

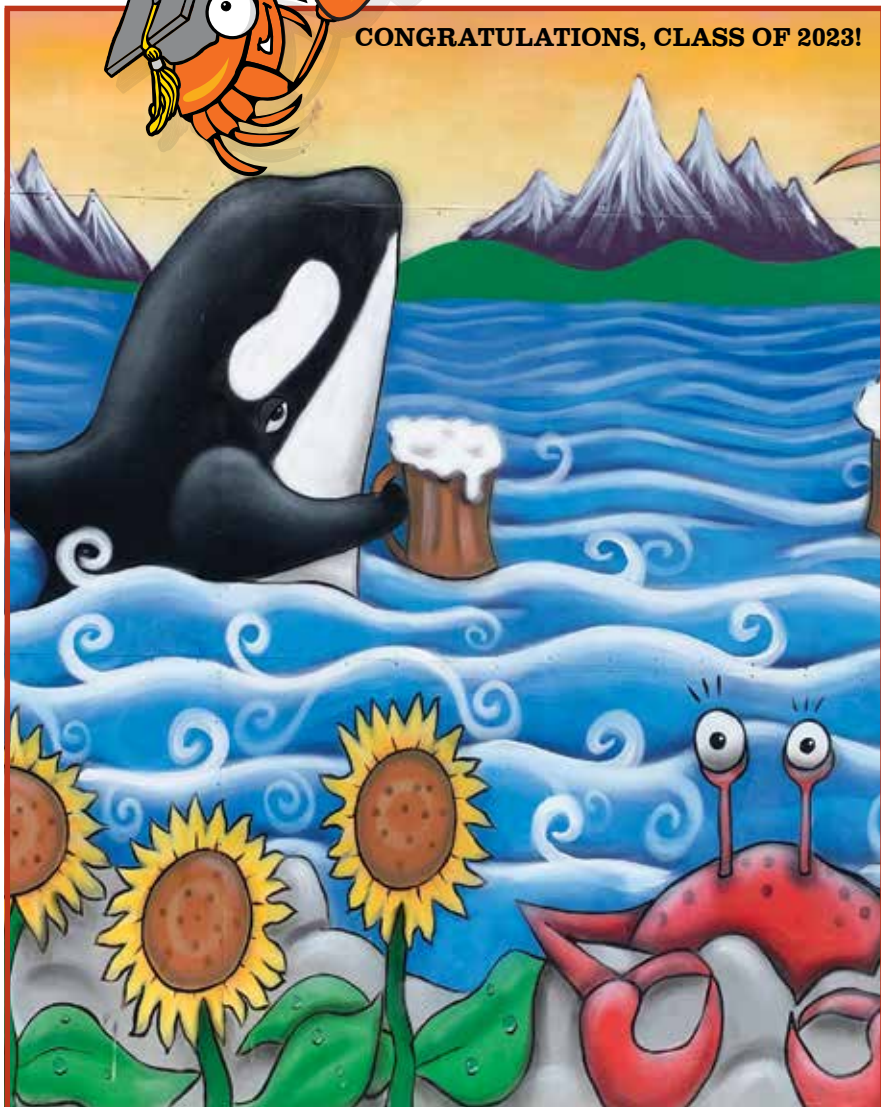
THE CRAB CRACKER

ISSUE 353
June 2-15, 2023

COMMUNITY MAGAZINE

**FREE
TAKE
ONE**

CONGRATULATIONS, CLASS OF 2023!



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway

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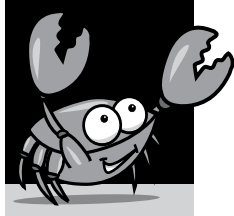
 Beauty Bar | Salon + Lounge



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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: Photo of a section of the painted mural at Tapped Camano at Terry's Corner.



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James and Malynda Shipley, owners, proprietors
thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: JUNE 7 for Next Edition (June 16-29, 2023)

Calendar of Events



DID YOU KNOW?

Benjamin Franklin was inducted into the International Swimming Hall of Fame.

FRIDAY, JUNE 2

ARTIST RECEPTION

for Dotti Burton & Students with Modern & Contemporary Works of Art. 5-7pm at Beach 1 Gallery. See bios and info about the artists in the "Artist Spotlight" page. Their Art will be displayed and for sale the entire month of June. The Gallery is open 7 days a week. We will be serving pop, wine, bottled water and bags of chips for the reception. 1243 Beach Drive, Camano Island, 360-387-1655.

FRIDAY, JUNE 2

PETUNIA AND THE VIPERS

8 pm - Conway Muse Hayloft Stage. Original music combining elements of classic 1920's, 30's 40's, 50's, 60's, and 70's country, country blues, western swing, alt country rock, Mexicana, French cabaret, Romanian, ragtime, jazz, punk and folk music.

FRIDAY, JUNE 2

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. Conversation friendly. No cover.

FRIDAY, JUNE 2

LIVE MUSIC WITH KATIE FERRARA

4pm at Dusty Cellars Winery. Katie Ferrara is a full-time working musician and award winning singer/songwriter from Los Angeles, CA. Folk and pop music from the 60's to present. All Ages Show.

FRIDAY, JUNE 2


STACY JONES BAND

7:30pm at Pub 282. The Award-Winning Seattle singer-songwriter and multi-instrumentalist Stacy Jones and her Award-winning Band who deliver high energy Roots Rock, Blues, and Americana.

FRIDAY, JUNE 2

SANDY ROWE


9pm @ the Conway Boxcar in Stanwood. Solo acoustic Blues/country/folk. 21+. Free



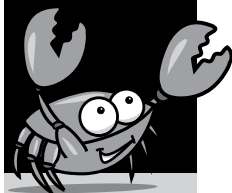
*Getting Married?
Celebration of Life?
Any Type of Party...*

Beautiful outside venue with
a church, saloon, fountain,
etc. Call for a tour at the

Old Silvana Schoolhouse
in Silvana, Washington
425-931-2272



Calendar of Events



DID YOU KNOW?

2% of people
can hear their
eyes move and
blink.

FRIDAY, JUNE 2

STANWOOD FARMERS MARKET



"Love Thy Neighbor, Know Thy Farmer". 2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftspeople.

FRIDAY-SATURDAY, JUNE 2-3

STANWOOD-CAMANO KIWANIS'S ANNUAL TREASURE / ESTATE SALE

to benefit Kiwanis youth programs and scholarships. Open 9am-4pm each day, please no early arrivals. Your generous monetary donations help Kiwanis provide scholarships to local HS seniors and provide assistance to many other local organizations. Location: on Starfield Lane, off of E Monticello Dr and Midcrest Road on Camano – look for the signs.

SATURDAY, JUNE 3

KIWANIS/AKTION E-CYCLE

10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.



Vibrant Health at Any Age Inspire



A fresh Summer outlook with four informative Health and Wellness classes. Each evening we will have a short lecture to give practical ways to boost our health and wellbeing on topics like Brain Health; Body Safety; Exercise; Sprouting; and Home Remedies to guide us in our personal health and wellness.

A whole-food, plant based meal is provided each evening with cooking demonstrations and recipes to take home.

Each Monday in June from 6:00 - 8:00 p.m.

June 5 - *Body Safety*

June 12 - *Cardio Health*

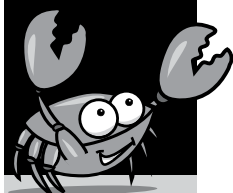
June 19 - *Exercise & Fitness*

June 26 - *Immune Health & Hydrotherapy*

Being held at Cedarhome Seventh-day Adventist Church,
28505 68th Ave NW, Stanwood, WA

\$5 charge for meal / RSVP Cindy at 425.870.1006

Calendar of Events



DID YOU KNOW?

African-American performer Josephine Baker was working in France during WWII, but not only as a singer, dancer and actress. She was also helping the war movement, smuggling numerous messages to French soldiers. She often hid messages inside her dress or concealed with invisible ink on her sheet music.

SATURDAY, JUNE 3

2ND ANNUAL PRIDE PARADE AND PARTY IN THE PARK



Stanwood-Camano Pride Parade and Party in the Park 2023. Noon-4pm at Freedom Park, Camano Island. Kick off Pride month with this family-fun event for everyone! Parade at Freedom Park on Camano Island is open to all, music by DJ Heidi, chalk bomb throw, Glass Quest ball hunt, food, crafts, and more! Come celebrate our LGBTQIA+ neighbors & friends with your message of love, support & no hate!

SATURDAY, JUNE 3

NICK VIGARINO'S MEANTOWN BLUES

8 pm at The Conway Muse. Saturday Blues at the Muse series. "Nick plays from the heart with high energy, it's definitely THE blues." — LEE OSKAR. Tickets \$17 Advanced \$20 Day of show. All ticket sales are final at show time.

SATURDAY, JUNE 3

STANWOOD SPARTAN WOMEN'S FOOTBALL GAME



Stanwood Spartans Women's Football first time ever home games at SHS field! Come cheer them on as the take on Mount Vernon Warriors. Game is at 6pm at Stanwood HS! Proceeds benefit scholarships for youth sports in our area. Hope to see you there!

SATURDAY, JUNE 3

CRIMINAL SQUIRREL ORCHESTRA

7:30pm - 10:00pm at Pub 282. A band dedicated to the fascination that original music brings to the squirrely soul, and how harmonies, nuance and nuts make things more fun.



CAMANO ISLAND YACHT CLUB OUTDOOR CONCERT - FEATURING...



AUGUST 19, 2023

at CIYC: 129 N Sunset Dr, Camano Island
Doors open 3:30pm. Band plays from 5-6pm and 6:30-8pm

The Camano Island Yacht Club will open its doors to the public for its annual Membership Drive concert featuring the Davanos, with special guest Rock and Roll Hall of Famer, Roger Fisher, a founding member of the band HEART! The Davanos play a combination of classic rock, blues, country western, along with some of their own originals and were voted Seattle's best rock band in 2018. The Davanos always put on a highly entertaining show, whether you come to dance or just watch and listen.

Tickets are \$35, which includes a box lunch. Purchase tickets online by going to: "www.camanoislandyc.com" and look for the link to the DAVANOS concert via TICKETSPICE. Bring your own camp/lawn chairs. Liquor and sodas can be purchased at the Yacht Club bar. No outside liquor is allowed!

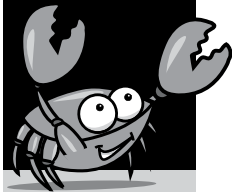
So put on your dancing shoes and plan to join us on August 19!

Questions: raymccabe@comcast.net

Sponsored by Windermere Real Estate/CIR



Calendar of Events



DID YOU KNOW?

Howard The Duck was actually the first Marvel Comics character to make it to the big screen

SATURDAY, JUNE 3

BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.

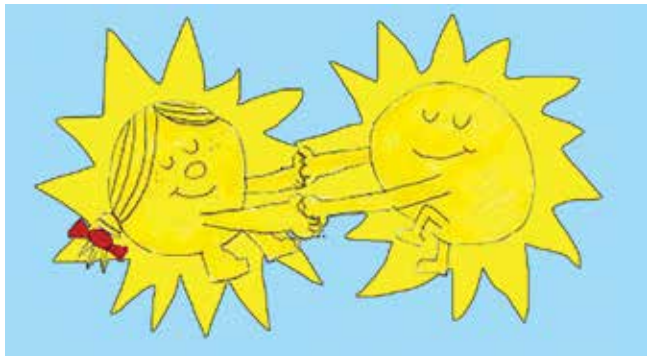
SATURDAY, JUNE 3

FOCIP ANNUAL HOSTED WINTER / SPRING WALK PROGRAM

AT BARNUM POINT COUNTY PARK: The walk is about 3.3 miles. Great views, wetlands, viewing platforms and benches fill this trail experience. Meet at 9:45 a.m. at the Barnum Point County Park parking lot at the end of Sunrise Rd, Camano Island. PLEASE NO DOGS!

SATURDAY, JUNE 3

CAMANO JUNCTION BIG BAND SUMMER DANCE!



Free dance class begins 1/2 hour before the dance. A no host bar is available and light snacks will be provided. \$10 for adults \$8 for students. 606 Arrowhead Rd. Camano Island. For more Info, contact Chris Tuohy 360-572-9262.

SATURDAY, JUNE 3

GARDENING CLINIC


10am-2pm at Haggen. Please come visit us with your gardening questions. Hope to see you there!



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Our IGA coffee shop is now open at 6am! Early bird golfers, hikers etc... Come on in!



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Calendar of Events



SATURDAY & SUNDAY, JUNE 3 & 4

LOW TIDE BEACH WALK

Saturday, 10:30 am – 12:30 pm; Sunday, 11am-noon. Meet near the break in the sea wall on the south end of Cama Beach. Join our Cama Beach Foundation Volunteers to learn about the critters who live in the Salish Sea. During this low tide, a guide will be available to point out invertebrates and help you identify them.

SATURDAY-SUNDAY, JUNE 3-4

THE SKAGIT RIVER PRODUCE FARMERS MARKET

10am-3pm. Many wonderful products include produce and hand made arts and crafts. The vendors change every day so come often! Come enjoy the beautiful scenery, live music, and fun products in Conway, I-5 at the Highway 534 exit on the east side. For more information contact MarketCoordinator@SRPFarmersMarket.org.

SUNDAY, JUNE 4

"ESPRIT JOYEUX"

Mandy Whitaker and Gretchen Pigott bring you an "Afternoon of classical flute duets". 2-3pm at Saint Aidan's Episcopal Church, 1318 SR532, Camano Island. A free will offering will be taken

FUN AND UNIQUE GIFTS!
 Luff Da Shoppe • 8820 Viking Village • 360-629-3006
 Tues-Sat: 11-4 • Sunday: 11-3

Calendar of Events



SUNDAY, JUNE 4

"INSIDE OUR FAITH" - CONVERSATIONS WITH JENNIFER KNAPP



Stanwood United Methodist Church will be hosting Grammy-nominated Jennifer Knapp at 2 pm for a Stanwood Camano Pride Worship Event. Jennifer Knapp is a queer and Christian singer-songwriter from Nashville. Music and musings about the journey of faith, finding love, and being a gay person of faith. The event is free to the public and All are Welcome to attend this celebration of God's love for LGBTQ people. Knapp will also be present in the 10am worship. 27128 102nd Dr NW, Stanwood.

With You,
*every step
of the way.*

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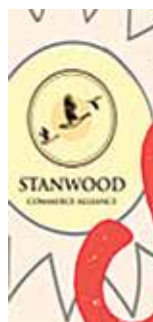


Josie's
Learning Center
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Josephine
at Home
The Josephine Caring Community

STANWOOD COMMERCE ALLIANCE



STANWOOD Summer CONCERT SERIES 2023



SUMMER FUN SATURDAYS!

ALL AGES WELCOME!



BRITTANY COLLINS

Sat., June 10th | 2:00 - 4:00pm
Stanwood Cinemas at the Pavilion
6996-265th St NW



GROOVE NATION

Sat., June 24th | 2:00 - 4:00pm
Wayne's Corner Cafe
8614-271st St NW



SAVANNA WOODS

Sat., July 8th | 2:00 - 4:00pm
SAAL's Brewing
10209-270th St NW



STACY JONES

Sat., July 22nd | 2:00 - 4:00pm
Wayne's Corner Cafe
8614-271st St NW



DAVANOS

Sat., Aug. 12th | 2:00 - 4:00pm
Stanwood Tattoo
10003-270th St NW



SAM LEDYE BAND

Sat., Aug. 26th | 2:00 - 4:00pm
SAAL's Brewing
10209-270th St NW

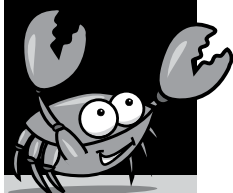


TO LEARN MORE VISIT:

STANWOODCOMMERCEALLIANCE.ORG



Calendar of Events



DID YOU KNOW?

Ron Swanson's character on Parks and Recreation is based off a real person – a woman who works in a high bureaucratic position who is also anti-government.

MONDAY, JUNE 5

VIBRANT HEALTH AT ANY AGE INSPIRE

A fresh summer outlook with four informative Health and Wellness classes. Each evening we will have a short lecture to give practical ways to boost our health and wellbeing to guide us in our personal health and wellness. Today's topic is Body Safety. A whole-food, plant based meal is provided each evening with cooking demonstrations and recipes to take home. 6-8pm at Cedarhome Seventh-day Adventist Church, 28505 68th Ave NW, Stanwood. \$5 charge for meal. RSVP Cindy @ 425.870.1006.

MONDAY, JUNE 5

NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

MONDAY, JUNE 5

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. Bring your team of up to 6 for a fun night of food, drinks and creative trivia! Free sign up. Win prizes!

TUESDAY, JUNE 6

CREATING CARE PACKAGES!

5:30pm at the Community Resource Center (across from Stanwood Library). Help us support & uplift trans, nonbinary & gender diverse people in Stanwood & Camano Island! We are creating care packages to show that everyone has a place in our community. Each package contains books, Pride swag, resources, information and more! We need you to help write personal notes of encouragement and support to include in each package! Snacks and beverages provided!

TUESDAY, JUNE 6

HOMESCHOOL BASICS

6-7:30pm Online event. Each child has a unique combination of learning styles, abilities, and interests that helps them learn. Homeschooling is one way to teach children in a personalized way in order to develop a love of learning and lifelong skills. If you are considering homeschooling your children, this workshop will provide you with basic information to pursue this educational option. Registration is required. More info: <https://www.sno-isle.org/contact-us/>

TUESDAY, JUNE 6

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

TUESDAY, JUNE 6

90'S NIGHT

Join us tonight at beauty bar 9pm-2am. 10011 270th St NW, Stanwood. Drink & food specials all evening with your host & bartender DJ JESS. Dancing & fun games all night...party party party OMG!! Wear your 90's gear! (360) 629-2324. bbstyleandsip@gmail.com.

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For more details, please visit www.pawsandwingsplace.com
or email us at pawsandwingsplace@gmail.com

Our store will be opening in May/June 2023
Please check our website for more information

**Offers valid until 06/30/2023*

Calendar of Events



DID YOU KNOW?

There is such an expansive collection of books under the British library in their archive, that if a person could read 5 books per day it would take the 80,000 years to complete.

TUESDAY, JUNE 6

HAVE COFFEE WITH THE FIRE CHIEF



Chief Yengoyan will be at the Elger Bay Food Mart, 1992 S Elger Bay Rd, from 6 to 7:30 p.m. Coffee, water, and light refreshments will be provided. Residents and visitors are invited to drop in anytime to ask questions about fire safety, department programs and events, or related issues.

WEDNESDAY, JUNE 7

WHISKEY AND WIRETAPS: THE NORTHWEST'S RUMRUNNING KING

6:30pm Online event. On Thanksgiving Day, 1925, Roy Olmstead was trapped by federal prohibition agents and their Tommy guns on a lonely Puget Sound dock. His reign as the Northwest's most prolific bootlegger had ended. But big questions, political, cultural, and legal, remained. What can we learn from "The Good Bootlegger's" story of whiskey-driven politics, culture wars, criminalization of popular social behavior, illegal surveillance, spies, sensational trials, and Constitution-bending trips to the Supreme Court? Registration required. More info: (360) 387-5150 or askus@sno-isle.libanswers.com.

WEDNESDAY, JUNE 7

ONLINE PUB TRIVIA - PRIDE EXTRAVAGANZA!

7:00 PM – 8:30 PM Online event. Grab your favorite beverage, call your friends, and settle in for a night of pub trivia – right in the comfort of your own home. Join us for a celebration of Pride Month! We will talk about LGBTQIA+ history, icons, books, movies, music, and more, so come prepared for a trivia extravaganza! Registration is required. More info: snoisleonlinetrivia@sno-isle.org

WEDNESDAY, JUNE 7

SENIORS PARADE

Stanwood and Lincoln Hill High School Class of 2023 Senior Parade begins at 6:30pm. Beginning at the corner near the Police Station heading West down 271st and taking a right on 99th to Josephine's. More info: 360-340-1993.

WEDNESDAY, JUNE 7

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!



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Calendar of Events



WEDNESDAY, JUNE 7

JOG AT THE AC RETREAT!

Noon at the AC Retreat, Silvana, WA. Join Athleisure Collective to take a moment in your day to jog, walk, run, ride & move forward... any way, any pace is great! This is a free community event. SIGN UP at <https://www.athleisurecollective.com/eventformsignup> to be added to the list and to get the address for the AC RETREAT location

THURSDAY, JUNE 8

CRITTER CHAT

10 am – 10:30 am near the Cama Beach Historic Store. Join Park staff for a 20-minute talk to learn about the animals that make their home on Camano Island and at Cama Beach State Park. You could learn about bats, bald eagles, orcas, seals and sea lions, and more. All children must be accompanied by an adult. Weather dependent.

THURSDAY, JUNE 8

BEAVER HIKE

2:30 pm – 4 pm; Meet at the Cama Beach Drop-Off Shelter. Join Park staff to learn about one of our most elusive mammals, but also the one that has the largest impact on the forests around Cama Beach State Park. All children must be accompanied by an adult. Weather dependent.

Before Having a Blast, Know the Laws

In Washington state, it's illegal to sell or discharge firecrackers, bottle rockets, sky rockets & missiles.

**Fireworks are also prohibited in ALL
Island County parks.**

For more on local fireworks
laws & tips for how to keep
safe, scan this QR Code



**Please, stay safe
and legal this
Fourth of July!**



NEW Program for SCHOOL-AGE children during the SUMMER

(**SUBJECT TO SPACE AVAILABILITY)



WE'RE HERE TO HELP BY OFFERING DROP-IN CARE DURING THE SUMMER MONTHS WITHOUT THE COMMITMENT OF A SET SCHEDULE!

June--August 2023

**Our childcare center operates from:
7:00 am - 5:30 pm Monday ~ Friday with
before & after school care &
transportation during the school year.**

we accept DSHS & provide USDA approved meals & snacks

I'M BORED! THERE'S NOTHING TO DO!

Does your schoolage child need a break or YOU just need a breather during the summer months?

The drop-in program is available for kindergarten aged thru 12 years. Other ages will be enrolled according to our normal class availability & schedules.

(**) IN MOST CASES 48 HOUR ADVANCE NOTICE IS REQUESTED FOR STAFFING PURPOSES. SPACE IS LIMITED.

ENROLL ANY AGE/ANY PROGRAM BY JUNE 1; REGISTRATION IS WAIVED!

A ONE-TIME NON-REFUNDABLE REGISTRATION FEE OF \$30 FOR THE DROP-IN PROGRAM REQUIRED AFTER JUNE 1. NORMAL REGISTRATION FEE WILL APPLY FOR ALL OTHER PROGRAMS & AGES AFTER JUNE 1.

Camano Lutheran Church Childcare
850 HEICHEL RD
CAMANO ISLAND
(360) 629-2253

www.CamanoLutheranChurch.org

Calendar of Events



THURSDAY, JUNE 8

ASTRONOMY PROGRAM

9 pm – 10 pm near the Cama Beach Historic Store. Join park staff for a 1-hour program to learn about the skies above us. Topics include, planets, stories, constellations, and so much more. All children must be accompanied by an adult. Weather dependent.

THURSDAY, JUNE 8

STANWOOD RUN

6pm at Heritage Park. Event by Lynsae Quantrille and SC Runners - Stanwood Camano Runners. Flat course through town.

THURSDAY, JUNE 8

EXPANDED LIBRARY ACCESS OPEN HOUSE

4:00 PM – 5:30 PM at the Camano Island Library. Get more out of your library! Join us at our open house to learn more about using the library outside of regular hours and to ask your questions. For all ages.

THURSDAY, JUNE 8

PARKS & PLAY

10-11:30am. The Community Resource Center outdoor program for ages 0-5 and their parents/caregivers. Explore our local parks (today: Church Creek Park). During group time we will be offering an activity such as nature art, scavenger hunts, sports, water fun, obstacle courses, and more. Go to www.crc-sc.org/events for more info.

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Calendar of Events



DID YOU KNOW?

Beer was legally
classified as a
soft drink in
Russia until
2011.

FRIDAY, JUNE 9

STANWOOD HIGH SCHOOL GRADUATION



7 p.m. at Stanwood High stadium. About 280 Stanwood High seniors will graduate in front of classmates, family, and friends at Bob Larson stadium. Valedictorians will speak at the ceremony. The event requires a ticket. However, the graduation ceremony will be broadcast online on the school's event streaming platforms. (https://shs.stanwood.wednet.edu/families/event_streaming)

FRIDAY, JUNE 9

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. Conversation friendly. No cover.

FRIDAY, JUNE 9

STANWOOD FARMERS MARKET

"Love Thy Neighbor, Know Thy Farmer". 2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftspeople.

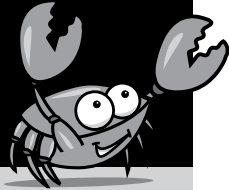
FRIDAY, JUNE 9

ROCK RADIO

7:30pm - 10:00pm at Pub 282. We are a Classic Rock / Blues cover band playing hits from the 60's, 70's and 80's. We are a group of musicians with decades of experience and playing the music we grew up with and love.



Calendar of Events



DID YOU KNOW?

It's impossible
to hum while
holding your
nose.

FRIDAY-SUNDAY, JUNE 9-11 DOG BARN HUNT TRIAL



SchaSam Farm in Stanwood is hosting a dog Barn Hunt trial June 9-11th. In Barn Hunt dogs search for rats safely encased in PVC tubes in arenas filled with straw bales. Any size or breed dog can participate. Spectators are welcome. More info: BarnHunt.com. Photo is National Champion Calamity at the Regional championships last fall.

SATURDAY, JUNE 10

EXPANDED LIBRARY ACCESS OPEN HOUSE

10AM at the Camano Island Library. Get more out of your library! Join us at our open house to learn more about using the library outside of regular hours and to ask your questions. For all ages.

SATURDAY, JUNE 10

GARAGE SALE FUNDRAISER FOR LOCAL YOUTH IN DANCE

9:30am-3:30pm at Lake Goodwin Community Club. Local dancers from The Dance Project NW & their families are hosting a sale inside the Lake Goodwin Community Club! 100% of all the funds are going right back to these dancers as they head to Las Vegas at the end of June to compete at Nationals!



*Our online
shop is now
OPEN!*

Laurie's
A Unique Boutique

Go to www.lauries-boutique.com
and click "Shop"

Stanwood United Methodist Church ~ Open Hearts, Open Minds, Open Doors ~

In-Person Sunday Service at 10:00am.
Live Online Services available at 10:00am at
www.stanwoodumc.org or on our Facebook
page at: Stanwood United Methodist Church.



360-629-9555

27128-102nd Dr. NW,

Stanwood, WA 98292

www.stanwoodumc.org

Handicapped Accessible

Pastor Justin White

Calendar of Events



DID YOU KNOW?

There is a liquid that you can breathe in called perfluorohexane. Animals can be submerged in a bath of perfluorohexane without drowning.

SATURDAY, JUNE 10 SUMMER CONCERT SERIES



Presented by Stanwood Commerce Alliance. Free live concert. All ages welcome! Summer Fun Saturday! Today's performer: Brittany Collins. Soulful Americana artist Brittany Collins writes songs that are equal parts heartbreaking and hopeful. Her performance will hit you like a lightning bolt and leave you begging for more. 2-4pm at Stanwood Cinemas at the Pavilion, 6996 265th St NW.

SATURDAY, JUNE 10 THE THREE C'S OF CRABBING



10:30 am – 11:30 am in front of the Cama Beach Historic Store. Have you ever wondered how to catch and cook crab? Get a jump on the summer crabbing season with our local expert, Tom Eisenberg. Learn responsible crabbing techniques, species identification, information about licensing and seasons, and delicious cooking methods. Weather dependent.

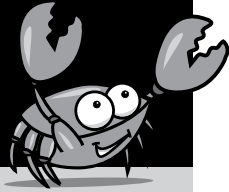
SATURDAY, JUNE 10 PRIME RIB DINNER

4pm until gone (and that's usually by ~5pm) at the American Legion, Post 92, in Stanwood. Join us for plenty of good food and camaraderie! Adults \$25 and children (under 12) \$10.

SATURDAY, JUNE 10 FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

Calendar of Events



DID YOU KNOW?

The horse on
the Wyoming
license plate is
named
Steamboat.

SATURDAY, JUNE 10

DANA OSBORN BAND

7:30pm - 10:00pm at Pub 282. An eclectic mix of old, new, and original dance rock.

SATURDAY, JUNE 10

STACY JONES BAND

8 pm - Conway Muse Hayloft Stage. Tickets \$18 advanced, \$20 night of show. The Award-Winning Seattle singer-songwriter and multi-instrumentalist Stacy Jones and her Award-winning Band who deliver high energy Roots Rock, Blues, and Americana.

SATURDAY, JUNE 10

CARS AND COFFEE

7am-10am at 848 N Sunrise Blvd, Camano Island. Free Event by The Baked Cafe at Camano Commons Marketplace. You provide the cars, we provide the coffee! All cars welcome. Lets fill this place up!

SATURDAY, JUNE 10

STANWOOD SPARTAN WOMEN'S FOOTBALL GAME

Stanwood Spartans Women's Football first time ever home games at SHS field! Come cheer them on as they take on Lake Stevens Valkyries. Game is at 6pm at Stanwood HS! Proceeds benefit scholarships for youth sports in our area. Hope to see you there!

SATURDAY, JUNE 10

GARDENING CLINIC

The Snohomish County Masters will be hosting a clinic at Haggen today between 10 & 2. Please come visit us with your gardening questions. (It is very helpful if you can bring samples or pictures of gardening problems with you so that we can do a proper diagnosis of your concerns.). Hope to see you there!

SATURDAY, JUNE 10

CASA PET FOOD AND SUPPLY DRIVE

Camano Animal Shelter Association (CASA) will hold its annual pet food and supply drive at the Camano Plaza from 11 a.m. to 4 p.m. A wish list of pet food and supplies needed at the shelter will be displayed and wish lists provided. The goal is to "fill the van" with wish list items. All proceeds will benefit CASA, our local animal shelter. www.camanoanimalshelter.org



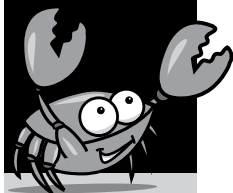
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www.ltco.com

Calendar of Events



SATURDAY-SUNDAY, JUNE 10-11

THE SKAGIT RIVER PRODUCE FARMERS MARKET

10am-3pm. Many wonderful products include produce and hand made arts and crafts. The vendors change every day so come often! Come enjoy the beautiful scenery, live music, and fun products in Conway, I-5 at the Highway 534 exit on the east side. For more information contact MarketCoordinator@SRPFarmersMarket.org.

SATURDAY-SUNDAY, JUNE 10-11

INDOOR SWAP MEET

9am-4pm at Stillaguamish Grange (at Stanwood Fairgrounds). Multiple local vendors offering vintage, antiques, collectibles, art, jewelry and more. Plus food options available for purchase. At the Stillaguamish Grange on the Stanwood fairgrounds.

SUNDAY, JUNE 11

RAGE AGAINST THE CAGE DOUBLES TOURNAMENT

At Disc Golf Resort, 15711 Marine Drive NE, Stanwood. Bring your own Partner for Rage Against the Cage Doubles, a PDGA Sanctioned XC-tier Doubles tournament. 27 Holes. Best Shot. Flex Start (choose your tee times). 1st round on Reds 1-18, 2nd round on Blues 1-9. Registration (as a team) through Discgolfscore.com. Pre-registration is required. Aces BBQ will be open in the clubhouse and serving up burgers, brats, and a selection of smoked meats, sides, and desserts, along with their signature in-house made BBQ sauces.

Did you hear? It's the Month of Giving.

For every hearing test completed, we will donate \$10 to local charity.

**Stop in or call
(425) 272-9435.**

9300 271st St NW,
Suite B-5,
Stanwood, WA 98292
Near QFC, between Papa Murphy's and H&R Block
p: **425-272-9435** | f: **360.572.4765**
w: StanwoodHearing.com



STANWOOD HEARING

Calendar of Events



DID YOU KNOW?

There's very little evidence the TSA has ever stopped a terrorist or found a real bomb. When tested, they failed to find fake weapons and bombs 95% of the time.

SUNDAY, JUNE 11

BINGO AT THE VIKING HALL



Doors open at 5pm and games begin at 6pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

SUNDAY, JUNE 11

SUMMER DRUM CIRCLES ON THE GREEN



at Camano Commons - Free Community Event. 6-7pm. Free and Open to all ages. Bring drums and other percussion instruments to play and share. Kids, dogs and dancers welcome. In case of rain the event will be cancelled. Please register for this free event so that we know how many people to expect. Thank you! Limited chairs available, good idea to bring a chair or blanket to sit on. Raising the vibration of our community, register at movementarts.com.

MONDAY, JUNE 12

VIBRANT HEALTH AT ANY AGE INSPIRE

A fresh summer outlook with four informative Health and Wellness classes. Each evening we will have a short lecture to give practical ways to boost our health and wellbeing to guide us in our personal health and wellness. Today's topic: Cardio Health. A whole-food, plant based meal is provided each evening with cooking demonstrations and recipes to take home. 6-8pm at Cedarhome Seventh-day Adventist Church, 28505 68th Ave NW, Stanwood. \$5 charge for meal. RSVP Cindy @ 425.870.1006.

Calendar of Events



DID YOU KNOW?

The 1831 London Bridge was sold in 1962 when it needed to be replaced. It was bought by Lake Havasu City, Arizona, to help tourism.

MONDAY, JUNE 12

NEW STUDENT OPEN HOUSE

Will you be a new student at a SCSD elementary school this fall? If so, be sure to check out the open house at each elementary school. Twin City: 5:30-7pm; Stanwood Elementary: 5-6pm; Cedarhome: 5-6pm; Elger Bay: 5-6pm; Utsalady: 5-6pm.

MONDAY, JUNE 12

NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

MONDAY, JUNE 12

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. Bring your team of up to 6 for a fun night of food, drinks and creative trivia! Free sign up. Win prizes!

TUESDAY, JUNE 13

LINCOLN HILL HIGH SCHOOL GRADUATION



6-8 p.m. at Stanwood High School. Lincoln Hill High School graduates about 30 students in front of classmates, family, and friends in the Performing Arts Center at Stanwood High. It's a tradition at Lincoln Hill graduation for teachers to introduce each graduate and tell some touching and impactful stories about them as they head into the world. The graduation ceremony will be broadcast online on the school's event streaming platforms (https://shs.stanwood.wednet.edu/families/event_streaming)

TUESDAY, JUNE 13

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

TUESDAY, JUNE 13

FREE COOKING DEMO

in the barn at Hazel Blue Acres in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

~ EVENTS CONTINUE ON PAGE 31 ~



Windermere

REAL ESTATE



NORTH END **\$1,075,000**
Tranquil park-like 5 acres with exceptional rambler and charming studio and first time on the market! #2052833



CAMANO HILLS **\$1,250,000**
Commanding views from Mt Baker to Mt Rainier from this luxury home with wood shop and outdoor living spaces. #2072254



CAMANO ISLAND **\$599,000**
Nestled off a private road is this 3-bedroom gem on a lush, partially fenced 5-acres. #2066842



FINISTERRE **\$1,195,000**
Top-of-the-world views from this amazing north Camano home with extensive updates and upgrades. #2070402



PRE SALE **\$895,000**
Light and bright pre-sale rambler in the Cavalero Hills area of Camano with close community beach access. #2067146



CAMALOCH **\$595,000**
Spacious cabin-like 2-bedroom home on the lake in gated golf community with new deck to enjoy the lake view. #2068715

STANWOOD
7359 267th St. NW, #D
360.629.8233



CAMANO ISLAND
818 N. Sunrise Blvd.
360.387.4663



Windermere

REAL ESTATE



WEST SIDE \$1,400,000

Perched on 2.3 park-like acres on the coveted NW side of the island, luxury waterfront home and shop. #2069742



WATERFRONT \$1,300,000

Utsalady beach home on Camano with sweeping views is turn-key and has optional 2nd living space on lower level. #2069703



MADRONA \$569,000

Fully renovated Camano beach cabin with great views of the water, mountains, sunsets and boats currently a VRBO. #2068706



STANWOOD \$650,000

Beautiful 4-bedroom home with a light and bright open concept close to town amenities and ready to move-in to. #2070404



MINI FARM \$695,000

Cute Stanwood rambler on 4.3 acres perfect for a hobby farm with fenced pastures, barns, shops and outbuildings. #2048711



STANWOOD \$930,000

Storybook property-tree lined gated entry for fabulous home on 5-level acres with equestrian amenities, outbuildings and fenced pastures. #2051638

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR



**Race starts at
9:00 AM
@ Camano Center**



**606 Arrowhead Rd
Camano Island
(360) 387-0222**

CRAB DASH

5K Family Fun Run / Walk

Saturday, June 24, 2023



Benefitting the programs & services the Camano Center offers to older adults

- Early Bird Price: \$25 run only/\$40 run w/shirt.
- Chipped timed by Bell Lap Productions
- Beautiful Course!
- \$80 Family early registration price (4-6 family members) Does not include t-shirt.
- Kids 8 and under are free. Does not include t-shirt.
- Senior early registration price (65-105) \$20 Run/Walk or \$35 Run w/shirt.
- Shirts available for purchase.
- Dogs on leash & strollers welcome
- Register on-line at runsignup.com.
- Pre-run warm up by Camano Fit
- Race packet pick-up at the Camano Center 7 a.m. race day & Friday, June 24th 10-4.
- Awards
- Early registration discounts end June 11.
- Online registration closes on Tuesday, June 21.

**Register by June 11 to be eligible to win one of two gift cards
to SUPER JOCK & JILL! Must be present to win!
Drawing will take place before the start of the run.**

Thank you to our race sponsors:



Camano Center



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Fit For Life



Calendar of Events



DID YOU KNOW?

J is the only letter that doesn't appear on the periodic table.

TUESDAY, JUNE 13

PATHWAYS OF DEMENTIA

With Guest speaker: Kelsey Wood, Dementia Support Specialist, Northwest Regional Council. 2:00 - 3:30 p.m. at Camano Center, 606 Arrowhead Road. Join us for a presentation for caregivers or community members supporting people with dementia. We will explore how the brain changes with dementia, what to expect as things progress, and how to maintain your stride as a care partner walking alongside someone with dementia. Information on local support resources will also be available, including an overview of the "Old Friends Club", respite day program starting at the Camano Center this summer. More info: 360-387-0222.

WEDNESDAY, JUNE 14

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, JUNE 14

JOG AT THE AC RETREAT!

Noon at the AC Retreat, Silvana, WA. Join Athleisure Collective to take a moment in your day to jog, walk, run, ride & move forward... any way, any pace is great! This is a free community event. SIGN UP at <https://www.athleisurecollective.com/eventformsignup> to be added to the list and to get the address for the AC RETREAT location.

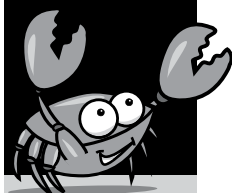
THURSDAY, JUNE 15

CHRIS EGER

7:30pm - 10:00pm at Pub 282. Very few musicians are said to be extraordinary examples of excellence in any one genre of music. Even fewer can be described as exceptional across multiple. When considering Chris Eger fits into the latter category as both a guitarist AND vocalist, it is no doubt an especially rare gift.



Kid's Korner



DID YOU KNOW?

The odds of getting a royal flush are exactly 1 in 649,740.

A, B, C, FAREWELL

A is for the alphabet which we know how to say.
 B is for busy bodies—at work and at play.
 C is for colors—red, yellow, blue, and green.
 D is for drawing pictures, the best you've ever seen.
 E is for exercise to keep our bodies strong.
 F is for the fun we've had as we have gone along.
 G is for the good friends we made throughout the year.
 H is for happy faces, filled with love and cheer.
 I is for imagination used at every turn.
 J is for good jobs and the praises we have earned.
 K is for kindergarteners—hip, hip, hooray!
 L is for learning—more and more each day.
 M is for minding and showing our respect.
 N is for numbers. One, two, three...correct?
 O is for the obstacles we learned to overcome.
 P is for puppets and for playing rhythms on a drum.
 Q is for all the questions we've asked throughout the year.
 R is for reading stories, even those that bring a tear.
 S is for different snacks, several we have tried.
 T is for talking. It's not to be denied.
 U is for unusual; it fits some things we've done.
 V is for volunteers—parents and everyone!
 W is for the world of words we've barely dipped into.
 X is for extraspecial kids—it's him, it's her, it's you.
 Y is for yes, it has been a great year!
 Z is for first-grade zest. We're ready, have no fear!



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GRADUATION DAY COLOR PAGE



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WHEN:

Fridays 4:00-5:00 pm

WHERE:

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\$15 per person / \$25 for couples
\$10 for Camano Center Members

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| ✓ Ductless | ✓ Panel Upgrades |
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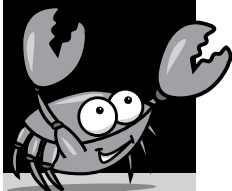
We live where you live! Contact our Comfort Expert, Nate, today for a free in-home estimate for your heating & cooling needs!

Let me know you saw our ad in the Crab Cracker for \$100 Off!



ncollver@homecomfortalliance.com

Photos and Art



DID YOU KNOW?

Nearly 15 percent of Los Angeles is used as a parking lot.



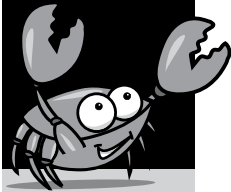
Early Summer flowers on the farm. Photo by Jill Wellington.



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- AKC Scent Work
- Tracking Classes
- Puppy Training
- Newly Adopted Dog / Puppy Classes
- Virtual Dog Training
- Service Dog Training
- AKC Fitness
- AKC Tricks

Artist of the Week



Are you
interested in
promoting your
art, craft,
or live
performance?

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bio about your-
self and we will
feature this page
to you... and it's
all FREE!

ART SHOW - DOTTI BURTON & STUDENTS WITH MODERN & CONTEMPORARY WORKS OF ART



at Beach 1 Gallery during June. **Dotti Burton:** "My objective in painting is to create, not report. Although my vibrant, fresh color has taken center stage in many of my paintings I am always thinking emotion and a compelling composition. I especially like playing with paint and letting it "talk to me". I have taught "Creative Painting" and "Collage" for over ten years at The Guilded Gallery, Stanwood. **Lynette Stackhouse:** "I have always loved making things and decorating inside my home or outside in the yard. After retiring, I took watercolor classes with Dotti Burton and followed her journey from watercolor to acrylic abstract. Abstract is my passion and I never know what is going to happen! I enjoy the process and enjoy the final painting. Painting is my meditation." **Cherie Winnicki:** Cherie lives on Camano Island and is inspired by the beauty that surrounds her. She has always enjoyed creating with color and using a variety of mediums, including acrylic. **Judy Aiton:** A local abstract and mixed-media painter. Inspired by the outdoors, Judy's works are expressive responses to landscapes, gardens, and the seasons. She believes painting is a language, and so her artistry is not about painting pictures of things. Rather, she paints ABOUT things. **Samantha Pierce /Art Journey:** "I can't think of a time that I have not been connected to art and music. I was very fortunate to have an artistic mother who sang and painted and encouraged me to draw and paint at an early age. Currently I spend my creative time working on collage, and encaustics and acrylic paintings. My influences are the Impressionists, with a dash of Pre-Raphaelites thrown in for fun. I enjoy the fun and spirit of creativity in my blessed Camano Island home," **Margie Ridley:** has lived in the PNW for more than 28 years. Margie creates colorful "abstract paintings & cards using watercolors, acrylics, gelatos & Pastels. The brilliance of color & abstract designs drives her passion to create. **Jane Morris:** "Art is thrilling to me. It is my favorite form of communication. I love understanding its complexity and seeing new unique ways it is presented. When I think there is nothing new and discover a new color, shape, line, texture etc. my brain feels a tickle and gets inspired to breathe."

Business Spotlight



*Are you
interested in
promoting your
business or
organization?*

*Email us info or
a bio about your
business and
yourself and we
will feature this
page to you... and
it's all FREE!*

SHOEBOX BAKING COMPANY



Specializing in Artisan Homemade Cookies and small cakes for you, Corporate Gifts, or Events. "Changing the World One Cookie at a Time". ABOUT: I bake, in my cottage kitchen, a variety of artisan cookies and treats made from many of my grandma's recipes. The "Cookie Shack" (pictured above) is open most days. Located on Roberts Way, in Madrona Beach, Camano Island. Raising money for our local foodbank. (over \$1200.00 raised). About Me: I was in the printing business for 30 years. As an annual "thank you" for my clients, I made treats using grandma Lindsay's recipes. When I left my job, I really enjoyed baking during the holidays, so I started a cottage kitchen business from my home. Now, I'm Changing the World One Cookie at a Time. I offer a selection of traditional, as well as gluten free cookies, and small cakes. I am certain that you will not be disappointed and will be coming back for more! Place orders with Karen at shoeboxbakingco@gmail.com or text/call 206-799-2073. Delivery is available. www.shoeboxbakingcompany.com

EDITOR'S NOTE: I stumbled upon the "cookie shack" on a random drive and purchased a small bag of snickerdoodles. It's my favorite cookie). I bought them to share with my family. Back in the car, I ate one, and it was delicious, and then I ate another. In 10 minutes I had eaten all of the cookies, sorry family. – James Shipley, *The Crab Cracker*.



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Island Transit





Pathways of Dementia

Guest speaker:

Kelsey Wood, Dementia Support Specialist,
Northwest Regional Council

Tuesday, June 13th

2:00 - 3:30 p.m.

Camano Center, 606 Arrowhead Road

Join us for a presentation for caregivers or community members supporting people with dementia. We will explore how the brain changes with dementia, what to expect as things progress, and how to maintain your stride as a care partner walking alongside someone with dementia.

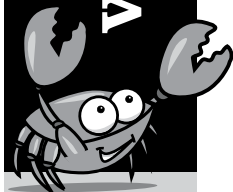
Information on local support resources will also be available, including an overview of the "Old Friends Club", respite day program starting at the Camano Center this summer.



CamanoCenter
Get connected.

360-387-0222 | www.camanocenter.org

Moonshine Wisdom & Wit



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at www.skeeterdaddle.net

MY SHORT LIFE AS AN OUTLAW BIKER

Back in 1978 I bought my first motorcycle --- from my then wife's boyfriend. I know what you're thinking, I wasn't, and you can congratulate yourself for wisdom I did not have at the time. The bike was a beat-up 1960's Honda 350 that wouldn't start, which is why my wife's boyfriend was selling it. Cheap. Maybe it was the despondency over a marriage gone south, but that bike seemed like just the tonic to reinvigorate my depressed life. Right ... get a suicide machine.

It took me months to get that crummy motorcycle to start, but there came a day when it sparked to life down in the basement of my ghetto house and triumphant, I brought that Honda out into the sunshine, popped the clutch and hung on for dear life as I menaced the car-strewn streets of my shabby neighborhood. No license, no tags, no helmet --- that's right, amigo, bad to the bone!

Only a few blocks from my house the bike quit, stalled in an intersection and so I ingloriously pushed the thing back home, disappointed but still determined. If you've never sat a bike, that raw power between your legs, a monster growl snarling with the smallest twist of the throttle, the sudden acceleration from zero to 60 in seconds, you're the lucky one. Only insane people and Tesla money love that G-force barely under control. Me, I knew this was a death machine. I could all too willingly hurtle into my dark future.

Lucky for me I spent most of my time with the bike working on it, not riding it. Dreams of horrible motorcycle accidents littered my night, recalled next morning as black omens, harbingers of an early and messy demise. An encounter with a black motorcycle gang at an intersection where we all stopped for the red light, the boys surrounding me right left front and back, revving their Harleys to red line RPM's, then sprinting on the green, all but me, stalled out yet again when my ugly Honda died when I hit the gas, leaving me in their wake of oil and gas fumes and imagined laughter. I knew right there my days of being the Wild One had crashed and burned. Like Peter Fonda said to Dennis Hopper in Easy Rider, we blew it, man.

In the end I sold the bike. Back to my then wife's boyfriend. Same price. Seemed only fair. And every once in awhile I wonder if maybe he took a turn too fast, laid that Honda down on some backroad blacktop in a shower of sparks and screaming metal, wishing he'd just kept my hundred bucks and my wife, called it a good deal all around, lived happily ever after. But then I think, we probably all got what we wanted, or at least deserved. Hopefully the only ones disappointed are the Hells Angels. Sorry, guys, I hung up my bike.



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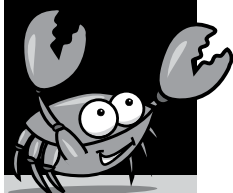
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Community Information



GRAB A CRAB CRACKER:

from the box attached to the wall of Camano Gateway building at Freedom Park

50TH ANNIVERSARY CELEBRATION

Lincoln Hill Retirement Community. Join us in celebrating 50 years!. June 17th. 4pm. BBQ dinner, dessert, presentation. This is a fundraising event. A donation is suggested. RSVP online BY JUNE 7 at <http://tinyurl.com/3jxpup6s>. More info: 360-629-7403.

SUMMER COOKING CLUB KIT

Let your little chef flourish with our Haggen Kids Cooking Club kit. Our Summer kit will be available for pickup on Saturday, July 29, 9am-6pm. Reservations are no longer required—kits are first come, first serve at your local store. Each kit comes with a new set of seasonal recipes, a Haggen Kids Cooking Club cooking tool, activity sheets and more. We can't wait to see what your little one cooks up! Get all the details at <http://ms.spr.ly/61895CCVS>.

MOLT SEARCH - LEARN TO IDENTIFY AND REPORT INVASIVE GREEN CRAB MOLT



Tabitha Jacobs-Mangiafico, Whidbey Coordinator of Sound Water Stewards, teaches how to identify invasive European Green Crab molt shells and how to report them using MyCoast App. European green crabs (*Carcinus maenas*) threaten marine resources in Washington. Early detection is critically important! Washington Sea Grant and partners are launching a new volunteer-based early detection program called Molt Search. This summer, Sound Water Stewards will teach the public how to distinguish molts from invasive European green crab that wash up along inland shorelines. These molts can serve as an early indicator of the presence of European green crab in an area so that the Washington Dept of Fish and Wildlife can take action to seek and eliminate invasive crabs. The public is invited to Sound Water Stewards June 12 meeting: 10:00 am Business Meeting followed Featured Speaker at 10:30 am. Find the Zoom link at bit.ly/45lpBJE or <https://soundwaterstewards.org/event/monthly-member-mtg-june-2023/>

COMMUNITY LAUNDRY OUTREACH

Free Load of Laundry offered to those in poverty or homelessness. Laundry supplies provided. No more than 10 people at a time. Sack meal provided. 5-7pm (last load in washer at 6:15pm) at Viking Laundry, 8812 Viking Way, Stanwood.

Community Information



FREE SUMMER MEALS PROGRAM AVAILABLE IN JULY AND AUGUST

Good nutrition is essential for effective learning every day — all year long. Just as learning does not end when school lets out, neither does the need for good nutrition. Summer meal programs help children get the nutrition they need to learn, play, and grow throughout the summer months. The Stanwood-Camano School District is again offering its free Summer Food Service Program for all children ages 18 and younger. The program is open to all families and doesn't ask for any paperwork — kids can just drop in and grab a meal. "We're delighted that we're able to serve our community in this way during the summer. So many children go without, especially during the summer," said Don Vennetti, the district's Director of Food Services. The summer meal program will be offered Monday through Friday at the following locations: Twin City Elementary (26211 72nd Ave. NW, Stanwood, WA 98292), Dates: July 5 - August 25, Breakfast: 8:30 a.m. - 9:30 a.m., Lunch: 10:45 a.m. - 11:45 a.m.; Stanwood High School (7400 272nd Ave. NW, Stanwood, WA 98292), Dates: July 31 - August 25, Breakfast: 8:30 a.m. - 9:30 a.m., Lunch: 10:30 a.m. - 11:30 a.m. This federally-funded program is sponsored by many organizations throughout our state. Children may participate in summer meals programs outside of their communities. For more information, visit our Food Services webpage at www.stanwood.wednet.edu. Photo: Stanwood-Camano School District food service workers prepare meals in the Port Susan Middle School kitchen.



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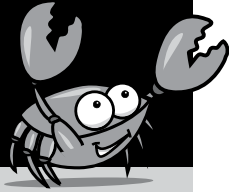
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Community Information



DID YOU KNOW?

In the Netherlands version of Sesame Street, instead of Big Bird, they have a blue bird named Pino. He was later established as Big Bird's cousin.

NOW ACCEPTING APPLICATIONS FOR THE HOLIDAY BAZAAR

The Camano Center is now accepting applications for the Holiday Bazaar to be held on November 18. All products sold must be hand-made. If you are interested in applying or would like further information, contact Sue Ryan at artistsue@yahoo.com. Spaces are limited.

ANNUAL HUGE GARAGE SALE

at the Stanwood Masonic Center August 18-19 Friday and Saturday, 9-5. Help our non-profit, help the community, by donating usable items to help with charities and support of our continuing efforts in our Stanwood and Camano community. Call 425-263-6808 for pick-up and information.

DONATE A CAR OR BOAT TO CASA

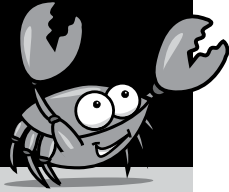
Do you have a car or boat that you no longer use? Consider donating it to CASA via Donate For Charity. If you decide to donate your vehicle, (1) It will be picked up free of charge; (2) It will be sold at auction or older vehicles can be sold for parts; (3) You will receive a receipt entitling you to a tax deduction; and (4) All proceeds will go to the Camano Animal Shelter Association to support our care for homeless pets. Our vehicle donation program is made possible through our partnership with Donate For Charity. When you are ready to donate your vehicle, you may call Donate For Charity toll-free at (866) 392-4483 or donate on-line at their website: www.donateforcharity.com. Questions? Call CASA at 360-387-1902 Wednesday through Sunday.

CALL TO ACTION - STANWOOD COMMUNITY BLOOD DRIVE



As you may know, this is a difficult time of the year for our local blood supply. As community members begin their summer activities like visiting with guests, traveling and enjoying fun in the sun our local inventory takes a hit. Unfortunately, the need for blood stays constant throughout the season. Bloodworks Northwest is scheduled to return to the Stanwood Foursquare on June 13th, 14th & 21st. As of now, we have 50 appointments left to fill! Since each unit of blood can save up to two lives, that has a potential to affect 100 local patients. It's easy to shrug it off but blood transfusions are lifesaving for patients that need it. Local patients like this one <https://www.youtube.com/watch?v=gsBe1AZwq4o&t=7s> depend on them.

Community Information



DID YOU KNOW?

During a conversation each speaker's "turn" averages 2 seconds, and the pause in between only 200 milliseconds.

That figure is nearly universal.

OPEN HOUSE SATURDAY & RESEARCH WEDNESDAY

Open House every Saturday, 10am-1pm at the Stanwood Area Historical Society Tolin House (between the Pearson House the Floyd Norgaard Center). Research Wednesday 1-4pm at Eldridge Center.

VENDORS NEEDED FOR FUNK & JUNK FESTIVAL

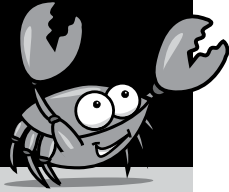
Say "seeya" to snooze-worthy sale spots and failed yard sales and come be a vendor at the Funk & Junk Festival at the Stanwood Fairgrounds on Saturday, August 19th! If you're a die-hard fan of anything quirky, vintage, and downright funky, this is your chance to showcase your unique wares in a crowd of equally curious enthusiasts. We're not just talking about antiques and crafts, we want everything out-of-this-world, from artsy pieces, rare yard sale gems to community collaborators and mouth-watering food! Vendor applications accepted online at funkandjunkfest.com.

FREE FISHING WEEKEND



Free Fishing Weekend is a great opportunity for anglers to introduce people to sportfishing. Beginning in 2023, a valid fishing license is required for anyone 15 or older to harvest any fish species requiring a catch record card (including salmon, steelhead, sturgeon, and halibut) or shellfish on free fishing weekend. "Free Fishing Weekend" is June 10-11, 2023, when fishing licenses are not required to fish for certain species in Washington. Free Fishing Weekend in Washington is always the first weekend after the first Monday in June. Some fishing opportunities that are available without a license on free fishing weekend include: Rainbow trout and bass in lowland lakes across the state; lingcod, cabezon, and rockfish on the Washington coast; and Shad in the Columbia River. Also NOT required on Free Fishing Weekend: Vehicle Access Pass (which comes with a fishing license); A Discover Pass will not be required on WDFW, DNR, or Washington State Park lands on Free Fishing Weekend, in recognition of National Get Outdoors Day on June 10 and Free Fishing Day on June 11; Two-Pole Endorsement. Remember - all other rules still apply. While no licenses are required for some species on Free Fishing Weekend, it's still important to check the regulations for other rules such as size limits, bag limits, and area closures that will still be in effect.

Community Information



DID YOU KNOW?

Maine is the only state that has a one-syllable name.

TEEN ELEVATE - HIGH SCHOOLERS

June 08, 2:15 PM – 4:00 PM at 9612 271st St NW, Stanwood. A free, weekly event for local middle school and high school aged youth to learn skills that improve their mental wellness, refine their coping skills, and connect with others in an engaging group setting. Teen are welcome to arrive at the CRC right after school to get a snack, decompress, and settle in before the session starts at 3PM. Meet CJSW Social Worker, Olivia Lauzon, as she interacts in group setting using evidence-based practices revolved around mental health.

WEEKLY INTERPRETIVE PROGRAMS AT OUR STATE PARKS

(Weather dependent. All children must be accompanied by an adult).

Bald Eagle Table Talk: Fridays 10 am near the Cama Beach Historic Store and Saturdays 1 pm near the Camano Island State Park boat launch. Join Park Staff to learn about the Bald Eagles that make the park their home. Hopefully you'll get a chance to see them.

Junior Ranger Program: Fridays 1 pm near the Camano Island State Park boat launch and Saturdays 10 am near the Cama Beach Historic Store. Join Park staff for this 1-hour program to learn about the park and the animals, plants, and humans that make their homes in our parks. Topics vary every week.

Who Eats with Their Feet: Fridays 2:30 pm near the Cama Beach Historic Store. Join Park staff and volunteers to learn about barnacles and plankton. Learn how they interact with each other in the marine environment.

Toy Boat Building: Saturdays 10 am – 2 pm in the Cama Beach Boathouse. Stop by The Center for Wooden Boats boathouse and learn how to build a wooden toy boat. You get to bring it home as a souvenir! \$5 suggested donation.

Astronomy Program: Saturdays 2:30 pm near the Cama Beach Historic Store. Join park staff for an informal program to learn about our planet's closest star. Topics include sunspots, planets, and so much more.

Guided Hike: Saturdays 4 pm, Meet at the Cama Beach Drop-Off Shelter. Get out on the trails with park staff to learn about the human and natural history of the park. Topics include park history, wildlife, and so much more!

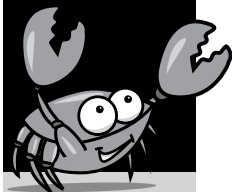
Big Bubbles: Sundays 10 am near the Cama Beach Historic Store. Learn how to make giant bubbles and become a bubble-ologist!

Table Talk: Sundays 1 pm near the Camano Island State Park boat launch and 2:30pm at Cama Beach Store. Join Park staff for an informal program to learn about the common plants, animals and birds that make Camano Island State Park their home. Topics vary every week and can include beavers, marine mammals, orcas, and so much more.


Congratulations
CLASS OF
2023



Community Information



DID YOU KNOW?

Whenever Charles Dickens was away from home, he would always realign the bed he was sleeping in to face Northwards, as he felt that this fostered and unlocked his creativity.

COME MEET YOUR STANWOOD SPARTANS WOMEN'S FOOTBALL TEAM

at the Stanwood Farmer's Market on 6/2 and 6/9 at 2-6pm to get upcoming game information and buy tickets. Tickets are \$10 per person or \$20 per family of 4.

CAA MINI ART SHOW AT THE GATEWAY BUILDING



11am-3pm at 578 E North Camano Dr. Camano Island. Event by Camano Arts Association. Come visit us! CAA now has a weekly physical presence on the island, with the lease to the Camano Gateway building. A display of work from CAA members will be currently on view. Located at the tip of Terry's Corner, next to Freedom Park.

FAMILY HISTORY CENTER OPEN WORKSHOP

Come any Tue (10am-noon) or Wed (6:30-8pm), at 795 Ell Rd, Camano Island (Church of Jesus Christ of Latter-day Saints), and get an absolutely FREE personalized consultation. We'll show you how to discover your ancestors and get FREE access to Ancestry.com, Fold3.com military records, Newspapers.com, ArkivDigital, and other websites.

PICKLEBALL DEMONSTRATION

The Camano Stanwood Pickleball Association will be conducting a demonstration of the fastest growing sport in the US at the Camano Multipurpose Center, next to CASA. This sport is recommended for all ages, but especially for older adults. Come take a look and see about playing! Demonstration is Tuesday, June 6 from 12:30pm to 1:30pm.

FREE HORNET HIVE REMOVAL

Hornet season is starting up, and I remove for free the hornet hives. The hornets are needed for immunotherapy. I serve the Camano/Stanwood/Arlington area. Removal is free and chemical free. I'll start collecting the end of June.
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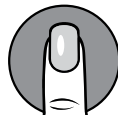
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CASA'S PET OF THE WEEK:

Meet **LUNA!** She is a 2 year old kitty who is super sweet and loves to be cuddled! She does well with other cats and cat-savvy dogs. She's talkative and very playful but she loves being lazy as well. She can be shy of strangers at first but will warm up to them if you give her time. She has stolen all of our hearts. If Luna sounds like the perfect fit for you, come meet her down at our shelter!

Camano Animal Shelter Association (CASA):
(360) 387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

Hi! I am **PRINCESS!** I am about 8 months old and I weigh just over 7 pounds. I would love to be part of a family that is willing to take the time and be patient with me so I can spend the rest of my days being my best kitty self. If you are interested in meeting me, please come and to The NOAH Center and talk to an Adoptions Matchmaker today!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

MERC: If you are looking for a loyal companion then look no further because Merc is your boy. He is sensitive, gentle and is ready for his forever home. Merc is so special. YOU MUST visit www.save-a-mutt.org/adoption-application/ to fill out an application before meeting any dogs. We are foster-based rescue with no facility.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org

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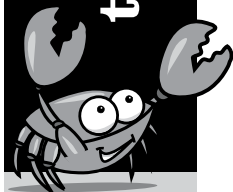


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View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

MY 50TH HIGH SCHOOL CLASS REUNION SPEECH

[Author's note: I was recently asked to give a speech at my 50th high school class reunion. Below are excerpts from my actual class reunion remarks to my fellow class of '73 colleagues. – Tim Jones]

Hello. I'm Tim Jones. It is great to see so many of my former classmates from the class of 1973, some of whom still vaguely recall who I am. I look forward to reconnecting with many of you, to learn in great detail how you became so much more successful in your career than I did.

I've never been one to toot my own horn, but in our senior year, my classmates voted me "Person Most Likely to Disappoint his Father." Given that I've been a humor writer for the past 14 years, I feel I truly nailed this award.

I want to acknowledge a few individuals. First, I want to congratulate my classmate Drew Rider on being inducted into the school's Athletic Hall of Fame. Well deserved, Drew. But to be perfectly honest, many people have said that the ONLY reason I was not inducted last night right alongside you was due to my overwhelming lack of athletic talent, speed, stamina, and strength. But I disagree. If you ask me, I was blocked due to my bad penmanship.

I want to acknowledge my friend Ned Reinhardt. Ned initiated a series of periodic zoom calls when the Pandemic happened. It was his idea to try to bring our class together to share stories about our lives. Fun fact: Throughout all those many Zoom calls, Ned never once wore pants. Maybe it's a German thing, I honestly don't know.

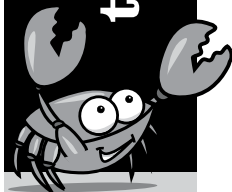
Then there's Blake Pickett. Not exactly what you'd call a jock back in high school, if we're going to be honest here. But a few years ago, in his sixties, this guy actually rode his bicycle from his home outside of Washington, DC all the way across the country, eventually showing up at my doorstep in Seattle. Over 3,000 miles! Very impressive, Blake. Although I heard a rumor he rode Amtrak from St. Louis to Boise, Idaho. Probably not true.

I guess my proudest accomplishment while at the Academy was being selected class valedictorian. I like to think it was because of my impressive GPA... and not at all because I had threatened to release a batch of seriously incriminating photos of members of the Board of Trustees if I was not chosen.

Most past valedictorians of our prestigious institution went on to distinguished careers such as heads of companies or university professors. Some even went on to impressive careers as philanthropists. And I..... um, well, I followed a different path. You see, I eventually became a humor writer.

After I graduated, I went to college and majored in Communications. Fun Fact: Upon graduation, I discovered there are no good paying jobs for a Communications major. So, I decided to go to law school and, upon graduating, I realized I never wanted to be a lawyer. I smartly pursued a career in sales management in an up-and-coming industry with a bright future – daily newspapers. Finally, at age 54, I

View from the Bleachers



decided to leave the corporate rat race and become a humor writer. I've done well over my career. Not to brag, but according to my math, I'm almost certain I am one of the 50 wealthiest members of our entire... 42-person class. Unless you're measuring success by net worth. In that case, I did much worse.

But I have had a wonderful life. No complaints. My wife and I adopted two beautiful baby girls from China. Our daughters are both grown up now. To this very day ... they're both still embarrassed to be seen with me in public. And when they learned that their dad was Valedictorian, they both agreed, there must have been some irregularities in the vote count for valedictorian that year.

But, deep down, I believe with all my heart that, if my father were still alive today to see how I turned out after the Academy, he'd probably put his arm around me, and with tears in his eyes, say, "My dear son. I paid for 12 years of your private school education. And you became a HUMOR WRITER? Hell, for God's sake, son, even your class's laziest slacker, Benny O'Donnell, became a doctor!"

Thank you very much.

[Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his YouTube channel by the same name.]



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Classes and Workshops



DID YOU KNOW?

Since 1990 the United States has added more acres of forest than it has lost, with almost 20 million new acres of forest land added in the last 2 decades.

Art Class for Youth – Mining Your Authentic Self – May 10, 5-7pm at the Community Resource Center of Stanwood Camano. Designed for participant's individualized healing expression. Materials provided or bring your favorites!

FREE HIGH Fitness aerobics classes Saturdays at 7:30 am at The Church of Jesus Christ of Latter-day Saints on Camano, 795 Ell Rd. High Fitness is a high-intensity, cardio and toning class set to fun music. All are welcome and donations are not necessary!

Free Medicare Basics Information Class May 27 (1:30pm – 2:30pm). Open to the public, no obligation. We will be explaining how your Medicare benefits work, as well as the details of enrollment. Following the class, you will be given the opportunity for a private consultation. This class is highly recommended if you are 64 years old, relocating, retiring, or interested in comparing your current plan. Location: Camano Island Library Meeting Room. RSVP: John Hart 360-967-9601

Yoga for Beginners Five Week Session Tuesdays 6pm. Prepare you with the first steps toward a regular practice. Sign up through movementarts.com or call 360-629-9100. Next Sessions: May 30-Jun 27. Space is limited, sign up early. More Sessions in the Fall.

Yoga Classes In-studio & Online at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes; regular membership rates apply.

Free trial lessons for new piano or guitar students. Call 425-780-2289 or book an intro lesson on HartMusicSchool.com (Currently accepting music teacher applications.)

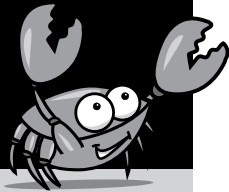
Virtual Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

YogaTone 4-Class Course May 21, June 18 and July 16, 2-3pm. A uniquely curated class, incorporating movement, dance, yoga, breath, and positive sweat. No prior experience needed. If you like to move and groove, this may be the class for you. YogaTone is practiced in bare feet and is no/low impact. \$85. Space is limited to 15, sign up early to secure your spot in class. movementarts.com.

Belly Dance Fitness is at Tru Grit Gym in Stanwood, 10:30 - 11:30 a.m. Come shimmy, shake and undulate your way to better health and flexibility while making new friends! All levels, ages and genders welcome. \$10 non-members, \$5 members.

Intro to Ayurveda June 3, 2-4pm. In Sanskrit, Ayurveda translates to "the science of life." Ayurvedic knowledge originated in India more than 5000 years ago and is often called the "mother of all healing." In this workshop we will provide an introduction to the three Doshas (constitutions), three basic types of energy that are present in everyone and everything (Vata, Pitta and Kapha). Sign up through our website at movementarts.com/events or call 360-629-9100. \$45.

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INGREDIENTS: 1 lb. skinless boneless salmon fillet, cut into 1-inch pieces; 1/4 c. fresh cilantro leaves; 2 T. hoisin sauce; 2 T. mayonnaise; 1/4 c. green onions, chopped; 2 tsp. peeled fresh ginger, minced; 2 garlic cloves, minced; 1 sm. jalapeño, minced (optional); 3/4 tsp. salt; 1/2 tsp. ground black pepper; 2 1/2 tsp. toasted sesame oil; 4 to 6 hamburger buns; Melted butter for brushing, and vegetable oil for the grill; Lettuce leaves, sliced tomatoes, sliced red onion for serving

DIRECTIONS: 1. Place salmon, cilantro, hoisin sauce and mayonnaise in a food processor. Pulse until coarsely ground. Transfer mixture to a medium bowl. 2. Mix in green onions, ginger, garlic, jalapenos, sesame oil, salt, and pepper. Form into patties. Cover and refrigerate for at least 1 hour or up to 4 hours. 3. When salmon patties are ready, preheat grill to medium high. Lightly brush buns with butter and grill until grill marks appear and buns are toasty. Remove buns and grease grill grate with vegetable oil. 4. Grill salmon burgers until fish is cooked through, about 2 minutes per side. Transfer burgers to buns and top with lettuce, tomato, and onion. Serves 4-6

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Clubs and Meetings



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Board of Fire Commissioners Meeting - You're invited. 4:30 p.m. June 12, to discuss a resolution to place a fire levy lid lift on the November 7 general election ballot. The meeting is hosted at our Administrative offices, 811 N Sunrise Blvd. camanofire.com/news.

Amateur Radio Exams Every 3rd Monday of the month. Stanwood Camano Amateur Radio Club (SCARC) and the American Radio Relay League (ARRL) offer FCC amateur radio operator license testing. The exams are given by Certified Volunteer Examiners (VEs). Location: TBD. Time: 7PM. Cost \$15 Cash only. Bring copies of your current amateur license (if any) and any CCSEs. 360-757-8091 or 360-708-4036.

Knitters / Crocheters Group Every Friday at the Community Resource Center, 10:30am-1pm, join us for Knitters Group. Crocheters welcome too. Bring your yarn and needles/hooks and learn or just socialize. \$2 donation appreciated.

Camano Island Quilters-Machine Embroidery Group Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

Camano Island Quilters Open Sew Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

Little Sprouts Garden Club Every Monday. 10:30am at Stanwood Camano Community Resource Center. Free, hands-on, nature-based, learning opportunities for 0-5 years and their parents/caregivers.

Rainy Day Room Playgroup Free weekly play group on Tuesdays at 3-4pm at the Community Resource Center for ages 0-5 and their grown-ups! Friendship and community...getting out of the house.

Teen Late Night Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.

Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

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GARAGE/YARD/ESTATE SALES:

Garage sale June 2 & 3 - Quilting supplies, beads, buttons, tools and lots of other household items and more. Camaloch - follow red signs to the southern end at 218 Mackenzie Dr.

3 family garage sale in Camaloch, June 2-3, 9 to 3, 236 Heather Dr (south end). Cash only.

Women's Golf Apparel Sample Sale! Fantastic prices on Sport Haley brand. June 2nd & 3rd 9am-3pm at the Camaloch Community Garage Sale.

Community Garage Sale - (Timothy Way neighborhood) - June 16 & 17, 9 a.m. to 4 p.m. Multiple Houses - Lots of items.

MISCELLANEOUS:

Serenity Salon on Camano Island has a private treatment room available for a massage therapist, lash artist, esthetician or PMUA. We also have space available for a Cosmetologist or Barber! 360-387-7400.

Cottage For Rent N. End Camano \$1200 (with possible trade for help around our 7 acres) No Smoking, No Pets, only serious workers need reply. (206) 930-1582

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Aging & Disability Resource Specialist position available. Make a difference in your community! This position serves the Camano and Oak Harbor communities. More info online: <https://senior-resources.org/employment/>

Help Wanted: If you need energetic, nice, friendly cleaning lady to help you, clean your house, or for other jobs... please contact me: 425 931 6270.

TIDE TABLES / SARATOGA PASSAGE / JUNE 2-15, 2023

Date	High /Low	Tide Time	Height Feet	Moon Visible	Date	High /Low	Tide Time	Height Feet	Moon Visible
F 2	High	3:12 AM	10.9		F 9	Low	4:23 AM	6.6	
2	Low	10:19 AM	-1.6		9	High	8:49 AM	8.6	
2	High	5:45 PM	10.6		9	Low	3:43 PM	-1.2	
2	Low	10:39 PM	7.2		9	High	11:17 PM	11.9	
Sa 3	High	3:42 AM	10.9		Sa 10	Low	5:36 AM	5.4	
3	Low	10:56 AM	-2.6		10	High	10:15 AM	7.9	
3	High	6:31 PM	11.3		10	Low	4:39 PM	0.4	
3	Low	11:30 PM	7.7						
Su 4	High	4:17 AM	10.9		Su 11	High	12:02 AM	11.9	
4	Low	11:36 AM	-3.3		11	Low	6:43 AM	4.0	
4	High	7:17 PM	11.7		11	High	11:52 AM	7.4	
					11	Low	5:41 PM	2.1	
M 5	Low	12:20 AM	7.9		M 12	High	12:43 AM	11.9	
5	High	4:56 AM	10.8		12	Low	7:39 AM	2.4	
5	Low	12:20 PM	-3.7		12	High	1:35 PM	7.6	
5	High	8:04 PM	12.0		12	Low	6:47 PM	3.8	
Tu 6	Low	1:13 AM	8.0		Tu 13	High	1:22 AM	11.8	
6	High	5:42 AM	10.5		13	Low	8:27 AM	0.8	
6	Low	1:07 PM	-3.7		13	High	3:12 PM	8.5	
6	High	8:53 PM	12.1		13	Low	7:57 PM	5.1	
W 7	Low	2:10 AM	7.8		W 14	High	1:59 AM	11.6	
7	High	6:34 AM	10.1		14	Low	9:09 AM	-0.5	
7	Low	1:57 PM	-3.2		14	High	4:28 PM	9.5	
7	High	9:42 PM	12.0		14	Low	9:06 PM	6.3	
Th 8	Low	3:13 AM	7.4		Th 15	High	2:35 AM	11.4	
8	High	7:36 AM	9.5		15	Low	9:47 AM	-1.5	
8	Low	2:49 PM	-2.4		15	High	5:29 PM	10.5	
8	High	10:31 PM	12.0		15	Low	10:11 PM	7.0	



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