

**THE CRAB CRACKER**  
COMMUNITY MAGAZINE

ISSUE 382  
July 12-25, 2024

**FREE  
TAKE  
ONE**



*Events, Information, and Entertainment in the Port Susan Area  
Camano Island • Stanwood • Warm Beach • Silvana • Conway*

**WORK  
HARD,**  
*Be Kind*

*Be real*

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**LOCAL.**

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**PNW  
COLLECTIVE.**

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start to finish.



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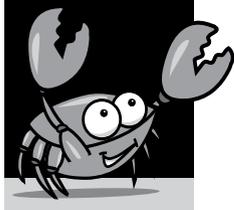
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## Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover photo: Summer quilt by Candace West.*

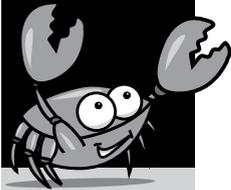


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**Submission DEADLINE: JULY 18 for Next Edition (July 26 - August 8)**

# Calendar of Events



## DID YOU KNOW?

The first recorded sale of fudge occurred in 1886 at a Baltimore grocery store for 40 cents a pound.

FRIDAY, JULY 12

### STANWOOD FARMERS MARKET

2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftspeople.

FRIDAY, JULY 12

### HALEY SUITER

8:00pm - 11:00pm at Pub 282. With authentic tone, raw power and heartfelt sincerity she is on a mission to spread joy and ignite inspiration through her voice and music.

FRIDAY, JULY 12

### STEWART WOODS – FRIDAYS IN THE SPEAKEASY

6:30-8 pm at Conway Muse. No Cover. Bring your dinner in and enjoy singer/songwriter Stewart's music and a cocktail!

FRIDAY, JULY 12

### CYBER TERRORISM

The Camano Preparedness Group will be presenting "Cyber Terrorism, Cyberwarfare and Cyber Crime: What the average citizen needs to know and can do." In this talk, we will explore what can happen, what countermeasures you should consider to mitigate risks, and how your voice needs to be heard on these issues. 7:00pm at the Camano Island Library. The public is welcome and no reservations are needed. For more information, contact Sue at [kk6sue@gmail.com](mailto:kk6sue@gmail.com). Come join us for this very informative program!

FRIDAY, JULY 12

### SEATTLE HOUSE ROCKERS

8 pm. The Conway Muse welcomes back the Seattle House Rockers for an outside show on the Starlight (weather permitting!) @ 8 pm! Tickets \$13 Advanced \$15 at Venue. Bring outside food and have a picnic (no outside beverages).

FRIDAY, JULY 12

### SCIENCE IN THE OUTDOORS

10am-12pm at Camano Island State Park. Join staff from Snohomish Conservation District at the Boat Launch to learn about the science of the outdoors. Today's topic is: Salmon.

I ♥ CAMANO ISLAND

CAMANO ISLAND IS TOTALLY CLAWSOME!

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# Calendar of Events



FRIDAY, JULY 12  
**TRAVEL TALK**



10:00-12:00 at Camano Center, 606 Arrowhead Road. Do you enjoy sharing your travel experiences or hearing from others of their travel adventures? Travel Talk will have a slideshow presentation of someone's travels - perhaps a cruise, maybe a tour in Europe, or exploring some exciting place. This month we go to Spain and explore the region around Costa Blanca on the coastline, with Alicante as a home exchange base. Absolutely no sales pitches nor promotions, just travel fun! Camano Center members free, non-members \$5. Questions or if interested in presenting one of your trips, contact Mark Kraus at 425 503-9072 (please leave a message).

## Research Shows Good Brain Health is Connected to Better Hearing

Recent research suggests there is a link between hearing properly and brain health.

When left untreated, hearing loss can lead to:



**Social Isolation & Depression**



**Fatigue**



**Cognitive Decline**

A recent study showed that hearing intervention slowed down loss of thinking and memory abilities by

**48%**

over **3 years**

in older adults at increased risk for cognitive decline\*.

Not taking advantage of the latest Oticon hearing aid technology advances? Trade in your current hearing aids from another manufacturer and upgrade to Oticon Intent 1 to get up to a \$200 rebate from Oticon.

Good through 12/31/2024, not eligible for devices purchased before 6/13/2024.

**STANWOOD HEARING**

9300 271st Street NW, Suite B-5 • Stanwood, WA 98292  
Near QFC, between Papa Murphy's and H&R Block  
**p: 425-272-9435 | f: 360.572.4765**  
**w: Stanwoodhearing.com**

\*ACHIEVE: Johns Hopkins Bloomberg School of Public Health. "A landmark study of the effect of hearing intervention on brain health in older adults."

# BLOOM and GROW

## WARM BEACH

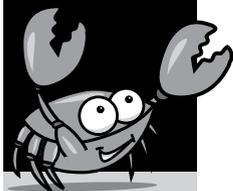


Three Assisted Living and Four Independent Neighborhoods all nestled on a beautiful 100 acre park-like campus in Stanwood Washington. All facilities are complete with an abundance of amenities to help insure all residents a joyful life nurturing body, mind and soul. Living here you're never alone but part of a faith-based Christian community filled with love, support and encouragement.

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**ASSISTED LIVING  
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ONE MONTH FREE RENT\***

Contact Laura Perkins  
[lperkins@warmbeach.org](mailto:lperkins@warmbeach.org)  
(360) 652-4591

# Calendar of Events



## FUNNY LINE:

Shin: a device  
for finding  
furniture in the  
dark.

FRIDAY, JULY 12

### **PARKS & PLAY**

10-11:30am at Freedom Park, Camano. The Community Resource Center outdoor program for ages 0-5 and their parents/caregivers. Explore our local parks while doing arts and crafts, sensory activities, waterplay, reading stories, pop tunnels, music and more!

FRIDAY-SUNDAY, JULY 12-14

### **ANNUAL LOST LAKE COMMUNITY WIDE GARAGE SALE!**

Dates are July 12-14, 9-5! Follow the signs and stop by the Clubhouse for lunch and to enter the quilt raffle!

SATURDAY, JULY 13

### **SUMMER CONCERT SERIES - CHRIS EGER BAND**



Event by Stanwood Commerce Alliance and City of Stanwood. 2-4pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. He is a singer and a songwriter. He can play any genre of music. He is well known through the PNW and we are excited to see Chris Eger play the stage at Saal Brewery. Get ready to move, sing and of course, have some rip roaring fun! Fun and FREE for the whole family! There will be some tables and chairs available or feel free to bring your own chair and/or blanket. Dogs welcome on leash.

SATURDAY, JULY 13

### **JIMMY WRIGHT BAND**

8:00pm - 11:00pm at Pub 282. Catering a wide variety of music.



## **HAZEL BLUE ACRES**



"Your Local Family Farm"

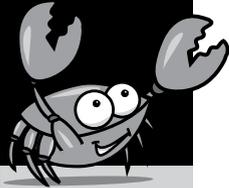
*Come pick organic blueberries  
in Silvana this Summer!*

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*We also sell  
Sockeye  
Salmon, pies,  
hazelnuts, jams,  
and ice cream*

# Calendar of Events



## FUNNY LINE:

If at first you  
don't succeed,  
destroy all  
evidence that  
you tried.

## SATURDAY, JULY 13 MOVIE ON THE LAWN



at Camano Commons, 848 N Sunrise Blvd., Camano Island. Showing Disney Pixar's Inside Out 1. Showing starts at 8:30-Dusk. Free for all! Concessions will be available for purchase and Free Popcorn provided by Les Schwab! Sponsored by Camano Ace Hardware.

## SATURDAY, JULY 13 MLBR GARAGE SALE & 10TH ANNIVERSARY CELEBRATION

Come out and join us for a double event. We will be having our annual Garage Sale from 9 a.m. until 3:00 p.m. at 7528 313th St NW, Stanwood. There will be SO many great items, so please don't miss out on this opportunity to help out Boxers in need and our Rescue Center & Senior Sanctuary. Then...at 3:00 p.m., let the celebration begin! What are we celebrating, you ask? It's our 10th Anniversary as MustLuvBoxers Rescue! We are so excited to share this amazing milestone with you – our volunteers, our supporters, our adopters, and our local community members. Come one, come all!!! There will be music, munchies, swag/merch, and games. It's going to be a great time - we'll be partying until 7:00 p.m.

## 50th Anniversary of the Vietnam War Commemoration

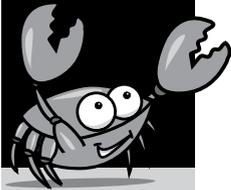
*Friday, August 2*

*11am-2pm at the Camano Library Meeting Room*

**Island County District 1 Commissioner and veteran Melanie Bacon will be in attendance to hand out lapel pins to veterans. Any veterans who served in the U.S. Armed Forces between Nov. 1, 1955 and May 15, 1975 are eligible to receive a lapel pin, regardless of where they served.**



# Calendar of Events



## DID YOU KNOW?

At any given moment, there are 1,800 thunderstorms happening on Earth. This amounts to 16 million storms each year.

SATURDAY, JULY 13

### **DUFFY BISHOP BAND**

8 pm – Conway Muse. This rare chance to see a favorite PNW legend play – the Duffy Bishop Band is back! \$25 Advanced \$28 Day of Show.

SATURDAY, JULY 13

### **SUMMER BONFIRE BASH**

5-10pm at Good Enough Acres, 3738 S East Camano Drive, Camano Island. Make friends and have fun! I provide the main entree and drink, you bring sides, dessert, or favorite beverages. Bonfire at 6pm, weather permitting. Kids ok, but this is an adult event with alcohol, smoking, and music. Plenty of room for overnight tent camping.

SATURDAY, JULY 13

### **FAMILY BINGO**

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JULY 13

### **CO-ED ULTIMATE FRISBEE**

9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all skill levels.

SATURDAY, JULY 13

### **HAPPY HOLLOW FARM SUMMER CONCERT: THE TWO FAKE BLONDES**



\$20. Join us for our Faith and Family concert at the farm featuring the amazingly talented The Two Fake Blondes. Husband and wife duo The Two Fake Blondes are a couple on fire with a mission to spread joy as far and as wide as possible. Composed of Hannah Mac (formerly Hannah Michelle Weeks) and Petey Mac, The Two Fake Blondes have rapidly risen to prominence since their formation. The duo's commitment to using their music as a platform for positivity and connection is evident. Concert will begin at 7pm with a fun after party! Doors will open at 4:30 pm. Mocktails will be available for purchase along with a food truck will be onsite, so come thirsty and hungry! Children 7 and under are free. Tickets: <https://www.happyhollowfarm.org/shop-now>



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**PNW**  
 COLLECTIVE



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 HARD,**  
*Be Kind*

**Malynda Shipley**

Broker / Realtor

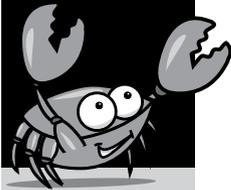
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# Calendar of Events



The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the info provided.

*Thank you.*

SATURDAY, JULY 13

## ACTIVITIES AT CAMANO ISLAND STATE PARK

(Children must be accompanied by adult). 10:00am-2:00pm – Toy Boat Building: Join volunteers from the Cama Beach Foundation at North Beach of Camano Island State Park to learn how to build a wooden toy boat. The best part? You get to bring it home as a souvenir! \$5 suggested donation. 10am-11:00am – Table Talk: Join Park staff at the Boat Launch for an informal program to learn about the common plants, animals and birds that make Camano Island State Park their home. 11:00am-12:00pm – Catching, Caring For and Cooking Crab: Prepare yourself for the best crabbing season yet! Join crabbing experts at the Boat Launch to learn how to catch, care for, and cook crabs. 12:00pm-1:00pm – Junior Ranger Program: Join Park staff at the Boat Launch for this kid-friendly program to learn about the park and the animals, plants, and humans that make their homes in our parks. 2:00pm-3:00pm – Bubbles on the Beach: Join park staff at Boat Launch. Become a Bubble-ologist and make GIANT bubbles.

SATURDAY, JULY 13

## EVENING PROGRAM: OCEAN TIDES

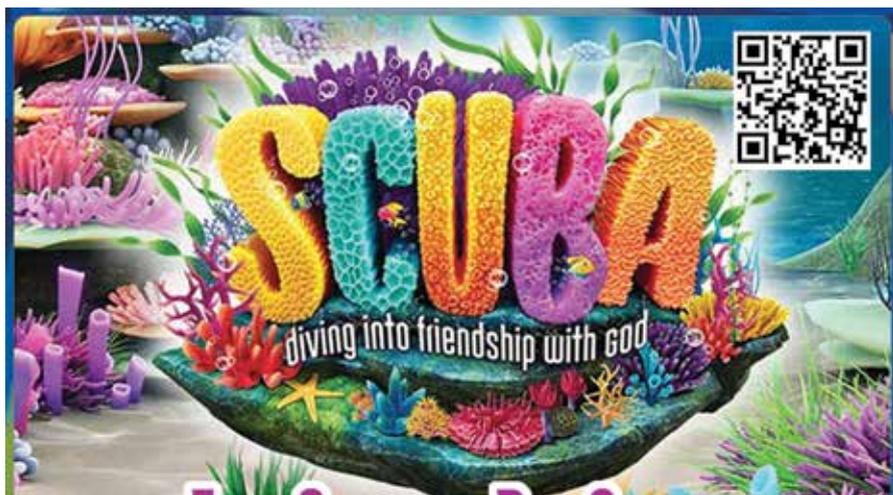


7pm. The movement of water around the Salish Sea and Planet Earth has fascinated us all for ages. How do we predict where the tides will be in an hour, a day, a year from now? How does all this affect the locations of salmon, seaweed, and nuclear power plants? And how does all this affect me when I visit the beach, paddle a kayak, take a ferry, or try to balance an egg? Using video, diagrams, discussions, and humor, this hour-long interactive presentation challenges assumptions, offers insights, and helps us understand the science behind what is taking place out in space and along our shores every hour of every day. Children must be accompanied by an adult.

SATURDAY, JULY 13

## SNOHOMISH COUNTY MASTER GARDENERS CLINIC

at Haggen from 10:00 - 2:00. Please come and bring your gardening concerns. (It is very helpful if you bring samples and/or photos so that we can identify the issues & give accurate advice.). This will be our last clinic at Haggen but you can still access our help-line with your concerns at our Clinic Office at 425 357 6010. (Masters Gardners are on duty Monday-Thursday 10-4)



**SCUBA**  
diving into friendship with god

**Free Summer Day Camp**  
July 15 - 19 / 9:00 am to Noon

Kids Ages 5 - 12 are invited to attend a free Scuba themed Vacation Bible School where we will explore "Diving into Friendship with God".

For more information or to register, scan the QR code above or email: [CedarhomeKidz@gmail.com](mailto:CedarhomeKidz@gmail.com)

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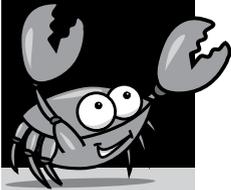


Skagit  
Regional  
Health



**JAMES BARGER, DO, FACOS**  
General Surgery

# Calendar of Events



## DID YOU KNOW?

Kangaroos keep growing until they die. They are the world's largest marsupial.

## SATURDAY, JULY 13 BEAUTIFUL FREAKS



Summer Concert at 6:30pm at Arrowhead Ranch, 615 Arrowhead Rd., Camano Island. FREE show! All ages! Beautiful Freaks is a hardcore glam pop band of queer educators, inspiring fans to make their own statement, to chase dreams and to create a space of uninhibited joy.

## SATURDAY, JULY 13 CARS AND COFFEE

7am-10am at 848 N Sunrise Blvd, Camano Island. Free Event by The Baked Cafe at Camano Commons Marketplace. You provide the cars, we provide the coffee! All cars welcome. Lets fill this place up!

## SATURDAY, JULY 13 PRIME RIB DINNER

4pm until gone (and that's usually by ~5pm) at the American Legion, Post 92, in Stanwood. Join us for plenty of good food and camaraderie! Adults \$25 and children (under 12) \$10.

## SUNDAY, JULY 14 BINGO AT THE VIKING HALL

Doors open at 5pm and games begin at 6pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.



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**Jared D Johnson,**

**CFP®, AAMS™**

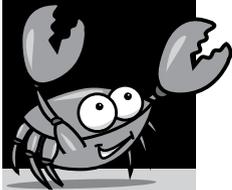
Financial Advisor

370 NE Camano Dr, Ste C102  
Camano Island, WA 98282  
360-629-0625

\*Annual Percentage Yield (APY) effective 07/02/24. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit [www.fdic.gov](http://www.fdic.gov) or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

FDI-1867M-A-A1 AECSPAD

# Calendar of Events



## DID YOU KNOW?

Coca-Cola owns all website URLs that can be read as ahh, all the way up to 62 h's.

MONDAY, JULY 15

### THE FUTURE OF CAMA BEACH STATE PARK

We encourage everyone to please make a public comment on the future of the cabins at Cama Beach State Park. This has a tremendous impact on our island, our history, and our local economy. Information is below on the options for public comment. The meeting is at 6pm at Stanwood High School. We will be accepting in-person oral public comment at the meeting. Doors will open at 5:30 p.m. to begin sign ups. You will be called up in the order in which you signed in. There is no pre-registration for in-person comments. Please do not email public comments. Submit public comments using the online comment form. <https://parks.wa.gov/public-comment>

MONDAY, JULY 15

### ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court at Camano Chapel. 6pm-8pm, ages 18+. Cost is free!

MONDAY, JULY 15

### BREWCAD WEEKLY 3 STRIKE TOURNAMENT

6pm at The Brewcade, 7009 265th St NW #102, Stanwood. \$5 buy-in 3 strike Pinball tournament. Should end around 10pm. All money payed to top three players. All skill levels are encouraged. Sign ups start at 6:00pm and flippers up at 6:30pm Pot splash happens if there's over 15 players!

MONDAY, JULY 15

### NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

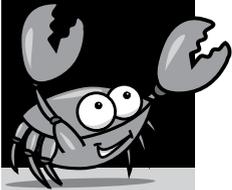
MONDAY, JULY 15

### SCIENCE IN THE OUTDOORS



10am-12pm at Camano Island State Park. Join staff from Snohomish Conservation District at the Boat Launch to learn about the science of the outdoors. Today's topic is: Seals and Sea Lions.

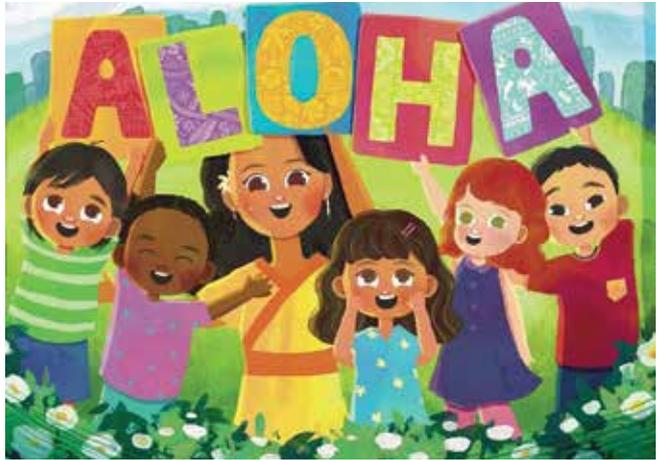
# Calendar of Events



## FUNNY LINE:

For every action,  
there is an equal  
and opposite  
criticism.

TUESDAY, JULY 16  
**LET'S LIVE... ALOHA**



with Gerry Ebaloroza-Tunnell 2:00 PM – 3:00 PM at the Stanwood Library. Join local author Gerry Ebaloroza-Tunnell for a reading of her new book, Let's Live ALOHA! Learn valuable life lessons through the acronym A.L.O.H.A (Ask-Listen-Observe-Heart-Adapt), which emphasizes empathy, adaptability, and thoughtful decision-making. It's a perfect fit for young readers, fostering emotional intelligence and cultural understanding in a fun and accessible way.

TUESDAY, JULY 16

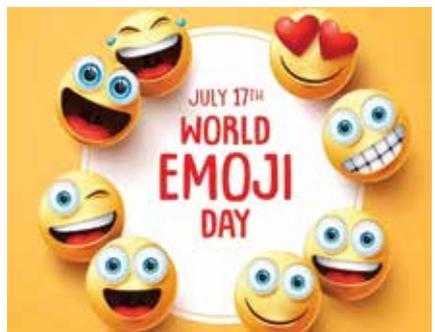
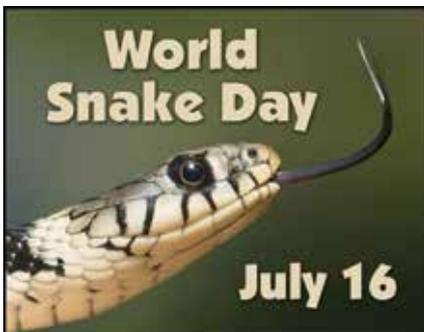
## 2024 DUBS!

Event by Stanwood Disc Golf Club. 5:30pm-8pm at 7101 Church Creek Park, Stanwood. Church Creek random flip dubs. \$10 buy in: \$5 to the pot, \$1 ace pot, \$1 birdy bash, \$1 CTP, \$2 club fund, Ace pot, birdy bash, CTP.

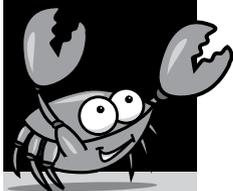
WEDNESDAY, JULY 17

## JUNIPER BEACH RUN

6PM at Camano Island Restoration Church, 788 Smith Rd. Event by SC Runners - Stanwood Camano Runner. Park at the church and we'll run down to juniper beach. Beautiful views of the puget sound most of the run.



# Calendar of Events



## DID YOU KNOW?

In 1950, after the Washington Post music critic gave Harry Truman's daughter's concert a negative review, the president said: "Some day I hope to meet you," he wrote. "When that happens you'll need a new nose, a lot of beefsteak for black eyes, and perhaps a sup-  
porter below!"

## WEDNESDAY, JULY 17 CAMANO WILDLIFE PROGRAM



**Birding Essentials** - An introduction to birding, identification, and the birds themselves. Have you been wondering what has been serenading you at dawn each morning? Or struggling to identify that little yellowish-greenish bird you see in your alder trees? Join us as Joe Meche, expert birder and author of *Beaks and Bills*, gives us a tour about birds you might find on Camano and surrounding areas, birding in general, bird identification, as well as the birds themselves and how they interact with their preferred habitats. 7 pm, at the Island County Multi-Purpose Center, 141 N East Camano Drive, Camano Island. [www.camanowildlifehabitat.org](http://www.camanowildlifehabitat.org)

## WEDNESDAY, JULY 17 SCIENCE IN THE OUTDOORS



10am-12pm at Camano Island State Park. Join staff from Snohomish Conservation District at the Boat Launch to learn about the science of the outdoors. Children must be accompanied by an adult. Today's topic is Sea Slugs.



# BEATLES VS STONES

A MUSICAL SHOWDOWN



LIVE IN THE PACIFIC SHOWROOM! **JULY 19 & 20, 2024**  
**\$25 A TICKET** | DOORS OPEN AT 7:00PM | SHOW AT 8:00PM



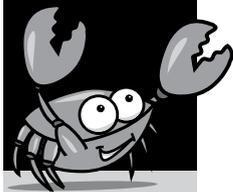
**THE SKAGIT**  
CASINO • RESORT

*TWO SMOKING LOUNGES FOR GAMING!*

theskagit.com • On I-5 at Exit 236 • 877-275-2448



# Calendar of Events



## DID YOU KNOW?

The voice of Papa Smurf, Don Messick, also provided the voice of Scooby-Doo, Ranger Smith on Yogi Bear, and Astro and RUDI on The Jetsons.

WEDNESDAY, JULY 17

### **DROP-IN CONSTRUCTION ZONE!**

3:30 PM – 4:30 PM at the Camano Island Library. Come build and explore with a variety of materials, which may include LEGO®, Magna-Tiles®, gears, blocks, and more! No registration required.

THURSDAY, JULY 18

### **OPEN MIC**

6:30 pm-10 pm at Conway Muse Hayloft. No cost. Come in and join us! 6 PM we open, open mic begins at 6:30. Please hang out outside until 6, as to let everyone get comfortably set up. Food is still welcome to come in with you or be delivered.

THURSDAY, JULY 18

### **CHRIS EGER**

7:00pm - 10:00pm at Pub 282. Rock and Blues, Country, Funk and Soul collide in this modern take on vintage roots music.

THURSDAY-FRIDAY, JULY 18-19

### **MAKE THIS THE SUMMER OF A LIFETIME, GIVE BLOOD.**

Visit a mountain, hang out at the beach, take a ferry ride, find a new trail, or check out a festival. For many of us, summertime and great weather are an invitation to load our “to do” list with many more activities than we can accomplish before the arrival of fall. Just remember to include donating blood on your summer “to do” list. Summer activities can sometimes prevent donors from stopping by to donate blood. But the need for blood is constant, so please be sure to make an appointment to give blood this summer. It takes 1,000 people every day to keep our local blood supply at safe and reliable levels. It only takes an hour to donate and just think, your donation, your gift of life, will make it possible for others to enjoy this summer and many summers to come. Blood donations not only help those who’ve suffered trauma, they also help with cancer treatments, surgeries, premature babies, and others who cannot live without the support of volunteer blood donors. Please add blood donation to your summer “to-do” list and save a life. Join us in saving lives at the upcoming blood drive in Stanwood! Stanwood Community Blood Drive - Community Resource Center of Stanwood/Camano , 9612 271st St. Nw. Stanwood. Appointments are required; photo ID is also required. Please visit [BloodworksNW.org/GiveBlood](http://BloodworksNW.org/GiveBlood) or call us at 800-398-7888.

FRIDAY, JULY 19

### **STEWART WOODS – FRIDAYS IN THE SPEAKEASY**

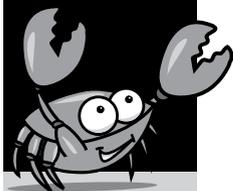
6:30-8 pm at Conway Muse. No Cover. Bring your dinner in and enjoy singer/songwriter Stewart’s music and a cocktail!

FRIDAY, JULY 19

### **STANWOOD FARMERS MARKET**

2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftspeople.

# Calendar of Events



## DID YOU KNOW?

The first cursing in movies happened in the 1939 picture *Gone With the Wind*, when Clark Gable says his famous, 'Frankly, my dear, I don't give a damn.' Believe it or not, audiences gasped when they heard this for the first time.

FRIDAY, JULY 19

### ART ADVENTURES IN LITERACY: TRUFFULA TREES!

Inspired by Dr. Seuss's *The Lorax* 11am-12pm at the Camano Island Library. Join art teacher Callie Darland as she takes us into the vibrant, whimsical world of Dr. Seuss. Artists in this class will explore line and shape to create a vivid landscape of Truffula Trees using oil pastels with watercolor resist technique. More mature artists will begin to recognize atmospheric perspective as they organize their drawings to include foreground, middle ground and background or in Dr. Seuss language, here, near, and far. All artists will leave with their own beautiful painting of 'the bright-colored tufts of the Truffula trees! Mile after mile in the fresh morning breeze!' All materials are provided but we do have a limited number. To ensure your place, we recommend that you arrive promptly. More info: 360-770-6776.

FRIDAY, JULY 19

### FULL SPECTRUM

Fri Jul 19th 8:00pm - 11:00pm at Pub 282. Pacific Northwest 70's + 80's variety rock band featuring a veteran lineup.

FRIDAY, JULY 19

### SCIENCE IN THE OUTDOORS

10am-12pm at Camano Island State Park. Join staff from Snohomish Conservation District at the Boat Launch to learn about the science of the outdoors. Topics change weekly. Children must be accompanied by an adult.

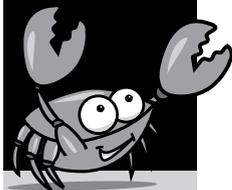
FRIDAY-SATURDAY, JULY 19-20

### SHEDFEST 2024



at Slime Dog Speedway. All we've ever wanted was to give a stage to the massive talent in our local music community and have a kick ass weekend with our friends.... The fact that we're going into YEAR 5 and have been able to keep this going is a testament to YOU guys and how hungry the "scene" still is for new, original, sound. Maybe you'll come out to support a friend, but walk a way a new fan of a band you'd never encountered before. That's the kind of thing we live for. TICKETS ON SALE NOW: [www.woodshedband.com](http://www.woodshedband.com). We've got a bar, games, and camping along the river too!

# Calendar of Events



JULY 20

## **NATIONAL MOON DAY**

commemorates the day man first walked on the moon in 1969. NASA reported the moon landing as being "... the single greatest technological achievement of all time."

SATURDAY, JULY 20

## **SUMMER PARK RANGER TALK**

2-3pm at Camano Commons Marketplace. Bring your kiddos to The Commons, for educational talks from a Cama Beach Park Ranger.

SATURDAY, JULY 20

## **COFFEE AND CARS AT COASTAL VIE**

with Twin City Idlers. 8-11am at 8807 SR 532, Stanwood. Come have coffee and admire our local hot rods. Car shows, hot rods, muscle cars, auto. Free admission to general public and free to bring by your custom Car. Participants in the car show with a custom car will receive a free 6 count of mini donuts and one 16 ounce coffee drink.

SATURDAY, JULY 20

## **BEAUTY BAR DIVAS**

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. (360) 629-2324.

SATURDAY, JULY 20

## **THE SHANNANIGANS**

8:00pm - 11:00pm at Pub 282. A local Whatcom county band, playing all your favorites! Packing the dance floor with artists like Heart, Adele, Journey and Led Zeppelin!

SATURDAY, JULY 20

## **ACTIVITIES AT CAMANO ISLAND STATE PARK**

Children must be accompanied by an adult. 10am-2pm – Toy Boat Building: Join volunteers from the Cama Beach Foundation at North Beach of Camano Island State Park to learn how to build a wooden toy boat. You get to bring it home as a souvenir! \$5 suggested donation. 10am – Table Talk: Join Park staff at the Boat Launch for an informal program to learn about the common plants, animals and birds that make Camano Island State Park their home. 11:00am – Catching, Caring For and Cooking Crab: Prepare yourself for the best crabbing season yet! Join crabbing experts at the Camano Island State Park Boat Launch to learn how to catch, care for, and cook crabs. 12:00pm-1:00pm – Junior Ranger Program: Join Park staff at the Camano Island State Park Boat Launch for this kid-friendly program to learn about the park and the animals, plants, and humans that make their homes in our parks. Topics change weekly.



# LEARN TO SQUARE DANCE

**Have fun, meet new friends. Lessons start  
September 10th. First lesson is free.  
For info, call Jerry at 425-327-4742**



**SILVANA**

**COMMUNITY FAIR**

**Saturday July 27th, 2024**

**9 am - 5 pm**

**Tons of Animals, Inside Exhibits, Kids Games, Greased Pole, Local Craft Vendors, Wagon Rides, Lawnmower Races, Petting Farm, Food Trucks, Live Music from Stilly River Lockdown, and more.**

**Endless fun for all!**

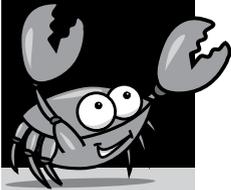
**FREE  
Entry  
and  
Parking**



[Silvanafair.com](http://Silvanafair.com)



# Calendar of Events



## DID YOU KNOW?

Sylvester Stallone was dismayed after the first screening of "Rambo."

He found the film so terrible that he thought it would mark the end of his career.

SATURDAY, JULY 20

## "SUMMER MOMENTS" ART OPENING PARTY



4-7pm at Matzke Fine Art Gallery and Sculpture Park, 2345 Blanche Way, Camano. Artists: Andy Eccleshall, Anne Martin McCool, Kathleen Secrest, Kim Simonelli, Teresa Smith, Lori Vonderhorst and New Sculptures in the Park. Open every Fri., Sat. and Sun 11 to 5, Mon. - Thursday by appt. 360-387-2759 or email: matzke@camano.net.

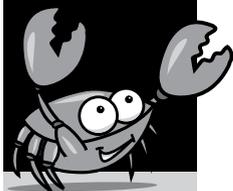
SATURDAY, JULY 20

## QUILTS ON THE COMMONS



(formerly "Quilts on the Beach"). 10AM-4PM at Camano Commons, 848 N Camano Drive. This will be the 15th annual quilt show and sale sponsored by the Cama Beach Quilters. There will be new and gently-used bed-size quilts, plus smaller quilted items and quilting books for sale, vendors, raffle quilts, plus activities for all ages. The event is free. Activities for kids!

# Calendar of Events

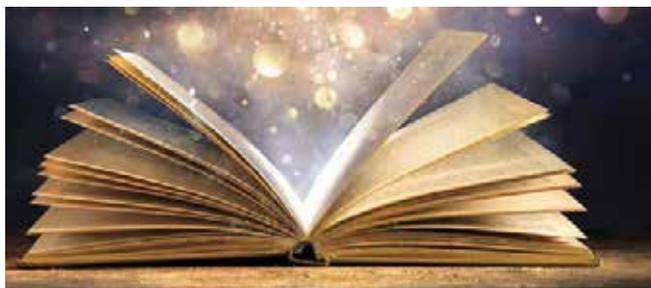


## FUNNY LINE:

To steal ideas from one person is plagiarism, to steal from many is research.

SATURDAY, JULY 20

## STORYTELLING LEGACY WORKSHOP WITH BOB KANEGIS



10am-noon at Community Resource Center of Stanwood-Camano. Enjoy a playful and insightful workshop exploring memories, patterns, through lines and meaning in your life. Learn new ways to keep your story alive and to pass forward a bit of hard earned wisdom. Hosted by the Stanwood Library. Registration required.

SATURDAY, JULY 20

## FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JULY 20

## CO-ED ULTIMATE FRISBEE

9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all skill levels.

SATURDAY, JULY 20

## REINING IN THE RAIN: RAIN BARREL CONSTRUCTION

10am at the Camano Island Library. Scott Chase will demonstrate how to harvest the rain to provide your indoor and outdoor plants with naturally soft water. Learn how to make your own rain barrel.

*Your destination should include a stop at...*

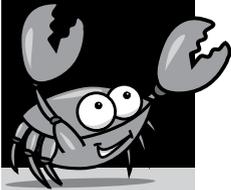
## THE PICNIC PANTRY & PARLOR

*Stanwood's one-stop shop for gifts, gadgets, and goodies*

Souvenirs · Pantry staples · Life event gifts · Barbecue gadgets · Local artisans  
Wine · Local authors · Olive oil/Balsamic refill station · Kitchen gadgets  
Cocktail mixes and glassware · Jewelry · Candy & snacks · AND MUCH MORE!

**8706 271st ST NW, Stanwood ~ Open 7 days a week ~ 360-631-5218**

# Calendar of Events



## DID YOU KNOW?

The average inmate at Alcatraz read 75-100 books per year.

## SATURDAY, JULY 20 SUMMER FESTIVAL



8am-3pm at St Aidans Episcopal Church, Camano. We call this annual event a "festival" and not a "rummage sale" because it's about more than just "stuff." It's about our community, our neighbors, and raising resources for those in need. We appreciate the generous support from the Stanwood-Camano community through donations, sales, and participation. Because of this festival, St Aidan's is able to send more financial resources into the community to support critical social services. We are committed to partnering with local groups and organizations working to help the needy and the vulnerable to the best of our ability.

SATURDAY, JULY 20

## SR 109 BAND

8 pm - Conway Muse. Tickets \$15 Advanced \$18 Day of Show

## NOW is the time to reserve your locker beef!



# ARROWHEAD

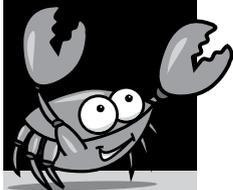
BEEF



Our Limousin cattle were born, raised and grain finished right here at Arrowhead Ranch on Camano Island. We are proud to partner with Silvana Meats for the cutting and wrapping of our beef.

Email [contact@arrowheadranchcamano.com](mailto:contact@arrowheadranchcamano.com) for more information and next steps.

# Calendar of Events



## DID YOU KNOW?

The patterns  
on a giraffe are  
totally unique –  
no two giraffes  
are ever the  
same.

SATURDAY, JULY 20

## SUMMER CONCERT SERIES - JOEL ASTLEY BAND



Event by Stanwood Commerce Alliance and City of Stanwood. 2-4pm on the Brick Road: 270th and 100th, Stanwood. "Joel Astley's live performances have been described as a captivating and upbeat blend of sparkling original music and favorite deep cuts from the blues, swing, jazz, soul & funk record bins. Fun and FREE for the whole family! There will be some tables and chairs available or feel free to bring your own chair and/or blanket. Dogs welcome on leash.

SUNDAY, JULY 21

## FOOTBALL CAMP

This is a SHS Booster Club event. 8am - 1pm. Entering grades K-8. \$0 Registration is free! MORE INFO: <https://www.facebook.com/SHS-Booster>

SUNDAY, JULY 21

## SUMMER DRUM CIRCLES ON THE GREEN

at Camano Commons. Free Community Event. 6:00-7:00pm. Open to all ages. Bring drums and other percussion instruments to play and share. Kids, dogs and dancers welcome. In case of rain the event will be cancelled. Please register for this free event so that we know how many people to expect. Thank you! Limited chairs available, good idea to bring a chair or blanket to sit on. Register at [movementarts.com/events](http://movementarts.com/events) or call 360-629-9100.



## Camano Island Coffee

**FAMILY OWNED & OPERATED!**

Elger Bay • Camano Plaza

Starting July 1st

Check out our extended

SUMMER HOURS

at our

Elger Bay and IGA locations

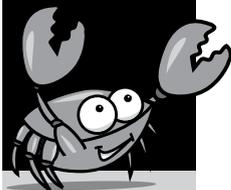
## Guitar by Ford

Ford Giesbrecht

All Ages, Levels & Styles.  
Learn at Your Own Pace.

Instruction & Performance  
Ukulele & Bass Lessons Also Available  
Serving Stanwood & Camano Island  
**360-631-0661 • [guitarbyford.com](http://guitarbyford.com)**

# Calendar of Events



## FUNNY LINE:

Success always  
occurs in  
private, and  
failure in full  
view.

MONDAY, JULY 22

### ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court at Camano Chapel. 6pm-8pm, ages 18+. Cost is free!

MONDAY, JULY 22

### BREWCAD WEEKLY 3 STRIKE TOURNAMENT

6pm at The Brewcade, 7009 265th St NW #102, Stanwood. \$5 buy-in 3 strike Pinball tournament. Should end around 10pm. All money payed to top three players. All skill levels are encouraged. Sign ups start at 6:00pm and flippers up at 6:30pm Pot splash happens if there's over 15 players!

MONDAY, JULY 22

### NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

TUESDAY, JULY 23

### TEDDY BEAR PICNIC



10am-noon at Community Resource Center, 9612 271st St NW, Stanwood. Bring a Teddy Bear, a snack and join us at our Annual Teddy Bear Picnic! This is a free event filled with fun activities and stories for Preschool and School-Age Children

## Four Springs House for your next event



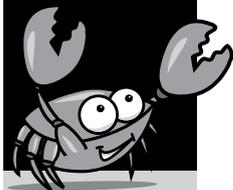
Weddings • Retreats • Business Events  
Family Celebrations



Four Springs Lake  
Preserve

360-387-1418 • [fourspringshouse.com](http://fourspringshouse.com)  
[fourspringshouse@co.island.wa.us](mailto:fourspringshouse@co.island.wa.us)

# Calendar of Events



JULY 24

## NATIONAL AMELIA EARHART DAY

honors the  
achievements  
of the aviation  
pioneer on  
the date of her  
birth.

TUESDAY, JULY 23

### HOOVES AND HEROES COFFEE BREAK

A free social event for active duty, veterans, first responders, emergency support personnel, and their families. Meet with members of your community and learn more about our program with the help of some coffee. 9-10am at 2532 292nd St NW, Stanwood. More info: [info@herehoovesandheroes.org](mailto:info@herehoovesandheroes.org).

TUESDAY, JULY 23

### NARCAN® GIVEAWAY (NALOXONE) WITH HOST

4:00 PM – 6:00 PM at the Stanwood Library. Join representatives from Evergreen Recovery Centers' HOST drop-in program and learn how you can save a life! During this short training, HOST will distribute two Naloxone (aka Narcan®) kits to each attendee and will provide instructions on how to administer the medication. Representatives will be on-site for two hours, and attendees can drop-in throughout this time to receive the training. Both nasal and injectable kits will be available. Hosted by the Stanwood Library.

TUESDAY, JULY 23

### 2024 DUBS!

Event by Stanwood Disc Golf Club. 5:30pm-8pm at 7101 Church Creek Park, Stanwood. Church Creek random flip dubs. \$10 buy in: \$5 to the pot, \$1 ace pot, \$1 birdy bash, \$1 CTP, \$2 club fund, Ace pot, birdy bash, CTP.

WEDNESDAY, JULY 24

### INTRODUCTION TO BEEKEEPING



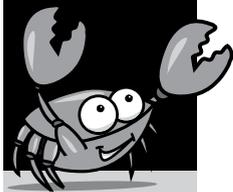
1:00 PM – 2:00 PM at the Camano Island Library. Have you ever considered how to get started in keeping honeybees? This one-hour introduction by Steve Winchell, President of the Stanwood Camano Beekeepers Association, is intended to inspire, encourage and provide all you need to know about beekeeping as a hobby.

WEDNESDAY, JULY 24

### SCIENCE IN THE OUTDOORS

10am-12pm at Camano Island State Park. Join staff from Snohomish Conservation District at the Boat Launch to learn about the science of the outdoors. Topics change weekly. Children must be accompanied by an adult.

# Calendar of Events



WEDNESDAY, JULY 24

## HERITAGE PARK RUN

6pm. Event by SC Runners - Stanwood Camano Runners  
Heritage Park. Park at heritage park and we can run through town.

THURSDAY, JULY 25

## PETUNIA AND THE VIPERS

8 pm – Conway Muse Starlight Stage. Canada’s famous band Petunia and the Vipers returns to the Conway Muse Starlight stage for a special Thursday Show. Tickets \$18 Advanced \$20 Day of Show. Outside food welcome.

THURSDAY, JULY 25

## KENTUCKY RAIN BAND

7:30pm - 10:00pm at Pub 282. The Northwest’s #1 Elvis Tribute & Rock-n-Roll Band.

THURSDAY, JULY 25

## OPEN MIC

6:30 pm-10 pm at Conway Muse Hayloft. No cost. Come in and join us! 6 PM we open, open mic begins at 6:30. Please hang out outside until 6, as to let everyone get comfortably set up. Food is still welcome to come in with you or be delivered.

**Too much work and not enough play?**

We can help get your Island Time back!



### Vacation Property Membership Program

Includes:

- Winterization in the Fall
- Monthly checks
- De-Winterization in the Spring
- Members get discounts on:
  - Pressure Washing
  - Gutter and Roof Cleaning
  - Repairs and Maintenance

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[www.acehandymanservices.com](http://www.acehandymanservices.com)



**NATIONAL  
HOT FUDGE  
SUNDAE DAY  
JULY 25**

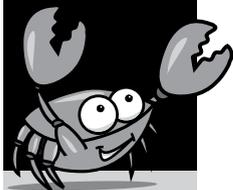
## PUGET SOUND TREE CARE LLC

**360-387-0243**

Jim Fay, Owner, Arborist

- Tree Removal & Trimming
- Stump Grinding
- View Clearing
- Hazard Trees
- Arborist Services

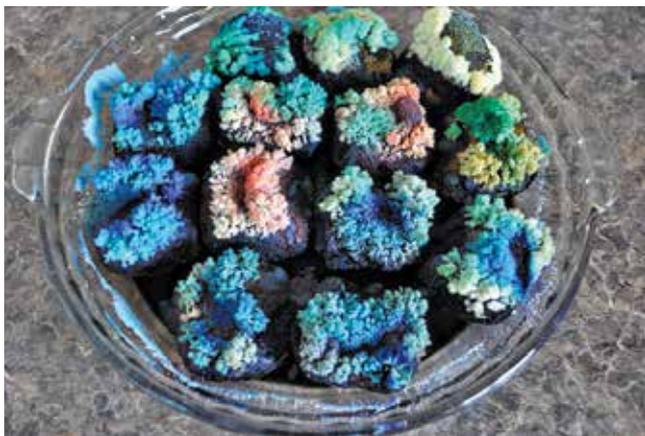
FREE ESTIMATES • LIC. • BOND. • INS.



## DID YOU KNOW?

Animal Planet aired two fake documentaries that “proved” mermaids exist. So many people thought it was real that the U.S. government issued an official statement about it.

## HOW TO GROW CRYSTALS ON CHARCOAL



This is a really easy and fun science project. It's definitely something that requires adult supervision, though. But, I'll confess. This was almost more fun for me than for my kids!

Here's what you need: Charcoal (you can also use a sponge); Non-iodized Salt; Ammonia; Liquid Bluing; Water; Food Coloring (if you want it to be colorful)

Bluing is really interesting to me. When I told my mom that this experiment required bluing, she told me that my grandma used to use it to keep the whites white. I'm definitely going to explore the laundry uses in the future. It's not as hard to find as I first thought. None of the Walmart's in my area carried it, but Albertson's did. At it was only about \$3. I know you can find it online as well, but with the cost of shipping it was ridiculously expensive. Also, it is non-toxic and biodegradable. It can be extremely messy, though. Think blue food coloring kind of spill. So, make sure you are helping with the bluing.

So, here's how you make it. First put some charcoal in the bottom of a glass dish. We tried both whole charcoals and broken charcoals. Both work really well. Then, spray the charcoal really well with water. In a mason jar, mix up 3 tablespoons salt, 3 tablespoons ammonia, and 6 tablespoons bluing. I'm not going to lie. This part smell really strong! My kids had a hard time with the smell and at one time went running for the hills just to catch their breath. (It smells like what I would imagine bleach and ammonia smelling like. Not that I know for sure what that's. And please do NOT try mixing ammonia and bleach together!) To mix them, we put the lid on and shook the ingredients really well. Now, pour the liquid ingredients evenly all over the charcoal. Lastly, sprinkle 2 tablespoons of salt evenly over the top. You can stop there and the crystals will grow white. OR, you can add drops of food coloring all over and get a colorful crystal garden! Now just wait.....To keep the crystals growing, every two days mix up 2 tablespoons of water, 2 tablespoons of bluing and 2 tablepoons of ammonia then pour around the base of the charcoals.

Source: [loveandlaundry.com](http://loveandlaundry.com).

# Kid's Korner



## CRABBY COMMENT:

"Thank you for the wonderful work you do in sharing news and event information with the Camano community!"

-Elizabeth Guss.

## ICE CREAM IN A BAG



Milk can become homemade ice cream in five minutes by using a bag! This homemade, creamy treat is a summertime delight for my boys and yours will love it too!!

- 1 tablespoon sugar
- 1/2 cup milk or half & half
- 1/4 teaspoon vanilla
- 6 tablespoons rock salt
- 1 pint-size Ziploc bag
- 1 gallon-size Ziploc bag
- Ice cubes

How to make it: Fill the large bag half full of ice, and add the rock salt. Seal the bag. Put milk, vanilla, and sugar into the small bag, and seal it. Place the small bag inside the large one, and seal it again carefully. Shake until the mixture is ice cream, which takes about 5 minutes. Wipe off the top of the small bag, then open it carefully. Enjoy!

Just a note... a 1/2 cup milk will make about 1 scoop of ice cream, so double the recipe if you want more. But don't increase the proportions more than that -- a large amount might be too big for kids to pick-up because the ice itself is heavy. Source: [whiskusaway.blogspot.com](http://whiskusaway.blogspot.com)



# *Bloom Fest 2024*

## Lavender Festival in Stanwood



FOOD & COFFEE TRUCKS   LIVE MUSIC   ARTISTS & CREATORS  
SCAVENGER HUNTS   RAFFLE PRIZES   LAVENDER ICE CREAM & LEMONADE

July 27th & 28th

10:00 AM - 6:00 PM

27031 36TH AVENUE NW, STANWOOD

MORE INFORMATION AT

[WWW.OURLEGACYFIELDS.COM](http://WWW.OURLEGACYFIELDS.COM)



# Windermere

REAL ESTATE



**WATERFRONT** **\$1,299,000**  
 Beautifully remodeled Iverson Beach home on Camano with uninterrupted views, sandy shores, hot tub and tideland rights. #2242602



**UTSALADY** **\$1,075,000**  
 Stunning views of Mount Baker and Utsalady bay from this charming, slice-of-heaven Camano home surrounded by beautiful landscaping. #2252899



**CAMALOCH** **\$650,000**  
 Single level living in gated Camano golf community on a quiet street, private backyard with hot tub, wonderful membership perks. #2255825



**COPPER STATION** **\$635,000**  
 Fully fenced corner lot with a wonderful 4-bedroom Stanwood home ready to move-in to with community park and trails close by. #2254102



**MADRONA** **\$649,000**  
 Sunny north island home with partial westerly views, public beach access, great location and lots of new upgrades throughout. #2256878



**LIVINGSTON BAY** **\$1,195,000**  
 Sunny southern exposure plus Mt Rainier views from this single level, updated Camano home plus studio/workshop in a great neighborhood. #2256219

**STANWOOD**  
 7359 267th St. NW, #D  
 360.629.8233

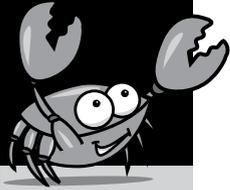


**CAMANO ISLAND**  
 818 N. Sunrise Blvd.  
 360.387.4663

Visit [WindermereStanwoodCamano.com](http://WindermereStanwoodCamano.com) for more information

Windermere Real Estate/CIR

# Artist of the Week



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## DEE SHISHIDO



I'm a local glass artist in Stanwood (Lake Ketchum). My art is stained glass mosaic on glass with other mixed media used. Most are botanical themes but there is a mix of other themes. If you're interested in pricing or would like to make an appointment to see my other pieces of art, please text me at 425-422-7325.

## Youth SUMMER ART classes

### Dive into Color

July 22 through  
July 26th  
9:50 AM - 12:00 PM

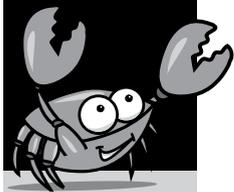
Join us for a series of  
youth art classes as we  
dive into color theory!  
Students will learn art  
skills and come away  
with a finished piece of  
art each day.  
Register in advance for  
one or all dates.

For kids ages 6-12.

STANWOOD  
CAMANO  
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More info:  
[www.scaacwa.org](http://www.scaacwa.org)

# Business Spotlight



## A SACRED SPACE THERAPEUTIC MASSAGE, LLC



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# STANWOOD - CAMANO

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August 3, 2024 / 11:00am

Starts at the train tracks and ends at Josephine's Caring Center

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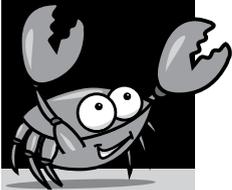
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For More Information Contact Kathy Moe:  
[stanwoodrotaryparade@gmail.com](mailto:stanwoodrotaryparade@gmail.com)



# Classes and Workshops



## DID YOU KNOW?

People who sleep six hours or less per night in their 50s and 60s are more likely to develop dementia.

**Medicare Basics Information Class** Wednesday, July 17th (10:00 - 11:00 am) Free event open to the public. We will be explaining how your Medicare benefits work, as well as the options for supplementation. Whether you are new to Medicare or would like to re-evaluate your current plan, this class is highly recommended. Location: Camano Island Library Meeting Room. RSVP with John- 360-967-9601

**FamilySearch Center** – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to premium websites and records. Contact us at [camano@familyhistorymail.org](mailto:camano@familyhistorymail.org), or find us on Facebook.

**Yoga Classes In-studio & Online** at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to [www.movementarts.com](http://www.movementarts.com) and follow the links to view our video library of online hour length classes; regular membership rates apply.

**Guitar Lessons with Ford Geisbrecht.** All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

**Private Music Lessons:** piano, guitar, bass, and voice for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions or book a complimentary 30-minute lesson: [HartMusicSchool.com/free-trial](http://HartMusicSchool.com/free-trial). Now accepting applications for new teachers.

**Homeownership workshop** every month on the fourth Thursday of each month at Elite interiors next to UPS store from 6 to 8 PM. We will not be holding them In June, November or December.

**It's Elemental: Yoga and Ayurvedic Wisdom for Modern Living.** Immerse yourself in the understanding of the 5 Great Elements (Panca Mahabhutas) of earth (prthvi), water (ap), fire (tejas), air (vayu) and ether (akasa). You'll understand how these elements are the foundation for the 3 energy principles. This workshop is available In-Studio or Online. Sign up at [movementarts.com/events](http://movementarts.com/events).

**Line Dance Lessons** at the Camano Center — Wednesdays 3:00pm-3:45pm. \$10/person or \$8/Camano Center Members. Join us! More info at [www.socialdancesimplified.com](http://www.socialdancesimplified.com).

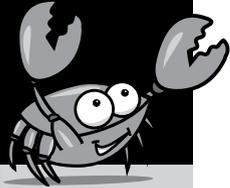


**Jan Mather**  
Camano Island Expert  
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# Community Information



## FUNNY LINE:

A fool and his money are soon partying.

## FREE SUMMER DAY CAMP

July 15 – 19, 9:00 AM to Noon. Kids Ages 5 - 12 are invited to attend a free Scuba themed Vacation Bible School where we will explore "Diving into Friendship with God". For more information or to register, email: CedarhomeKidz@gmail.com.

## HEAT SAFETY FROM ISLAND COUNTY PUBLIC HEALTH



It's summertime and the heat is on its way! In extreme heat, always ensure that you are dressed in loose-fitting, lightweight, and light-colored clothes. Along with dressing for the temperature, keep all strenuous activity to a minimum during the hottest parts of the day and use a buddy system! Check in on vulnerable community members, including older adults and families with infants. Limit the use of ovens for cooking during periods of high heat. For those without air conditioning, our Department of Emergency Management maintains a list of cooling shelters: <https://www.islandcountywa.gov/710/Extreme-Heat>. Sign up to receive emergency alerts at our DEM webpage. Learn the signs of dehydration or heat stroke here: <https://www.cdc.gov/disasters/extremeheat/index.html>

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# Community Information



## DID YOU KNOW?

If you ate nothing but rabbit meat, you would die from protein poisoning. This would be a mixture of too much protein and an absence of fat in the diet.

## BECOME A DEMENTIA FRIEND



July 19th at the Camano Center. Free 60 minute info session. All are welcome. Receive info about dementia, 5 key messages to know, communication tips, ways to take action, resources and support. RSVP at 360-387-0222 by July 17th for our information session. Photo: "Our trained facilitators for Camano Island: Tina, Christy, Kathryn, and Karen."

## A STAGE 1 BURN BAN



is in effect for Snohomish County, now through August 31. This restriction bans outdoor residential burning with the exception of recreational and cooking fires. Find more details at <https://bit.ly/3RQase5>

## STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: [www.sahs-fncc.org](http://www.sahs-fncc.org).

# THE DANGERS OF VAPE

- 1. Causes irreversible brain damage:** The part of the brain that's responsible for decision making and impulse control is not yet fully developed until age 25. Teens and young adults are at risk for long-lasting effects including nicotine addiction, mood disorders, and permanent lowering of impulse control.
- 2. Causes attention and learning problems:** Nicotine also changes the way synapses are formed, which can harm the parts of the brain that control attention and learning.
- 3. Nicotine in vape is highly addictive:** Each time a new memory is created or a new skill is learned, stronger connections – or synapses – are built between brain cells. Young people's brains build synapses faster than adult brains. Because addiction is a form of learning, adolescents can get addicted more easily than adults.
- 4. Gateway to smoking:** Kids who vape are 4x more likely to start smoking which can lead to a lifetime of nicotine addiction.
- 5. Toxic chemicals & metals:** E-cigarette aerosol isn't harmless water vapor – it can contain toxic chemicals and metals.
- 6. Weakens immune system:** Vaping weakens the immune system, increasing susceptibility to all kinds of illnesses and infections.
- 7. Nicotine overload:** Teens may not realize the level of nicotine they are inhaling. For example, 1 JUUL pod = 20 cigarettes worth of nicotine.
- 8. Blood vessel damage:** Vape that contains nicotine can increase blood pressure and heart rate and cause arteries to stiffen up. That means a higher risk for a cardiovascular event (think heart attack).

## SOURCES

1. [ncbi.nlm.nih.gov/pubmed/3543069](https://pubmed.ncbi.nlm.nih.gov/3543069/)
2. [e-cigarettes.surgeongeneral.gov/knowtherisks.html](https://www.e-cigarettesurgeongeneral.gov/knowtherisks.html)
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5. [nationalacademies.org/hmd/Reports/2018/public-health-consequences-of-e-cigarettes.aspx](https://www.nationalacademies.org/hmd/Reports/2018/public-health-consequences-of-e-cigarettes.aspx)
6. [ncbi.nlm.nih.gov/pubmed/34363846](https://pubmed.ncbi.nlm.nih.gov/34363846/)
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8. [medpagetoday.com/meetingcoverage/ers/67802](https://www.medpagetoday.com/meetingcoverage/ers/67802)



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July 20

Gates Open at 8am at 1318 SR 532, Camano Island

[www.staidancamanoisland.org](http://www.staidancamanoisland.org)

*Proceeds benefit St Aidan's and local  
community charities*

**CHURCH GROUNDS OPEN FROM NOON-5PM**

**MONDAY-FRIDAY (JULY 15-20) FOR DONATION DROP-OFF.**

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-Phil Travis

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- 🐾 Canine Good Citizen
- 🐾 Puppy Classes - PAWSITIVE PUPPY & K9 JUMP START

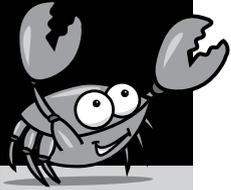


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Phone: 206-920-9663 | E-mail: [k9crazyone@gmail.com](mailto:k9crazyone@gmail.com) | Website: [www.k9crazyone.com](http://www.k9crazyone.com)

# Community Information



## DID YOU KNOW?

In America it is a federal crime to use your roommate or friend's Netflix account.

## THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

## ADULT SCHOLARSHIP CYCLE OPEN

The Stanwood-Camano Area Foundation has several scholarships available for adult students seeking advanced education or needing additional training or education to compete in today's workforce. To be eligible, applicants must either reside or be employed within the boundaries of the Stanwood-Camano School District, and have financial need. Individual scholarships may have additional eligibility requirements Applications are due July 12. More info at [www.s-caf.org](http://www.s-caf.org).

## FREE HORNET REMOVAL

Call Joel 509 987-7717 for free hornet removal. I remove the hornets for free in the Stanwood/Camano area. The hornets are used for immunotherapy. I remove the hornets with out the use of chemicals. Together we can save lives!

## FARM ASHRAM VISITING DAY

Saturdays 12-3pm, June-Sept., 732 Haven Pl., Camano island. Visit the nature farm and yoga ashram on the south end of Camano. Visit with farmers, alpacas, goats, chickens, pigs, dogs, and cats. Farm produce, herbal products, garden tours, and farm food available. A wonderful day outing to spend with your friends and family. (We have working farm dogs - so please don't bring your dog) [www.CamanoFarmAshram.com](http://www.CamanoFarmAshram.com).

## SUMMER SKETCHBOOK SERIES

at Camano City Schoolhouse & Fire Hall, 993 Orchid Rd, Camano Island. July 18, 25 & August 15, 22, 29 from 1-3 PM. Bobbi Samples, long time Art Teacher, is celebrating the Schoolhouse history and its beautiful setting to teach nature sketching, landscape, perspective, color and illustration, in a variety of mediums. Classes build on each other or can be taken singly. Come & learn to illustrate your inner and outer world! Kids ages 8-14 (3rd-8th grade), parents welcome. \$20 per 2 hr. class/workshop, supplies included. Register at [camanoschoolhouse.org](http://camanoschoolhouse.org) (Events).



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# Become a Dementia Friend

Free 60-Minute Information Session - All are welcome



## Session Information:

### Dementia Friend Information Session

will be at

## Camano Center

606 Arrowhead Road

Friday, July 19th, 10:00 a.m. - 11:00 a.m.

RSVP to 360-387-0222 by 7/18

## Receive information about:

-  Dementia and the most common type
-  5 key messages to know
-  Communication tips and strategies
-  Ways to take action
-  Resources and support



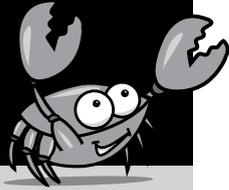
**CamanoCenter**  
Get connected.



**Dementia  
Friends  
Washington**

A Dementia Friendly Community

# Community Information



## FUNNY LINE:

If you think nobody cares about you, try missing a couple of payments.

## FREE HEARING AID CLEANINGS

(by Stanwood Hearing). September 4th from 12:30-1:30pm @ The Stanwood Lincoln Senior Center. Call us to save your timeslot, 360-572-4422.

## FREE PICKLEBALL BEGINNER LESSONS AND ROUND ROBIN GAMES AT HERITAGE PARK!

Free Pickleball Beginner Lessons and Round Robin Games at Heritage Park! The Camano Stanwood Pickleball Association will be giving Beginner Pickleball lessons, as well as arranging for a series of friendly Round Robin pickleball sessions from May to August. These sessions are for adults 18 years or older who would like a basic introduction to the fun sport of Pickleball. These free classes are for new players only. The Round Robin events are for people who have previously attended one of our lessons. Limit 10 players per session (on a first reserved basis). Tennis shoes required. BEGINNER LESSONS: July 25, August 6. ROUND ROBIN SESSIONS: July 13, August 10 (Round Robin Tournament). TO SIGN UP: [www.camanopickleball.com/heritagepark](http://www.camanopickleball.com/heritagepark).

## BABY SALMON LIVE HERE BINGO

From Memorial Day to Labor Day, learn how to protect and preserve Camano Island salmon habitat, visit key restoration sites created to help bring juvenile fish back out into saltwater, and meet with salmon scientists to learn how to help protect this valuable species for generations to come. Submit your bingo card with at least 5 boxes completed to be entered for various prizes (each row completed is an entry). More info: <https://soundwaterstewards.org/baby-salmon-live-here>.

## VOLUNTEER OPPORTUNITIES

Help us protect the Salish Sea! The Marine Resources Committee seeks your insights on our efforts and your support in preserving our marine environment.

- We are looking for 2 Camano citizens to serve on the Committee
- Forestry & Agriculture backgrounds are desirable but not necessary

For more information contact  
[k.zeitich@islandcountywa.gov](mailto:k.zeitich@islandcountywa.gov)



APPLY NOW







# *Build a TOY BOAT*

*Saturdays from 10am to 2pm.  
At Camano Is. State Park go to  
the North Beach Picnic Shelter.*



*Follow the signs  
← in the Park. →*



Events Webpage



## **Cama Beach Foundation**



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8820 Viking Village, Stanwood  
Tuesday-Saturday: 11am-4pm / Sunday: 11am-3pm

**CAMANO ISLAND** 

## Annual Lost Lake Community-Wide Garage Sale



July 12-14

9am-5pm

Follow the signs  
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Clubhouse for lunch  
and to enter the  
quilt raffle!

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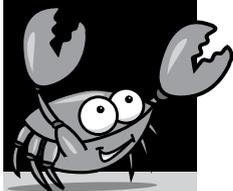
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# Photos and Art



## DID YOU KNOW?

Crows can remember the faces of individual humans. They can also hold a grudge.



*Photo title: Feathers over Port Susan. From: William O'Toole.*



*Aerial photo of Twin City Idlers Car Show - Stanwood - Ian Gleadle.*

## **BIBLE BAPTIST CHURCH VACATION BIBLE SCHOOL "FREEDOM WITH GOD"**



**For children 6-12 years old**

**Saturday, July 20, 2024**

**9:45 AM—2 PM (Lunch included)**

**8313 Park Drive, Stanwood · 360-629-2252**

**Register day of event or pre-register at [bbcstanwood.org/events](http://bbcstanwood.org/events)**

# Moonshine Wisdom & Wit



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at [www.skeeterdaddle.net](http://www.skeeterdaddle.net)



## GOT NETTLES?

The old adage --- when life gives you lemons, make lemonade --- is certainly true on the South End despite the fact that citrus is in short supply in our Banana Belt of Global Warming. Won't be long, but in the meantime we have an overabundance of nettles. Stinging nettles! Stalks that reach 7 feet high by late May. We got a jungle full of the monsters.

So every spring when the fresh stalks reach a foot high or so, we garb up with gloves and go harvesting. We eat the greens the way we'd eat steamed spinach, but what we're really after is that lemonade. Without the lemons. I'm talking, of course, about our infamous spring tonic: Nettle Beer. Folks accustomed to our exaggerations naturally think we're pulling their leg yet again. Nothing could be further from the truth this side of political e-mails. We brew the stuff, we age it and oh yeah, we quaff it too. Probably goes a long way toward explaining our artistic propensities down here. Reality, whether it's brewing or job avoidance, definitely skews away from the top of the bellcurve. It may even be true that the consumption of nettle ales cures a lot of what ails us, but the studies of South End longevity vs the Chablis drinkers of the polar North End, while statistically significant over the short term, are still out on the long.

Anecdotal evidence certainly bears scrutiny if Old Lady Kirby is any example. She makes a concoction that resembles nettle beer in name only, its primary ingredients having neither malts or hops. She calls it Tonic. I got other descriptors for it, but then I'm a confirmed Believer in the Barley and adjuncts like mango and ginger and lemongrass tea leave me scratching without the nettles. Nevertheless, I will say for a woman of her advanced age, she's a spry old gal. I've seen her and the mizzus two-stepping up a storm a few nights at the Hotel to some band a third their ages. Oh, I know, it could just be the clean living of the South End, but ... I suspect those nettle beverages clean out more than the cobwebs.

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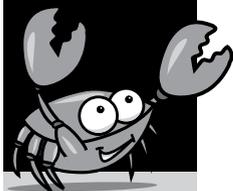
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# Dining Guide



## DID YOU KNOW?

Acetaminophen, one of the most popular pain-killers, restrains masculinity and dulls emotions. It had been rejected in 1887 for its side effects, then approved in 1955.

**AMIGO MEXICAN RESTAURANT & LOUNGE** (Stanwood) • (360) 629-5052  
**BAKED CAFE** (Camano Island) • (425) 530-3314 or (425) 232-5885  
**BEAUTY BAR SALON + LOUNGE** (Stanwood) • (360) 629-2324  
**BEST BURGER HUT** (Stanwood) • (360) 853-0067  
**BLUE HERON KITCHEN & BAR** (Camano Island) • (360) 502-8700  
**CAMA BEACH CAFE** (Camano Island) • (360) 387-3266  
**CAMANO ISLAND INN** (Camano Island) • (360) 387-0783  
**CAMANO THAI** (Camano Island) • (360) 926-8688  
**CENTER CAFE** (Stanwood) • (360) 629-7403  
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**DOS REALES** (Stanwood) • (360) 629-0822  
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**DUCK IN CAFE** (Stanwood) • (360) 629-3440  
**FARMERS CAFE** - (Stanwood) • (360) 629-4953  
**GYRO STOP** (Stanwood) • (360) 572-4175  
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**JACK IN THE BOX** (Stanwood) • (360) 629-2384  
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**JOURNEY'S END CAFE** • (Camano Island) • (360) 387-9120  
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**MCDONALD'S** (Stanwood) • (360) 629-9787  
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**NAHA TERIYAKI** (Stanwood) • (360) 629-0681  
**PADDLE PUB** (Stanwood) • (360) 652-4156  
**PAPA MURPHY'S TAKE 'N' BAKE PIZZA** (Stanwood) • (360) 629-3826  
**PAT'S THAI**  
**PATINI'S GRILL** (Stanwood) • (360) 629-0822 or 360-572-2981  
**PHOENIX PAVILION** (Stanwood) • (360) 629-4662  
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**SUBWAY** (Camano Island) • (360) 631-5055  
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**FOREST SCHOOL**

*Come Play Outside!*  
[camanoforestschool.org](http://camanoforestschool.org)

On June 3rd, Camano Forest School celebrated the grand opening of its nonprofit Outdoor Nature-Based Preschool.

Thank you to the following organizations for their support in launching the program:  
Community Coalition of Stanwood-Camano/Kindergarten Readiness Initiative | Stanwood-Camano Area Foundation | South Camano Grange | Camano Farm Ashram | Skagit Valley College | Haggard Childcare Resources



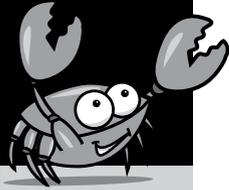
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# Clubs and Meetings



look for us  
online at

[www.TheCrab  
Cracker.com](http://www.TheCrabCracker.com)

or on  
**Facebook.**

Download  
current or past  
editions.

**Are you troubled by someone else's drinking?** When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: **SUNDAY**, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; **WEDNESDAY**, "One Day at a Time," Stanwood Senior Center, 7430 276th ST NW, Stanwood, 7:00pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), **THURSDAY**, "Stanwood AFG", United Methodist Church, 27128 102nd Dr., Stanwood, 7:00pm, **SATURDAY**, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am. For more info call 360-618-0464.

**Friendship Tea** - Drop by for tea, treats, and a chance to visit with friends, both old and new. 1st & 3rd Tuesday mornings of from 10:30-12:00. No charge for Camano Center members; \$5 for non-members. Please check in at the Front Desk. For more information, contact Connie (360) 652-7211.

**Rainy Day Room Playgroup** Free weekly play group on Mondays at 3:30-4:30pm Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: [www.crc-sc.org/events](http://www.crc-sc.org/events).

**Teen Programs** Monday through Friday at the Community Resource Center, please visit [www.crc-sc.org/teenprograms](http://www.crc-sc.org/teenprograms) for more details and schedule of activities.

**Kaleidoscope Play & Learn** Tuesdays and Wednesdays, 10-11:30am and 3:30-4:30pm - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. RSVP at [www.crc-sc.org/events](http://www.crc-sc.org/events).

**Camano Island Quilters-Machine Embroidery Group** Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

**Camano Island Quilters Open Sew** Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

**Teen Late Night** Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.

# Life Jacket Cabinets

## OPEN

Memorial Day weekend through Labor Day

FREE day-use life jackets\*

\*Availability not guaranteed. Bring your own life jacket if possible.

\*Life jackets do NOT replace adult supervision.

\*Life jackets are NOT cleaned between use. Use at your own risk.

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## VOLUNTEER OPPORTUNITIES

Help us care for the Salish Sea! The Marine Resources Committee (MRC) is interested in gaining your perspective on our work and your assistance in reaching out to our local communities.

- We are looking for 2 Camano citizens to serve on the Committee
- Forestry & Agriculture backgrounds are desirable but not necessary

For more information contact  
[k.zupich@islandcountywa.gov](mailto:k.zupich@islandcountywa.gov)

[islandcountymrc.org](http://islandcountymrc.org)



APPLY NOW



### CASA'S PET OF THE WEEK:

Meet **BAJA BLAST** - All kittens come spayed or neutered, age appropriate vaccines, treated for worms and fleas, microchipped and well socialized. Kittens do well in pairs or having a close to same age friend to play with and continue socializing. They are great with people of all ages and have met a few dogs and have not minded them around. Kittens are \$150 for one \$225 for 2. Come by the shelter and fill out an application today!

**Camano Animal Shelter Association (CASA):**  
360-387-1902. [www.camanoanimalshelter.org](http://www.camanoanimalshelter.org)

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### NOAH'S PET OF THE WEEK:

**LIBRA** - Looking for a playful, active pup to add some life and love to your family? Look no further! At almost 2 months old, this adorable pup, is looking for a FURever home committed to training, while giving out plenty of love and patience. If you are ready to add this beautiful, cutie-pie pupper to your family, come and talk to an Adoptions Matchmaker today!

**The N.O.A.H. Animal Adoption Center:**  
(360) 629-7055. [www.thenoahcenter.org](http://www.thenoahcenter.org)

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### SAVE-A-MUTT'S PET OF THE WEEK:

**LUCY** is a delightful lady who is dreaming of a family to call her own. She is gentle, quiet and her heart is filled with love. All she wants is a cozy blanket and a soft spot where she can curl up and that is all she will need... ..it's so easy to make this girl happy. **FIRST STEPS:** Visit [www.save-a-mutt.org/adoption-application/](http://www.save-a-mutt.org/adoption-application/) to fill out an application. We are a foster home based rescue.

**Save-A-Mutt (Silvana, WA):**  
(425) 280-0502. [www.save-a-mutt.org](http://www.save-a-mutt.org)

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**THE COMMONS**

SOUND BATH FEATURING TANJA SHELLEY  
TRANQUILITY HEALING  
SATURDAY AUGUST 10TH @12 PM

Pay Here \$45 <https://www.eventbrite.com/e/the-camano-commons-marketplace-sound-bath-tickets-923887511417?aff=oddtcreator>



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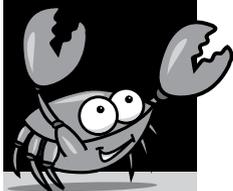
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WEAR IT

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# Classified Listings



## DID YOU KNOW?

"Rap God" by Eminem packs 1,560 words into a 6 min 4 sec song. It holds the world record for most words in a hit single.

## FOR SALE:

**Organic raised chicken eggs**, Certified organic feed and treats. Free range on a farm in N. Camano. Variety of blue, pink, green, white and brown. \$9 dz. Additional info at [Vineandhencamano@gmail.com](mailto:Vineandhencamano@gmail.com).

## GARAGE / YARD/ ESTATE SALES:

**Annual Lost Lake Community Wide Garage Sale!** July 12-14, 9-5! Follow the signs and stop by the Clubhouse for lunch and to enter the quilt raffle!

### **Onamac Community Garage Sale**

Friday, July 12th 9 - 3 and Saturday, July 13th 9 - 3. A Huge Multi-Family Sale. Offering a wide variety of items for browsing and buying!

**Huge garage sale** July 12 and 13 9am to 4pm, cash only. All proceeds go to support education for women. Lots of household and kitchen, furniture, lamps, small appliances, tools, yard tools, and much more. Follow the signs to 677 Field Road, Camano.

**Yard sale** July 12 & 13 and 19th & 20th. Tools, stereo equipment and household items. North Camano Drive and Arrowhead Road. See the signs.

## PROFESSIONAL SERVICES:

**Learn to square dance**, have fun, meet new friends, lessons start September 10th, first lesson free, for info call Jerry at 425-327-4742.

**"I fix stuff and know things. How can I help?"** 206-245-5482.

**Your Home Remodeled, Repaired.** Douglas, local craftsman. [www.Alpinerenovationsllc.com](http://www.Alpinerenovationsllc.com). 425-478-2098.

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## WANTED:

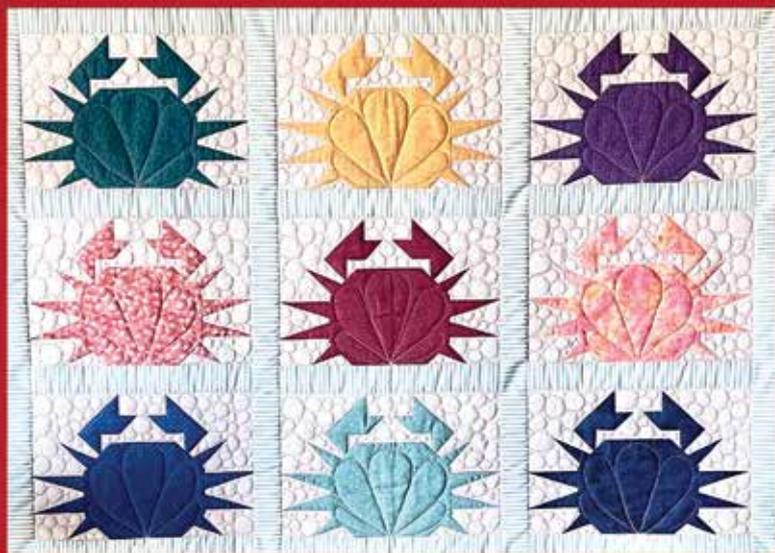
**Considering a career in real estate?** Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at [jillvail@windermere.com](mailto:jillvail@windermere.com) for more information. [windermere-stanwoodcamano.com](http://windermere-stanwoodcamano.com).

**Wanted: horse to ride.** Gentle for beginner. Share cost or lease road-safe. 360-279-1565.

Cama Beach Quilters 15th Annual Show & Sale

# Quilts on the Commons at Camano Commons

**NEW LOCATION!**

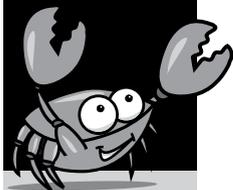


**Saturday, July 20, 2024  
10am-4pm**

At  
**The Commons @ Terry's Corner  
Hwy 532 & NE Camano Dr, Camano Island**

Quilts and handmade items on sale  
Fabric & quilting vendors, Activities for kids  
Show and sale of new and gently used quilts from  
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## MAPLE WHISKEY GLAZED BABY BACK RIBS



These baby back ribs have amazing flavor. Start them off in the oven, steaming them until they are almost falling off the bone. Add the glaze, and by the time they're done, you'll find it was worth the wait!

**RIBS:** 1 rack baby back ribs cut in half; 2 tsp. dried thyme; Kosher salt and fresh ground pepper to taste; 2 c. chicken stock

**GLAZE:** 1/2 c. maple syrup; 1/4 c. Canadian whiskey; 1/4 c. orange juice; 1 T. Dijon mustard; 2 T. red wine vinegar; 2 T. soy sauce; 2 T. freshly grated ginger

**DIRECTIONS:** Preheat oven to 325 degrees. **RIBS:** Season both sides of the ribs with the thyme, salt, and pepper. Place the ribs, rack side down, in a 10x15-inch baking dish. Pour chicken stock into the bottom of the dish. Tightly wrap the dish with foil and bake for 90 minutes. **GLAZE:** Meanwhile, in a small bowl or glass measuring cup, whisk together glaze ingredients; set aside. Remove the ribs from the oven and increase the oven temperature to 375 degrees. Uncover the ribs and pour the glaze over the ribs. Continue baking for 30 minutes, basting every 8-10 minutes. Serve with garlic mashed potatoes or mashed sweet potatoes. Enjoy!

## FULL CIRCLE ARTS



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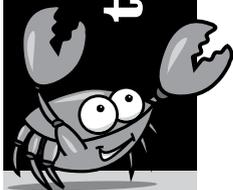
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## View from the Bleachers



Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his new YouTube channel by the same name.

### I'VE BECOME AN ARTIST - MAINLY TO COMPETE WITH MY WIFE

My wife is an incredibly talented artist. Even her name sounds like an artist: Michele Rushworth. We can be competitive in some ways, but the truth is, our talents tend to lie in totally different arenas. For example, she can make incredibly tasty, nutritious meals, and I .... cannot. On the other hand, there's not a sport you can name at which my wife can defeat me. That's because she has about as much interest in learning how to play, say, pickleball, as our cat Zippy has in learning about the intricacies of cryptocurrency.

But there's one area where, if I'm being honest, I must grudgingly admit my wife has the edge – anything to do with art. She went to art school. I, on the other hand, graduated from a liberal arts program with a degree in Communications – which, upon my graduation, opened up a universe of exciting possible entry level job opportunities – mainly in the food services industry.

For the past 25+ years, Michele has painted incredible, lifelike portraits of judges, university presidents, orchestra conductors, military generals, philanthropists, and snotty rich children posed next to their prissy Irish Wolfhound named Prince Tuckahoe. But her real passion is painting landscapes of lakes, coastal areas, flowers, mountains, and birds – in other words, chick stuff. I'm not one to toot my own horn, but I recently found out that I am the co-owner of the largest private collection of original Michele Rushworth artwork in the world.

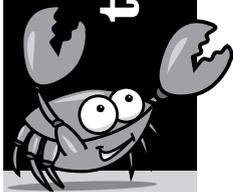
Watching Michele create her masterpieces has inspired me to explore my own latent artistic potential. I retired a couple years ago so, I have more time on my hands lately. I believe there's room for more than one artist in this house. So, I put down my writing pen, picked up the paintbrush, and am now well on my way to challenging my wife for household artistic supremacy.

I've only been at it a couple months – three, if you count my color-by-numbers coloring books initiation. I recently completed a painting of a horse prancing around in a field with a red barn in the background. When I showed it to a complete stranger for their reaction, they had no idea what it was, thinking that it might be an octopus or perhaps a school bus or maybe a mutant platypus, with a red barn in the background. On a positive note, I appear to have totally mastered how to paint a red barn.

Lately I've seen a marked improvement in my technique, and now I'm using actual paintbrushes – just like da Vinci used to paint the Mona Lisa. Oh sure, my technique is a bit primitive, but I'm still in the early stages of my artistic renaissance. Eventually, I anticipate it will be difficult to tell the difference between an original Rushworth painting and an original Jones – assuming you're drunk, can't find your glasses, or are a dog.

I thought briefly about trying to create a media stir like the famous graffiti street artist known as Banksy does. He's built almost a cult following by creating bold, sometimes controversial, works of street

## View from the Bleachers



art in secrecy without asking permission. I tried doing this last week, painting over several area stop signs with the edgy word "GO" where the word "STOP" used to appear. It was done extremely tastefully. Alas, I was unable to explain to the arresting officer that this was just artistic expression, protected by our Constitution.

One idea I had was to offer a free lifetime subscription to my View from the Bleachers humor website, to any customer who purchased one of my original paintings. But one kind person suggested that instead, perhaps the incentive should be that the purchaser could request to be permanently UNSUBSCRIBED from my column. If it will help sell my work, I'm open to that suggestion.

My wife's landscape paintings typically sell for thousands of dollars. I might have to start out a little lower initially until I build up a following. I showed a buddy of mine some of my most recent paintings. He suggested I start at Five dollars – or Best Offer. Hmm. This could be a tougher nut to crack than I thought.

I have no idea whether my artistic gifts will ever rival those of my artist wife. But one thing's for sure – she will never match my prices. I accept cash, check, Venmo, and Dairy Queen gift cards.

[Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his YouTube channel by the same name.]

**Wana Duma Children's Project**

# African Market

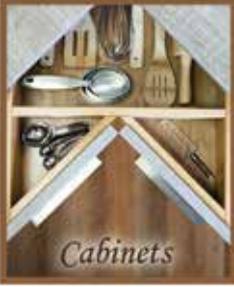
**Sunday, July 14th, 1:00-5:00pm**  
1410 Beach Drive, Camano Island

**Jewelry, gifts, and decor from Kenya.**  
**All proceeds benefit**  
**Wana Duma Children's Project**

**TIDE TABLES / SARATOGA PASSAGE / JULY 12-25, 2024**

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 12	Low	4:47 AM	4.6	
12	High	9:46 AM	7.1	
12	Low	3:48 PM	2.8	
12	High	10:43 PM	11.0	
Sa 13	Low	5:33 AM	3.7	
13	High	11:06 AM	6.9	
13	Low	4:33 PM	4.2	
13	High	11:11 PM	10.8	
Su 14	Low	6:18 AM	2.7	
14	High	12:43 PM	7.1	
14	Low	5:24 PM	5.6	
14	High	11:41 PM	10.6	
M 15	Low	7:04 AM	1.8	
15	High	2:44 PM	7.9	
15	Low	6:24 PM	6.8	
Tu 16	High	12:16 AM	10.5	
16	Low	7:52 AM	0.8	
16	High	3:53 PM	9.0	
16	Low	7:35 PM	7.6	
W 17	High	12:56 AM	10.4	
17	Low	8:38 AM	-0.2	
17	High	4:43 PM	9.9	
17	Low	8:47 PM	8.1	
Th 18	High	1:43 AM	10.4	
18	Low	9:23 AM	-1.2	
18	High	5:26 PM	10.8	
18	Low	9:50 PM	8.2	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 19	High	2:33 AM	10.4	
19	Low	10:07 AM	-2.1	
19	High	6:04 PM	11.5	
19	Low	10:46 PM	8.1	
Sa 20	High	3:22 AM	10.5	
20	Low	10:52 AM	-2.8	
20	High	6:39 PM	12.1	
20	Low	11:38 PM	7.7	
Su 21	High	4:12 AM	10.5	
21	Low	11:36 AM	-3.2	
21	High	7:12 PM	12.5	
M 22	Low	12:27 AM	7.2	
22	High	5:06 AM	10.4	
22	Low	12:20 PM	-3.2	
22	High	7:45 PM	12.7	
Tu 23	Low	1:14 AM	6.4	
23	High	6:03 AM	10.2	
23	Low	1:03 PM	-2.6	
23	High	8:16 PM	12.7	
W 24	Low	2:01 AM	5.4	
24	High	7:03 AM	9.8	
24	Low	1:46 PM	-1.5	
24	High	8:48 PM	12.6	
Th 25	Low	2:52 AM	4.3	
25	High	8:06 AM	9.2	
25	Low	2:30 PM	0.1	
25	High	9:21 PM	12.4	



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