

THE CRAB CRACKER

ISSUE 380
June 14-27, 2024

FREE
TAKE
ONE

Father's Day Edition!



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway

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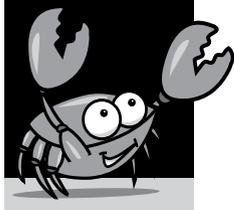
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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover photo: Leque Island Lupine. Photo by James M. Shipley.

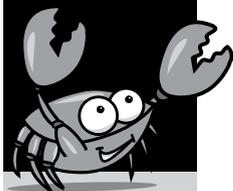


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James and Malynda Shipley, owners, proprietors
thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: JUNE 20 for Next Edition (June 28 - July 11)

Calendar of Events



**JUNE 14
FLAG DAY**
commemorates the adoption of the flag of the United States on June 14, 1777 by resolution of the Second Continental Congress.

THURSDAY, JUNE 13

TRAILS AND TRIVIA – WASHINGTON TRAILS ASSOCIATION AND NORTH PUGET SOUND SOCIAL

6-8 pm – Conway Muse. No Cover! Join WTA staff and volunteers from the Northwest and North Puget Sound regions for an engaging evening. Enjoy pizza, presentations, and trivia in the art gallery and speakeasy. This event is a great chance for WTA staff and volunteers to connect cross-regionally and celebrate our community. Come for an evening of food, fun, and community spirit! (21+ only).

FRIDAY, JUNE 14

JOMOMMA

8:00pm - 11:00pm at Pub 282. Sheri Roberts Greimes is a popular performer from the Pacific Northwest who brings her bluesy country rock style to the stage, astounding audiences with her powerhouse vocals and soulful music.

FRIDAY, JUNE 14

TRAVEL TALK



10:00-12:00 at Camano Center, 606 Arrowhead Road. Do you enjoy sharing your travel experiences or hearing from others of their travel adventures? Or enjoy travel vicariously? Travel Talk will have a slideshow presentation of someone's travels. This month we will visit France, traveling through Normandy, Paris, the Loire Valley, Provence and ending in Nice. Absolutely no sales pitches or promotions, just travel fun! Camano Center members free, non-members \$5. Questions or if interested in presenting one of your trips, contact Mark Kraus at 425 503-9072 (please leave a message).





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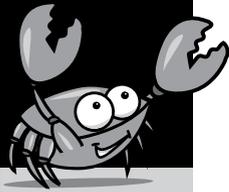
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Calendar of Events



FRIDAY, JUNE 14

STANWOOD FARMERS MARKET



2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftspeople.

FRIDAY, JUNE 14

TRIVIA NIGHT AT EDWARD LYNNE CELLARS

7pm at 748 Vineyard Ln, Camano Island. Join us for wine tasting, snacks, and a load of fun! RSVP by phone or text to 360-929-6072

Wana Duma Children's Project

African Market

Sunday, July 14th, 1:00-5:00pm
1410 Beach Drive, Camano Island

Jewelry, gifts, and decor from Kenya.
All proceeds benefit
Wana Duma Children's Project

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JUNE IS ADOPT-A-CAT MONTH

Spring is "kitten season," and shelters and rescues are filled with cats and kittens who need a forever home.



Life Jacket Cabinets

OPEN

Memorial Day weekend through Labor Day
FREE day-use life jackets*

- *Availability not guaranteed. Bring your own life jacket if possible.
- *Life jackets do NOT replace adult supervision.
- *Life jackets are NOT cleaned between use. Use at your own risk.



Calendar of Events



The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the info provided.

Thank you.

SATURDAY, JUNE 15

STANWOOD CAMANO SOAP BOX DERBY



at Arrowhead Ranch, 615 Arrowhead RD., Camano. Races start at 9am. There will also be food and merchandise vendors. Children ages 7-19 have the opportunity to build and race an official soap box car. Winners of the Derby go on to race at the All-American Soap Box Derby World Championship in Akron, Ohio! Join us for a day of excitement, races, food, and lots of fun!

SATURDAY, JUNE 15

LAST DANCE OF THE SEASON WITH THE CAMANO JUNCTION BIG BAND!



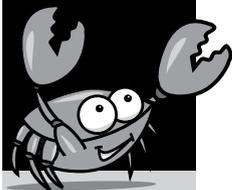
7pm at the Camano Center, 606 Arrowhead Rd., Camano Island. A free dance class starts at 6:30pm a half hour before the dance starts. Admission \$12 for adults & \$10 for students. Provided will be snacks, wine and beer can be purchased.

SATURDAY, JUNE 15

CIMW MONTHLY MEET-UP

1pm-5pm at Camano Library. Event by Camano Island Miniature Wargamers. Our monthly get-together for playing miniature wargames! This is our excuse to meet up and play our games. Any miniature wargame is allowed, and anyone may attend!

Calendar of Events



DID YOU KNOW?

Indian man
Ramjit Raghav
became world's
oldest Dad in
2012 when he
fathered his sec-
ond child at 96.

SATURDAY, JUNE 15

SNOHOMISH COUNTY MASTER GARDENERS CLINIC

at Haggen from 10:00 - 2:00. Please come and bring your gardening concerns. (It is very helpful if you bring samples and/or photos so that we can identify the issues & give accurate advice.)

SATURDAY, JUNE 15

ROCK RADIO

8:00pm - 11:00pm at Pub 282. A Classic Rock / Blues cover band playing hits from the 60's, 70's and 80's.

SATURDAY, JUNE 15

NICK VIGARINO

8 pm - Conway Muse. A stellar guitar maestro and showman. Tickets \$18 Advanced \$20 Day of Show.

SATURDAY, JUNE 15

ACTIVITIES AT CAMANO ISLAND STATE PARK



10:00am-2:00pm - **Toy Boat Building** - Build a wooden toy boat. The best part? You get to bring it home as a souvenir! \$5 suggested donation. 10am-11:00am - **Table Talk** - Join Park staff at the Boat Launch for an informal program to learn about the common plants, animals and birds that make Camano Island State Park their home. 12:00pm-1:00pm - **Junior Ranger Program** - Join Park staff at the Boat Launch for this kid-friendly program to learn about the park and the animals, plants, and humans that make their homes in our parks. 2:00pm-3:00pm - **Bubbles on the Beach** - Join park staff at Boat Launch. Become a Bubble-ologist and make GIANT bubbles.



Jan Mather

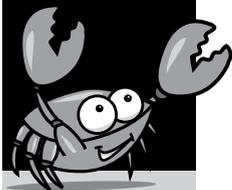
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Calendar of Events



DAD JOKES:

I know a lot of jokes about re-tired people, but none of them work.

Want to hear a joke about construction? I'm still working on it.

SATURDAY, JUNE 15

THE 4 C'S OF CRABBING

COME TO CAMANO ISLAND STATE PARK AMPHITHEATER AT 7:00 PM FOR THIS FREE CRABBING TALK! Learn some tips on the 4 "C"s of CRABBING: Catching Crabs • Caring for Crabs • Cleaning Crabs • Cooking Crabs - Discovery Pass Required.

SATURDAY, JUNE 15

CARS AND COFFEE

7am-10am at 848 N Sunrise Blvd, Camano Island. Free Event by The Baked Cafe at Camano Commons Marketplace. You provide the cars, we provide the coffee! All cars welcome. Lets fill this place up!

SATURDAY, JUNE 15

ASK A MASTER GARDENER PLANT CLINIC: CAMANO

11am-1pm at Ace Hardware, Camano Plaza. Bring your questions, plant pictures and plant samples, and get free, research-based gardening advice from an Island County Master Gardener. Future clinics every 4th Saturday of the month July-September.

SATURDAY, JUNE 15

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JUNE 15

CO-ED ULTIMATE FRISBEE

9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all skill levels. Facebook group: Stanwood Ultimate Frisbee.

SATURDAY, JUNE 15

FATHER'S DAY GRILLING EVENT

11am-2pm at Camano Plaza Ace Hardware. Bring the family (including Dad!) to our Big Green Egg grilling event from 11 am to 2 pm. Join us for delicious free food from the Big Green Egg, plus demonstrations from your grilling experts. Be the envy of your neighborhood. See you soon!

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Go to www.thecrabcracker.com. Sign up at the bottom of the home page.

Malynda Shipley
Real Estate Broker



**WORK
HARD,**
Be Kind

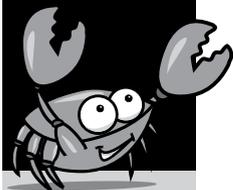
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Calendar of Events



JUNE 16

NATIONAL FUDGE DAY

celebrates its rich history, delicious flavors, and joy it brings globally. Whether homemade or given as a gift, fudge's rich taste makes it perfect for special occasions.

SATURDAY, JUNE 15

CABAM - CAMANO AREA BLUEGRASS JAM & OPEN MIC

at the South Camano Grange 3-5:30 pm, followed by an optional dinner (\$10 cash per person) and then Open Mic from 6-ish to whenever. It's your chance to show off a bit. Come and jam. Come and listen to some smokin' bluegrass. 2227 S Camano Drive. Banjos, mandos, guitars, fiddles, dobros and a bass or two. It's all here. All we need is YOU! Old timers and newbies alike.

SATURDAY, JUNE 15

BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. (360) 629-2324.

SUNDAY, JUNE 16

HAPPY FATHER'S DAY!



On June 19, 1910, the first official Father's Day was celebrated in the State of Washington, in Spokane.

SUNDAY, JUNE 16

CAMANO ISLAND COFFEE WITH A RANGER

10-11am at Camano Island State Park. Join park rangers to start your morning right! Learn about the history and wildlife of the park while enjoying a cup of coffee with one of our park rangers.

MONDAY, JUNE 17

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, JUNE 17

BREWCADE WEEKLY 3 STRIKE TOURNAMENT

6pm at The Brewcade, 7009 265th St NW #102, Stanwood. \$5 buy-in 3 strike Pinball tournament. Should end around 10pm. All money payed to top three players. All skill levels are encouraged. Sign ups start at 6:00pm and flippers up at 6:30pm Pot splash happens if there's over 15 players!

Lavender Season Celebration



*Let's throw open the gates
on the 2024 lavender season!*

FOOD & COFFEE TRUCKS LIVE MUSIC SCAVENGER HUNTS
RAFFLE PRIZES LAVENDER LEMONADE & ICE CREAM

Saturday, June 29th

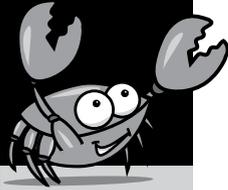
10:00 AM - 6:00 PM

27031 36TH AVENUE NW, STANWOOD

MORE INFORMATION AT

WWW.OURLEGACYFIELDS.COM

Calendar of Events



JUNE 16-20 EID AL-ADHA

Eid al-Adha, also known as the Feast of Sacrifice, is one of the two holiest Islamic celebrations, observed by Muslims around the world.

TUESDAY, JUNE 18

2024 DUBS!

Event by Stanwood Disc Golf Club. 5:30pm-8pm at Church Creek Park, Stanwood. Church Creek random flip dubs. \$10 buy in: \$5 to the pot, \$1 ace pot, \$1 birdy bash, \$1 CTP, \$2 club fund, Ace pot, birdy bash, CTP.

TUESDAY, JUNE 18

NARCAN® GIVEAWAY (NALOXONE) WITH HOST

4:00 PM – 6:00 PM at the Stanwood Library. Join representatives from Evergreen Recovery Centers' HOST drop-in program and learn how you can save a life! During this short training, HOST will distribute two Naloxone (aka Narcan®) kits to each attendee and will provide instructions on how to administer the medication. Representatives will be on-site for two hours, and attendees can drop-in throughout this time to receive the training. Both nasal and injectable kits will be available.

WEDNESDAY, JUNE 19

FAMILY BINGO AT LOST LAKE



Located at Lost Lake Club House, 1469 Lake Drive, Camano Island. Doors open at 5:30pm and Bingo starts at 6pm. \$10 for 12 Bingo Games, \$1 for each Special Black Out Game Card. Snacks and beverages available. More info: (425)260-0669.





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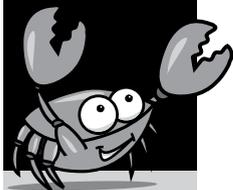


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Calendar of Events



JUNE 19 JUNETEENTH

The anniversary of the Emancipation Proclamation that abolished slavery in Texas and other former Confederate states in 1865.

WEDNESDAY, JUNE 19

HOOVES AND HEROES COFFEE BREAK

A free social event for active duty, veterans, first responders, emergency support personnel, and their families. Meet with members of your community and learn more about our program with the help of some coffee. 9-10am at 2532 292nd St NW, Stanwood. More info: info@herehoovesandheroes.org.

WEDNESDAY, JUNE 19

CAMANO WILDLIFE HABITAT BENEFIT CONCERT



7:30 pm at the Island County Multi-Purpose Center. Celebrating 1059 Certified Habitats and 22 years of Creating an Island in Harmony with Nature — One Yard at a Time — Legacy Ukulele Ensemble Concert at 7:30 pm — Donation - at the door — Peter Luongo Ukulele Workshop at 6 pm — \$20 - at the door. The Legacy Ukulele Ensemble is a group of 12 players from America and Canada directed by internationally renowned ukulele teacher Peter Luongo. The group's repertoire of 35 arrangements includes Hawaiian, classical, ethnic, folk, rock, pop, and country pieces. Peter Luongo will offer a ukulele workshop geared to all levels at 6 pm prior to the Legacy concert. 141 East Camano Drive, Camano Island.

June 26 July 10
July 24 August 21
3:00 - 5:00 PM

Join us for a series of art activities taught by local artists at the Stanwood library! We will provide everything you need. Register in advance.

For kids ages 6-11.

Youth SUMMER ART

classes

Explore
Your
Creativity

Dive into
Color

**STANWOOD
CAMANO
ARTS
ADVOCACY
COMMISSION**

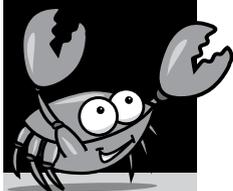
July 22 through
July 26th
9:50 AM - 12:00 PM

Join us for a series of youth art classes as we dive into color theory. Students will learn art skills and come away with a finished piece of art each day. Register in advance.

For kids ages 6-12.

Visit our website for tickets & registration: www.scaacwa.org

Calendar of Events



FATHER'S DAY

Rose is the flower of Father's Day. Wearing a red rose signifies a living father, while a white one represents a deceased father.

WEDNESDAY, JUNE 19

SALMON TRIVIA NIGHT AT TAPPED CAMANO



Sound Water Stewards will be set up by 6 pm with informational tabling activities. Trivia will take place between 6:30-7:30. Food and Drink can be purchased separately from Tapped. 848 N Sunrise Blvd, Camano. Are you a salmon smarty? Come test your knowledge as we highlight the 5 incredible salmon species that live right here in the Stillaguamish River, Port Susan Bay, and Skagit Bay!

THURSDAY, JUNE 20

FIRST DAY OF SUMMER



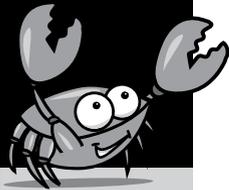
Summer Solstice is the longest day of the year.

THURSDAY, JUNE 20

CHRIS EGER

7:30pm - 10:00pm at Pub 282. Rock and Blues, Country, Funk and Soul collide in this modern take on vintage roots music.

Calendar of Events



DID YOU KNOW?

The summer solstice happens when the Earth arrives at the point where the North Pole is at its maximum tilt in relation to the sun.

THURSDAY, JUNE 20

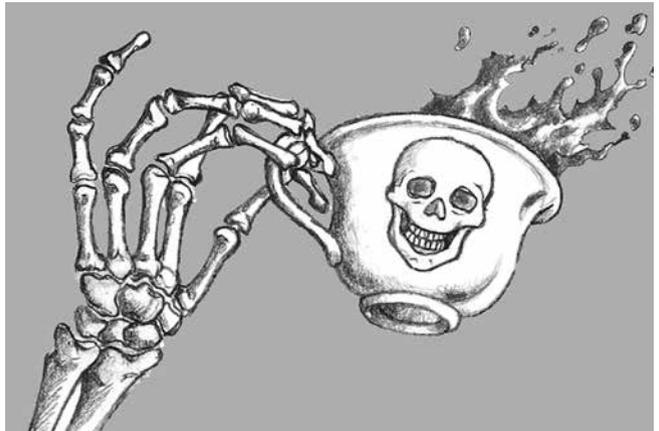
MUSEUM OF FLIGHT: SUITED FOR SPACE?



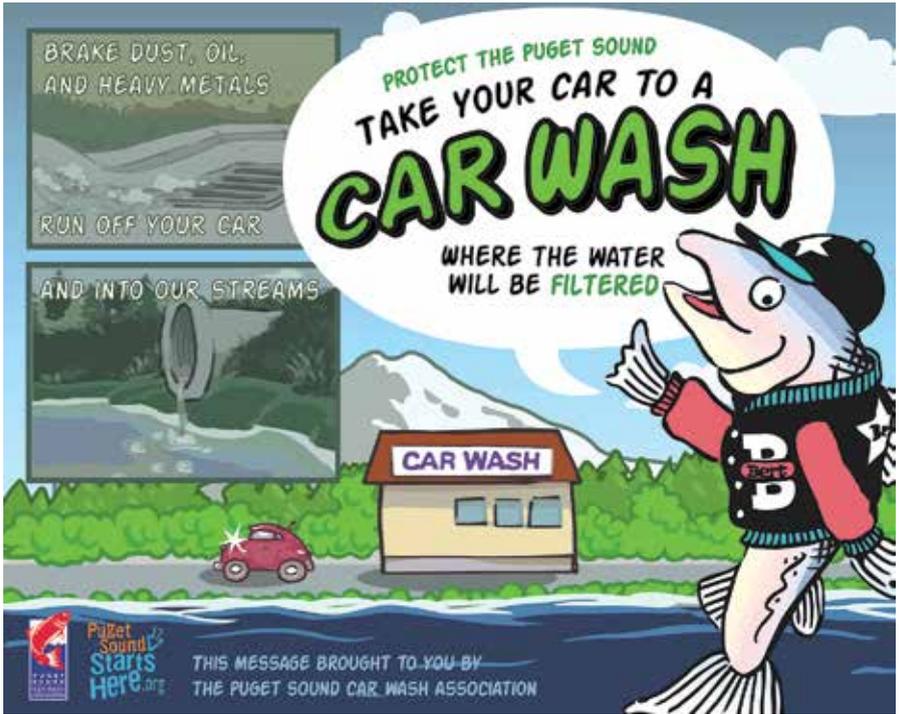
2:00 PM – 3:00 PM at the Stanwood Library. Join Museum of Flight Educators and learn about the dangers of the vacuum of space by investigating how low-pressure environments affect the human body. Your mission: Design, using household materials, a spacesuit for a marshmallow astronaut, then test your design in a vacuum chamber! All materials are provided by the Museum of Flight.

THURSDAY, JUNE 20

DEATH CAFÉ



4pm-6pm at 580 W Monticello Dr. Camano Island. Ages 18 and over. Come for cake and conversations. Death Cafe is a social gathering for a group directed discussion of death with no agenda, objectives, or themes. It is a discussion group rather than a grief support or counselling session. There is no charge for this event. RSVP appreciated but not required. Vicki Tracy 425-239-9166, call or text.



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and we are in Stanwood**

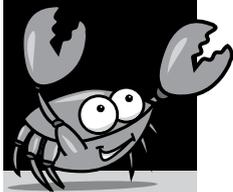


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Calendar of Events



JUNE 20 WORLD REFUGEE DAY

highlights the strength and courage of refugees. There are now over 108.4 million displaced individuals around the world.

THURSDAY, JUNE 20 PICNIC IN THE PARK



Event by Island County Parent to Parent. Noon-1:30pm at Freedom Park, 500 E North Camano Drive, Camano Island. Bring your own picnic and enjoy the outdoors. Meet us over by the playground. Bring a chair/blanket to sit on. Meet other families, set up playdates, and learn more about Parent to Parent.

FRIDAY, JUNE 21 SUMMER POP UP YOGA

Noon-1pm. Gather with friends and join us for some outdoor yoga at Camano Commons. Spread out and feel the grass under your feet as we come together and celebrate the warmth of summer. This is a FREE Event. Please bring a donation for the Stanwood/Camano FOOD BANK. Postponement for rain. Register in advance at movementarts.com/events or call 360-629-9100

FRIDAY, JUNE 21 CORY VINCENT + PREACHER AND THE FREIGHT TRAIN

8 pm – Conway Muse. Tickets \$10 Advanced \$12 Day of Show.

FRIDAY, JUNE 21 JOE COOK BLUES BAND

8:00pm - 11:00pm at Pub 282. High energy traditional Chicago and west coast style blues, with elements of the old school Texas sound.

BlazingDogs

BlazingDogs.com

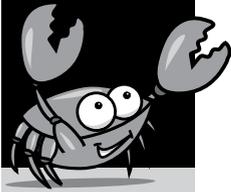
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- Puppy Training
- Newly Adopted Dog / Puppy Classes
- Virtual Dog Training
- Service Dog Training
- AKC Fitness / AKC Tricks
- Board and Train

“We come to you.”

Calendar of Events



FRIDAY, JUNE 21 MAKE MUSIC DAY



10am-6pm at the Camano Island Library. Join us for a live, free celebration of the 40th Make Music Day, a community-based musical fête observed worldwide on Summer Solstice Day. We have an entire day filled with fun for all. Our indoor events: 10:00 am -11:00 am Instrument Petting Zoo; 11:15 am – 12:00 pm Karaoke Sing-a-Long; 12:00 pm – 1:00 pm Glow Stick Dance Party; 1:00 pm - 2:00pm Transatlantic Sessions Folk Concert (film in the Community Room - snacks provided); 2:00 pm - 4:00 pm Across the Universe or George Fest - you choose! (film in the Community Room - snacks provided). Our outdoor events: 1:00 pm – 3:00 pm Camano Ukulele Ensemble on the Terry's Corner Green (just outside our front door!); 3:00 pm – 5:00 pm Self Serve Open Mic - bring your instrument and/or your voice to celebrate World Music Day!

MEDICARE QUESTIONS?

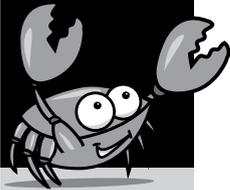
We're here to help.



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Calendar of Events



JUNE 21 NATIONAL SELFIE DAY

Snap and share selfies. The day is to celebrate self-expression, creativity, and the joy of capturing memorable moments.

FRIDAY, JUNE 21

STANWOOD FARMERS MARKET

2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftspeople.

SATURDAY, JUNE 22

BLACK ENDS



"Gunk Pop" Summer Concert at 6:30pm at the Community Resource Center, 9612 271st St NW, Stanwood. 18 and under middle school and high school show.

SATURDAY, JUNE 22

HIKE & PLAY AT IVERSON SPIT PRESERVE

on Camano Island. Join CaRES Connector Sarah and other local foster and kinship families at 10am for a short, fun family hike. Or meet us at the beach afterwards to play and chat. Pack a lunch or snacks and bring along some beach toys if you'd like. RSVP: Appreciated but not required. caresarlington@gmail.com or call 507-358-1328.

SATURDAY, JUNE 22

SUMMER ARTISAN MARKET

10am-3pm at The Camano Commons. There will be many local artists, vendors and bakers. There will be live music by Johnny Hinchman. This event is sponsored by Camano Commons Marketplace and will be held at 848 N. Sunrise Boulevard, Camano Island.



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STANWOOD FARMERS MARKET

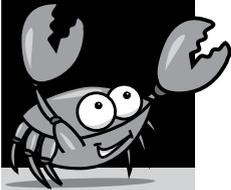


Fridays 2-6 | June-September

Promoting the solution of shopping locally with agriculture producers, food artisans, and craftspeople

S. F. M. 8727 271st St NW Stanwood, WA 98292 | info@stanwoodfarmersmarket.org | 425.280.4150

Calendar of Events



DID YOU KNOW?

There have been two sets of Father-Son Presidents of the USA:

John Adams (2nd) and son John Quincy Adams (6th)

and George Bush (41st) and his son George W. Bush (43rd).

SATURDAY, JUNE 22

SUMMER CONCERT SERIES - RANGER AND THE RE-ARRANGERS



2-4pm on the brick road, 270th and 100th, Stanwood. Event by Stanwood Commerce Alliance and City of Stanwood. Come dance, swing and sing away to Rangers and the "Re-Arrangers" as we kick off the Summer Concert Series on the ol' Brick Road in Stanwood. The Rangers and the "Re-Arrangers" offer a fun melodic energy playing jazz and swing style music. Fun and FREE for the whole family! There will be some tables and chairs available or feel free to bring your own chair and/or blanket. Dogs welcome on leash. Please remember to pick up and dispose of trash.

SATURDAY, JUNE 22

MIDSUMMER BLUES FEST

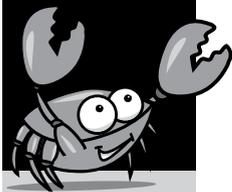
Noon-10pm at Silverton Station, Stanwood. Midsummer Nights Eve, Full Moon, and Solstice Party! FREE! Music, Food and Camping! For admission RSVP; [www. SilvertonStation.net](http://www.SilvertonStation.net). Three Blues bands!!! Jill Newman Band, Nick Vigarino's Meantown Blues, and Andy Koch's Badd Dog Blues Society featuring Chester Dennis Jones, Shakti Hayes, Ken Lykes and Roger Baldwin. Full Bands, Live Blues Music, Camping, Good Friends and Food! Family Friendly Fun on the longest Day of the Year! See website for more info; www. SilvertonStation.net. After you RSVP you will receive the address and directions.

SATURDAY, JUNE 22

FAMILY WRITING FAIR

Join a dozen authors for a FREE and fun afternoon for the entire family. Meet the authors, learn about their writing experiences, and hear excerpts from their books. Numerous writing prompts for all ages, will be provided to inspire and encourage all participants to express themselves by trying their hand at writing a short story, poem, or even a great first line to start their first novel. Classes will be offered for both children, teens and adults. Near the end of the event, participants will be invited to share their writing with others during our 'open mic'. SCAAC will be on hand to direct a craft project for children. Pick up an author passbook and have the authors autograph their page. Snacks will be provided and books will be available for purchase. 1-4pm at Camano Island Library Community Room and SCAAC Mobile Arts Center.

Calendar of Events



DID YOU KNOW?

In 1972 US president, Richard Nixon signed Father's Day into law as a permanent national holiday.

SATURDAY, JUNE 22

COFFEE AND CARS AT COASTAL VIE

with Twin City Idlers. 8-11am at 8807 SR 532, Stanwood. Come have coffee and admire our local hot rods. Car shows, hot rods, muscle cars, auto. Free admission to general public and free to bring by your custom Car. Participants in the car show with a custom car will receive a free 6 count of mini donuts and one 16 ounce coffee drink.

SATURDAY, JUNE 22

SUMMER PARK RANGER TALK

2-3pm at Camano Commons Marketplace. Bring your kiddos to The Commons, for educational talks from a Cama Beach Park Ranger.

SATURDAY, JUNE 22

NURHACHI, LAZY ACRES & PRETTY MUCH NOTHING

8 pm. The Conway Muse welcomes 3 bands to the stage for an evening of awesome music. Tickets \$12.50 Advanced \$15 Day of Show.

SATURDAY, JUNE 22

STEM FUN: BUILDING WITH BALLOONS!

10:00 AM – 12:00 PM at the Stanwood Library. Learn how to build geometric structures with balloons and connect them to create load-bearing structures! This program is designed for kids age 8+.

SATURDAY, JUNE 22

SNOHOMISH COUNTY MASTER GARDENERS CLINIC

at Haggan each Saturday from 10:00 - 2:00. Please come and bring your gardening concerns. (It is very helpful if you bring samples and/or photos so that we can identify the issues & give accurate advice.)

SATURDAY, JUNE 22

FAMILY BINGO



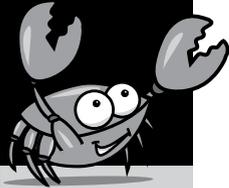
at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JUNE 22

THE SUPER TONIX

playing live at Pub 282 on Camano Island. We play an eclectic set from all eras. 8pm-11pm.

Calendar of Events



DAD JOKE:

I've been thinking about taking up meditation. I figure it's better than sitting around doing nothing.

SATURDAY, JUNE 22

ACTIVITIES AT CAMANO ISLAND STATE PARK

10am-11:00am – **Table Talk** – at boat launch. Hear an informative ranger talk and participate in activities that connect our local waterways to a species that needs our help...salmon! Learn the differences between local orca ecotypes, discuss why the southern residents are so venerable and see how you compare to the size of an orca skull! 11:00am-12:00pm – **Catching, Caring For and Cooking Crab** – Join crabbing experts at the Boat Launch to learn how to catch, care for, and cook crabs. 12:00pm-1:00pm – **Junior Ranger Program** – Join Park staff at the Boat Launch for this kid-friendly program to learn about the park and the animals, plants, and humans that make their homes in our parks.

SATURDAY, JUNE 22

EVENING PROGRAM: MUSIC OF THE NIGHT



Ever wondered what that sound that you heard the last time you were camping was? Join Interpretive Specialist Meredith at 7pm at the Camano Island State Park campground amphitheater to learn to identify common sounds heard in our state parks on Camano Island. Children must be accompanied by an adult.



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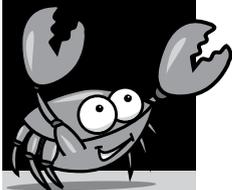
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Calendar of Events



JUNE 23

NATIONAL PINK DAY

Pink is often seen as the color of femininity, softness, childhood, and romance. It is also a day of trying to break stereotypes associated with color.

SATURDAY, JUNE 22

CO-ED ULTIMATE FRISBEE

9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all skill levels. Check out our Facebook group: Stanwood Ultimate Frisbee.

SATURDAY-SUNDAY, JUNE 22-23

RADIO SUMMER FIELD DAY



at Arrowhead Ranch - 615 Arrowhead Road, Camano Island. Set-up will begin at NOON on Friday June 21st. The contest begins at 11:00 AM Saturday and ends at 11:00 AM Sunday. This is another opportunity for club members to contact the club station on the air and earn the "I worked the Pig" Award. For more information about participation from home, or other questions about our Field Day event, contact the Club at W7PIG@yahoo.com

MONDAY, JUNE 24

SCIENCE IN THE OUTDOORS

Join staff from Snohomish Conservation District from 10am-noon at the Camano Island State Park Boat Launch to learn about the science of the outdoors. Children must be accompanied by an adult.



Guitar by Ford

Ford Giesbrecht

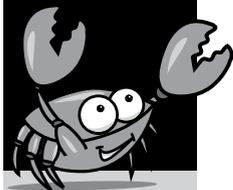
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Saturday, June 22, 2024, 8:00 am
Shelter Bay Community Garage Sale, (100+ Homes)

Calendar of Events



JUNE 25 **PLEASE TAKE MY CHILDREN TO WORK DAY**

Stay-at-home parents can ask their partners or friends to take their children to work with them so that they can get a break.

MONDAY, JUNE 24

BREWCADE 3 STRIKE TOURNAMENT



6pm at The Brewcade, 7009 265th St NW #102, Stanwood. \$5 buy-in 3 strike Pinball tournament. Should end around 10pm. All money paid to top three players. All skill levels are encouraged. Sign ups start at 6:00pm and flippers up at 6:30pm Pot splash happens if there's over 15 players!

TUESDAY, JUNE 25

WRITE YOUR OWN ADVENTURE!

2:00 PM – 3:00 PM at the Stanwood Library. In this summer writing workshop for teens, we will explore the world of adventure writing! Join us as we talk about the different elements of storytelling, do fun writing activities, and explore worlds of our own making. In this workshop, we will be talking about the structure of adventure tales and how to create dynamic characters. The adventure begins at the Stanwood Library.

TUESDAY, JUNE 25

LINE DANCING & LESSONS



Event by Lady Di Dancin! 6-8pm at Stanwood Eagles Foe 3041, 6419 Pioneer Highway. Come on out and learn a new line dance & practice the ones you know. Everyone & ALL AGES welcome! Lessons are donations/tip based.

Bloom Fest 2024

Lavender Festival in Stanwood



FOOD & COFFEE TRUCKS LIVE MUSIC ARTISTS & CREATORS
SCAVENGER HUNTS RAFFLE PRIZES LAVENDER ICE CREAM & LEMONADE

July 27th & 28th

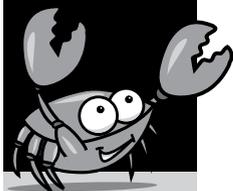
10:00 AM - 6:00 PM

27031 36TH AVENUE NW, STANWOOD

MORE INFORMATION AT

WWW.OURLEGACYFIELDS.COM

Calendar of Events



JUNE 25 THE KOREAN WAR

started on June 25, 1950, when North Korea's army invaded South Korea. This was considered the first military strike of the Cold War. The war lasted from June 25, 1950, to July 27, 1953.

An estimated 7800 American soldiers, as per a 2019 report, are still missing from the Korean War.

TUESDAY, JUNE 25

STEEL MAGIC NORTHWEST BAND



Experience the talented Steel Magic Band, from 5:30pm- 6:30pm! On the Lawn, Camano Commons. "We teach music and build community in the context of the modern steel orchestra." More info: (360) 722-7459.

TUESDAY, JUNE 25

2024 DUBS!

Event by Stanwood Disc Golf Club. 5:30pm-8pm at Church Creek Park, Stanwood. Church Creek random flip dubs. \$10 buy in: \$5 to the pot, \$1 ace pot, \$1 birdy bash, \$1 CTP, \$2 club fund, Ace pot, birdy bash, CTP.

WEDNESDAY, JUNE 26

CAMANO ISLAND COFFEE WITH A RANGER

10-11am at Camano Island State Park. Join park rangers to start your morning right! Learn about the history and wildlife of the park while enjoying a cup of coffee with one of our park rangers.

WEDNESDAY, JUNE 26

SCIENCE IN THE OUTDOORS

Join staff from Snohomish Conservation District from 10am-noon at the Camano Island State Park Boat Launch to learn about the science of the outdoors. Topics change weekly. Children must be accompanied by an adult.

THURSDAY, JUNE 27

PARKS & PLAY

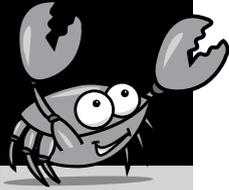
10-11:30am at Church Creek Park, 27116 72nd Ave NW, Stanwood. The Community Resource Center outdoor program for ages 0-5 and their parents/caregivers. Explore our local parks while doing arts and crafts, sensory activities, waterplay, reading stories, pop tunnels, music and more!

THURSDAY, JUNE 27

ROTARY BLOOD DRIVE

Give blood, give life. 10:00 a.m. – 3:00 p.m. at Foursquare Church, 17008 90th Ave NW, Stanwood. Appointments are NEEDED. Schedule online at redcrossblood.org or call 1-800-Red-Cross.

Kid's Korner



DAD JOKE:

Sore throats are a pain in the neck.

Father's Day Word Search



FATHER

FISHING

HOLIDAY

LAUGHTER

SPECIAL

CARING

MEMORIES

CHILDREN

RESPECT

PROTECT

PARENT

RESPECT

KISSES

JOKES

THOUGHTFUL



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MAKE YOUR OWN SOLAR OVEN

Use the power of the sun to cook up some tasty treats this summer!

WHAT YOU'LL NEED:

- Cardboard box (a pizza box will work best)
- Aluminum foil
- Plastic Wrap
- Scissors
- Glue
- Ruler or wood dowel
- Paper Plate



HOW TO DO IT:

1. Cut a flap on the top of your box leaving a 1-2" border around the edges.
2. Next, wrap the inside of the box and bottom of the flap you cut out with aluminum foil. Make sure the foil is shiny side up! Secure with tape.
3. Cover the hole created by the flap with plastic wrap. Use tape to hold in place. This will create a protected space for the food you decide to cook.
4. Set up your oven. Use the ruler or wood dowel to hold up the flap and place in the sun.
5. Find some food to cook - we recommend making some baked in the sun s'mores or a solar pizza - and get started! Set on a plate inside your solar oven. Remember to remove carefully, your solar powered creations will be hot!

Tip: Keep in mind that the solar oven will be a little slower than a regular oven. Cooking times will vary based on time of day, temperature, and where you place your oven. Make some delicious creations by changing some of these variables!



Find more fun activities like this one for free at www.academy.animajam.com

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Family Writers FAIR

June 22nd
1PM to 4PM
At Camano Island Library
848 Sunrise Blvd.
Camano Island

The Camano Island Library Friends in partnership with the Stanwood Camano Arts Advocacy Commission invites ALL AGES to a Family Writing Fair at the Camano Island Library.

- Featuring the Stanwood Camano Arts Advocacy Commission Mobile Unit.
- Local authors of children's fiction, mystery, thriller and humor will share excerpts from their books. Authors will sell books.
- Find out what it takes to be creative, put your thoughts on paper and possibly be published.
- We will supply pens and journals and bookmarks you can decorate.
- A Writing Workshop with the tools you'll need to put thoughts down.
- An open mic session with a time to share your writing with others if you wish.
- A Q and A Session with Authors.



Join us for a special experience and a fun filled afternoon!



Windermere

REAL ESTATE



VIEW HOME **\$945,000**
 Outstanding views of Saratoga Passage, Olympics and year round sunsets from exquisite Camano home. #2244817



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 Stunning PNW Cedar home on Camano with Sound and mountain views, beautiful gardens, 32 acres of community trails, beach access. #2246888



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 Custom lakeview, hillside retreat with huge garage is the perfect blend of cozy charm and breathtaking views. #2246342



WEST SIDE **\$610,000**
 Welcoming Camano home with 3 bedrooms plus den, fenced backyard with tool shed, room to park an RV or boat and much more! #2243934



CONDO **\$549,000**
 Relish Camano Island living with stunning views and low maintenance at this condo in the Country Club and includes beach access. #2223828



PRE-SALE **\$910,000**
 Reserve your Titan Home today! Located on Camano Ridge-an easy north island location. Beautiful upscale finishes, move-in ready. #2241377

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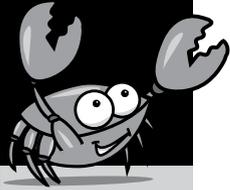


CAMANO ISLAND
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Visit WindermereStanwoodCamano.com for more information

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Artist of the Week



Are you interested in promoting your art, craft, or live performance?

Email us info or a bio about yourself and we will feature this page to you... and it's all FREE!

ROBERT BOX / TINDERBOX

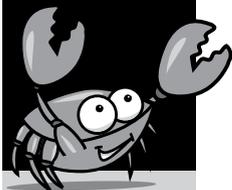


I make lots of dice and cribbage board games, tarot cards, spirit boards and more. I'm an artist and wood crafter. My likes are in the outer bounds of the norm. I enjoy creating art and wood crafts with themes of Tarot and Mystical, Bigfoot, Krampus, and other gritty themes. But I do occasionally dabble in the happy and good vibes genre! I'm a local to the Elger Bay Community. I've been here since 1973, moved away for a few years after a I got married, but came back and made a permanent home here. I'm a small-time woodworker with a little shop here on Camano. It's a hobby I love. I'm not always successful, and sometimes I'm really slow at the projects I do, but my heart is in the right place.

NEW: Bigfoot's Wilderness Adventure Dice Game! Bigfoot's Wilderness Adventure is fun for up to six players. Roll the dice to get the sequence necessary to move to the next spot on the board and follow in Bigfoot's steps across Washington State. The Bigfoot Cards are included, and these add a level of strategy to the normal dice roll gameplay. Each card has a different effect which includes such actions as changing dice to the number you need to get the sequence, stealing an opponent's card, moving forward extra spaces, and others that allow you to scare other players back a space or two, or three! Please watch the introduction video for additional information on game play. The instruction manual is also available for viewing to further explain how fun and exciting this game is! The set includes: Solid Cherry Wood Game Board, 12 Game Pegs, Bits and Card Holder, 12 Wooden Bigfoot Play cards, Instruction Manual. Game and all rules and concepts created by Robert Box

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www.tinderboxwoodproducts.com

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Camano Commons

Classes and Workshops



DAD JOKE:

Dogs can't operate MRI machines. But catscan.

Chakradance classes at Bee Authentic Pilates in Stanwood. Fridays at 4pm on: June 21st and July 19th. Chakradance is a unique healing process combining Jungian Psychology, meditation, chakra resonant music, dance and mandala art work. Guided by imagery, participants dance through the chakras, shedding layers and releasing blocked energy. Sign up online or call the studio at 360.572.2112.

Camano Fire offering two firefighter education classes June 29. Retired Captain Mike Gagliano from Seattle Fire will offer two firefighter education classes on Camano Island: The Art of Go no Go, and This House Rocks. This is a two-part seminar offered from 8 a.m. to 5 p.m. at the Madrona/Vista Fire Station, 273 NW Camano Drive. Register online at <https://firenuggets.regfox.com/cifrgagliano>

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to premium websites and records. Contact us at camano@familyhistorymail.org, or find us on Facebook.

Yoga Classes In-studio & Online at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes; regular membership rates apply.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

Private Music Lessons: piano, guitar, bass, and voice for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions or book a complimentary 30-minute lesson: HartMusic-School.com/free-trial. Now accepting applications for new teachers.

Homeownership workshop every month on the fourth Thursday of each month at Elite interiors next to UPS store from 6 to 8 PM. We will not be holding them In June, November or December.

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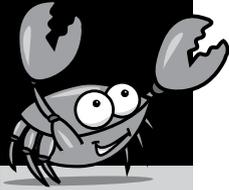
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Classes and Workshops



It's Elemental: Yoga and Ayurvedic Wisdom for Modern Living. Immerse yourself in the understanding of the 5 Great Elements (Panca Mahabhutas) of earth (prthvi), water (ap), fire (tejas), air (vayu) and ether (akasa). You'll understand how these elements are the foundation for the 3 energy principles. This workshop is available In-Studio or Online. Sign up at movementarts.com/events.

Line Dance Lessons at the Camano Center — Wednesdays 3:00pm-3:45pm. \$10/person or \$8/Camano Center Members. Join us! More info at www.socialdancesimplified.com.

YogaTone with Kara Keating June 16 and 23, 11am-12pm. Time to get Moving? YogaTone will be back for the month of March to jump start your Spring season. Enjoy a fresh hour of warm up, core, easy to follow dance moves, and a sweet yoga stretch at the end. It's simple and something new to try. Smiles, endorphins and positive sweat will cleanse your body and inspire you for the week ahead. You get to stay on your yoga mat, no shoes needed! Full Body Fun at your own pace. Your yoga clothes will do just fine, no prior experience required. June 2, 9, 16 and 23. \$85 for 4 class session. Can't attend all 4? Drop in for \$30 Sign up at movementarts.com/events or call 360-629-9100

Stanwood Hearing

now offers  cognivue,

a cognitive screening for the early detection of cognitive impairment.

Call 360-572-4422 today to schedule your complete hearing evaluation with a Cognivue Screening.

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Near QFC, between Papa Murphy's and H&R Block
p: 425-272-9435 | f: 360.572.4765
w: Stanwoodhearing.com

Community Information



DAD JOKE:

My girlfriend keeps accusing me of cheating. She's starting to sound like my wife.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

FREE SUMMER CAMP

Kids ages 4 (by June 24) through incoming 5th grade are invited to Camano Chapel for Vacation Bible School! Our theme this year is Breaker Rock Beach: God's Rock-Solid Truth in a World of Shifting Sands. This free 4-day event is June 24-27, 9:00 am-12:00 pm. Register now at camanochapel.org/connect.

ARE YOU TROUBLED BY SOMEONE ELSE'S DRINKING?

When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: SUNDAY, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; WEDNESDAY, "One Day at a Time," Stanwood Senior Center, 7430 276th ST NW, Stanwood, 7:00pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), THURSDAY, "Stanwood AFG," United Methodist Church, 27128 102nd Dr., Stanwood, 7:00pm, SATURDAY, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am. For more info call 360-618-0464.

THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

FREE HEARING AID CLEANINGS

(by Stanwood Hearing). September 4th from 12:30-1:30pm @ The Stanwood Lincoln Senior Center. Call us to save your timeslot, 360-572-4422.



Community Information



DID YOU KNOW?

The holiday celebratory flag is known as the Juneteenth Flag of Freedom, and it is half red and half blue, with a white star surrounded by another star in the middle. The red, white, and blue refer to the colors in the American flag to symbolize that African Americans are true Americans. The middle star represents Texas, while the bursting star around it symbolizes new horizons and freedom.

MONEY SMART WEBINARS

We've just released our Money Smart course schedule for 2024, and this year, we're offering all classes online via convenient webinars. It's now easier than ever to attend our Money Smart for Small Business courses designed to help those starting and managing a business. Webinars are hosted by Katy Woods, Coastal Community Bank Branch Manager and Certified Coach. June 20: Building Credit. Register now at <https://www.coastalbank.com/money-smart/>

FREE SUMMER MEALS



Good nutrition is essential for effective learning every day — all year long. Just as learning does not end when school lets out, neither does the need for good nutrition. Summer meal programs help children get the nutrition they need to learn, play, and grow throughout the summer months. The Stanwood-Camano School District is again offering its free Summer Food Service Program for all children ages 18 and younger. The program is open to all families and doesn't ask for any paperwork — kids can just drop in and grab a meal. The summer meal program will be offered Monday through Friday at the following locations: Twin City Elementary: June 24 - August 23 (Breakfast: 8:30 a.m. - 10 a.m.; Lunch: 10:30 a.m. - 12:15 p.m.) — Stanwood High School: July 29 - August 23 (Breakfast: 8:30 a.m. - 9:30 a.m.; Lunch: 10:30 a.m. - 12:15 p.m.) For more information, visit https://www.stanwood.wednet.edu/.../2024_free_summer_meals

LIBRARY STORYTIMES

A play time or activity will follow after storytime). Monday: Toddler Storytime with Jennifer - 10am - Camano Island Library. Jump and bounce together into a world of stories, music, and movements. Tuesday: Family Storytime with Jennifer - 10am - Camano Island Library. Enjoy stories, songs, rhymes and creative activities together as a family. Wednesday: Family Storytime with Vicky - 10:30am - Stanwood Library. Enjoy stories, songs, rhymes and creative activities together as a family. Thursday: Toddler Storytime with Alex - 10:30am - Stanwood Library. Jump and bounce together into a world of stories, music, and movements.

Community Information



DAD JOKE:

Why did the pharmacist walk on her tiptoes?
She didn't want to wake the sleeping pills.

FREE PICKLEBALL BEGINNER LESSONS AND ROUND ROBIN GAMES AT HERITAGE PARK!

Free Pickleball Beginner Lessons and Round Robin Games at Heritage Park! The Camano Stanwood Pickleball Association will be giving Beginner Pickleball lessons, as well as arranging for a series of friendly Round Robin pickleball sessions from May to August. These sessions are for adults 18 years or older who would like a basic introduction to the fun sport of Pickleball. These free classes are for new players only. The Round Robin events are for people who have previously attended one of our lessons. Limit 10 players per session (on a first reserved basis). Tennis shoes required. **BEGINNER LESSONS:** June 27, July 25, August 6. **ROUND ROBIN SESSIONS:** June 15, July 13, August 10 (Round Robin Tournament). **TO SIGN UP, VISIT** www.camanopickleball.com/heritagepark.

BABY SALMON LIVE HERE BINGO



From Memorial Day to Labor Day, learn how to protect and preserve Camano Island salmon habitat, visit key restoration sites created to help bring juvenile fish back out into saltwater, and meet with salmon scientists to learn how to help protect this valuable species for generations to come. Submit your bingo card with at least 5 boxes completed to be entered for various prizes (each row completed is an entry). More info: <https://soundwaterstewards.org/baby-salmon-live-here>



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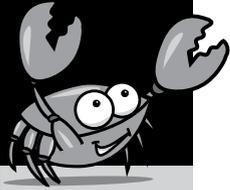
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Community Information



DAD JOKES:

I have an inferiority complex, but it's not a very good one.

What did the drummer call his twin daughters?
Anna One, Anna Two!

Which state has the most streets?
Rhode Island.

Why did the man fall down the well? Because he couldn't see that well.

VOLUNTEER POSITIONS NEEDED AT LINCOLN HILL RETIREMENT COMMUNITY

Are you looking to volunteer your time and give back to your community. If so, Lincoln Hill Retirement Community in Stanwood needs you. Volunteer Receptionists needed to meet and greet our residents and community members and answer phones. Positions are 3 hours per week and training will be provided. We are also looking for people who are willing to volunteer at our in-house coffee & snack bar 3 hours per week. If interested in serving the community in either of these volunteer positions please contact our Volunteer Coordinator, Darlene Campbell at 360-629-7403, Ext. 104 or at dcampbell@lincolnhill-rc.org.

TO OUR AMAZING VENDORS, SPONSORS, AND PERFORMERS -

"Thank you for making this 3rd Annual Stanwood-Camano Pride a great day for all! Everyone showed up to support our LGBTQIA+ community, and it was a beautiful thing. Our hearts go out to the families affected by the horrible accident. Though the event attendance was a bit lower, we all rallied and made the most of it. We appreciate you for being a part of something so very important in our community. Save the date for next year: June 7, 2025! I hope you have a wonderful Pride month and continue to attend and support all the Prides you can!" - Michelle Huntley.

CAMA BEACH'S MISSION CONTINUES



Even though Cama Beach State Park has been closed down to a "day use only" park with no Cama Beach Store or Cama Beach Foundation (CBF) activities on the beach, CBF has been working on ways to continue getting our education mission out to the community. With the closure of the Center for Wooden Boats (CWB), CWB has donated all their materials from their very successful toy boat building to CBF. CBF has purchased a trailer so that this fun event can be mobile. It is currently going to be at Camano Island State Park each Saturday through the summer from 10am to 2pm. CBF also hopes to have the toy boat trailer at other community events and fairs. Our first week (May 25) was extremely successful and a big hit with park guests. CBF would like to invite you to come see us at CISP. Come see what we're doing. Simply follow the signs.



BINGO

Baby Salmon Live Here



Bald Eagles-Ranger Talk	Salmon Habitat Restoration-Ranger Talk	Attend Camano KidsFest	Choose Your Own Adventure:	Leque Island Walking Tour
Choose Your Own Adventure:	Take a Hike- Look for Salmon Streams	Learn the 5 Types of Salish Sea Salmon	Trivia Night at Tapped Camano	Visit Padilla Padilla Bay Reserve
Visit a Local Fish Hatchery	Commit to 3 Salmon Saving Strategies at Home		Make a Salmon Lifecycle Bracelet	Choose Your Own Adventure:
Watch "Stories From the Saish Sea"	Beaver Marsh Education & Viewing	Choose Your Own Adventure:	Beach Clean Up	Learn About Kristoferson Creek
Be A Salmon Scientist-Iverson Spit	Choose Your Own Adventure:	Search for Eeelgrass at Low Tide	Browse Sound Water Stewards Media Library	Killer Whales-Ranger Talk

Play Baby Salmon Live Here BINGO June-August 2024

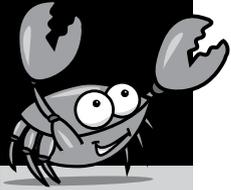
Scan the QR code for activity details and location.

Submit your bingo card with at least 5 boxes completed to be entered for various prizes (each row completed is an entry). Grand prize drawing includes a whale-watching trip !

To enter, send a photo of your BINGO card along with your name and address to:

info@soundwaterstewards.org

Community Information



DID YOU KNOW?

In the seahorse world, it's the male that gets to carry the eggs and birth the babies.

FAWN SEASON



“Dear Friends, We just received our first phone call regarding newborn fawns, therefore it is the time of the year to post this. Deer deliver their newborns in the strangest of places! Residents will find them and be concerned about a newborn deer on their lawn, in their garden, under the azaleas, etc. Most call because they think the fawn is in peril and Mom is nowhere to be found. Well, Mom is actually off feeding and helping to keep predators away. Those who call ask what they should do for the fawn ... Leave it alone, do not touch, move or attempt to feed it. Here's the scoop. Deer are NOT like horses. They do not have their legs under them immediately and need time to rest after birth. Horses get up and go that's the sign of a healthy horse. A healthy fawn will curl up, nap most of the day and move their heads. They have no scent and predators cannot find them unless humans interfere. Mom leaves during the day for 2 primary reasons: to feed, and to keep her scent a distance from the fawn. Mom will come back (unless something tragic happens to her), but don't expect her until dusk and certainly don't expect her if humans are hovering around. If you are fortunate enough to have the gift of a fawn please enjoy the experience, respect Mother Nature and let the Mom do what comes naturally. She will move the fawn daily so you may see it in different locations. Please share, thank you.” - Joe Becigneul.



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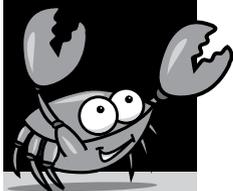
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Dining Guide



DAD JOKES:

Two guys walked into a bar. The third guy ducked.

I had a date last night and it was perfect. Tomorrow, I'll have a fig.

Why did the lobster blush? Because it saw the ocean's bottom!

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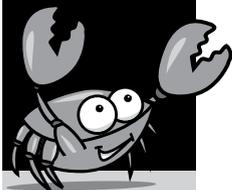


Events Webpage



Cama Beach Foundation

Photos and Art



DID YOU KNOW?

Greeting cards are the number one gift item on Father's Day, with most popular card being "Dad from Daughter".



"Big horses, little girl." Photo by Kevin Rohr.



"Looking at you." Photo by Carl Dwyer.

•    •

Camano Island T-Shirts have arrived!

		
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Moonshine Wisdom & Wit



Story by Jack
Archibald.

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powder wit,
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GOT BUGS?

The other day I heard a New Yawk chef rhapsodically praising battered fried cicadas. Crispy, subtle tongue tones, environmentally woke. He could scarcely contain his newfound enthusiasm and now that we're about to experience cicadageddon with a double hatch on the east coast, well, what better time to introduce a new menu item? Sure, he said, some folks have a natural aversion to the alien-looking critter, but, he said, we eat lobsters and shrimp, fellow arthropods and consider them exquisite delicacies. As a Dungeness crab connoisseur myself, I couldn't agree more.

But ... we have plenty of guests who wouldn't anymore stick a morsel of claw meat in their face than they would a spider, another fellow arthropod, I don't care how much seasoning or beer batter you fry them with, just not gonna do it. Too creepy, too disgusting. Give them a pink slime hamburger any day, greasier the better, the meat aged to just shy of putrefaction. McDonalds sells em by the billions.

Course I got plenty of friends who won't eat most vegetables. Couldn't get them to eat a Brussell sprout without threatening them with a gun. And some who eschew fruit, forget chewing on an apple. But something with 20 additives, you bet, the sweeter and saltier and fattier the better. There's just no accounting for taste. Kinda makes you wonder why half of us are obese and diabetic.

I'm betting those cicada crisps are actually tasty, plus high in protein, all natural, no GMO's, no transfats and gluten and nut free. If General Mills or Frito Lay could figure out a way to rebrand these insects, something more appetizing than Crispy Cooties, you know, more on the line of Nature's Nuggets, they'd have a shot at cornering the market for bugs. But you and I know they wouldn't be able to leave it alone. Add the salt and xanthan gum, monosodium glutamate, plenty of artificial coloring, high fructose corn sugar and enough preservatives to keep it all fresh for a decade, package it in a Styrofoam box, advertise it on kids' tv programs then sit back and watch the profits roll in. Those cicadas are gonna wish they'd stayed hibernated another 17 years.



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- Stanwood Camano PSE-SEIU
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- Steelhead Swim Team
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- Twin City High Class of 1952
- Twin City Idlers Car Club
- Twin City Sportsman's Club
- Utsalady Ladies Aid
- Veaya & Michael Holzknecht Environmental
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- Windermere Real Estate
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(* denotes new scholarships this year)

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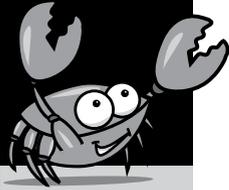
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Clubs and Meetings



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Yoga Teacher Training Information Meeting June 15, 2:00-3:00pm at Movement Arts. Join us for this informative meeting and learn how Yoga Teacher training can enrich your life. Whether you choose to teach or not, the tools you obtain through this 200-hr training (Oct 2024-April 2025) can broaden your skill set in your profession or deepen your existing yoga practice through deeper study. Register in advance to receive special discounts for those attending. Sign up at movementarts.com/events or call 360-629-9100.

Friendship Tea - Drop by for tea, treats, and a chance to visit with friends, both old and new. 1st & 3rd Tuesday mornings of from 10:30-12:00. No charge for Camano Center members; \$5 for non-members. Please check in at the Front Desk. For more information, contact Connie (360) 652-7211.

Rainy Day Room Playgroup Free weekly play group on Mondays at 3:30-4:30pm Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/events.

Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

Parent Café - 1st Thursday of month at 10:00-11:00 AM – RSVP only on calendar AND 3rd Thursday of the month 5:00-6:00PM, RSVP only on calendar. Our calendar is located here www.crc-sc.org/events.

Kaleidoscope Play & Learn Tuesdays and Wednesdays, 10-11:30am and 3:30-4:30pm - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

Camano Island Quilters-Machine Embroidery Group Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

Camano Island Quilters Open Sew Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

Teen Late Night Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.



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Email savvy.septic@snoco.org or call 425-388-3636

Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.





CASA'S PET OF THE WEEK:

TOBY is a 2 year old Husky mix looking for his forever home. Toby is a big, sweet guy who loves people. He knows some commands such as sit and shake, but could use some work on his leash manners. He has lived with kids before and does well. Toby is crate trained and potty trained and would do best in a home with yard where he has plenty of space to run and play. Stop by the shelter to see Toby today!!

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

My name is **CECELIA** and I am a 3 year old cat fresh from the shores of Kauai. I am now ready for my FURever home. Could that be you?! Come meet me today at The NOAH Center.

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

IZZY is dreaming of a home in the country where she can get her exercise while protecting her family from predators. She is an energetic girl who would be a great hiking or running companion. Izzy loves human companionship. **FIRST STEPS:** Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org

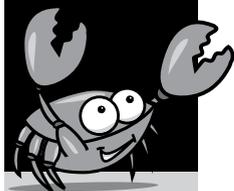
I ♥ CAMANO ISLAND

SUMMER IS TOTALLY CLAWSOME!

*Greetings from Camano Island!
Wishing you a totally clawsome summer!*
-Camano Kerri

KERRI JONES | MANAGING BROKER | NORTH48 REAL ESTATE
KERRI@CAMANOKERRI.COM | 206.963.6615 | CAMANOKERRI.COM

Classified Listings



DID YOU KNOW?

Father's Day as we know it today was the idea of Sonora Dodd, a woman (from Spokane, WA) whose father, a widower, raised her and her five siblings by himself. When Mother's Day became a popular holiday in the United States, Dodd thought that there should be a similar day to honor fathers and fatherhood.

FOR SALE:

Two electric dirt bikes: A Monster Moto and Razor Dirt (Rocket). Both in great shape and fun! \$150 each. 360-387-6524.

Selling: High chair, birch wood, Stokke Tripp Trapp, price USD 79.- Pick up Camano Island. Phone 425 395 2797

Organic raised chicken eggs, Certified organic feed and treats. Free range on a farm in N. Camano. Variety of blue, pink, green, white and brown. \$9 dz. Additional info at Vineandhencamano@gmail.com.

GARAGE / YARD/ ESTATE SALES:

Yard Sale - Sat June 14 - 10am-4pm. Look for signs at corner of West Camano Drive and Mountain View Rd. Mountains of yarn, knitting and craft books. Records. Household items.

Cedarhome Ridge Annual Community Garage & Yard Sale: WHEN: Fri - Sun: June 21, 22 & 23. TIME: 8 am to 4 pm. WHERE: 281st PI NW, 73rd Ave NW & 73rd Drive NW, Stanwood, (near Cedarhome Elementary and Stanwood Senior Center). Multi-family, multi-homes garage & yard sales. Come shop the streets and get tons of bargains all in one trip!

Onamac Community Garage Sale

Friday, July 12th 9 - 3 and Saturday, July 13th 9 - 3. A Huge Multi-Family Sale. Offering a wide variety of items for browsing and buying!

MISCELLANEOUS:

I buy vinyl record albums: Rock, Pop, Jazz and more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

Jenn's Rentals is LOCAL vacation rental management. Jenn will take care of your house, your renters and your homeowner needs. 360-631-0905. www.JennsRentals.com

PROFESSIONAL SERVICES:

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Your Home Remodeled, Repaired. Douglas, local craftsman. www.Alpinerenovationsllc.com. 425-478-2098.

Science and Math Tutoring: I can help you review and strengthen your math and science skills. I have many years of experience with a very gentle approach. ijmuzinich@gmail.com or 360-661-9517.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmitchell8974@gmail.com. Serving Outlying Areas.

Classified Listings



Private Duty Caregiver. Quality In Home Care with 15+ years experience. Résumé packet. Specializing in 24 hour care. Hourly and sleepover rates available. Compassionate Care without Agency fees. Cell: 360-631-7428. Email: TLCBYLL@icloud.com.

WANTED:

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.

Wanted: ping pong player for exercise. No score keeping; just play. Mountain View country club area. 360 454-3920.

Wanted: horse to ride. Gentle for beginner. Share cost or lease road-safe. 360-279-1565.

Wanted: Broken concrete without rebar. 425-239-2000 voice or text.

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NOW HIRING

Warm Beach Senior Community (WBSC) is a non-profit ministry of the Free Methodist Church with 56 years of service to the elderly and the community. We offer competitive wages, and a great team environment. We are looking for cooks and dishwashers to join us!

Full time Line-cook

\$1000 Signing bonus!

Full time Dishwasher

\$500 Signing bonus!

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Seven holidays including a personal day ♦ Computer-Based Continuing Education

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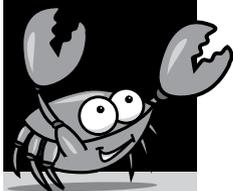
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or contact hr@warmbeach.org for more information

EOE/Minority/Female/Disability/Veteran Employer





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McNutt.

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GREEK ORZO SALAD

A delightful pasta salad loaded with Mediterranean flavors! Serve as a side salad or main dish. Perfect for picnics, potlucks and BBQ's!



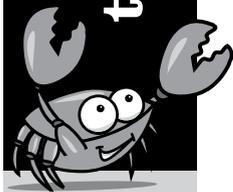
GREEK DRESSING: 1/4 c. extra-virgin olive oil; 1/4 c. red wine vinegar; 1 T. fresh lemon juice; 1/2 tsp. Dijon mustard; 1 clove garlic pressed; 1 tsp. oregano; 1/2 tsp. sea salt; Freshly ground black pepper

PASTA: 1 1/4 c. (8 oz) dry orzo

SALAD: 1 English cucumber halved vertically, seeded, & sliced 1/4-inch thick; 1 (10 oz. cont.) grape or cherry tomatoes halved; 1/4 red onion thinly sliced; 1 (16 oz.) can low-sodium chickpeas drained and rinsed; 1 c. pitted Kalamata olives; 4 oz. feta cheese broken into pieces; 1 c. fresh basil leaves torn and divided; Sea salt and freshly ground black pepper to taste

DIRECTIONS: 1. **DRESSING:** In a small jar, combine olive oil, red wine vinegar, lemon juice, mustard, garlic, oregano, salt, and several grinds of pepper. Cover with a lid and shake until combined, set aside. 2. **PASTA:** Bring a large pot of salted water to a boil. Cook pasta according to package directions or until al dente. Drain and rinse pasta under cold water. Spread the orzo on a rimmed baking sheet, toss with a little olive oil (so it doesn't stick together) and allow to cool. 3. Meanwhile, prep veggies. 4. **SALAD:** In a large bowl, toss together cooled pasta, cucumbers, tomatoes, red onion, chickpeas, and olives. Drizzle with the dressing, add half the basil, feta, and season with sea salt and freshly ground black pepper; toss to coat. Garnish with remaining basil and serve. 5. **Note:** If you want to make the salad ahead to save time, simply add the basil and feta just before serving. You may want to add a drizzle of olive oil too, Enjoy!

View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

HONEST CONVERSATIONS

I tend to say Yes to most invitations, even when I really want to say No. Not long ago I received an invitation to attend a fundraising event to save – I honestly can't recall the critter – let's say the Western Spotted Otter – when what I really wanted to do was lie on my couch and watch football. (I'm confident my \$25 donation helped save a few spotted otters.) Maybe it's just as well I attended the boring fundraiser, as my team lost in overtime.

Every week I'm confronted with situations in which I say, "Sure, I'd be happy to... Attend your party / Donate to your cause / Fill out your 80-question survey / Feed your cats while you're away for two weeks," etc... when what I really want to do is give them a more HONEST RESPONSE. I'll explain with a few slightly altered examples that are all eerily close to actual invitations I've received.

A friend invited me: "Tim, a group of us are going on a 3,000-ft. elevation gain hike up Mount YulNevaMaykit (okay, so I made up the mountain's name – I think it was actually called Mount KillaMeNow). We plan to stop at an Iranian-Vietnamese restaurant on the way home. I know this place that makes the best fried chicken testicle soup."

My actual response: "Gosh, that sounds like fun. Thanks for inviting me. My calendar looks clear. Hey, do you think that restaurant might have a Caesar salad?"

What I wanted to say as an Honest Response: Let me get this straight. You want to inflict pain and suffering on me over several hours, only to "reward" me with a dish so disgusting that it would make my cat vomit? How long have you secretly harbored a death wish for me?"

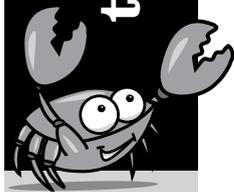
A relative of mine texted me: "Heard this fascinating podcast about Robert F. Kennedy Jr. He makes a lot of sense. You should really listen to it. He has some innovative ideas about how we can live to 150 by banning all vaccines and adhering to a strict diet of cauliflower, oysters, and tobacco-onion juice. The audio interview is two hours long but it goes by fast."

My actual response: "Thanks for this. I will try to watch it in the next day or two. I have been curious about Robert F. Kennedy Jr. I had thought he was a bit of a kook, but maybe I've judged him unfairly."

My Honest Response: "Thanks for this. I was looking for a way to help me get to sleep faster. This looks like just the ticket. Ever since you first voted for Trump, I was concerned you'd lost your mind. And your most recent text officially confirms it. If you never hear from me again, don't worry. It just means I've blocked you on every device I own."

A friend named called to ask: "Tim, my daughter Empress is going to turn 23 next month. I'd like to help her celebrate this milestone birthday by throwing her an epic music festival in our backyard with some local rock bands. I'm asking guests to donate \$150 to help make this a birthday Empress will never forget. I think a music fes-

View from the Bleachers



tival is just the kind of therapy that will help her overcome the funk she's been in ever since she failed to realize her dream of becoming a TikTok influencer with five million followers. Can I put you down as a YES?"

My Actual Response: "Wow, what an exciting day you have planned. I would love to attend but I'll be out of town that weekend. But thanks for the invite, Jill!"

My Honest Response: "Um, Jill, first of all, 23 is not exactly a milestone birthday. Second, Empress? Who names their kid Empress? Was the name Queen Aphrodite already taken? Third, I really believe you need to think much BIGGER if you want to impress your darling Empress. I recommend asking each person to donate \$5,000 in bitcoin. If you get a mere 200 suckers people to say yes, you probably can convince Elton John to come out of retirement and perform."

Of course, the next time someone texts me insisting I watch a "must-see" four-part PBS documentary series titled "Comic Sans – The Forgotten Font", I won't insult them with a snide, sarcastic, but honest reply. Knowing me, I'll send back my usual, polite response: "Thank you so much for thinking of me. Sounds amazing!" – right before I press the DELETE button.

[Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his YouTube channel by the same name.]

4th OF JULY PARADE and ICE CREAM SOCIAL

THURSDAY, JULY 4TH
11 AM IN STANWOOD - AT THE WEST END

Everyone is welcome to join in the parade. Come line up in the Josephine Caring parking lot at 10:15 am.

Afterwards, enjoy ice cream with strawberries and games at the Stanwood Area Historical Society.



4TH OF JULY PARADE ROUTE

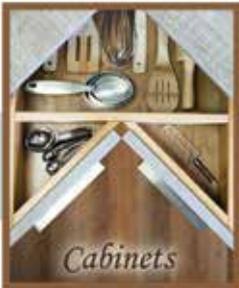


Costume Contest for children with the best costume depicting **historic, patriotic, or 4th of July**. Winners will receive award certificate and prize money.

TIDE TABLES / SARATOGA PASSAGE / JUNE 14-27, 2024

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 14 14 14	Low High Low	6:43 AM 11:35 AM 5:20 PM	4.5 6.5 3.3	
Sa 15 15 15 15	High Low High Low	12:22 AM 7:26 AM 1:20 PM 6:12 PM	10.9 3.3 6.8 4.6	
Su 16 16 16 16	High Low High Low	12:52 AM 8:05 AM 2:59 PM 7:11 PM	10.8 2.2 7.6 5.7	
M 17 17 17 17	High Low High Low	1:23 AM 8:41 AM 4:02 PM 8:14 PM	10.7 1.0 8.7 6.6	
Tu 18 18 18 18	High Low High Low	1:57 AM 9:18 AM 4:54 PM 9:15 PM	10.7 -0.1 9.7 7.3	
W 19 19 19 19	High Low High Low	2:32 AM 9:55 AM 5:40 PM 10:11 PM	10.6 -1.1 10.6 7.7	
Th 20 20 20 20	High Low High Low	3:08 AM 10:33 AM 6:22 PM 11:05 PM	10.6 -1.9 11.4 7.9	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 21 21 21 21	High Low High Low	3:44 AM 11:13 AM 7:01 PM 11:57 PM	10.5 -2.6 12.0 8.0	
Sa 22 22 22	High Low High	4:23 AM 11:55 AM 7:40 PM	10.4 -3.0 12.4	
Su 23 23 23 23	Low High Low High	12:47 AM 5:06 AM 12:37 PM 8:18 PM	7.9 10.2 -3.2 12.6	
M 24 24 24 24	Low High Low High	1:37 AM 5:55 AM 1:19 PM 8:56 PM	7.7 9.9 -3.0 12.6	
Tu 25 25 25 25	Low High Low High	2:29 AM 6:49 AM 2:03 PM 9:35 PM	7.2 9.4 -2.3 12.6	
W 26 26 26 26	Low High Low High	3:26 AM 7:50 AM 2:49 PM 10:12 PM	6.4 8.7 -1.2 12.5	
Th 27 27 27 27	Low High Low High	4:25 AM 9:04 AM 3:38 PM 10:47 PM	5.3 8.0 0.3 12.4	



Cabinets



Window Fashions

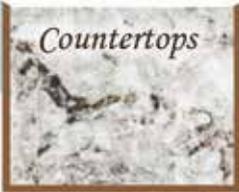


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