giggle-worthy poems that celebrate imagination and joy. 1pm-2pm at Tailored Homeschool. Cost: \$5 per child (includes tea, cookies, poetry reading). Ages: 4-99. More info: (425) 374-9110. [Intricatelydesignedinstruction@gmail.com](mailto:Intricatelydesignedinstruction@gmail.com).



*L*  
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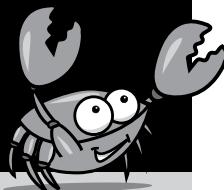
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# Calendar of Events



## DID YOU KNOW?

If a Polar Bear and a Grizzly Bear mate, their offspring is called a "Pizzly Bear."

THURSDAY, JANUARY 15

### **KARAOKE NIGHT - ALL AGES WELCOME!**

7-11pm at Pub 282, 370 N East Camano Drive, Camano Island.

THURSDAY, JANUARY 15

### **GATHERING PLACE DINNER**

5-6pm at Our Saviour's Lutheran Church, Stanwood. A weekly free meal, provided by 10 area churches. This is a ministry to those in need. All are welcome.

THURSDAY, JANUARY 15

### **CHRIS EGER**

7:30-10:30pm at Pub 282, 370 N East Camano Dr, Camano Island.

FRIDAY, JANUARY 16

### **STANWOOD HIGH SCHOOL SPORTS**

Boys Basketball vs Monroe. C Team: 3:30pm. JV: 5pm. Varsity: 8pm.

Girls Basketball vs Monroe. JV: 3:30pm. Varsity: 6:30pm.

C Team Girls Basketball Ferndale. 5pm.

FRIDAY, JANUARY 16

### **DROP-IN CONSTRUCTION ZONE**

4:00 PM – 5:00 PM at the Camano Island Library. Come build and explore with a variety of materials, which may include LEGO®, Magna-Tiles®, gears, blocks, and more! Light snacks provided. Event is free; no registration required. Supported by the Camano Island Library Friends.

FRIDAY, JANUARY 16

### **FRIDAY NIGHT KARAOKE WITH MARCUS**

8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.

FRIDAY, JANUARY 16

### **HOMESCHOOL HANGOUT**

11:00 AM – 12:15 PM at the Camano Island Library. Connect with other homeschooling families while exploring the various online homework resources offered by Sno-Isle Libraries. Resources are for K-12 students.



**PUGET SOUND TREE CARE LLC**



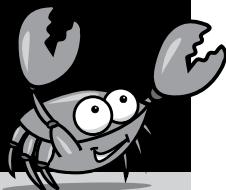
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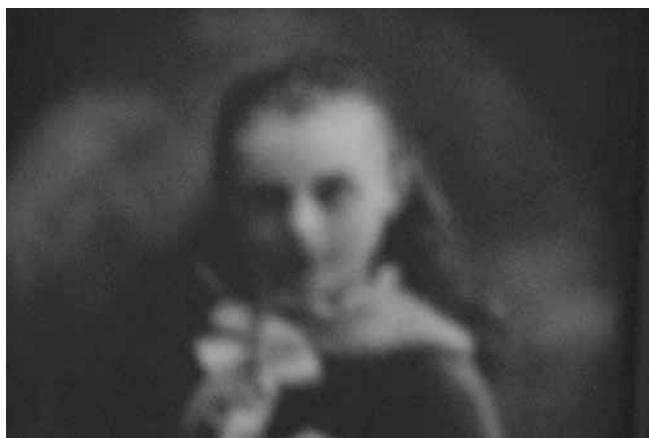
## Calendar of Events



### DID YOU KNOW?

The Buddha commonly depicted in statues and pictures is a different person entirely. The real Buddha was actually incredibly skinny because of self-deprivation.

FRIDAY, JANUARY 16  
**TEEN GHOST HUNTING WORKSHOP**



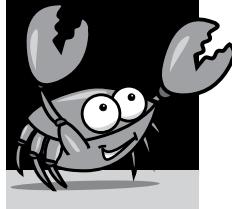
with North by Northwest Paranormal. 6:30 PM – 8:30 PM at the Stanwood Library. Explore the eerie and the unexplained of the Pacific Northwest! This hands-on ghost hunting workshop is designed for teens and tweens who have an interest in the paranormal. North by Northwest Paranormal will present a Ghost Hunting 101 session that includes a brief overview of their previous investigations. Afterward, teens will be provided with a tutorial of the equipment that a professional paranormal investigation team uses. Then, for the first time ever, an after-hours investigation of the library will be conducted ... with attendees taking part! This spooktacular after-hours event is suitable for teens and tweens who are ages 11 – 18. (Parents/guardians are welcome to attend.)

SATURDAY, JANUARY 17  
**COFFEE AND GAMES SOCIAL**



A free community event. Let's play some cards. Event by Sons of Norway Abel Lodge, 21098 Second Street, Conway. Welcome to all ages we'll have the coffee and hot cocoa you bring the cards and the cookies.

# Calendar of Events



SATURDAY, JANUARY 17

## AUTHOR TALK: THE PENGUIN BOOK OF KOREAN SHORT STORIES



2:00 PM – 3:00 PM at the Camano Island Library. Korean Literature Hits the World Stage. The awarding in 2024 of the first Nobel Literature Prize to a Korean author has drawn long-overdue recognition to a millennia-old literary tradition. Join Bruce and Ju-Chan Fulton for a discussion of *The Penguin Book of Korean Short Stories*, the first volume of modern Korean literature among the 3500-plus Penguin World Classics, and Chinatown, four stories by Oh Jung-hee, the first Penguin Modern Classic devoted to a Korean author.



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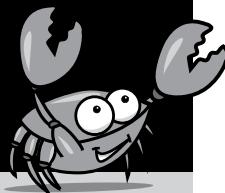
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# Calendar of Events



## DID YOU KNOW?

Astronaut is a compound word derived from the two Ancient Greek words "Astro," meaning "star," and "naut" meaning "sailor." So astronaut literally means "star sailor."

SATURDAY, JANUARY 17

### **SANDY ROWE AT ELMER BAY**

5-7pm at Elger Bay Cafe. Sandy Rowe returns to Elger Bay Cafe once again! 5-7pm, no cover, all ages.

SATURDAY, JANUARY 17

### **MOONPIE RAMBLERS**

7-10pm at Pub 282, 370 N East Camano Dr, Camano Island.

SATURDAY, JANUARY 17

### **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up...Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JANUARY 17

### **CASAUNDRA MAY & JAMES**

7:30pm at Conway's Pub & Eatery

SATURDAY, JANUARY 17

### **INTRODUCTION TO NICHIREN BUDDHISM**

4 to 5 PM at the Camano Island Library. Discover How To Access Your Potential For Happiness And Purpose In Life. Learn The Benefits Of Chanting Nam-Myoho-renge-kyo. All Are Welcome. More information at SGI-USA.org.

SUNDAY, JANUARY 18

### **PUZZLE EXCHANGE**

2-2:20pm at Stanwood Library. Join us for our monthly family friendly puzzle exchange. We meet at the Stanwood Library. Once our exchange is complete (approx 20 minutes) we ask that you please take your puzzles not chosen home and bring them to our next event!

MONDAY, JANUARY 19

### **NAUGHTY BINGO**

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, JANUARY 19

### **ALL AGES MONDAY NIGHT TRIVIA**

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

MONDAY, JANUARY 19

### **TRIVIA NIGHT WITH DARREN**

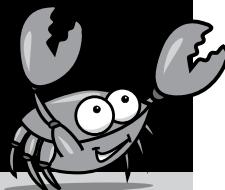
6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

MONDAY, JANUARY 19

### **STANWOOD HIGH SCHOOL SPORTS**

Girls Basketball vs Mount Vernon. JV: 4pm. Varsity: 5:40pm.

# Calendar of Events



## DID YOU KNOW?

Forrest Fenn, an art dealer and author, hid a treasure chest in the Rocky Mountains worth over 1 million dollars. It was found approximately a decade later, in 2020.

TUESDAY, JANUARY 20

### **2025 POP CULTURE SHOWDOWN**

3-5pm at the Stanwood Library. Hang out for a fun and fast-paced hour of teen trivia, goal setting, and snacks! We'll kick off with a thrilling Jeopardy-style competition covering the biggest pop culture moments of 2025. Prizes will go to the trivia champ! After testing your knowledge, get creative with fun goal-setting activities like goal generators and mad libs to help you plan for 2025. If you just want to relax, feel free to chill, enjoy some snacks, and watch the action.

TUESDAY, JANUARY 20

### **STANWOOD HIGH SCHOOL SPORTS**

Varsity Boys Swimming vs Everett. 3pm at YMCA.  
Girls Basketball vs Everett. JV: 5:40pm. Varsity: 7:15pm.  
C Team Girls Basketball vs Mount Vernon. 5:30pm.

WEDNESDAY, JANUARY 21

### **WEDNESDAY NIGHT TRIVIA!**

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, JANUARY 21

### **CHILDREN'S ART WITH STANWOOD CAMANO ARTS ADVOCACY**

4:00 PM – 5:30 PM at the Camano Island Library. What will we make today? Join us for a children's art class with Stanwood Camano Arts Advocacy Commission (SCAAC). Event is free and all materials provided. No registration required.

WEDNESDAY, JANUARY 21

### **JOIN US FOR CONNECT OVER COFFEE**

An informal gathering open to EVERYONE where we meet to share perspectives and explore ideas that spark positive change within ourselves and our communities. 1-3pm at the Camano Island Library. Hosted by Baha'i's in Skagit and Island Counties, who believe in the oneness of humanity and strive to build unified, vibrant communities that promote spiritual and material well-being.

WEDNESDAY, JANUARY 21

### **STANWOOD HIGH SCHOOL SPORTS**

Boys Basketball vs Everett. JV: 5:40pm. Varsity: 7:15pm.

THURSDAY, JANUARY 22

### **STANWOOD HIGH SCHOOL SPORTS**

Varsity Boys Swimming vs Archbishop Murphy. 3pm at YMCA.

THURSDAY, JANUARY 22

### **KARAOKE NIGHT - ALL AGES WELCOME!**

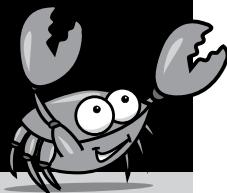
7-11pm at Pub 282, 370 N East Camano Drive, Camano Island.

THURSDAY, JANUARY 22

### **GATHERING PLACE DINNER**

5-6pm at Our Saviour's Lutheran Church, Stanwood. A weekly free meal, provided by 10 area churches. This is a ministry to those in need. All are welcome.

# Band-Aid Bulletin



*A new monthly message from the Stanwood Camano School District Health Services Department*

# The Band-Aid Bulletin

## MEDICATION AT SCHOOL

Medication should only be given at school when absolutely necessary. Whenever possible the parent/guardian and licensed health care provider are urged to design a schedule for giving medication outside school hours. When necessary medication may be given on an ongoing, temporary or as needed basis under the supervision of a certified school nurse. It is understood that trained unlicensed personnel may administer medication. Medication not authorized for self-carry will be kept in the health room. RCW 28A.210.260. Any medication to be administered at school needs the following (this includes over the counter medications): Current, fully filled out Medication Authorization Form on file in the nurse's office; Medication Authorization Form. Correct Medication: Medication must be in its original labeled container from the pharmacy. The student name, medication name, dose, and instructions must match the order. Medication must not be expired. If tablets need to be cut in half, this must be done at home.

**NOTE:** Students with a Life-Threatening Condition must have orders and medications in place at their school before they can attend. RCW 28A.210.320: Children with life-threatening health conditions-Medication or treatment orders-Rules.

Any medication that is not picked up from school on the last day of school will be destroyed. We cannot store student medications at school over summer break. Please coordinate pick-up details with your School Nurse.

**Yoga and Pilates**  
[movementarts.com](http://movementarts.com)



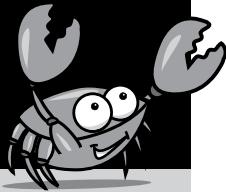
MOVEMENT ARTS  
360-629-9100  
Camano Commons

**World Religion Day**



**January 19, 2024**

# Dining Guide



## DID YOU KNOW?

There is a company in Japan that has schools that teach you how to be funny. The first one opened in 1982. About 1,000 students take the course each year.

**AMIGO MEXICAN RESTAURANT & LOUNGE** (Stanwood) • (360) 629-5052  
**BAKED CAFE** (Camano Island) • (425) 530-3314 or (425) 232-5885  
**BEAUTY BAR SALON + LOUNGE** (Stanwood) • (360) 629-2324  
**BEST BURGER HUT** (Stanwood) • (360) 853-0067  
**BLUE HERON KITCHEN & BAR** (Camano Island) • (360) 502-8700  
**CAMA BEACH CAFE** (Camano Island) • (360) 387-3266  
**CAMANO THAI** (Camano Island) • (360) 926-8688  
**CENTER CAFE** (Stanwood) • (360) 629-7403  
**COASTAL VIE** (Stanwood) • (360) 355-9541  
**CONWAY MUSE** (Conway) • (360) 445-3000  
**CONWAY BOXCAR** (Stanwood) • (360) 629-0651  
**CONWAY PUB & EATERY** (Conway) • (360) 445-4733  
**COOKIE MILL** (Stanwood) • (360) 629-2362  
**DOS REALES** (Stanwood) • (360) 629-0822  
**DRAGON PALACE** (Stanwood) • (360) 629-8106  
**DUCK IN CAFE** (Stanwood) • (360) 629-3440  
**FARMERS CAFE** – (Stanwood) • (360) 629-4953  
**GYRO STOP** (Stanwood) • (360) 572-4175  
**IXTAPA MEXICAN RESTAURANT** (Stanwood) • (360) 629-5228  
**JACK IN THE BOX** (Stanwood) • (360) 629-2384  
**JIMMY'S PIZZA** (Stanwood) • (360) 629-6565  
**JOHNNY'S BURGER STOP** (Stanwood) (360) 629-9427  
**JOURNEY'S END CAFE** (Camano Island) • (360) 387-9120  
**LATINOS RESTAURANT** (Stanwood) • (425) 308-6610  
**LITTLE CAESARS PIZZA** (Stanwood) • (360) 629-6999  
**MAMMOTH BURGER COMPANY** (Stanwood) • (360) 572-4500  
**MCDONALD'S** (Stanwood) • (360) 629-9787  
**MIYAKO'S TERIYAKI & WOK** (Stanwood) • (360) 629-4535  
**MUSTARD SEED BAKERY & CATERING** (Stanwood) • (360) 572-2499  
**NAHA TERIYAKI** (Stanwood) • (360) 629-0681  
**PADDLE PUB** (Stanwood) • (360) 652-4156  
**PAPA MURPHY'S TAKE 'N' BAKE PIZZA** (Stanwood) • (360) 629-3826  
**PAT'S THAI** (Stanwood) • (360) 572-2381  
**PATINI'S GRILL** (Stanwood) • (360) 629-0822 or 360-572-2981  
**PHOENIX PAVILION** (Stanwood) • (360) 629-4662  
**PRIMAL BARBECUE** (Camano Island) • (360) 572-2122  
**PUB 282** (Camano Island) • (360) 926-8960  
**PURE SMOKE BARBEQUE** (Stanwood) • [www.puresmokenew.com](http://www.puresmokenew.com)  
**RALIBERTO'S TACO SHOP** (Stanwood) • (360) 629-2000  
**ROCKAWAY BAR & GRILL** (Camano Island, at Camaloch) • 360-926-8920  
**SAAL BREWING CO.** (Stanwood) • (360) 629-0102  
**SAHARA PIZZA** (Stanwood) • (360) 629-6886  
**SASQUATCH SUBS** (Stanwood) • (360) 610-2765  
**SEN - JAPANESE RESTAURANT** (Stanwood) • (425) 765-4577  
**SPARTAN DRIVE IN** (Stanwood) • (360) 629-8988  
**STANWOOD CAFE** (Stanwood) • (360) 629-8427  
**STANWOOD CUPCAKES** (Stanwood) • (360) 926-8241  
**STANWOOD GRILL** (Stanwood) • (360) 629-5253  
**STANWOOD HOTEL & SALOON** (Stanwood) • (360) 629-2888  
**STANWOOD THAI** (Stanwood) • (360) 572-2200  
**STARBUCKS** (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500  
**STILL WATER LOUNGE** (Stanwood)  
**SUB JOINT** (Camano Island) • (360) 230-9611  
**SUBWAY** (Camano Island) • (360) 631-5055  
**SUBWAY** (Stanwood) • (360) 629-2678  
**TACO TIME** (Stanwood) • (360) 629-5018  
**TAPPED CAMANO** (Camano Island) • (360) 572-4986  
**THAI THAI KITCHEN** (Stanwood) • (360) 629-0600  
**TWIN CITY LANES CAFE** (Stanwood) • (360) 629-3001  
**VIVO ITALIAN BISTRO** (Stanwood - COMING SOON) • (360) 629-2044  
**WAYNE'S CORNER CAFE** (Stanwood) • (360) 939-2300  
**WILLOW & JIM'S COUNTRY CAFE** (Silvana) • (360) 652-0372

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- ▶ Camano Helping Hands
- ▶ Social & Fitness Activities
- ▶ Essential Services & Support
- ▶ Community Meals



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Today! 



**Donate Now** 



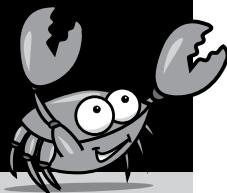
360-387-0222



[www.camanocenter.org](http://www.camanocenter.org)

*TheCrab@TheCrabCracker.com*

# Longevity Lens



*A column about longevity and aging well.*

*Dr. Maria Cayabyab ("Dr. Maz") is a board-certified OB-GYN, certified in menopause*

*care, a functional medicine practitioner, and medical director at Kirra Health.*

*Questions?  
ask@kirrahealth.com*

## WHY MUSCLE IS ESSENTIAL FOR LONGEVITY AND INDEPENDENCE



If you've noticed that recovery from a weekend hike takes longer, or that carrying a heavy suitcase feels more taxing, you aren't imagining it. For most adults, midlife is when the "slow leak" of muscle loss begins. But muscle health isn't just about the mirror. It is the single most important factor in determining your functional lifespan—your ability to live with autonomy and confidence as you age.

### The Powerhouse Organ

Muscle is now recognized as a sophisticated endocrine organ. When you contract your muscles, they release "myokines"—signaling proteins that reduce inflammation and support brain health by stimulating BDNF, a protein essential for memory. Muscle also acts as your body's primary "glucose sink," clearing roughly 80% of sugar from your blood after meals.

### The Midlife Shift

Adults lose roughly 3–8% of muscle per decade starting in their 30s. For women, menopause acts as a biological accelerator; the decline in estrogen reduces the body's natural signal to repair and build tissue.

### The Hopeful Truth

The most encouraging insight from aging research is that muscle remains adaptable at nearly any age. Whether through specific nutritional thresholds to overcome "anabolic resistance" or targeted stimulus to maintain balance, your physical future is highly modifiable. Longevity is about preserving the capacity to live on your own terms. Independence isn't a lucky draw; no matter your age, it is a capability you can build starting today.

Discover the full science and practical steps for building your longevity reserve, go to [kirrahealth.com/blog](http://kirrahealth.com/blog).



STANWOOD HIGH SCHOOL'S

# MOCK INTERVIEW DAY

Thursday • February 26, 2026

Two Sessions: 8:30 AM - 11:30 AM • 10:50 AM - 2:00 PM

LUNCH PROVIDED!



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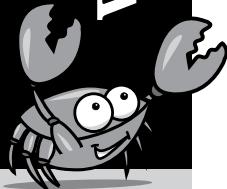
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# Moonshine Wisdom & Wit



*Story by Jack Archibald.*

*For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at [www.skeeterdaddle.net](http://www.skeeterdaddle.net)*

## TAROT TRACY PREDICTS TOMORROW

The world is a mysterious place to most of us. Last week some astronomers holed up in Antarctica for three years with a small telescope pointed in one spot discovered a gravitational wave generated by the Big Bang 380,000 years after the explosion. They'll win a Nobel Prize in physics for this, most definitely. Sure makes the universe easier for me to understand .... unless I start thinking about how it proves the potential for multi-verses with entirely different physics, then my head starts to expand, my eyeballs hurt and I get worried there's going to be a Big Pop soon above my shoulders.

Tarot Tracy works on a different astral plane. She opened what I guess you'd call a 'storefront service' in the old Bucklin gas station just down the road here. It's been a residence off and on for years, mostly off, but Tarot Tracy bought it, fixed it up with a 'consulting room' out front and living quarters in back, hung a shingle with the High Priestess card off the porch and opened up for business. Figuring that curiosity doesn't kill a cat with 9 lives necessarily, I hoofed it down last week for a 'reading.'

"Tarot or astrological chart or I-Ching," Tracy queried. "Which is more accurate?" I asked with some smarm. "Depends on you," she replied with a Cheshire smile. So I threw the yarrow sticks and Tracy interpreted after asking what the nature of my inquiry was. Half an hour later she'd determined my future. Not precisely, exactly. Just sort of suggestions, open to my own interpretation. I paid her an exact fee, however, that was not open to much interpretation.

I have a prediction of my own: Tarot Tracy will be branching out soon --- and I don't mean franchising. Like a lot of us down here, she'll need to supplement the income from her dream profession. Right now it's an expansionary universe, but I foresee a time when gravity pulls Tracy back toward South End reality .... like the rest of us trying desperately to avoid our private Big Bang.

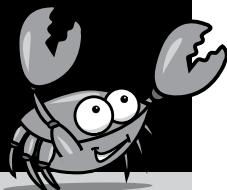


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## Kids' Korner



### DID YOU KNOW?

The ten highest mountain summits in the United States are all located in Alaska.

### EASY MAGIC SNOWFLAKE WITH SALT AND WATERCOLOR



Supplies you'll need: Sturdy White Paper\*; Watercolor Paints; Water; Large Paintbrush; Salt; White Crayon or Oil Pastel. Notes On Supplies: Any time you are doing watercolor painting, watercolor paper will yield the best results. Instead of salt, you can experiment with other watercolor techniques using these optional supplies: painter's tape, rubber cement, or cling wrap. Liquid watercolor paint will give you more vibrant colors, but a regular watercolor palette will also do.

Step 1: Draw Snowflakes. Use a white crayon or oil pastel to draw simple snowflakes. Make sure to press hard enough to get the wax or oil on the paper. It is hard to see the white on white, but if you hold it at an angle, you can see where you put the drawing material. Step 2: Paint A Light Water Wash. This art technique works best if you paint a light water wash before adding the paint. Step 3: Add Watercolor Paint. We like to use cool-colored paints and let them mix magically. Your snowflakes should start to appear. Step 4: Add Texture. You can sprinkle salt or add a clear wrap on top of the wet paint. With young children, we advise only to use a little sprinkle. You will see how the salt absorbs the paint. If you are not seeing that, then add a little extra drop of water without touching the brush to the paper. Step 5: Let Dry. Let your awesome snowflake paintings dry. Pull off any clear wrap and see the cool texture. You can lightly brush the salt off or leave it for added texture.

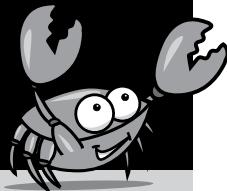
Source: <https://craftyartideas.com/easy-snowflake-salt-watercolor/>

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# Activity for Adults



## DID YOU KNOW?

The famous line in *Titanic* from Leonardo DiCaprio, "I'm king of the world!" was improvised.

## FROSTED JAR LUMINARIES WITH FAUX "SNOW"!



Use textured epsom salt, glass jars, and Mod Podge to make these gorgeous mason jar luminaries! Skills Required: None. Even if you've never crafted before, you'll be able to make these. You'll be adding epsom salt to your mason jars with Mod Podge and then embellishing. There's a three step process to this project. You're going to prepare the jars, then Mod Podge and salt them, and then add the embellishments. It's relatively easy!

**EQUIPMENT:** Scissors; Hot glue gun and glue sticks; Flameless candles; Paintbrush(es); Spoon

**MATERIALS:** 2 Mason jar(s); Mod Podge Satin; Epsom salt; Fir branches collected and trimmed to size; Small wood slices; Twine

**INSTRUCTIONS:** Add epsom salt to a large plate used only for crafts. Apply Mod Podge in a medium layer to the entire jar. Work quickly, as Mod Podge dries quickly. Lay the mason jar into the epsom salt. Roll the entire jar around in the salt. Push down slightly. Pick up the jar and use a spoon to add salt to any areas that were missed. Let dry completely. Cut a length of twine to wrap around the lip of the jar. Wrap around several times, tying half way through. Finish wrapping and tie into a bow. Use the hot glue gun to apply the fir branches and wood slices to the front of the jars on top of the bow. Finish by adding the LED tea lights to the jars.

Source: <https://modpodgerocksblog.com>

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WINDERMERE  REAL ESTATE



## Do you know someone who gives back to our community?

We want to celebrate them!  
Nominations for the Stanwood-Camano Philanthropist of the Year Awards are  
NOW OPEN.

Nomination deadline: January 31, 2026

For more information or to submit a nomination, visit [www.s-caf.org/nominate](http://www.s-caf.org/nominate).



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# Windermere

REAL ESTATE



## WATERFRONT

**\$1,395,000**

Extraordinary island estate with deeded tidelands, direct beach access and panoramic Sound and mountain vistas, solar, EV charger possible MIL. #2463170



## NORTH END

**\$1,750,000**

Gorgeous north Camano luxury estate on private landscaped acreage, stunning views, finished detached studio/office, first time on the market. #2458080



## WARM BEACH

**\$725,000**

Well-kept rambler on a large 1-acre lot has a new roof, EV charger, fenced backyard-and room for a shop, located in a desirable community. #2457935



## MADRONA BEACH

**\$849,950**

Beautiful, partial views of Saratoga Passage and sunsets from thoughtfully designed Camano home with high-end finishes, easy access to the beach and no HOA. #2460735



## MADRONA

**\$675,000**

Daylight rambler home on the north end of Camano with a large deck overlooking ½-acre of privacy, partial fencing, newer carpet and paint. #2458733



## EAGLE RIDGE

**\$1,850,000**

Fabulous estate built by master mason and artisan on 5 private acres, gated entry, pool, multiple shops, horse barn and pasture-a serene park-like retreat. #2460056

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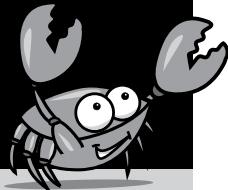
## CAMANO ISLAND

818 N. Sunrise Blvd.  
360.387.4663

Visit [WindermereStanwoodCamano.com](http://WindermereStanwoodCamano.com) for more information

Windermere Real Estate/CIR

# Artist of the Week



Are you  
interested in pro-  
moting yourself  
and your craft?

Email us your  
bio and we will  
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all FREE!

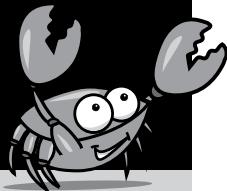
## LIZ PARK



Liz Park is originally from Hershey, Pennsylvania. She has pursued art from an early age, and continued her education by majoring in painting at the Savannah College of Art & Design in Savannah, GA. Upon graduating with a B.F.A. in 2006, she moved to Jackson Hole, Wyoming, where she lived and worked as a horse wrangler on a guest ranch for several years. In Jackson, the roots of her career as a modern western wildlife artist took shape. The surrounding scenery and wildlife she encountered there continues to be one of the main subjects of her artwork. Throughout the years, she has held many interesting jobs on the way to becoming a full time artist. In addition to leading trail rides at the guest ranch, she's worked in reservations at a ski resort, worked in the design department for a t-shirt company, made hand-made granola bars for an organic energy bar company, and was a 'bark-tender' at a dog bar. During this time, she was always creating art and participating in various shows. Liz moved to Bellingham in March of 2017, and then to the Stanwood area in 2020. She was able to make the jump to doing art completely full-time in 2021. In addition to participating in many local festivals and shows, Liz frequently travels to Montana for a major western art show every March. Her primary medium is acrylic paint on either canvas or varnished wood surfaces, but is also prolific in creating works in watercolor as well as graphite drawings on toned paper. For her works on canvas, she waters down the acrylic quite a bit to mimic the way watercolor behaves, and is able to work quickly with the short drying time to add layers and depth. For her works on wood, she loves letting the natural grain of the wood show through as an integral part of the finished piece. Her main subject continues to be wildlife, and she is fortunate to have photographed many of the animals that she uses in her work herself over the years of her travels.

Locally, her work is available at LIDO Collective in Mount Vernon, and you can look up her next in-person events as well as current available pieces on her website, [www.lizparkart.com](http://www.lizparkart.com) or by following her on Instagram @lizparkstudio

# Business Spotlight



Are you interested in promoting your business or organization?

Email us info or a bio about your business and yourself and we will feature this page to you... and it's all FREE!

## FARM STAND



"Hi, I am Taylor! I am married and we own a local trucking business that my husband operates. We love doing anything and everything outside with our garden/ chickens/ dirt bikes etc. and teaching our son and daughter how to thrive from small homesteading. Baking and canning has become second nature to me and a true passion. I have a farm stand that I enjoy stocking with fresh goodies and sourdough bread. I am in the process of starting a bakery business out of my home ( a cottage cheese permit) and getting recipes perfected. We are in the process of converting a horse trailer into a "pop up bakery." There will also be fresh rolls and other small items available at the stand. Sourdough, sandwich bread, pie, cookies and more! Please message with any questions. If you have ordered in the past, thank you so much for your support and please know the boxes have been revamped!" Farm Stand is at 3318 220th St NW, Stanwood.



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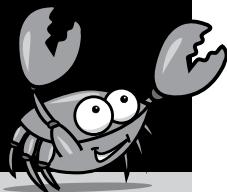
**Questions?**

Email [savvy.septic@snoco.org](mailto:savvy.septic@snoco.org) or call 425-388-3636

Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.



# Community Information



## DID YOU KNOW?

A single strand of Spaghetti is called a "Spaghetto."

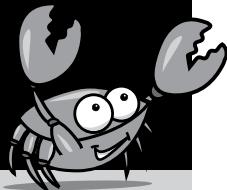
## WORKSHOP: DISASTER PLANNING - NONPROFIT LEADERS



You work hard to run programs and solve problems. Your focus is on your mission—not on preparing for a disaster that might or might not happen. You intend to do the right thing, yet limitations on time, funding, and technical knowledge can get in the way of getting your organization ready for something bad to happen. Get Ready for a Disaster helps nonprofit leaders and board members strengthen their organization's overall attention to risk and build resilience for the unexpected. This interactive session will incorporate local examples and resources to help you plan for the kinds of emergencies most likely to affect your community. You'll leave with practical tools and confidence to operationalize disaster preparedness within your organization. The workshop walks you through the why, what, and how of becoming more resilient in the face of natural, human-made, or pandemic disasters. By the end of the workshop, you will be able to: Name two groups of people involved in disaster preparedness in your organization; Describe how to shape and sustain a disaster-ready culture; Explain what goes into a Disaster Box; Identify two concrete steps you'll take in the next month to strengthen your organization's resilience. You will leave with the start of a Continuity of Operations Plan (COOP) to refine and put to use. Nancy Bacon is a nonprofit educator who creates practical tools that help nonprofit leaders move from good intentions to meaningful action. She has designed and led learning programs across Washington State and beyond, translating complex topics like risk management, evaluation, and governance into clear, usable resources for busy nonprofit professionals. Join us! Refreshments Provided. Register by 1/12 at: <https://secure.givelively.org/event/stanwood-camano-area-foundation/disaster-planning-for-nonprofits-with-nancy-bacon?>



# Community Information



## DID YOU KNOW?

Elvis was originally blonde. He started coloring his hair black for an edgier look. Sometimes, he would touch it up himself using shoe polish.

## STOVE OUT. CASH IN. GET PAID TO RECYCLE AN ELIGIBLE WOOD STOVE



For a limited time, residents of King, Kitsap, Pierce, and Snohomish Counties can receive \$500 for recycling their old, polluting wood stove. Funding is limited to one project per household. To qualify for the recycling reward, you must own your home or property, and you will be responsible for removing and transporting your old device to one of our approved recycling facilities. Eligible devices include: Wood stoves or fireplace inserts (which are wood stoves made to be installed inside a fireplace) that are uncertified or don't meet the 2020 EPA standard; Free-standing manufactured fireplaces. (Built-in, zero-clearance or traditional brick fireplaces are not eligible.) Wood-burning furnaces or coal-burning devices. Your device must be in working order and can be installed or uninstalled for the recycling reward. Pellet stoves, indoor barrel stoves, cook stoves, and trash burners are not eligible for the reward. If you have any questions, please contact us or call 206-343-8800 and ask for the Wood Stove Recycling team. If you think you qualify, please complete an application at <https://www.pscleanair.gov/409/Wood-Stove-Recycling-Program>?

## ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!

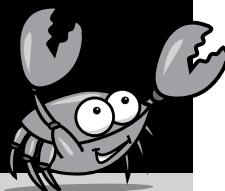
## AMATEUR RADIO EXAMINATIONS

The Stanwood/Camano area VE testing sessions are held at 7PM on the 3rd Monday of alternating months beginning each year in January. Location: Cedarhome Baptist Church, 29000 68th Ave NW, Stanwood. Our sessions are held in the ground floor classroom of a detached building on the North side of the campus. An FCC Registration Number, picture ID and \$15.00 (cash) are needed to take exams. Contact: [w7pig@arrl.net](mailto:w7pig@arrl.net)

## COMMUNITY MEAL - CAMANO

Every Monday, Wednesday and Friday except for Holidays. Camano Center located at 606 Arrowhead Rd. Camano Island. All donations welcome! You determine your ability to contribute to your own or someone else's meal. Out full cost of a meal is \$12.20. Coffee or tea is \$1.00. 11:45am-12:30pm.

# Community Information



## DID YOU KNOW?

Princess Peach didn't move until 1988 because it was too complicated for the designers to make her a moveable character.

## NOMINATIONS ARE OFFICIALLY OPEN FOR THE STANWOOD-CAMANO PHILANTHROPIST OF THE YEAR AWARDS!

Help us celebrate the people and businesses making a real difference near and far by submitting a nomination for one or all of the following awards! • Floyd & Delores Jones Spirit of Philanthropy Award: an individual, couple, or family with deep, heartfelt dedication to giving. • Pay-It-Forward Award: a Stanwood-Camano resident known for generously giving their time to people in need, community activities, or local nonprofits. • Heritage Bank Business Making a Difference Award: a local business with a proven track record of positive community impact. • Hometown Hero Award: a current or former Stanwood-Camano community member who founded a nonprofit or has devoted significant time to charitable work outside our community. Nominations due: January 31, 2026. Submit at [www.s-caf.org/nominate](http://www.s-caf.org/nominate)

## STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: [www.sahs-fncc.org](http://www.sahs-fncc.org).

## BASKETBALL FREE PLAY FOR THE COMMUNITY

Every Friday at 795 Ell Rd, Camano. "Note: it is at an LDS church and I am a missionary, but we are here to play basketball. It is indoors and it's not quite a full size court, but it's good enough to have fun. All are welcome."

## CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all.



National  
**Human**  
Trafficking  
Awareness  
January 11 Day

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# Ride Free to Cold Weather Shelters



Community Transit & Everett Transit provide free rides to cold weather shelters whenever they open due to cold weather conditions.

## How it works:

- Riders can use any Community or Everett Transit bus when traveling to a designated cold weather shelter.
- No special pass or ticket is required—just let the driver know you're headed to a cold weather shelter.
- Transit service is available during regular operating hours, when cold weather shelters are open.
- Policy applies to DART and Paratransit trips.
- Policy applies to Community Transit Zip vehicles (within service area)

## Cold weather shelters:

To find an overnight cold weather shelter or daytime warming center near you visit [www.snoco.org/heating](http://www.snoco.org/heating) or scan the QR code.



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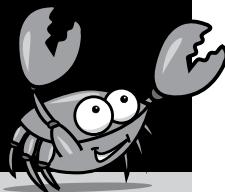
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# Community Information



## DID YOU KNOW?

The first service animals were established in Germany during World War I, but references to service animals date back to the mid-16th Century.

## HIGHLY CAPABLE PROGRAM



The Stanwood-Camano School District is excited to announce the opening of nominations for its Highly Capable Program for the 2026-27 school year. This program supports students in grades 1-5 who demonstrate exceptional academic potential and a capacity for advanced learning. If your child, or a student you know, exhibits advanced abilities in areas such as reading or math, now is the time to consider submitting a nomination. Key characteristics of highly capable learners include: Exceptional depth of understanding and the ability to transfer learning to new situations; A willingness to engage with abstract and complex concepts; The ability to make unique connections among ideas; An accelerated learning pace and intense focus. Nomination Process: 1. Deadline: All nomination materials must be received by January 23, 2025. 2. How to Nominate: Parents, teachers, or community members can submit nominations. Visit the District Office for forms and information. 3. Assessment: Eligible nominees will proceed to an assessment stage during the school day. Program Benefits: Identified students may receive differentiated instruction within their home school or at a designated school site, with services tailored to their academic strengths. For more information or to ask questions, please contact Rona Olson at 360-629-1200 or email [rolson@stanwood.wednet.edu](mailto:rolson@stanwood.wednet.edu). We look forward to recognizing and supporting the outstanding talents of our students to prepare every student for the future of their choice!!



## Host Your 2026 Event at Arrowhead Ranch!

*The possibilities are endless!*

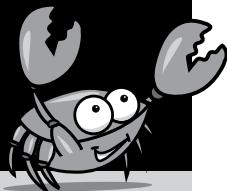
- Birthday Party
- Graduation
- Team Building
- Reception
- Family Reunion
- Open Space

360-572-1737

615 Arrowhead Rd, Camano, WA 98282



# Community Information



## NO DISCOVER PASS REQUIRED ON THESE 2026 DAYS

Washington public land agencies have designated the 12 days of 2026 when no Discover Pass is required to park at Washington state parks, or on land managed by the Washington State Department of Natural Resources and the Washington Department of Fish and Wildlife. The 2026 free days are: Jan. 19 – Martin Luther King Jr. Day; March 9 – Billy Frank Jr.'s Birthday; March 19 – State Parks 113th Birthday; April 22 – Earth Day; June 6-7 – Free Fishing Weekend; June 19 – Juneteenth; Aug. 9 – Smokey Bear's Birthday; Sept. 26 – National Public Lands Day; Oct. 10 – World Mental Health Day; Nov. 11 – Veterans Day. Each date commemorates a special day of the year, starting with New Year's Day on Jan. 1, when more than 40 state parks will host annual First Day Hikes. Try before you buy a full year of adventure. Discover Pass free days make it easier to check out state parks and state-managed lands. You might have so much fun during your visit, you're ready to say yes to a full year of adventure. The annual Discover Pass is \$45 and provides unlimited day-use parking for everyone in the passholder's vehicle. The pass is valid for an entire year from the month it is purchased and can be transferred between two vehicles. And Discover Pass funds go a long way for your public lands. They provide critical funding for State Parks, DNR and WDFW. The Discover Pass supports recreation and conservation opportunities, keeps bathrooms cleaned and trails maintained, cares for the health of forests and helps protect our seashores for generations to come. Learn more about the Discover Pass and purchase yours here: <https://discoverpass.wa.gov>.

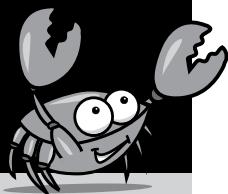


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# Community Information



## CAREGIVER CAFE

Calling all caregivers of kiddos aged 0-5! Join us at the AM Breakfast Caregiver Cafe. Start your day with breakfast at the AM Cafe (adults only) or wind down with dinner for the whole family at the PM Cafe (3rd Wednesday of every month). The Caregiver Cafe is a FREE, family centered, parent led program. During the sessions, we offer free on-site childcare so parents can relax, connect with others, share experiences, and engage in meaningful conversations in a supportive community. 10:00 AM – 11:30 AM at Community Resource Center, 9612 271st St NW, Stanwood. Space is limited, so be sure to RSVP on our website today! <https://www.crc-sc.org/events>.

## MOCK INTERVIEW DAY

Help shape what's next for our students by volunteering at our annual Mock Interview Day at Stanwood High School. We were blown away by the response from our community last year, and our students are already excited about the opportunity that awaits. Our amazing Career & Technical Education (CTE) program invites local professionals to spend part of the day conducting brief, 10-minute mock interviews and sharing constructive feedback using provided questions and a simple rubric. No advance preparation needed. Our 2nd annual Mock Interview Day is Feb. 26 at Stanwood High School. Interested in volunteering? Sign up here: <https://forms.gle/wjsDWYDpZYACj2k7> For students, the impact is big. It's a chance to sharpen interview skills, gain confidence, and learn firsthand what employers are looking for as they prepare for life beyond high school. Email Diane Veazey at [dveazey@stanwood.wednet.edu](mailto:dveazey@stanwood.wednet.edu).

# HEAR BETTER THIS YEAR!

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**Do you know someone who gives  
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**Nominations for the Stanwood-Camano  
Philanthropist of the Year Awards are  
NOW OPEN**

**Nomination deadline: January 31, 2026**

Scan the QR code below to submit a nomination  
or visit [www.s-caf.org/nominate](http://www.s-caf.org/nominate).

Individuals  
Couples  
Families  
Businesses



# Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials! This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics you need to understand your options.

## Camano Center

606 Arrowhead Road, Camano Island, WA 98282

January:

- 1/07/2026 – Wednesday at 10:00am.
- 1/28/2026 – Wednesday at 2:00pm.

February:

- 02/05/2026 – Thursday at 3:15pm.
- 02/26/2026 – Thursday at 3:15pm.

March:

- 03/05/2026 – Thursday at 3:15pm.
- 03/26/2026 – Thursday at 3:15pm.

### RSVP's NOT REQUIRED, BUT ENCOURAGED

Please contact us to RSVP or for more information about upcoming events.



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## STANWOOD • CAMANO HISTORIC SITES AUDIO TOUR ALL YEAR ROUND



1909 Swing Bridge to Camano Island

SAHS 92.41.22

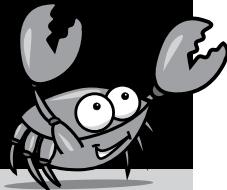
For more information, maps, and videos, visit our website at [historicsitetour.com](http://historicsitetour.com)

Start the tour from Pioneer Hwy and enter East Stanwood by the train station. Stops #1 and #5 have open restaurants.



1. People's Union
2. S. A. Thompson House
3. I.O.O.F. Public Hall
4. D.O. Pearson House
5. Stanwood Volunteer Fire Dept
6. Camano Lutheran Church
7. Camano Lutheran Cemetery
8. Kristoferson Farm
9. Barnum Point Preserve
10. Camano Island State Park
11. Cama Beach Historical State Park
12. Camano City Schoolhouse
13. Camano Island American Legion
14. Utsalady Ladies Aid
15. Camano Pioneer Cemetery

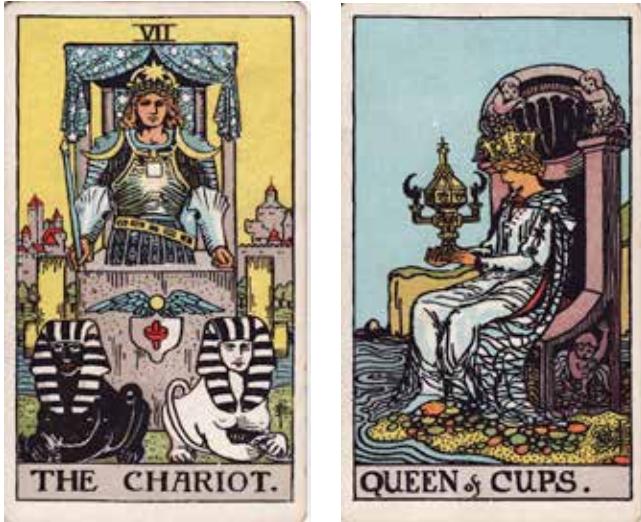
# Intuitive Tarot



*Tarot from the  
classic Rider  
Waite Smith deck.*

*Encounter more  
at: [linktr.ee/  
tiffanyfitzpatrick](http://linktr.ee/tiffanyfitzpatrick)*

## INTUITIVE TAROT WITH TIFFANY



January 9th – January 15th : The Chariot. Movement at last. Not the bustle of the holidays, but momentum building progress toward something you've been directing passion and hope. That energy of having been waiting at a traffic signal staring in earnest so as not to miss the millisecond the light switches green, is evident, but unnecessary. Heavens forbid you irk a honk from someone on your tail, as if your pace is demanded for everyone else's sake, regardless of your own wellbeing. This is not Monday rush hour energy. This is Sunday drive energy. And this week's card is the lifting of the break as the chariot advances. Restlessness being shaken loose after a languid stretch from your horses, stepping forward assuredly. The route is already calculated. You've nothing needed of you but consistent pressure on the accelerator aimed between the lines. Place your trust in the team and vehicle you've crafted.

January 16th – January 22nd : Queen of Cups. Although we're two solid weeks into the new year, the fire horse we've all been hearing of is still a month to come. January 18th's new moon is the last of the lunar calendar, and you may still be feeling some final shedding of the wood snake, which contributed heavily to the discomfort of the last year. This week's card advises you to cleanse whatever lingers of the past which holds no place or benefit for what comes next, while taking a moment to reminisce on what was learned and gained over the last year, decade. Do not dwell on what was lost, but allow the emotion to flow so it may complete a necessary cycle rather than stagnating. And between the emotional waves and valuable rest, focus on which tasks require conclusion before the horse arrives on February 17th.



## CASA'S PET OF THE WEEK:

Meet **TIMOTHY!** This handsome juvenile male was brought in with his siblings as a stray and is still coming out of his shell. With a patient and compassionate owner, he will continue to build confidence and thrive. Timothy would do best in a home with adults, and without dogs. He can be picky with other cats and would do best as the only cat in the household. If Timothy sounds like the one for you, come by CASA to meet him!

**Camano Animal Shelter Association (CASA):**  
360-387-1902. [www.camanoanimalshelter.org](http://www.camanoanimalshelter.org)

---



## NOAH'S PET OF THE WEEK:

My name is **CHIK** and yes, those are my gorgeous brown ASPCA eyes staring into your soul. I absolutely love kids, even more when they let me sleep all cuddled next to them. What is my best quality, you ask? It's my desire to be with you and to make you happy. I love people and I love MY people fiercely and with every fiber of my soul. I am ready to be your best friend. Your ride or die. But don't just read this! Come and meet me today.

**The N.O.A.H. Animal Adoption Center:**  
(360) 629-7055. [www.thenoahcenter.org](http://www.thenoahcenter.org)

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## SAVE-A-MUTT'S PET OF THE WEEK:

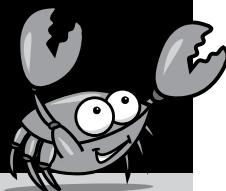
**STELLA MAE** is a happy senior girl who is a friend to everyone. She would love a family that will include her in their plans. Stella Mae enjoys going for walks and will need some guidance on proper leash manners. She is also vocal while on walks...she wants everyone to know that she is ready to be greeted. FIRST STEPS: Visit [www.save-a-mutt.org/adoption-application/](http://www.save-a-mutt.org/adoption-application/) to fill out an application. We are a foster home based rescue.

**Save-A-Mutt (Silvana, WA):**  
[www.save-a-mutt.org](http://www.save-a-mutt.org)

---



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## ROASTED RED PEPPER SOUP

Start the New Year with my warm, smokey, homemade soup.

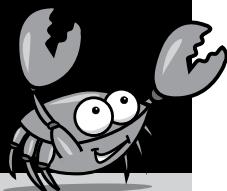


SOUP: 7 lg. red bell peppers halved, seeded, membranes removed; 6 cloves garlic leave in peel; 2 T. olive oil; 1 med. yellow onion diced; 3 T. tomato paste; 2 1/2 tsp. ground cumin; 1 1/2 tsp. smoked paprika; 1/2 tsp. kosher salt; 1/4 tsp. cayenne pepper; 4 c. vegetable stock

TOPPINGS: dollop sour cream; crumbled feta cheese; diced avocado; diced English cucumber; diced bell peppers; roughly chopped cilantro leaves; corn tortilla strips (see below); freshly cracked black pepper for serving

DIRECTIONS: 1. Preheat oven to 450 degrees with racks in the upper third and lower third of the oven. 2. Line a large, rimmed baking sheet with foil (use two sheets if necessary) and arrange halved pepper cut side down in a single layer. Place the unpeeled whole cloves of garlic in between peppers. Roast on the upper rack (and lower rack if you are using two baking sheets) until the peppers are charred on top, about 20-25 minutes. 3. Once the peppers are charred, remove from the oven. Using tongs transfer them to a medium size bowl and cover tightly (or seal them in a plastic bag). Allow the peppers to steam for at least 10 minutes. Remove the cover and allow to cool until you can handle them. Use your fingers to peel off the charred skin and discard (you may want to use kitchen gloves for this). Peel the garlic too. 4. In a large Dutch oven or heavy-bottom pot, heat 2 tablespoons olive oil over medium-high heat. Add chopped onion and peeled whole garlic. Sauté, stirring occasionally, until the onions are softened about 5 minutes. 5. Add the tomato paste, cumin, smoked paprika, salt, and cayenne pepper stirring constantly for one minute. Add peeled red peppers and vegetable stock. Bring the soup to a gentle boil, then reduce heat to maintain a simmer, cook for 15 minutes stirring occasionally. 6. Ladle the soup into a blender in batches. (Do not fill the blender more than halfway or the soup will go everywhere. Cover the lid with a kitchen towel so the steam doesn't burn your hands.) Carefully, pulse the soup until smooth and transfer to another pot, continue until all the soup is blended. Alternately, you could use an immersion blender to blend the soup in the pot until creamy and smooth. Return pot to the stove to keep warm. 7. To serve: Ladle soup into bowls and top with your choice of toppings and freshly ground black pepper. Enjoy! NOTES: Step 6: You can pour the soup through a sieve if want your soup silky smooth before returning to the pot and serving, but it's not necessary. To make tortilla strips: Cut 3 corn tortillas into thin 2-inch-long strips. Heat 1 tablespoon of olive oil in a large skillet over medium heat. Add the tortilla strips and a pinch of salt. Stir to coat the strips in oil, arranging them in a single layer. Cook until both sides are golden and crispy, about 3-5 minutes. Transfer to a paper towel-lined plate to cool.

# Classes and Workshops



## DID YOU KNOW?

An estimated 50% of all gold ever mined on Earth came from a single plateau in South Africa: Witwatersrand.

**Pickleball Clinics for Beginners.** Pickleball is the fastest-growing sport. We are offering a Clinic for beginners. If you want to learn to play the game, understand the rules, and grow your skills, this is the perfect time. We are offering two clinics just for YOU! Sunday, December 14. Option 1 – 12:30 – 2:30 PM. Option 2 – 3:00 – 5:00 PM. Space is limited. Register today! Trips, Travels & Events! – YMCA of Snohomish County

**Free Macbook and iPad / iPhone Tutoring** 3 / 30-minute sessions in the Camano Center Library (1pm, 1:30pm, 2pm) the second and fourth Thursdays of each month. Email Joyce to sign up at [fact@ms-deadlines.com](mailto:fact@ms-deadlines.com)

**Private Music Lessons** (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Try it first! Book a free 30-minute lesson: [HartMusicSchool.com/free-trial](http://HartMusicSchool.com/free-trial). (Music teachers apply here: [HartMusicSchool.com/apply-to-teach](http://HartMusicSchool.com/apply-to-teach)).

**FamilySearch Center** – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription websites and records. Contact us at [camano@familyhistorymail.org](mailto:camano@familyhistorymail.org).

**Guitar Lessons with Ford Geisbrecht.** All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. Serving Camano/ Stanwood since 2002. 360-631-0661.

**Movement Arts Yoga Classes In-studio & Online.** ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to [www.movementarts.com](http://www.movementarts.com) and follow the links to view our video library of online hour length classes.

**Yoga for Beginners** January 6-Feb 3, 2026 Tuesdays 6-7:15pm. Give the gift of Yoga in the New Year! Whether you are brand new to yoga or returning after a long absence, this five-week course will prepare you with the first steps toward a regular practice. This session is offered in-studio only. \$95 Register in advance at [movementarts.com/events](http://movementarts.com/events) or call 360-629-9100

**Four Springs House**  
for your next event



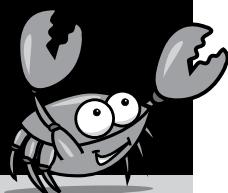
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[fourspringshouse@co.island.wa.us](mailto:fourspringshouse@co.island.wa.us)

# Classes and Workshops



**The Medicine Wheel** - Parts 3 and 4 - Healing the Self and the Collective: January 10 and February 28, 12-4 pm. January 10: Part 3 The Journey North; the Hummingbird and the Way of the Seer: Fly with this potent archetype as we explore the attributes of the North including dreaming, co-creating, divination, meditation, journeying and more. February 28: Part 4 The Journey East; the Eagle and the Way of the Sage: Fly wing to wing with Spirit! In this lofty direction we study time mastery, focus and freedom. \$105 or \$199 for both workshops. Sign up at [movementarts.com/events](http://movementarts.com/events) or call 360-629-9100. PLEASE NOTE: Open to all who have completed parts 1 and 2.

**YogaTone** Sundays January 11, 18 and 25. 10:30-11:30am. Drop-Ins Welcome! Join us for a fantastic, fun, positive sweat/dance/movement/yoga class that's designed for just about anyone. Enjoy simple movement patterns that challenge your mind/body to new places. \$75 or \$35 drop in register at [movementarts.com/events](http://movementarts.com/events) or call 360-629-9100.

**Intro to Fascia Rolling:** the Benefits of Myofascial Release. January 17, 2-4pm. Myofascial release is a self-care practice that utilizes soft, pliable massage therapy balls to roll and knead the body's fascial connective tissue to help increase our mobility and relieve aches and pains. \$65 p/p includes 2 sets of MFR balls, yours to keep, or without MFR balls if you already have your own at \$35 (workshop only). Reserve now at [movementarts.com/events](http://movementarts.com/events) or call 360-629-9100.

## Shoreline Bulkhead Protection

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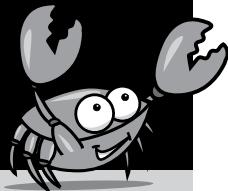
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# Photos and Art

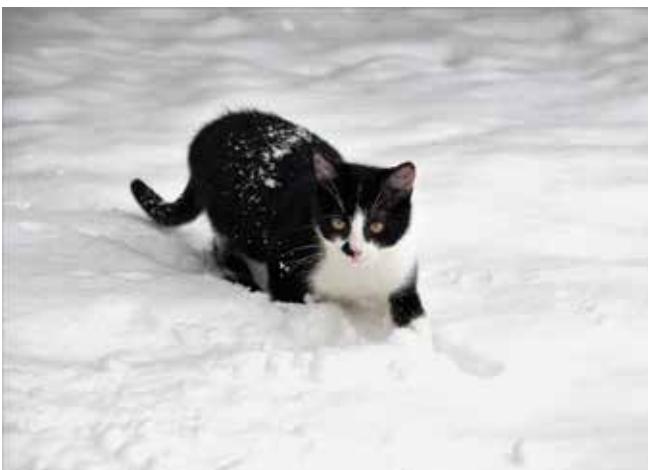


## DID YOU KNOW?

75% of the world's diet is produced from just 12 plants and five different animal species.



*"A walk in the rain." - A. Joldes*



*"Winter cat". Photo by Iva Balk.*

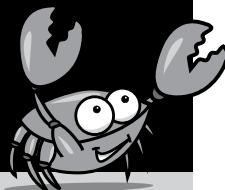
The logo for Bayless Electric features a stylized 'I' shape formed by two lightbulbs with yellow light rays emanating from them. The word 'BAYLESS' is written in a bold, sans-serif font, with 'B' and 'E' being part of the 'I' shape. 'ELECTRIC' is written in a smaller, bold, sans-serif font below it.

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# Classified Listings



## DID YOU KNOW?

Sour Patch Kids are from the same manufacturer as Swedish Fish. The red Sour Patch Kids are the same candy as Swedish Fish but with sour sugar.

## FOR SALE:

CarryLite Flambeau 39 Plastic Vintage Male and Female Mallards Hunting Decoy Ducks with Hunter's Backpack Included. \$1,200. Call or text Felix at (360) 420-9139

## MISCELLANEOUS:

**End of Year Deal** Celebrate the New Year at Anytime Fitness with Free Enrollment and ½ off training! 360-939-9593.

**I buy vinyl record albums:** Rock, Pop, Jazz & more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

## PROFESSIONAL SERVICES:

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## WANTED:

**Considering a career in real estate?** Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at [jillvail@windermere.com](mailto:jillvail@windermere.com) for more information. [windermerestanwoodcamano.com](http://windermerestanwoodcamano.com).

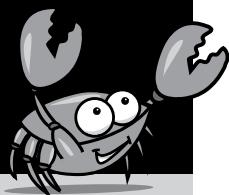
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# Clubs and Meetings



## DID YOU KNOW?

An Italian banker, Gilberto Baschiera, is considered a modern-day Robin Hood. Over the course of 7 years, he secretly diverted 1 million euros to poorer clients from the wealthy ones so they could qualify for loans. He made no profit and avoided jail in 2018 due to a plea bargain.

**Friendship Tea** - Join us for tea, treats, and a nice visit with friends, both old and new on the first Tuesday of each month at the Camano Center. No charge (donations welcome) to Camano Center members. Non-Members \$5 fee paid at the front desk. Call Connie at (360) 652-7211 for more information.

### **Are you or your loved ones suffering from depression or anxiety?**

There is hope! The Nedley Depression & Anxiety Recovery Program is an evidence-based community education course designed to provide the tools, support, and practical interventions needed to overcome depression and anxiety and achieve optimal mental health. Thousands have successfully improved overall mental performance, memory, concentration, sleep, and stress management through this program. Our 8-week programs have an evening or a daytime option, beginning on Monday, January 26 OR Tuesday, Jan. 27th, 2026. Monday evening sessions are at 6:30 PM and the Tuesday afternoon sessions are at 1:00 PM. You can find out more and/or register at one of the upcoming Free Introduction Sessions: Sat. Jan 10 at 1:00 p.m., Sat Jan 17 at 2:30 p.m., or Mon Jan 19 at 6:30 p.m. Classes and Introduction Sessions held at 28505 68th Ave NW, Stanwood, WA. Questions? Call/Text 425-870-1006

**Rainy Day Room Playgroup** Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: [www.crc-sc.org/events](http://www.crc-sc.org/events).

**Teen Programs** Monday through Friday at the Community Resource Center, please visit [www.crc-sc.org/teenprograms](http://www.crc-sc.org/teenprograms) for more details and schedule of activities.

**Kaleidoscope Play & Learn** a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at [www.crc-sc.org/events](http://www.crc-sc.org/events).

**Full of Words:** A Free 8-Week Women's Writing Circle (meeting at the Camano Island Library, Jan 9 - Feb 27). Details here: <https://tinyurl.com/full-of-words>

**Are you troubled by someone else's drinking?** When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: SUNDAY, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; "One Day at a Time," Stanwood Senior Center, 7430 276th ST NW, Stanwood, 7:00pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), THURSDAY, "Stanwood AFG", United Methodist Church, 27128 102nd Dr, Stanwood, 7:00pm, SATURDAY, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am. For more info and additional Al-Anon meetings in Northern Snohomish County call 360-618-0464 or go to <https://district28alanon.com>.

**Interested in joining Camano Island Quilters?** We would love to meet you, stop by, and/or check us out on our website at <https://Camanoislandquilters.wildapricot.org>.

# Clubs and Meetings



**Community Open Sew** 2nd Monday of the month with Camano Island Quilters. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public. Want to sew with others, need help on a project? We are here to help you. Bring your sewing machine, a project, and basic tools for an afternoon of fun!

**Stanwood Chapter of Top's (Take Off Pounds Sensibly)** would like to invite you to join us on Thursday mornings at the Cedarhome Baptist Church (29000 68th Ave. NW in Stanwood.) We meet at 10:00 a.m., and would love to have you visit our group of wonderful supportive friends! Please feel free to call Gay at (360) 393-7117 for more information.



## SAVE CAMA BEACH CABINS

**Do you miss having the cabins open and seeing visitors excited about the park, Camano Island, and Stanwood? Does your business miss the income from tourists? Does your family miss the fun educational events at the park? There is a new group forming to reopen the cabins.**

**Save Cama Beach Cabins group** is asking the Washington State Legislature for funding to repair the septic and water systems so the cabins can be used again. A website with more information will be available soon. They need your help to contact the Governor and your State Legislators to urge their support for this effort so the Cama Beach cabins can be reopened for all of us.

**Governor's office:** 360-902-4111

**Representative Clyde Shavers:** 360-786-7884

**Representative Dave Paul:** 360-786-7914

**Senator Ron Muzzall:** 360-786-7618

**Thank you for your help! Watch the Crab Cracker and/or go to our website for more info.**

**SaveCamaBeachCabins.org / info@savecamabeachcabins.org**

# View from the Bleachers



Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his new YouTube channel by the same name.

## MY NEW YEAR'S RESOLUTIONS – ACCORDING TO AI

I have always struggled to come up with meaningful yet achievable New Year's resolutions. Mostly because I tend to aim for "dramatic life transformation" and end up achieving "naps with good intentions."

I usually set the bar way too high and inevitably bail on my resolutions – though, to be fair, I almost always make it through most of January. Not early January. Late January. I'm not a quitter – I'm a lazy quitter.

As another new year loomed, I found myself staring into the abyss of January 1st with a level of lethargy best described as Olympic-caliber procrastination. Then one night I had what I believed was a stroke of genius: why not let artificial intelligence set my New Year's resolutions for me? After all, these self-learning robots spend their days crunching massive amounts of data, the same way I crunch Doritos while binge-watching Ted Lasso.

So, I sat down at my keyboard, watched a couple of hilarious cat videos to "mentally prepare," and then summoned my digital assistant. I asked it to generate a list of New Year's resolutions that would catapult me into a year of success and glory – mainly to impress my friends (both of them).

Within seconds, the AI bot spit out a list that, if I'm being honest, felt less like "personal goals" and more like a ransom note.

The first resolution? "Win the Olympic gold medal in Milano in the luge competition."

Now, setting aside the fact that I've always considered myself more of a Giant Slalom guy, the idea of flying down an icy chute at almost 100 mph did sound thrilling. Actually, I'm not entirely certain what a luge is, but I believe it involves ice, speed, and muscles I stopped using during the Clinton administration. I maintain a long-standing policy of avoiding any activity that involves intense exertion – unless it's cracking crab legs for dinner.

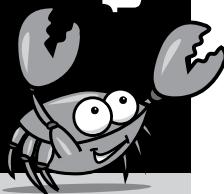
If "sliding gracefully through life on a couch" were an Olympic sport, I'd already be sponsored by Nike. Next on the list: "Solve the war between Ukraine and Russia."

Whoa. That feels a little outside my core competencies, which are, ranked in order: sleeping, eating, and patting kitties. International diplomacy did not crack my top 20 list of abilities. I can barely negotiate who gets the last slice of pizza without someone storming off in anger. Tackling global conflict seems... ambitious.

And just when I thought the list couldn't get any more detached from reality, the AI added: "Become the first person to set foot on Mars."

Mars?! I'd settle for becoming the first person in my neighborhood to vacation in the Maldives. Did I miss the announcement where NASA

# View from the Bleachers



## DID YOU KNOW?

Apple paid a couple \$1.7 million dollars for their plot of land, which was only worth \$181,700.

While Apple was building a huge data center in the middle of North Carolina, they wanted to occupy the area of a couple that had lived there for 34 years.

When the couple refused to leave, Apple paid them \$1.7 million dollars for their land.

started recruiting seventy-year-olds with bad knees, worse hearing, and a strong aversion to turbulence? I get nauseous on the Tilt-a-Whirl ride. I'm not exactly launch-pad material. Heck, I can barely handle economy seating, let alone zero gravity.

After reviewing my AI-generated aspirations – each about as realistic as me being crowned the next King of Norway (though, at age 88, he could keel over any day now) – I realized some recalibration was needed.

So, I went back to ChatGPT and politely asked it to "dial back the ambitiousness." Something manageable. Something attainable. Something like remembering to water my hydrangeas before they unionize.

The second list was... more grounded. And noticeably judgier. The first resolution: "Try not to gain more than 10 pounds this year."

Wow. Straight for the jugular. I could hear my bathroom scale silently snicker, "Good luck, buddy." Ah yes, the classic "set the bar so low you can crawl over it" strategy. No, that wasn't too humiliating.

Then: "Remember your wife's birthday for once."

Okay, I didn't need the AI's snarky tone here. But fair point. Honestly, I probably have a better chance of remembering what a luge is.

It also recommended I "shower at least every other day." Hmm. Bold. Aspirational. Possibly unrealistic. But I'm willing to take on a couple stretch goals.

Finally: "Eat more vegetables." I agreed – so long as french fries, ketchup, and popcorn continue to be defined as vegetables, as in the food pyramid from my childhood in the early 1960s.

Reviewing my revised AI-generated resolutions, I felt cautiously optimistic... and mildly humiliated. The goals were modest, achievable, and clearly written by an algorithm that thought I was in second grade.

Still, I'm committed to achieving at least 25% of them – through January. February is a whole different animal. I'm not Superman.

So, here's to the new year! While I may not win Olympic gold, solve world peace, or colonize Mars, I probably can shower occasionally, remember an important birthday, and gain less weight than last year. And who knows? If I nail this admittedly low bar, maybe next year the AI Gods will upgrade the challenge level of my goals from "second grader" to "elementary school graduate."

Baby steps.

[Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his YouTube channel by the same name.]

## TIDE TABLES / SARATOGA PASSAGE / JANUARY 9-22, 2026

Date		High /Low	Tide Time	Height Feet	Moon Visible
F 9	Low	2:28 AM	2.5		●
	High	9:24 AM	12.2		●
	Low	4:11 PM	3.7		●
	High	9:48 PM	7.7		●
Sa 10	Low	3:13 AM	4.3		●
	High	9:54 AM	11.8		●
	Low	5:02 PM	2.9		●
	High	11:33 PM	7.7		●
Su 11	Low	4:02 AM	5.9		●
	High	10:26 AM	11.5		●
	Low	5:52 PM	2.1		●
M 12	High	1:36 AM	8.4		●
	Low	4:58 AM	7.2		●
	High	11:01 AM	11.1		●
	Low	6:42 PM	1.4		●
Tu 13	High	2:47 AM	9.3		●
	Low	6:06 AM	8.2		●
	High	11:41 AM	10.9		●
	Low	7:30 PM	0.7		●
W 14	High	3:39 AM	10.2		●
	Low	7:23 AM	8.6		●
	High	12:28 PM	10.7		●
	Low	8:14 PM	0.0		●
Th 15	High	4:22 AM	10.9		●
	Low	8:31 AM	8.7		●
	High	1:18 PM	10.6		●
	Low	8:55 PM	-0.6		●

Date		High /Low	Tide Time	Height Feet	Moon Visible
F 16	High	4:59 AM	11.4		●
	Low	9:27 AM	8.6		●
	High	2:06 PM	10.6		●
	Low	9:35 PM	-1.1		●
Sa 17	High	5:31 AM	11.9		●
	Low	10:15 AM	8.2		●
	High	2:51 PM	10.6		●
	Low	10:13 PM	-1.5		●
Su 18	High	5:59 AM	12.2		○
	Low	11:00 AM	7.8		○
	High	3:35 PM	10.5		○
	Low	10:50 PM	-1.6		○
M 19	High	6:24 AM	12.4		○
	Low	11:41 AM	7.3		○
	High	4:21 PM	10.3		○
	Low	11:27 PM	-1.5		○
Tu 20	High	6:48 AM	12.6		○
	Low	12:20 PM	6.7		○
	High	5:09 PM	10.0		○
W 21	Low	12:02 AM	-1.0		○
	High	7:12 AM	12.6		○
	Low	1:00 PM	6.0		○
	High	5:58 PM	9.7		○
Th 22	Low	12:38 AM	-0.1		○
	High	7:38 AM	12.6		○
	Low	1:43 PM	5.1		○
	High	6:52 PM	9.3		○



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## ***Independent Living***

It may sound strange, but one of the best parts of independent living at Warm Beach is the community that surrounds you. Imagine the joy received from being part of a community of like-minded people sharing, growing and flourishing in a Christ-centered environment.

With four beautiful and distinct neighborhoods, you're sure to find the perfect home to fit your lifestyle. Single family homes with garages and carports, single level multi-unit apartments and multi-level townhomes are all available on our stunning 100 acre park-like campus.

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Thinking About a Move in 2026?  
Start With a Conversation.



The beginning of the year is a natural time to pause, reflect, and look ahead. Whether a move is months away or just a question you've been carrying, having the right information makes all the difference.

At Windermere Real Estate Stanwood & Camano Island, we believe good decisions start with clear guidance, local expertise, and honest conversations.

If real estate is part of your 2026 plan, we're here to help you think it through. With our offices open 7 days a week, expert Real Estate support is always within reach!

**We're All In, For You!**

**WindermereStanwoodCamano.com**

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