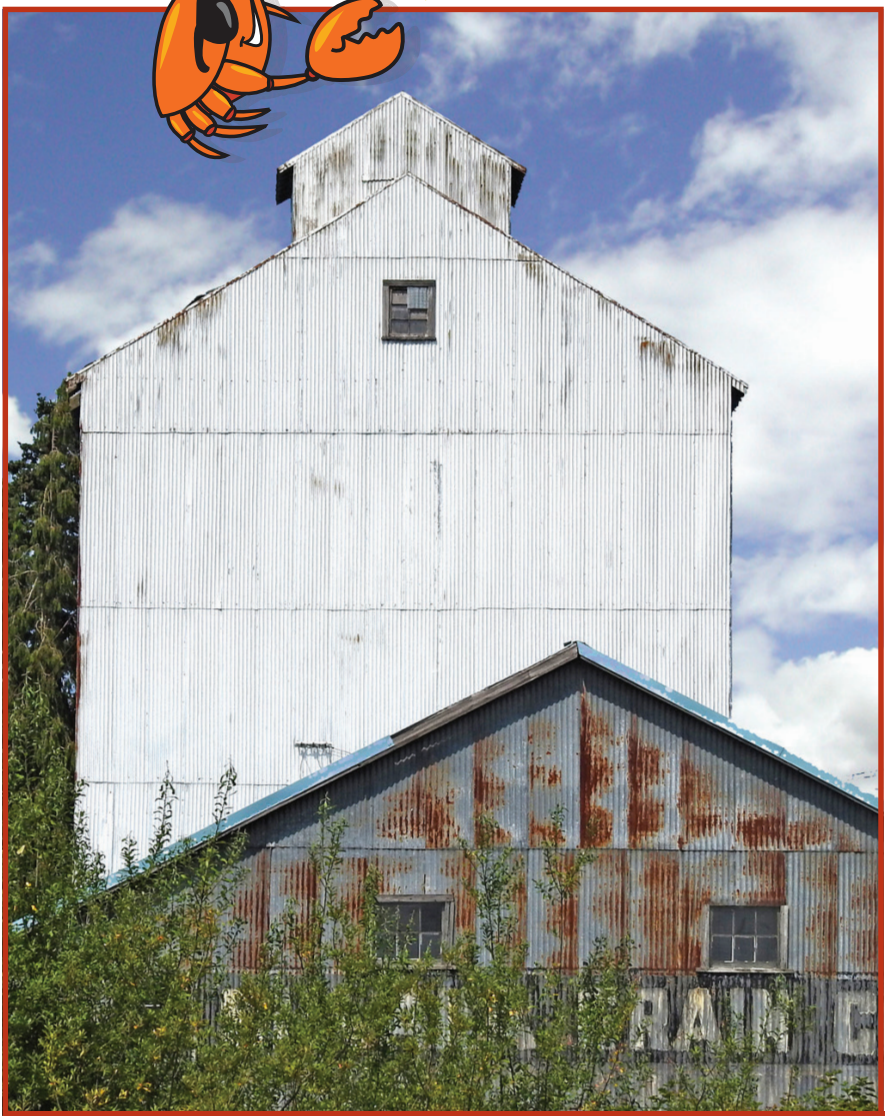
ISSUE 437
Aug. 21 - Sep. 3, 2026

THE RAB CRACKER

COMMUNITY MAGAZINE



Events, Information, and Entertainment in the Port Susan Area

Camano Island • Stanwood • Warm Beach • Silvana • Conway

SAVE THE DATE

THE TWENTIES Gala

20TH ANNUAL GALA AUCTION
BENEFITING THE CAMANO CENTER

SEPTEMBER 26, 2026 5:30 PM

TICKETS ON SALE 8.31.26 LIMITED TICKETS AVAILABLE
CAMANOCENTER.ORG/GALA

Help Us Build an Amazing Auction

Do you have an item, gift card, service, or experience you'd like to donate? Here are some items our guests love to bid on

- Vacation Home or Timeshares
- Dinner Party or BBQ
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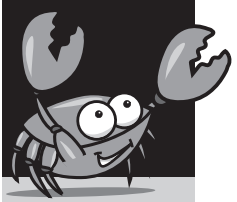
- Cleaning Services
- Painting/Roofing Services
- Landscape Materials & Garden Help
- Sponsor an Experience Item
- Seahawks, Kraken, Mariners or Concert Tickets
- Frequent Flyer Miles/Airline Tickets
- Beauty or Spa Certificates or Services
- Floral/Bouquet Delivery Services
- Local Dining Certificates
- Local Activities

Please contact Cindy at
chand@camanocenter.org or
360-387-0222

CamanoCenter
Get connected.

Table of Contents



Find us on: facebook.

Artist of the Week 30
Band-Aid Bulletin 51
Business Spotlight 31
CALENDAR OF EVENTS 4-23
Classes and Workshops, Etc. 54-55
Classifieds Listings 57
Clubs & Meetings 58-59
Community Information & Announcements / News 37-44
Cooking Mamas 53
Dining Guide 48
Fun and Crafts 26-27
Intuitive Tarot with Tiffany 35
Longevity Lens 49
Moonshine Wisdom & Wit 28-29
Our Special People 45
Pet Pages (animals available for adoption) 52
Photos & Art 56
Tide Tables 62
View from the Bleachers 60-61
What Is That? 47

Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: Silvana Grain Company - Silvana, WA.
Photo by James M. Shipley

Walking Cat Design
GRAPHIC DESIGN PROFESSIONALS

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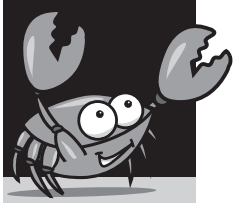
***Submission* DEADLINE: AUGUST 27** *for Next Edition (Sep. 4-17, 2026)*

Calendar of Events



FRIDAY, AUGUST 21

END OF SUMMER SUNDAE SOCIAL AND MOVIE NIGHT

5:30pm–7:30pm at the Camano Island Library. Celebrate the end of a fantastic summer! Kick off the evening by creating your very own custom ice cream sundae. Then, we'll watch the family fantasy film Mirror Mirror. Don't miss the chance to bid summer farewell in the most delicious way! Ice cream and toppings generously provided by the Camano Island Library Friends.

Free Community Resource Fair

Camano 101

SATURDAY, SEPTEMBER 12, 2026

Learn about community programs and enter into a rain barrel giveaway!

10 am - 1 pm · Camano Center

Learn more: bit.ly/camano-101

SNOHOMISH CONSERVATION DISTRICT

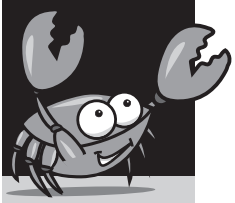
CamanoCenter Get connected.

SOUND WATER STEWARDS

WSU EXTENSION Island County

Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

Calendar of Events



DID YOU KNOW?

Expedia.com, Hotels.com, Hotwire.com, Trivago, Travelocity, and Orbitz are all owned by the same company, Expedia Inc.

FRIDAY, AUGUST 21

STANWOOD FARMERS MARKET

2-6pm behind the Stanwood Police station. Local produce, food trucks, fresh flowers, baked goods, artisans, and live music.

FRIDAY, AUGUST 21

HOMESCHOOL EXPLORERS: BURKE MUSEUM BOX "WHALES"

11am–12:15pm at the Camano Island Library. Are you a homeschooler looking to connect with other homeschoolers, and excited to learn and have fun? Then join us for Homeschool Explorers! The hands-on activity for this Homeschool Explorers session will be the Burke Boxes traveling mini exhibit Whales. Take a deep dive into the world of whales, dolphins and porpoises by examining real skulls, bones, baleen, and teeth. Compare whale sizes and learn about the importance of whales in marine ecosystems, as well as their significance to humans.

FRIDAY, AUGUST 21

MARY ELLEN LYKINS AND THE CC ADAMS BAND

7pm at Pub 282, 370 NE Camano Dr #6, Camano. Thwarting the conventional, the band thrives on unique arrangements with roots in the Blues and an eclectic mix of R&B and tasty Rock mix

FRIDAY, AUGUST 21

TEEN DEBATE & POTLUCK

Noon-3pm at YMCA Teen Center. Passionate about food? Like to debate? Have you heard of Youth & Government and would like to learn more? Come enjoy a plate while experiencing and partaking in a live Youth & Government debate! Teens and families are encouraged to bring a dish. Plates, bowls, cutlery and drinks will be provided. More info: sleonardo@ymca-snoco.org.

FRIDAY, AUGUST 21

POP UP YOGA

With Carol Mason. Noon-1pm at Camano Commons. Gather with friends and join us for some outdoor yoga. Spread out and feel the grass under your feet. This is a FREE Event. Please bring a donation for the Stanwood/Camano FOOD BANK. More info: 360-629-9100

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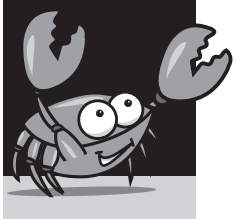
Calendar of Events



FRIDAY, AUGUST 21

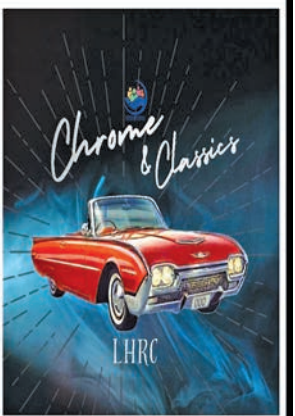
MOVIES IN THE PARK

The City of Stanwood invites families, friends and neighbors to enjoy Movies in the Park taking place at Church Creek Park. Admission is free. Tonight's feature: A Minecraft Movie. Movies begin around dusk, approximately 8 to 8:30 p.m. Attendees can also stop by the Stanwood Cupcakes booth, which will be serving on-site ice cream and other sweet treats throughout the evening. Overflow parking is available at Stanwood High School.

Lincoln Hill Retirement Community

Your Local Senior Center
7430 276th St NW
Stanwood, WA 98292
360-629-7403

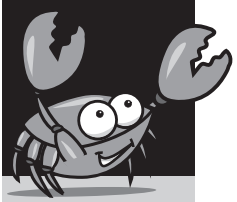
LINCOLN HILL
RETIREMENT COMMUNITY



UPCOMING EVENTS

- **Chrome & Classics Car Show 7:30 – 2:30 Saturday, September 5, 2026 Biscuits and Gravy Breakfast & Registration start at 7:30 AM. Car Show starts at 9:00 AM**
- **Friday, September 18, 2026 – 5:30 PM – 7:30 PM Free Spaghetti Dinner, celebrating National Senior Center month, and brought to you by Community Foundation of Snohomish County. Join us in supporting Stanwood's local senior center!**
- **October Big Bucks Basket Bingo & Raffle Friday, October 16th 2026 – 5:00 – 8:00 PM – Great Food- Great Fun- Great Raffle items. Reserve your seat today!**
- **www.lincolnhill-rc.org For more information call the center at 360-629-7403**

Calendar of Events



look for us online at

www.TheCrabCracker.com

or on **Facebook.**

Download current or past editions.

FRIDAY-SUNDAY, AUGUST 21-23

SUMMER ART EXPO

by Stanwood-Camano Arts Guild. Paintings, stained glass, photography, jewelry, garden art & more! Friday: 10am-5pm. Saturday: 10am-5pm. Sunday: 10am-4pm. Located at Island County Multi Purpose Center, 141 N East Camano Drive, Camano.

FRIDAY-SUNDAY, AUGUST 21-23

CAMANO CITY SCHOOLHOUSE & FIRE HALL ANNUAL GARAGE SALE

10am-4pm. Fantastic bargains on household goods/decor, appliances, tools, vintage items, and more! Proceeds will go to the restoration & preservation of our beloved 1906 Schoolhouse & Fire Hall. Whatever is left will be donated to the Stanwood Thrift Store and Food Bank! 993 Orchid Rd, Camano Island. Thank you for your support!

SATURDAY, AUGUST 22

"STOP THE BLEED"

at the Camano Library! Join the Camano Preparedness Group and Dr. Mitchell at 1 p.m. to learn lifesaving bleeding control skills. This practical training will teach you how to respond to severe bleeding using your hands, dressings, and tourniquets until emergency responders arrive. In a bleeding emergency, immediate action can save a life. Be prepared, be confident, and be ready to help when it matters most.

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2026
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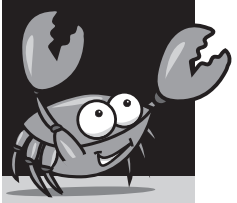
GLASS QUEST
Registration Opens Sept.
Deadline Thanksgiving!

Member
Appreciation BBQ
Sept. 17th – RSVP
Not a member? Join!
www.camanoisland.org

Calendar of Events



DID YOU KNOW?

The world record for the longest human chain (holding hands) is 652.4 miles, and it consisted of 5 million people in Bangladesh as part of a campaign.

SATURDAY, AUGUST 22

BITE OF STANWOOD CAMANO

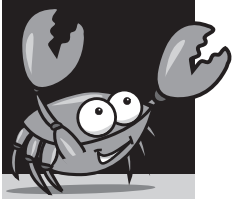
Annual fundraising event benefiting the Community Resource Center of Stanwood Camano. 21 and older event. 5:30pm at the Community Resource Center of Stanwood Camano. This "fun"draising event will bring the best food from our region together for a culinary competition, with the opportunity to wow guests with small bites of their signature dishes that leave them wanting more. Guests will vote on their favorite bites. In addition to fabulous food and terrific company, this event will offer live music, no-host bar, a live auction and fund-a-need and more fun activities. Tickets include tastes from each food vendor and a beverage ticket. Tickets at https://crc-sc.ejoinme.org/MyEvents/2026BiteofStanwoodCamano.

SATURDAY, AUGUST 22

BARN HISTORY TOUR

11am-1pm at Kristoferson Farm on Camano. Take a walk through time with a free guided tour of our beautifully preserved historic barn, a true icon of the island's agricultural heritage. Discover the story of over 110 years of farming and four generations of Kristoferson family stewardship, as told by none other than family member, Steve Campbell. From early beginnings to modern-day sustainability, Steve brings the history of the farm to life with family stories, fascinating insights, and a deep love for the land. Free to attend – all ages welcome! Whether you're a history buff, a lover of old barns, or just curious about local roots, this is a perfect way to connect with the past in a firsthand, heartfelt way.

Calendar of Events



DID YOU KNOW?

Baked beans are actually not baked but stewed.

SATURDAY, AUGUST 22

TOY BOAT BUILDING

Build a wooden toy boat at Camano Island State Park from 10am-2pm located in the North Beach Picnic Area. You get to bring it home as a souvenir! For safety, all children must be accompanied by a parent or guardian. Building materials and tools provided. $5 suggested donation to the Cama Beach Foundation.

SATURDAY, AUGUST 22

DISCOVER WAGON - OWLS

Learn about our local raptors. See mounted owls, dissect an owl pellet and piece together a rodent skeleton. 11am to 1pm at North Beach next to the Toy Boat building event in Camano Island State Park. Sponsored by the Cama Beach Foundation.

SATURDAY, AUGUST 22

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up…Now with $100 and $200 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, AUGUST 22

ROCK RADIO

7pm at Pub 282, 370 NE Camano Dr #6, Camano. Crank up the volume and get ready for a hard-hitting night of rock 'n' roll! Expect massive guitar riffs, driving beats, and an electrifying stage show.

SATURDAY, AUGUST 22

POP-UP VENDOR MARKET

10am-4pm at Kristoferson Farm, Camano. Shop for hand-crafted items from local vendors. Check out the vendor booths and the many treats in the farm stand!

SATURDAY, AUGUST 22

LIVE MUSIC AT CONWAY'S PUB & EATERY

Looking for the perfect way to spend your Saturday night? We've got you covered with amazing local talent. Help us support these talented musicians by coming out, grabbing a bite, and enjoying a great night with friends and family. Today's feature: To and From (7:00–10:00 PM)

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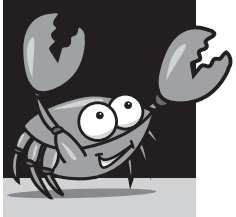


SATURDAY, AUGUST 22

HOPEFEST

at Camano Chapel from noon-4pm. Family fun including laser tag, a 24' climbing wall, pony rides, and more, with live music from Russell Bartlett and Friends and the Brett Williams Band. Hear from a Boy, about a Shark, and a Man on Fire. Free food trucks and BBQ! Free activities and food for everyone!

Cama Beach Foundation

Volunteers Needed

at Camano Island State Park

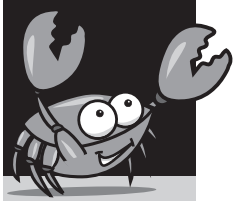
Toy Boats - assist boat builders of all ages and/or help with set-up. Saturdays. Training provided.

Website

Discovery Wagon - assist children dissecting owl pellets. Saturdays. Training, yes.

For more information about volunteer opportunities with the Cama Beach Foundation please *call* Janet at 360-387-2062 or *email* jlmott.cbf@gmail.com

Calendar of Events



DID YOU KNOW?

Rowan Atkinson – also known as Mr. Bean – is the voice of Zazu in The Lion King.

SATURDAY, AUGUST 22

OPEN HOUSE AT THE UTSALADY LADIES AID

We will celebrate local history with programs from 10am until 4pm—all part of the nation's 250th anniversary remembrance celebration. Talks will include a look at the early explorers of this area, a decription of the Native Kikiallus village which originally occupied the area, a walking tour of historic Utsalady Bay and a chance to share stories about your ancestors and their involvement in the American experience and creation of the nation.

SATURDAY, AUGUST 22

AMERICAN MAHJONG NIGHT

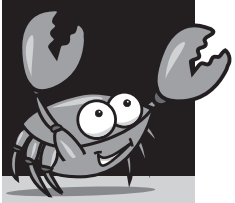
at the Camano Island Library Meeting Room. Come play, learn, and laugh. Perfect for beginners and experienced players! Enjoy strategy, camaraderie, and a fun, welcoming atmosphere. No experience needed. Free. Bring snacks, your favorite beverage, and your NMJL card if you have one. We'll provide the tiles and the fun! 5:15-9:15 PM

SATURDAY, AUGUST 22

GRIEF TO GRATITUDE - STORIED PASTS

11am-12:30pm at the Camano Library. The loss of a loved one is one of life's most common human experiences. "Grief to Gratitude" is a free program where you can come and share an uplifting story (or two) about your lost loved one to inspire joy, reflection and gratitude. Questions: 360-348-6277. Camano Library, 848 N. Sunrise Blvd

Calendar of Events



SATURDAY, AUGUST 22

WOODSHED

performing live at 8 PM - Arcadian Public House, 18444 Spruce Street, Conway, WA. Tickets: $15 ADV / $20 DOS. 21+.

SATURDAY, AUGUST 22

"HIDDEN ART"

Come see us at Freedom Park 568 E North Camano Drive from 10am to 2pm for a CAA Gateway Gallery special event called Hidden Art. Ceramic tokens about 5" in diameter will be hidden throughout the park. Once found they can be exchanged for a free small art or craft prize at the Gateway Gallery (the little red building). One token per person, please. Tokens will be hidden in easily accessible places, so plantings are not disturbed. This is an all-ages event!

SATURDAY, AUGUST 22

KERMES-TARDEADA

The Keep Dreams Alive Foundation is hosting a Mexican Kermés-Tardeada benefit even from 4-8pm at El Rancho Costalegre, located at 2722 324th St NW in Stanwood. Admission is free, featuring live music, dancing horses, and family activities. Keep Dreams Alive Foundation. To strengthen and develop the capacity and empowerment of the Immigrant and Latino-Hispanic community.

PNW COLLECTIVE

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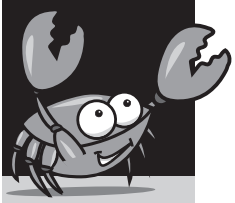


SATURDAY, AUGUST 22

ISLAND COMFORT

1pm at Edward Lynne Cellars. Join Island Comfort and Edward Lynn Cellars for and afternoon of great music, friends, and wonderful local wines!

SATURDAY, AUGUST 22

OUTDOOR CONCERT: EAGLES TRIBUTE WITH CHRIS EGER

1-5pm at Arrowhead Ranch, 615 Arrowhead Rd., Camano. Get ready for an unforgettable afternoon of live music. Join us for Eagles Tribute with Chris Eger Band & The Powerhouse Horns, celebrating the timeless hits of the Eagles and other great American classics. From rock and blues to country, soul, and funk, this high-energy outdoor concert promises incredible musicianship, amazing vocals, and all the songs you know and love. Gates Open at 12:00 PM. Rock Radio: 1:00 PM – 2:30 PM. Chris Eger Band: 3:00 PM – 5:00 PM. All Ages Welcome. Food & Beverages Available. Grab your lawn chairs, bring your friends and family, and make it a summer afternoon to remember! Tickets at https://www.arrowheadranchcamano.com/events/

SATURDAY, AUGUST 22

OUTDOOR MARKET

10AM-4PM at The Spare Room, 1215 SR 532, Camano. Our outdoor markets are a vibrant and eclectic marketplace where you can explore a world of vintage items, antiques, handmade crafts, and so much more! We set up in the field to the right of the shops with 20+ guest vendors for the day! You don't want to miss this!

SATURDAY-SUNDAY, AUGUST 22-23

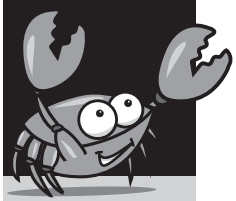
ANNUAL CAMANO CUP PICKLEBALL TOURNAMENT

The Camano Stanwood Pickleball Association (CSPA) has announced its annual main pickleball tournament. It's called the Camano Cup, and it's been held every year since 2017. The two-day tournament will take place 7am to 5pm each day. There will be men's, women's, and mixed doubles competitions for players ranging from intermediate to advanced skill level. It's a ton of fun, along with a raffle drawing for the players. Location: Camano Park (0.7 miles south of the Camano Plaza on E. Camano Drive.) Attendance to watch is free.

DID YOU KNOW?

It wasn't until fall 1971 when the Amateur Athletics Union allowed women to compete, which made 1972's marathon the first to officially allow female entrants.

Calendar of Events



DID YOU KNOW?

Sunsets on Mars are blue.

SUNDAY, AUGUST 23

SUMMER SELAH

5pm at St Aidan's Episcopal Church, Camano Island. With Jeff Johnson, Lisa Carter (Celtic harp), Emy Carter (violin), and poetry by Scott Cairns. We'll be playing songs from "Circle Me - Selah Songs" and Scott will be reading from his latest poetry collection, "Against Certainty." Hope to see you there!

SUNDAY, AUGUST 23

A ROCK/R&B/BLUES BASH

Featuring Mojo Cannon, Joe Cook Blues Band and Mama Dirty Skirt at the Arcadian Public House - 4 PM. 18444 Spruce Street, Conway, WA. Tickets: $20 ADV / $25 DOS 21 and over only Outside food is welcome, no beverages please. Online ticket sales will end at 8 AM on 8/23 We have seats for everyone, but feel free to bring in your own chairs if it's an outdoor show (weather permitting)

SUNDAY, AUGUST 23

REMOTE CONTROL SPRINT CAR RACES

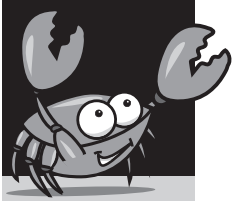
at Creekside Speedway, Stanwood. Live racing, real action, unforgettable moments! Thrilling races, family fun. Gates open at 8am. Racing starts at 10am. 25519 4th Ave NW, Stanwood. (206) 335-8123

TUESDAY, AUGUST 25

SUMMER STAY AND PLAY

10:30-11:30am at the Stanwood Library. An opportunity for children, birth to kindergarten, and their caregivers to come play with fun and educational toys. Engage in in-person play, socialize with others, and reconnect with the library. Drop in anytime during this event.

Calendar of Events



DID YOU KNOW?

"lbs" comes from the Latin word "libra," which means "pound."

TUESDAY, AUGUST 25

CONWAY COMMUNITY BACK TO SCHOOL EVENT AND PARADE

Conway-Fir Lutheran Church along with a number of community organizations are sponsoring a BBQ and Fun Day at the ball fields behind the Conway Fire Department. In addition to food, and fun, they are also providing school supplies to students. Please come and join them between noon and 3pm, and then join the Conway School parade at 3:30.

WEDNESDAY, AUGUST 26

MINDFUL REFLECTION THROUGH ART

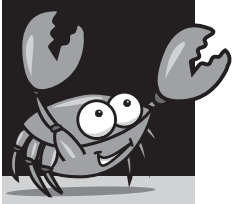
4-6pm at the Camano Island Library. Designed for participant's individualized expression through mindful reflection using the teacher's guided & uniquely created art modality of combining images with words to navigate and release emotions, stress, anxiety, trauma and/or personal challenges while visually bringing forth renewed changes and desired outcomes. Materials provided. Register at programs@scaacwa.org.

THURSDAY, AUGUST 27

WILLOW WIGGLY MUSIC SERIES

3-4pm at the Community Resource Center, 9612 271st St NW, Stanwood. A playful music and movement program designed for children ages 0–5 and their caregivers. Little ones will explore a variety of instruments, sing songs together, discover different sounds, and listen to the sounds of nature in a fun outdoor setting.

Calendar of Events



THURSDAY, AUGUST 27

LIVE MUSIC AT THE CAMANO COMMONS

3 to 5pm, LIVE music, Beatles to Bach, oldies & lots of goodies! with Island Affogato & Linda Younce on Accordion/Flute. Outside & weather permitting. More info at www.smallchambers.com

FRIDAY, AUGUST 28

SECRETS OF DYING WELL

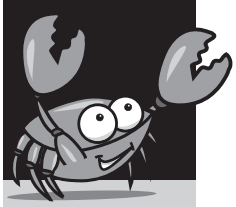
11am–12:30pm at the Camano Island Library. Join us with Hilary Walker, Licensed Occupational Therapist, as she guides you through understanding your choices, documenting your wishes, tapping into local resources, and ensuring your loved ones are supported. They are designed for anyone planning ahead or supporting someone else through end-of-life decisions. This is an open, honest conversation about what it means to die well—and live with intention.

FRIDAY, AUGUST 28

BACK TO SCHOOL OPEN HOUSES

Before school starts, elementary families are encouraged to attend their school's welcome event to meet teachers, see classrooms, and prepare for the new school year. 5-6pm.

Calendar of Events



DID YOU KNOW?

Strawberries can also be white or yellow, and some can even taste like pineapples!

FRIDAY, AUGUST 28

STEEL DRUM DANCE PARTY

1pm at the Stanwood Library. Take your family on a musical Caribbean vacation with Ian Dobson's Steel Drum Party! In the Caribbean, a steel drum is called a "pan", and to party is to "leggo". Get ready to Pan Leggo!!

FRIDAY, AUGUST 28

POWERHOUSE

7pm at Pub 282, 370 NE Camano Dr #6, Camano. This "Cream of the Crop" collection of northwest musicians is one of the most interesting acts you'll see. They play everything from killin' Rhythm and Blues, Rock, Blues, Soul and Jazz.

FRIDAY, AUGUST 28

FAMILY ART NIGHT

6:30-8pm at the Stanwood Library. Bring the whole family for an all-ages, after-hours evening of collaborative art with Stanwood Camano Arts Advocacy Commission! Our August project is windchimes and mobiles made from recycled and found materials. The library will provide art supplies, but you are welcome to bring your own as well! Drop in any time between 6:30 and 8pm. The library will close for the day at 6:00 m. and the meeting room will reopen for the event at 6:30 p.m.

Join Us for Fir-Conway Lutheran Church's
138th Birthday Celebration
& Open House

September 20, 2026
Join us for Worship at 10 am
and in our newly refreshed sanctuary and
Fellowship Hall from 11 to 2:30 pm.

18101 Fir Island Road, Mount Vernon, WA 98273
www.firconwaylutheran.org
wheelchair accessible/free parking/free event

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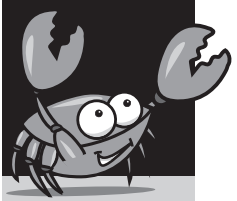
Calendar of Events



FRIDAY, AUGUST 28

STANWOOD FARMERS MARKET

2-6pm behind the Stanwood Police station. Local produce, food trucks, fresh flowers, baked goods, artisans, and live music.

FRIDAY-SATURDAY, AUGUST 28-29

NO TAG SALE! ANNUAL REIGNING HOPE FUNDRAISER

9am-4pm at 180 Shumway Road, Camano Island. Reigning Hope supports small business enterprise and self-reliant community development in Haiti since 2013. Misc clothing, household, tools, vintage, crafts and art... something for everyone!

FRIDAY-SUNDAY, AUGUST 28-30

CAMANO CITY SCHOOLHOUSE & FIRE HALL ANNUAL GARAGE SALE

10am-4pm. Fantastic bargains! Proceeds will go to the restoration & preservation of our beloved 1906 Schoolhouse & Fire Hall. Whatever is left will be donated to the Stanwood Thrift Store and Food Bank! 993 Orchid Rd, Camano Island. hank you for your support!

SATURDAY, AUGUST 29

COMMUNITY BREAKFAST

Come join us for a community breakfast at the South Camano Grange #930! Everyone is welcome to stop by for a hearty meal typical offerings feature pancakes (including gluten free and blueberry!), sausage, eggs, fruit, grits, homemade yogurt, coffee, and juice from 9am to 11am. It's a wonderful opportunity to catch up with friends, meet your neighbors, and learn what the Grange is planning next for the community. Suggested $10 donation for breakfast.

SATURDAY, AUGUST 29

FARMERS MARKET AT THE SOUTH CAMANO GRANGE

9am-2pm. Fresh produce from Camano Farm Ashram and Island Harvest, as well as baked goods and bread from Camano Sourdough, and several other local makers and growers. We appreciate all the support to establish a market on Camano again. Come for the famous pancake breakfast between 9-11am.

DID YOU KNOW?

All dogs have been banned from Antarctica since April 1994. This ban was made because of the concern that dogs might spread diseases to seals.

98221 Artist's STUDIO TOUR ANACORTES

SAVE THE DATE

FREE! FREE!

SATURDAY AND SUNDAY

SEPTEMBER

12th & 13th • 10am to 5pm

SELF-GUIDED ARTIST'S WORKING STUDIO TOUR 2026

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CERAMICS
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METAL ART

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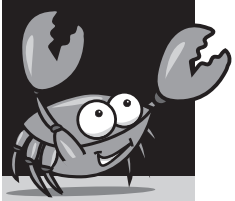
Calendar of Events



IF WE DON'T KNOW ABOUT IT, WE CAN'T PRINT IT.

Send your info and/or images to: thecrab @thecrabcracker.com

SATURDAY, AUGUST 29

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up…Now with $100 and $200 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, AUGUST 29

CAMANO ISLAND LIBRARY FRIENDS - MOVIE AND MUSIC SALE!

Great Selection! Great Prices! Great Cause! Browse our collection of DVDs and find something fun, scary or thrilling to take home. Some are new, some are a series. CDs for music lovers. All at prices that are easy on your wallet! 10am-4pm in the Community Room at the library, 848 N. Sunrise Blvd. Bring a friend! All proceeds go to support library programs and events year round. CASH ONLY please.

SATURDAY, AUGUST 29

MAKERS MARKET

9am-2pm at Elger Bay Grocery field, 1992 Elger Bay Rd., Camano. Handmade goods. Local artisans.

SATURDAY, AUGUST 29

AMERICAN MAHJONG NIGHT

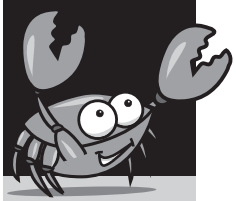
at the Camano Island. Come play, learn, and laugh at our friendly American Mahjong nights—perfect for beginners and experienced players alike! Enjoy strategy, camaraderie, and a fun, welcoming atmosphere. No experience needed. Free. Bring snacks, your favorite beverage, and your NMJL card if you have one. We'll provide the tiles and the fun! 5:15–9:15 PM.

SATURDAY, AUGUST 29

PRESCHOOL CELEBRATES 50 YEARS IN STANWOOD

For 50 wonderful years, our cooperative preschool has been a place of learning, friendship, laughter, and lifelong memories. Join us for an open house celebrating SCP and the families it has served. 10am-4pm at 27027 102nd Dr. NW Stanwood. All past parents and preschoolers from 1976 to the present are encouraged to attend and tour the current building and take part in the games, music and activities to celebrate. It's free to everyone to attend.

Calendar of Events



SATURDAY, AUGUST 29

MEYER ART FESTIVAL

10am-6pm. Join us in Stanwood on the brick road in front of the future Meyer Art Center for a day filled with art, music, food, and community. Enjoy live art demonstrations, live music, a makers market featuring local artists, food trucks, a beer garden, raffle giveaways, and so much more! Celebrate creativity with us.

SATURDAY, AUGUST 29

PLEIN AIR PAINT OUT

Artists of all experience levels are welcome to capture the beautiful landscapes of Camano Island and Stanwood, Washington. Date: Saturday, August 29. Painting Hours: 9:00 AM – 3:00 PM. Locations: Designated boundaries across Camano Island and Stanwood. (Specific locations and map will be emailed one week before event). Tickets and sign up at https://www.scaacwa.org/

SATURDAY, AUGUST 29

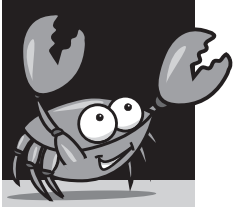
ASK A MASTER GARDENER PLANT CLINIC: CAMANO

11am-1pm at Ace Hardware, Camano Plaza. Bring your questions, plant pictures and plant samples, and get free, research-based gardening advice from an Island County Master Gardener.

DID YOU KNOW?

There's a sport called "squirrel fishing," in which participants try to catch squirrels and lift them into the air by using a nut on a fishing pole.

Calendar of Events



DID YOU KNOW?

Banks have therapists known as "wealth psychologists" who help ultra-rich clients who cannot mentally cope with their immense wealth.

SATURDAY, AUGUST 29

LIVE MUSIC - CHRIS KING

7-10pm at Low Bar - Stanwood. Santa Cruz Americana / Country.

SATURDAY,-SUNDAY, AUGUST 29-30

SOAP BOX DERBY RALLY RACE

at Arrowhead Ranch, 615 Arrowhead Rd, Camano. Includes single and double-elimination races for SoapBox Derby Stock, SuperStock, and Masters Divisions.

TUESDAY, SEPTEMBER 1

MIDDLE SCHOOL OPEN HOUSES

5:00 PM - 6:00 PM. Before school starts, middle school students and families are encouraged to attend their school's welcome event.

TUESDAY, SEPTEMBER 1

SPARTAN PREVIEW NIGHT

Walk the halls and get a layout of the land. Pick up schedules, walk through classes. PTO will also be there to answer any questions and help guide you to the right answers. We can't wait to see you!

WEDNESDAY, SEPTEMBER 2

CONNECT OVER COFFEE

An informal gathering open to Everyone where we share perspectives and explore ideas that spark positive change within ourselves and our communities. 1-3pm at the Camano Island Library Community room. Hosted by Baha'is in Skagit and Island Counties, who believe in the oneness of humanity and strive to build unified, vibrant communities that promote spiritual and material well-being.

WEDNESDAY, SEPTEMBER 2

READ WITH A THERAPY DOG

4-5pm at the Stanwood Library. Practice your reading, de-stress, and learn about therapy dogs at the library with Linda and her registered therapy dog Preacher.

THURSDAY, SEPTEMBER 3

STANWOOD HIGH SCHOOL SPORTS

Boys Tennis vs Archbishop Murphy. 3:30pm.
Girls Soccer vs Archbishop Murphy. JV: 5pm. Varsity: 7pm.
Girls Volleyball vs Lake Stevens. C Team and JV: 5:15pm. Varsity: 7pm.

September is National Suicide Prevention Month

If you know someone in crisis, call or text the hotline below

988 SUICIDE & CRISIS LIFELINE

ROAMING ARTISTS SHOW

Original Artwork from More than 20 Artists

September 5 & 6, 2026 10am-4pm (Saturday & Sunday Labor Day Weekend)

Featured Artist - Karen Epperson

Raffle Painting - Debbie Kluge

Island County Multi-Purpose Center (Green Building by Animal Shelter)
141 East Camano Drive, Camano Island, Washington

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CAMANO ISLAND FIRE MUSEUM
GRAND OPENING

FIRE
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MUSEUM
Protectors of the Rock

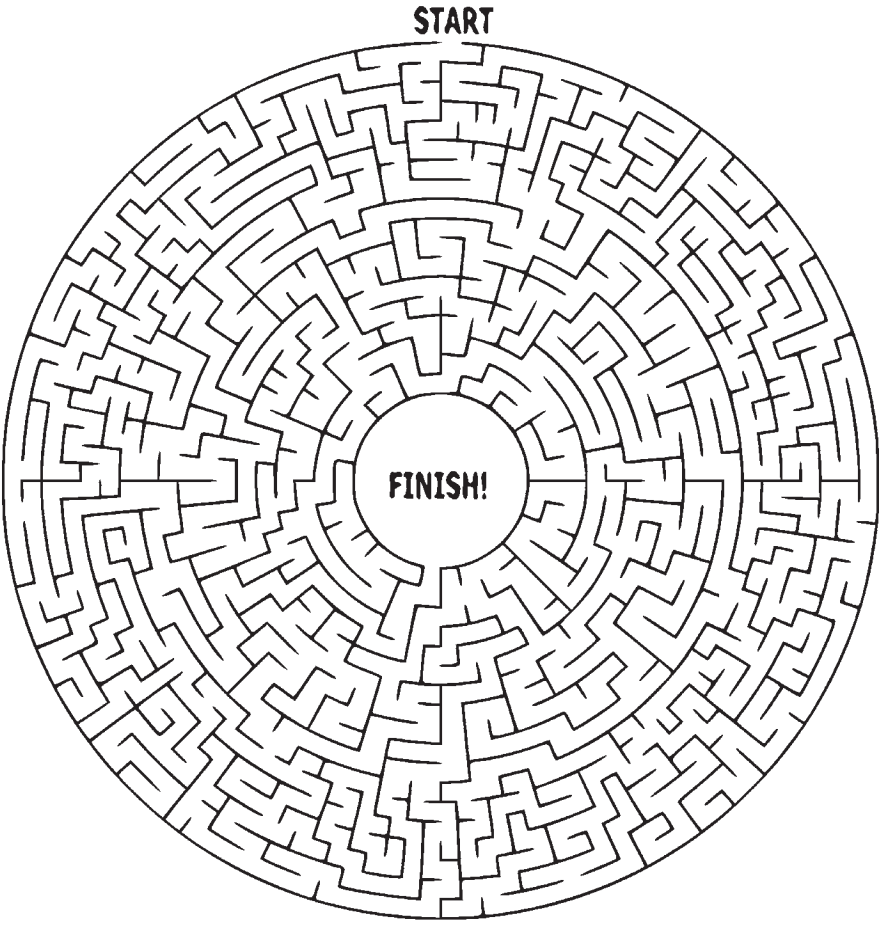
SATURDAY, SEPTEMBER 12, 2026
10am - 3pm

10:00 am	Shuttle bus from Camano Chapel (ADA Available)
11:00 am	9/11 Remembrance & Museum Dedication
Noon	Festivities begin with museum tours, CIFR fire apparatus, children's games, Hot dogs, chips & water
1:00 pm	Open Table Discussion with past/present Camano Fire personnel

985 Orchid Road, Camano Island, WA

Mabana Flames
Camano Island

CAMANO ISLAND
FIRE
RESCUE
EST. 1945



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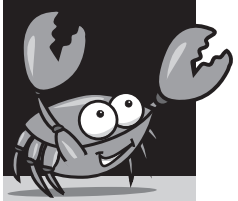
Know what's **below.**
Call before you dig.



FELT BIRDS

Here's what you need to sew the spring birds out of felt with your own hands: I found the pattern on the Net and decorated it for you. Thin soft felt (for the bird's body); Thin hard felt (for the beak); Felt thin hard patterned (for wings); Magnet vinyl sheet; Floss to match the felt; Brown floss (for the eyes); Decorative buttons (to attach wings); Simple pencil; Red pencil; Needle; Scissors; Instant glue; Synthetic fluff (quite a little); Pattern

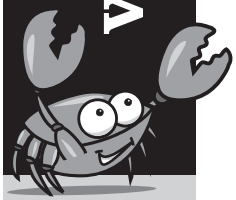
INSTRUCTIONS: 1. Print the pattern on A4 paper and cut it out. The pattern provides10,5x8 cm bird. 2. Apply the pattern to felt and outline with the pencil. 3. Carefully cut along the contour. Ensure that the pencil contour is not left. 4. Similarly, make wings and beaks. 5. Select beautiful buttons for fastening and decorating the wing. 6. Sew on buttons to the wing and then to the body of the bird (only front part). Three stitches are enough. 7. Draw the eyes and eyelashes with the simple pencil. Remember that the perimeter of the bird will be embroidered with a beautiful stitch so do not forget to leave space for it when drawing the eye. 8. Now embroider the eyes using large stitches. 9. It's time to return to the second part of the body and the beak. Overlay the right side of the body to the back and pin. Insert the beak between the parts of the body. 10. Take floss of six threads and begin to embroider the bird contour with a decorative seam hiding the knot between the two parts of the body. When you reached the place where a hole for stuffing should be, do not tie the knot, just leave the thread with a needle. 11. Fill the bird with sintepuh (holofiber). Remember that it will be a magnet, so it should not be too chubby:) So, moderately soft and flat at the same time. 12. And sewing up the hole. The bird is almost ready! 13. Cut out a circle with the diameter of approximately 3 cm from the magnet sheet. Apply glue and press the circle tightly to the back of our bird. 14. And finally using red pencil to paint the blush.

Source:
https://www.handmadiya.com/2017/04/how-to-make-spring-birds-of-felt.html

DID YOU KNOW?

Hackers uncovered a flaw in Hotmail's security in 1999, which allowed access to any Hotmail email account by entering "eh" as the password.

Moonshine Wisdom & Wit



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at www.skeeterdaddle.net

ART CENTER

The other day I overheard a conversation at the Diner between Fairlane Freddie and Janet Jorgenson, actually more an argument, precipitated by Fred when he complained about Stanwood upgrading its streets, putting a landscaped separation between lanes, erecting a metal and art entryway coming into town, all upgrades Fred declared were a waste of money. "My god, Freddie," Janet shot back, "give that town some credit. They're trying to make improvements."

"Gimme a break," Fred retorted hotly, sloshing coffee on the formica between them. "Like that walking trail around the sewer lagoon? You think they needed that?"

Janet shook her head and forked in a mouthful of pancake. When she finally swallowed, she asked, "You ever walk that trail?" Fred, of course, had not. "Why would I?"

"I dunno. Maybe the view of the Olympics, the Sound, the river, our island? They're making a new park at the Ovenell farm, another by the train depot and I think one past the library, you know, that corner at the Y."

Fred didn't know and furthermore, Fred couldn't care less, all a waste of time and money, he said. "Now they want to build a damn Art Center," he practically shouted for the rest of us to hear. "Just what we need, more stupid art!"

"Just gonna draw more stupid artists." Yeah, I said that from two tables over, happy to stir this particular pot. Janet seemed relieved to watch the argument move downstream, give her time to finish her cold pancakes. Anita, our waitress, groaned, half done refilling my coffee mug. "Wind him up," she muttered, "all we need this morning."

"You guys never stop," Fairlane replied. "Took Terry's Corner off the tax roles to build your goofy Visitor Center, run that Mother's Day Tour that clogs traffic every year --- who asked for all that? Used to be a nice rural island and Stanwood was a quiet little town. Couldn't just leave well enough alone?"

"Aw, Fred, you know us artists, the last thing we could do would be to leave well enough alone. You drive that '63 Ford, plenty good enough for you, but big fins and dual exhaust dinosaurs got to make way for the Jetsons' flying cars, probably EV's.

"I spoze you're all FOR that new art center," he sneered.

"What, me?" I said. "What have you got against new growth down in the floodplain? Give it some new life, maybe draw folks down to the Pearson House, The Floyd Cultural Center, the History Museum. Hell, Fred, you could stop in at the old library, probably hate our new one on the island. Stanwoodtown is up the hill now – you want to save the old, might as well embrace the new down below."

The couple at the table between ours, figuring they'd stumbled into a DMZ no-man's land, hastily finished their breakfasts and headed

for the safety of the cash register by the door, no point becoming collateral damage in the Culture War.

"We better stop, Fred --- we're scaring away the tourists," I said. Janet laughed. "Pretty soon they'll be coming to that Art Center," she said.

"Swell," Fred grumbled. "More darn art."

"You'll probably survive the shock, Fred," I told him. Anita was going to get a big tip from me this morning….

Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials!
This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics you need to understand your options.

Camano Center
606 Arrowhead Road, Camano Island, WA - Jensen Room

June
- 06/17/26 - 3:00 pm

July
- 07/01/26 - 10:00 am
- 07/31/26 - 3:15 pm

August
- 08/12/26 - 3:00 pm
- 08/26/26 - 10:00 am

September
- 09/16/26 - 3:00 pm
- 09/30/26 - 10:00 am

RSVP's NOT REQUIRED, BUT ENCOURAGED
Please contact us to RSVP or for more information about upcoming events.

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This is an educational event. A licensed sales representative will be present with information only; there will be no sales activity. The Centers for Medicare & Medicaid Services (CMS) has neither reviewed nor endorsed this information.

Vidor and Associates is not connected to the Federal Medicare Program and this is a solicitation for insurance. Vidor and Associates does not offer every plan available in your area. Any information they provide is limited to those plans they do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE or your local State Health Insurance Program (SHIP) to get information on all your options.

Artist of the Week

Promote yourself and your craft. Whether it's visual arts or performing arts, we want the community to meet you.

Email us your bio and we will feature this page to you... and it's all FREE!

LAURA ASELTINE

Instructor Laura Aseltine has been teaching glass art (as well as Art 1 and ceramics) at Stanwood High School for the last twelve years to her upperclassmen where she has witnessed an eagerness to create beautiful art. Her training took place at Covenant Art Glass in Everett, and she is excited to offer this course locally. Her classroom is a comfortable atmosphere with music and laughter. Come and enjoy the art of stained glass!

laseltine@stanwood.wednet.edu
https://www.pinterest.com/aseltine0592/

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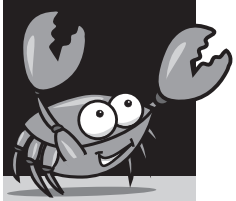
Business Spotlight



Are you interested in promoting your business or organization?

Email us info or a bio about your business and yourself and we will feature this page to you... and it's all FREE!

CIRCLEWOOD

Circlewood is a Camano-based non-profit committed to accelerating the greening of humanity through spiritual renewal, ecological leadership, and creative earthkeeping. Rooted in streams of Christian faith that emphasize the importance of caring for the earth, Circlewood serves people of faith as well as individuals and organizations who share a commitment to earthcare and the common good. Circlewood's work includes media projects such as the Earthkeepers podcast (www.earthkeepers.online) and an online journal, The Ecological Disciple (www.ecodisciple.com), and educational programs focused on personal, communal, and cultural transformation. To further the work, an ecological learning and retreat center is under development in the 40-acre forest Circlewood cares for on Camano. For more information about Circlewood, or to schedule a tour of our Camano site, visit www.circlewood.online or send an email to info@circlewood.online.

Circlewood's Executive Director is James Amadon. James was raised in the Great North Woods of New Hampshire, but he and his family are proud Camano Island residents. He is an ordained pastor with 20 years of ministry experience, and holds a Doctor of Ministry from Duke Divinity School, where he focused his work on developing an ecotheological approach to leadership. You can reach James at james.amadon@circlewood.online.

TICKETS ON SALE 6/25 !

SCAN QR FOR TICKETS

FOR TICKETS VISIT:
WWW.CRC-SC.ORG
OR CALL 360-629-5257

BITE OF Stanwood Camano

AUGUST 22, 2026 5:30PM

SMALL BITES | MUSIC I AUCTION
ADULTS - 21 AND OLDER I TICKETS $100

ANNUAL FUNDRAISING EVENT BENEFITING:

Community Resource Center of Stanwood Camano

THANK YOU GOLD, SILVER & BRONZE SPONSORS!

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THANK YOU CONTRIBUTING SPONSORS!

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Windermere
REAL ESTATE

BIG LAKE **$750,000**
Surrounded by mountain views and a park-like setting charming home and large shop. #2561822

WATERFRONT **$975,000**
Camano MCM retreat on a shy 3 acres, trail to 100' of beachfront, mountain and water views. #2561445

CAVALERO **$799,000**
Stunning Camano home impeccably maintained and upgraded and includes community beach access. #2555941

ELGER BAY **$869,000**
Spacious and beautifully maintained Camano home with shop and outdoor living amenities. #2556124

WATERFRONT **$699,000**
Sweeping views and tranquil setting at this island home with nearby private beach access. #2560889

CEDARHOME **$645,000**
Turn-key Hawks Prairie home has fenced yard, new appliances, expansive garage, great location. #2551234

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EQUAL HOUSING OPPORTUNITY

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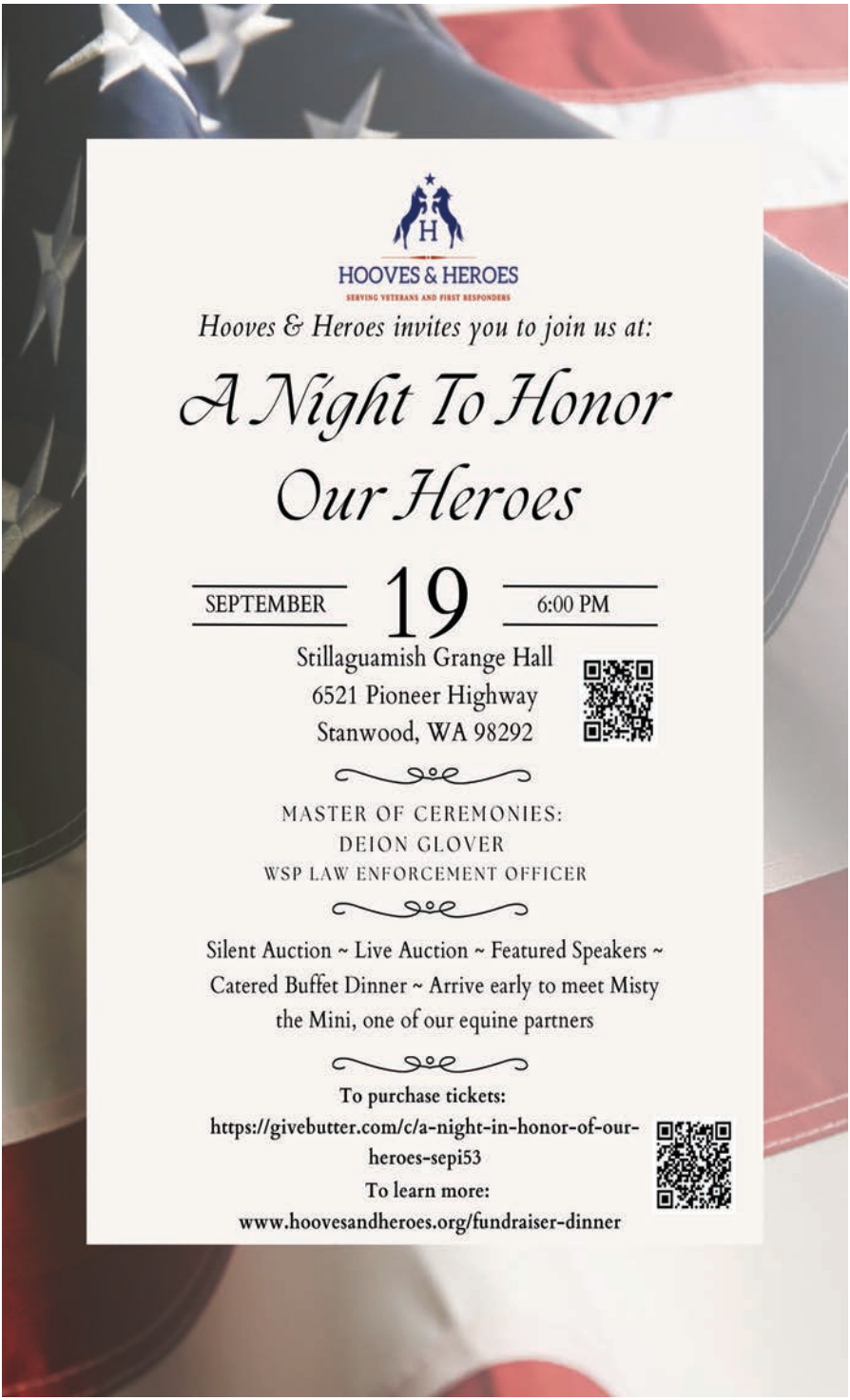
Visit **WindermereStanwoodCamano.com** for more information
Windermere Real Estate/CIR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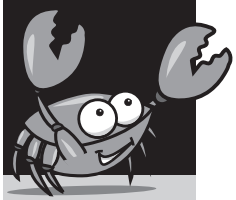
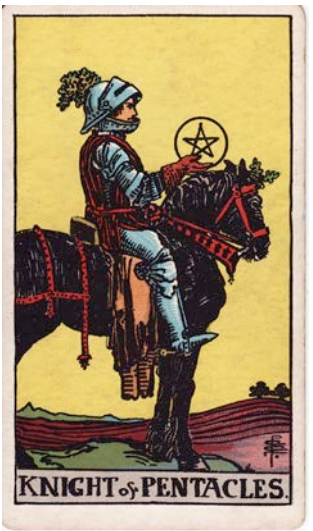
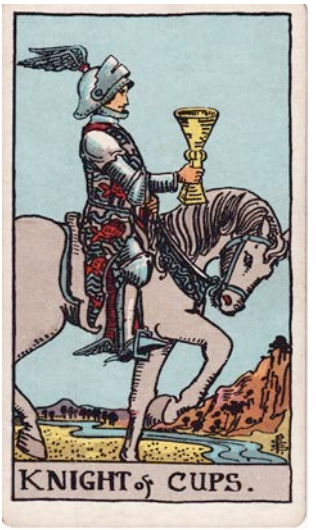
Silent Auction ~ Live Auction ~ Featured Speakers ~
Catered Buffet Dinner ~ Arrive early to meet Misty
the Mini, one of our equine partners
To purchase tickets:
https://givebutter.com/c/a-night-in-honor-of-our-heroes-sepi53
To learn more:
www.hoovesandheroes.org/fundraiser-dinner

Intuitive Tarot



INTUITIVE TAROT WITH TIFFANY





August 21st – August 27th : the Knight of Pentacles. You still remember the certainty you held with conviction when you embarked upon this journey, even though you may currently feel confused and adrift in a vast desert with no discernable direction to pursue, thus you cling to the only compass you confidently attribute to your desired destination, absorbed in your focus, bidding your vision to guide you forward once again in aligned step. Let yourself allow this pause, this opportunity to admire that which you've already accomplished toward your goal, as well as potentially recalibrate the scope of your intended venture. It is said, if you sit quietly with the desert long enough, she will whisper to you. What epiphany is seeking to reach you this week as the moon grows full and our eclipse window nears its curtain close? Meanwhile, trust the work which sparks joy to be your lantern.

August 28th – September 3rd : the Knight of Cups. Though emotions may flow waist deep this week, clarity of mind aids you in wading forward gingerly, yet assuredly. This is not free reign to act on every triggered feeling, but rather an unavoidable firm grasp leading you to bear witness to the torrent carving through the landscape muddled with nostalgia of the past, as the current itself supports in filtering the emotional wellspring toward clearer and calmer waters. Let your feelings run their course, flowing without resistance or rigid control or hazardous dams. Expressing emotion makes you none weaker than the force of the storm. And you may not yet see, but as the rushing rivers recede into their banks, what may have seemed devastating during the encompassing floods, gifts you gold nuggets of awareness, perspective, and relief, lightening your step forward with fresh eyes and increased lucidity.

Tarot from the classic Rider Waite Smith deck.

Discover more at linktr.ee/tiffany fitzpatrick

Consider supporting this column: buymeacoffee.com/tiffanyfitzpatrick

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STANWOOD • CAMANO

HISTORIC SITES AUDIO TOUR ALL YEAR ROUND

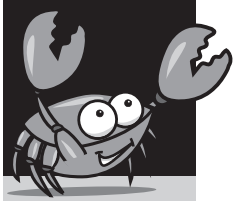
1909 Swing Bridge to Camano Island SAHS 92.41.22

For more information, maps, and videos, visit our website at historicsitestour.com

Start the tour from Pioneer Hwy and enter East Stanwood by the train station. Stops #1 and #5 have open restaurants.

1. People's Union
2. S. A. Thompson House
3. I.O.O.F. Public Hall
4. D.O. Pearson House
5. Stanwood Volunteer Fire Dept
6. Camano Lutheran Church
7. Camano Lutheran Cemetery
8. Kristoferson Farm
9. Barnum Point Preserve
10. Camano Island State Park
11. Cama Beach Historical State Park
12. Camano City Schoolhouse
13. Camano Island American Legion
14. Utsalady Ladies Aid
15. Camano Pioneer Cemetery

Community Information



DID YOU KNOW?

A small population of Mammoths survived on Wrangel Island until 1650 BC, about 900 years after the construction of The Great Pyramid of Giza was completed.

HAUNTED TRAIL

Dare to walk…if you can. Haunted Trail opens September 1-November 1. Spooky scenes throughout the trail. Fun scares and surprises. Perfect for all ages. Bring a flashlight for extra fun. Support local. Shop. Explore. Get spooked. At Gypsy Treasures on Shumway Street, Camano Island.

WE NEED YOU!

Come join our very special volunteer team at Lincoln Hill Retirement Community. We need you! Location: 7430 276th St. NW. Stanwood. Reception Desk Volunteers: Volunteer needed to volunteer one day per week from 12-3 on Wednesdays to greet and check-in visitors. Volunteers may occasionally be asked to cover an additional 3-hour shift on an alternate weekday. Volunteers answer phone calls and direct calls to staff. Volunteers schedule appointments. Training will be provided. Thrift Store Volunteers: Hours to be determined by Volunteer and Thrift Store Managers. Volunteers with retail experience in cashiering, cleaning, stocking, organizing departments, and related duties are encouraged to apply. However, if you are interested without retail experience, we'll still be happy to hear from you. Training is provided for all volunteers. For information on any of our volunteer positions please contact Denise Hoggarth-Case via email at dhoggarth-case@lincolnhill-rc.org. or at 360-629-7403, ext. 115.

Adrienne Marie Lamborn was an accomplished sailor who traveled the world by sea, returning home to dazzle her friends and family with stories of her adventures abroad. Her good humor and dedication to the game of tennis led to many friendships and her love of cooking led to many good dinners. Upon her death on Christmas morning, 2024, she left behind her husband of many years, Stephen Osborn, long-time resident of Camano Island who shared her love of the sea.

A Celebration of Life is planned in honor of this remarkable woman to be held on her birthday on Sunday, August 30th at the Cama Beach Café in beautiful Cama Beach State Park from 1:30pm to 3:00pm. There will be appetizers and an assortment of beverages. Please join her family and friends as they raise a glass to celebrate the spirit of this special woman.

SAVE CAMA BEACH CABINS

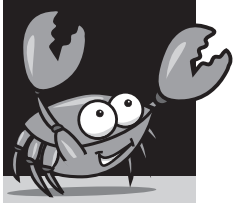
Do you miss having the cabins open and seeing visitors excited about the park, Camano Island, and Stanwood? Does your business miss the income from tourists? Does your family miss the fun educational events at the park? There is a new group forming to reopen the cabins.

Save Cama Beach Cabins group is asking the Washington State Legislature for funding to repair the septic and water systems so the cabins can be used again. A website with more information will be available soon. They need your help to contact the Governor and your State Legislators to urge their support for this effort so the Cama Beach cabins can be reopened for all of us.

Governor's office: 360-902-4111
Representative Clyde Shavers: 360-786-7884
Representative Dave Paul: 360-786-7914
Senator Ron Muzzall: 360-786-7618

Thank you for your help! Watch the Crab Cracker and/or go to our website for more info.

SaveCamaBeachCabins.org / info@savecamabeachcabins.org



DID YOU KNOW?

The Flintstones was the most profitable network cartoon franchise for 30 years, that's before The Simpsons came along.

WREATHS ACROSS AMERICA

(WAA) needs your help. Help sponsor wreaths to be placed on veterans' graves to remember the fallen and honor those who serve. Our servicemen and women sacrifice their time and safety every single day of the year, to preserve our freedoms. In many American homes, every day there is an empty seat for one who is serving or one who made the ultimate sacrifice for our country and never came home. That is why the Wreaths Across America mission to Remember, Honor and Teach lasts all year long, far beyond the single day in December when we coordinate wreath-laying ceremonies. Our Mission - Wreaths Across America. On the second or third December of each year, this wreath-laying event includes laying services flags accordingly near each veteran's grave. This year, the event, sponsored for the Stanwood/Camano areas by VFW Post #12228, will be held on December 19 at 10 a.m. at Anderson Cemetery, Our Saviour's Lutheran Cemetery (Stanwood), and Camano Lutheran Cemetery (Camano Island). Sponsoring a wreath can be done in one of three ways: 1) ordering online, 2) mailing an order, or 3) phoning an order. To order online, visit the following webpage: www.wreathsacrossamerica.org/pages/190965/overview/?relatedId=171149 or go to the Anderson Cemetery, Camano Lutheran Cemetery, and/or the Our Saviour's Lutheran Cemetery webpages. For mailed orders, please make out a check to Wreaths Across America along with a WAA Order Form or complete a tally sheet along with the VFW Post #12228 ID (WA0256P) and the location ID: WAACSW, Anderson Cemetery; WACMLT, Camano Lutheran Cemetery; or WAOSLC, Our Saviour's Lutheran Cemetery. The processing time is 3-4 weeks. Sponsors can call 1-877-385-9504 for assistance and provide the Group and Location IDs. Processing time for this method is 24-48 hours.

FIREWOOD for sale:
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Camano Island $375.00
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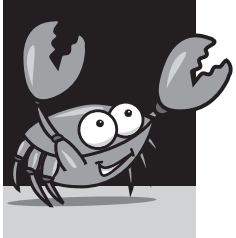
Community Information



BACK-TO-SCHOOL GUIDE

Everything you need before the first day of school! Welcome to the 2026-27 school year! Whether you're returning to the Stanwood-Camano School District or joining us for the first time, we're excited to welcome you back. This webpage is designed to help families quickly find the information needed before school begins. Throughout August, you'll continue to receive school-specific emails with additional details about classroom assignments, open houses, schedules, and other important information. Go to https://www.stanwood.wednet.edu/for-students-families/back-to-school-guide

There is still time to file your taxes!

Ms. Teddy TLC

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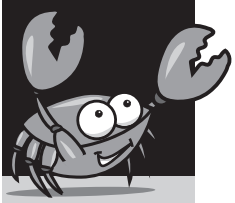


DID YOU KNOW?

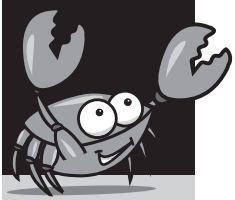
The University of Minnesota is older than the state of Minnesota itself!

OPEN CALL FOR SNO-ISLE LIBRARIES FOUNDATION BOARD OF DIRECTORS

The Sno-Isle Libraries Foundation Board of Directors is seeking new members from Snohomish and Island counties who are passionate about making a difference for public libraries. Interested residents should submit an online application by August 28. The Foundation secures philanthropic support for diverse programs and initiatives throughout the Library District, which serves 800,000 residents in Snohomish and Island counties through 23 locations and a Bookmobile. The Foundation is looking for candidates with experience and interest in organizing a capital campaign as well as representatives from the corporate and business sectors interested in helping the Foundation expand its corporate and business connections. To apply, please submit application at https://bit.ly/4wEpWEl

CITY OF STANWOOD SEEKS APPLICANTS FOR NEW DOWNTOWN ACTIVATION COMMITTEE

he City of Stanwood is accepting applications for the newly established Stanwood Downtown Activation Committee, a nine-member working and advisory committee that will help guide efforts to strengthen downtown through arts, culture, creative activity and economic development. The committee's initial work will focus on supporting the launch and implementation of a Stanwood Creative District, an area where arts, culture and creative businesses are concentrated and contribute to the community's cultural and economic life. The committee will also help lay the groundwork for Stanwood to pursue Main Street Community status in the future. "This committee will shape the creation and long-term success of Stanwood's Creative District, directly contributing to our City's economic vitality," said Aaron Weinberg, City Business & Community Relations Coordinator. "Members will play an important role in building partnerships, expanding creative opportunities, and supporting a welcoming and economically vibrant downtown." The City encourages both individuals and representatives of local organizations to apply. Applicants do not need to be professional artists, but they should have a strong interest in arts, culture, the creative economy or downtown revitalization. Applications will be reviewed on a first-come, first-served basis. Interested community members are encouraged to apply by August 31. Applications can be submitted online at stanwoodwa.org/dac.



DID YOU KNOW?

Tickling has been divided into two types. Knismesis refers to "light, feather-like" tickling, and gargalesis refers to "harder, laughter-inducing" tickling.

STANWOOD-CAMANO SCHOOL DISTRICT VOLUNTEERS

Volunteers make a tremendous difference in our schools, and we've made it easier than ever to get ready for the new school year. Our volunteer process has been simplified into one annual form that combines three required steps into a single application. Whether you're planning to help in the classroom, chaperone a field trip, support a school event, or volunteer in another way, you'll only need to complete this one form each school year. August is the perfect time to get your application submitted so you're approved and ready to volunteer when students return this fall. Complete your annual volunteer application here: www.stanwood.wednet.edu/volunteer. Thank you for partnering with us to support our students and schools!

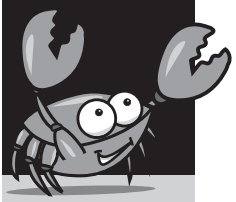
CURIOUS ABOUT VOLUNTEERING WITH "TERROR FOR A CAUSE"?

Join us for our final volunteer meeting before opening weekend on Saturday, August 22, at 11:00 a.m. in the Swine Barn at the Stanwood Fairgrounds. Whether you want to scare guests, build sets, help with makeup, greet visitors, or lend a hand behind the scenes, we'd love to meet you. If you've been even slightly interested in getting involved, this is the perfect opportunity to see what we're all about and become part of a fun team that gives back to the community.

BASKETBALL FREE PLAY FOR THE COMMUNITY

Every Friday at 795 Ell Rd., Camano. It is indoors and it's not quite a full size court, but it's good enough to have fun. All are welcome."

Community Information



WHO MAKES OUR COMMUNITY SPECIAL? TELL US THEIR STORY

The Stanwood and Camano Island communities are filled with people who quietly make a difference every day. They volunteer their time, help neighbors in need, support local organizations, mentor young people, preserve our history, care for our environment, and strengthen the connections that make this such a special place to live. We believe these contributions deserve recognition. That's why we're inviting readers to submit letters recognizing community members whose efforts have had a positive impact on the Stanwood-Camano area. Whether it's a longtime volunteer, a dedicated teacher, a youth leader, a local business owner, a caregiver, or simply a neighbor who consistently lends a helping hand, we want to hear their stories. Your letter doesn't need to be long. Tell us who you are nominating, what they have done for the community, and why their contributions matter. Personal stories and specific examples are especially welcome. Please, if you are able, also add a photo (horizontal format) of that person for better recognition to our readers. Help us shine a light on the individuals whose dedication, generosity, and community spirit deserve to be celebrated. Submit your letters to: thecrab@thecrabcracker.com

VOLUNTEERS AT HOSPICE OF THE NORTHWEST

May work directly with patients, assist in the office, help with community relations, support fundraising events, or work on special projects. Whatever your interest or skills, we have a volunteer position to suit you. To learn more about volunteer positions at Hospice of the Northwest, please visit www.hospicenw.org/volunteer

ADULT FUTSAL

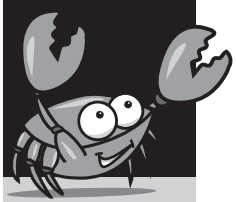
Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

DID YOU KNOW?

People don't sneeze in their sleep because their brain shuts down the reflex.



CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed pickup games in Stanwood. Whether you're a seasoned player or new to the sport, event is open to all.

TRIVIA, KARAOKE, BINGO, AND GAME NIGHTS

Many of our local businesses offers weekly "events". Following are some of the locations that offer these "events" (that are typically free to participate) on a weekly basis: KARAOKE: Stanwood Hotel and Saloon, Conway's Pub & Eatery, Beauty Bar Salon + Lounge, Low Bar. TRIVIA: SAAL Brewing Company, Rockaway Bar & Grill, Pub 282. BINGO: American Legion Hall (Camano Island), Beauty Bar Salon + Lounge, Pub 282 at 7pm. BOARD GAME DAY: Scattered Deck Games. MAHJONG: Lincoln Hill Retirement Community.

BACK TO SCHOOL OPEN HOUSES AND WELCOME EVENTS

Elementary families are encouraged to attend their school's welcome event to meet teachers, see classrooms, and prepare for the new school year. Elementary Schools: 5-6 p.m., Friday, Aug. 28. Middle Schools: 5 p.m., Tuesday, Sept. 1. High Schools: Stanwood High School and Lincoln Hill High School will share information about Spartan Start and other back-to-school events directly with families.

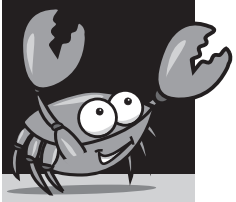
SEPTEMBER BIRTHSTONE

The birthstone for the ninth month is the sapphire, which was once thought to guard against evil and poisoning. Sapphire is a form of corundum that is typically blue, a color caused by tiny bits of iron and titanium; the vivid, medium blues are more valuable than lighter or darker forms. Due to various trace elements, sapphires also appear in other colors. Those with red colors are called rubies. Sapphires were thought to encourage divine wisdom and protection. They symbolized purity, truth, trust, and loyalty. Some believed that if they were placed in a jar with a snake, the snake would die. The sapphire, along with the related ruby, are the second-hardest natural gemstones, with only the diamond being harder.

DID YOU KNOW?

A single bat can catch and kill 900 insects an hour — as many as 3,000 in a night.

Our Special People



A new column focusing on the special people in our community who make a difference every day

We believe these contributions deserve recognition. That's why we're inviting readers to submit letters recognizing community members whose efforts have had a positive impact on the Stanwood-Camano area.

Email us at: thecrab@thecrabcracker.com

TOY BOAT BUILDING FOR (ALL) KIDS IN THE PARK

Toy Boat building for kids – sounds like fun, doesn't it? Well, it is for kids of all ages: parents, grandparents, family friends, and CBF volunteers! The activity is a great bonding opportunity for children and their families. The combination of fun, joy of the builders, and that obvious bonding between child and parent or grandparent has kept me involved since 2012, first as a volunteer with the Center for Wooden Boats at the Cama Beach Boat House and now with CBF. The Toy boat activity was started before Cama Beach State Park was opened. It has continued every year on summer Saturdays and on special occasions first at the Boat House and now at North Beach in Camano Island State Park, even through Covid. During each of the two years that CBF has been supporting Toy Boats, approximately 550 "builders"— mostly children with parents—have built a boat.

Volunteers Jacky King, Beverly Stearns, Russ Holmes, John Custer, Lucius Andrew, Jack and Diane Champaigne and I have kept the activity alive over the years.

The many components of toy boat building: hulls, fabric for sails, yarn for rigging, nails, bottle corks and caps, etc. come from many sources. The yarn is contributed by my crochet artist wife Fern Honore'. Wine corks come from many people, especially Jack and Diane and Edward Lynne Cellars on Camano Island. Lumber for the hulls is donated by Cascade Lumber on Camano Island. Volunteer wood workers organized by Russ cut and sand hulls over the winter. Jacky cuts fabric donated by local quilters into sail shapes. Other items are purchased using donations. All these bits and pieces with extras, work benches and stools, tools, signs, and kits for kids to assemble at home are kept in a cargo trailer purchased in 2024 by CBF expressly for Toy Boats and parked at Cama Beach State Park. Every year in the Spring, we wash the trailer and check and repair as needed the benches, tools, and supplies. Each Saturday, starting with Memorial Day weekend through the last Saturday of September, Russ or Lucius move the trailer with a towing vehicle from Cama Beach to North Beach. Volunteers set up work benches with hammers, nails, and seats on the lawn and lay out building supplies on the the picnic tables next to the old picnic shelter. Volunteers greet visitors, request a $5.00 donation (not required), offer a selection of hulls and walk the builders with their accompanying adult(s) (required to be present) through picking decorations and building procedures.

At the end of the day, everything is gathered up, replenished from stocks as needed, stored in the trailer, and taken back to Cama Beach until the next Saturday. As you can see, volunteers are essential. Without dedicated volunteers, Toy Boat Building for Kids, which generates joy, good will, and just good fun, couldn't happen.

This year Toy Boats for Kids is every Saturday through September 26 at North Beach in Camano Island State Park from 10:00 AM to 2:00 PM. Come and join the fun!

- Article by Michael Kyte.

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(and beyond, of course!)

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with Jennifer Anderson

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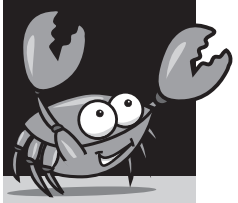
@ 5:30PM
By donation only - suggested $10.

TUESDAYS
AT THE COUNTRY CLUB
@ 5:30PM
$10 or free for
clubhouse members.
No class the 3rd week of the month.

www.zumba.com

What is That?

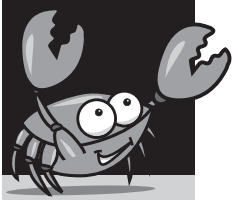


A new column describing a local or native plant or animal in our area.

TIDEPOOL SCULPIN

The tidepool sculpin (Oligocottus maculosus), is a fish species in the sculpin family Cottidae that ranges from the Sea of Okhotsk (Russia) to Los Angeles County, California. They are small, highly camouflaged fish frequently seen in rocky intertidal zones during low tides. Found in shallow marine waters, estuaries, tidepools, and local shores like Camano Island State Park. Carnivorous ambush hunters feeding on small crustaceans, worms, and small fish. They rely heavily on camouflage and possess sharp gill plate spines that require careful handling. Can alter its skin coloration (ranging from tan, brown, and green to reddish) to blend seamlessly with surrounding algae and rocks. Other local species frequently observed by researchers and beachgoers include the Pacific staghorn sculpin, mottled sculpin, and scalyhead sculpin.

Dining Guide



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AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052
ARCADIAN PUBLIC HOUSE (Conway) • (206) 799-1179
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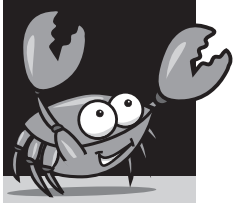
MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500
MCDONALD'S (Stanwood) • (360) 629-9787
MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535
MUSTARD SEED BAKERY & CATERING (Stanwood) • (360) 572-2499
NAHA TERIYAKI (Stanwood) • (360) 629-0681
PADDLE PUB (Stanwood) • (360) 652-4156
PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826
PAT'S THAI (Stanwood) • (360) 572-2381
PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981
PHOENIX PAVILION (Stanwood) • (360) 629-4662
PRIMAL BARBECUE (Camano Island) • (360) 572-2122
PUB 282 (Camano Island) • (360) 926-8960
PURE SMOKE BARBEQUE (Stanwood) • www.puresmokenw.com
RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000
ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920
SAAL BREWING CO. (Stanwood) • (360) 629-0102
SAHARA PIZZA (Stanwood) • (360) 629-6886
SASQUATCH SUBS (Stanwood) • (360) 610-2765
SEN - JAPANESE RESTAURANT (Stanwood) • (425) 765-4577
SPARTAN DRIVE IN (Stanwood) • (360) 629-8988
STANWOOD CAFE (Stanwood) • (360) 629-8427
STANWOOD CUPCAKES (Stanwood) • (360) 926-8241
STANWOOD GRILL (Stanwood) • (360) 629-5253
STANWOOD HOTEL & SALOON (Stanwood) • (360) 629-2888
STANWOOD THAI (Stanwood) • (360) 572-2200
STARBUCKS (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500
STILL WATER LOUNGE (Stanwood)
SUB JOINT (Camano Island) • (360) 230-9611
SUBWAY (Camano Island) • (360) 631-5055
SUBWAY (Stanwood) • (360) 629-2678
TACO TIME (Stanwood) • (360) 629-5018
TAPPED CAMANO (Camano Island) • (360) 572-4986
THAI THAI KITCHEN (Stanwood) • (360) 629-0600
TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001
VIVO ITALIAN BISTRO (Stanwood - COMING SOON) • (360) 629-2044
WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300
WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372

DID YOU KNOW?

C-3PO and R2-D2 had their own 1985 single-season 13-episode spin-off TV series called Star Wars: Droids. The season showed the adventures of R2-D2 & C-3P0 before they joined Luke Skywalker.

Longevity Lens



A column about longevity and aging well.

Dr. Maria Cayabyab ("Dr. Maz") is a board-certified OB-GYN, a functional medicine practitioner, and medical director at Kirra Health.

THE QUIET FIRE THAT CAN SHAPE HOW YOU AGE

Inflammation is not always a bad thing. When you cut your finger, fight an infection, or recover from a workout, inflammation is part of your body's repair process. The concern is when that signal never fully turns off. Researchers call this chronic, low-grade inflammation associated with aging "inflammaging." It rarely feels like a fever or obvious illness. Instead, it can act as a quiet background stressor, contributing over time to insulin resistance, muscle loss, cardiovascular disease, frailty, and cognitive decline.

In midlife, several factors can add to that burden: hormonal changes, increasing visceral fat, disrupted sleep, chronic stress, inactivity, and untreated conditions such as sleep apnea or autoimmune disease. You may notice your body feels different: slower recovery after exercise, more aches, less energy, puffiness, or changes in body composition. These are not proof of inflammaging. But when they persist or begin to cluster, they can be useful feedback worth understanding—like a "check engine" light.

The encouraging news is that you can help support a healthier inflammatory balance:

- Build and preserve muscle through resistance training.
- Prioritize consistent, restorative sleep.
- Choose fiber-rich, minimally processed foods and adequate protein.
- Support metabolic health and reduce visceral fat without sacrificing muscle.

Work with a healthcare provider to identify underlying contributors.

There is no single anti-inflammatory pill or lab test that tells the entire story. Inflammation is connected to hormones, metabolism, muscle, sleep, and resilience. The goal is not to eliminate inflammation. It is to help your body use it when needed—and quiet it when it is not. Because healthy aging is about protecting our strength, energy, and capacity to fully live the years ahead.

For more insights, visit kirrahealth.com/blog.

Keep your septic system happy.

Snohomish County residents can earn up to $500 in rebates for:

Inspections | Minor Repairs
Riser Installation | Pumping

Learn more & apply at SavvySeptic.org

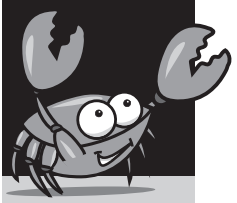
Questions?
Email savvy.septic@snoco.org or call 425-388-3636

Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.

SNOHOMISH COUNTY HEALTH DEPARTMENT

SAVVY SEPTIC

Band-Aid Bulletin



A monthly message from the Stanwood Camano School District Health Services Department

The Band-Aid Bulletin

HEALTH SERVICES

Stanwood-Camano School District is committed to the health and wellness of our students. Each school has a registered nurse available to provide a range of services.

School nurses routinely collect student health information to plan for needs during the school day. School nurses develop Emergency Care plans for students with diabetes, seizures and life threatening allergies.

They also develop individual health plans for other health conditions and medically fragile students. We also implement the state mandated hearing and vision screening and work closely with local health departments regarding communicable diseases and immunization compliance at school.

CASA'S PET OF THE WEEK:

REGINA GEORGE - All kittens come spayed or neutered, age-appropriate vaccines, treated for worms and fleas, microchipped and well socialized. Kittens do well in pairs or having a close to same age friend to play with and continue socializing. They are great with people of all ages and have met a few dogs and have not minded them around. Kittens are $175 for one $250 for 2. Come by the shelter and fill out an application today!

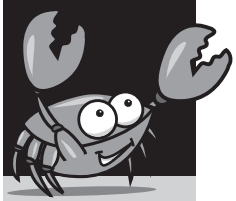
Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org

NOAH'S PET OF THE WEEK:

Hello! My name is **SOCKS.** I am an adorable kitty looking for my new FURever home with my best friend Cleo. We are bonded and would love to be a part of your family and spend the rest of our days being our best kitty selves. If you are interested in meeting us, please come to The NOAH Center and talk to an Adoption Matchmaker today!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org

Cooking Mamas



Recipes by Cooking Mamas created by Dusty Hutchins-McNutt.

"Great recipes begin in Mama's Kitchen!"

Visit me at: www.CookingMamas.com

BLACKBERRY COBBLER

Here in the PNW where wild blackberries are abundant in late summer, it's always been our family's tradition to pick 'em and make this cobbler. I hope you enjoy it as much as we do!

BATTER: 1 c. granulated sugar; 1 c. all-purpose flour; 2 tsp. baking powder; 2 T. melted butter; 3/4 c. milk
BLACKBERRY TOPPING: 2 c. fresh or frozen blackberries; 3/4 c. granulated sugar; 1 c. boiling hot water

DIRECTIONS: 1. Preheat the oven to 350 degrees. Lightly grease an 8x8x2-inch glass baking dish and set aside. 2. BATTER: In a large bowl, using an electric hand mixer, beat together all the batter ingredients until smooth. Spread the batter into the prepared baking dish. 3. BLACKBERRY TOPPING: Pour 2 cups fresh or frozen blackberries, 3/4 cups sugar and 1 cup of boiling hot water over the batter, in the order given. 4. Bake for 1 hour until golden brown. Note: The batter will rise up and over the berries while baking. You may need to cover the cobbler with foil if it gets too brown. 5. Serve warm topped with vanilla ice cream and enjoy!

Upcoming Rally Races!

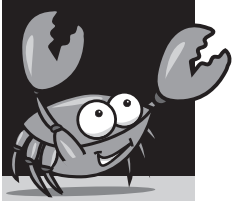
August 29th & 30th
September 12th & 13th
September 26th & 27th

Includes single and double-elimination races for Soap Box Derby Stock, Super Stock, and Masters Divisions.

Arrowhead Ranch
615 Arrowhead Rd, Camano, WA 98282

Learn More!

Classes and Workshops



DID YOU KNOW?

Your nose is always visible to you. Your mind ignores it through a process called Unconscious Selective Attention.

"Experience the Meyer art classes 08/29 : Coffee and Canvas, Intro to Glass, Intro to Watercolor. Learn more and register! scaacwa.org/classes".

Canva for Makers: Design Skills for Your Small Business Hands-on Canva class for beginners: document sizing, logo setup, file exports. August 31, Stanwood WA. Space limited — register today. www.bethericksondesigns.com/classes (http://www.bethericksondesigns.com/classes)

Zumba classes on Camano with Jennifer Anderson. Mondays @ 5:30pm at the South Camano Grange. By donation, sugg: $10. Tuesdays & Thursdays @ 5:30pm at the Camano Country Club. $10 or FREE for clubhouse members. No class on the 3rd Tuesday of the month.

Full of Words: A 10-Week Women's Writing Circle (Free at the Camano Island Library, Aug 5 - Oct 14). Registration is required. If you have questions or would like to register please email the facilitator, (Joyce) at fact@msdeadlines.com.

Health & Wealth Mondays Every Monday 5:30-7pm at the South Camano Grange. Presented by Evergreen Farm. We host rotating classes including crafts, history of the grange talks, financial health information classes, AI and technology classes, wellness checks like blood sugar testing, sourdough starter classes and more! Suggested donation recommendations for these classes vary by topic.

Free ladies exercise class Tuesdays and Thursdays from 9-9:45 at Camano Chapel followed by a short encouragement message. Please come join us! camanochapel.org/connect for more information.

Chair Yoga at Lincoln Hill Retirement Community. Lower stress, reduce risk of heart disease, more stable blood sugar, less back and arthritis pain, sharper memory, reduce anxiety and depression, sleep better, feel happier and weight loss. Come join us on Tuesday and Thursday mornings at 10am in our exercise room.

Free ladie's exercise class Tuesdays and Thursdays from 9-9:45 at Camano Chapel followed by a short encouragement message. Please come join us! camanochapel.org/connect for more information.

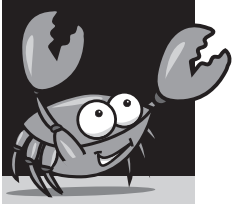
Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. Serving Camano/Stanwood since 2002. 360-631-0661.

Private Music Lessons (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Book a free 30-minute lesson: HartMusicSchool.com/free-trial. (Music teachers apply here: HartMusicSchool.com/apply-to-teach).

Free Macbook and iPad / iPhone Tutoring 3 / 30-minute sessions in the Camano Center Library (1pm, 1:30pm, 2pm) the second and fourth Thursdays of each month. Sign up at fact@msdeadlines.com

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell

Classes and Workshops



Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription websites and records. Contact us at camano@familyhistorymail.org.

Movement Arts Yoga Classes In-studio & Online. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes.

Chakradance Sat. Aug 29th @ 1pm. Focus: Sacral chakra and water element. On land, outside. Meditation and breath. Unscripted movement. Incredible music. Expressive art making. Connection. Celebration. Grounding. Located at private home in North Stanwood.. $40 Call 206.200.8167 for details

Free Medicare Basics class at Camano Island Library, Sept 9, 10-11am. Learn enrollment options and avoid costly mistakes. RSVP: 360-967-9601. For accommodations of persons with special needs, call 360-967-9601.

We are a family run company and we are in Stanwood

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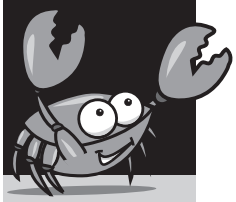
Photos and Art

"I think this is an interesting photo of what I have named "Dino tree at Camp Grandy". I took it from my house at the top of Rocky Point Dr. I had friends visiting this past week and she looked out the window".
- Vicky Giannelli

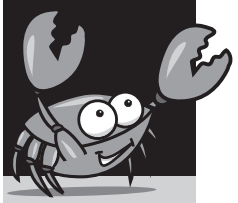
Summer Scarecrow. Photo by Erika Wittlieb.



DID YOU KNOW?

The word "Jurassic," which we so often associate with dinosaurs, comes from the Celtic word for "forest."

Classified Listings



DID YOU KNOW?

A Canadian company started selling fresh air in a can as a joke, then Chinese consumers made it real, paying up to $20 a can.

FOR SALE:

For Sale: 2006 Mercedes Benz SL55 Amg roadster (114,000 miles). Excellent condition and well maintained by shop. Everything works as it should. $19,500 OBO. Also for sale: 1971 Reinell I/O Chevy 4 cylinder and 2022 8HP Yamaha kicker. Low hours. Both run well. $2,000 OBO. Call Alexei 425-923-7707.

MISCELLANEOUS:

I buy vinyl record albums: Rock, Pop, Jazz & more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

For Sale: Multifamily properties on Camano for investors or short-term rental opportunities. Please contact Glenda Fabrizio; Windermere Real Estate Co., Glenda@windermere.com, (206) 228-6312.

Lake Ketchum Garage Sale Multiple sales, August 28th & 29th from 9-4pm. Go to 300th st. and follow the signs to 76th Please come and see what we have!!

Estate & G-Sale, Multi-Family; Sept 4-5; 9-3:30, 275 Richmond Ln, Camano Huge selection household items, small appliances, furniture, gardening, accessories, seasonal decor, jewelry and pet!

Estate Sale in Honor of Beth Newton August 21-23rd. 9-6 all 3 Day. No Early Birds ,Cash or Venmo Only. 2140 Parker Rd. Camano Island.

Multi-family yard sales all located near 284 Burke Dr, Camano Island, Friday & Saturday, August 28th & 29th, 9 am to 4 pm

PROFESSIONAL SERVICES:

I'm looking for remote work in copywriting and business newsletters. My background also includes strategic communications, customer success, project management, and strategy consultations. Tiffany FitzPatrick, 812.251.4604, tiffanyfitzpatrickco@gmail.com.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmitchell8974@gmail.com. Serving Outlying Areas.

WANTED:

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermerestanwoodcamano.com.

Camano Friends Club

Memory Care Day Respite Program

Welcoming Friends, Enriching Lives

Camano Friends Club is a joyful and welcoming place where people living with memory loss can connect, engage, and enjoy meaningful time together.

A typical 5 hour day:

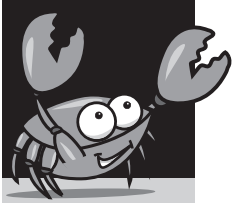
- Low-impact social time to encourage group engagement and support
- Small group setting with 2 to 1 ratio of participant to experienced staff & volunteers
- Light physical activities
- Art and other creative projects
- Group-oriented games and other forms of cognitive stimulation
- Lunch, snacks, and light refreshments throughout the day

Camano Friends Club

Tuesdays & Thursdays, 9:30–2:30
at the Camano Center
Pre-registration required

Contact the Camano Center to find out if this program is the right match for you:
info@camanocenter.org or 360-387-0222
606 Arrowhead Road, Camano Island, WA

Clubs and Meetings



Neurodivergent Playgroup Please join us at the Stanwood Co-op Preschool every 2nd Mon of the month from 1–3 p.m. Free and open to the community, siblings welcome! Location: 27027 102nd Dr NW, Stanwood Info: (360) 629-3155 admin@stanwoodpreschool.org

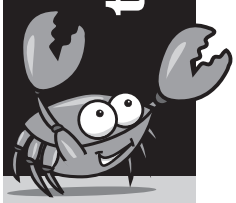
Mabana Flames welcome you back from summer break for our first meeting of 2026-2027: Monthly lunch meeting on Thursday, September 3rd at 10:00am at Vista/Madrona Fire Station, 273 N W Camano Dr, Camano Island. Flames meet 10am the first Thursday of the month, September - June, except January. Come and support Camano Fire. More info: Lenore at 206-930-0846.

Rainy Day Room Playgroup Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community….getting out of the house. More info: www.crc-sc.org/events.

Dottie's Nature Play is for ages 0-5 and their caregivers on Thursdays from 10:30-11:30am at Community Resource Center of Stanwood Camano (across from Stanwood Library). This outdoor playgroup is all about hands-on discovery, sensory-rich experiences, and letting curiosity lead the way. Come dressed for the weather and ready for adventure!

Kaleidoscope Play & Learn a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

View from the Bleachers



A SURVIVAL GUIDE FOR COPING WITH AIRLINE TRAVEL

When Orville Wright first took flight over the beaches of Kitty Hawk, NC in 1903, he couldn't have imagined that a century later, millions of people the world over would be getting into shouting matches with ticket agents, security screeners and baggage handlers over the nearly universal frustration caused by his invention. Thanks for the 12-inch gash in the side of my brand new suitcase, Orville.

The first rule of air travel is simple: Don't fly if you can possibly avoid it. But sometimes air travel is unavoidable. If you simply must book a flight, here are a few helpful tips to reduce your stress level. These just might help you resist your urge to strangle the Delta Airlines ticket agent in Concourse C.

Packing: If you absolutely must fly I recommend packing light, so that you can fit everything into a carry-on and avoid the delay of waiting for your luggage at baggage claim on your arrival. It may force you to make some difficult decisions – like which to leave home: your sun lamp or your snow cone machine. Hard choices, I know.

If packing for a longer trip, a carry-on might not always be an option. You may need a larger suitcase. By FAA guidelines, your luggage can only be one of five colors: black, grey, blackish grey, greyish black or navy blue. It's easy to mistake your bag for someone else's, so make sure it stands out by attaching a brightly colored neon orange strap securely to the handle. Once the luggage comes down the carousel, your bag will easy to spot. Yours will be the one missing the brightly colored neon orange strap – as well as its handle.

Boarding: For many of us, the most exhausting part of air travel is waiting in all those long lines. When going through TSA Security, you will usually have several lines to choose from. It's important to know which is the slowest. Here's a simple rule of thumb: The slowest line will be whichever one you decided to get in.

Your line will inevitably be the one stalled by the traveler who barely speaks English embroiled in a twenty-minute heated debate with the TSA agent (who also barely speaks English) arguing that the army surplus bowie knife he tried to sneak through is a gift for his seven-year-old niece. Just accept your fate and just pick a random line. Then start taking off your shoes, socks, belt, overcoat, shirt, slacks, and underwear for the TSA screener. But leave your glasses on – unless they're your night vision goggles.

As you board the plane, it's important to be patient. The time it takes to reach your seat will vary between ten minutes and a week-and-a-half. The delay is typically caused by some 350-pound dude in camo pants and mullet haircut who will spend 15 minutes trying unsuccessfully to cram a carry-on the size of a small bison into the overhead rack.

The flight: To get a good seat, you need to book far in advance. But because you foolishly booked only 11 months before your departure date, congratulations, you got the last row on the plane. If your luck

Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

is like mine, you'll be seated in a middle seat right in front of the restroom, between that same 350-pound mullet head in camo pants and a 21-year-old first-time mom with her five-month-old baby on her lap. Your best bet is to get heavily sedated. And just pray you fall unconscious before the baby throws up on your lap.

Baggage claim: Upon arrival, head directly to baggage claim. Notice how it's been an hour and now the only bag revolving around the carousel is a black bag with a brightly colored neon orange strap – which oddly enough is not your bag. At this point, I recommend spewing a series of loud obscenities interspersed with the name of whatever airline you swear you'll never fly again.

Go to the lost luggage desk, where you will see a sign that reads "On break. Back in one hour." When he eventually returns, he'll display as much concern for locating your lost luggage as he has about Norwegian currency fluctuations.

You'll eventually be informed your luggage, which was supposed to arrive in Savannah, GA (airport code SAV) was misrouted to an airport with a similar airport code – Savoonga, Alaska (airport code SVA). If all of this still sounds like a bit too much excitement, there is one other way to take the hassle out of flying. Next time, take the train.

[Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his YouTube channel by the same name.]

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 21	Low	6:23 AM	1.1	
21	High	2:57 PM	9.2	
21	Low	6:27 PM	7.9	
21	High	11:30 PM	9.4	
Sa 22	Low	7:22 AM	0.8	
22	High	3:49 PM	9.7	
22	Low	7:56 PM	8.0	
Su 23	High	12:32 AM	9.2	
23	Low	8:20 AM	0.4	
23	High	4:29 PM	10.2	
23	Low	9:11 PM	7.7	
M 24	High	1:41 AM	9.2	
24	Low	9:09 AM	-0.1	
24	High	5:01 PM	10.6	
24	Low	9:59 PM	7.1	
Tu 25	High	2:42 AM	9.3	
25	Low	9:52 AM	-0.5	
25	High	5:28 PM	10.9	
25	Low	10:38 PM	6.4	
W 26	High	3:35 AM	9.5	
26	Low	10:32 AM	-0.7	
26	High	5:50 PM	11.2	
26	Low	11:16 PM	5.6	
Th 27	High	4:24 AM	9.7	
27	Low	11:09 AM	-0.6	
27	High	6:11 PM	11.4	
27	Low	11:52 PM	4.7	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 28	High	5:13 AM	9.8	
28	Low	11:46 AM	-0.2	
28	High	6:33 PM	11.5	
Sa 29	Low	12:27 AM	3.7	
29	High	6:02 AM	9.9	
29	Low	12:22 PM	0.5	
29	High	6:56 PM	11.6	
Su 30	Low	1:03 AM	2.8	
30	High	6:52 AM	9.9	
30	Low	12:59 PM	1.6	
30	High	7:20 PM	11.5	
M 31	Low	1:40 AM	1.9	
31	High	7:43 AM	9.9	
31	Low	1:38 PM	2.9	
31	High	7:45 PM	11.3	
Tu 1	Low	2:20 AM	1.1	
1	High	8:39 AM	9.8	
1	Low	2:19 PM	4.3	
1	High	8:12 PM	11.1	
W 2	Low	3:05 AM	0.5	
2	High	9:44 AM	9.6	
2	Low	3:06 PM	5.7	
2	High	8:42 PM	10.9	
Th 3	Low	3:57 AM	0.0	
3	High	11:02 AM	9.5	
3	Low	4:04 PM	6.9	
3	High	9:18 PM	10.6	

SWIMMING IN PLASTIC?
Let's Change That – Together!
Join WSU Waste Wise for a training focused on Beyond Plastic Pollution
WHAT YOU'LL DISCOVER
• The problem of plastics + microplastics in our water, homes, & body
• Why recycling isn't enough
• Responsible consumption
• Easy swaps for lower-impact living
• Practical long-term strategies
COURSE DETAILS
Wednesdays, Sept 2 - Oct 28, 2026
4:00 - 6:00 PM
Available online or in-person
Island County Multipurpose Center
141 NE Camano Drive, Camano
Cost: $125 (Scholarships available upon request)
Waste Wise
For more Waste Wise information scan the QR code or contact
Heather Vitiaz heather.vitiaz@wsu.edu | 360-639-6060
https://extension.wsu.edu/island/nrs/waste-wise/
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CAMANO ISLAND

SCAN ME

With over 50 miles of pristine Pacific Northwest beachfront and plenty of beach access points to explore, Camano Island offers a variety of beautiful beach communities where you can spend the day boating with family, walking the shoreline, or simply taking in the incredible scenery.

Discover More About Camano Island

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As your local experts, we're here 7 days a week. Visit us today for personalized insights and guidance!

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