

Events, Information, and Entertainment in the Port Susan Area Camano Island • Stanwood • Warm Beach • Silvana • Conway







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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: Winter snow on Kristoferson Creek. Photo by James M. Shipley



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Submission **DEADLINE: MARCH 4** for Next Edition (March 12-25, 2021)

www.TheCrabCracker.com



"Don't cry because it's over. Smile because it happened."

Dr. Seuss.

NOTICE: Due to the Covid-19 pandemic, many events have been cancelled or postponed or rescheduled. Some of the following events are online and virtual. For all others, contact them directly to ensure they are happening.



FRIDAY, FEBRUARY 26 ONLINE FAMILY TRIVIA - UNDER THE SEA

5:00 PM – 6:00 PM. Go it solo or grab a family member (or a few!) to test your trivia skills, right from the comfort of your own home. Join us for an under the sea adventure. Show off your knowledge of everything that lives under the sea and the geological wonders that can be found there. Family trivia is designed with young people in mind – we suggest a youth participant on each team. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: https://www.sno-isle.org/contact-us/

SATURDAY, FEBRUARY 27 PAINT AND SIP (ACRYLICS)

Silver Kite Online Workshop 1:30 PM – 2:30 PM. Join us for a stepby-step acrylic painting workshop. Grab a beverage of your choice and spend an hour with us talking and making art together! You will need: Mixed media paper (9x12,11x14, other sizes will work), 1" flat brush, 1" flat angled brush, 1-2 pointed round brushes for detailing; Red, blue, yellow, black, white acrylic paint, Paper towels or sponge, Cup of water, Paint palette or white plate. Register on the Silver Kite website at least one hour before class starts. Use sil2020 as the password. Silver Kite will send you the link for your class one hour before it begins. If you have any questions, please contact Silver Kite by email: info@silverkite.us or by phone: (360) 218-4884





MARCH 2 DR. SEUSS'S BIRTHDAY

"So the writer who breeds more words than he needs, is making a chore for the reader who reads." – Dr. Seuss



MONDAY-FRIDAY, MARCH 1-5 OPEN HOUSE WEEK - SEQUOIA PRESCHOOL

1:00PM - 5:30 PM. It's that time of year again! Our open enrollment for fall 2021 begins March 1st. Please visit our website at www.sequoia-preschool.com to schedule your private tour. We'd love to meet you and show you around our school!



TUESDAY, MARCH 2 VIRTUAL PLAY & LEARN

with Wonderland Child & Family Services 10:00 AM – 10:30 AM. Online event. Join Shelby, for a 30-minute virtual circle time on Zoom. These weekly sessions include engaging activities designed to foster your child's development, including a story time, singing, and simple crafts. Each week features a unique theme. Register online to receive your Zoom link and a list of materials you may need for the activities. For information, visit their website: https://wonderlandkids.org/

WEDNESDAY, MARCH 3 ONLINE CRAFT & CHAT – EARLY BIRD COFFEE AND CRAFTS

9:00 AM – 10:30 AM. Good morning early risers! This Craft and Chat is for those who know the best way to start the day is with conversation, coffee, and creativity. All crafts and all skill levels are welcome. This is a social event and not a tutorial. Registration is required, although being on camera is not. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: https://www.sno-isle.org/contact-us/





Safe & Expert Care Every Day

We have enhanced cleaning and safety standards across our health system. Keep your health on track and connect with your provider by scheduling your MyChart Video Visit or in-person appointment today.



FUN FACT:

There are roughly 70 ingredients in the McRib.



WEDNESDAY, MARCH 3 ERUPTION!

6:30 PM – 7:30 PM Online event. Join Mount St. Helens Institute volunteer lecturer David Newcomb to discover the May 1980 eruption of Mount St. Helens and its immediate aftermath. Please register to ensure you receive a reminder the day before the event, and to help us get a head count. Contact us with questions: https://www.sno-isle. org/contact-us/

WEDNESDAY, MARCH 3

ONLINE CRAFT & CHAT – KNIT & CROCHET

3:00 PM – 5:00 PM. Calling all yarn crafters! Bring your current knit or crochet project & connect with your fellow crafters. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact www.sno-isle.org/contact-us/



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Get a whimsical illustratration of your business or home for only \$50 each. It can be used to create stickers, apparel, logos, and more. Call 425-299-7893 or email walkingcat@aol.com for more information.



NEED TO FIND FRESH CRAB?

An outdoor magazine rack filled with "fresh" Crab Crackers is located at the Terry's Corner Visitor's building (the small red building with the big stained glass window and artist Danny Koffman's posters).



WEDNESDAY, MARCH 3 ONLINE PUB TRIVIA - TREAT YO' SELF -PARKS & RECREATION TRIVIA

7:00 PM – 9:00 PM. Grab your favorite beverage, call your friends, and settle in for a night of pub trivia – right in the comfort of your own home! This week we'll be delving into the TV show Parks & Rec, and you'd better believe that these diabolical book jockeys are going to put your knowledge of this sitcom to the test. A link to join the event via Zoom will be sent to registered participants the day of the event. Team members are not required and teams of one are absolutely fine. If you are playing with team members who are sharing your screen/device, only one team member need register. If team members are located in different households, at least one member of each household should register for trivia. Contact us with questions: https://www.sno-isle.org/contact-us/

THURSDAY, MARCH 4 READING WITH ROVER

online event. 4-4:15pm, 4:15-4:30pm, 4:45-5pm. Children build reading skills and confidence by reading aloud to a certified therapy dog in a live video chat. For elementary students ages 6-12, with an adult. One registration required per student. Reading with Rover is a community-based literacy program working with schools and libraries. Prior to the event you will receive an email invitation for the Zoom event. Contact us with questions: https://www.sno-isle.org/contact-us/

FRIDAY, MARCH 5 VIRTUAL PLAY & LEARN

with Wonderland Child & Family Services 10:00 AM – 10:30 AM. Online event. Join Shelby, for a 30-minute virtual circle time on Zoom. These weekly sessions include engaging activities designed to foster your child's development, including a story time, singing, and simple crafts. Each week features a unique theme. Register online to receive your Zoom link and a list of materials you may need for the activities. For information, visit their website: https://wonderlandkids.org/

FRIDAY, MARCH 5 ONLINE FAMILY TRIVIA - FINISH THE LYRICS

5:00 PM – 6:00 PM. Go it solo or grab a family member (or a few!) to test your trivia skills, right from the comfort of your own home. How well do you remember the lyrics to songs? Do they stick in your brain? Could you recognize wrong lyrics? Join us and celebrate the songs and lyrics of TV, Movies, and Radio. This trivia uses audio clips, as well as on screen text for the lyric questions. Family trivia is designed with young people in mind – we suggest a youth participant on each team. A link to join the event via Zoom will be sent to registered participants the day of the event. If you are playing with team members who are sharing your screen/device, only one team member need register. If team members are located in different households, at least one member of each household should register for trivia. Contact us with questions: https://www.sno-isle.org/contact-us/

FRIDAY, MARCH 5 ONLINE CRAFT & CHAT – CRAFTING FOR NIGHT OWLS

9:00 PM – 10:30 PM. Craft and Chat is an online social event that offers you the opportunity to skill share, learn about library resources and make connections with fellow crafters. This Craft and Chat is for those of you whose creative juices get flowing after the sun goes down. All types of crafts welcome. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: https://www.sno-isle.org/contact-us/



We're still committed to taking extra precautions to keep our office safe for everyone.



FUN FACT:

Nutella was invented during WWII, when an Italian pastry maker mixed hazelnuts into chocolate to extend his chocolate ration.

FRIDAY, MARCH 5 ART SHOW OPENING

3-7pm at Beach 1 Gallery. 2nd Anniversary Celebration for Beach 1 Gallery. The Friday Girls are filling the Gallery with Watercolor and Mixed Media Art for the Month of March. Sherri Hall, watercolor; Jane Morris, mixed media; Margie Ridley, mixed media; Linda Hendry Boyd, mixed media. In addition during the Anniversary Celebration from 3-7 Pm they will also be displaying more mixed media for viewing /sale in the club. Jane Morris with pottery & fimo, Margie Ridley with jewelry, and Linda Hendry Boyd with embroidered denim, bags and more. Refreshments will be served. Masks and social distancing are required during the Celebration. The Gallery is open 7 days a week. Beach 1 Gallery in Camano Country Club, 1243 Beach Drive, Camano Island 360-387-1655



SATURDAY, MARCH 6 E-CYCLE

10am-2pm, across from Stanwood Middle School on 94th Avenue, follow signs. Accepting all TVs, monitors, computer towers, and laptops only (for recycling). This is put on by Stanwood-Camano Aktion and Kiwanis Clubs and donations benefit their many local service projects.

SPRING FAIR 2021 MARCH 28 • 10AM-NOON



Local vendors at the Stillaguamish Grange, 6521 Pioneer Highway, Stanwood (at the fairgrounds). EASTER BUNNY will make an appearance for socially distanced photos. One free raffle ticket with a food bank donation. Raffle proceeds go toward SHS scholarships. More information: 425-330-3038

www.TheCrabCracker.com



MARCH 8

National Prewfreeding Day



SATURDAY, MARCH 6 NATURE PORTRAITS

Silver Kite Online Workshop Online event. During this fun and interactive workshop, learn how to create portraits and other artwork by using objects from nature. What you'll need: A small bag of Nature Objects - leaves, flowers, sticks, grass, herbs - collected from the outdoors near your home; 2 - 3 pieces of stiff paper (construction paper or printer paper will do but cardstock is better); ModPodge (or white glue); Markers. Register on the Silver Kite website at least one hour before class starts. Use sil2020 as the password. Silver Kite will send you the link for your class one hour before it begins. If you have any questions about your registration, please contact Silver Kite by email: info@silverkite.us or by phone: (508) 812-0431

SUNDAY, MARCH 7 ONLINE CRAFT & CHAT - UPCYCLED CRAFTS

11:00 AM – 12:00 PM. Join us for social hour as we share the projects we've made and ideas for upcycled crafts! Craft and Chat is an online social event that offers you the opportunity to skill share, learn about library resources and make connections with fellow crafters. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: https://www.sno-isle.org/contact-us/





March 9 is NATIONAL BARBIE DAY!

In 1959, an 11-inch tall bombshell made her debut at the American International Toy Fair in New York.

TUESDAY, MARCH 9 VIRTUAL PLAY & LEARN

with Wonderland Child & Family Services 10:00 AM – 10:30 AM. Online event. Join Shelby, for a 30-minute virtual circle time on Zoom. These weekly sessions include engaging activities designed to foster your child's development, including a story time, singing, and simple crafts. Each week features a unique theme. Register online to receive your Zoom link and a list of materials you may need for the activities. For information, visit their website: https://wonderlandkids.org/

TUESDAY, MARCH 9 STAY-AT-HOME STORYTIME SNIPPETS

3:00 PM – 3:15 PM Online event. Enjoy stories, sing along songs, rhymes and fun activities that prepare young minds for the adventures of reading. Presented by Sno-Isle Libraries staff from their homes for you and your little ones to join in from your home. To view, please visit the Sno-Isle Libraries Facebook or YouTube pages. Recordings will be available for later viewing.

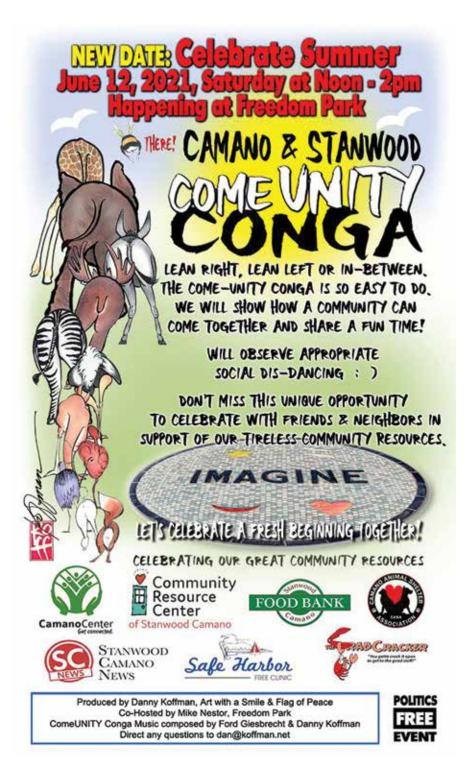
WEDNESDAY, MARCH 10 FINDING GRANTS

with Foundation Directory Online - Essential. 10:00 AM – 11:00 AM Online event. Looking for grants for your nonprofit? This virtual class will provide an overview of how to look for grants using FDO. NOTE: This class is for nonprofit organizations looking for funding. It is not geared to individuals seeking grants. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: https://www.sno-isle.org/contact-us/



WEDNESDAY, MARCH 10 ONLINE CRAFT & CHAT - KNIT & CROCHET

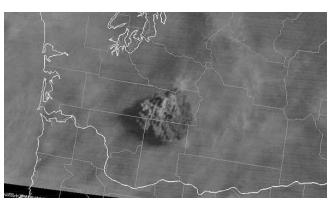
3:00 PM – 5:00 PM Online event. Calling all yarn crafters! Whether you make garments, gifts, home décor, or amigurumi, you can use yarn to create a wide variety of beautiful and interesting objects. Bring your current knit or crochet project and connect with your fellow crafters. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: https://www.sno-isle.org/contact-us/





FUN FACT:

The Scots have a word for that panicky hesitation you get when introducing someone whose name you can't remember: tartle.



WEDNESDAY, MARCH 10 MOUNT ST. HELENS

Lives Changed, Lessons Learned, and Legacies of the 1980 Eruptions. 3:30 PM – 4:30 PM Online event. The 1980 catastrophic eruption of Mount St. Helens was a historic event that fundamentally changed how scientists and society view volcanoes. This presentation follows a generation of eruption eyewitnesses and responders moved deeply by events, who later designed new systems and partnerships for volcano safety in the Cascades. Presented by Carolyn Driedger, Hydrologist and Outreach Coordinator, Cascades Volcano Observatory. Please register to ensure you receive a reminder the day before the event, and to help us get a head count. Contact us with questions: https://www.sno-isle.org/contact-us/



WEDNESDAY, MARCH 10 ONLINE PUB TRIVIA - SHAKESPEARE: PLAYS AND POP CULTURE

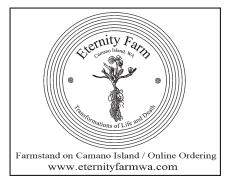
7:00 PM – 8:30 PM. How well do you know the works of the Bard? Test your knowledge of all things Shakespeare in this edition of Online Trivia! A link to join the event via Zoom will be sent to registered participants the day of the event. Team members are not required and teams of one are absolutely fine. Contact us with questions: https:// www.sno-isle.org/contact-us/















FUN FACT:

Some cats are allergic to humans.

THURSDAY, MARCH 11 RIDING THE WAVES OF CAREER CHANGE

1:00 PM – 3:00 PM Online event. Overwhelmed by your job search? This workshop will help you develop concrete skills and personal resiliency needed to carry you through. Attendees will learn to use labor market data sources to help inform job searches and/or career changes, will learn (through interactive discussions and activities) to identify transferrable in-demand skills, and will explore concrete tools to stay adaptable in the current job-market. Attendees will leave the workshop with practical job search tools that will make the transition back to the work force a smooth and positive one. Space is limited, and registration is required. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: https://www.sno-isle.org/contact-us/

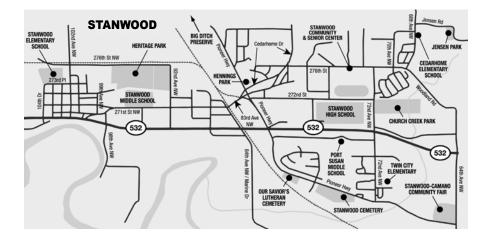


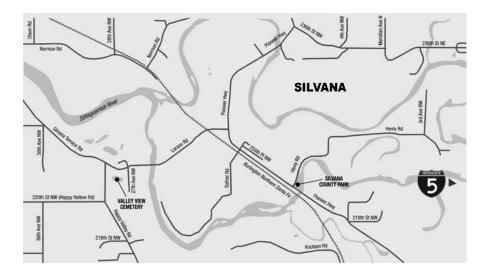
THURSDAY, MARCH 11 READING WITH ROVER

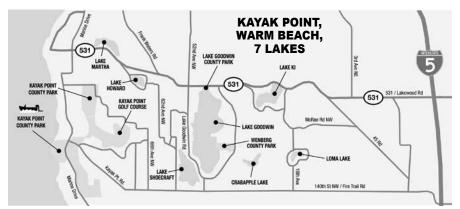
online event. 4-4:15pm, 4:15-4:30pm, 4:45-5pm. Children build reading skills and confidence by reading aloud to a certified therapy dog in a live video chat. For elementary students ages 6-12, with an adult. One registration required per student. Reading with Rover is a community-based literacy program working with schools and libraries. Prior to the event you will receive an email invitation for the Zoom event. Contact us with questions: https://www.sno-isle.org/contact-us/











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Dining Guide



FUN FACT:

Before choosing the name "Chiefs," ownership considered calling the team the Kansas City Mules. AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052 B'S BAKERY (Stanwood) BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885 BROOKLYN BROTHERS PIZZERIA (Camano) 360-926-8585 CAMA BEACH CAFE (Camano Island) • (360) 387-3266 CAMANO ISLAND INN (Camano Island) • (360) 387-0783 CAMANO THAI (Camano Island) • (360) 926-8688 CENTER CAFE (Stanwood) • (360) 629-7403 THE CHATTER BOX (Stanwood) • (360) 629-0600 THE CONWAY MUSE (Conway) • (360) 445-3000 CONWAY BOXCAR (Stanwood) • (360) 629-0651 CONWAY PUB & EATERY (Conway) • (360) 445-4733 COOKIE MILL (Stanwood) • (360) 629-2362 COPPER HOUSE (Stanwood) • (360) 572-2385 CRISTY'S LUMPIA & MORE (Stanwood) • (360) 629-2727 CROW'S NEST (Camano Island) • (360) 572-3133 DOS REALES (Stanwood) • (360) 629-0822 DRAGON PALACE (Stanwood) • (360) 629-8106 DUCK IN CAFE (Stanwood) • (360) 629-3440 FARMERS CAFE - (Stanwood) • (360) 629-4953 IXTAPA MEXICAN RESTAURANT (Stanwood) • (360) 629-5228 JACK IN THE BOX (Stanwood) • (360) 629-2384 JASMIN THAI CUISINE & SUSHI (Stanwood) • (360) 629-2044 JIMMY'S PIZZA (Stanwood) • (360) 629-6565 JOHNNY'S BURGER STOP (Stanwood) (360) 629-9427 JOURNEY'S END CAFE • (Camano Island) • (360) 387-9120 LITTLE CAESARS PIZZA (Stanwood) • (360) 629-6999 MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500 MCDONALD'S (Stanwood) • (360) 629-9787 MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535 MUSTARD SEED BAKERY & CATERING (Stanwood) • (559) 909-0732 NAHA TERIYAKI (Stanwood) • (360) 629-0681 ORLANDOS' BBQ STATION (Camano Island) • (360) 914-5506 PADDLE PUB (Stanwood) • (360) 652-4156 PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826 PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981 PHOENIX PAVILION (Stanwood) • (360) 629-4662 PICNIC PANTRY (Stanwood) • (360) 631-5218 PUB 282 (Camano Island) • (360) 926-8960 ROADHOUSE BAR & GRILL (Stanwood) • (360) 652-4156 RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000 ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920 SAAL BREWING CO. (Stanwood) • (360) 629-0102 SAHARA PIZZA (Stanwood) • (360) 629-6886 SEVEN LAKES PIZZA (Stanwood) • (360) 629-7502 SPARTAN DRIVE IN (Stanwood) • (360) 629-8988 STANWOOD CAFE (Stanwood) • (360) 629-8427 STANWOOD CUPCAKES (Stanwood) • (360) 926-8241 STANWOOD GRILL (Stanwood) • (360) 629-5253 STANWOOD HOTEL & SALOON (Stanwood) • (360) 629-2888 STANWOOD THAI (Stanwood) • (360) 572-2200 STARBUCKS (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500 **SUB JOINT** (Camano Island) • (360) 230-9611 **SUBWAY** (Camano Island) • (360) 631-5055 SUBWAY (Stanwood) • (360) 629-2678 SWEET BLISS FROZEN YOGURT (Stanwood) • (360) 488-2294 TACO TIME (Stanwood) • (360) 629-5018 TAPPED CAMANO (Camano Island) • (360) 572-4986 TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001 WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300 WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372

Kid's Korner

I filled out an application that said "In Case Of Emergency Notify:"

I wrote "Doctor"...

What's my mother going to do?

– Steven Wright:



SNOWFLAKE WATERCOLOR RESIST ART

To get the project ready, I lined up the free snowflake template (or draw your own snowflake designs) with watercolor paper and taped both lightly to a window (if you are using thinner paper for painting, you might be able to see the template through it without using the backlight of a window). I then used my trusty hot glue gun to trace the snowflakes from the template in hot glue. If you had an older child and used a low heat setting, it would be possible for them to do this step. I felt that S is still young enough that it would be frustrating for her (she's JUST learning how to use the hot glue gun on low), so I did the tracing myself. She chose four shades of blue liquid watercolors (yes, we're that crazy - we have FOUR shades of blue) and painted away. It was SO pretty to watch the blue fill in around the snowflakes. S really wanted to add salt (it bleaches out parts of the watercolor and makes an interesting pattern if you haven't tried it before). To have the salt work correctly, your painting needs to have a thin layer of moisture over it, so I had S dip her paintbrush in water and guickly dampen her whole painting. Next she sprinkled salt! The less salt you add (i.e. the more space there is between salt grains), the better the effect is. And after it dried, she had a GORGEOUS winter masterpiece.

Source: https://www.funathomewithkids.com/2014/11/winter-watercolor-resist-art-with-free.html You can download our free snowflake template here: https://drive. google.com/file/d/0Bwkw2dfDRvtBZjd0Z0k2bEtDU00/view



MAKE YOUR OWN BAROMETER Want to know if the air pressure is changing? Find out by making this handy tool.

TUTTIT

WHAT YOU'LL NEED:

- Balloon
- · Glass jar
- Scissors
- · Rubber band
- · Tape
- Drinking straw
- Index Card
- Pencil

HOW TO DO IT:

- Stretch the balloon out by blowing it up and releasing the air. Use the scissors to cut the balloon in half you can discard the neck of the balloon.
- Take the large balloon piece and stretch it across the mouth of the glass jar. Use the rubber band to attach the balloon to the jar, creating an airtight seal.
- The straw will be your air pressure indicator. Make sure that the straw is no more than halfway on the balloon Id of the jar. Tape the straw onto the balloon.
- 4. Now you can start recording weather data with your new barometer! Tape the index card onto a wall or other surface. The straw air pressure indicator should gently touch the center of this card.
- 5. Use the pencil to mark where the air pressure indicator is. Over the next few days, note if the straw moves up or down and what the weather conditions were like. Did you notice any patterns?

WHY THIS WORKS

As the outside air pressure changes the balloon lid will move up low air pressure outside, higher air pressure in the bottle, straw moves down) or down digh air pressure outside, kniere air pressure in the bottle, straw moves up. Weather changes with the air pressure - lower air pressure is usually an indication of stormy weather.

Find more fun activities like this one for free at www.academu.animajiam.com





WATERFRONT \$1,050,000 North Camano level waterfront on the shores of Maple Grove with incredible views. #1724656



PRE-SALE \$929,000 Camano View Estates Pre-Sales available! Large ramblers, 3 car garage and gorgeous east views plus beach access. #1567839



VACANT LAND \$150,000 Quiet and peaceful lot just east of Lake Goodwin might be the perfect location to build a new home. #1714019



LAKE GROVE \$479,000 Light Manufacturing Camano property with a shop and finished flex space, ample parking and secure access. #1717582



HAPPY VALLEY \$799,000 Space to spread out with an updated rambler and vintage barn, shop on over 3 acres. #1718193



VACANT LAND \$275,000 One-of-a-kind view acreage on Camano Island with community beach access and easy off-island access. #1540712

STANWOOD 7359 267th St. NW, #D 360.629.8233



CAMANO ISLAND 818 N. Sunrise Blvd. 360.387.4663





WATERFRONT \$395,000 Naturally wooded 7+ acres with amazing views and an easy trail to the beach. #1482336



CAMANO HILLS \$595,000 Thank Camano Ridge Forest Preserve for the 450+ acres of wooded land behind this custom-built home. #1723327



VACANT LAND \$175,000 Gorgeous 2.3 acres on a quiet Camano road with all the preliminary work done. #1691618



VACANT LAND \$265,000 Beautifully wooded 13 acres on the west side of Camano with nearby beach access. #1724110



VACANT LAND \$799,000 Great development opportunity in downtown Stanwood-4 level parcels of commercially zoned property. #1626695



PRE SALE \$929,000 Single level Pre-Sale Custom homes on Camano with Mt Baker & Cascade Mountain views & community beach access. #1567837

Visit WindermereStanwoodCamano.com for more information Windermere Real Estate/CIR



FOR SALE:

Vintage Roll Top Desk. SOLID OAK wood. Includes SOLID OAK wood Press Back matching chair. Excellent/Beautiful condition. Made in the USA. \$349. Call 360-387-1379.

GARAGE SALE:

Big garage/gym sale Fri. 2/19 from 10-1pm and Sun 2/21 from 12-3pm. In gym behind the Spanish SDA church at 28505 68th Ave NW Stanwood. school books, linen, furniture, clothes, games, kitchen ware, even a few church pews! Rain or shine!!!

PROFESSIONAL SERVICES:

Greg's Mobile Small Engine Repair Tune-ups, blade sharpening, chainsaw, mower and other small gas engines fixed (425)350-0938

WANTED

Cama Beach Summer Manager FULL-TIME SEASONAL POSITION. 40 hours per week, Wednesday through Sunday; \$20/hr. Beginning May through September, dates negotiable. The Center for Wooden Boats is seeking a Cama Beach Summer Manager to staff our Cama Beach campus from May to September 2021. Located on Saratoga Passage, in Puget Sound, the Cama Beach livery is a seasonal, salt-water operation bringing people of all ages and skill-levels into contact with historic small boats. The Summer Manager is responsible for quality customer service and the safe operation of CWB's fleet of rental vessels onsite at Cama Beach State Park. We are looking for a rugged individual with a strong boating background that would enjoy interacting with guests while operating a fast-paced boat rental facility. To Apply: Email resume and statement of interest to hiring@cwb.org. Position open until filled. The Center for Wooden Boats is an equal opportunity employer.

HELP WANTED - Fiberglass repair & fabrication business. Experience is a plus. Vast assortment of jobs from race cars, to large Yachts & more. Jobs in the shop, at the Camano Airfield business park. Also off sight jobs from Anacortes to Bellingham and Everett. Lots of effort required. Call or text Erik, for an interview. 425-308-7423, Compass Point Composites LLC.

Considering a career in Real Estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Marla at marla@ windermere.com for more information. windermerestanwoodcamano.com.

Wanted horse to ride. Gentle for beginner. Share cost or lease road safe. 360-279-1565.



TheCrabCracker@wavecable.com

RIDDLE:

Q: A horse is on a 24 foot chain

and wants an ap-

ple that is 26 feet

away. How can

the horse get to the apple?

A: The chain is

not attached to

anything.



CASA'S PET OF THE WEEK:

NORAH was brought to CASA as a stray and is now looking for her forever home. Norah is friendly gal how loves to snuggle. She is a little nervous at first, but once she warms up she is an attention hog. She does well with other cats, although it is unknown how she is around dogs. If Norah is the cat for you, please send us an application via email.

Camano Animal Shelter Association (CASA): 198 Can Ku Road, Camano Island. 360-387-1902. camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

LIL NINJA is a high energy goofy teen, ready to take on the world! He is fearless and up for any adventure. Lil Ninja can NOT go to a home with children under the age of 16 years. With an experienced new adopter who can give him the time and attention he needs, Lil Ninja is sure to be the best four legged friend you ever had.

> (360) 572-2202 info@camanoislandhealth.com www.camanoislandhealth.com

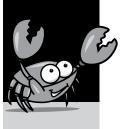
The N.O.A.H. Animal Adoption Center: 31300 Brandstrom Rd, Stanwood. (360) 629-7055. thenoahcenter.org.



www.TheCrabCracker.com

such as primary care & specialty services like adolescent medicine.

Artist of the Week





DEB BERNHARD

Hi everyone I am Debbie Owner/Artist of Our Hands to Yours Ceramics on Camano Island. I Sell and make all my ceramics from start to finish in my studio at my home. I am a small Ceramic business. I pour, fire, hand paint and hand craft all my ceramic merchandise. Call or email me to see if I have something you want on hand or a custom order. Thank you in advance.

https://www.facebook.com/ohtyceranmicsdebb 425-772-7460 deboone8269@gmail.com



This product has intoxicating effects and may be habit forming: Marijuana can impair concentration, coordination, and judgment. Do not operate a vehicle or machinery under the influence of this drug. There may be health risks associated with consumption of this product. For use only by adults twenty-one and older. Keep out of the reach of children.

Business Spotlight



Are you interested in promoting your business or organization?

Email us info or a bio about your business and yourself and we will feature this page to you... and it's all FREE!



MABANA CLOTHING COMPANY

Our Mabana Hoodie and Mabana Beanie are out now! Hop on this adventure and check us out on Facebook (Mabana Clothing Co.) and on our website mabanaclothingco.com. We started this brand to share our mutual appreciation for nature and the adventure that surrounds us. Our name comes from a beach on Camano Island, Washington, but our brand is dedicated to showing the beauty waiting to be discovered all over the world. Living in Washington, we are grateful for all the scenery that surrounds us. From lakes to forests, the ocean to the mountains, there are boundless opportunities for hiking, camping, skiing, and everything in between. As we've traveled, we have found that each new place comes with unique adventures and builds memories that will last a lifetime. We are excited to continue sharing adventures through our designs, and appreciate all the support so far!

(402) 237-1423 mabanaclothingco@gmail.com

10% of our 2021 Profits will be donated to Washington State Parks! Tag us in your adventures as we continue to share ours through Facebook/Instagram!

- Locally Owned
- Veteran Owned & Operated
- 18 Yrs Experience
- Green Pest Control
- Rodents, Ants, Stinging Insects, Spiders, Birds & More

Email: office@mcphersonpestcontrol.com www.mcphersonpestcontrol.com

McPherson

PEST CONTROL

360-559-9741

www.TheCrabCracker.com

Pest Control to

Protect Your

Home and

Family

ANNOUNCING THE PANDEMIC'S MOST ANNOYING PERSON

(Atlanta) – The Centers for Disease Control and Prevention (CDC) announced today that in a unanimous vote, they have awarded the title of "Pandemic's Most Annoying Person" to a uniquely deserving individual: Brad Buttons of Kenosha, Wisconsin. This is the first – and the CDC hopes last – time this honor will ever be bestowed.

When asked why Brad was selected to be this year's recipient, a CDC spokesperson explained, "Frankly, ever since the pandemic was announced in March 2020, and people were asked to socially distance and wear masks, Mr. Buttons has stayed home, in his one-bedroom apartment, and maintained a rigid self-imposed quarantine. And he's always taking on an endless number of projects. He's like a machine. To be honest, it's impossible not to become irritated. We're only human."

The CDC listed dozens of feats Brad has achieved in the past year to alienate normal people. For starters, during the pandemic, Brad has read the entirety of Wikipedia, learned three foreign languages (plus Klingon), and written two science fiction novels. "Who does that?", the spokesman asked, clearly perturbed.

When reached for comment, Brad was putting the finishing touches on his handmade full-scale replica of Michelangelo's David, using nothing but seashells he found on the shores of Lake Michigan. "I'm thrilled about this prestigious recognition by the CDC, but I really don't feel deserving," Brad humbly responded. He then returned to his garage to resume work building an authentic 1967 Austin Healey 3000 SL which he learned to assemble just by watching YouTube instructional videos. "I didn't have most of the tools I needed, so I scrounged up some scrap metal and built a blast furnace. Check out this lathe I made."

When asked how he has had time to do all of these things, Brad replied, "It helps that I have no friends." In the past year, while most people have hunkered down on the couch eating Ben & Jerry's ice cream by the carton, Brad has been keeping busy. Disturbingly busy. He penned an Italian opera (because doing it in English was not enough of a challenge, he said). He also invented a machine that turns urine into potable drinking water.

In the CDC press release citing Brad's exhausting list of discoveries, publications, and inventions, it accidentally failed to mention that he also patented a fuel converter contraption that converts water into a non-polluting fuel able to power any car, plane, or deep space probe. "Actually, all you need is urine. Want me to show you how I do it?" Brad added.



Read more of Tim

Jones' humor ev-

ery week at www.

ViewFromThe-

Bleachers.net or

check out his new

YouTube channel

by the same

name.



TheCrabCracker@wavecable.com

The release went on: "Taken together, it is almost unfathomable that

any single individual could accomplish all of this and still find time to find a cure for cancer, but this man did it. That's why the CDC unanimously concluded that Mr. Buttons is far and away the most annoying person we've encountered since the pandemic began."

The CDC's decision was applauded by millions of Americans – and Brad's own immediate family, who have unfriended him on Facebook because they are sick of reading about his achievements.

The overall sentiment of most Americans who remain trapped in their homes binge-watching Netflix crime documentaries and past seasons of Schitt's Creek was perhaps best summed up by David Wilkinson, a bartender from Brooklyn, who protested, "Dude, just stop!. You're making the rest of us look bad. Here's an idea: How about you invent a spaceship and become the first person ever to fly solo to Mars. Then plant a flag and NEVER COME BACK!"

Upon hearing that he'd won the award, Brad was said to be so excited he began an awkward victory dance. (Dancing is one activity Brad failed to learn.) In the process, he tripped over his just-finished replica of an 18th century tall-masted ship in a bottle, fell, and broke his ankle and crushed the ship in a bottle. Not salvageable.

Due to his unfortunate injury, it appears Brad will be laid up for at least three months. Millions of Americans greeted this news with celebratory dances of their own.

[Read more of Tim Jones' humor every week at www.ViewFromThe-Bleachers.net or check out his YouTube channel by the same name.]



www.TheCrabCracker.com

Jlasses and Workshops



RIDDLE:

Q: A frog jumped into a pot of cream and started treading. He soon felt something solid under his feet and was able to hop out of the pot. What did the frog feel under his feet?

A: The frog felt butter under his feet, because he churned the cream and made butter. "RESTART your health in just 5 weeks! Boost immunity, increase energy, think more clearly, sleep better, improve your mood, and feel well again! Visit www.HNT.life for more information."

Classes at Zs: ZOGA, a class incorporating yoga, The Melt Method, laughter PLUS health support. All levels. Mondays, 10am or 5:30pm. In Studio & online instruction. SEATED Yoga, excellent for those with limited mobility. 40 minute class, IN Studio & online, once per week. "You Can do this!" FLOW YOGA with Melissa, Thursdays at 6pm. Be challenged, enlivened and inspired! Call 360-629-5040 or register online @ Zsremedies.com

Would you like to have more energy, deeper sleep, a strengthened immune system & clearer thinking? Classes start soon. www.HNT.life

Virtual Guitar Lessons during this difficult time – with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Instruction & performance. Ukelele & Bass lessons also available. 360-631-0661. www.guitarbyford.com.

Have fun while achieving your art goals. Painting lessons with a national award winning artist. 425-681-5104 or Michele@MicheleRushworth.com to save your spot.

Karate & Taekwondo at Northwest School of Martial Arts! Open enrollment, fun for all ages! Our programs emphasize respect, self-defense, confidence, self-discipline, exercise, leadership & focus. Call 629-4341 or visit nwschoolofmartialarts.com for schedule & prices.

My Body Mind Fitness "Time to give back." Help us grow and educate our community. Fitness & nutrition classes for all ages. Teacher benefits. www.mybodymindfitness.com.

FAMILY HISTORY CENTER: Closed until further notice.

YOGA CLASSES IN-STUDIO & ONLINE at Movement Arts, Camano Island. Keep moving, keep breathing, keep practicing! IN-STUDIO – View our schedule at movementarts.com/schedule week to week to monitor our status for in-person classes or join us online! Follow us on Facebook or visit movementarts.com for updates. LIVE STREAM – book classes in advance at movementarts.com/schedule and receive an email prior to class to attend our live studio class from the comfort of your own home (no mask required). See your friends before class for live chat. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com & follow the links to view our video library of online classes. View sample videos FREE on our media page at www.movementarts.com/media. Book your class thru movementarts.com or call 360-629-9100.

The Art of Munay: FREE VIRTUAL Yoga Nidra Journeying Event. Experience an art form of subtle beauty mapping through the integral practice of VIRTUAL Yoga Nidra Journeying; The Art of Munay (love and will). Virtual room opens around 7:15PM with the sound check around 7:20/7:25PM. 4 Sessions: Feb 11, 2021, Apr 22, 2021, Jun 10, 2021 and Nov 4, 2021 Receive your link and register through movementarts.com or call 360-629-9100

Yoga for Beginners 6 Week Session Apr 13-May 18. Whether you are brand new to yoga or returning after a long absence, this 6-week course will prepare you with the first steps toward a regular practice. Sign up through movementars.com or call 360-629-9100.

Did You Know?



The Stanwood Area Historical Society asks, "Did You Know?"

Excerpts taken from the "Stanwood Story", written for the Stanwood News by Alice Essex. So similar to those in the news today, were local drives for better roads. Of special concern was the re-routing of the Pacific Highway through town and the hard-surfacing of the road connecting the Twin Cities to the new Pacific Highway, both of which were still not settled before the end of the year. Among other notable events was organization of two community groups...the Young GOP Club in Stanwood and a Law-and-Order League in East Stanwood.

The League, which boasted a 200-card membership, was formed to provide protection to citizens and group support for law enforcement officers. The GOP Club, which also achieved sizable membership, swung into action with a dinner at the new city hall.

The affair was attended and applauded by Republican officials from about the county and marked the beginning of involvement of area young people in politics. Clarence Opseth was named president; Olive Olsen, vise president and Harold Fjarlie, treasurer.

Despite problems, Stanwood 1936 was not in the all-work-no-play groove. Parks and recreation were part of the planning, which came to fruition in early spring with acquisition of a park site on the east side of Lake Goodwin. The project was the work of the North Snohomish County Rural Recreation Committee and was to be financed by public subscription and the WPA.

A total of \$500 of the \$1,500 purchase price was already in pocket; \$300 was to be raised in the Twin Cities, Warm Beach, Silvana and Norman. Articles of incorporation was adopted and what was to become Wenberg State Park was in the making.

The play-day mood was evident again that fall, when an advertisement in the NEWS heralded the arrival of a stock of ski pants, jackets and snow equipment at an Everett store. This, too, foreshadowed the shape of things to come...the formation in October 1937 of the Galena Ski Club was 49 charter members, 19 of whom were from Mount Vernon.

J.M. Eilertsen was chose temporary president; Toney Knutsen, vice president; Harold Klett, secretary and Paul Holman, treasurer.

In the Twin City News of December 1937, John B. Larson who came to Stanwood as a small boy with his parents in 1882, told it like it was in the "good old days". Here are excerpts from his story:

"We came from Seattle to Utsalady by steamboat, from there to Stanwood by rowboat," said Larson. "We spent the first night at the Helseth home, which was a haven to those who had just arrived to seek their future among the virgin forests of the Stillaguamish River. The next morning, we set out across the river for Florence, which was to be our future home.

"My first recollection was the sight of old Skinny Jimmie's Saloon. I later learned that it had the world beat for poor whiskey. Next in sight was D.O. Pearson's Store, then Jack Irvine's place

"Boats and canoes were the only mode of travel. There were no trails to speak of. The first horse to come up the river was a yellow pony on a scow to the Hans Larson place. About that time a small dike was built from Stanwood to approximately the present location of East Stanwood. The dike was used for a trail for some time. The grass grew tall along the dike and if men traveled over it when it was raining, and there were ladies along the men walked ahead and it was an unwritten law never to look back.

"logging was the principal industry and millions of feet of lumber floated down the Stillaguamish River. As the logs came down at high tide, we used to call them 'silk dresses' a phrase, which originated from a story about the wife of Lem Ross. – LEARN WHY NEXT TIME





"Everywhere is walking distance if you have the time."

-Steven Wright

VIRTUAL HOMEWORK HELP!

Homework got you down? Have no fear Davis Teen Programs is offering free homework help every Tuesday and Thursday from 8:30-10:30 am on Zoom. Our volunteers are ready to help! RSVP is required! Open to students in grades 6-12. RSVP is required contact our teen coordinator at teens@crc-sc.org or 360.629.5257 x1004 to save your place or to answer any questions.



EDUCATIONAL VIDEOS ONLINE ABOUT LEQUE ISLAND RESTORATION

Over the past year, Sound Water Stewards developed a variety of educational videos for people of all ages. Topics include salmon, moon snails, sea stars and more. Newly added is the February 8, 2021 recording of Loren Brokaw of Washington Dept of Fish and Wildlife. Loren describes the estuary and habitat restoration project at Leque Island. A year ago we had to turn people away from the jam-packed Camano public library. Now is your opportunity to watch Loren's upto-date presentation. Find it at www.soundwaterstewards.org/web/ education-videos/ and return often to see what is new. Sound Water Stewards are trained volunteers working in and around Island County for a healthy, sustainable marine environment through education, stewardship, and citizen science. Applications are due by March 8 to join SWS and attend the Annual Training to become a member. Learn more at our website.

Stanwood United Methodist Church ~ Open Hearts, Open Minds, Open Doors ~

9am: Online Services Available at www.stanwoodumc.org or on our Facebook page at: Stanwood United Methodist Church.



360-629-9555

27128-102nd Dr. NW, Stanwood, WA 98292 www.stanwoodumc.org Handicapped Accessible Child Care for All Programs Pastor Justin White



TheCrabCracker@wavecable.com

Com Info



Q: You draw a line. Without touching it, how do you make the line longer?

A: You draw a shorter line next to it, and it becomes the longer line.

CASCADIA EYE OPENS THREE "EXCELLENCE IN EDUCATION" SCHOLARSHIPS

Cascadia Eye is pleased to announce that we will offer our 19th annual \$1,000.00 scholarship to high school seniors in our service areas with a G.P.A. of 3.25 or better. This year we have changed our scholarship focus and will no longer require applicants to focus in pursuing a career in the medical field. Instead, we have opened it up to high school senior students who are planning to study any major who will attend full time programs at a trade school, college or university. It will be offered in three regions: 1) Skagit/North Snohomish County, 2) Whatcom County, and 3) Coupeville/Oak Harbor/Island County. Applications must be received no later than April 15, 2021. The application consists of the application form, an essay, official transcripts and one letter of reference from either a teacher or employer. Applications may be printed from our website, www.ncascade.com/practicenews/2021-scholarship-application/ and may be duplicated as necessary. Applicants may also find applications at their high school counseling office, or they may be picked up in any of our five locations: Bellingham, Mount Vernon, Sedro-Woolley, Stanwood or Coupeville. Students should email completed applications (or are welcome to ask questions) at marketing@ncascade. com, or also may drop off completed applications in any of our five offices.

MONDAY HELP GROUP

If you've been feeling overwhelmed with distance learning and would like some help, please attend the Monday time management group "Do More and Stress Less: How to Manage Your Time and Improve Your Grades." Join this Google Meet from 2:30-3PM on Mondays with the code "Monday Help." We'll go over strategies for understanding your grade, making a weekly schedule, and getting caught up in your classes. Parents and students are invited to attend.

SPARTAN SPRINT FOR SCHOLARSHIPS VIRTUAL 5K RUN/WALK

Sign up today. Here's our donation link to "register": https://charity. gofundme.com/.../stanwood-high-school... Students- \$15 donation, Adults- \$20 donation. Your packet will include this Spartan neck gaitor, a race bib and a post run snack. Packet Pick Up dates/times will be posted soon. This is a virtual run/walk. That means you are the boss of your route and your race. Feel free to join our Strava group for motivation and support. We'd love for you to share pics of your training and/or "race day" in our FB event- especially pics of you in your Spartan neck gaitor! Race week will start Mon, Feb 28 and go through the weekend. You can run/walk our route from SHS (map provided) or run/walk your own route. If a 5k isn't your thing but you are looking for a way to help, we'd appreciate your donation in any amount at the link above. We are Stronger Together. Let's support our seniors!!

Community Information



FUN FACT:

Alaska is so big you could fit 75 New Jerseys in it.

STATE PARKS HIRING PARK AIDES AND SENIOR PARK AIDES

Hundreds of positions available across Washington. Washington State Parks announces its annual recruitment for a variety of park aide and senior park aide positions across the state. The available park aide and senior park aide positions are seasonal and non-permanent. Each summer, State Parks employs 400 park aides and 45 senior park aides to work the busy season, which runs from April through September. Park aides register campers, maintain trails, clean campgrounds and comfort stations and perform a variety of custodial maintenance chores. They also may work in park offices, interact with visitors and help with interpretive and educational programs. Senior park aides are designated as lead workers and lead other park aides. Park aides are essential to summer operations in Washington state parks. Many who served as park aides report they received benefits well beyond a paycheck, learning about parks and the natural and cultural resources in State Parks' care. Park aides gain people skills by interacting with the public and working as part of a team. They also may learn everything from trail-building techniques to the use and operation of small power tools and equipment. Most of the currently available park aide positions are non-permanent, meaning the position is allotted for a certain amount of time, typically five to six months and less than one year. State Parks also has many seasonal and non-permanent senior park aide positions available. Seasonal park aides and senior park aides come back each year for the same time period, for example March 1 to Oct. 31. With seasonal positions, the employee has the opportunity to gain permanent status. Applications are open now through August. Park aides earn between \$14.42 - \$18.48 an hour, and senior park aides earn between \$17.24 - \$20.32 an hour, depending on gualifications and experience. More information and online applications are at www.careers.wa.gov. Enter "park aide" or the name of a specific state park in the website's search function.

ART SHOW

March 1 - 31st at Beach 1 Gallery. Art by The Friday Girls will be featured in the Gallery for the month of March. Sherri Hall, watercolor; Jane Morris, mixed media; Margie Ridley, mixed media; Linda Hendry Boyd, mixed media. Art work is for sale and The Gallery is open 7 days a week. The artist reception/anniversary celebration will be held on March 5th from 3-7 PM at Beach 1 Gallery in Camano Country Club, 1243 Beach Drive, Camano Island 360-387-1655. Masks and social distancing are required in the Club House.



Community Information



DO YOU HAVE VACCINE QUESTIONS?

Find answers to some of the most common appointment and eligibility questions on our COVID-19 Update Page- https://stanwoodwa.org/CivicAlerts.aspx?AID=28&PREVIEW=true.



STANWOOD SPARTANS HAVE TALENT

SHS Virtual Talent Show. Send in a video of you performing your talent to shsasb@stanwood.wednet.edu for a chance to be entered into the talent video. Rules: Video must be appropriate. May be in groups, doesn't have to be an individual performance. Video cannot exceed 2 minutes 15 seconds. Submission deadline is March 2. Have fun and good luck.



They say we can have gatherings with up to eight people without issues. I don't even know eight people without issues.

SEND US PHOTOS, STORIES, NEWS, PRESS RELEASES, AND MORE!

The readers want to know about you and more about the community we live in. Email: crab@thecrabcracker. com. Phone: 425-299-7892





FUN FACT:

The most shoplifted food item in the U.S. is candy.

In Europe, it's cheese.

"REMEMBER THAT YOU LOVE ME."

Here on Camano Island 2021, after living here only since October 2020, I am alarmed to be informed that within a few miles of my home, there is a cell tower rolling out 5G. I am sobered with concern for natural diversity of wildlife, concern for children and concern for other adults with auto-immune and endocrine disorders who are vulnerable to the intensity and concentration of EMF that 5G is. The issue reminds me of the commitment I made over a year ago, to 21 days of 'refugem' time away from EMF exposure to cleanse toxins of environmental stressors that had manifested to my body physiologically from EMF exposure as the last thing I knew to do for myself about having this sensitivity.

'Refugem'... is a word 'sounding' in comprehension voiced by one's mouth. Daily life of WIFI and smartphones has been embraced by many people in this digital age, seeming to have become almost a part of their bodies. Truthfully, tools of technology are not.

"EMF exposure (as with many environmental pollutants) not only affects people, but all of nature. In fact, negative effects have been demonstrated across a wide variety of plant and animal life. EMF, even at very low levels, can interrupt the ability of birds and bees to navigate. These same navigational effects have been linked to colony collapse disorder (CCD), which is devastating the globe population of honey bees." -Daniel T. DeBaun and Ryan P. DeBaun; Radiation Nation

Is eco-friendly 5G possible? The EMF of 5G translates to a cellphone tower every 12-20 houses. As of time of this writing, 5G is NOT ecofriendly. Is waiting until the technology can be made eco-friendly the right thing to do an option? For good or bad~ people have reasons that are wise or foolish for their choices. Human energy is source to other human energy –especially as concerns responsible action. Are we distancing ourselves from our relationship with the earth? In so doing, aren't we also distancing ourselves from relationship with people? How far?

As stated in the Rio Declaration, "where there are threats of serious or irreversible damage, lack of full scientific certainty shall NOT be used as a reason for postponing cost-effective measures to prevent environmental degredation." David Suzuki: "We did not evolve as biological organisms to live in this type of world, and we continue to alter the electromagnetic profile of the planet at a rate faster than life can evolve to adapt and cope with these changes. The result is genetic mutation, biological dysfunction and disease." "A 'wait and



Remem That Y Love N

FUN FACT:

George Washington insisted his continental army be permitted a quart of beer as part of their daily rations.

see' approach makes absolutely no sense from any prespective other than the bottom line profit of those companies that trade in EMF emitting technologies. Ridicule of the existence of climate change is designed to mislead and delay the response to the accumulated scientific knowledge. Instead, we must implement precautionary measures immediately at several levels: individually, within our families and within our communities." – Martin Blank Ph.D. – 'Overpowered' Dr. Martin Blank Ph.D. and Dr. Reba Goodman from Columbia University have shown that "EMF radiation exposure activates a cellular protective mechanism called a stress response. "Anything that can stimulate cell division is a potential carcinogen." Dr. Samuel Milham M.D. points skeptics to electro therapeutic devices used to accelerate healing of bone fractures – pulsed high fx field. "EMF radiation can directly interact with electrons in DNA, stimulating stress and causing the cells to produce a response indicative of damage which generally should not be activated before specific DNA strand breaks occur so the cells produce a response for cellular repair." In addition, Dr. Reba Goodman found that "EMF effect on living cells could alter the ability to stimulate protein synthesis; to make proteins." Every device has an S.A.R. rating (specific absorption rate) corresponding to the human limit to the physical head and body of a person. "Non-ionizing radiation opens voltage-gated calcium channels and disrupts the normal flow of calcium in the body starting a cascade of events leading to cancer. Brain tissues on the same side of the head used w/ cell phone use of only 50 minutes metabolize more glucose." "Several studies have identified a difference of the presence of MAST cells – with role re: activation of allergic responses" – Magda Havas of Trent University in Ontario Canada. To guote Martin Blank Ph.D. from 'Overpowered'; "Like most of my colleagues, before the findings of this research, I did not think this was possible." "There is no evidence that EMF radiation is harmless. EMF radiation is absolutely NOT harmless." - Daniel T. DeBaun and Ryan P. DeBaun.

Truly listening for comprehension and with healthful response to all this science is something to stay grounded about because truthfully, "the sun, the stars and the sky are all natural forms of electromagnetic waves and radiation." "There are countless natural and unnatural sources of EMF radiation." - Daniel T. DeBaun and Ryan P. DeBaun; Radiation Nation.

Could digital and wireless technologies be made so the emissions – both benefits of the convenience and the negatives of the health affects- be bound responsibly to who is accessing their signal and so are technologies honoring and respecting of the autonomy of ALL? The grid was created to return the electrical charge via ground cabling. Is eco-friendly 5G possible? "Interest and concern does not necessarily mean able/ willing about the raised issues". -Daniel T. DeBaun and Ryan P. DeBaun. Affirmation that is not greenwashing or lip service to relationship with the earth is needed for a founded re-prioritization of the market to ecofriendly forward motion.

In my early career years, I was regarded and recognized as a high energy woman, professional and vibrant in my individuality, blazing forward on my life path and career with a destination of adventure. The blaze I relate to is not destructive, but the kind you find on a horse below their mane and just above the eyes. Centered, spiritual, grounded and FULL of heart-spirit; heart that is in the right place. Today I am in the minority about many things.

All people have a responsibility about themselves to ethically respond to who and what is ethical. To do otherwise is to not do the



work that is the job. Health is NOT over-rated. To affirm place and belonging of all creatures great and small is to find the flow and will never happen from an approach that is, instead of respect, entropy. I care about what "welcome" and "neighbor" mean and care enough to tread lightly. The tidelands farmer I unexpectedly began a friendship with from my 21 day 'refugem' has shared conversation from the lighted spectrum of life and death that "clam beds and shells are seeded knowledge important to future generations and healthy waters - not just for pockets from harvesting today." - Ernie Soule Whether who you are in approach to this community issue is "out of sight, out of mind" or "absence makes the heart grow fonder", please respect the substance of life in respecting responsibility. l ask the life of place as the "live for seeing each other" kind. Carbon footprint allows the choice for people to themselves be healthy or unhealthy, but those who don't want to be healthy and instead want to be invincible I will say as reminder to you PEOPLE AREN'T INVINCIBLE. Community is a place where healthy individuality of life can do the work about their own healthy individuality, genuinely meet and be genuinely met.

-Erin Waters, Camano Island.



TheCrabCracker@wavecable.com

Send us your photos.

OCALE

Email them to thecrabcracker@ wavecable.com

or submit them on our website at www.thecrab cracker.com



I enjoyed our short winter. Snowpals came to life. June Dilley.



"Winter Chickadee" Photo by Michael Klotz.

What's Up?



Astronomy and the night sky by William Maxwell.

His astro images can be found at www. astrobin.com/ users/ WilliamM/



THE PLANETS

Finding many of the the planets is relatively easy. Their movement is predictable and their brightness stands out even in light polluted skies. To see any detail, though, will require a telescope since they tend to be, from our perspective, rather small.

Mercury, sitting close to the Sun, is often lost in the twilight glow and even in big telescopes (over 12 inches in aperture) will appear tiny. Any detail will be nearly impossible to see although larger apertures will reveal phases.

Venus is impossible to miss and apart from the Moon is usually the brightest object in the sky. Detail is all but absent due to its complete cloud cover, but the phases are as dramatic as our Moon.

Earth from an outsiders perspective, say a colony on Mars, would be a fairly bright, small, blue dot. Larger telescopes would reveal the basic shape of the polar caps, land, and oceans and hint at the changing cloud cover.

Mars, the red planet, can be bright and colorful. Smaller telescopes can reveal the polar caps. Larger scopes will start to show surface detail. Imaging, even at an amateur level, will reveal the atmosphere.

Jupiter, the largest planet in our system, will hint at detail even in smaller telescopes. Larger scopes will reveal more of the ever changing colorful bands of this quickly rotating gas giant. Even the smallest telescopes will pick up the 4 Galilean moons.

Saturn's rings will be visible in all telescopes. The planet itself is more muted in color and contrast compared to Jupiter, but detail in the rings increases with aperture. Detecting the "Cassini division", a larger gap in the rings, is a benchmark for amateur astronomers.

Uranus will be fainter and tiny. Smaller still with be Neptune. Even in large telescopes its hard to know if that tiny dot is Pluto or a faint star.

Our local atmosphere can be turbulent making planetary observing, and imaging, a challenge. On those nights where the stars don't twinkle, though, the rewards can be worth the wait.



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at www. skeeterdaddle.net

WHERE'S MY COVID VACCINATION??

Lately we've been playing a shell game called Vaccination, a sleightof-hand magician's trick of trying to figure out who, where, when our vaccine might be available. A few days ago after a tip from a friend it seemed as if we might get a shot over at our sister island, Whidbey, at some drug store in downtown Oak Harbor. We made a reservation, then got an email alert that residents here on the South End could go to a closer pharmacy in a county not ours because evidently our vaccines were going to help their county out. A few days later we got another email alert that our first reservation had moved back two weeks, the closer one seemed to drop us, but no matter, the first one moved the reservation we had just had put back two weeks moved forward a week. Okay....

Meanwhile friends were informing us that they had received their vaccinations at a local private health clinic only a few miles north from us, but when we tried to see if we might get an appointment, their website informed us their supply of vaccine had already been exhausted. Please stand by. Yesterday we got a notice from the first place we'd contacted, something to the effect that supplies were limited and running out but rest assured, we would keep our place in line.

If you aren't confused yet, you will be soon. Unless you were one of those who somehow managed to navigate the labyrinth and find the moldy cheese at the middle of a berserk maze.... Now, I'm not one of those yahoos who blame the government for everything from my broken shoelace to my bad haircut, but I hafta say, this rollout for a vaccine that we have known was coming for months and, dare I mention, seems INCREDIBLY IMPORTANT to our national health, our economy and our futures, is a total mess. Apparently in this sovereign state of mine the critical information is relayed primarily by rumor and Facebook, which, to me, are essentially the same thing.

It's a sign of the times, I guess, that information now is funneled through the lens of YouTube, Facebook, Twitter and now the right wing megaphones, monetized and uncorroborated, faith based social media. Sure, why not? We don't trust government any longer. We don't trust the news media. We wouldn't believe in God herself is She came down with golden tablets to give us the facts.

But if the government wanted to use a social media platform to disseminate critical information, why not use the Skeeter Daddle Diaries blogsite? Good as any, better than some. If you don't happen to be one of the readers of my fast breaking news blog, then I guess you won't get your vaccination. Doesn't seem fair, you say. Maybe if you're lucky, one of the readers will email or call you to let you in on the latest developments where to get your Covid shot. Welcome to America, dude. And good luck. You'll need it.

CRABBY COMMENT:

"Always enjoy getting the crab cracker – what a great way to keep informed. Thank you."

– Gloria Ingraffia



Valentine's Day Snowman by Brian and Candy Bowden & Steve and Kate Wahls

Oh What Fun, A Snow Day in February, 2021! Two couples on Valentine's Day Decided to go out in the snow to play

Can you guess what they built? Why a snowman of course; only theirs might tilt

For it was not at all an ordinary snowman you see Rather it was built upside down which made it top-heavy

Adorned with a sincere red heart and red shawl surround Winter red roses and a smile upside down

They were so proud of how their Valentine's Day snowman turned out Despite the laws of gravity, he appeared to be quite stable and stout

But wouldn't you know it, the very next day The drizzly rain came and washed him away!

- Kate Wahls and Candy Bowden

Cooking Mamas



Recipes by Cooking Mamas created by Dusty Hutchins-McNutt.

"Great recipes begin in Mama's Kitchen!"

Visit me at: www. CookingMamas. com



BROCCOLI CHEDDAR SOUP

Rich, creamy, and oh so cheesy, this soup is hard to resist! Serve with a loaf of warm crunchy French bread for dipping!

INGREDIENTS: 1/4 c. butter; 1/2 med. onion, chopped ; 1/4 c. all-purpose flour; 2 c. chicken stock or broth; 2 c. half and half ; 1 lg. head broccoli, chopped into bite size pieces (about 3 cups) ; 1 c. julienned carrots (or buy matchstick carrots in the produce section); 1 stalk celery, chopped; 2 c. shredded sharp cheddar cheese (about 8 ounces); Kosher salt and pepper to taste.

DIRECTIONS: 1. In a large pot, over medium heat, melt the butter. Add onions and sauté until soft. Sprinkle the flour over the onions; stir for 1 minute. 2. Gradually whisk in chicken stock or broth, and half & half. 3. Add the broccoli, carrots, and celery. Cover and simmer over low heat for 15-18 minutes until the veggies are tender. 4. At this point you can leave the soup chunky or remove 1 cup of soup to a blender, processing until smooth, and returning to the soup pot. (You could use an immersion blender to do this too.). 5. Stir in grated cheddar cheese, over low heat until melted; season soup with kosher salt and pepper to taste. Serve immediately with warm French bread for dipping. Cook's Note: Be careful not to let the soup boil, or the cheese will break down.



www.TheCrabCracker.com

TIDE TABLES - SARATOGA PASSAGE / GREENBANK: FEB. 26 - MAR. 11, 2021

Date		High /Low	Tide Time	Height Feet	Moon Visible	Date		High /Low	Tide Time	Height Feet	Moon Visible
F	26 26 26 26	High Low High Low	5:05 AM 10:34 AM 3:40 PM 10:21 PM	11.7 6.1 10.5 -1.2	\bigcirc	F	5 5 5	Low High Low High	2:51 AM 8:45 AM 3:49 PM 11:10 PM	5.9 11.4 0.0 9.7	0
Sa	27 27 27 27	High Low High Low	5:28 AM 11:07 AM 4:29 PM 11:02 PM	11.9 5.1 10.8 -0.9	\bigcirc	Sa	6 6 6	Low High Low	4:04 AM 9:36 AM 4:53 PM	7.2 10.7 -0.1	
Su	28 28 28 28	High Low High Low	5:55 AM 11:45 AM 5:20 PM 11:43 PM	12.1 4.1 10.8 -0.1	\bigcirc	Su	7 7 7 7	High Low High Low	1:02 AM 5:51 AM 10:41 AM 6:02 PM	10.1 7.9 10.1 -0.2	
м	1 1 1	High Low High	6:23 AM 12:26 PM 6:15 PM	12.3 2.9 10.7	\bigcirc	м	8 8 8	High Low High Low	2:25 AM 7:39 AM 11:59 AM 7:09 PM	10.7 7.6 9.6 -0.3	
Ти	2 2 2 2	Low High Low High	12:25 AM 6:54 AM 1:11 PM 7:14 PM	1.1 12.3 1.8 10.4	\bigcirc	Tu	9 9 9 9	High Low High Low	3:18 AM 8:47 AM 1:15 PM 8:09 PM	11.3 6.9 9.6 -0.4	
w	3 3 3 3	Low High Low High	1:08 AM 7:27 AM 1:59 PM 8:19 PM	2.6 12.2 0.9 10.1	\mathbf{O}	W	10 10 10 10	High Low High Low	3:59 AM 9:34 AM 2:21 PM 9:00 PM	11.6 6.1 9.7 -0.4	
Th	4 4 4 4	Low High Low High	1:56 AM 8:04 AM 2:51 PM 9:35 PM	4.3 11.9 0.3 9.8		Th	11 11 11 11	High Low High Low	4:31 AM 10:12 AM 3:17 PM 9:45 PM	11.6 5.3 9.9 -0.2	





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LIST PRICE: \$699,900 353 Laguna Vista / Camano Island Bedrooms: 2 / Bathrooms: 2.5 **SOLD PRICE: \$760,000** Days On Market: 4 MLS #1717442



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