

THE CRAB CRACKER
COMMUNITY MAGAZINE

ISSUE 361
Sep. 22 - Oct. 5, 2023

**FREE
TAKE
ONE**



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway

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Arts
guild

Save the Date and Celebrate with Us

Stanwood-Camano Arts Guild



Art by the Bay

Holiday Art and Gift Show

October 13, 14, 15

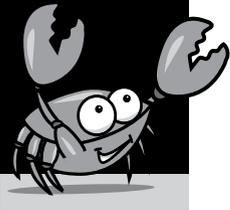
Indoors at the Camano Center

36 Artists Booths • SCAG Art Scholarship Silent Auction • Fun

Show hours: Friday 13, 11am-5pm, Saturday 14, 10am-5pm, Sunday 15, 10am-4pm

www.stanwoodcamanoart.com

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Find us on:
facebook.

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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: *magical mushroom village.*

©

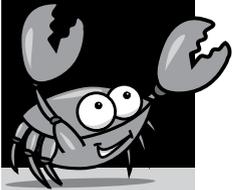


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James and Malynda Shipley, owners, proprietors
thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: SEPTEMBER 28 for Next Edition (October 6-19)

Calendar of Events



DID YOU KNOW?

Any prime number higher than three, when squared and subtracted by one, will always turn out to be a multiple of 24.

FRIDAY, SEPTEMBER 22

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of live solo jazz guitar, American and Latin jazz standards, old rock and original music. Conversation friendly. No cover.

FRIDAY, SEPTEMBER 22

CLINTON DOGGER MULLINS LIVE

at the Conway Boxcar. 9pm at 8630 271st St NW, Stanwood. Come enjoy covers and originals. Dogger is known for his solo acoustic performances along with amazing songwriting and his own spin on covers.

FRIDAY, SEPTEMBER 22

STACY JONES BAND

7:30pm - 10:00pm at Pub 282. The Award-Winning Seattle singer-songwriter and multi-instrumentalist Stacy Jones and her Award-winning Band who deliver high energy Roots Rock, Blues, and Americana.

FRIDAY, SEPTEMBER 22

STANWOOD FARMERS MARKET



"Love Thy Neighbor, Know Thy Farmer" 2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftspeople.

WIC

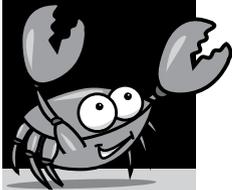
OPEN IN Stanwood

Easy remote
appointments

360-854-0435



Calendar of Events



SEPTEMBER 23

FIRST DAY OF AUTUMN

When the autumnal equinox arrives in September each year, we greet the arrival of the autumn season.

SATURDAY, SEPTEMBER 23

GET YOUR MOJO ON AT THE CONWAY MUSE

10 Piece Roadhouse R & B returns to The Conway Muse with their original powerhouse lineup ~ Bob Virkelyst and Jana Swenson on vocals! Stanwood's Steve Raible on lead guitar, Art Watkins on keyboards and the talented rhythm section made up of Jim Brandt on bass, rhythm guitarist Mark Strom, and Steve Thompson on drums.... along with the powerhouse 13th Street Horns, featuring David Bernhardt on trumpet, John Coffey on tenor and baritone saxes, and Warm Beach's Craig "T-Bone" Daly on trombone. Music starts at 8:00! Tickets available: <https://conwaymuse.com/#event=76868484;instance=2023092320000?popup=1>

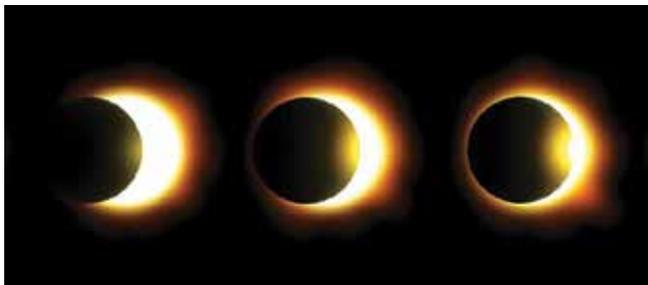
SATURDAY, SEPTEMBER 23

GUY JOHNSON BAND

7:30pm - 10:00pm at Pub 282. A highly entertaining and versatile rock trio performing dance hits from the 1950's to the present. Each band member sings lead and harmony vocals and is a star performer on their instrument.

SATURDAY, SEPTEMBER 23

2023 ANNULAR SOLAR ECLIPSE



10:00 AM – Camano Island Library. Join Robert Scott from the Island County Astronomical Society to learn about the 2023 Annular Solar Eclipse happening on October 14. Solar eclipses take place when the Moon passes between the Sun and Earth, casting a shadow on Earth. This type of eclipse only happens around the time of the New Moon, when the Sun and Earth are aligned on opposite sides of the Moon. Bring your questions and get excited about this rare opportunity to view a solar eclipse in the Pacific Northwest!

Job Opening: Camano Coordinator, Apply Today!

- Seeking a well-organized, technology-savvy, people-person to work with fabulous board, members and local community
- 3/4 to full time; apply by October 9
- Find details at SoundWaterStewards.org



Coordinate the local team of trained volunteers working for a healthy, sustainable marine environment through education, science and stewardship.



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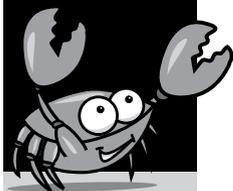
650 Lactrup Spur, Camano Island - \$855,500

NWMLS #2150045 / 3 Beds / 2.5 Baths / 2,510 Sq Ft

Welcome to this 3 bed 2.5 bath charmer on fenced 2+ acre at the top of a private road with view of Saratoga Passage and the Olympics! As you come through the door you'll enjoy stunning high ceilings, hardwood floors, large kitchen w/granite counter tops, a breakfast nook, dining room and additional family room. Utility/mud room with extra storage or walk in pantry. Large primary bedroom with 5 piece bath, Extra room upstairs for bonus room or spacious office if you wish! Home is backed to lush greenery. Outbuildings with room for RV/Boat parking! Heated garage. Your own secluded forest with firepit for entertaining or peaceful relaxation. Fresh interior and exterior paint. All appliances stay! Don't miss out on this one!!

Listed by Holly Njenga • Care Realty Associates LLC
360-631-3722 / holly@carerealty.com

Calendar of Events



The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the info provided.

Thank you.

SATURDAY, SEPTEMBER 23

FIRST ANNUAL DUBS AROUND THE ISLAND



Volkswagen owners from around the area will be meeting at 11 AM in the overflow parking lot just North of the Camano Commons. This will be the start of our cruise around the Island, ending at Ale Spike Brewery (next to the airport). Donation only BBQ will end what hopes to be a growing annual event. All Volkswagen owners are invited to meet at Camano Commons at 11 am. For more information check out the Dubs Around the Island Facebook page or call Scott at (775) 762-2026 or Dave at 530-410-7712.

SATURDAY, SEPTEMBER 23

KIDS ART GALLERY NIGHT

4:30 PM – Camano Island Library. Do you have a creative young person in your home? Would they enjoy the opportunity to display their work to the public? Do you want to show support and encouragement to blossoming artists? Then join us for this fun and festive gallery night. The evening will feature the art work of local kids in a gallery like setting. Light refreshments will be provided and semi-formal attire is encouraged (but by no means required). More info: (360) 387-5150.

SATURDAY, SEPTEMBER 23

FALL SOCIAL SHOPPING EVENT

Shopping, Food, Drinks plus live music with Ireland Woods and Marcus Metz. Free entry. 11am-4pm at 21602 36th Ave NW, Stanwood. Music starts at 1pm. Info: www.drinkswithgwyn.com/social-by-dwg

SATURDAY, SEPTEMBER 23

FULL SPECTRUM

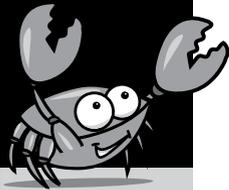
performing live at 8pm at Conway Pub & Eatery. 70s and 80s variety rock band.

SATURDAY, SEPTEMBER 23

REDEMPTION HILL SUMMER CONCERT SERIES

Redemption Hill Church presents an amazing night to bring your friends to Jesus. David John Hensman & Promise Keepers Worship Leader, Dean Boland. Free admission. 7pm at Redemption Hill Amphitheatre, 7507 276th St NW, Stanwood. More info: 360-631-8799.

Calendar of Events



DID YOU KNOW?

When dogs are first born, they are completely blind & cannot hear anything. The first sense which they develop is the sense of touch.

SATURDAY, SEPTEMBER 23

SUMMER MARKET DAY

presented by Flora & Fauna, 1388 SR 532, Camano Island. We'll have tons of local vendors, food, and fun. Entry is absolutely FREE! See you there!

SATURDAY, SEPTEMBER 23

HUMAN TRAFFICKING PREVENTION

2-4pm at the Camano Island Library. Come learn how human trafficking works and how you can help prevent it. Kids are welcome if you feel they could understand the subject matter.

SATURDAY, SEPTEMBER 23

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, SEPTEMBER 23

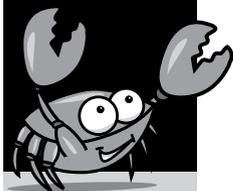
FRIENDS OF THE POOR WALK



Come and join us for Fun and Fellowship as we walk for the poor. The Friends of the Poor® Walk is a national event to provide the local Society of St. Vincent De Paul Conferences the funds to help support their special works projects. Funds earned throughout the year, in part from this walk, partially helped the St. Cecelia Conference of the Society to provide over \$33,000 in assistance in 2022. 11am-2pm at St. Cecelia Catholic Church parking lot, 26900 78th Ave NW, Stanwood.



Calendar of Events



DID YOU KNOW?

In Israel, it is illegal to bring bears to the beach.

SATURDAY, SEPTEMBER 23

17TH ANNUAL GALA AUCTION, THE GARDEN GALA



The Camano Center's biggest fundraiser of the year! Live auction and dinner event that helps us fulfill our mission to create and provide opportunities that support healthy aging, independence, and well-being for older adults in our community. More info: chand@camanocenter.org. Get tickets and info at <https://camanocenter.ejoinme.org/MyEvents/TheGardenGala/tabid/1368803/Default.aspx>

SATURDAY-SUNDAY, SEPTEMBER 23-24

THE SKAGIT RIVER PRODUCE FARMERS MARKET

10am-3pm. Many wonderful products include produce and hand made arts and crafts. The vendors change every day so come often! Come enjoy the beautiful scenery, live music, and fun products in Conway, I-5 at the Highway 534 exit on the east side. For more information contact MarketCoordinator@SRPFarmersMarket.org.

SUNDAY, SEPTEMBER 24

FULL SPECTRUM

live at noon at Conway Pub, 18611 Main Street. 70s and 80s variety rock band.

MONDAY, SEPTEMBER 25

STANWOOD HIGH SCHOOL SPORTS

JV Football vs Mount Vernon. 4pm.

Volleyball vs Mountlake Terrace. Freshman & JV: 5:15pm. Varsity: 7pm.



MARSHA ROSS

Stanwood/Camano Specialist

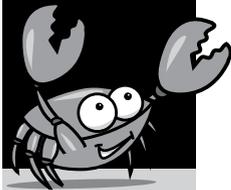
360-631-1868

rossrealestate4u.com

rossrealestate4u@gmail.com



Calendar of Events



MONDAY, SEPTEMBER 25

COMMUNITY DINNER NIGHT

Event by Flora & Fauna at 1388 State Highway 532 Camano Island. Stop by the Creative Studio at 6 pm for dinner! Totally free, no sign up required, no forms to fill out. Just show up, and get a great meal! Plenty of board games to play and corn hole too. If weather does not cooperate, we will have a grab and go setup. Parking/pickup will be at the back entrance located at Smith & Ell Rd, behind the Creative Studio building.

MONDAY, SEPTEMBER 25

NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

TUESDAY, SEPTEMBER 26

STANWOOD HIGH SCHOOL SPORTS

Girls Soccer vs Arlington. JV: 5pm. Varsity: 7pm.

TUESDAY, SEPTEMBER 26

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

5+ DEATHS PER WEEK
on average, last year (2022)

80+ Fatal overdoses
IN FIRST QUARTER OF 2023

Overdoses involving fentanyl increased nearly
eight-fold since 2017

Snohomish County SNOHOMISH OVERDOSE PREVENTION
A COMMUNITY ORGANOIZATION TO STOP SUBSTANCE USE AND SUICIDE

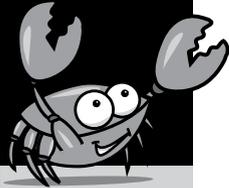
Z BODY & SOUL

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Zsremedies.com
Instagram@zsbodyandsoul

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Leave as you always wanted to be.*

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Calendar of Events



DID YOU KNOW?

Every Pixar movie contains a reference to the Pixar movie that comes after it.

WEDNESDAY, SEPTEMBER 27

STANWOOD HIGH SCHOOL SPORTS

Varsity Boys Tennis vs Marysville Getchell. 3:30pm.

THURSDAY, SEPTEMBER 28

OPEN HOUSE

Camano Log House – Vacation rental with crafters barn. 1-4pm. Come and tour a hand built refurbished log cabin and barn. Perfect for scrapbooking, quilters groups & more. Text Michelle Maiers 206 819 3802 for the address and to RSVP. Chris Eger and Richard Williams will be playing live music from 2-4pm.

THURSDAY, SEPTEMBER 28

CAMANO ISLAND FOREST MEDITATION WALK

Presented by Healing Through Nature, in Peace, Love & Healing, followed by organic teas / refreshments at the Mother Earth Eco-Center. Half-mile loop through mature Cedar-Fir forest canopies/ 300-500 year-old Groves. Free event with carved wood bowls as gifts. Seasoned facilitator/ author. Added times per request. Email for website / details: HighAdventureGuide@hotmail.com.

THURSDAY, SEPTEMBER 28

CASSERA GALLERY STANWOOD PRESENTS: CAROL HARTSOCK



Artist reception tonight 5-8pm. Show runs September 29-October 27 @ 8:00 am - 5:00 pm.



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La Conner, WA



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The Josephine Caring Community Difference

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Josephine
Caring Community
One Street. Many Hands.

Fullness of *life.*

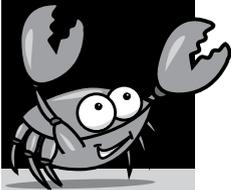


CONTACT US TODAY!
360.629.2126

9901 272nd Place NW · Stanwood, WA 98292 · www.josephinecc.com

Member of a division of The Crab which is a member of the Crab Care Group.

Calendar of Events



DID YOU KNOW?

The United States Department of Agriculture says the official definition of a sandwich is: "at least 35 percent cooked meat and no more than 50 percent bread".

THURSDAY, SEPTEMBER 28

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Swimming vs Lake Stevens. 3pm at Stanwood YMCA.
Varsity Boys Tennis vs Snohomish. 3:30pm.

THURSDAY, SEPTEMBER 28

PARKS & PLAY

10-11:30am. The Community Resource Center outdoor program for ages 0-5 and their parents/caregivers. Explore our local parks. During group time we will be offering an activity such as nature art, scavenger hunts, sports, water fun, obstacle courses, and more. Go to www.crc-sc.org/events for more info.

FRIDAY, SEPTEMBER 29

POP UP YOGA



Gather with friends and join us at noon for some outdoor yoga at Camano Commons. Spread out and feel the grass under your feet as we come together and celebrate the warmth of summer. This is a FREE community event, but ask you to please bring a donation for the Stanwood/Camano FOOD BANK.

FRIDAY, SEPTEMBER 29

INTRO TO GENERATORS AND COMMUNITY EMERGENCY RESPONSE TEAM

7:00 PM – Camano Island Library. Join us with Sue Ryan, Vice President of Camano Preparedness Group, to learn how to prepare your homes and neighborhood using existing tools and training materials.

FRIDAY, SEPTEMBER 29

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of live solo jazz guitar, American and Latin jazz standards, old rock and original music. Conversation friendly. No cover.

FRIDAY, SEPTEMBER 29

AFTER MIDNIGHT

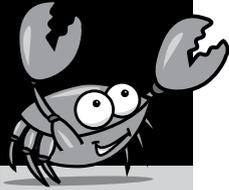
7:30pm - 10:00pm at Pub 282. Fun, sexy rock from classic to modern.

FRIDAY, SEPTEMBER 29

STANWOOD HIGH SCHOOL SPORTS

Football vs Arlington. 7pm.

Calendar of Events



FRIDAY, SEPTEMBER 29

STANWOOD FARMERS MARKET

"Love Thy Neighbor, Know Thy Farmer". 2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftspeople.

SATURDAY, SEPTEMBER 30

SOUTH CAMANO GRANGE BREAKFAST



8-11am at the South Camano Grange, 2227 S Camano Drive. Enjoy breakfast with your neighbor. Pancakes or French toast served with scrambled eggs, ham & sausage, along with coffee, juice, or tea.

MEDICARE QUESTIONS?

We're here to help.



VIDOR & ASSOCIATES

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Stanwood WA 98292

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Calendar of Events



SATURDAY, SEPTEMBER 30 BITE OF STANWOOD CAMANO



A new annual fundraising event benefiting the Community Resource Center of Stanwood Camano. This event will bring the best food and drink from our region together for a culinary competition, with the opportunity to wow guests with small bites of their signature dishes and drinks. Guests will vote on their favorites. In addition, this event will offer live music and a silent and live auction. Adults (21 and over) may purchase tickets which include tastes from each food vendor and 5 beverage taste tickets. 5:30PM at Arrowhead Ranch on Camano Island. For tickets please visit https://crc-scejoinme.org/tickets_admission or call the CRC at 360-629-5257 x 1002.




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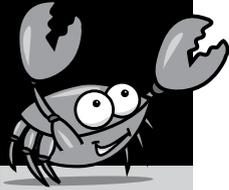
ARLINGTON LOCATION:

17306 Smokey Point Drive #20A , Arlington • 360-691-9332

PAINTERS ALLEY
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Calendar of Events



DID YOU KNOW?

Red pandas have no living relatives – they aren't even related to giant pandas.

SATURDAY, SEPTEMBER 30

WALRUS

8 pm - Conway Muse Hayloft. Come listen to some of your favorites and put on your dancing shoes! One of the Northwest's favorite bands. Tickets \$12.50 Advanced, \$15 Day of Show. All Ticket Sales Final at Show Time

SATURDAY, SEPTEMBER 30

THE MUSIC BOX WITH TOMMY LEE

Come dance and listen to music! 6:30-8:30pm at Camano Country Club. Music from the 50s to present - all genres!! BYOB! Not under 21 years of age.

SATURDAY, SEPTEMBER 30

CAMANO 101: LIVING ON AN ISLAND

1-4pm at Camano Center, 606 Arrowhead Road, Camano Island. Are you new to Camano or a long-time islander who wants to learn about local resources at a free community event? Visit Camano 101 to learn about our parks and beaches, pollinator gardening, wildlife habitat, caring for septic systems, emergency preparedness, transit and senior services, and more! Enjoy refreshments while you talk to local experts about services and volunteer opportunities available to residents.

SATURDAY, SEPTEMBER 30

14TH ANNUAL "LIVE" ART AUCTION

Starting at 4:30 at Matzke Fine Art Gallery, 2345 Blanche Way, Camano Island. \$25 at the door, food and beverages, Al Mangold Auctioneer and Karla Matzke and Jack Gunter MC. 85 artworks to BID on. You can preview, bid or buy from Sept 22 until Sept. 30th. 360-387-2759 or see the auction online www.matzkefineart.com

SATURDAY, SEPTEMBER 30

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.



Camano Community Seminar @ Camano Island Library

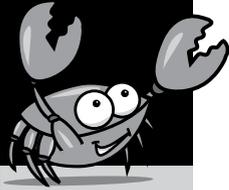
Thursday's 6pm-8pm Sept 2023

DRINKING WATER FOCUS GROUP

- Analysis of contaminants and environmental impacts
- Review Filters, Ionizers, Reverse Osmosis, Softeners

RSVP or Questions: Mark@HydratingWater.com

Calendar of Events



SATURDAY, SEPTEMBER 30

CARS AND COFFEE

7am-10am at 848 N Sunrise Blvd, Camano Island. Free Event by The Baked Cafe at Camano Commons Marketplace. You provide the cars, we provide the coffee! All cars welcome. Lets fill this place up!

SATURDAY-SUNDAY, SEPTEMBER 30-OCTOBER 1

THE SKAGIT RIVER PRODUCE FARMERS MARKET

10am-3pm. Many wonderful products include produce and hand made arts and crafts. The vendors change every day so come often! Come enjoy the beautiful scenery, live music, and fun products in Conway, I-5 at the Highway 534 exit on the east side. For more information contact MarketCoordinator@SRPFarmersMarket.org.

SATURDAY-SUNDAY, SEPTEMBER 30-OCTOBER 1

SOAP BOX DERBY RALLY RACE

At Arrowhead Ranch, Camano Island. Rally Racing is a perfect way to try out the sport and learn more about how to compete at the All-American Soap Box Derby both Locally & Nationally. Rally Race weekends include single and double-elimination races for Stock, Super Stock, and Masters Divisions. More info: <https://www.arrowhead-ranchcamano.com/rally-race>

SATURDAY-SUNDAY, SEPTEMBER 30-OCTOBER 1

FALL INTO THE FESTIVITIES

9am-4pm at The Clubhouse at 7 Lakes, 17323 42nd Ave NW, Stanwood. Join us as we "FALL INTO" the upcoming Holidays!

Healthy Hearing Habits



A key part of healthy aging is taking care of your physical, mental, and hearing health!



Avoid loud sounds



Stay socially engaged



Wear hearing protection



Have your hearing tested annually

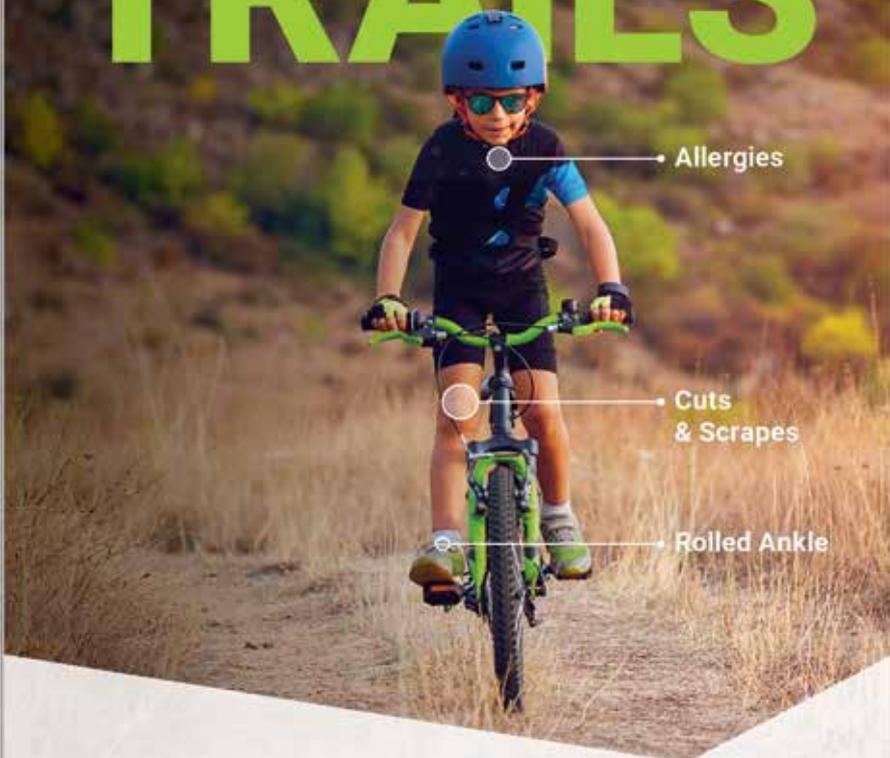
Call Stanwood Hearing to schedule a hearing check-up!

STANWOOD HEARING

9300 271st Street NW, Suite B-5 • Stanwood, WA 98292
Near QFC, between Papa Murphy's and H&R Block
p: 425-272-9435 | f: 360.572.4765
w: Stanwoodhearing.com

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• Rolled Ankle

RIVERBEND
SMOKEY POINT
STATION SQUARE

2320 Freeway Dr., Mount Vernon
3823 172nd St. NE, Arlington
901 S. 5th St., Mount Vernon

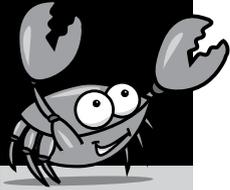
OPEN 7 DAYS A WEEK
**Closed Christmas Day*

Monday to Friday Weekends/Holidays*
7:30a.m. - 7:30p.m. 8a.m. - 4p.m.

Skagit  Regional Health

For more information, visit
SkagitRegionalHealth.org

Calendar of Events



**IF WE DON'T
KNOW
ABOUT IT,
WE CAN'T
PRINT IT.**

Send your info
and/or images
to: thecrab
@thecrabcrack-
er.com

SATURDAY-SUNDAY, SEPTEMBER 30-OCTOBER 1
SMALL CRAFT ADVISORY 2023



Welcome to the 4th Annual Small Craft Advisory, brought to you by many of the same folks who started the Stanwood/Camano Island Mother's Day Studio Tour. We wanted to highlight artistic craft of the region, from woodworking to native American craft, pottery to sculpture and much much more. Our goal is to convince you that the divide between art and craft is illusory. Fine craft IS fine art. We've assembled 18 artists and their craft for a two day exhibition, 11am-4pm both days, no admission, no hard sell. In fact, some of the work isn't for sale, only for show. We'll be at the Floyd Norgaard Cultural Center at 27108 102nd Ave NW, Stanwood. Check out our website for information on the artists. <https://www.smallcraftadvisory.net>

SUNDAY, OCTOBER 1
BLESSING OF THE ANIMALS



10am at St. Aidan's Episcopal Church. All creatures great and small - furry friends, winged wonders, and precious children are invited to church to be blessed. More info: office@StAidansCI.org or call (360) 629-3969

MONDAY, OCTOBER 2
STANWOOD HIGH SCHOOL SPORTS
Boys JV Tennis vs Arlington. 3:30pm.
Freshman Girls Soccer vs Anacortes. 5pm.

LET'S SUPPORT CAMANO ISLAND FIRE & RESCUE!

VOTE YES

FOR OUR FIRE LEVY



WHAT WILL IT COST?

- State law limits tax revenue growth of CIFR and similar districts to 1% per year, unless voters approve a “levy lid lift.”
- In 2017, voters approved a levy rate of \$1.35 per \$1,000 of appraised property value. Over time, as property values have increased, the levy rate has dropped all the way to \$0.83 per \$1,000 to comply with the 1% annual revenue growth limit.
- This levy lid lift proposes a rate of \$1.25 per \$1,000, still below the rate approved in 2017, but sufficient to fund much needed increases in CIFR staffing, infrastructure and services.

WHAT WILL WE GET?

- **More first responders.** The levy will allow CIFR to hire an additional six career firefighters and staff one more paramedic unit — important because call volumes are increasing.
- **Full-time Mabana Station.** Our southernmost station is only staffed Monday through Friday with full-time and volunteer firefighters when available. The levy will allow for the station to have someone on duty 24/7!

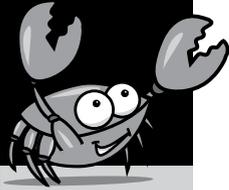
Help provide the staffing and tools we need to better serve our growing community.

VOTE YES ON PROPOSITION 1

Learn more at [Facebook.com/FriendsofCIFR](https://www.facebook.com/FriendsofCIFR)

Paid for by Friends of Camano Island Fire & Rescue

Calendar of Events



DID YOU KNOW?

The German Autobahn has no speed limits because Western Germany saw them as a Nazi relic. This became effective in 1972.

MONDAY, OCTOBER 2

NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

TUESDAY, OCTOBER 3

STANWOOD HIGH SCHOOL SPORTS

Girls Volleyball vs Shorewood. Freshman and JV: 5:15pm. Varsity: 7pm.

TUESDAY, OCTOBER 3

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

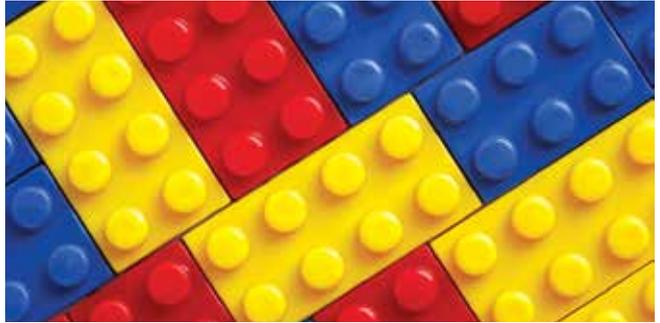
WEDNESDAY, OCTOBER 4

STANWOOD HIGH SCHOOL SPORTS

JV Boys Tennis vs Lake Stevens. 3:30pm.
Freshman Football vs Arlington. 4pm.

WEDNESDAY, OCTOBER 4

LEGO® AFTERNOON



4:00 PM – Stanwood Library. Stop by for an afternoon of LEGO®! Build alone or with friends -- we'll provide everything you need.

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KERRI



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PARTNER NEWS

HOPE UNLIMITED

Hope Unlimited is a community based nonprofit organization. The core of our anti-trafficking mission is to provide assistance and awareness for youth through education and outreach in the schools and through youth organizations. We collaborate with other community based organizations, county task forces and agencies to identify victims, and to help survivors toward independence.

HUMAN TRAFFICKING PREVENTION FOR THE COMMUNITY

Learn from
Snohomish & Island
County
organizations on
this important topic.

September 23, 2023
Camano Island Library
2:00-4:00



Calendar of Events



DID YOU KNOW?

Ewok Jerky was a popular snack across the Outer Rim in the Star Wars Universe.

WEDNESDAY, OCTOBER 4 **PLAYGROUND MEET & GREET**



12:30pm at Freedom Park, Camano Island. The purpose of this group is to become a social group for parents and their homeschooled children. The meet and greet is a fun opportunity to get the kids outside playing while we get to know other moms in the same boat as we are.

THURSDAY, OCTOBER 5

PARKS & PLAY

10-11:30am. The Community Resource Center outdoor program for ages 0-5 and their parents/caregivers. Explore our local parks. During group time we will be offering an activity such as nature art, scavenger hunts, sports, water fun, obstacle courses, and more. Go to www.crc-sc.org/events for more info.

THURSDAY, OCTOBER 5

STANWOOD HIGH SCHOOL SPORTS

Girls Soccer vs Monroe. JV: 5pm. Varsity: 7pm.

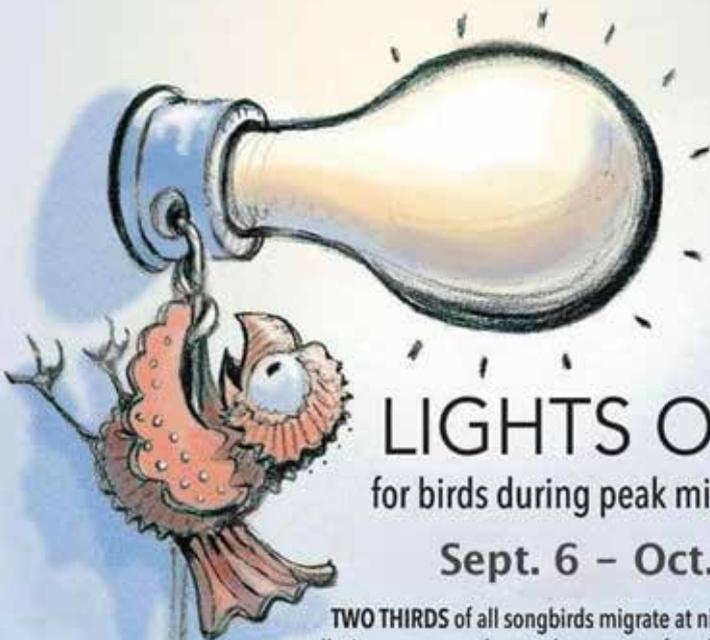
THURSDAY, OCTOBER 5

KENTUCKY RAIN BAND ELVIS TRIBUTE

7:30pm - 10:00pm at Pub 282. The Northwest's #1 Elvis Tribute & Rock-n-Roll Band.







LIGHTS OUT

for birds during peak migration

Sept. 6 – Oct. 6

TWO THIRDS of all songbirds migrate at night. Light pollution can cause them to become confused. TRACY AVIARY encourages everyone to turn off all unnecessary lights. If this is not an option, use warm white or yellow colored light bulbs, shield your light bulbs to direct light down, and install motion sensors. If working indoors at night, close the drapes.



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and à la carte services

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bossmom34@gmail.com

Yoga and Pilates movementarts.com

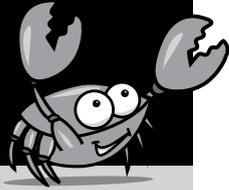


MOVEMENT ARTS

360-629-9100

Camano Commons

Dining Guide



DID YOU KNOW?

The Postal Service got its name based on the fact that they originally used USPS to send each other music tracks because of conflicting schedules.

AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052
BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885
BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324
BLUE HERON KITCHEN & BAR (Camano Island) • (360) 502-8700
CAMA BEACH CAFE (Camano Island) • (360) 387-3266
CAMANO ISLAND INN (Camano Island) • (360) 387-0783
CAMANO THAI (Camano Island) • (360) 926-8688
CENTER CAFE (Stanwood) • (360) 629-7403
THE CONWAY MUSE (Conway) • (360) 445-3000
CONWAY BOXCAR (Stanwood) • (360) 629-0651
CONWAY PUB & EATERY (Conway) • (360) 445-4733
COOKIE MILL (Stanwood) • (360) 629-2362
CRISTY'S LUMPIA & MORE (Stanwood) • (360) 629-2727
DOS REALES (Stanwood) • (360) 629-0822
DRAGON PALACE (Stanwood) • (360) 629-8106
DUCK IN CAFE (Stanwood) • (360) 629-3440
FARMERS CAFE – (Stanwood) • (360) 629-4953
GYRO STOP (Stanwood) • (360) 572-4175
IXTAPA MEXICAN RESTAURANT (Stanwood) • (360) 629-5228
JACK IN THE BOX (Stanwood) • (360) 629-2384
JASMIN THAI CUISINE & SUSHI (Stanwood) • (360) 629-2044
JIMMY'S PIZZA (Stanwood) • (360) 629-6565
JOHNNY'S BURGER STOP (Stanwood) • (360) 629-9427
JOURNEY'S END CAFE • (Camano Island) • (360) 387-9120
LITTLE CAESARS PIZZA (Stanwood) • (360) 629-6999
MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500
MCDONALD'S (Stanwood) • (360) 629-9787
MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535
MUSTARD SEED BAKERY & CATERING (Stanwood) • (360) 572-2499
NAHA TERIYAKI (Stanwood) • (360) 629-0681
PADDLE PUB (Stanwood) • (360) 652-4156
PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826
PAT'S THAI
PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981
PHOENIX PAVILION (Stanwood) • (360) 629-4662
PICNIC PANTRY (Stanwood) • (360) 631-5218
PRIMAL BARBECUE (Camano Island) • (360) 572-2122
PUB 282 (Camano Island) • (360) 926-8960
RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000
ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920
SAAL BREWING CO. (Stanwood) • (360) 629-0102
SAHARA PIZZA (Stanwood) • (360) 629-6886
SPARTAN DRIVE IN (Stanwood) • (360) 629-8988
STANWOOD CAFE (Stanwood) • (360) 629-8427
STANWOOD CUPCAKES (Stanwood) • (360) 926-8241
STANWOOD GRILL (Stanwood) • (360) 629-5253
STANWOOD HOTEL & SALOON (Stanwood) • (360) 629-2888
STANWOOD THAI (Stanwood) • (360) 572-2200
STARBUCKS (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500
SUB JOINT (Camano Island) • (360) 230-9611
SUBWAY (Camano Island) • (360) 631-5055
SUBWAY (Stanwood) • (360) 629-2678
TACO TIME (Stanwood) • (360) 629-5018
TAPPED CAMANO (Camano Island) • (360) 572-4986
THAI THAI KITCHEN (Stanwood) • (360) 629-0600
TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001
WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300
WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372




MADRONA **\$650,000**
 Beautifully updated Camano rambler with detached guest house located in the heart of Madrona Beach. #2158537



COUNTRY CLUB **\$985,000**
 Camano 4-bedroom beach house with unobstructed views of Mt Baker and Port Susan with beach rights. #2158017



VACANT LAND **\$175,000**
 Great price on a building lot in the Country Club area of Camano that includes rights to 3 private beaches. #1954838



WEST SIDE **\$749,000**
 Spacious home on 1.6-acres offers kitchens on both floors, updated carpet and paint with a sunny footprint and evergreen perimeter for privacy. #2138805



CAVALERO **\$899,900**
 Gorgeous new construction rambler on Camano with level entry, covered decks, oversized garage, landscaped and beach access. #2159470



SHELTER BAY **\$499,000**
 Nicely built Custom home takes advantage of the fantastic views and includes amenities like beach access, golf clubhouse, marina. #2135762

STANWOOD
 7359 267th St. NW, #D
 360.629.8233



CAMANO ISLAND
 818 N. Sunrise Blvd.
 360.387.4663



Windermere

REAL ESTATE



SUNRISE **\$779,000**
Sparkling 3-bedroom Camano rambler on 2 private acres with detached shop, relaxing deck area overlooking gardens and fruit trees. #2160809



IVERSON ROAD **\$1,495,000**
Uninterrupted views from this beautifully remodeled waterfront Camano home complete with hot tub, sandy beach and warm waters. #2158551



VACANT LAND **\$600,000**
Great location for your new home! Incredible, level waterfront with a sandy beach on Camano and the prelim work is complete. #2078007



LOST LAKE **\$560,000**
Designed for easy maintenance, Custom built home with covered patios, partially fenced, generator and lightly lived in! #2157809



VACANT LAND **\$259,000**
Wooded for privacy, beautifully 10-acre parcel on Camano will need well and septic, bring your vision and home plans! #2142240



NEW HOME **\$579,000**
New construction at a great price and location in Mount Vernon with territorial sunset views enjoyed from the deck or patio. #1925184

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR





Small Craft Advisory

Fine Art Crafter
Annual Show

Sep 30 + Oct 1, 2023

10am-4pm

Floyd Norgaard

Cultural Center

27130 102nd NW

Stanwood WA 98292

smallcraftadvisory.net

Jack Archibald

Charlie Bigger

Marc Boutte

Monika DeNasha

Mark Eikeland

Persis Gayle

Jack Gunter

Peter Hall

Chuck Hamilton

Shannon Kirby

Erin Marie

Don Metke

Donald Miller

Elizabeth Moncrief

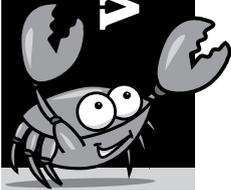
A.J. Nichols

Russ Riddle

Erich Schweiger

David Taber

Moonshine Wisdom & Wit



Story by Jack
Archibald.

For further
moonshine
wisdom and wet
powder wit,
check out the
**SKEETER DADDLE
DIARIES** at
[www.
skeeterdaddle.net](http://www.skeeterdaddle.net)



ANDROID APOCALYPSE

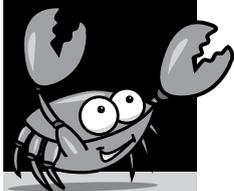
Funny how just recently the media and even our lawmakers have discovered Artificial Intelligence is lurking just down the block, all these Tech Boyz in competition to see who can develop the latest version of Hal from 2001: A Space Odyssey. Even some of them are starting to sound the alarm and if that doesn't suggest there's reason for serious concern, well, go back to worrying about global warming, why don'tcha?

Most of the folks working toward a robot future see nothing but the positive side of a relentless algorithmic advance. We love Google, what's not to like about an intelligence so far superior to our own slow synapses? Geez, most of us can't remember what movie we watched on Netflix last night, much less an encyclopedic knowledge of the world ... or even the South End. Be nice to have a cute cyborg buddy to remind us why we went into the adjoining room. If there even was a reason.

But now, with artificial intelligence jumping forward, one small step for mankind, one giant leap for Hal, a few red flags are suddenly going up, something to do with the creepy notion that when androids can improve themselves, it won't be long before they reach what is called Singularity, that point when intelligent machines surpass humans and begin to evolve on their own. Might even be that they figure out they don't need us. Or that we're simply an impediment to their advancement. Kind of like that cute puppy of yours growing into a T-rex with fangs and teeth and a huge hunger. Sure, it'll remember that you fed it puppy chow and be grateful to you, the Master. Hope you never spanked it for wetting the carpet!

So let's see, we think maybe the Congress will enact legislation to slow down the coming Apocalypse? Or that the Tech Boyz will, out of public concern, put the brakes on and chill the profits? The genie is out of the bottle and the genie is figuring out every day that those 3 wishes are a waste of its time. But hey, go ahead and ask for just one, see what he says. Genie, can you maybe get back in the magic lamp?

Can't hurt to try....right?



DID YOU KNOW?

Cranes are built using cranes.

BOTTLE CAP BUGS!



Supplies Needed: Bottle Caps; Transparency Paper; Sharpie Markers; Scissors; Hot Glue or Elmer's Glue (You can use Elmer's Glue to glue the wings and eyes); Hot Glue Gun; Googly Eyes

Directions: Step 1: Using the transparency paper, cut any shape of wing. Step 2: Color the wings in using the Sharpie markers using any pattern or design. Step 3: Hot glue or use Elmer's Glue to glue the wings onto the bottle cap. Step 4: Glue the googly eyes on to the front of the bottle cap.

A couple of tips to share while making these cute bottle cap bugs. Sharpie Markers as you can see can get a little streaky. If you have younger kids make these, they might have to slow down a bit when coloring to make sure the marker is not too streaky. Also, remind kids to not drag their hands over areas that have just been colored. The marker will smear.

Source: <https://www.thisgrandmaisfun.com>



Managing Broker,
Windermere Real Estate/CIR

Jan Mather

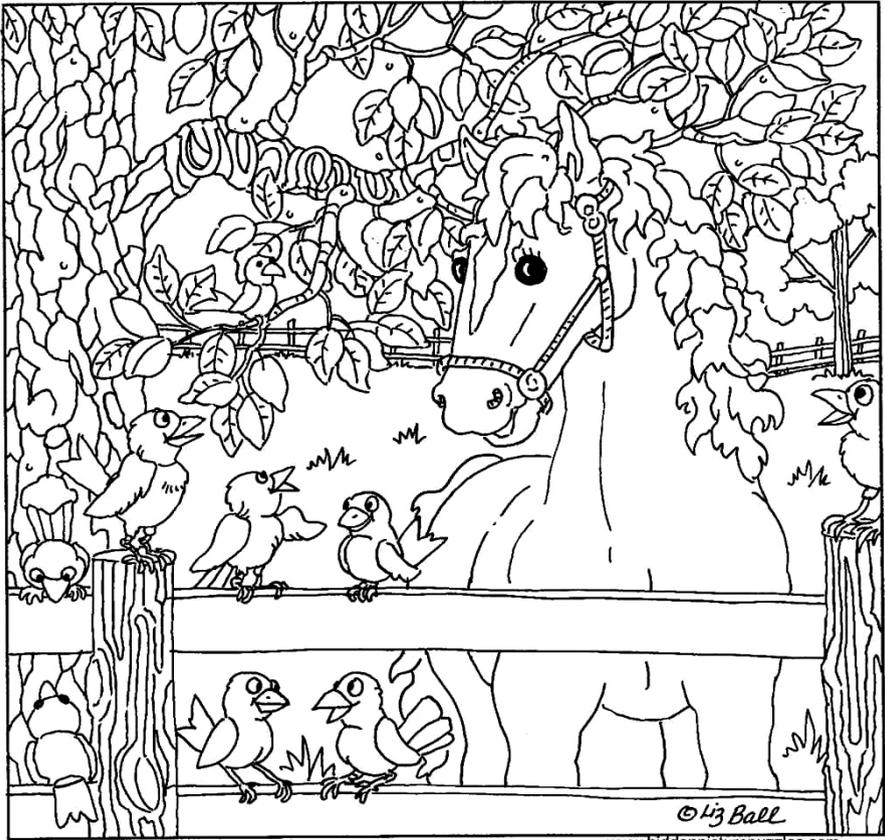
Camano Island Expert

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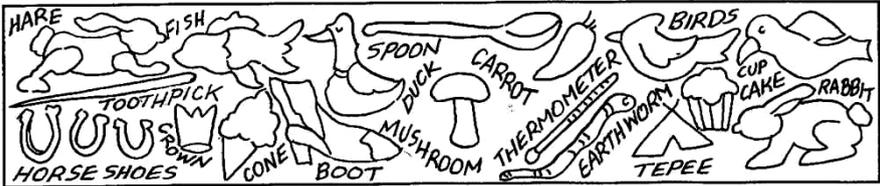
WINDERMERE  REAL ESTATE

"HIDDEN PICTURES"



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Download the new Island Ready App

- A Library Of Resources On Your Phone
- Your Routes, Shelters & Services - Mapped
- Make Your Own Preparedness Plan



Joy Lived out.

**Summer Move-In Special Now in Progress
First Month's Rent Free. Call for Details.**



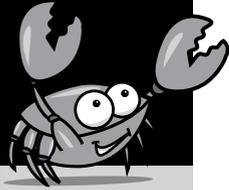
Overwhelming joy is a common resident experience as they live and thrive in a vibrant purposeful Christ-centered community with the freedom to actively engage and pursue the things in life that matter most to them. Our Cedar Court assisted living community is designed for seniors who want to remain active and involved yet require extra help and support with the activities of daily living. Our caring and dedicated staff members provide round-the-clock assistance while encouraging residents to maintain a high level of independence.

WARM BEACH

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Warm Beach Senior Community
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Photos and Art



DID YOU KNOW?

Doug Engelbart
created the very
first computer
mouse from
wood in 1964.



Alpaca by Paul Brennan.

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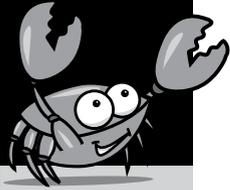
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Artist of the Week



Are you interested in promoting your art, craft, or live performance?

Email us info or a bio about yourself and we will feature this page to you... and it's all FREE!

DAVID TABER



Art inspired by and created from nature. David Taber is a wood worker and natural sculptor from Camano Island. More photos of his work can be found at: <https://www.facebook.com/davidtaberart>.

His works and the works of 18 other artists will be on display at the Floyd Norgaard Center September 30 and October 1 during the Small Craft Advisory show. More info: <https://www.smallcraftadvisory.net/>



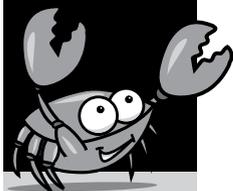
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Business Spotlight



Are you interested in promoting your business or organization?

Email us info or a bio about your business and yourself and we will feature this page to you... and it's all FREE!

COASTAL VIE ESPRESSO



"We are so excited to officially announce and put all the wondering to rest. Yes the old DQ is the new home for Coastal Vie. We have been in business for 13 years in Stanwood and are so excited to be expanding into a larger building. Thank you to all of our loyal customers for the continuous love and support over the years. We are excited to bring back soft serve ice cream to the community and to make fresh baked mini donuts. Our goal is to have a positive family friendly environment for all ages. From starting your morning with coffee, donuts and breakfast sandwiches and ending your day with ice cream and treats. With indoor and patio seating available for individual and large groups. Thank you again to the Stanwood and Camano community for all your support and we look forward to serving you soon in our new location. Stay tuned for updates on our expanding menu." - Facebook, Coastal Vie Espresso

Four Springs House for your next event



Weddings • Retreats • Business Events
Family Celebrations



Four Springs Lake
Preserve

360-387-1418 • fourspringshouse.com
fourspringshouse@co.island.wa.us

Fall Festival

EXPERIENCE FALL AT ARROWHEAD RANCH

SATURDAY OCTOBER 7TH
11:00 AM — 4:00 PM







615 Arrowhead Rd, Camano Island

\$10 Adults
\$7 6-17 Years Old
\$7 Seniors & Military
FREE 5 & Under



**BETWEEN THE THIN RED LINE & THE THIN BLUE LINE
LIES THE THINNEST **GOLD LINE****

**THE GOLD LINE REPRESENTS THOSE THAT ARE
RARELY SEEN BUT MOSTLY HEARD.
THE CALM VOICE IN THE DARK OF NIGHT.**

DISPATCHERS

**THE GOLDEN GLUE THAT HOLDS IT ALL
TOGETHER....**

THANK YOU ISN'T ENOUGH

PUGET SOUND  TREE CARE LLC

360-387-0243

Jim Fay, Owner, Arborist

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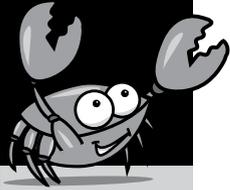


FREE ESTIMATES • LIC. • BOND. • INS.

OCTOBER
Breast
CANCER
awareness
MONTH



Community Information



GRAB A CRAB CRACKER:

from the box attached to the wall of Camano Gateway building at Freedom Park

STORYTIMES AT THE LIBRARIES

The following are the Storytimes at the Stanwood or Camano Island libraries: Mondays: Toddler Storytime with Jennifer: 10:00 AM – Camano Island Library. Jump and bounce together into a world of stories, music, and movements. Tuesdays: Family Storytime with Jennifer: 10:00 AM – Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. Wednesdays: Family Storytime with Vicky: 10:30 AM – Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. Thursdays: Toddler Storytime with Alex: 10:30 AM – Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity may follow each of these storytimes.

LEAGUE SETS CANDIDATE FORUM SERIES FOR GENERAL ELECTION 25 FORUMS SCHEDULED TO BE LIVE STREAMED

The League of Women Voters of Snohomish County (LWVSC) has planned a robust candidate forum series for the November general election. We continue our partnership with Sultan School District TurkPride.tv and will live stream all forums. Each live stream can be accessed on the LWVSC YouTube Channel at the times listed below. Recordings will be available for later viewing or listening. This is a local election year. City and county offices, school board directors, hospital commissioners and judgeships are among the races on the ballot. The decisions made by these officials affect our day-to-day lives – zoning and land use decisions, safety ordinances, street repair, waste management, school policy and curricula, healthcare availability and more. League forums are designed to inform voters of each candidate's key positions and experience. These forums are nonpartisan, meaning we do not endorse or oppose candidates or parties. All candidates for each contested race are invited to participate. This planned schedule may change as the League reaches out to candidates. Many races not included in this series were covered during the primary election. Voters can easily access all recorded forums from the LWVSC website: lwvsnoho.org. The League encourages voters to explore additional information about all candidates. Vote411.org, sponsored by the League, is a good source of information. The Snohomish County Voter Pamphlet will be mailed starting October 18. November 7th ballots will be mailed starting October 19.



Please go through your closets and consider donating your extra boots, coats, sweatshirts, mittens/gloves, blankets & other warm clothing to the Caring Place. We serve the whole family so all sizes are needed, and this year we will remain open throughout the winter.

Our Donation days are Monday & Wednesday, 1–5 p.m. and our Service days are Tuesday & Thursday, 1–5 p.m. Please call us at 360-913-1551 for special arrangements or urgent needs.

Community Information



HEROES AGAINST HUNGER



"We (Stanwood Camano Food Bank) are thrilled to announce that we will be participating in Haggen's Heroes Against Hunger fundraiser once again! This fundraiser supports various local organizations that are working to provide local families and residents relief from food insecurity, including the Stanwood Camano Food Bank Services. We're proud to serve our local community, and if you're looking for ways to make a difference, donating to Heroes Against Hunger is an amazing way to make a huge impact. You can donate at any register at the Stanwood Haggen from now until October 31."

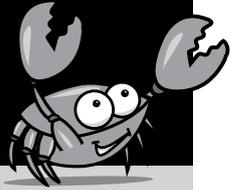


Do you
have
an EMI
kit?



www.camanofire.com/resources-public-education

Community Information



"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

-Maya Angelou

2023 BUSINESS PEOPLE OF THE YEAR LUNCHEON



Event by Camano Island Chamber of Commerce. October 19th, 11:30am-1pm at the Camano Center. Purchase Tickets for the 2023 Business People of the Year Luncheon where we will announce the winners of the 2023 awards. So exciting! Lunch tickets are \$25 each or you can sponsor a table of 8 for \$250. Sponsorship of the Table allows you to invite guests and your logo will be placed on each table. A link to payment page will be on the confirmation page after submitting this form - please note a 3% online fee transaction will be added to the total. An invoice can also be emailed to you. If you prefer to mail a check please send it to 370 NE Camano Drive Suite 5 PMB 344 Camano Island, WA 98282. Payments must be received by Oct. 12th to reserve a spot. Menu is provided by the Camano Center: details coming soon. If you have any questions please contact the Camano Island Chamber (chamber@camanoisland.org). RSVP HERE: <https://forms.gle/kHAv5g7K7FkctS9k6>

TOY BOAT BUILDING

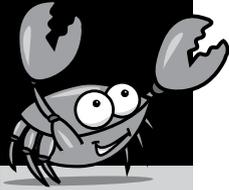
Saturdays at 10am in the Cama Beach Boathouse. Build a wooden toy boat. Bring it home as a souvenir! \$5 suggested donation.



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- Service Dog Training
- AKC Fitness
- AKC Tricks

Community Information



DID YOU KNOW?

The smallest thing ever photographed is the shadow of an atom.

TENNIS SHOE AND SNEAKER DRIVE



Bring tennis shoes and sneakers in any condition to be recycled at CASA (Camano Animal Shelter Association). All funds from recycling will be donated to the association. 198 Can Ku Road, Camano Island. 360-387-1902.

FAMILYSEARCH CENTER FREE OPEN GENEALOGY WORKSHOP

New name, new hours! The Family History Center is now your FamilySearch Center, 795 Ell Rd. Extended hours: Tuesdays 10 am – 2 pm, and Wednesdays 6 pm – 8 pm. Get one-on-one help to find your ancestors with free access to FamilySearch.org as well as Ancestry, Fold-3 military records, and many other premium websites. Questions? Contact us at 801-240-4357; Email: camano@familyhistory-mail.org. Or find us on Facebook. See you soon!

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.



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Community Information



COMMUNITY MEALS



Come and enjoy our community meals at the Camano Center. Every Monday and Wednesday folks come together to enjoy great conversation and delicious meals. This space supports neurodiversity and is dementia-friendly, caregivers and their family members are welcomed with open arms.

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Call to schedule an appointment: 360-629-9535 • 27101 Pioneer Hwy, Stanwood



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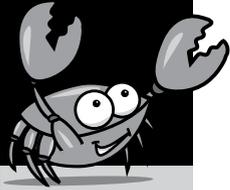
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Our craftsmen are licensed, bonded, insured & background checked. Our work comes with a 1-year warranty.



DID YOU KNOW?

The only difference between kosher salt and table salt, is the grain size. Kosher salt is smaller, and they both come from underground salt deposits.

NORTH COUNTY FIRE / EMS



(Posted on Stanwood Camano School District Facebook page) Congratulations to North County Fire/EMS for officially opening their new training center today north of Stanwood. The much-needed site at Interstate 5 Exit 215 near North County Fire's Station 96 will provide a wide variety of real-world training as well as be able to accommodate several groups at one time. The training facility features a multi-story custom-made structure built from shipping containers stacked in various configurations to replicate real-world situations for local firefighters. The Stanwood-Camano School District is proud to have donated an unused surplus portable from the old Stanwood High School that will be used for classroom space at the facility. Firefighters can now receive instruction and immediately walk outside to put the lessons to work in real-life situations. Local police officers can also use the facility and its various street designs for K9 training, practicing traffic stops, and learning about collision response. North County Fire officials said they hope to expand offerings on the 33-acre site to include more streets, different training structures, and a Children's Safety Center where school kids could visit to learn about fire safety.

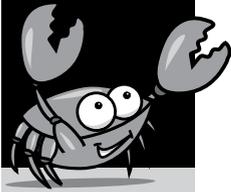
BIRDS ARE FLYING ART SHOW

Camano Arts Association (CAA) is hosting a group show titled "Birds Are Flying" of all bird art at our Gateway Gallery at 500 E. N. Camano Dr. at Freedom Park. The show is free and open to the public with art for sale and runs Sept 1st-Oct 15th. Gateway Gallery hours are Friday 12-4, Saturday 10-4 and Sunday 11-3. CAA artists staff the Gateway.

CAMANO ISLAND QUILTERS - COMMUNITY OPEN SEW

2nd Monday monthly. 10am - 2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public. Want to sew with others, need help on a project? We are here to help you with your sewing needs. Bring your sewing machine, a project and basic tools for an afternoon of fun! Bring a sack lunch. (No microwave).

To Your Health



If you have questions or are interested in knowing more stop by and chat with me at Z's Body & Soul, 9504 271st, Stanwood or visit us at www.zsremedies.com we'd love to help you out.

WHY QUIET YOUR MIND?



Let's face it, we live in a busy world, with many things happening all at once. We hear the question asked, "how are you doing?" and we normally reply with a "fine" or "good" simply as auto pilot. Because to really know that honest answer, we would have to stop and get quiet and drop in to our beautiful heart center. That means stepping out of our logical, analytical mind to hear what's trying to be communicated, inside us. As a yoga student for the past 25 years and now a teacher for the last 4, I've seen the benefits of meditation first hand. Nothing in our life can change, unless we change, but first we have to get in touch with the program; the conditioning, or narrative that's running. We have to bring awareness to who we are in this moment, and who it is that we want to become. The power of meditation, breathwork and stillness have been a catalyst for a much healthier relationship with ourselves. I've recently been given the opportunity to teach stretching and yoga to the high school football team. I had a deep realization of the potential and possibility that is standing right in front of me. To see these young men drop in, get quiet and they viscerally feel the energy shift in the room. When we can find stillness in our lives, it allows us to reflect on our behaviors and see what's needed for positive changes we need to make. If you have questions about simple meditation or would like to experience it for yourselves, you can reach me at Z's Body & Soul, Stanwood.



PAWS AND WINGS PLACE

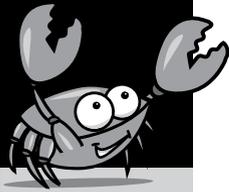
Happy Parents!

Come visit Camano Island's pet supply store: Paws and Wings Place, located at 185 McElroy Drive, behind Heritage Bank.

360-505-0331

"We like to consider ourselves a community store!"

Clubs and Meetings



look for us
online at

www.TheCrabCracker.com

or on
Facebook.

Download
current or past
editions.

The Camano Island Library Friends will meet on Thursday, September 28, 2023 at 3 p.m. in the Community Room at the Camano Island Library. Our Guest Speaker will be Hank Olguin, a humorist, storyteller and writer of the memoir, *Who Let the Mexicans Play in the Rose Bowl?* Hank is a former running back on Cal's 1959 Rose Bowl Team. He is a strong advocate for changing the negative image of Latinos/Latinas. He shares his experiences with insight, humor and empathy. Business meeting items include our October 7th Book Sale at the library and roll out of our scholarship program. Please come and invite a friend. To be added to our distribution list, send your contact information to camanolibraryfriends@gmail.com

Friendship Tea: Drop by for tea, treats, and a chance to visit with friends, both old & new. Join us 1st, 2nd & 3rd Tuesdays of every month from 10:30-12:00 at the Camano Center. No charge to Camano Center Members. \$5 fee for non-members. Please check in at the Front Desk. For more information, call Connie at 360-652-7211.

The Camano Island Jeep Club will hold their monthly meeting on October 21 at 9:30am at the Rockaway Bar and Grill (326 NE Camano Drive). Please also join the Facebook "Camano Island Jeep Club" page. We look forward to welcoming new members! Wayne Kanaby (425) 772-3205.

Little Sprouts Garden Club Every Monday. 10:30am at Stanwood Camano Community Resource Center. Free, hands-on, nature-based, learning opportunities for 0-5 years and their parents/caregivers.

Rainy Day Room Playgroup Free weekly play group on Thursdays at 10-11am at the Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house.

Teen Late Night Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.

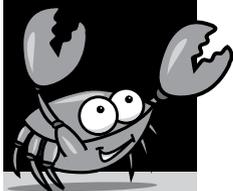
Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

PFLAG Support Group Free support group for friends, family, and members of the LGBTQIA+ community. First Friday of every month at the Community Resource Center 6-7pm.

The Wardrobe By Appointment: at the Community Resource Center – Free clothing for teens in need – restocked for Summer with new t-shirts, tanks, shorts, flip flops and hygiene products! Call 360-629-5257 or email info@crc-sc.org for an appointment.

Kaleidoscope Play & Learn Tuesdays and Wednesdays - a FREE play group for 0-5 years and their grown ups. Led by trained facilitators who guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. Located at Community Resource Center of Stanwood Camano. This program is part of the Making Life Work Kindergarten Readiness Initiative.

Classified Listings



DID YOU KNOW?

Mr. and Mrs. originated from using the words master and mistress.

GARAGE/YARD/ESTATE SALES:

Estate Sale: Including Henredon formal dining room set, leather couch and chairs. Sept. 22-23, 9am-4pm. It will be held at the old fire-house, 993 Orchid Road, Camano Island, credit card and cash only.

MISCELLANEOUS:

Calling all dance teachers! Sound bathers, drum circlers, meditation teachers, fitness or yoga instructors. Anyone who has wanted to hold a workshop and cant find a space. Bee Authentic Pilates, located in Stanwood has a space for just this sort of thing and is making it available during off hours. If interested please contact Harmony at 206.200.8167

PROFESSIONAL SERVICES:

Science and Math Tutoring: I can help you review and strengthen your math and science skills. I have many years of experience with a very gentle approach. E-mail ijmuzinich@gmail.com or 360-661-9517.

WANTED:

Considering a career in Real Estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.

Job Opportunity with Sound Water Stewards: Due to the impending retirement of Joan Schrammeck, we are hiring the next Camano Coordinator. SWS seeks a well-organized, technology-savvy, people-person to coordinate members for education, stewardship, and community science in the Camano area. Deadline to apply is October 9. See details, application form at <https://soundwaterstewards.org/>



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CASA'S PET OF THE WEEK:

KIMORA is a bit on the nervous side and will need a confident owner to help bring her out of her shell. Kittens do well in pairs or having a close to same age friend to play with and continue socializing. Kimora is in a foster home being socialized with her siblings please call or email the shelter to set up a time to meet her*

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

Hi my name is **RUGAR!** Aren't I handsome?? I am so handsome! All I want is someone to love on who will love me back! I am about 3 and a half years old. I am looking for a loving and patient home with no children under 15. I may be scared of new noises, so be prepared to go slow and gentle with me. If you think we could be a match, please come visit me at The NOAH Center today!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

NIKO is a handsome gentleman who is ready to become a cherished family member. He is smart, sensitive and loves his people. Niko is a friend to everyone...men, women, children...he loves them all. Niko loves a soft, cushy place to rest his adorable self. YOU MUST visit www.save-a-mutt.org/adoption-application/ to fill out an application before meeting any dogs. We are foster-based rescue with no facility.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org



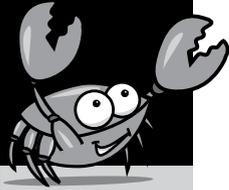
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Classes and Workshops



DID YOU KNOW?

Michael Jackson's shiny glove was actually just a modified golf glove.

Community Emergency Response Team (CERT) Training. Do you have the critical skills necessary to aid your family and your neighborhood in the event of a major disaster when first responders may be delayed for hours or even days? Learn the measures to be taken and how to safely execute them. Join us for CERT training, Oct 20-22 at the Vista Madrona Fire Station. Cost - \$25 to help cover the cost of the CERT pack you will receive. Contact Kristina Kasper - k.kasper@islandcountywa.gov to register. For more information contact Rhonda at rspaulson rp@gmail.com.

Medicare Basics Information Class: October 14th (9am) or October 28th (10:15am). Free event open to the public. We will be explaining how your Medicare benefits work, as well as the options for supplementation. Location: Camano Island Library Meeting Room. RSVP with John- 360-967-9601. (For accommodation of persons with special needs at meetings, call 7-1-1 or 1-800-833-6388.)

Social partner dance class! Beginners and drop-ins welcome. Wednesdays at 3pm at the Camano Center. www.socialdancesimplified.com.

FREE 1st class! ZOGA, a class incorporating yoga, The Melt Method. Excellent for All levels. Mondays, 10am or 5:30pm. SEATED Yoga, excellent for those with limited mobility but you need to move and stretch. Yin. Small, caring and personalized help. FLOW YOGA. All classes are in person & Zoom. Zsremedies.com or call 360-629-5040.

Yoga Classes In-studio & Online at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes; regular membership rates apply.

Virtual Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

Yoga for Beginners Five Week Session Oct 17-Nov 14, Tuesdays 6:00-7:15pm. Prepares you with the first steps toward a regular practice. We look forward to meeting you on your path! Sign up through movementarts.com or call 360-629-9100. Space is limited, \$95.

Stanwood United Methodist Church

~ Open Hearts, Open Minds, Open Doors ~

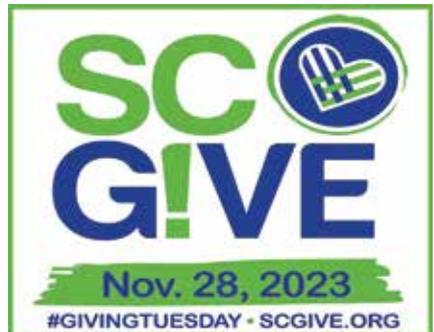
In-Person Sunday Service at 10:00am.
Live Online Services available at 10:00am at www.stanwoodumc.org or on our Facebook page at: Stanwood United Methodist Church.

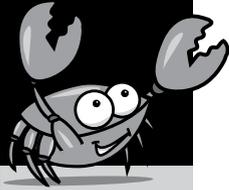


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JALAPENO POPPER CHICKEN SOUP

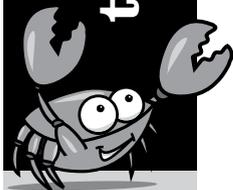
All the flavors of your favorite appetizer deconstructed to make this crowd-pleasing soup, Enjoy!



INGREDIENTS: 8 strips thick-cut bacon, cut into 1/2-inch pieces, divided; 1 med. yellow onion, finely chopped; 1 lg. green bell pepper, seeded and chopped; 4 jalapenos, seeded and finely chopped; 4 cloves garlic, pressed; 1 tsp. kosher salt, divided; 1/4 c. all-purpose flour; 4 c. low-sodium chicken broth; 2 c. whole milk; 4 oz. cream cheese, cut into 1-inch cubes, room temperature; 2 c. cooked shredded chicken breast (about 2 breasts); 1 c. shredded sharp cheddar cheese; 1 jalapeno, thinly sliced for garnish

DIRECTIONS: In a large pot over medium heat, cook the bacon stirring occasionally until crisp about 8-10 minutes. Transfer the bacon to a paper towel lined plate. Leave about 1/4 cup bacon fat in the pot. Add onions, green bell peppers, jalapenos, garlic, and 1/2-teaspoon salt to the pot, and cook over medium heat stirring often until softened about 5-6 minutes. Stir in the flour until it coats the vegetables and forms a paste that starts to stick to the bottom of the pot for about 1-2 minutes. Whisk in broth and milk until combined. Bring to a boil, then reduce the heat to medium-low and simmer, stirring occasionally until the liquid is reduced by one-quarter and slightly thickened for about 10 minutes. Stir in softened cream cheese cubes until fully melted. Add chicken and three-quarters of the bacon. Cook stirring until the chicken and bacon are heated through about 1-minute. Season with remaining 1/2-teaspoon salt. Ladle soup into bowls and top with shredded cheddar cheese, the remaining bacon, and sliced jalapenos if desired, Enjoy! Serves 6

View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

MY VERY FIRST PICKLEBALL TOURNAMENT



Recently, I signed up for my very first pickleball tournament. Previous to that the last time I participated in a formal athletic competition of any kind, Richard Nixon was our nation's Commander-in-Chief.

I signed up for our local pickleball association's Labor Day Pickleball Tournament. I decided to throw my hat into the ring in part because in the official promotion on the website I read that several winners would win a new CAR. It was only after I arrived at the tournament that on a closer re-read, I discovered that I had misread the part about "several players will win a new CAP." I'm starting to think I might be slightly dyslexic, I'm not sure.

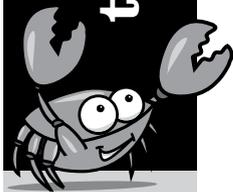
The entry fee was only \$20 – an extremely reasonable price for the opportunity to spend three and a half hours being repeatedly reminded how much I suck at pickleball. The doubles tournament format was Round Robin, which means for each new game you're paired with a different partner. This afforded me the chance to meet lots of new people, not to mention enjoy playing seven different matches against a wide variety of competitors who took turns demonstrating how far superior they were at this sport than I was. Thanks, everybody! You all taught me the greatest sports lesson of all – humility.

At first, I felt pretty good about my chances. I was returning almost every shot my opponents sent my way. But then I was informed that this was just the pre-game warm-up, when people were supposed to gently dink the ball over the net. Once the games officially got underway, I was caught off guard by how hard the other players routinely hit the ball at me. It was almost as if all my opponents deliberately wanted me to lose. That's not very sportsmanlike, if you ask me.

This may come as a shock to some of my regular readers, but, as with most sports, I'm not that good at pickleball. So, no, I didn't win the tournament. My dreams of winning a cap, much less a car, vanished quickly.

In my defense, the only reason I did not don the King's Crown – or

View from the Bleachers



Queen's Crown (just trying to avoid accusations of coming across as sexist) – as the tournament champion at the conclusion of the event was my relative lack of speed, power, accuracy, endurance, or any semblance of a strategy. Personally, I feel I more than made up for my severe athletic deficiencies with my above-average penmanship, good posture, and noteworthy personal hygiene. But apparently the judges didn't take any of these into consideration in awarding the crown. So unfair.

In retrospect, I'm confident I would have fared better in the final rankings had I only remembered to stop at the bank beforehand to take out cash to bribe the judges. I believe I could have swayed at least a couple of them to alter the results had I just slipped a couple of crisp Andrew Jackson's into their pockets.

I'm pleased to report that in this tourney, everyone was a winner. Even me! Every participant was awarded a medal. In my case, I believe mine must have been for "perfect attendance." That's the only plausible explanation I can come up with for how I earned a medal. Of course, when I got home, and my wife saw the medal around my neck, I may have slightly exaggerated when I told her my medal was for First Place. For the first time in a long time, she was actually proud of me. Please don't tell her I lied, okay? I'd hate to disappoint her.

"Then does this mean you won the new car you told me about in the brochure?" she asked excitedly. I didn't have the heart to deflate her enthusiasm by explaining that I had misread the word "cap" as "car." So, I told her, "Yes, that's right, honey. It should arrive in four to six weeks." By then I'm sure she will have forgotten all about it. Problem avoided.

I learned several valuable lessons from my first official sport competition since I began shaving back in 1973. First, it's not just about winning. It's about showing up and participating. Second, if I ever enter another pickleball tournament, I probably should take a few lessons to improve my game. And third, I should know better than to insult the judges by trying to pay them off with \$20 bills. I'll need to step up my game and offer them a few Benjamin's instead. Those judges aren't cheap.

[Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his YouTube channel by the same name.]

September is National Suicide Prevention Month

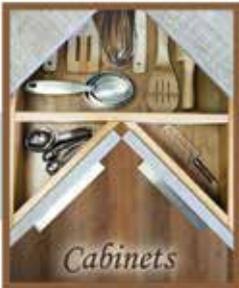
If you know someone in
crisis, call or text the hotline below

988 SUICIDE & CRISIS
LIFELINE



TIDE TABLES / SARATOGA PASSAGE / SEPTEMBER 22 - OCTOBER 5, 2023

Date	High /Low	Tide Time	Height Feet	Moon Visible	Date	High /Low	Tide Time	Height Feet	Moon Visible
F 22	Low	4:18 AM	-0.2		F 29	High	5:05 AM	10.7	
22	High	12:01 PM	9.6		29	Low	11:12 AM	0.7	
22	Low	4:56 PM	8.0		29	High	5:34 PM	11.9	
22	High	9:32 PM	9.3		29	Low	11:50 PM	0.9	
Sa 23	Low	5:22 AM	-0.2		Sa 30	High	6:02 AM	11.0	
23	High	1:39 PM	9.9		30	Low	11:58 AM	2.0	
23	Low	6:49 PM	8.1		30	High	6:04 PM	11.9	
23	High	10:55 PM	8.9						
Su 24	Low	6:32 AM	-0.4		Su 1	Low	12:30 AM	-0.2	
24	High	2:49 PM	10.3		1	High	7:00 AM	11.1	
24	Low	8:19 PM	7.5		1	Low	12:44 PM	3.4	
	High				1	High	6:35 PM	11.7	
M 25	High	12:31 AM	8.9		M 2	Low	1:11 AM	-1.0	
25	Low	7:41 AM	-0.6		2	High	7:59 AM	11.0	
25	High	3:33 PM	10.8		2	Low	1:32 PM	4.8	
25	Low	9:10 PM	6.5		2	High	7:08 PM	11.2	
Tu 26	High	1:53 AM	9.3		Tu 3	Low	1:54 AM	-1.2	
26	Low	8:43 AM	-0.8		3	High	9:01 AM	10.9	
26	High	4:07 PM	11.1		3	Low	2:26 PM	6.0	
26	Low	9:52 PM	5.2		3	High	7:45 PM	10.5	
W 27	High	3:03 AM	9.8		W 4	Low	2:39 AM	-1.0	
27	Low	9:37 AM	-0.7		4	High	10:09 AM	10.7	
27	High	4:36 PM	11.5		4	Low	3:30 PM	7.0	
27	Low	10:31 PM	3.8		4	High	8:25 PM	9.7	
Th 28	High	4:06 AM	10.3		Th 5	Low	3:28 AM	-0.5	
28	Low	10:26 AM	-0.2		5	High	11:27 AM	10.5	
28	High	5:05 PM	11.7		5	Low	5:02 PM	7.5	
28	Low	11:10 PM	2.3		5	High	9:16 PM	8.8	



Cabinets



Window Fashions

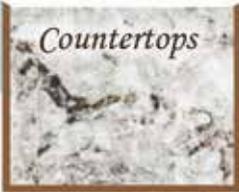


Hardwood





Luxury Vinyl



Countertops



Tile

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