

THE CRAB CRACKER
VALENTINE'S DAY EDITION

ISSUE 371
Feb. 9-22

FREE
TAKE
ONE



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway



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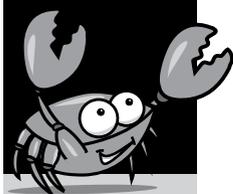
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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Happy Valentine's Day from the Crab Cracker.
Photo by James M. Shipley.*

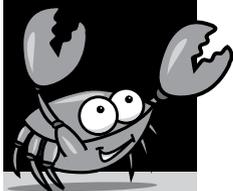


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Submission DEADLINE: FEBRUARY 15 for Next Edition (Feb. 23-Mar. 7)

Calendar of Events



DID YOU KNOW?

Super Bowl Sunday ranks as the third-largest occasion for Americans to consume food, according to the National Football League.

THURSDAY, FEBRUARY 8

LADIES NIGHT REDO!

4:00-8:00pm at Ladders Clothing & Co, Stanwood. Join us for an evening of fun. Bloom and Bones Studio will be here offering mini tattoos. These are real tattoos. Contact us for an appointment. The cost will be \$100 plus tax. Limited appointments available. Chained and Charmed will be here offering custom permanent jewelry. No appointments needed. Spend \$100 to enter our Raffle for a \$200 gift card to the shop and a Hobo bag of your choice. We will have a gift with purchase while supplies last. Plus our usual array of snacks, sips and a great sale. We hope to see you here.

FRIDAY, FEBRUARY 9

TEEN CRAFT DROP-IN: PAPER VALENTINE CARDS

2:00 PM – 4:30 PM - Camano Island Library. Follow along with CreativeBug, a Sno-Isle Libraries resource, to make the perfect Valentine cards for your friends and family at this drop in program. For teens (grades 5-12).

FRIDAY, FEBRUARY 9

FORD GIESBRECHT PERFORMANCE

at Cama Beach Cafe, 5:30-78pm. Eclectic mix of Brazilian classical, American and Latin jazz standards, old rock and original music. conversation friendly.

FRIDAY, FEBRUARY 9

JIMMY WRIGHT BAND

8:00pm - 11:00pm at Pub 282. A wide variety of music.

FRIDAY, FEBRUARY 9

ATLANTICS

8 pm - Conway Muse

The Atlantics return to the Conway Muse. Dance the night away to their fun sound! Tickets \$16 on line \$18 at venue

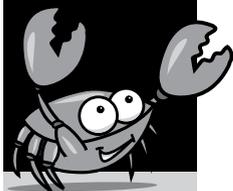
SATURDAY, FEBRUARY 10

MARDI GRAS BASH!

It's Mardi Gras time - come celebrate with the Market Street Jazz Band @ 8 pm - Conway Muse. Closest thing you'll get to New Orleans Louisiana (NOLA)! Tickets \$15 Advanced \$18 Day of Show



Calendar of Events



DID YOU KNOW?

Spam mail got its name from the canned meat after a Monty Python skit that made fun of Spam as tasting "horrible and being ubiquitous and inescapable".

SATURDAY, FEBRUARY 10 FLAPJACKS WITH FRIENDS



Join us at Camp Killoqua between 8:30am -11:00am for all you can eat pancakes at our Flapjacks with Friends Fundraiser. Funds raised during this event will help us provide more programs for the youth of Snohomish County! Fee includes pancakes, sausage, juice, hot cocoa and coffee! \$12 per adult, \$7 per child. Pay on arrival cash or card. 3130 152nd PI NW, Stanwood.

SATURDAY, FEBRUARY 10 CLEMENTINE THE NATURE DETECTIVE



11:00 AM – Stanwood Library. Clementine the nature detective needs some help! Through this interactive theatrical story, Clementine will teach us about natural resources and how to conserve them using the 4R's- Rethink, Reduce, Reuse, and Recycle. Participating through song, movement, and role play, everyone will work together and use their problem-solving skills to help Clementine keep nature in balance. We'll have fun learning to identify the natural resources used to make everyday items, learn how to correctly sort waste, and avoid contamination in recycling and composting. This program is for children ages 5 to 8.

CALL 360-387-0222 TODAY AND MAKE YOUR RESERVATION



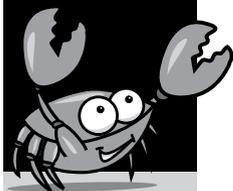
Guided Bus Tours by Friends of Camano Island Parks (3 hours)

A Guided Bus Tour to Camano Island will be departing from the Floyd Norgaard Cultural Center during the Stanwood Camano Snow Goose & Birding Festival on Saturday, February 24, 2024 at 9:30 am and 1:00 pm. If you are interested in going on this 3-hour guided bus tour, please call the Camano Center at 360-387-0222 to make your reservation. Space is limited to 11 passengers per bus and a donation is suggested. There is some walking so wear outdoor shoes.

Here is the itinerary:

<u>Departs</u>	<u>Destination</u>	<u>Time at Site</u>
9:30 Departs from the Floyd	English Boom	30 min.
10:10 English Boom	Iverson Spit	40 min.
10:50 Iverson Spit	Barnum Point	40 min.
11:40 Barnum Pt.	Leque Island	20 min .
Arrive at the Floyd 12:30 pm		
1:00 Departs from the Floyd	English Boom	30 min.
1:50 English Boom	Iverson Spit	40 min.
2:30 Iverson Spit	Barnum Point	40 min.
3:10 Barnum Pt.	Leque Island	20 min
Arrive at the Floyd 4:00 pm		

Calendar of Events



DID YOU KNOW?

New Jersey had 4 Governors in the span of 8 days in early 2002. The shortest term of those was served by John Farmer Jr. for 90 minutes.

SATURDAY, FEBRUARY 10 **VALENTINES BIG BAND DANCE**



Camano Junction Big Band Dance. 7pm to 10pm at the Camano Center, 606 Arrowhead Rd. A free dance class starts at 6:30pm a half hour before the dance starts at 7pm. Admission \$12 for adults & \$10 for student's. Light snacks will be provided, wine, beer, soft drinks and water can be purchased at the no host bar.

SATURDAY, FEBRUARY 10 **LOVE IS LOVE BOWLING**

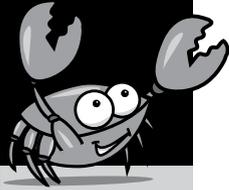


12:30-2:30pm at Twin City Lanes, Stanwood. Event by PFLAG Stanwood-Camano. We rented Twin City Lanes to provide a free and safe space to bowl or hang out with your friends and family. We packed the place last time, so let's do it again. PFLAG Stanwood-Camano members who come will be entered for a gift card drawing! You can sign up to be a member on our website <https://pflagstanwoodcamano.org/donate.html>, or sign up at the event.

SATURDAY, FEBRUARY 10 **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

Calendar of Events



DID YOU KNOW?

If sheep have long tails when they are born, the tails are cut off in order to prevent infection.

SATURDAY, FEBRUARY 10

MINIMUM WAGE BAND

8:00pm - 11:00pm at Pub 282. A wide range of experience and a variety of genres that merge into a blend of toe-tapping and dance happy sets of Rock and Roll that covers decades of great music.

SATURDAY, FEBRUARY 10

THE LAST DAYS OF ABRAHAM LINCOLN



The Camano City Schoolhouse will host its eighth annual Lincoln anniversary program at 2:00 pm. The talk, "The Last Days of Abraham Lincoln," will be presented by Richard Hanks, PhD and will look at the president's activities from the Second Inaugural to his assassination. The Camano schoolhouse is located at 933 Orchid Rd., Camano Island, WA. The event is free to the public; donations are appreciated. www.camanoschoolhouse.org

SATURDAY, FEBRUARY 10

VALENTINES DAY POP UP MARKET

10am-5pm at Kristoferson Farm Stand. 332 N. East Camano Drive. Join us Saturday February 10th from 10am to 5pm at the farm stand for our Valentines Day pop up market. There will be many vendors.



www.pawsandwingsplace.com
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PAWS AND WINGS PLACE

Happy Parents!

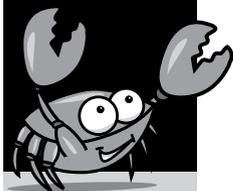
CAMANO PET SUPPLY STORE

Food, treats, toys, gifts and much more. Come visit us today!

We are the community store:
Offering classes, events, and a place to gather with those that love pets as much as you!

Located behind Heritage bank, next to Camano Plaza on: 185 McElroy Drive, Camano Island, (360) 505-0331

Calendar of Events



The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the info provided.

Thank you.

SATURDAY, FEBRUARY 10

“REINVENT LIFE LAVENDER STYLE”



The Stanwood-Camano Branch of AAUW is sponsoring a program at 10 a.m. at the Camano Island Library Meeting Room. Come learn how Renee Ellsworth and Leigh Fiedler re-invented their lives to dream big, work hard and achieve massive goals by opening Our Legacy Fields Lavender Farms in Stanwood.

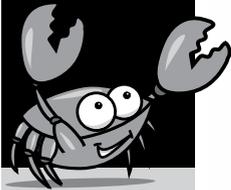
SATURDAY, FEBRUARY 10

THE LOVERS LOOP 5K RUN/WALK



Calling our our cupids...dust off the running shoes, let's kick off 2024 with our quarterly 5K. New location and New Loop!! The Lovers Loop will be a fun run to bundle up for and chase those cupids! Open to all ages, dogs on leashes, the run is FREE for children 7 and under. 8 years and up is \$25. All finishers receive a medal and there will be awards for Overall Top Finishers in prospective categories. First Place Male, First Place Female and First Place for 7 and under. Pre-registration is encouraged, however registration opens at 9AM and the run will have a horn sound start at 10AM. Registration and start of the race will be held behind the East End (Downtown Businesses) near the Stawood Train Station.

Calendar of Events



SATURDAY, FEBRUARY 10

PRIME RIB DINNER

Presented by Stanwood American Legion Post 92, 26921 88th Ave NW. Served 4pm until gone. PUBLIC WELCOME! Thank you for your continued support. Delicious prime rib, baked potato, veggies, salad, roll & dessert. \$25 adults; \$10 for age 12 and under.

SUNDAY, FEBRUARY 11

VALENTINE PICTURE



at Paws and Wings Place. Reserve your spot via website at www.pawsandwingsplace.com



SHOGO OTA

CAMANO ARTS ASSOCIATION'S
GATEWAY GALLERY PRESENTS
ARTWORKS BY SHOGO OTA
FEBRUARY 16 – MARCH 24

ARTIST RECEPTION FRIDAY, FEB 16 4PM TO 6PM

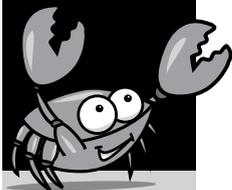
FEBRUARY HOURS: FRI/SAT/SUN 10-4
MARCH HOURS: FRI 12-4 SAT 10-4 SUN 12-4
578 E NORTH CAMANO DR CAMANOARTS.ORG



CAA
CAMANO ARTS ASSOCIATION

FINE ART AND CRAFT ~ VIEW, COLLECT, GIFT

Calendar of Events



DID YOU KNOW?

The name for a collective group of rhinoceroses is called a crash.

SUNDAY, FEBRUARY 11

BINGO AT THE VIKING HALL

Doors open at 5pm and games begin at 6pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

MONDAY, FEBRUARY 12

STAY AND PLAY

10:00 AM – 11:00 AM at the Camano Island Library. This is an opportunity for children, birth to kindergarten, and their caregivers to come play with fun and educational toys provided by the library. During this hour, caregivers and children will engage in in-person play, socialize with others, and reconnect with the library. Drop in anytime during this event.

MONDAY, FEBRUARY 12

TODDLER STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity may follow.

MONDAY, FEBRUARY 12

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

TUESDAY, FEBRUARY 13

NARCAN® GIVEAWAY (NALOXONE) WITH HOST

4:30 PM – 6:00 PM at Stanwood Library Meeting Room. Join representatives from Evergreen Recovery Centers' HOST drop-in program and learn how you can save a life! Representatives will be on-site and attendees can drop-in throughout this time to receive the training.

TUESDAY, FEBRUARY 13

FAMILY STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.



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SOUND WATER STEWARDS



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- \$350 membership & training fee. Scholarships available!

Applications due by March 1st!

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Become an active member of your local island community as a trained Steward! Support critical research in partnership with university, government, and tribal biologists, provide environmental education for all ages, and embody marine stewardship across the Salish Sea.

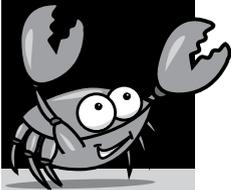
QUESTIONS?

Contact: 425-540-7712

Camano-coord@soundwaterstewards.org

www.soundwaterstewards.org

Calendar of Events



DID YOU KNOW?

When cellophane was invented in 1908, it was originally intended to be used to protect tablecloths from wine spills.

WEDNESDAY, FEBRUARY 14 HAPPY VALENTINES DAY



WEDNESDAY, FEBRUARY 14 VALENTINES DAY POP UP SHOP

11:00 AM - 3:00 PM at Two Girls Giftshop, 4925 Lakewood Road, Stanwood, by The Paddle Pub. Flowers, gourmet chocolate, and gift baskets! Enter to win our special Valentines Day Drawing for a \$25 Two Girls Giftshop Gift Certificate!! Let us help you spoil your sweetie!!

WEDNESDAY, FEBRUARY 14 FAMILY STORYTIME WITH VICKY

10:30 AM – Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

THURSDAY, FEBRUARY 15

CHRIS EGER

7:30pm - 10:00pm at Pub 282. Rock and Blues, Country, Funk and Soul collide in this modern take on vintage roots music.

THURSDAY, FEBRUARY 15

TODDLER STORYTIME WITH ALEX

10:30 AM – Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

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Fullness of *life.*



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Calendar of Events



DID YOU KNOW?

William Shakespeare had a curse engraved on his tombstone to prevent anyone from moving his bones.

FRIDAY, FEBRUARY 16

SHOGO OTA ARTWORKS AT GATEWAY GALLERY

Artist reception at Camano Gateway Gallery (at Terry's Corner). Open 10-4 Artist Reception 4 PM – 6 PM, 578 E N. Camano Drive.

FRIDAY, FEBRUARY 16

JOE COOK BLUES BAND

Fri Feb 16th 8:00pm - 11:30pm at Pub 282. The members are all award winning blues professionals with more than 30 years experience as gigging blues musicians. The band performs high energy traditional Chicago and west coast style blues, with elements of the old school Texas sound.

FEBRUARY 16-25

15TH ANNUAL NORTHWEST GLASS QUEST



A thrilling treasure hunt organized by the Camano Island Chamber of Commerce. Celebrate the rich heritage of fine glass artists in the Pacific Northwest as you embark on a quest to find hand-blown glass treasures. Search for hidden plastic clue balls scattered across Stanwood and Camano Island. Turn in these clue balls to receive a limited-edition, stamped, and signed hand-blown glass treasure. Over 400 clue balls hidden. www.northwestglassquest.com.


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Orthopedics & Sports Medicine

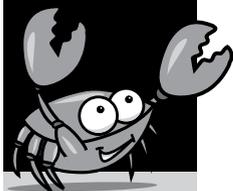
Call to schedule an
appointment.

360-435-6641

SkagitRegionalHealth.org/orthopedics



Calendar of Events



**IF WE DON'T
KNOW
ABOUT IT,
WE CAN'T
PRINT IT.**

Send your info
and/or images
to: thecrab@thecrabcracker.com

SATURDAY, FEBRUARY 17

STANWOOD-CAMANO VOLUNTEER FAIR

10am-noon at Floyd Norgaard Cultural Center, 27130 102nd Ave NW, Stanwood. Interact with local organizations and discover volunteering/membership opportunities. Activities for kids, snacks, and door prizes.

SATURDAY, FEBRUARY 17

EXPLORING DECEPTION PASS WITH JACK HARTT

10:00 AM – 11:30 AM at Camano Island Library. Join Jack Hartt for a look at the pre-history, history, backstories, behind-the-scenes stories, and secret stories of Deception Pass. Hartt gives an insider's point of view, shared in a relaxed and informative presentation.

SATURDAY, FEBRUARY 17

PNW AUTHOR SPOTLIGHT: MARGARET WILLSON

11:00 AM – 12:30 PM - Stanwood Library. You're invited to a join us in welcoming Margaret Willson to the Stanwood-Camano community for an informative presentation of her extraordinary true story, Woman, Captain, Rebel. Willson tells the incredible story of a woman who became a captain of fishing boats in 1800's Iceland. Registration is required. Book signing available after the event. <https://sno-isle.bib-liocommons.com/events/655e6c9e686cf83000e4247a>

SATURDAY, FEBRUARY 17

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, FEBRUARY 17

BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.

SATURDAY, FEBRUARY 17

ROCK RADIO

8:00pm - 11:00pm at Pub 282. A Classic Rock / Blues cover band playing hits from the 60's, 70's and 80's.

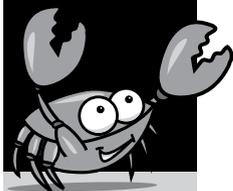
GRAPHIC DESIGN

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Calendar of Events



DID YOU KNOW?

While filming Dumb and Dumber, Jim Carrey had his crown temporarily removed – that chipped tooth is real and a result of a childhood fight.

SATURDAY, FEBRUARY 17

SOUND WATER STEWARDS ARE KIND QUESTERS!



11am-2pm at Camano Multipurpose Center (next to CASA). Visit Sound Water Stewards and get a bugs-eye view of the world around you! We will have microscopes set up, a variety of specimens, and fun nature crafts for all ages. Bring in your own items to view for added fun! Look closer at live barnacles feeding! We may even be able to show you the most indestructible animal on earth!

SATURDAY, FEBRUARY 17

CABAM!

Camano Area Bluegrass and Acoustic Music! South Camano Grange on Saturday, February 17th, 3-5:30 pm, followed by a hot dinner (\$10 cash on the barrel head) and then open mic from 6-ish to whenever.. Come and jam. Come and listen to some smokin' bluegrass at the South Camano Grange, 2227 S Camano Drive. Banjos, mandos, guitars, fiddles, dobros and a bass or two. Git on down here! Donations welcome.

SUNDAY, FEBRUARY 18

HISTORY TALK - LOCAL NATIVE AMERICANS

3pm. 2024 marks the 100th year since the Utsalady Ladies Aid building was constructed. To mark this historic anniversary we will be holding several events for the community. Please join us at the historic Ladies Aid Building for a talk about the Native Americans who originally inhabited our area. Our speaker and special guest is Jeff Wheeler from Washington State Parks. All are welcome! Free admission. Light refreshments will be served. Utsalady Ladies Aid Building, 78 Utsalady Rd, Camano Island.

MONDAY, FEBRUARY 19

TODDLER STORYTIME WITH JENNIFER

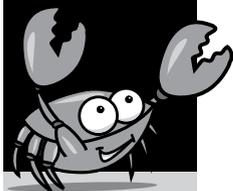
10:00 AM – Camano Island Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity may follow.

MONDAY, FEBRUARY 19

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

Calendar of Events



DID YOU KNOW?

During the first live iPhone presentation, Steve Jobs had to frequently switch phones behind his desk. Otherwise, it would run out of RAM and crash.

TUESDAY, FEBRUARY 20

FAMILY STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

TUESDAY, FEBRUARY 20

FREE COOKING DEMO

in the barn at Hazel Blue Acres in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

WEDNESDAY, FEBRUARY 21

DO YOU HAVE WOODPECKERS LIVING IN YOUR NEIGHBORHOOD?



At 7 pm via ZOOM, join Shona Aitken, Education Coordinator at Wolf Hollow Wildlife Rehab Center, to learn more about the different types of woodpeckers that live in our area. Find out what they look and sound like, what signs they leave behind and why they are such an important part of forest ecosystems. www.camanowildlifehabitat.org or call 360-387-2236, or email camanowildlifehabitat@gmail.com. A Zoom link will be emailed after registration.

WEDNESDAY, FEBRUARY 21

FAMILY STORYTIME WITH VICKY

10:30 AM – Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

WEDNESDAY, FEBRUARY 21

DEATH CAFÉ

7pm-9pm at 580 W Monticello Dr. Camano Island. Ages 18 and over. Come for cake and conversations. Death Cafe is a social gathering for a group directed discussion of death with no agenda, objectives, or themes. It is a discussion group rather than a grief support or counselling session. Tea and cake provided. If you feel inclined, please bring a healthy snack to share. There is no charge for this event. RSVP appreciated but not required. Vicki Tracy 425-239-9166, call or text.



CamanoCenter
Get connected.

606 Arrowhead Road * Camano Island * 360-387-0222 *
www.camanocenter.org * info@camanocenter.org

- Open Monday-Friday 9am-4pm
- Rental Space for Weddings, Events, Parties, Meetings & More!
- Programs, Education, Resources, and Services for Older Adults
- Volunteer Opportunities
- Individual & Business Memberships

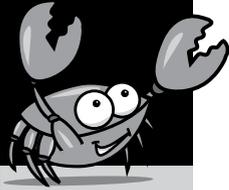
Shop Camano Center's 2nd Chance Thrift Shop!

1335 State Route 532 * Camano Island * 360-629-6142 *
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- Open Wednesday-Saturday 10am-4pm
- Donations accepted Thurs-Saturday 10am-4pm
- Proceeds support Camano Center Programs & Services, which are critical.
- Top Thrift Shop Awards Recipient!



Calendar of Events



DID YOU KNOW?

George Miller – the person who created Mad Max is the same person who created Happy Feet.

WEDNESDAY, FEBRUARY 21

BOARDS IN GEAR

9:00 am - 1:00 pm at Stanwood-Camano Area Foundation, 26911 98th Dr NW, Suite A, Stanwood. Whether your nonprofit is just starting or is long established, getting your board in gear can help put your organization on a clear path forward. This interactive workshop is based on the Boards in Gear resources developed in partnership with some of our state's leading board experts. You will leave with concrete action steps, tools, and connections. Snacks will be provided. Free. Register at <https://nonprofitwa.org/event/stanwood-boards-in-gear/>

WEDNESDAY, FEBRUARY 21

SOUND THERAPY & GUIDED MEDITATION

3-5pm at the Camano Island Library. Almost every moment of every day, we react to sound on some level. It's well documented now that everything is vibration - we are beings of vibration. Sound therapy is the new way to decompress from our daily lives and take the time to relax and enjoy great health, a peace of mind, and spiritual connection. FREE Sound Bath with a guided meditation to start the month of February off with love. Bring a friend, a yoga mat, blanket, pillow, whatever will make you comfortable. Also bring water.

THURSDAY, FEBRUARY 22

SHS TEXTILE DRIVE

Stop by Viking Village noon-2pm to drop off your textile donations. Fundraiser supports the Stanwood High School 4A Booster Club Class of 2024 Grad Night.

THURSDAY, FEBRUARY 22

TODDLER STORYTIME WITH ALEX

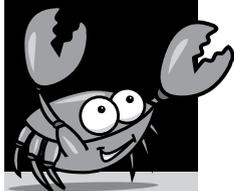
10:30 AM – Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

THURSDAY, FEBRUARY 22

CONSTRUCT A DRAGON MARIONETTE PUPPET

3:30 PM – 5:00 PM at the Stanwood Library. Construct a Dragon marionette puppet using one of our designs--or design your own! It's Science, Technology, Engineering, Art, and Math FUN! This program is designed for kids and tweens age 9 and up.

<p>art classes</p>  <p>CLASSES FOR ALL AGES PUBLIC ART OPPORTUNITIES GET CREATIVE TOGETHER</p>	<p>calls for art</p>  <p>STANWOOD CAMANO ARTS ADVOCACY COMMISSION</p>	<p>free events</p>  <p>LEARN MORE SCAACWA.ORG</p>
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STYROFOAM VALENTINE PRINTMAKING FOR KIDS (BLOCK PRINTING)



Supplies: Styrofoam Produce Tray (wash in dishwasher first); High Density Foam Roller; Acrylic Craft Paint (or Tempera Paint); Paper Plate; Pencil; Scissors; Blank Greeting Cards (I get mine from Michaels Crafts when they're on sale). Note: If you don't have blank cards, you could use card stock or watercolour paper folded in half.

Time needed: 30 minutes. How to Make Prints with Styrofoam: Prepare your styrofoam tray. Wash and dry your produce tray and cut off the curved edges of the tray so you're left with just the flat bottom. Cut the bottom to fit the card (or paper) that you'll be printing on. Draw your design. Using a pencil, draw your image on the styrofoam, pressing firmly to engrave your image into the foam. Alternatively, you could draw your image on a thin piece of paper and then trace it firmly on to your styrofoam. Note: Remember to write any letters/ words backwards as the finished print will be a mirror image of your styrofoam design (see image). styrofoam print christmas card words backwards. Gather your printing materials. Place the following on a flat, even work surface: blank greeting card, your styrofoam image, paper plate, paint roller, paint. Load roller with paint. Squeeze a good amount of paint on to a paper plate and roll the roller back and forth through it until it's completely and generously covered. Make your print. Roll your paint roller back and forth over your styrofoam design, making sure the entire surface is covered with paint. Flip the styrofoam over and press it down on your card. Continue to press and rub the styrofoam firmly with your hands, taking care not to disturb the placement of the styrofoam. Carefully lift the styrofoam off the card to reveal your print! Repeat to make more prints. Allow your styrofoam template to dry for a minute or two and then repeat the process with a different colour. How fabulous (and easy!) is that? Source: <https://happyhooligans.ca>

DID YOU KNOW?

The first game to be played in space was Starcraft – Daniel Barry took it with him in 1999 on the Space Shuttle mission STS-96.

VALENTINE COLOR PAGE



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PARTNER NEWS

SAFE HARBOR FREE CLINIC

Safe Harbor Free Clinic provides free healthcare for those who are without insurance or are underinsured.

For More Information :

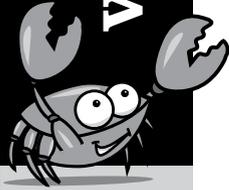
www.safeharborfreeclinic.org
425-870-7384
7209 265th St. NW
Suite 203/204 Stanwood



Safe Harbor
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Moonshine Wisdom & Wit



Story by Jack
Archibald.

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GREEDY ARTISTS

When we first pow-wowed about retaking Hutchison Park away from the punk kids who used the hidey-hole for their illicit goings-on, I met with the woman who ran the Island County Parks. Me and a fellow artist who was also involved with myself in transforming the Old Blue Building by the tennis courts, another project with County. We had Big Visions back then, let me tell you, a merry band of artists who might do aesthetic make-overs of parks and ugly county buildings. We'd built the Visitor Center and Art Park, we'd established a public art program for the schools, we were on our high horses and hoo boy, we thought the future was so bright we bought shades.

This would have been 2007. A few of us gathered in the over-grown parking lot of the park to brainstorm how we might improve the little 5 acres, make it the Crown Jewel of the South End park system. Okay, the only jewel in the South End park system. We discussed some tree cutting, blackberry removal, possibly new plantings, grass seeding, picnic tables, the usual park management stuff. At some point it was made clear that a perimeter fence would be necessary, by code apparently, chain link. Thinking out loud I wondered if maybe we could install our own fence, an art fence of sorts, maybe something that would de-institutionalize the thing and my fellow artist asked if we did that, could funds that might have been used for the cyclone fence be allocated to our fence.

Maybe it was a bad day for the Park Chief, I don't know. Things had been going uneventfully enough, ideas thrown out, some rejected, some considered, the usual give and take, but all of us there to make improvements. My cohorts in the South End String Band had agreed to be caretakers, lawnmowers, tree trimmers and the like. The art crowd would throw in. All in all a fine collaboration, maybe even a paradigm for government partnering with the community. But the mention of money, the crass notion of it, the grimy reference, well, Ms. Park Lady came unglued. 'You're all alike,' she fairly shouted, 'always looking for the money. Well, that's not how it works. We'll put in a chain link fence and that's that.'

My artist pal was stunned into near stuttering incoherence, tried to make it clear she wasn't grubbing for the pesos, she only meant But our Park Lady was only cranking up. No, she was sick and tired of this game of trying to profit off them, sick ... and ... tired of these self serving

'Whoa,' I said, hands up in a gesture of Stop This. 'Let me get something straight here. We're the ones volunteering our time. We're the ones not being paid to stand here right now. We're the ones who will be mowing and landscaping. All we asked was would there be some possibility of using money that was intended for park upgrades for maybe art that would substitute. It's done all the time in the public art realm. Same budget, just pay for materials. If that's your idea of greed ...'

It was. That was 16 years ago. We've added some sculpture, we've planted a few shrubs and trees, we've maintained that park mowing and bucking fallen trees, created new trails, added a phone booth little library and since then we've never seen the Park Chief again. Okay with me. A little busy grubbing for money elsewhere.

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Who can be buried at
Camano Lutheran Cemetery?

All are Welcome here



In the early twentieth century parishioners of the nearby Camano Lutheran Church purchased this land for a cemetery. Buried here are many of the original pioneers of the church, and the Camano Island community, who chose this beautiful south facing hillside as a final resting place. Come and reflect on the lives of those who shared this island before us.

All are welcome here

Anyone can be buried at
Camano Lutheran Cemetery.

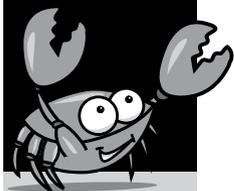
Church membership not required.

Available Options:

- ◆ In-ground burial
- ◆ Niche wall cremation
- ◆ In-ground cremation
- ◆ Memorial plaques
- ◆ Recipient of the Washington State Historic Cemetery Preservation Capital Grant used for cemetery improvement
- ◆ Managed by volunteer Board Members from Camano Lutheran Church
- ◆ Camano Lutheran Cemetery is a non-profit organization

Contact us at:
CamanoCemetery@gmail.com
360.722.6666

Photos and Art



Valentine cookies - The Cookie Mill.

DID YOU KNOW?

Surgeons who play video games at least 3 hours a week perform 27% faster and make 37% fewer errors.



Swan. Photo by S. Keeze.

A Valentine's Day real estate advertisement featuring a red cartoon crab on the left. The text reads: "I ♥ CAMANO ISLAND" above the crab, "I SHELL ALWAYS LOVE YOU CAMANO ISLAND!" in large red letters, "Happy Valentine's Day" in cursive, and "KERRI" in bold black letters with "North48" in smaller text above it. Below the name is the tagline "Helping you make the right move." On the right is a photo of a smiling woman, Kerri Jones. A small house icon is in the bottom right corner. At the bottom, a black bar contains the text: "KERRI JONES | BROKER | NORTH48 REAL ESTATE | 206.963.6615 | CAMANOKERRI.COM".

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*Annual Percentage Yield (APY) effective 01/30/24. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

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CAMANO CITY **\$775,000**
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VACANT LAND **\$289,000**
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LOST LAKE **\$575,000**
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Exquisite property on Marrowstone Island with detached ADU, stunning views, serene living, getaway or full time! #2171905

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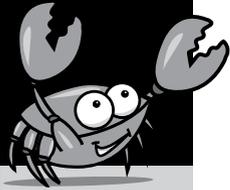


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Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR

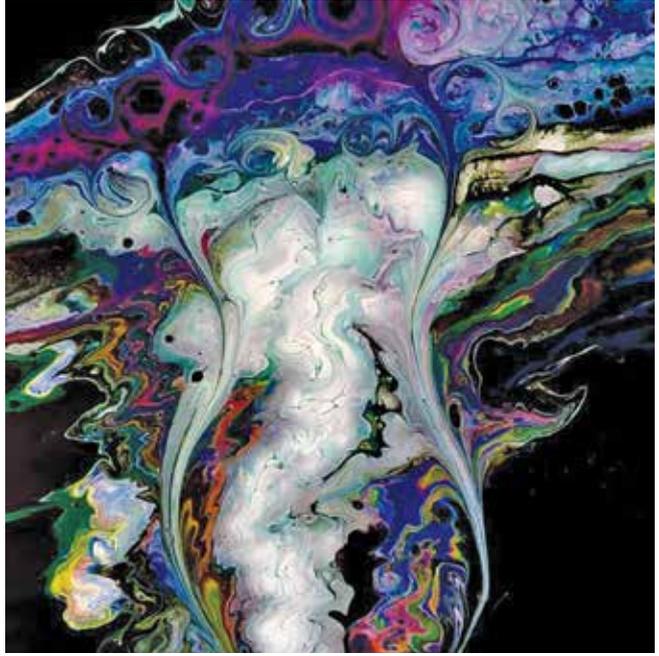
Artist of the Week



Are you interested in promoting your art, craft, or live performance?

Email us info or a bio about yourself and we will feature this page to you... and it's all FREE!

MEET THE ARTIST - CECILIA TWEED HAPPY HOUR POP-UP EVENT!



Join us for an enchanting evening at our Meet the Artist Happy Hour Pop-Up Event featuring the phenomenal Cecilia Tweed, the artistic genius behind Perfectly Imperfect Collection and her mesmerizing paintings! February 8th, 4:00 PM - 5:30 PM at Blue Heron Kitchen & Bar, 170 E Cross Island Rd, Camano. Dive into the world of art with Cecilia Tweed. Explore the inspirations and stories behind Perfectly Imperfect, including her stunning paintings. Immerse yourself in a vibrant and interactive artistic atmosphere. Exclusive preview of Cecilia's latest masterpieces, featuring the rich textures and colors on canvas. Connect with fellow art enthusiasts in a relaxed setting. Let's celebrate the beauty of art and creativity with Cecilia Tweed's captivating paintings! Join us for an unforgettable evening filled with inspiration and awe. See you there!

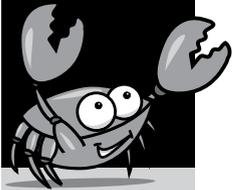


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- Service Dog Training
- AKC Fitness
- AKC Tricks

Business Spotlight



Are you interested in promoting your business or organization?

Email us info or a bio about your business and yourself and we will feature this page to you... and it's all FREE!

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*Watch for upcoming
changes in our
Daily Specials in 2024!*



The Stanwood-Camano School District has neither reviewed nor approved the program, personnel, activities or organizations announced in this flier, and undertakes no responsibility to supervise these events. This information is provided as a community service at the request of the event sponsor and organizer. This is not a district sponsored or endorsed event.



JOIN GIRLS ON THE RUN!

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Girls on the Run is a girl-empowerment organization that inspires participants to be joyful, healthy, and confident using evidence-based lessons that combine relationship building, community strengthening, and goal setting with physical movement.

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WHY GOTR MATTERS



Girls' self-confidence begins to drop by age 9



Girls' physical activity levels decline starting at age 10



50% of girls ages 10 to 13 experience bullying



SPRING 2024 SEASON

Join the team at Cedarhome Elementary!

Registration Opens: February 5th

Spring Season Starts: April 15th

Practices: Tues/Thurs, 4:00-5:30PM

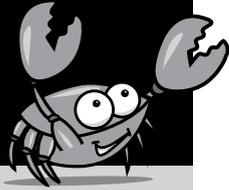
Registration Fee: \$25-\$200 depending on financial assistance needed

Celebration 5K Event: Sunday, June 9th in Mill Creek

For more information and to register, visit our website:

girlsontherunsnoco.org

Dining Guide



DID YOU KNOW?

The only window that opens on the presidential car is the driver's window, to pay tolls. It also has no keyholes, and only the Secret Service know how to open the doors.

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SNOHOMISH CONSERVATION DISTRICT'S
7TH ANNUAL

YOUTH OF ALL AGES ART CONTEST

Submission categories:

Grades Pre-K – K | 1-2 | 3-5 | 6-8 | 9-12 | Age 18+

**THIS YEAR'S THEME:
AMPHIBIANS**



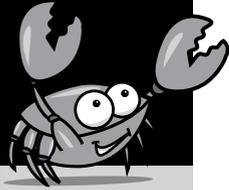
CONTEST RULES

- Open to all ages
- Open to residents or students in Snohomish County or Camano Island
- One entry per person
- Artwork should not exceed 8.5 x 11" or 2MB in size
- Submit artwork through online form

SUBMISSION WINDOW: January 8, 2024 - February 23, 2024

LEARN MORE: <https://snohomishcd.org/art-contest>

Classes and Workshops



DID YOU KNOW?

Ginger beer is brewed and fermented with ginger, while ginger ale is merely carbonated water flavored with ginger.

FamilySearch Center - FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm, Wednesdays 6 pm-8 pm. Get help to find your ancestors with free access to websites and records. Contact us at 801-240-4357 or camano@familyhistorymail.org.

Yoga Classes In-studio & Online at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes; regular membership rates apply.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

Yoga for Better Posture Feb 6-Mar 12, Tuesdays 6-7:15pm. In this six-week course we will learn a systematic approach to improving and maintaining good posture using all the tools of yoga available to us. Sign up at movementarts.com/events or call 360-629-9100 \$119

Private Music Lessons: Hart Music School offers live lessons for piano, guitar, bass guitar, ukulele, voice, and songwriting for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Book a complimentary 30-minute lesson at HartMusicSchool.com/free-trial.

Yoga for Beginners Five Week Session Mar 19-Apr 16, 2024 Tuesdays 6:00-7:15pm. Whether you are brand new to yoga or returning after a long absence, this five-week course will prepare you with the first steps toward a regular practice. This introduction will teach you the foundational alignment of basic yoga postures, how to coordinate breath with movement and philosophical practices to make yoga a tool for your wellbeing. Upon completion you should feel comfortable transitioning to any basic yoga class. We look forward to meeting you on your path! Sign up through our website at movementarts.com or call 360-629-9100. Next Sessions in 2024: May 07-Jun 04, 2024. Your instructor: Carol Mason Space is limited, sign up early. \$95.

Medicare Basics Information Class February 8 (10:00am - 11:00am) Free event open to the public. We will be explaining how your Medicare benefits work, as well as the options for supplementation. This class is highly recommended, whether you are new to Medicare or you would like to re-evaluate your current plan. Location: Camano Island Library Meeting Room. RSVP with John- 360-967-9601.

FREE 1st class. Warm and inviting environment. Mondays, Beginner, easy flow classes, time options: 8am, Tues 10am, NEW class, led by Steph, Tues 5:30. Wed 4:30pm, Wed 6pm, Thursday 9am, Fridays, 9:30am. Small, personal groups. Wed 10am Yin. Seated chair yoga to get you moving, 40 minutes, Tues and Fridays, you chose a time that works best. Zsremedies.com. Be enlivened and inspired! ALL are welcome. Z's Body and Soul, for 16 years @ 9504 271st, Stanwood, across from the middle school. 360-629-5040



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GRIEF Support Group
Help and encouragement
after the death of a loved one

January 11-April 4, 2024 6:00-8:30pm
Restoration Church Camano Island
788 Smith Rd.
More Info: griefshare.org/groups/175418




**1930s
MURDER MYSTERY
DINNER THEATRE
& SILENT AUCTION**

SATURDAY, MARCH 23RD
Doors 5:00 pm
Show 6:00 pm



Attire
1930's era (optional)
Floyd
27130 102nd Ave NW,
Stanwood

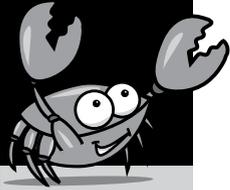
Tickets
\$75 or \$90



Dinner
Juniper Bites
Creative Catering

Show
Murder Mystery Co.
"Parties people are dying to attend"

Community Information



DID YOU KNOW?

In the 1980's, the founder of Pringles, Fredric Baur, requested to be buried in a Pringles can.

His children honored the request.

ASG FEBRUARY PICK-UP

Our drivers will be out Saturday February 10th to collect your green bags for the Stanwood/Camano Food Bank. (The pick-up hours are 9 AM-11AM). Most needed items for the February pickup are: baby wipes, hearty canned soups, rice-a-roni or similar pasta mixes, mac and cheese, and canned fruit. ****If you are not on our pick-up list and want to join our efforts please contact us at asimplegesture@scfbs.org or call 360 572-4148.

FRIENDSHIP TEA



Drop by for tea, treats, and a chance to visit with friends, both old & new. Join us twice a month, on the 1st & 3rd Tuesdays of every month from 10:30-12:00 at the Camano Center. No charge to Camano Center Members. \$5 fee for non-members. Please check in at the Front Desk. For more information, call Connie at 360-652-7211.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

DAVID'S Electronics Service



Independent Tech Support for **Apple** and Other Electronics

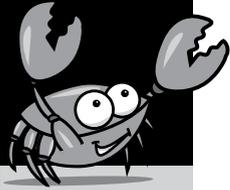
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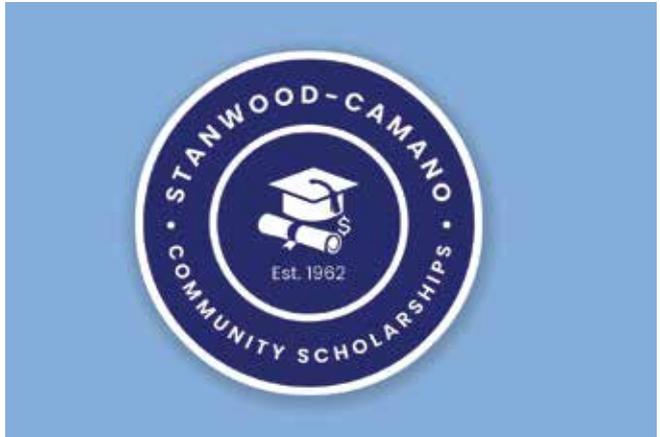
DID YOU KNOW?

The NYPD had a police officer follow Andre the Giant whenever he went out drinking. This was to make sure he didn't get drunk and fall on anyone.

OPIOID OUTREACH, SUBSTANCE ABUSE DISORDER TREATMENT & SYRINGE SERVICES

"I am a Case Manager for the Island County Human Services Opioid Outreach Program and in light of the concerning rise in overdoses on our island, I wanted to share valuable information about our program's services. Our Opioid Outreach Program is dedicated to providing support and resources to combat the opioid crisis. We offer free Narcan, a life-saving medication, and comprehensive substance use support. Additionally, our team is available to conduct Narcan training sessions for individuals, groups, and businesses. Should you have any questions or wish to schedule a Narcan training session, please feel free to contact me directly at 360-914-2362 or via email at S.aho@islandcountywa.gov. For further information about our program and the services we offer, you can visit our website, www.islandcountywa.gov" - Shannon Aho.

COMMUNITY OUTREACH / SCHOLARSHIPS



February is here and the Scholarship Season for our AAUW-SC branch has begun. Thousands of volunteer hours have been contributed by our members to raise the funds to make these scholarships possible. We are offering 3 (three) \$10,000 scholarships to upper level university students in their junior or senior year or Master's Degree program. Applications are available today and due by April 30, 2024. Scholarships will be awarded to students who are current residents of Stanwood, Camano Island, Arlington, Lakewood, and La Conner areas OR are graduates of Arlington, Lakewood, Stanwood, or La Conner school districts. Applications can be found at our website, www.aauwsc.org/scholarship.

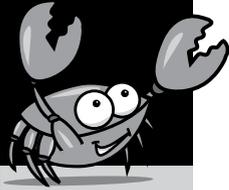
THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

TOY BOAT BUILDING

Saturdays at 10am in the Cama Beach Boathouse. Build a wooden toy boat. Bring it home as a souvenir! \$5 suggested donation.

Community Information



DID YOU KNOW?

In the popular film, *The Godfather*, the word "mafia" is never said because the actual mafia commanded it.

C.E.R.T. TRAINING

Learn the skills needed to help you, your family, and your neighbors if disaster hits. Sign up for our upcoming Community Emergency Response Team training March 22-24. CERT trains participants in basic disaster response skills, such as: Fire safety, Light search and rescue, Team organization, Disaster medical operations. Registration is required. southsnofire.org/CERT.

SIX IDEAS FOR HONORING BLACK HISTORY MONTH

Happy February! This month is known for many things: cold weather, short days and of course, Valentine's Day. However, the most powerful, impactful and important part of February is its recognition of Black History Month. While black history deserves to be celebrated every day, Black History Month particularly focuses on recognizing the African-American men and women who have had great influences on the United States. The month of February reminds us to seek out stories and histories which may often go overlooked, and recognize the significance of black history. Nevertheless, it can sometimes be difficult to consider how exactly to recognize Black History Month. What can you do? Here are six ideas for honoring Black History Month. 1. Support black-owned businesses. Explore black-owned businesses near you and consider how you can use their products or services. 2. Contribute to black nonprofits. There are hundreds of nonprofits who work tirelessly to advocate for equal justice and representation for all people. 3. Read black literature. Literature plays an important role in influencing our perceptions of the world and broadening our minds to varying viewpoints. During the month of February, search for prominent black authors with stories to share. 4. Recognize black artists. From poets, to musicians, to actors and everything in between, there are multitudes of well-known (and amateur) black artists whom you can recognize during February. 5. Research black history in your area. Black history has played a valuable role right in your own community. Take time to research the stories of black history in your area by looking online, visiting a local museum or historical society or simply going to your library for more information. 6. Learn about prominent black figures. You can support this month by researching the history of black individuals throughout generations. Black History Month provides an opportunity to pay special attention to the recognitions and accomplishments of black individuals throughout history. - Abridged article from Warm Beach Senior Community blog post, January 28, 2024. Read the full article at <https://www.warmbeach.org>.

Stanwood United Methodist Church

~ Open Hearts, Open Minds, Open Doors ~

In-Person Sunday Service at 10:00am.
Live Online Services available at 10:00am at www.stanwoodumc.org or on our Facebook page at: Stanwood United Methodist Church.



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www.stanwoodumc.org
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Yoga and Pilates

movementarts.com



MOVEMENT ARTS

360-629-9100

Camano Commons

Community Information



DID YOU KNOW?

In 18th Century England, having a pineapple was a symbol of wealth because of high import fees. They would be used as displays instead of being eaten.

PICKUP ULTIMATE FRISBEE IN STANWOOD

Every Saturday, 9-11:30am at SHS football field, 7401 272nd Street Northwest. Free, friendly games every Saturday morning. Rain, snow, shine, we've played year-round since 2011. Adults of all skill levels welcome. Lately we've averaged about 16 players each week. <https://www.facebook.com/groups/stanwoodultimate/>

STANWOOD CAMANO LITTLE LEAGUE



Registration for T-Ball, Rookies, Intermediates, Juniors and Seniors Divisions will close on March 10th. Register online at www.stanwoodcamanoll.org. Remaining tryouts for Minors/Majors will be held on February 9th and 10th at D-BAT in Mt. Vernon. Players only need to attend one day of tryouts. Minors and Majors players must attend tryouts to be eligible for All-Stars.

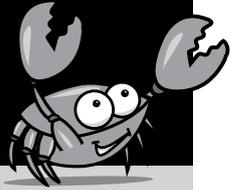
HI ISLANDERS & FRIENDS



Just a plug for the Floyd & Deloris Jones Foundation— the Grange was gifted with a NEW ROOF. It had been leaking for some time- we were running out of buckets!! Want to thank the DIRECTOR OF SCAF - without their help it never would have happened. What a wonderful community we live in.

COMMUNITY OPEN SEW

with Camano Island Quilters. Feb. 12, 10am - 2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public, enter thru back entrance of church. Want to sew with others, need help on a project? We are here to help you with your sewing needs. Bring your sewing machine, a project, and basic tools for an afternoon of fun! Bring a sack lunch. (No microwave)



DID YOU KNOW?

Elephants think people are cute, the same way people think puppies or kittens are cute.

SPORTS GEAR DRIVE

"I've been working on a community project for awhile now and have recently linked with the YMCA to make my vision a reality on a much bigger scale. In March we will be hosting a sports gear drive, where all community members (not just limited to the Y) will be invited to come and pick out sports equipment for their kiddos FOR FREE! If you have any equipment/shoes/gear that no longer serves a purpose in your household I would be so grateful for your donation. I can come and pick up the items you have or you can bring it to the YMCA front counter." - Carrie Hopkins - Facebook post.

GUIDED BUS TOURS

by Friends of Camano Island Parks (3 hours). A Guided Bus Tour to Camano Island will be departing from the Floyd Norgaard Cultural Center during the Stanwood Camano Snow Goose & Birding Festival on Saturday, February 24, 2024 at 9:30 am and 1:00 pm. If you are interested in going on this 3-hour guided bus tour, please call the Camano Center at 360-387-0222 to make your reservation. Space is limited to 11 passengers per bus and a donation is suggested. There is some walking so wear outdoor shoes. CALL 360-387-0222 TODAY AND MAKE YOUR RESERVATION.

#SNOCO ENVIRONMENTAL CLEANUP TEAM (ECUP)



helps residents get rid of unwanted vehicles, boats, RVs, and trailers on their property. ECUP processed 270 RVs and boats in 2023. Make SnoCo a more beautiful place to live. Contact the team: bit.ly/JunkVehicleDisposal or call 425-407-3999.

MONEY SMART WEBINARS

We've just released our Money Smart course schedule for 2024, and this year, we're offering all classes online via convenient webinars. It's now easier than ever to attend our Money Smart for Small Business courses designed to help those starting and managing a business. Webinars are hosted by Katy Woods, Coastal Community Bank Branch Manager and Certified Coach. Feb. 22: Tax Planning & Reporting. Feb. 28: How to Sell Your Business. March 28: Record Keeping. April 5: Financial Management. May 30: Managing Cash Flow. June 20: Building Credit. Register now at <https://www.coastalbank.com/money-smart/>

NATURE. CULTURE. ART.

STANWOOD CAMANO SNOW GOOSE & BIRDING FESTIVAL



Art by Val Paul Taylor © Copyright 2024

FEBRUARY 24, 2024 • 9AM-4PM

AT THE FLOYD NORGAARD CULTURAL CENTER, 27130 102ND AVE NW, STANWOOD

Experience one of Western Washington's most spectacular natural events - the annual winter gathering of thousands of Snow Geese and Trumpeter Swans. Come see why the shores and waters of Puget Sound surrounding our community are internationally recognized as habitat.

Follow us @ StanwoodCamanoSnowGoose&BirdingFestival



Community Information



DID YOU KNOW?

Thomas Edison invented an electric pen in 1876 that was later adapted to become the first tattoo machine in 1891.

CRAZY QUILTERS GROUP

Friday 2/9 at 9:30am-1pm at Stanwood United Methodist Church. Making quilts for various charities.

WOMEN'S FOOTBALL PRACTICE!



For women 18 and above. No prior experience is necessary to participate. Money raised goes toward scholarships for youth sports. Come play with us! Email stanwoodspartanmoms@yahoo.com. 2/14: 4:30-6pm at Lincoln Hill High. 2/18: 1-3:30pm at SHS Field. 2/21: 4:30-6pm at Lincoln Hill High.

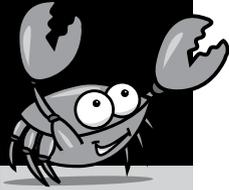
NURSE NAVIGATION PROGRAM

When calling 911, an ambulance trip to a hospital emergency department may not be the best solution based on your medical needs. On Wednesday, January 31, Snohomish County 911 and the Snohomish County Fire Chiefs Association held a news conference to announce the official launch of Nurse Navigation. It's an innovative system that will direct some 911 callers with non-emergent illnesses or injuries to a licensed nurse, who will quickly help them find the most appropriate care. It's about getting patients to the right care, at the right time, in the right place...and keeping first responders available for our community's most serious, life-threatening emergencies. Ambulances will always be dispatched to 911 callers with urgent, life-threatening or potentially life-threatening medical emergencies. Learn more at sno911.org/nursenavigation.

AARP TAXAIDE - MAKE YOUR APPOINTMENTS NOW

AARP TaxAide will be providing FREE tax return preparation on Mondays at Camano Center and Tuesdays and Thursdays at Lincoln Hill Retirement Community in Stanwood from 2/6/24 to 4/15/24. Appointments must be made in person when picking up a Tax Payer packet at the location you want your taxes done at. While our goal is to assist Seniors and low income individuals, we will do returns for any taxpayers that fall within our scope. If you have any further questions, leave a voice message at 425-270-7357, with your name, your question and your phone number or email.

Clubs and Meetings



look for us
online at

[www.TheCrab
Cracker.com](http://www.TheCrabCracker.com)

or on
Facebook.

Download
current or past
editions.

Camano Island Library Friends Meeting February 22nd at 3 p.m. in the Community Room at the Camano Island Library. The Friends will be discussing four \$2,500.00 scholarships that will be awarded to eligible applicants this year through the Stanwood Camano Area Foundation. The Friends will also begin planning for 2024 Author Talks on Camano Island. All are welcome. Please come and bring a friend. www.camanoislandlibraryfriends.com

Ski, Snowboard or just hang out in 2024! The Merry Mountain Ski Club brings you easy travel for a fun ski day in a luxury coach with stops in Bellingham, Burlington, Stanwood and Monroe. Great folks & great fun. Get in touch with us for more details! 206-550-4908 or tuesdayskibus@gmail.com. Website: www.merrymountain.com

GRIEF Support Group: Help and encouragement after the death of a loved one. January 11-April 4, 2024 6:00-8:30pm at Restoration Church, Camano Island, 788 Smith Rd. More Info: griefshare.org/groups/175418.

Stanwood Coin Club meets the 4th Tuesday of each month at the Stanwood Library meeting room 7-9pm. Bring your questions @ collecting. Buy, Sell, Trade, Learn. This club has been active since 1961.

Rainy Day Room Playgroup Free weekly play group on Thursdays at 10-11am and Mondays from 3:30-4:30pm at the Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house.

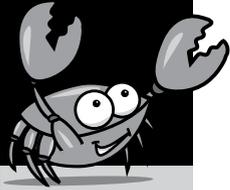
"Weight Loss and TOPS Clubs on Camano or Stanwood: TOPS (Take off Pounds Sensibly). We provide great fellowship and support in your weight loss journey. Camano Island: We meet Thursday mornings for weigh-in from 8:15 to 8:45; meeting at 9 am. First meeting is always free. Join us and see why TOPS provides support both during your weight loss, and afterward, helping you to keep it off! Camano Lutheran Church, 850 Heichel Rd, Camano Island. Call Sandy 387-6953 or Karen (leader) at 387-9716 for more information. Stanwood: We would love to meet you and invite you to join us in friendship and weight loss support! We meet on Thursday mornings at Cedarhome Baptist Church. 29000 68th Ave NW. Stanwood. Wa. at 10:00 am. Everyone is welcome! More info: Gay at 360-393-7117.

Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

PFLAG Support Group Free support group for friends, family, and members of the LGBTQIA+ community. First Friday of every month at the Community Resource Center 6-7pm.

The Wardrobe By Appointment: at the Community Resource Center – Free clothing for teens in need – t-shirts, tanks, shorts, flip flops and hygiene products! Call 360-629-5257 or email info@crc-sc.org for an appointment.

Clubs and Meetings



Kaleidoscope Play & Learn Tuesdays and Wednesdays - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. At Community Resource Center of Stanwood Camano.

Camano Island Quilters-Machine Embroidery Group Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

Camano Island Quilters Open Sew Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

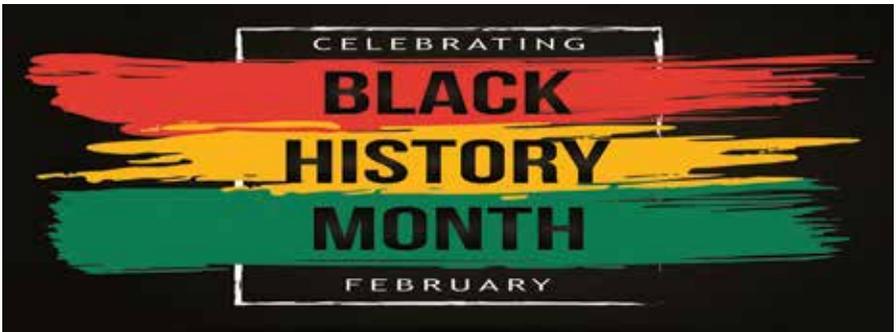
Teen Late Night Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.



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Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.





CASA'S PET OF THE WEEK:

Meet **CHARLIE!** This sweet boy is a 4 year old poodle. He is well trained and can be trained further if desired. Charlie is loving, playful and loyal! He can be on the nervous side when introduced to new experiences and would love a confident owner to get him out of his shell. He would do well with like sized dogs but, would prefer a home without cats or other small animals. Charlie also requires a secure yard.

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

My name is **DARCY** and I am an active 4 month old puppy - I'm looking for someone willing to keep me busy with games and activities and FUN FUN FUN! Expect me to have a bunch of energy and keep you on your toes! I will need to get into dog training as soon as possible so I can be the BEST furry companion I can be! Come meet me today at The NOAH Center

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

DEXTER is a tender hearted fella who just wants to be near his people. He is affectionate, loyal and he is the best cuddle there is. Dexter has great house manners and is housebroken. Dexter is a good little car riding companion and would love to be part of a family that will include him in all their adventures. **FIRST STEPS:** Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org



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Joy
Lived
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**Move In
Special**
Through Feb 28th

Announcing our Newest Neighborhood:

Forest Lane

Come Tour and View These Brand New Assisted Living Units Designed for Active Seniors.

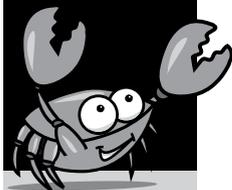
Overwhelming joy is a common resident experience as they live and thrive in a vibrant purposeful Christ-centered community with the freedom to actively engage and pursue the things in life that matter most to them. Our new Forest Lane assisted living community is designed for seniors who want to remain active and involved yet require extra help and support with the activities of daily living. Our caring and dedicated staff members provide round-the-clock assistance while encouraging residents to maintain a high level of independence.

WARM BEACH

**Contact us today to learn more:
(360) 652-2640 • www.warmbeach.org**

Warm Beach Senior Community
20420 Marine Drive • Stanwood, WA 98292

Classified Listings



DID YOU KNOW?

The first Game Boy could run for a staggering 30 hours on only two AA batteries!

MISCELLANEOUS:

Estate Sale, Sat 2/10 only @ 8am. Former furnished 3 BR rental home, selling everything. Quality items in great shape. Follow signs at 671 Brokaw Rd.

Single female professional looking for room for rent. Clean and quiet. call 360-840-8773 Or email karindulin1966@yahoo.com for any leads. Thank you!

Boarding needed: Seeking boarding with kind-hearted horse folk, for my sweetheart retired gelding. Looking for a large paddock/small pasture with a safe/clean/dry shelter, and 24/7 access to the paddock. Arena and round pen not needed, but another older gelding buddy in an adjacent paddock would be a big plus. Happy to provide partial self-care. If interested, please call or text Chris at 360.348.2532."

RV Space for rent. Private Property mid is. off of ridge rd. Clean & respectful person appreciated. 500. a month. Call or text for details. 4259237363 Thanks Brian

PROFESSIONAL SERVICES:

Science and Math Tutoring: I can help you review and strengthen your math and science skills. I have many years of experience with a very gentle approach. E-mail ijmuzinich@gmail.com or 360-661-9517.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmitchell8974@gmail.com. Serving Outlying Areas.

Private Duty Caregiver. Quality In Home Care with 15+ years experience. Résumé packet. Specializing in 24 hour care. Hourly and sleepover rates available. Compassionate Care without Agency fees. Cell: 360-631-7428. Email: TLCBYLL@icloud.com.

WANTED:

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.

Four Springs House for your next event

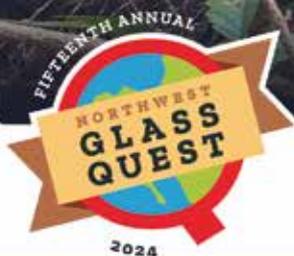
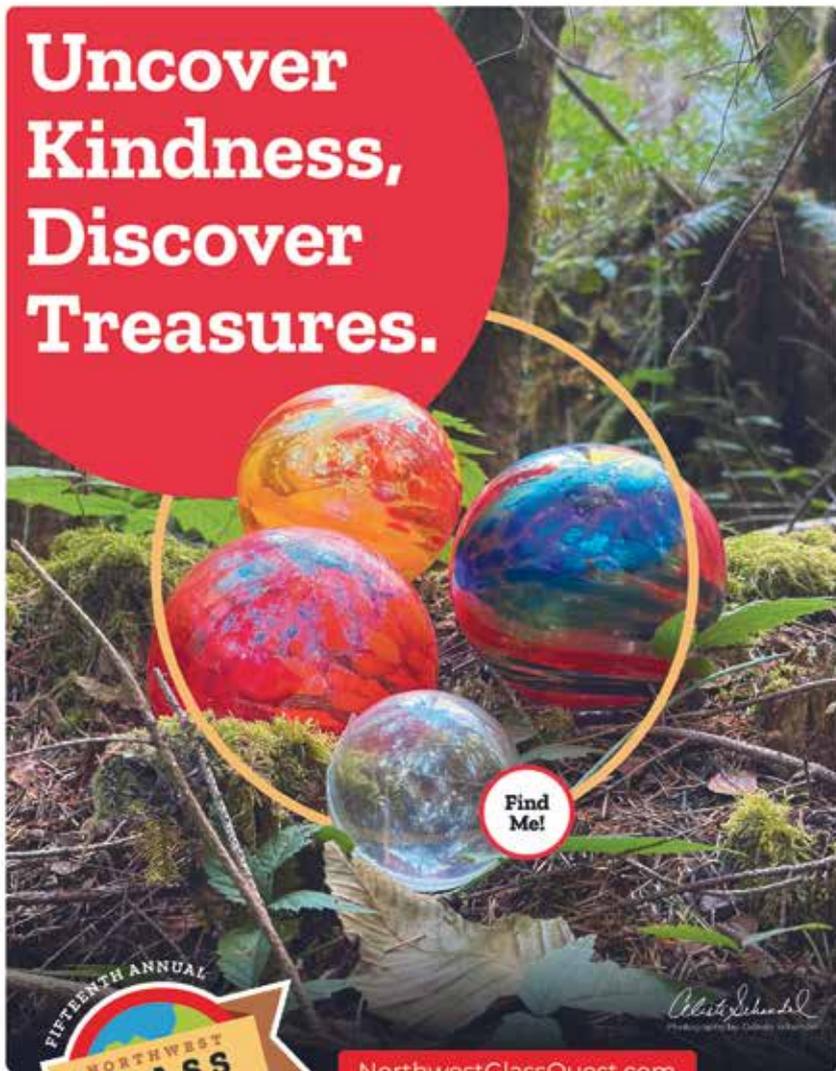


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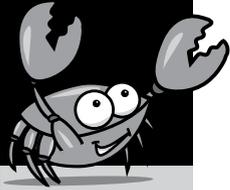
NorthwestGlassQuest.com

Start Your Quest Feb 16-25, 2024



Made possible in part by assistance from the Island County and Snohomish County hotel-motel tax fund.

Cooking Mamas



Recipes by
Cooking Mamas
created by
Dusty Hutchins-
McNutt.

"Great recipes
begin in Mama's
Kitchen!"

Visit me at: www.CookingMamas.com

CHOCOLATE FONDUE



A fun and romantic dessert to share with the ones you love! Serve with fresh fruit, pound cake, cookies, or pretzels!

FONDUE: 1 1/3 c. heavy cream; 1 pinch salt; 12 oz. good quality chocolate chopped; 1 T. corn syrup

DIPPERS: Pound cake cubed; Angel food cake cubed; Assorted cookies; Pretzels; Kettle chips; Strawberries; Pineapple chunks; Banana chunks

INSTRUCTIONS: In a saucepan over medium heat, bring cream and salt to a simmer, stirring constantly. Remove from heat, add the chocolate, cover, and let stand for 3 minutes. Whisk the mixture until melted and smooth. Stir in corn syrup until combined. Transfer the mixture to a fondue serving pot, and set over a low flame to keep warm. Serve with a variety of dippers: Spear your favorite dippers with a fondue fork, dip them into chocolate, and devour!! Notes: Use good quality chocolate; semi-sweet, bittersweet, or milk chocolate depending on your taste.

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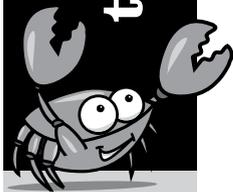


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View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

SEARCHING FOR BIGFOOT

I read the other day that the state legislature of Oklahoma is offering a \$3 million bounty for anyone who captures Bigfoot alive. If I can claim that prize, this reward would more than cover the cost of chocolate chip cookie dough ice cream (my favorite) for the next twenty years – with money left over to buy the latest PlayStation 5. I live in northwestern Washington state, pretty much Ground Zero for Bigfoot sightings over the past 50 years.

I almost feel sorry for all those poor misguided Oklahomans who have been searching all over the Sooner State for Bigfoot. They won't find him. He's not there. There hasn't been a credible Bigfoot sighting in Oklahoma in over four months. I'm pretty sure he's right here in Washington state, picking berries and chasing rabbits in some forest habitat – either that or dumpster diving for stale bananas behind a 7-Eleven along the Cascade Highway. Bigfoots aren't exactly known for having haute cuisine tastes.

People have been looking for Bigfoot – or as we locals here in the Pacific Northwest prefer to call him, Sasquatch – since the 1800s. That's when settlers in the northwestern United States began reporting sightings of a large, upright, apelike, hairy creature, sometimes estimated to be over eight feet tall, with a powerfully built frame. In other words, he probably looks eerily like my late Uncle Ralph – if you added three feet to Uncle Ralph's height and made him slightly more attractive – and smarter.

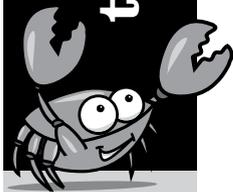
Searching for Bigfoot will get me off the couch and out of the house. Plus, I can set my own schedule. I won't have to get up before 10am, which is ideal because from what I hear, Bigfoot's not an early morning riser either.

Where I live is halfway between Washington state's two large mountain ranges, the Cascades and the Olympics, where most Bigfoot sightings have been reported. However, just last week an elderly woman claimed to have spotted Bigfoot hiding behind an '87 Chevy Impala in a Walmart parking lot not far from my house. But it was later determined to be just an overweight stark naked extremely hairy old guy wearing only a MAGA hat and carrying a 12-pack of Miller Lite.

In preparing for this ambitious project, I've been doing some preliminary research on the equipment required. It turns out, there's not much I'll need to stock up on. All I'll need initially is a powerful flashlight, a few boxes of batteries, maybe some waterproof hiking boots, and about 5,000 bear traps, strategically placed in areas Bigfoots like to explore, such as dense forests, caves, and drive-thru espresso stands.

I went to a gun store to purchase a rifle and a case of tranquilizer darts. I figured I might need them in case I spotted a Bigfoot charging at me. I've seen videos where these darts will take down a grizzly bear. I'm not the most accurate shot. But I figure, if I miss and accidentally take out a deer hunter, well, at least I'd have done my small part to reduce the world's deer hunter population.

View from the Bleachers



I will also need to buy a truckload of Red Vines, as I read somewhere that Bigfoots love Red Vines. I hope that's accurate. I'd hate to lay down a couple grand on 400 boxes of Red Vines only to find out that the big guy is more of a Twizzlers aficionado. That would be embarrassing.

I have so many questions: How many Bigfoots are out there? What do they like to eat? Could they be taught to use cutlery? Do they make good pets? Could they be socialized enough to play linebacker for my Seattle Seahawks? (They're in dire need of one.) Is the plural of Bigfoot Bigfeet?

I'm excited to get started. In fact, just last night, I thought I might have spotted Bigfoot in my backyard. Alas, it turned out to be our giant, way-too-big tuxedo kitty Buddy, who had snuck out to the back door again. Good thing my wife told me in the nick of time, as from my vantage point, I had a clear shot. Guess I should think twice about hunting for Bigfoot without my glasses.

I realize it's a long shot that I'll win Oklahoma's \$3 million grand prize. But if I bag Bigfoot, I know the perfect place in our house to display my taxidermized catch: in the main foyer. I think I'll use him as a coat rack. My friends will be so jealous.

[Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his YouTube channel by the same name.]

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Date	High /Low	Tide Time	Height Feet	Moon Visible
F 9	High	5:22 AM	12.9	☐
9	Low	10:39 AM	7.0	
9	High	3:35 PM	11.2	
9	Low	10:39 PM	-2.8	
Sa 10	High	5:54 AM	13.2	☐
10	Low	11:26 AM	5.9	
10	High	4:35 PM	11.3	
10	Low	11:24 PM	-2.2	
Su 11	High	6:25 AM	13.2	☐
11	Low	12:11 PM	4.6	
11	High	5:35 PM	11.1	
M 12	Low	12:08 AM	-1.1	☐
12	High	6:55 AM	13.2	
12	Low	12:57 PM	3.4	
12	High	6:36 PM	10.7	
Tu 13	Low	12:51 AM	0.5	☐
13	High	7:27 AM	12.9	
13	Low	1:46 PM	2.3	
13	High	7:40 PM	10.2	
W 14	Low	1:36 AM	2.5	☐
14	High	7:59 AM	12.6	
14	Low	2:38 PM	1.5	
14	High	8:53 PM	9.7	
Th 15	Low	2:24 AM	4.4	☐
15	High	8:33 AM	12.2	
15	Low	3:33 PM	0.9	
15	High	10:20 PM	9.4	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 16	Low	3:18 AM	6.2	☐
16	High	9:10 AM	11.7	
16	Low	4:31 PM	0.5	
Sa 17	High	12:14 AM	9.5	☐
17	Low	4:19 AM	7.6	
17	High	9:52 AM	11.1	
	Low	5:32 PM	0.3	
Su 18	High	1:54 AM	10.1	☐
18	Low	5:34 AM	8.5	
18	High	10:44 AM	10.6	
18	Low	6:38 PM	0.1	
M 19	High	2:57 AM	10.7	☐
19	Low	7:15 AM	8.7	
19	High	11:48 AM	10.1	
19	Low	7:40 PM	-0.1	
Tu 20	High	3:45 AM	11.2	☐
20	Low	8:41 AM	8.3	
20	High	1:00 PM	9.9	
20	Low	8:32 PM	-0.3	
W 21	High	4:24 AM	11.5	☐
21	Low	9:33 AM	7.7	
21	High	2:02 PM	9.9	
21	Low	9:17 PM	-0.5	
Th 22	High	4:56 AM	11.6	☐
22	Low	10:11 AM	7.0	
22	High	2:55 PM	10.0	
22	Low	9:56 PM	-0.4	



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