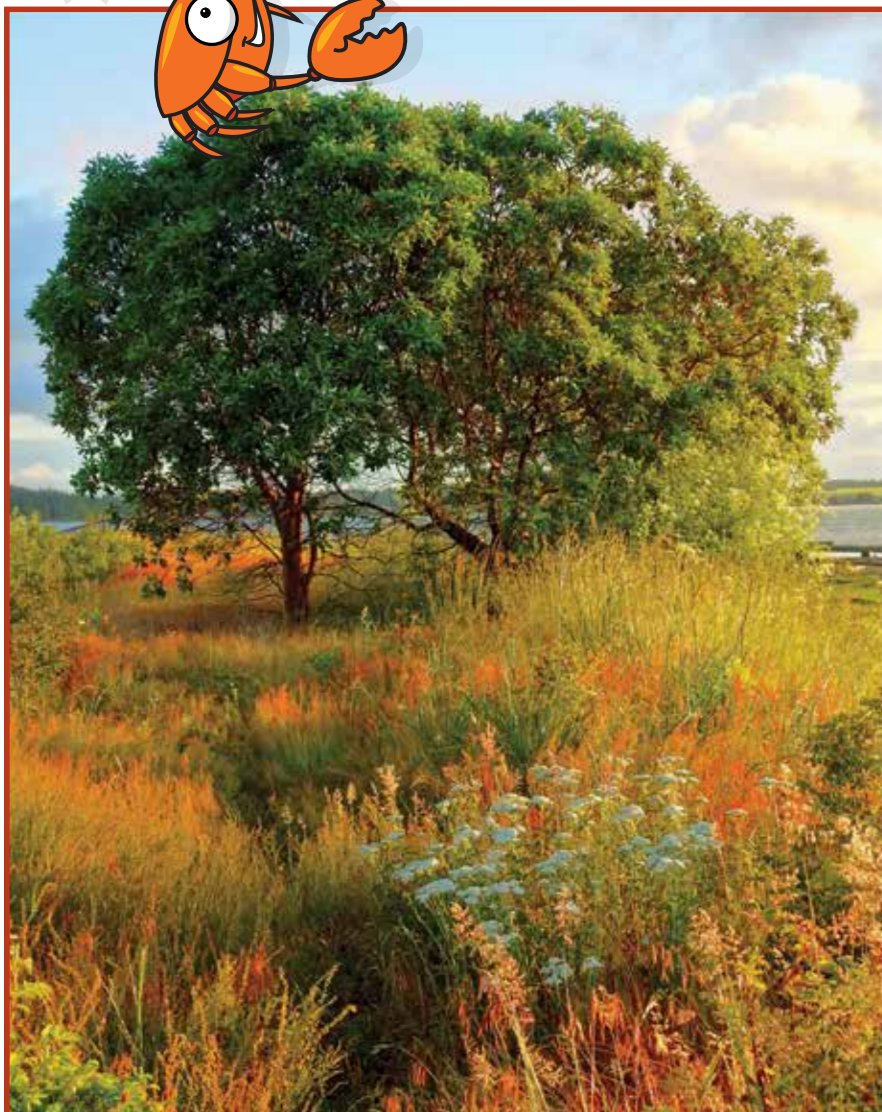


# THE CRAB CRACKER

ISSUE 310  
October 8-21, 2021

FREE  
TAKE  
ONE

“Crack it open to get to the good stuff.”



**Events, Information, and Entertainment in the Port Susan Area**  
Camano Island • Stanwood • Warm Beach • Silvana • Conway

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**Camano  
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**New Hours**

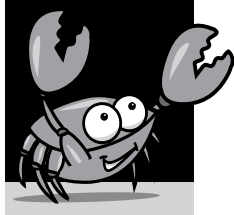
10am - 6pm | Monday - Friday

11am - 4pm | Saturday

Closed | Sunday

**(360) 386-5060**

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## Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover image: "Autumn Madrones at Iverson Beach".  
Photo by James M. Shipley*

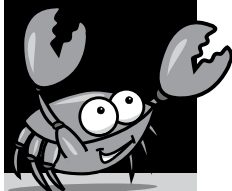


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James and Malynda Shipley, owners, proprietors  
**thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893**  
**P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com**

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**Submission DEADLINE: OCT. 13 for Next Edition (Oct. 22-Nov. 4, 2021)**

# Calendar of Events



## FUN FACT:

In 1999, PayPal was voted as one of the top ten worst business ideas.

FRIDAY, OCTOBER 8

## FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

FRIDAY, OCTOBER 8

## YOUTH GAME NIGHT!

6:30-8pm at 795 Ell Road, Camano Island. Ages 12-18. We can play sports, games and activities of your choice! invite your friends and family to come. A chance to meet new people and get outside. Games, treats & more!

FRIDAY, OCTOBER 8

## DANCING WITH KIM!

At Loco Billy's Wild Moon Saloon, 27021 102nd Ave NW Stanwood. No Cover - OPEN DANCE 6:30-8pm and after the lessons from 9-1am. Line Dance Lessons \$10, 8 - 9pm. Come for lessons & dance all night!

FRIDAY, OCTOBER 8

## STANWOOD HIGH SCHOOL SPORTS

Varsity Football vs Cascade. 7pm.



SATURDAY, OCTOBER 9

## PRIME RIB DINNER

at American Legion Post 92, Stanwood. Public invited. Prime Rib Dinner @ 4 pm until it's gone!!

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8718 270th St. NW #A, Stanwood, WA 98292

[www.cascadiaeye.com](http://www.cascadiaeye.com) | 360-629-4180



# Calendar of Events



## FUN FACT:

If your throat  
tickles, scratch-  
ing your ear  
can make it go  
away.

SATURDAY, OCTOBER 9

## PAPER SCULPTURES – 3D PAPER SHAPES

1:30pm free online workshop. Learn how to turn flat pieces of paper into 3-dimensional shapes. We'll cut, bend, fold and attach paper to create art from your recycling bin! Register on the Silver Kite web-site at least one hour before class starts. Use sil2020 as the password. If you have any questions about your registration, please contact Silver Kite by email: [info@silverkite.us](mailto:info@silverkite.us) or by phone: (508) 812-0431.

SATURDAY, OCTOBER 9

## ACTIVITIES AT CAMA BEACH STATE PARK

10am-2pm: Toy Boat Building. 1pm-3pm: Table Talk or Craft Table.

SATURDAY, OCTOBER 9

## FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.



SATURDAY, OCTOBER 9

## CAMANIO LODGE ANNUAL BOTTLE AUCTION

to raise funds for Bikes for Books reading program for our local elementary schools. 6pm at the Masonic Center at 27205 102nd, Stanwood. Refreshments and wine tasting. Silent Auctions and fun! Must be 21 to attend. Phone: 425-263-6808.

SATURDAY, OCTOBER 9

## OPEN HOUSE SATURDAY

10am-1pm at the Stanwood Area Historical Society Tolin House, West Stanwood (between the Pearson House Museum and the Floyd Norgaard Center).

**Yoga and Pilates**  
[movementarts.com](http://movementarts.com)



MOVEMENT ARTS

360-629-9100

Camano Commons



**Camano Island  
Coffee**

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Elger Bay • Camano Plaza • North Camano

**Add Pumpkin Sauce or Eggnog to  
make a perfect Fall espresso!**





2ND CHANCE THRIFT SHOP

# EVERYTHING CHRISTMAS SALE

at the Camano Center

**WEDNESDAY, OCTOBER 27**  
**THURSDAY, OCTOBER 28**  
**12 P.M. TO 6 P.M.**

Gently used Christmas & Holiday themed  
gifts & decor at great prices.

**606 Arrowhead Road | Camano Island**  
**360.387.0222 | [camanocenter.org/2nd-chance](http://camanocenter.org/2nd-chance)**

# Calendar of Events



## FUN FACT:

Makeup has been used by women since before Cleopatra's time. They would use berries and other fruits to give their faces some color.

SUNDAY, OCTOBER 10

## ACTIVITIES AT CAMA BEACH STATE PARK

11am-noon: Big Bubbles on the Beach

MONDAY, OCTOBER 11

## CAMANO ISLAND QUILTERS OPEN SEW

(OPEN TO THE PUBLIC). 11am-1pm at the Camano Center – 606 Arrowhead Road. Bring your sewing machine, projects & basic tools for an afternoon of fun! Free to Camano Center members, \$5 for non-members. More info: calvius@msn.com, 425-319-0400.

MONDAY, OCTOBER 11

## STANWOOD HIGH SCHOOL SPORTS

Boys JV Tennis vs Marysville Getchell. 3:30pm.

Girls Soccer vs Anacortes. 5pm.

MONDAY, OCTOBER 11

## HEALTH RELATIONSHIPS & TEEN DATING - RECOGNIZING RED FLAGS

2:45pm-5pm at Community Resource Center of Stanwood-Camano (across from Stanwood Library). Join the Community Resource Center and Domestic Violence Services of Snohomish County as we talk about how to recognize toxic traits in all relationships in a safe environment. This is a five-week series, come to one or all of them. Each week will have a different focus. October topics: Recognizing Red Flags, Non-Violent Communication, and Boundaries.

TUESDAY, OCTOBER 12

## FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.



TUESDAY, OCTOBER 12

## 90'S NIGHT

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail.com.

TUESDAY, OCTOBER 12

## STANWOOD HIGH SCHOOL SPORTS

Volleyball vs Lynwood. C Team & JV: 5:15pm. Varsity: 7pm.

Oct. 15 - Nov. 19



SCAN FOR INFO ↑

**GRAND PRIZE IS WORTH OVER \$1,000**  
**WEEKLY DRAWINGS FOR PRIZES**

*For every \$5 you spend in a participating business you receive ONE drawing ticket*

**WWW.CAMANOISLAND.ORG**





# Calendar of Events



## FUN FACT:

A toothpick is the object most often choked on by Americans!

TUESDAY, OCTOBER 12

## MAGIC NIGHT!

Join us 5-9pm at Journey's End Cafe (Elger Bay Grocery) for casual Magic: The Gathering with friends. Commander will be the primary format, but please keep in mind that this is a casual beginner-friendly atmosphere.

TUESDAY, OCTOBER 12

## DOODLE MONSTERS

With Schack Art Center. 4pm free online event. (An additional date will be held on October 14th). Join Rosemary Jones for a monster-themed doodling class. For kids in Grades K-5, no previous experience necessary. Registration is required. Contact us with questions. [www.sno-isle.org/contact-us/](http://www.sno-isle.org/contact-us/)

WEDNESDAY, OCTOBER 13

## BOARD GAME NIGHT

Join us for a night of food & games, 5:30pm-10pm at Journey's End Cafe (attached to Elger Bay Grocery). There will be at least one employee there to help facilitate games and provide demo copies to play, but feel free to bring your own copies as well!

WEDNESDAY, OCTOBER 13

## RESEARCH WEDNESDAY

1-4pm at the Stanwood Area historical Society Eldridge Center.

WEDNESDAY, OCTOBER 13

## WEDNESDAY TEEN DROP-IN

2:30 pm - 5:00 pm at the Community Resource Center of Stanwood-Camano (across from Stanwood Library). Come and hang out with friends during our teen drop-in! We will have snacks, games, and other fun things. Open to students in 6th-12th grade. More info: [Teens@crc-sc.org](mailto:Teens@crc-sc.org) or 360.629.5257x1004.

WEDNESDAY, OCTOBER 13

## CANDIDATE & ISSUES FORUM 2021

presented by Stanwood-Camano AAUW and SC News. 6:30pm webinar. More info: [georgi@frontier.com](mailto:georgi@frontier.com).

# HARVEST MARKET

OCT 15 & 16, 2021

4 PETE SAKE FARM

10902 Grandview Road, Arlington

DATE NIGHT:

FRI 5 - 9P

+

FAMILY DAY:

SAT 11A - 4P

\$5 entry

(kids are free)



# Calendar of Events



WEDNESDAY, OCTOBER 13

## **CAREER & COLLEGE READY NIGHT**

at Stanwood High School. More info: 360-629-1300.

WEDNESDAY, OCTOBER 13

## **STANWOOD HIGH SCHOOL SPORTS**

Boys Varsity Tennis vs Edmonds Woodway. 3:30pm.

C Team Football vs Cascade. 6pm.

THURSDAY, OCTOBER 14

## **ACTIVITIES AT CAMA BEACH STATE PARK**

11am-2pm: Craft Station.

THURSDAY, OCTOBER 14

## **DOODLE MONSTERS**

With Schack Art Center. 4pm free online event. Join Rosemary Jones for a monster-themed doodling class. For kids in Grades K-5, no previous experience necessary. Registration is required. Contact us with questions. [www.sno-isle.org/contact-us/](http://www.sno-isle.org/contact-us/)

THURSDAY, OCTOBER 14

## **JAM/OPEN MIC**

With CHRIS EGER & RICHARD WILLIAMS At Loco Billy's Wild Moon Saloon, 27021 102nd Ave NW, Stanwood. is gonna be fun! Chris Eger & Richard Williams will be backing you up on YOUR performance! Jam starts 7pm - No Cover! Call 425-737-5144 for more info or [www.locobillys.com](http://www.locobillys.com) for more info.

## **Veterans Appreciation Dinner**



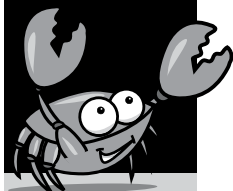
## **12 November, 5:30 PM**

**Hosted By His Veterans' Ministry @ Camano Chapel**

**RSVP Starting 1 Oct to Lynda, [goldracket@aol.com](mailto:goldracket@aol.com), 206-550-4409**

**Please select from either Salmon or Prime Beef**

# Calendar of Events



## NEED TO FIND FRESH CRAB?

An outdoor magazine rack filled with "fresh" Crab Crackers is located at the Terry's Corner Visitor's building.

THURSDAY, OCTOBER 14

## STANWOOD HIGH SCHOOL SPORTS

Girls Soccer vs Edmonds Woodway: JV: 5pm. Varsity: 7pm.

FRIDAY, OCTOBER 15

## COUNTRY DANCE WITH TIANA!

At Loco Billy's, 27021 102nd Ave NW Stanwood. No Cover & Dancing all night 6:30-1am. Line Dance Lessons w/Tiana from 8 - 9pm, \$10. Open dance before & after the lesson at 8pm.



FRIDAY, OCTOBER 15

## ONLINE FAMILY TRIVIA - DINOSAURS!

5pm. Go it solo or grab a family member (or a few!) to test your trivia skills, right from the comfort of your own home. Join us for trivia about dinosaurs! Family trivia is designed with young people in mind - we suggest a youth participant on each team. Registration is required. [www.sno-isle.org/contact-us/](http://www.sno-isle.org/contact-us/)

FRIDAY, OCTOBER 15

## FALSE SENSE OF SECURITY

8:00pm - 10:00pm at Pub 282 at Camano Plaza. YOU WANNA ROCK AND SO DO WE! [www.fssband.com](http://www.fssband.com)

FRIDAY, OCTOBER 15

## FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

HOPE FOR A  
CHANGING WORLD



425-319-8870 ★ [Bahaisofcamanoisland.org](http://Bahaisofcamanoisland.org)

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# Calendar of Events



## FUN FACT:

The name Milky Way derives from the Greek "galaxías kýklos" or "milky circle" due to its appearance as a dim milky band in the sky.

FRIDAY, OCTOBER 15

### YOUTH GAME NIGHT!

6:30-8pm at 795 Ell Road, Camano Island. Ages 12-18. We can play sports, games and activities of your choice! invite your friends and family to come. A chance to meet new people and get outside. Games, treats & more!

SATURDAY, OCTOBER 16

### ACTIVITIES AT CAMA BEACH STATE PARK

10am-2pm: Toy Boat Building. 1pm-3pm: Table Talk or Craft Table.

SATURDAY, OCTOBER 16

### FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, OCTOBER 16

### ASK A MASTER GARDENER

Today is Island County Master Gardener Clinic day. Join us at 2 PM and ask your garden questions or just listen in as we talk about what is going on in our gardens this month. Zoom Link <https://wsu.zoom.us/j/92586177662>. Meeting ID: 925 8617 7662. Password: 509241.

SATURDAY, OCTOBER 16

### BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! More info:(360) 629-2324.

SATURDAY, OCTOBER 16

### OPEN HOUSE SATURDAY

10am-1pm at the Stanwood Area Historical Society Tolin House, West Stanwood (between the Pearson House Museum and the Floyd Norgaard Center.

SATURDAY, OCTOBER 16

### ROBERT HENRY BAND & DANCE LESSONS!

8:30pm at Loco Billy's Wild Moon Saloon, 27021 102nd Ave NW Stanwood. You must see this young, handsome traditional outlaw country crooner! "Outlaw Country Sound". Partner Dance Lessons with Kim Hargrove at 7:30pm FREE with the Cover/Ticket purchase! \$12, or \$10 for GA Admission.

SATURDAY, OCTOBER 16

### STANWOOD CAMANO LOCAL CANDIDATES NIGHT

4-6pm at Arrowhead Ranch, 615 Arrowhead Rd, Camano Island. Come out and hear from your local candidates! Bring your questions and concerns. More info: stanwoodtpusa@gmail.com.

SUNDAY, OCTOBER 17

### ACTIVITIES AT CAMA BEACH STATE PARK

11am-noon: Big Bubbles on the Beach .



# Calendar of Events



## FUN FACT:

There is a Scottish tartan designed for Mars exploration. It was officially registered in 2016 to be worn during Mars science, exploration and outreach activities.

SUNDAY, OCTOBER 17

## LIFE OF THE SPIRIT DEVOTIONAL GATHERING

Please join us on Zoom at 11am. There will be prayers, poems and music to uplift spirits. We usually start with 10-15 minutes of prayers and readings from the world's sacred scriptures. After that, we share personal thoughts, prayers, inspirations, poems, music - whatever lifts the spirit. More info: 425 319-8870 or bahaisofcamanoisland.org.

MONDAY, OCTOBER 18

## HEALTHY RELATIONSHIPS & TEEN DATING-NON-VIOLENT COMMUNICATION

2:45 pm - 5:00 pm at the Community Resource Center of Stanwood-Camano (across from Stanwood Library). Join the Community Resource Center and Domestic Violence Services of Snohomish County as we talk about how to recognize toxic traits in all relationships in a safe environment. This is a five-week series, come to one or all of them.

MONDAY, OCTOBER 18

## CANDIDATE COMMUNITY PANEL WEBINAR

SAFE, Stanwood-Camano Alliance For Equity, welcomes the Public to join the Stanwood City Council and SC School Board candidates for the open positions in a Candidate Community Panel Webinar to discuss their positions, starting at 6:30 pm. Public access is through the link: <https://us06web.zoom.us/j/82867217979>.

TUESDAY, OCTOBER 19

## STANWOOD HIGH SCHOOL SPORTS

Girls Soccer vs Marysville Pilchuck. JV: 5pm. Varsity: 7pm.

TUESDAY, OCTOBER 19

## OPEN BOOK – REBECCA ROANHORSE AND P DJELI CLARK

6pm free online event. We're excited to welcome Hugo, Nebula, and Locus award winning authors Rebecca Roanhorse and P. Djeli Clark for this virtual event. With seven wins between them and many more nominations, this is a rare opportunity bringing two of today's best speculative fiction writers together for an evening of conversation. Both are skillful world-builders who weave mythology and magic into their stories. Contact us with questions: <https://www.sno-isle.org/contact-us/>

TUESDAY, OCTOBER 19

## FORD GIESBRECHT PERFORMANCE

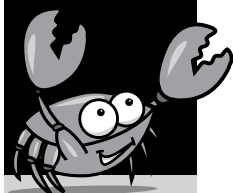
at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

TUESDAY, OCTOBER 19

## 90'S NIGHT

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. [bbstyleandsip@gmail.com](mailto:bbstyleandsip@gmail.com).

# Calendar of Events



## FUN FACT:

Only official members of a federally accepted Native American tribes may legally possess or collect eagle feathers. If a normal citizen has one, it is illegal.

TUESDAY, OCTOBER 19

## MAGIC NIGHT!

Join us 5-9pm at Journey's End Cafe (Elger Bay Grocery) for casual Magic: The Gathering with friends. Commander will be the primary format, but please keep in mind that this is a casual beginner-friendly atmosphere.



TUESDAY, OCTOBER 19

## CHOCOLATE SCIENCE WITH "THE CHOCOLATE MAN"

4pm free online event. Learn how cocoa beans turn into chocolate! Bill the Chocolate Man has been a chocolatier and purveyor of bulk and crafted chocolates for over 25 years. With a background in science and chemistry, he is well versed in the 'art of the chocolatier'. Registration is required. [www.sno-isle.org/contact-us/](http://www.sno-isle.org/contact-us/)

WEDNESDAY, OCTOBER 20

## STANWOOD HIGH SCHOOL SPORTS

Boys C Team Football vs Snohomish. 6pm.



WEDNESDAY, OCTOBER 20

## ATTRACTING BIRDS TO YOUR YARD

CAMANO WILDLIFE PROGRAM. 7 pm — ZOOM Presentation. Join Neil Zimmerman, Seattle Audubon Outreach Chair and Master Bird-er, to learn how to attract and care for birds in your yard through plant selection, gardening practices and use of water features. For information about the Zoom link to the program or about the Camano Wildlife Habitat Project, visit [www.camanowildlifehabitat.org](http://www.camanowildlifehabitat.org), call 360-387-2236, or email [camanowildlifehabitat@gmail.com](mailto:camanowildlifehabitat@gmail.com).

# Calendar of Events



**IF WE DON'T  
KNOW  
ABOUT IT,  
WE CAN'T  
PRINT IT.**

Send your info  
and/or images  
to: thecrab  
@thecrabcrack-  
er.com

WEDNESDAY, OCTOBER 20

## WEDNESDAY TEEN DROP-IN

2:30 pm - 5:00 pm Location at the Community Resource Center of Stanwood-Camano (across from the Stanwood Library). Come and hang out with friends during our teen drop-in! We will have snacks, games, and other fun things. Open to students in 6th-12th grade. Contact us at [Teens@crc-sc.org](mailto:Teens@crc-sc.org) or 360.629.5257x1004.

WEDNESDAY, OCTOBER 20

## BOARD GAME NIGHT

Join us for a night of food & games, 5:30pm-10pm at Journey's End Cafe (attached to Elger Bay Grocery). There will be at least one employee there to help facilitate games and provide demo copies to play, but feel free to bring your own copies as well!

WEDNESDAY, OCTOBER 20

## RESEARCH WEDNESDAY

1-4pm at the Stanwood Area historical Society Eldridge Center.



WEDNESDAY, OCTOBER 20

## ONLINE PUB TRIVIA - SCHITT'S CREEK

7-8:45pm free online event. Grab your favorite beverage, call your friends, and settle in for a night of pub trivia - in the comfort of your own home! Join us for "Schitt's Creek" trivia! Registration is required. Contact us with questions: <https://www.sno-isle.org/contact-us/>

THURSDAY, OCTOBER 21

## ACTIVITIES AT CAMA BEACH STATE PARK

11am-2pm: Craft Station



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[sue@camanoartprinting.com](mailto:sue@camanoartprinting.com)

Camano Island Quilters Present

# THE HARVEST FESTIVAL & QUILT EXHIBITION

Sponsored by Christianson's Nursery and Greenhouse



*Autumn Leaves, by Rosanne Carter*

**OCTOBER 23RD, 2021**  
**SATURDAY, 10AM-4PM**

**The Vinery At Christianson's Nursery**  
**15806 Best Road, Mount Vernon, WA 98273**

**Over 100 Quilts • Quilts for Sale • Vendors • Featured Artists**

**Displays including: Hero Quilts • Row Robin Quilts • Challenge Quilts • Art Quilts**

**Camano Island Quilt Guild membership information ([www.ciquilt.com](http://www.ciquilt.com))**

**Admission \$6, refunded with Quilt purchase; kids ~ 12 free**



# Calendar of Events



THURSDAY, OCTOBER 21

## JAM/OPEN MIC

With CHRIS EGER & RICHARD WILLIAMS at Loco Billy's Wild Moon Saloon, 27021 102nd Ave NW, Stanwood. is gonna be fun! Chris Eger & Richard Williams will be backing you up on YOUR performance! Jam starts 7pm - No Cover! Call 425-737-5144 for more info or [www.locobillys.com](http://www.locobillys.com) for more info.

THURSDAY, OCTOBER 21

## STANWOOD HIGH SCHOOL SPORTS

Girls Varsity Swimming. 3pm at Stanwood YMCA.  
Volleyball vs Arlington: C Team & JV: 5:15pm. Varsity: 7pm.

THURSDAY, OCTOBER 21

## STANWOOD-CAMANO SCHOOL DISTRICT UPDATES

Online Event by Camano Island Chamber of Commerce. Deborah Rumbaugh, Superintendent Stanwood-Camano School District, and Steve Lidgard, Executive Director of Business Services, will share information regarding the district's 2022 Capital Projects and Technology Replacement Levy that will be on the February 8, 2022 ballot. There will also be a Q & A opportunity to receive district updates. Pre-registration is required. Register here: <https://us02web.zoom.us/j/8428562856>

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(Mailing address) 26910 92nd Ave NW - Suite C5, Box 470, Stanwood, WA 98292  
(Physical address-by appointment only) 1283 Elger Bay Rd #B, Camano Island, WA 98282

2021

Stanwood-Camano



Stanwood-Camano Arts Guild

# Art by the Bay

## Holiday Art and Gift Show

### October 22, 23, 24

Indoors at the Camano Center

#### Show hours:

Friday 22, 11am-7pm • Saturday 23, 10am-7pm • Sunday 24, 10am-4pm



One-of-a Kind Art by local Artists

Artists Booths • SCAG Art Scholarship Silent Auction • Fun

#### Art and Gifts by local artists:

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go to [www.stanwoodcamanoart.com](http://www.stanwoodcamanoart.com) for more information

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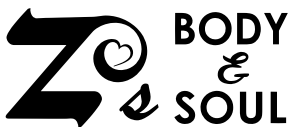
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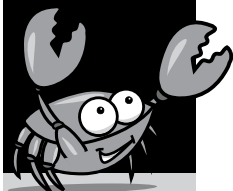
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Pastor Justin White



# Dining Guide



## FUN FACT:

Although there is currently no drug proven to make someone tell the truth, some countries like Russia, Canada, and India use truth serums.

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## STAY HEALTHY AFTER A FLOOD

► **Mold and indoor air quality.** Mold growth may be a risk if your home flooded. Reduce the risk of mold growth by taking the following steps:

- **Make sure electrical and gas systems are not hazardous and functioning properly before using!**
- Remove as much standing water as possible from floors, carpets, etc.
- Remove any wet materials that can't be dried within 48 hours.
- Flooded basements should be emptied by only one-third of the volume each day, beginning once surrounding floodwaters have receded.
- Dry the inside of the house. Open windows, closets, doors, the attic, eaves and other vents.
- Warm the house at least 15 degrees higher than the outside temperature.

■ Remove baseboards and drill/punch holes in the wall 2 inches above the floor to dry areas between walls.

► **Avoid Carbon Monoxide (CO) poisoning during power outages.** Using alternative sources of fuel for heat, cooking or electricity can cause CO to build up in enclosed spaces. *It is odorless & poisonous to people and pets:*

- **Do not use BBQs, propane heaters, generators or gas ranges indoors.**
- **Have a battery-operated CO detector in your home.**
- **Symptoms of CO exposure include headache, dizziness, weakness, nausea/vomiting, chest pain and confusion.**
- Learn more: [www.doh.wa.gov/CommunityandEnvironment/Contaminants/CarbonMonoxide](http://www.doh.wa.gov/CommunityandEnvironment/Contaminants/CarbonMonoxide)

# Local Stories and Poetry



## FUN FACT:

An average person laughs about 15 times a day.

## THE ANNUAL HUNTING TRIP by Jack Rider.

The last week in October  
the leaves near Winthrop  
are yellow and gold,  
tinged with brown.  
Only a hint of green remains  
in memory of the season just passed.

I walk the hills in green wool pants  
that blend with the trees  
and a bright orange hat and vest  
that doesn't.

I love to walk the hills  
dreaming of ages past.  
Several thousand years ago  
before Mazama blew  
an ancient Indian  
looked down the Methow  
or the Chewack  
at the same telling hues of  
yellow, brown, and leftover green.  
Perhaps he sat on the rock  
where I now sit.  
But not for long.  
The rock holds cold  
from the previous night.  
I feel it through my green wool pants.

My ancient friend  
would choose a log  
or a tuft of bunch grass.  
He didn't have my pants  
To stem the chill.

It helps to join  
the previous centuries  
with the present.  
It's so much to peruse:  
this insidious timelessness.

The deer must be grateful;  
it's not often I fill my tag.



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# Flip A Coin 100 Times

Heads=H Tails=T

Directions: Flip a coin 100 times. As you flip the coin record whether it was an H or T in the boxes provided. Color the boxes using the key below. The count how many are heads and how many are tails and fill in the equation below.




How many Heads? \_\_\_\_\_

How many Tails? \_\_\_\_\_

Color Heads- Yellow

Color Tails -Red

# B | E

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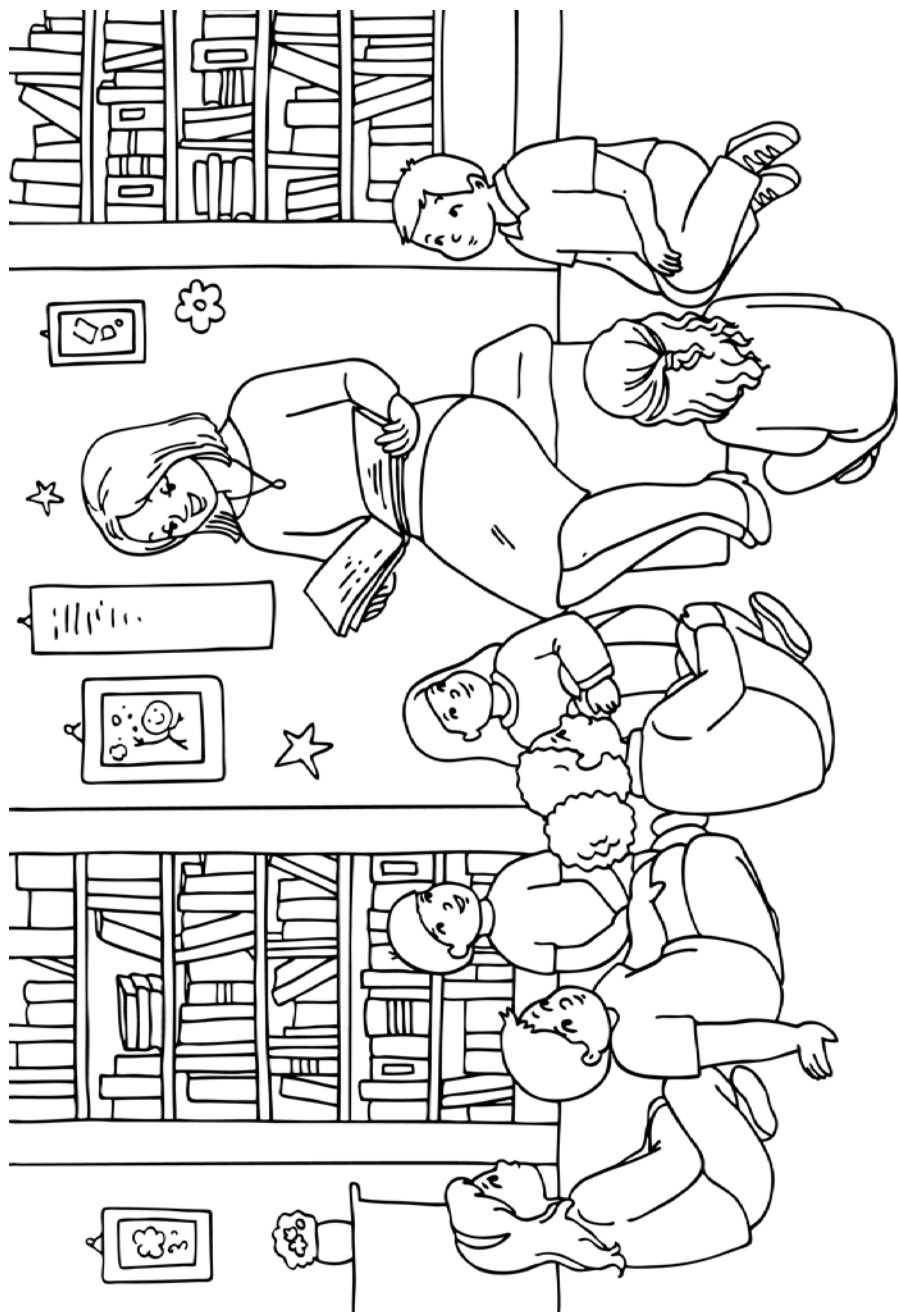
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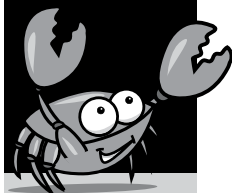
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## TEACHER STORYTIME COLORING PAGE



# Classified Listings



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**Treadmill for sale.** \$75. 775-544-8521.

**FREE** 15+ medium & large moving boxes and 1 wardrobe box with hanger rod. You can't take just one, you must take all. Call Loren at 360-387-4673.

## MISCELLANEOUS:

**Home for rent:** Quiet, cozy Camano home for rent. one bedroom, washer dryer, partial view, fireplace, deck and yard. \$1200 a month, one year lease. No smoking, no pets. Call Rob 425 418 5015

**Downtown Stanwood Apt & Studio for rent.** 1. Spacious 1200sq/ft open-floor, 2nd floor, 360 views, porch, 1bd/1bth. \$1100 includes water. 2. Studio 900sq/ft. private entrance. \$750 includes util. N/P N/S W/D. Walk to amenities. Quiet 4-plex. text 360.320.8598.

**Winter house rental** - updated and clean 2 bed 1 bath, partially furnished with beach access. \$1,800 plus all utilities. 206-291-0610.

**Downtown Stanwood. APT:** 1200sq/ft. open floor. 2nd floor, 360 views. 1bdm/bath. Porch. \$1100 mo. Water inclu. STUDIO: 900sq/ft. \$750 mo. Util inclu. Quiet 4-plex. One adult. N/S. N/P. W/D. First/last/dep. Refs. Text for pix: 360.320.8598

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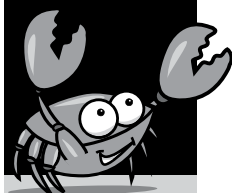
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# Classified Listings



## FUN FACT:

America once issued a 5-cent bill.

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**If you experienced difficulties this academic year** with your subjects due to Covid 19, I can help. I offer tutoring in Science and Math at all levels K-12 and College. Contact me at [ijm@wavecable.com](mailto:ijm@wavecable.com) or 360 661 9517.

**55+! Gain confidence in your movement and overall health** through personal training and health coaching with Camano Island's Active Aging Specialist Nicole Vienneau.

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**IN NEED OF mature person for assisting elderly man.** Will exchange 'rent' for assistance/companionship. Separate furnished living quarters provided. Text 206.491.2521.

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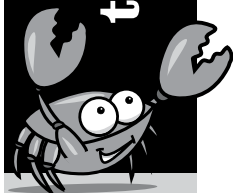
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# View from the Bleachers



Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his new YouTube channel by the same name.

## ALEXA, TELL MY NEIGHBOR TO MOW HIS YARD

Consumer technology has come a long way since Al Gore invented the Internet. I recently received an Amazon Echo for Christmas. It's been a God Send. It's hard to believe I used to walk all the way over to the radio to change the music, rotating the dial over and over until I found an acceptable station. Exhausting! But thanks to Amazon, now all I have to do is tell my Echo, "Alexa, play Polka music", and presto, I am instantly basking in the dulcet sounds of the Beer Barrel Polka – and driving my wife out of the living room. (Not a polka fan. Go figure!)

Initially I used my Echo solely to play music or tell me the weather forecast for places I never planned to visit ("Alexa, what's the forecast for Ulaanbaatar, Mongolia?"). Over time, I discovered she can do so much more. For example, I just asked, "Alexa, tell me a random fact", to which she replied, "All manhole covers are round, because a square one could fall into the hole." If I were a manhole manufacturer, that factoid could have saved me millions in R & D. I once blew an entire afternoon, just asking my new technological BFF endless random questions:

'Alexa, how much do you weigh?' 'Alexa, what's your favorite dinosaur?' 'Alexa, how do I get rid of a dead body?' 'Alexa, what sound does an elephant make?' 'Alexa, what's the first rule of Fight Club?' 'Alexa, who shot the sheriff?' 'Alexa, I am your father.'

Alexa had an answer for every query I posed. Of course, sometimes, Alexa's response can be a bit unsettling. I just asked, "Alexa, how long will I live?" Her response: "The average lifespan for a hippo in the wild is approximately 40 years." Did she just insult me?

But Alexa can do so much more than just play music, tell lame jokes, and occasionally insult you. You can connect her to appliances so you can turn them on from your phone. You can also connect Alexa to devices like a robot vacuum. Now, instead of using the robot vacuum app on your phone to tell it to commence vacuuming, you can tell Alexa to tell your robot vacuum's app on your phone to tell the robot vacuum instead.

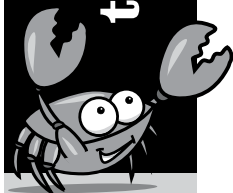
I learned that I can use Alexa to find a good Indian restaurant, schedule a reminder, or plan a vacation. It seems that there is almost nothing Alexa can't do. Almost.... I recently asked Alexa to give me a million dollars, and she rudely replied, "Hmm, I seem to have misplaced my wallet." Such a tease.

Last week, I installed the Man-Support upgrade onto my Echo. It costs a little extra, but it's worth every penny. Now, when my kids ask for money, I just consult my electronic in-house attorney: "Alexa, should I give my kids more money?" to which she says, "I strongly advise against that." Then I tell my kids, sorry, Alexa has spoken.

If my wife and I have a disagreement, I just turn to Alexa: "Alexa, who's right, me or my wife?" Alexa: "On this matter, your wife is wrong." And if my wife asks me to make dinner for a change, I consult Alexa as well. She is quick to respond, "Your wife is being unreasonable. Offer to do the dishes."



# View from the Bleachers



I can't wait for the next series of updates, so that I can start issuing Alexa even more helpful commands like "Alexa, do the dishes for me." Of course, with technology this sophisticated, it's just a matter of time before my wife starts getting wise and asks, "Alexa, did my husband order a set of Titleist golf clubs on Amazon even though I specifically told him we can't afford it?" If so, I'm screwed.

Apparently, there's one thing Alexa sucks at – keeping a secret. Guess I better get rid of all these Echo devices right now – before somebody gets in serious trouble.

[Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net).]

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# Artist of the Week



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interested in  
promoting your  
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performance?*

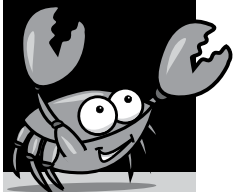
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## ROBERT VIGGERS

"I am Robert Viggers. I grew up in View Ridge in Seattle . I now live on South Camano Island . I started painting a couple of years ago while on a trip to Florida and then continued painting while in Hawaii. Now I have a painting studio on South Camano. . I paint using acrylics. I paint a wide range of subjects with a emphasis on flowers. I like bright colors."

# Business Spotlight



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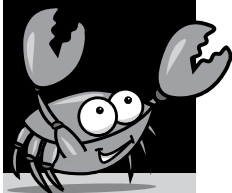


**Tonia MacPhail,**  
A.A.S., HIS

**We are committed to taking extra precautions to keep our office safe for everyone.**



# Community Information



## FUN FACT:

Almonds are a member of the peach family.



## CERAMIC MASK MAKING

with Chaim Bezalel. 2:30 pm - 4:30 pm at Community Resource Center of Stanwood-Camano. Come and join local artist, Chaim Bezalel as we create ceramic masks! This is a free two-part class and all supplies are included. Please RSVP no later than OCT 14 to be included. Contact Teens@crcc-sc.org or 360.629.5257x1004 to RSVP or for more information. Open to students in 6-12 grade. Class days: Tuesday Oct 19 & Tuesday Oct 26.

## STATEWIDE BAG BAN

"Friendly reminder to start bringing your reusable bags when you shop locally! This is a state wide mandate and not up to each individual business owner so please be kind as they navigate these new regulations." – Camano Island Chamber of Commerce. Washington's ban on single-use plastic bags goes into effect Friday, Oct. 1. The law forbids food service businesses, restaurants, retail, small and temporary vendors, and grocery stores from providing single-use plastic carryout bags to customers. An outreach toolkit is available in 17 languages to help merchants, their staffs and customers understand details of the law. Download the toolkit and learn more at [www.ecology.wa.gov/bagban](http://www.ecology.wa.gov/bagban) #WABagban #Plastic #PlasticPollution.



**NO**  
Single-use Plastic  
Carryout Bags



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Carryout Bags  
Made with 40%  
recycled content

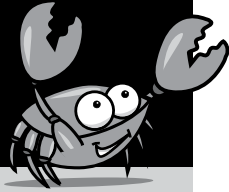


**8¢ fee**  
Thick Reusable Plastic  
Carryout Bags  
Made with 20% recycled  
content and a minimum  
of 2.25 mil thick film



**Fee optional**  
Green or Brown  
Compostable Bags  
Any green or brown tinted film  
bags **must** be compostable

# Community Information



## FUN FACT:

An ostrich's eye is bigger than its brain.



## RESPONSE TO QUESTIONS REGARDING BOOSTERS

To meet its focus for first and second COVID-19 vaccinations, Island County Public Health Department's COVID Response vaccination clinics are not offering booster shots for the Pfizer vaccine at this time. The vaccination team continues to offer first and/or second doses of the Pfizer, Johnson & Johnson and Moderna vaccines as available, free of charge. No identification or insurance information required to receive a vaccine. The focus of the mobile vaccination team is to end this pandemic. Booster doses are widely available at many medical providers and pharmacies in Island County and can be found by using the vaccine locator at <https://vaccinelocator.doh.wa.gov/>. To find out dates and times for future mobile vaccination events, go to Island County Public Health's COVID resources page at <https://www.islandcountywa.gov/Health/Pages/COVID-19.aspx>. Public Health's Mobile Vaccination Team is available to come to your organization or facility to give vaccines. Schedule a mobile clinic or pop-up clinic by contacting Paul Shimada by email at [p.shimada@islandcountywa.gov](mailto:p.shimada@islandcountywa.gov) or by phone at 360-499-4416. If you need help finding a place to get your COVID-19 vaccine, the state's Vaccine Locator website is a great resource. Those who need further help can call the COVID-19 Information Hotline at 1-800-525-0127, then press #. Language assistance is available. If you have questions or concerns about COVID-19 in Island County, start by visiting our website or our Facebook page. The Island County call center may be reached at 360-678-2301; Monday through Friday, 8:30am to 4:30pm.

## WHALECOME HOME TO CAMANO ISLAND!



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# Community Information



## NEED TO FIND FRESH CRAB?

An outdoor magazine rack filled with "fresh" Crab Crackers is located at the Terry's Corner Visitor's building (the small red building)



## WE HAVE PUMPKINS!!!

at Orchard's Nursery (in Stanwood near the Camano Island bridge). All the pumpkins are in full display under cover out of the weather!!!! "About 5 years ago when we first started selling pumpkins we had them on display out at the front fence all separated out on pallets. We've all seen the grocery stores that bring in the big boxes of pumpkins and you have to dig through the box to find one. The pumpkins get damaged, the stems all get broken, etc. We didn't want that to be an issue, so we set them all out on pallets on full display. One evening a mother came into the store crying after picking out pumpkins, this totally through me off guard. She didn't seem to be hurt or anything so I asked her if everything was alright and if she needed help. She smiled and said no thanks, these are happy tears. Happy tears over pumpkins? I had to ask of course what was so happy about the pumpkins. Her daughter is disabled and has been in a wheelchair most of her life. She is in a electric wheel chair and because of this they have always had a really hard time going to pick out pumpkins. The pumpkin patches were near to impossible for her chair with the rocks and mud, the grocery store bins were to difficult for her to dig through. All these years she basically had to just take the pumpkin that was on top and never get to truly pick one out. This was the first year ever (the daughter was a teenager at the time) that she was able to look at every pumpkin from her chair and pick out her pumpkin!!! I remember that story every year when we get our pumpkins and I'm unloading them all by hand and organizing them on the pallets. That one story makes it all worth it!!"



*Coming to a community near you.*

# SNOW GOOSE TRANSIT

Snow Goose Transit will be offering transportation services to Camano Island, Stanwood, Smokey Point, and Arlington. Our bus is wheelchair accessible and will be operating a fixed route with demand response services, teddy, we will pick you up at your door. Visit our website at [www.snowgoosetransit.org](http://www.snowgoosetransit.org). More information will be coming your way soon.



## YOUR HELP IS NEEDED!

As you know, social media can be a great communication tool. However, sometimes information that is posted on social media accounts can be destructive and/or harmful.

Recently people have posted school challenges on social media, such as on TikTok. These challenges have spiraled into very destructive "games". For the month of September, the challenge was to mess up a toilet and vandalize bathrooms in schools. Unfortunately, this challenge was carried out at our school. Daily we experienced toilets full of school food. Soap dispensers and toilet paper dispensers were ripped off walls and either left in toilets or even stolen. Soap was spilled all over bathrooms. This social media "challenge" was costly and left destruction in our brand new school.

We would like to keep our building looking brand new. Please talk with your children about the importance of respecting property and individuals by not participating in these social media challenges.

Here are other challenges we have become aware of:

October - Smack a staff member on the back side

November - Kiss your friend's girlfriend at school

December - Deck the halls and show your boobs or butt in school halls

January - Jab a breast

February - Mess up school signs

March - Make a mess in the courtyard or cafeteria

April - Grab some "eggs" - theft challenge

May - Ditch Day

June - Flip off the office staff



# Community Information



## FUN FACT:

Until 2016, the "Happy Birthday" song was not for public use. Meaning, prior to 2016, the song was copyrighted and you had to pay a license to use it.

## CAMANO ISLAND QUILTERS - HARVEST FESTIVAL AND QUILT EXHIBITION

Saturday October 23rd from 10am - 4pm at The Vinery at Christianson's Nursery and greenhouse, 15806 Best Road, Mt Vernon. Camano Island Quilters Present "The Harvest Festival and Quilt Exhibition" Sponsored by Christianson's Nursery and Greenhouse. Over 100 quilts on exhibit, quilts for sale, vendors, featured artists, displays: "Hero Quilts, Row Robin Quilts, Art Quilts, Admission \$6, refunded with Quilt purchase, kids - 12 free.



## FOOD DRIVE

by Snohomish County Camano Association of Realtors. October 1-31, 2021. \$1.82 = 1 pound of food! All the food collected will go to your local food bank or Volunteers of America. More info: food-drive@sccar.org. www.sccar.org/events/fooddrive.

## SNOWGOOSE TRANSIT

coming to a community near you. Snow Goose Transit will be offering transportation services to Camano Island, Stanwood, Smokey Point, and Arlington. Our bus is wheelchair accessible and will be operating a fixed route with demand response services, teddy, we will pick you up at your door. Visit our website at www.snowgoose-transit.org. More information will be coming your way soon.

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LadyFit is a safe place where women come to stay healthy and where they can find a community to support not only their physical but mental wellness.

Help us keep the doors open for you, your daughters, mothers and grandmothers.

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Go Fund Me: SAVE OUR CLUB - LADYFIT

Tel: 360-629-0155



TRY US FREE FOR ONE WEEK

# Community Information



## FUN FACT:

Herring fish communicate by using flatulence.

## OPPORTUNITY TO BECOME A FRIEND!

The Camano Island Library Friends is dedicated to supporting our beautiful Camano Island Library and community. Funds collected underwrite library activities which are FREE to all ages. The Friends also fund capital expenditures for the library. As a member, you are invited to attend our meetings and receive updates on library happenings. Our annual membership drive began in September. You can pick up a membership brochure at the library with options to pay with a check by mail or use a credit card via PayPal at [www.camanoislandlibraryfriends.org](http://www.camanoislandlibraryfriends.org). The Friends meet at 7 p.m. the fourth Thursday in February, April, June and September. Our next meeting is on Thursday, December 9th. Please join us and invite a friend or neighbor. Due to current COVID restrictions, we are having meetings by ZOOM. For an invitation, send an email to [camanolibraryfriends@gmail.com](mailto:camanolibraryfriends@gmail.com). Camano Island Library Friends is a 501(c)(3) organization.

## VETERANS DAY APPRECIATION DINNER

on November 12th. Presented by Camano Chapel / His Veterans Ministry. 5:30pm at Camano Chapel. Free to Veterans and one guest. Special speakers. Family-style beef or salmon dinner. Veterans are encouraged to either wear a military uniform or wear their insignia/ribbons on their civilian attire. RSVP by November 5 to Lynda goldrack-et@aol.com or 206-550-4409

## SHOP LOCAL - WIN LOCAL

The Camano Island Chamber of Commerce is excited to present "Shop Local Win Local" an initiative to encourage you to shop early and shop local this holiday season in the Stanwood & Camano area. Starting on October 15th thru November 19th for every \$5 you spend in a participating business you will receive one drawing ticket towards great prizes. Prizes will be drawn every Friday and the Grand Prize (valued at over \$1K) will be drawn on Thanksgiving. Thank you to our Title Sponsors - Windermere Real Estate and Land Title & Escrow. For a list of prizes and participating businesses please visit [www.camanoisland.org](http://www.camanoisland.org)



## Volunteers Needed!

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- Veteran Support
- Patient Companions
- Office Assistance
- And MORE!

CALL (360) 814-5550 or email: [elong@hospicenw.org](mailto:elong@hospicenw.org)

# Local History



## FUN FACT:

For nearly 60 years, Texas didn't have an official state flag between 1879 & 1933. During that time, the Lone Star flag was the active, but unofficial flag.



## STUMP PULLING

Circa 1910. Before the days of bulldozers and backhoes, stump pulling was done with a donkey engine, rigging and often dynamite. The land was used to grow hops and graze cows before it could be cleared enough to be plowed. Caption on photo reads "R.C. Church pulling stumps on Irvine's ranch in Norman, Washington." Source: Sno-Isle Libraries Collection & Stanwood Historical Society.

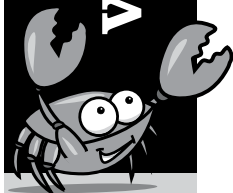


## SLOUGH PIGS

Circa 1916. Tom Moore Boom Company working on the Skagit River poling logs at Milltown, WA. A "slough pig" is usually a second-rate river driver who is assigned to picking logs out of sloughs in advance of the rear. Source: Sno-Isle Libraries Collection & Stanwood Historical Society.



# Moonshine Wisdom & Wit



Story by Jack  
Archibald.

For further  
moonshine  
wisdom and wet  
powder wit,  
check out the  
**SKEETER DADDLE  
DIARIES** at  
www.  
skeeterdaddle.net

## PARADISE LOST

If you thought work was scarce as chicken teeth down here on the slothful South End, you probably figured Covid wouldn't make a whole lot of difference, meaning, you and me were wrong. Parents with kids who stayed home and learned virtually, well, virtually nothing, good luck finding child care. Every store has a HELP WANTED sign out, permanently. Clerks, bus drivers, bartenders, waitresses, hair dressers, all of them work awhile then quit, low pay, hassles with the anti-vaxx, anti-mask crowd, no one to take care of the kids at home, good unemployment benefits, all of the above.

Melissa Jurgenson, an old friend of mine from back when we both first moved here in the Paleolithic and did odd jobs to keep us from going back to the hell that drove us to the far reaches of civilization, just took a job clerking at the South End Camano Convenience Store, a FOR SALE sign out front on the highway, not probably a smart 'career' move. The current owner pays two bucks more than minimum, quite a few bucks less than a living wage and nowhere near what would qualify as fair payment for the grief she takes from customers who blame her for the trampling on their right to infect whoever they damn well please.

But her husband Frank – a guy I met the first visit who grunted at our introduction, grabbed a beer (my beer actually) out of the fridge, demanded to know when dinner would be ready before retreating to his room and slamming the door – well, Frank holds the purse strings. Says she can't handle money. Says she'll have to work for the meager things she wants to buy. Says she's lucky to have a fiscal genius like himself. I, of course, say Gee, Melissa, it's the 21st Century and Frank is just a little behind the times, if not actually prehistoric.

But ... love, or what passes for it on the hoary South End, has no pride, just like the song says. I guess if this were a better world we'd all have great jobs, good salaries, nice bosses and spouses who treat us as equals and share the good times as well as the hard times. Melissa made her choice, stayed on the South End, raised their three kids and now probably wonders, ringing up a pack of Camels and a six pack of beer for a tourist who thinks maybe this is Paradise, when exactly did she stop thinking it is ...?



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## 6" Poinsettia Red

Not your average supermarket poinsettia, these florist-quality plants feature 5+ blooms in a 6-inch pot - pot cover included.

Windmill Gardens

Code: #1119



## 26" Specialty Wreath...

A specialty wreath with a red bow, berries, and 2 cone trimmings is a classic for the holiday season! (Bow style will vary) All greens are grown organically in the wild and all products are assembled by hand.

Windmill Gardens

Code: #1642



## 6" Poinsettia White

Not your average supermarket poinsettia, these florist-quality plants feature 5+ blooms in a 6-inch pot - pot cover included. White poinsettias tend to have a golden hue.

Windmill Gardens

Code: #1115



## 6" Poinsettia Glitt...

Not your average supermarket poinsettia, these florist-quality plants feature 5+ blooms in a 6-inch pot - pot cover included. Glitter poinsettias look like they have been splattered with paint!

Windmill Gardens

Code: #1116

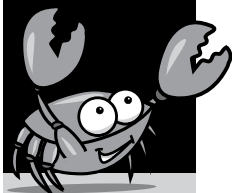


## \$20.00 Donation

Donate directly to your organization. You can give more at checkout if you wish!

Code: #408

# Photos and Art



## FUN FACT:

The Hobbit has been published in two editions.

In the first edition, Gollum willingly bet on his ring in the riddle game.



*Autumn Pumpkin by Jill.*



*"Autumn Towhee. Photo by James M. Shipley.*

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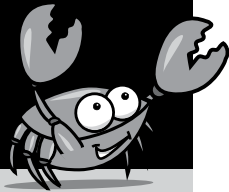


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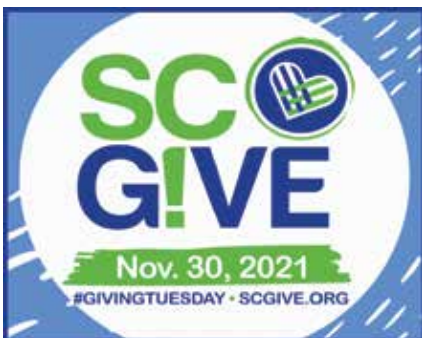


## SPICY SWEET POTATO & BLACK BEAN CHILI

One of my most requested dishes! It's hearty, healthy, and delicious! Serve with a side of corn bread or corn tortilla chips! The perfect meal to warm you up on a fall day!

**INGREDIENTS:** 2 T. extra-virgin olive oil; 1 lg. sweet potato, peeled & diced; 1 med. Walla Walla onion, diced; 4 cloves garlic, minced; 1 T. chili powder; 1 T. ground cumin; 1/2 tsp. chipotle chili pepper; 1/4 tsp. cayenne pepper; 1/2 tsp. salt; 2 1/2 c. vegetable broth or water; 2 (15 oz.) cans black beans, drained and rinsed; 1 (14 oz.) can diced tomatoes; 2 T. fresh lime juice; 1/2 c. fresh cilantro, chopped; Lime wedges for serving

**DIRECTIONS:** 1. In a large heavy bottom pot, heat olive oil over medium-high heat. Add sweet potatoes and onions. Cook, stirring often, until the onions begin to soften and turn translucent, about 4-5 minutes. 2. Add garlic, chili powder, cumin, chipotle chili pepper, cayenne pepper and salt. Cook, stirring constantly for 30 seconds. 3. Add vegetable broth or water, bring to a simmer. Reduce heat and simmer until the sweet potatoes are tender, about 10 minutes. 4. Add black beans and diced tomatoes. Increase heat to medium-high and return to a simmer, stirring often. Reduce heat and continue to simmer for about 5 minutes. 5. Remove from heat and stir in lime juice and cilantro. Ladle chili into bowls. Serve with corn bread or tortilla chips and lime wedges. 6. Cook's Note: Occasionally, I like to add 10 ounces of fresh or frozen corn in step 4.



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## NEW LOCATION

September 1 - Terry's Corner, Camano Island!



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Shelly L. Mathis, Financial Advisor

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## CASA'S PET OF THE WEEK:

Meet **DAISY!** Daisy came to CASA pregnant and gave birth to 4 kittens. She is a sweet girl, but can be a little shy when first meeting people. She does well with other cats, but dogs may be a bit too much for her as she gets scared easily. Daisy would enjoy a quiet home to spend her life in. If Daisy sounds like the cat for you, please fill out the adoption application and send it to us via email.

### Camano Animal Shelter Association (CASA):

360-387-1902. [camanoanimalshelter.org](http://camanoanimalshelter.org)



## NOAH'S PET OF THE WEEK:

My name is **GOGURTI!** I came all the way from Hawaii with my friend Chobani. It's been a rough ride but I am trying so hard and being so brave! I am still very unsure and scared of the world around me, but with every positive interaction I get that much more confident. P.S. especially if you bring hotdogs as treats so I know you're a friend!

### The N.O.A.H. Animal Adoption Center:

31300 Brandstrom Rd, Stanwood.

(360) 629-7055. [thenoahcenter.org](http://thenoahcenter.org).

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Closed Sunday

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# Classes and Workshops



## FUN FACT:

I Will Always Love You was originally written and recorded in 1973 by Dolly Parton. It was written as a farewell to her mentor of seven years.

**At Last!** Dotti Burton's popular Modern and Contemporary 4 week painting classes will begin again on Wednesdays Oct. 6 and Saturdays Oct. 9 (The small sized classes are beginning to fill.) For more info, visit her website, [www.dottiburton.co](http://www.dottiburton.co), or call 206-714-3647.

**"Piano Lessons & Holiday Ukulele Classes!** For ALL ages, with Linda Younce. "Linda is my piano teacher and is incredibly talented, and also a great teacher. I highly recommend her." Thanks, Jacki! More at [SmallChambers.com](http://SmallChambers.com) or call 425-466-5362."

**The Art of Munay: FREE VIRTUAL Yoga Nidra Journeying Event.** November 4th. Experience an art form of subtle beauty mapping through the integral practice of VIRTUAL Yoga Nidra Journeying; The Art of Munay (love and will). Virtual room opens around 7:15PM with the sound check around 7:20/7:25PM. Receive your link and register through [movementarts.com](http://movementarts.com) or call 360-629-9100.

**Yoga Classes In-studio & Online** at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home.

**Online Video Library** – practice anytime, anywhere – just practice! Go to [www.movementarts.com](http://www.movementarts.com) and follow the links to our video library of online classes; regular membership rates apply. View sample videos FREE on our media page at [www.movementarts.com/media](http://www.movementarts.com/media).

**Ballet, Tap, Instrumental and voice lessons** available at Forte Music Dance Art 1095 Essex St. A-1 Camano. Ballet - beginning / intermediate Tues at 4pm Thurs at 3pm. Contact Sarah Wilmes at 503-462-8747 in regards to gentle ballet coming soon. Tap - advanced Mon at 9:30am and Thur at 10:30am. Tap- beginning 10:30am Mon and 4pm Thur. Sax, clarinet, flute, voice and piano lessons are available daily. For more information contact Chris Tuohy @ 360-572-9262

**Yoga class in-person.** Thursdays at 5:30pm Camano Country Club, 1243 Beach Dr. All experience levels welcome, no need to be a member of the Camano Country Club to participate. Email [nicole@blue-monarchhealth.com](mailto:nicole@blue-monarchhealth.com)

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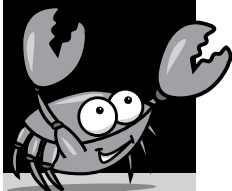
**Have fun while achieving your art goals.** Painting lessons with a national award winning artist. 425-681-5104 or [Michele@MicheleRushworth.com](mailto:Michele@MicheleRushworth.com) to save your spot.

**Karate & Taekwondo** at Northwest School of Martial Arts! Open enrollment, fun for all ages! Our programs emphasize respect, self-defense, confidence, self-discipline, exercise, leadership & focus. Call 629-4341 or visit [nwschoolofmartialarts.com](http://nwschoolofmartialarts.com) for schedule & prices.

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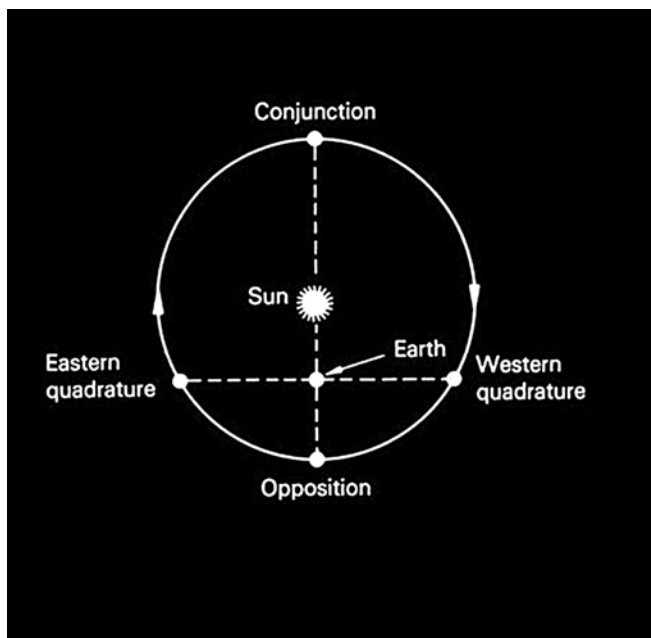


# What's Up?



*Astronomy and  
the night sky  
by William  
Maxwell.*

*His astro  
images can be  
found at [www.astrobin.com/  
users/  
WilliamM/](http://www.astrobin.com/users/WilliamM/)*



## OPPOSING PLANETS

Our closest solar system neighbors offer a wealth of viewing opportunities and are usually very easy to find. The Moon and Sun (more on the Sun later) are obvious targets, both offering ever changing views, the Moon as light crossed across its face and the Sun as a boiling cauldron of activity. The planets also offer stunning vistas, but their movement makes certain times better than others. When a planet is in "opposition" it means it is closest to us and time for a peak. Planets closer to the Sun than we are can be best viewed when at "greatest elongation" which means angled farthest from the Sun from our point of view. Sometimes the interior planets pass in front of the Sun, called a "transit". The next Venus transit won't happen until 2117, but Mercury transits are a bit more common. So if you hear a planet is in opposition it doesn't mean the Martians are invading, it's just time to go outside and take a peak.










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# TIDE TABLES - SARATOGA PASSAGE / GREENBANK: OCTOBER 8-21, 2021

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 8	Low	12:28 AM	-0.4	
8	High	6:58 AM	11.2	
8	Low	12:43 PM	3.8	
8	High	6:31 PM	11.6	
Sa 9	Low	1:11 AM	-1.3	
9	High	7:55 AM	11.3	
9	Low	1:30 PM	5.0	
9	High	7:06 PM	11.3	
Su 10	Low	1:56 AM	-1.8	
10	High	8:57 AM	11.2	
10	Low	2:24 PM	6.0	
10	High	7:45 PM	10.9	
M 11	Low	2:47 AM	-1.8	
11	High	10:06 AM	11.0	
11	Low	3:28 PM	7.0	
11	High	8:32 PM	10.2	
Tu 12	Low	3:42 AM	-1.4	
12	High	11:26 AM	10.8	
12	Low	4:54 PM	7.4	
12	High	9:34 PM	9.4	
W 13	Low	4:45 AM	-0.7	
13	High	12:51 PM	10.8	
13	Low	6:45 PM	7.1	
13	High	10:56 PM	8.6	
Th 14	Low	5:56 AM	0.0	
14	High	2:03 PM	11.0	
14	Low	8:11 PM	6.2	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 15	High	12:31 AM	8.3	
15	Low	7:08 AM	0.5	
15	High	2:56 PM	11.2	
15	Low	9:06 PM	5.0	
Sa 16	High	1:59 AM	8.5	
16	Low	8:15 AM	0.9	
16	High	3:36 PM	11.3	
16	Low	9:47 PM	4.0	
Su 17	High	3:11 AM	8.9	
17	Low	9:12 AM	1.4	
17	High	4:07 PM	11.3	
17	Low	10:22 PM	2.9	
M 18	High	4:11 AM	9.4	
18	Low	10:00 AM	2.0	
18	High	4:32 PM	11.3	
18	Low	10:53 PM	1.9	
Tu 19	High	5:02 AM	9.8	
19	Low	10:43 AM	2.8	
19	High	4:53 PM	11.1	
19	Low	11:21 PM	1.1	
W 20	High	5:48 AM	10.2	
20	Low	11:23 AM	3.7	
20	High	5:15 PM	10.9	
20	Low	11:48 PM	0.4	
Th 21	High	6:30 AM	10.4	
21	Low	12:02 PM	4.7	
21	High	5:38 PM	10.7	



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**QFC Pharmacy**

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