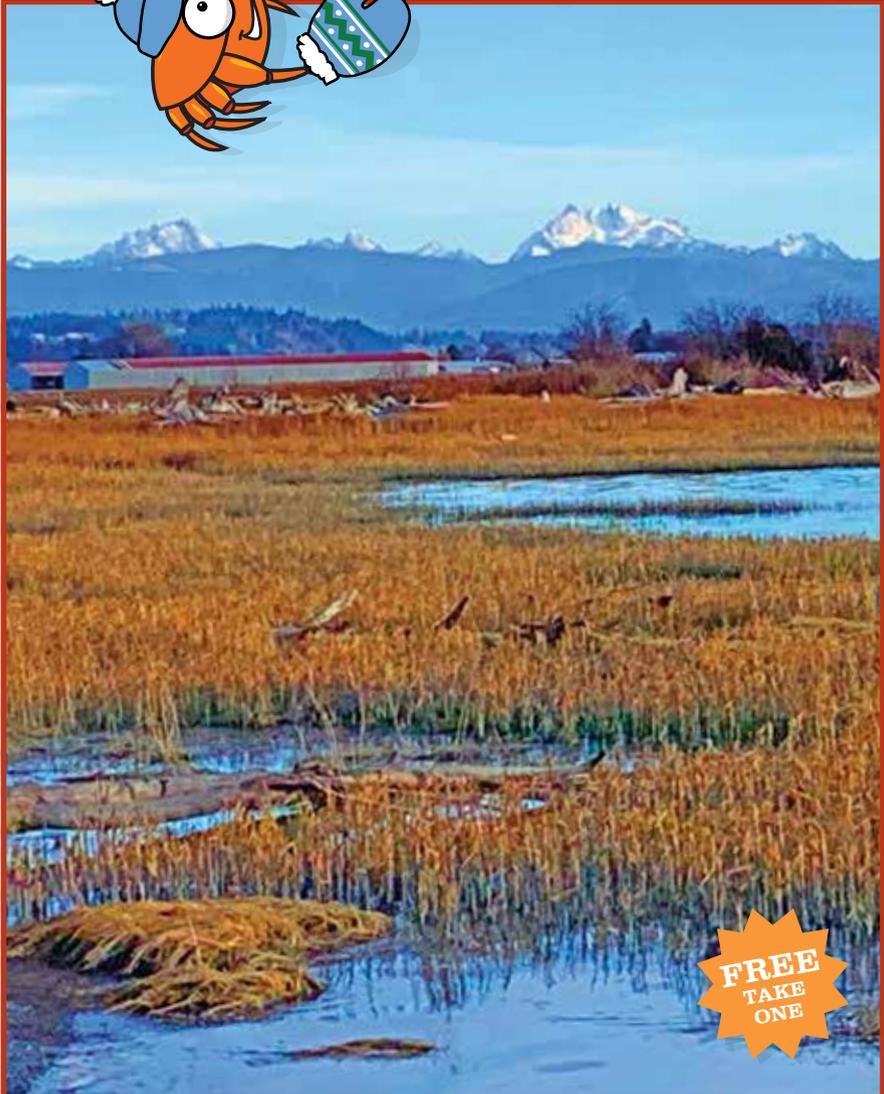


THE CRAB CRACKER
COMMUNITY MAGAZINE

ISSUE 343
January 13-26, 2023



**FREE
TAKE
ONE**

Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway



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Fully cooked prepared meals delivered (Tuesdays) to your home. Please order online in advance. Menu changes periodically.

New Menu

Vegan curried Ananda Farms "Sweet Meat" winter squash soup with pomegranate seeds.

Classic split pea & smoked ham hock soup.

Arugula salad with orange segments, goat cheese, pomegranate seeds, sunflower seeds & a pomegranate vinaigrette.

Entrées

Prosciutto Wrapped Painted Hills Grass-Fed Striploin Steaks- with celery root bleu cheese potato au grain, sautéed greens, and a beef demi reduction sauce.

Seared 5 Spice Maple Leaf Duck Breast- with spaghetti squash, sautéed greens, roasted cauliflower, orange segments, pomegranate seeds, and a orange duck demi reduction sauce.

Buffalo Style Shrimp- with celery root bleu cheese potato au gratin, sautéed greens, and a Buffalo sauce.

Vegan Entrée- Smoked Tofu- with spaghetti squash, sautéed greens, roasted cauli flower, orange segments, pomegranate seeds, and an orange agave reduction.

Dessert

Orange Crush Pound Cake- with cream cheese frosting.



Rebecca Rowland INTERIORS



CREATING BEAUTIFUL SPACES THROUGHOUT THE PUGET SOUND REGION AND BEYOND

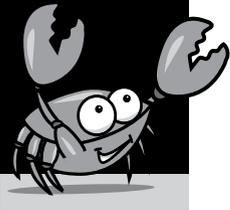
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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover image: Juniper Beach, Camano Island.
Photo by James M. Shipley*

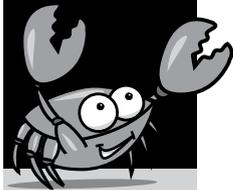


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James and Malynda Shipley, owners, proprietors
thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: JAN. 19 for Next Edition (Jan. 27 - Feb. 9, 2023)

Calendar of Events



FRIDAY, JANUARY 13

HOD RODSTER BAND

7:30pm - 10:00pm at Pub 282. Charlie Daniels High Energy Country Rock Fiddle Show

FRIDAY, JANUARY 13

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. Conversation friendly. No cover.

FRIDAY, JANUARY 13

YOUTH GAME NIGHT!

6:30-8pm at Church Of Jesus Christ Of Latter Day Saints, Ell Road, Camano Island. Ages 12-18. We can play sports, games and activities of your choice! invite your friends and family to come. A chance to meet new people. Games, treats & more!

SATURDAY, JANUARY 14

STANWOOD HIGH SCHOOL SPORTS

Girls Basketball vs Lake Stevens. JV & Frosh: Noon. Varsity: 2:15pm.

SATURDAY, JANUARY 14

HOD RODSTER BAND (ENCORE SHOW!)

7:30pm - 10:00pm at Pub 282. Charlie Daniels High Energy Country Rock Fiddle Show



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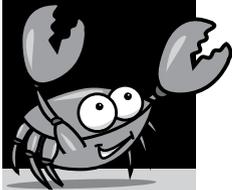
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Calendar of Events



DID YOU KNOW?

Finland has more saunas than cars.

SATURDAY, JANUARY 14

STACY JONES BAND

8 pm - Conway Muse Hayloft Stage. The award winning Stacy Jones Band returns to the Conway Muse Hayloft Stage. The Conway Muse Saturday Night Blues at the Muse series continues with this awesome band! Presale \$16 Day of Show \$17.50

SATURDAY, JANUARY 14

KIDS NIGHT OFF

Enjoy a night off! Kids: leave your parents at home and spend the evening at the YMCA! Kids will enjoy a variety of games, crafts, play time and activities. Must register online or at front desk. More info: <https://snoco.recliquecore.com/programs/1046/kids-night-out/>



SATURDAY, JANUARY 14

PRIME RIB DINNER

4pm until gone (and that's usually by ~5pm) at the American Legion, Post 92, in Stanwood. Join us for plenty of good food and camaraderie! Adults \$25 and children (under 12) \$10.

SATURDAY, JANUARY 14

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SPECIAL: Buy any service, get your next one 50% off!

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- Advanced Treatments

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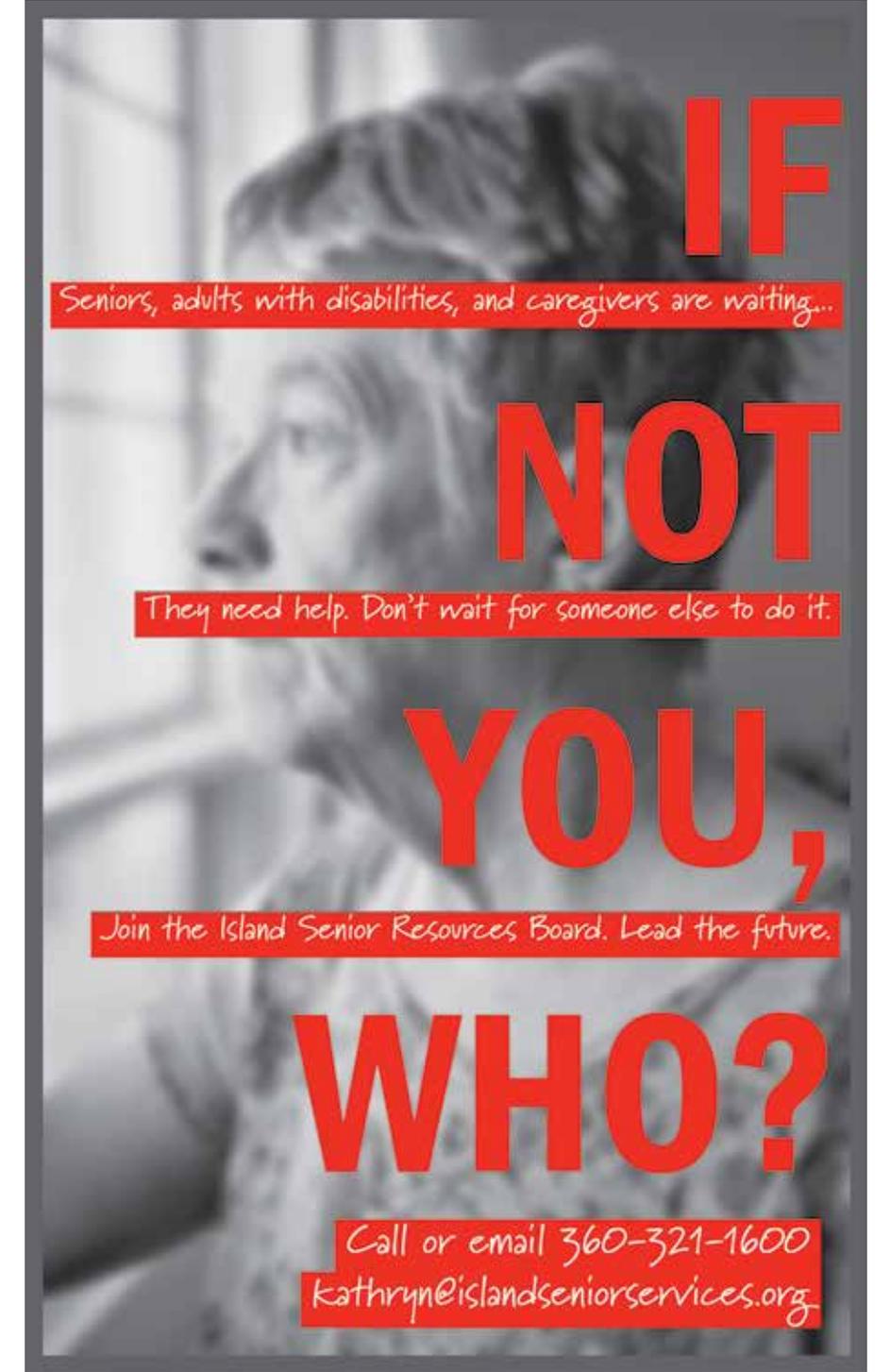
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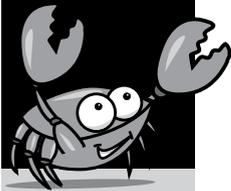
YOU,

Join the Island Senior Resources Board. Lead the future.

WHO?

*Call or email 360-321-1600
kathryn@islandseniorservices.org*

Calendar of Events



DID YOU KNOW?

In the late 1600s, London was plagued by an attacker who would spank his victims with a rod and shout "Spanko!" before running away.

Treat, Beat, Defeat Leukemia

SATURDAY, JANUARY 14

SPAGHETTI DINNER FUNDRAISER FOR CADEN MACQUARRIE

4-7pm at South Camano Grange. Please Join us for a night of Spaghetti Dinner to help Our own Caden MacQuarrie, an eleven year old boy battling with Leukemia. If you can't make it for the dinner, you could still help by sending check donations to: South Camano Grange, P.O. Box 114, Stanwood, WA 98292 (Note for Caden). Thank you so much for always helping our community!

SATURDAY, JANUARY 14

TOY BOAT WORKSHOP

10 am – 2 pm at Cama Beach in the boathouse. Learn how to build a wooden toy boat. You get to bring it home as a souvenir! \$5 suggested donation. Hosted by The Center for Wooden Boats.

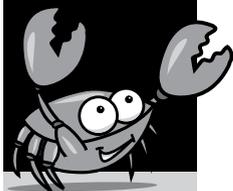


SATURDAY, JANUARY 14

WASHINGTON'S SWANS AND SNOW GESE

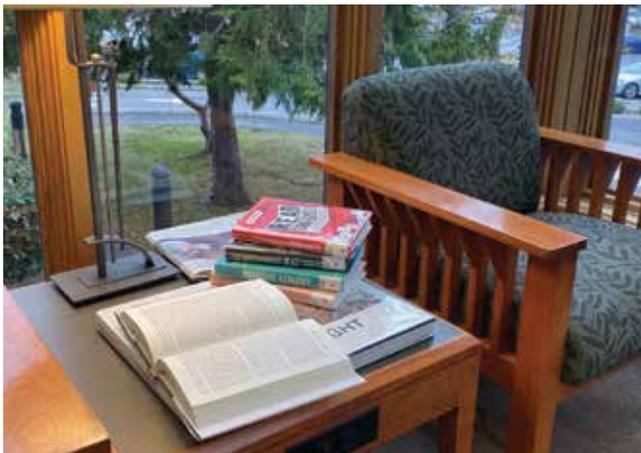
Join swan biologist Martha Jordan to discover our wintering white birds - trumpeter and Tundra Swans and Snow Geese. Supported by Community Resource Center and Pilchuck Audubon society. 11am at Community Resource Center, 9612 271st St NW, Stanwood. 360-629-3132.

Calendar of Events



DID YOU KNOW?

When the Super Bowl champion Giants visited the White House in 1987, they dumped popcorn on President Reagan.



SATURDAY, JANUARY 14

BOOK LOVERS BUS TOUR

With Island Transit. Visit Camano and Stanwood libraries, a bookstore and meet a local author on this free Ride with a Guide Bus Tour. Attend a presentation on Swans and Snow Geese and meet local author, Deborah Swenson. Play Transit Trivia and win prizes on the way. Bring home books, music, movies and discover online resources. To RSVP call 360-678-9536 or travel@IslandTransit.org



SATURDAY-SUNDAY, JANUARY 14-15

INDOOR SWAP MEET

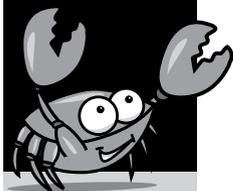
9am-4pm at Stillaguamish Grange (at Stanwood Fairgrounds). Multiple local vendors offering vintage, antiques, collectibles, art, jewelry and more. Plus food options available for purchase. At the Stillaguamish Grange on the Stanwood fairgrounds. More info: brickroadantiqueswa@gmail.com.

SUNDAY, JANUARY 15

REIKI HEALING CIRCLE

You are all invited to a Reiki Healing Circle at 1PM at Serenity Salon, 869 N. Sunrise Blvd, Camano Island. Come and experience for yourself, the gentle healing energy of Reiki. Looking forward to seeing you. More info: 541-251-1495.

Calendar of Events



STATE PARKS FREE DAY

Martin Luther
King Jr. Day

Jan 16, 2023

All State Parks
in Washington
are free today to
honor MLKJ



SUNDAY, JANUARY 15

WORLD-CLASS FIDDLE/CELLO CONCERT

Alasdair Fraser, Scotland's premier fiddle ambassador, and the sizzingly-talented Californian cellist Natalie Haas in concert. 2pm at Stanwood High School Performing Arts Center. Tickets at door or [eventbrite.com](https://www.eventbrite.com). Youth: \$18. Seniors: \$25. General: \$28.



MONDAY, JANUARY 16

MARTIN LUTHER KING JR DAY

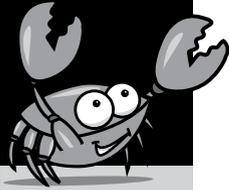
Each year on the third Monday of January we observe Martin Luther King Jr. Day and reflect on the work that still needs to be done for racial equality. Make the holiday more than just a day off and take time to reflect and take action on civil rights issues across the globe. Martin Luther King was an influential civil rights leader — best known for his work on racial equality and ending racial segregation in the United States. His life and achievements are remembered and celebrated on this day.

MONDAY, JANUARY 16

STANWOOD HIGH SCHOOL SPORTS

Boys Basketball vs Meadowdale. JV & Frosh: 5:40pm. Varsity: 7:15pm.

Calendar of Events



MONDAY, JANUARY 16

NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

MONDAY, JANUARY 16

AMATEUR RADIO EXAMS

Stanwood Camano Amateur Radio Club (SCARC) and the American Radio Relay League (ARRL) offer FCC amateur radio operator license testing. Amateur exams are held the 3rd Monday every other month, starting in January. Some exceptions apply: check the Club Calendar page to confirm the latest schedule (<https://scarcwa.org/calendar.shtm>). The exams are given by Certified Volunteer Examiners (VEs). Location: TBD. Time: 7:00 PM. Cost \$15.00 Cash only. Be sure to bring copies of your current amateur license (if any) and any CCSEs. More info: 360-757-8091 or 360-708-4036.

MONDAY, JANUARY 16

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. Bring your team of up to 6 for a fun night of food, drinks and creative trivia! Free sign up. Win prizes!

CONSUMER ALERT:

STANWOOD HEARING

Exercise caution when purchasing direct-to-consumer hearing products over the counter (OTC) or online. The Attorney General cautions all consumers to beware of medical scams, including the sale of hearing aids by unlicensed dispensers.

The Do's & Don'ts to consider before purchasing an OTC hearing device:

DO's	DON'Ts
Get a professional hearing test to know your personal hearing needs.	Do not buy hearing aids online or over-the-counter without first consulting a licensed professional.
Learn the options for your personal hearing need and discuss them with a professional.	Do not rely on online hearing screenings to diagnose hearing loss. Seek professional help.
Learn your options and what is safe. Seek the help of a professional.	Do not expect the same quality in an OTC aid that you receive from a hearing healthcare provider.

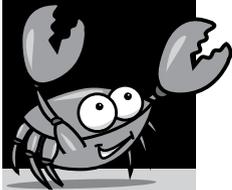
9300 271st St NW, Suite B-5, Stanwood, WA 98292
Near QFC, between Papa Murphy's and H&R Block
p: 425-272-9435 | StanwoodHearing.com



Do you have questions?
Call **425-272-9435**

Tonia MacPhail,
A.A.S., HIS

Calendar of Events



TUESDAY, JANUARY 17

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

TUESDAY, JANUARY 17

90'S NIGHT

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail.com.

TUESDAY, JANUARY 17

AARP PRESENTS: VIGILANCE AGAINST CYBER CRIME

11am Online event. Identity theft and other forms of online fraud pose a serious and growing threat to Internet users of all ages. In this AARP program, learn how con artists are using a variety of scams to defraud Internet users, how to help safeguard yourself against online fraud and cyber scams, and what to do if you or someone you know has been a victim. Registration is required. Contact us with questions at <https://www.sno-isle.org/contact-us/>

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Calendar of Events



DID YOU KNOW?

“Where the Wild Things Are” was supposed to have been about horses—but the illustrator couldn’t draw them.

TUESDAY, JANUARY 17

FAMILY STORYTIME WITH JENNIFER

10am at the Camano Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

TUESDAY, JANUARY 17

STANWOOD HIGH SCHOOL SPORTS

Boys Wrestling vs Cascade. JV: 5:45pm. Varsity: 7pm.

TUESDAY, JANUARY 17

OPEN HOUSE

10am-2pm at Camano Country Club for Renew Active, Silver/Fit, Active/Fit, & SilverSneakers Members! FREE ACCESS to our year-round indoor swimming pool, hot tub, gym, fitness classes, and more! Come tour the clubhouse, get more information, and/or signup all at no cost to you! Don't leave the island to get fit! Save time & money! JOIN US today! Address: 1243 Beach Dr. Website: CAMANOCOUNTRYCLUB.COM

WEDNESDAY, JANUARY 18

PRESCHOOL STORYTIME WITH VICKY

10:30 AM – 11:30 AM at Stanwood Library. Share fun books, songs, and creative activities with your preschooler to prepare young minds for the adventure of reading. A play time or art activity may follow.



WEDNESDAY, JANUARY 18

NATIVE PLANTS TO PROMOTE WILDLIFE WITH ENVIRONMENTAL CONSIDERATIONS

Online. 7pm. Register to Attend (free) at <https://www.camanowildlifehabitat.org/programs>. Native plants are a great tool for fostering wildlife populations and promoting pollinators all while possessing an innate adaptability to local climate regimes. Delaney Anderson, Restoration Project Assistant with the Snohomish Conservation District, will present a coordinated approach to planting that balances the needs of homeowners, the preferences of wildlife, and the potential climate pressures facing our local environment.

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HOUR

TWICE DAILY

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9:30PM - 11:30PM



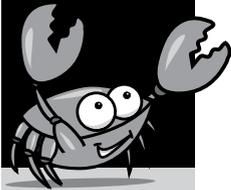
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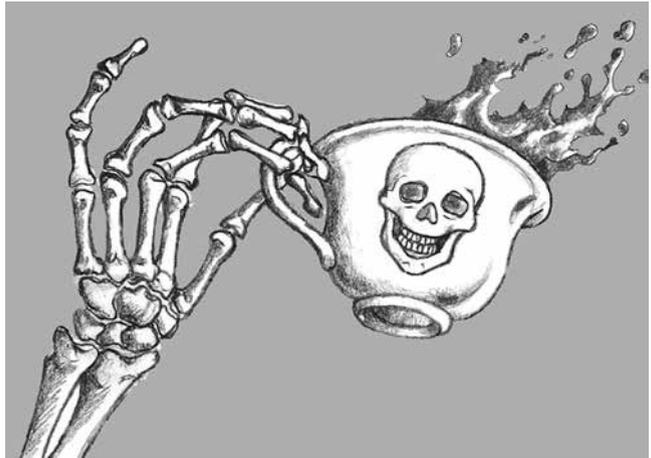
This product has intoxicating effects and may be habit forming. Marijuana can impair concentration, coordination, and judgment. Do not operate a vehicle or machinery under the influence of this drug. There may be health risks associated with consumption of this product. For use only by adults twenty-one and older. Keep out of the reach of children.

Calendar of Events



DID YOU KNOW?

T-shirts were originally made for unmarried men who didn't know how to sew buttons on collared shirts.



WEDNESDAY, JANUARY 18

DEATH CAFÉ

6pm-8pm at 580 W Monticello Dr. Camano Island. Ages 18 and over. Come for cake and conversations. Death Cafe is a group directed discussion of death with no agenda, objectives, or themes. It is a discussion group rather than a grief support or counselling session. Plenty of parking. Tea and cake provided. If you feel inclined, please bring a healthy snack to share. There is no charge for this event. Read more at www.deathcafe.com or call the host, Vicki Tracy 425-239-9166.

WEDNESDAY, JANUARY 18

ONLINE FAMILY TRIVIA - GAMES!

7:00 PM – 8:00 PM. Go it solo or grab a family member (or a few!) to test your trivia skills, right from the comfort of your own home. Join us for an Online Family Trivia featuring Games! Family trivia is designed with young people in mind – we suggest a youth participant on each team. Registration is required. Contact us with questions at <https://www.sno-isle.org/contact-us/>

WEDNESDAY, JANUARY 18

STANWOOD HIGH SCHOOL SPORTS

Girls Wrestling. 6pm.

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Or visit [ExploreUHC.com](https://www.exploreuhc.com)

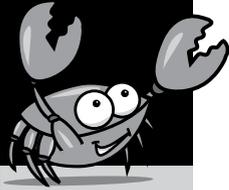


Other pharmacies/physicians/providers are available in our network. Network size varies by market. Plans insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. AARP and its affiliates are not insurers. You do not need to be an AARP member to enroll. AARP encourages you to consider your needs when selecting products and does not make specific product recommendations for individuals. AARP does not employ or endorse agents, producers or brokers. © 2022 United HealthCare Services, Inc. All Rights Reserved.

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Calendar of Events



DID YOU KNOW?

Caroline Munro's character Naomi appears in 1977's James Bond movie "The Spy Who Loved Me". She was the first woman Bond ever killed in a movie in over 10 years of the franchise.



THURSDAY, JANUARY 19

ORIGAMI DRAGONS AND MORE

Join us to fold some fabulous beasts at 3:30-5pm the Stanwood Library! This program is designed for ages 8 and up: due to the skill level required for success, we are unable to accommodate young children at this event.

THURSDAY, JANUARY 19

RAINY DAY ROOM PLAYGROUP

Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Grown ups and kids will benefit from friendship and community....getting out of the house. www.crc-sc.org.

THURSDAY, JANUARY 19

TODDLER STORYTIME WITH ALEX

10:30 AM – 11:30 AM at the Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

THURSDAY, JANUARY 19

STANWOOD HIGH SCHOOL SPORTS

Girls Basketball vs Cedarcrest. JV: 5:40pm. Varsity: 7:15pm.

THURSDAY, JANUARY 19

OPEN HOUSE

10am-2pm at Camano Country Club for Renew Active, Silver/Fit, Active/Fit, & SilverSneakers Members! FREE ACCESS to our year-round indoor swimming pool, hot tub, gym, fitness classes, and more! Come tour the clubhouse, get more information, and/or signup all at no cost to you! Don't leave the island to get fit! Save time & money! JOIN US today! Address: 1243 Beach Dr. Website: CAMANOCOUNTRYCLUB.COM

THURSDAY, JANUARY 19

TEEN LATE NIGHT

4-6:30pm at The Community Resource Center of Stanwood Camano. Open to teens in grades 9-12. Teen Late Night is a safe place for teens to come and connect over food & fun. Participant elected activities have included outings, classes, celebrations, help with school work and more!

**WSU Snohomish County Master Gardener Foundation
presents the 20th Annual Sustainable Gardening**

2023 Winter Speaker Series

All are invited to attend!

\$85 for the series or
\$20 per single session
Fridays, 9:30 am - 11:30 am

The Historic Everett Theatre
2911 Colby Avenue
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For more information,
registration and payment options,
www.gardenlectures.com

Questions? Call Snohomish County
WSU Extension Office
Monday - Friday, 11 am - 3 pm
at 425-357-6010

All proceeds go to the Master
Gardener Foundation of Snohomish
County, which provides major
funding support to the Snohomish
County Master Gardener Program.

January 13 | Judy Zugish
"Beguiling Winter Wonders -
Discover Hardy Cyclamen!"

January 27 | Jessi Bloom
"Creating a Garden Sanctuary"

February 3 | Lorene Edwards Forkner
"Gardening Matters - From Tree
Canopy to Ground Cover"

February 10 | Dave Pehling
"Moles! Watcha Gonna Do?"

February 24 | Scott Pringle
"The Magic of Hydrangeas"

March 3 | Alex LaVilla
"Designing with Perennials: Creating
Plant Combinations for Multiple
Seasons of Interest"

March 17 | Carlos Moniz
"A Behind the Scenes Look at
Creating the Butchart Gardens'
Amazing Floral Displays"

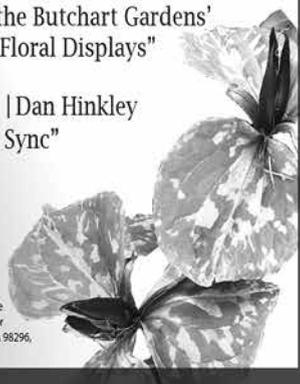
March 31 | Dan Hinkley
"Plants in Sync"



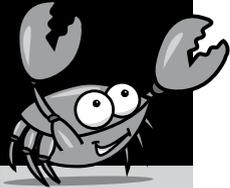
WSU EXTENSION
Snohomish County



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Calendar of Events



DID YOU KNOW?

"Digging a hole to China" is theoretically possible if you start in Argentina.

FRIDAY, JANUARY 20

THE STANWOOD CAMANO AMATEUR RADIO CLUB

will meet on Jan 20 at 7PM, at the Stanwood Fire Station , 8117 267th St NW, Stanwood, WA 98292. All interested parties are welcome to attend. Join us and learn about this exciting hobby. More info: 425-308-5561.

FRIDAY, JANUARY 20

DR JOP FUNK SHOP

7:30pm - 10:00pm at Pub 282. This is one of the Seattle area's, PREMIER PROFESSIONAL BANDS featuring top-internationally-acclaimed musicians. They take pride in their craft. From rock, to funk, to blues, to jazz, to R&B, and a little country, these musicians love doing it all.

FRIDAY, JANUARY 20

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. Conversation friendly. No cover.

FRIDAY, JANUARY 20

YOUTH GAME NIGHT!

6:30-8pm at Church Of Jesus Christ Of Latter Day Saints, Ell Road, Camano Island. Ages 12-18. We can play sports, games and activities of your choice! invite your friends and family to come. A chance to meet new people. Games, treats & more!

SATURDAY, JANUARY 21

JIMMY WRIGHT BAND

7:30pm - 10:00pm at Pub 282. Catering a wide variety of music!

SATURDAY, JANUARY 21

MICHELE D'AMOUR & THE LOVE DEALERS

8 pm - Conway Muse Hayloft. Come enjoy some great music in our continuing series! Presale \$12.50 / Day of Show \$15

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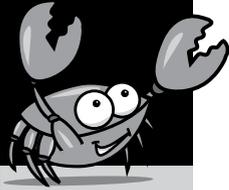
Call to schedule an
appointment.

360-435-6641

SkagitRegionalHealth.org/orthopedics



Calendar of Events



DID YOU KNOW?

Nintendo was founded in 1889. Before it sold video games, the Japanese company specialized in playing cards.



SATURDAY, JANUARY 21

NOT YOUR ORDINARY GROOVY BINGO

is back at the Camano Center with Sylvia O'Stayformore! \$20 for 10 Games of Bingo. CASH/CHECK only for Bingo Games at Door. Doors Open at 5:30 PM, Games begin at 6:30 PM. RSVP Registration will be held until 6:15 PM ONLY. RSVP link will be available through camano-center.org. Fundraising event. Seating is First Come First Served (with RSVP honored until 6:15PM). Please Call (360) 387-0222 for assistance with Registration if needed.

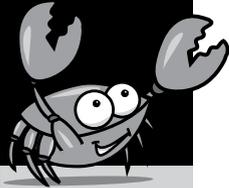


SATURDAY, JANUARY 21

TREES OF THE WEST - AN ARTISTS GUIDE

2:30-4:30pm at the Community Resource Center, Stanwood. Brought to you by the Stanwood Library and the CRC, enjoy a hands-on experience in Watercolor Immersion with artist Molly Hashimoto. She will share a short slide presentation on her new book, *Trees Of The West: An Artist's Guide*, where she has seen them, and how she makes art from her sketches and photos. Learn easy techniques for sketching and painting trees using a variety of papers, pens, and brushes. Everyone attending will be able to paint their own watercolor to take home. All supplies will be provided. Registration is required. More info: 360-629-3132.

Calendar of Events



DID YOU KNOW?

All the Professors in Pokemon have been named after trees.

SATURDAY, JANUARY 21

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JANUARY 21

TOY BOAT WORKSHOP

10 am – 2 pm at Cama Beach in the boathouse. Learn how to build a wooden toy boat. You get to bring it home as a souvenir! \$5 suggested donation. Hosted by The Center for Wooden Boats.



SATURDAY, JANUARY 21

AN INTRODUCTION TO BIRDING

Brian Zinke, executive director of Pilchuck Audubon society, explores the joys of birding and how to get started. 11am at Community Resource Center, 9612 271st St NW, Stanwood. 360-629-3132.

SATURDAY, JANUARY 21

BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.

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Trampolines



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Calendar of Events



DID YOU KNOW?

In 1567, the man said to have the longest beard in the world died after he tripped over his beard running away from a fire.



SATURDAY, JANUARY 21

COUNTRY LIVING EXPO & CATTLEMEN'S WINTERSCHOOL

Doors open at 8am at Stanwood high School. With 180+ Classes available: Livestock, country living, gardening, farming, food preservation, dairy, equine, fiber, poultry, welding, flower arranging. Gym full of vendors, prime rib or vegetarian lunch - networking galore. Register. Once Classes are decided; follow the link to the wufoo website to register. You will receive an email conformation once done! To register and more info: <https://extension.wsu.edu/skagit/countrylivingexpo/>

SUNDAY, JANUARY 22

"LIFE OF THE SPIRIT"

The public is invited to "Life of the Spirit" - a Zoom Devotional Gathering which will begin with a 10 minute video to start a discussion about global and local challenges, and the importance of our connections with each other. The Gathering begins at 11:00 a.m. It generally lasts for 90 minutes. Please feel free to bring your insights, prayers, spiritually centered readings and artistic endeavors. You are welcome to quietly observe also. For the Zoom address, please contact the Baha'is of Camano Island at bahaisofcamanoisland@gmail.com

MONDAY, JANUARY 23

TODDLER STORYTIME WITH JENNIFER

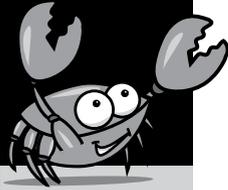
10:00 AM – 11:00 AM at the Camano Island Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity may follow.

MONDAY, JANUARY 23

NAUGHTY BINGO

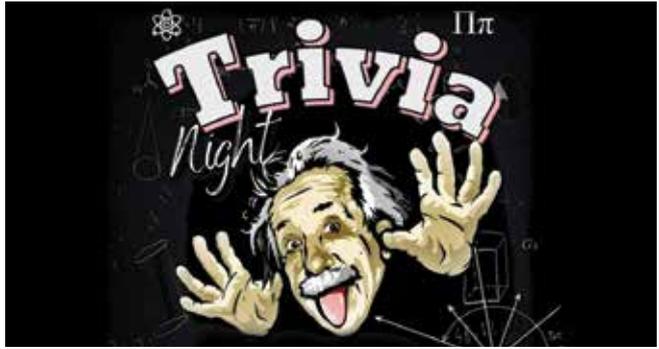
Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

Calendar of Events



DID YOU KNOW?

Abraham Lincoln was a wrestling champion.



MONDAY, JANUARY 23

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. Bring your team of up to 6 for a fun night of food, drinks and creative trivia! Free sign up. Win prizes!

TUESDAY, JANUARY 24

FAMILY STORYTIME WITH JENNIFER

10am at the Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

TUESDAY, JANUARY 24

BABY STORYTIME WITH VICKY

10:30am at the Stanwood Library. Wiggle, giggle and bond with your baby through stories, happy songs, rhymes, and activities that inspire a love of reading. A play time or art activity may follow.

TUESDAY, JANUARY 24

STANWOOD HIGH SCHOOL SPORTS

Boys Basketball vs Arlington. JV & Frosh: 5:40pm. Varsity: 7:15pm. Boys Varsity Swim vs Lynnwood. 3pm at Stanwood YMCA.

TUESDAY, JANUARY 24

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

TUESDAY, JANUARY 24

90'S NIGHT

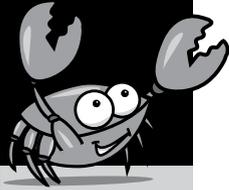
Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail.com.

WEDNESDAY, JANUARY 25

PRESCHOOL STORYTIME WITH VICKY

10:30 AM – 11:30 AM at the Stanwood Library. Share fun books, songs, and creative activities with your preschooler to prepare young minds for the adventure of reading. A play time or art activity may follow.

Calendar of Events



THURSDAY, JANUARY 26

TODDLER STORYTIME WITH ALEX

10:30 AM – 11:30 AM at the Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

THURSDAY, JANUARY 26

STANWOOD HIGH SCHOOL SPORTS

Boys Wrestling vs Everett. JV: 5:45pm. Varsity: 7pm.

THURSDAY, JANUARY 26

RAINY DAY ROOM PLAYGROUP

Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Grown ups and kids will benefit from friendship and community....getting out of the house. www.crc-sc.org.

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MADRONA **\$1,495,000**
 Newly built contemporary home with coveted west Camano views, outdoor living areas and guest space above the garage. #2019365



VIEW HOME **\$1,148,000**
 Gorgeous new construction on a large lot includes community beach access in the Driftwood Shores area of Camano. #2017790



LOG HOME **\$669,000**
 Custom built home with 5 luscious acres of privacy priced to sell has a barn, pastures, and close freeway access. #1989349



VACANT LAND **\$412,000**
 Beautiful setting on this 7-acre parcel on Camano is a great opportunity to build your new dream home. #1897325



VACANT LAND **\$179,000**
 Nestled between Lake Stevens and Marysville is this great 2.8-acre parcel with territorial views and lots of timber. #2024162



CAMANO **\$325,000**
 Affordable and adorable home on a large level lot has covered decks, an outbuilding and plenty of room for an RV/boat. #1997857

STANWOOD
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CAMANO ISLAND
 818 N. Sunrise Blvd.
 360.387.4663



Windermere

REAL ESTATE



CAMANO CITY **\$1,019,500**
 Quintessential farm home has been restored to the original charm with modern comforts on 6.7 acres. #1967024



CUSTOM HOME **\$2,550,000**
 Stunning views of the Sound, Mountains, and sunsets from luxury retreat on tranquil and expansive Camano property. #2022790



PRE SALE **\$899,000**
 Reserve your new home today these Pre-Sales offered by Titan Homes and located in Stanwood. #2021130



CAMANO RIDGE **\$899,000**
 Quiet and peaceful setting for Custom home, attached garage with office, extra shop on 2.5 acres. #1973990



VACANT LAND **\$725,000**
 Fabulous 28+ acres perfect for an estate or developing as you desire and can set your dreams in motion. #1938139



COUNTRY CLUB **\$599,950**
 Just completed new home includes access to 3 community beaches, partial views of Mt Baker and Port Susan. #2017886

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR



Dining Guide

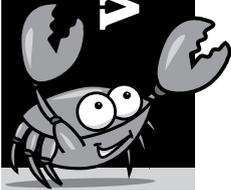


DID YOU KNOW?

Enzo Ferrari told a man “you may be able to drive a tractor but you will never be able to handle a Ferrari properly.” The man was so angry that he vowed to create the perfect car. His name was Ferruccio Lamborghini.

AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052
BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885
BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324
BLUE HERON KITCHEN & BAR (Camano Island) • (360) 502-8700
CAMA BEACH CAFE (Camano Island) • (360) 387-3266
CAMANO ISLAND INN (Camano Island) • (360) 387-0783
CAMANO THAI (Camano Island) • (360) 926-8688
CENTER CAFE (Stanwood) • (360) 629-7403
THE CONWAY MUSE (Conway) • (360) 445-3000
CONWAY BOXCAR (Stanwood) • (360) 629-0651
CONWAY PUB & EATERY (Conway) • (360) 445-4733
COOKIE MILL (Stanwood) • (360) 629-2362
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DRAGON PALACE (Stanwood) • (360) 629-8106
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Moonshine Wisdom & Wit



Story by Jack
Archibald.

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MAPLESS IN GOMORRAH

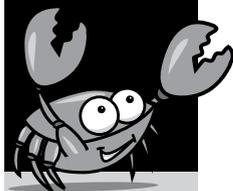
We left home to drive down to the Bay Area last week and immediately ran into an 8 mile backup in Seattle, a dark omen, when the police closed the freeway for a pedestrian fatality, some guy trying to cross 8 lanes of rush hour traffic, a human possum, victim of Darwinian laws. Two days later we reached the outskirts of Oakland after a straight shot down the western side of America, no turns, just vacationers and trucks mainlining an artery toward the porous borders ... when the mizzus' cellphone ran out of juice.

In the digital world we now find ourselves in, losing that cell's GPS was equivalent to Lewis and Clark losing Sacajawea. Winter would find us months later, emaciated and stark raving mad up some dead end box canyon above the hills of Oakland, another tourist cautionary tragic tale hyped to sell GPS apps and enhanced cell-phones. Don't let THIS happen to YOU!! If they'd only carried the Apple 10,000 fully loaded with locator apps, distress signals and emergency instructions. Don't leave home without it!

The urban jungle, in case you are like us and travel primarily, if at all, on two lane backroads, is a blackberry thicket of 70 mph fast lane changes, intersecting bridges, sudden tunnels and too many highways, all in all a spider's web for the unwary or the GPS-less. Not wanting to meet the spider, I stopped to ask directions at a mall that appeared at the first exit we took off interstate something or other. A half hour to find parking and finally we entered the three level grandeur of a suburban Macy's. Salvation in the Consumer Cathedral!!

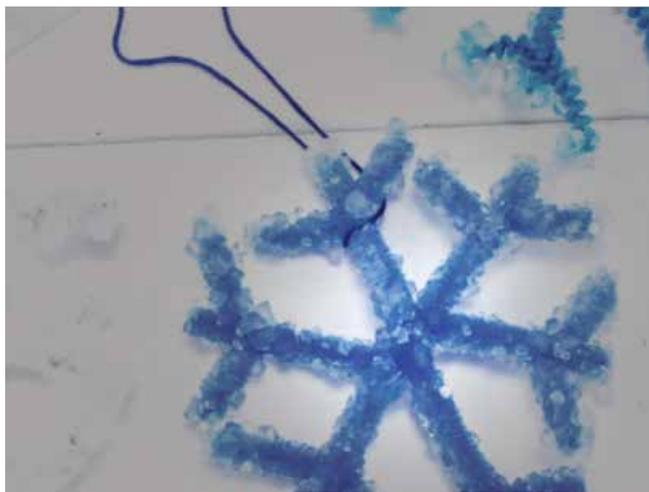
And sure enough, like St. Pete at the pearly gates of a Sunday School heaven, a customer service gentleman smiled as I approached. "Can I help you?" he asked. "Indeed," I replied, "I need to get directions to Oakland from your grand cathedral.

He smiled beneficently, glad to assist a confused customer. "You need to get yourself a GPS." I thanked him, of course, a Neanderthal lost in the rearview. If you wondered why men don't ask for directions, this is exactly why.



DID YOU KNOW?

Four times more people speak English as a second language than as a native one.



CRYSTAL SNOWFLAKES

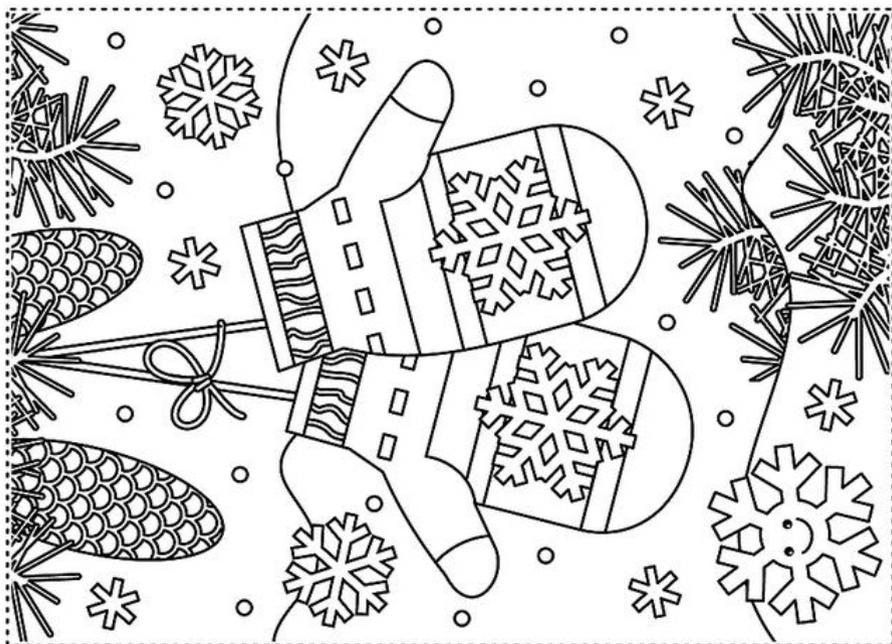
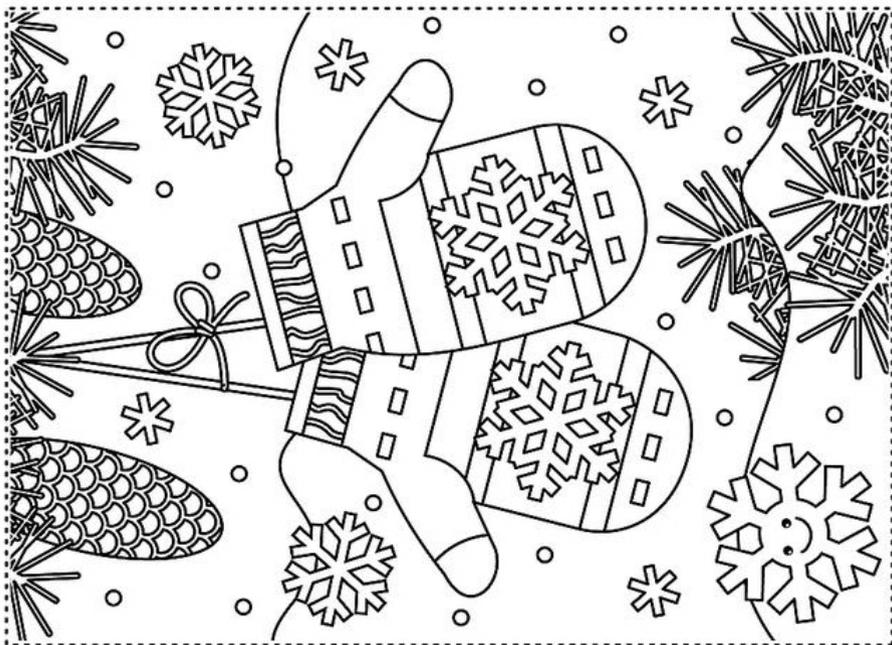
Snowflakes are so beautiful and fascinating. Every winter the kids wait patiently for the first snowfall so they can run and play in the snow. If they are lucky, they get to put out their hands or tongues to catch the fallen snowflakes. It's the best! But the little sparkly snow flurries don't last long, so to bring a little bit of winter goodness inside you can easily make Crystal Snowflake Ornaments. These beautiful borax crystal snowflakes are a great winter science experiment. Plus they are so much fun to make.

What's Needed: $\frac{3}{4}$ cup Borax; 4 cups Boiling Water; 3 Pencils; String; 9 Pipe Cleaners, white and blue

Start by boiling 4 cups of water and pour it into a large glass measuring cup or bowl. Mix in the borax until it's dissolved. Make sure the glass container is deep and wide enough so the snowflakes won't touch the bottom or each other. To make the snowflakes: Cut 3 pieces of pipe cleaner 3-inches long. Cut 6 pieces about 2-inches long. Twist the 3 longer pieces together at the center, so you have 6 arms sticking out evenly spaced. Take one of the smaller pieces and twist it around the end of one of the arms so each end sticks out. Repeat that using the other 5 pieces. It should look like a snowflake when you are done. Now tie a piece of string loosely to the end of one snowflake arm on each snowflake. Wrap the other ends of each string around each one of the pencils or wooden spoons, so the snowflakes are hanging about 2 inches from the pencils. Set the pencils on top of your glass container and dangle the snowflakes down into the borax water. Make sure they are fully submerged in the water and that they don't touch each other or the sides of the container (a little bit is ok). Leave it in the borax solution overnight so the crystals will grow on the pipe cleaners. Remove your snowflakes from the water when they are full of crystals. Cut off the strings from the pencils and lay the snowflakes on paper towels to dry. Tie a new piece of string on each crystal snowflake ornament for your hanger and hang them on a tree, nature table or use them for a window decoration.

FIND THE 10 DIFFERENCES BETWEEN THE TWO PICTURES

(and then color it)



Sound Waters University Attendees
*Add on Camano
Featured Field Trips

2/3

- Barnum Point's Natural History; Bluffs, Shoreline, and Waves
- Reining in the Rain: Rain Barrel Use and Construction

2/5

- Port Susan Bay Preserve
- Camano Bluffs, Beaches and Slides; Reporting What You See Using MyCoast App

2/11

- Pacific Madrone
- Watersheds: A Tool for Planning

Register Now

*Purchase Sound Waters University online 1 day class admission for 2/4 8:30 am- 3:30 pm to add on field trips

SCAN ME



SOUND WATERS
UNIVERSITY



Photos and Art



Swan by Fletcher Shauna.



DID YOU KNOW?

Baby elephants
suck their
trunks for
comfort.



Winter scene painting by Jed Dorsey.

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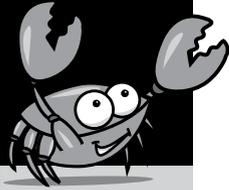
425-244-6215

Artist of the Week



BEZALEL-LEVY

Always Open! Meet Bezalel-Levy, a husband & wife collaboration that opened the Stanwood House Gallery & Studios in 2002. Their paintings, ceramics, sculptures, photography, books published, and music cds fill this historic building which is also their home. Please let them know when you'd like to come by ~ ph 360-629-4933. See more here: <https://stanwoodhouse.com/>



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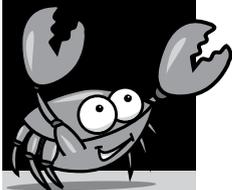
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Business Spotlight



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PFLAG STANWOOD-CAMANO

is here to support our LGBTQIA+ community, their families, friends, and allies. We offer a safe and confidential monthly support group where you can share struggles, triumphs, questions, and concerns. Our meetings will be held in person at 6pm at the Community Resource Center of Stanwood-Camano on the first Friday of every month. In 1982, the national organization under the name "Federation of Parents and Friends of Lesbians and Gays, Inc." was founded in California. With the new Executive Director in 1987, PFLAG moved their home office to Denver, Colorado and many chapters were opened across the nation. In 1993, PFLAG added "families" to its name and included bisexual people in their work. Later in 1998, transgender people were finally included. In 2014, the name of PFLAG was officially changed from "Parents, Families, and Friends of Lesbians and Gays" to just "PFLAG" to be more inclusive in their mission and people they serve. Now, in January 2023, PFLAG will unveil new branding and new mission statements to make it clear they are inclusive of all LGBTQIA+ people, their friends, families, and allies. We are here for you. Please contact us at pflagstanwoodcamano@gmail.com. www.pflagstanwoodcamano.org.



Managing Broker,
Windermere Real Estate/CIR

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Camano Island Expert
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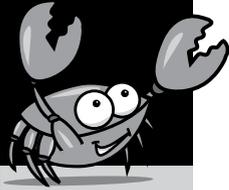
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LIC 782423

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Community Information



DID YOU KNOW?

Cows have best friends.



CALL TO ARTISTS & MAKERS!

Art at the Farmers Market (at Skagit River Produce in Conway, WA) Applications Available NOW! We are SO excited to announce that our 1st Annual Fine Arts and Gifts Show is on the official map of the 2023 Skagit Valley Tulip Festival this year!! We want to FILL the Barn with wonderful artwork & handmade gifts & treats for ALL our Festival visitors and that means we need you! Email colleen.nygard@gmail.com for an application for this MONTH-LONG show today!

BASEBALL / SOFTBALL SEASON REGISTRATION

is now open for the 2023 Spring season! Go to www.stanwood-camanoll.org to register. Registration for Minors and up closes February 10; T-ball and Rookies closes March 10. As always, there is a great need for coaches and umpires to make the season possible, so please consider volunteering. More info: 206-250-9130.

HOLIDAY LIGHTS, COMPUTER AND ELECTRICAL CORDS RECYCLING DRIVE

What do you do with holiday light strings and old electric and computer cords that no longer work? Instead of sending them to a landfill, bring them to the Camano Transfer Station for recycling! Now through January 31. WSU Extension Island County Waste Wise volunteers and local Boy Scout Troop 46 will make sure the strings and cords are recycled responsibly. PLEASE remove any attached devices and place your cords in a plastic bag. The Transfer Station is located at 75 E Camano Hill Road and is open daily from 9:30-5:00. Questions? Call (360) 639-4608 or email kristine.vannoy@wsu.edu.

Stanwood United Methodist Church

~ Open Hearts, Open Minds, Open Doors ~

In-Person Sunday Service at 10:00am.
Live Online Services available at 10:00am at www.stanwoodumc.org or on our Facebook page at: Stanwood United Methodist Church.



360-629-9555

27128-102nd Dr. NW,
Stanwood, WA 98292
www.stanwoodumc.org
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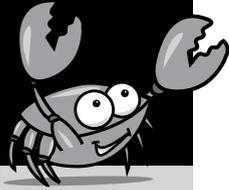
movementarts.com



MOVEMENT ARTS

360-629-9100

Camano Commons



look for us
online at

www.TheCrabCracker.com

or on
Facebook.

Download
current or past
editions.

STANWOOD LACROSSE SPRING OF 2023 SEASON SIGN UPS

have begun. If you've ever thought of playing lacrosse now is the time. We have a place for everyone. Kindergarten thru High School. Boys and girls. Practices begin the first week of February. If you are signing up for a grade 7/8 team or high school you need to sign up by January 15th to ensure the uniform order is completed on time. Please sign up at the link below. We have limited rental equipment available for individuals wanting to try it out. Sign up soon before all the teams fill up. It is a fantastic sport to be a part of and Stanwood has an awesome program. <https://www.stanwoodlacrosse.com/registernow>.

TOP'S (TAKE OFF POUNDS SENSIBLY)

would like to have you join us for weight loss support in the new year! We meet on Thursday mornings at 10:00 a.m. at Cedarhome Baptist Church in Stanwood. Please call Gay Robinson at (360) 393-7117 for more info.

WINTER CLOTHING IN THE WARDROBE

The Wardrobe at the CRC is stocked with brand new clothing items for teens and young adults that are in need, to select from for free. Typically, individuals leave The Wardrobe with two new outfits! Our volunteer shopper has been busy buying new items such as short and long sleeved t-shirts, leggings, flannels, hoodies, shorts and joggers. In partnership with the Stanwood Camano Food Bank, we are stocking up with winter appropriate clothing. Please call 360-629-5257 x 1002 to schedule an appointment.



IS YOUR DOG LEGAL? GET ROVER LICENSED

Island County requires all dog owners to license their dogs every year. One time is not enough; you must renew each year. There are no exceptions. The tag will also help identify your dog in case he or she is lost. Please make sure you have proof of current rabies vaccination and spay/neuter (if altered) for each dog when you arrive to purchase your license. The 2023 dog licenses are now on sale at the Camano Animal Shelter or at the Camano Island Annex on NE Camano Drive. The cost is \$10 for spayed/neutered dogs and \$33 for intact dogs.

Community Information



DID YOU KNOW?

The Japanese created a smoke alarm for those who can't hear, which pumps super-spicy wasabi mist into the air to alert them.



FROZEN PIPES TIPS & PREVENTION

With the inclement weather we have had quite a few calls about frozen pipes. If you experience frozen pipes and would like our crew to shut your meter off until they thaw, please call Stanwood city hall at 360-454-5203.



DID YOU INCUR DAMAGE TO YOUR HOME OR BUSINESS DURING THE MOST RECENT EXTREME WINTER WEATHER OR KING TIDE EVENTS?

You may be eligible for state disaster assistance. Please submit an Initial Damage Assessment Form online by visiting: <https://www.cognitofirms.com/IslandCounty1/PrivatePropertyDamageAssessmentDisasterInformationPage>: <https://www.islandcountywa.gov/.../Damage-Assessment.aspx>. This information will be used to assess the county-wide damage. This information can help determine if the county is eligible for assistance. Even if you suffered only minor damage and do not expect to need assistance, you should still submit a report. Residents are not filing claims by providing this information. This process is not a guarantee residents will receive financial assistance from the state. If you require assistance filling this out, please call the Department of Emergency Management at (360) 679-7370.

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Camano

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HOUSE PLACE, CAMANO ISLAND
\$215,000 | MLS#: 2013870

6.81 acres of tranquil & private land. Mid-island.



8830 176TH ST NW, STANWOOD
\$499,000 | MLS#: 2005481

Rustic elegance shines in this tiny home on a 4.8 acre private oasis.



W LAKE KETCHUM RD, STANWOOD
\$260,000 | MLS#: 1971505

Enjoy lakefront living on this 0.41-acre lot with 38 feet of waterfront.



15716 STURTEVANT AVE, STANWOOD
\$699,000 | MLS#: 2013536

Lake Goodwin views! 2-bdrm 2.5-bath & outbuildings for additional space.

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Community Information



GRAB A CRAB CRACKER:

from the box attached to the wall of Camano Gateway building at Freedom Park

PHILANTHROPIST OF THE YEAR AWARD

Nominations Due. Please help us find worthy award recipients! The Stanwood-Camano Area Foundation (SCAF) will present three philanthropy awards to outstanding individuals and businesses at the Philanthropist of the Year Awards Breakfast on March 31, 2023. Please take a few minutes to think about who you can nominate! We are accepting nominations for the following three awards until January 31, 2023: Floyd & Delores Jones Spirit of Philanthropy Award: This award honors an individual, couple, or family who exhibit a deep commitment and heartfelt dedication to philanthropy. Nominees should have a proven record of exceptional generosity through direct financial support and/or direct involvement. This should be someone who demonstrates outstanding civic and charitable responsibility and whose generosity and involvement encourages others to take philanthropic leadership roles in our community. Pay-It-Forward Award: This award honors an individual who must be a resident of the Stanwood-Camano community and who has a proven history of giving generously of his or her time directly to people in need, to activities that benefit our community, or to local nonprofit organizations. In short, this award honors an outstanding volunteer. The volunteer work must have occurred in the Stanwood-Camano area. Heritage Bank Business Making a Difference Award: This award honors a for-profit business in the Stanwood-Camano area that has a proven track record of making a positive difference in our community. The business that receives this award must be based in Island or Snohomish County with branches in the Stanwood-Camano area. Thank you for helping us find the most deserving award recipients. Nomination forms can be found at <https://s-caf.org/nom>. Previous award winners are not eligible; for a list of previous winners, please check the SCAF website.

GET DISCOUNTED MARINERS TICKETS

Here's a chance to score some Mariners tix for the 2023 season at a good price AND support Stanwood HS baseball in the process! Reach out to your local Stanwood HS baseball parent, or Coach Brennan at mbrennan@stanwood.wednet.edu.

POINT IN TIME COUNT FOR SNOHOMISH COUNTY

If you, or someone you know, is experiencing homelessness please call the Community Resource Center of Stanwood Camano at 360-629-5257 x 1000 to be included in this year's Point in Time Count and survey.

INTRODUCING
**STANWOOD
COMMERCE
ALLIANCE**

WEDNESDAY **JANUARY 18** AT 6:00PM
2023

STANWOOD FIRE STATION
8117 267TH ST NW
STANWOOD, WA 98292

DISCOVER **PASS**
FREE DAYS 2023

January 1	June 11
January 16	June 19
March 9	September 23
March 19	October 10
April 22	November 11
June 10	November 24



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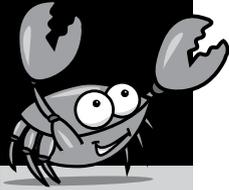
RON WELLS

Camano Island resident

425-356-9068



Community Information



DID YOU KNOW?

War pigs were used in ancient warfare to counter against war elephants, which feared the pigs (and their squeals) and would bolt.

SOUND WATERS UNIVERSITY

Inland seas, mountain ranges, old-growth forests and new world challenges. We have them all and if you're curious we have THE day for you. Sound Waters University this year combines a day of online learning and optional field trips on Whidbey and Camano Islands. The main event is February 4, 2023. <https://soundwaterstewards.org/.../sound-waters-university/>

33RD ANNUAL "HONEY, I SHRUNK THE ART"

A small works show featuring 45 regional and known artists. Each artist has multiple artworks. The show continues thru Jan. 29th. Matzke Fine Art Gallery and Sculpture Park, 2345 Blanche Way, Camano Is. open Fri., Sat., and Sunday 11:00 to 5:00. 360-387-2759 Monday - Thurs by apt. Email matzke@camano.net.

STANWOOD AL-ANON FAMILY GROUP

meets Thursday night 7:30-9 at the Stanwood United Methodist Church 27128 102nd Dr SW Stanwood. Al-Anon offers help and support for friends and families of alcoholics. A complete list of area meetings can be found at www.district28alanon.com

"THE SPOT" - TUESDAYS AND SATURDAYS

at 9831 271st St NW, Stanwood. For middle and high schoolers. Tuesdays drop in: 2:30-5pm. Games, food, hang out. Saturday Night: 7:30-10pm. Food, bonfires, pool, and more! Hosted by Youth Dynamics Stilly Valley. 425-879-7633.

OPEN HOUSE SATURDAY & RESEARCH WEDNESDAY

Open House every Saturday, 10am-1pm at the Stanwood Area Historical Society Tolin House (between the Pearson House the Floyd Norgaard Center). Research Wednesday 1-4pm at Eldridge Center.

FAMILY HISTORY CENTER OPEN WORKSHOP

Come any Tues. (10am-noon) or Wed. (6:30-8pm), at 795 Ell Rd, Camano Island (Church of Jesus Christ of Latter-day Saints), and get an absolutely FREE personalized consultation. We'll show you how to discover your ancestors and get FREE access to Ancestry.com, Fold3.com military records, Newspapers.com, ArkivDigital, and other websites. Visit our Facebook page for more info and weather/holiday closures: www.facebook.com/groups/CamanoIslandStanwoodFHC.

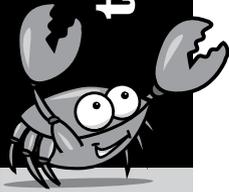
DAY AND EVENING SHELTERS FOR COLD WEATHER

Throughout Snohomish County, community-based organizations, volunteer groups, and religious communities run cold weather shelters. Cold weather shelters typically open when overnight temperatures are expected to be below 34 degrees F. For more information, visit: <https://snohomish-county-public-safety-hub-snoco-gis.hub.arcgis.com/pages/cold-weather-shelters>.

GARDENING WORKSHOP

The Island County Master Gardeners are presenting a two-day workshop March 3-4. Whether you're an avid gardener or just getting started, you'll find there's something at the Workshop for everyone. <https://www.whidbeygardening.org/>

View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

THE GREAT PHONINI – THE WORLD’S GREATEST TELEPHONE MAGICIAN

[The telephone rings] RRRRRINNGGG! RRRRRINNGGG!

Guy answering his phone: “Hello?”

Telephone Announcer: “LADIES AND GENTLEMEN, INTRODUCING THE WORLD’S GREATEST TELEPHONE MAGICIAN. And now, for your listening amusement and AMAZEMENT, it’s the one, the only, THE GREAT PHONINI!”

Guy: “Excuse me? Who’s calling? Is this Barney?”

PHONINI: “It’s not Barney. It is I, the GREAT PHO-NI-NI!! And you are about to hear some magical miracles like you’ve never heard before. Now, close your eyes and –”

Guy: “Um, hold on a minute. Who is this really? And did you just say, “you’re about to HEAR some magic? Barney, you really had me going there for a minute.”

PHONINI: “Like I said, it is not Barney. It is I, the GREAT PHO-NI-NI, the world’s greatest telephone magician. Imagine for a minute that you can see this gorgeous buxom blond woman standing beside me. This is my incredibly talented – and sexy – assistant, Gretchen. Gretchen, will you please enter this giant box before you?” [He pauses explaining that Gretchen needs time to get situated in the box.] “Very good., Caller, notice how I open the box and there are no hidden compartments of any kind. Abracadabra! As you can hear, Gretchen is gone.”

Guy: “Dude, you realize we’re on the phone, right? I can’t see a thing. You expect me just to believe you that she’s magically vanished? How about we switch to FACETIME so I can see?”

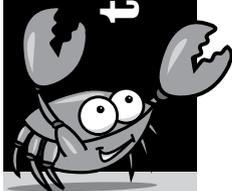
PHONINI: “I don’t have Facetime. My flip phone can only make audio calls. But trust me. If you could have seen what just happened, you’d be blown away. My lovely assistant is gone. But would you like me to bring her back?”

Guy: “Back? Back from where? Next to you on your couch? But what the heck. I’ll play along. Sure. Amaze me. Please, Lord, bring her back. Whatever.”

PHONINI: “I will now say the magic words: Hocus Pocus. And voila, Gretchen’s back. ‘Gretchen, did you miss me?’ She’s nodding yes. Now for my next incredible feat, listen as Gretchen ties me up in unbreakable chains and a straitjacket. ‘Now, Gretchen, make it as tight as possible, dear.’ [There is a pause and there are sounds of grunting and clanking chains in the background.] There, I’m completely tied up. Now Gretchen has attached my chains to a crane. [Grunting and breathing heavily] Now I’m upside down, [more grunts] hovering precariously over a steaming cauldron of boiling oil that is over 1,000 degrees.”

Guy: “Hmm. Let me guess. You’re going to tell me you somehow escaped from your predicament miraculously within seconds of the

View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

crane lowering you into the boiling oil."

PHONINI: "How did you know? Have I called you before? Anyway, just watch, I mean listen. [Over the phone, we hear more loud grunting and clanking until finally, PHONINI whispers in an exhausted voice.] "Wow, that was close. For a moment there, I thought I was going to meet my maker."

Guy: "And who is your maker? T-Mobile? How'd you get my phone number anyway? Was that magic, too?"

PHONINI: "And now for a mystifying card trick. Caller, pick a card, any card. Now, write it down on a piece of paper. Have you written it down, sir?"

Guy [grabs a piece of paper and writes down the four of clubs]: "This is ridiculous. Okay, okay. I've written it down."

PHONINI: "Very good, my fine chap. Is this your card?"

Guy: Is WHAT my card? I can't see what you're holding.

PHONINI: Oh, right. My bad. Well, then. Would your card by any chance be the seven of hearts?"

Guy: "Nope."

PHONINI: "Oh dear. Well then, surely it must have been the Jack of Spades."

Guy: Strike two, El PHONINI."

PHONINI: "My, this is embarrassing. My good fellow, would you mind going to your refrigerator and opening the door? Now, open the crisper drawer and grab that orange sitting there and take a sharp-edged knife and slice your orange in half."

Guy: "You know, I'm this close to calling the cops on you. But okay, here goes." [Guy grabs a knife and slices the orange down the middle.]

PHONINI: "Now peel the cover off the orange. Tell me, what do you see?"

Guy [peels the cover off, as instructed]: "What the heck? There's a card inside the cover of my orange."

PHONINI: "Would you mind sharing what card appears?"

Guy [thunderstruck with confusion]: "It's the four of clubs. That's my card! THAT'S MY CARD!! How did you do that????!!!"

PHONINI: "It's magic. Thank you for being a great audience. And now for my very final act, I will make myself disappear."

And in a flash, the GREAT PHONINI vanished. The line was dead.

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CASA'S PET OF THE WEEK:

DENNIS is a loving guy who enjoys hanging out with people and loves going on walks. Although he is a bit older, he is very active and would love someone who can keep up with him. Dennis arrived to CASA with his partner Deandra and they would love to find a forever home together. They are an adorable pair that complement each other well.

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

Hi I am **SIMON!** I am about a year and a half old and I am just over 10 pounds. To learn more about adopting a pet from The NOAH Center, please visit us at www.thenoahcenter.org/cats

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

SCAMP is a dignified gentleman who is ready to find his forever home. Once he knows that he is loved he will be your friend forever! YOU MUST visit www.save-a-mutt.org/adoption-application/ to fill out an application before meeting any dogs. We are foster-based rescue. There is no facility.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org

Bathing and Grooming

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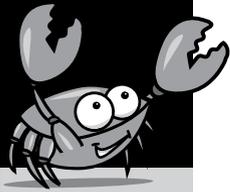
Our online shop is now **OPEN!**



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Go to www.lauries-boutique.com
and click "Shop"

Classes and Workshops



DID YOU KNOW?

Following the release of Rocky IV, a joke was making rounds in Hollywood.

Since Rocky had run out of opponents, he would have to fight an alien if a fifth movie was made. Jim and John Thomas took the joke seriously and wrote a screenplay based on it, which later became the movie "Predator".

Yoga Classes In-studio & Online at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home.

Yoga for Beginners Five Week Session Tuesdays 6pm. Prepare you with the first steps toward a regular practice. We look forward to meeting you on your path! Sign up through our website at movementarts.com or call 360-629-9100. Next Sessions in 2023: Feb 21-Mar 21, Apr 11-May 9, May 30-Jun 27. Your instructor: Carol Mason Space is limited, sign up early. \$9

Virtual Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

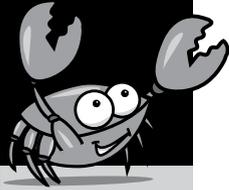
Heal your Back Workshop Jan 21, 2023 Saturday 2-4pm. Are you suffering from back pain, headaches and muscle spasms? Explore gentle movements using the BackMitra and indulge in a soothing hot LaStone treatment to relax and allow energy to circulate throughout your entire body without disruption. Sign up through our website at movementarts.com or call 360-629-9100. In Studio only; space is limited. \$45

Mudra for Movement and Meditation Feb 11, 2023 Saturday 2-4pm Mudras are subtle hand gestures commonly used in yoga and meditation practices to guide energy and expand consciousness. They can act as an energetic bridge between mind and body with ways to focus energy to specific points in the body. Grow your practice with this workshop by learning a variety of hand Mudras and their uses, followed by some gentle yoga incorporating them into the practice. Sign up through our website at movementarts.com or call 360-629-9100. Available in-studio or online via Live Stream (sign up for VIRTUAL Mudra for Movement and Meditation and receive an email link 30 minutes prior to class). \$45.

Free Medicare Basics Information Class January 25, (11:45am-12:45pm). Free event open to the public. We will be explaining how your Medicare benefits work, as well as the details of enrollment. Following the class, you will be given the opportunity for a no obligation private consultation. This class is highly recommended if you are 64 years old, relocating in Washington, getting close to retirement, or seeing the need to change your Medicare Advantage plan. Location: Camano Island Library meeting room. More info or RSVP: John Hart 360-967-9601.

Forte Music Dance Art offers intermediate ballet Tuesday and Thursday's at 4PM. Advanced tap Monday 9:30AM & Thursday at 10:30AM, beginning tap Monday at 10:30AM and Thursday at 3PM. Yoga is available Tuesday, Wednesday, Friday & Saturday's. Private instruction on Sax, Clarinet, Flute, Voice & Piano. Forte's address is 1095 Essex St. A-1 Camano Island WA 98282. For more info. contact Chris Tuohy 360-572-9262 fortemda.com.

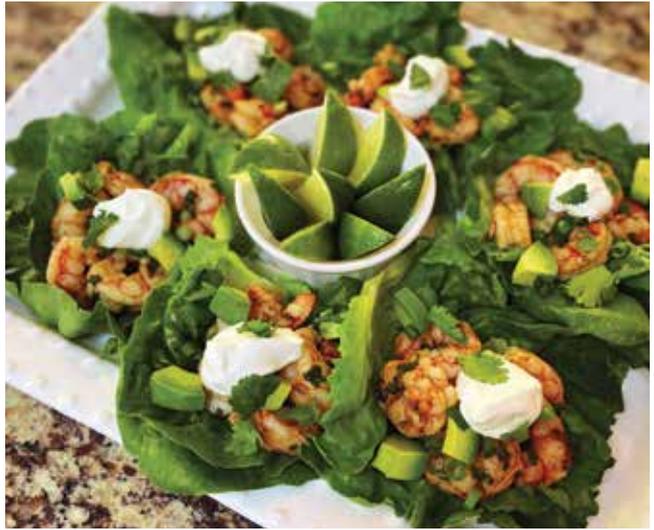
Cooking Mamas



Recipes by
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created by
Dusty Hutchins-
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"Great recipes
begin in Mama's
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CILANTRO LIME SHRIMP WRAPS

Our delicious lettuce wraps are fresh, flavorful, and super easy to make! Perfect for a light and healthy lunch or dinner!

INGREDIENTS: 1 lb. lg. shrimp, peeled and deveined; 1 tsp. chili powder; 1 tsp. cumin; Juice of 1 lime; 2 T. chopped cilantro, plus more for garnish; 2 cloves garlic, minced; 3 T. extra-virgin olive oil, divided; kosher salt and freshly ground black pepper; 8 butter lettuce leaves, for serving (I like to double them); 1 avocado, diced or sliced; 1/4 c. sour cream, for serving; 2 green onions, thinly sliced; 1 lime, sliced in wedges for serving

DIRECTIONS: 1. In a large bowl, combine shrimp, chili powder, cumin, lime juice, cilantro, garlic, and 2 tablespoons olive oil; season with salt and pepper. Gently toss to coat, then allow to marinate in the refrigerator for 10 minutes. 2. Add remaining tablespoon of olive oil to a large skillet over medium heat. Add the shrimp with marinade, cook until the shrimp is pink about 2 minutes per side. 3. To assemble the wraps: Add cooked shrimp and avocado to the lettuce leaves, dollop with sour cream, and garnish with cilantro and green onions. Serve with lime wedges and enjoy! Yields 8 wraps.

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Join the adventure!



Camano Center

will be running the Aging Mastery Program® soon!

Build your own personal playbook for aging well. This fun, innovative program empowers you to take key steps to improve your well-being, add stability to your life, and strengthen ties to your community. Meet new friends and provide encouragement to one another as you take the Aging Mastery journey together!

.....

Classes will be held Tuesdays,

January 10th –March 14th

1:00-2:30 PM

at the Camano Center

606 Arrowhead Road

Camano Island, WA 98282

Cost per person for 10 classes is \$60

*Please contact the Camano Center if class fee is a barrier. Limited Scholarships available.



You Will Learn About:

- Navigating Longer Lives
- Exercise and You
- Sleep
- Healthy Eating and Hydration
- Financial Fitness
- Medication Management
- Advance Planning
- Healthy Relationships
- Falls Prevention
- Community Engagement

Limited spots available: Sign up now!

The program will launch on Tuesday, January 10th, 1:00–2:30 PM

but participants have to be signed up by January 3rd

Please RSVP to: Karen Conway, kconway@camanocenter.org
by January 3rd



CamanoCenter
Get connected.

606 Arrowhead Road, Camano Island, WA

360-387-0222

ncoa | AgingMastery
national council on aging

www.ncoa.org/AMP

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Classified Listings



DID YOU KNOW?

More people are bitten each year by New Yorkers than by sharks.

FOR SALE:

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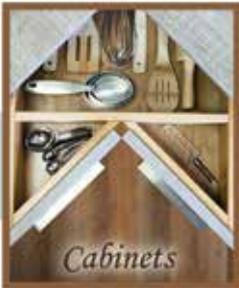
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TIDE TABLES / SARATOGA PASSAGE / JANUARY 13 - 26, 2023

Date	High /Low	Tide Time	Height Feet	Moon Visible	Date	High /Low	Tide Time	Height Feet	Moon Visible
F 13 13 13 13	Low High Low High	2:06 AM 9:13 AM 3:47 PM 9:10 PM	2.2 11.9 4.5 7.8		F 20 20 20 20	High Low High Low	4:53 AM 9:41 AM 2:15 PM 9:38 PM	12.0 8.7 11.5 -3.3	
Sa 14 14 14 14	Low High Low High	2:46 AM 9:44 AM 4:36 PM 10:34 PM	3.7 11.7 3.3 7.7		Sa 21 21 21 21	High Low High Low	5:30 AM 10:32 AM 3:12 PM 10:27 PM	12.5 8.2 11.6 -3.6	
Su 15 15 15	Low High Low	3:31 AM 10:17 AM 5:27 PM	5.3 11.6 2.1		Su 22 22 22 22	High Low High Low	6:07 AM 11:21 AM 4:10 PM 11:14 PM	12.8 7.5 11.5 -3.3	
M 16 16 16 16	High Low High Low	12:15 AM 4:32 AM 10:53 AM 6:18 PM	8.1 6.9 11.4 0.8		M 23 23 23 23	High Low High	6:43 AM 12:10 PM 5:09 PM	12.9 36.6 11.2	
Tu 17 17 17 17	High Low High Low	2:05 AM 5:56 AM 11:35 AM 7:09 PM	9.1 78.2 11.3 -0.5		Tu 24 24 24 24	Low High Low High	12:01 AM 7:18 AM 1:01 PM 6:10 PM	-2.6 13.0 5.6 10.6	
W 18 18 18 18	High Low High Low	3:21 AM 7:27 AM 12:24 PM 7:59 PM	10.3 8.9 11.3 -1.7		W 25 25 25 25	Low High Low High	12:47 AM 7:53 AM 1:55 PM 7:15 PM	-1.3 13.0 4.6 9.8	
Th 19 19 19 19	High Low High Low	4:11 AM 8:42 AM 1:18 PM 8:49 PM	11.3 9.0 11.4 -2.7		Th 26 26 26 26	Low High Low High	1:32 AM 8:29 AM 2:49 PM 8:26 PM	0.4 12.8 3.6 9.1	



Cabinets



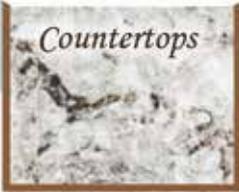
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