



Events, Information, and Entertainment in the Port Susan Area Camano Island • Stanwood • Warm Beach • Silvana • Conway



### CAMANO LUTHERAN CHILDCARE IS RE-OPENING

Camano Lutheran Childcare, located at the north end of Camano Island (3 miles from the bridge) has been in operation for 40 years, serving the communities of Stanwood and Camano Island. We are an Early Achievers participant, providing a quality program for all children ages 2-12, weekdays 6:30-6:30; DSHS approved; before/after school care; drop-in participation; nutritious USDA approved meals.

We are anticipating re-opening with a new Director and re-imagined program sometime in February 2022.

If you are in need of childcare, please make us aware of your needs by providing the names and ages of each child entering care, the days/times needed, and the best contact information to reach you. Inquiries may be submitted via our email at:

camanochildclasses@gmail.com or visit the church website at: CamanoLutheranChurch.org

### WE ARE HIRING IMMEDIATELY FOR ALL POSITIONS

lead teachers, teachers, aides, cook
Part-Time and Full-Time, Split-schedule

No EXPERIENCE necessary—we can work with you to get certified

Perfect opportunity for those attending school or if you have to work

with childrens' schedule

inquiries or resumes may be submitted via our email at: camanochildclasses@gmail.com or visit the church website at: CamanoLutheranChurch.org

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### Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

### Happy Groundhog Day!



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thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893 P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: FEBRUARY 3 for Next Edition (Feb. 11-24, 2022)

### Calendar of Events

### **FUN FACT:**

Groundhogs typically weigh between 12 and 15 pounds; Phil is 22 pounds. FRIDAY, JANUARY 28

### STANWOOD HIGH SCHOOL SPORTS

Boys Wrestling vs Cascade. JV: 5:45pm. Varsity: 7pm.

FRIDAY, JANUARY 28

### **COUNTRY DANCE WITH KIM**

At Loco Billy's, 27021 102nd Ave NW Stanwood. NO COVER~OPEN DANCE 6:30-8pm and after the lessons from 9-1am. Line Dance Lessons \$10, at 8 - 9pm. All styles welcome. For more info call 425-737-5144 or www.locobillys.com

FRIDAY, JANUARY 28

### **ENCHANTRIX**

7:30pm - 10:00pm at Pub 282 at Camano Plaza. We are a 'Variety Rock Cover Band' from Puget Sound Washington. Guitar driven, awesome female vocals, and a big sound.

FRIDAY, JANUARY 28

### FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

FRIDAY, JANUARY 28

### **YOUTH GAME NIGHT!**

6:30-8pm at Church Of Jesus Christ Of Latter Day Saints, Ell Road, Camano Island. Ages 12-18. We can play sports, games and activities of your choice! invite your friends and family to come. A chance to meet new people. Games, treats & more!

FRIDAY, JANUARY 28

### **TEEN LATE NIGHT**

5-7:30pm at Stanwood Camano Community Resource Center. Students in 6th-12th grades. Games and hang out with friends. Dinner provided. More info: 360-629-5257.

FRIDAY, JANUARY 28

### **CURTIS MOORE**

performing at The Conway Boxcar in Stanwood. More info: conway-pubeatery@gmail.com.







SATURDAY, JANUARY 29

### **SOUTH CAMANO GRANGE PANCAKE BREAKFAST**

8am-11am. Pancakes, or French toast, or biscuits and gravy or a combo. Included with order: scrambled eggs, ham and sausage, served with juice, coffee, tea or cocoa. Come and visit with your neighbor. Masks are required, as well as social distancing. Call Pat for more information at 360 629-3276.

SATURDAY, JANUARY 29

### **FULL SPECTRUM BAND**

performing at The Conway Pub, 18611 Main Street, Conway, WA. No cover charge. More info: conwaypubeatery@gmail.com.



Join us, fellow islanders...

on January 29th, 11am at the Camano Center to help re-elect Janet St. Clair for Island County Commissioner. Janet has served Camano with diligence and commitment since being elected in 2018. Let's make sure she continues to serve us for another four years! For the safety of our community, attendees are asked to be vaccinated and masked. Virtual opportunity to join us will be available January 30th, 7-8 pm. For more information: <a href="https://www.janetstclair.com">www.janetstclair.com</a>

### Land Title & Escrow

Serving our community for over 80 years.

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For a Complimentary Title and/or Escrow Quote Call our Stanwood/Camano Office

360-629-9737

7104 256th Street, Suite 101 Stanwood, WA 98292



Easy as 1,2,3

- 1. A Simple Gesture volunteer will drop off green bags at your house
- 2. Everytime you go to the grocery store pick up items for the green bags
- 3. Every other month A Simple Gesture volunteer will come pick up the bags from your front porch.

Go to stanwoodcamanofoodbank.org to sign up or learn more.



### GROUND-HOG FACT:

Wiarton Willie is an albino (white) groundhog. A movie was made in 1993 called 'Groundhog Day'. It was filmed in Woodstock, Illinois but was portrayed as Punxsutawney. It was a comedy about a man reliving the same day over and over again until he became a better person.

SATURDAY, JANUARY 29

### **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JANUARY 29

### JIMMY WRIGHT BAND

7:30pm - 10:00pm at Pub 282, Camano Plaza.

SATURDAY, JANUARY 29

### **DORKY DANCE KIDS**

"Down on the Farm". 10-11am online event. Dorky Dance fun for the whole family!! We'll dance, get fit, play games, laugh and wiggle around! Come dressed to the theme of "Down on the Farm", or come just as you are. Anyone and everyone WELCOME! All ages & abilities. Kids must be accompanied by an adult. Registration is required. Contact us with questions: https://www.sno-isle.org/contact-us/

SATURDAY, JANUARY 29

### **JOEL GIBSON JR.!**

8pm a Loco Billy's, 27021 102nd Ave NW Stanwood. Welcome this fabulous country band for the first time to Loco Billy's! Buy General Admission tickets here for \$10 or Call 425-737-5144 for Reserved VIP seats for parties of 4 or more. Tickets will also be available at the door. This band plays danceable, original & cover country tunes! You will LOVE THEM!

SATURDAY, JANUARY 29

### **SPOT - SCOTT PEMBERTON O THEORY**

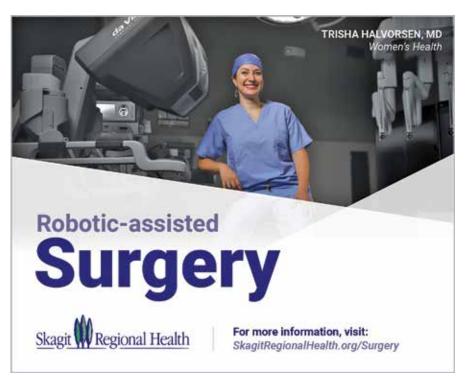
8 pm in Hayloft at The Conway Muse. Rooted in the familiar yet utterly unique, this nimble Power Trio creates their own brand of progressive roots music blending deep jazz, blues, rock/grunge, funk and psychedelia; often during the same song. (COVID Precautions - temp checks only)



### MONDAY, JANUARY 31

### **NAUGHTY BINGO**

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.





# Calendar of Events

### NEED TO FIND FRESH CRAB?

An outdoor magazine rack filled with "fresh" Crab Crackers is located at the Terry's Corner at Dan Koffman's Gallery.

### MONDAY, JANUARY 31

### **CAMANO ISLAND QUILTERS OPEN SEW**

(OPEN TO THE PUBLIC). 11am-1pm at the Camano Center – 606 Arrowhead Road. Bring your sewing machine, projects & basic tools for an afternoon of fun! Free to Camano Center members, \$5 for non-members. More info: calvius@msn.com, 425-319-0400.

### TUESDAY, FEBRUARY 1

### FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

### TUESDAY, FEBRUARY 1

### A CONVERSATION WITH AUTHOR & SPEAKER EMMA VAN DER KLIFT

6:00 pm - 7:30 pm Via Zoom only, Open to the Community, Author & Disability Activist, Emma Van Der Klift to talk about her book, Talk To Me: What Educators (and others) Can Learn About De-Escalation from Hostage Negotiators, Brought to you by CRC-SC and Ed Wiley Autism Acceptance Library. For more information contact: Lei Wiley-Mydske at Lei@neurodiversity.org or call 425-791-0869. Email info@crc-sc.org ahead of time for the zoom meeting link or go to the event on the CRC-SC Facebook page or CRC-SC website.

### TUESDAY, FEBRUARY 1

### 90'S NIGHT

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail.com.



## Calendar of Events

TUESDAY-WEDNESDAY, FEBRUARY 1-2

### SEPTIC SYSTEM CARE WEBINAR

for Snohomish County Residents. 6:30-8:30 PM via Zoom. Snohomish County's Savvy Septic Program is hosting a free, online workshop. Choose a webinar date, then click the Register button to reserve your place. Register at https://zoom.us/webinar/register/5016418274116/WN bn39idUVQsmMGafHLm9MmA



WEDNESDAY, FEBRUARY 2

### **GROUNDHOG DAY**

Groundhog Day is observed February 2 every year. In the United States Punxsutawney Phil (Groundhog) from Punxsutawney, Pennsylvania will rise from his burrow and check for his shadow where he predicts if there will be six more weeks of Winter.







WEDNESDAY, FEBRUARY 2

### **BOARD GAME NIGHT**

5:30-10pm at Journey's End Cafe at 1992 Elger Bay Road, Camano Island. Use ours or bring your own. More info: (360) 387-9120.

WEDNESDAY, FEBRUARY 2

### STANWOOD HIGH SCHOOL SPORTS

Boys Basketball vs Cedarcrest. JV & Frosh: 5:40pm. Varsity: 7:15pm.



# Calendar of Events

**FUN FACT:** 

Punxsutawney Phil is the official groundhog forecaster on February 2, but many states have their own (like New York's Pothole Pete) WEDNESDAY, FEBRUARY 2

### **ONLINE FAMILY TRIVIA - GAMES**

7-8:30pm. Go it solo or grab a family member (or a few!) to test your trivia skills, right from the comfort of your own home. Join us for Games Trivia! This will test your knowledge of all types of fun games. Like board games, video games, card games and others that you might have had fun with before! Family trivia is designed with young people in mind – we suggest a youth participant on each team. Registration is required. Contact us with questions: https://www.sno-isle.org/contact-us/

THURSDAY, FEBRUARY 3

### JAM/OPEN MIC

NO Cover/Free Event. CHRIS EGER and RICHARD WILLIAMS can back you up or you can bring your own band/musicians to perform with you. Full backline provided. 7-11pm at Loco Billy's Wild Moon Saloon. 27021 102nd Ave NW, Stanwood. 425-737-5144.

THURSDAY, FEBRUARY 3

### STANWOOD HIGH SCHOOL SPORTS

Girls Basketball vs Kamiak. JV: 5:40pm. Varsity: 7:15pm.

FRIDAY, FEBRUARY 4

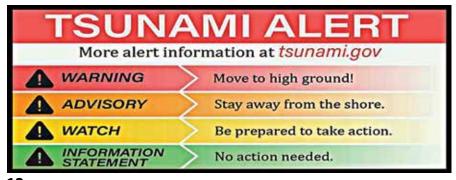
### **COUNTRY DANCE WITH TIANA!**

At Loco Billy's, 27021 102nd Ave NW Stanwood. No Cover & Dancing all night 6:30-Midnight. Line Dance Lessons w/Tiana from 8 - 9pm, \$10. Open dance before & after the lesson at 8pm. All styles welcome. Call 425-737-5144 for more info or www.locobillys.com.

FRIDAY, FEBRUARY 4

### **BEACH 1 GALLERY ARTISTS RECEPTION**

for Bob Dunn, Wildlife & Nature Artist (rescheduled from a previous postponed date). Working in watercolor and gouache or acrylic, his goal is to show wildlife and the natural environment in ways that enrich our appreciation for the beauty of God's Creation. His art will be displayed and for sale the entire month of February. Masks are required inside the Club House at all times. We will be serving pop,wine, bottled water and individual bags of chips for the reception. 5-7pm at 1243 Beach Drive, Camano Island 360-387-1655





First established by Germans in America in 1887, Groundhog Day was actually inspired by Europe's Candlemas Day, during which clergymen would bless the candles they needed for the cold season. (If the candles brought a sunny day, there would be six more weeks of winter; likewise, clouds and rain signified that winter would end soon.)

FRIDAY, FEBRUARY 4

### FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

FRIDAY, FEBRUARY 4

### YOUTH GAME NIGHT!

6:30-8pm at Church Of Jesus Christ Of Latter Day Saints, Ell Road, Camano Island. Ages 12-18. We can play sports, games and activities of your choice! invite your friends and family to come. A chance to meet new people. Games, treats & more!

SATURDAY, FEBRUARY 5

### ASK A MASTER GARDENER

Today is Island County Master Gardener Clinic day, Join us at 2 PM and ask your garden questions or just listen in as we talk about what is going on in our gardens this month. Zoom Link https://wsu.zoom. us/j/92586177662. Meeting ID: 925 8617 7662. Password: 509241.

SATURDAY, FEBRUARY 5

### DORKY DANCE KIDS "HALLOWEEN IN FEBRUARY"

10-11am online event. Dorky Dance fun for the whole family!! We'll dance, get fit, play games, laugh and wiggle around! Come dressed to the theme of "Halloween in February", or come just as you are. Anyone and everyone WELCOME! All ages & abilities. Kids must be accompanied by an adult. Registration is required. Contact us with questions: https://www.sno-isle.org/contact-us/

SATURDAY, FEBRUARY 5

### COUNTRY DANCE & PARTNER LESSONS WITH TILLIE

At Loco Billy's. No Cover, Dance Floor & Doors open at 6:30pm. Open Country Dance Before and after the lessons at 8pm. Texas 2 Step & West Coast Swing Lessons, \$10 at 8pm! No partner needed. Open dance 6:30-8pm and after the lesson from 9pm-1am. 102nd Ave NW in Stanwood. Call 425-737-5144 for more info or www.locobillys.com.

SATURDAY, FEBRUARY 5

### THE WALRUS

performing live at The Conway Muse. One of the Northwest's favorite bands. Vocally rich and intricate arrangements include songs by the Beatles, Queen, the Jackson 5, the B-52s, Led Zeppelin, Pink Floyd, Tom Petty, The Police, Stevie Wonder, Jefferson Airplane, Heart, The Trammps, CSNY, Talking Heads, Aretha Franklin, and many others. View our song list. [COVID Vaccination, natural immunity or negative test within 72 hours required for audience

SATURDAY, FEBRUARY 5

### **BEAUTY BAR DIVAS**

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge. 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.



Phil's full name, granted by the Punxsutawney Groundhog Club, is Punxsutawney Phil, Seer of Seers, Sage of Sages, Prognosticator of Prognosticators, and Weather Prophet Extraordinary.



SATURDAY, FEBRUARY 5

### **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.



SATURDAY-SUNDAY, FEBRUARY 5-6

### HAVE YOU HEARD THE BUZZ?

Sound Waters University (SWU) is online Saturday, Feb 5-6 (8:15 am-3:15 pm) with a theme of Hope In Action! Whether you have just moved here, or you have been a resident for many years, something drew you here and Sound Waters University will inspire you. Discover a kinship with the SWU's environmentally-focused classes, stewardship-minded attendees, and supportive sponsors in the exhibit hall. Keynote speakers feature two renowned authors: Lynda Mapes, author of Orca and David B. Williams, author of Homewaters. Classes taught by experts will address: salmon habitat restoration, solitary bees, anemones, bull kelp, humpback whales, rockfishes, cephalopods/octopuses, and a Native American place-based approach to STEM education. Register now and serve the day to attend virtually. That day, you choose from three concurrent sessions during three time-slots and watch the others later at your convenience. Tickets are \$60; half price (50% discount) for students, teachers, military, and AmeriCorps. Sign up at SoundWatersUniversity.org. Proceeds benefit Sound Water Stewards, a local educational nonprofit. 360-678-4401. https://www.soundwatersuniversity.org/register/



### IF WE DON'T KNOW ABOUT IT, WE CAN'T PRINT IT.

Send your info and/or images to: thecrab @thecrabcracker.com



SATURDAY, FEBRUARY 5

### **E-CYCLE**

10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.

SATURDAY-SUNDAY, FEBRUARY 5-6

### **RED WINE & CHOCOLATE TASTINGS!**

at Edward Lynne Cellars. Don't miss this opportunity to taste wines paired with chocolate. More info:(360) 929-6072 elcellars@gmail.com



SUNDAY, FEBRUARY 6

### FREE LACROSSE CLINIC

Joins us for our Girls Camp! This camp is open to all girls who want to learn some new skills, or brush up on skills they already have! More info: stanwoodlacross.com.

# Calendar of Events

SUNDAY, FEBRUARY 6

### LIFE OF THE SPIRIT DEVOTIONAL GATHERING

Please join us on Zoom at 11am. There will be prayers, poems and music to uplift spirits. We usually start with 10-15 minutes of prayers and readings from the world's sacred scriptures. After that, we share personal thoughts, prayers, inspirations, poems, music - whatever lifts the spirit. If you prefer to just tune in but keep your thoughts to yourself, that's perfectly fine too. More info: bahaisofcamanoisland@gmail.com.

MONDAY, FEBRUARY 7

### **NAUGHTY BINGO**

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

TUESDAY, FEBRUARY 8

### **FREE COOKING DEMO**

at Hazel Blue Acres in Silvana at 2 pm and 6 pm in the barn. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

TUESDAY, FEBRUARY 8

### STANWOOD HIGH SCHOOL SPORTS

Boys Basketball vs Edmonds Woodway. Frosh & JV: 5:40pm. Varsity: 7:15pm.

### Overwhelmed by MEDICARE?

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TUESDAY, FEBRUARY 8

### FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.



TUESDAY, FEBRUARY 8

### 90'S NIGHT

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail.com.



### Calendar of Events

The Germans originally chose a hedgehog as their animal forecaster. They turned to groundhogs instead when they discovered a large amount of them in Pennsylvania.

**FUN FACT:** 

### TUESDAY, FEBRUARY 8

### STORYTIME SNIPPETS

6:30pm online event. Enjoy stories, sing along songs, rhymes and fun activities that prepare young minds for the adventures of reading. Presented by Sno-Isle Libraries staff for you and your little ones to join in from your home. To view, please visit the Sno-Isle Libraries Facebook or YouTube pages. Recordings will be available for later viewing.

WEDNESDAY, FEBRUARY 9

### ONLINE PUB TRIVIA - BLACK HISTORY AND CULTURE IN THE PACIFIC NORTHWEST

7:00 PM – 8:30 PM. Grab your favorite beverage, call your friends, and settle in for a night of pub trivia – right in the comfort of your own home! Join us for a Pacific Northwest-themed trivia to honor Black History Month. Registration is required. Contact us with questions: https://www.sno-isle.org/contact-us/



WEDNESDAY, FEBRUARY 9

### SOUTHERN RESIDENT KILLER WHALES

From an Endangered Species to a Thriving Population. 3pm Online event. Join Tracie Merrill, Education Curator at The Whale Museum in Friday Harbor, WA, for this engaging and interactive program. You will learn about the biology, ecology, social structure, behaviors, endangered status, threats, and conservation measures surrounding our local orcas. Registration is required. Contact us with questions: https://www.sno-isle.org/contact-us/

WEDNESDAY, FEBRUARY 9

### **BOARD GAME NIGHT**

5:30-10pm at Journey's End Cafe at 1992 Elger Bay Road, Camano Island. Use ours or bring your own. More info: (360) 387-9120.

WEDNESDAY, FEBRUARY 9

### WEDNESDAY NIGHT AT THE GRANGE

By Stilly Valley Church. Free Dinner at the Stillaguamish Grange (at the fairgrounds). 6:00 - 7:30 pm. 6521 Pioneer Hwy, Stanwood. Food, Fellowship, Family. More info: 360-391-3860.



THURSDAY, FEBRUARY 10

### VIRTUAL TOWN HALL

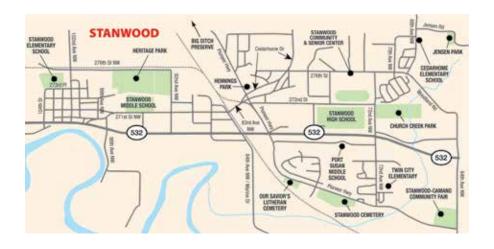
Sound Water Stewards invite you to a virtual Town Hall to learn about the SWS Annual Training program in 2022. Training is required to become a member and consists of 14 weeks of Thursday zoom classes (8 weeks in spring, 6 weeks in fall) plus field trips and beach time. The highly-acclaimed training adds up to 100 hours. Classes cover estuaries and salmon, forests and wetlands, plankton, forage fish and eelgrass, coastal geology and much more. All focused on Island County shorelines and ecology. The Town Hall is Thursday, Feb 10 from 6 to 7:30 pm and is an opportunity to meet Stewards, hear about the projects and answer your questions. Get details and register to attend at SoundWaterStewards.org/training. Sound Water Stewards are trained volunteers working in and around Island County for a healthy, sustainable marine environment through education, science and stewardship. Send questions to Joan at training@soundwaterstewards.org or 206-399-8401.

THURSDAY, FEBRUARY 10

### JAM/OPEN MIC

NO Cover/Free Event. CHRIS EGER and RICHARD WILLIAMS can back you up or you can bring your own band/musicians to perform with you. Full backline provided. 7-11pm at Loco Billy's Wild Moon Saloon. 27021 102nd Ave NW, Stanwood. 425-737-5144.













Hibernation is similar to being in a coma. When groundhogs hibernate, their heart rates drop to five beats per minute and they can lose up to 30 percent of their body fat.

ACES BBQ (coming soon to Kayak Point) (206) 465-4931

AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052

BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885

BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324

**BROOKLYN BROTHERS PIZZERIA** (Camano) 360-926-8585

CAMA BEACH CAFE (Camano Island) • (360) 387-3266

CAMANO ISLAND INN (Camano Island) • (360) 387-0783

CAMANO THAI (Camano Island) • (360) 926-8688

**CENTER CAFE (Stanwood)** • (360) 629-7403

THE CHATTER BOX (Stanwood) • (360) 629-0600

THE CONWAY MUSE (Conway) • (360) 445-3000

CONWAY BOXCAR (Stanwood) • (360) 629-0651

CONWAY PUB & EATERY (Conway) • (360) 445-4733

**COOKIE MILL** (Stanwood) • (360) 629-2362

**COPPER HOUSE** (Stanwood) • (360) 572-2385

CRISTY'S LUMPIA & MORE (Stanwood) • (360) 629-2727

DOS REALES (Stanwood) • (360) 629-0822

**DRAGON PALACE** (Stanwood) • (360) 629-8106

**DUCK IN CAFE (Stanwood)** • (360) 629-3440

FARMERS CAFE - (Stanwood) • (360) 629-4953

FLYING KOLACHE (Stanwood) • (425) 409-3852

**GYRO STOP** (Stanwood) • (360) 572-4175

IXTAPA MEXICAN RESTAURANT (Stanwood) • (360) 629-5228

**JACK IN THE BOX** (Stanwood) • (360) 629-2384

JASMIN THAI CUISINE & SUSHI (Stanwood) • (360) 629-2044

JIMMY'S PIZZA (Stanwood) • (360) 629-6565

JOHNNY'S BURGER STOP (Stanwood) (360) 629-9427

JOURNEY'S END CAFE • (Camano Island) • (360) 387-9120

LITTLE CAESARS PIZZA (Stanwood) • (360) 629-6999

MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500

MCDONALD'S (Stanwood) • (360) 629-9787

MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535

MUSTARD SEED BAKERY & CATERING (Stanwood) • (360) 572-2499

NAHA TERIYAKI (Stanwood) • (360) 629-0681

PADDLE PUB (Stanwood) • (360) 652-4156

PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826

PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981

PHOENIX PAVILION (Stanwood) • (360) 629-4662

PICNIC PANTRY (Stanwood) • (360) 631-5218

PUB 282 (Camano Island) • (360) 926-8960

RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000

ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920

**SAAL BREWING CO.** (Stanwood) • (360) 629-0102

SAHARA PIZZA (Stanwood) • (360) 629-6886

**SPARTAN DRIVE IN (Stanwood)** • (360) 629-8988

**STANWOOD CAFE** (Stanwood) • (360) 629-8427

STANWOOD CUPCAKES (Stanwood) • (360) 926-8241

**STANWOOD GRILL** (Stanwood) • (360) 629-5253

STANWOOD HOTEL & SALOON (Stanwood) • (360) 629-2888

**STANWOOD THAI** (Stanwood) • (360) 572-2200

**STARBUCKS** (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500

**SUB JOINT** (Camano Island) • (360) 230-9611

**SUBWAY** (Camano Island) • (360) 631-5055

**SUBWAY** (Stanwood) • (360) 629-2678

SWEET BLISS FROZEN YOGURT (Stanwood) • (360) 488-2294

TACO TIME (Stanwood) • (360) 629-5018

TAPPED CAMANO (Camano Island) • (360) 572-4986

TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001

WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300

WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372





"Camano Winter Sunset". Photo by William Biljan.

The popular movie of the same name (starring Rockland County resident Bill Murray) gave meaning to the phrase "groundhog day": to repeat something over and over again.



Snow Fun. Photo by Pezibear.



The largest and most famous celebration for Groundhog Day in the United States is held in Punxsutawney, Pennsylvania and the groundhog's name is Punxsutawnev Phil. The largest and most famous celebration for Groundhog Day in Canada is held in Wiarton. Ontario and the groundhog's name is Wiarton Willie.



### **GROUNDHOG PAPER BAG PUPPET**

To make a Groundhog Puppet you will need: brown paper lunch bags; green, black, and white construction paper; black marker; brown and pink crayons; scissors; glue sticks; adhesive wiggly eyes

How to Make a Groundhog Puppet: After gathering supplies, invite children to cut 2 very small ears for their groundhog puppet from a scrap paper bag. Glue the ears to the puppet. Next, cut a round black nose and 2 large white teeth from the construction paper. Glue the nose and teeth to the paper bag, then stick 2 adhesive wiggly eyes above them. Show kids how to use a black felt tip pen or marker to add details to their puppet, like little paws and whiskers. Next, invite kids to cut strips of green construction paper the same width of the paper bag. Use scissors to cut the green paper halfway down to create grass. Glue the paper to the bottom of the puppet to make it look like the groundhog is popping out of the ground! Use the pink and brown crayons to add detail and shading to the puppet. My favorite part of this Groundhog Day craft is the cute ears on the Groundhog puppet! When the glue is dry, kids will have so much fun using their puppets to retell the story of Groundhog Day!

Source: https://kidsactivitiesblog.com

### **GROUNDHOG DAY COLORING PAGE**



### **GROUNDHOG DAY-FEB 2**



### Intro To Programming

### Learn to Master Technology

Monday & Thursday, 6-9pm Starts February 14th, 12 weeks Taught by Tobin Fekkes Register @ www.lunatechnw.com



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Story by Jack Archibald. For further

moonshine

wisdom and wet powder wit, check out the SKFFTFR DADDI F DIARIES at

www. skeeterdaddle.net

### CRAB DOG DAY

I love a good holiday as much as the next vahoo ... but c'mon, this Groundhog's Day business, let's be honest, the Chamber of Commerce out there in Pullmyleg, Pennsylvania has pulled a fast one on those of us who take meteorologic prediction seriously. Down here on the convergence zoned South End, No Way is a groundhog going to see his shadow on Feb. 2nd. Even if we had groundhogs! This thing just gives Science a bad name. And lately, the last thing it needs in these superstitious, fake news, impeachment trial, end-of-the-world times is a black eye over some mammalian hairball on the East Coast seeing its hairball shadow (or not) and then extrapolating that to El Nino or asteroid strikes on Wall Street or global warming.

Which is precisely why some of the more empirically minded boyz down at the Mabana Body Shop have been searching, in a deductive sort of methodology, an alternative Predictor of winter longevity. Hellfire, if this Covid lockdown makes every day the same as the last one and the one coming tomorrow, we figure there's no point in fighting endless monotonous inevitability. We'll just pull the covers up, collect unemployment and wait patiently for our vaccinations. This is how civilizations thrive: they figure out tides and seasons for planting schedules and harvest times and earlier happy hours.

The model the boyz constructed over the past decade or so is a local paradigm that utilizes a 5 gallon polyethylene bucket of fresh caught Dungeness crabs ---- I KNOW you're going to point out they're illegal this time of season, but listen, we're putting em back when the data is collected. Spirit of the Law, if not the Letter and that, in a clamshell is the very essence of the South End Way. ---- So you got a pail of clacking claws and now you bring out a dog, any dog, any breed, random sampling, see? And you let the pooch check out the crustaceans. No shadows, no hibernating drowsy marmots. And if the crab gets a lock on Snoopy's snout, voila, studies have shown that is a true omen of an early spring. The dog schnozz slips the noose, 6 more weeks of sleeping in. Or six more months of a spiking pandemic. Probably both.

Like Einstein says, the more elegant the theory, the higher the probability it's correct. And the boyz down at the body shop will tell you, the accuracy here is in the 90 percentile range, statistically astounding. We're not claiming, like those unabashed self-promoters in Pennsylvania, that this will predict spring or the end of Covid for the entire country, but for all us Left Coasters, rest assured, Feb 2nd now has science as its bedrock foundation. We'll leave it to the South End Chamber of Commerce how they want to capitalize on it. Crab Dog Day. Nice profitable ring to it, don't you think, kind of like a cash register. If we can keep PETA at bay....





COUNTRY CLUB \$589,000
Wonderful Camano Island single level home nicely upgraded

with access to 3 community beaches. #1877011



COMMERCIAL \$2,000,000 Light industrial zoned 9.8 acres with office, workshop, and some equipment in a premier location in Stanwood. #1879196



**CAVALERO** \$745,000 Builder's private home with so many top scale amenities plus beach access and a possible MIL on lower level. #1866422



Great north-Camano rambler with an RV garage on a large 1/3 acre just minutes to beaches and parks. #1847046



MOUNT VERNON \$454,000 Meticulously cared for rambler has been recently upgraded and includes a shop and RV/boat parking. #1862814



**STANWOOD** \$475,000
Tastefully updated 3-BR rambler in the heart of town with a big deck out back, new appliances and close to so much. #1822930

**STANWOOD** 7359 267th St. NW, #D 360.629.8233



**CAMANO ISLAND** 818 N. Sunrise Blvd. 360.387.4663





VACANT LAND \$389,000
Peaceful 2.6 acres at the terminus of Camano with unprecedented sweeping ocean views. #1851247



WEST SIDE \$1,695,000
Spectacular west Camano home with shop and studio on a double lot and first time on the market. #1867381



**CAMALOCH** \$700,000 First time on the market for this spacious golf course home. Large patio and room for your golf cart in the garage. #1854976



**STANWOOD** \$625,000 Exquisite newer home in the Cedarhome area fully fenced and beautifully landscaped. #1843137



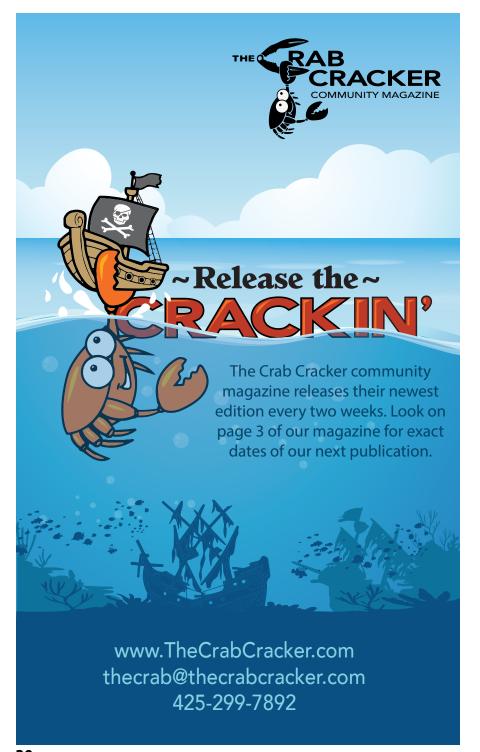
Beautiful Camano Island home with gorgeous views newly built by Northwest Quality Builders. #1831996

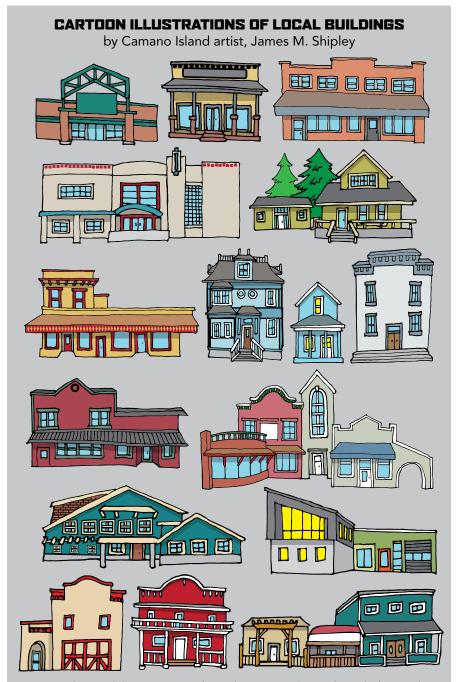


MABANA \$1,395,000 Stunning westerly views from exquisite Camano home offering private beach rights. #1805191

Visit WindermereStanwoodCamano.com for more information
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## Classified Listings

### **FUN FACT:**

According to ABCNews, the National Climatic Data Center found that there is no correlation between Phil's prediction and the actual weather fore-

### **FOR SALE:**

**1994 Ford Econo E350/ 24 Ft Mobile Home (Tioga Montera)** New battery/ new cover/ blue interior/ three beds. No problems. Very clean/ second owner/ runs great. \$12,000. Email cmhgcmhg@hotmail.com.

### PROFESSIONAL SERVICES:

**Caregiver, House Manager Services.** Availability to assist your immediate needs. Mature, reliable, compassionate. Vaxxed, Boostered. Great references, 20yrs exp.425-205-5713

**MATH TUTOR**: I am a retired Math Teacher and I'm familiar with the math curriculum for the Stanwood/Camano School District. If there is a need for my services please contact me at spagnolo.valerie@gmail.com or 206-953-0951.

School has started. I can help with your Science and Math courses at all levels, K-12, College and home schoolers. ijm@wavecable.com or 360 661 9517.

Clean Cuts Mobile Haircuts by Leah. Licensed, insured, experienced cosmetologist. I will come to you! Camano / N. Snohomish County. 360-722-2892.

**Complete Landscape, Tree Service and Home Repair** Summer Landscape Clean-up, Tree Pruning, Hedges, Tree Trimming, Tractor Work, etc. 30 years experience, Formerly of So. Snohomish County, Senior Discounts Ted -415-312-8075 or 425-387-8627

If you experienced difficulties this academic year with your subjects due to Covid 19, I can help. I offer tutoring in Science and Math at all levels K-12 and College. Contact me at ijm@wavecable.com or 360 661 9517.

**Retired Teacher for Tutoring.** Certified K-12 teacher can help with English, Pre-Algebra, other subjects. Contact m\_kristian7@hotmail.com.

### WANTED

**Great Job to make extra \$\$\$\$:** older women would like to employ a RELI-ABLE adult to help for about 4-5 hrs with general chores: garden work, cleaning house, help putting away things & lifting. Salary: \$20/hr, 1 day per week. Call JoAnn – 360-932-4463.

**Helper Needed:** need a person on weekly basis at \$20/hr. (2-3 hrs) Chores include: cleaning, help with gardening, going on ladder for small duties, mop, lifting boxes or heavy objects, etc. Call: 775-544-8521.

**WANTED:** Newer riding lawn mower. 42" twin blade in good condition. Call Douglas: 206-579-3121 or 360-387-1225.

**IN NEED OF mature person for assisting elderly man.** Will exchange 'rent' for assistance/companionship. Separate furnished living quarters provided. Text 206.491.2521.

**Wanted: small to medium size, old, dependable tractor.** 2 or 4 wheel drive. Must have a bucket on the front. 360-510-5102

**Considering a career in Real Estate?** Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Marla at marla@windermere.com for more information. windermerestanwoodcamano.com.

**Wanted horse to ride.** Gentle for beginner. Share cost or lease road safe. 360-279-1565.





### **Teachers** Union

### All Inclusive Hearing Benefit Package

As a teacher, you make a profound difference in the lives of your students every day. And at Stanwood Hearing, we're committed to returning the favor. To show our appreciation for the incredible work that our local educators do, we offer an All-Inclusive Hearing Benefit Package exclusively for members of the Teachers Union.

Learn more about our **ALL-INCLUSIVE PACKAGE** by visiting www.stanwoodhearing.com/teacher-benefit

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Tonia MacPhail,

We are committed to taking extra precautions to keep our office safe for everyone.

### ≡BOOGIE BIN

In May of 2014, a sick, striped puppy entered our lives and changed the way we saw rescue animals forever. With his endless supply of humor, love, and zest for life, Boogie makes an impact on every life he touches--human and animal alike. He has sparked a drive in us to help the ones that need it most; the animals with no family to call their own.

In January of 2021, we started a project collecting in-kind donations for animal shelters and rescues across Washington State in his honor. Shelters and rescues are always in need of supplies, and many rely solely on donations from the public to keep the animals in their care fed, comfy, and free from boredom. This is where The Boogie Bin Project steps in! Donate some food. treats, blankets, or toys to us! Each month we choose a local rescue or shelter as the beneficiary of the donations we gather. and at the end of the month we deliver everything you've donated directly to them.

The donation process is simple; you have left over pet supplies you no longer need or want, and you drop them at one of our collection bin locations. That's it! The Boogie Bin Brigade does the rest. Whatever one rescue or agency can't use, we find an organization that can.

Thank you for your support, we can't do what we do without you! -Jill and Banks



### **Bin Locations**

Stilly River Yarns (Stanwood, WA) Ladders Clothing & Co. (Stanwood, WA) Copper House Inc. (Stanwood, WA) Happy Hollow Farm (Stanwood, WA) Inkwell Tattoo Studio (Mt. Vernon, WA--by appt. only) Contract Furnishings Mart (Everett, WA) Ace Hardware (Camano Island, WA)

All locations accept donations during their respective business hours.

### Donations we accept

Unopened and unexpired dry or canned food (cat/kitten or dog/puppy)

New or gently used blankets/towels/washcloths (if used, please

Treats, chews, and toys

Potty pads

Enrichment tools (snuffle mats, cardboard scratchers puzzle/stuffable toys, etc.)

Want to learn more?

### Give us a bark!

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atheboogiebin



ns about hosting your own a, and other general inquir please email us!

theboogiebin@gmail.com

# View from the Bleachers

Read more of Tim Jones' humor every week at www. ViewFromThe-Bleachers.net or check out his new YouTube channel by the same name.

### MY PARENTS NEVER TOLD ME I WAS CHINESE

My parents named me Timothy Edward Jones, a boring Christian-sounding name. They were good people. They tried to raise me to become a decent, caring person. They sent me to very good high school and prepared me for college. My mom forced me to take piano lessons for four years, but I have long ago forgiven her for that. But they lied to me – for years. They never told me I was Chinese.

Don't get me wrong. Some of my best friends are Chinese – including my two daughters, who we adopted from China as infants. I have nothing against Chinese people – other than their food. (I'm more of a meat and potatoes guy.)

23andMe estimated I was 50% German, 25% British Isles, 10% French, and 15% Ashkenazi Jew. But it turns out they lied too. Because I now know I'm definitely Chinese. The embarrassing thing is that as a Chinese person, I barely know any words of my own native tongue. I believe "xie xie" means "thank you," and "Ne ho ma" means, "how are you," but that's pretty much all the Chinese I know. Oh, wait. I also know "Namaste." That's Chinese, isn't it? Ironically, many people tell me I'm almost fluent in English.

So how did I discover I'm Chinese, you might ask? Oddly enough, I have to give all the credit to Apple tech support, which broke it to me. Not only that, but their website conclusively informed me that I am in fact a Chinese person currently living in China. You could have fooled me. I must live in the most American-themed community in the entire Middle Kingdom, as my homeland is sometimes called. Wait till I tell my next-door neighbors Brad and Tina that they live in China. They're going to freak out. Unless they're Chinese too. Hmm.

Okay, perhaps I should back up a couple steps and explain how my racial / ethnic identity crisis started. The other evening, I wanted to watch the Apple TV show, Ted Lasso. So, I subscribed to Apple TV on my computer. Easy Peasy – almost. Then I attempted to sign in, using my Apple ID. That's when I got the following message from Apple on my smart TV:

"Unsupported Region. The Apple TV app is not currently available in your country."

In talking at length with Apple TV tech support, the agent figured out the problem: "According to our records, you live in China." I began to protest, saying that I've lived in USA my entire life. But then he walked me through how to get to my Apple ID's settings to identify my location. Sure enough the system informed me that "This phone is registered to you as a Chinese Person living in China." [That's an exact quote.]

I explained to the tech support person that, to the best of my recollection, I currently live in the United States of America – unless my parents had been lying to me all this time, not to mention my wife, and all my racquetball buddies – all of whom look suspiciously Caucasian. I went on to explain that I did not think I could be Chinese because I had blue eyes and light brown hair – two genetic traits rarely found among Han Chinese people.



My refutations failed to make an impression on the tech support person, who calmly reiterated, "Our system shows you as a Chinese person living in China."

After over three hours of trying to prove to Apple's website that I was in fact an extremely Caucasian man with male pattern baldness (another genetic trait rarely found among the Chinese) I hit a brick wall – I guess you could say the Great Wall of China. It turned out there was absolutely nothing the tech support person could do to help change the settings in my Apple ID to show that I was an American living in the USA instead of a Chinese man living in China.

I finally gave up and accepted my new Asian identity. On the bright side, it will give me and our two Chinese-American daughters something new to talk about.

Sadly, it appears I will never get to see Ted Lasso or any of the other popular Apple TV shows – at least not until they eventually become available in my new country of China. I guess I should start brushing up on my Chinese, to prepare for the time when a dubbed version of Apple TV finally comes here. Xie xie.

[Read more of Tim Jones' humor every week at www.ViewFromThe-Bleachers.net or check out his new YouTube channel by the same name.]







# Business Spotlight



Are you interested in promoting your business or organization?

Email us info or a bio about your business and yourself and we will feature this page to you... and it's all FREE!



# **DISC GOLF RESORT AT KAYAK POINT**

in Stanwood is a business model that aims to standardize disc golf. Specifically trying to accurately design courses modeling off PDGA players ratings system & designing/creating courses adhering to or exceeding as such. On top of this, due to location, we strive to create a destination with multiple streams of revenue. Full service pro shop,restaurant and bar. Special events rental facility. FREE 18 hole light up pitch and putt course as well as 4 full a8 hole pay to play courses. Kayak Point is the first and flagship location under the Disc Golf Resort banner. Located on 300 acres of an old ball golf course with plenty of elevation,water,trees,and great views. Sure to become a jewel of not only the pacific northwest,but as far reaching as west coast,or even worldwide.

# Winter League Tournament:

Kayak Point Disc Golf Resort is running a Winter League every Sunday until February 27, 2022 with tee times available between 9am – 1pm. Weekly payouts (Ams scrip / Pros cash). Points awarded for each event attended and trophies awarded to points leaders in each division at the end of the league. Play as many events as you'd like (no requirement to play a certain number of events to qualify for weekly payouts). Cards/tee times may include players from a mix of divisions. Players must register and prepay for each event through Discgolfscene.com. Course schedule and registration links can be found below.Motorized golf carts will not be available for use during league rounds. More info: https://www.discgolfscene.com/feedback/tournament?tournament id=44470







# Stanwood-Camano School District Community-wide Strategic Planning

Let your voice be heard! Click the link or scan the QR code to join one of the community forums. There will be one session for Elementary, and one for Secondary.

Elementary Forum February 8, 7-8pm



Secondary Forum February 10, 7-8pm



# Community-wide Strategic Planning

Stanwood-Camano School District is currently developing a five-year Strategic Plan for our schools.

We welcome feedback and ideas from our parents, staff, and community members. We want the Strategic Plan to be inclusive of the diversity of backgrounds, voices and perspectives that make up our Stanwood-Camano School District.

We want to hear from YOU!

# Let your voice be heard at one of these sessions:

**Elementary Community Forum** 

February 8, Tuesday 7:00-8:00pm https://tinyurl.com/ SCSDElementary

**Secondary Community Forum** 

February 10, Thursday 7:00-8:00pm

https://tinyurl.com/ SCSDSecondary





### VALENTINE LUNCHEON

A time of honoring widows and widowers. Camano Chapel invites community widows and widowers to a Valentine Luncheon on Sunday 2/13/22 at 12:30 p.m. in Saratoga Hall's Upper Room. Bring a FRAMED 3X5 PHOTO of your loved one, enjoy a lunch on us, some special music, and hear a message to encourage your heart. Pre-Registration required, visit www.camanochapel.org/connect and register by 2/7/22. We'd love to see you there!



# FUN FACT:

The University of Dallas
in Irving,
Texas holds a
Groundhog
Day celebration
each year which
is believed to be
the second largest celebration
in the world
after Punxsutawney.

# JOIN THE GREATEST TREASURE HUNT IN THE PACIFIC NORTHWEST!

The Camano Island Chamber of Commerce is delighted to welcome you to celebrate the 13th Annual Great Northwest Glass Quest. The Pacific Northwest is known throughout the world for its fine glass artists. People come from far and wide to view and purchase glass art in the Puget Sound area. Stanwood and Camano Island are part of that rich heritage, with many artists living and working here. In collaboration with the Camano Chamber of Commerce, artists Mark and Marcus Ellinger are giving everyone a chance to own a hand-blown glass ball simply by searching for it. The "treasure" is yours to find! February 17-28, 2022 find more information at www.thegreatnwglassguest.com.



# **FUN FACT:**

Punxsutawney Phil's weather predictions have been accurate approximately 39% of the time since 1887. He sees his shadow about 85% of the time.

# CAMA BEACH AND CAMANO ISLAND STATE PARKS NOT PARTICIPATING IN 2022 GLASS QUEST EVENT

In order to protect the vegetation and snags that make up the sensitive ecosystem and habitat along our trails, Cama Beach and Camano Island State Parks will not be participating in the 2022 Great Northwest Glass Quest. No clue balls will be hidden within the boundaries of either State Park. However, we still encourage you to visit the parks while you are in the area. If you have any questions or would like more information, please feel free to contact us at (360) 387-1550 or cama.beach@parks.wa.gov. Thank you for helping us protect the parks!

# **INDEPENDENT LIVING: HOUSING 101**

FEBRUARY 16, 2022 AT 5:30 PM – 7:30 PM at 9612 271st St NW, Stanwood. Event by Good Knight Homes. Are you a young adult wanting to venture out on your own into your own apartment? Then this workshop is for you. Learn what it will take to be successful living independently so that you can be prepared when the time is right. This workshop will cover where to find a rental, basic budgeting, living with roommates, understanding a lease and the laws that protect you as a renter (and protect your landlord). Dinner will be provided. Facilitated by Brooke Knight, Good Knight Homes/Real Living Northwest Realtors. Brooke is a local real estate agent with 10+ years of youth development experience, with an emphasis on helping young adults become independent. RSVP by Feb. 11 to info@crc-sc.org or call 360-629-5257 x 1002.



### **VALENTINE CRAFTS**

2/7/22, 2:30-5:00pm, Open to students in grades 6-12, Valentine Crafts, Join CRC-SC for making valentine crafts, snacks, and hanging out with friends, RSVP by Feb 2 to info@crc-sc.org or call 360-629-5257 x 1002.

### OPEN HOUSE SATURDAY & RESEARCH WEDNESDAY

Open House Saturday: Every Saturday, 10am-1pm at the Stanwood Area Historical Society Tolin House, West Stanwood (between the Pearson House Museum and the Floyd Norgaard Center. Research-Wednesday: Every Wednesday from 1-4pm at the Stanwood Area Historical Society Eldridge Center.

# NEED TO FIND FRESH CRAB?

An outdoor magazine rack filled with "fresh" Crab Crackers is located at the Dan Koffman's Gallery at Terry's Corner.

### SKI BUS TO STEVENS PASS - 2022

Interested in joining a great group of adult skiers & snowboarders on Tuesdays at Stevens Pass? Merry Mountain Ski Club, a not-for-profit club, brings you 6 weeks of skiing every Tuesday beginning January 4, 2022 with more weeks possible. The luxury coach will make stops in Bellingham, Burlington, Stanwood and Monroe. Fully vaccinated adults only! Sign up now for the best deal. For more details visit www.merrymountain.com or email questions to tuesdayskibus@gmail.com or call 206-550-4908.



# **GET FREE AT-HOME COVID-19 TESTS**

Every home in the U.S. is eligible to order four free at-home COVID-19 tests. The tests are completely free. Orders will usually ship in 7-12 days. Order your tests now so you have them when you need them. www.covidtests.gov.

# **SAY YES TO COVID TEST**

Washington State launches at-home rapid COVID-19 test portal. In an effort to increase access to at-home rapid tests across the state, the Washington State Department of Health (DOH) is launching a state-wide portal that will allow COVID-19 tests to ship directly to house-holds. Beginning today, Washington state residents will be able to visit www.sayyescovidhometest.org to order rapid-antigen COVID tests online, and will receive those tests delivered at no cost. People can order up to 5 free tests for a household. However, supply will be limited at first, and will restock as supply into the state increases. At the time of this magazine's printing, the supplies from the state were depleted. Keep checking the website for updates.



# SUICIDE ALERTNESS & INTERVENTION TRAINING

John and Shirley Swanson are certified LivingWorks facilitators for safeTALK (a 3.5 hour Suicide Alertness training) and ASIST, a two day suicide intervention training. They are holding a safeTALK training on Saturday, 19 February at the Camano Center (606 Arrowhead Drive) from 0900-1230. You can pre-register and receive additional information by emailing ASIST.Lifeguard@yahoo.com (please note that ASIST has one "s". The 3.5 hour training is open to anyone ages 15 and older. Participants are asked to provide a \$10 per person donation to cover the cost of training materials. For more information about safeTALK or ASIST you can visit www.livingworks.net



# **WALK 50 MILES WITH YOUR DOG**

in February for the American Foundation for Suicide Prevention. Starting February 1st, if you register for this fundraiser, you get a free AFSP bandanna for your pup. It would be awesome to see everyone out walking to support such a great cause. Individually or as a community, most of us have been affected by suicide. I look forward to seeing your doggos sporting their new bandanna! https://www.facebook.com/donate/4795145630562987/?fundraiser\_source=external\_url.

# **FUN FACT:**

The first Groundhog Day in Punxsutawney was held in 1886 and has been held each year since then.

### YOUTH ART CONTEST

Calling all youth! Are you interested in drawing? 5th Annual Youth Conservation Art Contest. The Snohomish Conservation District has chosen birds as their special theme to celebrate the unique connection between native plants and the birds who live here! Submission deadline is February 22, 2022, and three winners will be chosen in each age category. (Winners will be announced shortly after the Annual Plant Sale held on Saturday, March 5 and Sunday, March 6, 2022.)

To find out more and for the entry form: https://snohomishcd.org/art-contest

# **Stanwood United Methodist Church**

~ Open Hearts, Open Minds, Open Doors ~

In-Person Sunday Service at 10:00am. Live Online Services available at 10:00am at www.stanwoodumc.org or on our Facebook page at: Stanwood United Methodist Church.



# 360-629-9555

27128-102nd Dr. NW, Stanwood, WA 98292 www.stanwoodumc.org Handicapped Accessible Pastor Justin White



## **FUN FACT:**

Punxsutawney
Phil lives in a climate-controlled
habitat that is
attached to the
Punxsutawney
Library. Wiarton
Willie lives in a
similar habitat
in Wiarton,
Canada

### **SCHOLARSHIP OPPORTUNITY!**

Applications are now open for Cascadia Eye's 20th Annual "Excellence in Education" Scholarship. Cascadia Eye will award three well-deserved students a \$1000 scholarship each. Applicants must have have a GPA over 3.25 and plans to study in any field/major at a university, college, or trade school. The scholarship will be offered in three regions: 1) Skagit/North Snohomish County (including Camano Island), 2) Whatcom County, and 3) Coupeville/Oak Harbor/Island County (other than Camano Island.) Due April 15, 2022. More information and applications available on our website: www.cascadiaeye.com/patient-information/news-and-events/

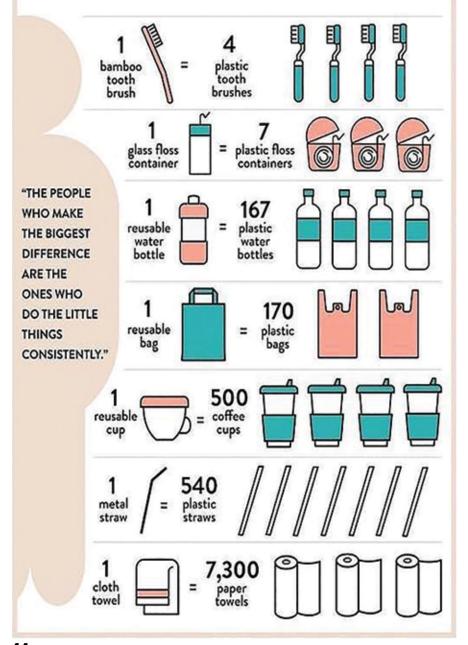


# WANT TO SEE NATURE? BORROW A DISCOVER PASS FROM US

Let's say you want to get out to enjoy nature at one of Washington's state parks or wildlife areas, but you realize you don't have the Washington Discover Pass you need to access them? Not to worry. Now you can borrow a Discover Pass for one week from any Sno-Isle Libraries community library, or from the Library on Wheels Bookmobile. Two Discover Passes are available at each community library and the Bookmobile – 48 Discover Passes in all. And just like with all other Sno-Isle Libraries materials, customers will be able to request a hold for a Discover Pass to pick up at their preferred library. Sno-Isle Libraries is the latest library system in the state to join the Check Out Washington Program. It allows library card holders access to millions of acres of state lands, including every state park and more than 350 primitive recreation sites, nearly 700 water-access points, nearly 2,000 miles of designated water and land recreation trails, more than 80 natural areas, and more than 30 wildlife areas. Washington State Parks offers the program in partnership with the Washington State Library and the Washington departments of Fish and Wildlife and Natural Resources. The Washington State Parks Foundation provided initial funding to help launch the program in 2019. In 2021, the Legislature provided funding for two special Discover Passes to any library outlet that requested them, expanding Check Out Washington across the state.

# 7 SINGLE-USE SWAPS

# AND THE TRASH YOU CAN SAVE IN ONE YEAR





# **KIDS' COVID VACCINE**

Free COVID vaccine for children 5-11, accompanied by parent or guardian, will be available Thursday, Feb. 3, 3:30-6:30 pm. Location: Safe Harbor Free Clinic, 7209 265 St NW, Stanwood, across from the YMCA. Appointments are preferred, but not required. First and second doses of Pfizer vaccine will be administered by the Snohomish Health District. Sign up for an appointment: https://bit.ly/3rd1ute

### DISTRICT LOGO DESIGN CONTEST

Students in grade 6-12 are invited to participate in a special contest to create a new logo for the Stanwood-Camano School District. We are excited to have a new graphic created by one of our own that represents our students, staff, families, and community. We are seeking a new logo that reflects our unique district, highlighting Stanwood and Camano Island, its people, and its geography. All submissions are due February 28, 2022. We look forward to seeing all of your creative logo designs! Learn more about the contest here: https://www.stanwood.wednet.edu/news/logo\_design\_contest.

# **FUN FACT:**

The groundhog is also known as a woodchuck

### SCHOLASTIC ART AWARDS EXHIBITION

The Schack Art Center (2921 Hoyt Ave./Everett) will present artwork by regional winners of the 99th annual program January 21-March 13 in the Emerging Young Artists' Gallery and January 25-February 13 in the Mezzanine Gallery. Best of show recipients include Kayla McNeill from Stanwood High School.



Dan and Zach McNutt Over 20 Yrs Experience

Driveways / Patios RV Pads Floors / Slabs Walkways / Steps All Types of Flatwork

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### **WOMEN AND HEART ATTACKS**

With heart disease being one of the leading causes of death amongst older adults in the United States, it is critically important to be aware of the signs of a heart attack. The symptoms that most people are aware of--tightness of the chest, chest pain, pain in your upper left side, and shortness of breath—may be experienced by both men and women. However, for women there are a number of additional symptoms that may also indicate a heart attack. For women, symptoms such as nausea, light-headedness, dizziness, or fatigue may be indicators of a heart attack. Some women report feeling like they are simply having indigestion, heartburn or abdominal pain. Because all these symptoms are often perceived as being less severe, at times they are brushed aside or ignored by people experiencing them. Unfortunately, when treatment is delayed long term damage to the heart is more likely. Fortunately, studies show that women who understand how the signs of a heart attack may vary between men and women are more likely to seek treatment quickly. Should you experience symptoms of a heart attack, take action as quickly as possible. First and foremost, call 911 and describe your symptoms. While you wait for emergency services to respond, chew and swallow and aspirin. (Chewing the aspirin gets it into your blood system more quickly). If you're home alone, unlock your door if you can and lie on the floor while you wait for services to get to you. Many people have put off regular check-ups over the course of the pandemic, but making sure you are up to date on your regular health screenings can make all the difference. And of course, check with your doctor about any health concerns you may have. An ounce of prevention is worth a pound of cure. – by Brooke Knight

# Local Stories and Poetry

# **FUN FACT:**

Groundhogs are members of the squirrel family and are the largest of all marmots.

### RAIN

Rain, rain, soggy rain; pummeling the roof, saturating moss fresh green among red asphalt shingles, soggy, green, patchy intruders.

Droplets turn to rivulets racing down the mottled patterns stretching clear and elastic in liquid icicles, saturating the earth below, tracing a line beneath the caves.

Reaching up, the earth accepts this watery intrusion without complaint providing varied taxi services through waterlogged soil to creek, lake, river and sea.

Through it all the earth accepts without a whimper 'though it sometimes rumbles with the sounds of flooding; and the movement of earth too saturated to remain in place any longer.

While we complain about the inconvenience, and the damage, the sunless skies; the earth accepts the flow without pause or quarrel.

The beauty of rain can best be seen in the acceptance of its inconveniences... As perhaps with other things in life.

-Excerpted from "Rain Drops" by Camano poet Jack Darby Rider.



# Jan Mather

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# **CASA'S PET OF THE WEEK:**

**WILSON** in an energetic loveable boy who is looking for his forever home. He does well with cats and dogs of all sizes. He has lived with kids and loves them. Wilson knows a few basic commands like "sit" "come" and "lie down". He will need to continue his training so that he can thrive and be the best boy he can be in his new home. He is fully potty trained as well.

Camano Animal Shelter Association (CASA): 360-387-1902. www.camanoanimalshelter.org



## **NOAH'S PET OF THE WEEK:**

**SPARROW** is a kitten in a grown cat's body. If you walk by her suite she will often reach out and pull you back and try to engage you in some play time. Sparrow is going to need lots of entertainment and play time to get her energy out. Her beautiful green eyes and soft fur make her the purr-fect companion.

The N.O.A.H. Animal Adoption Center: (360) 629-7055. www.thenoahcenter.org

# Stop the spread of COVID-19. Call today for rapid testing or a free vaccination

Accepting vaccination and testing appointments from patients and non-patients.

Call CIHS at 360-572-2202



Dr. Bryan Cooper

# CAMANO ISLAND HEALTH SYSTEM

1283 Elger Bay Road, Camano Island 7:30 a.m. - 6 p.m. Mon-Fri , 9 a.m. - 3:30 p.m. Saturday

Vaccinating and some rapid testing in cooperation with Island County COVID Response





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Recipes by Cooking Mamas created by Dusty Hutchins-McNutt.

"Great recipes begin in Mama's Kitchen!"

Visit me at: www. CookingMamas. com



# THAI PEANUT NOODLES

A delicious one-pot vegetarian meal that comes together in less than 30 minutes!

NOODLES: 8 oz spaghetti, broken in half; 3 T. sesame oil, divided; 1 T. minced garlic; 1 T. minced ginger; 3 green onions, sliced, white & green parts separated; 1 red bell pepper, thinly sliced; 1 lg. carrot, thinly sliced into matchsticks; Salt to taste

PEANUT SAUCE: 1/4 c. peanut butter; 3 T. soy sauce; 2 T. rice vinegar; 2 T. honey; 2 T. water; 1 T. Sriracha sauce; 1/2 tsp. red chili flakes, optional

GARNISHES: 2 T. chopped cilantro; 3 T. chopped roasted peanuts; Juice of 1 lime; 1-2 tsp. toasted sesame seeds

DIRECTIONS: 1. Prep veggies, peanut sauce, and garnishes in advance because this dish cooks quickly! 2. NOODLES: Break spaghetti in half. Cook according to package directions. Drain spaghetti and return to the pot. Add 1 tablespoon sesame oil, toss to coat; set aside. 3. PEANUT SAUCE: In a small bowl, whisk together peanut butter, soy sauce, rice vinegar, honey, water, Sriracha and red pepper flakes if using; set aside. 4. In a wok or large skillet over high heat add 2 tablespoons sesame oil. Once hot, add minced garlic, ginger and the white part of the green onion, sauté for a minute. 5. Add red bell pepper and carrots and cook for 1-2 minutes. Veggies should be crisp-tender. 6. Add the peanut sauce and cook for 1 more minute. 7. Add the cooked spaghetti gently toss so that noodles are well coated with the sauce. Cook for a minute, season with salt to taste. 8. GARNISHES: Garnish with green onions, cilantro, and peanuts. Squeeze lime juice over all and sprinkle with sesame seeds.

# Classes and Workshops



# **FUN FACT:**

Approximately
40,000 people
attend the
Groundhog Day
celebration in
Punxsutawney,
Pennsylvania
each February
2nd.

*Vinyasa flow* Thursday's at 4:30. A full body workout stringing postures together, using breath. 360-629-5040 or www.zsremedies.co*m* 

**Gentle mat** with Sheri Monday's 8am, Wednesday's at 4:30pm or Friday's at 9:30am"You Can do this!" Call 360-629-5040 or register online @ Zsremedies.com

**FLOW YOGA** with Melissa, Thursdays at 6pm. Be challenged, enlivened and inspired! www.zsremedies.com

"Piano Lessons & Holiday Ukulele Classes! For ALL ages, with Linda Younce. More at SmallChambers.com or call 425-466-5362."

**Yoga for Beginners Five Week Session** Jan 4 - Feb 1 Tuesdays, 6-7:15pm. This introduction will teach you the foundational alignment of basic yoga postures, how to coordinate breath with movement and philosophical practices. Sign up at movementars.com or call 360-629-9100. Next Sessions: Feb 22-Mar 22, 2022, Apr 12-May 10, 2022 May 31-Jun 28, 2022. Space is limited, sign up. \$85.

**Yoga Classes In-studio & Online** at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home.

**Online Video Library** – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to our video library of online classes; regular membership rates apply. View sample videos FREE on our media page at www.movementarts.com/media.

**Ballet, Tap, Instrumental and Voice Lessons** at Forte Music Dance Art 1095 Essex St. A-1 Camano Island. Ballet beginning / intermediate Tues. at 4pm Thurs. at 3pm. Tap - advanced Mon. at 9:30am and Thurs. at 10:30am. Beginning Tap 10:30am Mon. & 4pm Thurs. Sax, clarinet, flute, voice and piano lessons are available daily. 4 Yoga classes available weekly for information contact Bernie Connoly @ 425-622-6563. For more info, contact Chris Tuohy @ 360-572-9262.

"RESTART your health in just 5 weeks! Boost immunity, increase energy, think more clearly, sleep better, improve your mood, and feel well again! Visit www.HNT.life for more information."

**Virtual Guitar Lessons during this difficult time – with Ford Geisbrecht.** All ages, levels & styles. Learn at your own pace. Instruction & performance. Ukelele & Bass lessons also available. 360-631-0661.

**Have fun while achieving your art goals.** Painting lessons with a national award winning artist. 425-681-5104 or Michele@MicheleRushworth.com to save your spot.

**Karate & Taekwondo** at Northwest School of Martial Arts! Open enrollment, fun for all ages! Our programs emphasize respect, self-defense, confidence, self-discipline, exercise, leadership & focus. Call 629-4341 or visit nwschoolofmartialarts.com for schedule & prices.

**My Body Mind Fitness "**Time to give back." Help us grow and educate our community. Fitness & nutrition classes for all ages. Teacher benefits. www.mybodymindfitness.com.

# What's Up?



# THE ROMAN EYE TEST

The Roman Empire had an eye test to determine the abilities of applicants hoping for jobs that required excellent vision. If you are up for a challenge you can repeat the test on your own. Look to the north and find the Big Dipper and find the second star from the end of the handle (map above). That star, Mizar, is a double star system and if you could visually separate the pair then you were hired. With the aid of telescopes it was later discovered that the double star system Mizar and Alcor, are actually multiple star systems on their own. Alcor is a double star system and Mizar is a part of a system with 4! No need to fret if your vision is something less than stellar (pun intended)... You can always blame it on a hazy or turbulent sky. As a consolation try to imagine a sky with 6 Suns and the endless variety of sunsets such a sky would give you. If you feel like you might be missing out, imagine a culture where true darkness falls once about every 1000 years. Judging by how our ancestors viewed eclipses I'm not sure I would want to be in town on such an event.

Astronomy and the night sky by William Maxwell.

His astro images can be found at www. astrobin.com/ users/ WilliamM/

# **BUSINESS ADVISORY SERVICES**

- Business Coaching Business Plans
- Financial Projections Entrepreneur Program
- Strategic Planning
- Check out all our business coaching, management consulting, and tactical services at:

(360) 499-2950 Camano Island, WA



# TIDE TABLES - SARATOGA PASSAGE / GREENBANK: JAN. 28 - FEB. 10, 2022

Date		High	Tide	Height	Moon		
		/Low	Time	Feet	Visible		
F	28	High	2:50 AM	10.2			
	28	Low	7:03 AM	8.5			
	28	High	12:08 PM	11.4			
	28	Low	7:39 PM	-1.6	)		
Sa	29	High	3:51 AM	11.2			
	29	Low	8:27 AM	8.6			
	29	High	1:08 PM	11.3			
	29	Low	8:33 PM	-2.4			
Su	30	High	4:36 AM	12.0			
5-0120	30	Low	9:31 AM	8.3			
	30	High	2:08 PM	11.3			
	30	Low	9:24 PM	-2.8			
М	31	High	5:15 AM	12.4			
	31	Low	10:23 AM	7.7			
	31	High	3:07 PM	11.3			
	31	Low	10:12 PM	-2.9			
Tu	1	High	5:51 AM	12.6			
	1	Low	11:11 AM	6.9			
	1	High	4:04 PM	11.2			
	1	Low	10:59 PM	-2.6			
w	2	High	6:25 AM	12.7			
	2	Low	11:57 AM	6.1			
	2	High	5:00 PM	10.9			
	2	Low	11:44 PM	-1.8			
Th	3	High	6:57 AM	12.7			
	3	Low	12:44 PM	5.2			
	3	High	5:56 PM	10.4			
		,			_		

Da	ate	High /Low	Tide Time	Height Feet	Moon Visible
F	4 4 4	Low High Low High	12:27 AM 7:29 AM 1:30 PM 6:54 PM	-0.7 12.6 4.5 9.8	
Sa	5 5 5	Low High Low High	1:09 AM 8:00 AM 2:18 PM 7:56 PM	0.8 12.4 3.7 9.1	
Su	6 6 6	Low High Low High	1:51 AM 8:32 AM 3:07 PM 9:06 PM	2.5 12.0 3.0 8.6	
м	7 7 7 7	Low High Low High	2:35 AM 9:06 AM 3:57 PM 10:33 PM	4.3 11.6 2.4 8.4	
Tu	8 8 8	Low High Low	3:27 AM 9:42 AM 4:51 PM	6.0 11.0 1.9	
W	9 9 9	High Low High Low	12:32 AM 4:41 AM 10:23 AM 5:46 PM	8.7 7.4 10.4 1.5	
Th	10 10 10 10	High Low High Low	2:18 AM 6:40 AM 11:13 AM 6:41 PM	9.5 8.2 9.9 1.1	



WSU Snohomish County Master Gardener Foundation presents the 19th Annual Sustainable Gardening

# 2022 Winter Speaker Series

# All are invited to attend!

\$85 for the series or

\$20 per single session Fridays, 9:30 am - 11:30 am

# Virtual Presentation through Zoom Webinar to enjoy in the comfort of your own home!

For more information. registration and payment options, Visit www.gardenlectures.com Ouestions? Call Snohomish County WSU Extension Office Monday - Friday, 11 am - 3 pm at 425-338-2400

All proceeds go to the Master Gardener Foundation of Snohomish County, which provides major funding support to the Snohomish County Master Gardener Program.

January 7 | Far Reaches Farm New Botanical Beauties from the Far Reaches

January 21 | Linda Chalker-Scott Gardening in a Changing Climate

February 4 | Del Brummet Gardening between the Seasons: From Late Winter to Early Spring

February 18 | Atsuko Gibson Successful Rhododendron Cultivation in the Pacific Northwest

February 25 | Willi Galloway Veggies! Succession Planting & Tips for Getting a Lot Out of a Small Space

March II | Al Murphy Fire Resistant Landscaping for Western Washington

March 25 | Daniel Mount In Living Color: The Fundamentals of Color for the Modern Gardener

April 8 | Bob Gillespie Introduction to Pollinator Diversity and Threats, including the Giant Asian Hornet

UNIVERSITY

WASHINGTON STATE Will Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

Persons with disabilities who require alternative means for communicati mable accommodation need to contact Howard Volund at 600 128th street SE, Everett, WA 96256 425-238-2400, howard valund@wau.edu at least two weeks prior to the event





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