

**THE CRAB CRACKER** ISSUE 365  
November 17-30, 2023  
**THANKSGIVING EDITION!**

**FREE  
TAKE  
ONE**



*Events, Information, and Entertainment in the Port Susan Area  
Camano Island • Stanwood • Warm Beach • Silvana • Conway*

# Accents in Glass Gallery



Glass jewelry, plates, bowls, and sculptures. Handcrafted on Camano Island by artist, Dolors Ruscha.

Saturdays and Sundays, November and December, 10am-5pm, and including December 24th. Also by appointment.



Location: Camano Island iconic "Solar System Gate", 2296 South Camano Drive, Camano Island.

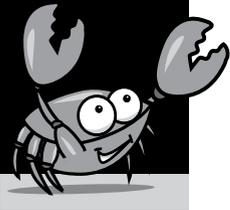
E-mail: [dolorsruscha@yahoo.com](mailto:dolorsruscha@yahoo.com)



Website: [foreverartglass.com](http://foreverartglass.com)

Phone: (425) 345-7389

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Find us on:  
**facebook.**

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## Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover image: Turkey & Pheasant Tapestry by Robert Dom.  
Happy Thanksgiving from The Crab Cracker Community Magazine.*

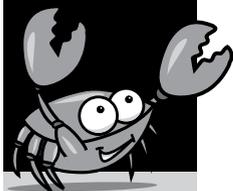


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**thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893**  
**P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com**

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**Submission DEADLINE: NOVEMBER 23 for Next Edition (December 1-14)**

# Calendar of Events



## DID YOU KNOW?

About 20% of all cranberries that are consumed in the U.S. per year are eaten on Thanksgiving.

FRIDAY, NOVEMBER 17

### DR JOP FUNK SHOP

7:30pm - 10:00pm at Pub 282. This is one of the Seattle area's, PREMIER PROFESSIONAL BANDS featuring top-internationally-acclaimed musicians, now residing around the Northwest. From rock, to funk, to blues, to jazz, to R&B, and a little country, these musicians love doing it all.

FRIDAY, NOVEMBER 17

### ORIGAMI FRIENDSHIP BRACELETS

3:00 PM – Stanwood Library Meeting Room. Fold some fun friendship bracelets for you and your friends, and try out some different designs! This program is designed for ages 7 and older, due to the level of dexterity for success.

FRIDAY-SATURDAY, NOVEMBER 17-18

### SHS FALL PLAY – RADIUM GIRLS



Stanwood High School Theatre Dept. presents a stirring drama based on a true story. In 1926, radium was a miracle cure, Madame Curie an international celebrity, and luminous watches the latest rage—until the girls who painted them began to fall ill with a mysterious disease. Inspired by a true story, Radium Girls traces the efforts of Grace Fryer, a dial painter, as she fights for her day in court. Powerful and engrossing, Radium Girls is an unflinching look at the peculiarly American obsessions with health, wealth, and the commercialization of science. Tickets are \$9 for adults and \$7 for students. 7pm at SHS Performing Arts Center.

### Stanwood United Methodist Church

~ Open Hearts, Open Minds, Open Doors ~

In-Person Sunday Service at 10:00am.  
Live Online Services available at 10:00am at [www.stanwoodumc.org](http://www.stanwoodumc.org) or on our Facebook page at: Stanwood United Methodist Church.



A Reconciling Congregation

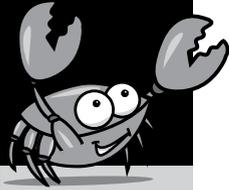
**360-629-9555**

27128-102nd Dr. NW,  
Stanwood, WA 98292  
[www.stanwoodumc.org](http://www.stanwoodumc.org)  
Handicapped Accessible  
Pastor Justin White



The Great American  
Smokeout  
(Thursday before Thanksgiving)

# Calendar of Events



## DID YOU KNOW?

The tradition of football games on Thanksgiving dates back to 1934, when the Detroit Lions played the Chicago Bears.

SATURDAY, NOVEMBER 18

### PLANT BINGO NIGHT

Bingo night at the Flora & Fauna Creative Studio from 6-8 pm! What can you win at our bingo nights, you ask?! Plants! We'll also have light refreshments while we play. This is an all ages event with limited space, so reserve your spot today! 1388 State Highway 532 Camano Island.

SATURDAY, NOVEMBER 18

### JIMMY WRIGHT BAND

7:30pm - 10:00pm at Pub 282. Catering a wide variety of music.

SATURDAY, NOVEMBER 18

### SASQUATCH: MAN-APE OR MYTH?



11:00 AM – 12:00 PM at the Community Resource Center of Stanwood-Camano. Learn about the Northwest's mysterious Wild Man of the Woods from author, David Gordon, *The Sasquatch Seeker's Field Manual*. Sift through the evidence, both supporting and refuting this fascinating creature's existence — and share your stories and views. Registration Required. David George Gordon is the award-winning author of *The Eat-a-Bug Cookbook*, *Heaven on the Half Shell*, and more. An experienced naturalist and skilled public speaker, he shares his enthusiasm for Nature through a range of interactive venues, appearing at libraries, museums, schools, garden clubs, senior centers— you name it. He studied aquatic biology in college and worked at a museum and two public aquariums.

## GRIEF Support Group

Help and encouragement  
after the death of a loved one

January 11-April 4, 2024 6:00-8:30pm

Restoration Church Camano Island

788 Smith Rd.

More Info: [griefshare.org/groups/175418](https://griefshare.org/groups/175418)



**Camano Center & Camano Sue's Art**

present  
the

# **Holiday Craft & Gift Bazaar**

**OVER 50 VENDORS!**

@The  
Camano  
Center

**BAKE SALE**

**CANDLES, SOAPS,**

**HOMEMADE CRAFTS,**

**JEWELRY,**

**AROMATHERAPY,**

**CLOTHING & MORE!**

**Lunch**

**at the**

**Holiday Cafe**

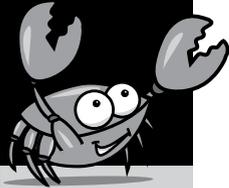
**Saturday**

**Nov. 18**

**9-4**

**CAMANO CENTER | 606 ARROWHEAD ROAD | CAMANO ISLAND  
CAMANOCENTER.ORG | 360.387.0222**

# Calendar of Events



## DID YOU KNOW?

The popular Christmas song “Jingle Bells” was actually written for Thanksgiving. The song was composed in 1857 by James Pierpont.

SATURDAY, NOVEMBER 18

### ART AFTERNOON

2:00 PM – 3:30 PM - Stanwood Library Meeting Room. Stop by for an afternoon of art activities--we'll provide everything you need! This month's theme is Mini paintings!

SATURDAY, NOVEMBER 18

### MEET THE DOG TRAINER



1-4pm. Paws and Wings will be offering training sessions for your pooch! Come and meet our wonderful trainer, Maggie, to ask questions regarding your pups training needs or concerns. Please sign up on our website, [pawsandwingsplace.com](http://pawsandwingsplace.com). Go to our “EVENTS” page and sign up. We look forward to seeing you!!

SATURDAY, NOVEMBER 18

### BEAUTY BAR DIVAS

Some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.



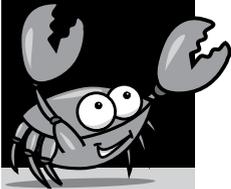
Managing Broker,  
Windermere Real Estate/CIR

**Jan Mather**  
Camano Island Expert  
360-507-4133

**Excellent Service • Extensive Knowledge  
Especially Fun To Work With!**

WINDERMERE  REAL ESTATE

# Calendar of Events



## DID YOU KNOW?

All 13 colonies celebrated Thanksgiving together for the first time in 1777.

SATURDAY, NOVEMBER 18

### NICK VIGARINO

8 pm. Nick Vigarino brings that nasty slide guitar back to the Conway Muse Hayloft Stage. Nick is a consummate entertainer - he will get you dancing or blow your mind with how he can play slide guitar. Tickets \$17 Advanced \$20 Day of Show.

SATURDAY, NOVEMBER 18

### HOLIDAY CRAFT & GIFT BAZAAR



9am-4pm at the Camano Center, 606 Arrowhead Rd. This well-established event features over 50 vendors with one-of-a-kind gifts including pottery, wooden signs, soaps, lotions, holiday décor, jewelry, knit items, wooden bowls, fused glass and more! You can look forward to some of your favorite returning vendors and some new crafters that are coming for their first time. Shop our Bake Sale for special holiday treats and our Holiday Cafe is back this year by popular demand!

SATURDAY, NOVEMBER 18

### FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

NOVEMBER IS  
NATIVE  
AMERICAN  
HERITAGE MONTH



# Calendar of Events



SATURDAY, NOVEMBER 18  
**HOLIDAY OPEN HOUSE**



11am-5pm at Spare Room Vintage Market, 1215 SR 532, Camano. Our annual holiday open house is such a fun event! We have coffee, treats and a storewide sale! It's the only day of the year that the entire store is 10% off! Bring your friends and shop local!

## **BAYSHORE SYMPHONY**

Join us for our Season 19 Fall Concerts!

Trevor Lutzenhiser, Conductor

Tchaikovsky's Romeo & Juliet Overture

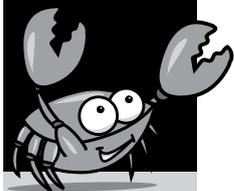
Elgar's Salut d'amour

Bizet's Carmen Suites

**Saturday, Nov. 18 - 7:30pm**  
**St. Paul's Episcopal Church**  
**415 S 18<sup>th</sup> Street**  
**Mount Vernon**

Visit: [bayshoresymphony.com](http://bayshoresymphony.com) • [facebook.com/BayshoreSymphony](https://facebook.com/BayshoreSymphony)

# Calendar of Events



SATURDAY, NOVEMBER 18

## ANNUAL HOLIDAY BAZAAR & BAKE SALE



9 a.m. to 4 p.m. at Camano Country Club, Clubhouse, 1243 S. Beach Drive, Camano Island. Various Specialty Vendors, Shop for unique gifts and homemade items and baked goods.



**On view through Dec 28**

### **Small Art, Big Heart: A Holiday Small Works Show**

*Artworks from members of the Camano Arts Association*

*One-of-a-kind 2D & 3D pieces for your holiday gift giving*



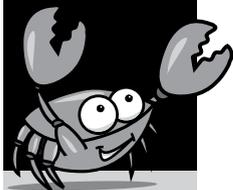
**Camano Arts Association  
Gateway Gallery**  
578 E North Camano Dr.  
Camano Island, WA

**Fridays 12 - 4  
Saturdays 10 - 4  
Sundays 11 - 3**

## **CIDER DAY SATURDAYS**

in the Camano Gateway Building at Freedom Park, home of the new Gateway Gallery  
Enjoy a hot cider Nov 25, Dec 2, 9, 16 & 23 while you shop!

# Calendar of Events



The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the info provided.

*Thank you.*

SATURDAY, NOVEMBER 18  
**CABAM!**



Camano Area Bluegrass and Acoustic Music! South Camano Grange, 3-5:30 pm, followed by a hot dinner (\$10 cash on the barrel head) and then open mic from 6-ish to whenever. Your chance to show off a bit. Come and jam. Come and listen to some smokin' bluegrass at the South Camano Grange, 2227 S Camano Drive. Banjos, mandos, guitars, fiddles, dobros and a bass or two. It's all here. All we need is YOU! Old timers and newbies alike. Git on down here!

SUNDAY, NOVEMBER 19

## **GEEKY GIRLS - HERE TO SLAY**

2-4pm at Amigo Family Mexican Restaurant, 6996 265th St NW #101, Stanwood.

SUNDAY, NOVEMBER 19

## **FEEDING WILD BIRDS IN THE WINTER**



Come and learn about them, what they eat, how to care for them and much more. 3:00 - 4:00 PM at Paws and Wings Place. Please sign up on our website, [pawsandwingsplace.com](http://pawsandwingsplace.com). Go to our "EVENTS" page and sign up. We look forward to seeing you!!

# WOMEN'S WORK INTERNATIONAL MARKET



**SATURDAY, NOVEMBER 25, 2023**  
**11:00am-5:00pm**

**Skagit Valley College Knutzen Cardinal Center**  
**2405 E. College Way, Mount Vernon, WA**

*Supporting women artists and women's causes*

**SVC** | Skagit Valley College  
OFFICE FOR EQUITY & INCLUSION

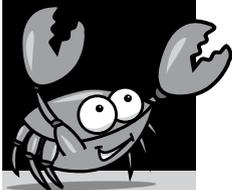
**SVC** | SKAGIT VALLEY COLLEGE  
Maestros Para El Pueblo



SVC provides a drug-free environment and does not discriminate on the basis of race, color, religion, national origin, sex, gender identity, sexual orientation, disability, marital status, or age in its programs and employment.

Need Directions?

# Calendar of Events



## DID YOU KNOW?

The largest pumpkin pie ever baked weighed 2,020 pounds and measured just over 12 feet long.

MONDAY, NOVEMBER 20

### NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

MONDAY, NOVEMBER 20

### THANKSGIVING SOUND THERAPY / MEDITATION

Event by Tanja McCarty Shelley and Tranquility Healing. 4-6 at the Stanwood Library. This is a FREE session! Before you start prepping for your big feast, take some time for yourself. We do not do that enough these days. Bring your guests with you and your yoga mats (chairs are available). Bring your journal if you choose, bring a light blanket and pillow. Most of all bring water to stay hydrated. Come and clear your negative vibes and replace with positive vibes.

TUESDAY, NOVEMBER 21

### FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

WEDNESDAY, NOVEMBER 22

### PLAYGROUND MEET & GREET

12:30-1:30pm at Freedom Park, Camano Island. The purpose of this group is to become a social group for parent's and their homeschooled children. We will plan fun activities and field trips for our group through out the month, as well as a weekly meet and greet. The meet and greet is a fun opportunity to get the kids outside playing while we get to know other moms in the same boat as we are.

WEDNESDAY, NOVEMBER 22

### FULL SPECTRUM

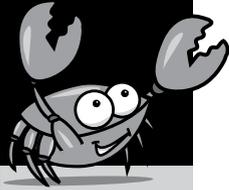
7:30pm - 10:00pm at Pub 282. Pacific Northwest 70's + 80's variety rock band featuring a veteran lineup.

THURSDAY, NOVEMBER 23

### HAPPY THANKSGIVING!



# Calendar of Events



## DID YOU KNOW?

The Wampanoag people had lived in Massachusetts for some 10,000 years before the Europeans arrived.

THURSDAY, NOVEMBER 23

### THANKFUL FOR MOVEMENT

8:30am-9:30am. Event by ATHLEISURE COLLECTIVE. Join AC & the Silvana Fire Station for an amazing complimentary workout experience where you will get to be thankful for movement, hangout with AC Coaches, workout with Silvana Fire Fighters & EMT's, try an inclusive upbeat HIIT class, and get the opportunity to give back to the local community! There will be complimentary AC Coffee, great music, awesome people, and raffle tickets for purchase for a giveaway, if you choose to donate to the charity! Let's be thankful together! Arrive at 8:00am to mingle, sip AC Coffee, and check out the gift we are raffling off! Our movement will be from 8:30-9:30am inside the Fire Station Bays. The whole family and community can move their bodies, connect with community, and come together for a great cause!

THURSDAY, NOVEMBER 23

### STANWOOD HS WRESTLING ANNUAL TURKEY RUN

9am. More info: [www.stanwoodwrestling.com](http://www.stanwoodwrestling.com)

SATURDAY, NOVEMBER 25

### PICTURES WITH SANTA



Show your Christmas cheer this season with pictures with Santa. St. Nick will be in The Loft from 11-2 ! We ask for donations of Non-perishable food items for the local Food Bank.

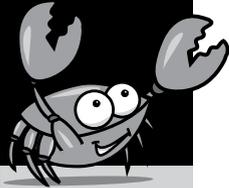
**NATIVE  
AMERICAN  
HERITAGE DAY  
NOVEMBER 24, 2023**

**PUGET SOUND TREE CARE LLC**  
**360-387-0243**  
Jim Fay, Owner, Arborist

- Tree Removal & Trimming
- Stump Grinding
- View Clearing
- Hazard Trees
- Arborist Services

FREE ESTIMATES • LIC. • BOND. • INS.

# Calendar of Events



**IF WE DON'T  
KNOW  
ABOUT IT,  
WE CAN'T  
PRINT IT.**

Send your info  
and/or images  
to: thecrab  
@thecrabcrack-  
er.com

SATURDAY, NOVEMBER 25

## **ANDY KOCH'S BADD DOG BLUES**

8 pm - Conway Muse Hayloft. un band, fun times, dance the night away! Tickets \$12.50 Advanced \$15 Day of Show. Adult only.

SATURDAY, NOVEMBER 25

## **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, NOVEMBER 25

## **"THE WONDER OF CHRISTMAS" HOLIDAY LIGHTING**



Camano City Schoolhouse & Holiday Lighting NW present "The Wonder of Christmas" Holiday Lighting at 6:00pm. Help us FLIP THE BIG SWITCH as we illuminate the historic 1906 Camano City Schoolhouse and the HUGE official schoolhouse Christmas tree with THOUSANDS OF LIGHTS! Bundle up the family and enjoy hot chocolate, hot cider and holiday treats! Get your photo taken next to our 1935 Christmas fire truck. Enjoy live music of the season. Experience the Moose Creek Logging Company's 1930 award winning model railroad! ARRIVE EARLY and follow signs to park nearby at Camano Chapel (867 S W Camano Dr.), where you will board our FREE SHUTTLE to the Schoolhouse! [WWW.camanoschoolhouse.org](http://WWW.camanoschoolhouse.org)



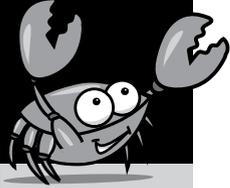
- Covered RV/Boat Storage Available
- 300 Self-Storage Units
- 200 RV, Boat, and Vehicle Spaces
- 24-Hour Security
- Video Cameras

**END OF SUMMER SPECIAL  
1/2 OFF FIRST FULL MONTH'S RENT**

**360-387-6668  
[WWW.CAMANOSTORAGE.COM](http://WWW.CAMANOSTORAGE.COM)**

72 N East Camano Dr • across from Sheriff

# Calendar of Events



SATURDAY, NOVEMBER 25

## STILLAGUAMISH GRANGE ANNUAL HOLIDAY FAIR



10am-4pm at the Grange in Stanwood-Camano Community Fairgrounds. Santa Claus Photo op from 11-1. Craft and Small Business Saturday Vendor Fair 10-4. 50 vendors in two buildings--Raffle supporting scholarship fund for Stanwood high--Music--Kids coloring contest with prizes -- FUN for the WHOLE family! 1st 50 Guests get an awesome goodie bag with prizes and coupons for the vendors!

## HEARING AND BRAIN SCREENING EVENT

*Hosted by* STANWOOD HEARING

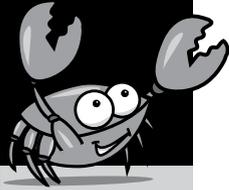
Wednesday November 29<sup>th</sup>  
10:30am - 1:30pm

The Camano Center  
606 Arrowhead Road  
Camano Island, WA 98282

Call to reserve a spot for your hearing and  
brain screening! **360-572-4422**

9300 271st Street NW, Suite B-5 • Stanwood, WA 98292  
(360) 502-4644 • [stanwoodhearing.com](http://stanwoodhearing.com)

# Calendar of Events



## DID YOU KNOW?

According to the U.S. Department of Agriculture, more than 45 million turkeys are cooked and eaten in the United States at Thanksgiving.

MONDAY, NOVEMBER 27

### STANWOOD HIGH SCHOOL SPORTS

Boys Basketball vs Kamiak. Freshmen and JV: 5:30pm.

MONDAY, NOVEMBER 27

### NAUGHTY BINGO

Tonight at 8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some naughty prizes! Drink & food specials. More info: 360-629-2324.

TUESDAY, NOVEMBER 28

### SCGIVE - GIVING TUESDAY



27 projects – 24 hours to give. Starting at midnight, Stanwood and Camano Island residents unite for 24 hours to give to a variety of projects that provide basic needs and enhance the quality of life in our community. Explore more at <https://scgive.org/>

TUESDAY, NOVEMBER 28

### FORD GIESBRECHT PERFORMANCE

at Tapped Camano, 5:30-7:30pm at 848 N Sunrise Blvd. Ford plays an eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly. No cover.

## Upcoming Classes and Events

KIDS \* TEENS \* ADULT

- Winterfest @ Arrowhead Ranch 12/02
- Abstract Drawing w/Andrew Curry **ADULTS** 12/07
- Evergreens in Winter painting w/Bobbi Samples **KIDS** 12/09
- OPEN HOUSE @ The Floyd 12/14
- Monthly Meeting (Zoom) 12/20
- Mixed Media w/ Beth Erickson **TEENS/ADULTS** 01/19

STANWOOD  
CAMANO  
ARTS  
ADVOCACY  
COMMISSION

MORE INFO:  
[WWW.SCAACWA.ORG](http://WWW.SCAACWA.ORG)

# MOVE

## WITHOUT HESITATION

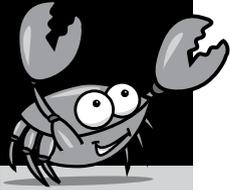


## Orthopedics & Sports Medicine

For more information, visit:  
[SkagitRegionalHealth.org/Orthopedics](https://www.SkagitRegionalHealth.org/Orthopedics)



# Calendar of Events



## DID YOU KNOW?

The first Thanksgiving feast lasted for three full days.

TUESDAY, NOVEMBER 28

## LIVING WITH BEAVERS WEBINAR



6:30pm. It's an otter! It's a muskrat! It's a.....beaver! These dam-building engineers can certainly cause headaches by chewing trees, blocking culverts, or building dams that flood your property, but Snohomish Conservation District is here to help! In this webinar, learn about the benefits of having beavers on your property, some strategies for managing beaver conflicts, and opportunities for assistance from the District. Reserve your free ticket at <https://www.eventbrite.com/e/living-with-beavers-webinar-tickets-723112447797?aff=oddtcreator>

WEDNESDAY, NOVEMBER 29

## HEARING AND BRAIN SCREENING EVENT

Hosted by Stanwood Hearing. 10:30am-1:30pm at Camano Center, 606 Arrowhead Rd. Call to reserve a spot. 360-572-4422.

THURSDAY, NOVEMBER 30

## STANWOOD HIGH SCHOOL SPORTS

Girls Basketball vs Kamiak. Freshman & JV: 5:40pm. Varsity: 7:15pm.

## Four Springs House for your next event



Weddings • Retreats • Business Events  
Family Celebrations



Four Springs Lake  
Preserve

360-387-1418 • [fourspringshouse.com](http://fourspringshouse.com)  
[fourspringshouse@co.island.wa.us](mailto:fourspringshouse@co.island.wa.us)

# THANK YOU TO EVERYONE WHO VOTED FOR OUR FIRE LEVY



**We hope you'll continue to support Camano Island Fire & Rescue — our emergency services that are so vital to a safe and healthy Camano Island!**

— Friends of Camano Island Fire & Rescue —



Camano Water Association Water System Technician  
Starting Salary: \$28 (approx.)

Benefits: Medical, Vacation (5 days after one year, 10 after two, then 1 additional day per year until max), Retirement Account  
Closing Date: Open until Filled

Camano Water Association (CWA) is looking to fill the role of Water System Technician. The individual chosen for this position will be under the direct supervision of the Operations Manager, who is responsible for routine operations, systems operations, equipment maintenance, water sampling, and customer service. As such, whether a candidate has prior experience or not, our current Operator will be responsible for deciding the day-to-day scope and workload of the successful candidate. This list of possible work duties is not exhaustive, and any/all tasks considered within the scope and spirit of the position are expected to be undertaken by the successful candidate. The position is a full-time, non-exempt (hourly) employee. Please Note: On-call work is a prerequisite for this position.

While experience and prior certifications in the water field are preferable, they are not a requirement initially. A minimum of one year's experience in a physically demanding job is needed for serious consideration for this role, due to the physical requirements of the position. The role does include on-the-job training, as well as ongoing mandatory certification training outside of the Association itself. Training opportunities will be determined over time depending on the initial skill and abilities of the successful candidate. A final salary determination will be based upon experience in the water business (if any) at hiring.

For the full job description and application form, please visit the following links at [camanowater.com](http://camanowater.com):

<https://camanowater.files.wordpress.com/2023/06/cwa-fieldtechjobdescription0623.pdf>

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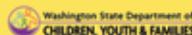
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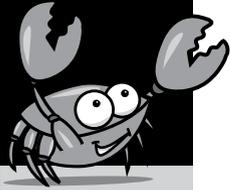
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*Thanksgiving turkey. Photo by P.K.*



*Harvest Corn. Photo by Lilla F.*

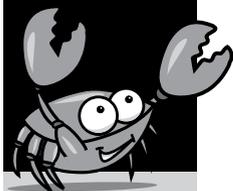


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## WEATHER AND PAIN?

by SuZanna Mantis, Gentle Mat Yoga & Seated YOGA teacher, Certified Aromatherapist, Certified Reflexologist



How does weather affect our joints and energy? Did you ever know someone who could “smell” snow or rain before it came? What they “smell” is a change in the electrical charge in the air. All atoms have either a positive or negative charge so they can bind to form molecules. As the barometer falls, the positive charge, or “ions” increase which causes a depletion of cortisone in the body. This happens to all creatures that have adrenal glands—in other words, all mammals. It means that the pressure against our body drops as well, and our joints and areas that are injured can begin to swell. Did you ever notice how your cold or pain gets worse at night? Mine does. I understand pain, as I have arthritis and fibromyalgia. This will happen because our bodies slow their production of both adrenaline and cortisone in the evening so we can go to sleep. It's part of our circadian rhythm. So what can we do to manage this? Well, depending on the problem, whether it is pain, mood, or energy, there are some solutions. If the problem is simply energy, then it will be useful to stay away from simple carbohydrates such as sugar, starches, and junk food. Eat foods that will sustain you and not bring the “crash” you feel after that morning donut or muffin. Don't assume that caffeine is the answer, either. Chronic pain, chronic fatigue and depression all present unique challenges. They all can be affected by nutrition, exercise, sunlight and barometric pressure. A good support is exercise; simple stretching, gentle or seated yoga, meditation. Essential oils in a bath or shower help tremendously. Heatbale wraps and socks also are great tools. [www.zsremedies.com](http://www.zsremedies.com)



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November 28, 2023

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UNITE FOR 24 HOURS AND GIVE TO A VARIETY OF PROJECTS THAT PROVIDE BASIC NEEDS AND ENHANCE THE QUALITY OF LIFE IN OUR COMMUNITY

## TUESDAY NOVEMBER 28, 2023

### AMERICAN ASSOCIATION OF UNIVERSITY WOMEN:

\*SCIENCE AND TECHNOLOGY CAMP FOR GIRLS

### AJ'S PLACE - A FOUNDATION OF HOPE:

\*MEMORIAL STONES FOR BABIES

### AMERICAN LEGION FRANK HANCOCK POST 92:

\*FOUNDATION REPAIRS FOR VETERANS HALL

### ARROWHEAD RANCH FOUNDATION:

\*ROCKET CAMP FOR KIDS

### CAMANO ANIMAL SHELTER ASSOCIATION:

\*SPECIALTY VETERINARY CARE FOR ANIMALS IN NEED

### CAMANO CENTER:

\*NEW OVENS TO PROVIDE HOT MEALS FOR SENIORS

### CAMANO LAW ENFORCEMENT SUPPORT FOUNDATION:

\*REFLECTIVE SAFETY VESTS FOR WALKERS & CYCLISTS

### CAMANO SCHOOLHOUSE FOUNDATION:

\*NEW EFFICIENT LIGHT FIXTURES FOR HISTORIC FIRE HALL

### COMMUNITY RESOURCE CENTER OF STANWOOD CAMANO:

\*GROW OUR LEARNING GARDEN

### FREEDOM PARK ASSOCIATION:

\*MAINTENANCE AND OPERATIONS FUNDING FOR OUR PARK

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### RETIREMENT COMMUNITY:

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# 27 PROJECTS 24 HOURS

STARTING AT 12:00 A.M.  
ON THE TUESDAY  
AFTER THANKSGIVING,

STANWOOD AND CAMANO ISLAND

## TUESDAY NOVEMBER 28, 2023

### PFLAG STANWOOD CAMANO:

\*INCLUSIVE EVENTS FOR LGBTQIA+  
& THOSE WHO LOVE THEM

### SAFE HARBOR FREE CLINIC:

\*EKG MACHINE FOR PATIENTS IN NEED

### SHERWOOD COMMUNITY SERVICES:

\*THERAPIES FOR INFANTS AND TODDLERS

### SNOW GOOSE TRANSIT:

\*NON-PROFIT BUS SERVICE FOR THOSE IN NEED

### SOUND WATER STEWARDS:

\*SUMMER EDUCATION SERIES ON  
SALMON IN LOCAL WATERS

### STANWOOD AREA HISTORICAL SOCIETY:

\*ACOUSTIC IMPROVEMENTS FOR THE FLOYD HALL

### STANWOOD CAMANO ARTS ADVOCACY COMMISSION:

\*EQUIP THE MOBILE ART CENTER  
FOR FREE ART ACTIVITIES

### STANWOOD CAMANO COMMUNITY FAIR:

\*SHADE FOR THE VIKING STAGE

### STANWOOD CAMANO

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### STANWOOD HIGH SCHOOL

### BAND BOOSTERS:

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\*NEW FUNCTIONAL STORAGE FOR TABLES

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\*OUTDOOR ADVENTURES FOR  
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### YMCA, STANWOOD-CAMANO BRANCH:

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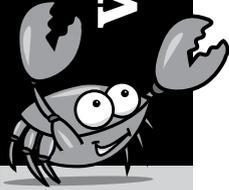
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Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.



# Moonshine Wisdom & Wit



Story by Jack  
Archibald.

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## NUCLEAR FUSION IS HERE NOW

No doubt, being the news savvy reader that you are, judging by the fact that you're reading this, you've heard about the physics breakthrough: scientists have finally, for the first time in history, managed to make nuclear fusion created energy with less energy than it took to make the reaction. Eureka! you're saying to yourself, at last the solution to global warming, planet extinction and a cure for the common cold!!

Every house will soon have its very own nuclear fusion heating system installed in its basement or out in the garage. No more PUD bills! No more unsightly solar panels clogging up the roof and growing moss. Just unlimited power for all your electrical needs, everything from your Tesla charging station to the 10,000 bulb Christmas display, all yours thanks to the nuclear community and its teams of physicists.

Oh sure, at first the price for your nuke chamber will be a little on the high side, but once production costs come down and demand rockets up, you'll wonder how you ever thought that gas furnace was a reasonable way to heat your home. Plus, a gas furnace couldn't run the microwave, now could it?

The car of the future might not be a battery powered one. The car of the future will be a Fusion fueled beast, zero to 60 in one second. What's under the hood? Check it out, no more gas guzzling engines, just the hum of lasers squeezing hydrogen into pure raw unlimited power, buddy. How cool is that? Tesla, go suck on a lithium ion battery.

The secrets of the Atom are ours now and the future's so bright we'll all need shades. The world is saved, the planet should cool right back down, all is well in our universe. Thank the Tech Boyz once again. Science, a powerful tool. Now if we can just figure out that cure for the common Covid.



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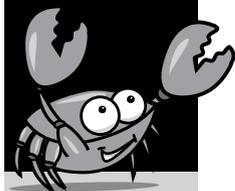
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## EASY TURKEY CRAFT



This cute little turkey (with inspiration from [HERE](#)) was a lot of fun to make. Don't you just love all the colors? What you need: Construction paper – brown, orange and red (I accidentally put yellow in the picture instead of red! Oops!); Scissors; Glue; Paper Plate; Colorful tissue paper cut into squares; Googly eyes. Step 1 – Cut the paper plate in half. Step 2 – Drizzle glue all over the plate. Step 3 – Lay the tissue paper squares on top of the paper plate however you fancy. Step 4 – Cut turkey's body, beak, feet, and waddle from the construction paper. Step 5 – Glue the turkey's face together and attach everything to the paper plate. Voila! A colorful little turkey!  
Source: [happyhomefairy.com](http://happyhomefairy.com).

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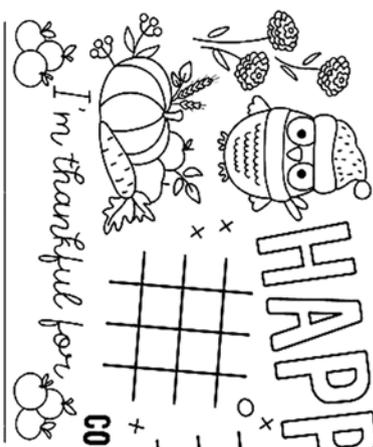
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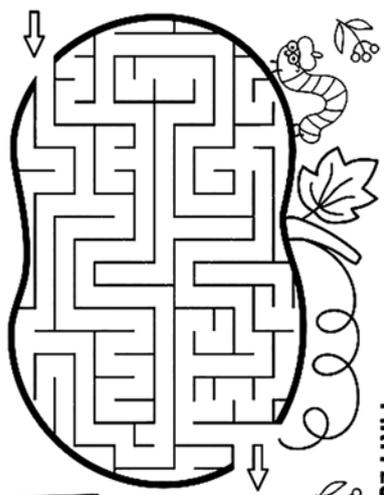
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# HAPPY THANKSGIVING

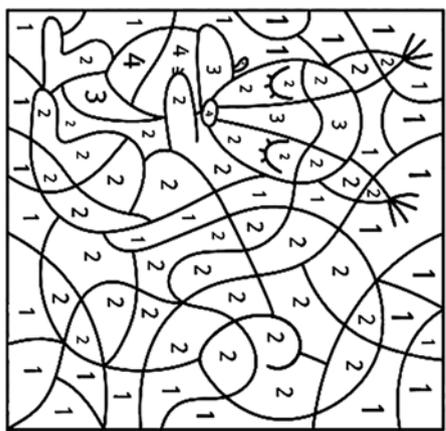
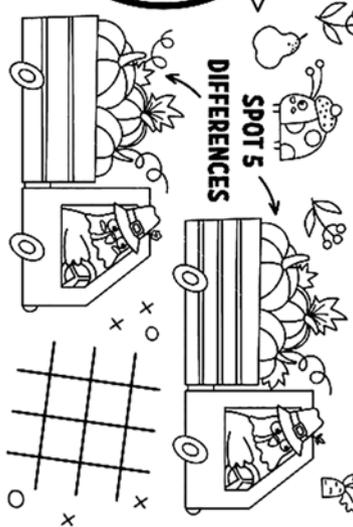


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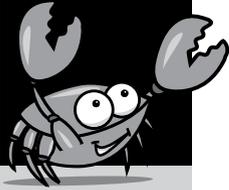
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SPOT 5 DIFFERENCES



# Artist of the Week



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or live  
performance?*

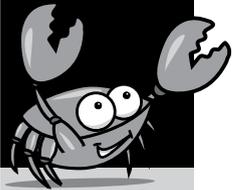
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## HAPPY HOUR WITH LOCAL ARTIST LIZ PARK - MEET & SHOP



November 30 at 4pm. Event by Blue Heron Kitchen & Bar, 170 East Cross Island Road, Camano Island. Come join us at Blue Heron Kitchen and Bar and meet local Camano Island Artist Liz Park and shop her amazing artwork! Liz is originally from Hershey, Pennsylvania. She has pursued art from an early age, and continued her education by majoring in painting at the Savannah College of Art & Design in Savannah, GA. Upon graduating with a B.F.A. in 2006, she moved to Jackson Hole, Wyoming, where she lived and worked as a horse wrangler on a guest ranch for several years. In Jackson, the roots of her career as a modern western wildlife artist took shape. The surrounding scenery and wildlife she encountered there has continued to be one of the main subjects of her artwork. In 2017 she moved to the Pacific Northwest, and has since been incorporating some of the new animals and scenery she experiences in this area into her work. Her medium of choice for many years has been acrylic paint on varnished wood panels - she uses a simplified color palette, and plays with negative space letting the wood grain show through to create interesting compositions, usually of wildlife and mountain scenes. In 2021, she began experimenting with using watered down acrylic washes on canvas to mimic watercolor, still striving to create an interesting background to create compositions around. Liz feels fortunate to currently be making art full time in the Stanwood area.

# Business Spotlight



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WINE BAR + SPECIALTY SHOP located in the Little White House by the Bridge to Camano Island. We offer a fun local gathering place. Offering selections of local and imported unique wines craft beers/ciders/seltzers, Local nuts cheeses, Brandini Toffees, Savanna's Candies and more. We will be showcasing local art. The moment you walk in you feel our passion for hospitality as well as our pride and commitment to this community. We are a small boutique Wine/Craft Beer +Specialty Shop with limited space and parking so please feel free to stop in and check us out!

[www.winebythebay.com](http://www.winebythebay.com)



Please go through your closets and consider donating your extra boots, coats, sweatshirts, mittens/gloves, blankets & other warm clothing to the Caring Place. We serve the whole family so all sizes are needed, and this year we will remain open throughout the winter.

Our Donation days are Monday & Wednesday, 1—5 p.m. and our Service days are Tuesday & Thursday, 1—5 p.m. Please call us at 360-913-1551 for special arrangements or urgent needs.

# Old Friends Club

Day Program for Individuals Living with Memory Challenges

## Welcoming Friends, Enriching Lives

**Old Friends Club is a place of friendship and belonging for those living with dementia, where they share life together through conversation, music, art, games, exercise, and a meal. This weekly social respite program is also designed to give care providers worry-free time to be at home, run errands, catch up with a friend, or recharge in order to protect and maintain their own physical and mental health.**



**Meets Thursdays, 9:30-2:30  
at the Camano Center**

**A typical 5 hour day:**

- Low-impact social time to encourage group engagement and support
- Small group setting with 2 to 1 ratio of participant to experienced staff & volunteers
- Light physical activities
- Live music sing-a-longs
- Art and other creative projects
- Group-oriented games and other forms of cognitive stimulation
- Lunch, snacks, and light refreshments throughout the day
- Monthly Club fee (scholarships available)

**Contact the Camano Center to find out if this program is the right match for you:**

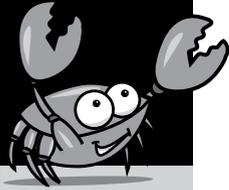
**info@camanocenter.org  
or 360-387-0222**



**CamanoCenter**  
Get connected.



# Community Information



## LIBRARY STORYTIMES

(A play time or activity will follow after story). Monday: Toddler Storytime with Jennifer - 10am - Camano Island Library. Jump and bounce together into a world of stories, music, and movements. Tuesday: Family Storytime with Jennifer - 10am - Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family. Wednesday: Family Storytime with Vicky - 10:30am - Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family. Thursday: Toddler Storytime with Alex - 10:30am - Stanwood Library. Jump and bounce together into a world of stories, music, and movements.

## FOOD & GIFT CARD DRIVE

Camano Fire's annual holiday food and gift card drive runs now through Dec. 31. Last year, thanks to your generous donations, Camano Fire provided 1,338 pounds of food, \$565 in gift cards, and \$836 of cash and checks to the Stanwood-Camano Food Bank. Bring your non-perishable food donations to any Camano Fire station, or to the Administrative office, and put them in the red donation buckets. Please bring gift card donations to the Camano Fire Administrative office, 811 N. Sunrise Road. If the office is closed, you can leave them in the locked drop-box. You can also mail gift cards to the same address. Every year, Camano Fire collects nonperishable food, pet food, and personal hygiene products to benefit the Stanwood Camano Food Bank. Gift card donations benefit The Christmas House and are used to buy holiday gifts and necessities for families in our community.

Thank you

Thanks for making me your local Realtor!

Happy Thanksgiving!

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**Malynnda Shipley** Realtor/Broker  
MShipley@AtTheBeachRealEstate.net  
www.AtTheBeachRealEstate.net  
425-299-7892

# CAMANO CITY SCHOOLHOUSE & HOLIDAY LIGHTING NW

Present

*The Wonder of Christmas  
Holiday Lighting*

**ON THANKSGIVING WEEKEND  
SATURDAY, NOV 25TH AT 6:00PM**

Help us FLIP THE BIG SWITCH as we illuminate the historic 1906 Camano City Schoolhouse and the HUGE Official Schoolhouse Christmas Tree with THOUSANDS OF LIGHTS!

Bundle up the family and enjoy hot chocolate, hot cider and Holiday Treats!

Get your photo taken next to our 1935 Christmas Fire Truck.

Enjoy live music of the season. Experience the Moose Creek Logging Company's 1930 award winning model railroad!



THE HISTORIC 1906 SCHOOLHOUSE WILL BE ILLUMINATED EVERY EVENING THRU THE NEW YEARS!  
THE CAMANO CITY SCHOOLHOUSE IS LOCATED AT  
993 ORCHID ROAD, CAMANO ISLAND, WA

[www.camanoschoolhouse.org](http://www.camanoschoolhouse.org)

ARRIVE EARLY and follow signs to park nearby at Camano Chapel, where you will board our FREE SHUTTLE to the Schoolhouse  
Thank you to Camano Chapel for providing parking!

Thank you to our sponsors for bringing this AMAZING annual Holiday Tradition to our community for everyone to enjoy!

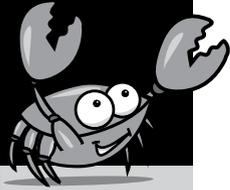


**SWIFT ELECTRIC**



**RHONDA'S DESIGN**  
design • create • communicate

# Community Information



## DID YOU KNOW?

Originally known as Macy's Christmas Parade—to signify the launch of the Christmas shopping season—the first Macy's Thanksgiving Day Parade took place in New York City in 1924. It was launched by Macy's employees. Today, some 3 million people attend the annual parade and another 44 million watch it on television.

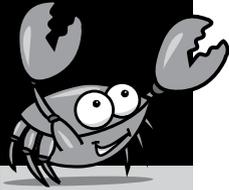
## PREPARING FOR STORMS

The sunsets are getting earlier and the temperature is getting (ever so slightly) cooler which can only mean one thing: fall is almost here! As the leaves change colors, fall also ushers in the unofficial start of what is often the busiest time of the year for us here at the PUD: storm season. The PUD works all year to prepare for storm season. We monitor National Weather Service briefings, attend (and provide) trainings, stock our warehouses and trim up to 750 line miles of vegetation annually to minimize the falling of trees and branches. We also review and finalize our Mutual Aid agreements. The PUD has Mutual Aid agreements with public power utilities across the Pacific Northwest. These agreements allow us to access assistance from other utilities when we're impacted by major winter storms, which allows us to get power back more quickly for customers. The PUD received assistance from utilities across Oregon and Washington during the major windstorm we experienced last November. As part of these agreements, we also send help to other utilities when assistance is requested. Hours that are worked are paid for by the utility receiving the assistance. Recent examples of the PUD providing mutual aid include assisting Guam in their recovery after Typhoon Mawar and assisting Willamette Valley utilities restoring power after wildfires. We consider getting ready for storm season a year-round job but there are ways you and your family can prepare for the upcoming storm season too! The biggest thing is to make an emergency preparedness kit. Items in your kit should be sufficient to get you through a three-to-five day outage, and include items such as: Non-perishable food; Blankets and pillows; Flashlights; Extra batteries; First-aid kit; Bottled water; Personal hygiene supplies; Prescription medications; Games and books for entertainment; And enough supplies for your pets for three to five days as well. Once a storm hits, that's when it's time to jump into action! First off, stay informed. Follow us on X (formerly Twitter) and Facebook and check local media for updates. It's also important to have a backup plan. Designate an out-of-area contact to help with communicating and have an alternate meeting place for your family. If you have special medical needs, consider a backup generator or have another place to stay. While the outage is still going, protect food by keeping your refrigerator and freezer doors closed as much as possible. NEVER use a gas stove or charcoal grill indoors because of the risk of carbon monoxide poisoning. Finally, have extra batteries for flashlights and always use extreme caution if you use candles or oil lamps. Never leave them unattended and keep them away from furniture, drapes and other flammable materials. REMEMBER: it is never safe to approach a power line that is on the ground. You don't even have to touch a fallen line to be electrocuted, which can be fatal. Always stay at least 30 feet from the power line and call the PUD immediately, any time of day, at 425-783-1001. If the fallen line is life-threatening – for example, causing a fire, sparking or touching an occupied car – also call 911. Together we can help each other stay safe and get through another wild winter in the Pacific Northwest! - Snohomish PUD.

## THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

# Community Information



## DID YOU KNOW?

The first Thanksgiving was celebrated in Plymouth in the fall of 1621.

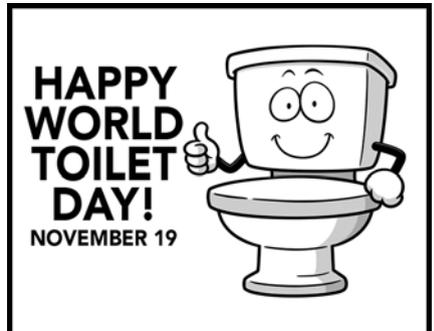
## STANWOOD SPARTAN POWDERPUFF



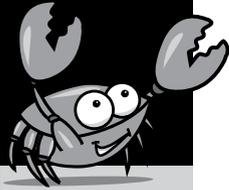
Attention Stanwood, Camano, and surrounding cities! The time has come to announce the opening of our team's registration for the upcoming season! We are excited to welcome back returning players and to invite new players to join our community of athletes. Our team is dedicated to fostering a love for the game while providing a supportive and competitive environment for players of all skill levels. Whether you are looking for a new hobby or a way to improve your physical fitness, our team is the perfect way to achieve your goals and connect with like-minded women in a supportive and inclusive environment. Our players come from all walks of life and we value diversity and inclusivity. We believe that everyone deserves a chance to play and we work hard to create a welcoming and supportive atmosphere for all. Our coaches will guide you through each step of the process, ensuring that you feel confident and capable throughout the season. So what are you waiting for? Don't miss out on the opportunity to be part of a great team and to improve your skills on the field. Register early on November 19th, 1-3pm at Stanwood High School stadium and get ready to kick off the next season! More info: 425-309-0799.

## TOY BOAT BUILDING

Saturdays at 10am in the Cama Beach Boathouse. Build a wooden toy boat. Bring it home as a souvenir! \$5 suggested donation.



# Community Information



## DID YOU KNOW?

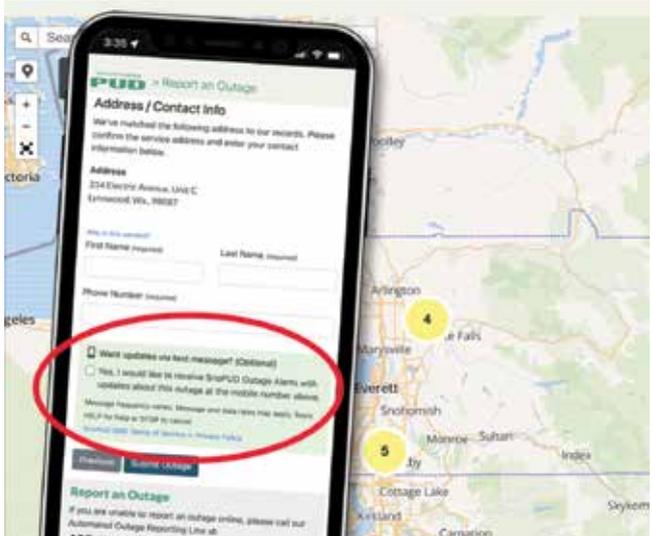
Beginning in the mid-20th century and perhaps even earlier, the president of the United States has “pardoned” one or two Thanksgiving turkeys each year, sparing the birds from slaughter and sending them to a farm for retirement. A number of U.S. governors also perform the annual turkey pardoning ritual.

## A CHRISTMAS TEA



Traditional high tea with storyteller Debbie Dimitre presenting “a patchwork of favorite Christmas tales” December 16th, 1-3pm at Lincoln Hill Retirement Community & Senior Center, 7420 276th St NW, Stanwood. Please confirm by December 4th, 360-629-7403. “Heart-warming seasonal stories that are sure to touch the heart and lift your spirits.”

## PUD’S OUTAGE MAP TO HAVE IMPROVED CAPABILITIES THIS STORM SEASON



PUD's Outage Map to Have Improved Capabilities this Storm Season  
Outage texting and improved updates during storms will keep customers better informed. In anticipation of storm season, Snohomish County PUD has made significant upgrades to its outage map ([outagemap.snopud.com](http://outagemap.snopud.com)) to ensure customers have the most up-to-date information on outages and restoration efforts during a major storm event.



# THANKSGIVING FOOD DISTRIBUTION

**NOV 15 10 AM - 3 PM**

**NOV 18 10 AM - 2 PM**

**NOV 22 10 AM - 3 PM**

**NOV 23-26 CLOSED**

REGULAR FOOD BANK SERVICES WILL BE OFFERED ON THESE THREE DAYS. EACH HOUSEHOLD WILL ALSO RECEIVE **ONE TICKET, ONE TIME TO SHOP** FOR ADDITIONAL THANKSGIVING MEAL ITEMS. LOST LAKE - CAMANO CLIENTS MAY RECEIVE HOLIDAY ITEMS AT THE STANWOOD LOCATION



27030 102ND AVE NW  
STANWOOD WA 98292

## NOVEMBER 7th-18th CHRISTMAS DECOR SALE



We are having a big Christmas Decor Sale to raise funds for the Food Bank and Christmas Holiday programs! **Tuesdays, Thursdays and Saturdays - 10-3pm** at the **FOOD BANK** across the street from the Thrift Store.

## Warm Coats For Kids & Christmas House



Phone: (360) 629-2789  
Email: [SCFoodBank@scfbs.org](mailto:SCFoodBank@scfbs.org)

**IF YOUR CHILD NEEDS WARM COAT THIS WINTER, OR A PRESENT UNDER THE TREE - WE'RE HERE TO HELP!**

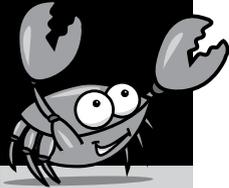
**NEARLY ANY CHILD AGE 0-18 LIVING IN THE STANWOOD CAMANO AREA IS ELIGIBLE TO RECEIVE A NEW COAT. IN ORDER TO QUALIFY AND RECEIVE A SHOPPING APPOINTMENT, PLEASE STOP INTO THE FOOD BANK - TUESDAY-SATURDAY, 10-3PM**



A big thank you to A Simple Gesture donors and volunteers, who procured 7900# lbs of food and household essentials for the Food Bank this month!

**NEXT PICKUPS ARE DECEMBER 9TH**

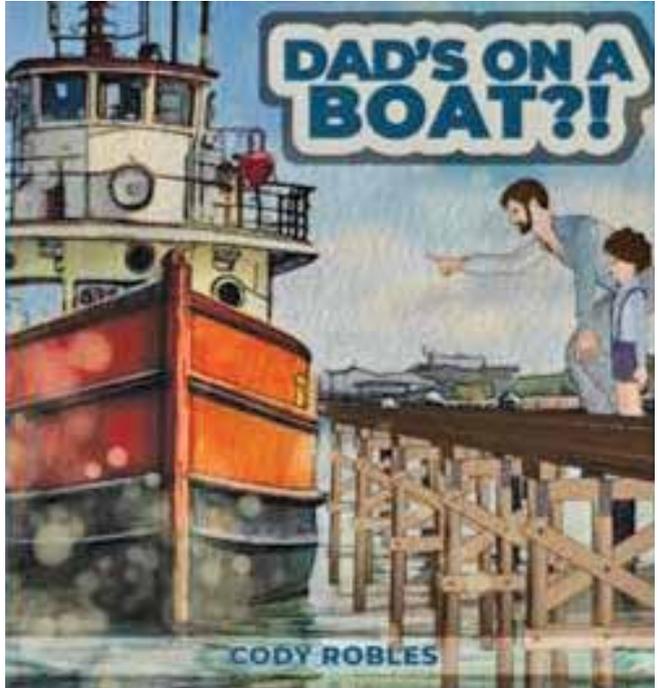
# Community Information



## DID YOU KNOW?

The first pilgrims arrived in North America in December of 1620.

## CHILDREN'S BOOK BY STANWOOD AUTHOR, CODY ROBLES



I work in maritime, as does my husband, and many close friends, and other family. My son is in the "where's daddy??" phase. ALL day, EVERYDAY my husband is crewed up. I searched everywhere for a bedtime story to help my kiddo understand, and found nothing. So I made him one. Somewhere along the creation I realized there may be a lot of mariners' children with the same question- so now the book exists!! It's a 30 page paperback picture book for young children that I hope can help children in seafaring families. Currently it's online at Barnes & Noble. Coming soon to Amazon.



## Home Repairs & Improvements

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[pugetsound@acehandymanservices.com](mailto:pugetsound@acehandymanservices.com) • [AceHandymanServices.com](http://AceHandymanServices.com)

Our craftsmen are licensed, bonded, insured & background checked. Our work comes with a 1-year warranty.

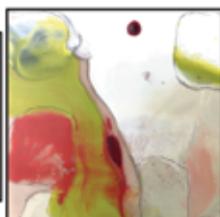
**MATZKE FINE ART GALLERY  
AND SCULPTURE PARK** *presents*

Lori Vonderhorst



**“Honey, I  
Shrunk the  
Art”**

tab



Stephanie Hargrave

**“Honey, I  
Shrunk the Art”  
34th Year  
Small Works Show  
Nov. 25th, 2023**



tab

Susan Cohen Thompson

Barbara Noonan



**OPENING  
Party & Potluck  
Nov. 25th, 4 to 8**

Judith Helm



**34th year !  
Annual  
Small Works Show  
The show  
continues  
thru Jan. 28th.**



tab

**To make your mini box:**

Cut along the outside edge... including the 3 tabs, then fold.  
Use tape or glue on the tabs and tuck inside.

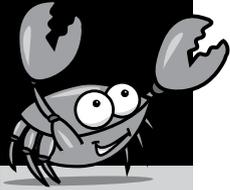
**Bring the box to the opening for a chance to win a prize.**

**Matzke Fine Art Gallery and Sculpture Park**

2345 Blanche Way, Camano Island, WA 98282

Open every weekend Friday - Saturday - Sunday, 11am-5pm.

# Community Information



## DID YOU KNOW?

Baby Zeus had to be hidden from his devouring father, Cronus, so he was put in a cave to be protected by Amalthea, the goddess of nourishment. Zeus accidentally broke one of her horns, which then had the divine power to provide unending nourishment, much like the cornucopia of Thanksgiving represents.

## POINSETTIAS GRAD NIGHT FUNDRAISER



Here we go! We're collecting orders and payments now until Nov 22nd with a delivery date of Dec 9th at Viking Village. New company this year, a local Whatcom farm. Comment below or message me if you'd like to order one. I'd be happy to coordinate your order and pick up payment (cash/check). We'll also be at Sunday's Textile Drive Drop Off from 10 - noon taking your textile donations as well as your poinsettia orders and payments. Thanks for supporting the Stanwood High School 4A Booster Club Class of 2024 Grad Night fundraiser!

## THANKSGIVING HOLIDAY MEALS



**DATES:** November 15 (10am-3pm), November 18 (10am-2pm), and November 22 (10am-3pm). **Event Location:** Stanwood Camano Food Bank. For those who might not otherwise be able to celebrate Thanksgiving or Christmas with a special meal, the Stanwood Camano Food Bank can provide the fixings for a traditional meal for your family during the holidays. To shop our holiday market, you must be registered at the Stanwood Camano Food Bank. If you're not already registered, please pre-register by signing up to receive services (Get Help) or stop in to register Wednesdays 10AM to 3PM or Saturdays 10AM to 2PM.

## Adopt a Family 2023

### Camano/Stanwood Christmas, 4<sup>th</sup> Addition

Is your family in need of a little help with Holiday cheer this year from our amazing community? We're here to help! Please send an email with info about each family member, ages of children, whether they prefer M/F stuff and a list of their needs and wants.

There is a limit to the number of spots available this year, so please be sure to let us know a little bit about your circumstances and why your family should be chosen.

*Cut off date for requests is November 21st.*

**If you would like to adopt a family this Christmas, or help out in any way, please let us know, we appreciate you!!**

Families will remain anonymous, but we will be happy to relay any messages/questions as necessary.

All gifts should be ready for drop off/pick up by December 16<sup>th</sup> or earlier.

Distribution will be completed by the 22<sup>nd</sup>.

**Happy Holidays!!**

[adoptcamano@gmail.com](mailto:adoptcamano@gmail.com)

Darrow's

*Family Owned & Operated*

**CarpetsPlus<sup>SM</sup>**

**COLORTILE**

America's Floor Store



**NEW  
LOCATION**

**360-629-9604**

[www.darrowscarpet.com](http://www.darrowscarpet.com)



**Free Estimates, Quality Work  
Residential & Commercial**

**Carpet • Blinds**

**Hardwoods**

**Laminates**

**Tile • Vinyl**

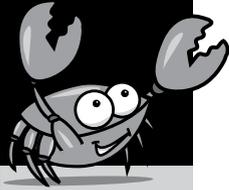
*Financing Available OAC*

**EMAIL:**

[darrowscarpets@frontier.com](mailto:darrowscarpets@frontier.com)

27028 - 99th Ave. NW • Stanwood • Next to Ledum's Floral

# Community Information



## BLACK FRIDAY:

Back in the 1950s, police in the city of Philadelphia used the term to describe the chaos that ensued on the day after Thanksgiving, when hordes of suburban shoppers and tourists flooded into the city in advance of the big Army-Navy football game held on that Saturday every year.

## CASA LIGHTS OF LOVE TREE AT RE/MAX ELEVATE



Celebrate the holidays by remembering your pet. Honor your pet with a special light this year at the Camano Animal Shelter Association's Lights of Love Tree. Donate \$5.00 and a Christmas tag with your pet's name will be hung on the Christmas tree at RE/Max Elevate at Camano Plaza. Stop in any time after Thanksgiving weekend to view your pet's tag. Your donation can be in honor or in memory of your pet and will help the dogs and cats at CASA, the Camano Animal Shelter Association. Forms are available at the shelter or online at [www.camanoanimalshelter.org](http://www.camanoanimalshelter.org).

## LIGHTS OF CHRISTMAS 2023



November 24-26, 30 December 1-3, 7-10, 14-17, 20-23, 26-30, 2023. Advanced reservations required. Time of arrival selected during online purchase. One ticket per vehicle. Online tickets for The Lights of Christmas are available now! Don't forget to order your tickets early to get the best selections of dates and times. We are so excited to offer two activity stops this year for those that want a park-and-get-out experience in addition to seeing millions of lights in dazzling displays. Joyland and Santa's Village. Come check out all the new display updates this year! Car (1-12 Passenger): \$32 (per vehicle). Mini-bus/Limo: \$60 (per vehicle). Tickets available at <https://www.thelightsofchristmas.com/admission/>

PLEASE HELP US SUPPORT



the  
**CARING PLACE**

*Building Hope by Clothing our Community*

WE ARE COLLECTING GIFTS FOR ALL AGES!  
LET'S SPREAD SOME CHEER!

**\$5 OFF\*** | VALID NOV 1ST-NOV 30TH

\*LIMIT ONE DISCOUNT PER TRANSACTION

HELP LOCAL FAMILIES THIS HOLIDAY BY  
DONATING YOUR GIFTS WHILE YOU DINE WITH US!

**ROCKAWAY**  
bar + grill | camano island



**WORLDLY SPLENDOR**  
www.worldlysplendor.com

Your Place for Antiques, Art,  
Décor, Oriental Rugs, Vintage,  
and Seasonal Items

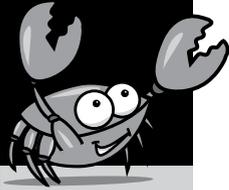
8705 271st St NW, Stanwood  
(360) 488-3250  
worldlysplendor@gmail.com

*Yoga and Pilates*  
movementarts.com



MOVEMENT ARTS  
360-629-9100  
Camano Commons

# Community Information



## DID YOU KNOW?

Thanksgiving is always celebrated on the fourth Thursday in November in the United States. In Canada it is celebrated on the second Monday in October.

## WINNERS' NUANCES CAPTURE JUROR'S ATTENTION

in NWWWS 83rd International Open Exhibition. Whether representational or non-objective, it's the nuances of a painting that made a visceral connection to juror Stan Kurth when he chose the winners of the Northwest Watercolor Society's (NWWWS) 83rd International Open Exhibition. The awards reception took place October 28th at Matzke Fine Art Gallery and Sculpture Park located in the woods of Camano Island. First place of \$2,000 cash went to Christine Alfery for "Talisman." "This is a surrealist beach festival," said Kurth, "with the numerous contrasts and variety of shapes, lines, textures and colors that create movement. A worthy painting." Second place of \$1,300 was presented to Carla O'Connor for "Dreamer." Carla commented that sat around for 20 years because of the model's difficult pose. She wanted to make negative shapes positive and combine realistic human form with non-objective. "A marvelous design with the positive and negative," responded Kurth. "The painting is a totem with the gradation of colors going up. The figure imbedded in the totem is amazing – sitting with the knee up and the hand embracing it. An excellent, excellent painting." The optical illusion of Thomas Schaller's "Fade – NYC" intrigued Kurth's interest to award Schaller third place of \$850. "Wonderful contrast of the nostalgic background and the two contemporary subjects in front with the cape draping over the adjacent chair which is physically impossible. It's there for design and composition but it's so subtle you don't notice it right away. Or the little dog underneath," said Kurth. The Purchase Award of \$1,000 went to Lisa Pope for "Searching for a Seahorse." Paintings in this category are a permanent collection housed at the Fred Hutchinson Cancer Center in Seattle. Pope, a diver, had been looking for the illusive seahorse when she saw her crystal paper weight and thought, maybe I can do a still life. "This is a wonderful composition – a serpentine composition. The dark at the top to the light below has movement that keeps interest in the painting. It's all intentional, right," Kurth mused with Pope. Twelve other awards went to paintings that Kurth felt had a correlation between captivating content and mastery of the medium. To see the watermedia artworks, click here to see the flipbook of the 75 paintings chosen and a list of all winners. <https://www.nwws.org/annual-international-open/> At the end of the ceremony, Deborah Roskopf, acting NWWWS president, thanked Stan Kurth for being the juror and added, "We made a wise choice." For more information about NWWWS, please visit [www.nwws.org](http://www.nwws.org).



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Zach McNutt

[CandewConcrete@gmail.com](mailto:CandewConcrete@gmail.com)

425-244-6215

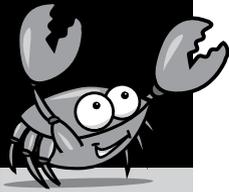
Lic # CANDECC812JS

Find us online

[www.CandewConcrete.com](http://www.CandewConcrete.com)

[Facebook.com/CandewConcrete](https://www.facebook.com/CandewConcrete)

# Clubs and Meetings



look for us  
online at

[www.TheCrabCracker.com](http://www.TheCrabCracker.com)

or on  
**Facebook.**

Download  
current or past  
editions.

**Ski, Snowboard or just hang out in 2024!** The Merry Mountain Ski Club, a non-profit club, brings you easy travel for a fun ski day in a luxury coach with stops in Bellingham, Burlington, Stanwood and Monroe. We have a Seattle and Kirkland bus too! Great folks & great fun. Come and join us. Get in touch with us for more details! Every Tuesday for 6 weeks beginning January 9, 2024. Additional weeks possible if interest warrants! call: 206-550-4908 email: tuesdayski-bus@gmail.com website: [www.merrymountain.com](http://www.merrymountain.com)

**GRIEF Support Group:** Help and encouragement after the death of a loved one. January 11-April 4, 2024 6:00-8:30pm at Restoration Church, Camano Island, 788 Smith Rd. More Info: [griefshare.org/groups/175418](http://griefshare.org/groups/175418).

**Stanwood Coin Club** meets the 4th Tuesday of each month at the Stanwood Library meeting room 7-9pm. Bring your questions @ collecting. Buy, Sell, Trade, Learn. This club has been active since 1961.

**Friendship Tea:** Drop by for tea, treats, and a chance to visit with friends, both old & new. Join us 1st, 2nd & 3rd Tuesdays of every month from 10:30-12:00 at the Camano Center. No charge to Camano Center Members. \$5 fee for non-members. Please check in at the Front Desk. For more information, call Connie at 360-652-7211.

**Rainy Day Room Playgroup** Free weekly play group on Thursdays at 10-11am at the Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house.

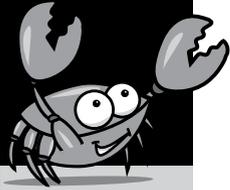
**"Weight Loss and TOPS Clubs on Camano or Stanwood:** TOPS (Take off Pounds Sensibly). We provide great fellowship and support in your weight loss journey. Camano Island: We meet Thursday mornings for weigh-in from 8:15 to 8:45; meeting at 9 am. First meeting is always free. Join us and see why TOPS provides support both during your weight loss, and afterward, helping you to keep it off! Camano Lutheran Church, 850 Heichel Rd, Camano Island. Call Sandy 387-6953 or Karen (leader) at 387-9716 for more information. Stanwood: We would love to meet you and invite you to join us in friendship and weight loss support! We meet on Thursday mornings at Cedarhome Baptist Church. 29000 68th Ave NW. Stanwood. Wa. at 10:00 am. Everyone is welcome! More info: Gay at 360-393-7117.

**Teen Programs** Monday through Friday at the Community Resource Center, please visit [www.crc-sc.org/teenprograms](http://www.crc-sc.org/teenprograms) for more details and schedule of activities.

**PFLAG Support Group** Free support group for friends, family, and members of the LGBTQIA+ community. First Friday of every month at the Community Resource Center 6-7pm.

**The Wardrobe** By Appointment: at the Community Resource Center – Free clothing for teens in need – restocked for Summer with new t-shirts, tanks, shorts, flip flops and hygiene products! Call 360-629-5257 or email [info@crc-sc.org](mailto:info@crc-sc.org) for an appointment.

# Clubs and Meetings



**Kaleidoscope Play & Learn** Tuesdays and Wednesdays - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. At Community Resource Center of Stanwood Camano.

**Camano Island Quilters-Machine Embroidery Group** Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

**Camano Island Quilters Open Sew** Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

**Teen Late Night** Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.

## WREATHS ACROSS AMERICA

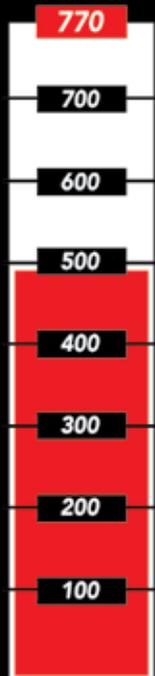
**Help American Legion get enough wreaths to place on every Veteran's grave.**

**Who:** American Legion, Post 92; contact Mischa Plesha (408) 595-7634 or [mischaplesha@sbcglobal.net](mailto:mischaplesha@sbcglobal.net) with any questions.

**What:** Wreaths Across America for Anderson, Camano Lutheran, and Camano Pioneer Cemeteries.

**When:** Saturday, Dec 16th, 2023; Short ceremony and wreath laying.

**494 out of 770 wreaths have been purchased so far!**



# Classified Listings



## DID YOU KNOW?

Turkeys have run wild through the U.S. a long time. There's even a fossil record of early turkey ancestors in states from Virginia to California.

## FOR SALE OR FOR FREE:

**8' Livingston boat.** Good condition. \$275. 360-387-9229.

**FREE** 3-row seat for 2005 Highlander (toy). Excellent condition. 360-387-9229.

**4' to 6' firewood.** Logs. Pick up. Load. \$135. Will help load. Easy access. 360-387-9229.

## MISCELLANEOUS:

**RV Space for rent.** Private Property mid is. off of ridge rd. Clean & respectful person appreciated. 500. a month. Call or text for details. 4259237363 Thanks Brian

**Calling all** dance teachers! Sound bathers, drum circlers, meditation teachers, fitness or yoga instructors. Anyone who has wanted to hold a workshop and cant find a space. Bee Authentic Pilates, located in Stanwood has a space for just this sort of thing and is making it available during off hours. If interested please contact Harmony at 206.200.8167.

**I'm looking to rent a studio,** 1 bedroom. I have excellent credit, references, not married, no pets. More info: 360-218-6716.

## PROFESSIONAL SERVICES:

**Science and Math Tutoring:** I can help you review and strengthen your math and science skills. I have many years of experience with a very gentle approach. E-mail [ijmuzinich@gmail.com](mailto:ijmuzinich@gmail.com) or 360-661-9517.

**Camano Decks & Sheds LLC** Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: [jmitchell8974@gmail.com](mailto:jmitchell8974@gmail.com). Serving Outlying Areas.

## WANTED:

**Considering a career in Real Estate?** Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at [jillvail@windermere.com](mailto:jillvail@windermere.com) for more information. [windermere-stanwoodcamano.com](http://windermere-stanwoodcamano.com).



## Camano Island Coffee

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New 20oz Tumblers on Sale!

 Only \$28!

 New Seasonal Designs! 



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Ukulele & Bass Lessons Also Available  
Serving Stanwood & Camano Island  
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### CASA'S PET OF THE WEEK:

**ZEK** is a 1 year old Siberian husky who is looking for his forever home. Zek is a shy, independent guy who takes some time to warm up. Once he gets to know you, he is a sweet guy who loves to play. Zek would benefit from a patient owner who can help bring him out of his shell. He does well with like-sized dogs and dog savvy cats. If Zek sounds like the dog for you, please stop by the shelter to visit him.

**Camano Animal Shelter Association (CASA):**  
360-387-1902. [www.camanoanimalshelter.org](http://www.camanoanimalshelter.org)

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### NOAH'S PET OF THE WEEK:

Hi my name is **LUCKY!** I am about 1 years old and I weigh about 57 pounds. I am on the hunt for my FUR-ever home! I am looking for a loving and patient home that will give me the training I need to be the BEST PAL EVER! I prefer to be top dog and may do best as the only dog in the home, or perhaps with another friend of a well-matched temperament. If you think we could be a match, please come visit me at The NOAH Center today!

**The N.O.A.H. Animal Adoption Center:**  
(360) 629-7055. [www.thenoahcenter.org](http://www.thenoahcenter.org)

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### SAVE-A-MUTT'S PET OF THE WEEK:

**JACK** is a sensitive senior gentleman who is ready for a person that will love him forever. He is quiet and calm and he loves his people. Jack is great at finding a warm cozy spot on the couch where he can burrow under the blankets...he is a true Chihuahua. **FIRST STEPS:** Visit <https://www.save-a-mutt.org/adoption-application/> to fill out an application. We are a local foster home based rescue.

**Save-A-Mutt (Silvana, WA):**  
(425) 280-0502. [www.save-a-mutt.org](http://www.save-a-mutt.org)

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## MARSHA ROSS

*Stanwood/Camano Specialist*

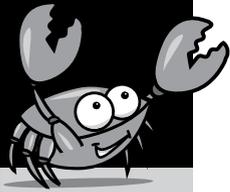
**360-631-1868**

[rossrealestate4u.com](http://rossrealestate4u.com)

[rossrealestate4u@gmail.com](mailto:rossrealestate4u@gmail.com)



# Classes and Workshops



## DID YOU KNOW?

The turkey trot, modeled on that bird's characteristic short, jerky steps, was one of a number of popular dance styles that emerged during the late 19th and early 20th century in the United States.

**Health and Wellness classes** - Every 2nd Monday of the month. Each evening we will have a short lecture or film to give practical ways to boost our health and wellbeing. Whole-food, plant based samples are provided each evening with recipes to take home. Classes are held at Cedarhome SDA Church, 28505 68th Ave NW, Stanwood. \$5 fee for the meal. RSVP Cindy at 425-870-1006.

**Forte Music Dance Art** offers intermediate ballet Tuesdays & Thursdays. Advanced Tap and Beginning Tap on Mondays and Thursdays. Yoga available throughout week. Private Instruction on sax, clarinet, flute, voice & piano. More info: 360-572-9262. [www.fortemda.com](http://www.fortemda.com).

**Social partner dance class!** Beginners and drop-ins welcome. Wednesdays at 3pm at the Camano Center. [www.socialdancesimplified.com](http://www.socialdancesimplified.com).

**Yoga Classes In-studio & Online** at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to [www.movementarts.com](http://www.movementarts.com) and follow the links to view our video library of online hour length classes; regular membership rates apply.

**Virtual Guitar Lessons with Ford Geisbrecht.** All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

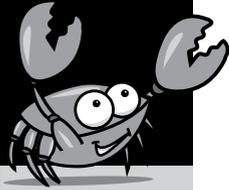
**Yoga for Beginners** Five Week Session Jan. 2-30. Tuesdays 6:00-7:15pm. Prepares you with the first steps toward a regular practice. We look forward to meeting you on your path! Sign up through [movementarts.com](http://movementarts.com) or call 360-629-9100. Space is limited, \$95.

**Yoga Nidra Meditation Workshop** Nov 18. Yoga Nidra (Yogic Sleep) is a powerful and deeply relaxing practice of guided meditation. Learn to move beyond the conscious mind into a sleep-like state in which creative awareness flourishes. \$35. Sign up at [movementarts.com/events](http://movementarts.com/events) or call 360-629-9100

**Private Music Lessons:** Hart Music School offers live lessons for piano, guitar, bass guitar, ukulele, voice, and songwriting for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Book a complimentary 30-minute lesson at [HartMusicSchool.com/free-trial](http://HartMusicSchool.com/free-trial).

**First class is FREE.** Seated, CHAIR yoga, 2 possible times, 1:30 Tuesdays or 11am Fridays. ZOGA, incorporating yoga & The Melt Method, helps back and shoulder issues. Mondays, 5:30pm. All classes are in person and Zoom. Mondays, Beginner easy flow classes: 8am, Tues 10am, Tues 5:30, Wed 4:30pm, Wed 6pm, Thursday 9am, Fridays, 9:30am. Small, personal groups, warm and inviting classes. Wed 10am Yin. Be enlivened and inspired! ALL are welcome. Z's Body and Soul, 9504 271st, Stanwood, 360-629-5040. [Zsremedies.com](http://Zsremedies.com).

**Medicare Basics Information Class** Mon., December 4. Free, open to the public. We will be explaining how your Medicare benefits work, as well as the options for supplementation. Location: Camano Island Library Meeting Room. RSVP with John - 360-967-9601



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Visit me at: [www.CookingMamas.com](http://www.CookingMamas.com)

## LEFTOVER STUFFING WAFFLES WITH MAPLE GRAVY

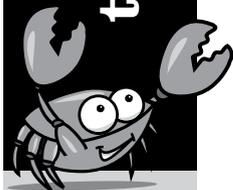
Transform leftover stuffing into crispy, savory, waffles drizzled with maple gravy, then topped with homemade cranberry sauce and/or poach egg, Enjoy!



**INGREDIENTS:** 4 c. leftover stuffing; 2 lg. eggs, lightly beaten; 1/2 c. shredded cheddar cheese; 1-3 T. milk as needed; 1 c. leftover gravy; 1 T. maple syrup; 1/4 c. leftover cranberry sauce, optional; 4 poached eggs, optional

**DIRECTIONS:** 1. In a large bowl, combine stuffing, 2 lightly beaten eggs and cheddar cheese. If the batter is too dry, add milk 1 table-spoon at a time. (Note: The stuffing should be moist, but still thick.) 2. Preheat your waffle iron. Spray the waffle iron with nonstick cooking spray. 3. Spread the stuffing mixture across the surface of the iron. Cook until both sides are golden brown and crispy, about 4-6 minutes. (Note: These waffles take more time to cook. Don't repeatedly open the waffle iron while the waffle is cooking, or it will lose its shape.) Gently open the iron and remove the waffle with a fork and spatula. Repeat with the remaining batter. 4. Meanwhile, in a small saucepan, combine the gravy and maple syrup over low heat. 5. Serve waffles warm, drizzled with maple gravy. Top with leftover cranberry sauce and/or a poached egg if desired. Devour immediately! Serves 3-4

## View from the Bleachers



Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net)

or check out his new YouTube channel by the same name.

### I WOULD OFFER TO HELP BUT THERE'S A CAT ON MY LAP

Cats living with humans dates back over 10,000 years. But in all that time, there is not a single documented case of a cat ever thanking its human cohabitant. In ancient Egypt, people worshipped cats as gods. To this day, that's still how most cats see themselves.

Throughout history, cats have served many valuable functions for their owners. In many early civilizations, as cats became domesticated, they were kept as a means of chasing away snakes and killing rodents in order to protect the grains in storage.

It is speculated that cats were once used to herd sheep and cattle. However, historians say this practice was believed only to be associated with one group of people in medieval Wales. Apparently this terribly in-bred population suffered from a genetic defect in which everybody was severely near-sighted, and thus they mistook cats for dogs. Before long, this society appears to have died off, most likely from widespread starvation – because they kept losing their food supply of sheep and cattle. It turns out even back in the 700s, cats were terrible at herding.

In more recent times, cats have been adopted into families as household pets – mostly by lazy couples who preferred cats over dogs because they've concluded that getting up at 5am on a December morning to walk the dog and scoop up its poop on a frozen sidewalk was way too much work.

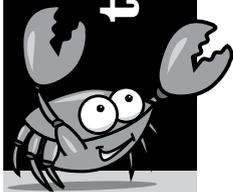
Throughout my marriage, we've owned cats as pets, typically two or three at a time. Don't worry, I never became one of those "crazy cat people" with a dozen cats – because my wife would never agree to this.

In recent years, I have found yet another extremely useful function for our three cats, Buddy, Zippy, and Monster: I frequently use them to get out of having to help my wife with chores. That's because we have a tacit agreement: Whenever one of us is lying on the couch, and there's a cat on our lap, we mustn't disturb our furry friend from their peaceful slumber.

As a result, whenever a cat is looking adorably cute, lounging comfortably on my lap, I get an immediate hall pass to avoid helping my wife with any chores until my furry friend decides it's time to move on to something more fascinating – like a nearby twist tie or a piece of lint. And our giant moose of a cat Buddy has been known to park himself on my lap for hours at a time, all but guaranteeing I won't have to lift a finger for the rest of the afternoon.

This system has been working wonderfully for me. For example, let's say my wife could use a little help in the kitchen cooking dinner. As she's getting close to the point where I anticipate she'll likely be asking for my assistance, I make sure to grab say, Monster, park him on my lap and pat him until he settles in for a nice long nap. "Hey, honey, I would totally help peel the potatoes, but I'm stuck. I have a cat on my lap." Chore averted.

# View from the Bleachers



I have been able to avoid raking the leaves, doing laundry, and power-washing the driveway for weeks at a time, thanks to this "Cat On My Lap" (COML) addendum to our marriage vows. But lately, our cat Zippy has been gravitating more to my wife's lap than mine, thus ruining the balance of cat lap time that had been disproportionately favoring me. My wife is deliberately attempting to turn the tables by claiming "I'd be happy to help you with the gardening, but as you can clearly see, Zippy is parked on my lap."

Our COML agreement worked perfectly when Zippy preferred my lap to my wife's. But lately he's turned into a traitor. Even Buddy – who ALWAYS prefers me – has taken to preferring my wife over me for cuddle time. My wife has nefariously used this technique to get me to cook dinner three nights in a row. So unfair.

This has to stop. I'm going to start spraying all my wife's clothing with a dog fur cologne. (I wonder if Amazon has this in stock.) Hopefully, they'll start to view her with suspicion or even terror and return to choosing my lap over hers, thus restoring order to the cat universe.

I know, it sounds extreme. But when it comes to my relaxation, in an attempt to avoid helping out around the house, sometimes a husband has to take drastic measures.

Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his YouTube channel by the same name.]



The Picnic Pantry and Parlour promotes kindness throughout the year. Here is a perfect gift for children that teaches and reminds them of the importance of just that, kindness.

**It's really simple! Here's how it works:**

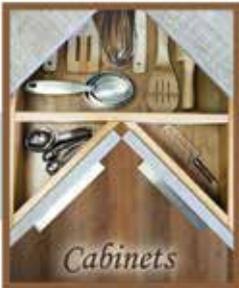
Scan the QR code with your phone or tablet. Santa magically appears asking children to help in sharing acts of kindness to others. Santa himself will ask them to do an act of kindness, play games, draw a picture, or give a hug to a loved one. Each ornament comes with a journal that will capture a child's thoughts and drawings; in ways you will always cherish! **Starting December 1st**, Santa will ask children for their help in sharing acts of kindness, care and giving to others, three videos per day and on Christmas Eve, twelve videos following Santa throughout the day as he gets ready for his flight around the globe. This ornament will also be good next year in 2024 with new, fresh content.

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**TIDE TABLES / SARATOGA PASSAGE / NOVEMBER 17-30, 2023**

Date	High /Low	Tide Time	Height Feet	Moon Visible	Date	High /Low	Tide Time	Height Feet	Moon Visible
F 17	Low	12:44 AM	-2.4		F 24	High	2:40 AM	9.4	
17	High	8:25 AM	11.8		24	Low	7:49 AM	4.7	
17	Low	1:47 PM	8.2		24	High	1:51 PM	12.1	
17	High	5:57 PM	9.8		24	Low	8:47 PM	-0.4	
Sa 18	Low	1:34 AM	-2.0		Sa 25	High	3:46 AM	10.4	
18	High	9:22 AM	11.7		25	Low	8:48 AM	5.6	
18	Low	2:57 PM	8.0		25	High	2:24 PM	12.0	
18	High	6:56 PM	9.2		25	Low	9:24 PM	-1.6	
Su 19	Low	2:28 AM	-1.2		Su 26	High	4:44 AM	11.3	
19	High	10:19 AM	11.6		26	Low	9:44 AM	6.6	
19	Low	4:22 PM	7.4		26	High	2:57 PM	11.8	
19	High	8:19 PM	8.4		26	Low	10:00 PM	-2.4	
M 20	Low	3:28 AM	-0.2		M 27	High	5:35 AM	11.9	
20	High	11:13 AM	11.7		27	Low	10:38 AM	7.2	
20	Low	5:42 PM	6.2		27	High	3:31 PM	11.4	
20	High	10:01 PM	7.8		27	Low	10:37 PM	-2.7	
Tu 21	Low	4:32 AM	1.0		Tu 28	High	6:21 AM	12.3	
21	High	12:00 PM	11.8		28	Low	11:32 AM	7.7	
21	Low	6:41 PM	4.7		28	High	4:08 PM	10.9	
21	High	11:44 PM	7.8		28	Low	11:15 PM	-2.6	
W 22	Low	5:40 AM	2.2		W 29	High	7:06 AM	12.4	
22	High	12:41 PM	11.9		29	Low	12:26 PM	7.9	
22	Low	7:28 PM	2.9		29	High	4:46 PM	10.3	
					29	Low	11:55 PM	-2.2	
Th 23	High	1:19 AM	8.4		Th 30	High	7:49 AM	12.3	
23	Low	6:46 AM	3.5		30	Low	1:22 PM	7.9	
23	High	1:17 PM	12.1		30	High	5:29 PM	9.7	
23	Low	8:09 PM	1.1						



*Cabinets*



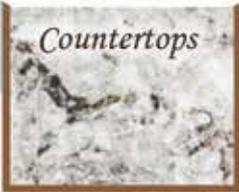
*Window Fashions*



*Hardwood*



*Luxury Vinyl*



*Countertops*



*Tile*



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