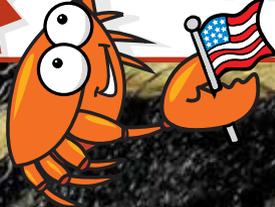


THE CRAB CRACKER

ISSUE 364
November 3-16, 2023

**FREE
TAKE
ONE**

VETERANS DAY EDITION!



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway

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SATURDAY
**DEC
2nd**
10 AM - 2 PM

Free Photos with Santa
By Billy Jennings and Jim Shipley

Cookies, Coffee, & Cocoa
Thanks to Josephine Caring Community

**Children's Gift Bags,
Holiday Crafts, and Fun**
Thanks to Stanwood Area Historical Society

Tours of the Museum
Festive Holiday Music
with Ed Pearson



Please, join us in thanking our sponsors;
they make this event possible!



PELLETIER & SCHAAR

By: The Stanwood Area
Historical Society &
Josephine Caring
Community

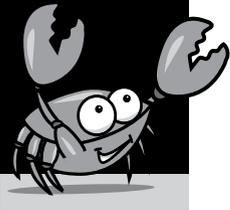
FREE

22ND ANNUAL
**OLD FASHIONED
CHRISTMAS**



at "The Floyd"
www.sahs-fncc.org
27130 102nd Ave NW, Stanwood

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Find us on:
facebook.

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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover image: Veterans Day Autumn Scarecrow
Thank you Veterans, from The Crab Cracker Community Magazine.*

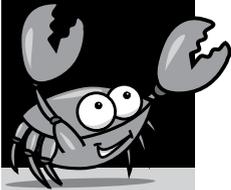


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James and Malynda Shipley, owners, proprietors
thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: NOVEMBER 9 for Next Edition (November 17-30)

Calendar of Events



DID YOU KNOW?

The oldest webcam stream online today is The San Francisco FogCam, and has been operational since 1994.

FRIDAY, NOVEMBER 3

ARTIST RECEPTION FOR PETER TURNER



5 to 7 PM at Beach 1 Gallery. "I have been interested in photography for more years than I care to remember. I started taking photographs when I borrowed my brother's Kodak 127 film camera for a school trip. I immediately became hooked. I built my first darkroom in the attic, which was too hot in the summer and too cold in the winter, however this did nothing to dampen my interest. I started to develop my own color films and prints. A few years later I went on to get my professional qualifications in professional photography. I now use digital cameras and taught myself how to use photoshop, this provided more interest in that I could now manipulate photos within a much shorter time." His art will be displayed and for sale the entire month of November. The Gallery is open 7 days a week. We will be serving pop, wine, bottled water and bags of chips for the reception. 1243 Beach Drive, Camano Island 360-387-1655

FRIDAY, NOVEMBER 3

BACKROOM LIT LAB

Hello Writers and Lit Lovers, at 6 pm we'll meet again in the Backroom at the Conway Muse. We had a nice turnout and a lot of fun in October sharing both "Spooky" and "Right Turn/Wrong Turn" readings. For November, our themes are Gratitude, Abundance and/or the Shades of Autumn. Write something to share or just show up and enjoy. Readings should be about 5 minutes: about 700 words.

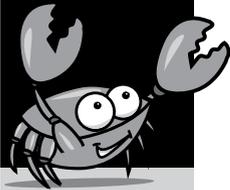



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- Tracking Classes
- Puppy Training
- Newly Adopted Dog / Puppy Classes
- Virtual Dog Training
- Service Dog Training
- AKC Fitness
- AKC Tricks

Calendar of Events



DID YOU KNOW?

The total population of insects is estimated to be a billion times greater than that of the human population.

FRIDAY, NOVEMBER 3

TASTE OF THE MARKETPLACE



Get ready to indulge in a mouthwatering experience at the "Taste of the Marketplace" event, 5 - 7pm at Camano Commons Marketplace, 848 North Sunrise Blvd. Join us for a night with food, music, and art! We will have many of our soups, dips, and bakery items available for tasting! Lydia Crouch from the Loft will be doing a live painting during the night. Live music by Denny Perrigoue. Debe Franz, Owner of A Bit of Taste will be sampling her amazing olive oils, balsamics, & tasty seasonings! These make great Christmas gifts! All proceeds for these tickets will be donated to the Stanwood Camano Food Bank!

FRIDAY, NOVEMBER 3

SCP ANNUAL BENEFIT AUCTION

Event by Stanwood Cooperative Preschool. 6pm at the Camano Center, 606 Arrowhead Rd. We welcome you to the Camano Center for a night of Pure Imagination. Join us in supporting our early learners, the future of our community, and their families. Delicious hors d'oeuvres, refreshing beer and wine options and decadent desserts compliment the silent and live auctions. Buy tickets at stanwoodcoop.maxgiving.bid. There will be limited ticket available at the door. More info: 425-231-2924.



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2023

Skagit Artists



Fall Juried Show

November 3rd, 4th, 5th

Featuring Art by over 30 Artists

Friday: Show Opens at 4:00
Awards & Reception 4:30 - 7:00

Saturday: Show 10:00 - 5:00

*Silent Auction 11:00 - 4:00
Supporting Art Supplies for Kids

*Christianson's Holiday Traditions
Open House 10:00 - 6:00

Sunday: Show 10:00 - 3:00

Sponsored in part by:

Indulge Bakery
1501 Parker Way, Mount Vernon

Banner Bank
Skagit County

The Picnic Pantry
8706 371st Street, Stanwood



In the
Meadow Schoolhouse
at Christianson's
15806 Best Road
Mount Vernon, WA.



MERRY UFF DA

It's Beginning To Look A Lot Like Christmas!

- * **Lefse Baking Supplies** * **Almond Cake Pans**
- * **Gnome Ornaments** * **Christmas Cards & Towels**
- * **Norwegian, Swedish, Danish + German Cook Books**
- * **Camano Taffy** * **Margarita Mix** * **Crabby Cups**

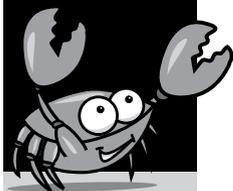
THE UFF DA SHOPPE

Tuesday-Sunday 11-4pm

360-629-3006 • www.uffdashoppe.com

Viking Village • Stanwood

Calendar of Events



The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the info provided.

Thank you.

FRIDAY, NOVEMBER 3

JIMMY WRIGHT BAND

7:30pm - 10:00pm at Pub 282. Catering a wide variety of music.

SATURDAY, NOVEMBER 4

CHRISTMAS FAIR & MARKET



Invite your family and friends, and join us for a holiday craft, bazaar and vendor market. We will have lots of handmade, homemade treasures, gifts, kids gifts, unique one of a kind items & holiday decor!! Free entry and free parking. 11am-4pm at Floyd Norgaard Cultural Center, Stanwood.

FRIDAY-SATURDAY, NOVEMBER 3-4

HOLIDAY OPEN HOUSE

9am-7pm at Picnic Pantry & Parlour. There's something for everyone. Come browse our large selection of gifts. You may even find something for yourself. We will have treats and raffle items.

SATURDAY, NOVEMBER 4

HOLIDAY OPEN HOUSE

Noon-4pm at Camano Plaza IGA. You're invited, so mark the calendar! Saturday, November 4th, from 12 to 4 PM, please join us for our annual Holiday Open House. This is not to be missed - wine and cheese tasting, turkey bowling, a pie walk, Glass Quest clue balls, a chance to win a smoked turkey Thanksgiving dinner AND a prime rib Christmas dinner, plus amazing holiday samples throughout the store!

SATURDAY, NOVEMBER 4

BEAUTY BAR DIVAS

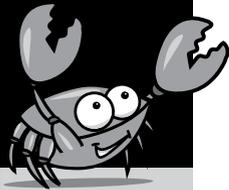
Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.

SATURDAY, NOVEMBER 4

MARY ELLEN LYKINS & THE C.C. ADAMS BAND

7:30pm - 10:00pm at Pub 282. The band's roots are in the Blues with R&B and tasty Rock mixed in for flavor. Thwarting the conventional, the band thrives on unique arrangements. Dancin' Music!

Calendar of Events



DID YOU KNOW?

California law does not allow or prohibit lane splitting – when motorcycles from pass other vehicles within the same lane.

SATURDAY, NOVEMBER 4

MARK DUFRESNE BAND

8 pm - Conway Muse Hayloft. Mark DuFresne band is one of the greatest blues bands around - with Marks distinctive vocals (that man can wail!) and harmonica and the killer riffs on guitar and bass - you really won't hear better blues anywhere! Tickets \$17 Advanced, \$20 Day of Show. All Ticket Sales final at show time.

SATURDAY, NOVEMBER 4

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, NOVEMBER 4

E-CYCLE



10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.

SATURDAY, NOVEMBER 4

HOLIDAY SIP & SHOP BAZAAR

Nov 4th 10:00am – 4:00pm at Lincoln Hill Retirement Community. call the center before October 21st if you would like to purchase a table and be a vendor at this fun event. Set up for the event will be from 8-10am on the day of the event.
360-629-7403 EXT 115

HOLIDAY SOCIAL SHOPPING MARKET



SHOPPING • FOOD • DRINKS

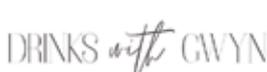
GRAB A FRIEND AND COME SHOP 28 LOCAL VENDORS. SNACK ON APPETIZERS AND ENTER TO WIN SOME AMAZING PRIZES!

11 | 05 | 23 12-4PM

RSVP HERE!

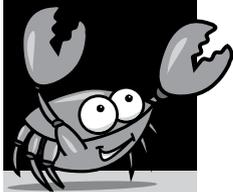


SPONSORED BY:



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THE ANGEL OF
THE WINDS
CASINO

Calendar of Events



SATURDAY, NOVEMBER 4 EARLY COUNTRY CHRISTMAS BAZAAR



10am-2pm at Peace Lutheran Church, 1717 Larson Road, Silvana. Lefse, Rommegut, Vafflers, Bakery, Harvest Items, Silent Auction, Used Treasures, Quilt Raffle, Gift Card Tree Raffle. Delicious lunch: soup, salad, roll, homemade pie, beverage.

Camano Water Association

Camano Water Association Water System Technician
Starting Salary: \$28 (approx.)
Benefits: Medical, Vacation (5 days after one year, 10 after two, then 1 additional day per year until max), Retirement Account
Closing Date: Open until Filled

Camano Water Association (CWA) is looking to fill the role of Water System Technician. The individual chosen for this position will be under the direct supervision of the Operations Manager, who is responsible for routine operations, systems operations, equipment maintenance, water sampling, and customer service. As such, whether a candidate has prior experience or not, our current Operator will be responsible for deciding the day-to-day scope and workload of the successful candidate. This list of possible work duties is not exhaustive, and any/all tasks considered within the scope and spirit of the position are expected to be undertaken by the successful candidate. The position is a full-time, non-exempt (hourly) employee. Please Note: On-call work is a prerequisite for this position.

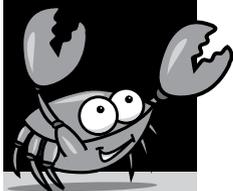
While experience and prior certifications in the water field are preferable, they are not a requirement initially. A minimum of one year's experience in a physically demanding job is needed for serious consideration for this role, due to the physical requirements of the position. The role does include on-the-job training, as well as ongoing mandatory certification training outside of the Association itself. Training opportunities will be determined over time depending on the initial skill and abilities of the successful candidate. A final salary determination will be based upon experience in the water business (if any) at hiring.

For the full job description and application form, please visit the following links at camanowater.com:

<https://camanowater.files.wordpress.com/2023/06/cwa-fieldtechjobdescription0623.pdf>

<https://camanowater.files.wordpress.com/2023/03/cwajobapplication.pdf>

Calendar of Events



SATURDAY, NOVEMBER 4
WINTER WALK



FOCIP ANNUAL HOSTED WINTER AND SPRING WALK PROGRAM. Today's walk: CAMA BEACH STATE PARK: Meet at 9:45 a.m. at Dry Lake Road Junction. We will walk downhill from here into the N.E. section of Cama on the Marine Loop, dropping to the Marine Loop Trail followed by the bluff trail and old entrance trail. A total of 2.7 miles. Shuttle service will be available for the return to Ivy. For those that may want to walk back up to Ivy the walk becomes 3.9 miles total.

LEARN ABOUT YOUR LOCAL AMERICAN LEGION POST 92 & CELEBRATE VETERANS DAY

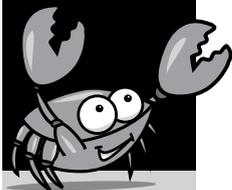
Saturday, Nov. 11, 2023

11:00 a.m.

Service Flags & Songs
Keynote by Service Officer
Demonstrations & Info Tables
Displays, Tours and Hero Quilts

at the **Floyd Norgaard Cultural Center**
27130 102nd Ave. NW, Stanwood, WA

Calendar of Events



DID YOU KNOW?

The world's longest place name has 85 letters & is located in New Zealand.

SATURDAY, NOVEMBER 4

HARVEST 5K FUN RUN

Let's kick off the holidays with a celebration of our communities successful Harvest season with a 5K around Stanwood. Event by Stanwood Commerce Alliance. 9am from Heritage Park, 276th Street NW, Stanwood. Grab a friend and family member to kickstart your holidays with health and FUN!! 9:00 AM Check-in | Registration. \$20 adult/\$10 child (10 & under) - Cash or Credit Cards. 10:00 AM Run | Walk Begins. Awards for Top 3 winners in age bracket. Food and Beverage vendors onsite as well. *Dogs on a leash welcome! Register at <https://www.eventbrite.com/e/harvest-5k-fun-run-tickets-722295975707>

MONDAY, NOVEMBER 6

NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! More info: 360-629-2324.

TUESDAY, NOVEMBER 7

DAY HIKING THE CENTRAL CASCADES WITH CRAIG ROMANO



4pm at the Camano Island Library. Take a slideshow hiking tour of Washington's breathtaking Central Cascades with award-winning guidebook author Craig Romano. Drawing from his newly released book Day Hiking Central Cascades, Craig will introduce you to a selection of trails along the Stevens Pass US 2 corridor. Enjoy the scenery from trails around Icicle River Valley, Lake Wenatchee & the Wenatchee foothills, Blewett Pass, Entiat River Valley, and the remote Stehekin Valley near Lake Chelan.



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26th Annual

CHILI CHOWDER COOK-OFF

Presented by the Camano Island Chamber of Commerce and our Title Sponsor



**BAR & OUTSIDE
OPEN UNTIL 7PM**

NOVEMBER 11, 2023 | 3-6PM

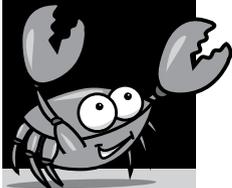
The Camano Center 606 Arrowhead Rd.

TICKETS \$15 ONLINE (EVENTBRITE) \$20 AT THE DOOR

BEER | WINE | CIDER | LIVE MUSIC | RAFFLE | ART AUCTION



Calendar of Events



DID YOU KNOW?

A red blood cell takes only about 20 seconds to make a complete circuit through your body.

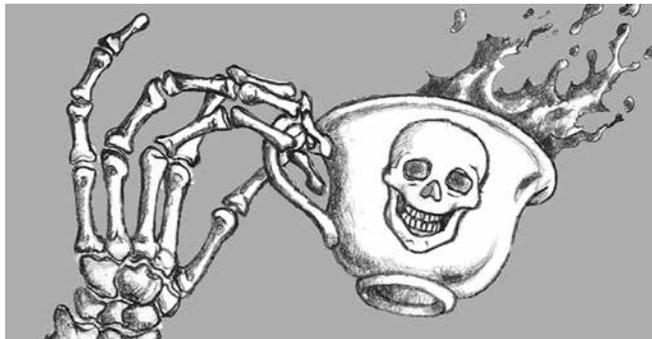
TUESDAY, NOVEMBER 7

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

WEDNESDAY, NOVEMBER 8

DEATH CAFÉ



7pm-9pm at 580 W Monticello Dr. Camano Island. Ages 18 and over. Come for cake and conversations. Death Cafe is a social gathering for a group directed discussion of death with no agenda, objectives, or themes. It is a discussion group rather than a grief support or counseling session. Read more at www.deathcafe.com. Plenty of parking. Tea and cake provided. If you feel inclined, please bring a healthy snack to share. There is no charge for this event. RSVP appreciated but not required. Vicki Tracy 425-239-9166, call or text. There is one flight of stairs up to the house for entry. Please call me to see if I can arrange assistance.

THURSDAY, NOVEMBER 9

AAUW HOSTS DAYS FOR GIRLS FOUNDER

Celeste Mergens, founder of Days for Girls International tells her story at 1pm at the Camano Center, 606 Arrowhead Rd. Celeste has led the organization since its beginning in 2008. Days for Girls is a nonprofit organization that prepares and distributes sustainable menstrual health solutions to girls who would otherwise miss school during their monthly periods.

Veterans Day

Cacao Ceremony & Soundscape

On 11/11/2023 4 pm to 10 pm at the Positive Change Healing Center on Camano Island. Veterans FREE

RSVP Now: www.projectpc.org/event/cacao-ceremony-and-sound-bath-11-11-2023

Questions? Email us at info@projectpc.org.

Stanwood United Methodist Church

~ Open Hearts, Open Minds, Open Doors ~

In-Person Sunday Service at 10:00am.
Live Online Services available at 10:00am at www.stanwoodumc.org or on our Facebook page at: Stanwood United Methodist Church.

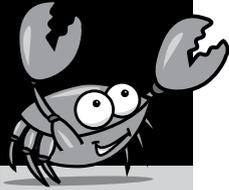


360-629-9555

27128-102nd Dr. NW,
Stanwood, WA 98292
www.stanwoodumc.org
Handicapped Accessible
Pastor Justin White

A Reconciling Congregation

Calendar of Events



DID YOU KNOW?

The flashes of colored light you see when you rub your eyes are called "phosphenes".

THURSDAY, NOVEMBER 9

MEMOIR: CRAFTING A MOMENT



11am at the Camano Island Library. Using reminiscence activities, we'll explore ways to write about the sights, sounds, smells, tastes and feelings that create meaningful moments in your life. In this workshop, Pearl Klein with Silver Kite, Ace Writing Coach & Chief Conversationalist, will help narrow your focus to specific experiences and use a variety of exercises to help get them on the page.

THURSDAY, NOVEMBER 9

SUNSPOTS AND EMP 101



The Camano Preparedness Group's program. What are sunspots, how do they become Coronal Mass Ejections, and how do they affect us, here on earth? We will also cover the difference between EMPs from the sun and EMPs from terrorism. Come learn about this fascinating subject at 7:00pm at the Camano Vista Fire Station, 273 N. West Camano Dr., Camano Island. kk6sue@gmail.com.



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Calendar of Events



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KNOW
ABOUT IT,
WE CAN'T
PRINT IT.**

Send your info
and/or images
to: thecrab
@thecrabcrack-
er.com

FRIDAY, NOVEMBER 10

ROCK RADIO

7:30pm - 10:00pm at Pub 282. We are a Classic Rock / Blues cover band playing hits from the 60's, 70's and 80's.

FRIDAY, NOVEMBER 10

HOOP HOUSES

(with Pete McKay). Master Gardener presentation at 10am at Lincoln Hill Retirement Community. Bring your questions and have some fun!

FRIDAY-SATURDAY, NOVEMBER 10-11

SHS FALL PLAY – RADIUM GIRLS



Stanwood High School Theatre Dept. presents a stirring drama based on a true story. In 1926, radium was a miracle cure, Madame Curie an international celebrity, and luminous watches the latest rage—until the girls who painted them began to fall ill with a mysterious disease. Inspired by a true story, Radium Girls traces the efforts of Grace Fryer, a dial painter, as she fights for her day in court. Powerful and engrossing, Radium Girls is an unflinching look at the peculiarly American obsessions with health, wealth, and the commercialization of science. The play will be presented Nov 10, 11, 17, and 18. Tickets are \$9 for adults and \$7 for students. 7pm at SHS Performing Arts Center.



2023 Holiday Show

Nov 10-12, Nov 18-19 open daily 10-5 pm

Opening Party: Thurs Nov 9 5-8 pm

Rexville Grange Art Show *Fine Art & Crafts*

www.rexvillegrangeartshow.com

19299 Rexville Grange Road, Mount Vernon
(near Rexville Grocery)

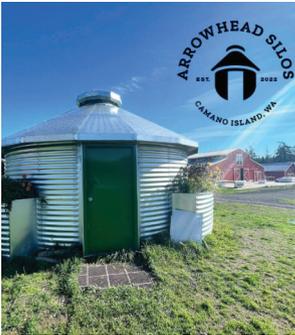
Calendar of Events



SATURDAY, NOVEMBER 11 VETERANS DAY CELEBRATION



Event by Stanwood Veterans Memorial and Stanwood Area Historical Society, 27130 102nd Ave NW, Stanwood. LEARN ABOUT YOUR LOCAL AMERICAN LEGION POST 92 & CELEBRATE VETERANS DAY. 11:00 a.m. Service Flags & Songs; Keynote by Service Officer; Demonstrations & Info Tables; Displays, Tours and Hero Quilts.



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Let your imagination run wild. A chic Airbnb, a practical storage solution, or a dedicated workshop, our silos are up to the task. The complete kit could be yours for only \$13,000!

Learn More!



Your Space, Your Way

360-572-1737

GRIEF Support Group

Help and encouragement
after the death of a loved one

January 11-April 4, 2024 6:00-8:30pm

Restoration Church Camano Island
788 Smith Rd.

More Info: griefshare.org/groups/175418



Calendar of Events



SATURDAY, NOVEMBER 11

ANNUAL VETERANS DAY FREE SPAGHETTI LUNCH



FOR VETERANS AND THEIR FAMILIES. 11am-2pm at Stanwood American Legion Post 92, 26921 - 88 Ave NW, Stanwood. Handcrafted delicious spaghetti sponsored by American Legion Stanwood Auxiliary Unit 92 served with caesar salad and croutons, french bread and dessert. More info: 425-220-8378.

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- ANNUAL -

Holiday Bazaar & Bake Sale

Saturday, November 18 • 9am-4pm

at Camano Country Club, 1243 Beach Drive, Camano Is.

- Get a head start on your holiday shopping
- Various Specialty Vendors, Shop for unique gifts and homemade items and baked goods.

Care to keep you healthy.



[SkagitRegionalHealth.org/BeWell](https://www.SkagitRegionalHealth.org/BeWell)

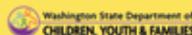


FREE PRESCHOOL

with support for the whole family

- Must be 3 or 4 years old by August 31st, 2023
- Income eligibility guidelines apply
- Foster & Kinship Care instantly qualify
- AM/PM Classes
- Small class sizes
- Preschool instruction
- Developmental screenings and referrals
- Nutritious meals and snacks
- Health and dental screenings
- Home Visits
- Parent Leadership Opportunities
- Family Events
- Kindergarten Readiness Activities

TRANSPORTATION AVAILABLE

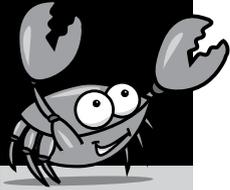


(360) 386-3221

www.josieseceap.com

mayaa@josiesjcc.com

Calendar of Events



DID YOU KNOW?

While filming for "Blade Trinity," actress Jessica Biel was asked to shoot an arrow at the camera from 60 ft away. The camera was protected by a sheet of plexiglass, except for a tiny 2x2-inch square in front of the lens. Biel managed to hit the lens with a direct bullseye shot through the tiny square, destroying the 300,000-dollar camera.

SATURDAY, NOVEMBER 11 PHOTOS WITH SANTA



Event by Camano Animal Shelter Association. 10am-4pm at Skagit Farmers Supply Country Store, Stanwood. Santa is coming to town! Support CASA- Stop by and get you or your pet's photo with this jolly ole elf. Bring your family and pets to the store between 10-12 and 1-4 for pictures with Santa. Only \$20 for downloadable pictures.

SATURDAY, NOVEMBER 11 26TH ANNUAL CHILI & CHOWDER COOK-OFF



3-7pm at Camano Center, 606 Arrowhead Rd. \$15 – \$20. Chili and Chowder will be served from 3:00-6:00 and the outdoor bar and fire-pit area will remain open until 7PM. Tickets are NOW ON SALE and are \$15 online (Eventbrite) thru 11/10 at 5 PM and \$20 at the door. Each ticket provides you with 10 tastings of chili and chowder of your choice! In honor of Veterans Day – any Veterans or First Responders will be able to purchase tickets at 1/2 price (\$10) at the door with proper ID. We will also have live music, an amazing raffle, beer/cider/wine, a fire pit with s'mores, and a live art auction benefiting Freedom Park. YOU get to vote on the Best Chili, Best Chowder, and Best Booth Decor! Can't wait to see you.



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The Josephine Caring Community Difference

For over 100 years, the **Josephine Caring Community** has been a respected & award-winning regional partner in caring for all generations & nurturing fullness of life.



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One Street. Many Hands.

Fullness of *life.*

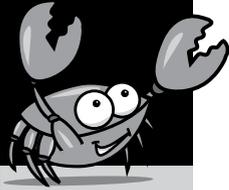


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Member of a division of The Life Care Group, a leading provider of care for seniors.

Calendar of Events



DID YOU KNOW?

In New Jersey, it's illegal to wear a bullet-proof vest while committing a violent crime.

SATURDAY, NOVEMBER 11

NORDIC BAKE SALE & CRAFT BAZAAR



Abel lodge , Sons of Norway in Conway is having a Fundraiser Nordic Bake Sale and Craft Bazaar from 9:00 a.m.-3:00 p.m. Our 91 year old building is in need of a new furnace.

SATURDAY, NOVEMBER 11

KYLE FINDLEY-MEIER

8 pm. Local Favorite Kyle Findley-Meier returns to the Conway Muse Hayloft Stage. We love Kyle's heart felt songs and can't wait to hear the latest. You want an authentic Skagit Sound - this is it! Adult only. Tickets \$12.50 Advanced \$15 Day of Show.

SATURDAY, NOVEMBER 11

FALSE SENSE OF SECURITY

7:30pm - 10:00pm at Pub 282. High energy rock from the 80s, 90s, and beyond.

SATURDAY, NOVEMBER 11

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.





Mental Health Matters

Healing Connections Center is a new non-profit serving Stanwood Camano residents.

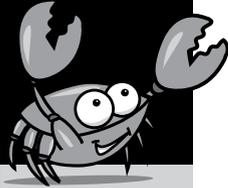
Healing Connections Center is an new non-profit organization in development, with plans to open at the end of February 2024. The purpose of this organization is to increase mental health skills, resources, and social connection for Stanwood-Camano residents. **Right now we are looking for volunteers, potential board members and funding opportunities.**

Contact Us Today!

SCHealingConnections@gmail.com



Calendar of Events



DID YOU KNOW?

Both KitKat and Rolo is produced globally by Nestlé, except in the U.S. where it's made by their competitor, Hershey's.

SUNDAY, NOVEMBER 12 TINY BLESSINGS BINGO



5pm at Viking Hall in Silvana 1331 Pioneer Highway, Stanwood. Dinner at 5pm. Bingo starts at 6pm. Bring cash. \$5 dinner, \$1 drinks, \$1 dessert. \$10/person for bingo with \$1 Bblackout games.

MONDAY, NOVEMBER 13

NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! More info: 360-629-2324.

TUESDAY, NOVEMBER 14

FREE COOKING DEMO

in the barn at Hazel Blue Acres in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

TUESDAY, NOVEMBER 14

FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.



www.pawsandwingsplace.com
For Healthy Pets



PAWS AND WINGS PLACE

Happy Parents!

CAMANO PET SUPPLY STORE

Food, treats, toys, gifts and much more. Come visit us today!

We are the community store: Offering classes, events, and a place to gather with those that love pets as much as you!

Located behind Heritage bank, next to Camano Plaza on: 185 McElroy Drive, Camano Island, (360) 505-0331

THANK YOU FOR VOTING **YES** ON OUR FIRE LEVY



We will get more first responders!

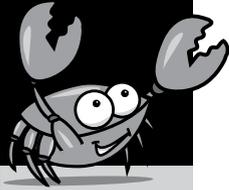
The levy will allow Camano Fire to hire an additional 6 career firefighters, staff 1 more paramedic unit, and staff the Mabana Station 24/7 — important because call volumes are increasing and they are experiencing more overlapping 911 calls

VOTE YES ON PROP 1

Learn more at [Facebook.com/FriendsofCIFR](https://www.facebook.com/FriendsofCIFR)

Ballots due by Election Day on Nov. 7

Calendar of Events



DID YOU KNOW?

Both U.S. and Soviet militaries have trained dolphins. They can be used for rescuing lost naval swimmers and locating underwater mines.

WEDNESDAY, NOVEMBER 15

HAZARDOUS WEATHER OF THE PACIFIC NW



6:30 PM – Online event. Ted Buehner retired from the National Weather Service (NWS) after a more than 40-year career. His presentation reviews the variety of significant hazardous weather gets in this region. People, particularly those who move here, feel all it does is rain. Yet, that is not the case. It includes heat waves, wildfires, winter storms, windstorms, heavy rain, flooding, landslides, coastal flooding, and even tsunamis. Registration is required. Register at <https://sno-isle.bibliocommons.com/events/650b6f09a7d41a3500fedf8f>

WEDNESDAY, NOVEMBER 15

LIVING AMIDST CAMANO'S BLUFFS, WETLANDS, AND FORESTS



CAMANO WILDLIFE PROGRAM — Rescheduled September program. 7 pm ZOOM Presentation. Do you live on a bluff or shoreline? Do you have a wetland or forest on your property? Learn about resources to help manage bluff stability, beaver activity, and forest and shoreline health. For information about the Zoom link or about the Camano Wildlife Habitat Project, visit www.camanowildlifehabitat.org, call 360-387-2236, or email camanowildlifehabitat@gmail.com.

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Kitchen Linens
Olive Oils / Balsamics
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Gourmet Pantry Staples
Funky's Hot Sauce
Amish Popcorn

GIFT PARLOUR SIDE

Books with Children's Section
Candles / Thyme Fragrance
Local Artisan Work
Bunnies By the Bay
Baggallini / Picnic Time
Stocking Stuffers
Puzzles and Games
Home Décor

Come browse our large selection of gifts. You may even find something for yourself. We will have treats and raffle items.

Happy Holidays - The Staff of The Picnic Pantry and Parlour!

MEDICARE QUESTIONS?

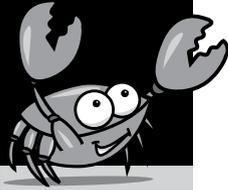
We're here to help.



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M-F 9:00am – 3:00pm
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Stanwood, WA 98292
WAOIC # 782423
www.vidorassociates.com

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NOT AFFILIATED WITH OR ENDORSED BY ANY GOVERNMENT AGENCY**

Calendar of Events



THURSDAY, NOVEMBER 16

HOMESCHOOLERS MEET & GREET



11am at the Camano Island Library Meeting Room. Connect with other homeschooling families in your community while exploring the various online homework resources offered by Sno-Isle Libraries. Resources are for K-12 students.

THURSDAY, NOVEMBER 16

WHITEWING

7:30pm - 10:00pm at Pub 282. A multi-generational group of musicians united by a common vision of bringing love and joy to the world through music with dedication to playing from the heart. Sassy, soulful energy to both well-known and hidden gem traditional blues as well as blues-influenced R&B, soul, and funk covers and originals.

2023 Hope Holiday Bazaar

Benefitting the American Cancer Society



November 18th
10am-3pm

Cascade Christian
Reformed Church
13908 51st Avenue
Marysville

Hosted by
Auntie's Angels
and a Few Uncles too



UNITE FOR 24 HOURS AND GIVE TO A VARIETY OF PROJECTS THAT PROVIDE BASIC NEEDS AND ENHANCE THE QUALITY OF LIFE IN OUR COMMUNITY

TUESDAY NOVEMBER 28, 2023

AMERICAN ASSOCIATION OF UNIVERSITY WOMEN:

*SCIENCE AND TECHNOLOGY CAMP FOR GIRLS

AJ'S PLACE - A FOUNDATION OF HOPE:

*MEMORIAL STONES FOR BABIES

AMERICAN LEGION FRANK HANCOCK POST 92:

*FOUNDATION REPAIRS FOR VETERANS HALL

ARROWHEAD RANCH FOUNDATION:

*ROCKET CAMP FOR KIDS

CAMANO ANIMAL SHELTER ASSOCIATION:

*SPECIALTY VETERINARY CARE FOR ANIMALS IN NEED

CAMANO CENTER:

*NEW OVENS TO PROVIDE HOT MEALS FOR SENIORS

CAMANO LAW ENFORCEMENT SUPPORT FOUNDATION:

*REFLECTIVE SAFETY VESTS FOR WALKERS & CYCLISTS

CAMANO SCHOOLHOUSE FOUNDATION:

*NEW EFFICIENT LIGHT FIXTURES FOR HISTORIC FIRE HALL

COMMUNITY RESOURCE CENTER OF STANWOOD CAMANO:

*GROW OUR LEARNING GARDEN

FREEDOM PARK ASSOCIATION:

*MAINTENANCE AND OPERATIONS FUNDING FOR OUR PARK

HOPE FOR HOMIES:

*VAN FOR MARGINALIZED YOUTH TO ATTEND IMPACTFUL EVENTS

HOPE UNLIMITED:

*PERSONNEL TRAINING & SUPPLIES FOR TRAUMA SUPPORT

LINCOLN HILL

RETIREMENT COMMUNITY:

*SOUND SYSTEM & MOVIE LICENSE FOR SENIOR COMMUNITY



www.scgive.org



27 PROJECTS 24 HOURS

STARTING AT 12:00 A.M.
ON THE TUESDAY
AFTER THANKSGIVING,

STANWOOD AND CAMANO ISLAND

TUESDAY NOVEMBER 28, 2023

PFLAG STANWOOD CAMANO:

*INCLUSIVE EVENTS FOR LGBTQIA+
& THOSE WHO LOVE THEM

SAFE HARBOR FREE CLINIC:

*EKG MACHINE FOR PATIENTS IN NEED

SHERWOOD COMMUNITY SERVICES:

*THERAPIES FOR INFANTS AND TODDLERS

SNOW GOOSE TRANSIT:

*NON-PROFIT BUS SERVICE FOR THOSE IN NEED

SOUND WATER STEWARDS:

*SUMMER EDUCATION SERIES ON
SALMON IN LOCAL WATERS

STANWOOD AREA HISTORICAL SOCIETY:

*ACOUSTIC IMPROVEMENTS FOR THE FLOYD HALL

STANWOOD CAMANO ARTS ADVOCACY COMMISSION:

*EQUIP THE MOBILE ART CENTER
FOR FREE ART ACTIVITIES

STANWOOD CAMANO COMMUNITY FAIR:

*SHADE FOR THE VIKING STAGE

STANWOOD CAMANO

FOOD BANK SERVICES:

*WEEKEND AND SUMMER FOOD FOR KIDS

STANWOOD HIGH SCHOOL

BAND BOOSTERS:

*NEW UNIFORMS FOR THE
SHS MARCHING BAND

STANWOOD-CAMANO ALLIANCE FOR EQUITY:

*SCHOLARSHIPS CELEBRATING
STUDENT ADVOCATES OF DEI

STILLAGUAMISH GRANGE #1058:

*NEW FUNCTIONAL STORAGE FOR TABLES

VILLAGE COMMUNITY SERVICES:

*OUTDOOR ADVENTURES FOR
PEOPLE WITH DISABILITIES

YMCA, STANWOOD-CAMANO BRANCH:

*MENTAL HEALTH SUPPORT FOR KIDS



COASTAL
COMMUNITY BANK



EAGLES
LEARNING AND STORAGE

THE
PICNIC PANTRY
& PARLOR

RE/MAX
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Riser Installation | Pumping**

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SavvySeptic.org**

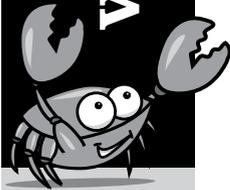
Questions?

Email savvy.septic@snoco.org or call 425-388-3636

Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.



Moonshine Wisdom & Wit



Story by Jack
Archibald.

For further
moonshine
wisdom and wet
powder wit,
check out the
**SKEETER DADDLE
DIARIES** at
[www.
skeeterdaddle.net](http://www.skeeterdaddle.net)



BULLIES ARE REALLY COWARDS

My teachers and my parents and the TV shows of my youth kept telling us kids that the way to deal with bullies was to confront them, they're actually, deep down, nothing but cowards. My family moved north from Georgia to Milwaukee when I was 13, a radical transition from semi-rural living to urban discomfort. My junior high school had the usual mix of cliques with one exception, the hoods, guys who dressed up as gangsters to celebrate Valentine's Day, the Massacre. Nice bunch, kept switchblade knives on themselves and guns in their lockers. Welcome to the city, Farm Boy!

At recess we played a game new to me called Foursquare, bounced a volleyball around from the four corners, nothing I remember about it 60 years later other than a couple of the hoods used to blatantly cheat at it and no one had the courage to call them out for it. One of my teachers who'd heard our complaints said it was up to us to put a stop to these guys' cheating, not his problem, and anyway, the best way to end their bullying of the rest of us was to stand up to them, show them we weren't afraid and more than likely they'd back down. Because ... well, you know why. These thugs were basically cowards, that's why.

So I decided to put an end to this cheating. Kind of ruined the game and we were required to play the stupid game. This, dear reader, is probably as good an allegory for life in these partisan times as you're gonna want. Needless to say, the cheaters, once confronted, feigned courage. "Who's gonna make us?" one of the gang said, and I said, well ... you know what I said. Me. And then we 'rumbled' as they say in Milwaukee. I took the first punch to the stomach. I took the second punch to the face. After that I don't remember what body part I slammed against my opponent's fist, but I do remember the teacher who advised us to handle this ourselves, breaking up the slaughter and dragging us both to the principal's office. Where we were given verbal lashings and detentions, both of which my coward bully laughed off in the principal's face.

What I learned from this and a few other similar confrontations, bullies aren't necessarily cowards, they're just bullies. Creeps and sadists, brutes and users, I don't know where my teachers and my folks got their psychology degrees, but from personal experience I have to say they should ask for a refund on their tuition.

Meet the Windermere Team

Your Local Real Estate Experts



Molly Alumbaugh



Blake Arnold



Barbara Athanas



Ida Bearden



Michael Borthwick



Andy & Jeni Bottin



Amanda Chapman



CJ Daniel



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Karl DeBoer



Trygve DeBoer



Jerry Evans



Kevin Flynn



Tiffany Forslund



Greg Gilday



Holly Harbrige



Steve & Julie Love



Jan Mather



Tamara Matthews



Nancy McClure



Denise McDonald



Genevieve Mezzono



Adrian Moore



Michelle
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Ray Mueller



Doug Nemo



Mike Nestor



Beth Newton



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Hans Ostrander

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Monica Swanson



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Dama Avery



Doris Blas



Linda Gleadle



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Windermere Real Estate/CIR



Joy
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out.

Announcing our Newest Neighborhood:

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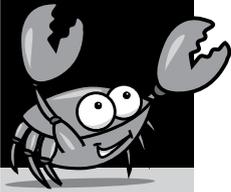
Overwhelming joy is a common resident experience as they live and thrive in a vibrant purposeful Christ-centered community with the freedom to actively engage and pursue the things in life that matter most to them. Our new Forest Lane assisted living community is designed for seniors who want to remain active and involved yet require extra help and support with the activities of daily living. Our caring and dedicated staff members provide round-the-clock assistance while encouraging residents to maintain a high level of independence.

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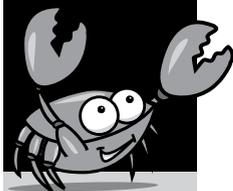
Dining Guide



DID YOU KNOW?

The Empire State building only took a littler over a year to build (410) days and it was 12 days ahead of schedule when completed.

AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052
BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885
BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324
BLUE HERON KITCHEN & BAR (Camano Island) • (360) 502-8700
CAMA BEACH CAFE (Camano Island) • (360) 387-3266
CAMANO ISLAND INN (Camano Island) • (360) 387-0783
CAMANO THAI (Camano Island) • (360) 926-8688
CENTER CAFE (Stanwood) • (360) 629-7403
THE CONWAY MUSE (Conway) • (360) 445-3000
CONWAY BOXCAR (Stanwood) • (360) 629-0651
CONWAY PUB & EATERY (Conway) • (360) 445-4733
COOKIE MILL (Stanwood) • (360) 629-2362
CRISTY'S LUMPIA & MORE (Stanwood) • (360) 629-2727
DOS REALES (Stanwood) • (360) 629-0822
DRAGON PALACE (Stanwood) • (360) 629-8106
DUCK IN CAFE (Stanwood) • (360) 629-3440
FARMERS CAFE – (Stanwood) • (360) 629-4953
GYRO STOP (Stanwood) • (360) 572-4175
IXTAPA MEXICAN RESTAURANT (Stanwood) • (360) 629-5228
JACK IN THE BOX (Stanwood) • (360) 629-2384
JASMIN THAI CUISINE & SUSHI (Stanwood) • (360) 629-2044
JIMMY'S PIZZA (Stanwood) • (360) 629-6565
JOHNNY'S BURGER STOP (Stanwood) • (360) 629-9427
JOURNEY'S END CAFE • (Camano Island) • (360) 387-9120
LITTLE CAESARS PIZZA (Stanwood) • (360) 629-6999
MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500
MCDONALD'S (Stanwood) • (360) 629-9787
MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535
MUSTARD SEED BAKERY & CATERING (Stanwood) • (360) 572-2499
NAHA TERIYAKI (Stanwood) • (360) 629-0681
PADDLE PUB (Stanwood) • (360) 652-4156
PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826
PAT'S THAI
PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981
PHOENIX PAVILION (Stanwood) • (360) 629-4662
PICNIC PANTRY (Stanwood) • (360) 631-5218
PRIMAL BARBECUE (Camano Island) • (360) 572-2122
PUB 282 (Camano Island) • (360) 926-8960
RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000
ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920
SAAL BREWING CO. (Stanwood) • (360) 629-0102
SAHARA PIZZA (Stanwood) • (360) 629-6886
SPARTAN DRIVE IN (Stanwood) • (360) 629-8988
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SUBWAY (Stanwood) • (360) 629-2678
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WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372



KIDS CRAFT: A PATRIOTIC WREATH



Materials: Construction paper: Red, White and Blue; Thin cardboard or heavy card stock; Glue

Step 1: Make a circle with a circle inside. I used a pot lid to trace and then a smaller bowl to trace the inside circle. Step 2: Draw a star shape. Cut square and stack so you can cut more than one star at a time. Step 3: Let kids paint the wreath with glue and stick the stars on. Let dry. Glue a piece of string or yarn to the back for hanging the wreath.

Gary Beard, CLU® ChFC®
Chartered Financial Consultant®
Gary@BeardFinancialGroup.com

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Toll-Free (866) 217-3350
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Kathy Beard
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(Physical Address - by appointment only) 1283 Elger Bay Road #B, Camano Island, WA 98282

VETERANS DAY WORD SEARCH

G S F F A S Q O Y M P P P X G Q O U N E E W C R
 X F W S S A I L O R B A S I C T R A I N I N G R
 B D R V V O X C O R P O R A L A A X K W L I F E
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 D E T A V I R P J O V Y P M G E N E R A L A J C

admiral	airforce	airman	armedforces	army
barracks	basictraining	branch	camouflage	captain
chaplain	coastguard	colonel	commander	corporal
deployment	enlisted	ensign	general	lieutenant
major	marines	military	navy	officer
pettyofficer	private	rank	sailor	seaman
sergeant	service	soldier	stationed	veteran



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Welcome to this 3 bed 2.5 bath charmer on fenced 2+ acre at the top of a private road with view of Saratoga Passage and the Olympics! As you come through the door you'll enjoy stunning high ceilings, hardwood floors, large kitchen w/granite counter tops, a breakfast nook, dining room and additional family room. Utility/mud room with extra storage or walk in pantry. Large primary bedroom with 5 piece bath, Extra room upstairs for bonus room or spacious office if you wish! Home is backed to lush greenery. Outbuildings with room for RV/Boat parking! Heated garage. Your own secluded forest with firepit for entertaining or peaceful relaxation. Fresh interior and exterior paint. All appliances stay! Don't miss out on this one!!

**Listed by Holly Njenga • Care Realty Associates LLC
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camanoisland.org



Old Friends Club

Day Program for Individuals Living with Memory Challenges

Welcoming Friends, Enriching Lives

Old Friends Club is a place of friendship and belonging for those living with dementia, where they share life together through conversation, music, art, games, exercise, and a meal. This weekly social respite program is also designed to give care providers worry-free time to be at home, run errands, catch up with a friend, or recharge in order to protect and maintain their own physical and mental health.



**Meets Thursdays, 9:30-2:30
at the Camano Center**

A typical 5 hour day:

- Low-impact social time to encourage group engagement and support
- Small group setting with 2 to 1 ratio of participant to experienced staff & volunteers
- Light physical activities
- Live music sing-a-longs
- Art and other creative projects
- Group-oriented games and other forms of cognitive stimulation
- Lunch, snacks, and light refreshments throughout the day
- Monthly Club fee (scholarships available)

Contact the Camano Center to find out if this program is the right match for you:

**info@camanocenter.org
or 360-387-0222**



CamanoCenter
Get connected.





Early Country Christmas Bazaar November 4, 10am-2pm

* LEFSE * USED TREASURES * ROMMEGROT * HARVEST
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BAKED GOODS * GIFT CARD TREE RAFFLE

**** LUNCH ****

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PROGRAMS AND BENEVOLENCES



THE DANGERS OF VAPE

- 1. Causes irreversible brain damage:** The part of the brain that's responsible for decision making and impulse control is not yet fully developed until age 25. Teens and young adults are at risk for long-lasting effects including nicotine addiction, mood disorders, and permanent lowering of impulse control.
- 2. Causes attention and learning problems:** Nicotine also changes the way synapses are formed, which can harm the parts of the brain that control attention and learning.
- 3. Nicotine in vape is highly addictive:** Each time a new memory is created or a new skill is learned, stronger connections – or synapses – are built between brain cells. Young people's brains build synapses faster than adult brains. Because addiction is a form of learning, adolescents can get addicted more easily than adults.
- 4. Gateway to smoking:** Kids who vape are 4x more likely to start smoking which can lead to a lifetime of nicotine addiction.
- 5. Toxic chemicals & metals:** E-cigarette aerosol isn't harmless water vapor – it can contain toxic chemicals and metals.
- 6. Weakens immune system:** Vaping weakens the immune system, increasing susceptibility to all kinds of illnesses and infections.
- 7. Nicotine overload:** Teens may not realize the level of nicotine they are inhaling. For example, 1 JUUL pod = 20 cigarettes worth of nicotine.
- 8. Blood vessel damage:** Vape that contains nicotine can increase blood pressure and heart rate and cause arteries to stiffen up. That means a higher risk for a cardiovascular event (think heart attack).

SOURCES

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Photos and Art



DID YOU KNOW?

MIT, often cited as one of the world's most prestigious universities, puts almost all of its course materials online for anyone to access for free.

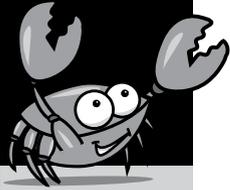


American flag in window. Photo by Max S.



Autumn "Fire". Photo by Mark Coldren.

Artist of the Week



Are you interested in promoting your art, craft, or live performance?

Email us info or a bio about yourself and we will feature this page to you... and it's all FREE!

MARK SKIN



(The newest artist at Stanwood Tattoo Company). Mark Skin Mark Skin is a licensed and BBP certified tattoo artist with over ten years experience. He has been tattooing in the North Seattle/Snohomish area for the last 8 years or so. In 2019, Mark and his wife Amanda moved to Camano Island. They are happy to finally have a house and yard of their own. Together they enjoy gardening, cooking and entertaining their playful young cat "Precious". Mark Skin's favorite tattoo styles are dot shading and color. Especially watercolor style with bright colors and painterly brushstrokes. Mark's favorite themes are nature based, PNW landscapes, forest animals and ocean creatures. He is open to cover-up projects and prefers a consult to discuss options. Visit Mark's instagram to see his recent tattoo portfolio. Drop by the shop to view available designs. Mark has an educational background in fine arts and enjoys painting in his spare time.

Four Springs House for your next event



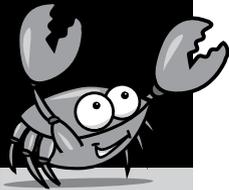
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Business Spotlight



Are you interested in promoting your business or organization?

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A FRIEND IN ME



"Hello community my name is lyndsey Johnson and I just started my new business A Friend In Me LLC. (Elderly assistant and transportation). If you know of a friend family or loved one that could use my assistance please feel free to reach out or share my page. Trying to get my name out there as much as possible."

<https://www.facebook.com/profile.php?id=61551453647593&mib-extid=LQQJ4d>



Please go through your closets and consider donating your extra boots, coats, sweatshirts, mittens/gloves, blankets & other warm clothing to the Caring Place. We serve the whole family so all sizes are needed, and this year we will remain open throughout the winter.

Our Donation days are Monday & Wednesday, 1—5 p.m. and our Service days are Tuesday & Thursday, 1—5 p.m. Please call us at 360-913-1551 for special arrangements or urgent needs.

Healthy Hearing Habits



A key part of healthy aging is taking care of your physical, mental, and hearing health!



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Stay socially engaged



Wear hearing protection



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Near QFC, between Papa Murphy's and H&R Block
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w: Stanwoodhearing.com

Veterans' Appreciation Dinner

Prime Rib
or Salmon
Dinner
Entrees

Date: November 10, 2023
Time: Doors open 5:30 pm
Event begins at 6:00
Place: Camano Chapel
867 SE Camano Dr.
Camano Island, 98282
Presented by "His Veterans Ministry"

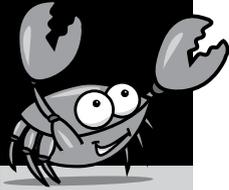


Guest Speaker:
Colonel Robert J. Pedersen
USAF Retired

For reservations:
Contact Lynda Buehring with your name
and entree choice. Dinner is complimentary.
email: goldracket@aol.com
phone: 206-550-4409



Community Information



LIBRARY STORYTIMES

(A play time or activity will follow after story). Monday: Toddler Storytime with Jennifer - 10am - Camano Island Library. Jump and bounce together into a world of stories, music, and movements. Tuesday: Family Storytime with Jennifer - 10am - Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family. Wednesday: Family Storytime with Vicky - 10:30am - Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family. Thursday: Toddler Storytime with Alex - 10:30am - Stanwood Library. Jump and bounce together into a world of stories, music, and movements.

FOOD & GIFT CARD DRIVE

Camano Fire's annual holiday food and gift card drive runs now through Dec. 31. Last year, thanks to your generous donations, Camano Fire provided 1,338 pounds of food, \$565 in gift cards, and \$836 of cash and checks to the Stanwood-Camano Food Bank. Bring your non-perishable food donations to any Camano Fire station, or to the Administrative office, and put them in the red donation buckets. Please bring gift card donations to the Camano Fire Administrative office, 811 N. Sunrise Road. If the office is closed, you can leave them in the locked drop-box. You can also mail gift cards to the same address. Every year, Camano Fire collects nonperishable food, pet food, and personal hygiene products to benefit the Stanwood Camano Food Bank. Gift card donations benefit The Christmas House and are used to buy holiday gifts and necessities for families in our community.

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Community Information



DID YOU KNOW?

Fungus are more closely related to animals on a genetic level than they are to plants.

TURKEY FUN RUN REGISTRATION



with Stanwood High School Wrestling! The annual Turkey Fun Run takes place Thanksgiving morning! Check-in will be at the Stanwood High School athletic entrance at the front of the school (to the left of the main office) beginning at 8:00 a.m. and the race will start promptly at 9:00 a.m. Participants will receive a t-shirt. The cost for adults is \$25, students and former SHS wrestlers \$20, and children 6 years and under are free (t-shirt not included for the free kiddos). Register at <https://stanwoodwrestling.sportngin.com/register/form/133574279>

VETERANS APPRECIATION DINNER

at Camano Chapel. We look forward to honoring local veterans and a guest at a free dinner. Doors open at 5:30 and the program begins at 6. Our guest speaker is Camano resident Colonel Rob Peterson, USAF retired. Reserve your seat and select your entree of prime rib or salmon by contacting Lynda no later than 5 Nov at goldracket@aol.com or 206-550-4409. Veterans are encouraged to wear uniforms, insignia or other items to highlight your service. His Veterans Ministry thanks all veterans for their service!

THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

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Community Information



DID YOU KNOW?

Albert Einstein had mastered calculus by the tender age of 15.

2024 CALENDARS NOW AVAILABLE!



Spectacular Views on Whidbey and Camano Islands. Enjoy captivating images of wildlife and natural landscapes in the Land Trust's 2024 Calendar. The calendar features photos taken on Whidbey and Camano Islands. Support local conservation by purchasing a calendar for your family and friends. Keeping the Islands you love, the way you love them, takes your help. The 2024 Land Trust Calendar is now available to purchase on both Whidbey and Camano Island. Locally, it can be purchased at Camano Commons Marketplace.

TOY BOAT BUILDING

Saturdays at 10am in the Cama Beach Boathouse. Build a wooden toy boat. Bring it home as a souvenir! \$5 suggested donation.

FAMILYSEARCH CENTER - FREE OPEN GENEALOGY WORKSHOP

at 795 Ell Rd., Camano Island. Extended hours: Tuesdays 10 am-2 pm, and Wednesdays 6 pm-8 pm. Get help to find your ancestors with free access to websites and records. Questions? Contact us at 801-240-4357 or camano@familyhistorymail.org.

TORY CHARETTE AGENCY



Tory Charette
Agency Owner

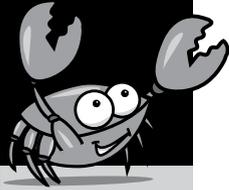


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Community Information



DID YOU KNOW?

Tom Hanks had an asteroid named after him which was called "12818 tomhanks".

LEARN ABOUT THE SCHOOL DISTRICT'S REPLACEMENT LEVY

Come learn about Stanwood-Camano School District's replacement levy that will appear on the February 13 ballot. Local voters will be asked to renew the expiring four-year levy, which represents about 16% of the school district's annual budget. The levy bridges the gap between state funding for the district and the cost of staff, materials, services, and facilities our students need to fulfill the community's desire to prepare all students for the future of their choice. Join us at this free public event to learn more and ask questions. For more info, visit www.stanwood.wednet.edu/levy. All events are from 5:30-6:30 p.m. November 2: At the YMCA - Community Room. November 7: At the Stanwood Library Meeting Room. November 20: At the Camano Island Library Meeting Room. November 28: At the CRC (Community Resource Center) 9612 271st ST SW Stanwood. December 7: At the Camano City Schoolhouse 993 Orchid Road Camano. December 14: TBD. January 3: At the YMCA - Community Room. January 11: At the Lincoln Hill Retirement Center (Social Room). January 18: At the Warm Beach Conf Center - Cedar Lodge Chapel 20800 Marine Drive Stanwood. January 25: At the Brookdale Senior Living 7212 265th St NW Stanwood. February 1: At the Warm Beach Conf Center - Maple Center Main 20800 Marine Drive Stanwood. February 8: TBD.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

CAMANO ISLAND QUILTERS - COMMUNITY OPEN SEW

2nd Monday monthly. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public. Want to sew with others, need help on a project? We are here to help you.

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NOV 18 10 AM - 2 PM

NOV 22 10 AM - 3 PM

NOV 23-26 CLOSED

REGULAR FOOD BANK SERVICES WILL BE OFFERED ON THESE THREE DAYS. EACH HOUSEHOLD WILL ALSO RECEIVE **ONE TICKET, ONE TIME TO SHOP** FOR ADDITIONAL THANKSGIVING MEAL ITEMS. LOST LAKE - CAMANO CLIENTS MAY RECEIVE HOLIDAY ITEMS AT THE STANWOOD LOCATION



27030 102ND AVE NW
STANWOOD WA 98292

NOVEMBER 7th-18th CHRISTMAS DECOR SALE



We are having a big Christmas Decor Sale to raise funds for the Food Bank and Christmas Holiday programs! **Tuesdays, Thursdays and Saturdays - 10-3pm** at the **FOOD BANK** across the street from the Thrift Store.

Warm Coats For Kids & Christmas House



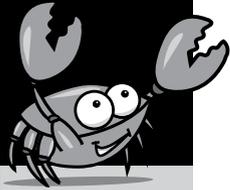
Phone: (360) 629-2789
Email: SCFoodBank@scfbs.org

IF YOUR CHILD NEEDS WARM COAT THIS WINTER, OR A PRESENT UNDER THE TREE - WE'RE HERE TO HELP!
NEARLY ANY CHILD AGE 0-18 LIVING IN THE STANWOOD CAMANO AREA IS ELIGIBLE TO RECEIVE A NEW COAT. IN ORDER TO QUALIFY AND RECEIVE A SHOPPING APPOINTMENT, PLEASE STOP INTO THE FOOD BANK - TUESDAY-SATURDAY, 10-3PM



A big thank you to **A Simple Gesture** donors and volunteers, who procured 7900# lbs of food and household essentials for the Food Bank this month!
NEXT PICKUPS ARE DECEMBER 9TH

Community Information



DID YOU KNOW?

High heels are nothing new to the world. In the 18th Century, they were fashionable even for children.

LOCAL WREATHS ACROSS AMERICA DAY 2023 FOR STANWOOD AND CAMANO ISLAND



Local volunteers will again this year honor the veterans of Stanwood and Camano Island by laying wreaths on their graves as part of the Wreaths Across America Day on December 16, 2023 at 10:00 a.m. Camano Lutheran Cemetery on Camano Island has been included this year along with Pioneer Cemetery on the island and Anderson Cemetery in Stanwood. The number of local graves which will be decorated and honored is 771. In 2022 more than 2.7 million veterans' wreaths were placed on headstones at 3,702 locations across the country to honor the sacrifices and service of all who wore the uniform. This year's theme is "Serve and Succeed" focusing on military families who have found success through their service. Local organizers depend on volunteer support to lay the wreaths and financial participation to secure the money for the local graves to be honored. People can sponsor a \$17 wreath or volunteer to help by visiting the website, www.WreathsAcrossAmerica.org/WA0183P or you can contact Mischa Plesha at Stanwood's American Legion Post #92 at post92adjutant@gmail.com or phone 408-595-7634. You can also mail a check to the American Legion, P.O. Box 323, Stanwood, WA 98292. REMEMBER the fallen, HONOR those who served and their families and TEACH the next generation.



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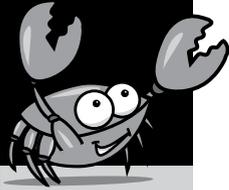
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Clubs and Meetings



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Ski, Snowboard or just hang out in 2024! The Merry Mountain Ski Club, a non-profit club, brings you easy travel for a fun ski day in a luxury coach with stops in Bellingham, Burlington, Stanwood and Monroe. We have a Seattle and Kirkland bus too! Great folks & great fun. Come and join us. Get in touch with us for more details! Every Tuesday for 6 weeks beginning January 9, 2024. Additional weeks possible if interest warrants! call: 206-550-4908 email: tuesdayski-bus@gmail.com website: www.merrymountain.com

GRIEF Support Group: Help and encouragement after the death of a loved one. January 11-April 4, 2024 6:00-8:30pm at Restoration Church, Camano Island, 788 Smith Rd. More Info: griefshare.org/groups/175418.

Stanwood Coin Club meets the 4th Tuesday of each month at the Stanwood Library meeting room 7-9pm. Bring your questions @ collecting. Buy, Sell, Trade, Learn. This club has been active since 1961.

Friendship Tea: Drop by for tea, treats, and a chance to visit with friends, both old & new. Join us 1st, 2nd & 3rd Tuesdays of every month from 10:30-12:00 at the Camano Center. No charge to Camano Center Members. \$5 fee for non-members. Please check in at the Front Desk. For more information, call Connie at 360-652-7211.

The Camano Island Jeep Club will hold their monthly meeting on October 21 at 9:30am at the Rockaway Bar and Grill (326 NE Camano Drive). Please also join the Facebook "Camano Island Jeep Club" page. We look forward to welcoming new members! Wayne Kanaby (425) 772-3205.

Little Sprouts Garden Club Every Monday. 10:30am at Stanwood Camano Community Resource Center. Free, hands-on, nature-based, learning opportunities for 0-5 years and their parents/caregivers.

Rainy Day Room Playgroup Free weekly play group on Thursdays at 10-11am at the Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house.

Teen Late Night Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.

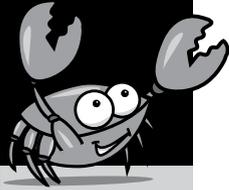


Jan Mather
Camano Island Expert
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Clubs and Meetings



DID YOU KNOW?

Ancient Roman surgeons were trained to block out the screams of human pain.

“Weight loss and TOPS Clubs on Camano or Stanwood: TOPS (Take off Pounds Sensibly). We provide great fellowship and support in your weight loss journey. Camano Island: We meet Thursday mornings for weigh-in from 8:15 to 8:45; meeting at 9 am. First meeting is always free. Join us and see why TOPS provides support both during your weight loss, and afterward, helping you to keep it off! Camano Lutheran Church, 850 Heichel Rd, Camano Island. Call Sandy 387-6953 or Karen (leader) at 387-9716 for more information. Stanwood: We would love to meet you and invite you to join us in friendship and weight loss support! We meet on Thursday mornings at Cedarhome Baptist Church. 29000 68th Ave NW. Stanwood. Wa. at 10:00 am. Everyone is welcome! More info: Gay at 360-393-7117.

Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

PFLAG Support Group Free support group for friends, family, and members of the LGBTQIA+ community. First Friday of every month at the Community Resource Center 6-7pm.

The Wardrobe By Appointment: at the Community Resource Center – Free clothing for teens in need – restocked for Summer with new t-shirts, tanks, shorts, flip flops and hygiene products! Call 360-629-5257 or email info@crc-sc.org for an appointment.

Kaleidoscope Play & Learn Tuesdays and Wednesdays - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. At Community Resource Center of Stanwood Camano.

Camano Island Quilters-Machine Embroidery Group Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

Camano Island Quilters Open Sew Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

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Patio furniture



Sports equipment



Trash cans



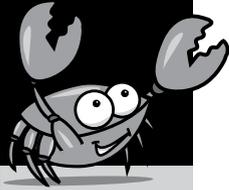
Trampolines



weather.gov



Classified Listings



DID YOU KNOW?

Canada eats more macaroni and cheese than any other nation in the world.

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MISCELLANEOUS:

Calling all dance teachers! Sound bathers, drum circlers, meditation teachers, fitness or yoga instructors. Anyone who has wanted to hold a workshop and cant find a space. Bee Authentic Pilates, located in Stanwood has a space for just this sort of thing and is making it available during off hours. If interested please contact Harmony at 206.200.8167.

I'm looking to rent a studio, 1 bedroom. I have excellent credit, references, not married, no pets. More info: 360-218-6716.

PROFESSIONAL SERVICES:

Science and Math Tutoring: I can help you review and strengthen your math and science skills. I have many years of experience with a very gentle approach. E-mail ijmuzinich@gmail.com or 360-661-9517.

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WANTED:

Considering a career in Real Estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.



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CASA'S PET OF THE WEEK:

Meet **PUMPERNICKEL!** All kittens come spayed or neutered, age-appropriate vaccines, treated for worms and fleas, and microchipped. Kittens do well in pairs or having a close to same age friend to play with and continue socializing. They are great with people of all ages and have met a few dogs and have not minded them around. Kittens are \$150 or 2 for \$225. Please stop by the shelter to see our available kittens.

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

My name is **STRATOSPHERE** and I am 3 years old. I'm not too pleased to be here right now - what I would REALLY like, is to find a calm, patient human to be my FURRever friend! I would love for you to come meet me today at The NOAH Center.

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

OBIE is a sweet boy who is ready to be a cherished member of the family. He is gentle and affectionate and he is a friend to everyone he meets. Obie is a champion lounger and enjoys a soft, cozy bed right next to his people. This boy is ready to go! **FIRST STEPS:** Visit <https://www.save-a-mutt.org/adoption-application/> to fill out an application. We are a local foster home based rescue.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org



MARSHA ROSS

Stanwood/Camano Specialist

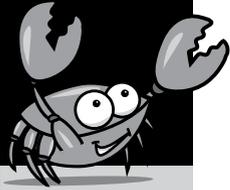
360-631-1868

rossrealestate4u.com

rossrealestate4u@gmail.com



Classes and Workshops



DID YOU KNOW?

Octopuses only touch in situations of mating or aggression. Female octopuses sometimes do both, strangling and eating the male after mating.

Health and Wellness classes - Every 2nd Monday of the month. Each evening we will have a short lecture or film to give practical ways to boost our health and wellbeing on topics like Brain Health; Body Safety; Exercise; Home Canning/Preserving and more. Whole-food, plant based samples are provided each evening with recipes to take home. Classes are held at Cedarhome SDA Church, 28505 68th Ave NW, Stanwood. \$5 fee for the meal. RSVP Cindy at 425-870-1006.

Forte Music Dance Art offers intermediate ballet Tuesdays & Thursdays. Advanced Tap and Beginning Tap on Mondays and Thursdays. Yoga available throughout week. Private instruction on sax, clarinet, flute, voice & piano. More info: 360-572-9262. www.fortemda.com.

Social partner dance class! Beginners and drop-ins welcome. Wednesdays at 3pm at the Camano Center. www.socialdancesimplified.com.

Yoga Classes In-studio & Online at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes; regular membership rates apply.

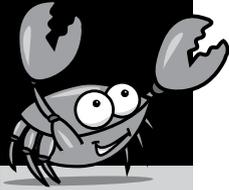
Virtual Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

Yoga for Beginners Five Week Session Tuesdays 6:00-7:15pm. Prepares you with the first steps toward a regular practice. We look forward to meeting you on your path! Sign up through movementarts.com or call 360-629-9100. Space is limited, \$95.

Intro to Chair Yoga Special Offer Nov 4 12-1:15. Chair Yoga can provide the security you need to feel in your body and still offer the benefits of strength, flexibility, breathwork and movement that you've been missing. Sign up at movementarts.com/events or call 360-629-9100.

Private Music Lessons: Hart Music School offers live lessons for piano, guitar, bass guitar, ukulele, voice, and songwriting for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Book a complimentary 30-minute lesson at HartMusicSchool.com/free-trial.

Medicare Basics Information Class November 10 (10:15am - 11:15am) Free event open to the public. We will be explaining how your Medicare benefits work, as well as the options for supplementation. This class is highly recommended, whether you are new to Medicare or you would like to re-evaluate your current plan. Camano Island Library Meeting Room. RSVP with John- 360-967-9601.



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SWEET POTATO CASSEROLE WITH PRALINE TOPPING

A 30+ year tradition in our family, this casserole is always on our holiday table. We like to top leftovers with whipped cream and call it dessert, Enjoy!



SWEET POTATO CASSEROLE: 4 c. mashed sweet potatoes (about 3-4 lg. roasted sweet potatoes); 1/4 c. unsalted butter melted; 1/4 c. heavy cream; 2 lg. eggs; 1/4 c. brown sugar packed; 1/2 tsp. salt; 1 tsp. vanilla extract

PRALINE TOPPING: 1/2 c. all-purpose flour; 1/2 c. brown sugar packed; 1/4 c. unsalted butter melted; 1/4 tsp. salt; 3/4 c. chopped pecans

DIRECTIONS:

1. Preheat oven to 400 degrees. Line a rimmed baking sheet with foil and spray with non-stick cooking spray.

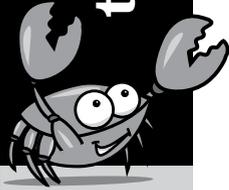
2. **ROASTED SWEET POTATOES:** Bake sweet potatoes in their own jackets (do not peel). Wash each potato and prick with a fork. Bake on prepared baking sheet for 40 to 60 minutes (depending on the size of the potatoes) or until soft when poked with a fork. Let potatoes cool, peel and mash for casserole.

3. Preheat oven to 350 degrees. Butter a 2-quart or 9 x 13-inch baking dish; set aside.

4. **SWEET POTATO CASSEROLE:** In a large bowl, using an electric hand mixer, beat warm mashed sweet potatoes, melted butter, heavy cream, eggs, brown sugar, salt, and vanilla until combined. Spread sweet potato mixture in prepared baking dish.

5. **PRALINE TOPPING:** In a medium bowl, combine flour, brown sugar, melted butter, salt, and pecans, stir until moist and the mixture clumps together. Sprinkle mixture over the top of the sweet potatoes in an even layer. Bake for 25-30 minutes or until golden brown. Enjoy!!

View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

THE UPSIDE OF HOLDING ONTO GRUDGES

I've rarely been one to hold a grudge. It takes a lot to get me triggered, and even then, I usually move past whatever momentary feelings of irritation I'm experiencing within minutes or, worst case, a couple of hours – unless it's ANYTHING that my annoying neighbor Bert Higgins says or does, in which case, I will never let it go. What can I say, I just don't like the guy.

Other than with my neighbor Bert, I never saw the point to letting personal resentments fester. Research shows that holding onto anger and bitterness is bad for your emotional and physical well-being – much like the feeling of rage that consumes many readers after having been subjected to my latest humor article: "Darn it, Jones! That's ten minutes of my life I'll NEVER get back!" is the usual complaint I receive.

Nelson Mandela once wrote, "Resentment is like drinking poison and waiting for the other person to die." On a related note, for months I resented my first college girlfriend for making out with a friend of mine. Six months later, she still hadn't died. So yeah, turns out Nelson was right.

Many famous people throughout history refused to let go of long-standing grudges: Alexander Hamilton and Aaron Burr, Van Gogh and Gauguin, Thomas Edison and Nicola Tesla, Joan Crawford and Bette Davis, Paul McCartney and Yoko Ono, Donald Trump and... well, just about everybody who's ever worked for him.

The above list includes several extremely intelligent, talented people... and Donald Trump. In each case, they chose to keep the fires of grievance burning for years. At least Hamilton and Burr eventually found a way to abruptly resolve their feud – if you consider pistols at dawn an effective way to end a dispute.

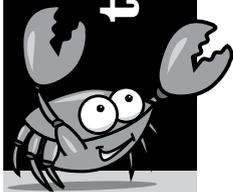
For some people, it's easier to remain angry and resentful than to forgive. Why is this? Here's my theory: Sincere forgiveness can require a lot of effort. Worse, it just might require us to accept that we played a part in creating this rift. And why should we waste our time on self-reflection about our own shortcomings when it's far less work to place all the blame on my annoying neighbor, Bert Higgins?

Besides, if we forgive the other person, that lets them off the hook. And I'll be damned if I'm going to let Charlie Jamison forget about the fact that he ran over my pet guinea pig Bubbles with his Schwinn bicycle back in 5th grade. He still has never apologized.

The more I think about it, the more I realize that holding onto a long-simmering resentment offers several useful benefits. First, you'll no longer need to worry about getting them a birthday present or sending a Christmas card. You won't have to invite them over for Thanksgiving. And you can relax as you watch the football game knowing they'll never interrupt the game with a pesky phone call to vent to you about their disappointing teenage son Norman.

If you expand your network of people towards whom you could harbor resentment, just think of how much spare time it will open up in

View from the Bleachers



your weekly schedule. Of course, it works in reverse as well. If there is someone in your life you find slightly unpleasant to be around, you might consider insulting them about their appearance or parenting skills. That way, they'll start to resent you and, if you're lucky, refuse to acknowledge your existence. Mission accomplished.

So, I've changed my mind. Instead of letting go of past resentments, I'm going to start to embrace them. You hear that, Coach Steck? Perhaps you've forgotten about the time you demoted me to second string on our high school football team after I had one bad game back in 1973. Well, I haven't forgotten, Coach. I'm coming to even the score with you – assuming that at the age of 104 you're still alive.

And Larry Elmendorf, don't think I've forgotten that in 5th grade you once called me "Thunder Thighs Jones" because you thought I had fat thighs back then. Vengeance will be mine, by which I mean I will post a snarky comment about your recent weight gain on your Facebook page.

Tonight I'm supposed to make dinner, but I'm feeling lazy. I think I'll get out of cooking by pretending to carry a grudge against my wife for nagging me repeatedly that I still haven't mowed the lawn. Yeah, that should do the trick. And I'll forgive her the next day, when it's her turn to cook.

[Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his YouTube channel by the same name.]



TIDE TABLES / SARATOGA PASSAGE / NOVEMBER 3-16, 2023

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 3	Low	2:49 AM	-0.7	
3	High	10:55 AM	11.2	
3	Low	5:07 PM	7.5	
3	High	8:36 PM	8.3	
Sa 4	Low	3:40 AM	0.2	
4	High	11:58 AM	11.0	
4	Low	6:47 PM	6.9	
4	High	9:50 PM	7.5	
Su 5	Low	3:38 AM	1.1	
5	High	11:56 AM	10.8	
5	Low	6:51 PM	6.1	
5	High	10:21 PM	7.1	
M 6	Low	4:42 AM	2.0	
6	High	12:42 PM	10.8	
6	Low	7:33 PM	5.1	
6	High	11:52 PM	7.1	
Tu 7	Low	5:47 AM	2.7	
7	High	1:17 PM	10.8	
7	Low	8:04 PM	4.2	
W 8	High	1:11 AM	7.5	
8	Low	6:47 AM	3.3	
8	High	1:44 PM	10.9	
8	Low	8:29 PM	3.2	
Th 9	High	2:15 AM	8.2	
9	Low	7:40 AM	3.9	
9	High	2:07 PM	10.9	
9	Low	8:52 PM	2.1	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 10	High	3:09 AM	8.9	
10	Low	8:26 AM	4.7	
10	High	2:29 PM	11.0	
10	Low	9:14 PM	1.0	
Sa 11	High	3:55 AM	9.7	
11	Low	9:08 AM	5.3	
11	High	2:51 PM	11.0	
11	Low	9:39 PM	-0.1	
Su 12	High	4:38 AM	10.4	
12	Low	9:49 AM	6.1	
12	High	3:14 PM	11.0	
12	Low	10:08 PM	-1.0	
M 13	High	5:19 AM	11.0	
13	Low	10:30 AM	6.8	
13	High	3:39 PM	10.9	
13	Low	10:41 PM	-1.8	
Tu 14	High	6:00 AM	11.5	
14	Low	11:13 AM	7.4	
14	High	4:06 PM	10.8	
14	Low	11:18 PM	-2.3	
W 15	High	6:44 AM	11.8	
15	Low	11:59 AM	7.8	
15	High	4:37 PM	10.6	
15	Low	11:59 PM	-2.5	
Th 16	High	7:32 AM	11.9	
16	Low	12:49 PM	8.1	
16	High	5:13 PM	10.3	



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