

THE CRAB CRACKER

ISSUE 350
April 21 - May 4, 2023

EARTH DAY EDITION!



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway

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STANWOOD VETERANS MEMORIAL & AMERICAN LEGION POST #92

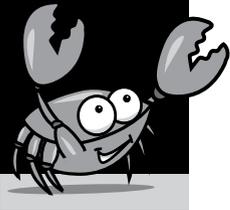
MEMORIAL DAY PROGRAM

**May 29, 2023 • 11:00 am
at Anderson Cemetery**



*Keynote address by
Commanding Officer, Naval Station Everett,
Captain Joshua Menzel*

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Find us on:
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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: "I was all set to paint flowers, but at the last moment, I decided to paint with paper instead." – Diane Dodd.

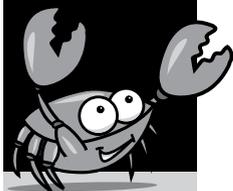


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Submission DEADLINE: APRIL 26 for Next Edition (May 5-18, 2023)

Calendar of Events



DID YOU KNOW THIS ABOUT RECYCLING?

Spring fever brings Spring planting. Save your plant pots for our annual plant pot exchange Sept. 16th located on Can Ku Rd. behind CASA. Bring pots...take pots. It's a big exchange! - Waste Wise - Island County

FRIDAY, APRIL 21

MINIMUM WAGE BAND

7:30pm - 10:00pm at Pub 282. Brought together through chance and happenstance, the boys of Minimum Wage bring to you a wide range of experience and a variety of genres that merge into a blend of toe-tapping and dance happy sets of Rock and Roll that covers decades of great music.

FRIDAY, APRIL 21

STANWOOD HIGH SCHOOL SPORTS

Boys Soccer vs Snohomish. JV: 5pm. Varsity: 7pm.

FRIDAY, APRIL 21

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. Conversation friendly. No cover.

FRIDAY & SATURDAY, APRIL 21 & 22

Y-RIDES

Bicycle ride for adults and very competent young riders. Friday at 5pm & Saturday at 10am. Rides start/finish at the Stanwood YMCA north parking lot. Fluid for hydration & tire-flat-repair stuff & the ability to use it are highly recommended. More info: Lawrence Baum at camanosail@camano.net



SATURDAY, APRIL 22

EARTH DAY AT THE CRC

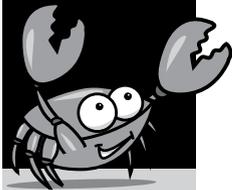
1-3pm. Join us at Community Resource Center of Stanwood Camano (across from Stanwood library) for Earth Day! All ages welcome. Bring the whole family for fun learning with butterfly & ladybug habitats, games, garden sensory bin, rock painting, planting table, crafts, and a door prize! More info: 360-629-5257.

SATURDAY, APRIL 22

ATLANTICS

8pm - Conway Muse Hayloft Stage. Put on your dancing shoes, and get ready to have some fun - these guys deliver the beat! \$16 pre-sale / \$17.50 Day of Show. All sales final at show time.

Calendar of Events



EARTH DAY

Earth Day originated in the US but became recognized worldwide by 1990.

SATURDAY, APRIL 22

EARTH DAY CELEBRATION

Come visit the farm and celebrate God's green earth with us on Earth Day. We will have farm walks, a short choir performance, and plant starts for your garden. For the plant sale, we will have veggies, flowers, herbs, fruit trees, berries. Our farm store will also be open with some season selections.

SATURDAY, APRIL 22

FOOD FOREST DESIGN FOR HOMEOWNERS - THE LOW MAINTENANCE EDIBLE LANDSCAPE

11am at the Community Resource Center of Stanwood-Camano. Using permaculture, ecological design and sustainable construction, horticulturist Jessi Bloom aims to integrate people and the land by helping participants create highly functional and beautiful outdoor spaces. Join us as we welcome Jessi's passion and mission to preserve the natural ecological balance in the great Pacific Northwest (and beyond) and to ensure a healthy, regenerative living environment for generations to come. More info: (360) 629-3132.

SATURDAY, APRIL 22

EARTH DAY EVENTS AT CAMA BEACH

Guided Hike to Cranberry Lake: 9:30 am – 11 am. Meet at the Cama Beach Drop-Off Shelter. Join our interpretive specialist on a fun and informative walk to Cranberry Lake. **Low Tide Beach Walk:** 11:30 am – 1:30 pm. Meet near the break in the sea wall on the south end of Cama Beach. Join our volunteers to learn about the critters who live in the Salish Sea. **Earth Day Beach Cleanup:** 2 pm – 4 pm. Join us in helping to keep Cama Beach beautiful and litter free! Meet near the break in the sea wall on the south end of Cama Beach. **Solar Wind:** 8-10 pm. Join us at the Cama Center for a unique and artistic evening presentation about our solar system. Using planetarium software, huge 3D projections of slowly rotating planets will be accompanied by abstract images and a kinetic live soundscape. Composer and visual artist, Rob Angus, will create a sound field of ambient acoustic sounds that will slowly circle the audience while astronomer Eric Muhs narrates and describes the solar system imagery.

SATURDAY, APRIL 22

JIMMY WRIGHT BAND

7:30pm - 10:00pm at Pub 282. Catering a wide variety of music!



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Milieu Salon's FIRST ART SHOW

featuring...

Lani Schonberg

is a local contemporary landscape and seascape painter who showcases the rugged beauty of the Pacific Northwest. Her unique style encompasses the playfulness and beauty expressed by nature.

Douglas "Dick" Oman

is an award-winning portrait and wildlife photographer living in La Conner. His photographs have been published in National Geographic, Life, Sports Illustrated and Alaska Airlines Magazines.
Douglasomanphotography.com

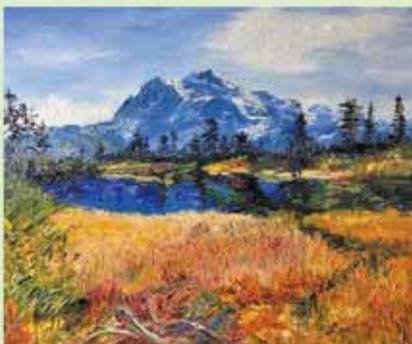
Saturday April 29th, 11am-6pm

Artist Reception Saturday, 4-6pm

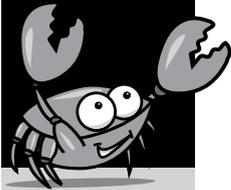
& Sunday, April 30th, 11am-4pm

Location: Milieu Salon,
9520 271st NW, Stanwood
Phone: 360-629-5352

<https://www.milieusalon.com>



Calendar of Events



EARTH DAY

In 2009, the UN designated April 22 as International Mother Earth Day.



SATURDAY, APRIL 22

PLANTS AND POLLINATORS: BFFS

1-3pm at the Camano Island Library. Join us for a fun-filled Earth Day celebration for the entire family! We will be hosting a community seed exchange as well as some exciting hands-on educational experiences and crafts for kids centered around the all-important pollinators of our planet. Come and see actual specimens of pollinators like insects and bats up close. Attendees are urged to bring seeds to share, but it is not required. This event is FREE and open to all. We will try and have enough seeds for everyone to take some home. Contact us with questions (360) 387-5150.

SATURDAY, APRIL 22

FREE MICROCHIP CLINIC AT CASA

Rain or shine. Cats and Dogs. The Camano Animal Shelter Association is having a FREE microchip clinic in a secure indoor space from 11 a.m. to 4 p.m. at the shelter on East Camano Drive. Let's make sure more dogs and cats are provided this life saving form of identification! Initial microchip registration is also free and shelter staff register them for you. You do not have to be a Camano Island resident; the event is open to all. Dogs and cats must be privately owned pets, able to be handled, cats in a carrier, dogs on a leash, AND BE AT LEAST 2 LBS AND 2 MONTHS OLD. 360-387-1902

SATURDAY, APRIL 22

STANWOOD HIGH SCHOOL SPORTS

Varsity Baseball vs Monroe. 6:30pm.



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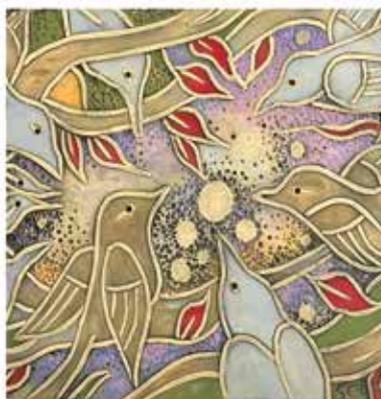
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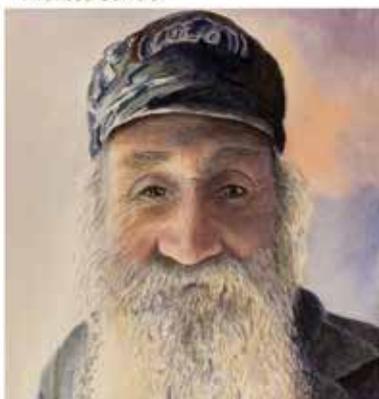
Susan Cohen Thompson



Melissa Jander



Nicki Wight



Susan Foster-Breton

Mother's Day Weekend

MAY 12-14
10am - 5pm

Encore Weekend

MAY 20-21
10am - 5pm



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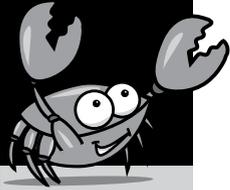


ARTS
ASSOCIATION



Made possible in part by assistance from the Snohomish County Hotel-Motel Tax Fund, Island County Tourism Fund, the City of Stanwood and our Sponsors.

Calendar of Events



EARTH DAY

US Senator Gaylord Nelson founded Earth Day after witnessing a massive oil spill that leaked millions of gallons of oil off the coast of Santa Barbara in 1969.

SATURDAY, APRIL 22

“SEA LEVEL RISE IN PUGET SOUND”

For Earth Day, Dr. Ian Miller of WA Sea Grant presents an informative and interactive talk on the climate-driven sea level rise in Puget Sound. Dwellers on Washington's seismically active, highly exposed shores face a daunting range of natural and human-induced hazards. Some are continual and inexorable, such as climate-driven sea level rise. Some are commonplace phenomena, such as winter storms, seasonal flooding, and bluff erosion. And some are rare but cataclysmic events: major earthquakes and tsunamis. Registration required. 5 pm at Camano Library. To Register: <https://sno-isle.bibliocommons.com/events/63ff8b2203cc7d2800a0f394>.

SATURDAY, APRIL 22

SPRING SHRED EVENT

Stanwood/Camano Rotary Club 2023 Spring Shred Event! Donation's support: Coats for Kids, Scholarships for High Schoolers, Rotary Club, Copan Honduras project, Other various charities & projects sponsored by Rotary and Greenworks of Washington. 10am-12pm at 9025 271st ST NW WAFD Insurance/Bank Offices. Recommendation is \$20 per box.

SATURDAY, APRIL 22

GARDENING CLINIC

The Snohomish County Masters will be hosting a clinic at Hagen today between 10 & 2. Please come visit us with your gardening questions. (It is very helpful if you can bring samples or pictures of gardening problems with you so that we can do a proper diagnosis of your concerns.). Hope to see you there!

SATURDAY, APRIL 22

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, APRIL 22

TOY BOAT WORKSHOP

10 am – 2 pm at Cama Beach in the boathouse. Learn how to build a wooden toy boat. You get to bring it home as a souvenir! \$5 suggested donation. Hosted by The Center for Wooden Boats.

SATURDAY, APRIL 22

COMMUNITY SEED SWAP!

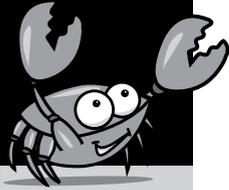
To help celebrate Earth Day, the Camano Island Library will be hosting a family event that will include a community Seed Swap. Questions? Call Kelli at 360-387-5150.

SATURDAY, APRIL 22

NORDIC BAKE SALE

9am-3pm at Norway Hall in Conway, WA. Stop by for some sweet delights, local crafts and check out our Birdhouses for sale. More info: 360-435-3727.

Calendar of Events



SATURDAY, APRIL 22

STANWOOD LACROSSE 3RD (SORT OF) ANNUAL SPRING BENEFIT AUCTION

Come join us for our annual Dinner Auction to support Stanwood Lacrosse. We will enjoy a fun evening, dinner and awesome items to bid on. 5-10pm at Camano Country Club, 1243 Beach Drive. Get tickets at www.eventbrite.com/e/lacrosse-auction-tickets-586465432897



SUNDAY, APRIL 23

CELEBRATE EARTH

10am-2pm at Camp Killoqua, 15207 E Lake Goodwin Rd, Stanwood. Join us as we celebrate the earth! We will have different activities, crafts, and more going on through out the day. Come for a short time, or bring a sack lunch and stay for the whole event. Bring your family and friends, this event is open to the community!

YOU'RE INVITED TO **Listen at the Links**

STANWOOD HEARING

Date: Friday, May 19, 2023

Time: 11:00am – 2:00pm

Place: Camaloch Golf Course, Clubhouse Chalet
326 NE Camano Dr, Camano, WA 98282

Lunch will be served.

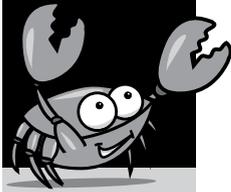
Each attendee will receive a bucket of balls for the driving range to use while test driving the hearing aids!

The all new Oticon Real™ reduces wind and handling noise with their Wind and Handling Stabilizer – perfect for golfers!

Call **(360) 502-4644** today to reserve your spot and a bucket of balls! Appointments are limited.



Calendar of Events



MONDAY, APRIL 24

WONDERS OF THE SALISH SEA - PART 4

Presented via zoom on 4 Monday evenings from 7 to 9 pm, Wonders of the Salish Sea is an environmental education program designed to awaken a sense of wonder and foster a deep connection in the Salish Sea ecosystem. The Salish Sea is one of the largest inland seas in the world. Discover the wonders of this uniquely biodiverse, yet fragile, marine ecosystem with the guidance of local marine scientists, naturalists, and environmentalists. Suggested donation of \$25 for all 4 nights. Presentations are recorded for later viewing. Today's topic: Kelp restoration, charismatic Cephalopods (Octopuses!) of the Salish Sea. Learn more and sign up at <https://wondersofthesalishsea.com/>

MONDAY, APRIL 24

STANWOOD HIGH SCHOOL SPORTS

Girls JV Tennis vs Arlington. 3:30pm.

JV Softball vs Kamiak. 4pm.

JV Baseball vs Monroe. 4pm.

MONDAY, APRIL 24

LITTLE SPROUTS GARDEN CLUB

10:30am at Stanwood Camano Community Resource Center (across from Stanwood Library). Free, hands-on, nature-based, learning opportunities for 0-5 years and their parents/caregivers in the CRC garden, including planting, tending, harvesting and cooking locally-grown foods. Enjoy nature and garden-based craft activities, stories, circle times and other open-air activities.

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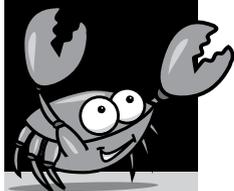
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[SnohomishCASA](http://SnohomishCASA.org)



Calendar of Events



EARTH DAY

The very first Earth Day sparked an environmental movement and led to the creation of the National Oceanic and Atmospheric Administration (NOAA) and the US Environmental Protection Agency (EPA) later that year

MONDAY, APRIL 24

NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

MONDAY, APRIL 24

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. Bring your team of up to 6 for a fun night of food, drinks and creative trivia! Free sign up. Win prizes!

TUESDAY, APRIL 25

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

TUESDAY, APRIL 25

90'S NIGHT

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail.com.



TUESDAY, APRIL 25

HUMAN TRAFFICKING: WASHINGTON STATE UNDER A MICROSCOPE

with Velma Veloria. 6pm Online event. Human Trafficking is one of the fastest growing criminal industries in the world. Former State Representative Velma Veloria has worked since the mid-1990s to understand, hinder, and reduce human trafficking. In 2003, then Representative Veloria sponsored the historic House Bill 1175, which led Washington to set the stage for the local and national anti-trafficking movement by becoming the first State in the nation to criminalize human trafficking. In this event, Velma will share about her labors in anti-human trafficking and the state of this terrible form of exploitation today. Registration is required. Contact us with questions: askus@sno-isle.libanswers.com

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LET'S RIDE Outdoor Cycle Group

NEW COMMUNITY PROGRAM

Let's ride outside as a group. Volunteer leaders, Lawrence and Bob will lead these local rides. Come prepared with your bike, helmet, proper clothes, water, and snacks. Be prepared to fix your own flat tire. Distance and pace TBD by group consensus.

Fridays at 5pm and Saturdays at 10am.

Meet at the Stanwood YMCA south parking lot.

More info: camanosail@camano.net

Four Springs House for your next event



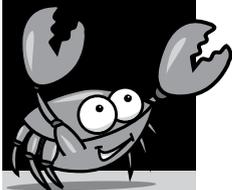
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fourspringshouse@co.island.wa.us**

Calendar of Events



EARTH DAY

It's estimated that over a billion people participate in Earth Day every year, making it the largest secular observance in the world. [

TUESDAY, APRIL 25

TUESDAY TECH TIPS

Wanda is available from 10am-noon at the Camano Center, 606 Arrowhead Rd) to assist you with general or specific questions regarding your Windows based operating systems (no Macs). Call 360-387-0222 to make an appointment for one-on-one assistance. Drop-ins with quick questions are also welcome. Bring your laptop.

TUESDAY, APRIL 25

STANWOOD HIGH SCHOOL SPORTS

Boys Soccer vs Mountlake Terrace. JV: 5pm. Varsity: 7pm.
Varsity Softball vs Shorecrest. 6:30pm.

WEDNESDAY, APRIL 26

STANWOOD HIGH SCHOOL SPORTS

Girls Varsity Tennis vs Marysville Pilchuck. 3:30pm.
Baseball vs Archbishop Murphy. 4pm.

WEDNESDAY, APRIL 26

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, APRIL 26

MINDFUL REFLECTION THROUGH ART

10:30am at the Camano Island Library. April Theme: Mining Your Authentic Self - Excavating the Gem that YOU Are!!! Designed for participant's individualized expression through mindful reflection, using the teacher's guided and uniquely created art modality of combining images and words to navigate emotions, stress, anxiety, trauma and/or specific challenges. This class is presented in collaboration with the Stanwood Camano Arts Advocacy Commission. Contact us with questions: (360) 387-5150 or askus@sno-isle.libanswers.com

THURSDAY, APRIL 27

CHRIS EGER

7:30pm - 10:00pm at Pub 282. Very few musicians are said to be extraordinary examples of excellence in any one genre of music. Even fewer can be described as exceptional across multiple. When considering Chris Eger fits into the latter category as both a guitarist AND vocalist, it is no doubt an especially rare gift.

Mabana Flames Auxiliary

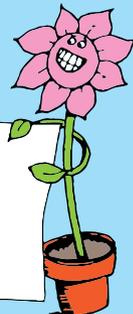
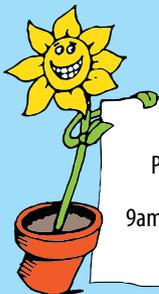
ANNUAL PLANT SALE

Saturday, May 6, 2023

Perennials, tomato plants, annuals, fuschia hanging baskets & our wonderful bake sale.

9am-1pm at Mabana Fire Station, 3651 S. Camano Drive, Camano Island

MORE info: (760) 390-2436





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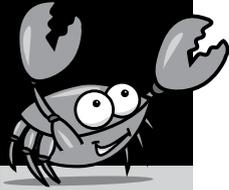
Closing Date: Sunday, April 30th, 2023

Camano Water Association (CWA) is looking to fill the role of Water System Technician. The individual chosen for this position will be under the direct supervision of the Operations Manager, who is responsible for routine operations, systems operations, equipment maintenance, water sampling, and customer service. As such, whether a candidate has prior experience or not, our current Operator will be responsible for deciding the day-to-day scope and workload of the successful candidate. This list of possible work duties is not exhaustive, and any/all tasks considered within the scope and spirit of the position are expected to be undertaken by the successful candidate. The position is a full-time, non-exempt (hourly) employee. Please Note: On-call work is a prerequisite for this position.

While experience and prior certifications in the water field are preferable, they are not a requirement initially. A minimum of one year's experience in a physically demanding job is needed for serious consideration for this role, due to the physical requirements of the position. The role does include on-the-job training, as well as ongoing mandatory certification training outside of the Association itself. Training opportunities will be determined over time depending on the initial skill and abilities of the successful candidate. A final salary determination will be based upon experience in the water business (if any) at hiring.

For the full job description and application form, please visit the following links at camanowater.com:
<https://camanowater.files.wordpress.com/2023/03/cwa-fieldtechjobdescription2023.pdf>
<https://camanowater.files.wordpress.com/2023/03/cwajobapplication.pdf>

Calendar of Events



EARTH DAY

On the very first Earth Day, more than 2,000 colleges and universities, 10,000 public schools, and 20 million citizens participated -- which was about 10% of the US population at the time.

THURSDAY, APRIL 27

TEEN LATE NIGHT

Grades 9-12, 4PM-6:30PM at the Community Resource Center of Stanwood Camano. Teen Late Night is a safe place for teens to come and connect over food & fun. Activities have included outings, classes, celebrations, help with school work and more!

THURSDAY, APRIL 27

RAINY DAY ROOM PLAYGROUP

Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Grown ups and kids will benefit from friendship and community....getting out of the house. www.crc-sc.org.

THURSDAY, APRIL 27

COUNTRY NIGHT - MUSIC AND DANCING

8pm at Beauty Bar Salon + Lounge (10011 270th St NW, Stanwood). Grab your boots and Dancing partner (or find one here!) Dance the night away to all the latest and greatest country hits. Starts at 8pm. Open til 2am! More info: 360-629-2324.

THURSDAY, APRIL 27

CAMANO ISLAND LIBRARY FRIENDS

The Friends will meet at 3pm in the Community Room at the library. To usher in Spring, our guest speaker will be Susan Foster-Brereton, a local Camano artist. One of her watercolors is featured on the cover of the 24th Annual Camano Island Studio Tour brochure. The Friends raise funds to support programs and events at the library, free to all ages. Visit the Friends at camanolibraryfriends.org.

FRIDAY, APRIL 28

BINGO NIGHT

at Elger Bay Elementary Gym. Doors open at 5:30pm. Game starts at 6pm. Join us for some family fun! Pizza, bingo, prizes & concessions.

FRIDAY, APRIL 28

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. Conversation friendly. No cover.

FRIDAY, APRIL 28

CHILL DEVILLE

7:30pm - 10:00pm at Pub 282. Playing a fun, wide ranging mix of classic rock, blues, R&B and a few originals.

FRIDAY, APRIL 28

LADIES NIGHT

Join us 5-8pm at Arrowhead Ranch (615 Arrowhead Rd., Camano) for ladies night! Create memories while you enjoy taking a throw at Axe throwing, come hang out with us, while you enjoy some food and beverages with a chance to win prizes. Purchase your tickets today-spots fill fast. Get tickets at <https://www.arrowheadranchcamano.com/events>.



Reimagined For Your Home's
SPRING OPEN HOUSE



Saturday April 29 12-4PM

Located at Doilies 2 Doorknobs
 8713 271st St NW, Stanwood, WA 98292

@reimaginedforyourhome

Meet Mrs. Paint Pixie • Free Make & Take • Gift Basket Drawing



Lincoln Hill Retirement Community

Formerly Stanwood Senior Center

Our name has changed but we are still Stanwood's Senior Center providing activities, classes, and resources for older adults.

All activities open to older adults from the community.

Stop in for lunch or to pick up a calendar of events.

We are here for You.

Trips	Meals	Transportation
Classes	Social Get Togethers	Support Groups
Room Rentals	Medical Equipment	Wellness Programs
Older Adult Resources	Fitness Classes	Arts & Crafts
Special Events	Espresso/Coffee Bar	Cards & Games

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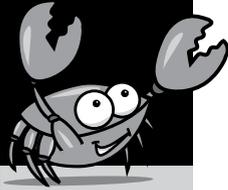
EMAIL:

darrowscarpets@frontier.com

27028 - 99th Ave. NW • Stanwood • Next to Ledum's Floral

TheCrab@TheCrabCracker.com

Calendar of Events



EARTH DAY

Over 95% of primary and secondary schools in the US and millions of schools globally observe Earth Day each year.

FRIDAY, APRIL 28

STANWOOD HIGH SCHOOL SPORTS

Girls Freshmen Tennis vs Everett. 3:30pm.

Varsity Baseball vs Archbishop Murphy. 4pm.



FRIDAY, APRIL 28

DEBBIE DIMITRE PORTRAYS "BERTHA KNIGHT LANDES", FIRST WOMAN MAYOR OF SEATTLE

7- 8:30 PM. Back by popular demand! Come and see one of the greatest storytellers. Debbie Dimitre will captivate you while she portrays the daring story of Mrs. Bertha Knight Landes, who in 1926 became not only Seattle's first woman mayor, but the first woman mayor of any major metropolitan city in the United States! Debbie Dimitre's transformation into the characters she portrays is truly amazing! We have been honored to have Debbie perform many other important women of our time and it always amazes us how stellar her performances are. Tickets are \$15 each and can be purchased on our website at camanoschoolhouse.org (Upcoming Events). We are located at 993 Orchid Rd, Camano Island (just off Chapman Dr.).

FRIDAY-SATURDAY, APRIL 28-29

CAMANO COUNTRY CLUB & COMMUNITY GARAGE SALE FUNDRAISER

8am to 4pm at Camano Country Club clubhouse. Start your spring cleaning and save your stuff to donate at our annual community garage sale! All proceeds benefit the CCC Clubhouse. 1243 Beach Drive.



SOCIAL DANCE CLASS

Learn to partner dance!

FUN & EASY

No dance experience or partner necessary!

DROP-INS WELCOME

Sign up for regular updates at
www.socialdancesimplified.com/camano

Social Dance Simplified

WHEN:

Fridays 4:00-5:00 pm

WHERE:

Camano Center

606 Arrowhead Rd
Camano, WA 98282

\$15 per person / \$25 for couples
\$10 for Camano Center Members

Starting
May 5th!





Home Comfort
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from Stanwood for 10+ years!*

Your Hometown Choice for Heating, Cooling & Electrical!

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We live where you live! Contact our Comfort Expert, Nate, today for a free in-home estimate for your heating & cooling needs!

Let me know you saw our ad in the Crab Cracker for \$100 Off!



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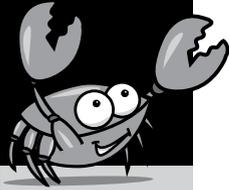
Care for you.
Care for each other.

**Care to
keep you
healthy.**

For more information, visit:
SkagitRegionalHealth.org/BeWell



Calendar of Events



EARTH DAY

On Earth Day 2012, more than 100,000 people rode bikes in China to reduce CO2 emissions and save fuel.

SATURDAY, APRIL 29

SOUTH CAMANO GRANGE BREAKFAST

8-11am at the South Camano Grange, 2227 S Camano Drive. Enjoy breakfast with your neighbor. Pancakes or French toast served with scrambled eggs, ham & sausage, along with coffee, juice, or tea. Social distancing will be maintained. Please wear a mask!

SATURDAY, APRIL 29

CARS AND COFFEE

7am-10am at 848 N Sunrise Blvd, Camano Island. Free Event by The Baked Cafe at Camano Commons Marketplace. You provide the cars, we provide the coffee! All cars welcome. Lets fill this place up!



SATURDAY, APRIL 29

YOUR TREES AND OUR CHANGING ENVIRONMENT

1pm at the Camano Center, 606 Arrowhead Rd. Would you like to know more about Pacific Northwest trees and some of the current challenges to health some may be undergoing? Are you aware of a change in a favorite tree? Please join us to learn more about our shade giving friends within the surrounding landscape. You will hear possible ways to supplement health of different, native tree species and hopefully come out of the talk with a better understanding of tree needs and desires, especially when normal symptoms of stress are seen. A question-and-answer period follows a brief presentation. Please be aware there may be frank discussion as we look creatively towards a sustainable, treed future. Sal Noeldner is an ISA Board Certified Master Arborist TRAQ (with Puget Sound Tree Care LLC) who lives and works locally. He loves his wife, cats, and kids.

TORY CHARETTE AGENCY



Tory Charette
Agency Owner

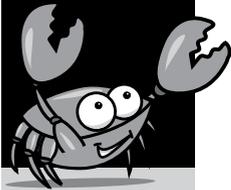


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10101 270TH ST NW STE 210 • STANWOOD
360-629-0174 (OFFICE) • 253-250-6887 (CELL)
TCHARETTE@FARMERSAGENT.COM • TORYCHARETTE.COM

Calendar of Events



EARTH DAY

Using a dishwasher is more eco-friendly than hand-washing dishes, according to a recent study from the University of Michigan.

SATURDAY, APRIL 29

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, APRIL 29

TOY BOAT WORKSHOP

10 am – 2 pm at Cama Beach in the boathouse. Learn how to build a wooden toy boat. You get to bring it home as a souvenir! \$5 suggested donation. Hosted by The Center for Wooden Boats.

SATURDAY, APRIL 29

LOCAL AUTHORS OF YOUNG READERS BOOK SIGNING

12-2pm at Wit's End Books Stanwood, 10123 270th St NW. Teens, tweens and kids are encouraged to visit with fantasy authors B.E. Padgett, "The Guardian of Whispers," and Brittany Tucker, "Noah's Not So Super Summer." Attendees will have the opportunity to purchase a signed copy of the books. The free event is in celebration of Snohomish County Indie Bookstore Week.

SATURDAY, APRIL 29

ARROWHEAD RANCH SOAP BOX SERIES 2023

Rally Races are a perfect way to try out the sport and learn more about how to compete at the All-American Soap Box Derby. The National Rally Race Program allows participants to earn points by racing in various Rally Races throughout the United States and Canada. More info: <https://www.arrowheadranchcamano.com/events>.

SATURDAY, APRIL 29

JOEL ASTLEY BAND

8 pm - Conway Muse Hayloft Stage. Catch a rising star! Fun times hosted by talented players. Saturday Night Blues at the Muse brings you the best blues performers around. \$17.50 advanced tickets / \$20 Day of Show. All sales final at show time.

SATURDAY, APRIL 29

CD WOODBURY

7:30pm - 10:00pm at Pub 282. Award winning contemporary blues, roots, rock, and multi-genre guitarist, vocalist and songwriter.



**Guitar
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Ford Giesbrecht

All Ages, Levels & Styles.
Learn at Your Own Pace.

Instruction & Performance
Ukulele & Bass Lessons Also Available
Serving Stanwood & Camano Island
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Stanwood United Methodist Church

~ Open Hearts, Open Minds, Open Doors ~

In-Person Sunday Service at 10:00am.
Live Online Services available at 10:00am at
www.stanwoodumc.org or on our Facebook
page at: Stanwood United Methodist Church.

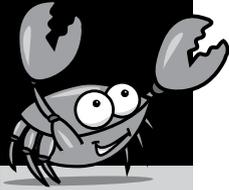


A Reconciling Congregation

360-629-9555

27128-102nd Dr. NW,
Stanwood, WA 98292
www.stanwoodumc.org
Handicapped Accessible
Pastor Justin White

Calendar of Events



EARTH DAY

Electronic devices plugged in on "standby" mode can account for 5 to 10 percent of a household's energy use.

SATURDAY, APRIL 29

RE-IMAGINEERED OPEN HOUSE

Noon to 4 pm at Doilies 2 Doorknobs. Learn about the line of Paint Pixie products, chalk paint, primers, sealers, etc. We will have free make and take projects plus drawings every hour for gifts and at 4 pm there will be a drawing for a gift basket full of Paint Pixie products.



SATURDAY, APRIL 29

CONFLICT '23 MINIATURE WARGAMING DAY

Camano's Annual Miniature Wargaming Event. 10am-5pm at the Camano Multi-Purpose Center at 141 E Camano Dr, Camano. FREE TO ATTEND - ANY EXPERIENCE LEVEL - DEMO GAMES - HOBBY VENDORS. To share the world of MINIATURE WARGAMING on the tabletop, we would like ALL LEVELS OF INTEREST & ABILITY to feel welcome as we display, talk, and play games in the genres of fantasy, science fiction, and history. Get to know local gamers, introduce new people to the hobby, and get some quality time in with like-minded people. Find our group & event on Facebook!

SATURDAY, APRIL 29

E-CYCLE

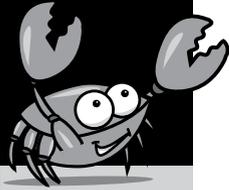
9am-2pm (during Stanwood's Clean Sweep Event - we will be open for ALL though, not just Stanwood residents), across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects. More info: 425-231-2924.

SATURDAY-SUNDAY, APRIL 29-30

MILIEU SALON'S FIRST ART SHOW

(Artist Reception Saturday, 4-6pm). Featuring: Lani Schonberg is a local contemporary landscape and seascape painter who showcases the rugged beauty of the Pacific Northwest. Her unique style encompasses the playfulness and beauty expressed by nature. Douglas "Dick" Oman is an award-winning portrait and wildlife photographer living in La Conner. His photographs have been published in National Geographic, Life, Sports Illustrated and Alaska Airlines Magazines. douglasomanphotography.com. Saturday 11am-6pm, Sunday 11am-4pm at 9520 271st NW Stanwood. More info: 360-629-5352.

Calendar of Events



EARTH DAY

One of the most popular Earth Day songs is Earth Anthem, which was written in 2013 by Indian poet Abhay Kumar.

SUNDAY, APRIL 30

COME CELEBRATE EARTH DAY AND ARBOR DAY

by helping to clean up the island! Our trash pick up is 10am to 12pm. Meet up at Four Springs Preserve for parking, check in, and to get your equipment. We will be cleaning up our adopted road, Camano Hill. Join us! Get out in the sunshine and move your body, meet great people, and contribute to your community. Wear good shoes, bring your own garden gloves if you'd like to (not required), and be sure to have pockets or a satchel to make your life easier. See you then!

SUNDAY, APRIL 30

WHO ARE THE BAHAI'S?

If you've ever wondered "Who are these Baha'is?," Rainn Wilson (Dwight from The Office) shares his quirky common sense perspective in his video, "What is the Baha'i Faith?" The Zoom Video Presentation will be the subject for a Life of the Spirit Devotional sponsored by The Baha'is of Camano Island. It will be followed by open discussion and sharing. The Gathering begins at 11am. It lasts no more than 90 minutes. Please feel free to bring your insights, prayers, spiritually centered readings and artistic endeavors. You are welcome to quietly observe also. For the Zoom address, please contact the Baha'is of Camano Island at bahaisofcamanoisland@gmail.com mailto:bahaisofcamanoisland@gmail.com

MONDAY, MAY 1

TODDLER STAY AND PLAY

10am at the Camano Island Library. This is an opportunity for children, birth to kindergarten, and their caregivers to come play with fun and educational toys provided by the library. During this time, caregivers and children will engage in in-person play, socialize with others, and reconnect with the library. Drop in anytime during this event. Contact us with questions: (360) 387-5150.

MONDAY, MAY 1

NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

WORLDLY SPLENDOR

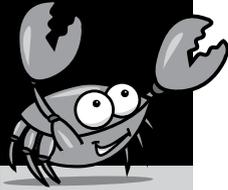
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YOUR PLACE FOR ANTIQUES, FINE ART, DECOR,
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(360) 488-3250 sgvploog@gmail.com

Calendar of Events



EARTH DAY

The U.S. generates 4.9 pounds of waste per person per day

MONDAY, MAY 1

STANWOOD HIGH SCHOOL SPORTS

JV Girls Tennis vs Mountlake Terrace. 3:30pm.

Boys Soccer Vs Lynwood. JV: 5pm. Varsity: 7pm.



MONDAY, MAY 1

LITTLE SPROUTS GARDEN CLUB

10:30AM-11:30AM at Stanwood Camano Community Resource Center (across from Stanwood Library). Free, hands-on, nature-based, learning opportunities for 0-5 years and their parents/caregivers in the CRC garden, including planting, tending, harvesting and cooking locally-grown foods. Children also have opportunities to enjoy nature and garden-based craft activities, stories, circle times and other open-air activities.

MONDAY, MAY 1

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. Bring your team of up to 6 for a fun night of food, drinks and creative trivia! Free sign up. Win prizes!

MONDAY-TUESDAY, MAY 1-2

SUMMER SEWING CAMP OPEN HOUSE

Makers Northwest Sewing Studio on Camano Island is hosting 3-day Summer Sewing Camps during June-August. Come today for an information / open house / sign ups. 7-8:30pm at 1123 Rolling Drive, Camano Island. More info: Meg Hart: 425-780-8104 or info@maker-snw.com (additional open house dates: May 11-12)



PLEASE JOIN US
— For —
**HOME BUYING
& HAPPY HOUR**



A FREE drink on us!

**APRIL 18
MAY 23**

6-7 PM
FREE ENTRY

OUTBACK STEAKHOUSE
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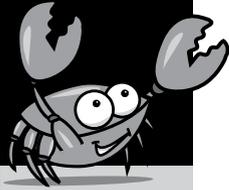
Register online at www.elevennw.com/happyhour

Michelle Malers - Realtor® - RE/MAX Elevate
michellemalersinc@gmail.com - (206) 819-3802

Emily Stenger - Realtor® - RE/MAX Elevate
emilystenger@remax.net - (360) 913-4797

Lori Johanson - Senior Loan Officer - Cross Country Mortgage
Lori.johanson@ccm.com - (425) 275-3800

Calendar of Events



EARTH DAY

The book 'Silent Spring' was a catalyst for Earth Day.

As a marine scientist, Rachel Carson became concerned over what humans were doing to the world's fragile ecosystems. Her 1962 release "Silent Spring," was a book foretelling the dangers of pesticides and other environmental hazards.

TUESDAY, MAY 2

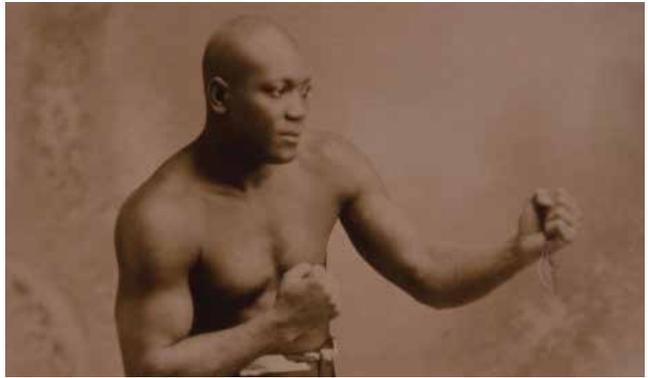
CHAT WITH THE SCHOOL BOARD

The Stanwood-Camano School Board wants to hear from you! Board members look forward to listening and learning about the communities' opinions, suggestions, and concerns. There is no agenda for these events; they are completely informal and anyone can attend. Today's chat is 6-7pm with Director Charlotte Murry at Stanwood Middle School.

TUESDAY, MAY 2

FAMILY STAY AND PLAY!

10am at the Camano Island Library. This is an opportunity for children, birth to kindergarten, and their caregivers to come play with fun and educational toys provided by the library. During this time, caregivers and children will engage in in-person play, socialize with others, and reconnect with the library. Drop in anytime during this event. Contact us with questions: (360) 387-5150.



TUESDAY, MAY 2

UNFORGIVABLE BLACKNESS, A KEN BURNS DOCUMENTARY, PART 1

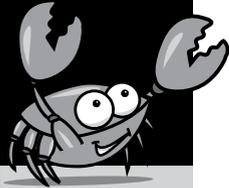
2-3:30 PM at the Camano Island Library (Part 2 is on May 4). Join us for a viewing of the documentary Unforgivable Blackness, The Rise and Fall of Jack Johnson, a documentary by Ken Burns. The film follows Jack Johnson's remarkable journey from his humble beginnings in Galveston, Texas, as the son of former slaves, into the brutal world of professional boxing, where, in turn-of-the century Jim Crow America, the heavyweight champion was an exclusively "white title." Contact us with questions (360) 387-5150 or askus@sno-isle.libanswers.com.

TUESDAY, MAY 2

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

Calendar of Events



EARTH DAY

The EPA was formed because of Earth Day

TUESDAY, MAY 2

90'S NIGHT

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail.com.

TUESDAY, MAY 2

TUESDAY TECH TIPS

Wanda is available from 10am-noon at the Camano Center, 606 Arrowhead Rd) to assist you with general or specific questions regarding your Windows based operating systems (no Macs). Call 360-387-0222 to make an appointment for one-on-one assistance. Drop-Ins with quick questions are also welcome. Bring your laptop.

WEDNESDAY, MAY 3

ONLINE PUB TRIVIA - BROADWAY SHOWS

7pm. Grab your favorite beverage, call your friends, and settle in for a night of pub trivia – right in the comfort of your own home! Join us for Online Pub Trivia - Broadway Shows! Registration is required. Contact us with questions: askus@sno-isle.libanswers.com.

WEDNESDAY, MAY 3

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, MAY 3

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Tennis vs Shorecrest. 3:30pm.

Varsity Girls Softball vs Edmonds Woodway. 6:30pm.

THURSDAY, MAY 4

TEEN LATE NIGHT

Grades 9-12, 4PM-6:30PM at the Community Resource Center of Stanwood Camano. Teen Late Night is a safe place for teens to come and connect over food & fun. Activities have included outings, classes, celebrations, help with school work and more!

~ EVENTS CONTINUE ON PAGE 30 ~

FIRST THURSDAY
IN MAY
**National
DAY OF PRAYER**
PRAY BOLDLY FOR OUR COUNTRY



Windermere
REAL ESTATE



MADRONA **\$1,395,000**
Close to one of the most desirable Camano beaches, newly built NW home on the west side. #2019365



WATERFRONT **\$1,650,000**
Spectacular Lake Goodwin home beautifully updated, gorgeous views and includes dock and boat lift. #2051049



CAVALERO **\$899,000**
Beautifully maintained Camano home on a large corner lot with partial view and community beach access. #2050900



DRIFTWOOD SHORES **\$998,500**
Fabulous, new single level home with upscale finishes, water and mountain views, beach access. #2034558



OCEAN SHORES **\$345,000**
Beach cottage just blocks from the ocean sold fully furnished, move-in ready, a perfect get-a-way! #2052486



NORTH END **\$550,000**
Great Camano location, 2-level home with ADU and shop needing TLC on 2.5 acres. #2053624

STANWOOD
7359 267th St. NW, #D
360.629.8233



CAMANO ISLAND
818 N. Sunrise Blvd.
360.387.4663



Windermere

REAL ESTATE



MADRONA **\$1,395,000**
 Captivating views from wonderful Camano home with lovely landscaping and beach access. #2040321



NORTH END **\$5,750,000**
 One-of-a-kind Legacy Estate on 11 acres privately perched 280' of waterfront within a double gated community. #2053368



PRE-SALE **\$879,000**
 Offered by Titan Homes, and just a few left to choose from, PreSale homes in the Sedy's Hill Community in Stanwood. #2021141



WEST SIDE **\$1,650,000**
 Bluff luxury home with tremendous views and trail to a sandy beach, putting green, sports court, and lower level studio. #2040259



NORTH END **\$1,075,000**
 Tranquility, privacy and acreage with two beautiful Camano homes plus outbuildings, gardens and ponds. #2045502



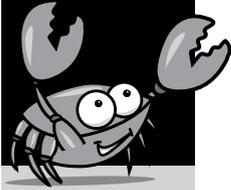
FINISTERRE **\$1,175,000**
 Panoramic 180-degree views from nearly every room in this beautiful North Camano home. #2052865

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR



Calendar of Events



THURSDAY, MAY 4

RAINY DAY ROOM PLAYGROUP

Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Grown ups and kids will benefit from friendship and community....getting out of the house. www.crc-sc.org.

THURSDAY, MAY 4

COUNTRY NIGHT - MUSIC AND DANCING

8pm at Beauty Bar Salon + Lounge (10011 270th St NW, Stanwood). Grab your boots and Dancing partner (or find one here)! Dance the night away to all the latest and greatest country hits. Starts at 8pm. Open til 2am! More info: 360-629-2324.

THURSDAY, MAY 4

UNFORGIVABLE BLACKNESS, A KEN BURNS DOCUMENTARY, PART 2

2-3:30pm at the Camano Island Library. Join us for a viewing part 2 of the documentary Unforgivable Blackness, The Rise and Fall of Jack Johnson, a documentary by Ken Burns. The film follows Jack Johnson's remarkable journey from his humble beginnings in Galveston, Texas, as the son of former slaves, into the brutal world of professional boxing, where, in turn-of-the-century Jim Crow America, the heavyweight champion was an exclusively "white title." Contact us with questions (360) 387-5150 or askus@sno-isle.libanswers.com.

STANWOOD'S BEST KEPT SECRET!

Twin City Sportsmen's Club

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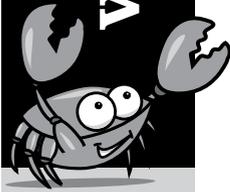
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OPEN: Every Saturday starting April 1st, 10am-2pm

Inquire for Private Events

Moonshine Wisdom & Wit



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the *SKEETER DADDLE DIARIES* at www.skeeterdaddle.net



GRANDPARENTING FOR DUMMIES

My parents, when us little sprouts were growing up, never made much of a fuss over us. If we got good grades, they nodded approvingly. And if we didn't, they told us to buckle down and smarten up, school wasn't some game. They never came to our sports events to watch their star kids play and we were glad they didn't because, well, to be honest, we weren't stars. We were just your basic kids, vanilla, ordinary, okay.

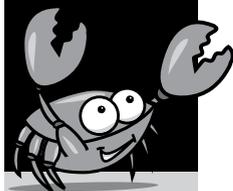
When they became grandparents, however, things changed. Their grandkids, my god, they were Einsteins, they were football stars, they were just all around Wows. My friends who have grandkids have those same kids, all of them the smartest, best looking, most talented brats you ever had the privilege to hear bragged about. I don't know, maybe if I had kids, they'd be superheroes too. But I didn't and I bet they wouldn't be if I did.

When I look back at my childhood (okay, the early years, not the present years), I drifted through sandlot baseball games, marbles, some fights, some homemade soap box derby races, all the stuff we hoodlums did back in the halcyon days of Eisenhower's America. I didn't think I had to be a genius. Or a basketball star. Or a movie actor. My folks didn't push us munchkins out into a competitive universe with a prescription for failure by convincing us we were God's gift to the free world. We were encouraged to try stuff, everything from track and field to chess to debate clubs, but they didn't come down and play soccer mom and get into fights with the coach or the parents of our opponents. They'd ask how it went and if we got our butts kicked, they said better luck next time. These weren't life and death competitions.

I worry that we're trying too hard now. Sure, we'd all like to think that the fruit that fell near the tree is special, the sweetest, the tastiest, the fastest growing, the most flowers. But I suspect we just set the kids up for disappointment. Ballet. Dropped out. Lacrosse. Never really liked it. Cheerleader. Couldn't do a head stand. Choir. Had a tin ear. Academics. Got a C+. Life. Just normal.

My folks accepted normal. So did we. What they wanted for us was happiness. It's not a bad wish. In their own hands-off way, they taught us how to get there.

Kid's Korner



EARTH DAY

The flag, which features an image of Earth as viewed from space, was designed by environmental advocate John McConnell in 1968.



NO MESS PAINTING IN A BAG EARTH CRAFT

If you are looking for a quick and easy Earth Day craft for kids then this mess free Earth craft is perfect!

To create our No Mess Earth Day Painting, you will need: white paper plates; large plastic zip bags (Brand name seems to be the most durable and yes, we reuse these to be earth friendly! Just wash out and hang upside down to dry!); washable green and blue paint

I dumped out a bit of green and blue paint on each kid's plate then placed the plates inside the bags and sealed them. Both our five year old and our two year old loved smushing the paint around to create their Earth. This was fantastic fine motor practice for them. I loved how I could have both kids simultaneously painting in our living room without worrying about a mess! Once the whole plate was covered in paint I carefully removed them from the bag to let them air dry.

Source: www.stillplayingschool.com

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Jim Fay, Owner, Arborist

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EARTH DAY WORD SEARCH

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 Y U P S E E I R Y R A S A P E
 C V R Y N Q R E P K C T W R M
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Photos and Art



EARTH DAY

The theme for Earth Day 2023 is "Invest In Our Planet."



Spring Pansy. Photo by Debby Gerhardt.



Overgrown boat on Camano Island. Photo by Bonnie McPhail.

WHALECOME HOME TO CAMANO ISLAND!

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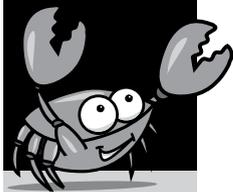


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Artist of the Week



Are you interested in promoting your art, craft, or live performance?

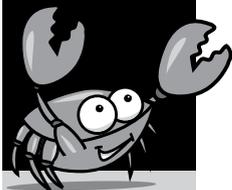
Email us info or a bio about yourself and we will feature this page to you... and it's all FREE!



STUDIO TOUR GALLERY SHOW

This year during the CAA Studio Tour, the Camano Firehouse on Orchid Road will burst from the seams with all the art from the Stanwood Camano Arts Guild in a brand-new Gallery show! In 'Tours' past, visitors could find this same group of artists showing their work at the Guilded Gallery in Stanwood, but this year is a little different. While our Gallery closed at the end of last year, that didn't stop this group of dedicated artists from finding other ways to share their art with our local community. In fact, with this bigger venue, we are able to showcase many more of our artists than ever before! The old location in downtown Stanwood was able to house about 18 local artists' works, but the Firehouse will have over 30+ artists in residence for both weekends of the 2023 Studio Tour! 30 years ago this year, the Stanwood Camano Arts Guild was founded to encourage and support local artists, provide mentorship and scholarship to new artists and to connect our artists with the local community. We are honored to continue this tradition this year alongside the Camano Art Association during their annual Studio Tour. Similar to years past, 'the Guild' will again highlight several Featured Artists. These Featured Artists are those very talented member artists whose craftsmanship we find to be especially skilled, unique and completely lovely; and this year is no exception! Photographer Jo Jones captures local landscapes, flowers, and animals in stunning detail. Oil Painter Resha Hanson's happy graphic art inspired landscapes, animals and food designs are full of detail and color. Trillium Tinworks is a sister collaboration whose vintage tinware earring designs are always charming, beautiful and unique. Watercolorist Artist Sharon Snelling's gorgeous work has been recently recognized in The Northwest Watercolor Society's annual membership exhibition, Waterworks Online. Stop #12 on the 2023 CAA Studio Tour, the Stanwood Camano Arts Guild will be located at 993 Orchid Rd, just off Chapman Road and next to the historic Schoolhouse on Camano Island. This location is also considered an Easy Access Location with no steps/stairs and lots of wheelchair access and parking. The Firehouse Show will be open for both Mother's Day Weekend: May 12-14th, 10am-5pm and the Encore Weekend, Sat-Sun 10am-5pm.

Business Spotlight



Are you interested in promoting your business or organization?

Email us info or a bio about your business and yourself and we will feature this page to you... and it's all FREE!



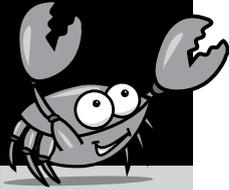
CAMANO FIT

After wrapping up my work at The Picnic Pantry, I am excited to start gearing up for an active spring ahead in my new personal training business. I've been passionate about fitness my entire life and I'm so excited to now have the time to focus on working with others and their fitness goals. I have been certified as a personal trainer by a scientific and well respected school, NASM. I have taken courses which allow me to specialize in senior fitness and have also become a certified SAIL instructor, teaching fitness classes designed to prevent falls among aging adults. I have truly enjoyed learning and will continue to do so in order to be the best instructor I can be.

Here is what is I have planned in the coming months:

1. I will be teaching 8 SAIL (fall prevention fitness classes) at The Camano Senior Center by mid-March. 6 classes are currently being offered. Call the Camano Center to add your name to the waitlist.
 2. Personal fitness training now available in your home, my home gym or outdoors. Prices start at \$50 per hour for personalized fitness training.
 3. Group classes beginning late March for mature adults with mid-range fitness abilities. Think something less than bootcamp and more than chair fitness. More info coming soon.
 4. Outdoor group classes offered for Trail Fitness and Fitness in the Fields once the weather improves. More info coming as spring approaches, but these are going to be FUN!
- Stay tuned and please share my posts with those you think may want to know more about my services. I am excited about sharing my future endeavors and look forward to working with you soon on your fitness journey. Please message me if you would like more information about personal training or any of the other fitness opportunities mentioned.

Let's get FIT for life!



EARTH DAY

People of all ages can participate in Earth Day by doing even the smallest of things, like taking out your recycling or getting outside instead of using electronics inside. We can also do our part to make a difference by attending a march, planting a tree, cleaning up trash outside or anything that helps protect and preserve our planet.

FOUR (OF MANY) WAYS TO SUPPORT EARTH DAY:

1. Save energy in support of Earth Day. Simple actions like carpooling, using transit, turning off lights when not in use, and switching to energy-efficient appliances, if you can, are all good ways to make a difference.
2. Plastic pollution is a major environmental issue, but we can all take steps to reduce our plastic use. Bring your own reusable bags, water bottles, coffee cups, and cutlery when you're out and about.
3. By buying locally sourced produce, you reduce the amount of energy required to transport food long distances. Plus, you'll be supporting your community and getting fresh, healthy food.
4. Get outside and volunteer! Studies show that being outside in nature is relaxing and reduces stress. Sign up for one of the many volunteer opportunities around Snohomish County: <https://snohomishcountywa.gov/earthday>



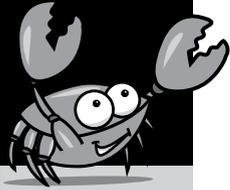
MCGLINCHY CAMANO CLIMB BIKE RIDE

Sunday, April 30. Ride 15 to 103 miles, then celebrate with appetizers at SAAL Brewing. Event hosted by / benefits: B.I.K.E.S. Club of Snohomish County and Stanwood Camano Kiwanis. Bike local /Drive friendly. More info: bikesclub.org/mcglinchy.

2ND ANNUAL SHOP LOCAL WIN LOCAL SPRING EVENT!

The Camano Island Chamber of Commerce is excited to host the 2nd Annual Shop Local Win Local SPRING EVENT! And this Spring it is a PASSPORT event (no filling out of tickets needed!). The event will take place starting on May 12th and ending on May 31st. How the Event Works: For the Spring Shop Local Win Local event we will be using an EASY PASSPORT system. For every \$20 you spend in a participating businesses you get a stamp on your passport. Passports will be available at all participating businesses or you can print one yourself (coming soon.) Each passport will have a total of 10 squares (representing \$200 total spent in a local business) – once the passport is completed we will have central drop off locations and will collect the passports to draw for some GREAT PRIZES in early June. You can complete as many passports as you would like between any 12th and the 31st. Completed passports can be handed into any participating business. Are you a Business interested in participating? Registration is due no later than May 1st (<https://camanoisland.org/event/shop-local-win-local-spring-2023/>). All completed passports will be collected on June 1st. Prizes will be drawn on June 5th and winners will be notified by phone or email.

Community Information



look for us online at

www.TheCrabCracker.com

or on **Facebook.**

Download current or past editions.



YOU & ME: CAMP AND CRAFTS

May 12-13. 5:00pm to 2:00pm at Camp Killoqua. \$35 per person. Spring is in the air and Camp Killoqua offers you the chance to celebrate with a fun-packed overnight for kids and a special adult. Activities will include singing, boating, crafts, games, hikes and lots more! Enjoy yourself, meet new people, and spend quality time together. This is a great opportunity for new campers to check out our camping programs! More info and register at <https://campkilloqua.org/family-weekends/>

TEXTILE DRIVE FOR SHS

Lots of dates to turn in your textiles! (gently used clothes, shoes, blankets, sheets, towels, all soft stuff in large garbage bags *no bed pillows, furniture or household items). April is the last month the Class of 2023 Seniors will be collecting textiles for Grad Night. Clean out your closets to fill the truck for our last textile turn in! Thanks for your continued support! Textiles collection at Haggen dates: Sat. Apr 22 11 am-2 pm, Sun. Apr 23 from 9 am-1 pm. More info: SHSParent-sofSeniors@gmail.com.

4 WAYS TO SUPPORT EARTH DAY

- 1 Save energy
- 2 Go plastic free
- 3 Support local farmers
- 4 Volunteer



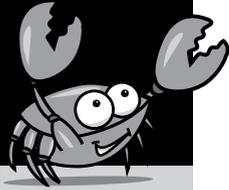
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Community Information



GRAB A CRAB CRACKER:

from the box attached to the wall of Camano Gateway building at Freedom Park



WHAT TO DO WITH ALL MY KITCHEN SCRAPS

Let's transform food waste. Fruits and veggies have the highest waste rate of any food products. A simple way to recycle food scraps is to produce your own compost. In your household, you can compost your food waste in a soil environment where lots of oxygen is available. The fungi and bacteria can break down the products into compost and CO₂. Three easy ways to recycle food waste are as follows: 1. Bury your kitchen food scraps (excluding meats and dairy). Dig a hole about 1 foot deep, bury the contents, and cover with soil about 8" deep. It disappears quickly. 2. Food Digester - purchase a metal garbage can, drill holes on sides and bottom, and bury it. The worms will find their way into the container. This is an excellent choice for a limited-space property. Visit this website for complete information: <https://tilthalliance.org/wp-content/uploads/2022/02/Food-Digester-Feb09FINAL.pdf>. 3. Worm Bin - purchase or go online to make a bin. The worms break down the food efficiently and create rich, dark soil. Again this is perfect for limited space. Visit this website: <https://tilthalliance.org/wp-content/uploads/2022/06/GH-building-plan-Wood-Worm-Bin-April-2021.pdf>. There are so many benefits to recycling food waste. Composting decreases the demand for landfill space and decreases your reliance of synthetic fertilizers. Each year tons of uneaten food ends up the the landfill, where it breaks down in an anerobic environment, releasing harmful methane. By keeping the food out of the landfill, you lower production of this potent greenhouse gas. And by composting, you reverse soil depletion. Nothing is better than soil improvement. Source: Franni Herrgott, Waste Wise Volunteer, Waste Wise - Island County, WSU Extension.



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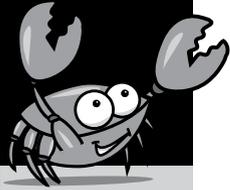


MOVEMENT ARTS

360-629-9100

Camano Commons

Community Information



EARTH DAY

On Earth Day in 2011, people planted 28 million trees in Afghanistan as part of a "Plant Trees Not Bombs" campaign.

SPRING COOKING CLUB KIT

Let your little chef flourish with our Haggen Kids Cooking Club kit. Our spring kit will be available for pickup on Saturday, April 22, 9am-6pm. Reservations are no longer required—kits are first come, first serve at your local store. Each kit comes with a new set of seasonal recipes, a Haggen Kids Cooking Club cooking tool, activity sheets and more. We can't wait to see what your little one cooks up! Get all the details at <http://ms.spr.ly/61895CCVS>.



PHILANTHROPIST BREAKFAST AWARDS GO TO...

Thanks to all who came out to celebrate the 17th Annual Philanthropist of the Year Awards! We are grateful for this community's generous support of the Stanwood-Camano Area Foundation's mission, and so proud to honor some wonderful local philanthropists. Our guest speaker, Dr. Kafiya Arte, reminded us that anyone can be a philanthropist, as we all have something to give. Artist Juanita Hagberg (Juanita Hagberg Watercolors) presented Dr. Arte with a lovely painting featuring English Boom. Once again, the wonderful students at Lincoln Hill High School volunteered their time to serve at the breakfast. They bring such joy to the event! The Heritage Bank Organization Making a Difference Award was presented to: TAPPED Camano. TAPPED has supported events for many local organizations, including the RE/MAX Community Grant Chest, Soap Box Derby, youth sports, and the Stanwood Camano Arts Advocacy Commission. Besides having great food, they exemplify what it means to be part of a community. The Floyd & Delores Jones Spirit of Philanthropy Award was presented to: Myra Reinhardt. Myra has given back to her community for more than two decades, as someone skilled at connecting people and causes. She serves on the board of the Stanwood Camano Food Bank, coordinates volunteers for the Soap Box Derby, manages participants in the Stanwood Camano Fair Parade, helped build the playground at Freedom Park, and partners with the Making Life Work collaboration. The Erika Sigmon Pay It Forward Award was presented to: Tom Eisenberg. Tom has been a crucial part of the development and success of Camano Island Parks, including Cama Beach State Park and Barnum Point. He is currently the president of Friends of Camano Island Parks, leading work parties, writing articles for their newsletter, and doing trail work for all eight Island County properties and our two state parks. His dedicates his time to making Camano Island enjoyable for all. Congratulations to all! -- Natalie Hagglund, Program Manager Stanwood-Camano Area Foundation. Photo by Ian Gleadle.

Community Information



EARTH DAY

Since the first Earth Day, average annual temperatures in the contiguous United States have been warming at a rate of 0.45°F per decade.

WANT TO BE A FRIEND?

Almost 500 animals were helped by Camano Animal Shelter Association (CASA) last year. CASA was able to do this thanks to many volunteers and the community. Volunteers help the staff and animals at the shelter, but there are other ways that you can volunteer to help CASA. Since CASA relies primarily on contributions to fund their budget, it is important to have fundraisers and to reach out to the community to explain the role CASA plays. The Friends of CASA, a group of animal lovers, was formed to fill these needs. Friends volunteers contribute their time and talents at various events including: Free Microchip Clinic, Spring Market, Pet Food Drive, Dog Wash and pet photos with Santa. These are labor-intensive, but really enjoyable events. The Friends participate in local activities such as: the 55+ Community Resource Fair, Twin City Idlers, and the Stanwood Farmer's Market spreading the word about CASA and how individuals can support our local shelter. If you are new to the community or find that you have some time to help, consider coming to a Friends meeting to learn more. Many hands make light work. Friends of CASA meetings take place the second Thursday of the month at 3 pm at the Camano Multipurpose Center next door to the CASA Shelter. Our doors are open to everyone. If you want more information, email friends@camanoanimalshelter.org or call 360-387-1902.

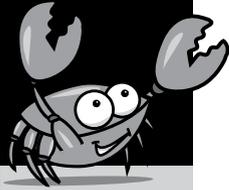
PROJECT POSITIVE CHANGE

Attention all community members of Camano Island and Stanwood! Project Positive Change, a local nonprofit located in Stanwood and Camano Island, is creating Positive Change Centers and seeking volunteers and community support to help us continue our mission of providing healing, helping with addressing PTSD and support to veterans, front-liner folks, and others who serve our communities. We strive to help those who need it most and positively impact our local community. If you're looking for a way to make a difference in the lives of those around you, we'd love to have you join our team! Contact us today volunteer@projectpc.org - 360-631-3458 to learn more about how you can get involved and make a positive impact in our community. Thank you for your support!

SNO-ISLE LIBRARIES STORY TIMES

MONDAYS: *Toddler Storytime with Jennifer.* 10am at Camano Island Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity may follow. **TUESDAYS: *Family Storytime with Jennifer.*** 10am at Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow. ***Baby Storytime with Vicky.*** 10:30am at the Stanwood Library. Wiggle, giggle and bond with your baby through stories, happy songs, rhymes, and activities that inspire a love of reading. A play time will follow. **WEDNESDAYS: *Preschool Storytime with Vicky.*** 10:30am at the Stanwood Library. Share fun books, songs, and creative activities with your preschooler to prepare young minds for the adventure of reading. A play time or art activity will follow. **THURSDAYS: *Toddler Storytime with Alex.*** 10:30am at the Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

Community Information



EARTH DAY

Humans today use about 50 percent more natural resources than we did 30 years ago, according to a report from Friends of the Earth.



BLOOMIN' PLANT SALE

RESERVE THESE DATES! Stanwood Greenhouse Production and Horticultural Science classes have been working hard this year to produce a great opportunity for the Stanwood community by producing a fantastic plant sale for this year. Our Bloom'n Plant Sale is back for Year Two at the New High School! Hours will be Wednesdays, Thursdays and Fridays 2:30 p.m. – 5:30 p.m. and Saturdays 10:00 a.m. – 3:00 p.m. Sale starts the last week of April and continues the first week of May. We are growing annuals, perennials, vegetable starts, herbs and many baskets. Like us on Facebook: Stanwood High School Greenhouse.

RSVP FOR EAT-DRINK-ART EVENT

Greetings Art and Culture story tellers. A Special invitation to join the SCAAC Executive team with our Sponsors, and famous artist Shogo Ota for a fun Happy Hour Warehouse party to showcase the new Mobile Art Center on wheels! The Mobile Art trailer is being built in Everett, and the art murals are being painted by renowned muralist, Shogo Ota from Camano Island along with many volunteers including teens! The MAC will debut in Stanwood, May 12th for Mother's Day weekend as the welcome center for the Camano Art Studio Tour. Register at scaacwa.org. Pizza by Brooklyn Brothers, Beer, Wine, and Soft drinks will be served!

TREASURE HUNTERS, LOOK NO FURTHER!

Our Thrift Store is full of wonderful items, of lightly used and vintage goods. 100% of the profits go to fund the Food Bank, so you can shop here knowing that you are directly supporting those in our community. We receive donations Tues- Sat 10am-1pm, depending on our capacity. Want to donate larger items such as furniture? Feel free to email us a photo before hand, and we will happily try to accommodate to the best of our spatial abilities. Love our store and want to get involved? We are looking for volunteers to cashier, receive donations, sort and price goods, merchandise the store and create displays. Come be a part of our team to find friends, bargains and community. Contact us at (360) 629-2789 or www.stanwoodcamanofoodbank.org

TEEN PROGRAMS

Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

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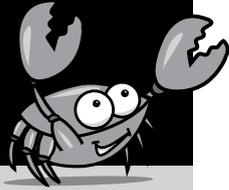
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EARTH DAY

Animal species populations saw an overall decline of 60 percent worldwide between 1970 and 2014, due to habitat loss, pollution, climate change and other factors, according to the WWF.

COMMUNITY LAUNDRY OUTREACH

Free Load of Laundry offered to those in poverty or homelessness. We offer the opportunity for individuals to do their laundry & build relationships every Thursday. Laundry supplies provided. No more than 10 people at a time. Sack meal provided. 5-7pm (last load in washer at 6:15pm) at Viking Laundry, 8812 Viking Way, Stanwood.

BY APPOINTMENT: THE WARDROBE

at the Community Resource Center – Free clothing for teens in need – restocked for Spring! Call 360-629-5257 or email info@crc-sc.org for an appointment.

OPEN HOUSE SATURDAY & RESEARCH WEDNESDAY

Open House every Saturday, 10am-1pm at the Stanwood Area Historical Society Tolin House (between the Pearson House the Floyd Norgaard Center). Research Wednesday 1-4pm at Eldridge Center.

KNITTERS / CROCHETERS GROUP

Every Friday at the Community Resource Center, 10:30am-1pm, join us for Knitters Group. Crocheters welcome too. Bring your yarn and needles/hooks and learn or just socialize. \$2 donation appreciated.

LISTEN AT THE LINKS

Friday, May 19. Stanwood Hearing invites you to "Listen at the Links." 11am-2pm at Camaloch Golf Course Clubhouse Chalet. Lunch will be served. Each attendee will receive a bucket of balls for the driving range to use while test driving the hearing aids. Call 360-502-4644 to reserve a spot and a bucket of balls. Appointments are limited.

ANCESTRY / GENEALOGY

Do you want to trace your roots? Are you interested in your personal family tree? If you are, the Sno-isle Libraries can help. We have a number of genealogy data bases that are available to use including Ancestry Library Edition(CAN ONLY BE USED IN THE LIBRARY). We also have staff available to assist you with using these databases. If you would like assistance at the Camano Island Library email esmith@sno-isle.org. Thank You Lyn Smith Sno-isle Libraries. More info: 360-387-5150.

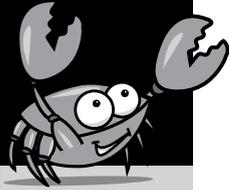
"THE SPOT" - TUESDAYS AND SATURDAYS

at 9831 271st St NW, Stanwood. For middle and high schoolers. Tuesdays drop in: 2:30-5pm. Games, food, hang out. Saturday Night: 7:30-10pm. Food, bonfires, pool, and more! Hosted by Youth Dynamics Stilly Valley. 425-879-7633.

FAMILY HISTORY CENTER OPEN WORKSHOP

Come any Tues. (10am-noon) or Wed. (6:30-8pm), at 795 Ell Rd, Camano Island (Church of Jesus Christ of Latter-day Saints), and get an absolutely FREE personalized consultation. We'll show you how to discover your ancestors and get FREE access to Ancestry.com, Fold3.com military records, Newspapers.com, ArkivDigital, and other websites. Visit our Facebook page for more info and weather/holiday closures: www.facebook.com/groups/CamanolIslandStanwoodFHC.

Local Stories and Poetry



MIRACLE IN THE WOODS

"On a cloudy day my husband and I decided to go trout fishing in a local lake. After a few hours we pulled ashore and had a picnic and then cleaned our fish. My husband did the cleaning and I usually watched or rinsed them after he cleaned them. I was standing on the shore of the lake, and noticed a black beetle like bug coming out of the water and then several more coming out of the lake. Curious to see what they were doing and where they were going I followed them a short distance to a shrub. They climbed up the shrub and ended up on leaves of this shrub or bush whatever you might call it. All of a sudden this black beetle like bug moved ever so slightly and it looked like he was crawling right out of his black shell of a body. This black beetle was no more there was a new body, an absolute see through body lay on the leaf. It soon spread its wings and started to have some beautiful coloring light pink but still was clear in color. What now existed was a beautiful dragon fly instead of a black beetle. I yelled at my husband to come and see what I had witnessed, it gave me goose pimples to show him and let him see what I was so excited about. Needless to say I continued to watch this unseen for the most part miracle. It gave me such a feeling of importance that I was able to witness this event, and sharing this experience to those of you that might read this and have you watch for this process that goes unnoticed and yet is such a beautiful experience." – Sandy Lindell

Grad Night is an annual all-night and all-inclusive party sponsored by parent groups across the US that allows seniors to celebrate together their accomplishments and make great memories with classmates. More than "just a party," **Grad Night** is a commitment by parents and the community to conduct a great, once in a lifetime celebration that is **alcohol and drug free** on a night which is statistically one of the most dangerous nights of our children's lives.

THANK YOU FOR SUPPORTING GRAD NIGHT!

Contact Us:

SHSParentsOf Seniors@gmail.com

Non Profit TIN 91-1424205



Online Donations
Welcome Scan the
QR code or use the
link

Stanwood AAAA Booster Club

PO Box 1366

Stanwood, WA 98292



[https://www.paypal.com/donate/?
hosted_button_id=PECM2S28UCDQY&source=qr](https://www.paypal.com/donate/?hosted_button_id=PECM2S28UCDQY&source=qr)



CASA'S PET OF THE WEEK:

CHIPOTLE was brought to CASA as a stray and is now looking for his forever home. Chipotle is a talkative guy, who loves chatting with people. He can be a bit spicy when meeting new people, but warms up well once he gets to know you. He enjoys being pet and sitting with people/ He would do well with other cats, although it is unknown how he does with dogs.

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

Hi I am **EVA!** I am a sweet quiet young lady. I have had a tough start to my life and can't wait to find a family that is excited to help me come out of my shell. I would love a home that is able to keep me indoor only! I have lived with both dogs and cats before but I would do best in a home with no other cats. With a slow introduction I could do okay with a dog.

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

SUZY is an adorable little lady who just wants to have fun. She has the energy of a dog half her age and loves going for walks. She really enjoys sniffing all the new scents that springtime has to offer. Suzy is a friend to everyone. YOU MUST visit www.save-a-mutt.org/adoption-application/ to fill out an application before meeting any dogs. We are foster-based rescue with no facility.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org



Yorlly Stites Realtor
Broker

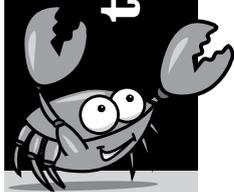
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View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

MY SLIDING DOORS MOMENT

A Sliding Doors moment refers to a situation in which seemingly inconsequential moments nonetheless alter the trajectory of future events and a person's destiny. The term entered our lexicon thanks to the 1998 movie, *Sliding Doors*, in which the film alternates between two storylines, showing two very different paths the central character's life will take depending on whether she catches a train or just barely misses it (as the doors slide closed in front of her, hence the title).

My greatest Sliding Doors moment happened in December 1982. I was living in Columbus, having just recently completed my graduate MBA program at Ohio State. I had no job prospects lined up. I flew to Albany, NY, my hometown, for the holidays to visit my mom and sister. While there, I stopped by my father's law office to see some friends (my dad had passed away several years prior, but one of his partners continued the practice).

Just as I was leaving, heading for the elevator, a well-dressed older man was about to enter the office next doors. One of the people in my father's law office named Hazel introduced me to this man. She casually shared that I was a recent MBA graduate and was looking for work. I exchanged banal pleasantries with this stranger, shook hands, and moments later, I got on the elevator, never giving our fleeting visit a second thought.

I flew home to Columbus to resume my flailing job search. The next day, I received a call from Hazel. "Tim, you're never going to believe it, but remember that man I introduced you to in the hallway as you were waiting for the elevator? He wants to interview you for a job!"

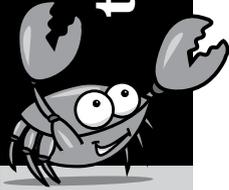
hallway. That random stranger turned out to be the president of Knight Ridder Broadcasting, one of the largest chains of radio and TV stations in the country. But why would he want to interview me for a job? I was unemployed and had no relevant work experience.

It turns out that he was looking to hire a full-time advertising sales rep for the local Albany Knight Ridder television station. He had no idea that I was not living in Albany. But I was not about to tell him that and blow this opportunity. So, I flew back to Albany two days later for the interview.

During our interview, he had to take a phone call from one of his managers. The man on the other end of the line turned out to be someone named Al Gillen. After the call was over, the man explained that this was the same Al Gillen who had been a client of my father's many years ago when Al Gillen had been the president of a TV station in Flint, Michigan. (My father as an attorney represented several TV and radio stations.)

By now, in December 1982. Mr. Gillen was the president of Viewtron, a Knight Ridder subsidiary which was on the cusp of becoming the bleeding-edge forerunner to America Online (AOL) and a pioneer in online information technology that would eventually pave the way for the Internet.

View from the Bleachers



I turned down the Executive's job offer to sell advertising for his Albany-based TV station. But I sent a letter to Al Gillen, asking for an interview for a position – heck, ANY position at Viewtron.

Mr. Gillen passed my resume on to one of his frontline managers. I flew down to Miami Beach, where Viewtron was headquartered. I had the interview and two weeks later, I received a job offer as an account executive. Two months later I drove to Miami, with my pet rabbit Boose and my parakeet Bob in the back seat. An exhausting (not to mention smelly) 18-hour, 1,200 mile journey.

A week or so into my new job, I was sitting in the lunchroom. Across the table was an attractive redheaded woman with a vaguely foreign accent. I could not place it. She turned out to be from Canada. Little did I know at that moment that three years later I would ask this person to be my wife.

On that December afternoon in 1982 in Albany, had I left that office just 30 seconds sooner or just 30 seconds later, I never would have crossed paths with that executive in the hallway. I would never have been sitting in his office at the precise moment he received that call from the president of Viewtron. And I never would have found myself sitting across the table in that Miami Beach lunchroom from my future wife.

[Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his YouTube channel by the same name.]

Cama Beach Foundation

Volunteers Needed at Cama Beach State Park:

Cama Beach Store Cashiers

3 hours/week during summer

Gardeners

Science/Nature Educators

CBF Board Members

For more information about volunteer opportunities with the

Cama Beach Foundation please *call* Janet at

360-387-2062

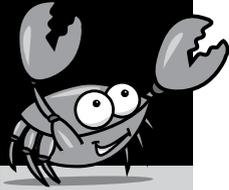
or email

jlrott.cbf@gmail.com

Website



Classes and Workshops



EARTH DAY

Scientists estimate that dozens of plants and animal species go extinct each day due to human activity.

Art Class for Adults/Families – Mining Your Authentic Self – May 2nd, 5-7pm at the Community Resource Center of Stanwood Camano. Designed for participant's individualized healing expression using teacher's uniquely created art modality of combining images with words to release emotions, stress, anxiety, trauma or personal issues. Materials provided or bring your favorites! Pieces to be displayed at the Stanwood Camano Pride Event on June 3.

Free Medicare Basics Information Class April 29th (10-11am) Free event open to the public. We will be explaining how your Medicare benefits work, as well as the details of enrollment. Following the class, you will be given the opportunity for a no obligation private consultation. Location: Camano Island Library Meeting Room. More info or RSVP: John Hart 360-967-9601.

Yoga for Beginners Five Week Session Tuesdays 6pm. Prepare you with the first steps toward a regular practice. Sign up through movementarts.com or call 360-629-9100. Next Sessions: May 30-Jun 27. Space is limited, sign up early. More Sessions in the Fall.

Yoga Classes In-studio & Online at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes; regular membership rates apply.

Pilates Body: Alignment & Stability Tune Up May 6, 2-4pm. Proper alignment prior to starting any form of exercise allows for better stabilization of the joints, leading to a more efficient, balanced muscular body and decreasing the muscular compensations. This workshop is in-studio only. Appropriate for all levels. Space is limited, sign up through movementarts.com/events or call 360-629-9100. \$45.

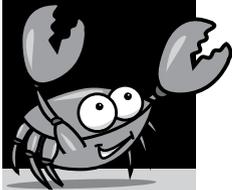
Free Intro Piano Lessons Ages 6 to adult. HartMusicSchool.com. Located on Camano Island. Call John @ 425-780-2289 for appointment.

Virtual Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

YogaTone 4-Class Course May 21, June 18 and July 16, 2-3pm. A uniquely curated class, incorporating movement, dance, yoga, breath, and positive sweat. No prior experience needed. If you like to move and groove, this may be the class for you. YogaTone is practiced in bare feet and is no/low impact. \$85. Space is limited to 15, sign up early to secure your spot in class. movementarts.com.

Belly Dance Fitness is at Tru Grit Gym in Stanwood, 10:30 - 11:30 a.m. Come shimmy, shake and undulate your way to better health and flexibility while making new friends! All levels, ages and genders welcome. \$10 non-members, \$5 members.

Forte Music Dance Art offers intermediate ballet Tuesday and Thursdays at 4PM. Advanced tap Mon 9:30AM & Thu at 10:30AM, beginning tap Mon at 10:30AM and Thu at 3PM. Yoga is available Tue, Wed, Fri & Sat. Private instruction on Sax, Clarinet, Flute, Voice & Piano. 1095 Essex St. A-1 Camano Island. Chris Tuohy 360-572-9262.



*Recipes by
Cooking Mamas
created by
Dusty Hutchins-
McNutt.*

*"Great recipes
begin in Mama's
Kitchen!"*

Visit me at: www.CookingMamas.com



CHICKEN MILANESE

Tender chicken cutlets coated with seasoned breadcrumbs, pan fried until golden brown and crispy, then topped with a light lemony arugula salad, Enjoy!

SALAD: 2 c. arugula; 1/4 c. red onion thinly sliced; 1/2 c. cherry tomatoes halved; 1 T. lemon juice; 1 T. olive oil; 2 T. shaved parmesan cheese; Kosher salt and pepper to taste

CHICKEN: 1 1/4 lbs. boneless skinless chicken cutlets or breasts, cut in half lengthwise; 1/2 c. all-purpose flour; Kosher salt and pepper to taste; 2 T. milk; 3 lg. eggs; 1 c. Italian style breadcrumbs; 1/4 c. panko breadcrumbs; 1/4 c. olive oil; 1 T. fresh parsley chopped

DIRECTIONS: 1. **SALAD:** In a large bowl, toss the arugula, red onion, cherry tomatoes, and shaved parmesan cheese together; cover and place in the refrigerator. Just before serving, combine the lemon juice and olive oil in a small bowl. Drizzle over the salad and season with salt and pepper. 2. **CHICKEN:** Use chicken cutlets OR chicken breasts cut in half lengthwise. Place each piece of chicken in between two sheets of plastic wrap. Use the flat end of a meat mallet or a heavy pan to pound the chicken thin. Repeat the process with the remaining pieces of chicken. 3. Pour the flour into a shallow pie dish, season generously with salt and pepper; set aside. 4. Pour the milk and eggs into a shallow pie dish, whisk to combine; set aside. 5. Pour the Italian breadcrumbs and panko breadcrumbs into a shallow pie dish, stir to combine; set aside. 6. Dip the chicken cutlets into the flour, then the egg mixture, then the breadcrumbs; repeat. 7. In a large skillet, heat the olive oil over medium high heat. Add the chicken cutlets in a single layer. Cook for 4 minutes per side, or until golden brown, crispy, and cooked through. Transfer to a serving plate and sprinkle with parsley. 8. Arrange the arugula salad either on top of or next to the chicken cutlets and serve immediately. Serves 4.

Compare our CD Rates

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6-month **4.90%** ^{APY*} Minimum deposit \$1000

1-year **4.90%** ^{APY*} Minimum deposit \$1000

Call or visit your local financial advisor today.



Jared D Johnson, AAMS[®]
Financial Advisor

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360-629-0625

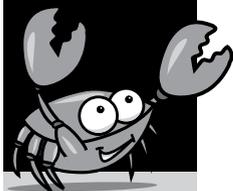


Joshua Fish
Financial Advisor

7208 267th St NW Ste 102
Stanwood, WA 98292
360-629-9562

* Annual Percentage Yield (APY) effective 04/12/2023. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

Classified Listings



EARTH DAY

Twenty of the warmest years on record worldwide have occurred in the past 22 years, according to Climate Central.

GARAGE/YARD/ESTATE SALES:

Garage Sale April 21-23. Camano Island style! Houseware items, tools, decorations, sporting equipment. TREASURES! 9am-5pm. 477 Stein Lane, Camano Island. (At the end of Stein Lane).

Carport Sale: Rustic Tools, collectibles, over 100 gallon sized perennials, handmade gifts for Mom, and more. May 5 & 6th. 9-4 at 912 S. West Camano Dr.

Garage sale May 12, 13, & 14th. 9am-4pm. 669 Blacktail Lane, Camano Island. housewares, stationary bike furniture outdoor, bed frame, dining & tools & more!

MISCELLANEOUS:

Serenity Salon on Camano Island has a private treatment room available for a massage therapist, lash artist, esthetician or PMUA. We also have space available for a Cosmetologist or Barber! 360-387-7400.

Cottage For Rent N. End Camano \$1200 (with possible trade for help around our 7 acres) No Smoking, No Pets, only serious workers need reply. (206) 930-1582

PROFESSIONAL SERVICES:

How Can I Help? - Zenful Solutions - 206-245-5482

Need Computer, Cellphone or Tablet Repair? Call 360-629-3295 or visit our website at Thatcomputerguyinstanwood.com Today! Hacked or scammed we can help.

WANTED:

Considering a career in Real Estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Marla at marla@windermere.com for more information. windermere-stanwoodcamano.com.

Camano Island T-Shirts have arrived!

Camano ISLAND Camano ISLAND Camano ISLAND

Viff Da Shoppe • 8820 Viking Village • 360-629-3006
Tues-Sat: 11-4 • Sunday: 11-3

CAMANO ISLAND

TIDE TABLES / SARATOGA PASSAGE / APRIL 21 - MAY 4, 2023

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 21	Low	12:06 AM	4.5	☐
21	High	5:43 AM	11.4	
21	Low	12:27 PM	-1.5	
21	High	7:29 PM	11.2	
Sa 22	Low	12:54 AM	5.5	☐
22	High	6:14 AM	11.0	
22	Low	1:04 PM	-1.7	
22	High	8:21 PM	11.3	
Su 23	Low	1:44 AM	6.4	☐
23	High	6:47 AM	10.4	
23	Low	1:42 PM	-1.6	
23	High	9:13 PM	11.2	
M 24	Low	2:39 AM	7.1	☐
24	High	7:23 AM	9.7	
24	Low	2:23 PM	-1.1	
24	High	10:08 PM	11.0	
Tu 25	Low	3:46 AM	7.4	☐
25	High	8:03 AM	8.9	
25	Low	3:08 PM	-0.5	
25	High	11:10 PM	10.7	
W 26	Low	5:18 AM	7.5	☐
26	High	8:54 AM	8.2	
26	Low	3:59 PM	0.3	
Th 27	High	12:17 AM	10.4	☐
27	Low	7:05 AM	7.0	
27	High	10:05 AM	7.5	
27	Low	4:58 PM	1.1	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 28	High	1:19 AM	10.3	☐
28	Low	8:10 AM	6.2	
28	High	11:32 AM	7.1	
28	Low	6:02 PM	1.7	
Sa 29	High	2:06 AM	10.4	☐
29	Low	8:50 AM	5.4	
29	High	12:58 PM	7.1	
29	Low	7:07 PM	2.2	
Su 30	High	2:41 AM	10.4	☐
30	Low	9:19 AM	4.6	
30	High	2:13 PM	7.5	
30	Low	8:05 PM	2.7	
M 1	High	3:07 AM	10.5	☐
1	Low	9:43 AM	3.5	
1	High	3:16 PM	8.0	
1	Low	8:55 PM	3.2	
Tu 2	High	3:29 AM	10.6	☐
2	Low	10:04 AM	2.4	
2	High	4:09 PM	8.7	
2	Low	9:39 PM	3.8	
W 3	High	3:51 AM	10.7	☐
3	Low	10:28 AM	1.2	
3	High	4:57 PM	9.4	
3	Low	10:21 PM	4.6	
Th 4	High	4:13 AM	10.8	☐
4	Low	10:55 AM	0.0	
4	High	5:43 PM	10.1	
4	Low	11:02 PM	5.3	



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covidvaccine**

2023

Shred-A-Thon



Learn More on Facebook

Scan Me

Saturday, May 13 • 9:00AM-12:00PM

Windermere Camano Island

818 N Sunrise Blvd Camano Island, WA, 98282

We're excited to welcome back Shred It for this year's 17th annual Shred-A-Thon!

A suggested donation of \$5 for every grocery bag or banker's box, or \$10 for any oversized box or bag. All proceeds will benefit WSU Waste Wise, Island County.



Windermere Real Estate/CIR

360-387-HOME