

THE CRAB CRACKER

**FREE
TAKE
ONE**

ISSUE 403 / May 2-15, 2025

**MOTHER'S DAY
EDITION!**



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway

2025 | CAA PRESENTS the 26th ANNUAL
**CAMANO ISLAND
STUDIO TOUR**

Art lives on Camano Island and in Stanwood



Mother's Day Weekend

MAY 9-10-11
10am - 5pm

Encore Weekend

MAY 17-18
10am - 5pm

Art by Doug Landreth
Photographic fine art -
"In the Late Afternoon"



camanostudiotour.com

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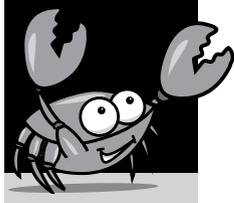
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Community Health
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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover photo: Have a bright and colorful Mother's Day!

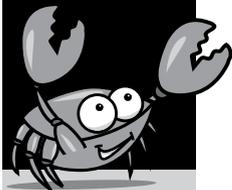


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Submission DEADLINE: MAY 8 for Next Edition (May 16-29)

Calendar of Events



look for us
online at

www.TheCrabCracker.com

or on
Facebook.

Download
current or past
editions.

THURSDAY, MAY 1

STEAM NIGHT

All elementaries invited to STEAM Night at Cedarhome Elementary, presented by Imagine Children's Museum. An evening of science, technology, engineering, art, and math activities. 5:30-7pm.

THURSDAY, MAY 1

1ST ANNUAL KIDS CREATIVITY MARKET

5-7pm at Twin City Elementary, 26211 72nd Ave NW, Stanwood. Students from TCE have been making creations and preparing shopping opportunities for the community. They've been working hard and are excited to see their efforts pay off. Event is open to the public.

FRIDAY, MAY 2

EXPLORING THE CONNECTIVE AND UPLIFTING POWER OF MUSIC

6-7:30pm at the Camano Island Library. Music has the power to express what words cannot, to bring deep joy and to connect us to ourselves, our stories, and to our community. We will explore music through dialogue and creating fun rhythms together with drums and percussion from diverse cultures. All ages, backgrounds, and abilities welcome!

FRIDAY, MAY 2

STANWOOD HIGH SCHOOL SPORTS

Varsity Boys Baseball vs Monroe. 4pm.

FRIDAY, MAY 2

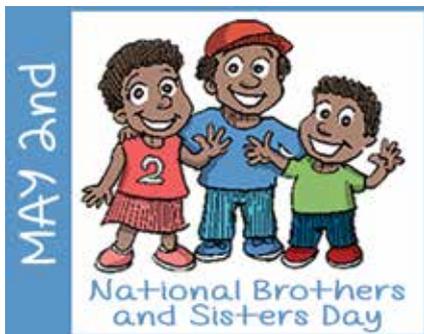
STAGEHOGS

Performing live at Pub 282. Brace yourself for a wild night of rock, blues, and pure, unfiltered energy!

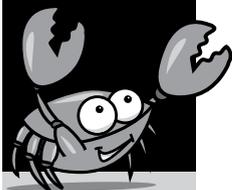
FRIDAY, MAY 2

BEACH 1 GALLERY ARTISTS RECEPTION

for Laisha Kneuyen & Lynette Stackhouse. 5-7pm. Two artists with very different styles...Laisha with a focus on Nature and Lynette with a focus on abstract. Their art will be displayed and for sale the entire month of May. The Gallery is open 7 days a week. We will be serving pop, wine, bottled water and bags of chips for the reception. Beach 1 Gallery in Camano Country Club. 1243 Beach Drive, Camano Island.



Calendar of Events



MOTHER'S DAY TRIVIA:

How many months are elephants pregnant for?

22 months.

FRIDAY, MAY 2

PETUNIA & THE VIPERS

Arcadian Public House (The Conway Muse) welcomes back Canada's award winning band. Doors at 7/ Show at 8. Tickets \$20 At Venue.

SATURDAY, MAY 3

SPRING GARDEN EVENT



9am-3pm at Stillaguamish Grange in fairgrounds. Craft vendors, small businesses and non profit organizations will wow you with all kinds of fun activities and wares. Hooves and Heroes is bringing their vintage firetruck turned grill to serve you burgers and hot dogs (for donations to support veterans and firefighters) and Skagit Gleaners will be on hand to teach you how to save on your groceries.

SATURDAY, MAY 3

CASCADE CODY & THE WARSHINGTON APPLES + KEVIN ALEXANDER & THE GARDEN STREET BOYS

Doors 7pm / Show 8pm at Arcadian Public House, Conway. Tickets: \$12.50. "The Bard of Cascalachia," made up of Fiddle, Mandolin, Banjo, Guitar, Bass and Drums. This is a new fuller sound to an olde time sound! Songs about the PNW, by those who call it home!

SATURDAY, MAY 3

STANWOOD HIGH SCHOOL SPORTS

Boys Soccer vs Marysville Pilchuck. JV: 3pm. Varsity: 5pm.





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May 3-4, 2025



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MAY 4: 1:00-3:00 \$2,000,000

656 Lehman Dr, Camano Island, WA

4 Bedrooms · 4.25 Bathrooms · 4,386 Sq. Ft · MLS # 2360145



MAY 3: 12:00-2:00 \$530,000

1863 Lake Dr, Camano Island, WA
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MAY 3: 1:00-3:00 \$1,350,000

329 Burke Dr, Camano Island, WA
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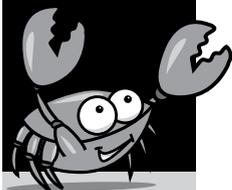
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Calendar of Events



MOTHER'S DAY TRIVIA:

What is the name of the titular mother in 'How I Met Your Mother'?

Tracy McConnell

SATURDAY, MAY 3

CINCO DE MAYO PARTY

at Dos Reales Mexican Restaurant, Stanwood. With DJ Metz starting at 7pm.

SATURDAY, MAY 3

MARY ELLEN LYKINS AND THE CC ADAMS BAND

7-11pm at Pub 282 at the Camano Plaza. Unique arrangements with roots in the Blues and an eclectic mix of R&B and tasty Rock mix.

SATURDAY, MAY 3

MABANA FLAMES PLANT SALE



9am-noon at Mabana Fire Station, 3651 S. Camano Drive. There will be hundreds of choices, including tomatoes, hanging baskets, bedding plants and so much more! All proceeds go to help provide equipment for Camano Island Fire & Rescue.

SATURDAY, MAY 3

ART SHOW OPENING "COLOR, SHAPES & MYSTERY"

with Music by Stuart Torgerson playing Acoustic Lap-Steel Guitar. 20 artists with multiple artworks. Opening Potluck Party: 4:30 to 7:30pm at Matzke Gallery and Sculpture Park, 2345 Blanche Way, Camano. Show continues thru June 29th. Hours: Every Friday, Sat. And Sunday 11 to 5. More info: matzke@camano.net.

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Camano Commons

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Calendar of Events



MOTHER'S DAY FACT:

22 Million
Phones Will Ring
on Mother's Day

Americans don't let distance keep them from their moms! Phone calling has been a centerpiece of Mother's Day for years, with families spread across the nation. Around 122 million phones will ring on Mother's Day!

SATURDAY, MAY 3

SEMBLANCE

Celebrity tributes, impersonations & more at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Stanwood. Live FREE SHOW!!! Show starts at 10 pm. Be there or be square! More info: (360) 629-2324.

SATURDAY, MAY 3

AKTION CLUB'S E-CYCLE

10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.

SATURDAY, MAY 3

CAMANO FARM ASHRAM ANNUAL PLANT SALE AND FARM OPEN DAY

12-3pm. Come out to the farm and select veggie, flower, berry, and tree starts to plant in your garden. Visit with the alpacas, goats, pigs, chickens, dogs, and cats. And stop by the farm store.

SATURDAY, MAY 3

AUTHOR TALK

Author Kim Fay will speak about her writing and her latest book, *Kate & Frida*. Fay spent weekends during her childhood on Camano Island. The Talk is at 2pm at the Camano Center. Event is free; seating limited. Copies of *Kate & Frida* will be for sale and can be autographed during the event. *Read more about Kim on Artist Spotlight" page 36.*

SATURDAY, MAY 3

CARS & COFFEE



Come have coffee and admire our local hot rods, muscle cars, and more. Free admission to general public and free to bring by your custom car. The locations vary each week, either at Coastal Vie, Stanwood or Camano Commons. Check with them to determine this week's location. Free coffee for participants (and mini donuts at Coastal Vie). 7-10am. All cars welcome. Come out and have fun!

SATURDAY, MAY 3

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

Saturday, May 17, 2025
10am - 4pm



The Camano Center
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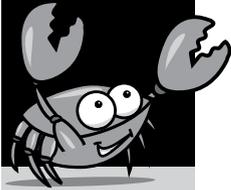


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Calendar of Events



MOTHER'S DAY TRIVIA:

Which 'Game of Thrones' character had the title 'Mother of Dragons'?

Daenerys
Targaryen

SATURDAY, MAY 3 NORWEGIAN CHORUS CONCERT



7pm at Sons of Norway Hall, 21098 2nd Street, Conway, WA. \$30. Children under 10 are free. Refreshments to follow. Proceeds to benefit S.O.N. building fund. For Tickets: 360-202-2788.

SATURDAY, MAY 3 FOCIP ANNUAL HOSTED WINTER AND SPRING WALK PROGRAM

Today's walk: IVERSON SPIT PRESERVE; KRISTOFERSON CREEK HABITAT, ENGLISH BOOM HISTORICAL PARK. Participants should arrive at Iversen Beach at 9:45 a.m. A short walk will include views of Port Susan and a beaver activity area and the "Hobbit Trail". Drivers will caravan to Kristoferson Creek Habitat for a brief visit. The caravan of cars will then move to English Boom Historical Park. Mt. Baker view, interpretive boards and a boardwalk are some of the special features of this historical park. PLEASE NO DOGS.

SATURDAY, MAY 3 BOOK SIGNING - PANSIES - BY BRENNA ESTRADA

1-3pm at MQ Gifts, 8706 271st St NW, Stanwood. Come say hello and chat pansies with Brenna! Books will be available for purchase, or bring your copy to have it signed.



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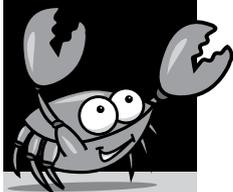


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Calendar of Events



MOTHER'S DAY TRIVIA:

In which sitcom does the mother of Erica, Barry and Adam get referred to as the 'smother'?

The Goldbergs.

SATURDAY, MAY 3

WALK AS ONE AT 1 FOR PEACE ON WORLD LABYRINTH DAY



at Freedom Park at Terry's Corner, Camano. Celebrate World Labyrinth Day with an introduction to our Labyrinth. World Labyrinth Day is a moving meditation for world peace. Celebration starts at 12:30pm and all participants will be asked to join us as we "Walk as One at 1". On this World Labyrinth Day, people worldwide will walk a labyrinth at 1pm local time, creating a unified rolling wave of peaceful energy that will pass from one time zone to the next around the globe.

SATURDAY-SUNDAY, MAY 3-4

RALLY RACES



Event by Stanwood Camano Island Soap Box Derby. 1-4pm at Arrowhead Ranch Camano, 615 Arrowhead Rd. Will include single and double-elimination races for Stock, Super Stock, and Masters Divisions. It's \$35 per race each day. Check in & car inspection is 7:30 AM - 8:30 AM. Racing is from 9:00 AM - 1:00 PM.



Calendar of Events



SUNDAY, MAY 4

STOMP AND SHOUT: THE UNTOLD STORY OF NORTHWEST ROCK AND ROLL



In the era between Big Band and Hip Hop, the Pacific Northwest rocked to the bop of R&B, raunchy blues and radical rock and roll. Take a wild ride with Author, Historian and Speaker Peter Blecha's history tour of the roots of Seattle's musical revolution, a behind-the-curtain look at the music that would change the world from the distant Northwest corner of the U. S. from the 1950s to the 1970s. 4pm at Floyd Norgaard Cultural Center, 27130 102nd Ave NW, Stanwood. The program is free but donations are welcome!

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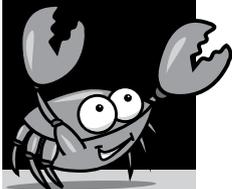
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Calendar of Events



MOTHER'S DAY TRIVIA:

Which alcoholic spirit is also known as 'Mother's Ruin'?

Gin.

SUNDAY, MAY 4

RONNDA CADLE - LIVE AT COASTAL VIE

Come enjoy some mellow music, good coffee, food and atmosphere at Coastal Vie in Stanwood. Located by Viking Village. Ronnda will be performing 11am-1pm. Join us as we rock out in 'an easy listening kind of way. Seating is limited.

MONDAY, MAY 5

DINNER WITH THE DOCTOR

6:00 PM – at Cedarhome Seventh-day Adventist Church, 28505 68th Ave. NW, Stanwood. Come join us for a vegetarian meal as Dr. Jeremy Clay presents information to help us boost our immune system. RSVP – 425-870-1006 or Stanwoodsda@gmail.com. Donations accepted.

MONDAY, MAY 5

STANWOOD HIGH SCHOOL SPORTS

Girls Softball vs Everett. 6:30pm.

MONDAY, MAY 5

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, MAY 5

ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

MONDAY, MAY 5

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

TUESDAY, MAY 6

STAY & PLAY

10:00 AM – 11:00 AM at the Camano Island Library. Opportunity for children and their caregivers to come play with fun and educational toys and engage in in-person play, socialize with others, and reconnect with the library. Drop in any time during this event.



Summer Workshop

w/ Award-Winning
Artist Jed Dorsey

JUNE 3-6

OR JUNE 10-13

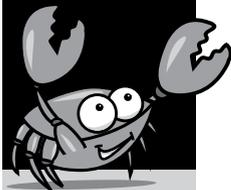
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Calendar of Events



MOTHER'S DAY TRIVIA:

Which Greek goddess was mother to Demeter, Hades, Hera, Hestia, Poseidon and Zeus?

Rhea

TUESDAY, MAY 6

KARAOKE

5-7pm at Lincoln Hill Retirement Community & Senior Center, 7430 276th St. NW, Stanwood.

TUESDAY, MAY 6

TEEN CREATIVE WRITING

3-4:30pm at the Stanwood Library. Join us and conduct a few fun writing prompts to get your creative juices flowing! This is an informal and judgment free zone where teen and tween writers can get together to connect and write. This month, we'll also be creating our own pens from pre-3D printed parts. Combine your favorite colors to make your ultimate re-fillable writing pen! Registration appreciated, but not required. This event is for teens & tweens aged 10 - 18.

WEDNESDAY, MAY 7

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Softball vs Snohomish. 6:30pm.

WEDNESDAY, MAY 7

NARCAN® GIVEAWAY (NALOXONE) WITH HOST

4-5:30pm at the Stanwood Library. Learn how you can save a life! During this short training, HOST will distribute two Naloxone (aka Narcan®) kits to each attendee and will provide instructions on how to administer the medication. Representatives will be on-site for 90 minutes, and attendees can drop-in to receive the training.

WEDNESDAY, MAY 7

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, MAY 7

SUMMER CAMP CARNIVAL

4:30-7pm at the Stanwood YMCA. Get a glimpse of the magic of summer camp through activities both in and outside the YMCA. Come try archery, make s'mores, arts and crafts, and more! See all the fun we'll be having and learn all about our programs. (Event re-occurs May 17).

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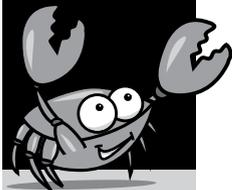
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Calendar of Events



MOTHER'S DAY TRIVIA:

In which country
is Mother's
Day marked in
December?

Serbia.

WEDNESDAY, MAY 7

LEGO® AFTERNOON

4-5pm at the Stanwood Library. Stop by for an afternoon of LEGO®! Build alone or with friends -- we'll provide everything you need.

WEDNESDAY, MAY 7

SHS 5K ROUTE

Event by SC Runners - Stanwood Camano Runners. Park at the main entrance of Stanwood High School and let's run the SHS 5k route. Meet at 6pm; we'll run at 6:10pm. Go your own pace. This route is mostly sidewalks with some shoulder running. It's moderately hilly.

THURSDAY, MAY 8

"SITUATIONAL AWARENESS" PRESENTATION

The Camano Preparedness Group will feature "Situational Awareness" with Dawn Mettler. In these crazy times you need to be more aware of what is going on around you. Come learn about how you can be more situationally aware and stay safe. 7pm at Vista Fire Station, 273 N. West Camano Dr., Camano Island. More info: kk6sue@gmail.com.

FRIDAY, MAY 9

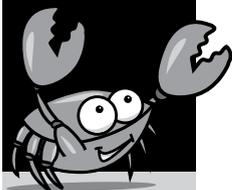
EVER-KNOWN CONCERT EVENT



A live music event at 6 pm at The Floyd, 27130 102nd Ave NW, Stanwood. "Almost Unplugged" will feature acoustic guitar classic rock selections along with some original songs from Ever-Known. \$10.



Calendar of Events



MOTHER'S DAY TRIVIA:

What cake is traditionally made on Mother's Day?

Simnel Cake

FRIDAY, MAY 9

THE BILLY APPLETON BAND

7-11pm at Pub 282 at the Camano Plaza. Gritty guitars, soul-stirring lyrics, and a rhythm that won't quit. Whether you're craving raw energy or smooth grooves, this is the sound that hits home and haunts you in all the right ways.

FRIDAY, MAY 9

NORTHWEST BIG BAND (NWBB) JAZZ

We will be holding Northwest Big Band (NWBB) Jazz Camp 2025 on May 4 - 10, 2025 at Warm Beach Camp & Conference Center. Musicians from Washington State will serve as band directors and advisers to camp participants. The camp will culminate in a free public performance this evening 7:30-9:30pm. www.nwbbjazzcamp.org

FRIDAY, MAY 9

ROBERT SARAZIN BLAKE & THE HIGH, WIDE & HANDSOME BAND ALBUM RELEASE CONCERT

Arcadian Public House (Conway Muse) presents an album release concert. 8pm. All tickets include a complimentary C. Tickets \$15 Advanced, \$20 At Venue.

FRIDAY, MAY 9

TRAVEL TALK



10am-noon at Camano Center, 606 Arrowhead Road. This month we explore some of the amazing animals of Southern Africa as Michele Rushworth takes you on a tour of the wildlife, scenery, and the cultures of Zimbabwe, Zambia, and Botswana, with a side trip to exotic Capetown, South Africa. More info: 425 503-9072.



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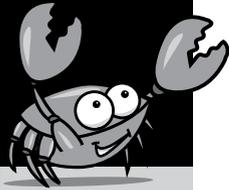
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TheCrab@TheCrabCracker.com

Calendar of Events



MOTHER'S DAY FACT:

Every year, people try to find the best way to say, "I love you, Mom!" Greeting cards top the list of gifts for mom, followed closely by flowers, special outings, gift cards, clothing, and jewelry.

FRIDAY-SATURDAY, MAY 9-10

ART TOUR LUNCH

Lunches will be served at Utsalady Ladies Aid, Camano Island during the artists' studio tour from 11am-2pm at 78 Utsalady Road, Camano Island. A huge, made-to-order turkey sandwich, chips, beverage and large special-recipe cookie will be \$15. Soup and vegetarian sandwiches also available.

FRIDAY-SATURDAY, MAY 9-10

SAINT AIDAN'S ANNUAL PLANT SALE

Large variety of perennials, shrubs, herbs, vegetables (including peppers & heirloom tomatoes), succulents & annuals. By donation only. Proceeds benefit Stanwood Youth Dynamics. 10am-4pm at 1318 E SR 532, Camano Island.

FRIDAY-SUNDAY, MAY 9-11

26TH ANNUAL CAMANO ISLAND STUDIO TOUR



This year we have 24 stops, 5 galleries, and 19 artists, 5 of which are new to the tour. Enjoy your drive through our beautiful scenery on your way to each studio. Artists are ready to show you what they have been working on and how they do it. Enjoy your adventure. www.camanostudiotour.com.

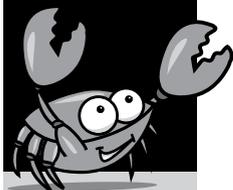
FRIDAY-SUNDAY, MAY 9-11

CAMANO ISLAND MOTHER'S DAY ART FESTIVAL



10 am - 5 pm at Camano Commons. Music, Food, and spectacular art.

Calendar of Events



The true meaning of Mother's Day is to celebrate biological mothers, celebrate all women who have played a motherly role in someone's life, and to show gratitude for the love and care that mothers provide.

FRIDAY-SUNDAY, MAY 9-11

ART SHOW BY CHRIS TUOHY

10am-5pm at Forte Music Dance Art. Coasters, Tiles, Cards, Paintings, Drawings and live music. 1095 Essex St. A-1 Camano. 360-572-9262.

SATURDAY, MAY 10

SPRING BIG BAND COMMUNITY SWING DANCE WITH LESSONS



6:30-9:30pm at Stanwood's Floyd-Norgaard Cultural Center. Dance to the music of a 16 piece big band. Free dance lesson at 6:30pm. Dance starts at 7PM with dance lessons continuing during intermissions. \$12 for adults. \$10 for students, cash, check or Venmo (No credit card)

SATURDAY, MAY 10

CARS & COFFEE

Come have coffee and admire our local hot rods, muscle cars, and more. Free admission to general public and free to bring by your custom car. The locations vary each week, either at Coastal Vie, Stanwood or Camano Commons. Check with them to determine this week's location. Free coffee for participants (and mini donuts at Coastal Vie). 7-10am. All cars welcome. Come out and have fun!

SATURDAY, MAY 10

FRIENDS FOR THE GHOST + HERNAME WAS PRINCESS + LOUS LEDFORD

at Arcadian Public House (Conway Muse). Doors 7 / Show 8. Adv. \$12.50 Day of show \$15.00. Genre: Americana, Country and Rock.



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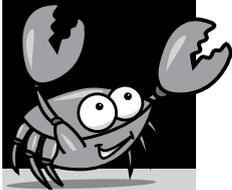
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Calendar of Events



MOTHER'S DAY FACT:

President Woodrow Wilson signed a proclamation declaring Mother's Day an official holiday on May 9, 1914.

But the idea began in 1908 when a woman named Anna Jarvis (from Spokane) started Mother's Day to honor her own mom, who had worked tirelessly serving moms after the Civil War.

SATURDAY, MAY 10

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, MAY 10

HERITAGE PARK PICKLEBALL OPENING DAY CELEBRATION



Learn about lessons and how to sign up for games using the Playtime Scheduler app. We will have volunteers from the Camano Stanwood Pickleball Association explain to you our plans for pickleball events. They will also answer any questions you have about the sport, along with the opportunity to get out on the court for some fun. We plan to have food, some other fun games and prizes at this opening event gathering, so it should be a lot of fun. 1-3pm at Stanwood Heritage Park Pickleball Courts. www.camanopickleball.com/heritagepark

SATURDAY, MAY 10

6TH ANNUAL SPRING CRAFT FAIR AND BAZAAR



sponsored by Boy Scout Troop 46 of Camano Island. 10am-4pm at Camano Lutheran Church. Over 60 vendors. Featuring local vendors selling a wide variety of handmade goods. Patrons can shop for unique one-of-a-kind gifts for moms and support local Boy Scouts.

MOTHER'S DAY STUDIO TOUR 2025

May 9, 10, 11 May 17, 18 10am-5pm

Studio 6: ACCENTS IN GLASS



Marc Boutte - Blown Glass and Pottery Sculptures
(425) 789-7783



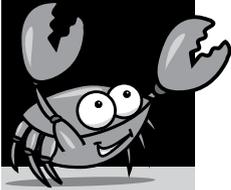
Dolors Ruscha - Fused Glass Jewelry and Glass Sculptures
(425) 345-7389 / www.foreverglass.com



NEW LOCATION:

2296 South Camano Dr., Camano Island
(Look for the famous "Planet Gate")

Calendar of Events



MOTHER'S DAY FACT:

Mother's Day is the Busiest Restaurant Day of the Year

Each year, reservations are snapped up by families wanting to secure a table for that special second Sunday in May. More than 1/3 of American adults vye for a table to celebrate mom.

SATURDAY, MAY 10

CASA SPRING MARKET - BAKE & PLANT SALE



10AM-4PM. Join CASA this spring at our annual spring market! We will be selling baked goods, plants, pet themed merchandise, CASA gear, and other goodies. All proceeds support the homeless animals in our care! See you there!

SATURDAY, MAY 10

4TH ANNUAL SPRING PICKERS MARKET AT 271



8am-4pm. Downtown historic Stanwood, on 271st between Waynes & the Country Store. Shop vintage vendors, makers, pick up some farm fresh flowers, plants, or tubers. Check out the local shops & eat at one of our amazing restaurants. Bring a friend & enjoy this fun community event! There's bound to be something for everyone!

SATURDAY, MAY 10

STANWOOD AMERICAN LEGION PRIME RIB DINNER

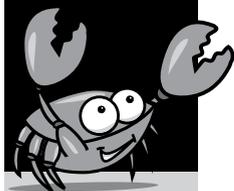
Help support local veterans by stopping by Post 92 at 4pm for prime rib, baked potato, salad, rolls and dessert. Adults are \$25 and kids below the age of 12 are \$10. 26921 88th Ave NW in Stanwood.

SATURDAY, MAY 10

FASHION SHOW & LUNCHEON

11am-2pm at Lincoln Hill Retirement Community. Cost: \$35. More info: <https://www.lincolnhill-rc.org/events>

Calendar of Events



SATURDAY, MAY 10

USTA HANMADANG OFFICIAL FESTIVAL TOURNAMENT



We're all excited to showcase our Poomsae at this year's USTA Hanmadang Official Festival Tournament at Stanwood High School! Poomsae, sparring, board breaking. Activities, carnival games, prizes, demonstrations, concessions. More info: (360) 651-1171.

SATURDAY, MAY 10

JIMMY WRIGHT

7-11pm at Pub 282. A high-energy concert experience, packed with a dynamic mix of music to keep you on your feet all night long.

Maximizing Your Home's Value in Today's Market

In today's housing market, research shows that there are **3 top questions** that homeowners have when getting ready to sell their home.

- #1. How to get top dollar.
- #2. What's strategic marketing look like?
- #3. What are practical ways to improve my home to sell for a higher price?

I consider these questions daily on my facebook page with tips from easy electrical upgrades, staging advice and how to select the right paint palette. I am here to guide you every step of the way. My goal is simple: make your home quickly stand out, attract more attention and increase its appeal in this competitive market. Stay up to date and informed by following my Facebook page or YouTube channel @tourwithmelanie.

You'll get daily tips and insights. Let's work together to get your home sold for top dollar!

Melanie Galloway 360-391-4628

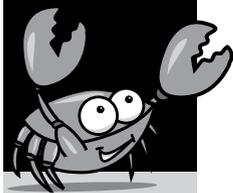
Interior Designer + Real Estate Broker

License #23018393 Realty One Orca



Melanie Galloway
← REAL ESTATE BROKER →

Calendar of Events



SATURDAY, MAY 10

32ND ELECTRONIC FLEA MARKET AND HAMFEST



Calling all Ham Radio Operators! 9am-1pm at Stanwood middle School, 9405 271st St. NW. Prize Drawings, Ham Radio Electronics, Free Parking, Snack Bar, VE Testing, Age 12 & under FREE. Admission \$6 at the gate. Raffle tickets are \$1 dollar a piece. For more information: scarwa.com or email scarchamfest@yahoo.com.

SATURDAY, MAY 10

WILDE ROSE BOTANICALS PLANT SALE

10am-3pm 337 Camano Ridge Rd. All open pollinated tomatoes, culinary & medicinal herbs, & flowers.

Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials! This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics you need to understand your options.

Camano Center

606 Arrowhead Road, Camano Island, WA 98282

May:

- 5/7/2025 – 10:00am – 11:00am Jensen Room
- 5/21/2025 – 3:00pm – 4:00pm Jensen Room

June:

- 6/4/2025 – 10:00am – 11:00am Jensen Room
- 6/18/2025 – 3:00pm – 4:00pm Jensen Room

RSVP's NOT REQUIRED, BUT ENCOURAGED

Please contact us to RSVP or for more information about upcoming events.



425-361-2944 x1 TTY 711



info@vidorassociates.com

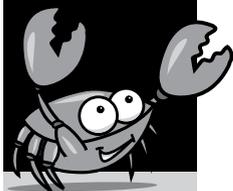


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This is an educational event. A licensed sales representative will be present with information only; there will be no sales activity. The Centers for Medicare & Medicaid Services (CMS) has neither reviewed nor endorsed this information.

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Calendar of Events



MOTHER'S DAY FACT:

The Carnation is the Official Flower of Mother's Day. This tradition began when Anna Jarvis sent hundreds of carnations to her home church to honor mothers in that congregation. That single gesture landed the carnation in the top spot as the official flower. Today, the colors of the frilly blooms have specific meanings – white carnations to honor deceased mothers and red to celebrate the living.

SUNDAY, MAY 11

MOTHER'S DAY PICNIC LUNCH

Utsalady Ladies Aid has extended its art studio tour lunch dates to include a ready-made Mother's Day picnic from 11am-3pm. Large, made-to-order turkey sandwich, chips, drinks and a famous Ladies Aid cookie for lunch on the lawn near the beach, weather permitting. Soup and vegetarian sandwiches are also available. Served at the Ladies Aid building, 78 Utsalady Road, Camano Island. Cost: \$12.

SUNDAY, MAY 11

BINGO AT THE VIKING HALL - SILVANA

5pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

MONDAY, MAY 12

CONVERSATIONS WITH JOANNA

Executive Director of Stanwood Camano Arts Advocacy Commission (SCAAC). Bring your questions and curiosity and come have a talk with Joanna! 8-10am at The Cookie Mill, Stanwood (Beverages available for purchase.). RSVP on our website: www.scaacwa.org.

MONDAY, MAY 12

WARM BEACH COMMUNITY ASSOCIATION BUNCO

7pm at North County Fire, 19727 Marine Drive, Stanwood. It's free, it's fun! Its easy to learn this classic dice game! Come join us. No cost.

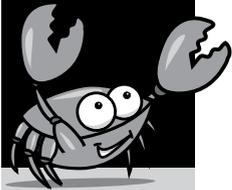
MONDAY, MAY 12

THE 2025 SALISH SEA EARLY MUSIC FESTIVAL



CONCERT from the COURT of FREDERICK THE GREAT. A completely new assortment of concerti for harpsichord and flute from the illustrious members of the musical establishment of flutist Frederick the Great, King of Prussia, including Carl Philipp Emanuel Bach, Johann Joachim Quantz, and Frederick himself. 7pm at Fir-Conway Lutheran Church at 18101 Fir Island Road in Conway. Admission is by suggested donation (a free will offering) of \$20 to \$30. Those 18 & under are free. All are welcome regardless of donation.

Calendar of Events



MOTHER'S DAY FACT:

What is the
oldest mother
on record?

70 years old

MONDAY, MAY 12

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, MAY 12

ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

MONDAY, MAY 12

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes for first and second place. Always a lot of fun!

TUESDAY, MAY 13

FREE COOKING DEMO

in the barn at Hazel Blue Acres in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

TUESDAY, MAY 13

STAY & PLAY

10-11am at the Camano Island Library. Opportunity for children and their caregivers to come play with fun and educational toys and engage in in-person play, socialize with others, and reconnect with the library. Drop in any time during this event.

TUESDAY, MAY 13

TEEN/TWEEN CHILL AND RECHARGE

3-5pm at the Stanwood Library. Test your skills and team up with friends for some serious fun on the Oculus Quest VR Headset and Nintendo Wii. If board games are more your style, we'll have Twister, Jenga, and Operation to dive into. Relax, compete, and have fun in a low-pressure and welcoming environment. Snacks will be provided.





SHORELINE COMMUNITY WORKSHOP



1:00PM - 4:00PM

THIS EVENT WAS PREPARED BY THE ISLAND COUNTY MARINE RESOURCES COMMITTEE AND ISLAND COUNTY SHORE FRIENDS USING FEDERAL FUNDS FUNDED WHOLLY OR IN PART BY THE ESTUARY AND SHORE RESTORATION PROGRAM (ESRP) AND UNDER VARIOUS NATIONAL AGREEMENTS FROM NOAA, U.S. DEPARTMENT OF COMMERCE. THE STATEMENTS, FINDINGS, CONCLUSIONS AND RECOMMENDATIONS ARE THOSE OF THE AUTHOR(S) AND DO NOT NECESSARILY REFLECT THE VIEWS OF NOAA OR THE U.S. DEPARTMENT OF COMMERCE USING FEDERAL FUNDS UNDER VARIOUS NATIONAL AGREEMENTS FROM NOAA, U.S. DEPARTMENT OF COMMERCE. THE STATEMENTS, FINDINGS, CONCLUSIONS AND RECOMMENDATIONS ARE THOSE OF THE AUTHOR(S) AND DO NOT NECESSARILY REFLECT THE VIEWS OF NOAA OR THE U.S. DEPARTMENT OF COMMERCE.



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*EXTENSION PROGRAMS ARE OPEN TO ALL WITHOUT DISCRIMINATION

JOIN US FOR A COMMUNITY WORKSHOP

5.14.2025

ISLAND COUNTY CAMANO
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121 N EAST CAMANO DRIVE,
CAMANO ISLAND, WA, 98282

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[HTTPS://WWW.COGNITOFORMS.COM/ISLANDCOUNTY1/COMMUNITYWORKSHOPREGISTRATIONS/SPRING2025](https://www.cognitoforms.com/ISLANDCOUNTY1/COMMUNITYWORKSHOPREGISTRATIONS/SPRING2025)



Are you passionate about helping our Nation's heroes?

Volunteers, interns, and VA students needed to help Veterans and their families get connected to VA benefits, healthcare, jobs, and social support. No experience necessary.

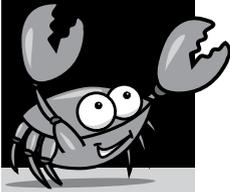
Veteran Support Officer
Veteran Support Assistant
Peer Support Mentor

**NO
EXPERIENCE
NEEDED**

Join the Stanwood-Camano
Veterans Resource Center now

walegionpost207@gmail.com or call 360-826-7775

Calendar of Events



WEDNESDAY, MAY 14

SHORELINE COMMUNITY WORKSHOP

1-4pm at 121 N East Camano Drive. Event by WSU Shore Stewards. A free community workshop for Shoreline Property owners - specifically for those at Livingston Bay and Iverson Beach. Hear from speakers on the effects of sea level rise, hear an overview of permitting regulations in Island County, and learn more about the Shore Stewards and Shore Friendly programs! Light refreshments will be served.

WEDNESDAY, MAY 14

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, MAY 14

STANWOOD HIGH SCHOOL BAND CONCERT

7-9pm at SHS Performing Arts Center.

WEDNESDAY, MAY 14

EXPLORE YOUR CREATIVITY

with Stanwood Camano Arts Advocacy Commission. 4-5:30pm at the Stanwood Library. We will provide everything you need. Ages 6-11.



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Saturday, May 17, 2025
10am-2pm at Camano Island Library

• CAMANO ISLAND • HOMESTEAD FAIR

Discover the charm of Camano Island's local farms and attractions, each offering unique experiences that celebrate tradition, innovation, and sustainability.

10am: Camano Creamery - meet an adorable calf and learn the art of butter making.

10:30am: Cats Paw Bees- explore the world of honeybees and garden pollinators, get practical advice on starting your own hive and creating a pollinator-friendly garden.

11am: Island Harvest Farm - building soil health to support healthy plants.

11:30am: Farm Ashram - simple methods for preserving plant intelligence and life force, some favorite plants to work with, and how they're grown.

12pm: Songbird Soap - teaches the art of crafting beautiful homemade soaps.

10am-2pm Hidden Creek Draft Horses - Learn about their historic and modern roles in agriculture, logging, and more.

Additional sessions hosted by WSU Extension:

12:30pm: Cultivate a thriving, bountiful oasis by learning to build your own raised beds.

1pm: Transform kitchen scraps into rich, organic compost by building your own wormery.

1:30pm: Revolutionize your cleaning routine with homemade cleaning products.

2pm: Create a sustainable water source by learning to build your own rain barrel.

360) 387-5150 / askus@sno-isle.libanswers.com





Windermere

REAL ESTATE



NEW HOME **\$1,149,000**
 Spacious new construction on Camano Island with stunning west-facing views, beautifully appointed and designed.
 #2353506



LOST LAKE **\$520,000**
 Camano rambler with a huge private yard and plenty of parking for your boat/RV has some great updates and floor plan.
 #2358047



ONAMAC **\$725,000**
 Immaculate and "like new" Camano home has fabulous outdoor living spaces located in a fabulous beach community. #2362274



LOST LAKE **\$675,000**
 Private setting and fenced 3-bedrm Camano home offers main floor living with sunny deck, plus covered patio off lower-level rec room. #2351327



MADRONA **\$649,000**
 Charming getaway on Camano is updated and ready for summer fun, first time on the market, community beach access and easy yard. #2360957



WATERFRONT **\$950,000**
 This might be a perfect remodeled Camano beach retreat, located on sand/pebble Tyee Beach with mooring buoy offshore. #2361104

STANWOOD
 7359 267th St. NW, #D
 360.629.8233

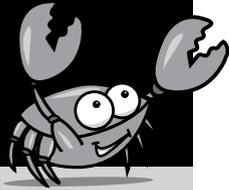


CAMANO ISLAND
 818 N. Sunrise Blvd.
 360.387.4663

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR

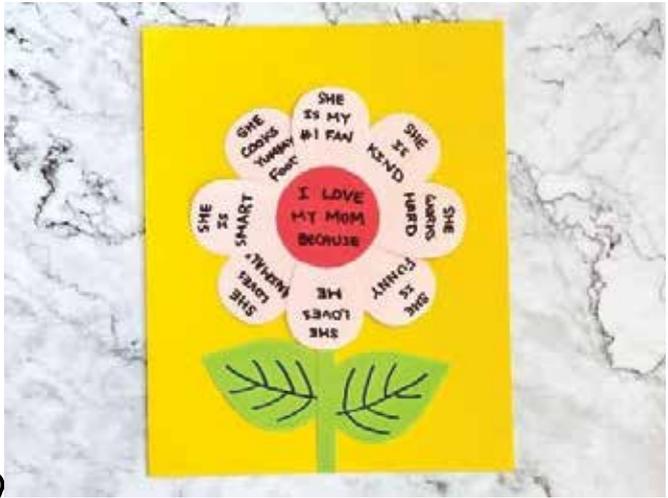
Kid's Korner



MOTHER'S DAY FACT:

The record for the most children born to one mother is 69.

MOTHER'S DAY CARD CRAFT TUTORIAL



Supplies: Colored construction paper or cardstock; Sharpie or black marker; Glue stick; Scissors

Instructions: Cut out the circle (center for the flower) and rectangle (stem) and 8 flower petals on colored construction paper of your choice. 3. Write "I Love You Because" or "I Love My Mom Because" in the middle of the circle with a black marker. Have your child come up with 8 reasons why he or she loves his or her mom. Write each reason on the flower petals so that there is one reason per petal. Turn the circle over and apply glue to the outer ring of the circle. Glue the top, bottom, left, and right petals on the circle. 6. Glue the rest of the petals in between the petals that are already glued on the circle. Draw the details on the leaves with the Sharpie. 8. Glue the top of the stem to the bottom petal of the flower. 9. Apply glue to the stem and stick the leaves on the stem. Flip the flower over and you have completed the Mother's Day card! Your Mother's Day flower craft is ready to be presented as a gift to the very special woman in your kid's life! And don't forget Grandma!

Source: <https://www.mombrite.com/mothers-day-flower-craft/>

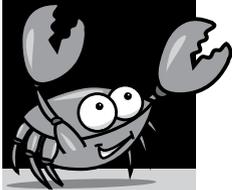


Jan Mather
Camano Island Expert
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WINDERMERE  REAL ESTATE

Activity for Adults



MOTHER'S DAY FACT:

According to a survey by RetailMeNot, what moms want most for Mother's Day is to dine out with her family.

COFFEE FILTER FLOWERS



Materials: coffee filters (2 per flower); washable markers; glue; straws or pipe cleaners (1 per flower); scissors; spray bottle with water; paper towels

Directions: Step 1: Use washable markers to create designs on the coffee filters. Be creative! You'll need 2 filters per flower. Step 2: Spray each coffee filter with a little bit of water, just enough to dampen the whole thing. I like to do this over paper towels to absorb the excess water. Let the coffee filters dry completely. Step 3: Take two filters (layered together) and fold them in half. Then fold them in half three more times. Step 4: Cut the edge into a semi circle. Then, twist the bottom end a few times. Step 5: Holding the twisted end, carefully open the layers to create the flower's petals. Step 6: If you're using a straw: Put a drop of glue in one end of the straw, then insert the bottom of the flower into it. Let the glue dry. If you're using pipe cleaners: Twist the pipe cleaner around the bottom part of the flower to secure it. Step 7: Add the flowers to a vase, or simply tie a ribbon around them to create a bouquet.

Source: <https://raisingveggielovers.com>

Four Springs House for your next event



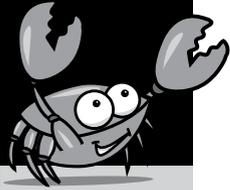
Weddings • Retreats • Business Events
Family Celebrations



Four Springs Lake
Preserve

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Artist of the Week



*Are you
interested in
promoting your
art, craft,
or live
performance?*

*Email us info or a
bio about your-
self and we will
feature this page
to you... and it's
all FREE!*

AUTHOR KIM FAY RETURNS TO CAMANO ISLAND



When Kim Fay comes to Camano Island on May 3 to speak about her writing and her latest book, *Kate & Frida*, in some ways she'll be coming home. Fay spent weekends during her childhood on Camano Island and said the Pacific Northwest is her home and her heart. Fay was born in Seattle and worked for five years at Elliott Bay Book Company, then moved to Vietnam to teach English in the 1990s. Her meals, conversations, and the people she met in Vietnam and other travels have fed her writing. She also has a very warm place in her heart for Los Angeles, where she now lives. Calling herself a voracious reader, Fay said she devoured Nancy Drew, Beverly Cleary, Judy Blume, and teen romances as a child. She was 12 years old when she wrote her first novel, and continued writing through college and beyond. "My writing then reflected my reading which reflected the limited access I had to diverse books in the small towns I grew up in," she stated in an interview with the American Booksellers Association. The characters and format of *Kate & Frida* are similar to those in *Love & Saffron*, where two women write letters to each other as they grow to be closer friends. One character, Kate, works at a bookstore at Elliott Bay and corresponds with Frida who is a journalist relocated to Paris. Fay has said elements of this novel hold autobiographic details.

Fay's Author Talk at the Camano Center at 2:00 pm on May 3. The event is free; seating will be limited.


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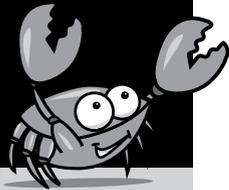
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Find us online

www.CandewConcrete.com

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Business Spotlight



Are you interested in promoting your business or organization?

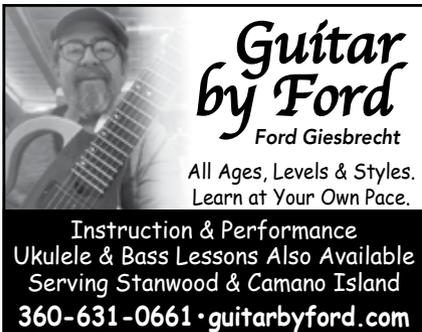
Email us info or a bio about your business and yourself and we will feature this page to you... and it's all FREE!

FIDDLE LEAF EVENTS



Come support one of Stan-Cams newest veteran owned small family businesses- Fiddle Leaf Events! We are a bring it to you, make-it, take-it workshop biz offering a variety of plant & pastry classes. Are you or your business looking to stir up business, increase foot traffic, connect with your community or celebrate Aunt Karen's Birthday? Check out the variety of classes we offer and then LEAVE THE FUN TO US- we'll take care of EVERYTHING! Plant workshops: Succulent gardens, kokedama moss balls, terrariums, wall mounted plants, pottery painting. Pastry workshops: Cake, cookie and cupcake decorating beginner, intermediate and advanced levels

Contact: owner@fiddleleafevents.com or message us on our Facebook business page: Fiddle Leaf Events



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Day



May 11th

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The MAC at Gateway Gallery for Camano Island Studio Tour



Friday, May 9th (12-4pm)
Saturday, May 10th (10am-4pm)
Sunday, May 11th (12-4pm)

CAMANO ISLAND STUDIO TOUR



MAY 9-10-11 MAY 12-18

Encore Weekend

Saturday, May 17th (10am-4pm)
Sunday, May 18th (12-4pm)

Volunteer and get involved!

Sign up for 2-hr slots here:
scaacwa.org/volunteer

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Moonshine Wisdom & Wit



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at www.skeeterdaddle.net

MONETIZING ART

I guess I've been working in art for about 45 years. Some of it I've been doing okay at, even made a so-called Living at, and most of it, well, I'm not the poster child for Starving Artist, but maybe Anorexic Artist. We artists have a tough row to hoe in corporate America, that's the truth, and so we try all sorts of strategies ranging from art fair booths to just giving up and getting a job, a real job. But probably too late for one that pays well or offers benefits and pensions. The money belongs to the Job Creators. Us creators, well, good luck.

I went up into the mountains this past weekend with a box of the Skeeter Daddle Blues, hoping to do a book reading and maybe sell a few copies. Ever since my old outlets for book sales dried up, I've been headscratching how to market these babies, get them out of my basement and into the hands of folks hungry for great literature. Tye Store closed up and so did the Copy This Mail That office supply store that sold the first book Skeeter Daddle Diaries so well I ordered a second printing. The South End String Band CD's sold like hotcakes too at those places, but when they closed shop, the only show in town was the Snow Goose Bookstore. And now they've shuttered their doors too. We probably sold two to three thousand CD's before that. I sold maybe 1000 books. Not bad for a backwash.

This past year I haven't sold more than ten books and the band is giving CD's away at concerts for the price we finally figured they were worth'. For free. One concert alone we handed out 150 CD's.

A high tech, fast charging friend convinced me to try Amazon. Against my better judgement I signed on, figuring I'd be sending them a box of hot sellers they could pass out faster than candy on Halloween. But no, they wanted me to send one book at a time, priority mail, to their warehouse in Maryland or someplace far far away. I spent about \$5 per book for mailing envelope and postage, losing a couple of bucks on each one. This went on for a couple of months, never enough sales apparently, to justify shipping them a full box. I might have continued this brilliant sales strategy right into bankruptcy but one day I noticed Amazon, love these guyz, had used copies of the Skeeter Diaries listed at 1.99 plus shipping. This was great. Me competing against me and the only winner was Amazon. It took me awhile to get out of this crummy cycle, the company not really responsive to any inquiries. In fact, they had no way to make inquiries.

I finally just kept sending them messages on the sales requests that the book was Out of Print. Which, finally, it was. Sadly, I buy my own book back from them occasionally just to have a few copies around. Cheaper than reprints by far. Bookstores competing against Bezos, like I mentioned at the last Snow Goose reading before they closed shop, are like Godzilla vs Bambi, it won't be long before they're toejam. Now I see where they'd like to be my printer too, print on demand. Probably ship them to me, then have me ship them back each sale. Lose even more money on every point of sale.

So I wish I had a tried and true strategy for you prospective artists out there looking for ways to sell your wares, I really do. It was always dog eat dog, but now we got Godzilla too. My only advice is to be like the little furry creatures during the Dinosaur Era, stay low, keep a close eye out, maybe move at night. I know, not much help, but the trick is to survive.



Mother's Day Art Tour May 9-11 and May 17-18.

Thank you to the Juror of Selection and Awards, Mario Robinson, who chose my painting "Traffic Jam" to be included in the 2025 National Watercolor Society Member Exhibition!

Although this original is not available there will be fine art copies at this year's Mother's Day Art Tour on Camano Island at Edward Lynne Cellars. Please come see me, Sharon Lynn Snelling, have some wine and enjoy my watercolors!



Edward Lynne Cellars has selected my painting "Tucson Blooms" for their Mother's Day Sauvignon Blanc label. The original painting is not available but there are fine art copies matted and ready to frame.

I will have some of my original paintings of Morocco, herons, florals, still lifes and some new offerings. There will be some paintings on metal which are great in kitchens, bathrooms and outside. I'll have a large selection of my art on tiles also. I hope to see you on the Mother's Day week-ends at 748 Winery Lane at the winery!

sharonlynnart.com

Facebook: Sharon Lynn Art



Community Information



Do you have a press release or an announcement you want the community to know about? Let us know and we will publish it here in Community Information **FOR FREE!**

Call us for info.
425-299-7892.

TECHNOLOGY ACCESS PROGRAM

sponsored by the Camano Island American Legion and Camano Center. Are you new to computers, internet browsers, social media, or frustrated by technology in general? Come join us Thursdays, 1-2:30pm, May 16-June 5 at the Camano Center to learn the basics of safe and effective technology use." Call 360-387-0222 to sign up.

FREE FITNESS CONSULTATION FOR COMMUNITY

Stanwood Anytime Fitness is offering free fitness consultations to any residents of Camano and Stanwood. Receive expert advice on all aspects of your health - nutrition and diet, fitness and movement, joint health and pain management. Conduct a body scan to better understand your health status and wellness goals. Come join the community of people taking control of their health, for this generation and the next! No membership is required."

LINCOLN HILL RETIREMENT COMMUNITY NEEDS VOLUNTEERS

Location: 7430 276th St. NW. Stanwood. Thrift Store Volunteers: (Hours TBD by Volunteer/Volunteer Coordinator and/or Thrift Store Managers. Volunteers with retail experience including cashiering, cleaning, stocking merchandise organizing departments and other duties as assigned are encouraged to apply. Training will be provided to all volunteers with/without experience. Coffee Bar Barista: Volunteer coffee bar Barista needed for our in-house coffee bar. (No experience necessary - will train). Lunchroom Help Needed: We need volunteers to check people in for lunch and accept payments for meals purchased. Servers are also needed to serve meals to customers. Food Handler's permit is required for servers. For information on any of our volunteer positions please contact our Volunteer Coordinator, Darlene Campbell at 360-629-7403, ext. 104 or via email at dcampbell@lincolnhill-rc.org.

PROJECT PC

(nonprofit): Join monthly community events supporting veterans and frontline heroes. Explore healing and connection. Projectpc.org.

SELECT SOCCER TRYOUTS

Stanwood Camano Youth Soccer Club. Go to their website to sign up. www.scysc.com.





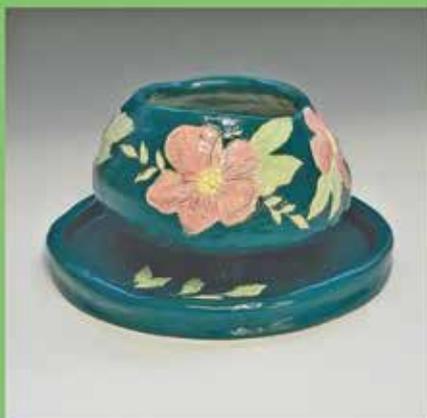
CAMANO ARTS ASSOCIATION'S
GATEWAY GALLERY

And

MAP

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THE 1ST ANNUAL

Student Art Show

Featuring stained, fused and mosaic glass, ceramics, photography, painting, and drawing from Stanwood High School Art Students

April 26 - June 8 2025

Opening Reception
Saturday April 26 4pm - 6pm

w/ SHS musical ensemble
sparkling beverages
hors d'oeuvres

Gallery Hours: Fridays 12-4 Saturdays 10-4 Sunday 12-4
Studio Tour Hours May 9,10,11 and 17, 18 10am to 5pm
578 E North Camano Drive (at Freedom Park) camanoarts.org

Community Information



MOTHER'S DAY FACT:

We all knew Easter and Christmas yield large church attendance crowds, but something about mom makes people want to show reverence and focus on faith and family. Many Americans will start their Mother's Day celebration by attending church with their moms, making Mother's Day the third most-attended church service behind Easter and Christmas!

BLOOM'N PLANT SALE



Vibrant annuals, hardy perennials, veggie starts, herbs, and gorgeous flower baskets — all grown by Stanwood High School's horticulture students! From seed to sale, students in Greenhouse Production and Horticultural Science have been digging deep all year long to grow a wide variety of plants. The community is invited to stop by the greenhouse parking lot on the north side of Stanwood High School to shop the organically grown selection. Proceeds go right back into the horticulture program, helping it continue to grow and flourish. Sale runs through the first week of May. Hours: 2:30 to 5:30 p.m. Wednesdays, Thursdays, Fridays; and 10 a.m. to 2 p.m. Saturdays.

PILCHUCK SPRING TOURS



Pilchuck Glass School's annual Spring Tours are one of the only times throughout the year when we welcome the public to tour our historic campus, and watch renowned glass artists at work. During Spring Tours, visitors can view the fascinating processes of glassblowing, talk with renowned glass artists, tour Pilchuck's studios, and learn about the rich history and future of the school. www.pilchuck.org.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

JOHN EBNER STUDIO

We will not be open this year due to a surgery on Mothers Day. In about a month we will be open by appointment. Just call John at 425 308 9055 or email at ebner@wavecable.com.



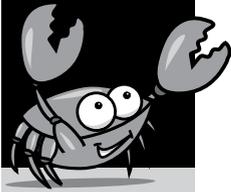
2003 CORVETTE FOR SALE

EXCELLENT CONDITION! 67K MILES

This classic 2003 FIFTY YEAR ANNIVERSARY Corvette is available for sale \$25k obo. FEATURES: Heads up display - new magnetic shocks
New fog lights - chrome wheels upgraded sound system

This car can be seen at John Ebner's driveway, 808 Holbeck Drive,
Camano Island, WA.

Community Information



MOTHER'S DAY FACT:

Most Women in the U.S. Have Their First Child in Their Twenties

As of 2019, the average age of first-time mothers is 27. Most women in the U.S have their first child in their twenties, with 20% waiting until after 35.

SAVE CAMA BEACH CABINS UPDATE AS OF APRIL 22



We have had some success with getting funding for Cama Beach. As a result of hard work by our Legislators, Rep. Shavers and Rep. Paul along with the Chair of the House Capital Budget Committee Rep. Tharinger there is \$600,000.00 appropriated for Cama Beach. The money is to be used to study and plan for the protection of the cabins and the resort buildings from the threats of geological processes including sea level rise. This is good news. However, it didn't go quite far enough. We have asked that the budget language be amended to allow part of the funding to be for the necessary infrastructure repairs for reopening the cabins for public use. We still need people to continue to call and support the planning funds and the funds to reopen the cabins. The regular session ended April 27th. Right now, the Legislature is working on reconciling the Senate Budget and the House Budget along with the Governor's Budget. Most people believe that finalizing the budget will require a special session with discussions continuing into May and June. The State has to have a budget in place by the beginning of July. We need to ensure our legislators are aware of the importance of supporting both the planning funds AND the funds to reopen the cabins as soon as possible. As before, with one simple call to the Legislative Hotline, 1-800-562-6000, you can send the same message to your State Senator and to both State Representatives, as well as Governor Ferguson. The Hotline is open Monday-Friday, 8 AM to 7 PM Suggested wording for the messages: For callers OUTSIDE the 10th Legislative District which includes Camano Island: "We appreciate the funds in the House Capital Budget for planning the long term protection for the cabins at Cama Beach State Park." Please ALSO support an amendment to use part of those funds to reopen the cabins as soon as possible, during the planning process." For those IN the 10th Legislative District (the message to Rep. Clyde Shavers and Rep. Dave Paul): "Thank you so much for your work to get the funds in the House Capital Budget for planning long term protection for the cabins at Cama Beach." "We'd very much appreciate your ALSO working for the amendment to use part of those funds to reopen the cabins as soon as possible, during the planning process." More details will soon be posted on the website: www.savecamabeachcabins.org.

CENTER HALL THRIFT STORE NOW OPEN

inside Lincoln Hill Retirement Community, 7430 276th St NW, Stanwood. Monday-Friday, 10am-4pm. 360-629-7403.

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Assisted Living

Designed for seniors who are active and engaged yet may need help and support with the fundamentals of daily living, our caring and dedicated staff members provide round-the-clock assistance while encouraging residents to maintain a high level of independence.

Enhanced Care Assisted Living

A brand new approach to care. Residents living in our Enhanced Care neighborhood have the security of receiving an increased level of health care traditionally not available within an assisted living environment.



Memory Care

Our professional and dedicated staff understand that memory care is more than a service - it's a residential journey of dignity, respect, and personal growth. Our memory care neighborhood is designed with this philosophy at heart, ensuring that every resident feels valued and secure in a loving Christ-centered environment.

WARM BEACH

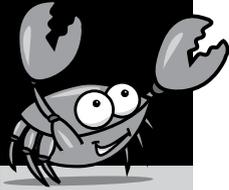
S E N I O R C O M M U N I T Y

Call Laura Perkins:
(360) 652-4591
www.warmbeach.org

20420 Marine Drive
Stanwood, WA 98292

**Ask About Our
Move In
Specials**

Community Information



MOTHER'S DAY FACT:

In 2023, over \$35 Billion was spent on Mother's Day according to the National Retail Federation.

STATE PARK FREE DAYS

No Discover Pass needed to park at a state park on these days: June 7-8 (Free Fishing Weekend), June 19 (Juneteenth), August 9 (Smokey the Bear's Birthday), September 27 (National Public Lands Day), October 10 (World Mental Health Day), and November 11 (Veterans Day). Learn more at discoverpass.wa.gov.

REAL I.D.



The countdown to be REAL ID ready is ON - the deadline is May 7, 2025. Your last boarding call for REAL ID! The new ID law for air travel goes into effect on May 7, 2025. Time is almost up to make sure you're ready. Review the options and find out what will or won't fly — you might already have what you need. Visit <https://realidwa.com/> to find out if you're #REALIDready.

WHIDBEY CAMANO LAND TRUST CALENDAR PHOTO CONTEST

Calling all photographers! Celebrate the beauty of Whidbey and Camano Islands with your best outdoor photographs and a chance to be featured in the 2026 Whidbey Camano Land Trust Calendar. Everyone is invited to participate! Visit www.wclt.org/get-involved/photo-contest for more information and contest guidelines. Send photos and/or questions to Haley at wcltphotocontest@gmail.com. Photos are due by May 12, 2025. We look forward to seeing your photos!



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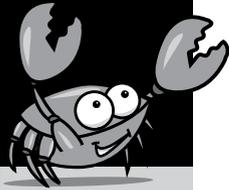
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Community Information



CAMANO ARTS ASSOCIATION INVITES YOU TO GET INVOLVED

Do you look forward to the magic of the Camano Island Studio Tour each May - when the whole community comes together to celebrate local creativity? Are you inspired by the revolving exhibits by local artists year-round at the Gateway Gallery at Freedom Park? Do you believe in supporting arts education and scholarships for students pursuing creative futures? Camano Arts Association (CAA) invites you to join and be part of the group that fuels these programs. Whether you're an artist or an arts enthusiast, your talents, time, and ideas can make a meaningful difference. Let's work together to enrich the lives and culture of the greater community through visual arts. When art is valued, individuals flourish, societies strengthen, and inspiration knows no bounds. See GET INVOLVED at www.CamanoArts.org

CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all skill levels.

ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!

COMMEMORATE THE 45TH ANNIVERSARY OF THE 1980 MOUNT ST. HELENS ERUPTION



Sunday, May 18th, 2025
3-5pm
Restoration Church, Camano

Join filmmaker and Camano Island resident Michael Lienau as he shares his harrowing 4-day journey to survive in the wake of America's most devastating volcanic eruption.

This is a free event - open to all! Free snacks!

Restoration Church Camano • 788 Smith Road

More information:

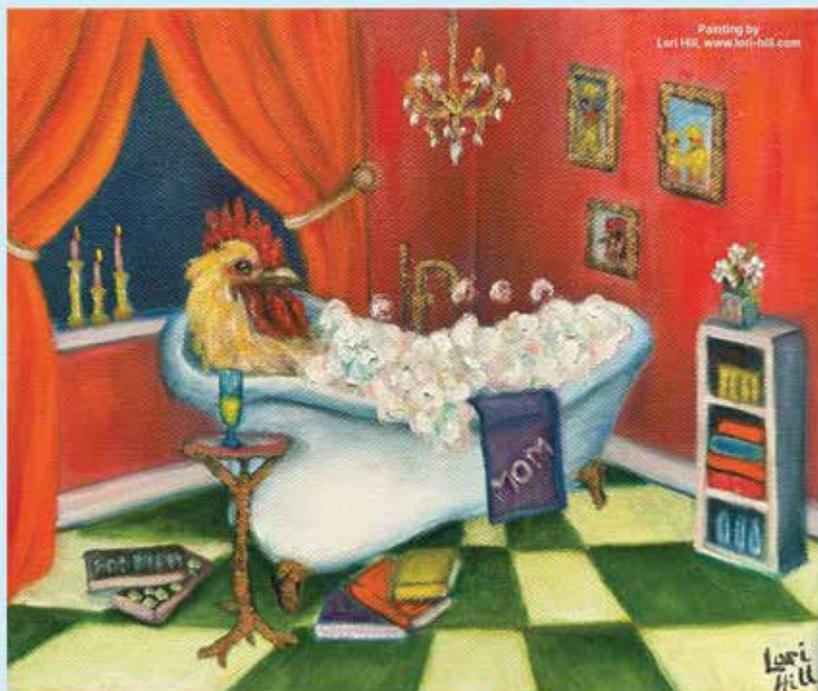
www.restorationchurchcamano.com • info@restorationchurchcamano.com

Or contact Michael Lienau:

www.globalnetproductions.com • contact@globalnetproductions.com



Stanwood-Camano Arts Festivals Presents:



19th Annual Mother's Day Art Festival

at Terry's Corner,
Camano Island

www.ArtsFestivals.org

May 9-11, 2025 | 10am - 5pm

Music by
Marcia Kester

Face painting by Challice Face Painting
Sat + Sun | 11am - 3pm

Photos and Art



MOTHER'S DAY FACT:

The moniker 'Mom' comes from babies. The first thing most babies can vocalize is the 'ma' sound, which is why in almost every language the word for mother begins with the letter 'M'



Momma duck. Photo by Jerry McFarland.



Spring flowers and tree at Camano Center. Photo by James M. Shipley.

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May 3rd

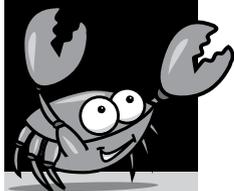
Book Signing - Pansies

**Brenna Estrada, Flower Farmer / Author -
Three Brothers Blooms**

Come say hello and chat pansies with
Brenna from 1pm-3pm! Books will be
available for purchase, or bring your
copy to have it signed.

MEMORIAL DAY 2025

**Join us on
May 26, 2025
at 1:00 pm
for a
Memorial Day
program featuring
Marysville NJROTC
at the
Stanwood
Veterans
Memorial
and the
Floyd Norgaard
Cultural Center
27130
102nd Ave NW
Stanwood
sahs-fncc.org**



*Recipes by
Cooking Mamas
created by
Dusty Hutchins-
McNutt.*

*"Great recipes
begin in Mama's
Kitchen!"*

Visit me at: www.CookingMamas.com

CROQUE MONSIEUR CASSEROLE

A classic French bistro sandwich made into a divine casserole featuring ham and Gruyere cheese baked in a rich and creamy custard. Serve with a side with of raspberry jam and a dusting of confectioners' sugar or drizzle with maple syrup, Enjoy! Happy Mother's Day!



INGREDIENTS: Butter for greasing the baking dish; 14 oz. Gruyere or Swiss cheese, divided; 13 (4 1/2-inch) day old mini croissants, split; 8 oz. deli-sliced ham (I use maple ham); 6 lg. eggs; 2 c. half & half; 1 T. Dijon mustard; 1 1/2 tsp. kosher salt; 1 T. fresh chopped thyme; 1 T. thinly sliced chives for garnish; Freshly ground black pepper for garnish; Raspberry jam for serving, optional; Pure maple syrup for serving, optional; Confectioners' sugar for dusting, optional

DIRECTIONS: 1. Butter an 8x12-inch baking dish and set aside. 2. Shred 10 ounces of the cheese and cube the remaining 4 ounces into 1/2-inch pieces. Cover and refrigerate until ready to use. 3. Using a serrated knife, slice the croissants in half lengthwise leaving a small hinge. 4. Tear the ham in half and roll or drape each half on the bottom halves of the croissants. Top with about 2 tablespoons shredded cheese. Reserve the remaining shredded cheese (about 2/3 cup) for the top of the casserole. Fold the top half of the croissants over the cheese pressing down to make the croissant sandwiches. Slice each sandwich in half crosswise and place into the prepared casserole dish, alternating cut-sides up and pointed-ends up. 5. In a medium bowl, whisk together the eggs. Add half and half, Dijon mustard, salt, and thyme, whisking until well combined. Slowly pour the custard mixture over the croissant sandwiches. Cover with aluminum foil and let sit a room temperature for 1 hour. (Alternatively, cover and refrigerate for at least 8 hours or overnight. Let sit at room temperature for 30 minutes before proceeding.. 6. When ready to bake, preheat the oven to 350 degrees. Place the cubed cheese randomly between soaked croissants and sprinkle evenly with the remaining shredded cheese. 7. Bake the casserole, covered, for 40 minutes: uncover and bake until golden brown, about 10-15 minutes more. Remove from the oven and let rest for 10 minutes. Top with chives and fresh cracked black pepper if desired. Serve with a side with of raspberry jam and a dusting of confectioners' sugar or drizzle with maple syrup and Enjoy!



Speech Language Hearing Month

Every May, the American Speech-Language Hearing Association raises awareness about hearing and communication by celebrating Speech Language Hearing Month.

The best way to take care of your hearing health is by being proactive! Whether you need to have your hearing checked or you are looking for custom fit hearing protection, we can help you.

Call Stanwood Hearing to schedule a hearing evaluation!



STANWOOD HEARING

9300 271st Street NW, Suite B-5 • Stanwood, WA 98292
Near QFC, between Papa Murphy's and H&R Block
p: 425-272-9435 | f: 360.572.4765
w: Stanwoodhearing.com



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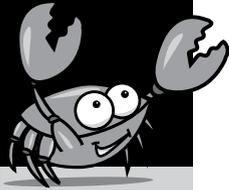
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only farmhouse
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Classes and Workshops



MOTHER'S DAY FACT:

Mother's Day is the third highest selling holiday for flowers and plants.

Valentine's Day might get the roses, but after Christmas and Hanukkah, more people buy flowers and plants for their moms on Mother's Day than any other holiday. Indeed, approximately one quarter of all the flowers purchased throughout the year are bought for Mother's Day.

Chris Tuohy Music and Dance Teacher offering the following private lessons: Sax, flute, clarinet, piano & voice. Available classes: Ballet, and Tap. The studio has a floating sprung maple dance floor available to rent, perfect for any kind of dance, martial arts and yoga etc. All classes are held at: Forte Music Dance Ar, 1095 Essex St. A-1 Camano Island WA 98282 for more info or to register please contact: Chris Tuohy @ 360.572.9262 or jazzman2e@mac.com

Medicare Education Workshop. Learn the essentials! We will cover Medicare eligibility, Medicare Parts A, B, C, and D. This is no-cost no-obligation and will give you the basics you need to understand your options. Located at Camano Center. Dates: May 7, May 21, June 4, and June 18. RSVPs not required but encouraged. More info and to RSVP: 425-361-2944. info@vidorassociates.com.

Stone Carving Class 2025: 3 Day Stone Carving Workshop, June 27-29 on Camano Island. \$465, includes: Catered lunches, Instruction from master carver, Kentaro Kojima, stone is available for a discount and loaner tools provided. Matzke Fine Art Gallery & Sculpture Park. Info and applications: matzke@camano.net or call 360-387-2759.

Private Music Lessons (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Try it first! Book a free 30-minute lesson: HartMusicSchool.com/free-trial. (Music teachers apply here: HartMusicSchool.com/apply-to-teach).

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription websites and records. Contact us at camano@familyhistorymail.org.

Movement Arts Yoga Classes In-studio & Online. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes.

Line Dance Lessons at the Camano Center with Kari — every Wednesday 3:00pm-3:45pm. Fun and exercise! socialdancesimplified.com.

High Fitness Saturdays: Join us for a FREE high-intensity (or low intensity, you choose) group exercise class (like dance fitness) Saturdays at 7:45 at 795 Ell Rd on Camano. Classes are also available Wednesday mornings at 6 am in Stanwood at The Dance Project NW for \$10/class. Go to "High Fitness Stanwood PNW" on Facebook for more info!



A Park For and By the Community

PLAYGROUND FENCE COMING DOWN! PURCHASE PICKETS NOW!

Freedom Park relies 100% on donations and volunteers!

The fence around our community playground desperately needs to be replaced. Pickets are \$45/each and available as supplies last.



freedomparkassociation.com



Tracy Stevens



#1 Agent of 2024!



Tracy Stevens, Broker

Tracy Stevens is a top local Real Estate Broker in Stanwood and on Camano Island. Her client service and her expertise are of the Highest Caliber. If you are thinking about making a move, please reach out to Tracy today!

- 23 years of service excellence in local Real Estate
- Certified Listing Expert (CLE)
- Certified Luxury Home Marketing Specialist (CLHMS)
- Certified Seniors Real Estate Specialist (SRES)
- Extensive experience and expertise representing Estates and Trusts

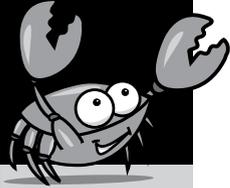


TracyStevens.remax.com | TracyStevensHomes.com

cell: 425.330.7052 · email: Tracy@TracyStevensHomes.com

RE/MAX Elevate on Camano Island (at IGA Plaza).

Classified Listings



MISCELLANEOUS:

I buy vinyl record albums: Rock, Pop, Jazz and more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

Venue for rent: The Stanwood American Legion Post 92 has space for rent. Located next to Rite Aid, we have a large room and full kitchen. For information, call 360-629-2851 after 1 PM daily.

PROFESSIONAL SERVICES:

Stained glass shop, design, and fabrication. Got broken stained glass? We can fix it. Message 360-629-9377.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmitchell8974@gmail.com. Serving Outlying Areas.

WANTED:

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.

The Community Resource Center is looking for a handy person to perform maintenance and repairs on a bi-monthly basis and on call as needed. 360-629-5257 or events@crc-sc.org.

**We are a family run company
and we are in Stanwood**

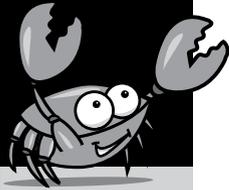


We specialize in Roof Replacements, Roof Repairs, New Construction/Owner Builder Roofing, and Roofing for Additions.

Call 360-652-4300
Free estimates and financing options available
www.allenroofing.com



Clubs and Meetings



MOTHER'S DAY FACT:

The Greeks would have spring celebrations in honor of Rhea, the goddess of fertility, motherhood, and generation.

North County Regional Fire Authority meetings - Beginning in May 2025, regular meetings for the Governing Board of North County Regional Fire Authority will normally be held at 4:00 pm, on the second Wednesday of each month in Stanwood, and the fourth Wednesday of each month in Arlington www.northcountymfireems.com

Parks & Play Thursdays, 10-11:30am at Freedom Park, Camano Island. For ages 0-5 and their caregivers. Explore our local parks while doing arts and crafts, sensory activities, waterplay, reading stories, pop tunnels, music and more! info@crc-sc.org or 360-629-5257

Dottie's Nature Play - Saturdays. This playgroup is all about hands-on discovery, sensory-rich experiences, and letting curiosity lead the way. Come dressed for the weather and ready for adventure! May 5, 3-4pm at Community Resource Center of Stanwood-Camano. info@crc-sc.org or 360-629-5257

Friendship Tea - "A cup of tea shared with a friend is happiness tasted and time well spent" - Anonymous. Join us for tea, treats, and a nice visit with friends, both old and new on the first Tuesday of each month at the Camano Center. No charge (donations welcome) to Camano Center members. Non-Members \$5 fee paid at the front desk. Call Connie at (360) 652-7211 for more information.

Rainy Day Room Playgroup Free weekly play group on Mondays at 10am and Thursdays at 3:30pm at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/events.

Teen Programs Monday through Friday, 2:30-5:30pm at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

Interested in joining Camano Island Quilters? We would love to meet you, stop by, and/or check us out on our website at <https://Camanoislandquilters.wildapricot.org>.

Kaleidoscope Play & Learn Tuesdays and Wednesdays, 10-11:30am and 3:30-4:30pm - a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

MOM'S ARE TOTALLY CLAWSOME!



Happy Mother's Day!



KERRI JONES | MANAGING BROKER | NORTH48 REAL ESTATE
KERRI@CAMANOKERRI.COM | 206.963.6615 | CAMANOKERRI.COM



CASA'S PET OF THE WEEK:

NICHOLAS is a lovely 4 year old cat who can be a bit of a nervous guy at first. Once he gets to know you, he is a playful loveable guy who enjoys being at the center of your attention. He lived indoor only previously and will need to have the same lifestyle in his new home. Nicholas lived with another cat previously, but may do best as the only pet as he loves to be your one and only. Stop by to visit Nicholas today!

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

MAPLE - Looking for a playful, active pup to add some life and love to your family? Look no further! This adorable pup is looking for a FURever home committed to training, while giving out plenty of love and patience. If you are ready to add this beautiful, cutie-pie pupper to your family, come and talk to an Adoptions Matchmaker today!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

GASTON is a handsome boy who is longing for a home and family of his own. He is loyal and affectionate and would be happiest in a home where his people aren't gone for the long work day. He is a good companion on leash walks and loves discovering the new smells of the season. Gaston is a friend to everyone **FIRST STEPS**: Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org



Hanging Basket Sale

ARROWHEAD RANCH
flower farm

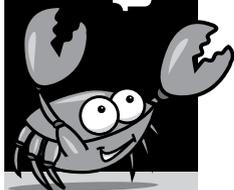


May 3rd, 4th & 10th
9:00 AM - 3:00 PM

Limited Quantities Available

615 Arrowhead Rd. Camano Island, WA

View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

THE STORY OF YONG LI



She was found on a busy street corner in a city of over four million people. She was only a few days old – abandoned, lost, completely unknown. No identification on her to indicate whose family she belonged to. An orphan, a tiny baby whose first meaningful life experience was to be abandoned by her parents for no other reason than the misfortune of having been born a girl. Such was the fate of hundreds of thousands of baby girls in China between 1979 and 2015.

The orphanage where she was taken gave her the name Yong Li, which meant "Forever Beautiful." Despite her tumultuous beginning, in less than five months, little Yong Li would be matched to a childless couple in America and headed to her new forever home in the States.

Nervous about entering Kindergarten, she overcame her anxieties and in time settled into school life. A relatively shy child, some of Yong Li's favorite times were the quiet moments she would play chess with her dad. As a young child she didn't have many friends. But she discovered the joy of the wizarding world of Harry Potter and would read one Harry Potter book after the next.

As she reached her early teen years, she excelled at sports, especially soccer. She was a fierce competitor, playing defense. Soccer became her passion. Unfortunately, Yong Li's fearless, overly aggressive style of play came at a steep price. She suffered a series of minor concussions playing the sport she loved.

Finally, a soccer collision in the spring of her high school junior year school was so severe that Yong Li was forced to take a three-month medical withdrawal from school. This would be the last soccer game she would ever play. It crushed her spirit. Doctors told her she could never play any contact sport ever again. The risk to her long-term mental and physical health was just too great.

Despite the upsetting setback, Yong Li would go on to university. But in the spring of her sophomore year, she slipped and banged her head on a wall pipe in her dorm. The brain injury was so serious that for a second time in three years, she was forced to take a medical withdrawal. Somehow, thanks to her stubborn determination, Yong Li overcame this latest misfortune and completed her nursing school

View from the Bleachers



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education, graduating Magna Cum Laude.

Yong Li began her career as a cardiology nurse. She then decided to pursue a DNP (Doctor of Nursing Practice) program to become a Nurse Practitioner. While going to graduate school part-time and working full-time, one day she was working with a difficult patient who was in such an agitated mental state she had to be strapped to her hospital bed. When the patient calmed down, Yong Li cautiously removed the straps and helped her out of the bed. Then in a flash, the patient, completely unprovoked, angrily landed a severe blow directly on Yong Li's temple. Yong Li fell hard, smashing her head forcefully into the hard linoleum floor. She briefly lost consciousness.

This time, her traumatic brain injury was so extensive Yong Li could barely speak or even open her eyes for days. When she tried to talk, her words came out so slurred she sounded drunk. She couldn't concentrate at all. She couldn't conduct even a short conversation because it hurt her brain too much.

She underwent intensive therapy of all types – cognitive, speech, balance, psychological, and more – for almost three years. Her cognitive impairment was initially so profound that doctors were doubtful she would ever be able to maintain a full-time job, let alone become a nurse practitioner.

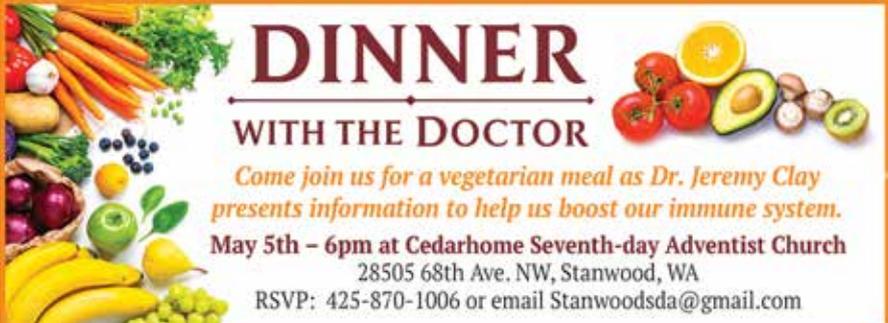
But Yong Li never gave up. She went to multiple medical appointments every week for three years, slowly, painfully regaining her ability to concentrate, communicate, and handle stress. During this grueling period, she was unable to work and had to withdraw completely from her graduate program.

Eventually, incredibly, she returned to work, albeit only part-time for the first year. But slowly, over time, she was able to increase her hours and return to full-time work. Today she is back working as a nurse and once again pursuing her dreams of becoming a DNP.

After almost three years of watching Yong Li struggle to regain her cognitive function, Yong Li's doctor told her dad that he was amazed at her progress. "She's a fighter," he said. "Most people in her situation just give up. It's too hard, too overwhelming, and too emotionally draining, to keep going. The progress is just so slow, it becomes demoralizing. But she never gave up. She's one tough young woman."

Yes, she is. Yong Li has always been a fighter. It's one of the many things that her father always admired about her. And I should know. I'm her dad.

[Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his YouTube channel by the same name.]



DINNER

WITH THE DOCTOR

Come join us for a vegetarian meal as Dr. Jeremy Clay presents information to help us boost our immune system.

May 5th – 6pm at Cedarhome Seventh-day Adventist Church
28505 68th Ave. NW, Stanwood, WA
RSVP: 425-870-1006 or email Stanwoodsda@gmail.com

TIDE TABLES / SARATOGA PASSAGE / MAY 2-15, 2025

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 2	Low	3:23 AM	7.7	
2	High	7:50 AM	9.8	
2	Low	3:17 PM	-1.8	
2	High	11:15 PM	11.7	
Sa 3	Low	4:42 AM	7.5	
3	High	8:46 AM	8.9	
3	Low	4:14 PM	-0.7	
Su 4	High	12:17 AM	11.4	
4	Low	6:10 AM	6.9	
4	High	10:02 AM	7.9	
4	Low	5:14 PM	0.5	
M 5	High	1:12 AM	11.2	
5	Low	7:37 AM	5.9	
5	High	11:37 AM	7.3	
5	Low	6:13 PM	1.6	
Tu 6	High	1:56 AM	11.1	
6	Low	8:32 AM	4.6	
6	High	1:24 PM	7.2	
6	Low	7:13 PM	2.6	
W 7	High	2:29 AM	11.0	
7	Low	9:08 AM	3.4	
7	High	2:55 PM	7.7	
7	Low	8:11 PM	3.5	
Th 8	High	2:55 AM	10.9	
8	Low	9:38 AM	2.2	
8	High	3:58 PM	8.5	
8	Low	9:03 PM	4.3	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 9	High	3:18 AM	10.8	
9	Low	10:06 AM	1.1	
9	High	4:50 PM	9.3	
9	Low	9:50 PM	5.0	
Sa 10	High	3:42 AM	10.7	
10	Low	10:34 AM	0.2	
10	High	5:36 PM	10.0	
10	Low	10:36 PM	5.7	
Su 11	High	4:07 AM	10.6	
11	Low	11:04 AM	-0.6	
11	High	6:19 PM	10.7	
11	Low	11:20 PM	6.2	
M 12	High	4:34 AM	10.5	
12	Low	11:37 AM	-1.1	
12	High	6:58 PM	11.1	
Tu 13	Low	12:04 AM	6.7	
13	High	5:02 AM	10.2	
13	Low	12:10 PM	-1.4	
13	High	7:37 PM	11.4	
W 14	Low	12:48 AM	7.1	
14	High	5:31 AM	9.9	
14	Low	12:46 PM	-1.5	
14	High	8:16 PM	11.5	
Th 15	Low	1:32 AM	7.4	
15	High	5:59 AM	9.6	
15	Low	1:22 PM	-1.5	
15	High	9:00 PM	11.5	



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Kristin Billings
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Are you new to **computers**,
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or frustrated by
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sponsored by the Camano Island American Legion
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Come join us for a 4-week series on Fridays, 10:00-11:30am,
May 16 - June 6, at the Camano Center to learn the basics of safe and
effective technology use.

Sessions will include technology basics & communication, accessing
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staying safe online.

Call the Camano Center
at 360-387-0222

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Don't have one? Ask about options—
devices may be available for
income-qualified participants.



CamanoCenter
Get connected.



Camano Island Studio Tour **May 9-11 & 17-18**

Join us in celebrating our vibrant local art community during this much-loved island tradition!

Stop by our Terry's Corner office during the Studio Tour—we're offering FREE coffee, water, and restrooms to keep you refreshed while you explore.

You'll also find maps and pamphlets for the Studio Tour, plus helpful information on local restaurants, parks, beaches, and more to make the most of your visit.

We're proud to feature the work of one of this year's Studio Tour artists right here in our office—come in and check out their incredible artwork!

818 N Sunrise Blvd, Camano Island, WA 98282
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Windermere Real Estate/CIR