

THE CRAB CRACKER

ISSUE 348
March 24-April 6, 2023

APRIL FOOLS DAY EDITION!



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway

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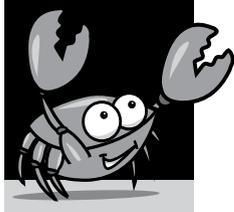
MAY 3 - 6, 2023

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COME EXPLORE PILCHUCK'S BREATHTAKING CAMPUS! WATCH THE FASCINATING PROCESSES OF GLASS MAKING, MEET RENOWNED ARTISTS, TOUR THE STUDIOS, AND LEARN ALL ABOUT THE HISTORY AND FUTURE OF THE SCHOOL.

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Welcome to The Crab Cracker! We're Foolin' Around...

"Welcome to our 14th annual infamous April Fool's Edition! Some of the content within these pages is fictional, and some is not. Some photos you see inside are real...and some are not. Some of the facts inside this book are not actually facts and the real facts are hidden among the fake. Don't always believe what you see or read, especially in THIS edition. If what you read seems too absurd, then it probably is. If something offends you, please don't call us...it's just some April Foolery...we do not intend to harm anyone." – James Shipley, The Crab Cracker.

Cover image: "Spring Flower" by "Prawny".



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James and Malynda Shipley, owners, proprietors
thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: MARCH 29 for Next Edition (April 7-20, 2023)

Calendar of Events



FRIDAY, MARCH 24

MOVIE NIGHT - "PUSS IN BOOTS - THE LAST WISH"

Elger Bay PTA Movie Night. Grab your favorite blanket or chair and join us in the gym at 6pm.

FRIDAY, MARCH 24

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. Conversation friendly. No cover.

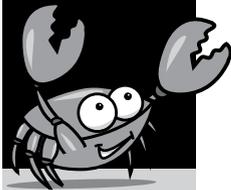
A map of Camano Island showing a red route for a bike ride. The route starts at Stanwood and goes to Camano Island. The map includes road numbers 5, 10, 15, 20, 35, 40, 45, and 50. A red location pin is placed at North Stanwood. A large gear-shaped logo in the center features a bicycle, a house, and a crab. A banner across the gear reads "McClinchy Mile CAMANO CLIMB". The Camano Island Chamber of Commerce logo is in the bottom right corner.

Bike Ride

Sunday, April 30, 2023
Stanwood - Camano Island

Ride 15 to 103 miles, then celebrate with appetizers at SAAL Brewing. Event hosted by / benefits: B.I.K.E.S. Club of Snohomish County and Stanwood Camano Kiwanis. Bike Local / Drive Friendly
www.bikesclub.org/mcclinchy

Calendar of Events



APRIL FOOL PRANK:

Borrow someone's cell phone and change the language setting to a foreign language.

FRIDAY, MARCH 24

BOXCAR PRESENTS JEREMY ABBOTT & THE GOOD VIBES ACOUSTIC

9pm at Conway Boxcar, downtown Stanwood. We bring the smile makers, booty shakers, crowd pleaser sunshine vibes.

FRIDAY, MARCH 24

STANWOOD HIGH SCHOOL SPORTS

Boys Soccer vs Shorecrest. JV: 5pm. Varsity: 7pm.

FRIDAY, MARCH 24

AFTER MIDNIGHT

7:30pm - 10:00pm at Pub 282. Fun, sexy rock from classic to modern.

SATURDAY, MARCH 25

SOUTH CAMANO GRANGE BREAKFAST

8-11am at the South Camano Grange, 2227 S Camano Drive. Enjoy breakfast with your neighbor. Pancakes or French toast served with scrambled eggs, ham & sausage, along with coffee, juice, or tea. Social distancing will be maintained. Please wear a mask!

SATURDAY, MARCH 25

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, MARCH 25

TOY BOAT WORKSHOP

10 am - 2 pm at Cama Beach in the boathouse. Learn how to build a wooden toy boat. You get to bring it home as a souvenir! \$5 suggested donation. Hosted by The Center for Wooden Boats.

SATURDAY, MARCH 25

AUTHOR K.R. MULLINS BOOK SIGNING

10am-1pm at Wit's End Books, 10123 270th St NW, Stanwood. Author Kimberly Evans-Mullins will be signing and selling her books. She will bring copies of her novel "Divided Lives" as well as her Notebook Mysteries series.

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- Exercise and You
- Sleep
- Healthy Eating and Hydration
- Financial Fitness
- Medication Management
- Advance Planning
- Healthy Relationships
- Falls Prevention
- Community Engagement

Camano Center

will be running the Aging Mastery Program® soon!

Build your own personal playbook for aging well. This fun, innovative program empowers you to take key steps to improve your well-being, add stability to your life, and strengthen ties to your community. Meet new friends and provide encouragement to one another as you take the Aging Mastery journey together!

Classes will be held Thursdays,

April 27th – June 29th

1:00-2:30 PM

at the Camano Center

606 Arrowhead Road

Camano Island, WA 98282

Cost per person for 10 classes is \$60

*Please contact the Camano Center if class fee is a barrier. Limited Scholarships available.



Limited spots available: Sign up now!

The program will launch on Thursday, April 27th 1:00—2:30 PM

but participants have to be signed up by April 12th

Please RSVP to: Karen Conway, kconway@camanocenter.org

by April 12th



CamanoCenter
Get connected.

606 Arrowhead Road, Camano Island, WA

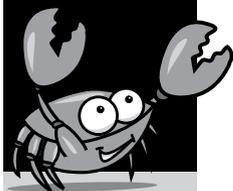
360-387-0222

ncoa | **AgingMastery**
national council on aging

www.ncoa.org/AMP

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Calendar of Events



CAMANO RIDDLE:

Q: Is there any way to get to the south end of the Camaloch Golf Course?

A: There must be Shumway.

SATURDAY, MARCH 25

KIDS NIGHT OFF

Enjoy a night off! Kids: leave your parents at home and spend the evening at the YMCA! Kids will enjoy a variety of games, crafts, play time and activities. Must register online or at front desk. More info: <https://snoco.reliquicore.com/programs/1046/kids-night-out/>

SATURDAY, MARCH 25

PARENTING WISELY

Community Resource Center of Stanwood Camano with Parenting Wisely is presenting a fun, interactive, non-threatening, evidence-based class where the tools you learn will prove to be effective and improve communication and understanding within family relationships. Registration is free, but required and lunch is provided.



SATURDAY, MARCH 25

SPRING FLING

Stillaguamish Grange is sponsoring a local vendor event "Spring Fling" from 9-4 at the Stillaguamish Grange Hall on Pioneer Highway.

SATURDAY, MARCH 25

2032 JUNIOR UMPIRE CLINIC – FREE

2-6pm at Stanwood YMCA. Calling ages 13-18. Safe or out? You make the call! Learn how to be an umpire. This free clinic provides basic training and info. To register, email presidentscll22@gmail.com.

MONDAY, MARCH 27

CHILDPROOF PARENTING

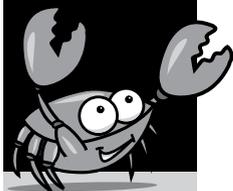
Stanwood Cooperative Preschool is presenting Childproof Parenting, Building Your Parenting Toolbox, 6-8pm at the Stanwood High School performing arts center. Parenting strategies to foster children's emotional development. Registration is recommended but not required. Open to parents of any age child. More info: 425-231-2924.

SATURDAY, MARCH 25

STANWOOD HIGH SCHOOL SPORTS

Baseball vs O'Dea. JV: 1pm. Varsity: 3:30pm.
Boys & Girls Track at 10am.

Calendar of Events



APRIL FOOL PRANK:

Add food coloring to the windshield washer fluid of someone's car.



SATURDAY, MARCH 25

OUR EARTH, OUR HOME PRESENTS: FOREST HEALTH

10am at Camano Island Library. Dead and declining trees have proliferated throughout Washington over the past few years as summer heat and drought have become extreme. The western redcedar has been particularly affected, causing concern. Washington State University (WSU) Extension featuring Kevin Zobrist, professor of forestry at WSU and author of the book *Native Trees of Western Washington*, will be giving a free public seminar to explain why trees are in decline right now. Contact us with questions: www.sno-isle.org/contact-us.

SATURDAY, MARCH 25

PACIFIC TWANG

Time to get out your blue jeans, plaid shirts, cowboy hats and boots and dance to the fun sounds of Pacific Twang! Playing at the Conway Muse 7:30 pm on the Hayloft Stage! \$12.50 Presale / \$15 Day of Show. An energetic mix of Country, Swamp Rock and Americana.

SATURDAY, MARCH 25

STILLY RIVER YARNS RISE & SHINE SOCIAL TIME

Join us for a morning social time around the table. Stop by and say hi, or come on in and hang out for a while - please note that if you're planning on hanging out, we require masks around the table during planned social events. 9:00 am to 12:00 pm at 9913 271st St. NW, Suite A, Stanwood.

SATURDAY, MARCH 25

SOAP BOX DERBY OPEN HOUSE

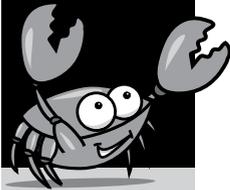
At Arrowhead Ranch, 615 Arrowhead Rd, Camano Island. Interested in finding out more about the Soap Box Derby? Join us at the open house. Register, pick your car, check out the track.

SATURDAY, MARCH 25

CD WOODBURY

7:30pm - 10:00pm at Pub 282. An award winning contemporary blues, roots, rock, and multi-genre guitarist, vocalist and songwriter.

Calendar of Events



APRIL FOOL PRANK:

Switch around random keys on someone's keyboard who isn't a very good typist.

SUNDAY, MARCH 26

SERIES RACE 5! HAWAIIAN THEMED!

At Stanwood Equestrian Center, 28119 Old Pacific Hwy. Let's Luau our way into spring with a Hawaiian race!!! Best dressed and best hula around the poles awards!!!! Barrels and Poles. Goodies to all! Office and time onlies 7:30-9:45. .Race starts at 10am. (360) 629-3529.

MONDAY, MARCH 27

NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

MONDAY, MARCH 27

TRIVIA NIGHT WITH DARREN

6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. Bring your team of up to 6 for a fun night of food, drinks and creative trivia! Free sign up. Win prizes!

MONDAY, MARCH 27

STANWOOD HIGH SCHOOL SPORTS

Baseball Varsity vs Snohomish. 4pm.
Girls Varsity Tennis vs Shorewood. 3:30pm.

MONDAY, MARCH 27

TODDLER / FAMILY STORYTIME WITH JENNIFER

10am at Camano Island Library. Jump and bounce together into a world of stories, music, and movements. A play time or art activity may follow.

MONDAY, MARCH 27

WONDERS OF THE SALISH SEA - PART 1

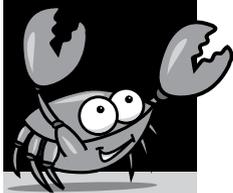
Presented via zoom on 4 Monday evenings from 7 to 9 pm. An environmental education program designed to awaken a sense of wonder and foster a deep connection in the Salish Sea ecosystem. Discover the wonders of this uniquely biodiverse, yet fragile, marine ecosystem with the guidance of local marine scientists, naturalists, and environmentalists. Dates are March 27, April 3, 17, & 24. Suggested donation of \$25 for all 4 nights. Presentations are recorded for later viewing. March 27th topic: Your Salish Sea Story with Mira Lutz Castle, plus Origin Stories of the Salish Sea with Chris Arnett. April 3: What feces can tell us about the health of the Southern Resident killer whales with Deborah Giles, plus Seals and Sea Lions: Ecosystem Allies or Ocean Pests with Joan Lopez. Learn more and sign up at <https://wondersofthesalishsea.com/>

TUESDAY, MARCH 28

CHAT WITH THE SCHOOL BOARD

The Stanwood-Camano School Board wants to hear from you! Board members look forward to listening and learning about the communities' opinions, suggestions, and concerns. There is no agenda for these events; they are completely informal and anyone can attend. Today's chat is 6-7pm with Director Natalie Hagglund at Stanwood High School.

Calendar of Events



TUESDAY, MARCH 28

80S JAZZERCISE BUNCO

Time: 5:30 (snacks) 6:00 (game starts). Location: Mustard Seed, 8620 271st St NW, Stanwood. We can play with 12 / 16 / 20 / 24 players. Bring \$5 buy in. Bring \$5-\$10 gag bunco gift (wrapped). Contribute to the potluck. Dress up if you want.. Bring your beverage of choice

TUESDAY, APRIL MARCH 28

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.



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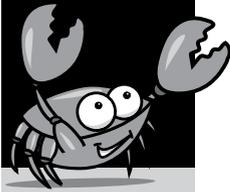
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Calendar of Events



TUESDAY, MARCH 28

SPARTANS GOT TALENT!

SHS Talent Show. 7pm at Stanwood High School Performing Arts Center. Free admission. Concessions available. Medals will be awarded.

TUESDAY, MARCH 28

FAMILY STORYTIME WITH JENNIFER

10am at Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

Cama Beach Foundation

Volunteers Needed at Cama Beach State Park:

Cama Beach Store Cashiers:

3 hours/week during the summer

Science/Nature Educators

SCUBA Divers

CBF Board Members

For more information about volunteer opportunities with the

Cama Beach Foundation please *call* Janet at

360-387-2062

or *email*

jlrott.cbfg@gmail.com

Website





LOOK WHAT'S NEW AT JOSEPHINE'S "BORN TO BE WILD" EASY RIDER CYCLING

As an Activity Director,

I often ask residents "What is something you miss doing?" The frequent response I receive is "Being active outside!". Upon further inquiry I find that many people in our demographic favored being active, enjoying the outdoors and specifically bike riding, which is now unfortunately impossible for most of them to enjoy. This project aims to address the barriers to recreation that our residents experience due to limited mobility by providing the accessible, familiar, and exciting opportunity of bike riding to them. Although they may not be able to hike, run or bike like they used to, having the opportunity to ride a trishaw around town would allow them to enjoy healthy fresh air with a change of scenery, while gaining a sense of freedom by participating in an activity that brings them joy. The goal of this program is to increase the well-being of the residents at Josephine Caring Community.

Shannon Terpak
Activity Director
360-386-3114



Fullness of *life*.

**Volunteer bike
drivers needed!**

**Call Shannon
360-386-3114**

**Bike rides will be
offered as an
activity and listed
on the monthly
calendars!**

**You can call and
schedule a bike
ride for your loved
ones!**

**Watch out
Stanwood here
we come!**

**Our bikes are
wheelchair
friendly**

**Josephine Caring
Community**

9901 272nd Place NW
Stanwood, WA 98292

WWW.Josephinecc.com

Calendar of Events



CAMANO RIDDLE:

Q: Iver, Ole and Sven each had teenage boys. What made the first man's boy naughtier than the others?

A: Iverson spit.

TUESDAY, MARCH 28

POP UP LINE DANCING LESSONS

8pm at Stanwood Eagles (All are Welcome!). Event by LadyDi Country Dancing. Lessons start at 6pm and we go until 8pm with open dancing and one on one practice in-between lessons and at the end of the evening! You DO NOT need to be a member to come out and join in the fun of learning and dancing! Come on out with your boots on to learn new dances, practice ones you know and have a great time dancing! No cover charges or fees to participate!

TUESDAY, MARCH 28

90'S NIGHT

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail.com.

TUESDAY, MARCH 28

BABY STORYTIME WITH VICKY

10:30am at Stanwood Library. Wiggle, giggle and bond with your baby through stories, happy songs, rhymes, and activities. A play time or art activity may follow.

TUESDAY, MARCH 28

EVERYONE BELONGS IN THE OUTDOORS

6:30-8pm Online event. At nonprofit Wilderness Inquiry we believe that everyone belongs in the outdoors. We connect people of all ages, backgrounds, and abilities through shared outdoor adventures so that all people can equitably experience the benefits of time spent in nature. Discover how we bring this to reality and learn how barriers to outdoor spaces can be broken down. Registration is required. Contact us with questions: www.sno-isle.org/contact-us

WEDNESDAY, MARCH 29

DEATH CAFÉ

6pm-8pm at 580 W Monticello Dr. Camano Island. Ages 18 and over. Come for cake and conversations. Death Cafe is a group directed discussion of death with no agenda, objectives, or themes. It is a discussion group rather than a grief support or counselling session. Plenty of parking. Tea and cake provided. If you feel inclined, please bring a healthy snack to share. There is no charge for this event. Read more at www.deathcafe.com or call the host, Vicki Tracy 425-239-9166.

WEDNESDAY, MARCH 29

WEDNESDAY NIGHT TRIVIA!

7:00pm - 9:00pm at Pub 282. Starts at 7pm! Test your knowledge on music, history, current events, pop culture & more!

WEDNESDAY, MARCH 29

PRESCHOOL STORYTIME WITH VICKY

10:30am at Stanwood Library. Share fun books, songs, and creative activities with your preschooler to prepare young minds for the adventure of reading. A play time or art activity may follow.

Thinking about buying or selling a home? Call Andrea!



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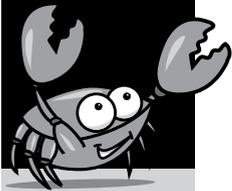
Weddings • Retreats • Business Events
Family Celebrations



**Four Springs Lake
Preserve**

360-387-1418 • fourspringshouse.com
fourspringshouse@co.island.wa.us

Calendar of Events



MARCH 29
**NATIONAL
MOM AND
POP
BUSINESS
OWNERS
DAY**

Did you know,
The Crab Cracker
Magazine is a
mom and pop
business?

WEDNESDAY, MARCH 29

STANWOOD HIGH SCHOOL SPORTS

JV Baseball vs Snohomish. 4pm.

WEDNESDAY, MARCH 29

FREE ART CLASS - MINDFUL REFLECTION THROUGH ART

10:30am FREE class at the Camano Island Library. March Theme: Take Your Thoughts for a Walk. Discover your layers through both hidden, revealed and personally-embellished art in this intuitive and process based approach to art making. Time for optional and confidential sharing provided at class end. Materials provided or bring your chosen favorites! All Levels: Beginning to Advanced Artists, Writers, & Internal Explorers. Contact us with questions: www.sno-isle.org/contact-us

THURSDAY, MARCH 30

STANWOOD HIGH SCHOOL SPORTS

Softball vs Lynnwood. JV: 4pm. Varsity: 6:30pm.

THURSDAY, MARCH 30

TEEN LATE NIGHT

Grades 9-12, 4PM-6:30PM at the Community Resource Center of Stanwood Camano. Teen Late Night is a safe place for teens to come and connect over food & fun. Activities have included outings, classes, celebrations, help with school work and more!

THURSDAY, MARCH 30

RAINY DAY ROOM PLAYGROUP

Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Grown ups and kids will benefit from friendship and community....getting out of the house. www.crc-sc.org.

THURSDAY, MARCH 30

COUNTRY NIGHT - MUSIC AND DANCING

8pm at Beauty Bar Salon + Lounge (10011 270th St NW, Stanwood). Grab your boots and Dancing partner (or find one here)! Dance the night away to all the latest and greatest country hits. Starts at 8pm. Open til 2am! More info: 360-629-2324.



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8 a.m.–8 p.m., 7 days a week. Se habla español.

Or visit [ExploreUHC.com](https://www.exploreuhc.com)

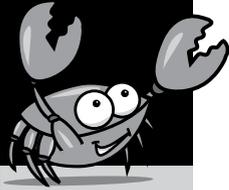


Other pharmacies/physicians/providers are available in our network. Network size varies by market. Plans insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. AARP and its affiliates are not insurers. You do not need to be an AARP member to enroll. AARP encourages you to consider your needs when selecting products and does not make specific product recommendations for individuals. AARP does not employ or endorse agents, producers or brokers. © 2022 United HealthCare Services, Inc. All Rights Reserved.

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Calendar of Events



APRIL FOOL PRANK:

Hard boil all the eggs in the carton and place them back in the refrigerator.

THURSDAY, MARCH 30

TODDLER STORYTIME WITH ALEX

10:30am at the Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

THURSDAY, MARCH 30

DOS REALES 24TH ANNIVERSARY

Two combo tacos for price of 1: 11am-3pm. Chile Eating Contest: 4-5pm. DJ & Karaoke: Starts at 7pm. More info: 360-629-0822.

THURSDAY, MARCH 30

STANWOOD AFG SPEAKER MEETING / AUCTION

7:30pm at Stanwood United Methodist Church. More info: 360-618-0464 or www.district28alanon.com.

FRIDAY, MARCH 31

TEEN MEET AND MINGLE

Youth ages 12-18, are you looking for a fun way to spend your Friday nights? All are invited to join with other youth who want a good, clean social environment to meet and mingle. Hosted by the Church of Jesus Christ of Latter-day Saints, on Ell Road, on Camano Island. 6:30pm-8pm. Play indoor sports games, board games, or suggest activities of your own. Treats will be provided. 253-261-8878.

FRIDAY, MARCH 31

STANWOOD HIGH SCHOOL SPORTS

Varsity Baseball vs Marysville Pilchuck. 6:30pm.
Boys Soccer vs Edmonds Woodway. JV: 5pm. Varsity: 7pm.
Softball vs Oak Harbor. JV: 4pm. Varsity: 6:30pm.

FRIDAY, MARCH 31

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. Conversation friendly. No cover.

FRIDAY, MARCH 31

JOMAMMA WITH SHERI ROBERTS GREIMES

7:30pm at Pub 282. 5 to 6 piece "Show Band", or known as her "Wall of Sound". JoMamma is a full-production ensemble.



SATURDAY, APRIL 1

HAPPY APRIL FOOLS DAY!



2023 Tulip Festival Show
 April 7–16, open daily 10–5 pm
 Opening Party: Thurs April 6, 5–8 pm

Rexville Grange Art Show
Fine Art & Crafts

www.rexvillegrangeartshow.com
 19299 Rexville Grange Rd., Mount Vernon
 (near Rexville Grocery)

Saturday, April 29th, at 1:00pm, at the Camano Center:

Your Trees and Our Changing Environment

Would you like to know more about Pacific Northwest trees and some of the current challenges to health some may be undergoing? Please join us to learn more about our shade giving friends. You will hear possible ways to supplement health of different, native tree species and hopefully come out of the talk with a better understanding of tree needs, especially when normal symptoms of stress are seen. A question-and-answer period follows. Sal Noeldner is an ISA Board Certified Master Arborist TRAQ (with Puget Sound Tree Care LLC) who lives and works locally.




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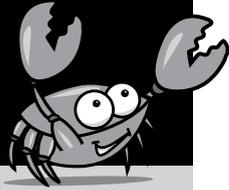


Christine Kelsey

360-516-2266
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 info@slmfinancialservices.com

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Calendar of Events



DID YOU KNOW?

The gold in Tutankhamun's tomb had been stolen from the tombs of other pharaohs.



SATURDAY, APRIL 1

STANWOOD/CAMANO DISABILITY INCLUSIVE EASTER EGG HUNT

10am at St Aidan's Episcopal Church Camano Island, 1318 SR 532, Camano Island. Do you have a child with a disability (all disabilities are valid: physical, developmental, or invisible)? Please join us for the first ever Disability Inclusive Easter Egg hunt. To make this event more sensory friendly, we ask that you sign up for a time slot for your family so the crowds stay low. Time slots will be every hour and a half, an hour for egg hunting and activities and half an hour for volunteers to reset for the next group. It's okay if kids stay past their time to finish an activity. To sign up for a time slot, please go to <https://www.signupgenius.com/go/10C0C49ADAD2BA6F9C16-stanwoodcamano>. All children ages 2-18 are welcome in a stress-free egg hunt. There will not be any pressure to find eggs quickly. Each child can take their time for egg hunting. The eggs will be filled with stickers, but we ask that you empty the eggs and return them for future use. Afterwards, the child(ren) will be able to build a goody bag with the help of their parent and a volunteer. If your child has special needs, please reach out to us prior to the event so we can try to accommodate your child. We will have a craft table, cookie decorating, games, and a quiet corner. The quiet corner will have pillows, blankets and books. While we are focused on kids with disabilities and their families, we welcome the whole community. The whole family is invited.

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AIR BNB - CAMANO ISLAND

Email for private showings and for more info.
YellowSubCamano@yahoo.com





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Our name has changed but we are still Stanwood's Senior Center providing activities, classes, and resources for older adults.

All activities open to older adults from the community.

Stop in for lunch or to pick up a calendar of events.

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Trips	Meals	Transportation
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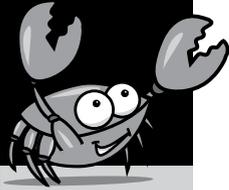
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TheCrab@TheCrabCracker.com

Calendar of Events



CAMANO RIDDLE:

Q: When
Issaquah not a
quah?

A: When it's
Stillaguamish!



SATURDAY, APRIL 1

FAMILY STORYTIME WITH JESUS

10:30am at the South End Library. Enjoy stories, songs, rhymes and creative activities together as a family to enjoy the wonder of God. Jesus will be on Camano Island one night only during his 2023 "Meet Me" Tour to read from His book. A play time or art activity may follow, such as turning water into grape juice or baking 5 loads of bread and two fish.

SATURDAY, APRIL 1

APRIL FOOLS DAY PARTY

With Nick Vigarino. 8-10pm at Stanwood Hotel & Saloon. Don't be an April Fool! Gonna have a blast coming back to the Stanwood Hotel & Saloon ...come kick up some feets!

SATURDAY, APRIL 1

BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.

WD

Wilson Designs

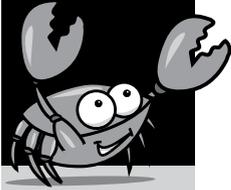
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wilsonpermitting@gmail.com • 360-305-2984

Calendar of Events



SATURDAY, APRIL 1

2023 WINTER/SPRING WALK

FOUR SPRINGS LAKE PRESERVE: Meet at 9:45 a.m. at the parking area of Four Springs Lake Preserve on Lewis Lane. See this beautiful preserve with a walk on the Perimeter Trail including the wetland trail. The distance of the walk is approximately 2 miles. Hopefully, the skunk cabbage will be in bloom! A peek at the day rental Four Spring House and Meadow Room and Barn will be available if there is no rental scheduled that day. NO DOGS PLEASE!

SATURDAY, APRIL 1

STANWOOD HIGH SCHOOL SPORTS

Baseball vs Lake Stevens. 11am and 1pm.

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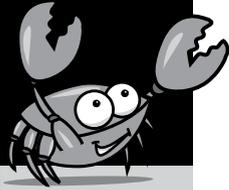


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Calendar of Events



CAMANO RIDDLE:

If a year has
four seasons,
and none
of them are
summer, winter
or fall, what do
you have?

A: Four Springs

SATURDAY, APRIL 1

ANDY KOCH'S BADD DOG BLUES

No Foolin'! Andy Koch's Badd Dog Blues returns for a Saturday Night Blues at the Muse show at 8 pm. Tickets \$12.50 Advance / \$15 Day of Show. You'll be in for an evening to remember as Andy and his band wag their way through the back alleys of the blues – dancing, singing and howling the night away.

SATURDAY, APRIL 1

DANA OSBORN BAND

Sat Apr 1st 7:30pm - 10:00pm at Pub 282. Eclectic mix of old, new, and original dance rock.

SATURDAY, APRIL 1

THE WISDOM OF TRAUMA FREE PUBLIC SCREENING

3-5:30pm at Community Resource Center Stanwood. Free public screening of a documentary called The Wisdom of Trauma. This screening will be in person and virtual and pre-registration is required. The in person screening will have refreshments and a group discussion after conclusion of the film. To register please either email admin@healingconnectionscenter.org.



SATURDAY, APRIL 1

EGGFEST

The Easter bunny has been playing in our pools! Help us collect all the eggs left behind and get a prize. Hosted at all Snohomish County YMCA's (including Stanwood). This event is FREE and open to the community, registration is required. Every person getting in the pool must register for this program. All children under 7 years must have a parent or guardian with them in the water. Register at <https://bit.ly/3Z3KxRA>

SATURDAY, APRIL 1

BINGO NIGHT

Event by Flora & Fauna (1388 State Highway 532 Camano Island). 5-7 pm! What can you win at our bingo nights, you ask?! Plants! Rare plants, (big & small!) & gifts to make your planty heart smile. We'll also have refreshments while we play! This is an all ages event with limited space, so reserve your spot today! More info: (360) 967-0032.

Calendar of Events



DID YOU KNOW?

The roller coaster was invented during the Hundred Years' War as a way of launching supplies across rivers.

SATURDAY, APRIL 1

PUGS-N-PARK

A gathering of pugs and their families from noon-2pm at Henry Hollow dog Park, 876 West Camano Drive, Camano Island.

SATURDAY, APRIL 1

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, APRIL 1

TOY BOAT WORKSHOP

10 am – 2 pm at Cama Beach in the boathouse. Learn how to build a wooden toy boat. You get to bring it home as a souvenir! \$5 suggested donation. Hosted by The Center for Wooden Boats.

SUNDAY, APRIL 2

A DEVOTIONAL LIFE

The public is invited to "Life of the Spirit" - a Zoom Devotional Gathering which will begin with a short video about the spiritual lives of people from all over the world, followed by an open discussion on the subject. The Gathering begins at 11am. Bring your insights, prayers, spiritually centered readings and artistic endeavors. You are welcome to quietly observe also. For the Zoom address, contact the Baha'is of Camano Island at bahaisofcamanoisland@gmail.com

MONDAY, APRIL 3

WONDERS OF THE SALISH SEA - PART 2

Presented via zoom from 7 to 9 pm. An environmental education program designed to awaken a sense of wonder and foster a deep connection in the Salish Sea ecosystem. Suggested donation of \$25 for all 4 nights. Presentations are recorded for later viewing. April 3: What feces can tell us about the health of the Southern Resident killer whales with Deborah Giles, plus Seals and Sea Lions: Ecosystem Allies or Ocean Pests with Joan Lopez. Learn more and sign up at <https://wondersofthesalishsea.com/>

MONDAY, APRIL 3

TODDLER STORYTIME WITH JENNIFER

10:00 AM – 11:00 AM at the Camano Island Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity may follow.

MONDAY, APRIL 3

NAUGHTY BINGO

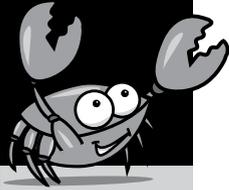
Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

MONDAY, APRIL 3

TRIVIA NIGHT WITH DARREN

6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. Bring your team of up to 6 for a fun night of food, drinks and creative trivia! Free sign up. Win prizes!

Calendar of Events



APRIL FOOL PRANK:

Turn every setting in someone's car to the maximum: the heat, the radio, the wipers, the seats, etc.

TUESDAY, APRIL 4

FAMILY STORYTIME WITH JENNIFER

10am at the Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

TUESDAY, APRIL 4

STANWOOD HIGH SCHOOL SPORTS

JV Baseball vs Lake Stevens. 4pm.

Boys Soccer vs Arlington. JV: 5pm. Varsity: 7pm.

TUESDAY, APRIL 4

BABY STORYTIME WITH VICKY

10:30am at the Stanwood Library. Wiggle, giggle and bond with your baby through stories, happy songs, rhymes, and activities that inspire a love of reading. A play time will follow.

TUESDAY, APRIL 4

LEGO® AFTERNOON

at Stanwood Library. Join us for an afternoon of LEGO®! Build alone or with friends, we'll provide everything you need! Join us anytime between 2 & 4pm. Please register to help us provide enough supplies for everyone. For elementary and middle school age kids. Registration required at <https://sno-isle.bibliocommons.com/events/63ee-aa1587f56d2ee68825bd>.



TUESDAY, APRIL 4

"MY OTHERLAND" FILM SCREENING

Upcoming Community Conversation & Film Screening Event. 5-7pm. Join PFLAG Stanwood-Camano, The Community Resource Center and Ed Wiley Autism Acceptance Library as we screen the film "My Otherland". Filmed in Skagit County by John Bowey, this film documents the life and story of Linden Jordan and the courage of becoming your authentic self. We'll be joined by Linden, his wife & the filmmaker for Q&A after the film!

TUESDAY, APRIL 4

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

Calendar of Events



CAMANO RIDDLE:

Q: What did the Scottish obstetrician say to the new parents?

A: Congratulations, Uts a laddy!

TUESDAY, APRIL 4

90'S NIGHT

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail.com.

WEDNESDAY, APRIL 5

EMPLOYMENT SUPPORT SERVICES

with TRAC Associates, 1-4PM, at the Community Resource Center of Stanwood Camano, Explore career opportunities, complete job applications, write an effective resume and cover letter, prepare for interviews, gain skills for employment, explore training opportunities, etc. Please call Wendy to schedule an appointment at 206-227-5687.

WEDNESDAY, APRIL 5

STANWOOD HIGH SCHOOL SPORTS

Softball vs Jackson. JV: 4pm. Varsity: 6:30pm.

WEDNESDAY, APRIL 5

PRESCHOOL STORYTIME WITH VICKY

10:30am at the Stanwood Library. Share fun books, songs, and creative activities with your preschooler to prepare young minds for the adventure of reading. A play time or art activity will follow.

WEDNESDAY, APRIL 5

ART AFTERNOON

in the Stanwood Library Meeting Room. Open-ended art activities--we'll provide everything you need! Join us anytime between 2 and 4pm. Please register to help us provide enough supplies for everyone. For elementary and middle school age kids. Registration required at <https://sno-isle.bibliocommons.com/events/63ee-aa446b136807e4397493>. More info: (435) 231-4570.

WEDNESDAY, APRIL 5

ONLINE PUB TRIVIA - STAGE, SCREEN, PAGE, AND MP3

7pm. Grab your favorite beverage, call your friends, and settle in for a night of pub trivia – right in the comfort of your own home! Join us for a trivia program that celebrates theater, films, books, and songs. Registration is required. More info: sno-isleonlineTrivia@sno-isle.org

WEDNESDAY, APRIL 5

WEDNESDAY NIGHT TRIVIA!

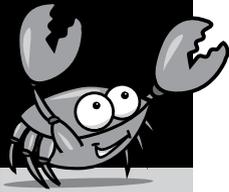
7:00pm - 9:00pm at Pub 282. Starts at 7pm! Test your knowledge on music, history, current events, pop culture & more!

THURSDAY, APRIL 6

TODDLER STORYTIME WITH ALEX

10:30am at the Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

Calendar of Events



APRIL FOOL PRANK:

Paint a bar of soap completely with clear nail polish so it won't suds up.

THURSDAY, APRIL 6

PUBLIC MEETING: GRANT APPLICATION PRESENTATION

Conservation Futures Fund (CFF) Citizens' Advisory Board (CAB) meeting will be held in hybrid format from 3-5pm. Members of the public are invited to attend in person on the Island County campus in Coupeville or via Zoom. Organizations that applied for Conservation Futures funding will present their land acquisition applications before the Board and the public. Time for public comment will be allotted after each presentation. Please contact CFF Coordinator Michala Milewski at m.milewski@islandcountywa.gov for more information.

THURSDAY, APRIL 6

STANWOOD HIGH SCHOOL SPORTS

Varsity Baseball vs Lake Stevens. 4pm.

THURSDAY, APRIL 6

STEM AFTERNOON

Stop by the Stanwood Library for an afternoon of STEM activities--we'll provide everything you need! Join us anytime between 2 and 4pm. Please register to help us provide for everyone. For elementary & middle school age kids. Register at <https://sno-isle.bibliocommons.com/events/63eeab256b136807e43974e8>. (360) 629-3132.

THURSDAY, APRIL 6

TEEN LATE NIGHT

Grades 9-12, 4PM-6:30PM at the Community Resource Center of Stanwood Camano. Teen Late Night is a safe place for teens to come and connect over food & fun. Activities have included outings, classes, celebrations, help with school work and more!

THURSDAY, APRIL 6

RAINY DAY ROOM PLAYGROUP

Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Grown ups and kids will benefit from friendship and community....getting out of the house. www.crc-sc.org.

THURSDAY, APRIL 6

COUNTRY NIGHT - MUSIC AND DANCING

8pm at Beauty Bar Salon + Lounge (10011 270th St NW, Stanwood). Grab your boots and Dancing partner (or find one here)! Dance the night away to all the latest and greatest country hits. Starts at 8pm. Open til 2am! More info: 360-629-2324.



Windermere

REAL ESTATE



VIEW HOME **\$1,697,000**
 Fabulous views and beach rights from this luxury Camano home in the Country Club area. #2043212



VACANT LAND **\$725,000**
 Beautiful legacy property undeveloped and undisturbed 28+ acres on Camano. #1938139



PRE-SALE **\$899,000**
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LOST LAKE **\$339,000**
 Cozy and clean home on a quiet corner nestled in the trees with a new price and many updates. #2035424



VIEW HOME **\$1,650,000**
 Luxury home on the west side of Camano with outstanding views, loaded with Custom details and community trail to the beach. #2040259



VACANT LAND **\$219,000**
 Partially cleared building lot on Camano ready to go—driveway and well are installed, septic permit in hand. #2020793

STANWOOD
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CAMANO ISLAND
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Windermere

REAL ESTATE



WEST SIDE **\$675,000**
Bright and light Camano home has views, updated interiors, new appliances and a spacious yard. #2041817



MADRONA **\$1,495,000**
Newly built NW home on the west side of Camano with spectacular views and guest space or rental space too! #2019365



VACANT LAND **\$250,000**
Five acres in Silvana has a cleared site, approved septic design and well application, plus gated community-build your dream home! #2031623



ROCKY POINT **\$450,000**
Commercial/residential building on Camano currently month-to-month tenants but lots of possibilities. #1928669



VIEW HOME **\$1,495,000**
Captivating views from a perfectly maintained home in the Madrona Beach area of Camano and includes beach rights. #2040321



DRIFTWOOD SHORES **\$998,000**
Port Susan and Cascade views from new luxury single level home on Camano, and close to community beach access. #2034558

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR



CONSUMER ALERT:

STANWOOD HEARING

Exercise caution when purchasing direct-to-consumer hearing products over the counter (OTC) or online. The Attorney General cautions all consumers to beware of medical scams, including the sale of hearing aids by unlicensed dispensers.

The Do's & Don'ts to consider before purchasing an OTC hearing device:

DO's	DON'Ts
Get a professional hearing test to know your personal hearing needs.	Do not buy hearing aids online or over-the-counter without first consulting a licensed professional.
Learn the options for your personal hearing need and discuss them with a professional.	Do not rely on online hearing screenings to diagnose hearing loss. Seek professional help.
Learn your options and what is safe. Seek the help of a professional.	Do not expect the same quality in an OTC aid that you receive from a hearing healthcare provider.

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Near QFC, between Papa Murphy's and H&R Block
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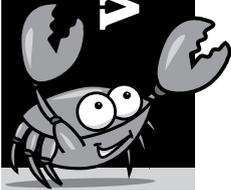
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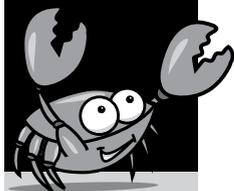
NO GOOD DEEDS

Sometime back I donated stained glass to the new Island County Administration Building, a 7 foot tall by 21 foot long window facing the highway. The editor of the Crab Cracker sent me a link to the Facebook threads from concerned citizens with a note: Don't know whether this will make you laugh or cry. Or both. I'm not a subscriber to any social media and after reading a couple dozen comments from my fellow islanders, I remembered why.

The first critic demanded to know what my window cost us taxpayers and who authorized it and what the hell anyway? Damn government! Damn county! The usual, followed by a few more of the same angry tirades before someone mentioned they thought maybe it was a donation by a local artist. The first writer responded with outrage over what upkeep and maintenance would cost. Are county employees going to do that on the taxpayer dime? A few folks mentioned the artist in question had donated a few other artworks to the area, one even said he was a pretty generous fellow, but mostly the subsequent threads were pissed off screeds. No good deed goes unpunished, not in these partisan times. There's an anger seeping over the land that corrodes any potential for approval or appreciation. That, or the neighbors just don't care for my idea of art, free or not.

Back when we built the Visitor Center I became the de-facto contractor when all I hoped to do was donate the 15 foot by 12 foot stained glass front. I got hate letters, the glass was shot with small caliber bullets, the building itself was the target for repeated assaults by bottles thrown from vehicles by irate taxpayers, some who, in their rage, stopped by to give me a piece of their mind. "Who's paying for this?" they wanted to know. "Are my taxes paying for this?" Invariably I would put down the hammer and reply, "It's your lucky day. Not a dime out of your pocket, pal, all donations, all volunteer labor." To which, almost without fail, they would stomp back to their vehicle, turn and say with no little bitterness, "I still don't like it!!"

I'm betting they still don't.



APRIL FOOL PRANK:

Fill someone's hair-dryer with baby powder.



APRIL FOOL "SPONGE CAKE" CRAFT

MATERIALS NEEDED FOR SPONGE CAKE CRAFT: New kitchen sponge (not natural sponge), Homemade puffy paint using shaving cream, white glue, and food dye (or store-bought puffy paint), uncooked barley (I dyed the barley with a bit of food colouring and water to make the grains look like sprinkles!), offset spatula for "icing" the cake, pompoms (for cherries, etc).

Materials to Make DIY Puffy Paint: Shaving cream (non-gel), white glue, paint or food dye, bowls (one per color).

How to Make Homemade Puffy Paint: Mix together the shaving cream, glue and paint. Add scent, if desired. You can really play around with this recipe — adding more shaving cream if you want a puffy (more delicate) result, or more glue if you want a firmer, less puffy result. Just be careful not to overmix, as that deflates the paint. It keeps well for a couple of days if covered, but is best used right away. Cut the sponges into triangles (an older child can try to help) and let them decorate their cake slices!

Source: <https://sugarspiceandglitter.com/sponge-cake-craft/>



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Photos and Art



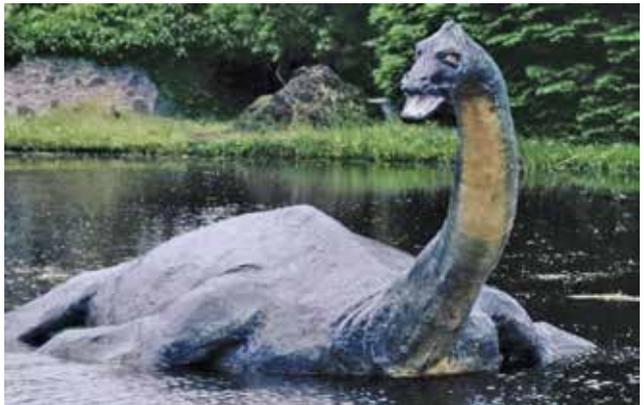
CAMANO RIDDLE:

Q: What sound
does a firecracker
in London make?

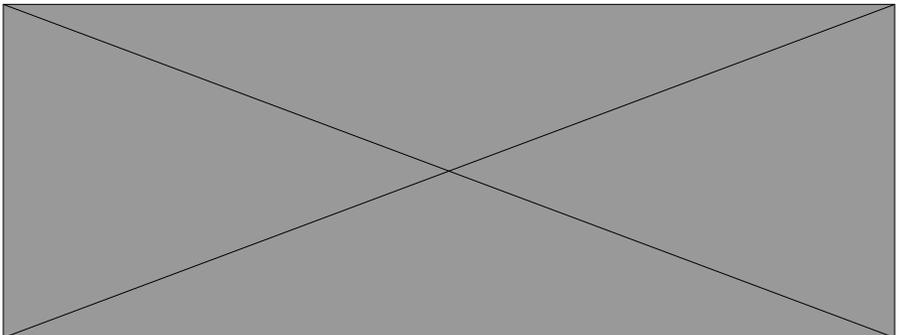
A: An English
Boom



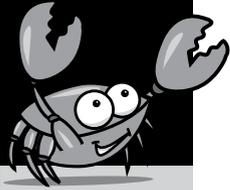
Science Fair rocket launch demonstration at Camano Airfield by 2023 Elger Bay Elementary School Science Fair winner, Hugh Mer.



Tom Heaphy recently captured this image of "Lagoonie" in the Country Club Lagoon, across from Beach #2 on Camano Island. It had been 3 years since anyone reported a sighting of Camano Island's version of the Loch Ness Monster.



Artist of the Week



Are you interested in promoting your art, craft, or live performance?

Email us info or a bio about yourself and we will feature this page to you... and it's all FREE!



"ON KONA'S POND"

Michelle LeFevre has dedicated her life to the learning and growth of children. Not only has she taught hundreds of children throughout her career, but with a degree in Early Childhood Development, she has opened, directed and developed the curriculum for pre-schools in California and Arizona. Michelle created these curriculums with an emphasis on the reading program which she insists is the first step to imagination and creativity. After over 35 years of teaching, she and her husband Steve retired to Camano Island. Here they live on a small pond, teeming with wildlife, alongside their beloved Bernese Mountain dog, Kona. Kona's fascination and gentleness with the wildlife has captivated Michelle from the time he was a puppy. Every morning he seeks out the various animals that fill the area, in and around the pond, creating the whimsical and magical interactions that became the inspiration for this book. It has always been Michelle's dream to write a children's book so that she can share her love of reading with children everywhere. It is her hope that "On Kona's Pond" can help inspire imagination and creativity in all who read it. Many thanks to Michelle's sister, Susan Cousineau McGough, who did a beautiful job of illustrating the book.

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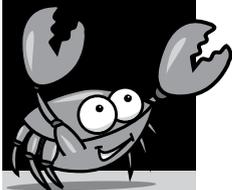
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Business Spotlight



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WB BANANA FARM

Warm Beach Farm LLC has been operating an experimental farm for the past 10 years in the Warm Beach area of Stanwood. They have pioneered new ways to produce, cultivate, and harvest staple food items in innovative, and ecological ways. In 2019 they won the Presidential Eco-Farm Gold Medal for their "WB Truffles", mushrooms produced by recycling residual runoff from the Stanwood Waste Treatment facility. Last year, they discovered that bananas planted in a specific (top secret) way, in specific soils, can be grown in our Northwest climate. Farm owner, Josh Tease, gave us a hint on what their secret is, "platypus urine." The success of their first crop of bananas has garnered them another Gold Medal in 2022. The success was so great (both productively and financially) that now the farm only produces bananas for world-wide distribution. Mr. Tease also informed us that if you wanted to cultivate your own bananas, it's easy to do it in a small scale. Surprisingly, platypus urine is easy to get a hold of. The Camano Plaza, for instance, sells it by the jar, on a shelf, between the maraschino cherries and the chopped nuts.

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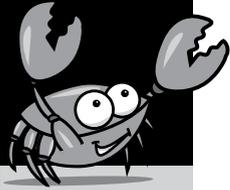
Jim Fay, Owner, Arborist



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Community Information



APRIL FOOL PRANK:

Conference call two people then don't say anything, just listen.

CAMANO ISLAND FIRE & RESCUE SHARES FUNDING PHILOSOPHY

Fire chief: "We want our community to understand how we fund emergency services." Camano Island Fire & Rescue provides fire and life safety services to 17,000 people over 46 square miles, operates under a balanced budget, and has passed all independent financial and accountability audits. The fire department responds to an average of 2,300 calls per year – of which 66 percent are for emergency medical service (EMS). "Transparency and accountability are key to maintaining public trust," Fire Chief Levon Yengoyan said. "We want our community to understand how we are funded. This is a partnership to protect lives and property and we are grateful for the support." How emergency services are funded: Camano Fire is a separate taxing district and is funded by two voter-approved property tax levies: the EMS levy and the regular levy. Although these levies appear on your Island County tax statement, Camano Fire is not part of Island County government and does not receive any funding from Island County. The EMS levy is capped at \$0.50 per \$1,000 of assessed property value and funds a portion of EMS personnel and medical equipment costs. Most of the fire department's funding comes from the regular levy capped at \$1.50 per \$1,000. This levy funds daily operations including the EMS program. The regular levy also pays for most capital projects such as equipment replacements or fire station renovations. "There is a common misconception that revenue for the fire department increases annually by the same amount as assessed property values," Chief Yengoyan said. "That is not the case." You can find the full release on our website at <https://camanofire.com/news/camano-island-fire-rescue-shares-funding-philosophy/>

HOMEBUYING HAPPY HOUR

Register today and enjoy complimentary wine and refreshments while learning how to buy a home in 2023! Angela Coatney from Preview Properties NW LLC hosts this event geared towards buyers looking to learn more about purchasing a home. Co-Host Phill Becraft from Guild Mortgage will share an overview of the lending process. All registered attendees will receive a complimentary wine tasting and light refreshments.*MUST BE 21+, | MUST REGISTER BY 3.30.23 | SEATING IS LIMITED. Register at <https://allevents.in/stanwood/homebuying-happy-hour/10000574822939887>.

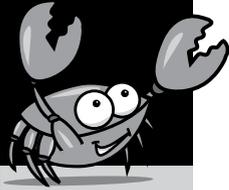


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Community Information

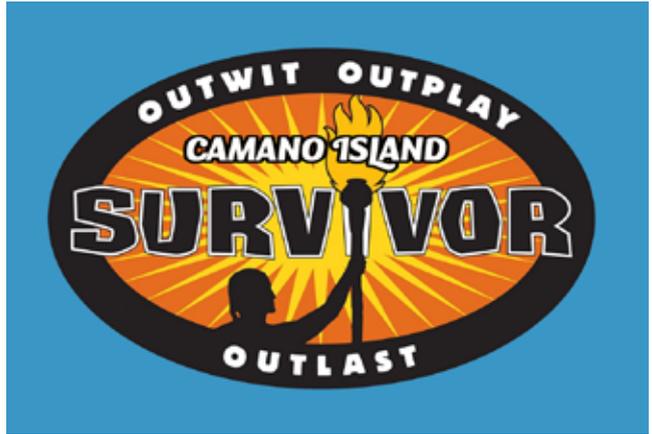


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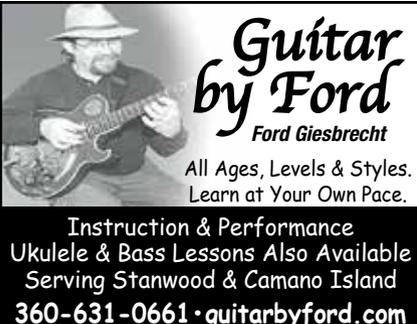


SURVIVOR ON CAMANO

The hugely popular CBS reality show, Survivor will feature Camano Island in it's 2025 season. The show's producers wanted a domestic atmosphere for their 46th season. Instead of filming at an exotic tropical locations throughout the world, CBS put out a casting call for set locations within the United States in 2019. Camano Island representatives, Scott Chase and Jeff Wheeler, sent a proposal and photos to CBS, and CBS approved. A non-disclosure agreement was signed in 2019 and Wheeler and Chase were legally kept silent until now. The agreement went public through CBS on a recent episode of the show, promoting the new Camano Island locale to millions of fans. The two tribes are planned to habitate a stretch of beach between Iverson Trail Preserve and Barnum Point. Filming will begin in 2024 and the show will air in 2025. Jeff and Scott will serve as consultants and advisors.

PLANT-BASED MEAT FACTORY IN STANWOOD

The Twin City Foods building was recently purchased. Initial reports have misled our community into believing that the current building will house a plant-based meat producing company, but in actuality, the current building will be torn down and a new building will be erected, and the building, itself, will be constructed out of plant-based meat.



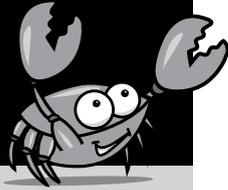
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Community Information



DID YOU KNOW?

Buzz Aldrin left an unsolved Rubik's Cube on the moon after the first visit. The next person on the moon found it, and it had been solved.

MORE THAN A FOOD BANK

Here at the Stanwood Camano Food Bank we are proud to serve our neighbors and thankful for all the support we receive to allow us to continue doing so. We are happy to help make connections in heart of our incredible community. Join our volunteer team today and help us work towards our mission to alleviate hunger and meet the basic needs of individuals and families in our community. We distribute food and other household items each Wednesday 10am-3pm and Saturday 10am- 2pm. Our Thrift Store is open 10-4 Monday through Saturday, where you can shop for treasures, and know that 100% of proceeds go to fund our Food Bank and programs. There are plenty of ways to get involved, for more information please contact (360) 629- 2789 or visit www.stanwoodcamanofoodbank.org.

CLASS OF 2023 ADOPT A SENIOR

Stanwood HS and Lincoln Hill HS. This is fun for our community to "adopt a senior" and celebrate their accomplishments leading up to graduation! Send cards, letters, encouragements, gifts, etc. Join the Facebook group - Stanwood,WA-Class of 2023 Adopt A Senior To Adopt Seniors.



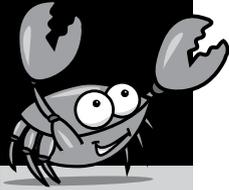
"STILLY HOT SPRINGS"

Global warming has had an impact in our area, as clearly evident in the photo above. The Stillaguamish River, during an extreme low tide, becomes "steaming hot". Just a few feet below the base of the river is an underground stream of lava called "The Stilly Flow". The recent drought and Global Warming has increased the Flow's temperature, as well as reduced the volume of water in the river. So at extreme low tides, the heat of the Flow overcomes the temperature of the river, and you end up with what geologists and volcanologists call a "hot stream". There are only a few documented hot streams on the earth and The Stilly is the only one in North America. The next possible time for this event to occur again is on April 11 at 2:43pm. For information about swimming or boating in such situations, reach out to recreational environmentalist, Yu Werefooled.

LOCAL BIRD FESTIVAL RECEIVES OUTRAGE

The 1st annual Givethe Bird Festival premiered last month in Conway, WA. The festival, named after local ornithologist and birdwatching enthusiast, Paul Givethe, was well received, but for the wrong reasons. Thousands of people were on the streets, in sidewalks, in stores, in parks, etc., giving strangers their middle fingers. Apparently the promotions and marketing for the event were misunderstood, due to a typo on the posters and online media that said, "Give the Bird Festival."

Community Information



GRAB A CRAB CRACKER:

from the box attached to the wall of Camano Gateway building at Freedom Park



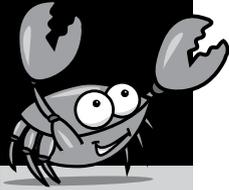
HUGE SPIDER

People were once terrified of the Murder Hornets from Asia. News of the huge insects were reported weekly for years. Then, suddenly, stories died down and now there is rarely any mention of them. Biologists and entomologists and bee educators have been quiet about their theories on what happened to them. However, this past year, it was recently reported in the Island County News that the reason no one has seen any Asian Hornets recently is because they have been wiped out by another invasive species, this time from Italy, the Speckled Mondo Spider. The spider gets its name from the Italian word for "huge". The name is quite fitting because this spider reaches a length of 12.5 inches (measured from the tips of the legs). Just the body alone can measure 6 inches. These spiders build their nests next to bee colonies, with the hopes of snaring small birds and large insects....such as Asian Hornets. Though their size is frightening, a Mondo Spider is not dangerous to humans, but if you have a miniature breed of dog or small cat, be aware, because such small animals could also potentially be trapped in a Mondo web.

CAMA CON 2023

While Seattle recently hosted the Emerald City Comic Con, where tens of thousands of fans donned costumes of their favorite comic and movie superheroes and other characters, Cama Beach State Park held their own Cama Con. With all of the cabins reserved for the weekend event, attendees donned costumes representing one of three categories: marine life, birds, or woodland animals. The parade from the boathouse to the gas pumps and back was led by celebrity Parade Marshall "Rocket Raccoon" of Guardians of the Galaxy fame. The trails and beach were crowded with all sorts of critters: eagles, orcas, otters, seals, salmon, rabbits, barnacles, and so much more. The grand prize went to six innovative kids who flipped a kiddie pool upside down and crawled underneath, moving along the parade route as a colorful jellyfish. Nightfall found many sitting around the campfire, sipping their favorite beverage while singing a variety of songs celebrating the characters they represented. The event was so popular that organizers are preparing for future events, which will rotate from park to park in the northern Puget Sound region.

Community Information



DID YOU KNOW?

There is a marshmallow "Peeps" logo on the back of the hat worn by the Stay-Puft Marshmallow Man in "Ghostbusters."



THE SOUND OF FREEDOM

The recent news that the Whidbey Naval Air Station was applying for permits to convert Camano's north end air strip for its Growler fleet to practice 'touch and go' came as a complete surprise at the last Commissioner hearing this week. At that meeting a Col. Thackeray stressed the importance of alternative practice strips necessary to assure flight readiness. His announcement that federal permits had already been approved, a matter the Colonel insisted was fast tracked as a national priority, caused considerable commotion. County permits and EPA certification were the final steps prior to initiating improvements to runways and tarmac as well as construction of a small control tower and the upgrade of current facilities. Island County commissioners, blindsided by the news, asked why they had been kept out of the process until now, but were told the plans were on a need-to-know basis. National security, the Colonel said, was paramount and a speedy resolution of the permits would insure NAS Whidbey would have the additional training the Growler force required in these perilous times of international instability. One commissioner voiced concerns over jet noise, a subject of recent controversy on Whidbey. Col. Thackeray assured them the jets would not fly between midnight and 6 a.m. unless of course a national emergency dictated additional flight times, but hours of operation weren't completely finalized yet although they would be soon. "Trust your government," the Colonel declared at the conclusion of the meeting. "We fully understand Camano Island's concerns and we'll do our best to be a good neighbor while also maintaining military readiness." Down here on the patriotic South End, the Sound of Freedom will no doubt prove too far north to be heard. The old sign on Whidbey, PARDON OUR NOISE, IT'S THE SOUND OF FREEDOM, got replaced years ago by one that omitted the apology. All I can say is freedom is pretty loud but hopefully the North End residents' patriotism will be a bulwark against the decibels of slow moving reconnaissance jets dropping their property values down to sea level. Me, I'm just glad nobody put an airstrip south of Elger Bay. Yet.... *Photo: Ribbon cutting of Camano's expanded airstrip property, November, 2022. Credit: Jack Archibald.*

Community Information



APRIL FOOL PRANK:

wap out sugar with salt, so when your target groggily goes to enjoy their first cup o' joe, they'll get a surprise. Keep a piping hot, properly made coffee with sugar waiting in the wings to smooth things over if this one goes awry!

2023 CAMALOCH GOLF WOMEN'S LEAGUES

We're looking for ladies interested in golf. This is for ALL skill levels and open to the public. There are two women's leagues at Camaloch Golf Course: the Ladies 18-hole league and the Lassies 9-hole league. You can join whichever works best for your schedule. Both leagues play on Tuesday morning with Ladies tee times from 7:30 - 9:00 and Lassies tee times from 9:00 - 10:00. Leagues start the first week of April and go until October. We also have social events throughout the season including luncheons, fundraisers, etc. For more info please contact Camaloch Golf Course (360-387-3084).



"CRANBERRY CUP" HYDRO RACES 2023

the 1st annual "Cranberry Cup" hydroplane races are coming to Camano Island on June 19. It's namesake is the site of the races, Cranberry Lake, within Cama Beach State Park. A modern Unlimited Hydroplane is capable of speeds in excess of 200 mph. One such boat, locally sponsored by AtTheBeachRealEstate.com, recently won the "Desert Dash" in Glendale, AZ in December. It will be one of 6 racers competing this year at The Cranberry Cup.

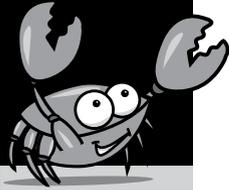
AAUW 2023 \$10,000 SCHOLARSHIPS

The Stanwood-Camano Branch of the American Association of University Women is pleased to announce the opening of the 2023 Scholarship Season. Applications for university students in their junior or senior year or Master's Degree program will be accepted until April 29, 2023. Scholarships of \$10,000 will be awarded to three applicants who are current residents of Stanwood, Camano Island, La Conner, Arlington, or Lakewood area OR are high school graduates of Arlington, Weston (Arlington) Lakewood, Stanwood, Lincoln Hill or La Conner. Applications can be found at our website, www.aauwsc.org/scholarship. Applications are also available at the Washington State Scholarship website, theWashBoard.org.

BLOOMIN' PLANT SALE

RESERVE THESE DATES! Stanwood Greenhouse Production and Horticultural Science classes have been working hard this year to produce a great opportunity for the Stanwood community by producing a fantastic plant sale for this year. Our Bloom'n Plant Sale is back for Year Two at the New High School! Hours will be Wednesdays, Thursdays and Fridays 2:30 p.m. – 5:30 p.m. and Saturdays 10:00 a.m. – 3:00 p.m. Sale starts the last week of April and continues the first week of May. We are growing annuals, perennials, vegetable starts, herbs and many baskets. Like us on Facebook: Stanwood High School Greenhouse.

Community Information



DID YOU KNOW?

Gabi Martorelli, a professor at Virginia Wesleyan University, played an April Fools' prank on her class. She uploaded a link called "Final Exam Answers" to her students' coursework page. However, the link did not lead to the answers at all, but to a video of pop singer Rick Astley singing "Never Gonna Give You Up."



SUMMER SASQUATCH HOWL-INS

Local Bigfoot hunter, Tom Templeton will be hosting monthly howl-ins in Stanwood and Camano Island at "sighting hot spots". Similar to wolf howl-ins, wherein guests howl at night in the woods, attracting return howls from wolves, Tom's events will do the same, but attract the howls from Bigfoots. Bigfoot calls are often compared to a Howler Monkey and Tom has crafted and trained his vocal chords to replicate the natural sounds of a Bigfoot perfectly. In fact, he has already attracted two Bigfoots to his own property on Camano Island in the past few weeks alone. Tom will teach all his guests how to make proper guttural sounds and will carpool them to various locations on Summer nights to "speak" with local Bigfoots. Email Tom for info at TomT@squatchtalk.net.

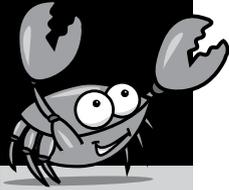
BECOME A HOST FAMILY TODAY!

Impact the life of a student, create friendships and memories, be part of global family, learn a new culture and share your own. The exchange students are 15-18 and come from more than 60 countries. They come for a school year or one semester. They have good English skills, their own spending money, illness and accident insurance, and variety of interests. They are excited to embrace your family traditions and the American culture. Families can be couple with children of any age or no children, single parent with kids of any age, a single person, or empty nesters. Host families are supported by Greenheart local coordinators in your area. Families are asked to provide three meals a day (the student pay for their pown school, a place to study, a separate bed, some transportation, and open communication, patience, flexibility, and encouragement), and a welcoming home with the student as a member of the family. We have students who come on a grant they earned by having good grades, good motivation to succeed, and a positive attitude. You can go to hostwithgreenheart.org. 800-634-4771 if you are interested. For more information contact Charla at the2ms@earthlink.net or 360-659-3603.

APRIL BLOOD DRIVES

A new month is upon us which means a new blood drive is just around the corner! Bloodworks NW will be back to the Stanwood Foursquare Church on April 11th & 12th. As of this morning, we have roughly 18 spots left to fill. Signup Link: <https://schedule.bloodworksnw.org/DonorPortal/GroupLanding.aspx?s=876B>

Community Information



APRIL FOOL PRANK:

When a person's away from their computer, press the keyboard shortcut CTRL + ALT + Down Arrow if they use Windows.

If they are on a Mac, go to System Preferences. Hold Command and Option while clicking on Display, and then hit the '180' option.

This will flip their computer screen upside down.

2023 POKER NIGHT

in Support of the Camano Law Enforcement Support Foundation (CLESF). Saturday, April 29, at Arrowhead Ranch, 615 Arrowhead Rd, Camano Island. This is the major annual fund raiser for this foundation that solely supports deputies, volunteers of the Island County Sheriff's Department assigned to Camano Island, and the Washington State Park Rangers on Camano Island. There will be dinner, beverages, raffles, visiting, & Texas Holdem Poker. The evening will start at 4 P.M. (suggest being there no later than 4pm). There is plenty of parking, with seating for 75. Dress for comfort. ***This event is by invitation only, no "drop ins"***. More Details To Come, For Questions Please Contact Us: <https://www.clesfoundation.org/> OR call 360-387-5050 or 360-389-2824.

SLOW DRIVERS' ROUTE

A new driving route for drivers who prefer to drive under the speed limit throughout Camano Island is being planned by Camano Island mayor, Jo King. Numerous collisions and road rage incidents have been occurring recently, with the majority of incidents citing frustration with following drivers who continuously drive 10 miles under the speed limit. Camano resident and transportation architect, April Fewle, proposed a new road at a recent meeting and it was passed by a majority vote. Construction of the new road will be started on April 1, 2023, just before Good Road. The new road, to be called "Camano Byway", will wind through the center "spine" of the island, north to south, with tributary streets that access main roads. Starting May 10, 2024, any drivers who intend to drive under the posted speed limit must exit SR 532 onto Camano Byway.

MCGLINCHY CAMANO CLIMB BIKE RIDE

Sunday, April 30. Ride 15 to 103 miles, then celebrate with appetizers at SAAL Brewing. Event hosted by / benefits: B.I.K.E.S. Club of Snohomish County and Stanwood Camano Kiwanis. Bike local / Drive friendly. More info: bikesclub.org/mcclinchy

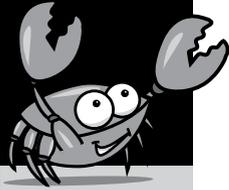
PROJECT POSITIVE CHANGE

Attention Camano Island and Stanwood community members! Project Positive Change, a local nonprofit based in Stanwood and Camano Island, is seeking volunteers and community support to help us continue our mission of providing healing, addressing PTSD, and supporting veterans, front-liners, and others who serve our communities. We are creating Positive Change Centers that will positively impact our local community, and we need your help to make it happen. If you're looking for a way to make a difference in the lives of those around you, we invite you to join our team. Contact us today to learn more about how you can get involved and make a positive impact. Thank you for your support!

"A TRIBUTE TO THE WRITTEN WORD"

at Matzke Fine Art Gallery and Sculpture Park, 2345 Blanche Way, Camano Island. How language, books and journals have influence Artists. The show is open every Friday, Sat. and Sunday. 11 to 5. Artists: Robert Gigliotti, Randal Leek, Deb McCunn, Anita Mayer, Patricia Resseguie, Teresa Smith, Dinah Steveni, Lori Vonderhorst, and Donna Watson. 360-387-2759 www.matzkefineart.com.

Community Information



DID YOU KNOW?

The first copy of the Oxford English dictionary is missing the word "dictionary"



CASA NEEDS FOSTER HOMES

Kitten season is upon us. We already have already had some pregnant cats who have come to the shelter. These cats would prefer to be in a foster home while they await the birth of their babies. Sadly, these cats are the hardest to get into a foster home because the length of time in foster is longer. It can take up to 3 months for a cat who is mid-way through her pregnancy for the entire process to be completed - waiting until the birth and then waiting until kittens reach 2 months of age. BUT – mother cats are the easiest because the care a person needs to give is much less than fostering a litter without a mother. Mothers usually do a very good job of caring for their litter and they just need you to safely house them, socialize with them, feed, change litter, and nurture the natural process. Have you been thinking of how you can make a difference? Here is your chance. We ultimately need every role of foster - from those who are interested in learning about bottle feeding to those who simply have a warm bathroom or extra room in their home where a mother and her babies can stay temporarily! We could also use puppy foster homes to have on standby in the event if an emergency, but our greatest need is kittens, with or without moms. <http://www.camanoanimalshelter.org>.

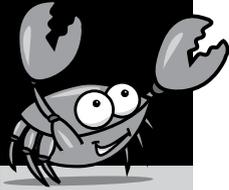
CAMALOGH JR. GOLF

will start May 4th, 2023 for Boys and Girls ages 10 thru 17. Sign up entry forms will be available at the Camaloch Pro Shop starting April 3rd. Additional information: Bill McG 360 387 0203 L. msg.

COMMUNITY LUNCH

Community Meals are available at The Camano Center every Wednesday except on holidays. Come join us and share in the spirit of community. Lunch 11:45 a.m. – 12:30 p.m. Beginning May 1, they will have two days per week (Monday and Wednesday).

Community Information



APRIL FOOL PRANK:

Unwrap a lollipop, replace the candy with a Brussels sprout, then re-wrap the treat to present to your unknowing kiddos. Celebrate after the prank with real lollies.



CAMANO: WORLD RELIGIOUS HERITAGE SITE

Camano Island was recognized as a World Religious Heritage Site, declared by Pope Francis in January, 2023. Camano Island has the unique distinction of being the only natural geological formation in the world with the shape of Jesus Christ. Looking at the image above, you can clearly see, in the negative space on the right, a full profile of Jesus, in a praying pose. His head, nose, mouth, arms, praying hands, and robe are evident. This recent revelation, discovered by Islander James Shipley, has prompted a future visit by Pope Francis to Camano Island in late summer with delegates from the Vatican, and will likely generate pilgrimages from all around the globe.

LITTLE SPROUTS GARDEN CLUB

Free, hands-on, nature-based, learning opportunities for 0-5 years and their parents/caregivers in the Community Resource Center Garden. Planting, tending, harvesting, and cooking locally-grown foods. Enjoy nature and garden-based activities, stories, circle times, and other open-air activities.

ARTS & CULTURE RECOVERY GRANT

New funding opportunity! We're accepting applications for our Arts & Culture Recovery Grants. These grants are intended to help our creative economy recover and grow after the devastating impacts of the last three years. A thriving arts and culture sector is important for our economy, and is part of what makes the county an ideal place to live, work, and play. Snohomish County arts and culture industries lost approximately 30% of their workforce between 2019 and 2020. Applications due April 14th. More info: <https://www.snohomishcountywa.gov/CivicAlerts.aspx?AID=2579>.

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Financial Advisor

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CASA'S PET OF THE WEEK:

This handsome man is **MERLE!** He's about a year old, and is one half of a bonded pair—meaning that Merle would have to be adopted out with his brother, Darryl. They love to snuggle with each other and seem to just be good buddies for one another. They take a little time to warm up to most people, but once they understand you're "safe" they don't mind getting a few pets and scratches.

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

Hi! I am **ROCKEY!** I am the cutest, most adorable puppy you have ever seen. I am going to need a home that can give me some PAWSome reward based training so that I can grow up to be the absolute best dog I can be! I have heard some people say that teenagers are hard to live with but I don't think so! Please bring any other dog friends in the home to meet me today at The NOAH Center!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

GIRLIE is a lovely lady who is a friend to everyone. She is loving and gentle and has impeccable manners. You can take Girlie anywhere. This girl is absolutely perfect. YOU MUST visit www.save-a-mutt.org/adoption-application/ to fill out an application before meeting any dogs. We are foster-based rescue with no facility.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org

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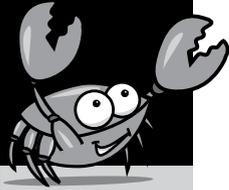
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Classes and Workshops



Boating Course, Coast Guard and WA approved, Saturdays April 29, May 6, 9am - 1 p.m., Tuesday May 9, 6 - 8 p.m., Haggen Burlington, or zoom, \$40, or \$50 for two sharing book, ssboatschool@hotmail.com, Mark Richey 425-876-6274.

Yoga for Beginners Five Week Session Tuesdays 6pm. Prepare you with the first steps toward a regular practice. Sign up through movementars.com or call 360-629-9100. Next Sessions: Apr 11-May 9, May 30-Jun 27. Space is limited, sign up early. \$9

Virtual Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

YogaTone 4-Class Course April 16, May 21, June 18 and July 16-3pm. Good for your Happy Cells! YogaTone is a uniquely curated class, incorporating movement, dance, yoga, breath, and positive sweat. Each class includes a yoga-based core warm up and a relaxing come-down at the end. No prior experience needed. If you like to move and groove, this may be the class for you. YogaTone is practiced in bare feet and is no/low impact. \$85. Space is limited to 15, sign up early to secure your spot in class. movementars.com.



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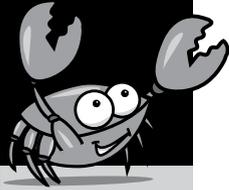

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LEMON SUGAR COOKIES WITH LEMON BUTTER-CREAM FROSTING

Delicious lemon infused sugar cookies piped with pretty lemon buttercream rosettes!

LEMON SUGAR COOKIES: 3 c. all-purpose flour; 1 tsp. baking powder; 1/8 tsp. salt; 1 c. butter, softened; 1 c. granulated sugar; 1 lg. egg; 1 tsp. vanilla extract; Zest of 1 lemon; 2 T. lemon juice; Wilton lemon yellow gel food coloring, optional

LEMON BUTTERCREAM FROSTING: 3/4 c. butter, softened; 1 1/2 tsp. vanilla extract; 3 T. milk; Zest of 1 lemon; 3 T. lemon juice; 6 c. confectioners' sugar (about 1-1/2 lbs); Yellow sparkling sugar, optional

DIRECTIONS: 1. Preheat oven to 350 degrees. Line 3 baking sheets with parchment paper; set aside. 2. **COOKIES:** In a medium bowl, whisk together the flour, baking powder and salt; set aside. 3. In the bowl of a stand mixer using the whisk attachment, cream together the butter and sugar until light and fluffy, about 2-3 minutes. Add the egg and vanilla extract, lemon zest and lemon juice; beat for another minute. 4. With the mixer on low, gradually add the flour mixture; beat until all of the flour is incorporated, scraping the sides of the bowl as needed. The mixture will look crumbly at first; keep blending until the dough begins to pull away from the sides of the bowl. Using a toothpick, add a small amount of yellow gel food coloring if desired; beat until well combined, adding more until you reach desired shade of yellow. 5. Remove half of the dough from the bowl and form into a smooth ball. Roll the dough ball out onto a lightly floured work surface to 1/4-inch thick (do not make them thinner, you want the cookies to be on the thick side) and cut into 3-inch circles with a cookie or biscuit cutter. Repeat with remaining dough. 6. Place 8 cut-out cookies per baking sheet. Bake for 8-10 minutes or until the edges are slightly golden and the centers are just barely set. 7. Cool cookies on baking sheet for a minute or two, and then carefully remove them to a wire rack to cool completely before decorating. Yields: 24 3-inch cookies. 8. **FROSTING:** In the bowl of a stand mixer using a whisk attachment, beat butter, vanilla, milk, lemon juice and zest for 30 seconds. Add in confectioners' sugar 1 cup at a time until you reach your desired consistency. (If frosting is a bit too thick add more milk a teaspoon at a time.). 9. Transfer frosting to a piping bag with a Wilton 2D drop flower tip. Begin piping in a tight circle in the middle of the cookie. Continue piping frosting in a circular motion until you reach the outside of the cookie. Sprinkle frosted cookies with yellow sparkling sugar. 10. **Cook's Note:** Frosting will set but don't stack the cookies that have been frosted with a rosette or you'll squish them. Cookies frosted with an offset spatula can be stacked once set.

MEDICARE QUESTIONS?

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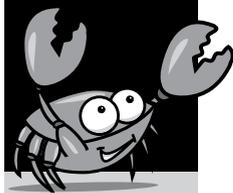
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WANTED:

Wanted: Someone to translate small diary from Norwegian to English. Please call or text: 360 631-8551 or email: dlunnum@kendra.com Thank you.

Considering a career in Real Estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Marla at marla@windermere.com for more information. windermere-stanwoodcamano.com.



Art at the Farmers Market Fine Arts & Gifts Show

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- 19193 State Route 534 Mt Vernon, WA 98274



TIDE TABLES / SARATOGA PASSAGE / MARCH 24 - APRIL 6, 2023

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 24	Low	1:07 AM	3.2	
24	High	7:07 AM	11.8	
24	Low	1:39 PM	-0.1	
24	High	8:18 PM	10.7	
Sa 25	Low	1:53 AM	4.7	
25	High	7:38 AM	11.4	
25	Low	2:20 PM	-0.4	
25	High	9:19 PM	10.5	
Su 26	Low	2:42 AM	5.9	
26	High	8:12 AM	10.7	
26	Low	3:04 PM	-0.3	
26	High	10:26 PM	10.3	
M 27	Low	3:42 AM	7.0	
27	High	8:50 AM	9.9	
27	Low	3:51 PM	0.1	
27	High	11:47 PM	10.1	
Tu 28	Low	5:08 AM	7.7	
28	High	9:35 AM	9.1	
28	Low	4:46 PM	0.7	
W 29	High	1:22 AM	10.1	
29	Low	7:22 AM	7.7	
29	High	10:39 AM	8.3	
29	Low	5:49 PM	1.2	
Th 30	High	2:37 AM	10.3	
30	Low	8:46 AM	7.0	
30	High	12:03 PM	7.9	
30	Low	6:59 PM	1.5	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 31	High	3:28 AM	10.5	
31	Low	9:33 AM	6.3	
31	High	1:26 PM	7.9	
31	Low	8:04 PM	1.5	
Sa 1	High	4:03 AM	10.6	
1	Low	10:05 AM	5.6	
1	High	2:35 PM	8.2	
1	Low	8:58 PM	1.5	
Su 2	High	4:27 AM	10.6	
2	Low	10:29 AM	5.0	
2	High	3:30 PM	8.6	
2	Low	9:41 PM	1.6	
M 3	High	4:45 AM	10.7	
3	Low	10:50 AM	4.2	
3	High	4:16 PM	9.0	
3	Low	10:19 PM	1.8	
Tu 4	High	5:01 AM	10.8	
4	Low	11:11 AM	3.2	
4	High	4:59 PM	9.5	
4	Low	10:55 PM	2.3	
W 5	High	5:19 AM	10.9	
5	Low	11:35 AM	2.2	
5	High	5:42 PM	9.9	
5	Low	11:30 PM	3.0	
Th 6	High	5:39 AM	11.0	
6	Low	12:02 PM	1.1	
6	High	6:25 PM	10.2	



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