

Events, Information, and Entertainment in the Port Susan Area Camano Island • Stanwood • Warm Beach • Silvana • Conway







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### Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created BY local residents FOR local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover photo: Chillin'. Photo by Pete Smith.



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thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893 P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: JUNE 6 for Next Edition (June 14-27)

### JUNE IS PRIDE MONTH

Bill Clinton was the first sitting U.S. president to officially recognize Pride Month.

### THURSDAY, MAY 30

### WARREN DUNES

FREE live concert at 7pm at Community Resource Center, 9612 271st St NW, Stanwood. Warren Dunes plays PNW Tropicalia and is led by keyboardist/vocalist Julia Massey. Their unique style of Beach Rock is born from the cold waters and grey sky beaches of the Salish Sea.

FRIDAY, MAY 31

### TEEN LATE NIGHT - "MINUTE TO WIN IT"

Are you a teen and want to have an evening of fun with friends? Join the Leaders Club at the Stanwood-Camano YMCA for an evening of Minute to Win It games, Pizza, and Snacks! Let's celebrate the end of a great school year! 5-7 pm at Stanwood-Camano YMCA WHO: Grades 6-12 COST: \$5 CONTACT: Erin Witthuhn, ewitthuhn@ymca-snoco.org

FRIDAY, MAY 31

### **JEREMY ABBOTT & THE GOOD VIBES**

8:00pm - Pub 282. Pacific Northwest reggae fusion band. Blending reggae, rock, blues and electronic tones.

FRIDAY, MAY 31

### SOUND BATH EVENT



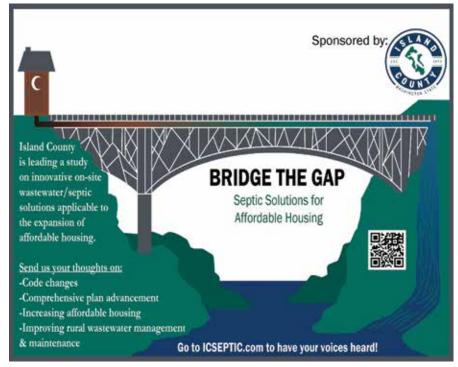
11am-1pm at Camano Island Commons Marketplace. Join Tranquility Healing's Tanja Shelley and her Crystal Healing Bowls for a blissful Sound Bath event. Pull up a table or sit in the grass, have some baked nummies and coffee and embark on a path of self-discovery and tranquility.



### SATURDAY, JUNE 1 PRIDE PARADE AND PARTY IN THE PARK



Event by Stanwood-Camano Pride. Noon-4pm at Freedom Park, Camano Island (at Terry's Corner). Kick off Pride month with this family-fun event for everyone! Parade at Freedom Park on Camano Island is open to all, live music by local youth from the CRC Music Project, chalk bomb throw, Glass Quest ball hunt, food, crafts, and more! Come celebrate our LGBTQIA+ neighbors and friends with your message of love, support, and no hate!



## STANWOOD FARMERS MARKET



### Fridays 2-6 June-September

Promoting the solution of shopping locally with agriculture producers, food artisans, and craftspeople

S. F. M. 8727 271st St DW Stanwood, WA 98292 | info@stanwoodfarmersmarket.org | 425,280,4150

The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the info provided.

Thank you.

### SATURDAY, JUNE 1

### STACY JONES BAND

8:00pm at Pub 282. The Award-Winning Seattle singer-songwriter and multi-instrumentalist Stacy Jones and her Award-winning Band who deliver high energy Roots Rock, Blues, and Americana.

SATURDAY, JUNE 1

### PARK PROGRAMS AT CAMANO ISLAND STATE PARK



10am – Table Talk - Join Park staff at the Boat Launch to learn about the common plants, animals and birds that make Camano Island State Park their home. 10am and 2pm - Toy Boat building - Drive to the Park and follow the signs. Come build a toy boat! All supplies and tools are provided. A \$5 donation is requested. 12:00pm – Junior Ranger Program - Join Park staff at the Boat Launch for this kid-friendly program to learn about the park and the animals, plants, and humans that make their homes in our parks. 2:00pm – Bubbles on the Beach - Join park staff at Boat Launch to carry on a tradition from Cama Beach State Park. Become a Bubble-ologist and make GIANT bubbles. 7:00pm at campground amphitheater. Learn the basics of not only how to search for mushrooms, but also how fungi provide nutrients to plants and trees while serving as an "internet of the forest". He'll also show how to use mushroom spore prints to create a fun activity for the whole family! Children must be accompanied by an adult.

SATURDAY, JUNE 1

### AUTHOR SIGNING SATURDAY

Author Signing with C.M Kane, Jeannine Fosca and Toni Yap. Noon-4pm at Wit's End Books, 10123 270th St NW, Stanwood.

SATURDAY, JUNE 1

### SUMMER COTTAGE

by The Camano Shop & Friends. Join us for our Summer Kick off at the AIRBNB - Green Gables Lakehouse on Lake Martha in Stanwood. Inside the cottage 10am-5pm you'll find: Camano Shop New Arrivals, Camano Cookies, Sagecreek Vintage, Mix Century Vintage, Child of Llewelyn Artisan Candles. You can also register for one our classes. Lake access will be closed, however, you are free to roam the property. Bring a snack, blanket, and a book and take a moment to to relax by yourself. We will also have photo-stations, great for group photos with friends or family! Parking is limited.

### JUNE 1 OSCAR THE GROUCH DAY

The birthday of Oscar the Grouch. It was "Sesame Street" episode 3,866 that revealed that Oscar's birthday is on June 1. SATURDAY, JUNE 1

### "THE 38TH INTERNATIONAL JURIED PASTEL SHOW" GALLERY OPENING



starting at 2:30, Awards, food and beverages, continues until 7:00. Show dates, June 1 through July 7. Link to show: https://www.matzkefineart.com/nw-international-pastel-show. Matzke Fine Art Gallery and Sculpture Park, 2345 Blanche Way, Camano Island. Open every Friday, Saturday and Sunday 11 to 5; Monday thru Thursday by appointment, 360-387-2759 or email: matzke@camano.net

SATURDAY, JUNE 1

### **OLY MOUNTAIN BOYS**

The Oly Mountain Boys bring some great old time music to the Conway Muse. Tickets \$13 Advanced \$15 Day of Show. 18444 Spruce St.

SATURDAY, JUNE 1

### TRADE & BARTER CIRCLE

Come join and bring your items to trade/barter/sell. 2-5pm, Stanwood. Bring anything you have to offer to trade - No large tents, just bring a blanket and your items to lay them out or a basket full of them. You can also attend to just purchase items if you wish. Exact address provided after registration. https://www.eventbrite.com/e/trade-barter-circle-tickets-910035800577



### SATURDAY, JUNE 1 FOCIP WINTER/SPRING WALK PROGRAM



at BARNUM POINT COUNTY PARK. The walk is about 3.3 miles. Great views, wetlands, viewing platforms and benches fill this trail experience. Meet at 9:45 AM at the new parking area located at the end of Sunrise Road. (East Camano Road to Russell Road to Sunrise Road). This is the Final Winter/Spring Walk of the season. Walks will resume in November.

### ALZHEIMER'S FACT:

Alzheimer's is currently ranked as the seventh leading cause of death in the United States SATURDAY, JUNE 1

### **SHOP WITH A CELEBRITY!**

at noon at Grocery Outlet, 26905 92nd Ave NW, Stanwood. Join us to raise money to support Dolly Parton's Imagination Library while shopping at the Grocery Outlet Bargain Market! Our own Stanwood "Dolly Parton" impersonator will be checking groceries from noon to 2:00. From Dolly's check stand register a percentage of sales will go to support Free Books for Kids! Stop by say hello, take a photo with Dolly and support Dolly Parton's Imagination Library. We will also have information about how to enroll your child age 0-5 years old.

SATURDAY, JUNE 1

### **BEAUTY BAR DIVAS**

Some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. (360) 629-2324.









### JUNE IS PRIDE MONTH

Since 1970, the LGBTQ community has marked June as Pride Month—a time to celebrate what it means to be lesbian, gay, bisexual, and/ or transgender while demanding equality and liberation from cis and heteronormative constraints.

### SATURDAY, JUNE 1

### STANWOOD SPARTAN WOMEN'S FOOTBALL



At 6pm, at Stanwood High School. Come cheer us on as we take on the Lake Stevens Valkyries to raise funds for scholarships for local youth sports! Gates open at 5:15pm. Announcements and National Anthem at 5:45pm. Kickoff at 6pm. Concessions, raffles and prizes! Also, save the date for the next game against Skagit Valley Sat., 6/8 at 6pm, at Mount Vernon High School!

### SATURDAY, JUNE 1

### **COME LEARN ALL ABOUT BATS!**



Noon-2:30pm at Camano Island Public Library, presented by Paws and Wings Place. Bats make great contributions to the quality of life on Earth. Our program will dispel the myths and get the true facts. This is an opportunity to learn a lot about Bats and how we can help save them. Please join us for some Bat Fun. Please reserve your space by emailing us at pawsandwingsplace@gmail.com or visiting our website: www.pawsandwingsplace.com

### SATURDAY, JUNE 1

### **E-CYCLE**

10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.



Let's throw open the gates on the 2024 lavender season!

FOOD & COFFEE TRUCKS LIVE MUSIC SCAVENGER HUNTS RAFFLE PRIZES LAVENDER LEMONADE & ICE CREAM

### Saturday, June 29th

10:00 AM - 6:00 PM 27031 36TH AVENUE NW, STANWOOD

MORE INFORMATION AT

WWW.OURLEGACYFIELDS.COM

SATURDAY, JUNE 1

### SNOHOMISH COUNTY MASTER GARDENERS CLINIC

at Haggen from 10:00 - 2:00. Please come and bring your gardening concerns. (It is very helpful if you bring samples and/or photos so that we can identify the issues & give accurate advice.)

SATURDAY, JUNE 1

### **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JUNE 1

### **CO-ED ULTIMATE FRISBEE**

9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all skill levels.

SUNDAY, JUNE 2

### PRIMO KIM JAZZ TRIO

6pm at Camano Country Club. Primo Kim will be performing on a baby grand piano along with Jazz players. Fun show, BYOB, & bring your own snacks! Tickets on sale now \$12 Members & \$15 NonMembers at clubhouse office, Eventbrite.com, & camanocountryclub.com Email for more info: camanocountryclub@frontier.com







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9901 272nd Place NW Stanwood, WA 98292 www.josephinecc.com

### SUNDAY, JUNE 2 JEEPS AND JAVA



Camano Island Jeep Club. 8-10am at Camano Island Coffee, 869 N Sunrise Blvd Camano Island. More info: 425-772-3205

SUNDAY, JUNE 2

### 2ND ANNUAL SPARTAN FOOTBALL GOLF CLASSIC!



Spartan Football Golf Tournament. 8am Shotgun Start - Camaloch Golf Course. A day of golf and Spartan fun brought to you by the Stanwood AAAA Booster Club in support of Stanwood HS Football. This tournament is a significant fundraiser to keep costs down and create the best opportunities for our players. Check out www.spartanfootballgolfclassic.com

SUNDAY, JUNE 2

### CAMANO ISLAND COFFEE WITH A RANGER

10-11am at Camano Island State Park. Join park rangers to start your morning right! Learn about the history and wildlife of the park while enjoying a cup of coffee with one of our park rangers.

MONDAY, JUNE 3

### **NAUGHTY BINGO**

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

JUNE 2

### NATIONAL CANCER SURVIVORS DAY

is a CELEBRA-TION for those who have survived, an INSPIRATION for those recently diagnosed, a gathering of SUPPORT for families, and an OUTREACH to the community.

### Compare our CD Rates

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### Call or visit your local financial advisor today



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\*Annual Percentage Yield (APY) effective 05/23/24. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

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JUNE 4

### NATIONAL CHEESE DAY

Celebrate the thousands of varieties of cheese in all its sometimes stinky glory.

### TUESDAY, JUNE 4

### 2024 DUBS!

Event by Stanwood Disc Golf Club. 5:30pm-8pm at 7101 Church Creek Circle NW, Stanwood. Church Creek random flip dubs. \$10 buy in: \$5 to the pot, \$1 ace pot, \$1 birdy bash, \$1 CTP, \$2 club fund, Ace pot, birdy bash, CTP.

TUESDAY, JUNE 4

### **HOOVES AND HEROES COFFEE BREAK**

A free social event for active duty, veterans, first responders, emergency support personnel, and their families. Meet with members of your community and learn more about our program with the help of some coffee. 9-10am at 2532 292nd St NW, Stanwood. More info: info@herehoovesandheroes.org.

WEDNESDAY, JUNE 5

### **LEGO® AFTERNOON**

4:00 PM – Stanwood Library. Stop by for an afternoon of LEGO®! Build alone or with friends -- we'll provide everything you need.

WEDNESDAY, JUNE 5

### "LET ME KNOW IF I HURT YOU" VIEWING EVENT

6:00PM - 8:00PM at the Stanwood Library. Join Autistic Women & Nonbinary Network for a free community streaming of the play "Let Me Know If I Hurt You" from the Rogue Theater Festival. Written and performed by autistic playwright Dave Osmundsen. About the play: "Eighteen-year-old Autistic theater geek Bob is so ready for adult-hood. When his favorite Broadway actor starts taking an unexpected interest in him, Bob is positive his life is about to change. But when he gets more than he bargained for, Bob must reassess his fandom and his outlook in this kinetic, funny, and tender solo play about growing up in an infantilizing world." "Let Me Know If I Hurt You" contains sexual themes, some adult/ableist language, one depiction of ableism in an educational setting, and explores an imbalanced age-gap relationship. There are brief depictions of sexual content (you only see me shirtless) between two male characters."

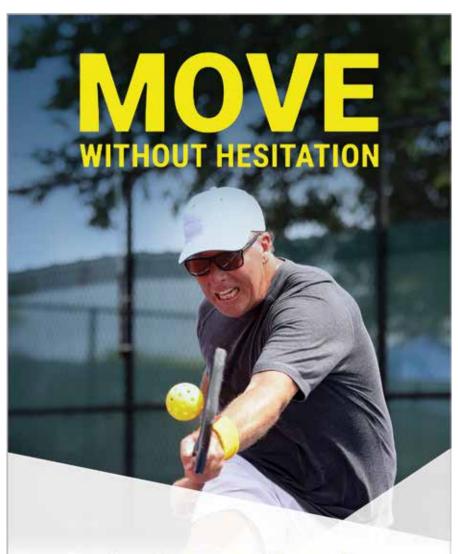
THURSDAY, JUNE 6

### **JIMMY WRIGHT & FRIENDS**

7:30pm - 10:00pm. More info at www.pub282.com.







### Orthopedics & Sports Medicine

For more information, visit: SkagitRegionalHealth.org/Orthopedics





### JUNE 6 **D-DAY**

June 6, 1944, was the Allied invasion of Normandy in Operation Overlord during World War II. It is the largest seaborne invasion in history. THURSDAY, JUNE 6

### WORTHY: FROM CORNFIELDS TO CORNER OFFICE OF MICROSOFT

3:00 PM – 4:00 PM at the Camano Island Library. Jane Boulware was never meant to succeed yet did so while no one was looking. No one would have expected the scrappy girl working the corn fields of rural lowa, who paid for college selling her dad's used carpeting and mom's prayers, to become a leader of billion-dollar businesses and a top Microsoft executive. Join us as we welcome Jane to talk about her experiences.

THURSDAY, JUNE 6

### **FIRST RESPONDERS NIGHT**

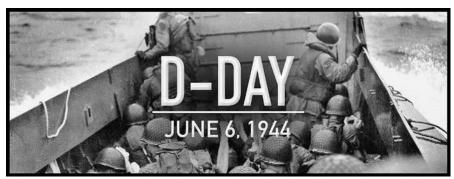


Camanio Masonic Center is having their annual First Responders Night at 6pm. This is no cost to our area Responders. Hamburgers and Hot Dogs! 27205 102nd, Stanwood. Starts at 6pm. 425-263-6808

### THURSDAY, JUNE 6

### **PARKS & PLAY**

10-11:30am at Church Creek Park, 27116 72nd Ave NW, Stanwood. The Community Resource Center outdoor program for ages 0-5 and their parents/caregivers. Explore our local parks while doing arts and crafts, sensory activities, waterplay, reading stories, pop tunnels, music and more!



### JUNE 7 NATIONAL **DONUT DAY**

is a day of appreciation of Salvation Army volunteers who distributed doughnuts to servicemen during the first world war.

THURSDAY, JUNE 6

### **FULL COLOR DREAM & NURHACHI**

Full Color Dream & Nurhachi join forces to play the Conway Muse at 8 pm. This will be a killer show! Tickets \$10 Advanced \$12 Day of Show

THURSDAY, JUNE 6

### OPFN MIC

6:30 pm – 10 pm @ Conway Muse Speakeasy on the Hayloft Stage. No Cost. 18444 Spruce St., Ćonway

FRIDAY, JUNE 7

### STANWOOD FARMERS MARKET - SEASON OPENER!



2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftspeople.

FRIDAY, JUNE 7

### PROZAC MOUNTAIN BOYS

Final Goodbye Show. 8 pm – Conway Muse. The Prozac Mountain Boys are the first band Tom ever booked, it is fitting they play their final show at the Conway Muse. Tickets \$13 Advanced \$15 Day of Show. Speakeasy Bar opens at 5 pm, Hayloft Doors open at 7 pm. Most shows are at 8 pm – General Admission Seating. Come down and enjoy some tunes played by old friends....

### Upcoming Classes and Events

Visit our website for tickets & registration: www.scaacwa.org

 Crochet Basket w/ Beth Erickson TEEN/ADULT 05/31 Drawn Together ALL AGES (FREE) 06/13

Cookie Decorating w/ Ellice Lien TEEN/ADULT (SOLD OUT) 06/26

Explore Your Creativity YOUTH (FREE) 06/26

Mindful Reflection Thru Art w/ Gaylynn (FREE) Whale Tale Watercolor w/ Jeanette Mahoney ADULT 06/29

Explore Your Creativity YOUTH (FREE) 07/10

Fair Weather Painting w/ Lydia Crouch TEEN/ADULT 07/13



06/26



### FRIDAY, JUNE 7 BEACH 1 GALLERY RECEPTION FOR DIANE SARR



"Juxtaposing my images with maps is a subtle suggestion of the effects man may have on our surroundings. My choice of medium in these works combine watercolor and/or ink with a map in the negative space." Her art will be displayed and for sale the entire month of June. We will be serving pop, wine, bottled water and bags of chips for the reception. 1243 Beach Drive, Camano Island

### MEDICARE QUESTIONS?

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(425) 361-2944 TTY:711 M-F 9:00am – 3:00pm 10320-SR 532 Stanwood, WA 98292 WAOIC # 782423 www.vidorassociates.com

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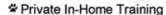
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Skagit Farmers Country Store (Stanwood)

Call for upcoming schedule

Phone: 206-920-9663 | E-mail: k9crazyone@gmail.com | Website: www.k9crazyone.com

### JUNE 8 WORLD OCEANS DAY!

A day to celebrate the beauty of nature, encourage conservation, and take action to restore and protect our oceans.

### FRIDAY, JUNE 7

### LIT LAB LIVES

at the Conway Muse. No Cost. 18444 Spruce St., Conway. Bring something to share. We will begin somewhere between 6-6:30 pm

SATURDAY, JUNE 8

### **SNOHOMISH COUNTY MASTER GARDENERS CLINIC**

at Haggen from 10:00 - 2:00. Please come and bring your gardening concerns. (It is very helpful if you bring samples and/or photos so that we can identify the issues & give accurate advice.)

SATURDAY, JUNE 8

### **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JUNE 8

### **CO-ED ULTIMATE FRISBEE**

9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all skill levels.

SATURDAY, JUNE 8

### CASA PET FOOD AND SUPPLY DRIVE

Camano Animal Shelter Association (CASA) will hold its annual pet food and supply drive at the Camano Plaza from 11 a.m. to 4 p.m. A wish list of pet food and supplies needed at the shelter will be displayed and wish lists provided. The goal is to "fill the van" with wish list items. All proceeds will benefit CASA, our local animal shelter. www.camanoanimalshelter.org.

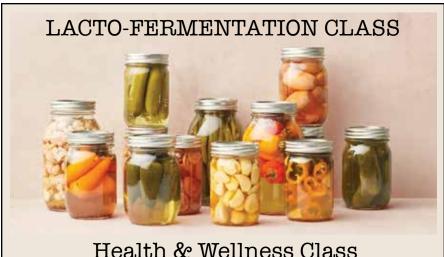
SATURDAY, JUNE 8

### **OTTA TOWNERS W/ SAVANNA WOODS**

The Conway Muse welcomes the Otta Towners featuring Savanna Woods – Saturday, June 8, 2024 at 8 pm. Tickets \$15 Advanced \$18 Day of Show



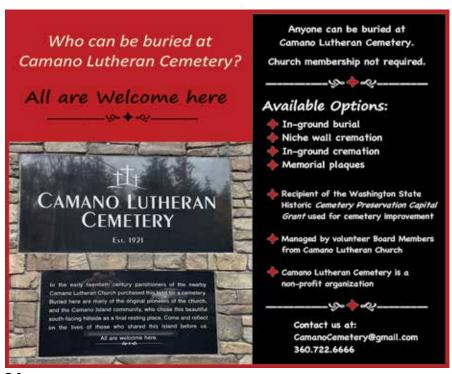




### Health & Wellness Class Sunday, June 9, from 3 to 5 pm

Hannah Jaster, PA-C will be presenting a hands-on class on Lacto-Fermentation. Come and learn another way to preserve those fresh veggies from your garden! Held at Cedarhome Seventh-day Adventist Church @ 28505 68th Ave. NW Stanwood.

RSVP - Send text to 425-870-1006





### WHAT IS ALZHEIMER'S DISEASE?

Alzheimer's disease is a progressive neurologic disorder that causes the brain to shrink and brain cells to die. It is a progressive disease that can begin with mild memory loss and slowly destroys memory and thinking skills. It eventually eliminates the ability to carry out the simplest tasks, including swallowing.

SATURDAY, JUNE 8

### PARK PROGRAMS AT CAMANO ISLAND STATE PARK

10am – Table Talk - Join Park staff at the Boat Launch to learn about the common plants, animals and birds that make Camano Island State Park their home. 10am and 2pm - Toy Boat building - Drive to the Park and follow the signs. Come build a toy boat! All supplies and tools are provided. A \$5 donation is requested. 12:00pm – Junior Ranger Program - Join Park staff at the Boat Launch for this kid-friendly program to learn about the park and the animals, plants, and humans that make their homes in our parks. 7:00pm – Evening Program: Life as a Park Ranger - Join Ranger Meredith at the campground amphitheater to learn what it is like to be a Park Ranger. Includes stories from her experience as a State Park and National Park Ranger.

SATURDAY, JUNE 8

### **JIMMY WRIGHT BAND**

8pm at Pub 282. Catering a wide variety of music.

SATURDAY, JUNE 8

### **COFFEE AND CARS AT COASTAL VIE**

with Twin City Idlers. 8-11am at 8807 SR 532, Stanwood. Come have coffee and admire our local hot rods. Car shows, hot rods, muscle cars, auto. Free admission to general public and free to bring by your custom Car. Participants in the car show with a custom car will receive a free 6 count of mini donuts and one 16 ounce coffee drink.

SATURDAY, JUNE 8

### **1ST ANNUAL MOTORCYCLE SHOW**



Event by Lincoln Hill Retirement Community & Senior Center, Stanwood. Join us for a fun day. Pancake Breakfast made by The North County Fire/EMS and A Motorcycle Show.

SATURDAY, JUNE 8

### PRIME RIB DINNER

Presented by Stanwood American Legion Post 92, 26921 88th Ave NW. Served 4pm until gone. PUBLIC WELCOME! Thank you for your continued support. Delicious prime rib, baked potato, veggies, salad, roll & dessert. \$25 adults; \$10 for age 12 and under.

### JUNE 9 NATIONAL DONALD DUCK DAY

Donald Duck made his first screen debut on June 9, 1934, in The Wise Little Hen.

### SATURDAY, JUNE 8

### SUMMER PARK RANGER TALK

2-3pm at Camano Commons Marketplace. Bring your kiddos to The Commons, for educational talks from a Cama Beach Park Ranger.

SUNDAY, JUNE 9

### **BINGO AT THE VIKING HALL**

Doors open at 5pm and games begin at 6pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

SUNDAY, JUNE 9

### **532 TRASH PICK UP**

1pm. The more volunteers we have, the faster it will go. We REALLY appreciate the help. We will be meeting on N. Good Road. The road between The Spare Room and Cascade Lumber. Parking is in a dirt lot across from Lumberyard. There will be someone there to greet you. bahaisofcamanoisland@gmail.com

SUNDAY, JUNE 9

### CAMANO ISLAND COFFEE WITH A RANGER



10-11am at Camano Island State Park. Join park rangers to start your morning right! Learn about the history and wildlife of the park while enjoying a cup of coffee with one of our park rangers.





### JUNE IS PRIDE MONTH

"During LGBTQ+ Pride Month, we recognize the resilience and determination of the many individuals who are fighting to live freely and authentically. In doing so, they are opening hearts and minds, and laying the foundation for a more just and equitable America." - Joe Biden.

### SUNDAY, JUNE 9

### SUMMER DRUM CIRCLES ON THE GREEN



6-7pm at Camano Commons. Free Community Event. Open to all ages. Bring drums and other percussion instruments to play and share. Kids, dogs and dancers welcome. In case of rain the event will be cancelled. Please register for this free event so that we know how many people to expect. Register at movementarts.com/events or call 360-629-9100.

### MONDAY, JUNE 10

### **NAUGHTY BINGO**

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

### TUESDAY, JUNE 11

### FREE COOKING DEMO



in the barn at Hazel Blue Acres in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

### TUESDAY, JUNE 11

### 2024 DUBS!

Event by Stanwood Disc Golf Club. 5:30pm-8pm at 7101 Church Creek Circle NW, Stanwood. Church Creek random flip dubs. \$10 buy in: \$5 to the pot, \$1 ace pot, \$1 birdy bash, \$1 CTP, \$2 club fund, Ace pot, birdy bash, CTP.





### DID YOU KNOW?

Women make up the majority of people with Alzheimer's Disease and their caregivers. Two-thirds of Americans living with AD are women.

### WEDNESDAY, JUNE 12

### **FAMILY BOOK SWAP**

5-7pm at Twin City Elementary, 26211 72nd Ave NW, Stanwood. Book Swap, Touch-a-Truck, Raffle, Food Trucks, Free Ice Cream Bar.

THURSDAY, JUNE 13

### **MOONPIE RAMBLERS**

7:30pm at Pub 282. A Classic Rock/Blues/Country Band in western WA. All 4 seasoned players sing lead and backing.

THURSDAY, JUNE 13

### **OPEN MIC**

6:30 pm – 10 pm @ Conway Muse Speakeasy. No Cost. 18444 Spruce St., Conway.

THURSDAY, JUNE 13

### "YOUR HOME CAN SURVIVE A WILDFIRE"



Presented by The Camano Preparedness Group. There are many things you can do to protect your home in a wildfire situation. We will also discuss other home fire safety with a CIFR Firefighter. 7pm at the Vista Fire Station, 273 N. West Camano Dr. at 7pm. For more information contact Sue at KK6SUE@gmail.com.

### THURSDAY, JUNE 13

### **PARKS & PLAY**

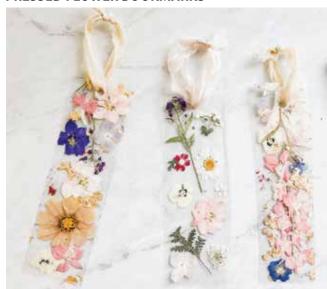
10-11:30am at Church Creek Park, 27116 72nd Ave NW, Stanwood. The Community Resource Center outdoor program for ages 0-5 and their parents/caregivers. Explore our local parks while doing arts and crafts, sensory activities, waterplay, reading stories, pop tunnels, music and more!





## Korner Korner

### PRESSED FLOWER BOOKMARKS



Supplies: Pressed Flowers, Clear Contact Paper, Scissors, Hole Punch, Ribbon, Gold Leaf Flakes – Optional

### DID YOU KNOW?

Canada first proposed the idea of a World Oceans Day at the Earth Summit in Rio de Janeiro in 1992. How to Make Pressed Flower Bookmarks: Cut out a piece of contact paper in the shape you would like your bookmark. The bookmark dimensions we used were not exact, but roughly 2 inches wide by 6 inches long. Take off the backing and add your pressed flowers to the sticky side of the contact paper. If desired you can also add some gold foil along with your flowers for a little extra sparkle. Have fun making different arrangements on your bookmarks! My kids had a hard time keeping some of the flowers on the paper, so don't worry if the flower is a little too big and falls off the side – it will just be trimmed up when your second piece of contact paper is added. Cut out another piece of contact paper slightly bigger than the previous one. Remove the backing and stick it on top of the contact paper with the flowers. Trim your excess contact paper so they are the same size. If desired, you can use a hole punch to create a hole on the top of your bookmark to tie on a ribbon. Your pretty bookmarks are ready to use! Source: foxfarmhome.com.

### RAW MILK www.CAMANOCREAMERY.com

Certified WA State raw dairy providing highquality, Grade A, Jersey and Brown Swiss cow's milk to our local community.

For subscription and appointments: 206-714-1011



# Kid's Korner

### DID YOU KNOW?

Basketball star Wilt Chamberlain is in the Volleyball Hall of Fame

### **VEGGIE RAINBOWS**



Celebrate Pride month with healthy snacking habits for the whole family. Who can resist an adorable veggie rainbow with bell pepper bands and cauliflower clouds? Serve with honey-mustard sunshine sauce for dipping. Honey Mustard Dressing. This honey mustard dressing recipe is very old but very good and easy to whip up with just 4 ingredients for a delicious salad dressing. Ingredients: ¼ cup mayonnaise, 1 tablespoon prepared mustard, 1 tablespoon honey, ½ tablespoon lemon juice. Directions: Whisk mayonnaise, mustard, honey, and lemon juice together in a small bowl until blended. Store covered in the refrigerator until ready to use.

### CAMALOCH COMMUNITY

### GARAGE SALE

Join us for a fantastic communitywide garage sale.

Friday, June 7th and Saturday, June 8th 9am-4pm

Follow the signs upon entering the community, sales start at 358 Camaloch Drive.





### Revitalize Your Body, Boost Your Performance

### Experience the power of IV therapy at IV Drip Booth.

Our customized IV drips provide the ultimate hydration and essential nutrients your body needs. Whether you're an athlete looking for improved performance or seeking anti-aging benefits, our expert team will help you achieve your goals.

### Contact Us



9660 Old Highway 99 North rd. Suite A, Burlington, Washington 96233, United States



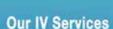
360-777-5477



ivdripbooth.com



Scan to visit website







### Performance Boost IV Drips

Designed to aid in shortened recovery time and potentially improve athletic ability



### **Vitality IV Infusions**

Designed to prevent illness, improve immunity and promote wellness



### Beauty Enhancing IV Infusions

Designed to help bring out the radiance, natural glow and promote anti-aging effects



REAL ESTATE



### LAKE SHOECRAFT

\$1,800,000

Stunning Custom built luxury home on sand/pebble beach with dock is a peaceful getaway in Stanwood and first time on the market. #2238070



### CONDO

\$875,000

Gorgeous Camano townhome off Utsalady Bay with wonderful views, private beach and like new condition! #2236735



### STANWOOD

\$1,625,000

Classic farmhouse in Stanwood on 4.6 acres with full ADU permitted cottage home, and detached shop with living space above. #2236359



### **NEW HOME**

\$919.000

Located in the Sunset West community on Camano, Titan Homes single level home with beautiful upscale finishes. #2191493



### STANWOOD

\$775,000

Rustic and private riverfront log home in Stanwood on 6.59 acres with outbuildings is perfect for full time or a cozy retreat. #2206106



### STANWOOD

\$798,000

Beautiful greenspace surrounds this charming 2-story Stanwood home recently refreshed and includes detached shop/garage. #2236859

### STANWOOD

7359 267th St. NW, #D 360.629.8233



### **CAMANO ISLAND**

818 N. Sunrise Blvd. 360 387 4663

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR

# Artist of the Week

Are you interested in promoting your art, craft, or live performance?

Email us info or a bio about yourself and we will feature this page to you... and it's all FREE!

### SANDY ROWE IV



is a performing musician and artist based in Camano Island. A long time bassist for many groups in the Seattle music scene, Sandy now performs mostly solo shows of original material and covers. Some artists that Sandy covers include favorites like Hank Williams Sr., Ernest Tubb, John Prine, Charlie Parr, and newer artists like Tyler Childers, Scott H. Biram and Phosphoresant. Listen to my new album of original songs, "Keepsake". Recorded in February of 2023 on Camano island, this album of songs is performed solo primarily with a steel bodied resonator guitar, harmonica and kickdrum. Sounds of new and old merge to create a unique set of songs that stand out yet still have a familiar vibe.

### Spotify:

https://open.spotify.com/album/2Kx4iR5ZyPrTkpGB3dO-4ev?si=HtaddSCcTXuuhgFaOT6QDQ

### Pandora:

https://pandora.app.link/Qn3MvZdSCzb

### Apple:

https://music.apple.com/us/album/keepsake/1685682347

### Amazon:

 $https://amazon.com/music/player/albums/B0C412WP3V?market-placeId=ATVPDKIKX0DER\&musicTerritory=US\&ref=dm\_sh\_iJOUK-whzZL9j9ZYa75EGhXoZv$ 

### Youtube:

https://youtube.com/playlist?list=OLAK5uy\_mUSDymQY2mR-Ni-HmgAs\_LfG46L5QRI9uQ

For booking inquiries please email: sandyplaysmusic@gmail.com

## Business Spotlight

### **PAWSITIVE DOGTOR**



Are you interested in promoting your business or organization?

Email us info or a bio about your business and yourself and we will feature this page to you... and it's all FREE! My business was created 3 years ago and since then we have recently bought our final destination home on Camano island. We service mainly Camano but also stanwood. We pick up your dogs between a scheduled time and take them on grand adventures until time for drop off. It's our greatest pleasure hearing how excited our clients dogs get when they see our pick up van. Don't knock it till ya try it, we've only ever had positive feedback (: our furry friends deserve all the experience and exposure we can give them while we can give it. You can view our website at pawsitivedogtor.com. Feel free to just contact for more information if you want to understand/learn more hassle free. Call or text us today. 206-569-8075 or pawsitivedogtor@gmail.com





## Classes and Workshops

**Chakradance classes** at Bee Authentic Pilates in Stanwood. Fridays at 4pm on: June 21st and July 19th. Chakradance is a unique healing process combining Jungian Psychology, meditation, chakra resonant music, dance and mandala art work. Guided by imagery, participants dance through the chakras, shedding layers and releasing blocked energy. Sign up online or call the studio at 360.572.2112.

Camano Fire offering two firefighter education classes June 29. Retired Captain Mike Gagliano from Seattle Fire will offer two firefighter education classes on Camano Island: The Art of Go no Go, and This House Rocks. This is a two-part seminar offered from 8 a.m. to 5 p.m. at the Madrona/Vista Fire Station, 273 NW Camano Drive. Register online at https://firenuggets.regfox.com/cifrgagliano

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to premium websites and records. Contact us at camano@familyhistorymail.org, or find us on Facebook.

**Yoga Classes In-studio & Online** at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes; regular membership rates apply.

**Guitar Lessons with Ford Geisbrecht.** All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

**Private Music Lessons:** piano, guitar, bass, aand voice for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions or book a complimentary 30-minute lesson: HartMusic-School.com/free-trial. Now accepting applications for new teachers.

**Homeownership workshop** every month on the fourth Thursday of each month at Elite interiors next to UPS store from 6 to 8 PM. We will not be holding them In June, November or December.

### NATIONAL CANCER SURVIVORS DAY

is celebrated on the first Sunday in June to "demonstrate that life after a cancer diagnosis can be a reality".



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JUNE 3

### WORLD **BICYCLE** DAY

recognizes "the uniqueness, longevity and versatility of the bicvcle. which has been in use for two centuries.

It's Elemental: Yoga and Ayurvedic Wisdom for Modern Living. Immerse yourself in the understanding of the 5 Great Elements (Panca Mahabhutas) of earth (prthvi), water (ap), fire (tejas), air (vayu) and ether (akasa). You'll understand how these elements are the foundation for the 3 energy principles. This workshop is available In-Studio or Online. Sign up at movementarts.com/events.

Medicare Basics Information Class June 5th (10:00 - 11:00am) Free event open to the public. We will be explaining how your Medicare benefits work, as well as the options for supplementation. This class is highly recommended, whether you are new to Medicare or you would like to re-evaluate your current plan. Location: Camano Island Library Meeting Room. RSVP with John- 360-967-9601

**Line Dance Lessons** at the Camano Center — Wednesdays 3:00pm-3:45pm. \$10/person or \$8/Camano Center Members. Join us! More info at www.socialdancesimplified.com.

Boat America Approved Boating Safety Class - on Zoom 8 Hour Certificate Class Monday through Thursday, 6:30 – 8:30 PM. Registration: \$20 - plus \$4.99 Book download. Printed books are available for \$1. June 10-13. For more information or to register, visit our website: www.BLIAUX.com, menu tab "Boating Classes" or contact Ray E. White (360-410-0432 or email BoatingSafetyWA@gmail.com. Classes are conducted by the U.S. Coast Guard Auxiliary, Flotilla 11.

**Health & Wellness class** on June 9, from 3 to 5 pm. Hannah Jaster, PA-C will be presenting a hands-on class on Lacto-Fermentation. Come and learn another way to preserve those fresh veggies from your garden! Held at Cedarhome Seventh-day Adventist Church @ 28505 68th Ave. NW Stanwood, WA 98292 RSVP - Send text to 425-870-1006.



### ARROWHEAD RANCH ROCKET CAMP

Build, decorate and launch a model rocket during a two-day camp at Arrowhead Ranch, Learn basic principles of model rocketry!

4 WEEKENDS JUNE 8TH - 9TH JULY 6TH - 7TH AUGUST 3RD - 4TH SEPTEMBER 21ST - 22ND

9:00 AM - 12:00 PM

PRICE \$125 Ages 10-15



### DID YOU KNOW?

Brenda Howard, a bisexual woman from NY, is considered the "Mother of Pride."

### STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

### WILDFIRE PREPAREDENESS / PREVENTION



Over the past decade, wildfires have emerged as a significant public health and safety concern for much of the Western United States. As our state's largest utility, PSE is taking a comprehensive approach to mitigating the evolving risk of wildfires, working to ensure safety while maintaining the reliable delivery of energy to our communities. Learn more about how PSE works year-round to prepare for and prevent wildfires, including Public Safety Power Shutoffs, and how you can prepare for wildfire season and other emergencies. Learn more at https://www.pse.com/en/pages/Wildfire-preparedness

### FREE SUMMER CAMP

Kids ages 4 (by June 24) through incoming 5th grade are invited to Camano Chapel for Vacation Bible School! Our theme this year is Breaker Rock Beach: God's Rock-Solid Truth in a World of Shifting Sands. This free 4-day event is June 24-27, 9:00 am-12:00 pm. Register now at camanochapel.org/connect.





### ARE YOU TROUBLED BY SOMEONE ELSE'S DRINKING?

When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: SUNDAY, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; WEDNESDAY, "One Day at a Time," Stanwood Senior Center, 7430 276th ST NW, Stanwood, 7:00pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), THURSDAY, "Stanwood AFG", United Methodist Church, 27128 102nd Dr., Stanwood, 7:00pm, SATURDAY, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am. For more info call 360-618-0464.

### STILLAGUAMISH TRIBE DONATES TO LOCAL FIRE DEPARTMENTS



The Stillaguamish Tribe of Indians presented three checks for a total of \$488,546 to local fire districts to support the community. The donations were presented to Snohomish County Fire District #22 -\$168,546, Island County Fire District #1 Camano Island Fire & Rescue - \$170,000, and Skagit County Fire District #15 -\$150,000. These donations will help fund initiatives of each respective department that allow them to better serve residents in emergency situations. The financial support will be utilized to purchase essential equipment, and improve overall response capabilities, ensuring that the communities are well-prepared for any emergencies that may arise. "The Stillaguamish Tribe is deeply committed to supporting the local community and enhancing public safety," said Eric White, Tribal Chairman. "These donations reflect our ongoing dedication to ensuring that our local fire districts have the resources they need to protect and serve our residents effectively. We believe in building strong, resilient communities, and we are honored to contribute to critically helpful causes."

### Sometimes

DID YOU KNOW?

people can have memory problem that look like dementia, but they are actually caused by other conditions that can be treated. This is called pseudo-dementia.

### THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

### Y

GRADUATION SEASON

Stanwood High School presented more than 120 awards Monday, May 20, during its annual Celebration of Excellence event. All school departments honored students in a wide range of disciplines — from math to woodworking to music and much, much more! The event concluded by introducing the 10 valedictorians and one salutatorian. About 300 Stanwood High School seniors will graduate during the June 7 ceremony at Bob Larson Stadium. Tickets are required to enter the 7 p.m. commencement, however it will be livestreamed free online for the public. About 30 Lincoln Hill High School seniors will graduate during the June 11 ceremony in the Performing Arts Center at Stanwood High School, Admission is free for family and friends for the 6 p.m. commencement, which will also be livestreamed free online for the public. Find links to all of our livestreaming platforms here: https://shs.stanwood.wednet.edu/families/event\_streaming. See all the honorees from the Celebration of Excellence online at https://shs.stanwood.wednet.edu/news/what\_s\_new/2024\_celebration of excellence.

STANWOOD HIGH, LINCOLN HILL HIGH PREP FOR

### JUNE IS PRIDE MONTH

The first gay Pride parade was held in Chicago.

### FREE HEARING AID CLEANINGS

(by Stanwood Hearing). September 4th from 12:30-1:30pm @ The Stanwood Lincoln Senior Center. Call us to save your timeslot, 360-572-4422.



FAMILY OWNED & OPERATED! Elger Bay • Camano Plaza • North Camano

### Bonus Days

SUPER SIZE SUNDAY: 50¢ off any 20oz. drink MOCHA MONDAY: 50¢ off any 20oz. hot/iced Hershey's Mocha!

2 STAMP TUESDAY: Double stamps for every 12oz. drink THIRSTY THURSDAY: 50¢ off any 32oz. drink



### WORLDLY SPLENDOR

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CONGRATULATIONS GRADUATING CLASS - 2024

of Stanwood High School and Lincoln Hill High School!

### DID YOU KNOW?

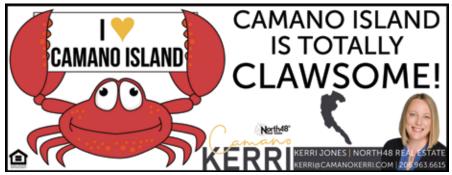
In 1924, Henry Gerber, a German immigrant, founded the Society for Human Rights in Chicago; it was the first group to campaign for gay rights.

### A SIMPLE GESTURE PICK-UP

Our drivers will be out Saturday June 8th to collect your green bags for the Stanwood/Camano Food Bank. (The pick-up hours are 9 AM-11AM). Most needed items for the June 8th pick up include hearty canned soups, spaghetti noodles, mac and cheese, low sugar canned fruits and baby wipes. Clean, reusable sacks or clean plastic or paper grocery sacks are also helpful. Please do not to include perishables. \*\*\*If you are not on our pick-up list and want to join our efforts please contact us at asimplegesture@scfbs.org or call 360 572-4148.

### MONEY SMART WEBINARS

We've just released our Money Smart course schedule for 2024, and this year, we're offering all classes online via convenient webinars. It's now easier than ever to attend our Money Smart for Small Business courses designed to help those starting and managing a business. Webinars are hosted by Katy Woods, Coastal Community Bank Branch Manager and Certified Coach. May 30: Managing Cash Flow. June 20: Building Credit. Register now at https://www.coastalbank.com/money-smart/



### **HERO QUILTERS**



What a wonderful way to honor our men and women of the U.S. military! Join the Stanwood-Camano Hero Quilters at the Camano Center every third Wednesday of the month from 10:30 a.m. to 3:00 p.m. They create beautiful patriotic quilts for wounded soldiers, with fabric and patterns available for those with sewing experience. These heartfelt quilts are distributed through AmericanHeroQuilts.com. Participation is free for Camano Center members, and non-members can join for just \$5 per activity.

Pre-Registration -\$25.00
Day of Registration -\$30.00
Vendor Booth-\$40.00
Online registration at:
www.lincolnhill-rc.org

### Save the Date





Saturday, August 31st

9-3

Lincoln Hill Retirement Community and Senior Center

7430 276th St. NW

Stanwood, WA 98292

Contact Denise - 360-629-7403 x 115

Awards to be given at the end of the show!

Music and fun for Everyone!

Biscuits and Gravy Breakfast

7:30 - 10:30 \$5.00

Hot Dog Lunch

12:00 - 2:00 PM

### WHAT THE LOCALS KNOW:

Camano Island has 4 cardinal (compass) streets. North Camano Drive, South Camano Drive, East Camano Drive, and South Camano Drive. They are not simply "Camano Drive." When an address states 123 N Camano Drive, or 123 NW Camano Drive, those are inaccurate. For example, the first indicates 123 "North Camano Drive", and the second indicates 123 N "West Camano Drive" (the Northern end of West Camano Drive, not the Northwestern side of Camano Drive.... again...there is no "Camano Drive").

### **BABY SALMON LIVE HERE**

Get ready for a fin-tastic summer! Partnering with SC Gives, Sound Water Stewards introduces a new educational event series happening from Memorial Day to Labor Day on Camano Island. Join in the fun! Grab a BINGO sheet, participate in as many salmon steward activities as you can, and enter to win prizes! Activities include: state park ranger talks, becoming a salmon scientist, trivia night, 2024 KidsFest, highlighting local salmon restoration projects, and so much more! By the end of summer you'll be a salmon expert- ready to spread the word that yes, "Baby Salmon Live HERE"! https://sound-waterstewards.org/



### **THRESHOLD CHOIR**

is a compassionate group of men and women who sing locally to patients in nursing homes and other venues. Our chapter is called Heart Songs, and we welcome any and all new members who would enjoy doing this kind of work. No need to sing perfectly, just the time and desire to meet twice a month for a couple of hours to practice the songs and perform for patients. It always brightens their day—and ours. We are expanding our list of venues, and are happy to sing to individuals in their homes. There is no charge for this service. If you are interested, please contact Jerri Feris at ¡feris@msn.com.

### FIFTH ANNUAL KIDS FEST 2024

Summer's right around the corner, and so is our Annual Kids Fest Event! We're on the hunt for fantastic vendors to host vibrant kids activities. With a past record of 200 or more little ones visiting, we believe you or someone you know could be the perfect match to make the day super fun for our local kiddos! More info: https://mailchi.mp/camanocommons.com/fifth-annual-kids-fest-2024?e=924cd59b7c.

### **BOATING SEASON IS UPON US!**



To stop the spread of invasive plants and animals, it is important to CLEAN, DRAIN, and DRY your boat and equipment before launching and when leaving any body of water. Pay special attention to trailers, motors, wells and other compartments, as well as kayaks, jet skis, waders, and fishing gear. This will help prevent you from transporting invasive species to other waterbodies. Learn more at https://snohomishcountywa.gov/invasives.

### DID YOU KNOW?

The ocean produces at least 50% of the planet's oxygen and absorbs about 30% of the carbon dioxide produced by humans.



### DID YOU KNOW?

More than 6.5 million Americans age 65 and older have Alzheimer's.

### **HAMILTON LANDING IS OFFICIALLY OPEN**



Enjoy Stanwood's newest riverfront destination! Located near downtown on 98th Avenue NW, Hamilton Landing offers a public boat launch with access to the Stillaguamish River and Puget Sound, scenic viewing areas, public restrooms, picnic tables and benches, a walking path, kayak launch, bike rack and play elements. Hamilton Landing also features historic structures from its former use as a lumber mill including the infamous Hamilton smokestack that can be seen from miles away. The boat launch is now open for use and can be accessed seven days a week from dawn until dusk. Currently in development, the Port Susan Trail is a five-mile pedestrian path that supports a citywide plan envisioning a walkable community. There are five phases of the Port Susan Trail Project with Phase 2 currently underway. Phase 2 involves connecting the 88th Avenue Park and Ride lot to Hamilton Park. The City anticipates Phase 2 to be complete by the end of 2024. Hamilton Landing Park History: From the 1880s to the 1960s, a succession of small lumber mills operated on the former Hamilton property. These mills supported the local economy for many years and were central to the City of Stanwood. The Hamilton Lumber Mill burned down in the 1960s and the property largely sat vacant. The City of Stanwood purchased the property in 2014 for redevelopment and reuse as a public park.



### JUNE IS PRIDE MONTH

many Southern parades occur in the autumn, presumably to take advantage of cooler temperatures. Atlanta Pride, Orlando Pride, and Kentuckiana Pride in Louisville all occur closer to National Coming Out Day (October 11) than they do the anniversary of Stonewall.

### **GET YOUR ENTRIES READY FOR THE SILVANA FAIR**

Every year on the last Saturday of July the field behind Silvana's Viking Hall comes alive with the sounds of fun as the Fair returns to town! This year the Silvana Fair takes place on July 27, with flag raising and opening ceremonies at 9 AM followed by children's games, judging of animal exhibits, a riding lawnmower tractor pull, and a petting farm for the littlest visitors. At noon there will be live music, and of course, typical fair food. Be sure to visit the vendor booths and view the indoor exhibits. The Fair concludes with the Parade of Champions at 5 PM. Best of all, the Silvana Fair boasts FREE ADMISSION and FREE PARKING! Adults and youth can enter their best works in cooking, sewing, horticulture, and countless crafts, as well as computer science, Legos, photography, creative writing, and many others. Both youth and adults can win beautiful ribbons, and youth exhibitors also earn premium money for their exhibits. Youth ages 6 through 19 can enter their animals - rabbits, poultry, dogs, cows, goats, swine and more - even if they are not members of animal clubs. Again this year, there will be Dog Rally Virtual events that both adults and kids can enter. Vendor applications are still being accepted on a first-come basis. For entry deadlines, forms, and more information visit www. SilvanaFair.com or find us on Facebook, and we'll see you at the fair!

### **FREE SUMMER MEALS**



Good nutrition is essential for effective learning every day — all year long. Just as learning does not end when school lets out, neither does the need for good nutrition. Summer meal programs help children get the nutrition they need to learn, play, and grow throughout the summer months. The Stanwood-Camano School District is again offering its free Summer Food Service Program for all children ages 18 and younger. The program is open to all families and doesn't ask for any paperwork — kids can just drop in and grab a meal. The summer meal program will be offered Monday through Friday at the following locations: Twin City Elementary: June 24 - August 23 (Breakfast: 8:30 a.m. - 10 a.m.; Lunch: 10:30 a.m. - 12:15 p.m.) — Stanwood High School: July 29 - August 23 (Breakfast: 8:30 a.m. - 9:30 a.m.; Lunch: 10:30 a.m. - 12:15 p.m.) For more information, visit https://www.stanwood.wednet.edu/.../2024 free summer meals

### LIBRARY STORYTIMES

A play time or activity will follow after storytime). Monday: Toddler Storytime with Jennifer - 10am - Camano Island Library. Jump and bounce together into a world of stories, music, and movements. Tuesday: Family Storytime with Jennifer - 10am - Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family. Wednesday: Family Storytime with Vicky - 10:30am - Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family. Thursday: Toddler Storytime with Alex - 10:30am - Stanwood Library. Jump and bounce together into a world of stories, music, and movements.

### FREE PICKLEBALL BEGINNER LESSONS AND ROUND ROBIN GAMES AT HERITAGE PARK!

Free Pickleball Beginner Lessons and Round Robin Games at Heritage Park! The Camano Stanwood Pickleball Association will be giving Beginner Pickleball lessons, as well as arranging for a series of friendly Round Robin pickleball sessions from May to August. These sessions are for adults 18 years or older who would like a basic introduction to the fun sport of Pickleball. These free classes are for new players only. The Round Robin events are for people who have previously attended one of our lessons. Limit 10 players per session (on a first reserved basis). Tennis shoes required. BEGINNER LESSONS: May 30, June 11, June 27, July 25, August 6. ROUND ROBIN SESSIONS: June 15, July 13, August 10 (Round Robin Tournament). TO SIGN UP, VISIT www. camanopickleball.com/heritagepark.

### DID YOU KNOW?

Each year, Alzheimer's Disease kills more people than breast cancer and prostate cancer combined.

### ITEMS NEEDED FOR FUNDRAISING GARAGE SALE

Our annual Garage Sale is coming August 9-10 from 9-5 at the Stanwood Masonic Center at 27205 102nd Ave. We always have a huge selection and that is because of you! We need your gently used items, clothes, Kitchen, pet, tools, sporting goods, jewelry, books and more. Unfortunately we do not accept large items (unless it's a boat) like sofas, mattresses. Chairs and tables are accepted. We need your donations Now! Please call or email us. augustarms2000@yahoo.com or 425-263-6808. Thank you in advance in helping us give back to.







Late Spring Flowers. Photo by Titus T.





Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at www.



### STRIPED AMBER ALERT

A few days ago four zebras escaped from the truck they were being transported in just east of Seattle off Interstate 90 near North Bend. I guess they just didn't care to move to a new home. Or being hauled in a trailer. Three were rounded up pretty quick with the help of a passing retired rodeo clown and no, I didn't make this up. But the fourth one is still on the lam, surprising, since a zebra is about the most recognizable animal on earth.

Needless to say, this was the top story on the evening news and even made the New York Times. Trump, Gaza, Stormy Daniels --- all of em took a backseat to the missing mammal loose on the interstate savannahs up toward the Cascades. No amber alerts for the black and white striped renegade. Probably more needed in the future. But so far our escapee has eluded capture days later.

I suspect the TikTokkers have already started streaming. Zebra influencers galore. And the Go Fund Me folks are collecting donations to save little Zeebo. African trackers will be flown in, the national press will fly in too. Call it a media circus and you'd be spot, or stripe on. Nevertheless it's a welcome diversion from the old media circus and I for one thank this creature for taking the spotlight and running with it.

For a few memorable years we had the Barefoot Bandit, a neighbor kid who outsmarted and out ran the local cops, the State Patrol and the FBI. He became our local hero although there were neighbors here who proclaimed publicly they wanted him caught or killed. Most of us South Enders were rooting for the Kid. He never hurt anyone, mostly just stole food and supplies and, well, okay, an airplane or three. You sort of have to root for the underdog in an age of cellphone tracking, credit card locating, security cameras, Amber Alerts and the ubiquitous government surveillance. C'mon, he was our Jesse James, our Robin Hood, our Billy the Kid --- you always gonna root for the Powerful?

I'm rooting for Zeebo! At least he'll get a few days of freedom. And maybe some fellow sympathizer will find him grazing the flower garden and give him sanctuary. We got a shed ready just in case he finds his way down here. We can always use another Legend....





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### Changing the way people think, 🎀 act and talk about Dementia 🧩



### **Dementia Friends Washington**

has partnered with the Camano Center and NWRC, to increase awareness and community support for people with dementia and their caregivers in Island County.











Join the Movement of Dementia Friends Washington by hosting a Dementia Friends Information Session at your organization, business, club, group, school, etc.

Contact Camano Center for more information or to schedule an Information Session on Camano Island 360-387-0222 or info@camanocenter.org





look for us online at

www.TheCrab Cracker.com

or on **Facebook.** 

Download current or past editions.

**Travel Talk:** Do you enjoy sharing your travel experiences or hearing from others of their travel adventures? Or enjoy travel vicariously? Each month on the second Friday we meet at 10:00-12:00 at Camano Center, 606 Arrowhead Road. Travel Talk will have a slideshow presentation of someone's travels. Each month will be a different presentation. Absolutely no sales pitches or promotions, just travel fun! Camano Center members free, non-members \$5. Questions or if interested in presenting: 425 503-9072 (please leave a message).

*Friendship Tea* - Drop by for tea, treats, and a chance to visit with friends, both old and new. 1st & 3rd Tuesday mornings of from 10:30-12:00. No charge for Camano Center members; \$5 for non-members. Please check in at the Front Desk. For more information, contact Connie (360) 652-7211.

**Rainy Day Room Playgroup** Free weekly play group on Mondays at 3:30-4:30pm Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/events.

**Teen Programs** Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

**Parent Café** - 1st Thursday of month at 10:00-11:00 AM – RSVP only on calendar AND 3rd Thursday of the month 5:00-6:00PM, RSVP only on calendar. Our calendar is located here www.crc-sc.org/events.

**Kaleidoscope Play & Learn** Tuesdays and Wednesdays, 10-11:30am and 3:30-4:30pm - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

**Camano Island Quilters-Machine Embroidery Group** Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

**Camano Island Quilters Open Sew** Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

**Teen Late Night** Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.

**Yoga Teacher Training Information Meeting** - June 15, 2:00-3:00pm at Movement Arts. Join us for this informative meeting and learn how Yoga Teacher training can enrich your life. Whether you choose to teach or not, the tools you obtain through this 200hr training (Oct 2024-April 2025) can broaden your skill set in your profession or deepen your existing yoga practice through deeper study. Register in advance to receive special discounts for those attending. Sign up at movementarts.com/events or call 360-629-9100.



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### **Questions?**

Email savvy.septic@snoco.org or call 425-388-3636

Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.









### **CASA'S PET OF THE WEEK:**

ALICE and JASMINE - These gals are a bonded pair who will need to go together. They are best friends. Alice loves to play with feathers and watch them "fall from the sky". Alice and Jasmine have never lived with children or dogs so slow introductions are a must. They can be very shy when you first meet them but after a little TLC they come right out of their shells. If these ladies sound like the right fit for your home please stop by the shelter!

*Camano Animal Shelter Association (CASA):* 360-387-1902. www.camanoanimalshelter.org



### NOAH'S PET OF THE WEEK:

Hello, I'm **HANK!** I am a 2 year old kitty. I am an adult but still oh so playful and cuddly. I will still be a bit active and mischievous at times. But if you are looking for a sweet little girl to join your family, please come meet me today at The NOAH Center.

**The N.O.A.H. Animal Adoption Center:** (360) 629-7055. www.thenoahcenter.org



### SAVE-A-MUTT'S PET OF THE WEEK:

**SCOOTER**. Must love to give belly rubs! Scooter is a tender hearted boy whose number one request is a family that will give him endless belly rubs. He is so affectionate and would be happy in a home where he can relax on the couch next to his person or hang out in the sunny backyard while he assists with garden duties. FIRST STEPS: Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA): (425) 280-0502. www.save-a-mutt.org



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### DID YOU KNOW?

In 1959, a group of LGBTQ individuals who were fed up with being mistreated by the police fought back at Cooper Do-Nuts in Los Angeles. The group, which was led by several transgender women, "pelted officers with donuts, coffee, and paper plates until they were forced to retreat. It is believed to be the first documented LGBTQ uprising in U.S. history.

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# Classified Listings

### DID YOU KNOW?

The rainbow flag first appeared in the 1970s. Harvey Milk, the openly gay San Francisco city supervisor, tasked artist/activist Gilbert Baker with creating a symbol for the gay community to use in place of the pink triangle, which Nazi Germany forced gay men to wear in concentration camps.

### FOR SALE:

**Two electric dirt bikes:** A Monster Moto and Razor Dirt (Rocket). Both in great shape and fun! \$150 each. 360-387-6524.

**SEAHAWKS!** 3 games for sale with 4 seats on the 50 yard line (Seahawks side). Camano Island resident. Many references. 206-953-7336.

**Selling:** High chair, birch wood, Stokke Tripp Trapp, price USD 79.-Pick up Camano Island. Phone 425 395 2797

**Organic raised chicken eggs**, Certified organic feed and treats. Free range on a farm in N. Camano. Variety of blue, pink, green, white and brown. \$9 dz. Additional info at Vineandhencamano@gmail.com.

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**Camano Decks & Sheds LLC** Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmitchell8974@gmail.com. Serving Outlying Areas.

**Private Duty Caregiver.** Quality In Home Care with 15+ years experience. Résumé packet. Specializing in 24 hour care. Hourly and sleepover rates available. Compassionate Care without Agency fees. Cell: 360-631-7428. Email: TLCBYLL@icloud.com.

### WANTED:

**Considering a career in real estate?** Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermerestanwoodcamano.com.

*Wanted: horse to ride.* Gentle for beginner. Share cost or lease road-safe. 360-279-1565.

Wanted: Broken concrete without rebar, 425-239-2000 voice or text.

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Apply online at **www.warmbeach.org** or contact **hr@warmbeach.org** for more information



# Cooking Mamas

CHICKEN BACON RANCH TACOS

Warm street tacos filled with shredded chicken, lettuce, cheese, tomatoes, and green onions, drizzled with ranch dressing and topped with crumbled bacon, Enjoy!



Recipes by Cooking Mamas created by Dusty Hutchins-McNutt.

"Great recipes begin in Mama's Kitchen!"

Visit me at: www. CookingMamas. com INGREDIENTS: 4 slices bacon, cooked and crumbled; 3 c. cooked shredded chicken breast or rotisserie chicken; 1 T. taco seasoning; 1/4 c. water; 1 c. shredded lettuce; 1 c. shredded Mexican cheese blend; 2 Roma tomatoes, seeded and chopped; 1 green onion, thinly sliced; 12 street-size flour tortillas; Ranch dressing for drizzling

DIRECTIONS: 1. Cook the bacon in a large skillet over medium heat for 6-8 minutes. Drain on a paper towel lined plate. Crumble the bacon once cooled. 2. In the same skillet, heat the chicken. Add the taco seasoning and water, cook, stirring until the water has evaporated. 3. Arrange the tortillas on a microwave-safe plate. Microwave on high for 40-60 seconds. 4. TO ASSEMBLE: Fill the warmed tortillas with seasoned chicken, lettuce, cheese, tomatoes, and green onions, drizzle with ranch dressing and top with crumbled bacon, enjoy!



# View from the Bleachers

Read more of Tim Jones' humor every week at www. ViewFromThe-Bleachers.net or check out his new YouTube channel by the same name.

### DON'T BLAME ME FOR MY BAD BEHAVIOR... IT'S MY WIFE'S FAULT

There have been a spate of recent news stories about prominent men throwing their wives under the proverbial bus, blaming them for the husband's own bad behavior. NJ Senator Robert Menendez was indicted for a bribery scheme involving hundreds of thousands of dollars. When the Feds caught him red-handed with the loot, including actual bars of gold bullion, the Senator manned up and took the fall. I'm just kidding. He denied everything and blamed his wife for the entire scandal, claiming she kept him in the dark about her scheme.

The obvious takeaway for husbands is that it's perfectly acceptable to blame your wife when you get caught doing something reckless or morally egregious. For too many years, we husbands have been held accountable by our wives simply for making boneheaded, impulsive, and poorly thought-out decisions which we hoped our wives would never find out about. It's time we held our ground and shifted the blame for our many failings squarely where it belongs: with our wives.

Let me explain how this works. Say you've been jonesing for a 20-foot power boat for years, but your wife keeps pointing out that "we can't afford it." This despite the fact that you've never once complained about all the times she's gotten her hair done at that fancy salon. My advice, following in the footsteps of inspirational men like Menendez and Alito, is to ignore her protestations. Go out and buy that boat anyway. You deserve it. And if she ever finds out (which is possible since it's hard to hide a 20-foot boat in your garage), just blame your impulse purchase on your wife.

Point out that when she said, "You really shouldn't buy that boat," you thought she meant, "Oh, my, you really shouldn't, my darling" the way southern women in the movies often blush and say things like that when what they really mean is "Oh, my, Thank you, darling. How did you know? I just love it. Of course, I will have sex with you tonight." Explain how you bought it for HER, not even thinking about yourself, and how you plan to name her boat "Beautiful Gal" in her honor. And how the dealer doesn't accept returns after the sale.

But be careful about trying this technique if you're thinking about buying those top-of-the-line titanium Calloway golf clubs without her permission. She might not be convinced you bought them for her, given the last time she played golf was 1994 – and all the holes came with castles, clown faces, and pirate ships.

Imagine you arrive home at 2am, after playing poker with your buddies – instead of 10pm like you promised your wife – and your wife notices the car's front bumper has been badly smashed in. Once again, it's not your fault that you forgot to press the garage door remote, and as a result drove straight into the closed garage door. It could have happened to anyone who was as drunk as you were.

This is clearly your wife's fault. She should have called you to remind you when the clock struck 10pm to come home NOW! But she didn't.



She deliberately let you keep playing poker and doing tequila shots. So, why should you be blamed simply for failing to notice the garage door was shut when you rammed your Ford F-150 pickup truck into it at 32 mph?

In any healthy marriage, the wife needs to accept at least 50% of the blame for your mistakes. If she really loves you, she'll agree to take more like 75%. Remember, guys. We're just men. We're designed to mess up. It's in our caveman DNA. If your wife couldn't figure that out by the time she agreed to marry you, if you ask me, that's on her.

[Read more of Tim Jones' humor every week at www.ViewFromThe-Bleachers.net or check out his YouTube channel by the same name.]



### TIDE TABLES / SARATOGA PASSAGE / MAY 31 - JUNE 13, 2024

D-4-		High	Tide	Height	Moon		D-4-		High	Tide	Height	Moon
Date		/Low	Time	Feet	Visible		Date		/Low	Time	Feet	Visible
		/ LOW	Tillic	1000	VISIDIC				/LOW	Tillic	1000	VISIDIC
F	31	High	12:16 AM	11.9			F	7	Low	12:05 AM	7.8	
l	31	Low	6:53 AM	4.2	I ( 🔷 -			7	High	4:47 AM	11.0	
l	31	High	11:57 AM	7.2				7	Low	12:10 PM	-3.6	
	31	Low	5:57 PM	2.1				7	High	7:57 PM	12.6	
Sa	1	High	12:54 AM	11.9			Sa	8	Low	12:59 AM	7.8	_
50	1	Low	7:45 AM	2.5				8	High	5:30 AM	10.5	
l	1	High	1:42 PM	7.7				8	Low	12:53 PM	-3.2	
	1	Low	7:00 PM	3.6				8	High	8:42 PM	12.5	
Su	2	High	1:32 AM	11.9	_		Su	9	Low	1:51 AM	7.8	_
Ju	2	Low	8:32 AM	0.6			-	9	High	6:14 AM	9.9	
l	2	High	3:13 PM	8.9				9	Low	1:35 PM	-2.5	( <b>( )</b>
	2	Low	8:06 PM	5.0				9	High	9:27 PM	12.2	
м	3	High	2:10 AM	11.9	_		м	10	Low	2:47 AM	7.5	
l '''	3	Low	9:17 AM	-1.0		1 '		10	High	7:00 AM	9.1	
l	3	High	4:24 PM	10.1				10	Low	2:17 PM	-1.6	(
	3	Low	9:10 PM	6.1				10	High	10:10 PM	11.9	$\Box$
Tu	4	High	2:48 AM	11.9	_		Tu	11	Low	3:52 AM	7.1	_
l 'u	4	Low	10:00 AM	-2.3			ıu	11	High	7:48 AM	8.3	
l	4	High	5:26 PM	11.2				11	Low	3:00 PM	-0.5	
1	4	Low	10:11 PM	7.0				11	High	10:49 PM	11.6	
W	5	High	3:26 AM	11.7			W	12	Low	4:58 AM	6.4	
l	5	Low	10:43 AM	-3.2				12	High	8:47 AM	7.5	
l	5	High	6:21 PM	12.0				12	Low	3:45 PM	0.7	
	5	Low	11:09 PM	7.5				12	High	11:23 PM	11.3	
Th	6	High	4:06 AM	11.4		[	Th	13	Low	5:55 AM	5.6	
l	6	Low	11:27 AM	-3.6				13	High	10:05 AM	6.8	
l	6	High	7:11 PM	12.5				13	Low	4:32 PM	2.0	
ı		1	1	I	1			13	High	11:53 PM	11.1	_





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