ISSUE 316 December 31, 2021 to January 13, 2022





**Events, Information, and Entertainment in the Port Susan Area** Camano Island • Stanwood • Warm Beach • Silvana • Conway



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#### Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

#### Cover image: "Winter Bird". Photo by Gratefulgirl29



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Submission **DEADLINE: JANUARY 6** for Next Edition (January 14-27, 2022)

# Calendar of Events



#### FUN FACT:

In an effort to reduce drunk driving, every New Year's Eve the AAA will tow your car and give you a lift home for free, even if you're not a member (not available in all states



#### FRIDAY, DECEMBER 31 NEW YEAR'S EVE DANCE

8pm to midnight. Camano Junction will be back at the Camano Center (606 Arrowhead Rd) offering a complimentary dance lesson at 7:30PM. Come and dance to a 16 piece Big Band for a New Years Eve Dance and rap up 2021, let's bring on 2022!

#### FRIDAY, DECEMBER 31 NYE BASH GRAND RE-OPENING WITH NICK VIGARINO'S MEANTOWN BLUES

9pm at the Conway Muse (18444 Spruce Street, Conway). Nick Vigarino Band rings in the New Year in style - come celebrate the re-opening of the Conway Muse - Skagit's best live music venues - with one of Skagit's best showmen! Midnight countdown with sparkling wine toast included! [COVID Vaccination, natural immunity or negative test within 72 hours required for audience].

#### FRIDAY, DECEMBER 31

#### ANDREW LOVE AND THE LOTTERY BAND

At Pub 282 at Camano Plaza. Outlaw Country and Urban Americana band.

#### FRIDAY, DECEMBER 31

#### **CURTIS MOORE**

performing at The Conway Boxcar in Stanwood. More info: conway-pubeatery@gmail.com.

#### FRIDAY, DECEMBER 31

#### NYE BASH WITH THE DAVANOS & STONED AMERICA

Local favorites The DAVANOS Headline at 9pm with STONED AMER-ICA opening at 8pm. Reserved Seats \$30 ~ Call 425-737-5144. General Admission \$25 can be purchased at Brown Paper Tickets http:// bpt.me/5318666 or at the Door for \$30. Help us say goodbye to 2021 and ring in 2022! Both bands are great for dancing with their fantastic musicianship! The Davanos perform danceable Classic Rock, Blues & Country. Stoned America features songwriter/guitarist Jim Leslie & bandmates Freddie Holzman, Cookie Spirk & Phil Blodgette. This band performs their own brand of Country Fried Rock. All ticket holders receive a Champagne Toast at midnight & party favors! Doors open 6:30 pm. Bands start at 8pm ~ Gonna be a great night! Get your tickets early. www.locobillys.com for more info.

#### FRIDAY, DECEMBER 31 FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

#### FRIDAY, DECEMBER 31 YOUTH GAME NIGHT!

6:30-8pm at Church Of Jesus Christ Of Latter Day Saints, Ell Road, Camano Island. Ages 12-18. We can play sports, games and activities of your choice! invite your friends and family to come. A chance to meet new people. Games, treats & more!



FRIDAY, DECEMBER 31, 2021 - JANUARY 1, 2022 HAPPY NEW YEAR





### Join us, fellow islanders...

on January 29th, 11am at the Camano Center to help re-elect Janet St. Clair for Island County Commissioner. Janet has served Camano with diligence and commitment since being elected in 2018. Let's make sure she continues to serve us for another four years! For the safety of our community, attendees are asked to be vaccinated and masked. Virtual opportunity to join us will be available January 30th, 7-8 pm. For more information: www.janetstclair.com



# Calendar of Events



#### FUN FACT:

In Korea and some other Asian countries, when you are born, you are considered one year old and everyone's age increases one year on New Year's. So if you were born on December 29th. on New Year's day, you will be considered 2 years old.



#### SATURDAY, JANUARY 1 POLAR PLUNGE

Forte' Music Dance Art will be sponsoring their 12th annual Polar Plunge! After the plunge, Forte' will provide hot beverages & cookies. Meet at Forte' at 12 noon, then we will walk to the Utsalady Beach for the plunge. This has always been a fun event & a refreshing way to kick off the new year! We welcome people to come cheer us on as it is not necessary to take the plunge! If you plan to plunge bring a towel & protective footwear. 1095 Essex St. A-1 Camano Island 98282 for more info.contact Chris Tuohy at 360-572-9262

#### SATURDAY, JANUARY 1 FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

#### SATURDAY, JANUARY 1 OPEN HOUSE SATURDAY

10am-1pm at the Stanwood Area Historical Society Tolin House, West Stanwood (between the Pearson House Museum and the Floyd Norgaard Center.

#### SATURDAY, JANUARY 1

#### E-CYCLE (RESCHEDULED)

Due to the holiday, today's E-Cycle has been rescheduled for January 8th.

#### SATURDAY, JANUARY 1

#### JOEL ASTLEY

7:30pm - 10:00pm at Pub 282. Blues, rock, funk, soul, jazz, Americana, country, etc! Harmonica and vocals, side man or front man, from big festivals to intimate shows.

#### SATURDAY, JANUARY 1

#### **ASK A MASTER GARDENER**

Today is Island County Master Gardener Clinic day. Join us at 2 PM and ask your garden questions or just listen in as we talk about what is going on in our gardens this month. Zoom Link https://wsu.zoom. us/j/92586177662. Meeting ID: 925 8617 7662. Password: 509241.

### CERVICAL CANCER SCREENING So you can be there to meet him.

Don't wait, talk to your healthcare provider today.



SkagitRegionalHealth.org/CancerScreenings



TheCrabCracker@wavecable.com

#### SATURDAY, JANUARY 1 BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.



#### SATURDAY, JANUARY 1 FIRST DAY HIKE: CRANBERRY LAKE OR MARINE VIEW LOOP

11:00am – 12:30pm at Cama Beach Historical State Park, 1880 S West Camano Drive. Join the Interpretive Specialist, Montana Napier, and other park staff on a peaceful hike to Cranberry Lake. This gentle trail leads you through the forest to a marsh ecosystem, where there is an active beaver lodge and signs of their activity along the way. Enjoy hot drinks and snacks at the main drop off shelter before the hike begins. Depending on group size, the Marine View Loop may be offered as well. Length: abt 2.5 miles. Meet at: main drop off shelter near the restrooms. All ages welcome, dogs on leash-OK. More info: 360-913-0253 or montana.napier@parks.wa.gov

#### SATURDAY, JANUARY 1

#### FIRST DAY HIKE: HOWARD ADAMS TRAIL

1:00pm – 2:30pm at Camano Island State Park, 2269 Lowell Point Rd. Join Ranger Ali Clark, volunteers, and other park staff for a First Day Hike at Camano Island State Park. This forested loop will lead you deep into the forest, where ferns are in abundance and you're surrounded by evergreen trees. Benches along the way provide nice spots to stop and take a break. On a clear day, you'll catch peek-aboo views of Saratoga Passage as well as the Olympic Mountains. Length: abt 2.5 miles. Meet at: restrooms near the group camp and cabins. All ages welcome, dogs on leash-OK. More info: 425-312-4173 or alison.clark@parks.wa.gov



**NEED TO** 

FIND FRESH CRAB?

An outdoor

magazine rack filled with

"fresh" Crab Crackers is

located at the Terry's Corner

Visitor's building.

#### MONDAY, JANUARY 3 NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

#### TUESDAY, JANUARY 4 STANWOOD HIGH SCHOOL SPORTS

Boys Wrestling vs Mount Vernon: JV: 5:45pm. Varsity: 7pm.

#### TUESDAY, JANUARY 4 EQUITY AND DIVERSITY

6pm at the Stanwood Community Resource Center. Part Two of a Community Conversation. Event by Ed Wiley Autism Acceptance Lending Library and Community Resource Center.

#### TUESDAY, JANUARY 4

#### FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

# **RESIDENTIAL TRASH OUT SERVICES** TAKE THE STRESS OUT OF TRASH REMOVAL Spring Cleaning Year Round!

- Estate or garage sale clean up from one item to the entire household
- Remove unwanted items
- Storage unit cleanouts
- We also recycle
- Licensed and insured
- Hourly rates or bid

### 425-356-9068 www.yourtrashgone.com



TheCrabCracker@wavecable.com

#### TUESDAY, JANUARY 4 90'S NIGHT

Join us tonight at Beauty Bar Salon + Lounge. 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail. com.

#### WEDNESDAY, JANUARY 5 TEEN DROP-IN

2:30-5pm at Stanwood Camano Community Resource Center (across from Stanwood library). Theme: New Beginnings. Join Davis Teen Programs. We will have snacks, a safe place to hang out, and fun activities. Activities include trivia, games, intention word doodles, self care talk, and community service. More info: 360-629-5257.

#### WEDNESDAY, JANUARY 5 ONLINE FAMILY TRIVIA

Go it solo or grab a family member (or a few!) to test your trivia skills, right from the comfort of your own home. Join us for a night of trivia that tests the breadth and depth of your knowledge on a variety of subjects. This trivia event includes an audio round. Family trivia is designed with young people in mind – we suggest a youth participant on each team. Registration is required. Contact us with questions: https://www.sno-isle.org/contact-us/



#### WEDNESDAY, JANUARY 5 STANWOOD HIGH SCHOOL SPORTS Boys Backetball ys Cascado Ersch % 1% 5:40000

Boys Basketball vs Cascade. Frosh & JV: 5:40pm. Varsity: 7:15pm.

### THURSDAY, JANUARY 6

With Chris Eger & Richard Williams at Loco Billy's, 27021 102nd Ave NW Stanwood. Chris Eger & Richard Williams will be backing you up on YOUR performance! Jam starts 7pm - No Cover! Bring yourself, your friends or your own band/group to perform. Call 425-737-5144 for more info or www.locobillys.com.www.locobillys.com.

#### THURSDAY, JANUARY 6

#### STANWOOD HIGH SCHOOL SPORTS

Boys Wrestling vs Arlington. JV: 5:45pm. Varsity: 7pm.

#### FRIDAY, JANUARY 7

#### **COUNTRY DANCE WITH TIANA!**

Lessons 8pm! Loco Billy's, 27021 102nd Ave NW Stanwood. No Cover & Dancing all night 6:30-Midnight. Line Dance Lessons w/Tiana from 8 - 9pm, \$10. Open dance before & after the lesson at 8pm. All styles welcome. 425-737-5144. www.locobillys.com.

#### FRIDAY, JANUARY 7 MIDNIGHT HOUR BAND

7:30pm - 10:00pm at Pub 282. A Classic Rock/R&B band driven by power hitting lead female vocals, smoking hot keys, versatile lead guitar, thumping solid bass, and creative world class drums.

#### FRIDAY, JANUARY 7 FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

#### FRIDAY, JANUARY 7 YOUTH GAME NIGHT!

6:30-8pm at Church Of Jesus Christ Of Latter Day Saints, Ell Road, Camano Island. Ages 12-18. We can play sports, games and activities of your choice! invite your friends and family to come. A chance to meet new people. Games, treats & more!

#### Stanwood United Methodist Church ~ Open Hearts, Open Minds, Open Doors ~

In-Person Sunday Service at 10:00am. Live Online Services available at 10:00am at www.stanwoodumc.org or on our Facebook page at: Stanwood United Methodist Church.



#### **360-629-9555** 27128-102nd Dr. NW, Stanwood, WA 98292 www.stanwoodumc.org Handicapped Accessible Pastor Justin White



Ethiopia has 13 months. Their current year is still 2006 and they celebrate New Years on September 11.

FUN FACT:

#### FRIDAY, JANUARY 7 STANWOOD HIGH SCHOOL SPORTS

Boys Basketball vs Arlington. Frosh & JV: 5:40pm. Varsity: 7:15pm.

### FRIDAY, JANUARY 7 BEACH 1 GALLERY ARTISTS RECEPTION

5-7pm for Bob Dunn, Wildlife & Nature Artist. Information about him and hist art is featured on page 36. His art will be displayed and for sale the entire month of January. Masks are required inside the Club House at all times. The Gallery is open 7 days a week. We will be serving pop,wine, bottled water and individual bags of chips for the reception. 1243 Beach Drive, Camano Island.

#### FRIDAY, JANUARY 7

CURTIS MOORE

performing at The Conway Boxcar in Stanwood. More info: conway-pubeatery@gmail.com.



# SATURDAY, JANUARY 8 GUIDED WALK: CAMANO ISLAND STATE PARK

Meet at 9:50 at the picnic shelter near the boatramp, South beach. FOCIP will have a temporary parking pass. The walk includes2 elevation gains of about 50 feet, with the rest of the walk fairly level. Thetrail is 2.6 miles long with excellent views of Saratoga Passage and Elger Bay includinga walk through a beautiful fern grotto and ravine. Rain or shine, but could be canceled due to severe weather conditions such as high wind or snow. Subject to current COVID-10 restrictions. Please - no dogs on these free guided walks.

#### SATURDAY, JANUARY 8 FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

#### SATURDAY, JANUARY 8 JIMMY WRIGHT BAND

7:30pm - 10:00pm at Pub 282. Catering a wide variety of music for any and all occasions!

#### FUN FACT:

When religion was suppressed in Soviet Russia, Santa/St. Nick was replaced with Grandfather Frost, called the spirit of winter, who brought gifts on New Year's and placed them under the "New Year tree"

# Calendar of Events



#### NEW YEAR FACT:

Beethoven's 9th Symphony was introduced to Japan by German POWs in WWI (who played it for them), and it is now a national tradition to perform it every New Year's

## SATURDAY, JANUARY 8 PACIFIC TWANG!

\$10 Cover at the door or call 425-737-5144 for Reserved Seats for groups of 4 or more, \$12 per person. See this fabulous band at Loco Billy's. Open Dance to the band & the music video system before & after the band & during band breaks. Doors 6:30pm, band starts 8pm. Pacific Twang features beautiful vocal harmonies and stellar musicianship. Pacific Twang will also surprise you with swampy versions of fun classic rock tunes. From sweet old-timey ballads to fiery boot stompers, you'll be highly entertained and dancing all night.



#### SATURDAY, JANUARY 8 PRIME RIB DINNER

at American Legion Post 92, 26921 88th Ave NW, Stanwood. 4pm until gone! Public welcome! Delicious roasted prime rib, baked potato, veggies, green salad, roll, dessert. Adults: \$20. 12 & under: \$10.

#### SATURDAY, JANUARY 8 LAYING A HEALTHY FOUNDATION: THE DIRT ON SOIL, COMPOST, AND MULCH

Snohomish Conservation District Online Webinar. Free. 10-11:30am. Healthy soil is the foundation of a successful landscape. Learn from soil professionals about the components of a robust soil system and how to make it work better for your landscape. They will also teach how to improve the soil by creating compost and mulch systems and applying it effectively to your yard. Register at https://www. eventbrite.com/e/laying-a-healthy-foundation-the-dirt-on-soilcompost-and-mulch-tickets-216640526647

#### SATURDAY, JANUARY 8

#### **KENNY FIEDLER & THE COWBOY KILLERS**

performing at The Conway Pub. \$10 cover. More info: conwaypubeatery@gmail.com.

#### SATURDAY, JANUARY 8

#### STACY JONES BAND

8pm at the Conway Muse, 18444 Spruce Street, Conway, WA. The Award-Winning Seattle singer-songwriter and multi-instrumentalist Stacy Jones and her Award-winning Band who deliver high energy Roots Rock, Blues, and Americana. [COVID Vaccination, natural immunity or negative test within 72 hours required for audience].

# Calendar of Events



#### IF WE DON'T KNOW ABOUT IT, WE CAN'T PRINT IT.

Send your info and/or images to: thecrab @thecrabcracker.com



#### SATURDAY, JANUARY 8 SCOUT TREE RECYCLE

Be prepared. Scouts will gladly help recycle your Christmas Tree/ Wreath. Cuz we love to help you and go hiking, biking, camping!!! Suggested donation \$15-25. *Camano Scouts Troop 46:* Drop off at the IGA! Helpful scouts at the Lenz Compost Bin 9-4pm, or get on our pick-up list: Text/Email 425-344-8544 with Name/address & your email for confirmation. tamra.drake@gmail.com. Donations: drop off/attach to tree/mail in to BSA Troop 46, 49 S. Sunrise BLVD, Camano Island, WA 98282. *Stanwood Scouts Troop 86:* Scouts are prepared once again at Viking Village Lenz Compost Bin from 9-4pm; or pick-ups for select neighborhoods/door hangers.



#### SATURDAY, JANUARY 8 E-CYCLE

10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.

#### SUNDAY, JANUARY 9

#### LIFE OF THE SPIRIT DEVOTIONAL GATHERING

Please join us on Zoom at 11am. There will be prayers, poems and music to uplift spirits. We usually start with 10-15 minutes of prayers and readings from the world's sacred scriptures. After that, we share personal thoughts, prayers, inspirations, poems, music - whatever lifts the spirit. More info: 425 319-8870 or bahaisofcamanoisland.org.

#### MONDAY-TUESDAY, JANUARY 10-11 VIRTUAL COFFEES WITH THE BOARD

Join members of the School Board for a series of virtual coffee hours. This is a great opportunity for the community to engage in conversation with members of the Board in a casual setting. Here is the schedule and individual links for the virtual coffee hours: January 10, 9 a.m.: Directors Ken Christoferson and Al Schreiber. January 10, 1 p.m.: Directors Natalie Hagglund and Charlotte Murry. January 11, 6:30 p.m.: Directors Miranda Evans and Ken Christoferson

#### MONDAY, JANUARY 10 NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

#### TUESDAY, JANUARY 11 FREE COOKING DEMO

at Hazel Blue Acres in Silvana at 2 pm and 6 pm in the barn. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

#### TUESDAY, JANUARY 11 FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

### Stop the spread of COVID-19. Call today for a free vaccination.

Accepting vaccination appointments from patients and non-patients Call CIHS at 360-572-2202

Dr. Bryan Cooper

### CAMANO ISLAND HEALTH SYSTEM

1283 Elger Bay Rd, Camano Island 7:30 a.m. - 6 p.m. Mon-Fri , 9 a.m. - 3:30 p.m. Saturday

Vaccinating in cooperation with Island County COVID Response





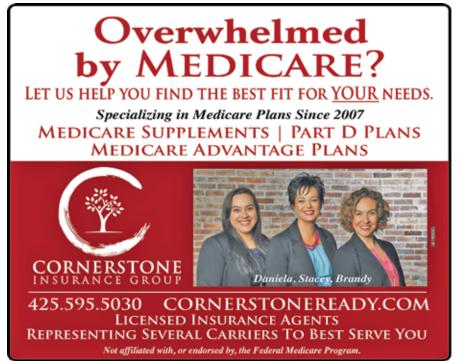
#### TUESDAY, JANUARY 11 90'S NIGHT

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail.com.



#### TUESDAY, JANUARY 11 GANSANGO DRUM & DANCE WORKSHOP

6:00 PM – 7:00 PM Online event. Come be part of an African showcase of music and dance with local artists Gansango Music & Dance Company. The workshop will feature an afternoon of drumming and dance from West Africa. Experience contemporary and traditional dance with drumming, song, and audience participation. For grades Pre-K – 8. Registration is required. Contact us with questions: https:// www.sno-isle.org/contact-us/



#### **TUESDAY, JANUARY 11** STORYTIME SNIPPETS

6:30-7pm online event. Enjoy stories, sing along songs, rhymes and fun activities that prepare young minds for the adventures of reading. Presented by Sno-Isle Libraries staff for you and your little ones to join in from your home. To view, please visit the Sno-Isle Libraries Facebook or YouTube pages. Recordings will be available for later viewing.

#### WEDNESDAY, JANUARY 12 **ONLINE PUB TRIVIA - THIS MONTH IN HISTORY**

7:00 PM – 8:30 PM. Grab your favorite beverage, call your friends, and settle in for a night of pub trivia – right in the comfort of your own home! Join us for a night of trivia all about the many exciting things that have happened in January throughout history. Registration is required. Contact us with questions: https://www.sno-isle.org/contact-us/

#### WEDNESDAY, JANUARY 12

#### **TEEN DROP-IN**

2:30-5pm at Stanwood Camano Community Resource Center (across from Stanwood library). Theme: New Beginnings. Join Davis Teen Programs. We will have snacks, a safe place to hang out, and fun activities. Activities include trivia, games, intention word doodles, slef care talk, and community service.

#### WEDNESDAY, JANUARY 12

#### STANWOOD HIGH SCHOOL SPORTS

Girls Basketball vs Meadowdale. JV: 5:40pm. Varsity: 7:15pm.

#### THURSDAY, JANUARY 13 STANWOOD HIGH SCHOOL SPORTS

Boys Varsity Swim vs Cascade. 3pm at the Stanwood YMCA.

#### THURSDAY, JANUARY 13 **JAM/OPEN MIC**

With Chris Eger & Richard Williams at Loco Billy's, 27021 102nd Ave NW Stanwood. Chris Eger & Richard Williams will be backing you up on YOUR performance! Jam starts 7pm - No Cover! Bring yourself, your friends or your own band/group to perform. Call 425-737-5144 for more info or www.locobillys.com.www.locobillys.com.





TheCrabCracker@wavecable.com

#### FUN FACT:

Until 2006, the Space Shuttle never flew on New Year's day or eve because its computers couldn't handle a year rollover.

# Calendar of Events



#### FUN FACT:

In Thailand, they celebrate their traditional New Year's Day with a state sponsored multiple day water fight.



#### THURSDAY, JANUARY 13 THE 1962 COLUMBUS DAY STORM

6:30 PM – 7:30 PM Online event. The Columbus Day Storm of 1962 was the strongest non-tropical wind storm ever recorded in the lower 48 states. The storm devastated the Pacific Northwest, with winds reaching 150 mph along the coast, and over 100 mph in the interior. Anemometers were destroyed or lost power due to the force of the winds. There were nearly 50 fatalities, hundreds injured, and millions without power for weeks. Millions of dollars of property damage were associated with the storm. Meteorologist Ted Buehner, who lives in Snohomish County, will join us to discuss the storm: what happened, why did it happen, and can it happen again? Please register. Contact us with questions: https://www.sno-isle.org/contact-us/

#### THURSDAY, JANUARY 13 SOJOURNERS OF WASHINGTON

13th Camanio Lodge located at 27205 102nd Ave NW at 7:30pm, will be presenting the Sojourners of Washington who will give a historical account on the building of the flag and changes as our country grew to become the United States. Dinner will be served at 6:30pm. For reservations call 425-263-6808.



Christopher & Cynthia Tuohy wish a happy holiday to everyone! Offering Voice, Piano, Saxophone, Clarinet, Flute, Ballet, Bllroom, Highland Dancing, Tap, and Yoga

> 360-207-4632 www.fortemda.com

1095 Essex Sttreet A-1, Camano Island, WA 98282 Artwork available in FORTÉ's Gallery









# Winter Weather Tips

#### for your four-legged friends!

It's a common belief that dogs and cats are resistant than people to cold weather because of their fur, but it's untrue. Like people, cats and dogs are susceptible to frostbite and hypothermia.

#### Keep Pets Inside

Longer-haired and thick-coated dog breeds, such as huskies and other dogs bred for colder climates, are more tolerant of cold weather, but no pet should be left outside for long periods of time in below-freezing weather.

#### Provide Choices

Just like you, pets prefer comfortable sleeping places and may change their location based on their need for more or less warmth. Give them some safe options to allow them to vary their sleeping place to adjust to their needs. 3. Make Some NOISE!

A warm vehicle engine can be an appealing heat source for outdoor and feral cats, but it's deadly. Check underneath your car, bang on the hood, and honk the hom before starting the engine to encourage feline hitchhikers to abandon their roost under the hood.

#### Play Dress Up!

If your dog has a short coat or seems bothered by the cold weather, consider a sweater or dog coat. Have several on hand, so you can use a dry sweater or coat each time your dog goes outside. Wet sweaters or coats can actually make your dog colder. Some pet owners also use booties to protect their dog's feel; if you choose to use them, make sure they fit properly.

#### Provide Shelter

We don't recommend keeping any pet outside for long periods of time, but if you are unable to keep your dog inside during cold weather, provide them with a warm, dry, solid shelter against wind. If you're able to, consider providing shelters for stray cats in the neighborhood.

#### Be Prepared

Cold weather also brings the risks of severe winter weather, blizzards and power outages. Prepare a disaster/emergency kit, and include your pet in your plans. Have enough food, water and medicine (including any prescription medications as well as heartworm and fleavitick preventives) on hand to get through at least 5 days.



thatpetplace.com





# Dining Guide



#### FUN FACT:

The ancient Hawaiian New Year was four months long, war was forbidden, people stopped working, and the people spent time dancing, feasting and having a good time. AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052 B'S BAKERY (Stanwood) BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885 BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324 BROOKLYN BROTHERS PIZZERIA (Camano) 360-926-8585 CAMA BEACH CAFE (Camano Island) • (360) 387-3266 CAMANO ISLAND INN (Camano Island) • (360) 387-0783 CAMANO THAI (Camano Island) • (360) 926-8688 CENTER CAFE (Stanwood) • (360) 629-7403 THE CHATTER BOX (Stanwood) • (360) 629-0600 THE CONWAY MUSE (Conway) • (360) 445-3000 CONWAY BOXCAR (Stanwood) • (360) 629-0651 CONWAY PUB & EATERY (Conway) • (360) 445-4733 COOKIE MILL (Stanwood) • (360) 629-2362 COPPER HOUSE (Stanwood) • (360) 572-2385 CRISTY'S LUMPIA & MORE (Stanwood) • (360) 629-2727 DOS REALES (Stanwood) • (360) 629-0822 DRAGON PALACE (Stanwood) • (360) 629-8106 DUCK IN CAFE (Stanwood) • (360) 629-3440 FARMERS CAFE - (Stanwood) • (360) 629-4953 FLYING KOLACHE (Stanwood) • (425) 409-3852 GYRO STOP (Stanwood) • (360) 572-4175 IXTAPA MEXICAN RESTAURANT (Stanwood) • (360) 629-5228 JACK IN THE BOX (Stanwood) • (360) 629-2384 JASMIN THAI CUISINE & SUSHI (Stanwood) • (360) 629-2044 JIMMY'S PIZZA (Stanwood) • (360) 629-6565 JOHNNY'S BURGER STOP (Stanwood) (360) 629-9427 JOURNEY'S END CAFE • (Camano Island) • (360) 387-9120 LITTLE CAESARS PIZZA (Stanwood) • (360) 629-6999 MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500 MCDONALD'S (Stanwood) • (360) 629-9787 MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535 MUSTARD SEED BAKERY & CATERING (Stanwood) • (360) 572-2499 NAHA TERIYAKI (Stanwood) • (360) 629-0681 PADDLE PUB (Stanwood) • (360) 652-4156 PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826 PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981 PHOENIX PAVILION (Stanwood) • (360) 629-4662 PICNIC PANTRY (Stanwood) • (360) 631-5218 PUB 282 (Camano Island) • (360) 926-8960 RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000 ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920 SAAL BREWING CO. (Stanwood) • (360) 629-0102 SAHARA PIZZA (Stanwood) • (360) 629-6886 SPARTAN DRIVE IN (Stanwood) • (360) 629-8988 STANWOOD CAFE (Stanwood) • (360) 629-8427 STANWOOD CUPCAKES (Stanwood) • (360) 926-8241 STANWOOD GRILL (Stanwood) • (360) 629-5253 STANWOOD HOTEL & SALOON (Stanwood) • (360) 629-2888 STANWOOD THAI (Stanwood) • (360) 572-2200 STARBUCKS (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500 SUB JOINT (Camano Island) • (360) 230-9611 SUBWAY (Camano Island) • (360) 631-5055 SUBWAY (Stanwood) • (360) 629-2678 SWEET BLISS FROZEN YOGURT (Stanwood) • (360) 488-2294 TACO TIME (Stanwood) • (360) 629-5018 TAPPED CAMANO (Camano Island) • (360) 572-4986 TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001 WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300 WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372

# Photos and Art



#### FUN FACT:

There is a music festival every New Year's eve in the Antarctic called 'icestock'



Anvil cloud over Camano Island. Photo taken from Barnum Point. Photo by William O'Toole.



#### **NEW YEAR WORD SEARCH**



DAY ONE

PARADES PARTY PUNCH RESOLUTIONS SINGING STREAMERS THIRTY FIRST TIARAS WINE YEAR IN REVIEW

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(www.puzzles.ca/wordsearch)

OCCASION



FRIENDS

TheCrabCracker@wavecable.com

They then start the new year off

on a clean slate.

|  | NEW | YEAR |
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|---|--|--|---|---|
| global<br>pandemic<br>continues         | vorldvide<br>internet<br>outage                              | giant<br>asteroids<br>hit earth                            | murder<br>hornets<br>(again)                        | acid<br>rainstorms                              |
| robot<br>uprising                       | dust storms<br>block out sun<br>and vinter<br>lasts all year | TP becomes<br>curency in<br>new barter<br>economy          | hungry<br>rats turn<br>cannibalistic                | international<br>booze<br>shortage              |
| crop circles<br>appear<br>everywhere    | alien<br>invasion  | HAPPY<br>2022!   | full-body<br>zoom calls<br>become<br>the norm       | deep sea<br>monsters<br>come<br>ashore          |
| another<br>beloved<br>celebrity<br>dies | penguins<br>are driven<br>to extinction                      | international<br>cheese<br>shortage                        | WWIII   | turns out<br>ve're living<br>in a<br>simulation |
| the<br>end of<br>democracy              | mutant fungus<br>creates<br>zombie army                      | radiation<br>leak creates<br>breed of giant<br>cockroaches | giant turds<br>mysteriously<br>fall from<br>the sky | global<br>warming<br>continues                  |









**NEW HOME \$1,249,000** New construction on Camano by a Premier local builder with attention to detail and quality throughout plus beach access and views! #1850696



SEVEN LAKES \$187,000 Private 5-acres with multiple build sites in a great location might be a great place to build your new home. #1798423



VACANT LAND \$50,000 Generous half-acre in Warm beach with private beach access and loads of potential. #1866317



VACANT LANDT \$599,900 Prime 15-acres in the heart of Camano with a newly drilled well, site registration complete and access easement. #1813347



VACANT LAND \$799,000 Great development opportunity in downtown Stanwood, 4 level parcels commercially zoned with good visibility. #1626695



VACANT LAND \$129,000 Waterfront building lot on Camano Island mostly cleared with partial access driveway in. #1806193

**STANWOOD** 7359 267th St. NW, #D 360.629.8233



**CAMANO ISLAND** 818 N. Sunrise Blvd. 360.387.4663





VACANT LAND \$299,000 Beautiful 3.3 acres on the north end of Camano with water and power on the property and site registration complete. #1850852



WEST SIDE \$1,695,000 Spectacular Camano home with shop and unobstructed views plus a studio for potential rental income. #1867381



CONDO \$385,000 South facing 2-bedroom unit nicely maintained is close to shopping and services in Stanwood. #1872538



#### ONAMAC \$485,000 Charming Camano home includes the gated beach area with boat launch and picnic area. #1870594



VACANT LAND \$275,000 Private 2.5 acres on Camano borders the Elger Bay Preserve with a cleared building site, septic installed, driveway in. #1805634



NORTH END \$599,000 Custom Holbeck Construction Craftsman home with a desirable floor plan, attached garage and backyard oasis. #1870178

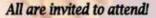
Visit WindermereStanwoodCamano.com for more information

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WSU Snohomish County Master Gardener Foundation presents the 19th Annual Sustainable Gardening

# **2022 Winter Speaker Series**



\$85 for the series or \$20 per single session Fridavs, 9:30 am - 11:30 am

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For more information. registration and payment options, Visit www.gardenlectures.com **Ouestions?** Call Snohomish County WSU Extension Office Monday - Friday, 11 am - 3 pm at 425-338-2400

All proceeds go to the Master Gardener Foundation of Snohomish County, which provides major funding support to the Snohomish County Master Gardener Program.

C UNIVERSITY

X TENSION

January 7 | Far Reaches Farm New Botanical Beauties from the Far Reaches

January 21 | Linda Chalker-Scott Gardening in a Changing Climate

February 4 | Del Brummet Gardening between the Seasons: From Late Winter to Early Spring

February 18 | Atsuko Gibson Successful Rhododendron Cultivation in the Pacific Northwest

February 25 | Willi Galloway Veggies! Succession Planting & Tips for Getting a Lot Out of a Small Space

March 11 | Al Murphy Fire Resistant Landscaping for Western Washington

March 25 | Daniel Mount In Living Color: The Fundamentals of Color for the Modern Gardener

April 8 | Bob Gillespie Introduction to Pollinator Diversity and Threats, including the Giant Asian Hornet

WASHINGTON STATE Will Entersion programs and employment are available to all without discrimination. Evidence of soncompliance may be reported through your local Extension office. Persons with disabilities who require alternative means for commanication or program information or wasanable accommodation need to contact Howard Valuent at 600 128th street SE, Everett, WA 96208. 425-338-2400, howard/voland@woau.edu at least two weeks prior to the event



#### THE VERY THING THAT ... MAKES YOU RICH ... MAKES ME POOR

Tim Cook, the poor schmuck running the trillion dollar company called Apple, sat down for an interview yesterday after introducing an app that would let Apple users monitor their addictions. In a speech earlier he had told appsters how Apple was a company dedicated to making humanity better. Google states it somewhat differently, Do No Evil, but in the end all these techno-innovators are convinced they are the salvation of the world. Asked if he thought his company had addicted millions to his device, Tim took umbrage. No, not at all. His device gave them freedom.

Earth to Tim, then why do they need an Apple app that tells them how much they use it? Just another product, he said, that gives its customers more flexibility. And as far as addiction was concerned, well, he told his interviewer, he was not a clinician. He also mentioned how surprised he was at his own time spent on his marvelous device, something he really hadn't noticed. Why he needs the app, I guess.

I'm not a clinician either, but I doubt if I need a degree in psychopathology to diagnose the folks sitting at a dinner table who manage to operate their thumbs incessantly and occasionally join in a conversation. Or the people in a checkout line who work the phone while their groceries are bagged. Or the ones in aisle 8 calling a spouse to see if the mayo is the correct brand. Watch how many people jump in their car and immediately pick up the phone. When's the last time you actually had a conversation with a kid who didn't have earpods jammed in or who wasn't checking text messages? I haven't had one since about 2006.

Addiction? Oh baby, we're addicted. We're addicted to our devices. We're addicted to TV. We're addicted to video games and email and text messaging and Facebook. We walk around all day with the syringe plunged deep into our brain and the guyz who brought us this smack say they're not clinicians. Neither is the heroin dealer in my neighborhood.

They've rewired our brains. They've transformed our society. They've altered our politics and they've pulled the rug on democracy. Let's imagine, like Tim, that this is for our own good. That this will be a brave new world. That with his device we're so much more free. But I'm not buying it, literally or figuratively, and yeah, I know, I'm going to be left in the exhaust. There's an old Ry Cooder song that comes to mind that probably applies to me, my very own app: The Very Thing That ... Makes You Rich ... Makes Me Poor. I know, Tim, you're not an economist either.



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at www. skeeterdaddle.net

#### FOR SALE:

**1994 Ford Econo E350/ 24 Ft Mobile Home (Tioga Montera)** New battery/ new cover/ blue interior/ three beds. No problems. Very clean/ second owner/ runs great. \$12,000. Email cmhgcmhg@hotmail.com.

**SALE ITEMS:** Yamaha guitar w/hard case -- \$200. Mandolin -- w/gig bag --\$400. Keyboard --Yamaha PSR6 (not full size - maybe 48 keys - \$25. Amplifiers (one is a Marshall the other a Drive) make an offer. Spinet-style piano w/ bench that has space for music - \$300 or BO. Call 360-387-4158.

**FOR SALE OR FREE:** Oak computer desk and 2 matching file cabinets \$400. 3-drawer walnut desk \$85. 4-drawer chest of drawers (36" high by 30" wide) \$20. 2 old Singer sewing machines cabinet style (need work) one looks like a desk, other top folds out - Make an offer. Thread and sewing supplies - free. Call 360-387-4158

**Queen size USA made, Beige upholstered queen hide-abed.** XLNT condition, like new. Paid \$3000, asking \$1900 360 631-5151.

*For sale:* ELLISON DIE CUT MACHINE and a full set of 5 inch dies, tool kit, and additional dies for sale. This is a hand operated letter cutting machine. Used but in excellent condition. Original price for the machine was \$399, the dies \$299 and accessories \$50. I am asking \$250 for the entire set. Please contact me at seagrassgallery@live.com.

FAMILY GAMES: Perfect Backgammon, Dominoes-Train, Electronic 20 Questions, Farkle, BrainFart, Scooby-Do CrazyEights, GoFish, One2Ten, Scattergories \$75 (360) 631-5151.

#### **MISCELLANEOUS:**

*For rent* 2 bedroom 3/4 Bath. Full Kitchen. Lower Level Apt. 1 1/2 blocks to water. Beautiful views. Patio. Private entrance. Shared Laundry. 1,600 all utilities paid. Long term contract less rent. nancy.l.griffin55@gmail.com.

**Private room for booth-rent** hairstylist, Esthetician. (Headlines Hair Salon). Call, 360-387-1919 or Headlines@frontier.com.

Beachfront House Rental - Utsalady. Oct-May. Upstairs suitable for office or studio. 760-815-9052.

#### **PROFESSIONAL SERVICES:**

**MATH TUTOR**: I am a retired Math Teacher and I'm familiar with the math curriculum for the Stanwood/Camano School District. If there is a need for my services please contact me at spagnolo.valerie@gmail.com or 206-953-0951.

**School has started.** I can help with your Science and Math courses at all levels, K-12, College and home schoolers. Please contact me at ijm@wavecable. com or 360 661 9517.

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*If you experienced difficulties this academic year* with your subjects due to Covid 19, I can help. I offer tutoring in Science and Math at all levels K-12 and College. Contact me at ijm@wavecable.com or 360 661 9517.

**Retired Teacher for Tutoring.** Certified K-12 teacher can help with English, Pre-Algebra, other subjects. Contact m\_kristian7@hotmail.com.

Since New Year's Eve 2008, the city of Mobile, Alabama raises a 12 foot tall lighted mechanical Moon Pie to celebrate the coming of the New Year.

FUN FACT:

55+! Gain confidence in your movement and overall health through personal training and health coaching with Camano Island's Active Aging Specialist Nicole Vienneau.

#### WANTED

Great Job to make extra \$\$\$\$: older women would like to employ a RELI-ABLE adult to help for about 4-5 hrs with general chores: garden work, cleaning house, help putting away things & lifting. Salary: \$20/hr, 1 day per week.

Helper Needed: need a person on weekly basis at \$20/hr. (2-3 hrs) Chores include: cleaning, help with gardening, going on ladder for small duties, mop, lifting boxes or heavy objects, etc. Call: 775-544-8521.

WANTED: Newer riding lawn mower. 42" twin blade in good condition. Call Douglas: 206-579-3121 or 360-387-1225.

IN NEED OF mature person for assisting elderly man. Will exchange 'rent' for assistance/companionship. Separate furnished living guarters provided. Text 206.491.2521.

Wanted: small to medium size, old, dependable tractor. 2 or 4 wheel drive. Must have a bucket on the front. 360-510-5102

Considering a career in Real Estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Marla at marla@ windermere.com for more information, windermerestanwoodcamano.com.

Wanted horse to ride. Gentle for beginner. Share cost or lease road safe. 360-279-1565.

### **Teachers** Union

#### All Inclusive Hearing Benefit Package

As a teacher, you make a profound difference in the lives of your students every day. And at Stanwood Hearing, we're committed to returning the favor. To show our appreciation for the incredible work that our local educators do, we offer an All-Inclusive Hearing Benefit Package exclusively for members of the Teachers Union.

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Tonia MacPhail, A.A.S., HIS

We are committed to taking extra precautions to keep our office safe for everyone.



Read more of Tim Jones' humor every week at www. ViewFromThe-Bleachers.net or check out his new YouTube channel by the same name.

#### **TRYING TO GO OFFLINE**

Life is short – especially for my wife, who's barely five feet tall. The years race by, we waste time, and before you know it, we discover we've missed out on what's important in life: pizza. Add to this reality our obsession with technology, which is constantly at our fingertips. It can be hard to break free from the bombardment of texts, social media and emails constantly vying for our attention.

That's why my wife and I have decided to get away from it all. Right now, we're vacationing on a pristine island paradise thousands of miles from any major city. For one week, we're going to focus on slowing down, breathing in the ocean air, and smelling the roses. We plan to take long hikes, kayak, and –

... Sorry about that. I just got a text from my sister. Thought it might be important. She's been going through an issue at work with her boss... Like I said, for the next seven days, I'm committed to getting in touch with myself ... just as soon as I get in touch with my broker. Hold that thought....

... Again, my apologies. I realized that there was a voicemail from my broker marked "Urgent." Had to check it. He advised me to sell all my Sears stock while they're still worth 15 cents a share.

.... Now, where was I? Oh yes, being totally present with my wife during our special 168 hours alone.... So, this evening, I'm surprising her by taking her to see ... a penguin playing the piano! OMG, that's hilarious. Oh, sorry. Someone just posted on FB the funniest clip of a penguin. You really need to see it. Soooo cute!

... My point is that I really want to slow my life down and be totally here, in the moment, with the most special person in my life... The Marvelous Mrs. Maisel. Hey, Season Two is now streaming on Amazon! There go my plans for a nature walk this afternoon with my sweetie.

[Nine hours later] ... Fortunately, we have six more days here on Fantasy Island to smell the flowers and feel the ocean ... BREEZ!!! Are you kidding me? The Saints are seriously considering trading Hall of Fame QB Drew Breez for a 1st round draft pick? That's what my ESPN alert message just notified me. Unbelievable.

I know what you're thinking – Tim, you are clearly incapable of unplugging. I admit, I got off to a bumpy start, but now I'm even more determined to turn off all devices and concentrate on some us time with my lovely wife. She puts up with so much from me, standing by me through even the most stormy ... DANIELS hush money lawsuit against Trump might get tossed – according to Politico.

... That's it. No more distractions. From now on this week, I'm only going to think about what really matters, like how to be a better husband and how to do my part to tackle global warming and ... should The Wall be built of Legos? Sorry, that last one was an insta-poll question from Buzzfeed. How embarrassing. I thought I had unsubscribed.

Anyway, I can't wait to take windsurfing lessons – something I've always wanted to do. I'm a quick study when it comes to sports, so mastering this should be a snap... chat from our elder daughter. She sent an adorable video of her two kitties chasing the laser pointer. Never seen that before!

.. Um, like I was saying, it's all about the here and now. Time to get some fresh air and enjoy the warmth of the tropical sun ... which reminds me, my friend Elizabeth has an amazing Pinterest site with tons of photos of tropical flowers and beaches and even videos of wind surfers. And I can view them all from the comfy couch in our hotel room.

Ah, it's wonderful to unplug for a change.

[Read more of Tim Jones' humor every week at www.ViewFromThe-Bleachers.net.]

#### Hamilton Lumber & HARDWARE Stanwood's home town paint store Visit us for all your paint, hardware and lumber needs. SIT US, TON LUMB Now Rentina Tools and Equipment! st. 1926 ARDWA Monday - Friday 6am - 5pm Sat 8am - 5pm Closed Sunday Celebrating 9718 - 271st St. NW, Stanwood | (360) 629-3110

# Artist of the Week



Are you interested in promoting your art, craft, or live performance?

Email us info or a bio about yourself and we will feature this page to you... and it's all FREE!



#### **BOB DUNN**

Wildlife & Nature Artist. His art has been featured at the Cape May Birding Festival and at the Theler Wetlands in Belfair, WA., and in Galleries throughout the State of Washington, Oregon and California. As a wildlife and nature artist he enjoys wonderful opportunities. Moments of flight, or moments that capture the animal just before it flashes away. He trys to capture actions that portray the character of the animal or bird in just the right natural setting. He paints in a style that is fluid and moving while retaining the accuracy of fur and feathers. Working in watercolor and gouache or acrylic, his goal is to show wildlife and the natural environment in ways that enrich our appreciation for the beauty of God's Creation. His art will be displayed and for sale the entire month of January at Beach 1 Gallery, 1243 Beach Drive, Camano Island.





TheCrabCracker@wavecable.com

## **Business** Spotlight



Are you interested in promoting your business or organization?

Email us info or a bio about your business and yourself and we will feature this page to you... and it's all FREE!



## FOFCEE

"Holidays are hard for lots of us. Whether you're stressed about money, family time, missing a loved one, having to work...there are many reasons that the holidays can be a source of tension and stress. Sometimes, it's the little things that pull us through to a new day. My coffee delivery from Fofcee here on Camano has always brightened my day. Sometimes the bags are still warm from the fresh roasting and grinding they do for their customers' orders. I placed my normal order this week, and when I got home, there was an extra pound thrown in as a holiday gift. This is why I support small businesses. There's nothing like fueling someone's dream, and these little surprises along the way remind me why I support the many wonderful businesses in our community. Thank you Fofcee, for having the best coffee, and for taking care of your customers! We love you. Happy Holidays!" Posted on Facebook by Jill Chubbuck.

**From the Fofcee Facebook page:** We offer a wide selection of carefully chosen fair trade, organic, and shade grown coffee beans from around the world to help you design your perfect roast. From our store you can choose your beans, design a blend, select the roast level, and define the grind or opt for whole beans. Each order is individually roasted, packaged, and shipped out fresh to you. **From their website:** We are a coffee focused Social Purpose Corporation in the state of Washington. In short, that means that in addition to great coffee, we strive to take care of our customers, our employees, the environment, and the people that grow our coffee. We love coffee and know there are a lot of options out there. We want to deliver you something unique. We also think it's cool to have a custom roasted bag of coffee next to your coffee maker.

The name? Our motto is "It's coffee, just different." Our name is c-o-ff-e-e just different; f-o-f-c-e-e. A free scrabble app helped us harness the genius of mixing up words that embody the words and phrases that are near and dear to us at Fofcee.

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## Commun Informat



## FUN FACT:

On New Year's Day in Akita, Japan there is a tradition where men dress as mountain demons, get drunk, and terrorize children for being lazy or disobeying their parents.



## **DRIVING AROUND HERE IN THE SNOW**

I saw a recent post on Facebook, originally posted by Brent Ottoson. I found the information relevant as the snow season is starting and I compiled some of the comments into this press release: "Christmas 2017 snow was brutal. No fewer than a 100 cars were abandoned on hills. Many damaged from cars sliding into each other or into ditches. Carloads of people in their Christmas best (not great for snow) trudged up to a few miles with kids in tow to their homes. If it freezes, your 4WD or AWD will NOT work on the hills because of ice. Have chains or snow tires. Otherwise, park below and walk or call a friend. If it does snow and the roads aren't prepped (they weren't in 2018) and snowplows aren't running (they weren't in 2018), perhaps a few volunteers would help pick up those stranded?" Jaime Cornell commented, "Also, DO NOT hit your brakes when driving up an icy hill. This will cause your car to lose momentum and slide. Just go slow." Brent Ottoson added, "Didn't matter on Camano Hill. Cars went up and sideways at the same time. The inside ditch is magnetic." Kris Erickson said, "And owning a four-wheel-drive truck does not mean you can get around in the snow and ice. You have to put weight in the back. I lost count of how many trucks I saw in ditches because they probably thought they'd be OK but had no weight, like sand bags." Cathy Hazen Olson reminded us all that "both Jan 2020 and February 2021 were pretty crazy too! we were snowed in for a few days." Steven Chames posted a driving tip: "And when there's snow on the road, or especially black ice...SLOW DOWN! Don't make any sudden moves. Start slower, and brake much slower, beginning your brake sooner. Leave extra space between the car ahead of you. Extra slow on turns, as well. Tara Thayer added another tip: "One thing that can really help is down shifting. It helps you to slow down. Do it before you go down the hill or up the hill. Drive slow...biggest problem I have seen is speed." Terry Briggman stated, "A lot of newer cars with automatic transmission have "D3" as a selection to use. This keeps the transmission from shifting up to the higher gears and also when you start up a hill the transmission won't downshift hard and make the wheels spin." To answer the original guestion posted by Brent, regarding a few volunteers who would help pick up those stranded, Rachel Marie Patrick replied, "My husband and I own Patrick and Sons Construction and Excavation LLC here on the island - we have an excavator and live just off Camano Hill Road if anyone ends up needing help! Call/Text 360-322-9779. Photo by Patty Nichols.

# Community Information



## FUN FACT:

After the French revolution, France briefly used a new calendar based on a decimal system; 10 days a week, 10 hours a day, 100 minutes per hour and 100 seconds per minute, and starting at Year 1.



### **NEW LAW TO REDUCE WASTE BEGINS**

January 1 marks the start of a new law that will reduce the use of single-use utensils, condiments, and straws. Law prohibits automatic distribution of single-use food service items by restaurants, cafeterias and other food service providers. Washington restaurants will no longer automatically include single-use food service items like utensils, condiments and straws with food orders. A new state law restricts the use of these items and prohibits packaged bundles of single-use items in order to reduce waste and litter – although customers can still request individual items if needed. Single-use food serviceware items covered by the new requirements include: Utensils (knives, forks, spoons, chopsticks); Cocktail picks, splash sticks, and stirrers; Straw; Condiment packets, sachets, or sauce cup; Cold cup lids, except those provided at drive-through windows or events with over 2,500 people. Under the new law, to receive a single-use food serviceware item, customers must request it, confirm their choice when asked, or select the item they want from a selfserve station. "Automatically including disposable silverware, straws and condiments with every order creates a huge amount of waste, much of which ends up littering our roads and damaging our environment," said Laurie Davies, manager of the Solid Waste program at the Washington Department of Ecology, "This law nudges people to help reduce unnecessary waste." Nearly one trillion single-use food service products are disposed or littered each year in the United States, according to a 2021 Upstream report. Single-use food serviceware items are also a major contaminant in Washington's recycling system that decreases the value of recycled materials. Reducing their use will protect the state's rivers and streams, help the recycling system run more efficiently, and contribute to a growing culture of waste reduction and reuse. BYO - Bring Your Own - While lids, forks, ketchup packets and other items will be available upon request, customers are encouraged to bring their own durable, reusable food serviceware items to help reduce single-use waste. Ecology encourages people to explore sustainable options for reusable travel utensils, and develop habits that keep those items clean and available for use on the go. Most Washingtonians guickly adapted to the state's plastic bag ban earlier this year, and now bring reusable bags when they head to the store. Visit ecology.wa.gov/serviceware for information, tools, resources, and detailed compliance requirements for Washington's single-use serviceware law.

# Community Information



## NEED TO FIND FRESH CRAB?

An outdoor magazine rack filled with "fresh" Crab Crackers is located at the Dan Kaufman's Gallery at Terry's Corner.

## **VOLUNTEER OPPORTUNITIES**

The Lincoln Hill Retirement Community formerly known as the Stanwood Community and Senior Center is offering the following Volunteer Opportunities. The Lincoln Hill Retirement Community is looking for Volunteer Receptionists who are willing to donate 3-6 hour shifts each work or serve on call. Training will be provided. Good verbal and written communication skills are required. The center is in need of a Coffee Bar Baristas/Servers to make coffee and sell baked goods and snacks from our in house coffee bar. Training will be provided. Hours approximately 11:15-2:15 but can be flexible. If you are interested in any of these positions please contact Darlene Campbell, Volunteer Coordinator at 360-629-7403, ext. 104.

## **CAMANO ISLAND GARDENERS**

Do you enjoy learning and sharing knowledge with others? Maybe you have just moved to the area and want to get involved in the community and learn about gardening in the Puget Sound? Then the WSU Extension Island County Master Gardener Volunteer program may be just what you are looking for! Master Gardeners are volunteer community educators working in partnership with WSU Extension to share research-based gardening and environmental stewardship practices with Island County residents, while at the same time learning and having fun working with other like-minded volunteers. Being a Master Gardener volunteer is a great way to gain horticultural knowledge, meet other gardeners, share gardening experiences, connect with the community and belong to a well-respected and educational organization. In-person training on Camano Island will be Saturdays from 9-12:30, March 12 – May 21. Following training, Interns volunteer a minimum of 60 hours at Master Gardener events on Camano and Whidbey to become certified. For more information about the program, cost, requirements, and an application, visit our website at island.wsu.edu or contact Loren Imes at 360-639-6059. Applications are due January 15. We hope you will join us!

## HOT COCOA AND HAND WARMERS

January 31st, 2:30-5pm at Stanwood Camano Community Resource Center. RSVP required by January 27th. Enjoy hot cocoa and make handwarmers with CRC. More info: 360-629-5257.

## Black Ice

Because black ice can form so quickly and is so camouflaged on the road, Occupational Safety and Health Administration officials call it the deadliest of all winter driving hazards. Here's what to look out for:

- Pavement that looks dry but appears darker in color.
- Low-lying areas that may have water runoff from nearby trees or land.
- Bridges, which typically freeze first.
- Underpasses and other road areas that are shaded from the sun.
- Air temperatures that fall below 40°F (expect icy conditions).

# Community Information



## **BAKING CAKE POPS**

January 24th. RSVP required. Students in 6th-12th grades. 2:30-5pm at the Stanwood Camano Community Resource Center. Cook & decorate cake pops. RSVP by January 20th. More info: 360-629-5257.



## FUN FACT:

Hogmanay is the term for New Year's Eve in Scotland. In a place called Stonehaven, it is honored through fireballs swinging and first-footing into a friend or neighbor's threshold.



## **CULTURAL PATTERNS IN ART**

January 18th. SCAAC and crc-sc present Cultural Patterns in Art with Dave Cassera. 2:30-4pm. Open to students in 6th-12th grades. RSVP required by January 13. Local artist and art gallery owner, Dave Cassera, will be here to "draw, paint & discuss how patterns used by cultures of the past have played an inmportant role in the development of modern art."

## SOUND WATERS UNIVERSITY

February 5 & 6, 2022. Registration is now open for Sound Waters University 2022. This year's theme, "Hope in Action," emphasizes positive developments in our marine and nearshore environments. Registrants will also pick classes in three concurrent sessions. Field Trips are new in 2022 and occur the following day. Registered attendees may add-on Field Trips while space is available for a small additional fee. Trips are on Whidbey and Camano Islands and Skagit County and must be purchased by January 23, 2022. Each is limited to fifteen participants. Find the class descriptions, speaker bios and field trip descriptions at www.SoundWatersUniversity.org.

## **OPEN HOUSE SATURDAY & RESEARCH WEDNESDAY**

Open House Saturday: Every Saturday, 10am-1pm at the Stanwood Area Historical Society Tolin House, West Stanwood (between the Pearson House Museum and the Floyd Norgaard Center. Research-Wednesday: Every Wednesday from 1-4pm at the Stanwood Area Historical Society Eldridge Center.



### LIGHTS OF CHRISTMAS - A DRIVE-THRU CHRISTMAS

A wonderful way to experience the magic of Christmas this year! Located in Stanwood, The Lights of Christmas presents "A Drive-Thru Christmas", providing a holiday outing for all families to enjoy during this challenging year. See spectacular lights, dazzling displays, wave to Santa and Mrs. Claus, while listening to Christmas music from the comfort of your own car. Last days of the season: Jan. 2-8, 2022. Advance purchase required. www.thelightsofchristmas.com.



### WEST CAMANO LITTLE FREE PANTRY

1563 West Camano Drive. Lots of new stuff! Food, hygiene items, baby items, clothes and more! Always open! Take what you need and give what you can. Donations accepted at Pub 282.

## HOLIDAY LIGHTS, COMPUTER AND ELECTRICAL CORDS RECYCLING DRIVE

What do you do with holiday light strings and old electric and computer cords that no longer work? Instead of sending them to a landfill, bring them to the Camano Transfer Station for recycling! Now through January 31. WSU Extension Island County Waste Wise volunteers and local Boy Scout Troop 46 will make sure the strings and cords are recycled responsibly. The Transfer Station is located at 75 E Camano Hill Road and is open daily from 9:30-5:00. Questions? Call (360) 639-4608 or email jerilyn.ritzman@wsu.edu.

## FUN FACT:

North Korea does not use the normal Gregorian calendar like most of the world. Instead it uses a different calendar system called the Juche calendar for numbering the years and year one of this calendar began on Kim II Sung's (The founder of North Korea) birthday.









## **FUN FACT:**

The Reykjavik (capital of Iceland) fireworks display on New Year's Eve is one of the largest in the world, and most fireworks sales fund rescue operations in the country.

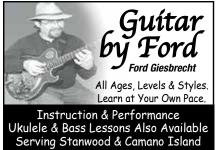


### CENTERVILLE/STANWOOD, FIRST WHARF

(map.preservewa.org) The town of Centerville (or Centreville) was founded in 1866, when the first white settlers came to this area near where the mouth of the Stillaguamish River existed at that time. The settlement was located on Florence Island, opposite the present-day site of Stanwood, and was formed around a saloon and trading post, with a mix of farmers and loggers who sought land claims to the surrounding tidelands, or worked the forests upriver. The addition of a US Post Office in 1870 gave the town its official status. Pre-existing settlements included people of the Stillaguamish River, along with the Kikiallus, the Skagits to the north, and the Snohomish to the south. Many of these traded with the early pioneer settlers via dugout canoe. There were no roads, only the "Stilly" (river) for accessing the community by water. Centerville's founding presaged a booming growth in river commerce that would soon follow over the next half a century.

In 1878, the town was renamed Stanwood, after Clara (nee Stanwood), the wife of D.O. Pearson, the town's first official mayor. Pearson was originally from Boston, and opened the first mercantile store on the west side of town. Pearson was also responsible for building Stanwood's first working wharf in 1877, which allowed steamboats to dock along the waterfront. His store and warehouse were completed at the same time as the wharf, positioning him as a major businessman in local river commerce.

For more about the early history of Stanwood, please visit the Stanwood Area Historical Society's website: www.sahs-fncc.org.



360-631-0661 · guitarbyford.com



## A Winter Walk



## **FUN FACT:**

There is a 1000-year-long song in the making known as "Longplayer." The song began on Jan. 1, 2000 and will continue until Dec. 31, 2999, where it will come back to the starting point of the song and begin again.



JANUARY 2021 – A WINTER BEACH WALK By Stacey Thompson, Sound Water Stewards (SWS) Class of 2011

What can you see on the beach in the Winter? Why go out in the cold? When you go for a beach walk on a cold winter's day you will be sure to notice the birds at the shore. While gulls, eagles and raptors are residents, many birds are migratory species just visiting for the winter. Tundra and trumpeter swans, snow geese and Canadian geese may be flying by, honking loudly, as well as numerous species of ducks such as the smallest of all, the bufflehead. This little black and white duck looks like a plush toy afloat, and usually shows up in small flocks. It dives for mollusks and crustaceans. Other ducks dive for fish, too.

Beachcombing has been a way of life for me. I love to look for agates, wishing rocks, shells, and driftwood. When I read in 2010 that there was a volunteer organization that monitored beaches as one of the citizen science projects, I signed up for the 2011 Training to become an official beach monitor volunteer.

Beach monitoring is a citizen science activity where we explore our shores systematically with our fellow Stewards, inventorying the beach and its resident organisms that are lying on or scurrying about the seaweed, lichen, sand, and rocks. After diligent inventorying, we usually eat lunch together at the hosts' beach house and visit with each other, one of my favorite parts of Sound Water Stewards. There are many interesting people to meet in this amazing organization.

This month I am looking at rocky beaches which reveal four of the "usual suspects" regularly found in Zone One (splash zone, the upper zone or high tide zone) within the intertidal zonations. These are the red velvet mite, periwinkles, limpets, and small brown barnacles.

Zone One can be found 9 feet above the 0.0 tide level. The organisms in this high tide zone must be adapted to the heat, sunlight, freshwater from runoff and rain, as well as to the competition and predators in that zone.

Small brown barnacles, Chthamalus dalli, measure about 5-6 mm at their base. Like their cousins the larger white Balanus glandula, measuring about 1.5 cm, they comb the water for microscopic food. They are filter feeders and must be submerged in water to feed. The small brown barnacle has four plates that, when closed form a cross-shape. Some of these small barnacles are dry for longer periods than others but can live through this zone's extreme conditions. Check to see if the barnacles are alive by seeing if the plates are closed together at the top.



Another Zone One creature we find regularly is the bright red velvet mite, Neomolgus littoralis. This little mite can be easily spotted because of its bright color. It is fun to spot on your winter walk in the splash zone, high tide. It uses its eight legs to go after small flies then sucks their fluids. Mites do what they do.

Continuing your winter walk you will probably run across numerous periwinkles, tiny marine snails with small dark shells, Littorina sitkana, 1.5 cm tall. They have a strong spiral shape. A closely related species is checkered black and white called the checkered periwinkle, Littorina scutulata, which is barely 1 cm in height.

You will more than likely spot Lottia digitalis, the limpet, when you see periwinkles. Its shell is distinctly ribbed with an apex placed anteriorly and reaches 2 cm. Snails and limpets are herbivores that scrape algae from the rocks. They congregate along the crevices where moisture collects and where algae grow. Look under lower edges of boulders for limpets and periwinkle.

These are just a few of the creatures. What else can you find in the splash zone? Are you noticing rockweed, lichen and other species?

Enjoy your time on the beach. How fortunate we are to live on the beautiful Salish Seashores and can get out away from our guarantined lives. Hope to see you this Spring and Summer during monitoring. And remember, return creatures and rocks to where you found them.

## Init more ut four

#### Safety on snowy, icy roads

 Decrease your speed and leavyoursell plenty of room to stop.
 You should allow at least three times more space than usual between you and the car in front of

Brake gently to avoid skidding. If your wheels start to lock up, ease of

he brake. Tum on your lights to increase your

- visibility to other motorists. Use low gears to keep traction,
- especially on hills. Don't use cruise control or overdrive on icy roads.

#### If your rear wheels skid ....

Take your foot off the accelerator.

n the direction you want the front wheels to go. If your rear wheels are sliding left, steer left. If they're sliding right, steer right.

If your rear wheels start sliding the other way as you recover, ease the steering wheel toward that side. You might have to steer left and right a few es to get your vehicle completely under control

If you have standard brakes, normal them gently. If you have anti-lock brakes (ABS),

do not pump the brakes. Apply steady pressure to the brakes. You will feel the brakes pulse — this is normal.

#### If your front wheels skid...

Take your foot off the gas and shift to neutral, but don't try to steer

immediately. As the wheels skid sideways, they will slow the vehicle and traction will will slow the vehicle and traction will return. As it does, steer in the direc-tion you want to go. Then put the transmission in "drive" or release the clutch, and accelerate gently.

If you get stuck... Do not spin your wheels. This will only dig you in deeper. Turn your wheels from side to side a few times

to push snow out of the way. Use a light touch on the gas, to ease your car

out. Pour sand, kitty litter, gravel or salt in the path of the wheels, to help get traction. Try rocking the vehicle, (Check your owner's the an element the transmission on

manual first - it can damage the transmission on some vehicles.) Shift from forward to reverse, and back again

#### If you become stranded.

Do not leave your car unless you know exactly where you are, how far it is to possible help, and are certain you will improve your shaaton. It o attract attraction, light two fares and place one at each end of the car a safe distance away.

 Hang a brightly colored cloth from your antenna.
 If you are sure the car's exhaust pipe is not blocks run the engine and heater for about 10 minutes every hour or so depending upon the amount of gas in the

tank. Keep at least one window open slightly. Heavy snow

and ice can seal a car shut. Eat a hard candy to keep your mouth moist.

ment Information & Services, Weathy

#### Necessary equipment An emergency situation on the road can arise at

any time and you must be prepared. In addition to making sure you have a tune-up, a full tank of gas, and fresh anti-freeze, you should carry the follow-ing items in your trunk and replenish after use:







First aid kit

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d frai

Council, New York State Department of Motor Vehicles

Bag of salt

Rock So

Tow and

47

# ocal Stories and Poetry



## FUN FACT:

1st January as New Year was never a standard practice. Romans for instance celebrated March 1 as New Year. Some other cultures went for winter solstice or summer equinox.



LET IT SNOW By Lucienne Miodonski

By this time every year, thousands of Snow Geese, Trumpeter Swans and Tundra Swans have found their way to the fertile fields, estuaries and tide flats of the Skagit Valley, where they spend the winter grazing on native delta salt marsh plants, as well as farmland residue crops and winter cover crops. White, plump birds, dot the grey winter landscape.

Snow Geese flocks are very large and noisy, the male and female both cackle and honk loudly all day and night long. Snow Geese can be differentiated from the swans by their black wing tips, shorter necks and dark, pink bills with a black grin patch and reddish feet. Every September, Snow Geese leave their summer home in the Artic

tundra of Russia's Wrangel Island-- where they breed and raise their young--and enter the pacific flyway to make the 3000 mile journey to the pacific northwest. Most stay here until April, but some only stopover before continuing their trek south to the central valley of California.

Trumpeter and Tundra swans are not far behind and start arriving to the Skagit Valley in November through mid-March, from their summer home in the tundra of Alaska and northern Canada. The best time to view the swans are in late December to February.

Trumpeter Swans are the biggest native North American waterfowl, stretching 6 feet in length and weighing more than 25 pounds, almost twice the size of the smaller Tundra Swans. Trumpeter swans are more common in the PNW but Tundra swans can be found intermixed in Trumpeter flocks. It's fun to view a flock (with binoculars or scope) and try to pick out the Tundra swans, if any are present.

All these "snow birds" are a sight to behold, especially the Snow Geese, when the entire flock alights into the air in a huge, cacophonous, swirling whiteout, it is breathtaking. Birdwatchers come to the Skagit Valley from near and far to see and photograph the geese and swans. But they are not always easy to locate--the birds are transient, flying from field to field in search of food or to escape predators.

A couple favorite spots are Wylie Slough and Fir Island Farm Reserve and the Johnson-Debay Swan reserve, part of the Skagit Bay wildlife area. They can also be spotted in the fields along the backroads of Fir Island through the valley to La Conner. A helpful App to keep up with bird sightings and locations is eBird. Photo: Snow Geese, Skagit Valley by Lucienne Miodonski.



## CASA'S PET OF THE WEEK:

Meet **WINIFRED!** She came to us as a stray but is warming up quickly to people especially with treats involved. Winifred can be more of an independent cat at times. She would need to go to a home without other cats and no dogs. If you feel Winifred would be a good match for you please fill out the adoption application and send it to us via email.

**Camano Animal Shelter Association (CASA):** 360-387-1902. camanoanimalshelter.org



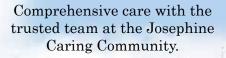
With You,

every step

## NOAH'S PET OF THE WEEK:

**FLORA** is a beautiful older lady that is looking for a home to live out her golden years. She is very chatty and looking for a new friend to talk to. If you're looking for a new best friend come visit her at The NOAH Center today!

**The N.O.A.H. Animal Adoption Center:** 31300 Brandstrom Rd, Stanwood. (360) 629-7055. thenoahcenter.org.





www.TheCrabCracker.com

## Land Title & Escrow

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<u>www.initiatives-group.com</u> (360) 499-2950 Camano Island, WA





Initiatives Group

TheCrabCracker@wavecable.com

## Cooking Mamas



Recipes by Cooking Mamas created by Dusty Hutchins-McNutt.

"Great recipes begin in Mama's Kitchen!"

Visit me at: www. CookingMamas. com



## ROASTED CAULIFLOWER TACOS

Healthy roasted cauliflower tacos dressed with homemade Pico de Gallo and cilantro lime crema, Enjoy!

CAULIFLOWER: 1 lg. head cauliflower; 1-2 T. avocado oil or olive oil SPICE MIX: 1 tsp. chili powder; 1 tsp. smoked paprika; 1 tsp. ground cumin; 1 tsp. onion powder; 1 tsp. garlic powder; 1 pinch cayenne pepper; Sea salt

TACO TOPPINGS: 8 (6-inch) flour tortillas, warmed; Cabbage mix or broccoli slaw; Cilantro Lime Crema; Pico de Gallo; Avocado slices or guacamole; Cilantro leaves or sliced green onions; Lime wedges for serving

DIRECTIONS: 1. Preheat oven to 450 degrees. Line a large, rimmed baking sheet with foil; set aside. 2. CAULIFLOWER: Chop cauliflower into bite-sized florets. Place florets into a large bowl and drizzle with avocado or olive oil and gently toss. 3. SPICE MIX: In a small bowl, combine spices. Sprinkle the spice mix over the cauliflower and gently toss to coat each floret with spices. 4. Spread the spiced cauliflower over the prepared baking sheet in an even layer and roast for about 25 minutes. 5. TACO TOPPINGS: While the cauliflower is roasting, prepare all your toppings. 6. Once the cauliflower is done, simply fill warm tortillas with cabbage, cauliflower, cilantro lime crema, Pico de Gallo, avocado slices, cilantro leaves & a squeeze of lime. Serves 4



## Get beautiful FROZEN organic blueberries in Silvana! HAZEL BLUE ACRES

Spencer & Karen Fuentes – Owners – 430 Hevly Road, Silvana **360–770–7261** email: hazelblueacres@gmail.com

We also sell Sockeye salmon fillets, pies, hazelnuts, syrups, ice cream & soap

www.TheCrabCracker.com

Jlasses and Workshops



## NEW YEAR FACT:

On New Year's Eve, residents in a small neighborhood in Johannesburg, South Africa collect old appliances, carry them up to apartment building rooftops and toss them down to the streets far below. *Vinyasa flow* Thursday's at 4:30. A full body workout stringing postures together, using breath. 360-629-5040 or www.zsremedies.co*m* 

**Gentle mat** with Sheri Monday's 8am, Wednesday's at 4:30pm or Friday's at 9:30am"You Can do this!" Call 360-629-5040 or register online @ Zsremedies.com

FLOW YOGA with Melissa, Thursdays at 6pm. Be challenged, enlivened and inspired! www.zsremedies.com

*"Piano Lessons & Holiday Ukulele Classes!* For ALL ages, with Linda Younce. More at SmallChambers.com or call 425-466-5362."

**Yoga for Beginners Five Week Session** Jan 4 - Feb 1 Tuesdays, 6-7:15pm. This introduction will teach you the foundational alignment of basic yoga postures, how to coordinate breath with movement and philosophical practices. Sign up at movementars.com or call 360-629-9100. Next Sessions: Feb 22-Mar 22, 2022, Apr 12-May 10, 2022 May 31-Jun 28, 2022. Space is limited, sign up. \$85.

**Yoga Classes In-studio & Online** at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home.

**Online Video Library** – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to our video library of online classes; regular membership rates apply. View sample videos FREE on our media page at www.movementarts.com/media.

**Ballet, Tap, Instrumental and Voice Lessons** at Forte Music Dance Art 1095 Essex St. A-1 Camano Island. Ballet beginning / intermediate Tues. at 4pm Thurs. at 3pm. Tap - advanced Mon. at 9:30am and Thurs. at 10:30am. Beginning Tap 10:30am Mon. & 4pm Thurs. Sax, clarinet, flute, voice and piano lessons are available daily. 4 Yoga classes available weekly for information contact Bernie Connoly @ 425-622-6563. For more info, contact Chris Tuohy @ 360-572-9262.

**Yoga class in-person.** Thursdays at 5:30pm Camano Country Club, 1243 Beach Dr. All experience levels welcome, no need to be a member of the Camano Country Club to participate. Email nicole@bluemonarchhealth.com

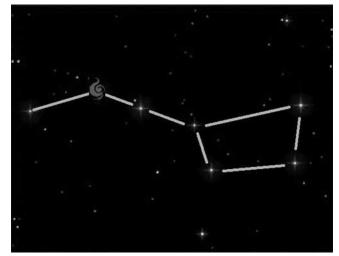
"RESTART your health in just 5 weeks! Boost immunity, increase energy, think more clearly, sleep better, improve your mood, and feel well again! Visit www.HNT.life for more information."

Virtual Guitar Lessons during this difficult time – with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Instruction & performance. Ukelele & Bass lessons also available. 360-631-0661.

Have fun while achieving your art goals. Painting lessons with a national award winning artist. 425-681-5104 or Michele@MicheleRushworth.com to save your spot.

*Karate & Taekwondo* at Northwest School of Martial Arts! Open enrollment, fun for all ages! Our programs emphasize respect, self-defense, confidence, self-discipline, exercise, leadership & focus. Call 629-4341 or visit nwschoolofmartialarts.com for schedule & prices.

**My Body Mind Fitness** "Time to give back." Help us grow and educate our community. Fitness & nutrition classes for all ages. Teacher benefits. www.mybodymindfitness.com.



## THE ROMAN EYE TEST

The Roman Empire had an eye test to determine the abilities of applicants hoping for jobs that required excellent vision. If you are up for a challenge you can repeat the test on your own. Look to the north and find the Big Dipper and find the second star from the end of the handle (map above). That star, Mizar, is a double star system and if you could visually separate the pair then you were hired. With the aid of telescopes it was later discovered that the double star system, Mizar and Alcor, are actually multiple star systems on their own. Alcor is a double star system and Mizar is a part of a system with 4! No need to fret if your vision is something less than stellar (pun intended). You can always blame it on a hazy or turbulent sky. As a consolation try to imagine a sky with 6 Suns and the endless variety of sunsets such a sky would give you. If you feel like you might be missing out, imagine a culture where true darkness falls once about every 1000 years. Judging by how our ancestors viewed eclipses I'm not sure I would want to be in town on such an event.



## REAL ESTATE

Email Web Phone

Astronomy and

the night sky

bv William

Maxwell.

His astro

images can be

found at www.

astrobin.com/

users/ WilliamM/

> mikegant@windermere.com mikegantrealestate.com 425-244-8777

Your Goals, My Priorities.

Windermere NEAL 131ATE

### TIDE TABLES - SARATOGA PASSAGE / GREENBANK: DEC. 31, 2021-JAN. 13, 2022

| Date |                      | High<br>/Low               | Tide<br>Time                               | Height<br>Feet              | Moon<br>Visible | Date |                      | High<br>/Low               | Tide<br>Time                               | Height<br>Feet             | Moon<br>Visible |
|------|----------------------|----------------------------|--|-----------------------------|-----------------|------|----------------------|----------------------------|--|----------------------------|-----------------|
| F    | 31<br>31<br>31<br>31 | High<br>Low<br>High<br>Low | 3:36 AM<br>8:20 AM<br>1:36 PM<br>8:52 PM   | 10.8<br>7.7<br>12.2<br>-2.6 |                 | F    | 7<br>7<br>7<br>7     | Low<br>High<br>Low<br>High | 1:34 AM<br>8:55 AM<br>3:08 PM<br>8:05 PM   | -0.6<br>12.7<br>5.3<br>8.7 |                 |
| Sa   | 1<br>1<br>1<br>1     | High<br>Low<br>High<br>Low | 4:38 AM<br>9:26 AM<br>2:16 PM<br>9:37 PM   | 11.9<br>8.3<br>12.0<br>-3.5 |                 | Sa   | 8<br>8<br>8<br>8     | Low<br>High<br>Low<br>High | 2:21 AM<br>9:33 AM<br>4:10 PM<br>9:25 PM   | 1.1<br>12.4<br>4.4<br>8.0  |                 |
| Su   | 2<br>2<br>2<br>2     | High<br>Low<br>High<br>Low | 5:26 AM<br>10:25 AM<br>3:07 PM<br>10:24 PM | 12.5<br>8.3<br>11.8<br>-3.8 |                 | Su   | 9<br>9<br>9<br>9     | Low<br>High<br>Low<br>High | 3:10 AM<br>10:11 AM<br>5:10 PM<br>11:03 PM | 2.9<br>12.1<br>3.4<br>7.7  |                 |
| м    | 3<br>3<br>3          | High<br>Low<br>High<br>Low | 6:11 AM<br>11:20 AM<br>4:00 PM<br>11:12 PM | 12.9<br>8.0<br>11.6<br>-3.6 |                 | м    | 10<br>10<br>10       | Low<br>High<br>Low         | 4:06 AM<br>10:49 AM<br>6:05 PM             | 4.8<br>11.7<br>2.4         |                 |
| Tu   | 4<br>4<br>4          | High<br>Low<br>High        | 6:54 AM<br>12:14 PM<br>4:56 PM             | 13.0<br>7.6<br>11.1         | -               | Tu   | 11<br>11<br>11<br>11 | High<br>Low<br>High<br>Low | 12:59 AM<br>5:17 AM<br>11:28 AM<br>6:53 PM | 8.1<br>6.4<br>11.3<br>1.4  | $\bullet$       |
| w    | 4<br>5<br>5<br>5     | Low<br>High<br>Low<br>High | 11:59 PM<br>7:35 AM<br>1:10 PM<br>5:54 PM  | -3.0<br>13.0<br>6.9<br>10.4 |                 | w    | 12<br>12<br>12<br>12 | High<br>Low<br>High<br>Low | 2:36 AM<br>6:46 AM<br>12:08 PM<br>7:35 PM  | 9.2<br>7.5<br>10.9<br>0.6  | 0               |
| Th   | 6<br>6<br>6          | Low<br>High<br>Low<br>High | 12:47 AM<br>8:16 AM<br>2:08 PM<br>6:56 PM  | -2.0<br>12.8<br>6.2<br>9.6  |                 | Th   | 13<br>13<br>13<br>13 | High<br>Low<br>High<br>Low | 3:41 AM<br>8:14 AM<br>12:50 PM<br>8:13 PM  | 10.3<br>8.1<br>10.5<br>0.0 | О               |

## HORSE HEALTH:

## What are the risks of decreased water intake?

Because horses drink less water in the winter, they are at risk for impaction colic. This type of colic occurs when hard or dry fecal matter accumulates in the colon.

## How can I encourage my horse to drink more?



Always provide access to fresh water. The average horse drinks 10 gallons a day.



Heat water (up to 66 degrees Fahrenheit).



⇐ Limit access to cold water
 Ϛ and provide heated sources.



Remember, horses drink the most right after eating grain or hay.

## Heated or cold water: Which is better?

Studies show horses drink more during cold weather if water is heated, but only if the heated water is their sole water source.

Source: http://www.aaep.org/info/horse-health?publication=2316



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## Real Estate FORECAST 2022

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Join us as Windermere's Chief Economist, **Matthew Gardner**, provides insight and offers his predictions for the local real estate market in 2022.



Enjoy wine and hors d'oeuvres as we analyze the macro and micro-economic trends affecting Stanwood and Camano Island.

## January 21, 2022

Doors open at 6:30 p.m. Presentation begins at 7 p.m.

## **Camano Center**

606 Arrowhead Rd, Camano Island, WA 98282

The event is open to the public at no cost, but seating is limited, so reserve your spot!



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