

**THE CRAB CRACKER**

**FREE**

**ISSUE 345 / Feb. 10-23, 2023**



***Events, Information, and Entertainment in the Port Susan Area***  
***Camano Island • Stanwood • Warm Beach • Silvana • Conway***



# Scratch Cooking

CAMANO

HOME DELIVERY & CATERING

[scratchcookingllc.com](http://scratchcookingllc.com)



Fully cooked prepared meals delivered  
(Tuesdays) to your home.  
Please order online in advance.  
Menu changes periodically.

## Valentine's Day Special Menu

### **Appetizer**

Oyster Rockefeller- Taylor Shellfish  
Pacific oysters stuffed with sauteed  
creamed greens, bacon, parmesan  
cheese, and bread crumbs then broiled  
till brown & bubbly.

### **Entree**

Prosciutto wrapped beef tenderloin  
filet topped with Dungeness crab and  
served with red beet & horseradish  
potato au gratin, sauteed greens and a  
pink peppercorn cream sauce

### **Dessert**

Chocolate Tart with macerated  
strawberries

***We have a new menu available.  
Please check out our website  
[scratchcookingllc.com](http://scratchcookingllc.com)***



# Rebecca Rowland INTERIORS



Visit our website to get started with  
a complimentary Discovery Call.

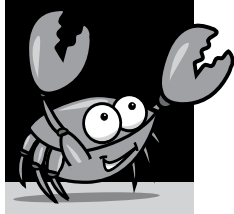
[rebeccarowlandinteriors.com](http://rebeccarowlandinteriors.com)  
[hello@rebeccarowlandinteriors.com](mailto:hello@rebeccarowlandinteriors.com)  
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BEYOND**

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- Now booking projects for Winter '22-'23

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**facebook.**

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## Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover image: Happy Valentines Day from The Crab Cracker!*



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James and Malynda Shipley, owners, proprietors  
**thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893**  
**P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com**

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**Submission DEADLINE: FEB. 16 for Next Edition (Feb. 24-Mar 9, 2023)**

# Calendar of Events



FRIDAY, FEBRUARY 10

## **FAMILY DATE NIGHT AT THE CRC**

Movie Night, featuring "The Incredibles". Bring the family, blankets/ yoga mats/air mattress, lawn chairs and snacks for a fun evening of movie watching indoors. For more Info: visit [www.crc-sc.org](http://www.crc-sc.org) or call 360-629-5257

FRIDAY, FEBRUARY 10

## **FORD GIESBRECHT PERFORMANCE**

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. Conversation friendly. No cover.



***Children are such a gift.  
Camano Lutheran Childcare is a  
place for them to come that is safe,  
has caring staff, and is a wonderful  
environment to grow and learn in  
faith and in life.***

## **Camano Lutheran Childcare Has Openings**

Camano Lutheran Childcare, located at the north end of Camano Island (just 3 miles from the bridge) has been in operation for 40 years, serving the communities of Stanwood and Camano Island.

### ***We are:***

- An Early Achiever's participant, providing a quality program for all children ages 2-12 years old.
- Weekdays from 7am-5:30pm.
- DSHS approved.
- School age care/summer program.
- Drop in participation.
- Nutritious USDA approved meals.

***Registration Fee is Waived if you sign up in January or February!***

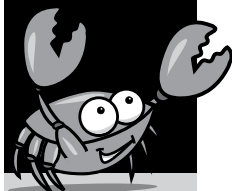
Contact Deanna Glenn, Childcare Director

Email: [childcare@camanolutheranchurch.org](mailto:childcare@camanolutheranchurch.org) Phone: (360) 629-2253

***If you need care, please come check us out!***



# Calendar of Events



## DID YOU KNOW?

250 million  
roses are grown  
just for Valen-  
tine's Day!

FRIDAY, FEBRUARY 10

## YOUTH GAME NIGHT!

6:30-8pm at Church Of Jesus Christ Of Latter Day Saints, Ell Road, Camano Island. Ages 12-18. We can play sports, games and activities of your choice! invite your friends and family to come. A chance to meet new people. Games, treats & more!



FRIDAY, FEBRUARY 10

## MOVIE NIGHT

Elger Bay PTA presents "Movie Night". Grab your favorite blanket or chair and join us in the gym at 6pm for "Minions: Rise of Gru."

FRIDAY, FEBRUARY 10

## ROCK RADIO

7:30pm - 10:00pm at Pub 282. Rock Radio playing the classic rock hits! Come check them out! Wear your dancing shoes! Never a cover. Entertainer Tips Appreciated.

SATURDAY, FEBRUARY 11

## "THE PRESIDENCY IN THE AGE OF LINCOLN"

1-3pm at 993 Orchid Rd, Camano Island. The Camano City Schoolhouse is proud to present a lecture by Dr. Richard Hanks. Richard was born in Beardstown, Illinois on August 4, 1951. As a Hanks (Lincoln's mother was a Hanks) Lincoln was an omnipresent figure in his household. Richard's father's courtroom was the site of Lincoln's famous murder case known as the "Almanac Trial." His research has documented Lincoln's interaction with members of his family, some of whom were appointed to government positions during Civil War.



*Free Home Buyer Class  
with pizza!*

**When: February 16th and March 7th  
5:30-6:30pm at RE/MAX Elevate  
Stanwood Office, 26902 92nd Ave NW, Suite C**

RSVP: Michelle Maiers / 206-819-3802 / ReMax  
Emily Stenger / 360-913-4797 / ReMax

Lori Johanson / 425-275-3800 / Cross Country Mortgage / #115020





# IF

Seniors, adults with disabilities, and caregivers are waiting...

# NOT

They need help. Don't wait for someone else to do it.

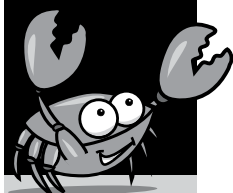
# YOU,

Join the Island Senior Resources Board. Lead the future.

# WHO?

Call or email 360-321-1600  
[kathryn@islandseniorservices.org](mailto:kathryn@islandseniorservices.org)

# Calendar of Events



## DID YOU KNOW?

'Sweethearts'  
Candies Started  
Out as Loz-  
enges  
The iconic  
chalky heart-  
shaped candies  
that have been  
passed out  
lovingly every  
Valentine's Day  
started out as  
lozenges.



SATURDAY, FEBRUARY 11

### VALENTINES BALL

9pm-2am at Beauty Bar Salon + Lounge. Come dressed in your best date night attire. 10011 270th St NW, Stanwood, (360) 629-2324.

SATURDAY, FEBRUARY 11

### CD WOODBURY

7:30pm - 10:00pm at Pub 282. CD Woodbury is an award winning contemporary blues, roots, rock, and multi-genre guitarist, vocalist and songwriter.

SATURDAY, FEBRUARY 11

### DEAL

8 pm - Conway Muse Hayloft. Celebrating the music of the Grateful Dead! Advance Tickets \$12.50 - Day of Show \$15

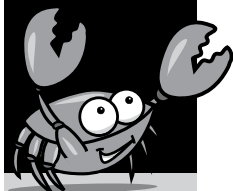


SATURDAY, FEBRUARY 11

### BIG BAND VALENTINE DANCE

Come join the Camano Junction Big Band for a Valentines Dance! The dance will be held at the Camano Center 606 Arrowhead Rd. Camano Island 98282. A free dance class starts at 6:30pm the dance starts at 7pm. Admission \$10 for adults & \$8 for students. Light snacks will be provided wine and beer beer will be available.

# Calendar of Events



## BLACK HISTORY

William Tucker, son of indentured servants from Great Britain, was the first recorded African child to be born in the colonies in 1624.

SATURDAY, FEBRUARY 11

## VALENTINE'S DAY PRIME-RIB DINNER

4pm until gone (and that's usually by ~5pm) at the American Legion, Post 92, in Stanwood. Join us for plenty of good food and camaraderie! Adults \$25 and children (under 12) \$10. Guitarist Ford Giesbrecht, performs instrumental music to set the mood from 3:30-6pm. No cover.



SATURDAY, FEBRUARY 11

## FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, FEBRUARY 11

## TOY BOAT WORKSHOP

10 am – 2 pm at Cama Beach in the boathouse. Learn how to build a wooden toy boat. You get to bring it home as a souvenir! \$5 suggested donation. Hosted by The Center for Wooden Boats

SATURDAY, FEBRUARY 11

## KIDS NIGHT OFF

Enjoy a night off! Kids: leave your parents at home and spend the evening at the YMCA! Kids will enjoy a variety of games, crafts, play time and activities. Must register online or at front desk. More info: <https://snoco.recliquecore.com/programs/1046/kids-night-out/>

SATURDAY, FEBRUARY 11

## STANWOOD-CAMANO COMMUNITY BOOK GROUP

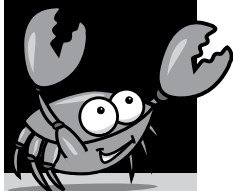
10am at Stanwood Library Meeting Room. Meet new neighbors, enjoy a love of books, and check out something new from your community library. This month we will be discussing the popular novel, made movie, *Where the Crawdads Sing* by Delia Owens. Contact us with questions: <https://www.sno-isle.org/contact-us/>

SATURDAY-SUNDAY, FEBRUARY 11-12

## INDOOR SWAP MEET

9am-4pm at Stillaguamish Grange (at Stanwood Fairgrounds). Multiple local vendors offering vintage, antiques, collectibles, art, jewelry and more. Plus food options available for purchase. At the Stillaguamish Grange on the Stanwood fairgrounds.

# Calendar of Events



## DID YOU KNOW?

During the Victoria Era, those who didn't want the attention of certain suitors would anonymously send "vinegar valentines."

These cards, also called penny dreadfuls, were the antithesis of customary valentines, comically insulting and rejecting unwanted admirers. They were later used to target suffragettes in the late 19th and early 20th century.

SUNDAY, FEBRUARY 12

## SELF-CARE SUNDAY

1-3pm at Z's Body & Soul, 9504 271st, Stanwood. Creating blends to help relieve stress, learning reflex points in the face to help SLOW the aging process from Master Aromatherapist/Esthetician Melissa Handy. Limited seating, call 360-629-5040.

MONDAY, FEBRUARY 13

## TODDLER STORYTIME WITH JENNIFER

10am at Camano Island Library. Jump and bounce together into a world of stories, music. A play time or art activity may follow.

MONDAY, FEBRUARY 13

## NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

MONDAY, FEBRUARY 13

## TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. Bring your team of up to 6 for a fun night of food, drinks and creative trivia! Free sign up. Win prizes!



TUESDAY, FEBRUARY 14

## HAPPY VALENTINES DAY

TUESDAY, FEBRUARY 14

## OLD SCHOOL VALENTINES DAY PARTY

6pm-2am at Beauty Bar Salon + Lounge. 10011 270th St NW, Stanwood, (360) 629-2324.

TUESDAY, FEBRUARY 14

## FAMILY STORYTIME WITH JENNIFER

10:00 AM – 11:00 AM at Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

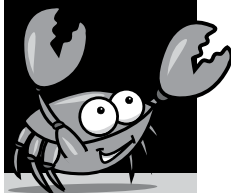
TUESDAY, FEBRUARY 14

## BABY STORYTIME WITH ALEX

10:30 AM – 11:30 AM at Stanwood Library. Wiggle, giggle and bond with your baby through stories, happy songs, rhymes, and activities that inspire a love of reading. A play time or art activity may follow.



# Calendar of Events



TUESDAY, FEBRUARY 14

## **FREE COOKING DEMO**

in the barn at Hazel Blue Acres in Silvana at 2 pm (no 6pm demo today). 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

TUESDAY, FEBRUARY 14

## **FORD GIESBRECHT PERFORMANCE**

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

TUESDAY, FEBRUARY 14

## **90'S NIGHT**

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail.com.

TUESDAY, FEBRUARY 14

## **STORYTIME SNIPPETS**

6:30 PM – 7:00 PM Online event. Enjoy stories, sing along songs, rhymes and fun activities that prepare young minds for the adventures of reading. Presented by Sno-Isle Libraries staff for you and your little ones to join in from your home. To view, please visit the Sno-Isle Libraries Facebook or YouTube pages. Recordings will be available for later viewing.

# We've Moved!

## Land Title & Escrow

*Local Service is our Passion!*

**7104 265th Street, Suite 101**

**Stanwood, WA 98292**

For a Complimentary Title and/or Escrow Quote

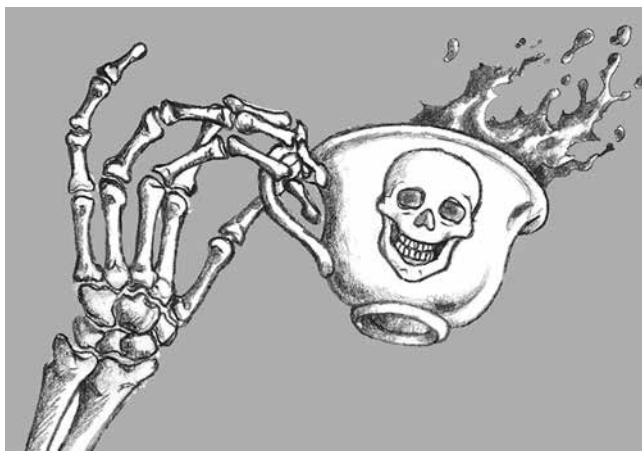
Call our Stanwood/Camano Office

**360-629-9737**

**[www.ltco.com](http://www.ltco.com)**



# Calendar of Events



WEDNESDAY, FEBRUARY 15

## DEATH CAFÉ

6pm-8pm at 580 W Monticello Dr. Camano Island. Ages 18 and over. Come for tea, cake and conversations. Death Cafe is a group directed discussion of death with no agenda, objectives, or themes. It is a discussion group rather than a grief support or counselling session. Plenty of parking. If you feel inclined, please bring a healthy snack to share. There is no charge for this event. Read more at [www.deathcafe.com](http://www.deathcafe.com) or call the host, Vicki Tracy 425-239-9166.



**Malynda Shipley - Realtor / Broker**

425-299-7893

[www.AtTheBeachRealEstate.net](http://www.AtTheBeachRealEstate.net)

[MShipley@AtTheBeachRealEstate.net](mailto:MShipley@AtTheBeachRealEstate.net)





# 55+ RESOURCE FAIR



At the Camano Center  
**March 4, 2023**  
9:30 am - 2:30 pm

One convenient place to get  
information about services,  
programs, and activities tailored to  
the 55 and over age group.

**Free lunch served from 11:00 - 1:00**

## Presentations:

**10:00-10:30**

SAIL (Stay Active & Independent  
for Life) fall prevention class demo

**11:00-12:00**

"More than a 'Senior Moment':  
Considerations on Brain Changes  
and Aging

**12:15-1:15**

Caregiver Resource Panel- What is  
Available & How to Access Services

**1:30-2:30**

Important Legal Issues Affecting  
You and Your Family as You Age

## Thank you to our Event Sponsors:



606 Arrowhead Rd., Camano Island [www.camanocenter.org](http://www.camanocenter.org) 360-387-0222

# Calendar of Events



## DID YOU KNOW?

Around 1850, the Cadbury company took advantage of falling import costs and created the first box of chocolates. A decade later, they created the first heart-shaped box.

WEDNESDAY, FEBRUARY 15

### **PRESCHOOL STORYTIME WITH VICKY**

10:30 AM – 11:30 AM at Stanwood Library. Share fun books, songs, and creative activities with your preschooler to prepare young minds for the adventure of reading. A play time or art activity may follow.

WEDNESDAY, FEBRUARY 15

### **STATE OF THE CITY - STANWOOD**

with Mayor Sid Roberts and Snohomish Councilman Nate Nehring. Join us for the State of the Stanwood Luncheon with Mayor Sid Roberts and Snohomish Councilman Nate Nehring on Wednesday, February 15th at the Sons of Norway Hall starting at 11:30am. Lunch will be provided by Amigos and will be \$20 to attend. RSVP at <https://www.eventbrite.com/e/state-of-stanwood-tickets-534020067397> to reserve your space and purchase your ticket.

WEDNESDAY, FEBRUARY 15

### **ONLINE FAMILY TRIVIA - THE VALENTINE'S EDITION**

7:00 PM – 8:00 PM Online event. Go it solo or grab a family member (or a few!) to test your trivia skills, right from the comfort of your own home. Join us for The Great Valentine's Edition. We will explore questions relating to Valentine Day history, candy, cards, and all things Valentine. All sweethearts welcome! Registration is required. Contact us with questions <https://www.sno-isle.org/contact-us/>

WEDNESDAY, FEBRUARY 15

### **A COMMUNITY APPROACH TO RESTORATION AND PROTECTION OF THE SALISH SEA**

A CAMANO WILDLIFE PROGRAM. 7pm ZOOM Presentation. Learn how the Northwest Straits Foundation works with citizens and communities to accomplish nearshore restoration, prevention and removal of derelict fishing gear, and provide stewardship of marine and nearshore habitats and species. For information about the Zoom link to the program or about the Camano Wildlife Habitat Project, visit [www.camanowildlifehabitat.org](http://www.camanowildlifehabitat.org), call 360-387-2236, or email [camanowildlifehabitat@gmail.com](mailto:camanowildlifehabitat@gmail.com).



THURSDAY, FEBRUARY 16

### **FREE HOME BUYER CLASS WITH PIZZA!**

5:30-6:30 pm at RE/MAX Elevate Stanwood Office, 26902 92nd Ave NW, Suite C. RSVP: Michelle Maiers 206-819-3802, Emily Stenger 360-913-4797, Lori Johanson 425-275-3800.



Louis Vetri, MFT; M.Div

FOUNDER / DIRECTOR

360-982-5985

*Integrative Approaches Towards  
More Authentic Living*

thehighlandinstitute.org  
lvetri@thehighlandinstitute.org

Mailing address:

720 Main Street, Suite 224  
Mount Vernon, WA 98273

\*with offices in Mount Vernon & Arlington

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Workshops & Retreats  
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Supportive Counseling  
Specialized Groups  
Consultation

**ACCEPTING NEW CLIENTS**

**SWEETHEART DINNER & DANCE Sunday, February 19<sup>th</sup>**



**"Roast Beef Dinner"**

**Served at 2:00pm Dancing from 3:00-4:00pm**

Tickets are \$10.00 per person or \$15.00 a couple for members or \$12.00 per person or \$20.00 a couple for non-members. Tickets include dinner and one alcoholic drink. Additional drinks are available at \$2.50 per drink (beer and wine only). Hurry and make your reservations we have 35 reservations available. Dinner is held in our Social Room and dancing in The Commons.

**Lincoln Hill Retirement Community**

**-7430 272<sup>nd</sup> St. NW Stanwood 360-629-7403**

**Don't have a date? No Worries...bring a friend to  
enjoy!**

**Reservations to be due by Monday, February 13<sup>th</sup> and paid in advance to  
Lincoln Hill Retirement Community.**



# Calendar of Events



## DID YOU KNOW?

Lovebirds are  
actual birds.

THURSDAY, FEBRUARY 16

### TEEN LATE NIGHT

Grades 9-12, 4PM-6:30PM at the Community Resource Center of Stanwood Camano. Teen Late Night is a safe place for teens to come and connect over food & fun. Activities have included outings, classes, celebrations, help with school work and more!

THURSDAY, FEBRUARY 16

### RAINY DAY ROOM PLAYGROUP

Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Grown ups and kids will benefit from friendship and community....getting out of the house. [www.crc-sc.org](http://www.crc-sc.org).

THURSDAY, FEBRUARY 16

### COUNTRY MUSIC AND DANCING

Country Night. 8pm at Beauty Bar Salon + Lounge (10011 270th St NW, Stanwood). Grab your boots and Dancing partner (or find one here)! Dance the night away to all the latest and greatest country hits. Starts at 8pm. Open til 2am! More info: 360-629-2324.

THURSDAY, FEBRUARY 16

### TODDLER STORYTIME WITH ALEX

10:30 AM – 11:30 AM at Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

FRIDAY, FEBRUARY 17

### FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. Conversation friendly. No cover.

FRIDAY, FEBRUARY 17

### YOUTH GAME NIGHT!

6:30-8pm at Church Of Jesus Christ Of Latter Day Saints, Ell Road, Camano Island. Ages 12-18. We can play sports, games and activities of your choice! invite your friends and family to come. A chance to meet new people. Games, treats & more!

# Choose a Medicare plan with access to The Polyclinic and The Everett Clinic

There's so much to take advantage of with a Medicare Advantage plan from UnitedHealthcare®, including access to The Polyclinic and The Everett Clinic. Together, at UnitedHealthcare we'll work to help you access all of the valuable benefits and services UnitedHealthcare has to offer to help you live a healthier life.

## It's time to take advantage

Call UnitedHealthcare today to see if you're eligible to enroll in a different Medicare Advantage plan.

**1-866-809-7167, TTY 711**

8 a.m.–8 p.m., 7 days a week. Se habla español.

Or visit **ExploreUHC.com**

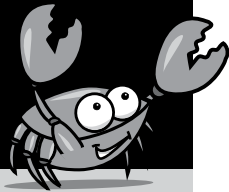


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# Calendar of Events



## BLACK HISTORY

Between 1810-1850, an estimated 100,000 slaves used the Underground Railroad to escape to the North.

FRIDAY, FEBRUARY 17

## CHRIS EGER BAND

7:30pm - 10:00pm at Pub 282. Rock and Blues, Country, Funk and Soul collide in this modern take on vintage roots music.



FEBRUARY 17-26

## 14TH ANNUAL NORTHWEST GLASS QUEST

a unique 10-day treasure hunt for hand blown glass balls on Camano Island and Stanwood. Join the Hunt! The event is organized by The Camano Island Chamber of Commerce. More info: <https://www.northwestglassquest.com/>

FEBRUARY 17-26

## CAMANO GATEWAY ART DISPLAY/SHOW

The Gateway building will be holding its first Camano Arts Association (CAA) art display coinciding with Glass Quest. The hours open to the public during Glass Quest are 10 to 4 February 17, 18, 19, 20 and 24, 25, 26

SATURDAY, FEBRUARY 18

## FREE FAMILY ACTIVITIES AT CAMA BEACH DURING GLASS QUEST

DURING GLASS QUEST, STOP, LOOK AND LISTEN TO NATURE. 12pm to 2 pm. Look close at live barnacles feeding. View everyday objects you might see on the trails under the microscope. Bring your own found objects from home. Plus, fun nature crafts for all ages and a scavenger hunt. You can even make binoculars for seeing more of nature. Sound Water Stewards are offering free family friendly activities in the Forest Room. Be a Kind Quester by walking gently on the trails. <https://soundwaterstewards.org/event/look-beyond-the-clue-ball/>

**MARCH 16, 2023**

## Resilient Food Gardens: Abundance at Your Doorstep



Camano Garden Club invites you to our first meeting of the year! Growing vegetables and fruit is fun until the rabbits and deer invite themselves to feast. Join Lisa Taylor, garden educator, and author, for a lively discussion about growing food gardens in the area. Meet at the Camano Center, 606 Arrowhead Road, on March 16, at 10:00 AM. Public invited. Non-members, \$5.

**WSU Snohomish County Master Gardener Foundation  
presents the 20th Annual Sustainable Gardening**

# **2023 Winter Speaker Series**

***All are invited to attend!***

\$85 for the series or  
\$20 per single session  
Fridays, 9:30 am - 11:30 am

**The Historic Everett Theatre  
2911 Colby Avenue  
Everett, WA 98201**

For more information,  
registration and payment options,  
[www.gardenlectures.com](http://www.gardenlectures.com)

**Questions? Call Snohomish County  
WSU Extension Office  
Monday - Friday, 11 am - 3 pm  
at 425-357-6010**

All proceeds go to the Master  
Gardener Foundation of Snohomish  
County, which provides major  
funding support to the Snohomish  
County Master Gardener Program.

**January 13 | Judy Zugish**  
"Beguiling Winter Wonders -  
Discover Hardy Cyclamen!"

**January 27 | Jessi Bloom**  
"Creating a Garden Sanctuary"

**February 3 | Lorene Edwards Forkner**  
"Gardening Matters - From Tree  
Canopy to Ground Cover"

**February 10 | Dave Pehling**  
"Moles! Watcha Gonna Do?"

**February 24 | Scott Pringle**  
"The Magic of Hydrangeas"

**March 3 | Alex LaVilla**  
"Designing with Perennials: Creating  
Plant Combinations for Multiple  
Seasons of Interest"

**March 17 | Carlos Moniz**  
"A Behind the Scenes Look at  
Creating the Butchart Gardens'  
Amazing Floral Displays"

**March 31 | Dan Hinkley**  
"Plants in Sync"

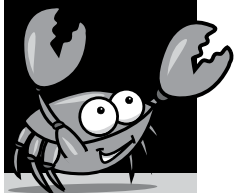


WSU SNOHOMISH  
County



WSU Extension programs and employment are available to all without discrimination. Evidence of non-compliance may be reported through your local Extension office. Persons with disabilities who require alternative means for communication or program information or reasonable accommodation need to contact Mary Watts at 6705 Puget Park Drive, Snohomish, WA 98296, 425-357-6001, [mary.watts@wsu.edu](mailto:mary.watts@wsu.edu) at least two weeks prior to the event.

# Calendar of Events



SATURDAY, FEBRUARY 18

## DUDLEY TAFT

8 pm - Conway Muse Hayloft. Tickets \$18 advance \$20 day of show. "Dudley Taft is an awesome performer you won't want to miss! He is an unabashed blues rocker and his music draws on the best of both its progenitors and helps to define the genre."

SATURDAY, FEBRUARY 18

## FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, FEBRUARY 18

## BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.

SATURDAY, FEBRUARY 18

## TOY BOAT WORKSHOP

10 am - 2 pm at Cama Beach in the boathouse. Learn how to build a wooden toy boat. You get to bring it home as a souvenir! \$5 suggested donation. Hosted by The Center for Wooden Boats

## WHIDBEY GARDENING WORKSHOP



**MARCH 3-4, 2023**



## Sneak Peek!

CHECK OUT THE  
CLASSES & ACTIVITIES

WhidbeyGardening.org

CELEBRATING

# BLACK HISTORY MONTH

FEBRUARY





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# Calendar of Events



## DID YOU KNOW?

145 million greeting cards are exchanged every year for Valentine's Day.

That's just in the U.S. alone, according to Hallmark! Over one billion valentines are sent worldwide.

SATURDAY, FEBRUARY 18

## JIMMY WRIGHT BAND

7:30pm - 10:00pm at Pub 282. Catering a wide variety of music!



SATURDAY-MONDAY, FEBRUARY 18-20

## PRESIDENTS' DAY BASKETBALL TOURNAMENT

17th annual Stanwood Presidents basketball tournament. Open to Boys and Girls grades 4- 8. 4 game guarantee. For questions email: stanwoodpreztourney@gmail.com

SUNDAY, FEBRUARY 19

## CAMANO ISLAND CLEANUP CREW

Ready to get back out there and attack the mess that has started to accumulate on Camano Hill Road. The roadside litter cleanup event will be 9am to 11am - rain or shine. We will meet at Four Springs for parking and then continue on to our adopted road for a cleanup. We have all the supplies you will need. Bring yourself, wear good shoes and layers, and tell your friends and neighbors to join.



MONDAY, FEBRUARY 20

## NAUGHTY BINGO

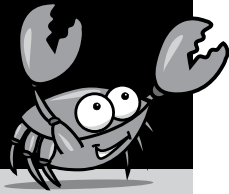
Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

MONDAY, FEBRUARY 20

## TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. Bring your team of up to 6 for a fun night of food, drinks and creative trivia! Free sign up. Win prizes!

# Calendar of Events



MONDAY, FEBRUARY 20

## AMATEUR RADIO EXAMS

Stanwood Camano Amateur Radio Club (SCARC) and the American Radio Relay League (ARRL) offer FCC amateur radio operator license testing. Amateur exams are held the 3rd Monday every other month, starting in January. Some exceptions apply: check the Club Calendar page to confirm the latest schedule (<https://scarcwa.org/calendar.shtm>). The exams are given by Certified Volunteer Examiners (VEs). Location: TBD. Time: 7:00 PM. Cost \$15.00 Cash only. Be sure to bring copies of your current amateur license (if any) and any CCSEs. More info: 360-757-8091 or 360-708-4036.

TUESDAY, FEBRUARY 21

## FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

TUESDAY, FEBRUARY 21

## 90'S NIGHT

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. [bbstyleandsip@gmail.com](mailto:bbstyleandsip@gmail.com).

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# Calendar of Events



## BLACK HISTORY

William Wells Brown's novel, *Clotel*; or The President's Daughter, is the first written by an African American to be published in 1853.

TUESDAY, FEBRUARY 21

### **FAMILY STORYTIME WITH JENNIFER**

10:00 AM – 11:00 AM at Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

TUESDAY, FEBRUARY 21

### **STAY AND PLAY**

10:30 AM – 11:30 AM at the Stanwood Library. This is an opportunity for children, birth to kindergarten, and their caregivers to come play with fun and educational toys provided by the library. During this hour, caregivers and children will engage in in-person play, socialize with others, and reconnect with the library. Drop in anytime during this event. Contact us with questions <https://www.sno-isle.org/contact-us/>

WEDNESDAY, FEBRUARY 22

### **PRESCHOOL STORYTIME WITH VICKY**

10:30 AM – 11:30 AM at Stanwood Library. Share fun books, songs, and creative activities with your preschooler to prepare young minds for the adventure of reading. A play time or art activity may follow.

WEDNESDAY, FEBRUARY 22

### **MINDFUL REFLECTION THROUGH ART**

10:30 AM – 12:30 PM at the Camano Island Library. Matters of the Heart: Letting Go To Make Space for What You Envision. Explore what's in your Heart at the Intersection of Art & Writing. Designed for participant's individualized expression through mindful reflection, using the teacher's guided and uniquely created art modality of combining images and words to navigate emotions, stress, anxiety, trauma and/or specific challenges. Discover your layers through both hidden, revealed and personally-embellished art in this intuitive and process based approach to art making. Time for optional and confidential sharing provided at class end. Materials provided or bring your chosen favorites! All Levels: Beginning to Advanced Artists, Writers, & Internal Explorers. To RSVP for this \*free\* workshop: <https://www.scaacwa.org/classes>

WEDNESDAY, FEBRUARY 22

### **PARENT FORUM ON INCLUSIONARY PRACTICES**

Parents of students in special education are invited to participate in a discussion forum from 6:30-7:30 p.m. February 22 in the boardroom at the school district office. The main topic will be inclusionary practices, though other topics will be discussed. This will be an opportunity to talk with district administrators about program successes and challenges around inclusion for special education students in the general education environment. Can't make it? Don't worry! Another parent discussion forum on the same topic is scheduled for May 3

THURSDAY, FEBRUARY 23

### **FREE INFORMATIONAL MEDICARE SEMINAR**

hosted by Taylor Vidor. 10am at 10320 SR 532, Stanwood. To RSVP or learn more, call 425-361-2944. A reservation is not required to attend.



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### MOST NEEDED ITEMS

FOOD BANK

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- BABY WIPES
- TOILET PAPER
- CONDIMENTS
- DRIED PASTA
- PASTA SAUCE
- PEANUT BUTTER
- JAM OR HONEY
- COFFEE & TEA
- PET FOOD



SNOHOMISH COUNTY  
**COLD WEATHER  
SHELTER INFO**

[WWW.BIT.LY/SNOCOCOLD](http://WWW.BIT.LY/SNOCOCOLD)

CELEBRATING

**BLACK  
HISTORY  
MONTH**

FEBRUARY



# Calendar of Events



THURSDAY, FEBRUARY 23

## TOWN HALL: INTRODUCTION TO SOUND WATER STEWARDS

Adventure Awaits! Sound Water Stewards (SWS) are trained volunteers working in and around Island County for a healthy, sustainable marine environment through education, science, and stewardship. Attend a zoom Town Hall at noon to find out who gets involved and why. Register for the Town Hall here: <https://soundwaterstewards.org/event/town-hall-intro-to-sws/>

THURSDAY, FEBRUARY 23

## TEEN LATE NIGHT

Grades 9-12, 4PM-6:30PM at the Community Resource Center of Stanwood Camano. Teen Late Night is a safe place for teens to come and connect over food & fun.

THURSDAY, FEBRUARY 23

## RAINY DAY ROOM PLAYGROUP

Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Grown ups and kids will benefit from friendship and community....getting out of the house. [www.crc-sc.org](http://www.crc-sc.org).

THURSDAY, FEBRUARY 23

## COUNTRY MUSIC AND DANCING

Country Night. 8pm at Beauty Bar Salon + Lounge (10011 270th St NW, Stanwood). Grab your boots and Dancing partner (or find one here)! Dance the night away to all the latest and greatest country hits.

## CONSUMER ALERT:

STANWOOD HEARING

Exercise caution when purchasing direct-to-consumer hearing products over the counter (OTC) or online. The Attorney General cautions all consumers to beware of medical scams, including the sale of hearing aids by unlicensed dispensers.

### The Do's & Don'ts to consider before purchasing an OTC hearing device:

DO's	DON'Ts
Get a professional hearing test to know your personal hearing needs.	Do not buy hearing aids online or over-the-counter without first consulting a licensed professional.
Learn the options for your personal hearing need and discuss them with a professional.	Do not rely on online hearing screenings to diagnose hearing loss. Seek professional help.
Learn your options and what is safe. Seek the help of a professional.	Do not expect the same quality in an OTC aid that you receive from a hearing healthcare provider.

9300 271st St NW, Suite B-5, Stanwood, WA 98292  
Near QFC, between Papa Murphy's and H&R Block  
p: 425-272-9435 | [StanwoodHearing.com](http://StanwoodHearing.com)



Do you have questions?  
Call **425-272-9435**

**Tonia MacPhail,**  
A.A.S., HIS









# Windermere

REAL ESTATE



**JUNIPER BEACH** **\$875,000**  
New luxury beach house by Hezel Homes on the north end of Camano with stunning views and breathtaking sunsets. #2031212



**FINISTERRE** **\$785,000**  
Beautiful 4-bedroom Camano home with views of Mt Baker has a new deck and roof, and dream kitchen. #2030939



**COUNTRY CLUB** **\$589,000**  
Brand new construction on Camano beautifully designed and includes access to 3 private beaches. #2017886



**VACANT LAND** **\$299,000**  
Peaceful 3.3 acres on the north end of Camano with water and power on site and site registration complete. #1850852



**CAMANO ISLAND** **\$465,000**  
Affordable new construction on a large, level lot with lots of room to add a shop and backs to timber for privacy. #2029698



**CONCRETE** **\$250,000**  
Cozy Craftsman-style home on a large lot with mountain views and close to downtown, sold as-is. #2027980

**STANWOOD**  
7359 267th St. NW, #D  
360.629.8233



**CAMANO ISLAND**  
818 N. Sunrise Blvd.  
360.387.4663



# Windermere

REAL ESTATE



**FINISTERRE** **\$679,000**  
Great north Camano location for this 4-bedroom nicely maintained home with stunning views. #2031874



**DRIFTWOOD SHORES** **\$1,098,000**  
Luxury single level new home by Titan Homes offering beautiful views, beach access and easy off-island access. #1999642



**CAMALOCH** **\$650,000**  
Wonderful rambler on the 13th green in Camano's golf community and close to amenities. #2028120



**VACANT LAND** **\$260,000**  
Private acreage on Camano has well installed, power and 3-bedroom septic installed and ready for your project. #2028572



**PRE-SALE** **\$879,000**  
Reserve your dream home today, these Pre-Sale homes offered by Titan Homes in a tranquil Stanwood setting. #2021118



**FINISTERRE** **\$999,000**  
Fine custom craftsmanship throughout this 4-bedroom Camano home with stunning views and lower level MIL. #2030850

Visit [WindermereStanwoodCamano.com](http://WindermereStanwoodCamano.com) for more information

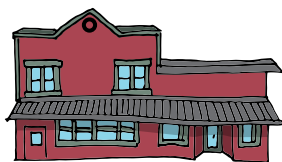
Windermere Real Estate/CIR





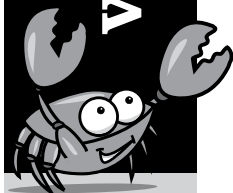
## CARTOON ILLUSTRATIONS OF LOCAL BUILDINGS / HOMES

by Camano Island artist, James M. Shipley



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# Moonshine Wisdom & Wit



Story by Jack  
Archibald.

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wisdom and wet  
powder wit,  
check out the  
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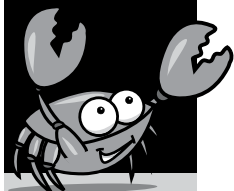
## CHATGPT

The Tech Boyz have invented an AI which will write an essay for your college History class ... or your English Lit class ... or ... well, just about any class that should easily fool your professor. Ditto for an article that would slip by your newspaper editor. And one for your Twitter tweet and anything else you might care to skip any research and just let the computer do the writing. Some university professors are already concerned, figuring why bother assigning written essays if they can't tell the real thing from the counterfeit one. While others argue that the writing is a bit off and the facts are sometimes fudged.

Those others are happy optimists, you ask me. Artificial Intelligence is leaping ahead at incredible speeds. You think ChatGPT and its knockoffs won't improve radically? These others probably thought the calculator would never replace the slide rule. But now you don't need to know how to add or subtract, multiply or divide. Or even make change at the cash register ... unless the power goes out. Trust me, you won't need to know how to write a sentence, much less a paragraph. And an article? Don't make me laugh. We already have apps that can write poetry, make music, paint pictures, pretty much everything humans do right down to creativity. You think a computer couldn't write this blog, you need to get ready for a world that's mostly created by machines. Just plug in: write me an article on ChatGPT in the style of Skeeter Daddle and give it a snappy ending.

I was going to give this one a snappy ending, but I won't now. That way you can't tell if I really wrote it myself. Or can you?

# Kid's Korner



## DID YOU KNOW?

The first Valentine's Day celebration occurred in Paris.



## HOMEMADE HEART MARSHMALLOWS

**INGREDIENTS:** 3 packages unflavored gelatin; ½ cup cold water; 1 ½ cups sugar; 1 cup corn syrup; ½ cup water; pinch of kosher salt; 1 tablespoon vanilla extract; powdered sugar for dusting.

**DIRECTIONS:** 1. In a mixer fixed with a whisk, combine the gelatin and water. Let sit. On the stove in a small saucepan over medium to high heat combine the sugar, corn syrup, water and salt. Using a candy thermometer heat mixture to 240 degrees. Remove from heat. 2. Start your mixer on low and slowly add the heated mixture to your dissolved gelatin. Add vanilla and then increase the speed to high. Mix for 10-15 minutes till fluffy. 3. Dust powdered sugar on your glass (non-metal) baking dish. I used 9 x 13. Pour marshmallow mixture into dish and let stand for 8 hours (overnight). Place a piece of wax paper on the counter along with dusted powdered sugar. Using a cookie cutter or knife cut marshmallows into any shape you desire.

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# Happy Valentine's Day! ♥

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 R K V S C G X U E D O G B T Z  
 F N D I E M D C J E T H R X A  
 U W W J X W I A W R A R R K M  
 N A B X Z F A T V F N G E T A  
 W W B N I V A C J U K Y E P G  
 H D R N S U P E R L E R C X Y  
 A A G B Y V J P Y T R F T W U  
 T A F A N T A S T I C R X Y I  
 M S U O L U B A F C A T J T U  
 E Y S Y V C C I L M O P Y F R  
 R W E J Q V C B S A H O H S C  
 H A O R J R E K P W F R L Y M

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# ADVENTURE AWAITS

## Join Sound Water Stewards



Apply  
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- 15 weeks of Thursday classes: 9 weeks in spring, 6 weeks in fall (2023), focus on Island County
- Highly-acclaimed expert speakers, live Zoom classes + in-person field trips, 100-hour training
- \$300 membership and training fee, scholarships available



**Learn about Volunteer Education & Training (VET)  
at online Town Hall, Feb 23 at noon**

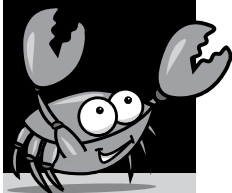
[soundwaterstewards.org/get-involved/join-sws/](https://soundwaterstewards.org/get-involved/join-sws/)

[camano-coord@soundwaterstewards.org](mailto:camano-coord@soundwaterstewards.org) or 425-540-7712





# Photos and Art



## BLACK HISTORY

The oldest living Buffalo Soldier, Sergeant Mark Matthews, died at the age of 111 in 2005 and is buried at Arlington National Cemetery.



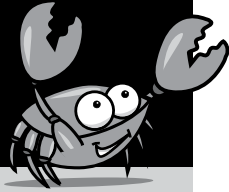
*"Valentine frog" photo by Alexandra S.*



*"I Love You" photo by Lou Pippa.*

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# Artist of the Week



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or live  
performance?*

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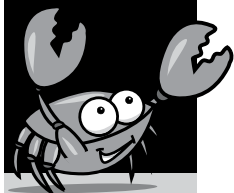


## **MAUREEN (MO) O'BRIEN**

uses wood, stone, metal, glass and paint to create art that cuts across the usual genres. "Normal has always been boring to me," she says. Her art also has a distinct functional element as well as being beautiful. Her artistic journey started with decorative painting "where I'd antique a stark white wall or make wooden columns look like marble or stone. After some courses in Faux Effects and Venetian Plaster, I started adding texture, layers and depth to my work. By using layers and every-day objects like feathers, corks, leaves, etc., I was able to get paint and plasters to make a room feel like a place I'd want to be." "After obtaining a degree in Drafting and Design Technology, another in Multimedia, and taking courses in auto body paint and repair, I found myself airbrushing motorcycles and using CAD applications to design anything from vinyl stencils to multi-tiered container gardens," she says. In describing her journey from the functional to the artistic, she says "The challenge of making anything that needs making now becomes a journey in creativity. For me, Art is not just something I hang on the wall or put on the table, it is the wall; it is the table."

For more samples and to contact, please go to <https://pt-br.facebook.com/B14Mo>. Source article: Camano Arts Association.

# Business Spotlight



*Are you  
interested in  
promoting your  
business or  
organization?*

*Email us info or  
a bio about your  
business and  
yourself and we  
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page to you... and  
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## THE MOBILE ART CENTER

Stanwood Camano Arts Advocacy Commission's "The Mobile Art Center" (MAC) will provide an interactive space for artists, art lovers and curious community members to view, create and appreciate art of all kinds. This custom trailer is being designed and built locally and with your help, we'll be on the road by Spring 2023! The MAC will be a fully transformable space, changing from classroom to gallery to workshop to marketplace with ease. As a traveling gallery, we'll be able to bring art where it's needed most - EVERYWHERE! We'll be able to visit schools, parks, businesses and events. SCAAC's mission to make art accessible for all will be realized through workshops designed for youth, seniors, families and everyone in between. SCAAC was started by local artists, envisioning a collaborative community all working together to support the creative economy. We've already raised over half the funding we'll need to bring this incredible vehicle to our community. We would love your help to reach our goal! Go to <https://www.scaacwa.org/donate>.

happy  
Valentine's  
day

# B | E

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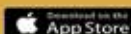
**How it works:**

- 1 Download the free WoolfTrax app.
- 2 Log on and choose your favorite local animal charity to support. Join a challenge.
- 3 Use WoolfTrax when you walk your dog to earn money for your chosen charity.
- 4 Share your walk on social media and join the pack that gives back!



WoolfTrax

Unleash the  
dog



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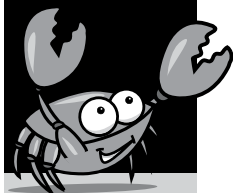
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# Community Information



## BLACK HISTORY

Gabby Douglas became the first Black gymnast to win the Individual All Around in the 2012 London Olympics.

## SWEETHEART DINNER & DANCE

February 19th "Roast Beef Dinner". Served at 2pm. Dancing from 3-4pm. Tickets are \$10 per person or \$15 a couple for members or \$12. per person or \$20 a couple for non-members. Tickets include dinner and one alcoholic drink. Dinner is held in our Social Room and dancing in The Commons. Lincoln Hill Retirement Community-7430 276th St. NW Stanwood 360-629-7403. Don't have a date? Bring a friend to enjoy! Reservations to be due by Monday, February 13th and paid in advance to Lincoln Hill Retirement Community.

## 6TH ANNUAL YOUTH ART CONTEST!

Snohomish Conservation District is excited to announce the 6th annual Youth Art Contest! Submissions are currently open and will be accepted through February 17, 2023. This year's theme is aquatic macroinvertebrates. This special theme celebrates the important roles these insects play in our ecosystems. The Youth Art Contest is open to youth Pre-K to 12th grade who are students or residents of Snohomish County or Camano Island. All submissions will be collected through an online form accessible from the Youth Art Contest website. Please visit [snohomishcd.org/art-contest](http://snohomishcd.org/art-contest) for more information and to submit artwork.

## COMMUNITY SCHOLARSHIP DEADLINE: MARCH 13

The Stanwood-Camano Area Foundation is pleased to announce the opening of the 2023 High School Scholarship cycle. Over 200 scholarships are available to be awarded to graduating high school seniors who reside within the boundaries of the Stanwood-Camano School District or attend school in the district; including home-schooled students and those who attend private schools outside of the area. This year's list includes the addition of the following new scholarships: Baha'i Faith Scholarship, Carol & Michael Upton Memorial, Connie O'Neill Memorial, Kerrie Ervin Realtor Scholarship, Friends of Camano Island Parks Scholarship, Husby Family Memorial, Marylee Sams Memorial, Melania Hill Memorial, The NOAH Center's Helen M. Draper Animal Care Scholarship, Snowden Family Memorial, and the Veaya & Michael Holzkecht Environmental Scholarship. Application information can be found on the Stanwood-Camano Area Foundation website at [www.s-caf.org/high\\_school\\_scholarships](http://www.s-caf.org/high_school_scholarships). The deadline for submission of completed applications is 4:00 p.m. on Monday, March 13, 2023. For more information, please contact the Stanwood-Camano Area Foundation at (360) 770-5842; natalie@s-caf.org.

### Stanwood United Methodist Church

~ Open Hearts, Open Minds, Open Doors ~

In-Person Sunday Service at 10:00am.  
Live Online Services available at 10:00am at [www.stanwoodumc.org](http://www.stanwoodumc.org) or on our Facebook page at: Stanwood United Methodist Church.



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# Community Information



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or on  
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Download  
current or past  
editions.

## **SCHOLARSHIP SEASON IS OPEN!**

Our branch university scholarship season opens today, February 1. Applications are due on or before April 29. The Stanwood Camano AAUW branch is proud to continue its annual presentation of three scholarships to highly qualified candidates who are current residents of Stanwood, Camano, Arlington, La Conner, or Lakewood OR graduates from Stanwood, Arlington, La Conner or Lakewood High Schools. Applicants must be entering their junior or senior year of college OR are enrolled in a Master's Degree program. Funds for these \$10,000 scholarships is raised by the vibrant and popular AAUW-SC Purses with Purpose benefit purse auction. Applications can be found on our website [www.aauwsc.org/scholarship](http://www.aauwsc.org/scholarship) or at the Washington State scholarship website, [www.washboard.org](http://www.washboard.org). Please encourage scholars to apply.

## **SAFE HARBOR NEEDS VOLUNTEERS**

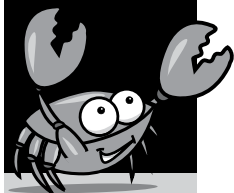
Volunteers to serve at the clinic front desk, Spanish interpreters, and licensed staff—providers, nurses/MAs, lab techs—are needed at Safe Harbor Free Clinic in Stanwood and in Smokey Point/Arlington. Volunteers are the essential ingredients to run the clinics that are open Wednesday and Friday evenings in Stanwood and Thursday evenings in Smokey Point. Find out more and apply online: <https://www.safeharborfreeclinic.org>. Call the clinic for information: 425-870-7384.



## **DO YOU LOVE PUPPIES AND HELPING PEOPLE?**

Guide Dogs for the Blind puppy raisers receive puppies around 8 weeks old, teach them basic obedience, socialize them, and return them to Guide Dogs about a year later. These incredible pups go on to become a lifeline for the visually impaired. Our local training group meets in Mount Vernon on Wednesday nights and would love to have you join! For more information go to [www.guidedogs.com](http://www.guidedogs.com) or email us at [gdbmountvernonpuppyraisers@gmail.com](mailto:gdbmountvernonpuppyraisers@gmail.com).

# Community Information



## BLACK HISTORY

Gloria Hendry played agent Rosie Carver in 1973's James Bond movie "Live and Let Die". She was the first African American Bond girl to have a romantic relationship with the spy.



## A SIMPLE GESTURE PICK UP DAY

Saturday February 11th. Drivers will be picking up your green bags. Most needed item are Most needed items: Sz 5 and 6 diapers, wipes, TP, laundry pods, dish soap. The final donor reminders will be sent mid-week to allow Driver Coordinators time to notify drivers of changes.

## SKI BUS TO STEVENS PASS – 2023

Interested in joining a great group of adult skiers & snowboarders on Tuesdays at Stevens Pass? Merry Mountain Ski Club brings you 6 weeks of skiing every Tuesday. The luxury coach will make stops in Bellingham, Burlington, Stanwood and Monroe. More info: [www.merrymountain.com](http://www.merrymountain.com).

## AARP TAXAIDE INFO

AARP TaxAide will be providing FREE tax return preparation at the Lincoln Hill Retirement Community Center in Stanwood on Wednesdays and Thursdays until 4/13/23. Appointments will be made only when picking up packets. Packets will be available for pick up only at Lincoln Hill Retirement Community, Monday to Fridays from 10:00 am to 2:00 pm. 7430 276th St NW, Stanwood, WA. If you have any further questions, leave a voice message at 425-270-7357.

## LIVINGWORKS SAFETALK

is a four-hour face-to-face workshop featuring powerful presentations, audiovisuals, and skills practice. At a LivingWorks safeTALK workshop, you'll learn how to prevent suicide by recognizing signs, engaging someone, and connecting them to an intervention resource for further support. To pre-register for the upcoming safeTALK training on February 25, email [ASIST.Lifeguard@yahoo.com](mailto:ASIST.Lifeguard@yahoo.com), or text 360-271-9896.

## KNITTERS / CROCHETERS GROUP

Every Friday at the Community Resource Center from 10:30am-1pm, join us for Knitters Group. Crocheters welcome too. Bring your yarn and needles/hooks and learn or just socialize. \$2 donation appreciated.



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January 16	June 19
March 9	September 23
March 19	October 10
April 22	November 11
June 10	November 24



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# Community Information



## GRAB A CRAB CRACKER:

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wall of Camano  
Gateway  
building at  
Freedom Park



## 59TH ANNUAL COIN SHOW AND SALE

The Stanwood Coin Club meets monthly the 4th Tuesday at Stanwood Library meeting room, September through May. Contact Mike 425.876.8798 or garden2day@frontier.com. This years coin show will be held in Arlington March 11th, Pioneer Hall.

## BASEBALL / SOFTBALL SEASON REGISTRATION

is now open for the 2023 Spring season! Go to [www.stanwood-camanoll.org](http://www.stanwood-camanoll.org) to register. Registration for Minors and up closes February 10; T-ball and Rookies closes March 10. As always, there is a great need for coaches and umpires to make the season possible, so please consider volunteering. More info: 206-250-9130.

## WINTER CLOTHING IN THE WARDROBE

The Wardrobe at the CRC is stocked with brand new clothing items for teens and young adults that are in need, to select from for free. Typically, individuals leave The Wardrobe with two new outfits! Our volunteer shopper has been busy buying new items such as short and long sleeved t-shirts, leggings, flannels, hoodies, shorts and joggers. In partnership with the Stanwood Camano Food Bank, we are stocking up with winter appropriate clothing. Please call 360-629-5257 x 1002 to schedule an appointment.

## "THE SPOT" - TUESDAYS AND SATURDAYS

at 9831 271st St NW, Stanwood. For middle and high schoolers. Tuesdays drop in: 2:30-5pm. Games, food, hang out. Saturday Night: 7:30-10pm. Food, bonfires, pool, and more! Hosted by Youth Dynamics Stilly Valley. 425-879-7633.

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**Grad Night** is an annual all-night and all-inclusive party sponsored by parent groups across the US that allows seniors to celebrate together their accomplishments and make great memories with classmates. More than "just a party," **Grad Night** is a commitment by parents and the community to conduct a great, once in a lifetime celebration that is **alcohol and drug free** on a night which is statistically one of the most dangerous nights of our children's lives.

**THANK YOU FOR SUPPORTING GRAD NIGHT!**

## Contact Us:

SHSParentsOfSeniors@gmail.com

Non Profit TIN 91-1424205



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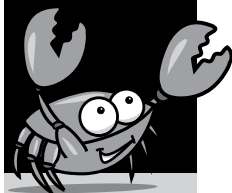
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# Community Information



## **OPEN HOUSE SATURDAY & RESEARCH WEDNESDAY**

Open House every Saturday, 10am-1pm at the Stanwood Area Historical Society Tolin House (between the Pearson House the Floyd Norgaard Center). Research Wednesday 1-4pm at Eldridge Center.

## **FAMILY HISTORY CENTER OPEN WORKSHOP**

Come any Tues. (10am-noon) or Wed. (6:30-8pm), at 795 Ell Rd, Camano Island (Church of Jesus Christ of Latter-day Saints), and get an absolutely FREE personalized consultation. We'll show you how to discover your ancestors and get FREE access to Ancestry.com, Fold3.com military records, Newspapers.com, ArkivDigital, and other websites. Visit our Facebook page for more info and weather/holiday closures: [www.facebook.com/groups/CamanoIslandStanwoodFHC](http://www.facebook.com/groups/CamanoIslandStanwoodFHC).

## **GARDENING WORKSHOP**

The Island County Master Gardeners are presenting a two-day workshop March 3-4. Whether you're an avid gardener or just getting started, you'll find there's something at the Workshop for everyone. <https://www.whidbeygardening.org/>

## COME TO A free informational seminar

Premiera Medicare Sales Meeting's Hosted by Taylor Vidor

10320 SR-532, Stanwood WA 98292

02/02/23-10:00am

02/09/23-10:00am

02/23/23-10:00am

To RSVP or learn more, call 425-361-2944 x1 TTY 711

A reservation is not required to attend.

**PREMERA** | 

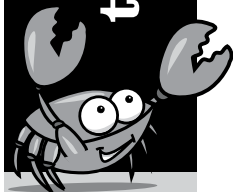
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## View from the Bleachers



Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his new YouTube channel by the same name.

### TRAPPED IN THE LAND OF DO-IT-YOURSELFERS

I don't like to brag. But I'm a bit of a home improvement guru. Be it erecting a backyard fence or wallpapering the bedroom, I can do just about any project with minimal mistakes. And I only need one tool to do it all: my cell phone – which I'm very handy working with to call a contractor to complete these projects.

What I'm trying to say is – and this is something that will surprise nobody who has known me for at least five minutes – I have absolutely no Do-It-Yourselfer skills. I blame this on my father, because, well, he passed away 43 years ago, so he's not here to defend himself. He never taught me how to unclog a plugged drain; or light the pilot light on the furnace; or change a flat tire. So, I never learned any of that stuff when I was young.

My wife and I live in a semi-rural island community populated mostly with retirees. Everybody here is frugal. All of these people know how to handle all sorts of home repairs and improvements. They're all self-reliant. – a word nobody has ever once accused me of being when it comes to fixing anything around the house.

Everybody here is a DIY-er, a Do-It-Yourselfer. I don't know how to build or fix anything. Heck, I consider it an achievement when I can reset the time on my Fitbit watch. And don't ask me how to set up the new router for my computer. That's why you have teenage children, isn't it?

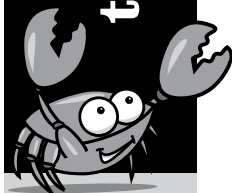
Don't get me wrong. It's not like I sit on my couch all day watching football and eating ice cream – although, if you ask me, that sounds like a perfectly good way to spend an autumn Saturday afternoon. I know how to power wash my driveway and use my leaf blower to blow away the leaves (into my neighbor's yard). A couple of years ago, I even planted over 200 tulips and daffodils – while my wife watched and pointed out how I was doing it all wrong.

One time I even erected a colorful 12-foot signpost in my front yard all by myself (and by "all by myself" I mean with the nominal assistance of a carpenter buddy who brought his power tools, a wheelbarrow, and cement, and who knew how to use a circular saw and explained the importance of measuring things).

Recently, a powerful windstorm knocked out all power in our neighborhood. Fortunately, we have a generator and an elaborate auxiliary power grid – which I paid to have an electrician install. I would have tried to install it myself, but I felt that paying a professional \$750 was probably cheaper in the long run than the cost of having to rebuild our house after I would have no doubt burned it to the ground due to a series of egregious electrical wiring mistakes.

The contractor walked me through a 16-step process of flipping circuit switches, plugging in the generator, opening up the propane tank, turning on the battery, adjusting the choke, etc. I wrote it all down in great detail, because I knew the chances of me remembering all these steps were about the same as the odds I'd be chosen to be the next Pope

# View from the Bleachers



So, the storm hit, our power went out, and I followed all 16 steps precisely as I had written them down. But the generator would not start. I asked my neighbor Ron to help, because he's very handy. He quickly figured out the problem, which was that I should not be allowed anywhere near complicated mechanical equipment. I apparently had two steps in the wrong sequence.

Ron figured it out and got the generator – and our power – going within minutes. I thanked him profusely – and made a note that the next time our power goes out to call Ron, so I won't have to tackle this confusing task myself. I have to say, I'm an excellent delegator.

Sure, at times I feel a little inadequate that my home improvement skills are roughly on par with those of my cat Zippy. And I sometimes get embarrassed about my lack of knowledge about how to do common household things like putting down tile flooring or installing a sink or replacing the batteries on my TV remote. But that's a small price to pay to have all that extra free time to watch the game... on the couch... with a bowl of mint chocolate chip ice cream.

[Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his YouTube channel by the same name.]



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NEW Class Begins Wed., Feb. 7th, 6-7pm, 7 weeks  
YASA-Yin with Melissa Handy  
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Text Melissa @ 425-320-9776, call the studio at  
360-629-5040

This is a limited class and is filling quickly.



## Lincoln Hill Retirement Community

Formerly Stanwood Senior Center

Our name has changed but we are still Stanwood's Senior Center  
providing activities, classes, and resources for older adults.

All activities open to older adults from the community.

Stop in for lunch or to pick up a calendar of events.

We are here for You.

Trips	Meals	Transportation
Classes	Social Get Togethers	Support Groups
Room Rentals	Medical Equipment	Wellness Programs
Older Adult Resources	Fitness Classes	Arts & Crafts
Special Events	Espresso/Coffee Bar	Cards & Games

7430 276th St. NW, Stanwood • 360-629-7403 • [www.lincolnhill-rc.org](http://www.lincolnhill-rc.org)



## CASA'S PET OF THE WEEK:

**DALLAS** is a 1-year-young Pitbull mix awaiting his forever home. This boy will make a great companion dog and best friend! Dallas is fun, energetic, and very smart. He knows sit, down, and come. While he knows the basics, he will still need continued training in his new home. Dallas is still very much a puppy, he loves going for walks, running, playing with stuffy toys, and hanging out with his humans.

**Camano Animal Shelter Association (CASA):**  
360-387-1902. [www.camanoanimalshelter.org](http://www.camanoanimalshelter.org)



## NOAH'S PET OF THE WEEK:

I am **PEPPER**! I am about 10 years old. I'm on the hunt for a calm, loving home where I can curl up and sunbathe all day long! I also enjoy talking to my human friends, playing with jingly toys, and exploring my space. In my previous shelter I was noted to be okay with dogs, but I am looking for a home without other cats. I am a big handsome cat who is very excited to find my FURever place.

**The N.O.A.H. Animal Adoption Center:**  
(360) 629-7055. [www.thenoahcenter.org](http://www.thenoahcenter.org)



## SAVE-A-MUTT'S PET OF THE WEEK:

Meet **FILIP**. He and his brother were recently transferred to us from a local shelter. The boys are very sweet, just under socialized. Filip is hilarious - he's the more confident of the pair, and his foster thinks he'd be a great agility dog. YOU MUST visit [www.save-a-mutt.org/adoption-application/](http://www.save-a-mutt.org/adoption-application/) to fill out an application before meeting any dogs. We are foster-based rescue with no facility.

**Save-A-Mutt (Silvana, WA):**  
(425) 280-0502. [www.save-a-mutt.org](http://www.save-a-mutt.org)

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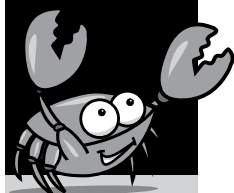


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# Classes and Workshops



## BLACK HISTORY

35 years ago, Doug Williams became the first Black quarterback to start a Super Bowl. This year, On Feb. 12, both of the teams in Super Bowl LVII will feature a Black starting quarterback for the first time in the championship game's history. Kansas City's Patrick Mahomes and Philadelphia's Jalen Hurts.

**Yoga Classes In-studio & Online** at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to [www.movementarts.com](http://www.movementarts.com) and follow the links to view our video library of online hour length classes; regular membership rates apply.

**Yoga for Beginners Five Week Session** Tuesdays 6pm. Prepare you with the first steps toward a regular practice. Sign up through [movementarts.com](http://movementarts.com) or call 360-629-9100. Next Sessions: Feb 21-Mar 21, Apr 11-May 9, May 30-Jun 27. Space is limited, sign up early. \$9

**Virtual Guitar Lessons with Ford Geisbrecht.** All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

**Mudra for Movement and Meditation** Feb 11, 2-4pm. Mudras are subtle hand gestures commonly used in yoga and meditation practices to guide energy and expand consciousness. They can act as an energetic bridge between mind and body. Learn a variety of hand Mudras and their uses, followed by some gentle yoga incorporating them. Sign up through our website at [movementarts.com](http://movementarts.com) or call 360-629-9100. Available in-studio or online via Live Stream (sign up for VIRTUAL Mudra for Movement and Meditation and receive an email link 30 minutes prior to class). \$45.

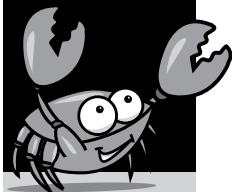
**Free Medicare Basics Information Class** February 18th (10-11am). Free event open to the public. We will be explaining how your Medicare benefits work, as well as the details of enrollment. Following the class, you will be given the opportunity for a no-obligation private consultation. This class is highly recommended if you are 64 years old, relocating, retiring, or interested in comparing your current plan. Location: Camano Island Library meeting room. RSVP: 360-967-9601

**Forte Music Dance Art** intermediate ballet Tues & Thurs at 4PM. Advanced tap Mon 9:30AM & Thurs at 10:30AM, beginning tap Mon at 10:30AM & Thurs at 3PM. Yoga is available Tue, Wed, Fri & Sat. Private instruction on Sax, Clarinet, Flute, Voice & Piano. 1095 Essex St. A-1 Camano Island. Contact Chris Tuohy 360-572-9262 [fortemda.com](http://fortemda.com).

**Z's Classes: ZOGA**, a class incorporating yoga, The Melt Method, laughter and more. Excellent for All levels, especially back and shoulder issues. Mondays, 10am. All classes are n person and Zoom online. [Zsremedies.com](http://Zsremedies.com) or call 360-629-5040. **SEATED YOGA**, excellent for those with limited mobility but know you need to move and stretch. 40 minute class, once per week, Tues @ 1:30 or Fridays @ 11am. "You Can do this!" Call 360-629-5040 or register online @ [Zsremedies.com](http://Zsremedies.com) **FLOW YOGA**, new teacher, Step Viust Tuesday @5:30. Be enlivened and inspired! [www.zsremedies.com](http://www.zsremedies.com) 9504 271st, Stanwood.

**YogaTone 4-Class Course** April 15, May 20, June 17 and July 15 2-3pm. Good for your Happy Cells! YogaTone is a uniquely curated class, incorporating movement, dance, yoga, breath, and positive sweat. Each class includes a yoga-based core warm up and a relaxing come-down at the end. No prior experience needed. If you like to move and groove, this may be the class for you. YogaTone is practiced in bare feet and is no/low impact. \$85. Space is limited to 15, sign up early to secure your spot in class. [movementarts.com](http://movementarts.com).

# Cooking Mamas



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Dusty Hutchins-  
McNutt.*

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Kitchen!"*

Visit me at: [www.CookingMamas.com](http://www.CookingMamas.com)



## STRAWBERRY CRÊPES

The choices are endless when it comes to filling crêpes. I suggest strawberries and whipping cream, but you can fill them with your favorite fruit, top them with syrup, or simply dust them with confectioners' sugar, they're all delicious, Enjoy!

**INGREDIENTS:** 1 c. all purpose flour; 4 lg. eggs; 2 c. milk, divided; 2 T. melted butter; 1 pinch of salt; Fresh or frozen sweetened strawberries, thawed; Whipping cream for serving

**DIRECTIONS:** 1. In a large bowl, whisk together the flour and salt. Make a "well" in the center of the flour mixture. Add eggs, melted butter, and half of the milk. Using a hand mixer, beat the flour mixture into the liquid mixture. Gradually add the rest of the milk. Continue beating until smooth and creamy. 2. Preheat a crêpe pan over medium heat. Spray with nonstick cooking spray. Pour a 1/4 cup of the crêpe batter into the center of the pan, swirling it around to coat evenly. When the crêpe begins to set, use a spoon to gently loosen it around the edges and fold it in half. Cook on both sides until lightly browned and set in the middle. 3. Fill or top the crêpes with strawberries and whipped cream or drizzle with chocolate and sprinkle with confectioners' sugar. Makes 10-12 crepes 4. Cook's Note: I like to serve these delicious crêpes with a side of bacon or sausage and fresh fruit.

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Date	High /Low	Tide Time	Height Feet	Moon Visible	Date	High /Low	Tide Time	Height Feet	Moon Visible
F 10 10 10 10	Low High Low High	1:01 AM 7:46 AM 2:06 PM 7:51 PM	2.1 11.9 3.4 8.9		F 17 17 17 17	High Low High Low	3:53 AM 8:44 AM 1:12 PM 8:32 PM	11.3 8.4 10.7 -2.1	
Sa 11 11 11 11	Low High Low High	1:36 AM 8:12 AM 2:49 PM 8:55 PM	3.5 11.7 2.6 8.7		Sa 18 18 18 18	High Low High Low	4:28 AM 9:34 AM 2:18 PM 9:24 PM	11.8 7.6 11.0 -2.5	
Su 12 12 12 12	Low High Low High	2:14 AM 8:40 AM 3:37 PM 10:13 PM	5.0 11.5 1.7 8.6		Su 19 19 19 19	High Low High Low	4:59 AM 10:19 AM 3:19 PM 10:12 PM	12.2 6.6 11.2 -2.5	
M 13 13 13 13	Low High Low High	2:58 AM 9:12 AM 4:32 PM 11:54 PM	6.5 11.2 0.9 8.9		M 20 20 20 20	High Low High Low	5:30 AM 11:02 AM 4:18 PM 10:58 PM	12.4 5.5 11.2 -1.9	
Tu 14 14 14	Low High Low	4:02 AM 9:52 AM 5:32 PM	7.9 10.8 0.2		Tu 21 21 21 21	High Low High Low	6:00 AM 11:47 AM 5:16 PM 11:43 PM	12.6 4.4 11.1 -0.8	
W 15 15 15 15	High Low High Low	1:58 AM 5:46 AM 10:49 AM 6:35 PM	9.7 8.8 10.6 -0.7		W 22 22 22 22	High Low High Low	6:30 AM 12:31 PM 6:15 PM	12.6 3.2 10.7	
Th 16 16 16 16	High Low High Low	3:10 AM 7:33 AM 12:00 PM 7:36 PM	10.6 8.9 10.5 -1.5		Th 23 23 23 23	Low High Low High	12:26 AM 7:01 AM 1:17 PM 7:17 PM	0.7 12.6 2.2 10.2	



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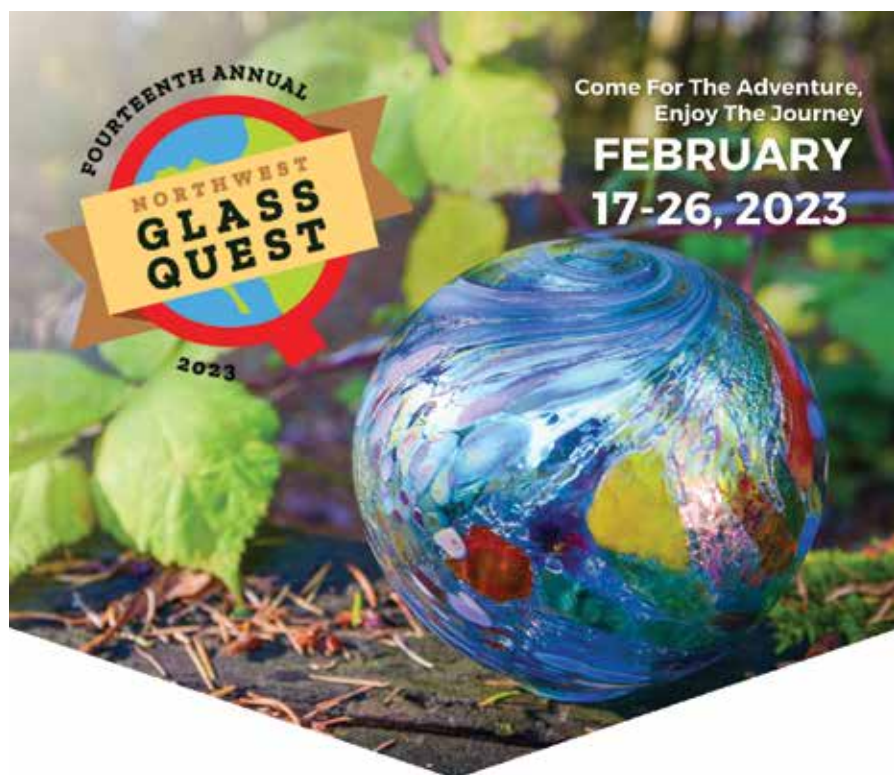


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