

**THE CRAB CRACKER**  
COMMUNITY MAGAZINE

ISSUE 384  
August 9 - 22, 2024

**FREE  
TAKE  
ONE**



**Events, Information, and Entertainment in the Port Susan Area**  
Camano Island • Stanwood • Warm Beach • Silvana • Conway

# 2024 STANWOOD CAMANO HISTORIC SITES TOUR

## Schedule of Activities



**Friday, August 23, 2024**

**Barnum Point County Park (at the South end of Sunrise Blvd on right)**

- 10:00 am - Tom Eisenberg will give a guided tour of the historic area of the park.

**Saturday, August 24, 2024**

All Sites will be open from 10:00 am to 4:00 pm

**Bus Tour of the historic sites on Camano Island**

- 9:30 am Meet at the Camano Center to begin the historic sites tour by Tom Eisenberg
- 1:30 pm Second Tour of Camano Island historic sites

**Camano City Schoolhouse and Fire Hall – 993 Orchid Road, Camano Island, WA**

- 11:00 am Maud Hayden teaches school in the schoolhouse.
- Moose Creek Logging Company will have their 70-foot-long model railroad layout open for the public to see a miniature 1930s logging community in operation.
- The 1935 Ford fire engine will be on display in the Camano City Fire Hall.

**Utsalady Ladies Aid – 79 Utsalady Road, Camano Island, WA**

- The Ladies Aid will be celebrating the 100<sup>th</sup> anniversary of their building and will be serving cakes all day.
- 10:00 am Walking Tour of the historic homes along Utsalady Road by Robin Hanks
- 10:30 am Richard Hanks shares tales of Utsalady
- 1:00 pm Walking Tour of the historic homes along Utsalady Road by Robin Hanks
- 1:30 pm Richard Hanks shares tales of Utsalady

**Kristoferson Farm – 332 East Camano Drive, Camano Island, WA**

- Docent-led tours of the historic barn and farm will be at 10:00 am, 11:00 am, 1:00 pm and 2:00pm

**Camano Island American Legion (Former Mattress Factory) 608 West Camano Drive, Camano Island, WA**

- Open for tours 10:00 am to 4:00 pm

**Stanwood Masonic Lodge - 27205 102<sup>nd</sup> Avenue NW, Stanwood, WA**

- 10:00 am – 4:00 pm - Guided Tours of the historic Camano Masonic Lodge

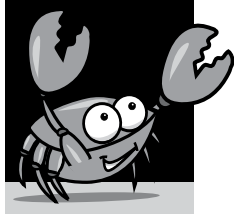
**Stanwood Area Historical Society - 27130 102<sup>nd</sup> Ave. NW, Stanwood, WA**

- 11:00 pm – 12:00 pm – Walking Tour of the historic West Stanwood by Diane Anderson that ends at the Stanwood Masonic Lodge for a special tour of the Lodge.
- A Model-T Ford and two Model-A Ford Automobiles on display 10:00 am to 4:00 pm

**D.O. Pearson House and IOOF Public Hall (The Floyd Norgaard Cultural Center)**

- 1:00 pm – Demonstration of wool carding and spindle spinning by Elaine Commins on the back porch of the D.O. Pearson House.
- Guided tours of the Porter Garrison exhibit in the Floyd Norgaard Cultural Center

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## Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover photo: Joy of summer - ice cream at Camano Marketplace.*

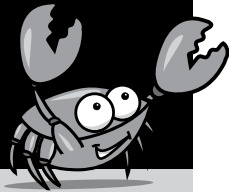


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**P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com**

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**Submission DEADLINE: AUG. 15 for Next Edition (August 23-September 5)**

# Calendar of Events



## DID YOU KNOW?

In 2007, a 1000-gallon inflatable swimming pool was stolen from someone's backyard without a single drop of water being found!

## FRIDAY, AUGUST 9 NATURE TRIVIA NIGHT



Presented by Whidbey Camano Land Trust. 5:30-8pm at Tapped Public House, 848 N Sunrise Blvd, Camano. Join the Whidbey Camano Land Trust for a fun evening of nature related trivia. This free event is open to everyone, but space is limited, so don't wait — register now to secure your spot! Bring your friends to form a team or fly solo and meet new pals. Enjoy delicious food and complimentary drinks on the Land Trust! Come for the trivia, stay for the good times, and maybe even win prizes. Learn more and register here: [www.wclt.org/trivia-night](http://www.wclt.org/trivia-night)

FRIDAY, AUGUST 9

## STEWART WOODS – FRIDAYS IN THE SPEAKEASY

6:30 – 8 pm at the Conway Muse – No Cover. Bring your dinner in and enjoy Stewart's music and a cocktail!

FRIDAY, AUGUST 9

## MARY ELLEN LYKINS & THE CC ADAMS BAND

8:00pm - 11:00pm at Pub 282. The band's roots are in the Blues with R&B and tasty Rock mixed in for flavor. Thwarting the conventional, the band thrives on unique arrangements. Dancin' Music!

FRIDAY, AUGUST 9

## STANWOOD FARMERS MARKET

2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftspeople.

PLEIN AIR WASHINGTON ARTISTS  
9TH ANNUAL EXHIBITION OF

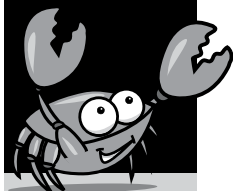
# little gems

AUGUST 2-31, 2024  
Scott Milo Gallery, Anacortes  
Online at [ScottMilo.com](http://ScottMilo.com)





# Calendar of Events



## DID YOU KNOW?

Being in a negative relationship can weaken your immune system.

FRIDAY, AUGUST 9

## BRITTANY COLLINS & CO. + WES JONES + BRITTANY DANIELLE

8pm on the Starlight Stage at The Conway Muse. Advanced tickets are \$12 and tickets at the door will be \$15. All ticket sales are final day of show. Outside food is welcome, no outside beverages please.

FRIDAY, AUGUST 9

## TRAVEL TALK



10:00-12:00 at Camano Center, 606 Arrowhead Road. Do you enjoy sharing your travel experiences or hearing from others of their travel adventures? Each month on the second Friday Travel Talk will have a slideshow presentation of someone's travels. This month we will visit China and hear about two trips – 1986 and 1999. This was a very dynamic and exciting period of change and growth that totally reshaped China. Absolutely no sales pitches nor promotions, just travel fun! Camano Center members free, non-members \$5. Questions or if interested in presenting one of your trips, contact Mark Kraus at 425 503-9072 (please leave a message).



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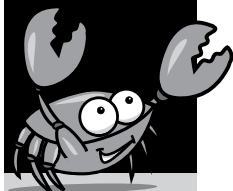
**Jared D Johnson,**  
**CFP®, AAMS™**  
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\*Annual Percentage Yield (APY) effective 07/31/24. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit [www.fdic.gov](http://www.fdic.gov) or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

FDI-1867M-A-A1 AECSPAD

# Calendar of Events



## DID YOU KNOW?

People can suffer from a psychological disorder called Boanthropy that makes them believe they are a cow.



[www.TheCrabCracker.com](http://www.TheCrabCracker.com)

FRIDAY-SUNDAY, AUGUST 9-11

## THROWCHELLA

disc golf tournament at Kayak Point Disc Golf Resort, Stanwood. We have upgraded to a PDGA Sanctioned B-Tier Tournament! This year, the tournament will consist of 3 rounds, 1 round per day. Every division will play Reds, Golds and Blues. The Pitch & Putt course will still be part of the event, but will be a bonus ace run event and won't count towards your score or rating. Register at [https://www.discgolfscene.com/tournaments/Throwchella\\_2024](https://www.discgolfscene.com/tournaments/Throwchella_2024)

FRIDAY-SUNDAY, AUGUST 9-11

## UPRISING FEST 2024

Spiritual Family (& Universal Friends) Presents Uprising Fest 2024. 45 sets of music over 3 days and 2 nights. Musical talent ranging through many genres, including a forested silent disco. Wind down after your full day of fun with projector movies and cuddle puddles. Explore Franniland with our weekend long scavenger hunt. Immerse yourself in the many art installations! Make sure to stop by our Vendor Village for art, trinkets, food/non-alcoholic beverages and more. Classes and interactive activities. Tickets at: <https://www.brownpapertickets.com/event/6274367>.

SATURDAY, AUGUST 10

## SUMMER BONFIRE BASH

5-10pm at Good Enough Acres, 3738 S East Camano Drive, Camano Island. Make friends and have fun! I provide the main entree and drink, you bring sides, dessert, or favorite beverages. Bonfire at 6pm, weather permitting. Kids ok, but this is an adult event with alcohol, smoking, and music. Plenty of room for overnight tent camping.

SATURDAY, AUGUST 10

## FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, AUGUST 10

## CO-ED ULTIMATE FRISBEE

9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games. Whether you're a seasoned player or new to the sport, this event is open to all skill levels.

**PUGET SOUND TREE CARE LLC**

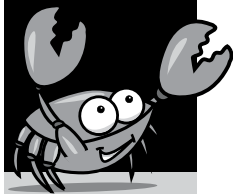
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# Calendar of Events



## SATURDAY, AUGUST 10 SOUND BATH/MEDITATION



Noon at Camano Commons. Event by Tanja McCarty Shelley and Tranquility Healing. The first time I saw Commons Market I knew I needed to play my Crystal Bowls there! This is an amazing place it has a great positive atmosphere. Get some sun, relax with friends. What to expect? Information about all of the bowls, a Guided meditation to calm your mind, body and spirit. At the beautiful sounds of my Tibetan Bowls and Crystal Bowls! I will also answer all of your questions at the end. I am asking for a donation of \$45 or what your heart wants to give (PRESALE AVAILABLE BELOW). Show confirmation with my daughter at the door. So bring your family and friends, there is room for dogs too! See you there! Namaste.

### Too much work and not enough play?

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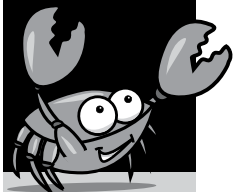
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- Puppy Training
- Newly Adopted Dog / Puppy Classes
- Virtual Dog Training
- Service Dog Training
- AKC Fitness / AKC Tricks
- Board and Train

# Calendar of Events



## DID YOU KNOW?

China banned  
Back to the  
Future because  
it contained time  
travel.

SATURDAY, AUGUST 10  
**SUMMERFEST 2024**



11am at Warm Beach Community Association Park. WHAT IS SUMMERFEST? Summerfest is a day of fun and community. Not to mention, our biggest Fundraiser and an essential part of the Warm Beach Community Association's survival. Warm Beach is a special place with special people. Each year, the community (not the WBCA, yet the actual community) decorates their golf carts, riding lawn mowers, bicycles, their pets and each other and Promenade to Summerfest minutes before it opens. As they approach the Park, out of the crowd scurries "The Dancing Crabs Family" who put on an opening act and then Summerfest begins. Summerfest hosts a variety of vendors including 911 Grub Hub and informational booths. A Bake Sale with the best baked goodies West of the Mississippi, thanks to our neighborhood baker volunteers. Summerfest has a Bouncy House & other activities for littles and a Beer Garden for the adults. At Summerfest you can play regular Bingo AND Chicken Poop Bingo. There is something entertaining watching a crowd of people EGGING on chickens on where to poop! Although we are not sure the chickens feel the same. Then there is Treasurefest where there is bounty to be looted. YOU get to name your price for the many rows of donated gently used treasures.

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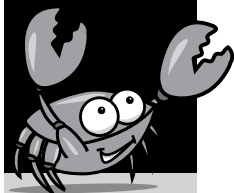
[mshipley@atthebeachrealestate.net](mailto:mshipley@atthebeachrealestate.net)

[www.atthebeachrealestate.net](http://www.atthebeachrealestate.net)

[www.onereale.com/profile/malynda-shipley](http://www.onereale.com/profile/malynda-shipley)

real

# Calendar of Events



The Crab Cracker had compiled this list of current events, derived from submissions & content from various resources, with effort to ensure accuracy. We recommend that you contact the venue or event to confirm the info provided.

*Thank you.*

SATURDAY, AUGUST 10

## **TOY BOAT BUILDING**

at Camano Island State Park. 10am and 2pm. Drive to the Park and follow the signs. Because of the unfortunate situation at Cama Beach State Park, the Center for Wooden Boats, former sponsor of toy boats, will be leaving Cama Beach soon. The Cama Beach Foundation will now be sponsoring this popular activity. Come build a toy boat! All supplies and tools are provided. A \$5 donation is requested.

SATURDAY, AUGUST 10

## **BE A SALMON SCIENTIST- IVERSON SPIT PRESERVE**

10:00 am – 2:00 pm. Join Sound Water Stewards as we discover how scientists use beach seining to count venerable salmon species on Camano Island. Make, measure, and record a tiny handmade salmon of your own! Meet with Island County natural resource specialists, and members of the Salmon Recovery Board to learn about local efforts to protect and recover baby salmon habitat. Visit [www.soundwaterstewards.org](http://www.soundwaterstewards.org) for additional info.

SATURDAY, AUGUST 10

## **CASA DOG WASH**



The Camano Animal Shelter Association is hosting its 16th Dog Wash, on Saturday, August 10th from 11 am to 4 pm at the shelter located on the corner of Can Ku Road and East Camano Drive. The cost for a bath is \$10 to \$15, depending on the size of the dog. For an additional fee, pups can have a manicure. Nail clipping and dremel services are provided by professional groomers. Dogs go home proudly wearing their new souvenir dog wash bandana. Bring your dog and join us for this fun event. All proceeds benefit CASA, our local animal shelter. 360-387-1902 [www.camanoanimalshelter.org](http://www.camanoanimalshelter.org).

SATURDAY, AUGUST 10

## **"ART RECEPTION"**

5:00 to 7:00 open to the public, at Matzke Fine Art Gallery and Sculpture Park 2345 Blanche Way, Camano Island 360-387-2759 [matzkefineart.com](http://matzkefineart.com) Open every Friday, Sat and Sunday 11 to 5:00.

# SAVE THE DATE!



**FREE!** SELF-GUIDED ARTISTS' STUDIO TOUR 2024 **FREE!**

SATURDAY AND SUNDAY  
**SEPTEMBER**

7th & 8th • 10am to 5pm

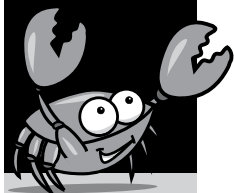
SCULPTORS  
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FIBER ARTS  
METAL ART

[anacortesstudiotour.com](http://anacortesstudiotour.com)



# Calendar of Events



## DID YOU KNOW?

In India, the flying of a kite is illegal under a 1934 law, which classes kites as an aircraft.

## SATURDAY, AUGUST 10 LEQUE ISLAND WALKING TOUR



10:00 am – 2:00 pm. Learn about Leque Island and the restoration work that created 276 acres of estuary habitat, home to 15 different fish species including Chinook, Chum, and Coho. Who will be the tour guides? The salmon of course! Head down the paved walking path and look for the hidden salmon facts, show off what you've learned, and be entered to win our Baby Salmon Live Here BINGO grand prize...a whale-watching trip! Our microscope crew will also be on-site to teach about the tiny plankton that salmon rely on as a food source. Visit [www.soundwaterstewards.org](http://www.soundwaterstewards.org).

SATURDAY, AUGUST 10

## JUST CLARK & PETE POSIE

8 pm – Conway Muse outdoor Starlight Stage. Country swing, folk & Americana. Tickets \$12 Advanced \$15 Day of Show.

SATURDAY, AUGUST 10

## AKTION CLUB'S E-CYCLE

10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.

# MAC 20 FEST 24

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COMMISSION**

**INFO & TICKETS:**  
[www.macfest.art](http://www.macfest.art)



# 2ND CHANCE THRIFT SHOP

## EVERYTHING CHRISTMAS SALE

*Proceeds Benefit  
the Camano Center*

**August 17, 2024  
9:00 AM - 3:00 PM**

**Camano Center  
606 Arrowhead Road  
Camano Island, WA**

**Cost of all Christmas  
items is by donation.  
Shoppers should bring  
their own shopping bags.**

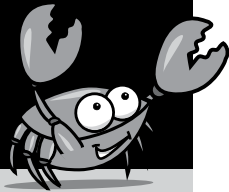


CamanoCenter  
Let's Grow It

**[2ndchancethriftshop.org](http://2ndchancethriftshop.org)**



# Calendar of Events



## DID YOU KNOW?

In Japanese legend, it is said that anyone who folds 1,000 origami cranes will be granted a wish by the gods.

SATURDAY, AUGUST 10

## FARM TOUR 5K RUN AT HAZEL BLUE ACRES



"the most beautiful race you will run this year." Part of Arlington Farm Tours Weekend. Join us at Hazel Blue Acres on August 10th for the 3rd annual Farmland Fun Run 5k as part of the Arlington Farm Tours! The free kids 1 mile race will kick off at 8:30 am and the 5k will begin at 9 am. All kinds of delicious blueberry prizes for winners! Sweet swag for all participants! Register at <https://farmlandfunrun5k.it-yourrace.com/event.aspx?id=15354>

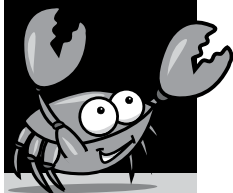
SATURDAY, AUGUST 10

## SUMMER CONCERT SERIES - SAVANNA WOODS WITH EDEN



Event by Stanwood Commerce Alliance and City of Stanwood. 2-4pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. Closing out the Summer Concert Series is Stanwood Native, Savanna Woods with her band, Eden. A powerhouse of fun and energy. You will recognize and sing along with covers from genre's from pop, rock and blues and even sing along to their electric and soulful originals. Come celebrate us with our very own, Savanna Woods as we say goodbye to the 2024 Summer Concert series. Fun and FREE for the whole family! There will be some tables and chairs available or feel free to bring your own chair and/or blanket. Dogs welcome on leash. Please remember to pick up and dispose of trash.

# Calendar of Events



## DID YOU KNOW?

Donald Trump  
owns and  
operates around  
18 golf courses  
around the  
world.

SUNDAY, AUGUST 11

## SUMMER DRUM CIRCLES ON THE GREEN AT CAMANO COMMONS

Free Community Event. 6:00-7:00pm. Open to all ages. Bring drums and other percussion instruments to play and share. Kids, dogs and dancers welcome. In case of rain the event will be cancelled. Please register for this free event so that we know how many people to expect. Thank you! Limited chairs available, good idea to bring a chair or blanket to sit on. Raising the vibration of our community. Register at [movementarts.com/events](http://movementarts.com/events) or call 360-629-9100.

MONDAY, AUGUST 12

## ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court at Camano Chapel. 6pm-8pm, ages 18+. Cost is free!

MONDAY, AUGUST 12

## BREWCAD WEEKLY 3 STRIKE TOURNAMENT

6pm at The Brewcade, 7009 265th St NW #102, Stanwood. \$5 buy-in 3 strike Pinball tournament. Should end around 10pm. All money paid to top three players. All skill levels are encouraged. Sign ups start at 6:00pm and flippers up at 6:30pm Pot splash happens if there's over 15 players!

MONDAY, AUGUST 12

## NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

TUESDAY, AUGUST 13

## SUMMER KIDS' DANCE ADVENTURE

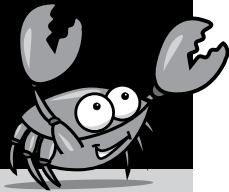
10:00 AM – 11:00 AM at the Camano Island Library. Join our exciting outdoor dance class where kids can be challenged through fun movement engagement. This class will encourage creativity and the development of motor planning while laughing and spending time with peers in a beautiful outdoor setting next to the library. Parents are encouraged to join in.

## August 12

Happy Middle Child's Day! Oh, you didn't notice that it was Middle Child's Day? Don't worry, no one ever does.



# Calendar of Events



## DID YOU KNOW?

There is a Guinness world record for the longest amount of time needed to create an official government – it is held by Belgium.

TUESDAY, AUGUST 13

### FREE COOKING DEMO

in the barn at Hazel Blue Acres in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

TUESDAY, AUGUST 13

### 2024 DUBS!

Event by Stanwood Disc Golf Club. 5:30pm-8pm at Church Creek Park, Stanwood. Church Creek random flip dubs. \$10 buy in: \$5 to the pot, \$1 ace pot, \$1 birdy bash, \$1 CTP, \$2 club fund, Ace pot, birdy bash, CTP.

THURSDAY, AUGUST 15

### MOVIE IN THE PARK - TOP GUN



Join family, friends and neighbors for three magical nights under the stars watching family-favorites at Church Creek Park. This event is free for everyone. Movies begin at dusk, roughly around 8 or 8:30 p.m.

THURSDAY, AUGUST 15

### GARDEN TOUR



Stanwood-Camano Kiwanis Club is hosting a garden tour of our Food Bank Garden on Camano 6:30-8pm. For more information please email: stanwoodcamanokiwanis@gmail.com

**GET  
TICKETS!**

**SCAN QR  
FOR TICKETS**



**AUGUST 17, 2024 5:30PM**

**SMALL BITES | BEER/WINE | LIVE BAND  
ADULTS - 21 AND OLDER**

**ANNUAL FUNDRAISING EVENT  
BENEFITING:**



**Community  
Resource  
Center**

*of Stanwood Camano*

**FOR TICKETS VISIT: [WWW.CRC-SC.ORG](http://WWW.CRC-SC.ORG) OR CALL 360-629-5257**

**THANK YOU GOLD,  
SILVER & BRONZE  
SPONSORS!**



**COASTAL**

**Windermere  
REAL ESTATE**

**LENZ  
ENTERPRISES**



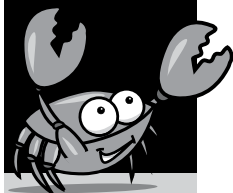
**MOUNTAIN PACIFIC  
BANK**



**THANK YOU  
CONTRIBUTING SPONSORS!**

**Berg Construction, Evergreen Wellness Spa,  
Leslie Tripp - State Farm, Twin City Foods**

# Calendar of Events



## DID YOU KNOW?

1912 saw the last Olympic gold medals made entirely out of gold.

### THURSDAY, AUGUST 15 **TIE DYE MAKING FUN!**



2-4pm at the Camano Island Library. Join us at the Camano Island Library for some all ages tie-dye fun! Get creative with color and make a unique item to take home. We will have a limited supply of items to tie dye so please bring something along that you want to change from boring to groovy! Materials available while supplies last.

### THURSDAY, AUGUST 15

#### **OPEN MIC**

6:30 pm – 10 pm @ Conway Muse Hayloft. Come in and join us! 6 PM we open, open mic begins at 6:30. Please hang out outside until 6, as to let everyone get comfortably set up. Food is still welcome to come in with you or be delivered.

### THURSDAY, AUGUST 15

#### **CHRIS EGER**

7:30pm - 10:00pm at Pub 282. Rock and Blues, Country, Funk and Soul collide in this modern take on vintage roots music.

### FRIDAY, AUGUST 16

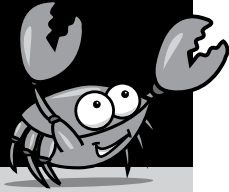
#### **MOVIE ON THE LAWN**



presented by Camano Community Events. Showing Despicable Me 3. Showing starts at 8:30- Dusk. Free for all! Concessions will be available for purchase and Free Popcorn provided by Les Schwab!



# Calendar of Events



## DID YOU KNOW?

Space suits take 5,000 hours to make, costs 1 million dollars, weighs about 110 pounds, and has 11 layers of material.

FRIDAY, AUGUST 16

## HAPPY HOLLOW FARM SUMMER CONCERT: IRELAND WOODS BAND



\$20. Ireland Woods and Friends are a local group of musicians who are excited to be a part of Happy Hollow Farm's Summer Concert series! You may know Irland as the youngest of the Woods Sisters. Come and enjoy some good tunes and good times! Playing feel good music from the 60's to now. Concert will begin at 7pm. Doors will open at 4:30 pm. Beverages will be available for purchase along with a food truck will be onsite, so come thirsty and hungry! Children 7 and under are free. Tickets: <https://www.happyhollowfarm.org/shop-now>

FRIDAY, AUGUST 16

## JOE & CAROL YOUNG

6 pm – Conway Muse Speakeasy Stage. No Cost (hat). 18444 Spruce St., Conway.

FRIDAY, AUGUST 16

## STEWART WOODS – FRIDAYS IN THE SPEAKEASY

6:30 – 8 pm at the Conway Muse – No Cover. Bring your dinner in and enjoy Stewart's music and a cocktail!

FRIDAY, AUGUST 16

## UNDER THE PUDDLE

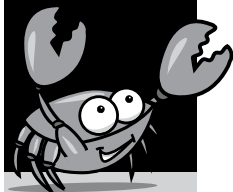
8 pm – Conway Muse, 18444 Spruce St., Conway. Tickets \$15 Advanced \$18 Day of Show.

FRIDAY, AUGUST 16

## BILL SANFORD - RETIRING - ALOHA PARTY!

Rite Aid, 8/14/1978 to 7/26/2024. Bill Sanford, store manager, has officially retired after 46 years with Rite Aid Drug Stores. Please join Bill from 1-3pm (at Rite Aid in Stanwood) for a retirement celebration. Bill says... It's ALOHA Friday so let's celebrate in style, that is Hawaiian style! Please bring your stories and memories from the past 26 years. Refreshments will be served. Hope to see you there!

# Calendar of Events



## DID YOU KNOW?

In a few Appalachian forests there are fireflies that glow blue for up to a minute instead of flashing yellow.

FRIDAY, AUGUST 16

## STANWOOD FARMERS MARKET

2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftspeople.

FRIDAY, AUGUST 16

## ROCK RADIO

8:00pm - 11:00pm at Pub 282. A Classic Rock / Blues cover band playing hits from the 60's, 70's and 80's. A group of musicians with decades of experience coming together in 2011 and playing the music they grew up with and love.

FRIDAY-SATURDAY, AUGUST 16-17

## "QUILTY PLEASURES"



10am-4pm at Port Susan Middle School, 7506 267th St NW, Stanwood. Cost: \$10 (will get you in both days). Kids 12 and under are free! Camano Island Quilters (CIQ) expect to display more than 200 quilts ranging from traditional styles to art quilts. From beginners to experts our members contribute to make a truly wonderful show. There is something for everyone to enjoy at the show. Quilts, Fabric and other related items will be available at our vendor mall. Quilts-to-Go, Silent Auction, free demonstration of quilt making techniques will be offered throughout each day.



# DAVID BRIGHTON'S SPACE ODDITY

*"the quintessential david bowie  
tribute experience"*



LIVE IN THE PACIFIC SHOWROOM! **OCTOBER 18 & 19, 2024**  
**\$30 A TICKET** | DOORS OPEN AT 7:00PM | SHOW AT 8:00PM



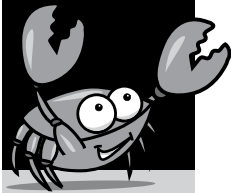
**THE SKAGIT**  
CASINO • RESORT

**TWO SMOKING LOUNGES FOR GAMING!**

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# Calendar of Events



## DID YOU KNOW?

August 17th is  
known as Black  
Cat Appreciation  
Day.

SATURDAY, AUGUST 17

## EVERYTHING CHRISTMAS SALE



9am-3pm at the Camano Center, 606 Arrowhead Rd. Join us on Saturday, August 17 for this popular annual event. Cost of items is by donation (pay what you want). Shoppers are encouraged to bring their own shopping bags.

SATURDAY, AUGUST 17

## ANNUAL MEMBERSHIP DRIVE CONCERT

at Camano Island Yacht Club, 129 N Sunset Drive, Camano Island, WA 98282 on Saturday, August 17th, 2024, with Chris Eger Band featuring the Powerhouse Horns and special performance by Roger Fisher, one of the founding members and Rock & Roll Hall of Famer of the band Heart. Show & Food Tickets available at [camanoislandydc.com](http://camanoislandydc.com).

SATURDAY, AUGUST 17

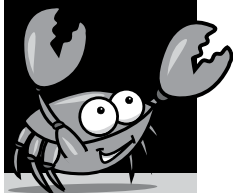
## CAMANO AREA BLUEGRASS JAM, DINNER (\$), AND OPEN MIC

at the South Camano Grange, 3-5:30 pm, followed by an optional dinner (\$10 cash per person) 5:30 to 6-ish and then Open Mic from 6-ish to whenever. It's your chance to show off a bit. Come and jam. Come and listen to some smokin' bluegrass. Banjos, mandolins, guitars, fiddles, dobros and a bass or two. It's all here. All we need is YOU! Old timers and newbies alike. (Free admission except for the optional dinner). For more info: [CABAM282@gmail.com](mailto:CABAM282@gmail.com)





# Calendar of Events



## DID YOU KNOW?

Neptune was the first planet to be found through mathematical predictions rather than telescopic location.

## SATURDAY, AUGUST 17 FUNK & JUNK FESTIVAL



10am-4pm at 6431 Pioneer Hwy, Stanwood. Food, funk, flea and everything in between! Join us for the second annual Funk & Junk Festival at the Stanwood-Camano Community Fairgrounds. Live music, swap meet, artisans & crafters, food vendors, car show and family fun. All proceeds benefit the RE/MAX Community Grant Chest, which provides funding to local nonprofit organizations in the Stanwood-Camano community. Tickets are \$5 at the gate. Kids 5 & Under are FREE. Free shuttle from Stanwood High School. Visit us online at [funkandjunkfest.com](http://funkandjunkfest.com)

SATURDAY, AUGUST 17

## SUMMER PARK RANGER TALK

2-3pm at Camano Commons Marketplace. Bring your kiddos to The Commons, for educational talks from a Cama Beach Park Ranger.

SATURDAY, AUGUST 17

## FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

*Your destination should include a stop at...*

## THE PICNIC PANTRY & PARLOR

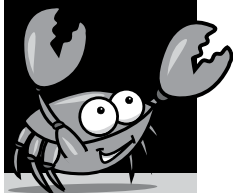
*Stanwood's one-stop shop for gifts, gadgets, and goodies*

Souvenirs · Pantry staples · Life event gifts · Barbecue gadgets · Local artisans  
Wine · Local authors · Olive oil/Balsamic refill station · Kitchen gadgets  
Cocktail mixes and glassware · Jewelry · Candy & snacks · AND MUCH MORE!

**8706 271st ST NW, Stanwood ~ Open 7 days a week ~ 360-631-5218**



# Calendar of Events



## DID YOU KNOW?

Some butterfly species are extremely fast; the Skipper Butterfly can fly faster than a horse can run.

SATURDAY, AUGUST 17

### CO-ED ULTIMATE FRISBEE

9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games. Whether you're a seasoned player or new to the sport, this event is open to all skill levels.

SATURDAY, AUGUST 17

### BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. (360) 629-2324.

SATURDAY, AUGUST 17

### TOY BOAT BUILDING

at Camano Island State Park. 10am and 2pm. Drive to the Park and follow the signs. Because of the unfortunate situation at Cama Beach State Park, the Center for Wooden Boats, former sponsor of toy boats, will be leaving Cama Beach soon. The Cama Beach Foundation will now be sponsoring this popular activity. Come build a toy boat! All supplies and tools are provided. A \$5 donation is requested.

SATURDAY, AUGUST 17

### BITE OF STANWOOD CAMANO

Fundraising event benefitting Community Resource Center. Live action / fund-a-need. Small bites, beer/wine, live music. Adults 21 and older. 5:30pm at Arrowhead Ranch, 615 Arrowhead Rd., Camano. [www.crc-sc.org](http://www.crc-sc.org).

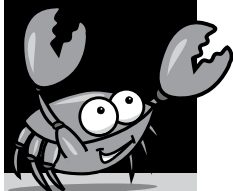
SATURDAY, AUGUST 17

### LOST LAKE KARAOKE JAM DANCE AND ICE CREAM SOCIAL



7-9pm at Lost Lake clubhouse, 1469 Lake Drive, Camano. Come sing, dance, or simply enjoy the tunes with us. Social entertainment for the community with music and ice cream. Feel free to bring treats to share. Family-friendly. Event is free of charge, but donations are welcome.

# Calendar of Events



## DID YOU KNOW?

Only 5 sports have appeared in each of the 30 iterations of the Olympic Games - aquatics, athletics, cycling, fencing, and gymnastics.

SATURDAY, AUGUST 17

### STOP THE BLEED

1:00 PM – 4:00 PM at the Camano Island Library. Join us in welcoming Dr Robert Mitchell, Director of Community Disaster Medicine. He will teach us proper bleeding control techniques and how to use your hands, dressings, and tourniquets in an emergency. Anyone at the scene can act as immediate responder and save lives if they know what to do.

SATURDAY, AUGUST 17

### STEM FUN: WHAT WILL FLY IN A WIND TUNNEL?

3:00 PM – 5:00 PM at the Stanwood Library. Kids of all ages: come test your flight engineering skills with our wind tunnel at this fun drop-in program!

SATURDAY, AUGUST 17

### MOJO CANNON FEAT. STEVE RAIBLE AND THE 13TH STREET HORNS

8 pm – Conway Muse Starlight Stage. Tickets \$18 Advanced \$20 Day of Show. All Ticket Sales Final at Show Time

SATURDAY, AUGUST 17

### JOE & KELLY AND FRIENDS

8:00pm - 11:00pm at Pub 282. Joe and Kelly specialize in classic melow music from the last six decades from artists like James Taylor, Joni Mitchell, Fleetwood Mac, Jimmy Buffett, Carly Simon, The Doobie Brothers, Dusty Springfield, Neil Young, and Otis Redding.

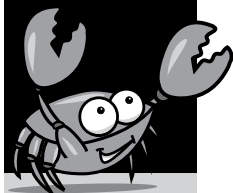
SATURDAY, AUGUST 17

### MARCIA KESTER - THE WOMEN OF ROCK MEET THE QUEENS OF COUNTRY!



7:00 – 9:00 PM. Join us for a great night of music! Marcia is known for her rich vocals, lively & engaging entertainment style and a broad repertoire that is sure to please! The concert features a mix up of some of the greatest hits by the most iconic women in music. For more information, visit Marcia's website at [www.marciakerster.com](http://www.marciakerster.com). Early Bird Tickets are available for \$15.00 through our website at [camanoschoolhouse.org](http://camanoschoolhouse.org) or \$20.00 (cash/check) at the door. Refreshments available for purchase. Camano City Schoolhouse & Fire Hall - 993 Orchid Rd. (just off Chapman Rd.), Camano Is.

# Calendar of Events



## DID YOU KNOW?

In feudal Japan, lords purposely built homes with squeaky floors as a defensive measure against ninjas.

## SUNDAY, AUGUST 18 AUGUST ARTISAN MARKET



11am-4pm at Happy Hollow Farm (21520 50th Avenue NW, Stanwood). We have hand selected the best local vendors. Don't miss out so grab your family and friends.

MONDAY, AUGUST 19

## ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court at Camano Chapel. 6pm-8pm, ages 18+. Cost is free!

MONDAY, AUGUST 19

## BREWCADE WEEKLY 3 STRIKE TOURNAMENT

6pm at The Brewcade, 7009 265th St NW #102, Stanwood. \$5 buy-in 3 strike Pinball tournament. Should end around 10pm. All money played to top three players. All skill levels are encouraged. Sign ups start at 6:00pm and flippers up at 6:30pm Pot splash happens if there's over 15 players!

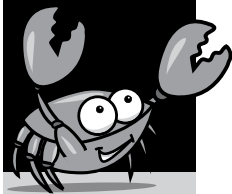
MONDAY, AUGUST 19

## NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.



# Calendar of Events



## DID YOU KNOW?

In 1907, a woman was arrested on a beach in Boston for wearing a one-piece swimsuit.

TUESDAY, AUGUST 20

## 2024 DUBS!

Event by Stanwood Disc Golf Club. 5:30pm-8pm at Church Creek Park, Stanwood. Church Creek random flip dubs. \$10 buy in: \$5 to the pot, \$1 ace pot, \$1 birdy bash, \$1 CTP, \$2 club fund, Ace pot, birdy bash, CTP.

TUESDAY, AUGUST 20

## SUMMER KIDS' DANCE ADVENTURE



10:00 AM – 11:00 AM at the Camano Island Library. Join our exciting outdoor dance class where kids can be challenged through fun movement engagement. This class will encourage creativity and the development of motor planning while laughing and spending time with peers in a beautiful outdoor setting next to the library. Parents are encouraged to join in.

TUESDAY, AUGUST 20

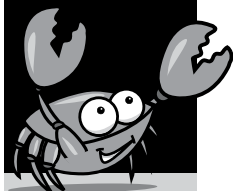
## NARCAN® GIVEAWAY (NALOXONE) WITH HOST

4:00 PM – 6:00 PM at the Stanwood Library. Join representatives from Evergreen Recovery Centers' HOST drop-in program and learn how you can save a life! During this short training, HOST will distribute two Naloxone (aka Narcan®) kits to each attendee and will provide instructions on how to administer the medication. Representatives will be on-site for two hours, and attendees can drop-in throughout this time to receive the training. Both nasal and injectable kits will be available. Hosted by the Stanwood Library.





# Calendar of Events



## DID YOU KNOW?

August 21st is  
Senior Citizen's  
Day – a day to  
honor the older  
generation.

WEDNESDAY, AUGUST 21

## CAMANO WILDLIFE PROGRAM – BATS IN OUR BACK YARDS



Come meet Carol Ann the Friendly Education Bat! Meg Lunnum of Happy Valley Bats (bat rehabilitation and education) is her caregiver and will talk about the bats in our area and beyond, how they live, and how we can support them as they eat pesky mosquitoes around our homes. This in-person event is 7 pm, at the Island County Multi-Purpose Center, 141 N East Camano Drive, Camano Island.

THURSDAY, AUGUST 22


## OPEN MIC

6:30 pm – 10 pm @ Conway Muse Hayloft. Come in and join us! 6 PM we open, open mic begins at 6:30. Please hang out outside until 6, as to let everyone get comfortably set up. Food is still welcome to come in with you or be delivered.

THURSDAY, AUGUST 22

## STOMPING GROUND

7:30pm - 10:00pm at Pub 282. With over 15 years of experience playing together, deeply inspired by blues, soul, classic rock, pop and many other musical influences that span multiple decades, Steven and Ted's Stomping Ground is nothing short of a good time. From Bill Withers to Justin Timberlake, Van Morrison to Sublime, we play the music that we love.



## Guitar by Ford

Ford Giesbrecht

All Ages, Levels & Styles.  
Learn at Your Own Pace.

Instruction & Performance  
Ukulele & Bass Lessons Also Available  
Serving Stanwood & Camano Island  
**360-631-0661 • guitarbyford.com**

## National Tooth Fairy Day!

August 22



# WARM WEATHER REMINDERS

Beat the heat.



**Stay cool.**

Stay in an air conditioned place or go to a pool.



**Seek shade.**

Bring a hat or umbrella.



**Stay hydrated.**

Bring a reusable water bottle.



**Never leave pets or children alone in cars.**

Hot cars can be deadly.



**Summer clothes.**

Wear lightweight, light colored clothes.



**Help others.**

Check in on those at risk.

Stay out of the River!  
Water is still approx. 50°,  
and risk for hypothermia is  
extremely high at this temperature.



## CANDEW

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**Zach McNutt**

CandewConcrete@gmail.com

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206-245-5482

[macurryartist@gmail.com](mailto:macurryartist@gmail.com)

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[movementarts.com](http://movementarts.com)

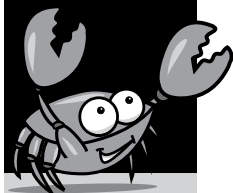


MOVEMENT ARTS

360-629-9100

Camano Commons

# Calendar of Events



## STRANGE LAWS:

Virginia- All bathtubs must be outside, not in the house.

Cleveland, Ohio- It is illegal to capture mice without a hunting license.

Arizona- It is illegal to hunt camels.

Kentucky- It is illegal to carry an ice cream cone in your pocket.

THURSDAY, AUGUST 22

## DEMENTIA FRIENDS INFORMATION SESSION



3:00 pm-4:00 pm at the Camano Island Library. Dementia Friends is a movement that is changing the way people think, act, and talk about dementia. Join us for a discussion about: what dementia is (and the most common type), five key messages about dementia, communication tips and strategies, ways to take action, resources and support. You will become a "Dementia Friend" after completing the class and can help increase your understanding, challenge stigma and be a part of making our community more dementia friendly.

THURSDAY, AUGUST 22

## MOVIE IN THE PARK - THE GOONIES



Join family, friends and neighbors under the stars watching family-favorites at Church Creek Park. This event is free for everyone. Movies begin at dusk, roughly around 8 or 8:30 p.m.

THURSDAY, AUGUST 22

## STEM FUN: KINETIC TOYS

2-3:30pm at the Stanwood Library. Use everyday materials to construct toys that move! We'll provide the raw materials and you'll bring your creative resourceful ideas to build your own kinetic toy!



STANWOOD AREA  
HISTORICAL SOCIETY

**Tickets  
\$30**

The tour begins at the  
Stanwood Area  
Historical Society

**D.O. Pearson  
House**



[www.sahs-fncc.org](http://www.sahs-fncc.org)

**SATURDAY  
SEPTEMBER 7TH  
10 am - 3 pm**

# MEDICARE QUESTIONS?

*We're here to help.*



(425) 361-2944 TTY:711  
M-F 9:00am – 3:00pm  
10320-SR 532  
Stanwood, WA 98292  
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# Windermere

REAL ESTATE



## LAKEFRONT **\$899,900**

Gorgeous Lake Ki home is nicely updated plus two full living levels and a gentle wooded slope to the lake oasis. #2268426



## VIEW HOME **\$1,230,000**

Custom Camano home in small neighborhood with gorgeous westerly views from Saratoga Passage to the Olympics, A/C, large garage. #2253046



## COPPER STATION **\$650,000**

Beautiful 4-bedroom Cedarhome area home with an open concept floor plan, updated kitchen, fenced yard, great location close to amenities. #2268991



## WATERFRONT **\$879,000**

Fabulous Camano beach getaway with remodeled full kitchens on each floor, oversized lot, plenty of parking and trail to the beach! #2269195



## ARLINGTON **\$549,950**

Great rambler on a quiet street close to downtown with an open floor plan, 3-bedrooms, fenced back yard and easy access for commuting. #2264448



## CAMALOCH **\$559,000**

First time on the market for Custom Camano golf course home on a sunny lot, garden/cart shed, gated community, pools, lake, GOLF! #2265421

**STANWOOD**  
7359 267th St. NW, #D  
360.629.8233

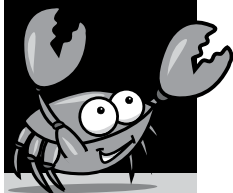


**CAMANO ISLAND**  
818 N. Sunrise Blvd.  
360.387.4663

Visit [WindermereStanwoodCamano.com](http://WindermereStanwoodCamano.com) for more information

Windermere Real Estate/CIR

# Kid's Korner



## DID YOU KNOW?

Croquet and karate are the only Olympics sports that were discontinued immediately after debut.

## SHARPIE DYED COASTERS- FUN CHILDREN'S CRAFT!



To get started you want to pick up some tiles from your local home improvement store. You can choose small tiles (4x4) to use as coasters or slightly larger tiles (6x6) which make lovely trivets. I would get the shiny tiles- ours were about \$.50 each. Here are the other supplies: Assorted Sharpies in the colors of your choice; Rubbing Alcohol; Eye dropper. To start with let the kiddos loose with Sharpies on the tiles. Do not worry at all about mistakes- we found the Sharpie came off really easily with water so you can just wash away any mistakes and start fresh. We used the standard Sharpies, not fine point markers. You might consider sticking with 2-3 colors at most and use colors that will blend together nicely such as yellow and red. (Your colors might wind up either brown or grey otherwise.). Just have fun and color it in however you like. Once you are done coloring the tiles you can either let them dry or you can just move on to step 2 right away. Step 2 is to fill an eye dropper with rubbing alcohol. If you don't have one, you can try using a spritzer bottle or a straw to slowly drop dots of alcohol on the coaster. It will spread and create cool patterns on your tile. What we found is that it is best to only drizzle on a little of the rubbing alcohol and let it spread. Then once that dries a bit, you can come back and do a little more... and so on until you get the design you like. You can add a little more Sharpie once it dries if you find too much got washed away from the alcohol. Once it is dry you might take a look at the edges of the tile and see if you want to color those or leave them alone. When you are happy with your design, you can take a spray of Mod Podge and let it dry. Last but not least you can add a varnish at this point and add felt to the bottom And your finished tiles should look pretty cool.

## LEARN TO SQUARE DANCE

Have fun, meet new friends. Lessons start  
September 10th. First lesson is free.  
For info, call Jerry at 425-327-4742





# BACKYARD SUMMER GAMES

Have fun creating your own Summer Games at home!

## WHAT YOU'LL NEED:

- Rope (at least 6 feet in length)
- Frisbee
- Tape measure
- Sidewalk chalk
- Stopwatch
- Dowel rod
- Ribbon
- Glue



## HOW TO DO IT:

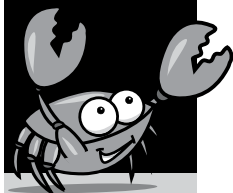
1. Gather some friends and host your very own Backyard Summer Games! There are so many events to choose from - here are some ideas to get you started!
2. Tug of War! Did you know that Tug of War was a Summer Games event from 1900-1920? Grab the rope and mark the center using sidewalk chalk (or draw a line on the ground.) Divide your friends evenly and see who gets the Gold!
3. Discus Throw! Using a Frisbee, you can recreate the discus throw, an iconic track and field event. See how far you can toss this modern discus! For this event, you can measure each toss with the tape measure, or mark distances with sidewalk chalk beforehand.
4. 30 Meter Dash! The 100 meter dash is one of the most popular Summer Games events! The winner is often named the "fastest person in the world"! Try out a shorter version of this event by measuring out 30 meters (about 100 feet), and a starting and finish line, using a tape measure. Have a friend use the stopwatch to time the event and find out who is the fastest!
5. Rhythmic Gymnastics! Gymnastics have been in every Summer Games since the modern Summer Games in 1896! Rhythmic gymnastics became a part of the Summer Games in 1984, and this includes an event using a length of ribbon that must be kept in motion during a routine. Make your own rhythmic gymnastics ribbon by attaching a 6' length of ribbon to a dowel rod. Practice making the ribbon circle and snake through the air and create your own routine!



Find more fun activities like this one for free at [www.academy.animaljam.com](http://www.academy.animaljam.com)

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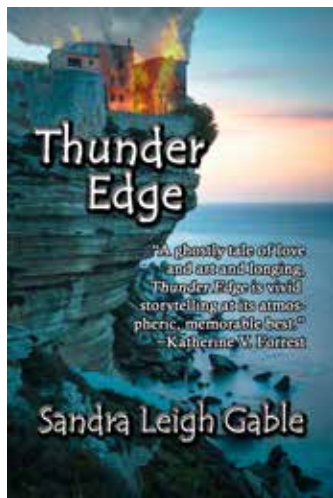
# Artist of the Week



Are you  
interested in  
promoting your  
art, craft,  
or live  
performance?

Email us info or a  
bio about your-  
self and we will  
feature this page  
to you... and it's  
all FREE!

## SANDRA LEIGH GABLE



Camano author's debut novel, THUNDER EDGE, published by Launch Point Press, is a paranormal historical woman based novel set in Port Townsend, Washington. In a blizzard, starving artist Nyah James stumbles upon a child, Lulu, and helps her return to an orphanage, but Lulu disappears. Back in her lonely quarters over a bar, Nyah sketches the odd little girl, later selling the art. Twigg Carpenter, a journalist and successful pianist, is a semi-closeted lesbian still mourning her girlfriend's death at the hands of the KKK. But when Twigg meets Nyah, she's captivated. She doesn't realize Nyah feels haunted and doubts her sanity, and when Nyah buys an old house up on Thunder Edge, the haunting intensifies. Lulu, who ages with every appearance, pledges undying love for Nyah. But what kind of relationship is possible with a ghost? Can Twigg help Nyah resolve the haunting of her soul? And how can Nyah and Twigg's connection survive with paranormal forces swirling all around them?

When she's not writing, Sandra enjoys painting watercolors and having fun with her friends.

Contact info: 360-441-2400 (texting and calls.)

## HAZEL BLUE ACRES

"Your Local Family Farm"

*Come pick organic blueberries  
in Silvana this Summer!*

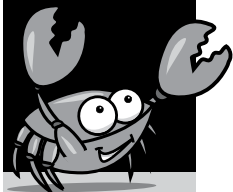
## HAZEL BLUE ACRES

Spencer & Karen Fuentes  
– Owners –  
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**360-770-7261**  
[www.hazelblueacres.com](http://www.hazelblueacres.com)

*We also sell  
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Salmon, pies,  
hazelnuts, jams,  
and ice cream*



# Business Spotlight



## RUBY'S FARM STAND



Living in Fox Hills Estates is wonderful for many reasons and this one stands out as very special and always makes me smile when I walk by. Ruby's Farm Stand. Flowers and veggies for sale. Facebook post by Laisha Kneuen.

**We are a family run company  
and we are in Stanwood**



We specialize in Roof  
Replacements, Roof Repairs,  
New Construction/Owner Builder  
Roofing, and Roofing for Additions.

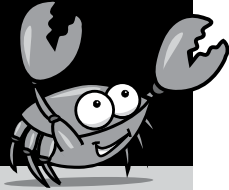
**Call 360-652-4300**

**Free estimates and financing  
options available**

**[www.allenroofing.com](http://www.allenroofing.com)**



# Community Information



## DID YOU KNOW?

Virgina Woolf  
wrote all her  
books standing.

## CAMANO COMMUNITY BLOOD DRIVE

August 22 at St Aidan's Episcopal Church. 10am-4pm. Appointment required. 1-800-398-7888.

## THE ANNUAL PERSEID METEOR SHOWER

lights up the night sky this month. The peak days are August 12-13. However, You can see them for a couple of weeks before and after this date. Watch these little bits and pieces of space debris and dust as they enter the earth's atmosphere and burn up. When you see one make a wish. As the words from a Disney song go "When you wish upon a star your dreams come true".

## SCHOOL SUPPLIES

Reminder that we are again providing school supplies to all elementary students for this upcoming school year. We do this to ensure equitable access to quality school supplies and relieve financial burdens for families. School supply lists for middle school and high school students typically depend on individual class needs. Look for specific details about school supply needs of secondary classes via school e-newsletters and webpages later in August. However, many classes will likely need pencils, pens, highlighters, and notebooks. School starts Sept. 3! You can view and download the 2024-25 school calendar at <https://www.stanwood.wednet.edu/about/calendar>

## 12TH ANNUAL BACK TO SCHOOL GIVEAWAY

Presented by The Caring Place. Monday, August 19. 9:00 AM-6:00 PM. By appointment only. For children in grades K-12, including homeschooled, within Stanwood-Camano SD area. 9928 272 PL NW, Stanwood. More info: 360-913-1551.

## STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: [www.sahs-fncc.org](http://www.sahs-fncc.org).



**Yorlly Stites** **Realtor  
Broker**

**Listing or Buying? Let me guide you home!**

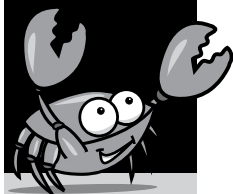
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360-941-1918

[RemaxYorlly@gmail.com](mailto:RemaxYorlly@gmail.com)

**RE/MAX**  
**ELEVATE**

# Community Information



## STRANGE LAWS:

Indiana- It is prohibited to bathe in the winter.

Kentucky- You must take a bath at least once a year.

Alaska- It is illegal to look at a moose from a flying vehicle.

Atlanta, Georgia- is illegal to tie a giraffe to a telephone pole or street lamp.

## THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

## PLAYGROUND MEET & GREET

Wednesdays at 12:30-1:30pm at Freedom Park, Camano Island. A fun opportunity to get the kids outside playing while we get to know other moms in the same boat as we are.

## CAMANO CUP 2024



AUGUST 14-18 at Camano Park Pickleball Courts, 141 NE Camano Drive. All start times are subject to change and events might be merged or split based on event registration. We are excited once again to host our premier pickleball event, The Camano Cup. Our tournament plan this year will include a round-robin format with the possibility of up to five age separations in many events. Brackets may need to be combined if max amount of teams don't fill the slots. There will be a maximum of 7 teams per event bracket, which will allow a guaranteed 6 games for each team if event fills. The seeding priority will be UTPR-PBR/WPR, DUPR and self-rating in that order. The Tournament Director reserves the right to correct underrated players. You do not have to be a Camano Stanwood Pickleball Association member to play. The Competition dates are: 8/14 Wednesday p.m. - Senior Mixed Doubles; 8/15 Thursday a.m. - Senior Women's Doubles; 8/15 Thursday p.m. - Senior Men's Doubles; 8/16 Friday - Women's Doubles; 8/17 Saturday - Mixed Doubles; 8/18 Sunday - Men's Doubles. There will be a waiting list for replacement teams or players. You should bring your own chairs and coolers. Text messages will be used for court/match announcements. Winner photos and medal awards will be at the end of each event bracket. Partner registration must be completed within 8 days. Note! The Tournament Directors reserve the right to make modifications as they see necessary. We plan to have a Food Truck on site. Indoor restrooms will be available at the Island County Multi-Purpose Center, next door to the courts. 141 E Camano Drive. Event merchandise is available: Click the ONLINE STORE link above or (<https://camanopb.itemorder.com/shop/sale/>). No refunds after registration cutoff. The processing fees of \$5/event registration will be withheld from the refund. The Tournament Director reserves the right to decide refunds on an individual cases.



# BINGO

## Baby Salmon Live Here



Bald Eagles- Ranger Talk	Salmon Habitat Restoration- Ranger Talk	Attend Camano KidsFest	Choose Your Own Adventure:	Leque Island Walking Tour
Choose Your Own Adventure:	Take a Hike- Look for Salmon Streams	Learn the 5 Types of Salish Sea Salmon	Trivia Night at Tapped Camano	Visit Padilla Bay Reserve
Visit a Local Fish Hatchery	Commit to 3 Salmon Saving Strategies at Home		Make a Salmon Lifecycle Bracelet	Salmon and Plankton- Ranger Talk
Watch "Stories From the Saish Sea"	Beaver Marsh Education & Viewing	Choose Your Own Adventure:	Beach Clean Up	Learn About Kristoferson Creek
Be A Salmon Scientist- Iverson Spit	Choose Your Own Adventure:	Search for Eelgrass at Low Tide	Browse Sound Water Stewards Media Library	Killer Whales- Ranger Talk

**June-August 2024 - Scan the QR code for activity details and location.**

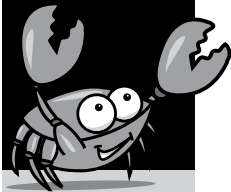
Through a series of educational events and activities, learn how to protect and preserve regional salmon habitat, visit key restoration sites, and meet with salmon scientists to help save the 5 local salmon species for generations to come.

Submit your bingo card with at least 5 boxes completed to be entered to win our grand prize whale watching trip!

[www.soundwaterstewards.org](http://www.soundwaterstewards.org)



# Community Information



## DID YOU KNOW?

There are 336  
dimples on a  
regulation golf  
ball.

## HOOVES AND HEROES COFFEE BREAK

A free social event for active duty, veterans, first responders, emergency support personnel, and their families. Meet with members of your community and learn more about our program with the help of some coffee. 9-10am on Thursdays at 2532 292nd St NW, Stanwood. More info: [info@herehoovesandheroes.org](mailto:info@herehoovesandheroes.org).

## COMMUNITY OPEN SEW

Mondays with Camano Island Quilters. 10am - 2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public, enter thru back entrance of church. Want to sew with others, need help on a project? We are here to help you with your sewing needs. Bring your sewing machine, a project, and basic tools for an afternoon of fun! Bring a sack lunch. (No microwave).

## FREE HORNET REMOVAL

Call Joel 509 987-7717 for free hornet removal. I remove the hornets for free in the Stanwood/Camano area. The hornets are used for immunotherapy. I remove the hornets with out the use of chemicals. Together we can save lives!

## SUMMER SKETCHBOOK SERIES

at Camano City Schoolhouse & Fire Hall, 993 Orchid Rd, Camano Island. August 15, 22, 29 from 1-3 PM. Bobbi Samples is celebrating the Schoolhouse history and its beautiful setting to teach nature sketching, landscape, perspective, color and illustration, in a variety of mediums. Classes build on each other or can be taken singly. Come & learn to illustrate your inner and outer world! Kids ages 8-14 (3rd-8th grade), parents welcome. \$20 per 2 hr. class/workshop, supplies included. Register at [camanoschoolhouse.org](http://camanoschoolhouse.org) (Events).

## FREE HEARING AID CLEANINGS

(by Stanwood Hearing). September 4th from 12:30-1:30pm @ The Stanwood Lincoln Senior Center. Call us to save your timeslot, 360-572-4422.

## A STAGE 1 BURN BAN

is in effect for Snohomish County, now through August 31. This restriction bans outdoor residential burning with the exception of recreational and cooking fires. Find more details at <https://bit.ly/3RQase5>.



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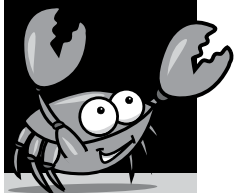
Coverage to live the life you want

- Commercial Auto Insurance
- Business Insurance
- Auto Insurance



Underwritten by Farmers, Truck, or Fire Insurance Exchanges, or affiliate.  
Insurer license & location info: [farmers.com/companies/states/](http://farmers.com/companies/states/). Insurers  
not authorized in all states. Each insurer solely financially responsible.

# Community Information



## DID YOU KNOW?

A male moth  
can smell a  
female from 7  
miles away.

## INTRODUCING AAUW'S 2024 UNIVERSITY SCHOLARSHIP WINNERS:



Ansley Lalone is studying at Washington State University. Ansley's career goal is to become a veterinarian and animal surgeon. Milla Miller is a graduate of Western Washington University with a Bachelor's degree in History. She is now pursuing a Master's degree in Education. Her career goal is to teach history and social studies at the middle school or high school level. Samatha Fozard is a student at Western Washington University. Sam is pursuing a degree in art and creative writing and plans to pursue a career in children's book illustration and writing. Please watch for our 2025 application period to open in February 2025.

## SC GIVE 2024

The application period for nonprofit organizations wanting to participate in SC Give is OPEN. Applications due August 15. Get information at <http://www.s-caf.org/node/61>.

## SHS CLASS OF 2025 TEXTILE DRIVE

Benefiting Grad Night 2025. August 22 at 5:30-7pm at Haggen parking lot. Donations welcome! Clothes, shoes, accessories, bedding (no pillows).

## Grow your gardening knowledge. Become a Master Gardener!

Camano training starts Oct. 1

Apply today!

[extension.wsu.edu/island](http://extension.wsu.edu/island)

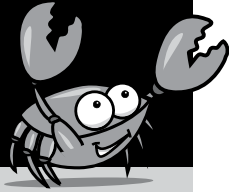
Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.



WASHINGTON STATE UNIVERSITY  
EXTENSION



# Community Information



## STRANGE LAWS:

New York State-  
It is illegal to  
shoot a rabbit  
from a trolley  
car.

Somalia, Africa-  
It is illegal to  
carry old gum  
on the tip of  
your nose.

New Jersey- It is  
illegal to slurp  
soup.

Arkansas- A  
man is allowed  
to beat his wife,  
but no more  
than once a  
month.

## NATURE WATCH: THE FLIGHT OF DRAGONS



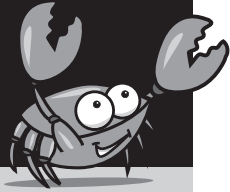
August is the perfect time to observe the flight of dragonflies. Land Trust member, Steve Ellis, spills all the details on these fascinating creatures in his latest blog entry of "Nature Watch." Read more to discover the secret of their flying abilities, find the best places to observe them, and learn about other plant and animal sightings you can look forward to in August! Source: Whodbey Camano Land Trust, [www.wclt.org](http://www.wclt.org). Photo: Eight-spotted Skimmer by Martha Ellis.

## SAFE EXCHANGE ZONE



At the recent council meeting, there was positive movement on creating a Safe Exchange Zone. These are zones near police stations, monitored by video cameras, where online buyers/sellers can meet one another to conduct an exchange in person. As the local Buy FB groups, and FB marketplace, increase in activity, having a safe exchange zone serves our community. This is a lot better than having someone unknown in your home, or going to someone's home you don't know. These safe zones are also used by divorced parents for child custody exchange. Many thanks to council member Steve Shepero for moving this idea along. Stanwood's plans are still being formulated. In other jurisdictions, the cameras are not monitored. Rather, the area is recorded. Should something go wrong, there is a full recording of the incident. - Nathaniel H. Facebook post.

# Community Information



## STANWOOD HIGH SCHOOL BOOSTER CLUB LOGO CONTEST

Hey Spartan Fans! You may have noticed that we've changed our name. While the 4A's -Academics, Activities, Arts, and Athletics- will remain in our mission statement and continue to be our focus, we are dropping it from our name. It's time for your \*Stanwood High School Booster Club\* to get a new logo and we want your help designing one! We would love to have a student or someone connected to SHS be the artist. We will not be paying anyone for this logo. Please submit your new Stanwood High School Booster Club logo by August 15. Submit your high-resolution file in both color and b&w to stanwoodboosters@gmail.com.

## STANWOOD CAMANO LITTLE LEAGUE

Registration for the 2024 Fall Ball season is open. Fall Ball is an instructional season for players to develop skills at multiple levels and positions on the field. We will do our best to form teams in each division, but this ultimately depends on the number of registrations we have. Families will not be required to pay the registration fee up front. We will contact you for payment if we are able to form a team for that division. If a full team cannot be fielded in your players division, you will not be charged a registration fee. Exact season dates are TBD, but practices will likely start towards the end of August with games beginning after Labor Day. Registration will close August 11th. Go to stanwoodcamanol.org to register.

Saturday

Camano Island Yacht Club  
presents

# Chris Eger Band

featuring  
the Powerhouse Horns

**August 17**

Guest Vocals  
**Brenda Kashmir**

Special Performance  
**Roger Fisher**  
one of the founding members  
and Rock & Roll Hall of Famer  
of the band Heart




**Gates & Bar open 3:30pm**  
**Music at 5pm**

SHOW TICKETS \$35  
DUELIN' J'S BBQ \$20

MUSIC & FOOD TICKETS  
<https://camanoislandyc.com/>

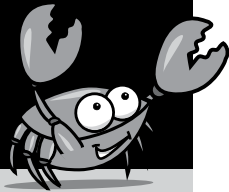
Annual  
Membership  
Drive

Bring lawn chairs | No outside beverages | Small coolers allowed | No Pets





# Community Information



## DID YOU KNOW?

A jellyfish is 95% water.

## PROTECTION PLAN SURVEY



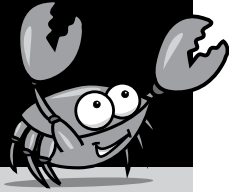
Help Snohomish County DEM and partners gauge just how ready county residents and businesses are to safely live with rising wildfire risks. Please take a few minutes to fill out our online wildfire survey: [www.bit.ly/snoco\\_wildfire\\_survey](http://www.bit.ly/snoco_wildfire_survey). Results will provide a snapshot of the area's level of preparedness and help to shape a countywide Community Wildfire Protection Plan, said Lucia Schmit, the County's director of Emergency Management. "Managing wildfire risk is not something any one organization or individual can do alone," Schmit said. "Wildfires don't care about property lines or who owns what: they burn whatever fuel they encounter. Only by working together can we deny fires the fuel they seek and better protect our communities. We need your input to do that." A team at Emergency Management is now engaged in a two-year planning effort to comprehensively examine wildfire protection needs and strategies across the community. Key partners include area firefighters, state and federal agencies, local tribes, nonprofits, residents and landowners. "The ecology of our Pacific Northwest forests has been an area of study and passion for me. The wild areas of Snohomish County are part of what makes this such a remarkable place to live, but we cannot ignore the growing risk of wildfire where our communities and forests meet," Snohomish County Executive Dave Somers said. "I hope people will take time to fill out this survey so we as a County can better understand and prepare for that risk." Read a press release about the survey: <https://www.snohomishcountywa.gov/CivicAlerts.aspx?AID=2901>



**NATIONAL  
HIP HOP  
DAY**  
AUGUST 11



# Community Information



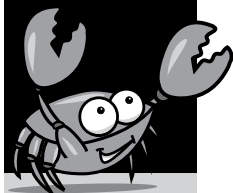
## DID YOU KNOW?

The oldest unopened bottle of wine was found in a Roman tomb that is over 1,650 years old.

## WORK BEGINS TO CLEAR FINAL OBSTACLES TO FISH IN CAMANO ISLAND'S KRISTOFERSON CREEK



On July 15, Island County Public Works began removing the final barriers to fish passage on Kristoferson Creek, clearing the way for adult salmon to reach the sea and provide non-natal rearing habitat for juvenile salmon. The project is scheduled to be completed by Aug. 16. Young Chinook salmon and steelhead from the Skagit and Stillaguamish rivers use Kristoferson Creek for several months before migrating to the ocean. The creek has been used by chum and coho for spawning, according to Island County Public Health Natural Resource Specialist Clea Barenburg. Public Works is replacing plastic culverts under East Camano Drive on Camano Island with modern 14-foot-wide concrete box culverts. The replacement project is located between Can Ku and Shumway roads. The fish passage restoration project will connect to an earlier project lower in Kristoferson Creek that was previously improved. In 2018, two partial barriers to fish passage were replaced at locations within the first 500 feet of Kristoferson Creek where the creek flows into Triangle Cove. The old lower culvert replacements at Barnum Road consisted of four undersized round concrete culverts that lay side by side and were installed at uneven elevations. The Russell Road crossing consisted of a single four-foot round steel pipe. These first projects were built based upon a feasibility design study conducted in 2008 by Adopt-a-Stream Foundation assessing crossings and fish passage improvement opportunities on Kristoferson Creek. All of the projects were reviewed and ranked for funding by the Salmon Technical and Citizens Committee. Island County Public Works is using grant funding for construction of a barrier correction under N East Camano Drive this summer. This project will replace the two undersized Island County culverts. This will improve access for adult and juvenile salmon and trout species to Kristoferson Creek Basin, including excellent wetland rearing habitat above N. East Camano Drive. Work to restore and protect Kristoferson Creek began nearly 20 years ago. In early 2006, the Board of Island County Commissioners granted a Whidbey Camano Land Trust request for \$125,000 in Conservation Futures Funds to permanently protect 2.5 acres and nearly 255 feet of the lower reach of the creek. This summer's barrier removal culvert replacement, in combination with the two barriers which were recently replaced downstream using salmon recovery funding, complete a decades long watershed improvement for our local habitat. The habitat found in Kristoferson Creek is seen as especially critical for juvenile Chinook salmon because the estuaries of their natal watersheds are heavily degraded. For more information, contact Clea Barenburg at [C.Barenburg@islandcountywa.gov](mailto:C.Barenburg@islandcountywa.gov) or 360-678-7267.



## DID YOU KNOW?

More tornadoes occur in the United Kingdom per square mile than any other country in the world.

## AMERICAN BARN HUNT

is having a trial at SchaSam Farm in Stanwood August 9-11 starting at 8:30 and ending approximately at 4 pm. This dog event features dogs of all breeds trying to find PVC tubes holding live pet rats in a straw bale filled arena, doing climbs and tunnels (no harm done to rats). Spectators are welcome, but non-competing dogs must be left behind (or in cars). Many Washington dogs have placed in the National Championships and several of those will be competing including Susan Cole's rat terrier Calamity.

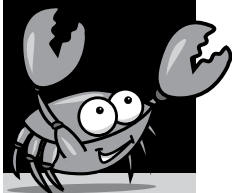
## SONS OF UNION VETERANS OF THE CIVIL WAR TO HOLD GRAVE MARKER CEREMONIES

The Sons of Union Veterans of the Civil War, as the Congressionally chartered successor to the Grand Army of the Republic, announced plans today to dedicate the new headstones on Saturday, August 10th 2024. A key mission of the SUVCW is to commemorate Union veterans of the civil war by identifying their burial sites and ensuring that they are documented, marked appropriately and preserved for future generations. Aaron Harter was born April 14, 1845 in Noble Township, Wabash County, Indiana. Enlisting on February 21, 1865 at Quincy, Illinois he served as a Private with the 155th Illinois Infantry Regiment in Company C. Moving west after the war he became a farmer in Florence, Washington near Stanwood and passed away there on March 2, 1932. Although he was buried at Anderson Cemetery in Stanwood, a Veterans marker was never arranged for until now. Said Marshall Anderson, Secretary-Treasurer of local Camp No.1 today, "It is important for all of us to commemorate those who risked their lives to preserve the Union and perpetuate their legacy. I would like to invite all members of the public who would like to attend this ceremony to arrive at the Anderson Cemetery before 10 AM that morning and help us honor our local hero." Later that day a second dedication ceremony will be held by the group at Grand View Cemetery in Anacortes starting at 2 PM for Rufus Pratt Cady whose Veteran marker was arranged for earlier this year. Cady served as a Corporal in Company E of the 1st Nebraska Cavalry. The Veterans Administration is dedicated to providing markers or headstones for all qualified veterans and members of the Sons of Union Veterans of the Civil War are committed to documenting those who served honorably to preserve the Union and applying to the VA for markers on their behalf. If you are interested in investigating your Union Civil War ancestors and preserving their legacy or would like further information about these events, please contact the SUVCW locally by e-mailing [camp1secy@suvpnw.org](mailto:camp1secy@suvpnw.org) or [camp1jvc@suvpnw.org](mailto:camp1jvc@suvpnw.org).

## OPEN CALL FOR ART!

Are you an aspiring young artist? We would love to display your art at the Camano Island Library's kid's art gallery night! Simply bring your art piece(s) to the library anytime between now and September 5th. Please make sure that your name and phone number is written on the back so that we can be sure to return your art to you after the show. The Youth art gallery night is happening at the Camano Island Library on Friday, September 6th from 4-5:30pm. We welcome all submissions of art from artists 18 and under. More information about Youth Art Gallery Night can be found under the events tab of our website at [www.sno-isle.org](http://www.sno-isle.org). Please call the library with any questions. 360-387-5150.

# Photos and Art



## DID YOU KNOW?

It requires seven  
to eight trees to  
provide enough  
oxygen for just  
one person per  
year.



*English Boom photo by James M. Shipley.*



*Sundin Beach cabin photo by James M. Shipley.*



Managing Broker,  
Windermere Real Estate/CIR

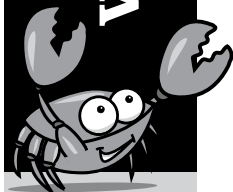
**Jan Mather**  
Camano Island Expert  
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**Excellent Service • Extensive Knowledge  
Especially Fun To Work With!**

WINDERMERE  REAL ESTATE



# Moonshine Wisdom & Wit



Story by Jack  
Archibald.

For further  
moonshine  
wisdom and wet  
powder wit,  
check out the  
**SKEETER DADDLE**  
DIARIES at  
[www.  
skeeterdaddle.net](http://www.skeeterdaddle.net)

## BALLOON WARS!

Just when the nuclear jitters had reached a breaking point, those pesky North Koreans have upped the ante. Balloons. Balloons filled with trash and human waste! Dropped on unsuspecting victims across the DMZ. I'm not sure if the Geneva Convention addresses this kind of depraved warfare or not, but I, for one, welcome this over chlorine gas or bunker buster bombs or Hellfire missiles shot from drones. Probably worse than pushing pies into opponents' faces, but a nice de-escalation from the threat of atomic warfare.

Of course the outrage from South Korea was predictable. Kind of like Br'er Rabbit telling Br'er fox not to throw him in that briar patch. Oh, I know, those crapbombs might carry diseases. And dropped from on high maybe they would do serious damage to the poor sap looking up at the last minute before .... you know, the shit hit the fan. Might even be that this is no laughing matter, except maybe to me. The last thing we need in these troubled times are new forms of warfare. Picture mylar balloons launched in Congress to spew filth on the opposing side of the aisle. Poop planes above the Super Bowl. Garbage dumps on neighbors from above. It might be we would want to go back to the halcyon days of Mutual Assured Destruction.

Nevertheless there's something quaint about launching balloons filled with trash and filth to rain down randomly on the Enemy. More reminiscent of the Three Stooges than a potential Hiroshima. You have to ask what's next for these North Koreans, maybe line up a million citizens on the border and have them stick out their tongues and wiggle their ears? I say send them cream pies.



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# Research Shows Good Brain Health is Connected to Better Hearing

Recent research suggests there is a link between hearing properly and brain health.

When left untreated, hearing loss can lead to:



**Social Isolation  
& Depression**



**Fatigue**



**Cognitive  
Decline**

A recent study showed that hearing intervention slowed down loss of thinking and memory abilities by

**48%**

**over 3 years**

in older adults at increased risk for cognitive decline\*.

Not taking advantage of the latest Oticon hearing aid technology advances? Trade in your current hearing aids from another manufacturer and upgrade to Oticon Intent 1 to get up to a \$200 rebate from Oticon.

Good through 12/31/2024, not eligible for devices purchased before 6/13/2024.

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Near QFC, between Papa Murphy's and H&R Block  
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**w: Stanwoodhearing.com**

\*ACHIEVE, Johns Hopkins Bloomberg School of Public Health. "A landmark study of the effects of hearing intervention on brain health in older adults."

## GATEWAY GALLERY VIEW, COLLECT, GIFT

**FRIDAYS: 12-4**  
**SATURDAYS: 10-4**  
**SUNDAYS: 12-4**

## THE ORIGINALS

**JACK ARCHIBALD**  
**JOHN EBNER**  
**JACK GUNTER**  
**SHANNON KIRBY**  
**KARLA MATZKE**  
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**OPENING RECEPTION**  
**SATURDAY 8/3 4-7PM**

**THRU 9/3**

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# Classes and Workshops



## DID YOU KNOW?

Walking uses a total of 200 muscles with every step you take.

**FamilySearch Center** – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to premium websites and records. Contact us at [camano@familyhistorymail.org](mailto:camano@familyhistorymail.org), or find us on Facebook.

**Yoga Classes In-studio & Online** at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to [www.movementarts.com](http://www.movementarts.com) and follow the links to view our video library of online hour length classes; regular membership rates apply.

**Guitar Lessons with Ford Geisbrecht.** All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.


**Homeownership workshop** on the fourth Thursday of each month at Elite interiors next to UPS store from 6 to 8 PM. We will not be holding them In June, November or December.

**It's Elemental: Yoga and Ayurvedic Wisdom for Modern Living.** Immerse yourself in the understanding of the 5 Great Elements (Panca Mahabhutas) of earth (prthvi), water (ap), fire (tejas), air (vayu) and ether (akasa). You'll understand how these elements are the foundation for the 3 energy principles. This workshop is available In-Studio or Online. Sign up at [movementarts.com/events](http://movementarts.com/events).




**Line Dance Lessons** at the Camano Center with Kari — every Wednesday 3:00pm-3:45pm. Fun and exercise! More info at [www.socialdancesimplified.com](http://www.socialdancesimplified.com).


**Medicare Basics Information Class** August 22nd (10-11am) Free event open to the public. We will be explaining how your Medicare benefits work, as well as the options for supplementation. Whether you are new to Medicare or want to re-evaluate your current plan. Location: Camano Island Library. RSVP with John- 360-967-9601.

**Private Music Lessons:** piano, guitar, bass, and voice for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions or book a complimentary 30-minute lesson: [HartMusic-School.com/free-trial](http://HartMusic-School.com/free-trial). Now accepting applications for new teachers.



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Come on out to Lincoln Hill Retirement Community for these two exciting events! 2024 Car Show supports A.I.P. programs for older adults. Register your car online at [www.lincolnhill-rc.org/car-show](http://www.lincolnhill-rc.org/car-show)  
Health & Wellness Fair - Get vaccinated - Learn about the latest in Health & Wellness. Call our office if you would like to be a vendor.



**HEALTH AND WELLNESS FAIR 2024**

**SATURDAY SEPTEMBER 14<sup>TH</sup>**

**10:00AM - 2:00PM**

*"Free vendor space is a gift!"*

*"Up to date and useful health resources!"*

Per Profit Table - \$100 - Non Profit Table \$50

To reserve a table, Call Denise 360-425-1463 1111 or Marlene 360-1111

Thank you to all our vendor participants and our other adult community members!



Lincoln Hill Retirement Community and Senior Center  
7421 25<sup>th</sup> St NW Stanwood WA

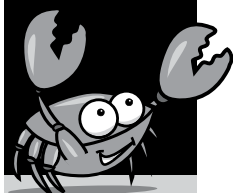
Mission Statement: Empowering and using, health and engagement of the growing older community.



A.I.P. programs (Age In Place) provide services to older adults in our community.



# Clubs and Meetings



look for us  
online at

**www.TheCrab  
Cracker.com**

or on  
**Facebook.**

Download  
current or past  
editions.

**The Stanwood Coin Club** meets the 4th Tuesday of the month at the Stanwood Library (summer months 6pm, informal meeting). September to June 7pm - 9pm. Members are knowledgeable in wide range of numismatic topics and are offering mentorship in hobby, assistance with appraisal and have access to reference materials! Contact: Mike at [gardenday2727@gmail.com](mailto:gardenday2727@gmail.com)

**Friendship Tea** - Drop by for tea, treats, and a chance to visit with friends, both old and new. 1st & 3rd Tuesday mornings of from 10:30-12:00. No charge for Camano Center members; \$5 for non-members. Please check in at the Front Desk. For more information, contact Connie (360) 652-7211.

**Rainy Day Room Playgroup** Free weekly play group on Mondays at 3:30-4:30pm Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: [www.crc-sc.org/events](http://www.crc-sc.org/events).

**Teen Programs** Monday through Friday at the Community Resource Center, please visit [www.crc-sc.org/teenprograms](http://www.crc-sc.org/teenprograms) for more details and schedule of activities.

**Kaleidoscope Play & Learn** Tuesdays and Wednesdays, 10-11:30am and 3:30-4:30pm - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. RSVP at [www.crc-sc.org/events](http://www.crc-sc.org/events).

**Camano Island Quilters-Machine Embroidery Group** Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

**Camano Island Quilters Open Sew** Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

**Teen Late Night** Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.

**Are you troubled by someone else's drinking?** When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: SUNDAY, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; WEDNESDAY, "One Day at a Time," Stanwood Senior Center, 7430 276th ST NW, Stanwood, 7:00pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), THURSDAY, "Stanwood AFG", United Methodist Church, 27128 102nd Dr., Stanwood, 7:00pm, SATURDAY, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am. For more info call 360-618-0464z

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Skagit  Regional Health



RICHARD HO, DO



## CASA'S PET OF THE WEEK:

Meet **BEIGNET**. All kittens come spayed or neutered, age appropriate vaccines, treated for worms and fleas, microchipped and well socialized. Kittens do well in pairs or having a close to same age friend to play with and continue socializing. They are great with people of all ages and have met a few dogs and have not minded them around. Kittens are \$150 for one \$225 for 2. Come by the shelter and fill out an application today!

**Camano Animal Shelter Association (CASA):**  
360-387-1902. [www.camanoanimalshelter.org](http://www.camanoanimalshelter.org)

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## NOAH'S PET OF THE WEEK:

My name is **MAKU**, I am a 1 year old young cat! I am in search for my furrever home, could that be you? I am BONDED to my best buddy, Cora, and we would love it if you'd come see us today at The NOAH Center!

**The N.O.A.H. Animal Adoption Center:**  
(360) 629-7055. [www.thenoahcenter.org](http://www.thenoahcenter.org)

.....



## SAVE-A-MUTT'S PET OF THE WEEK:

Meet **MILO**! A fun, sweet, and very goofy boy! He tends to have two personalities: playful puppy that loves to be chased, or tired old man who loves to nap. Milo should be a SafeHaven dog - or a forever foster. We pay for all his care, we just need a committed family that will love him and care for him for the rest of his life. **FIRST STEPS:** Visit [www.save-a-mutt.org/adoption-application/](http://www.save-a-mutt.org/adoption-application/) to fill out an application. We are a foster home based rescue.

**Save-A-Mutt (Silvana, WA):**  
(425) 280-0502. [www.save-a-mutt.org](http://www.save-a-mutt.org)

.....

## Four Springs House for your next event



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[fourspringshouse@co.island.wa.us](mailto:fourspringshouse@co.island.wa.us)

# *Build a TOY BOAT*

*Saturdays from 10am to 2pm.  
At Camano Is. State Park go to  
the North Beach Picnic Shelter.*



*Follow the signs  
← in the Park. →*



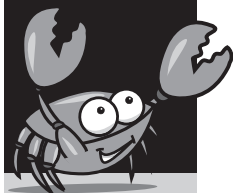
Events Webpage



**Cama Beach Foundation**



# Classified Listings



## DID YOU KNOW?

The word "ki-mono", literally means a "thing to wear". Ki is "wear", and mono is "thing".

## FOR SALE:

**Organic raised chicken eggs**, Certified organic feed and treats. Free range on a farm in N. Camano. Variety of blue, pink, green, white and brown. \$9 dz. Additional info at [Vineandhencamano@gmail.com](mailto:Vineandhencamano@gmail.com).

## GARAGE / YARD/ ESTATE SALES:

**Yard sale** August 10. 9AM. Astounding Variety, multifamily. Cash, Venmo, credit cards. 290 Richmond Ln, Camano. Please no early birds.

**Multi-Family & Estate Sale.** Aug. 23 & 24, 9 to 4. 29114 15th NE, Stanwood. Something for everyone. NO early birds.

**Big Community Garage Sale.** Copper Station having a community garage sale as is Kylie Park. Lots of great stuff. Located off of 68th St between 284th & 300th. 8/9 to 8/11. Come & see!

## PROFESSIONAL SERVICES:

**Learn to square dance**, have fun, meet new friends, lessons start September 10th, first lesson free, for info call Jerry at 425-327-4742.

**"I fix stuff and know things. How can I help?"** 206-245-5482.

**Your Home Remodeled, Repaired.** Douglas, local craftsman. [www. Alpinerenovationsllc.com](http://www.Alpinerenovationsllc.com). 425-478-2098.

**Camano Decks & Sheds LLC** Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: [jmitchell8974@gmail.com](mailto:jmitchell8974@gmail.com). Serving Outlying Areas.

**Psychonauts:** Certified guide and comprehensive education in meditation, lucid dreaming, psychoactive substance use and ritual. Free initial consultation. 206-245-5482

## WANTED:

**Considering a career in real estate?** Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at [jillvail@windermere.com](mailto:jillvail@windermere.com) for more information. [windermere-stanwoodcamano.com](http://windermere-stanwoodcamano.com).



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# Bill Sanford RETIRING!

**Rite Aid,  
8/14/1978 to 7/26/2024**

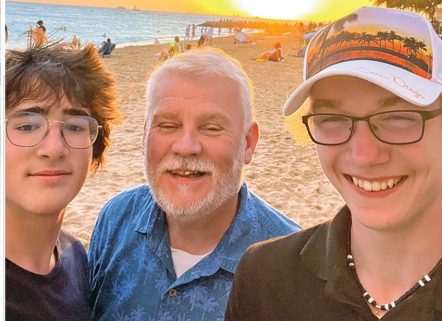


Photo: (left-right) Iago, Bill, Johan

Bill Sanford, store manager, has officially retired after 46 years with Rite Aid Drug Stores. Bill is off to Spain and Portugal for the next 16 days. He will visit Iago (Spain) and Johan (Germany) and several other students from the ISE program. Join Bill on August 16th from 1-3pm (at Rite Aid in Stanwood) for a retirement celebration. It's ALOHA Friday so let's celebrate in style...Hawaiian style! Bring your stories and memories from the past 26 years. Refreshments will be served. Bill volunteered in the community serving on several boards including the Stanwood Community and Senior Center and the CTE (Career & Technical Education) at Stanwood High School. Bill is a representative for "ISE" International Student Exchange. He has been a host father for over 90 plus students and supervising many more through out our region. Bill has traveled throughout the world including Russia and China.

## Tis the Season Heatstroke and Hot Asphalt Beware!



Press the back of your hand firmly against the asphalt for 7 seconds to verify it will be comfortable for your dog

Pass this along!

Like us at - [www.facebook.com/DogTread](https://www.facebook.com/DogTread)

When the air temperature is this asphalt has been measured at this\*

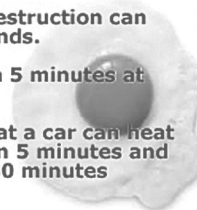
Air Temperature	Asphalt Temperature
77° - 125°	
86° - 135°	
87° - 143°	

\* These temperature correlations represent worst scenario variables: direct sun, 0 wind, very low humidity and high radiant energy

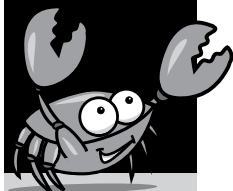
At 125° F, skin destruction can occur in 60 seconds.

An egg can fry in 5 minutes at 131° F.

In 85-degree heat a car can heat to 102 degrees in 5 minutes and 120 degrees in 30 minutes



Data Source: James J. Berens, MD contact burns from streets and highways. Journal of the American Medical Association; 214(11): 2025-2027



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McNutt.*

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## PEACH SALAD WITH GRILLED CHICKEN AND POPPY SEED DRESSING

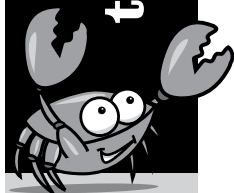
Mixed greens topped with sweet peaches, wild blackberries, fresh corn, red onions, toasted pecans, and goat cheese crumbles drizzled with homemade poppy seed dressing. It's summer on a plate, Enjoy!  
Ingredients



**CHICKEN:** 2 boneless skinless chicken breasts  
**MARINADE:** 6 T. extra virgin olive oil; 4 cloves garlic, minced; 1 tsp. dried thyme; 1/2 tsp. dried oregano; 1 tsp. salt; 1/2 tsp. freshly ground black pepper; 1 1/2 tsp. lemon zest (from 1 lemon)  
**POPPY SEED DRESSING:** 1/3 c. mayonnaise; 1/4 c. milk; 2 T. granulated sugar; 1 T. apple cider vinegar; 1 T. poppy seeds  
**SALAD:** 1 (10 oz.) cont. baby spring mixed greens; 3 peaches or nectarines, sliced; 1 c. fresh picked blackberries; 2 ears fresh corn, husked, kernels cut from cob; 1/2 sm. red onion, thinly sliced; 1/2 c. chopped pecans, toasted; 1 (4 oz.) cont. goat cheese crumbles

**DIRECTIONS:** **CHICKEN:** Place chicken in a 1-gallon zipper bag, using a mallet pound the chicken to an even 1/2-inch thickness. **MARINADE:** In a separate 1-gallon zipper bag, combine all marinade ingredients. Add the chicken breasts to the bag, seal the bag and massage the marinade into the meat until evenly coated. Place the bag in a bowl and refrigerate for at least 4 hours or overnight. Preheat an outdoor grill to 425 degrees. Brush the grates with olive oil. Place the chicken on the grill. Grill until cooked through, rotating once halfway through cooking, about 3-4 minutes per side. (Chicken is done when an instant thermometer inserted into the center of the chicken reads 160-165 degrees.) Transfer to a cutting board and let the chicken rest 10-15 minutes before slicing into strips or dicing into cubes. **POPPY SEED DRESSING:** In a small bowl, whisk together mayonnaise, milk, sugar, apple cider vinegar, and poppy seeds; refrigerate until ready to use. **SALAD:** In a large bowl, gently toss together mixed greens, peaches, blackberries, corn, onion, pecans, and grilled chicken. Transfer the salad to a serving bowl or platter. Drizzle with poppy seed dressing and sprinkle with goat cheese crumbles. Serve immediately after adding dressing. Enjoy!

# View from the Bleachers



Read more of Tim Jones' humor every week at [www.ViewFromTheBleachers.net](http://www.ViewFromTheBleachers.net) or check out his new YouTube channel by the same name.

## ONCE UPON A BLANKET – A LOVE STORY

[The following is a true story about my friend Neil. – TEJ]

Neil was only sixteen years old, a junior at an all-boys' military academy. He loved computers. He earned good grades, competed on various sports teams, and was excited about heading off to college in another year. Then suddenly, the trajectory of his life would be forever changed. Neil suffered a massive stroke. It would leave the entire left side of his body paralyzed.

No one saw this coming. Miraculously, it did not impact Neil's mental or speaking abilities in any way. But he could barely move parts of the left side of his body. In the six months following his stroke, he endured painful physical therapy just to help him re-learn how to dress, bathe, and walk.

Throughout his arduous ordeal, Neil wondered to himself: Will I ever walk again? Will I be able to attend college? Will anyone ever want to go out with someone in my condition? What will my life become, now that I can't use my left arm, hand, or leg? Doctors told Neil he would never have full use of the left side of his body. They were right. On top of the physical devastation, Neil's world shrunk smaller and smaller. He became more introverted than before. His self-confidence was crushed. It was impossible to hide his affliction.

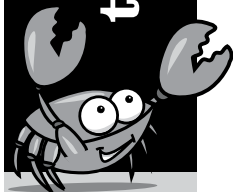
It was a long, tedious journey. But thanks to Neil's own enormous perseverance – and several excellent physical therapists – in time, Neil was able to walk again – albeit using only his right side, essentially thrusting his body to move his uncooperative left leg forward. He took make-up classes and incredibly graduated from high school on time, and with honors.

Neil attended a small area college called Siena College. Because of his mobility limitations Neil was not suited to the challenges of dorm life. He lived at home and commuted to college. Neil learned how to drive using only his right extremities. He dove into his college studies, majoring in math and computers. On his second day of classes in his freshman year, in an elective course that was his fourth and last choice, called East Asian Studies, Neil sat next to a young woman with kind eyes and short brown hair. Her name was Maryann. They exchanged a few banal pleasantries, but apparently Neil did not make much of an impression on this young woman. Over the next three years, they never saw each other again – except for the occasional casual wave or head nod as they passed each other on campus. Even though Neil really liked Maryann, his introversion and lack of self-confidence kept him from pursuing a closer friendship. He got involved in the Student Senate and the Math Club instead. Four years went by. It was now the tail end of Neil's senior year. Final exams were over. All that remained other than Graduation Day were a couple of days on campus filled with a series of social activities for the departing senior class, before they all scattered and headed off on their own separate journeys.

Neil drove to campus to see one of their outdoor movies. He brought a blanket and sat by himself. As Neil sat, alone on his blanket, three people parked their blanket right next to his. It was that girl from



# View from the Bleachers



his freshman year. Oh, Neil remembered her name, that's for sure: Maryann. She was with two other friends. But as they all settled on their blanket, Maryann looked over at Neil's blanket and casually, without asking, sat with him. Neil was taken aback, of course, but he was delighted by her unexpected move. They chatted casually about nothing in particular, watched the movie, said goodnight, and parted company.

Neil thought about his missed opportunity. He was by now quite smitten by Maryann, but he had no idea whether any of his feelings were reciprocated. Three days later came graduation. One final chance to see Maryann. But he never found the courage to approach her. Opportunity missed, again. As Neil ambled to his car to head home, he glanced across the parking lot. There, in the distance, he spotted Maryann with her parents, getting into their car, about to leave his life forever.

Neil realized it was literally now or never. He hopped in his car, took a deep breath to fight his overwhelming pangs of anxiety and fear of the impending rejection he felt certain he was about to experience. He drove right up to Maryann's parents' car. He jumped out and headed as quickly as his uncooperative legs would transport him – over to their car.

As her parents, no doubt confused, watched this stranger approach their car, Neil hurriedly, with no segue, blurted out, "Maryann, would you like to go out sometime?" He calculated that perhaps by asking her out in front of her parents, she might be less likely to reject him outright. Neil was right. Maryann said yes.

Neil's bold, if not desperate, move paid off. They would go on to date for several years. And eventually, Neil and Maryann wed. Over the next four decades, they would travel all over the world. They would go on to have three children and, at last count, three grandchildren, all healthy and thriving.

Sadly, Maryann passed away a couple years ago, from complications from a congenital heart condition that flared up, and a heart transplant surgery that was unsuccessful. Neil misses his soulmate deeply every day. But he will forever be grateful to Maryann for the happy life they shared together, the wonderful children they raised together, and for her decision so many years ago to sit with him on his blanket.



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**WEDNESDAY NIGHTS IN AUGUST**








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**AGES 8-18**



# TIDE TABLES / SARATOGA PASSAGE / AUGUST 9-22, 2024

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 9	Low	3:00 AM	3.9	
9	High	8:30 AM	8.3	
9	Low	2:34 PM	2.6	
9	High	9:09 PM	10.9	
Sa 10	Low	3:43 AM	3.3	
10	High	9:29 AM	8.0	
10	Low	3:13 PM	4.0	
10	High	9:34 PM	10.6	
Su 11	Low	4:28 AM	2.7	
11	High	10:40 AM	7.8	
11	Low	3:58 PM	5.3	
11	High	10:02 PM	10.3	
M 12	Low	5:15 AM	2.1	
12	High	12:05 PM	7.9	
12	Low	4:52 PM	6.5	
12	High	10:33 PM	10.0	
Tu 13	Low	6:06 AM	1.5	
13	High	2:15 PM	8.4	
13	Low	5:56 PM	7.5	
13	High	11:11 PM	9.8	
W 14	Low	7:02 AM	0.8	
14	High	3:31 PM	9.3	
14	Low	7:13 PM	8.1	
Th 15	High	12:03 AM	9.7	
15	Low	7:59 AM	-0.1	
15	High	4:16 PM	10.2	
15	Low	8:33 PM	8.1	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 16	High	1:08 AM	9.7	
16	Low	8:53 AM	-1.0	
16	High	4:52 PM	10.9	
16	Low	9:36 PM	7.8	
Sa 17	High	2:16 AM	9.9	
17	Low	9:42 AM	-1.8	
17	High	5:26 PM	11.5	
17	Low	10:28 PM	7.2	
Su 18	High	3:16 AM	10.2	
18	Low	10:29 AM	-2.4	
18	High	5:57 PM	12.0	
18	Low	11:15 PM	6.3	
M 19	High	4:14 AM	10.5	
19	Low	11:15 AM	-2.5	
19	High	6:27 PM	12.3	
Tu 20	Low	12:00 AM	5.2	
20	High	5:13 AM	10.7	
20	Low	12:00 PM	-2.1	
20	High	6:56 PM	12.4	
W 21	Low	12:44 AM	4.0	
21	High	6:13 AM	10.7	
21	Low	12:44 PM	-1.1	
21	High	7:26 PM	12.4	
Th 22	Low	1:29 AM	2.7	
22	High	7:14 AM	10.5	
22	Low	1:28 PM	0.4	
22	High	7:57 PM	12.3	











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