

ISSUE 295
March 12-25,
2021

THE CRAB CRACKER

St. Paddy's Day Edition!



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway

Authorized Shipper



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New Hours

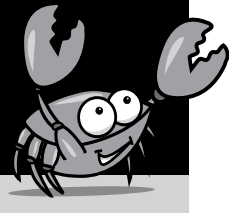
10am - 6pm | Monday - Friday

11am - 4pm | Saturday

Closed | Sunday

(360) 386-5060

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Find us on:
facebook

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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: "Top of the morning to ye! Happy St. Patrick's Day from the Crab Cracker!"



© The Crab Cracker • Created by Walking Cat Design, Camano Island
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thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
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Submission DEADLINE: MARCH 18 for Next Edition (March 26-April 8, 2021)

Calendar of Events



ST. PADDY'S DAY!

Irish Blessing:

"May the road
rise up to meet
you. May the
wind be always
at your back."

NOTICE: Due to the Covid-19 pandemic, many events have been cancelled or postponed or rescheduled. Some of the following events are online and virtual. For all others, contact them directly to ensure they are happening.



FRIDAY, MARCH 12

STANWOOD HIGH SCHOOL SPORTS - LIVE STREAMING

Boys Varsity Football vs Arlington. 7pm. (Go to page 34 for viewing options).

FRIDAY, MARCH 12

VIRTUAL PLAY & LEARN

with Wonderland Child & Family Services 10:00 AM – 10:30 AM. On-line event. Join Shelby, for a 30-minute virtual circle time on Zoom. These weekly sessions include engaging activities designed to foster your child's development, including a story time, singing, and simple crafts. Each week features a unique theme. Register online to receive your Zoom link and a list of materials you may need for the activities. For information, visit their website: <https://wonderlandkids.org/>

FRIDAY, MARCH 12

ONLINE FAMILY TRIVIA - FUN WITH DR. SEUSS

5:00 PM – 6:00 PM. Go it solo or grab a family member (or a few!) to test your trivia skills, right from the comfort of your own home. Join us for Online Family Trivia featuring Fun With Dr. Seuss. Family trivia is designed with young people in mind – we suggest a youth participant on each team. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: <https://www.sno-isle.org/contact-us/>

Nana's Rings N Things



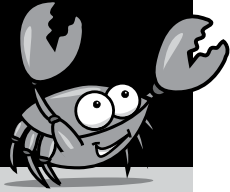
STANWOOD HAS A TOY STORE!

**New release and retro toys, diamond art and accessories,
and of course, jewelry!**

BRING IN THIS AD FOR 25% OFF 1 DIAMOND PAINTING OR 25% OFF 1 JEWELRY ITEM

8716 271st St NW, Stanwood, WA 98292 360-629-2006

Calendar of Events



NEED TO FIND FRESH CRAB?

An outdoor magazine rack filled with “fresh” Crab Crackers is located at the Terry’s Corner Visitor’s building (the small red building with the big stained glass window and artist Danny Koffman’s posters).



FRIDAY-SUNDAY, MARCH 12-14

ANNOUNCING #81: ART SHOW

celebrating northwest art legend Jack Dorsey. In 1969, Jack Dorsey, a young aspiring artist, his wife Ann, and son Jason, moved to Camano Island to be an artist. As one of the first professional artists on what has now become a “colony of artists”, Jack has carved out a niche and legend. Jack pioneered from his rustic home and old fox shed that he called “Sunnyshore Studio” on the south end of Camano Island. In 2016, the new Sunnyshore Studio that showcases the Dorsey family of artists opened its doors. In March, the Dorsey’s are celebrating Jack’s 81st birthday with a show of his artwork. The show is titled #81 because it opens of Jack’s 81 birthday (Friday, March 12), because 81 of his paintings will be for sale on an online art auction, and because the “best of the best” of those paintings will be shown at Sunnyshore Studio’s bricks-and-mortar gallery (2803 SE Camano Drive). The public art show will be shown on Friday, March 12-Sunday, March 14, 10am-5pm. Social distancing requirements will be observed. The on-line auction opens at 10am on Friday, March 12 and will run through March. #81 will be open by appointment through May 2021. For an appointment contact Jason Dorsey (email Jason at j.dorsey23@gmail.com or call/text 317.209.6768). If you would like to attend the Friday, March 12, celebration of Jack’s life and art legacy on Zoom (7-8pm) contact Jason Dorsey (317.209.6768).

SATURDAY, MARCH 13

ISSUES THAT MATTER: CARE FOR KIDS, CARE FOR YOURSELF

10:00 AM – 11:30 AM. Join us for Issues That Matter 2021, “Pandemic Pressures: Supporting Community and Family Mental Health.” Caring for oneself is vitally important when you are relied on to care for others, especially children. But it is much easier said than done. Panelists will discuss simple and practical ways caregivers can find balance, set boundaries, feel renewed, and avoid burnout. This program is for parents, grandparents, teachers, and anyone else who cares for young people. Please register to ensure you receive a reminder the day before the event, and to help us get a head count. Contact us with questions: <https://www.sno-isle.org/contact-us/>

SUNDAY, MARCH 14

DAYLIGHT SAVING TIME BEGINS

when clocks will “spring forward” one hour and we lose an hour of sleep overnight.

RAMY HANNA, MD
Cardiology



MyChart Video Visits

Types of Visits Available

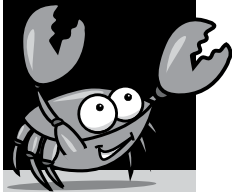
- ✓ Primary Care
- ✓ Chronic Disease Management
- ✓ Specialty Services
- ✓ Acute Concerns

3 Ways to Schedule a Video Visit

- ① MyChart Patient Portal: visit [SkagitRegionalHealth.org/MyChart](https://www.skagitregionalhealth.org/MyChart)
- ② Patient Resource Center: call 360-428-2500
- ③ Your Provider's Office: contact directly

 Skagit Regional Health [SkagitRegionalHealth.org](https://www.skagitregionalhealth.org)

Calendar of Events



ST. PADDY'S DAY!

St. Patrick wasn't Irish, and he wasn't born in Ireland. Patrick's parents were Roman citizens living in modern-day England, or more precisely in Scotland or Wales

SUNDAY, MARCH 14

ONLINE CRAFT & CHAT – UPCYCLED CRAFTS

11:00 AM – 12:00 PM. Join fellow crafters as we work on and share a variety of upcycled craft projects! What is upcycling? It's reusing items that might've been thrown away, to make something new! Craft and Chat is an online social event that offers you the opportunity to skill share, learn about library resources and make connections with fellow crafters. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: <https://www.sno-isle.org/contact-us/>

TUESDAY, MARCH 16

VIRTUAL PLAY & LEARN

with Wonderland Child & Family Services 10:00 AM – 10:30 AM. Online event. Join Shelby, for a 30-minute virtual circle time on Zoom. These weekly sessions include engaging activities designed to foster your child's development, including a story time, singing, and simple crafts. Each week features a unique theme. Register online to receive your Zoom link and a list of materials you may need for the activities. For information, visit their website: <https://wonderlandkids.org/>

TUESDAY, MARCH 16

STANWOOD HIGH SCHOOL SPORTS - LIVE STREAMING

Go to page 34 for viewing options.

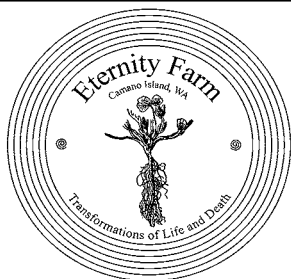
Girls Junior Varsity Soccer vs Arlington. 5:30pm.

Boys Varsity Tennis vs Arlington. 7pm.

TUESDAY, MARCH 16

ONLINE CRAFT & CHAT – OPEN PAINTING

10:30 AM – 11:30 AM. Craft and Chat is an online social event that offers you the opportunity to skill share, learn about library resources and make connections with fellow crafters. Grab a beverage of your choice and your art supplies and your current project and let's paint! For adults. A link to join the event via Microsoft Teams will be sent to registered participants the day of the event. Contact us with questions: <https://www.sno-isle.org/contact-us>



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HOPE FOR A
CHANGING WORLD



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Looking for something to do to keep you fit, vital and happy?

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Class begins April 5

Connect with others just like YOU, as you train and maintain balance, fall prevention, strength, power, agility, core stability and flexibility.

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Nicole Vienneau
MSN, RN, NC-BC

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bluemonarchhealth.com/active



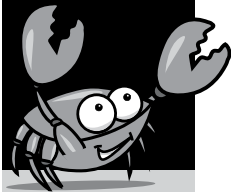
Greenworks
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Congratulations Moe!!!

CONGRATULATIONS ON PASSING YOUR KING COUNTY OSM
CERTIFICATION! IT'S BEEN AN EXCELLENT 2 YEARS, AND
WE LOOK FORWARD TO YOUR FUTURE SUCCESS!

Calendar of Events



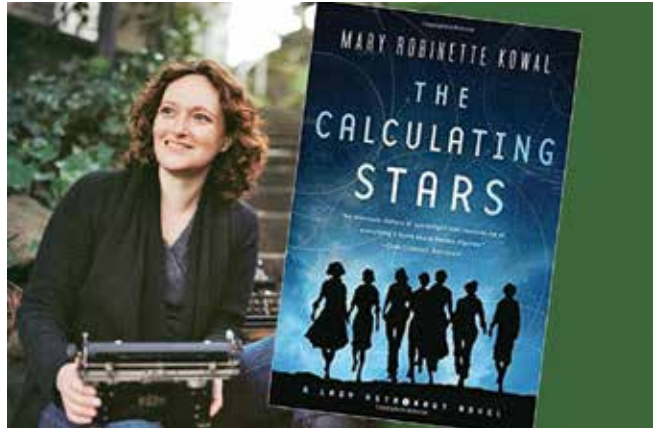
ST. PADDY'S DAY!

The shamrock is a popular Irish symbol, but it is not the symbol of Ireland. As early as the medieval period, the harp has appeared on Irish gravestones and manuscripts.

TUESDAY, MARCH 16

STAY-AT-HOME STORYTIME SNIPPETS

3:00 PM – 3:15 PM Online event. Enjoy stories, sing along songs, rhymes and fun activities that prepare young minds for the adventures of reading. Presented by Sno-Isle Libraries staff from their homes for you and your little ones to join in from your home. To view, please visit the Sno-Isle Libraries Facebook or YouTube pages. Recordings will be available for later viewing.



TUESDAY, MARCH 16

OPEN BOOK: MARY ROBINETTE KOWAL

6:30 PM – 7:30 PM Online event. When creating an alternate history, authors need to consider patterns from the real world. In the Hugo-award winning novel *The Calculating Stars*, author Mary Robinette Kowal reimagines the space race with more active involvement from women and people of color. In her research, she began by assuming that they were involved and had been erased. Alternate histories like these explore questions relevant to modern spaceflight. Are women finding equity in science research, technology, planetary science, and human space exploration? What are the social implications of the push for space? Kowal will discuss using the tools of fiction to explore race and gender relations in space. Please register to ensure you receive a reminder the day before the event, and to help us get a head count. Contact us with questions: <https://www.sno-isle.org/contact-us/>

Bathing and Grooming

Best of
2020



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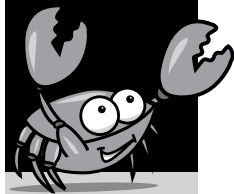
Our online
shop is now
OPEN!



Laurie's
A Unique Boutique

Go to www.lauries-boutique.com
and click "Shop"

Calendar of Events



WEDNESDAY, MARCH 17

ST PATRICK'S DAY

Saint Patrick's Day, or the Feast of Saint Patrick (Irish: Lá Fhéile Pádraig, lit. 'the Day of the Festival of Patrick'), is a cultural and religious celebration held on 17 March, the traditional death date of Saint Patrick (c. 385 – c. 461), the foremost patron saint of Ireland.



18 Local Artists- One Smart Gallery

Theresa Alu · Dotti Burton
Joyce Dunn · Pat Goddard
Bill Harrison · Len Hudson
Denise Jackson · Roy Johnson
Jo Jones · Debbie Kluge
Bill Koger · Frankie Koger
Colleen Nygard · Brett Player
Terry Rabbitt · John Seevers
Amy Slater · Val Paul Taylor

Visit the **newly remodeled** Guided Gallery featuring
One of a kind Fine Art Paintings, Photography, Ceramics,
Art Glass, Sculpture, Wood Art, Fine Art Prints, and
Gift Cards. All by local professional artists.

MARCH 10-25
Stanwood-Camano Arts Guild
ALL MEMBER ART SHOW

Over fifty pieces of art on display and for sale

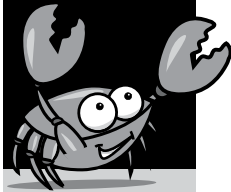


Stanwood-Camano Arts Guild

Guided Gallery

8702-271st Street NW, Stanwood, WA 98292
Phone: 360-629-2787 · OPEN: Wed thru Sat, 11am-5pm

Calendar of Events



ST. PADDY'S DAY!

Your odds of
finding a four-
leaf clover are:

About 1 in
10,000.

WEDNESDAY, MARCH 17

STANWOOD HIGH SCHOOL SPORTS - LIVE STREAMING

(Go to page 34 for viewing options.)

Girls Volleyball vs Monroe. C Team & JV: 5:15pm. Varsity: 7pm.

Boys C Team Football vs Arlington. 7pm.



WEDNESDAY, MARCH 17

LIVING WITH A GREEN ROOF - A WORLD OF SURPRISES!

Discover what a living roof is and what an amazing ecosystem it becomes — whether you want to install one or understand and appreciate their value! Learn the ins and outs of what a living roof is during a ZOOM presentation at 7 pm. We will lead you on the journey of what a living roof has to offer as wildlife habitat and protection of our natural resources. For info about the Zoom link to the program or about the Camano Wildlife Habitat Project, sponsored by Friends of Camano Island Parks, visit www.camanowildlifehabitat.org, call 360-387-2236, or email camanowildlifehabitat@gmail.com.

WEDNESDAY, MARCH 17

EARLY BIRD COFFEE AND CRAFTS

9:00 AM – 10:30 AM Online event. Good morning early risers! This Craft and Chat is for those who know the best way to start the day is with conversation, coffee, and creativity. All crafts and all skill levels are welcome. This is a social event and not a tutorial. Registration is required, although being on camera is not. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: <https://www.sno-isle.org/contact-us/>

SPRING FAIR 2021

MARCH 27 • 10AM-NOON

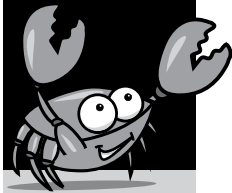


Local vendors at the Stillaguamish Grange, 6521 Pioneer Highway, Stanwood (at the fairgrounds).

EASTER BUNNY will make an appearance for socially distanced photos. One free raffle ticket with a food bank donation. Raffle proceeds go toward SHS scholarships.

More information: 425-330-3038

Calendar of Events



ST. PADDY'S DAY!

It is a huge faux pax to call the holiday St. Patty's Day. The correct names are St. Patrick's Day and St. Paddy's Day.

WEDNESDAY, MARCH 17

ONLINE CRAFT & CHAT – KNIT & CROCHET

3:00 PM – 5:00 PM. Calling all yarn crafters! Whether you make garments, gifts, home décor, or amigurumi, you can use yarn to create a wide variety of beautiful and interesting objects. Bring your current knit or crochet project and connect with your fellow crafters. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: <https://www.sno-isle.org/contact-us/>



WEDNESDAY, MARCH 17

MOUNT ST. HELENS - A RETURN TO LIFE

6:30 PM – 7:30 PM Online event. Join Mount St. Helens Institute volunteer lecturer David Newcomb to discover how plants and animals recovered following the devastation of the May 1980 eruption of Mount St. Helens. Please register to ensure you receive a reminder the day before the event, and to help us get a head count. Contact us with questions: <https://www.sno-isle.org/contact-us/>

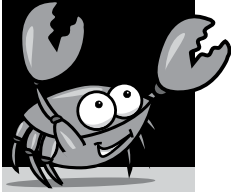
WEDNESDAY, MARCH 17

ONLINE PUB TRIVIA - LORD OF THE RINGS

7:00 PM – 8:30 PM. Come hang out with your fellow dwarves, hobbits, and elves to test your Tolkien knowledge! This trivia will cover the Lord of the Rings trilogy of books and movies, as well as the Hobbit books and movies, so bring your thinking cap and your favorite beverage (as long as it comes in pints) for a rousing evening of Middle Earth trivia! A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: <https://www.sno-isle.org/contact-us/>

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Calendar of Events



ST. PADDY'S DAY!

Astronauts on board the International Space Station have celebrated the festival in different ways.

Irish-American Catherine Coleman played a hundred-year-old flute belonging to Matt Molloy and a tin whistle belonging to Paddy Moloney, both members of the Irish music group The Chieftains, while floating weightless in the space station on Saint Patrick's Day in 2011.

THURSDAY, MARCH 18

READING WITH ROVER

online event. 4-4:15pm, 4:15-4:30pm, 4:45-5pm. Children build reading skills and confidence by reading aloud to a certified therapy dog in a live video chat. For elementary students ages 6-12, with an adult. One registration required per student. Reading with Rover is a community-based literacy program working with schools and libraries. Prior to the event you will receive an email invitation for the Zoom event. Contact us with questions: <https://www.sno-isle.org/contact-us/>

THURSDAY, MARCH 18

STANWOOD HIGH SCHOOL SPORTS - LIVE STREAMING

Boys JV Tennis vs Lakewood. 3:30pm.
(Go to page 34 for viewing options.)



THURSDAY, MARCH 18

"DREAMER'S CARNIVAL" PRESENTED BY YASU ISHIDA

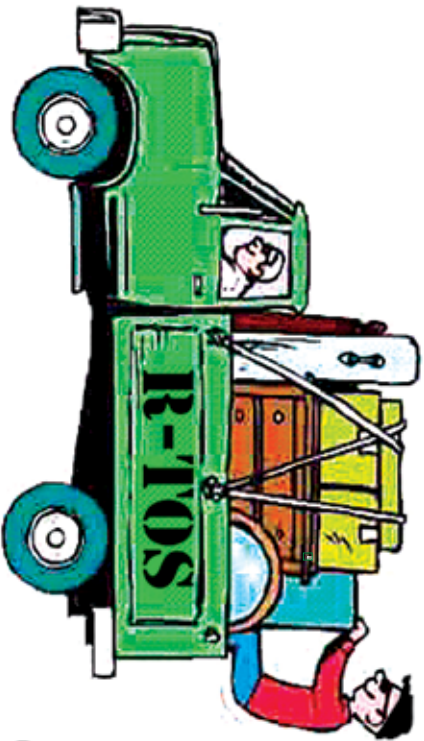
4:00 PM – 5:00 PM Online event. Come join an adventure of Dreamer's Carnival, a virtual storytelling magic show! It is filled with stories with magic tricks, and origami! Learn how to make your own origami with scrap paper from around the house. Mr. Ishida will show us how we can make our own origami paper and how to fold it, so bring some paper and scissors and imagination! A link to join the program via Zoom will be sent to registered participants the morning of the event. Contact us with questions: <https://www.sno-isle.org/contact-us/>

FRIDAY, MARCH 19

VIRTUAL PLAY & LEARN

with Wonderland Child & Family Services 10:00 AM – 10:30 AM. Online event. Join Shelby, for a 30-minute virtual circle time on Zoom. These weekly sessions include engaging activities designed to foster your child's development, including a story time, singing, and simple crafts. Each week features a unique theme. Register online to receive your Zoom link and a list of materials you may need for the activities. For information, visit their website: <https://wonderlandkids.org/>

RESIDENTIAL TRASH OUT SERVICES
TAKE THE STRESS OUT OF TRASH REMOVAL
Spring Cleaning Year Around!
Estate Or Garage Sale Clean Up



Storage Unit Clean-Outs
Prepare Properties
For Sale

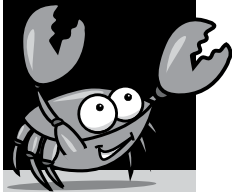
Licensed & Insured
Ron Wells

Camano Island Resident

www.YourTrashGone.com

425-356-9068

Calendar of Events



ST. PADDY'S DAY!

Irish Blessing

"May your blessings outnumber the shamrocks that grow. And may trouble avoid you wherever you go."

FRIDAY, MARCH 19

ONLINE FAMILY TRIVIA - FAMOUS PEOPLE AND PETS

5:00 PM – 6:00 PM. Go it solo or grab a family member (or a few!) to test your trivia skills, right from the comfort of your own home. Join us for Family Trivia: Famous People and Pets! Family trivia is designed with young people in mind – we suggest a youth participant on each team. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: <https://www.sno-isle.org/contact-us/>

FRIDAY, MARCH 19

ONLINE CRAFTING FOR NIGHT OWLS

9:00 PM – 10:30 PM. Craft and Chat is an online social event that offers you the opportunity to skill share, learn about library resources and make connections with fellow crafters. This Craft and Chat is for those of you whose creative juices get flowing after the sun goes down. All types of crafts welcome. A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: <https://www.sno-isle.org/contact-us/>

SATURDAY, MARCH 20

ONLINE CRAFT & CHAT - SOURDOUGH CIRCLE

11:00 AM – 12:15 PM. Sourdough Circle - baking back our lives, one loaf at a time! Many of us are exploring the wonderful world of sourdough baking, now that we are home and have the time. But it can be a complicated, nuanced, and sometimes lonely process. Sourdough Circle is a social group meeting on Zoom to share our sourdough journeys. Each month we choose a sourdough title to read together, as well as introduce our starters, brag about our bakes, sharpen our scoring techniques, celebrate victories, troubleshoot problems, share recipes and find resources. This month we are reading Sourdough on the Rise: How to Confidently Make Whole Grain Sourdough Breads at Home by local author, Cynthia Lair, whom we will welcome as a special guest at our March 20 meeting!

Come do the ComeUNITY CONGA on June 12th at Freedom Park

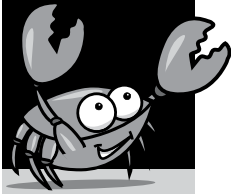
ComeUNITY
IMAGINE that!

KOFFMAN
GALLERY
Art with a Smile!

Call 360-348-6277 or email dan@koffman.net for appointment
on the East Side of Freedom Park in the Little Red Building
website Open 24/7 www.ArtwithaSmile.com



Calendar of Events



ST. PADDY'S DAY!

Saint Patrick's Day celebrations have been criticised for fostering demeaning stereotypes of Ireland and Irish people. An example is the wearing of 'leprechaun outfits', which are based on derogatory 19th century caricatures of the Irish. In the run up to St Patrick's Day 2014, the Ancient Order of Hibernians successfully campaigned to stop major American retailers from selling novelty merchandise that promoted negative Irish stereotypes.



SATURDAY, MARCH 20

ORIGAMI FOR BEGINNERS

by Silver Kite Community Arts. 1:30 PM – 2:30 PM Online event. Make a mini world from paper! In this class we'll learn the basic folds of origami and use them to create several fun shapes and animals. What you'll need: Origami paper - 6" square or larger for beginners (or a light-weight crisp paper cut into squares) and Patience! Register on the Silver Kite website at least one hour before class starts. Use sil2020 as the password. If you have any questions about your registration, please contact Silver Kite by email: info@silverkite.us or by phone: (508) 812-0431



SATURDAY, MARCH 20

FIRST DAY OF SPRING

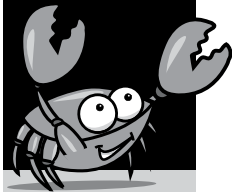
CELEBRATE THE VERNAL EQUINOX AND THE START OF SPRING! In the Northern Hemisphere, the March equinox (aka spring equinox or vernal equinox) occurs when the Sun crosses the equator line, heading north in the sky.

SATURDAY, MARCH 20

SPRING FORWARD, AN EQUINOX EVENT

4:00-5:30pm FREE EVENT! As we welcome in Spring, we witness nature's creativity - buds beginning to blossom, delicate leaves bringing color to trees, new life opening its eyes. Join us in celebration of this season of renewal by engaging in a practice of creative exploration. After each pose, you will be guided in a journaling exercise to encourage creative expression of your inner voice through prose, poetry, or drawings. For preparation, have a bolster, blocks, and 2 blankets for the poses; and paper/notebook, pencil, pen and/or colored pens for journaling. Register at movementarts.com/events or call 360-629-9100

Calendar of Events



ST. PADDY'S DAY!

If you want to really impress an Irishman or woman try this tongue-twister: Lá Fhéile Pádraig Sona Daoibh (Happy St. Patrick's Day!).

MONDAY, MARCH 22

STANWOOD HIGH SCHOOL SPORTS - LIVE STREAMING

Boys JV Football vs Lakewood. 7pm.
(Go to page 34 for viewing options.)

TUESDAY, MARCH 23

VIRTUAL PLAY & LEARN

with Wonderland Child & Family Services 10:00 AM – 10:30 AM. Online event. Join Shelby, for a 30-minute virtual circle time on Zoom. These weekly sessions include engaging activities designed to foster your child's development, including a story time, singing, and simple crafts. Each week features a unique theme. Register online to receive your Zoom link and a list of materials you may need for the activities. For information, visit their website: <https://wonderlandkids.org/>

TUESDAY, MARCH 23

STANWOOD HIGH SCHOOL SPORTS - LIVE STREAMING

(Go to page 34 for viewing options.)
Boys Varsity Tennis vs Glacier Peak. 3:30pm.
Girls Soccer vs Glacier Peak. JV: 5:30pm. Varsity: 7:30pm.

TUESDAY, MARCH 23

VOLCANO HAZARD MAPS PAST, PRESENT, AND FUTURE

3:30 PM – 4:30 PM Online event. Map nerds, this is the talk for you! One of the most frequently asked question is "how will I be affected by the next eruption?" Scientists and geographers work together to make sure you know what hazards to expect and how to respond during the next eruption. See how hazard maps have evolved over time and the challenges faced today by mapmakers. Presented by Joe Bard, Geographer, Cascades Volcano Observatory. Please register to ensure you receive a reminder the day before the event, and to help us get a head count. Contact us with questions: <https://www.sno-isle.org/contact-us/>



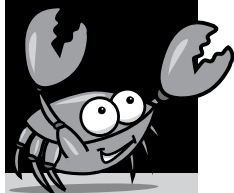
 Camano Island
Coffee

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Elger Bay • Camano Plaza • North Camano

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*Fresh scones, breads,
and muffins to go!*

Calendar of Events



ST. PADDY'S DAY!

You can't attend a Saint Patrick's Day event without hearing a cry of "Erin go Bragh." What's the phrase mean? It's a corruption of the Irish Éirinn go Brách, which means roughly "Ireland Forever."

TUESDAY, MARCH 23

STAY-AT-HOME STORYTIME SNIPPETS

3:00 PM – 3:15 PM. Enjoy stories, sing along songs, rhymes and fun activities. Presented by Sno-Isle Libraries staff from their homes for you and your little ones to join in from your home. To view, please visit the Sno-Isle Libraries Facebook or YouTube pages.

WEDNESDAY, MARCH 24

INTRODUCTION TO PROPOSAL WRITING

10-11 am Online event. This class will provide you with an overview of how to write a standard project proposal to a foundation. Enrollment is required. To enroll go to the following link: <https://learning.candid.org/training/2021-03-24-virtual-introduction-to-proposal-writing/>. You will need to first create a free Candid Learning account before you can enroll: <https://learning.candid.org/join/>

WEDNESDAY, MARCH 24

ONLINE CRAFT & CHAT – KNIT & CROCHET

3:00 PM – 5:00 PM. Calling all yarn crafters! Bring your current knit or crochet project and connect with your fellow crafters. A link to join the event via Zoom will be sent to registered participants. Contact us with questions: <https://www.sno-isle.org/contact-us/>

WEDNESDAY, MARCH 24

ONLINE PUB TRIVIA - BRAINS & HOME BREWS

7:00 PM – 8:30 PM. Grab your favorite beverage, call your friends, and settle in for a night of general pub trivia – right in the comfort of your own home. Topics include history, geography, animals, movies and popular culture, and more. Make sure you've got headphones or speakers for the audio round! A link to join the event via Zoom will be sent to registered participants the day of the event. Contact us with questions: <https://www.sno-isle.org/contact-us/>

THURSDAY, MARCH 25

READING WITH ROVER

online event. 4-4:15pm, 4:15-4:30pm, 4:45-5pm. Children build reading skills and confidence by reading aloud to a certified therapy dog in a live video chat. For elementary students ages 6-12, with an adult. One registration required per student. Prior to the event you will receive an email invitation for the Zoom event. Contact us with questions: <https://www.sno-isle.org/contact-us/>

THURSDAY, MARCH 25

STANWOOD HIGH SCHOOL SPORTS - LIVE STREAMING

(Go to page 34 for viewing options.)

Boys JV Tennis vs Jackson. 3:30pm.

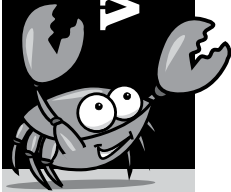
Girls Volleyball vs Jackson. C Team & JV: 5:15pm. Varsity: 7pm.

THURSDAY, MARCH 25

ONLINE CRAFT & CHAT – OPEN CRAFT SESSION

5:30 PM – 6:30 PM. Calling all crafters! Join fellow makers to work on independent projects and share ideas, inspiration, and tricks of the trade! For adults. A link to join the event via Zoom will be sent to registered participants. www.sno-isle.org/contact-us/

Moonshine Wisdom & Wit



Story by Jack
Archibald.

For further
moonshine
wisdom and wet
powder wit,
check out the
**SKEETER DADDLE
DIARIES** at
[www.
skeeterdaddle.net](http://www.skeeterdaddle.net)

TRAILS OF MYSTERY

You don't run into a lot of old loggers down here on the gentrified South End these days. Dangerous work and if you do it long enough, accidents you don't anticipate happen with more frequency than you'd care to consider. Tree climbers, fallers, gyppos, chain-chokers, toppers, well, it's a young man's job. Us old woodsmen, we count our lucky stars and are happy to tell tall tales from the safety of our rockers, just glad we're still here, gimped but alive.

Yesterday I was over at the little park I maintain. Ranger Skeeter, garbage picker-upper, lawnmower, trail maintainer and tree removal guy. An 80 year old doug fir had uprooted on the south side perimeter where it had completely blocked two separate trails so my assignment that day was to lug in my big Stihl and see if I could buck it up without pinching the blade, clear the debris and open the paths. No big deal for a seasoned logger like myself, nothing too dangerous, just don't let the sections fall on my foot. I tackled the upper end of the tree first, still a large diameter section, made my undercuts and managed to cut a section out for trail passage, bucked up the thing and rolled huge bolts out of the way, then on to the second trail with a larger part of the tree. Once again I undercut the tree but this time I worried the sheer weight would suddenly split the tree and pinch my saw and since I hadn't brought wedges with me, I really wanted to finish this and take that saw home with me, not leave it crushed under the tonnage of that fir. So I made a Vee in the top, figuring if the cut snapped shut when I reached the undercut, I'd have a chance of not pinching the bar.

You with me so far? Cause I wasn't really sure this would work. And this is why guys like me should be paranoid back in the woods with a running chainsaw and just enough experience to make things even more dangerous than they already are. I put that Stihl on the Vee and started the top cut, expecting any minute the section would snap shut when my cuts met, but instead ... holy moley, Smokey, the tree, instead of crashing onto the trail, sprang up into the air twenty feet above my head while the cut section stayed earthbound with me. There is a moment in times like this when what is happening doesn't just defy expectations, it beggars reality. Your mind doesn't really accept the possibility a tree will right itself any more than time running backwards. Trust me, an old hand at the unexpected when falling trees, this boggled my mind. I scuttled backwards like a crab on meth, not sure what that tree might do, maybe come back down even, on me. But it didn't. The cut end of the tree stood at 30 degrees above my head twenty feet up. The rootball had rotated halfway back into the cavity it had originally left, partly because another tree had fallen at the base of the fir and its weight, once the majority of the fir's own weight was gone, lifted the tree semi upright. Logic, once I managed to calm myself, had returned.

You maybe think you've seen it all. But trust me, you haven't. I left the tree, what was left of it, standing over the trail, a saw cut at the top 20 feet above, for hikers to marvel at. How in the hell did anyone make that cut? Did they climb up there and risk life and limb? Could anyone be that courageous, that utterly dumb? Let them wonder. Let them ask the Ranger, but he's not going to tell them. Trails of Mystery is what I'll tell them. Just another tall tale from the pioneers of the South End who survived to saw another day....

– Go to page 43 to view a photo of the tree –

Dining Guide

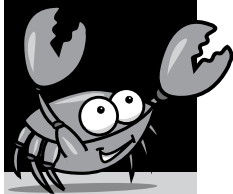


DAYLIGHT SAVINGS

The idea of daylight saving was first conceived by Benjamin Franklin during his sojourn as an American delegate in Paris in 1784, in an essay, "An Economical Project."

Some of Franklin's friends, inventors of a new kind of oil lamp, were so taken by the scheme that they continued corresponding with Franklin even after he returned to America.

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CAMA BEACH CAFE (Camano Island) • (360) 387-3266
CAMANO ISLAND INN (Camano Island) • (360) 387-0783
CAMANO THAI (Camano Island) • (360) 926-8688
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THE CHATTER BOX (Stanwood) • (360) 629-0600
THE CONWAY MUSE (Conway) • (360) 445-3000
CONWAY BOXCAR (Stanwood) • (360) 629-0651
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DRAGON PALACE (Stanwood) • (360) 629-8106
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JOHNNY'S BURGER STOP (Stanwood) (360) 629-9427
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NAHA TERIYAKI (Stanwood) • (360) 629-0681
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PADDLE PUB (Stanwood) • (360) 652-4156
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PICNIC PANTRY (Stanwood) • (360) 631-5218
PUB 282 (Camano Island) • (360) 926-8960
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RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000
ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920
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STANWOOD GRILL (Stanwood) • (360) 629-5253
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SUBWAY (Camano Island) • (360) 631-5055
SUBWAY (Stanwood) • (360) 629-2678
SWEET BLISS FROZEN YOGURT (Stanwood) • (360) 488-2294
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TAPPED CAMANO (Camano Island) • (360) 572-4986
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WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300
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"Senior Scoop"

Short articles on older adult issues from Camano Island resident, Brooke Knight. Brooke is also a certified Seniors Real Estate Specialist.

UNDERSTANDING SENIOR LIVING OPTIONS

As an older adult, when it is time to move from the family home, there are an overwhelming number of housing options to consider. Besides trying to determine precisely what types of services and supports you might need, you also need to understand the differences between the types of senior housing.

Years ago, senior housing was often generically referred to as "the nursing home," but this is not at all the case for senior housing these days. Today's senior housing options can be broken down into 5 different categories, each with different features and each serving different needs.

The first group of senior housing to be aware of is what is often referred to Independent Living or "Age Restricted Communities." This type of housing is specifically for people over the age of 55, and can have a multitude of amenities, or none at all. This housing might be single family homes (think Trilogy in Redmond) or could be senior apartments (think SHAG or Vintage). The primary link between all of them is that they build intentional community amongst older adults, but provide few if any additional supports for people needing help with activities of daily living.

Assisted Living is senior housing that provides support to residents with activities of daily living, such as cooking, laundry, cleaning and even bathing. Assisted living facilities often provide transportation for residents to and from appointments, and to local shopping venues, and they generally organize social and recreational activities for the residents. While Assisted Living facilities may provide some services that fall into the "healthcare" category, such as medication management, they do not provide significant medical support.

Memory Care is a special category of senior housing focused on supporting individuals with Alzheimer's Disease or other forms of dementia. This form of housing generally mimics many of the qualities of an Assisted Living facility, but has design features and programming that have been specifically tailored to help people with memory loss feel more comfortable. Memory Care facilities generally are "secure" facilities to help prevent older adults with memory loss from wandering away from their home.

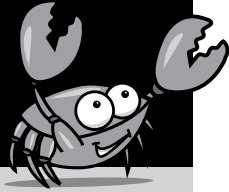
Nursing Homes are primarily medical facilities and offer around the clock support to people with complex medical needs. At times, older adults may spend a short amount of time in a nursing home following surgery or a fall prior to being able to return to their home.

Finally, the last category of housing is a Continuing Care Retirement Communities, or CCRC's. These facilities offer progressive levels of support, from independent living all the way through memory care. This type of senior housing is ideal for older adults who anticipate that their need for support will grow over time, but are not interested in moving more than once. This type of housing is also a great option for couples where one person may need more support than the other.

Finding the right type of senior housing for you or your loved one can be confusing, but it doesn't have to be. Most senior housing facilities welcome you to come by for a visit or even to stay for a meal. In addition to the level of support and the cost of the facility, your comfort level with the facility is the most important factor to making this new living situation feel like home.

Brooke Knight, Camano Island Resident and Seniors Real Estate Specialist

Kid's Korner



ST. PADDY'S DAY!

The original color associated with St. Patrick is blue, not green as commonly believed.

ST. PATRICK'S DAY WORD SEARCH AND PUZZLE



L L S D U C K L R O T
 U H T E L I N E E R G
 C R P K I O H P V S H
 K K A C S S G R O Q D
 Y R T O I Z U E L B B
 Q S R R S C B C C D N
 R Q I M T Y R H U A G
 V K C A D G X A H L R
 Z D K H S O H U N E A
 X D S S G B Z N P D Y
 W O B N I A R D B A M

after you find all the words listed below, circle the remaining letters & put the first 13 in order into the spaces below to find a hidden phrase in the word puzzle.

Green Gold Lucky
 Clover Irish St Patricks
 Rainbow Leprechaun Shamrock

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St Patrick's Day Cryptogram

Can you solve this cryptogram?
The answer is all about rainbows!

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
																				16					
									23																

T _ _ _ _ _ | _ _ _ _ _ T _ _ _ _ _ T
 16 6 24 1 24 23 21 12 5 13 16 13 11 9 13 4 26 12 16

T _ _ _ _ _ | _ _ _ _ _ | _ _ _ _ _
 16 6 24 24 14 26 13 11 24 22 24 1 19 1 12 23 14 7 13 10

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Windermere

REAL ESTATE



KAYAK POINT **\$795,000**
Gorgeous private home on 5+ acres with big shop and just minutes to I-5. #1732354



ACREAGE **\$650,000**
Stunning acreage surrounded by mountain views and loads of timber in Darrington. #1675157



VACANT LAND **\$275,000**
One-of-a-kind view acreage on Camano is ready for your dream home. #1540712



STANWOOD **\$799,000**
Cozy rambler in the Happy Valley/Seven Lakes area on a generous 3 acres. #1718193



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Beautiful building lot perched above Utsalady Bay on the north end of Camano. #1729836



VACANT LAND **\$229,000**
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Windermere

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 Handsome Custom Craftsman-style home in Camano's golf community. #1721944



VACANT LAND **\$399,000**
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STANWOOD **\$1,499,000**
 Stunning home on acreage with so much to offer: guest house, pool, lighted sports court, big shop and more! #1730458



AUGUST'S LANDING **\$549,000**
 Pre-Sale home in Stanwood with upscale finish work, attention to detail and thoughtfully designed. #1723272



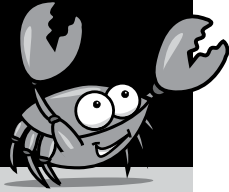
CONDO **\$289,000**
 Wonderful Village Commons unit in Stanwood with westerly views, parking and a secured building. #1689255

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR



Classified Listings



ST. PADDY'S DAY!

St. Patrick was a slave.

At the age of 16, Patrick had the misfortune of being kidnapped by Irish raiders who took him away and sold him as a slave. He spent several years in Ireland herding sheep and learning about the people there.

At the age of 22, he managed to escape. He made his way to a monastery in England where he spent 12 years growing closer to God.

FOR SALE:

Vintage Roll Top Desk. SOLID OAK wood. Includes SOLID OAK wood Press Back matching chair. Excellent/Beautiful condition. Made in the USA. \$349. Call 360-387-1379.

GARAGE SALE:

Big garage/gym sale Fri. 2/19 from 10-1pm and Sun 2/21 from 12-3pm. In gym behind the Spanish SDA church at 28505 68th Ave NW Stanwood. school books, linen, furniture, clothes, games, kitchen ware, even a few church pews! Rain or shine!!!

PROFESSIONAL SERVICES:

Looking for something to do to keep you fit, vital and happy? Sign up for 'Friends with Benefits' Active Aging Small Group Fitness with Camano Island's Active Aging Specialist Nicole Vienneau MSN, RN, NC-BC. Maintain balance, fall prevention, strength, power, agility, core stability and flexibility. Classes limited to 6 and begin April 5th. Call Nicole at 817-412-1872 or bluemonarch-health.com/active.

The Personal Chef is accepting new clients for affordable & delicious home-cooked dinners. Skip the hassle of shopping and meal preparation. Call (425) 238-7922.

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WANTED

Cama Beach Summer Manager FULL-TIME SEASONAL POSITION. 40 hours per week, Wednesday through Sunday; \$20/hr. Beginning May through September, dates negotiable. The Center for Wooden Boats is seeking a Cama Beach Summer Manager to staff our Cama Beach campus from May to September 2021. Located on Saratoga Passage, in Puget Sound, the Cama Beach livery is a seasonal, salt-water operation bringing people of all ages and skill-levels into contact with historic small boats. The Summer Manager is responsible for quality customer service and the safe operation of CWB's fleet of rental vessels onsite at Cama Beach State Park. We are looking for a rugged individual with a strong boating background that would enjoy interacting with guests while operating a fast-paced boat rental facility. To Apply: Email resume and statement of interest to hiring@cwbo.org. Position open until filled. The Center for Wooden Boats is an equal opportunity employer.

HELP WANTED - Fiberglass repair & fabrication business. Experience is a plus. Vast assortment of jobs from race cars, to large Yachts & more. Jobs in the shop, at the Camano Airfield business park. Also off sight jobs from Anacortes to Bellingham and Everett. Lots of effort required. Call or text Erik, for an interview. 425-308-7423, Compass Point Composites LLC.

Considering a career in Real Estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Marla at marla@windermere.com for more information. [windermere.com](http://windermerestanwoodcamano.com).

Wanted horse to ride. Gentle for beginner. Share cost or lease road safe. 360-279-1565.



CASA'S PET OF THE WEEK:

SCOUT is a friendly 3 year old Doberman mix, he may look big and tough but he is really a sweet and goofy guy. He is strong so he will need a confident handler. Scout loves to run and play fetch so he is looking for a home with a fully fenced yard where he can run free and chase tennis balls, he also enjoys lounging around and chewing on bones.

Camano Animal Shelter Association (CASA):

198 Can Ku Road, Camano Island.
360-387-1902. camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

Hi! I am **BOBBY** and I would love to be your FURever companion! I want to go on long walks in the forest with you and play and cuddle with you when I am sleepy. I will need to go to a home with kids over 16 years old. I love to run and play. If you would like to meet me please call the Matchmakers at 360.629.7055 ext 417.

The N.O.A.H. Animal Adoption Center:

31300 Brandstrom Rd, Stanwood.
(360) 629-7055. thenoahcenter.org

 **Happy St. Patrick's Day!**

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Artist of the Week



Are you interested in promoting your art, craft, or live performance?

Email us info or a bio about yourself and we will feature this page to you... and it's all FREE!



COLLEEN MCINTYRE NYGARD

Colleen is a professional painter living on Camano Island. She worked in the corporate world for decades to pay the mortgage and raise a family, but a diagnosis of Multiple Sclerosis put an end to that, so she is happily retired to her little farm, garden and painting studio. Colleen is largely a self-taught painter. She started to paint by watching old Bob Ross painting shows. Landscapes, flowers and happy trees cover her own walls, but Colleen also loves to try new painting styles, play with interesting color combinations and learn new techniques to always improve her art. Second best to painting something wonderful, Colleen says she loves to watch people connect with her art and enjoy it as much as she does. Colleen first started sketching in childhood and wanted to grow up to be an illustrator like John R. Neill (*The Wizard of Oz*) or Garth Williams (*Little House on the Prairie*). Colleen is proud to share that during quarantine she has written, illustrated and published a children's book. *The Adventures of Rhode Island Roxy: Space Chicken* chronicles the tale of a curious little hen who wonders why chickens don't fly. Roxy's determination and grand dreams of flying take her to new heights of fun and adventure that will change the way you look at chickens forever.

To see more, or to purchase copies of Colleen's art, her website is www.ColleenNygardArt.com or you can email her at: info@ColleenNygardArt.com. To purchase a signed copy of *The Adventures of Rhode Island Roxy: Space Chicken*: www.etsy.com/shop/ColleenNygardArt. To follow Colleen's creative process, she is on Facebook and Instagram @ColleenNygardArt.

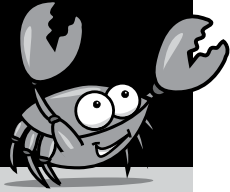
PUGET SOUND TREE CARE LLC
Jim Fay, Owner/Arborist • FREE ESTIMATES
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Stump Grinding
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Hazard Trees
Logging
Arborist Services
LICENSED • BONDED • INSURED

A black and white photograph of an arborist climbing a tree trunk.

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page at: Stanwood United Methodist Church.
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www.stanwoodumc.org
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Pastor Justin White
A Reconciling Congregation

A logo featuring a cross inside a stylized flame or leaf shape.

Business Spotlight



CUTTING EDGE SHARPENING

is excited to let you know that you can now drop off and pick up items to be sharpened at The Picnic Pantry and Parlor located at 8706 271st St NW in Stanwood. Time to complete work is usually 3-5 working days and we'll call you when your order is ready to pick up. More info: ceknifesharp@outlook.com



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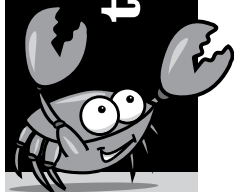


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View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

MY TREASURE TROVE REVEALED ON ANTIQUES ROADSHOW

I'm the proud owner of an extensive collection of priceless one-of-a-kind heirlooms, some of which I've owned since early childhood. Recently I decided to find out what they were worth. No doubt hundreds of thousands of dollars. So, when I heard that Antiques Roadshow was coming to Seattle, I knew this was my chance to determine conclusively just how valuable my rare compilation of artifacts was. The following is a transcript of my conversation with the appraiser on Antiques Roadshow.

Antiques Roadshow (ARS): Welcome to another episode of Antiques Roadshow. Good afternoon, sir. What do we have here?

Tim: Love your show. Big fan.

ARS: Okay, what is it you have to show me, sir?

Tim: I have this rare coin my father gave to me when I was five years old. I think it might be ancient Mesopotamian, probably from the 5th century BC. It appears to be in really good condition. What would you say it's worth?

ARS: Well, sir. I agree this coin is in excellent condition. However, on closer inspection, it appears that it does not date quite as far back as the 5th century BC. I would date it, instead, to sometime around 1960. It appears to be a New York City subway token. Notice here, where it reads "Good for one fare" – in plain English.

Tim: Okay, well, how about this item, then? I think it might be a rare impressionist painting. I can't really make out what it's supposed to be about. But my mom had it posted on our kitchen wall when I was very young. It looks to me it could be an early Monet or maybe a Van Gogh. Do you recognize the artist?

ARS: Hmmm, I'm sorry to say, I don't, sir. But look here on the back – there appears to be some sort of signature. I glean the letters "T-I-M-M-Y" scrawled in reddish orange crayon. Does that name mean anything to you?

Tim: That's funny. That's my name. But how can you be so sure it's not something by one of the early Impressionists?

ARS: Well, I could be wrong. You could be right. It could be one of Picasso's long-lost masterpieces. But do you think the comment from a Miss Kelly, where she wrote below your name, "Timmy, B- for originality. F for effort" might give us a further clue as to its authenticity?

Tim: Fair enough. Maybe it is one of my early works. So what might its worth be, to the nearest thousand dollars, give or take?

ARS: To the nearest thousand dollars, you say?

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Camano Commons

CLEAN CUTS

MOBILE HAIRCUTS

by Leah

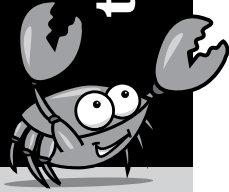
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View from the Bleachers



Tim: Yeah, just spitballing, I mean.

ARS: I see. Well, then, "just spitballing," I would estimate its value at roughly ZERO thousand dollars – give or take zero cents.

Tim: Seriously? Well, that sucks.

ARS: We don't say "sucks" on Antiques Roadshow, sir.

Tim: Sorry about that. Okay, what about this? I am fairly certain it's a rare Native American hand-woven rug. From my limited research, I would say it's Navajo. Perhaps traced back to an ancient Anasazi cliff-dwelling tribe from the 11th or 12th century. What do you think are its origins?

ARS: Pier One Imports, sir. But that's just an educated guess.

Tim: What makes you think that?

ARS: I don't know, sir. Perhaps the sales tag that says, "Clearance item. 50% off – Pier One Imports."

Tim: So you're telling me it's not an ancient Navajo rug?

ARS: I'm saying this rug is about as much Navajo as the person I am presently talking to, sir.

Tim: I must own SOMETHING in here of historic value. What about this rare photograph of Abraham Lincoln? Again, I'm no expert, but this looks like it might have been taken during his second Inaugural Address.

ARS: You mean this movie poster of Daniel Day-Lewis in his role as Lincoln from the film by the same name?

Tim: So what you're telling me is that all this stuff I've been saving for decades is junk. Even this rare antique Japanese tea set?

ARS: Yes, even your rare "Hello Kitty" tea set, correct. That's all the time we have. Come back next week for another episode of Antiques Roadshow.

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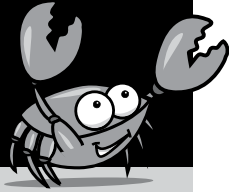
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Classes and Workshops



ST. PADDY'S DAY!

The St. Patrick's Day parade was invented in the United States.

On March 17, 1762, Irish soldiers serving in the English army marched through New York City. The parade and accompanying music helped the soldiers celebrate with their Irish roots, as well as reconnect with fellow Irishmen serving in the English army.

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My Body Mind Fitness "Time to give back." Help us grow and educate our community. Fitness & nutrition classes for all ages. Teacher benefits. www.mybodymindfitness.com.

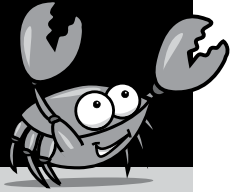
FAMILY HISTORY CENTER: Closed until further notice.

YOGA CLASSES IN-STUDIO & ONLINE at Movement Arts, Camano Island. Keep moving, keep breathing, keep practicing! IN-STUDIO – View our schedule at movementarts.com/schedule week to week to monitor our status for in-person classes or join us online! Follow us on Facebook or visit movementarts.com for updates. LIVE STREAM – book classes in advance at movementarts.com/schedule and receive an email prior to class to attend our live studio class from the comfort of your own home (no mask required). See your friends before class for live chat. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com & follow the links to view our video library of online classes. View sample videos FREE on our media page at www.movementarts.com/media. Book your class thru movementarts.com or call 360-629-9100.

The Art of Munay: FREE VIRTUAL Yoga Nidra Journeying Event. Experience an art form of subtle beauty mapping through the integral practice of VIRTUAL Yoga Nidra Journeying; The Art of Munay (love and will). Virtual room opens around 7:15PM with the sound check around 7:20/7:25PM. 4 Sessions: Feb 11, 2021, Apr 22, 2021, Jun 10, 2021 and Nov 4, 2021 Receive your link and register through movementarts.com or call 360-629-9100

Yoga for Beginners 6 Week Session Apr 13-May 18. Whether you are brand new to yoga or returning after a long absence, this 6-week course will prepare you with the first steps toward a regular practice. Sign up through movementarts.com or call 360-629-9100.

Did You Know?



The Stanwood Area Historical Society asks, "Did You Know?"

Excerpts taken from the "Stanwood Story", written for the Stanwood News by Alice Essex.

John B. Larson continues reminiscing about the early days of Stanwood. The wife of Lem Ross who had a logging camp up the river and his wife lived at Florence for a while. She would look at the logs as they floated down stream. If she saw a big one, she would remark, 'I think this is my husband's. Boy! That will buy me a nice silk dress.'

"One morning there came to the Gardner Goodrich farm a man who worked in a logging camp nearby. His name was John and he was about 50 years of age. He ate his dinner and retired about 9 o'clock, apparently in the best of health. In the morning, he was found dead in bed.

"No one knew anything about him and there was no trace of his identity. No coroner was closer than Snohomish and it would take a week to reach there and another week to return with him. Goodrich called a few neighbors together to decide what to do. They made a quick decision. ...construct a coffin, carried him as far as our home and dug a grave on the highest ground beneath the branches of a large Douglas fir. Carefully and slowly, they lowered the coffin, covered it and hewed a large square post as a marker. Then they all stood and looked at one another until Jay Lock bared his head, stood at the head of the grave and said, "Oh Lord, we know not this man. We ask you, oh Lord, to have mercy on his soul.' This was the most impressive funeral sermon I have ever heard.

"In those days, the key to hospitality was the latch string of the cabin and the old cabin door was always open. Those courageous pioneers were free from prejudice and broadly tolerant of beliefs contrary to their own. They lived simply, usefully and helpfully admonishing their wise counsel to all within their reach. To them we owe a debt of gratitude. They left, to those who knew them, peace and the memory of countless loving deeds...the richest legacy man can leave to man. Let us carry on as those pioneers, the choicest jewels in the collection of American citizenship. Signed John B. Larson."

Thanks to Mr. Larson, and a salute to the pioneer builders of the community, many of whom have gone unhonored and unsung in this saga. Also, a salute to the seven, who were taken from the local scene in 1937. They were S.A. Thompson, H.A. Hafstad, E.A. Hevly, Otto Lien, Ed O'Melia, Michael McNamara and Capt. Thomas Drake, the Lone Sea River.

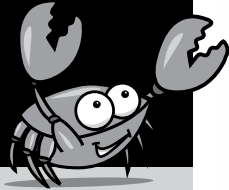
The first three were well-known merchants. Thompson and Hafstad were owners of two of the town's pioneer stores...S.A. Thompson and Co. and H.A. Hafstad Hardware (now the Stanwood Food Bank). Both were active in numerous business enterprises; Hafstad was a member of the town council for more than 30 years; the former Thompson home is now the Stanwood House. Hevly made his home in Florence, where he owned and operated the E.A. Hevly Store, which closed its doors in 1970. He was a member of the first confirmation class in Stanwood and the Stillaguamish Valley, and a resident here for 57 years.

Lien came to Stanwood with his parents in 1889 and, with other members of the family, had many interests. At the time of his death at age 57, he was president of Lien Bros. Canning Co. The Lien family home, adjacent to the old news office, reflects the architectural mood of the past and was later remodeled into apartments.

O'Melia, who came here from Ontario in 1889, operated logging camps on Camano Island and later on Hoods Canal. He served on the school board for a number of years and had varied local holdings. McNamara, also from Ontario, came to Snohomish County in 1866 and was said to be the oldest pioneer in the county in years of residence...71. He lived at Florence.

Capt. Drake next time.

Community Information



ST. PADDY'S DAY!

The world's shortest St. Patrick's Day parade is in Dripsey, Cork. The parade lasts just 100 yards and travels between the village's two pubs.

WATCHING LOCAL SPORTS - LIVE STREAMING

To watch live Stanwood High School sports, choose one of these options. Option 1—Our Website: Go to the Stanwood High School Website (<https://shs.stanwood.wednet.edu/>), and click on Event Streaming: https://shs.stanwood.wednet.edu/event_streaming. Option 2—BoxCast Viewer: <https://boxcast.tv/channel/pgvttea3px-ezandb8q9u>. Option 3—YouTube: Stanwood High School YouTube Channel: https://www.youtube.com/channel/UCyHVMHT31n4KJyX-DY552_PA. Option 4—Roku, Apple TV, or Amazon Fire TV streaming device: If you own a Roku, Apple TV, or Amazon Fire TV streaming device you can download the free BoxCast app and search for the Stanwood-Camano School District to view our channel.



2021 RAFFLE

Camano Island's BEST informational, educational, and read-able entertainment is The Crab Cracker (thanks to Malynda and James). Some of the BEST employees and all-around helpers on Camano Island can be found @ The Camano Plaza Market (thanks to Scott and Trent). NEXT TIME YOU ARE IN THE CAMANO PLAZA MARKET @ The checkout stands, please check out the riding scooter & drone raffle items, BUY YOUR RAFFLE TICKETS @ THE QUICK CHECK FOR JUST \$2 each. Again, Camano Law Enforcement Support Foundation has raffle items available @ Our Camano Plaza Market. The drawing for both a MotoTec "Fatboy" Electric Scooter & a DJI Mavic Mini Drone will be in August 2021. Proceeds from this raffle are one of C.L.E.S.F. annual fund raisers, and go for our Camano Deputies, Camano Sheriff's Citizen Patrol, and Camano State Park Rangers.

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Community Information



ST. PADDY'S DAY!

Chris Hadfield took photographs of Ireland from Earth orbit, and a picture of himself wearing green clothing in the space station, and posted them online on Saint Patrick's Day in 2013. He also posted online a recording of himself singing "Danny Boy" in space.

MEETING PRESENTATION

Jeff Wheeler, Salish Foothills Area Manager for the State Parks meets with Camano Island Democrats March 18th, 7PM. Jeff will share his knowledge of the Park system, new Parks to explore, Navy SEAL training and other areas of interest. We will also hear from Not In Our Parks, the citizen group opposing the Navy's use of our state parks for training purposes. All interested persons and all questions are welcomed. For Zoom link email camanoislanddemocrats@gmail.com.



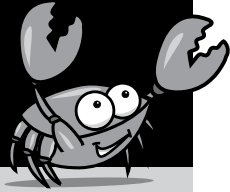
CASA NEEDS FOSTER HOMES

Kitten season is upon us. We already have a handful of pregnant cats who have come to the shelter. These cats would prefer to be in a foster home while they await the birth of their babies. Sadly, these cats are the hardest to get into a foster home because the length of time in foster is longer. It can take up to 3 months for a cat who is mid-way through her pregnancy for the entire process to be completed - waiting until the birth and then waiting until kittens reach 2 months of age. BUT – mother cats are the easiest because the care a person needs to give is much less than fostering a litter without a mother. Mothers usually do a very good job of caring for their litter and they just need you to safely house them, socialize with them, feed, change litter, and nurture the natural process. They do need a peaceful and separate space like a spare room and no chance for outside access. Maybe that empty guest room would like a different type of resident for a while? Have you been thinking of how you can make a difference? Here is your chance. Contact Susan our Volunteer Coordinator – call 360-387-1902 or email casa@camanoanimalshelter.org. We ultimately need every role of foster - from those who are interested in learning about bottle feeding to those who simply have a warm bathroom or extra room in their home where a mother and her babies can stay temporarily! We could also use puppy foster homes to have on standby in the event of an emergency, but our greatest need is kittens, with or without moms. <http://www.camanoanimalshelter.org>. WE CANNOT HELP THEM WITHOUT YOU!

COHOST MAKERS MARKETS

are now ongoing! We will be offering a boutique filled with locally handmade goods every Wednesday - Friday from 11 am - 4pm. Makers will change monthly, and we'll showcase a variety of items like candles, pottery, decor, batik, jewelry and more. 8712 271st Street, Stanwood www.cohostspace.com (360)572-3352.

Community Information



ST. PADDY'S DAY!

There still is no scientific consensus as to the precise botanical species of clover that is the true shamrock. The word shamrock refers primarily to the young springs of white or red clover



UNIQUE ART SHOW

Matzke Fine Art Gallery & Sculpture Park and Sculpture Northwest have collaborated on a unique show! March 12th through April 23rd, 2021. Open every Friday, Saturday & Sunday 11 to 5, weekdays by appointment 360-387-2759. 15 SNW Associated sculptors will show their sculptures inside as well as outside in the sculpture park and 4 NW painters have been invited to grace the walls of the gallery. Matzke Fine Art Gallery & Sculpture Park, 2345 Blanche Way, Camano Island. Photo: Tracy Powell, "Three Others" carved limestone.

GRIEF CARE FELLOWSHIP AT CAMANO CHAPEL

One of the most life-altering events is the death of a loved one. Camano Chapel has been providing hope to those who are grieving this type of loss for many years. In keeping with our desire to offer hope, we are starting a new series of grief care. This is an eight-week video series, called "Hope Beyond Today." We will meet Wednesday nights from 6:30 to 8:30 p.m. in room 304 (building 3) from March 31, 2021 to May 19, 2021. The cost of the journal is \$10.00. If you or someone you know has suffered the loss of a loved one, please know we want to offer you help. Questions, contact Gloria @ gloriawalsh@camanochapel.org. Online registration begins March 14, 2021 (www.camanochapel.org/ministries/care/griefcarefellowship/).

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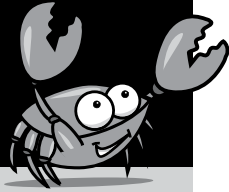
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Community Information



ARBOR DAY FUNDRAISER

The Village Experience Learning Center – a division of Village Community Services, committed to making a difference in the lives of individuals with disabilities – has commenced its First Annual Arbor Day Fundraiser. All donation proceeds will help people with disabilities have access to education, development, and life skills training. There are three donation levels, including a \$30, \$100, and \$300 level. The fundraiser will culminate on Earth Day, April 30th with a memorial tree planting ceremony at the Village Community Services office location. "This first annual fundraising effort will help us create and help fund dynamic learning classes that help elevate the lives of our clients and individuals within our community that need our services," commented Ronda Traut, Village Experience Learning Center project coordinator. "All funds raised between now and Arbor Day will go toward this cause and boost our ability to serve, teach, and encourage those individuals we serve. The three donation levels include the following: \$30 donation level pays for a class for an individual and donor receives a tree to plant; \$100 donation level pays for a class for 3 individuals and donor receives four (4) trees to plant; \$300 donation level pays for an entire class and donor receives 10 trees to plant. All trees will be delivered to the donor's home or if they prefer to donate their trees, they will be planted at a community location. Every donor will be entered into a drawing for a chance to win an overnight stay at the Angel of the Winds Casino as well as a tasty picnic in a basket. Visit our Arbor Day Donation Page to donate directly. For more information, please contact Ronda Traut at either rtraut@villagecommunitysvcs.org or 360-502-1638.



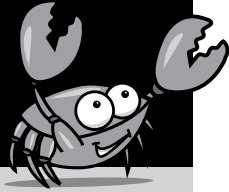
"Wishing you a pot o' gold and all the joy
your heart can hold."


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Community Information



ST. PADDY'S DAY!

More than 100 St Patrick's Day parades are held every year in the United States. The biggest celebrations are in New York City and Boston.

ISLAND DISCOVERIES

What's the "must" order drink at your favorite coffee shop? How about a unique find from a shop that changed your life? Favorite spot for local flavor? Now more than ever, Island County businesses and makers need our support. Whidbey and Camano Islands, together with the Economic Development Council for Island County, are seeking your "Island Discoveries." We want to make sure everyone can enjoy the delicious, amazing products and businesses found on our islands. We want to hear from you! Comment or message @GoWhidbeyCamano on Instagram or Facebook to share your favorite "Island Discovery" with us by March 1 for consideration in an upcoming project that spotlights local businesses. Be specific. You may choose one of the categories below, or create your own. Please share the name of your island favorite, and a few sentences why. Your comment or item may be featured in a brand-new guide for locals launching this spring. Categories: 1. Hospitality - Lodgings and Eateries; 2. Retailer or Outfitter; 3. Libations - such as a Brewery, Winery, Distillery, Tavern or Other; 4. Island Maker - This is Wide Open, could be Designer, Artist and More; 5. Food and Farm Products. If you have a burning recommendation that doesn't fall in any of the above, please share! #IslandDiscoveries. Remember, we live in islands where people come from all over the world to experience amazing things. Let's share some secret favorite "Island Discoveries" with each other.

VIRTUAL HOMEWORK HELP!

Homework got you down? Have no fear Davis Teen Programs is offering free homework help every Tuesday and Thursday from 8:30-10:30 am on Zoom. Our volunteers are ready to help! RSVP is required! Open to students in grades 6-12. RSVP is required contact our teen coordinator at teens@crc-sc.org or 360.629.5257 x1004 to save your place or to answer any questions.

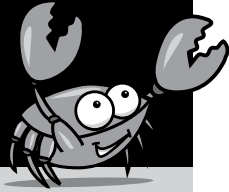
MONDAY HELP GROUP

If you've been feeling overwhelmed with distance learning and would like some help, please attend the Monday time management group "Do More and Stress Less: How to Manage Your Time and Improve Your Grades." Join this Google Meet from 2:30-3PM on Mondays with the code "Monday Help." We'll go over strategies for understanding your grade, making a weekly schedule, and getting caught up in your classes. Parents and students are invited to attend.

**HONOR ANY VETERAN
WITH A BRICK OF REMEMBRANCE
FOR 2021 MEMORIAL DAY CEREMONY**

**DOWNLOAD THE FORM AT
StanwoodVeteransMemorial.com**

Community Information



ST. PADDY'S DAY!

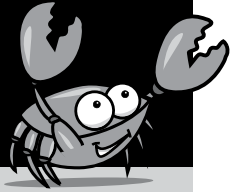
The Dublin Airport has finally had enough with tourists arriving in March to celebrate "St. Patty's Day." This is not because the Irish are unwelcoming, but because the correct abbreviation is St. Paddy's Day. Paddy is appropriate because it is an abbreviation of Padraig, a variant of the name Patrick, while Patty is an abbreviation for Patricia.



SNO-ISLE LIBRARIES IS GRADUALLY REOPENING COMMUNITY LIBRARIES TO CUSTOMERS

Sno-Isle Libraries is bringing back limited in-building services at most of our community libraries. "Library customers tell me every day they appreciate the adaptations we have made, but really need access to our in-building services," Sno-Isle Libraries Executive Director Lois Langer Thompson said. "The COVID-19 pandemic has allowed us to innovate our library services for customers – from online programming to laptop checkouts – we've been able to reimagine new ways to stay connected. Opening libraries for in-building services is the next step," Thompson said library staff have been planning and preparing community libraries to deliver in-building services that meet state guidelines and restrictions. Called "Grab 'n' Go," Sno-Isle Libraries' plan adds services within state public safety guidelines. Customers can again browse library materials. However, the number of customers will be limited, they must wear face-coverings (including children over age 2) and limit their time in the building to 30 minutes. Managing building capacity makes social distancing easier to maintain, high-touch surfaces are regularly wiped down, most furniture has been removed, air-handling systems have been improved, and more. The library district already quarantines returned materials for at least 24 hours per CDC guidelines. Rebecca Loney, Director of Public Services, said Sno-Isle Libraries is taking a sequential approach to adding limited in-building services to community libraries. "We will also continue to offer our customers their choice of contact-free and online services and programs," Loney said. The libraries in Freeland, Darrington and Camano Island opened their doors last week. This week, the libraries in Brier, Coupeville, Lynnwood, and Snohomish began offering Grab 'n' Go service and the Marysville Library is providing a meeting room for computer access. Each Sno-Isle Libraries building is as unique as the community it serves and not all libraries will have the same in-building services available. One Sno-Isle Libraries' criteria for offering Grab 'n' Go was that the library could physically accommodate both in-building and contact-free services at the same time while also following state safety guidelines. It was determined that 19 of the 23 community libraries meet the threshold. Libraries in Arlington, Clinton, Mill Creek and Lake Stevens do not meet the guidelines and will continue with contact-free service but not offer in-building options at this time. All 23 Sno-Isle Libraries community libraries offer contact-free services including pickup of materials, printing, laptop and Wi-Fi checkouts and more. Online services and resources are available 24-7 through the recently redesigned website, www.sno-isle.org.

Community Information



DID YOU KNOW THIS ABOUT PLASTIC?

Best practice for plastic kitchenware is to handwash. Heat and detergent leach harmful chemicals from plastic (can get into food and groundwater). Old plastic kitchenware can be hazardous and should be disposed of. Glass is the best choice. – Waste Wise, Island County

2021 CAMALOCH GOLF WOMEN'S LEAGUES

We're looking for ladies interested in golf. This is for ALL skill levels and open to the public. There are 2 women's leagues at Camaloch Golf Course: one is a 9-hole league (Lassies) and one is 18-hole league (Ladies). You can join whichever works best for your schedule. We both play on Tuesday mornings with Ladies starting play from 7:30 - 9:00 and Lassie tee times from 9:00 - 10:00. Leagues start the first week of April and go until October. We also have social events throughout the season for luncheons, fundraisers, etc. For more info please contact Camaloch Golf Course (360-387-3084) or send an email to: camalochlassies@gmail.com

ART SHOW

March 1 - 31st at Beach 1 Gallery. Art by The Friday Girls will be featured in the Gallery for the month of March. Sherri Hall, watercolor; Jane Morris, mixed media; Margie Ridley, mixed media; Linda Hendry Boyd, mixed media. Art work is for sale and The Gallery is open 7 days a week. The artist reception/anniversary celebration will be held on March 5th from 3-7 PM at Beach 1 Gallery in Camano Country Club, 1243 Beach Drive, Camano Island 360-387-1655. Masks and social distancing are required in the Club House.



LAUGHTER is contagious; don't miss it!

The flowers are blooming and warmer weather gives us all a reason to enjoy beautiful spring days. This season, don't let hearing loss keep you from the laughter shared with loved ones. When you hear your best, you are able to live your best and enjoy every special moment!

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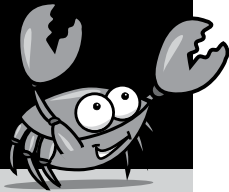
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ST. PADDY'S DAY!

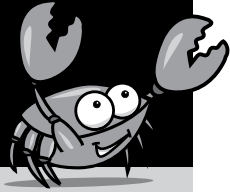
The phrase “wearing of the green” comes from a street ballad of the same name (see video below), which lamented the British repression of the Irish in 1798.

At the time, just wearing a shamrock in your lapel or green clothing was seen as rebellious act by the British authorities and potentially even punishable by death.

ZONES 2 AND 3: MIDLITTORAL ZONES: THE BEACHCOMBING ZONE

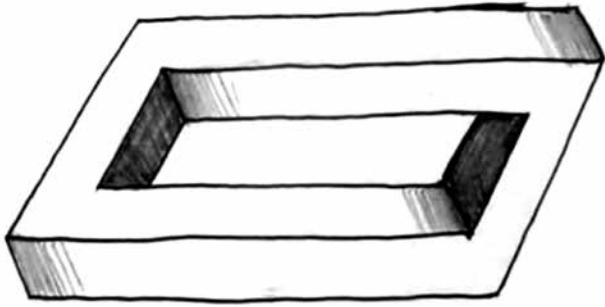
Beach monitoring is one of many Sound Water Stewards citizen science activities and it comes naturally to me. So, when I go out for a walk on a beach to see what I can find, observe and discover about seashore life, I usually end up in the intertidal zones 2 or 3 of a rocky beach habitat, also known as the Midlittoral zones. This can be a turbulent zone, exposed twice within a 24-hour period. It extends from the upper limit of the white barnacles, *Balanus glandula*, to the lower limits of the brown algae, depending on the tides. Life is more abundant in lower zones and less diverse towards high intertidal zone 1. Zones 2 and 3 have more time underwater with less temperature changes but can still be pounded by waves. Many plants and animals attach themselves and are either very sturdy or very flexible, such as mussels or rockweed. Sunlight can be transmitted to shallower, submerged plants for photosynthesis. Mussels, snails, limpets, a slug like mollusk, crabs, hermit crabs, barnacles, sea stars, sponges, chitons, algae and seaweeds abound. There are many challenges to organisms in this Midlittoral zone. They are exposed to air, sunlight, and temperature changes. But these hurdles are met with unique adaptations. Salinity stress can cause dehydration. Mobile animals can move to a more suitable region or find shelter to avoid drying out. Attached organisms manage water loss in many ways. Some can produce egg cases that resist desiccation, some reduce metabolic rates and others respond by reducing water permeability. In response to predation some develop calcifications, making them harder to eat. Bioluminescence blinds, scares, or misleads predators. Camouflage can protect some. Another challenge is wave action. Organisms either burrow into the sediment or attach themselves to rocks or wood to brace themselves for survival. Now let's see what we find on our walk. The rockweed is obvious and common. This brown alga, *Fucus distichus*, is flattened and branched and its branches are swollen and warty where sperm and eggs are produced. Its attached with a button-like holdfast. It thrives in Spring and Summer. Many algae, including the *Hildenbrandia*, an encrusting red alga, likes tidepools and wet crevices. Snails produce those shells we like to find on a walk. *Nucella* is a marine gastropod mollusk with a strong shell that has a well-developed spire. All species of *Nucella* are carnivorous predators, attacking *Balanus glandula* barnacles. They drill a hole in the barnacle, secrete a toxic substance and consume their favorite meal. There are many different species in this genus that have same or similar characteristics such as different numbers of whorls or slight variations. Clusters of eggs are attached to the bottom of rocks in “flask shaped capsules” with 15-55 eggs in each capsule and sometimes referred to as “Sea oats”. They are plentiful in Spring and Summer. Turn over a rock or two and what will you find? Most definitely, crabs scampering away. Two shore crabs, *Hemigrapsus nudus* and *H. oregonensis* crabs are found together often. Both have almost rectangular carapaces or bodies. *H. nudus* is usually reddish and its legs are not hairy. The *H. oregonensis* is usually grayish green and its legs have noticeable hairs. Both can really pinch if they must, but they eat seaweed, *Ulva*. I also can find *Nucella* eggs attached to the bottom of the rock. What can you find on a rocky beach on Puget Sound that will pique your curiosity? Remember your beach etiquette. Return all rocks and sand that was moved to their original place after turning them over to see what unusual creature you will find. Walk softly and have a great time in the fresh air on the beach. Find our web site and newsletter at soundwaterstewards.org and see our Facebook page.

What's Up?



*Astronomy and
the night sky
by William
Maxwell.*

*His astro
images can be
found at [www.astrobin.com/
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THE BIG BANG

The Big Bang, at least by name, is widely known, but the implications are nearly impossible to comprehend. When astronomers realized about a hundred years ago that the universe was expanding and by what rate, they started running it backward to determine at what time it returned to a single point (now thought to be about 13.8 billion years ago). A universe emerging from a single point is a very difficult concept to fully grasp, but nearly impossible to imagine is what it emerged from: Nothing. No “where”, no time, nothing. The absence of everything..even space. Or perhaps it emerged from the fabric of a multiverse which itself emerged from nothing, or maybe a multiverse that exists in an endless infinitely long loop like an eternity on a Möbius strip. Is an infinite loop even a loop at all?

Its also nearly impossible to understand something coming from nothing although it has been proven to happen all the time. Imagine you borrow a dollar and owe a dollar. It came from nothing, the net result is nothing, and it will return to nothing. Virtual pairs of particles come into being and out of being like those dollars by the trillions all around us, they fill the universe in what was thought to be empty space. If conditions are right they too, it is thought, can spawn a universe.

Wait, if they spawn a universe within our universe what happens to us? Either our universe is obliterated or the new universe expands into other dimensions. Or maybe we are just thinking to linearly. Maybe “now” and “here” isn’t what we imagine at all.

Something from nothing. Nothing period. A Möbius strip of eternity containing an infinite set of infinities. The Big Bang..a simple enough idea until you look a bit under the hood.

MIKE GANT

REAL ESTATE

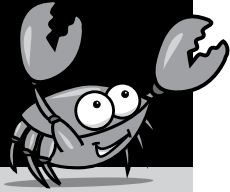
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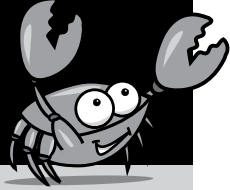


Heron, State Park Boat Launch. Photo by Roy Spires.



"Trails of Mystery" by Jack Archibald. See story on page 19.

Local Stories and Poetry



You are my pencil of light
I draw you in on rough paper sketching,
tracing your silhouette into my heart space
where I wear your wing feathers dancing,
etching the outline of your face.
Perchance you feel me holding you here, still
I am. And I will.
I will be here tethered to you, forever
from now
and through
eternity
on the pencil of light,
that draws you in
on rough paper
to me.

– Linda Del Negro

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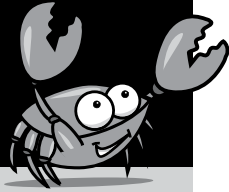
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CORNEBEEF HASH WITH POACHED EGGS

The BEST thing about making "Corned Beef and Cabbage" for Saint Patrick's Day is waking up to this HASH the next morning!

HASH: 2 c. chopped boiled red potatoes, or leftover potatoes from Corned Beef & Cabbage; 2 c. diced cooked corned beef; 1/4 c. corned beef cooking liquid or chicken broth; 1/2 med. yellow onion, grated; 1/2 clove garlic, minced; 1 T. whole grain mustard; 1 T. flat leaf parsley, chopped; 1/4 tsp. dried thyme; 1 pinch nutmeg; Freshly ground black pepper; 1/4 c. Plus 1 T. unsalted butter

EGGS: 4 c. cold water; 1/4 c. distilled white vinegar; 1/2 tsp. kosher salt; 8 lg. eggs

DIRECTIONS: 1. **HASH:** In large bowl, mash 1 cup potatoes with a fork. Add the remaining 1 cup potatoes, corned beef, cooking liquid, onion, garlic, mustard, parsley, thyme, and nutmeg. Season generously with pepper. Cover and store in the refrigerator overnight or at least 4 hours. 2. Set up for poaching the eggs. Combine the water, vinegar, and salt in a large skillet; bring to a gentle simmer. 3. Remove the hash mixture from the refrigerator. Heat 1/4 cup of butter in a large non-stick skillet over medium-high heat. When the foaming subsides, add the hash mixture, and cook, stirring, for 30 seconds. 4. Using a spatula press the mixture down into a round cake the size of the skillet. Cook shaking the skillet occasionally, for 4 minutes. Reduce the heat to medium and continue cooking, moving the skillet occasionally, until the underside is browned and crusty, about 6 minutes more. 5. To flip the hash, set a plate the size of the skillet on top of the pan. Carefully invert the pan so the hash falls on to the plate as an intact cake. Invert the hash onto another plate, cooked side up. 6. Return the skillet to the heat, raise heat to medium-high, and heat the remaining 1 tablespoon butter. When the foaming subsides, slide the hash into the skillet cooked-side-up. Cook shaking the skillet occasionally, for 3 minutes. Reduce the heat to medium and cook, shaking the skillet occasionally, until the underside is browned and crispy, about 5 minutes more. 7. **EGGS:** While the corned beef hash is cooking, crack the eggs into separate cups. Carefully slide the eggs into the hot poaching liquid. Poach the eggs, turning occasionally with a spoon, until the whites are firm, about 3 to 5 minutes. Using a slotted spoon, remove the eggs and transfer to kitchen towel. Lightly dab the eggs with a kitchen towel to remove any excess water. 8. Divide the hash among bowls or plates and top with the poached eggs. Garnish with more parsley if desired and serve immediately. Serves 4

TIDE TABLES - SARATOGA PASSAGE / GREENBANK: MARCH 12-25, 2021

Date	High /Low	Tide Time	Height Feet	Moon Visible	Date	High /Low	Tide Time	Height Feet	Moon Visible
F 12	High	4:57 AM	11.6	☀	F 19	Low	3:11 AM	6.3	☾
	Low	10:45 AM	4.6			High	8:50 AM	9.5	
	High	4:06 PM	10.0			Low	3:41 PM	1.0	
	Low	10:25 PM	0.3			High	10:55 PM	9.4	
Sa 13	High	5:18 AM	11.5	☀	Sa 20	Low	4:05 AM	7.3	☾
	Low	11:16 AM	3.8			High	9:24 AM	9.4	
	High	4:52 PM	10.0			Low	4:31 PM	1.1	
	Low	11:02 PM	1.0						
Su 14	High	6:39 AM	11.4	☀	Su 21	High	12:19 AM	9.4	☾
	Low	12:45 PM	3.1			Low	5:29 AM	7.9	
	High	6:36 PM	10.0			High	10:09 AM	8.8	
						Low	5:29 PM	1.1	
M 15	Low	12:37 AM	2.0	☾	M 22	High	1:59 AM	9.7	☾
	High	7:01 AM	11.3			Low	7:49 AM	8.0	
	Low	1:15 PM	2.4			High	11:16 AM	8.4	
	High	7:20 PM	9.9			Low	6:33 PM	1.0	
Tu 16	Low	1:13 AM	3.0	☾	Tu 23	High	3:07 AM	10.1	☾
	High	7:25 AM	11.1			Low	9:02 AM	7.5	
	Low	1:47 PM	1.8			High	12:36 PM	8.4	
	High	8:06 PM	9.8			Low	7:38 PM	0.7	
W 17	Low	1:49 AM	4.2	☾	W 24	High	3:48 AM	10.5	☾
	High	7:51 AM	10.9			Low	9:35 AM	6.9	
	Low	2:21 PM	1.4			High	1:48 PM	8.7	
	High	8:55 PM	9.7			Low	8:35 PM	0.3	
Th 18	Low	2:28 AM	5.2	☾	Th 25	High	4:17 AM	10.8	☾
	High	8:19 AM	10.5			Low	10:01 AM	6.1	
	Low	2:59 PM	1.1			High	2:49 PM	9.2	
	High	9:50 PM	9.6			Low	9:26 PM	0.0	

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