

THE RAB CRACKER

ISSUE 373
March 8-21

HAPPY ST PADDY'S DAY



Events, Information, and Entertainment in the Port Susan Area
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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover photo: Snow Goose. Photo by Alan D. Wilson



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James and Malynda Shipley, owners, proprietors
thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: MARCH 14 for Next Edition (March 22-April 4)

Calendar of Events



DID YOU KNOW?

Saint Patrick is a saint of the Catholic Church, and his holy day is the day of his death, and subsequent entrance to heaven, rather than the day of his physical birth. After spending most of his adult life converting the pagans of Ireland to Christianity, St. Patrick went to his reward on March 17, 461 AD.

FRIDAY, MARCH 8

STANWOOD-CAMANO COMMUNITY FAIR HORSE SHOW

The Stanwood-Camano Community Fair wants to hear from you. Join us at the Hague Food Court on March 8 for a discussion, thoughts, and ideas. Topics include: show improvement, volunteering, participation, class schedule, and show growth. More info: 425-231-7644.

FRIDAY, MARCH 8

UNDER THE PUDDLE

8 pm - Conway Muse. Tickets \$10 On Line \$12 at Venue. Pacific Northwest trio melds chugging guitars with big sky melodies. Epic and anthemic, echoing with a timeless energy, their sound was forged in the crucible of the rock club.

FRIDAY, MARCH 8

JOE COOK BLUES BAND

8:00pm - 11:30pm at Pub 282. Award winning blues professionals performs high energy traditional Chicago and west coast style blues, with elements of the old school Texas sound.

FRIDAY-SATURDAY, MARCH 8-9

CINDERELLA SPRING MUSICAL



Stanwood High School presents Rodgers and Hammerstein's Cinderella. The play will be presented at 7 p.m., March 8, 9, 15, 16. Tickets are \$10 for adults and \$8 for students — can be purchased at the box office or online via GoFan. Don't miss this play for the whole family.

SATURDAY, MARCH 9

SHS TEXTILE DRIVE

Stop by Viking Village 10am-noon to drop off your textile donations. Fundraiser supports the Stanwood High School 4A Booster Club Class of 2024 Grad Night.

Calendar of Events



The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the info provided.

Thank you.

SATURDAY, MARCH 9 55+ COMMUNITY RESOURCE FAIR



9:30am – 2:30pm at Camano Center, 606 Arrowhead Rd, Camano. The goal of the event is to have one convenient place for people to come and get information about services, programs, and activities tailored to the 55 and over age group. Representatives and information about government and other non-profit services, local transportation options, medical services, products, support groups, public safety, legal and financial services, senior living options, health and wellness, volunteer opportunities and more can all be found at this resource event. Whether you are gathering information for your own current needs, planning for your future, or needing help supporting a family member, this event is a great “one stop shop”.

SATURDAY, MARCH 9 SNO-SKAGIT SEED AND MEET GARDEN SWAP

2:30-4:30pm at Stanwood Library meeting room. Come meet your fellow Snohomish and Skagit county seed collectors and gardeners! Some labeling tools will be provided, but please bring any envelopes, baggies or containers for seeds. If you have seeds to share, make sure they are well labeled and recently collected within a year or two. You are welcome to pre-bag your seeds for sharing, or share in a bulk container that people take their amount from. All types of seeds are great! Vegetables, herbs, flowers....all are welcome! Garden books, seed catalogs, plant labels, seed starting equipment and other garden related materials are also a great swap addition. Silverlobe Gardens will be providing packets of mixed flowers to all who want one. Bringing seeds to swap is not required to participate.

SATURDAY, MARCH 9 CRIMINAL SQUIRREL ORCHESTRA

8:00pm - 11:00pm at Pub 282. A band dedicated to the fascination that original music brings to the squirrrely soul, and how harmonies, nuance and nuts make things more fun.



55+ RESOURCE FAIR



One convenient place to get information about services, programs, and activities tailored to the 55 and over age group.

Complimentary
lunch
11:00 - 1:00

SATURDAY, MARCH 9, 2024
9:30 AM - 2:30 PM
AT THE CAMANO CENTER

PRESENTATIONS:

10:00 - 11:00

Healthy Living for Your Brain & Body:
Tips from the Latest Research

12:15 - 1:15

Navigating the Aging Journey: Local
Programs and Support Services

11:30 - 12:00

Six Dimensions of Aging Well:
Aging Mastery Program Overview

1:30-2:30

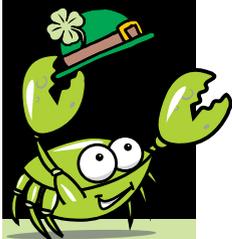
Getting Your Ducks in a Row:
Important Legal Issues

THANK YOU TO OUR EVENT SPONSORS:



606 Arrowhead Rd., Camano Island 360-387-0222
www.camanocenter.org

Calendar of Events



DID YOU KNOW?

St. Patrick wasn't Irish, and he wasn't born in Ireland. Patrick's parents were Roman citizens living in modern-day England.

SATURDAY, MARCH 9 SILVANA FAIR AUCTION



Looking for some good old-fashioned fun? Come on down to Viking Hall in Silvana. Admission is free, and all ages are welcome. Hungry? We've got you covered! The snack bar opens at 5:00 PM (and don't miss Kathi's amazing Apple Crisp!!). The Silent Auction begins at 5:30 PM, the Live Auction begins at 6:00 PM, and both continue throughout the evening. We already have items from over 100 local businesses, with many, many more on the way! You never know what you'll find, and we know you'll have a good time. "Come on down" and support the local youth and the Silvana Community Fair. Auction proceeds go towards ribbons, exhibitor premiums, and fair supplies, plus they enable the all-volunteer staff to keep the fair FREE to enter and FREE to attend. Learn how you can participate at silvanafair.com

SATURDAY, MARCH 9 PRIME RIB DINNER

Presented by Stanwood American Legion Post 92, 26921 88th Ave NW. Served 4pm until gone. PUBLIC WELCOME! Thank you for your continued support. Delicious prime rib, baked potato, veggies, salad, roll & dessert. \$25 adults; \$10 for age 12 and under.

SATURDAY, MARCH 9 STANWOOD HIGH SCHOOL SPORTS

Baseball vx Nathan Hale High School. JV: 11am. Varsity: 1:30pm.



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Calendar of Events



DID YOU KNOW?

You can't attend a Saint Patrick's Day event without hearing a cry of "Erin go Bragh." What's the phrase mean? It's a corruption of the Irish Éirinn go Brách, which means roughly "Ireland Forever."

SATURDAY, MARCH 9

NATURE'S CRAFT SERIES: NATURE PHOTOGRAPHY

11:00 AM – 12:30 PM at Community Resource Center of Stanwood-Camano (across from Stanwood Library). Join us for an exclusive photography lesson of artistic composition techniques in nature with local photographer Judith Fernandes. The class will consist of three separate lessons with time in between to practice. Please bring a cell phone or camera. The lessons will be on the elements of art, line and shape, and environmental portraiture. Beginners and experienced photographers will find information to improve their photography. Registration is required. <https://sno-isle.bibliocommons.com/events/659f1d21ff048841000890c1>

SATURDAY, MARCH 9

ANDY KOCH'S BADD DOG BLUES

8 pm - Conway Muse. Saturday Blues at the Muse series. Tickets \$13 On Line \$15 at Venue.

SATURDAY, MARCH 9

"SEASONS" ART SHOW



Please join us in celebrating the 84th birthday of Jack Dorsey at his show SEASONS, 10am-5pm at Sunnyside Studio, 2803 SE Camano Drive, Camano Island. Over thirty of Jack's beautiful paintings representing each season of the year will be showcased. Jack's art captures the moods, nostalgia and emotions of each season. We are excited to release Jack's new book that he teamed up with his son Jason to create: Christmas Cards and Carols. You can pick up your own copy of the book signed by Jack. Twelve of the original Christmas Card paintings will be on display. Of course, the main event is celebrating Jack's 84th birthday. Online SEASONS art auction: if you aren't able to attend the in-person opening of the show, SEASONS will be available for viewing at our online gallery that will be live beginning Monday, March 11th and run through the end of the month. There will be a starting price for each painting and a "buy now" price. Have fun bidding on your favorite painting. Our dream is to be able to write Dad a check for at least \$8,400 in honor of his 84th birthday.

Calendar of Events

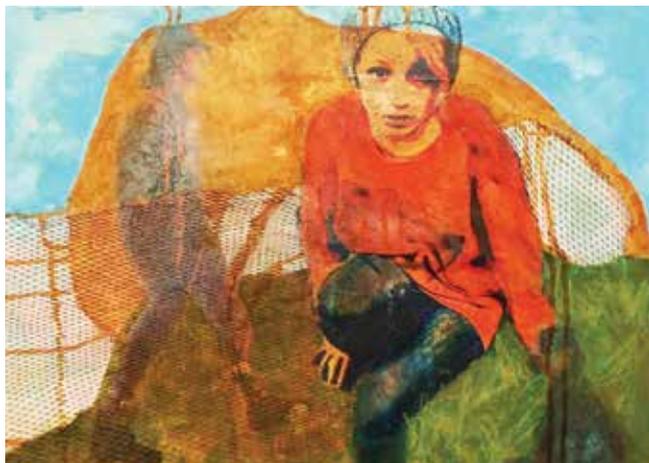


MARCH 10 DAYLIGHT SAVING

When does time change spring forward for DST 2024? In the U.S., clocks will officially spring forward at 2 a.m. Sunday, March 10, 2024.

SATURDAY, MARCH 9

WOMEN PAINTERS OF WASHINGTON – SHOW OPENING EVENT



“Limitless Possibilities” runs March 9 through April 14. Matzke Fine Art Gallery and Sculpture Park presents “Women Painters of Washington”. Opening Reception today starting at 3:00 (Awards at 4:00). “The purpose is to empower professional women artists to create, exhibit and market their work while fostering art appreciation within their communities and beyond.” More than 1,000 women artists have been members of WPW. OPEN every Friday, Saturday & Sunday 11-5, weekdays by appt. (Mon. – Thursday) 360-387-2759

SATURDAY, MARCH 9

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SUNDAY, MARCH 10

BINGO AT THE VIKING HALL



Doors open at 5pm and games begin at 6pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

SIXTIES MANIA

A JOURNEY THROUGH THE SIXTIES

LIVE AT THE PACIFIC SHOWROOM
MARCH 22 & 23

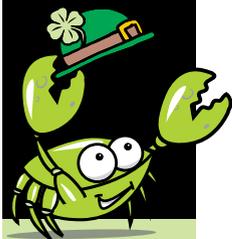


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Calendar of Events



DID YOU KNOW?

St. Patrick used the shamrock to preach about the trinity.

MONDAY, MARCH 11

STANWOOD HIGH SCHOOL SPORTS

Softball vs Sedro-Woolley. JV: 4pm. Varsity: 6:30pm.

MONDAY, MARCH 11

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, MARCH 11

COMMUNITY OPEN SEW

with Camano Island Quilters. 10am - 2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public, enter thru back entrance of church. Want to sew with others, need help on a project? We are here to help you with your sewing needs. Bring your sewing machine, a project, and basic tools for an afternoon of fun! Bring a sack lunch. (No microwave)

TUESDAY, MARCH 12

FAMILY STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

TUESDAY, MARCH 12

FREE COOKING DEMO

in the barn at Hazel Blue Acres in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

TUESDAY, MARCH 12

PERMANENT JEWELRY - WINE BY THE BAY - EXCLUSIVE EVENT

4-7pm. Come join us for an exclusive event hosted by Wine by the Bay in Stanwood! There is very limited seating, so please request your spot! Visit our website www.chained-and-charmed.com if you need more information



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Camano Commons

Join us to learn more about Healing Connections Center - a new non-profit organization in development to support mental health resources in the Stanwood Camano Area.

FUN | SNACKS | CONNECTION

MARCH MINDFULNESS

MARCH
14TH



4:30-
6:30

HEALING CONNECTIONS CENTER

YOU ARE INVITED

RSVP TO:

SCHEALINGCONNECTIONS@GMAIL.COM

360-618-0202

26911 98TH DR NW

SUITE A STANWOOD, WA

98292



Calendar of Events



DID YOU KNOW?

St. Patrick was a slave. At the age of 16, Patrick had the misfortune of being kidnapped by Irish raiders who took him away and sold him as a slave. He spent several years in Ireland herding sheep and learning about the people there.

At the age of 22, he managed to escape. He made his way to a monastery in England where he spent 12 years growing closer to God.

TUESDAY, MARCH 12 FIGHTING FENTANYL



Join us for an important community safety forum. It is critical families understand the dangers of fentanyl, a synthetic opioid that is up to 100 times more potent than morphine. Stanwood Camano School District is partnering with the US Drug Enforcement Agency and the Snohomish County Sheriff's Office to host a Fentanyl Awareness Night at 6 p.m. at Stanwood High School. Join us for this important community safety forum to learn more about how to protect yourself and your family. This free event is open to everyone. Learn more at dea.gov/onepill (Photo: lethal dose of fentanyl.)

WEDNESDAY, MARCH 13 THE SCIENCE OF GENDER



7pm at Community Resource Center, 9612 271st St NW, Stanwood. Would like to know more about where gender comes from? Are we born knowing our gender, or does it develop later in life? Is gender cultural or biological, both? How much do we now know about the development of gender? In this presentation, you will learn about the role of chromosomes, DNA, genes, hormones and other variables that affect gender. Because of our misunderstanding about gender, prejudice and discrimination is widespread against the trans community. Become part of the solution by educating yourself and becoming a knowledgeable ally.



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Calendar of Events

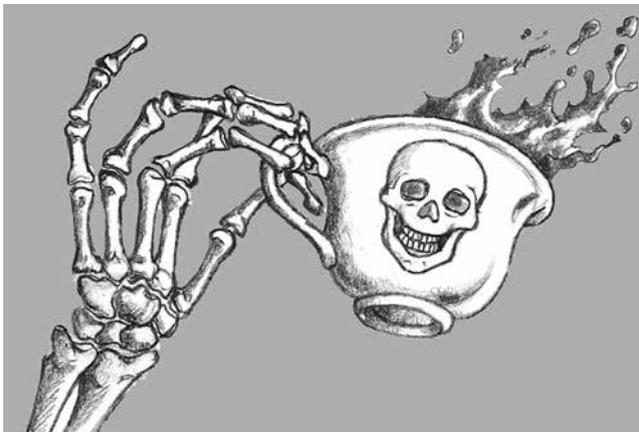


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WEDNESDAY, MARCH 13

DEATH CAFÉ



7pm-9pm at 580 W Monticello Dr. Camano Island. Ages 18 and over. Come for cake and conversations. Death Cafe is a social gathering for a group directed discussion of death with no agenda, objectives, or themes. It is a discussion group rather than a grief support or counselling session. Tea and cake provided. If you feel inclined, please bring a healthy snack to share. There is no charge for this event. RSVP appreciated but not required. Vicki Tracy 425-239-9166, call or text. Accessibility info: There is one flight of stairs up to the house for entry. Please call me to see if I can arrange assistance.

WEDNESDAY, MARCH 13

FAMILY STORYTIME WITH VICKY

10:30 AM – Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

THURSDAY, MARCH 14

TODDLER STORYTIME WITH ALEX

10:30 AM – Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.



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be there when
the training
wheels
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[SkagitRegionalHealth.org/CancerScreenings](https://www.SkagitRegionalHealth.org/CancerScreenings)

Calendar of Events



THURSDAY, MARCH 14
MARCH MINDFULNESS



Join us on March 14th to learn more about a NEW non-profit in the Stanwood Camano Area - Healing Connections Center. The purpose of this organization is to increase mental health skills, resources, and social connection for Stanwood-Camano residents. Right now we are looking for volunteers, potential board members and funding opportunities. Snacks, Fun Activities, and Connection - March 14th from 4:30-6:30 at the @Stanwood-Camano Area Foundation.

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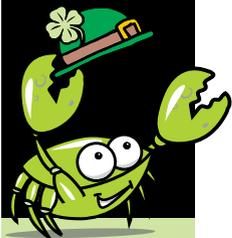
Become an active member of your local island community as a trained Steward! Support critical research in partnership with university, government, and tribal biologists, provide environmental education for all ages, and embody marine stewardship across the Salish Sea.

QUESTIONS?

Contact: 425-540-7712
Camano-coord@soundwaterstewards.org

www.soundwaterstewards.org

Calendar of Events



DID YOU KNOW?

about 1 million people converge on the cobbled streets of Dublin to enjoy St. Patrick's Festival, a multi-day celebration with parades, concerts, outdoor theater productions, fireworks and of course, lots of pub crawling.

THURSDAY, MARCH 14 EARTHQUAKES & NW FAULTS



"The Camano Preparedness Group will be presenting "Earthquakes & the NW Faults" at the Vista Fire Station, 273 N. West Camano Dr. at 7pm. This program discusses what causes earthquakes, the history of our local faults, and what to expect in the future. Come find out what to realistically expect when the "Big One" hits and how to prepare. For more information, contact Sue at kk6sue@gmail.com.

THURSDAY, MARCH 14 CELEBRATE PI DAY 3.14



4:00 PM – 5:30 PM at Stanwood Library. Join us for fun and wacky activities based on this irrational number and mathematical constant. Exercise your brain, create art, and enjoy pi-themed refreshments. For all ages.

Calendar of Events



DID YOU KNOW?

In 2013, astronaut, Chris Hadfield, celebrated St Patrick's Day by photographing Ireland from space while singing Danny Boy.

FRIDAY, MARCH 15

MARY ELLEN LYKINS & THE CC ADAMS BAND

8:00pm - 11:00pm at Pub 282. The band's roots are in the Blues with R&B and tasty Rock mixed in for flavor. Thwarting the conventional, the band thrives on unique arrangements. Dancin' Music!

FRIDAY, MARCH 15

NORTH SOUND SOUL

8 pm - Conway Muse. Tickets \$15 On line \$18 at Venue. 9-piece soul/funk/rock band comprised of savvy veterans of Bellingham's music scene. Each soulful performance from this eclectic group of groove aficionados is guaranteed to deliver a fun night of dancing and enjoyment for audiences of all ages.

FRIDAY, MARCH 15

STANWOOD HIGH SCHOOL SPORTS

Girls Tennis vs Kamiak. 3:30pm.

Boys Baseball vs Burlington-Edison: JV: 4pm. Varsity: 6:30pm.

FRIDAY-SATURDAY, MARCH 15-16

CINDERELLA SPRING MUSICAL



Stanwood High School presents Rodgers and Hammerstein's Cinderella. The play will be presented at 7 p.m., March 8, 9, 15, 16. Tickets are \$10 for adults and \$8 for students — can be purchased at the box office or online via GoFan. Don't miss this play for the whole family.

SATURDAY, MARCH 16

JIMMY WRIGHT BAND

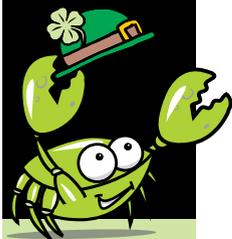
8:00pm - 11:00pm at Pub 282. Catering a wide variety of music.

SATURDAY, MARCH 16

FRIENDS FOR THE GHOST W/ CASCADE CODY AND HIS UNPULLED BOOTSTRAPS

8 pm - Conway Muse. Tickets \$13 On Line \$15 At Venue

Calendar of Events



DID YOU KNOW?

The shamrock was originally associated with the Goddess of Ireland, Ana, but over time it became associated with St. Patrick's Day because it is believed that Saint Patrick used the three-leafed clover to explain the Holy Trinity to the pagan Irish.

SATURDAY, MARCH 16 TASTE OF SPRING



4-6pm at Camano Commons Marketplace, 848 N Sunrise Blvd. Celebrate Spring's arrival with an evening filled with great food and company. A Bit of Taste - oil and vinegar, Camano cookies, Samples from our bakery. Live music by Johnny Hinchman. Live painting by Lydia Crouch.

SATURDAY, MARCH 16 FAMILY BINGO



at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

Calendar of Events



DID YOU KNOW?

The original color associated with St. Patrick is blue, not green

SATURDAY, MARCH 16

MEGAFLOODS OF LAVA AND WATER IN EASTERN WASHINGTON



10:00 AM at Camano Island Library. Join Professor Emeritus Gene Kiver as we explore the vast flows of lava and some of the largest known floods of water to ever occur on our planet. The results of these processes are the unusual geologic features of Eastern Washington and adjacent areas.

SATURDAY, MARCH 16

CABAM!

Camano Área Bluegrass and Acoustic Music! 3-5:30 pm, followed by a hot dinner (\$10 cash on the barrel head) and then open mic from 6-ish to whenever.. Come and jam. Come and listen to some smokin' bluegrass at the South Camano Grange, 2227 S Camano Drive. Banjos, mandos, guitars, fiddles, dobros and a bass or two. Git here early. This place fills up fast! Donations appreciated.

SATURDAY, MARCH 16

BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. And we are open till 2:00 a.m. for karaoke and dancing after the show!! (360) 629-2324.



Calendar of Events



DID YOU KNOW?

Beginning in 1995, the Irish government saw the potential to use global interest in St. Patrick's Day to stimulate tourism and showcase Ireland and Irish culture to the rest of the world.

SATURDAY, MARCH 16 LOCAL AUTHORS DAY



1pm to 4pm at The Picnic Pantry and Parlour, 8706 271st St NW, Stanwood. Join us for a meet and greet with several of our community authors. Several authors will share about their writing journey and read from their books. Val Schroeder, Richard A. Hanks, Michelle Lefevre, Cindy Lou Aillaud, Tracey Shearer, Ramona Husby Snowden, Karen Prasse, Janet Utgard, Naomi Wark, Darlene DuBay, Mimzi Schradi, Jessie Hazleton, Colonel Tracey Meck, Linda Younce.

SATURDAY, MARCH 16 STANWOOD HIGH SCHOOL SPORTS

Boys Soccer vs Marysville Getchell. JV: 11am. Varsity: 1pm.

SATURDAY, MARCH 16 ST. PATRICK'S DAY DANCE

Camano Junction Big Band Dance, 7pm to 10pm at the Camano Center, 606 Arrowhead Rd. A free dance class starts at 6:30pm a half hour before the dance starts at 7pm. Admission \$12 for adults & \$10 for student's. Light snacks will be provided, wine, beer, soft drinks, and water can be purchased at the no host bar. For more info. contact Chris Tuohy 360-572-9262

SUNDAY, MARCH 17 HAPPY SAINT PATRICK'S DAY



Saint Patrick's Day, or the Feast of Saint Patrick (Irish: Lá Fhéile Pádraig, lit. 'the Day of the Festival of Patrick'), is a religious and cultural holiday held on 17 March, the traditional death date of Saint Patrick (c. 385 – c. 461), the foremost patron saint of Ireland.

Calendar of Events



DID YOU KNOW?

There are more Irish in the USA than Ireland.

Well, sort of. An estimated 34 million Americans have Irish ancestry.

SUNDAY, MARCH 17

LET THE SHENANIGAN'S BEGIN



5-7:30pm at Camano city Schoolhouse, 993 Orchid Rd, Camano Island. Come join us for "An Evening of Shenanigans" for some good Ole' Irish food (Irish Stew & Corned Beef and Cabbage). There will be a presentation on Irish Culture & History given by Marianne McGarry-Bloom and Music (pennywhistle and flute) by Chris Tuohy. Be sure to wear your "kilt and tam-o'-shanter"! Tickets are \$25 per person. Seating is limited so you must purchase a ticket via our website at www.camanoschoolhouse.org

SUNDAY, MARCH 17

COMEDY NIGHT AT CAMANO COUNTRY CLUB! ST.PATRICKS EDITION!

6:30pm. Purchase tickets now \$25 pp @ the Clubhouse. Reserve a table of 8 for \$200. BYOB & Bring your own snacks. Don't forget to wear your green to be entered into the free raffle! Questions? Email: camanocountryclub@frontier.com



MARCH IS WOMEN'S HISTORY MONTH

Calendar of Events



DID YOU KNOW?

Since the medieval period, the harp has represented the nation of Ireland.

SUNDAY, MARCH 17

DROPKICK MULLIGANS II



at Disc Golf Resort, 15711 Marine Drive NE, Stanwood. Celebrate St. Patty's Day at Disc Golf Resort! Dropkick Mulligans II is a 1-round NON-SANCTIONED tournament on the Red Course with all players competing on the normal Red tees, plus get MULLIGANS to use! Flex start, choose your tee time during registration. We'll have St. Patty's Day decorations, drink specials, and other extras to help celebrate the holiday and raise funds for added cash payouts for the Kayak Point Open B-Tier tournament in July 2024 (part of the PackEx Cup series). Pre-registration through discgolfsce.com is required. Scoring will be handled using UDisc so a UDisc account is required (free or premium). Create an account at <https://udisc.com>

MONDAY, MARCH 18

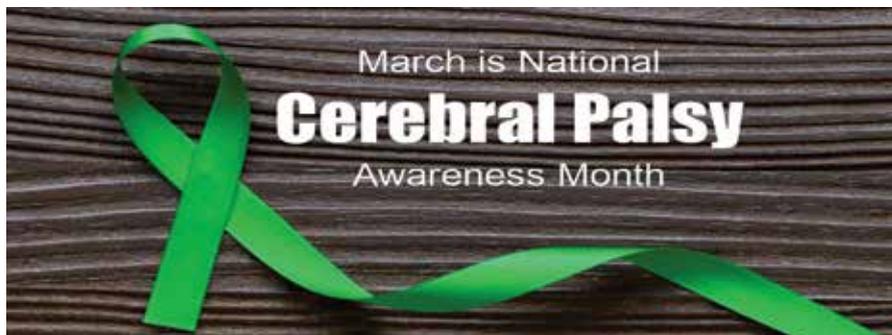
STANWOOD HIGH SCHOOL SPORTS

Girls Varsity Tennis vs Edmonds Woodway. 3:30pm.

MONDAY, MARCH 18

TODDLER STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity may follow.



Calendar of Events



DID YOU KNOW?

Until recently all pubs were required by law to be closed on St. Patrick's Day in Ireland.

MONDAY, MARCH 18

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

TUESDAY, MARCH 19

SPRING EQUINOX



Happy first day of Spring! Spring and "springtime" refer to the season, and also to ideas of rebirth, rejuvenation, renewal, resurrection and regrowth.

TUESDAY, MARCH 19

STANWOOD HIGH SCHOOL SPORTS

Boys Varsity Baseball vs Everett. 4pm.

Boys Soccer vs Cascade: JV: 5pm. Varsity: 7pm.

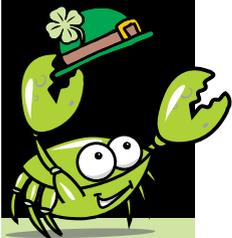
TUESDAY, MARCH 19

FAMILY STORYTIME WITH JENNIFER

10:00 AM – Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.



Calendar of Events



DID YOU KNOW?

In 2011, the International Space Station hosted a St. Paddy's Day celebration with Irish-American astronaut Catherine Coleman playing a hundred-year-old flute and a tin whistle belonging to members of the Irish group, the Chieftains, while floating weightlessly in space.

WEDNESDAY, MARCH 20

SHS TEXTILE DRIVE

Stop by Viking Village 6-8pm to drop off your textile donations. Fund-raiser supports the Stanwood High School 4A Booster Club Class of 2024 Grad Night.

WEDNESDAY, MARCH 20

STANWOOD HIGH SCHOOL SPORTS

Girls JV Tennis vs Cascade. 3:30pm.

WEDNESDAY, MARCH 20

PLANTS FOR POLLINATORS



CAMANO WILDLIFE PROGRAM. 7 pm — LIVE EVENT at ISLAND COUNTY MULTI-PURPOSE CENTER. Brenda Cunningham, Salal Display Garden Manager for the Washington Native Plant Society, will introduce you to the most important native plants for hosting and feeding pollinators and talk about how you can incorporate these plants into your home landscape. This in-person event is Wednesday, March 20, 7 pm, at the Island County Multi-Purpose Center, 141 East Camano Drive, Camano Island. For information about the program or the Camano Wildlife Habitat Project, visit www.camanowildlifehabitat.org <https://urldefense.proofpoint.com/v2/url?u=http-3A__www.camanowildlifehabitat.org>.

WEDNESDAY, MARCH 20

DROP-IN CONSTRUCTION ZONE!



3:30 PM – 4:30 PM at the Camano Island Library. Come build and explore with a variety of materials, which may include LEGO®, Magna-Tiles®, gears, blocks, and more! No registration required.

DON'T BE INSANE!

SAVE your BRAIN!

Did you know...

Bicycle helmets have been shown to reduce the risk of head injury and the risk of brain injury.

75% of bicycle-related fatalities among children could be prevented with a bicycle helmet.

Children ages 10-14 are at a greater risk for traumatic brain injury because helmet use declines as children age.

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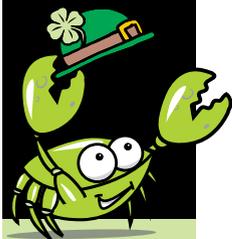
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**WORLD
DOWN
SYNDROME
DAY** **MARCH 21**

March 14
is known as Pi Day
BECAUSE
the numerical date 3/14,
is the same as Pi = 3.14

Calendar of Events



DID YOU KNOW?

Chicago dyes its river green on St. Patrick's Day. The city uses natural veggie dye.

WEDNESDAY, MARCH 20

FINANCE UNLOCKED FOR NONPROFITS

9:00 am - 1:00 pm. Presented by Stanwood-Camano Area Foundation, 26911 98th Dr NW, Suite A, Stanwood. Cost: Free. Approaching nonprofit finance in a welcoming way, the Finance Unlocked for Nonprofits workshop aims to help unlock your financial literacy. From key words and forms to understanding how everything fits together, you will increase your basic nonprofit finance knowledge. Snack will be provided.

WEDNESDAY, MARCH 20

FAMILY STORYTIME WITH VICKY

10:30 AM - Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family to prepare for the wonder of reading. A play time or art activity may follow.

THURSDAY, MARCH 21

MEET & MINGLE

With the Whidbey Camano Land Trust. 6-7:30pm at Camano Center, 606 Arrowhead Rd. 6pm: Mingle. 6:15pm: Presentation. 7pm: Q&A, more mingling. Bring a friend - all are welcome! Visit with Land Trust board and staff, and fellow Land Trust members. Enjoy light refreshments and hear from executive director, Ryan Elting, about exciting conservation work on Camano Island including Livingston Bay, where collaboration with the Tulalip Tribes recently placed 130-acres into Tribal ownership! Visit www.wclt.org/events for more information.

THURSDAY, MARCH 21

TODDLER STORYTIME WITH ALEX

10:30 AM - Stanwood Library. Jump and bounce together into a world of stories, music, and movements that nurture the desire to read in toddlers. A play time or art activity will follow.

THURSDAY, MARCH 21

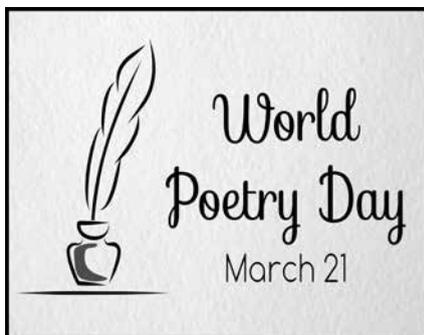
STANWOOD HIGH SCHOOL SPORTS

JV Baseball vs Everett. 4pm.

THURSDAY, MARCH 21

CHRIS EGER

8:00pm - 11:00pm at Pub 282. Rock and Blues, Country, Funk and Soul collide in this modern take on vintage roots music.



HEALTH and WELLNESS CLASS

MONDAY MARCH 11 from 6-8PM

at Cedarhome Seventh-day Adventist Church - 28505 68th Ave. NW Stanwood.

Whole foods, plant based Charcuterie and spreads.

Guest speaker - Stephanie Kuhn Newstart - how to take charge of your health challenges - diabetes, heart disease and weight. Free- donations accepted.

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A Reconciling Congregation



MEET & MINGLE

with the Whidbey Camano Land Trust



March 21

6:00 pm - 7:30 pm

Evening Itinerary

- 6:00 Mingling
- 6:15 Presentation starts
- 7:00 Q & A, & more mingling

Camano Center

606 Arrowhead Road
Camano Island, WA 98282

Bring a friend - all are welcome!

Visit with Land Trust board and staff, and fellow Land Trust members. Enjoy light refreshments and hear from executive director, Ryan Elting, about exciting conservation work on Camano Island including Livingston Bay, where collaboration with the Tulalip Tribes recently placed 130-acres into Tribal ownership!

Visit www.wclt.org/events
for more information.

3/4

of fatal drunk driving crashes on St. Patrick's Day involve a driver who is



2X OVER

the legal drinking limit



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Kid's Korner



DID YOU KNOW?

The Shamrock is not the symbol of Ireland. As early as the medieval period, the harp has appeared on Irish gravestones and manuscripts.

ST. PADDY'S DAY WAND CRAFT



SUPPLIES: Construction paper; Small wooden dowel rod or paper straw; School glue or hot glue; Glitter; Ribbons.

DIRECTIONS: Begin by cutting out several construction paper shamrock shapes. I cut several sizes. Check out this post for a free printable template. Next, add a thin layer of glue to the construction paper shamrocks. You can add a line of glue, dots of glue, or cover the whole thing with glue. Then, while the glue is still wet, add glitter. Leprechauns love shiny objects, so add plenty of glitter. Alternatively you can use gold glitter glue, or even gold foil scrapbook paper if you happen to have some on hand. After the glue has dried, shake off the excess glitter. Then, glue the shamrocks and ribbon onto the dowel rod or straw. You may need to use hot glue to secure the shamrocks and ribbon. That's it! This is such a fun activity to celebrate St. Patrick's Day. You can make them if you happen to be walking in a St. Patrick's Day parade! And, I hope it has inspired you to make a fun St. Paddy's Day Shamrock Wand craft with your little leprechauns this St. Pat's Day. Source: www.woojr.com



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St. Patrick's Day!

Mixed-up Words



AMSHCRKO

BWRNIOA

GDOL

RLEADIN

NSKASE

RIISH

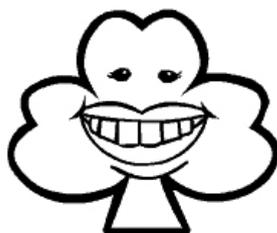
UYKLC

RNEGE



ETICCL

MCRKIEIL



CHARM

NLRBYAE

IF YOU NEED A HINT, FLIP THIS PAGE AROUND TO SEE THE LIST OF ALL OF THE WORDS USED

LUCKY
IRELAND

GOLD
SNAKES

BLARNEY
SHAMROCK

IRISH
RAINBOW

CELTIC
GREEN

MARCH
LIMERICK

SPRING HAS SPRUNG GARDEN EVENT

Saturday, April 20, 2024

10am to 4pm - Stillaguamish Grange, Stanwood Fairgrounds

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FUN FOR THE WHOLE FAMILY

The Wardrobe

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Clothing for Teens & Young Adults

Appointments avail. same day or next day



What is The Wardrobe?

The Wardrobe is a collaboration between the Community Resource Center of Stanwood-Camano and the Stanwood Camano Food Bank that provides teens and young adults in emergent need with new or very gently used clothing, hygiene items, and other much needed supplies

Who can "shop" at The Wardrobe?

The Wardrobe primarily serves teens and young adults who are within the Stanwood-Camano School District boundaries and/or attend a school in our area.

What items can be found in The Wardrobe?

Emergency Everyday Items: leggings, joggers, shirts, undergarments, shampoo & conditioner, face/body wash, brushes, combs, toothbrushes/toothpaste

Seasonal Items: Special items that might only be out certain times of the year.

Includes school dance attire such as formal dresses, suits, shoes, accessories as well as hats, gloves, hoodies during the colder months and school supplies in the late Summer months.

Fore more information or to make an appointment:

360.629.5257

www.crc-sc.org

info@crc-sc.org



The Stanwood-Camano School District has neither reviewed nor approved the program, personnel, activities or organizations announced in this flyer, and undertakes no responsibility to supervise these events. This information is provided as a community service at the request of the event sponsor and organizer. This is not a district sponsored or endorsed event.

Moonshine Wisdom & Wit



Story by Jack
Archibald.

For further
moonshine
wisdom and wet
powder wit,
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skeeterdaddle.net](http://www.skeeterdaddle.net)



BONE BROTH CURE-ALL

I was in the checkout line of the local pharmacy --- and no, I don't mean the Bud Hut --- behind an older fella who had a joint remedy, some kind of modern snake oil guaranteed to alleviate arthritis, hair loss and lack of libido. Wendy, the cashier, rang his cure-all up, something like \$19.99, cheap, I guess, for a panacea. "My husband takes this too," she told the geriatric gent. The customer nodded imperceptibly, swiped his credit card and waited for his receipt.

I'm always annoyed at folks who treat their checkout people the way they'd treat a store mannequin, just seems rude to me. The auto checkout was tailor made for these yahoos. So I asked, just to fill the awkward silence, "Well, did it work for him?" Our customer perked up at this; after all, this is close to a testimonial if not a full-fledged pharmaceutical double blind test. Wendy paused. "Jimmy says it does, so I guess it's worth the money." Her tone of voice suggested maybe Jimmy was BS'ing and the money was going down a rathole. "I hope that works miracles," she said to the Arthritis Kid.

Exactly, I thought. We're hoping for miracles at \$19.99, why not throw the dice? I was over at a buddy's house later on and asked him how his girlfriend's broken arm was doing. You ask health questions at my age, you're either desperate for conversation or you need counseling yourself. "Not great," Billy said. "It isn't healing up like it should. But ... we're taking Bone Broth."

"Bone Broth?" I asked. "Yeah," he answered, "lemme show ya." Dr. Billy went to the fridge and extracted a quart jar of brown jello with lard on top. He gets bones from the local butcher, dumps them in a crockpot and boils em down for 3 days. Bone Broth!

"And you what?" I asked, "rub it on as a liniment?" "No, man," Billy said, "you heat the liquid up and drink it."

This, I guess, is homeopathic remedy writ strange. You got a broken bone, drink bone broth. You got hair loss, boil up some hair. Osteoporosis, well, bone broth again. Alzheimers, okay let's not get into sweet meats. If you're in pain, you'll try most anything, if looks like, I get that. And maybe the placebo effect will actually kick in and work. What I don't want to see are new ads from the pharmaceuticals for bone broth, replete with the warnings, may cause permanent rigidity, hardening of the spinal cord and permanent priapism. Course, they won't call it bone broth, something pseudo-scientific like fibulagelomex or osteoglanulax. Or maybe just Elmer's Glue.

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Who can be buried at
Camano Lutheran Cemetery?

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Anyone can be buried at
Camano Lutheran Cemetery.

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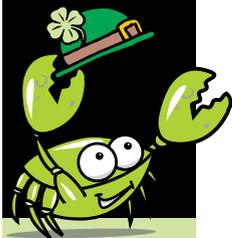
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- ◆ Managed by volunteer Board Members from Camano Lutheran Church
- ◆ Camano Lutheran Cemetery is a non-profit organization

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Photos and Art



DID YOU KNOW?

Your odds of finding a four-leaf clover are about 1 in 10,000.



Aurora Borealis - Stanwood. Photo by William Maxwell.



Barred Owl. Photo by David Hypes.

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Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR

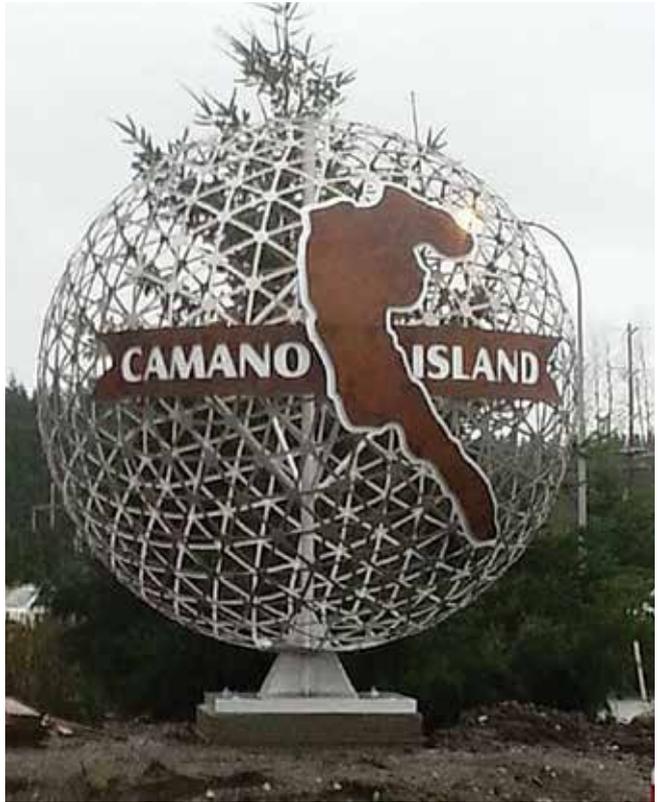
Artist of the Week



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Four Springs House for your next event



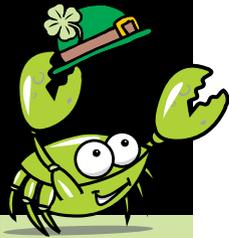
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Business Spotlight



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CAMANO CRACKLE



"Hello everyone! I am a local high school student trying to save money for college. To do that, I sell Freeze Dried Skittles! The prices are far below what you'd pay in stores. You can text me at 801-663-1970 or Messenger my mom, Melissa Gay McLaughlin. I also have an Instagram page that I will be using for updates, if you want to follow and communicate with me there. My Instagram page is @camano-crackle. I do pickup from my home and that has worked well. If you have a larger order, we can always work something out. We also have monthly Stanwood pickups if you don't want to drive all the way to my home. The monthly Stanwood pickups will be on the last Saturday of the month. Also, I really wanted to start giving back this year. I have decided to donate a portion of the profits to a local domestic violence shelter. Thanks again, and let me know if you have any Freeze Dried Skittle needs!" - Facebook post by Norah McLaughlin



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Dining Guide

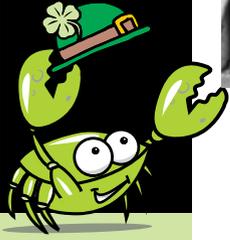


DID YOU KNOW?

Irish law, from 1903 to 1970, declared St. Patrick's Day a religious observance for the entire country meaning that all pubs were shut down for the day. That meant no beer for public celebrants. The law was overturned in 1970, when St. Patrick's was reclassified as a national holiday - allowing the taps to flow freely once again.

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THAI THAI KITCHEN (Stanwood) • (360) 629-0600
TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001
WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300
WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372

Local History



DID YOU KNOW?

Saint Patrick was known as Magonus Socatus before sainthood.



Mrs. Dent's 6-7th grade class, Stanwood.



Botten Store - Silvana, WA



360.652.8777



Book Online!

Spring Promo!

30% OFF

your first service with Emily-Ann when you mention this ad!

Facials, chemical peels, nano infusion treatment, eye lash extensions, waxing, eye lash lift, tint, & lamination

Classes



DID YOU KNOW?

It is a huge faux pax to call the holiday St. Patty's Day. The correct names are St. Patrick's Day and St. Paddy's Day.

Health & Wellness Class March 11 from 6-8 pm @ Cedarhome Seventh-day Adventist Church - 28505 68th Ave. NW Stanwood. Whole foods, plant based Charcuterie and spreads. Guest speaker - Stephanie Kuhn Newstart- how to take charge of your health challenges - diabetes, heart disease and weight. Free- donations accepted. Cindy Miller, 425-870-1006

Medicare Basics Information Class March 9 (10:00am) Free event open to the public. We will be explaining how your Medicare benefits work, as well as the options for supplementation. Camano Island Library Meeting Room. RSVP with John- 360-967-9601

FamilySearch Center - FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm, Wednesdays 6 pm-8 pm. Get help to find your ancestors with free access to websites and records. Contact us at 801-240-4357 or camano@familyhistorymail.org.

Yoga Classes In-studio & Online at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes; regular membership rates apply.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

Private Music Lessons: Hart Music School - piano, guitar, bass guitar, ukulele, voice, and songwriting for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Book a complimentary 30-minute lesson at HartMusicSchool.com/free-trial.

Yoga for Beginners Five Week Session Mar 19-Apr 16, Tuesdays. Whether you are brand new to yoga or returning after a long absence, this 5-week course will prepare you with the first steps toward a regular practice. Sign up at movementarts.com or 360-629-9100.

Homeownership workshop every month on the fourth Thursday of each month at Elite interiors next to UPS store from 6 to 8 PM. We will not be holding them In June, November or December.



www.pawsandwingsplace.com
For Healthy Pets



PAWS AND WINGS PLACE

Happy Parents!

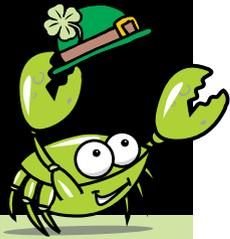
CAMANO PET SUPPLY STORE

Food, treats, toys, gifts and much more. Come visit us today!

We are the community store:
Offering classes, events, and a place to gather with those that love pets as much as you!

Located behind Heritage bank, next to Camano Plaza on: 185 McElroy Drive, Camano Island, (360) 505-0331

Classes



DID YOU KNOW?

More than 100 St Patrick's Day parades are held every year in the United States. The biggest celebrations are in New York City and Boston.

It's Elemental: Yoga and Ayurvedic Wisdom for Modern Living. Immerse yourself in the understanding of the 5 Great Elements (Panca Mahabhutas) of earth (prthvi), water (ap), fire (tejas), air (vayu) and ether (akasa). You'll understand how these elements are the foundation for the 3 energy principles (doshas) of vata, pitta and kapha and how these are present in the entirety of our existence. This workshop is available In-Studio or Online. Sign up at movementarts.com/events or call 360-629-9100.

YogaTone March 10, 17, 24. Enjoy a fresh hour of warm up, core, easy to follow dance moves, and a sweet yoga stretch at the end. Smiles, endorphins and positive sweat will cleanse your body and inspire you for the week ahead. No prior experience required. \$85 for 4 class session. Sign up at movementarts.com/events or call 360-629-9100.

AquaZumba Water Fitness Class @ Camano Country Club Clubhouse. March 11 and 13, 10:15am to 11:15am. Drop in rate per class \$10 or punchcard of 8 classes \$64. No need to be a clubhouse member! Come join us! 1243 Beach Dr. Camano Island

Line Dance Lessons at the Camano Center — Wednesdays 3:00pm-3:45pm. \$10/person or \$8/Camano Center Members. Join us! More info at www.socialdancesimplified.com.

Charcuterie and spreads - free class: Monthly Wellness Class - March 11 at Cedarhome SDA Church, 28505 68th Ave NW, Stanwood. Charcuterie and Spreads samples and recipes. NEWSTART presentation - Take charge of your health challenges - Diabetes, Heart Disease and Overweight. Save your spot - RSVP Cindy, 425-870-1006.

GRIEF Support Group

Help and encouragement
after the death of a loved one

January 11-April 4, 2024 6:00-8:30pm

Restoration Church Camano Island
788 Smith Rd.

More Info: griefshare.org/groups/175418





**1930s
MURDER MYSTERY
DINNER THEATRE
& SILENT AUCTION**

SATURDAY, MARCH 23RD

Doors 5:00 pm
Show 6:00 pm





Attire
1930's era (optional)

Floyd
27130 102nd Ave NW,
Stanwood

Tickets
\$75 or \$90

Dinner
Juniper Bites
Creative Catering

Show
Murder Mystery Co.
"Parties people are dying to attend"



**COLD
WATER IS
DEADLIER
THAN YOU
THINK**

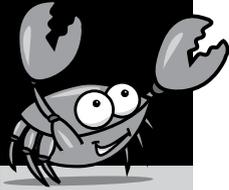
Protect yourself from
the shock of cold water,
by always wearing a
life jacket.



WEAR IT

wearitWashington.org

Community Information



DID YOU KNOW?

New York City St. Patrick's Day Parade is the oldest civilian parade in the United States.

THE RE/MAX COMMUNITY GRANT CHEST

in partnership with the Stanwood-Camano Area Foundation, recently awarded grants totaling \$15,100, to 11 local organizations doing vital work in the Stanwood-Camano Community. Funds were awarded for the following: Camano Center: Senior Transportation; Camano Law Enforcement Support Foundation: Radar Trailer Upgrade; The Caring Place: New Mother Wellness Project; Housing Hope: Furnishings for Homeless Family Svs at Lincoln Hill Village & Stanwood House; Lincoln Hill Retirement Community: Thrift Store; Puget Sound Public Farms: Ovenell Park Public Farm; Safe Harbor Free Clinic: Vital Signs Machine for Clinic; Stanwood Camano Arts Advocacy Commission: Explore Your Creativity-Elementary Art; Stanwood Camano Community Fair: New Outside Lighting; Stanwood Police Department: Blue Bridge Alliance; Twin City Elementary: CKLA Amplify Supplemental Book Selections. The second annual Funk & Junk Festival will be held at the Stanwood-Camano Community Fairgrounds on Saturday, August 17. Proceeds from this event go toward replenishing the grant chest for 2025.

SEEKING HOST FAMILY

I am reaching out to all families in the this area. I am seeking a host family for Stanwood High School and I'm asking for your help as I know that you may be able to assist in getting the word out. We have many from our scholarship program. They are chosen for good grades, good English, and a positive attitude. They go through a rigorous screening to be chosen and are just a small number chosen from several thousand that apply. There are many other students to choose from. They have medical insurance and adequate spending money. A host family can be of any age and have children of any age or no children. Seniors and singles can host can also host if they have the desire to. It is a good way to learn a new culture and share your with a student. If you or someone you know may be interested in hosting we would welcome to opportunity to present their profiles or other student profiles in more detail. You can also refer a host by adding their contact info here Host Referral Form<<https://urldefense.proofpoint.com>. More info: the2ms@earthlink.net.

Upcoming Classes and Events

* Visit our website for tickets & registration: www.scaacwa.org *

- Pyrography Charcuterie Board **ADULTS** 02/22
- Mindful Reflection w/ Gaylynn Beuthien **ADULTS *FREE*** 02/28
- Drawn Together **ALL *FREE*** 03/07
- Crochet Hat w/ Beth Erickson **ADULTS** 03/08
- Tulip Watercolor w/ Jeanette Mahoney **TEENS/ADULTS** 03/30
- Yappy Hour w/ Jessie Hazelton & Paws with Cause **ADULTS** 04/13

STANWOOD
CAMANO
ARTS
ADVOCACY
COMMISSION

MORE INFO:
WWW.SCAACWA.ORG

Community Information



DID YOU KNOW?

The St. Patrick's Day parade was invented in the United States. On March 17, 1762, Irish soldiers serving in the English army marched through New York City. The parade and accompanying music helped the soldiers celebrate with their Irish roots, as well as reconnect with fellow Irishmen serving in the English army.

WOMEN PAINTERS OF WASHINGTON – SHOW

"Limitless Possibilities" March 9 through April 14, 2024. Matzke Fine Art Gallery and Sculpture Park presents "Women Painters of Washington". "The purpose is to empower professional women artists to create, exhibit and market their work while fostering art appreciation within their communities and beyond." OPEN every Friday, Saturday & Sunday 11-5, weekdays by appt. (Mon. – Thursday) 360-387-2759.

THRESHOLD CHOIR

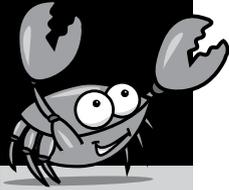


is a compassionate group of men and women who sing locally to patients in nursing homes and other venues. Our chapter is called Heart Songs, and we welcome any and all new members who would enjoy doing this kind of work. No need to sing perfectly, just the time and desire to meet twice a month for a couple of hours to practice the songs and perform for patients. It always brightens their day—and ours. If you are interested, please contact Jerri Feris at jferis@msn.com. <https://youtu.be/NR25A8C6hGU>

CHICK DAYS



now until March 11 at Country Store, Stanwood. Spring chicks are here. Save on everything for your flock.



DID YOU KNOW?

Shamrocks refer to many plants not just one. There still is no scientific consensus as to the precise botanical species of clover that is the true shamrock. The word shamrock refers primarily to the young springs of white or red clover, but sometimes the term is applied to a variety of three-leaved plants found in Ireland.

WHERE TO BEGIN IF YOU WANT TO START RAISING CHICKENS

Which came first... the egg or the chicken? That's what comes to mind when someone asks me what they need to do if they want to start raising chickens. And for the record, the answer is the egg. (Today's domestic chickens are the result of breeding wild jungle fowl with other birds to create what would become the chicken. So, it seems to reason that someone at some point crossed two birds that resulted in an egg that would become the first chicken.) But, where do you need to start when you decide that you want to raise chickens? Can you really have a small flock of chickens and fresh eggs for breakfast everyday? You can, and getting started with chickens is easier than you may think. In fact, the chicken is often referred to as the 'gateway' animal. Chickens are so easy to raise that you may be tempted to start raising goats, pigs, or even your own cattle. Make sure that you can have chickens. This may sound silly, but if you're living in a suburban or urban area, you may find that you can't have chickens. Some towns and cities in the past have made owning livestock within city limits illegal. Luckily, many of these laws regarding chickens have been reversed. It's always smart to ensure that chickens are ok where you live before you invest time and money into them. The same is true if you're living in a community with a HOA. If you're living in the county, odds are that you can raise all sorts of livestock, including your chickens. The basics of what you'll need. I always recommend that people jump into raising chickens if they are interested. Of course, there's a learning curve any time that you get a new pet. Chickens are no different. It's good to do your research, but you'll learn the most about raising chickens by having chickens. Once you get the basic equipment, go ahead and get your chicks! So what do you need to get started raising chickens? The most important thing you'll need for your chickens is a sturdy coop. This is the most crucial piece of equipment that your chickens will need, whether you decide to keep your chickens cooped up or free range them. A sturdy coop will keep chickens safe from predators, give them a place to lay their eggs and keep them warm and dry in bad or cold weather. You'll also need a good feeder and waterer for them. There are many options for feeders and waterers but there are only a couple of basic ones that you need. When you're starting chicks, you'll need a low lying feeder, like a snap-top style trough feeder. For older birds, you'll want a feeder that is elevated off of the ground and holds more feed. A hanging feeder is ideal for older chickens. Waterers that hold plenty of water are a must. Choose a waterer that is larger than you think you need. It's always better to have more water than your birds need than not enough. For a flock of 4 hens, you'll want a waterer holds at least 2 gallons. You can use small waterers for baby chicks Good nutrition is also key for healthy chickens. Choose a high-quality, balanced feed for chickens. Don't give chickens scratch grains as their main diet. Always provide a small dish of grit and oyster shell. Chickens need grit to digest their food properly and oyster shell will help to provide the extra calcium needed to make egg shells. There are a bunch of things that you may think you need to get started raising chickens, but their needs are simple. To get started you'll need to give them a coop, food and water. The rest can wait. Source: <https://newsfromthecoop.hoovershatchery.com/where-to-begin-if-you-want-to-start-raising-chickens/> Feb. 25, 2021.

Community Information



DID YOU KNOW?

The world's shortest St. Patrick's Day parade is in Dripsey, Cork. The parade lasts just 100 yards and travels between the village's 2 pubs.

SCHOLARSHIPS

The American Association of University Women Stanwood-Camano Branch is pleased to offer three \$10,000 scholarships to students in their junior or senior year at university or are enrolled in a Master's Degree program. Applicants must be graduates from or residents of the Stanwood Camano, Lakewood, Arlington or La Conner area. Application due date is 4/30/2024. Scholarship applications may be found at AAUWSC.org

DON'T CHUCK THOSE MARKERS



15 pounds of dead markers that will NOT end up in landfills or our oceans. Did you know that Crayola has a program called ColorCycle? Crayola ColorCycle will accept all brands of plastic markers, not just Crayola markers. That includes dry erase markers & highlighters. If you collect the dead markers, they'll send you a free shipping label & you can ship them back to Crayola to be recycled! Link to get started with this program: <http://www.crayola.com/colorcycle.aspx>. Posted by Barnett Kushner, Facebook.

SILENT AUCTION & EXERCISE EXTRAVAGANZA

Registration is now open for the YMCA 2024 Community Campaign Exercise Extravaganza!! Ride, splash, sweat, and stretch through two hours of heart pounding land, water, and cycle exercise classes! March 10, 1:00 - 3:00pm. All donations go right back to the Stanwood-Camano community. Registration and donation required to attend. Sign up today! <https://buff.ly/49q5RWL>



Experience the AXEcitement

MARCH MADNESS PROMO

Use code AXE0324 for 20% off

Only valid for the month of March

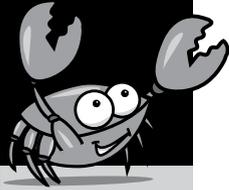
Private Parties	1- 40 People!
Corporate Events	2-4 Lanes
Fun Night Out	90 Minutes

615 Arrowhead Rd. Camano Island, WA 98282



360-572-1737

Community Information



CAST PLAYERS

You're invited to the 3rd meeting of the CaSt Players on Thursday March 14th from 6:30 - 8:00pm at the Camano Library! CaSt Players is an up and coming theater company in your community, and we need more interested folks to participate. Prior to the meeting we will be talking with local organizations to better understand how to register as a non-profit, which will open more possibilities for theater in Stanwood/Camano. Join me on the 14th to hear what we've learned, how you can help, and how we might put on a show or two before we reach non-profit status. The goal is to build community, putting on a show is just a welcome bonus. We'll need help from many in the area - business owners, lawyers, painters, seamstresses, new to the community, seasoned community members, creative minds and logical minds - all are welcome!

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

Enroll your child for free monthly books!



Inspire your child's love of reading with Dolly Parton's Imagination Library



FREE BOOKS FOR KIDS!

If you have a child from 0-5 years old, register them today for free monthly books.

How It Works:

- Enroll your child online at: www.imaginelibrary.com
- In 6-8 weeks, your child will receive their first book in the mail, 'The Little Engine That Could'.
- Books arrive in the mail monthly until your child's 5th birthday.

Easy to Enroll!



Scan this code to enroll your child in Dolly Parton's Imagination Library. It's easy!

Rotary 
stanwoodrotary.org

FINAL EVENTS

WHAT WILL HAPPEN NEXT?

THE BIBLE HAS PREDICTED WORLD EVENTS WITH 100% ACCURACY!

Prophecies from the Bible are unfolding right in front of our eyes. These cataclysmic events point to a critical change in our world coming in the near future. Learn to decipher the prophecies of the Bible and their warnings for today, discover America's role in the final days, and find peace by understanding God's plan in last-day events. This seminar is designed for anyone curious about the prophecies of the Bible or frightened by current world events.

DON'T MISS OPENING NIGHT!

FRIDAY, MARCH 22, 2024 AT 7:00 PM

THE COMING ONE-WORLD GOVERNMENT

Governments are toppling and world leaders are being replaced. Many countries are in upheaval while the world faces economic crisis. Are we headed toward a One-World Government? Find the answer to this important question.



This is a **FREE** Event for
the **WHOLE COMMUNITY**

FREE Parking | **FREE** Study Materials
FREE Childrens Program (ages 2-5)
FREE Bibles | **FREE** Giveaways

EVENT LOCATION:

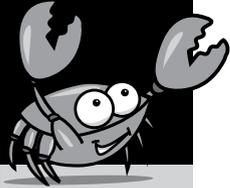
Cedarhome Adventist Church
28505 68th Ave. NW
Stanwood, WA

(Scan QR code to view map!)

For more information and to reserve seats visit
RelevantSeminars.org/Stanwood
or call **(360) 803-0032**

(Pre-registration not required. Walk-ins welcome.)

Community Information



THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

C.E.R.T. TRAINING

Learn the skills needed to help you, your family, and your neighbors if disaster hits. Sign up for our upcoming Community Emergency Response Team training March 22-24. CERT trains participants in basic disaster response skills, such as: Fire safety, Light search and rescue, Team organization, Disaster medical operations. Registration is required. southsnofire.org/CERT.

MONEY SMART WEBINARS

We've just released our Money Smart course schedule for 2024, and this year, we're offering all classes online via convenient webinars. It's now easier than ever to attend our Money Smart for Small Business courses designed to help those starting and managing a business. Webinars are hosted by Katy Woods, Coastal Community Bank Branch Manager and Certified Coach. March 28: Record Keeping. April 5: Financial Management. May 30: Managing Cash Flow. June 20: Building Credit. Register now at <https://www.coastalbank.com/money-smart/>

Stanwood Hearing

now offers  cognivue,

a cognitive screening for the early detection of cognitive impairment.

Call 360-572-4422 today to schedule your complete hearing evaluation with a Cognivue Screening.

STANWOOD HEARING

9300 271st Street NW, Suite B-5 • Stanwood, WA 98292
Near QFC, between Papa Murphy's and H&R Block
p: 425-272-9435 | f: 360.572.4765
w: Stanwoodhearing.com

Clubs and Meetings



look for us
online at

www.TheCrabCracker.com

or on
Facebook.

Download
current or past
editions.

Ski, Snowboard or just hang out in 2024! The Merry Mountain Ski Club brings you easy travel for a fun ski day in a luxury coach with stops in Bellingham, Burlington, Stanwood and Monroe. Great folks & great fun. Get in touch with us for more details! 206-550-4908 or tuesdayskibus@gmail.com. Website: www.merrymountain.com

GRIEF Support Group: Help and encouragement after the death of a loved one. January 11-April 4, 2024 6:00-8:30pm at Restoration Church, Camano Island, 788 Smith Rd. More Info: griefshare.org/groups/175418.

Stanwood Coin Club meets the 4th Tuesday of each month at the Stanwood Library meeting room 7-9pm. Bring your questions @ collecting. Buy, Sell, Trade, Learn. This club has been active since 1961.

Rainy Day Room Playgroup Free weekly play group on Thursdays at 10-11am and Mondays from 3:30-4:30pm at the Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house.

"Weight Loss and TOPS Clubs on Camano or Stanwood: TOPS (Take off Pounds Sensibly). We provide great fellowship and support in your weight loss journey. Camano Island: We meet Thursday mornings for weigh-in from 8:15 to 8:45; meeting at 9 am. First meeting is always free. Join us and see why TOPS provides support both during your weight loss, and afterward, helping you to keep it off! Camano Lutheran Church, 850 Heichel Rd, Camano Island. Call Sandy 387-6953 or Karen (leader) at 387-9716 for more information. Stanwood: We would love to meet you and invite you to join us in friendship and weight loss support! We meet on Thursday mornings at Cedarhome Baptist Church. 29000 68th Ave NW. Stanwood. Wa. at 10:00 am. Everyone is welcome! More info: Gay at 360-393-7117.

Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

PFLAG Support Group Free support group for friends, family, and members of the LGBTQIA+ community. First Friday of every month at the Community Resource Center 6-7pm.



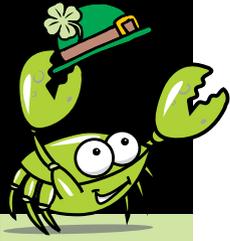
Yorlly Stites **Realtor**
Broker

Listing or Buying? Let me guide you home!

• Local • Experienced • Trusted
360-941-1918
RemaxYorlly@gmail.com

RE/MAX
ELEVATE

Clubs and Meetings



The Wardrobe By Appointment: at the Community Resource Center – Free clothing for teens in need – t-shirts, tanks, shorts, flip flops and hygiene products! Call 360-629-5257 or email info@crc-sc.org for an appointment.

Kaleidoscope Play & Learn Tuesdays and Wednesdays - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. At Community Resource Center of Stanwood Camano.

Camano Island Quilters-Machine Embroidery Group Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

Camano Island Quilters Open Sew Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

Teen Late Night Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.



**CAMANO ARTS ASSOCIATION'S
GATEWAY GALLERY PRESENTS
ARTWORKS BY SHOGO OTA
FEBRUARY 16 – MARCH 24**

ARTIST RECEPTION FRIDAY, FEB 16 4PM TO 6PM

FEBRUARY HOURS: FRI/SAT/SUN 10-4
MARCH HOURS: FRI 12-4 SAT 10-4 SUN 12-4
578 E NORTH CAMANO DR CAMANOARTS.ORG



FINE ART AND CRAFT ~ VIEW, COLLECT, GIFT



Keep your septic system happy.

**Snohomish County residents can
earn up to \$500 in rebates for:**

**Inspections | Minor Repairs
Riser Installation | Pumping**

**Learn more & apply at
SavvySeptic.org**

Questions?

Email savvy.septic@snoco.org or call 425-388-3636

Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.





CASA'S PET OF THE WEEK:

ALLIE is a 6 year old cat looking for her forever home. Allie is a bit shy at first, but is a loving girl once she gets to know you. She is a quiet, gentle gal who will need an indoor only home. She does well with other cats, but would do best in a dog free home. Please come visit Allie if she seems like the right cat for you.

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

TARGET: Looking for a playful, active pup to add some life and love to your family? Look no further! At 3 months old, this adorable pup is looking for a FURever home committed to training while giving out plenty of love and patience. If you are ready to add this beautiful, cutie-pie pupper to your family, come and talk to an Adoptions Matchmaker today!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

DEBRA is a lovely girl who is dreaming of being a cherished family member. She absolutely loves her people and loves nothing more than getting cozy with them whenever possible. This girl has wonderful house manners and is a great little companion. **FIRST STEPS:** Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org





Joy Lived out.

Announcing our Newest Neighborhood:

Forest Lane

**Now Accepting Applications for these
Brand New Units • Call Now for More Info**

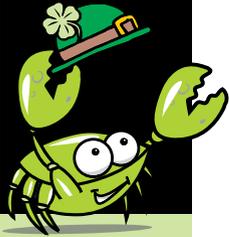
Overwhelming joy is a common resident experience as they live and thrive in a vibrant purposeful Christ-centered community with the freedom to actively engage and pursue the things in life that matter most to them. Our new Forest Lane assisted living community is designed for seniors who want to remain active and involved yet require extra help and support with the activities of daily living. Our caring and dedicated staff members provide round-the-clock assistance while encouraging residents to maintain a high level of independence.

WARM BEACH

**Contact us today to learn more:
(360) 652-2640 • www.warmbeach.org**

Warm Beach Senior Community
20420 Marine Drive • Stanwood, WA 98292

Classified Listings



DID YOU KNOW?

The phrase “wearing of the green” comes from a street ballad of the same name which lamented the British repression of the Irish in 1798.

MISCELLANEOUS:

Jenn's Rentals is LOCAL vacation rental management. Jenn will take care of your house, your renters and your homeowner needs. Jenns-Rentals.com 360-631-0905

PROFESSIONAL SERVICES:

Your Home Remodeled, Repaired. Douglas, local craftsman. www.Alpinerenovationsllc.com

Science and Math Tutoring: I can help you review and strengthen your math and science skills. I have many years of experience with a very gentle approach. E-mail ijmzinich@gmail.com or 360-661-9517.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmitchell8974@gmail.com. Serving Outlying Areas.

Private Duty Caregiver. Quality In Home Care with 15+ years experience. Résumé packet. Specializing in 24 hour care. Hourly and sleepover rates available. Compassionate Care without Agency fees. Cell: 360-631-7428. Email: TLCBYLL@icloud.com.

WANTED:

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MARCH 13

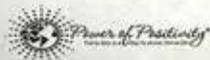
What`s your LEPRECHAUN name?

The first letter of your name:

A - Adorable	H - Helpful	O - Outgoing	V - Vibrant
B - Bubbly	I - Itchy	P - Playful	W - Witty
C - Cheerful	J - Jolly	Q - Quiet	X - X-tra Special
D - Dreamy	K - Kind	R - Restless	Y - Youthful
E - Eager	L - Lucky	S - Silly	Z - Zany
F - Fussy	M - Musical	T - Timid	
G - Grouchy	N - Noisy	U - Useful	

The month you were born:

Jan. - McCheesy	May - McWiggles	Sept. - McBlarney
Feb. - O`Gratin	June - O`Lucky	Oct. - O`Doodles
March - McMuffin	July - McNoodles	Nov. - McWobbles
April - O`Really	Aug. - O`Wacky	Dec. - O`Goofy



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FRIED CABBAGE WITH BACON AND ONIONS

If you're looking for a delicious quick and easy side dish the whole family will love, our fried cabbage with smokey bacon and caramelized onions is the one!



INGREDIENTS: 6-8 strips smoked bacon, chopped & cooked crisp; 1 med. head green cabbage, chopped; 1 med. Walla Walla onion, diced; 2-3 T. vinegar ; 1 T. brown sugar; 1/2 tsp. salt; 1/4 tsp. black pepper

DIRECTIONS: Cook the bacon in a deep cast iron skillet over medium-high heat until crisp, about 4 to 6 minutes. Use a slotted spatula to remove the bacon pieces and transfer to a paper towel-lined plate. Add the diced onion to the bacon drippings and cook until translucent, about 1 to 2 minutes. Add the chopped cabbage to the pan and toss to coat. Add the vinegar, brown sugar, salt, and pepper and cook until cabbage is tender, about 5 to 7 minutes. Add the bacon back to the cabbage and cook for another 2 to 3 minutes; season with more pepper if desired. Serve hot. Cook's Note: Diced apples, sliced sausage, or noodles would make a great addition to this dish!

Thinking about buying or selling a home? Call Andrea!



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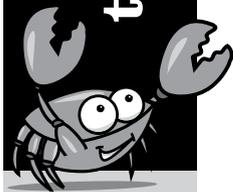
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View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

MY HARROWING ITALIAN ADVENTURE

I recently from a two-week vacation to Italy. It was a nightmare. The first thing I did when our plane touched down in the USA was to kiss the tarmac. The second thing I did was to find a restroom to wash my mouth. That tarmac was disgusting.

A few months ago, my artist wife convinced me to go on a European vacation. So we took a two-week tour of Southern Italy. The brochures make it look charming and relaxing. But the entire experience was anything but tranquil. We went on an organized tour with 15 other people, who were fairly willing to make limited eye contact with me, despite the fact they found out I was a humor writer. But the moment we arrived in Rome, I knew that I was in for a bumpy ride. Turns out the taxis in Rome have really bad suspensions.

Upon our arrival at our first hotel, I attempted to communicate with the hotel clerk by speaking English but using my best Italian accent – which unfortunately sounds eerily close to my best Norwegian accent. It was no use. He couldn't understand a word I was saying. I quickly discovered that Italians have a different word from ours for just about everything.

I concluded I would need to master some basic Italian expressions:

Parli inglese? >> Do you speak English?

Dov'è il bagno? >> Where is the bathroom?

Volete giocare a bocce? >> Would you like to play a game of lawn bowling?

Perché è che la tua pizza è inferiore alla pizza americana? >> Why is it that your pizza tastes worse than American pizza?

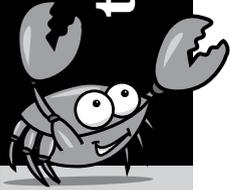
I discovered that Italians, in addition to having highly over-rated pizza, are horrible spellers. I constantly had to correct their misspellings of their own cities. They misspell Rome as Roma. Naples as Napoli. And they aren't even close on the correct spelling of Florence, which they mangle as Firenze. It was annoying to have to keep correcting the locals.

Sadly, Italy is a very old country, with scores of really old churches built over 500 years ago, all of which had horrible lighting and no carpeting. I was in one old church called St. Peter's Basilisk or something like that. It is huge. But it had no air conditioning and really uncomfortable seats. And there wasn't even an escalator to the balcony. Hello? Should have thought about that when you were designing the place, Michelangeles, or whatever your name was.

From what I could tell, Italians do a terrible job at keeping their houses up to code. We took a tour of a town called Pompeii. Man, what a dump. The entire place was in ruins. They totally let their community go. And I did not see a Starbucks anywhere. Not impressed.

The places we stayed in were barely fit for habitation. Oh sure, the hotels were typically charming, small 15-room inns, often directly overlooking the Mediterranean. But these hotels' Wi-Fi connections were so spotty that I was rarely able to update my Facebook status.

View from the Bleachers



The food was okay, but I have to tell you, everywhere I went it was always the same cuisine: Italian. Anybody in this country ever heard of ribeye steak? And Naples claims to be where pizza was invented. Maybe so, but good luck finding a meat-lovers' cheese-stuffed pizza anywhere in that town, let alone Buffalo wings. Lame.

But perhaps the worst part of my experience had nothing to do with Italians, their food or their shoddy Roman temples in dire need of repair. It was having to wait for my wife. Did I mention she's an artist? She wanted to take a few photos to paint from when we got home. And by "a few photos" what she apparently meant was one photo for every man, woman and child living in Italy. I would estimate I spent 28% of my vacation just waiting on my wife to take another photo of a Vespa parked next to an ancient Roman fountain. If I had a nickel for every time I asked, "Are you done yet?"

My wife tells me that she had such a great time on our vacation that she's already planning our next one – this time to a place even more backward and scary than Italy: France. I can already hear myself now: "Oh, yes, honey. That's an even better angle for a photo of the Eiffel Tower than the previous 164 you've already taken." Click. Sigh....

[Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his YouTube channel by the same name.]



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Date	High /Low	Tide Time	Height Feet	Moon Visible
F 8	High	4:02 AM	12.1	☉
8	Low	9:31 AM	6.0	
8	High	2:40 PM	10.5	
8	Low	9:30 PM	-1.5	
Sa 9	High	4:33 AM	12.4	☉
9	Low	10:15 AM	4.6	
9	High	3:43 PM	11.0	
9	Low	10:18 PM	-1.0	
Su 10	High	6:03 AM	12.6	☉
10	Low	11:59 AM	3.0	
10	High	5:45 PM	11.4	
M 11	Low	12:04 AM	-0.1	☉
11	High	6:34 AM	12.6	
11	Low	12:42 PM	1.6	
11	High	6:45 PM	11.5	
Tu 12	Low	12:50 AM	1.3	☉
12	High	7:04 AM	12.5	
12	Low	1:26 PM	0.5	
12	High	7:44 PM	11.4	
W 13	Low	1:34 AM	2.9	☉
13	High	7:36 AM	12.3	
13	Low	2:11 PM	-0.3	
13	High	8:46 PM	11.1	
Th 14	Low	2:20 AM	4.6	☉
14	High	8:08 AM	11.8	
14	Low	2:59 PM	-0.5	
14	High	9:55 PM	10.7	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 15	Low	3:10 AM	6.1	☾
15	High	8:42 AM	11.2	
15	Low	3:52 PM	-0.4	
15	High	11:16 PM	10.3	
Sa 16	Low	4:08 AM	7.3	☾
16	High	9:20 AM	10.6	
16	Low	4:49 PM	0.0	
Su 17	High	12:54 AM	10.2	☾
17	Low	5:18 AM	8.0	
17	High	10:08 AM	9.8	
17	Low	5:51 PM	0.4	
M 18	High	2:23 AM	10.4	☾
18	Low	6:47 AM	8.2	
18	High	11:12 AM	9.2	
18	Low	6:58 PM	0.7	
Tu 19	High	3:21 AM	10.6	☾
19	Low	8:50 AM	7.7	
19	High	12:33 PM	8.7	
19	Low	8:06 PM	0.8	
W 20	High	4:03 AM	10.8	☾
20	Low	9:43 AM	6.9	
20	High	1:59 PM	8.7	
20	Low	9:02 PM	0.9	
Th 21	High	4:36 AM	11.0	☾
21	Low	10:17 AM	6.1	
21	High	3:07 PM	8.9	
21	Low	9:47 PM	0.9	



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