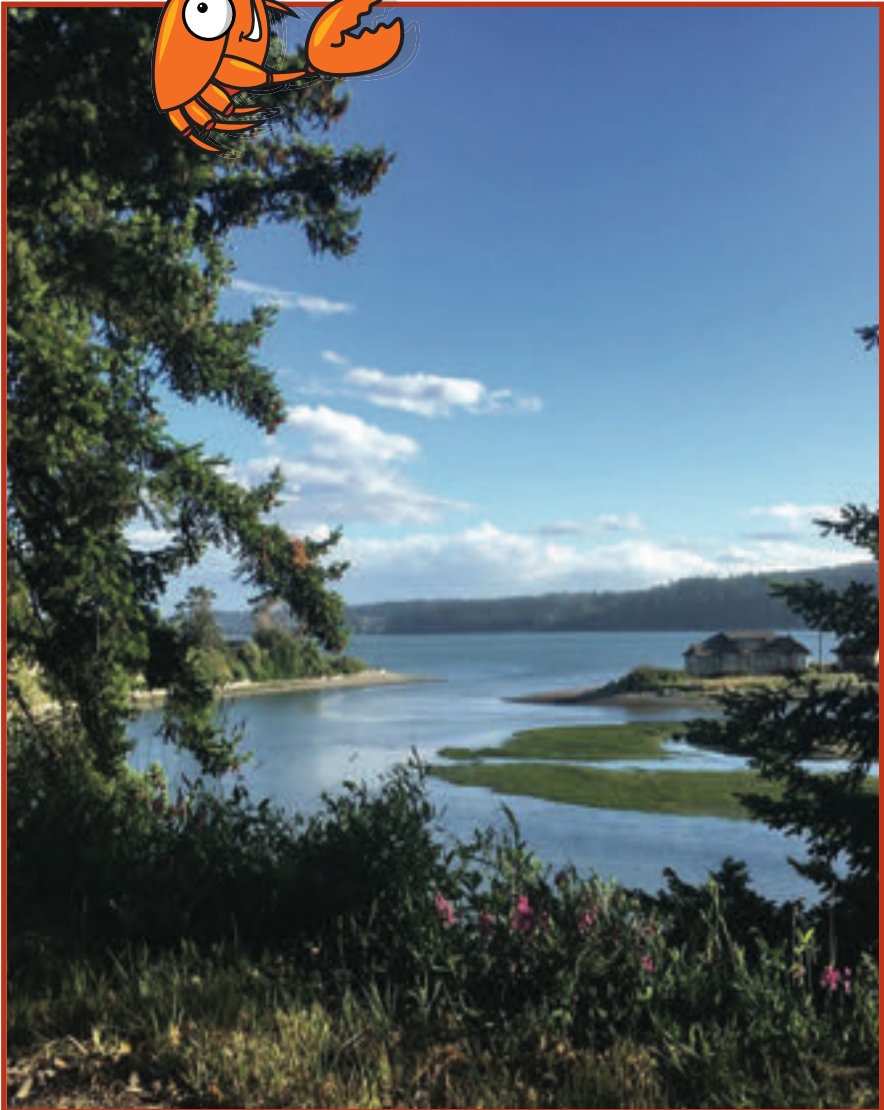


THE CRAB CRACKER
COMMUNITY MAGAZINE

ISSUE 386
September 6-19, 2024

**FREE
TAKE
ONE**



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway



CamanoCenter
Get connected.

September at the Camano Center!

**Camano Center celebrates our
1000th SAIL fall prevention class!**

**Spaghetti Feed Fundraiser
celebrating Senior Center month
Thursday, Sept. 12th, 12:00-2:00**

**Fall Prevention Mini-Workshop
Wednesday, Sept. 18th, 1:30-2:30
RSVP to 360-387-0222**

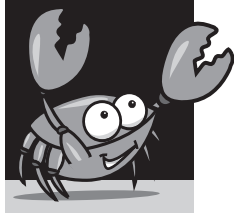
**Fall Prevention Take Home Gift
Pick yours up while supplies last
Mon. 9/23 through Wed. 9/25**

Contact the Camano Center for more information:

info@camanocenter.org or 360-387-0222

606 Arrowhead Road, Camano Island, www.camanocenter.org

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Find us on: **facebook**

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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

*Cover photo: Driftwood Shores / Triangle Cove, Camano Island.
Photo by Terri Hurd.*

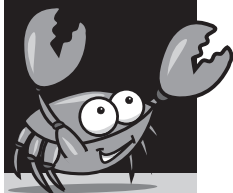


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James and Malynda Shipley, owners, proprietors
thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: SEP. 12 for Next Edition (Sep. 20-Oct. 3)

Calendar of Events



DID YOU KNOW?

In the movie Troy (2004), Brad Pitt and Eric Bana did not use doubles during the filming of their epic duel. They made an informal agreement that provided for mutual payment for each accidental hit: \$50 for light hits and \$100 for heavier hits. In the end, Brad Pitt had to pay Eric Bana \$750, while the other owed him nothing.

FRIDAY, SEPTEMBER 6

STANWOOD FARMERS MARKET

2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftsmen.

FRIDAY, SEPTEMBER 6

STANWOOD HIGH SCHOOL SPORTS

JV Boys Tennis vs Sedro-Woolley. 3:30pm.

FRIDAY, SEPTEMBER 6

JEREMY ABBOTT

8:00pm - 11:00pm at Pub 282. JAM is a Pacific Northwest reggae fusion band. Blending reggae, rock, blues and electronic tones, Jeremy Abbott delivers genuine vocals and finds a unique sound.

FRIDAY, SEPTEMBER 6

MORGAN MCHUGH, PREACHER & THE FREIGHT TRAIN PLUS CASCADE CODY

The Conway Muse presents Morgan McHugh, Preacher the Freight Train plus Cascade Cody @ 8 pm – Conway Muse Hayloft Stage. Tickets \$10 Advance \$12 Day of Show. All Ticket Sales Final at Show Time.

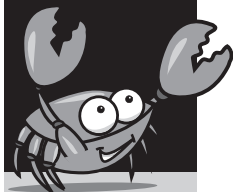
FRIDAY, SEPTEMBER 6

BEACH 1 GALLERY RECEPTION FOR SUE RYAN



5-7pm. Oils, Acrylic & Etchings. The night of the reception Sue will also display jewelry. My husband and I moved to Camano Island in 2015. The many wonderful artists here have been so inspirational. My favorite media is oil paint, because of the vibrant colors and textures that can be achieved. I also use acrylics and enjoy creating Etched Art. Color has always been a big part of my work. This world has a tremendous amount of beauty, offering so much inspiration. Her art will be displayed and for sale the entire month of September. The Gallery is open 7 days a week. We will be serving pop, wine, bottled water and bags of chips for the reception. 1243 Beach Drive, Camano Island.

Calendar of Events



DID YOU KNOW?

Kiss means “pee”
in Swedish.

FRIDAY, SEPTEMBER 6

KIDS' ART GALLERY NIGHT!

4:00 PM – 5:30 PM at the Camano Island Library. Join us for a very special gallery night at the library celebrating the talented and creative young people in our community. The work of young artists will be displayed, and you will have the opportunity to chat with some of them about their work. Light refreshments will also be provided.

SATURDAY, SEPTEMBER 7

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, SEPTEMBER 7

CO-ED ULTIMATE FRISBEE

9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all skill levels.

SATURDAY, SEPTEMBER 7

TOY BOAT BUILDING

at Camano Island State Park. 10am-2pm. Come build a toy boat! All supplies and tools are provided. A \$5 donation is requested.

SATURDAY, SEPTEMBER 7

CRIMINAL SQUIRREL ORCHESTRA

8:00pm - 11:00pm at Pub 282. A band dedicated to the fascination that original music brings to the squirrely soul, and how harmonies, nuance and nuts make things more fun.

SATURDAY, SEPTEMBER 7

SATURDAY CATURDAY CRAFTS!

10:30 AM – 12:30 PM at the Camano Island Library. Calling all young cat lovers! Get ready to unleash your creativity and have a meow-nificent time at our cat-themed craft session. This fun-filled event will include a variety of engaging projects. All materials will be provided (while supplies last), and no prior crafting experience is necessary. Just bring your enthusiasm and love for cats!



DAVID BRIGHTON'S SPACE ODDITY

"the quintessential david bowie
tribute experience"



LIVE IN THE PACIFIC SHOWROOM! **OCTOBER 18 & 19, 2024**
\$30 A TICKET | DOORS OPEN AT 7:00PM | SHOW AT 8:00PM



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Calendar of Events



DID YOU KNOW?

One in every
four cranes in
the entire world
is in Dubai.

SATURDAY, SEPTEMBER 7

ANNUAL PLASTIC PLANT POT EXCHANGE

10am - Noon. Tired of buying new plastic plant pots every year? Concerned about adding to the plastic waste problem? Consider REUSE instead! Donate pots or take pots for your future plantings. WSU Extension Island County Waste Wise program is hosting their Annual Plastic Plant Pot Exchange from 10 am to 12 noon on Can Ku Rd, behind CASA and Island Transit on Camano Island. Home gardeners, organizations, and volunteer groups are encouraged to come gather what they need. If your group is having a plant sale next spring, this is a great time to stock up on your free pots! If you are bringing pots to share, they should be 4" or larger, without any dirt, tags, or wire. No "pony packs" or flimsy starter pots or trays, please. WSU Extension Island County Waste Wise volunteers will be on hand to assist you. Contact heather.teegarden@wsu.edu for more info.

SATURDAY, SEPTEMBER 7

CATCH UP WITH DON AND SAUNDRA HAUGEN - SCANDIA BAKERY & LEFSE FACTORY



1pm-3pm. The Picnic Pantry and Parlour welcomes Don and Sandra Haugen back to their roots that was once the Scandia Bakery & Lefse Factory. Originally the bakery opened a few doors down and as the business grew and the need for increased seating was needed they moved into the building where The Picnic Pantry and Parlour currently resides. The bakery became a hub of the community and home of delicious danishes, lefse, and Don's famous Swedish rye bread. Come catch up with Don and Sandra and share some memories.

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Matzke Fine Art Gallery and Sculpture Park
2345 Blanche Way, Camano Island, WA
"15th Annual Art Auction"

Month of September
it's "BID" or "Buy Now for Less"
SAVE the date... October 5th
is the finale "Live Auction"



Andy Eccleshall



Janie Olsen



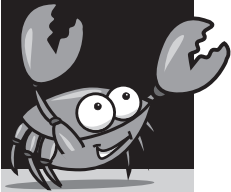
Gerald Tsutakawa



Gene Jaress

Open every weekend Friday - Saturday - Sunday 11-5
Mon.- Thurs. by Appt. 360-387-2759 Email: matzke@camano.net
Visit: www.matzkefineart.com

Calendar of Events



DID YOU KNOW?

Every day in the U.S., more than 100,000 people get a speeding ticket.

SATURDAY, SEPTEMBER 7

CAR WASH FUNDRAISER AND BAKE SALE



11am-3pm at Clean Spot Car Wash, 26800 90th Ave NW, Stanwood. Get your car sparkling clean while supporting our hard-working dancers! 100% of the funds raised will go directly to helping dancers from The Dance Project NW with their 2024-2025 dance season. You can pre-purchase your car wash from your favorite dancer, online (Link here: <https://bit.ly/2024CarWashPreSale>), or come the day of to buy one from the dedicated dancers working hard that day. And don't forget to grab some delicious treats at our Bake Sale! Every dollar counts, and your sweet tooth will be satisfied knowing you're making a difference.

SATURDAY, SEPTEMBER 7

DAVE GEORGE'S NORTHWEST PASSAGE

The Conway Muse welcomes Dave George's Northwest Passage at 8pm to our Hayloft Stage playing a variety of pop, R&B, and rock n roll music from the 60s and 70s! Tickets \$15 Advance \$18 At Venue.

SATURDAY, SEPTEMBER 7

AKTION CLUB'S E-CYCLE

10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.

FULL CIRCLE ARTS



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M. Andrew Curry
206-245-5482

macurryartist@gmail.com

NATIONAL BEER LOVER'S DAY



SEPTEMBER 7



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Be Kind

Malynda Shipley

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425-299-7892

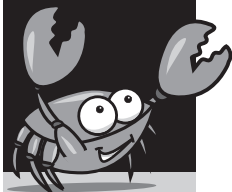
mshipley@atthebeachrealestate.net

onereal.com/malynda-shipley



REAL Broker LLC

Calendar of Events



DID YOU KNOW?

There are more volcanoes on Venus than any other planet within our solar system.

SATURDAY, SEPTEMBER 7

BEAUTY BAR DIVAS

Join us for beauty bar divas, some of the best celebrity impersonators in Washington. Show starts at 9pm at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Suite A, Stanwood. (360) 629-2324.

SATURDAY, SEPTEMBER 7

CARS AND COFFEE

7am-10am at 848 N Sunrise Blvd, Camano Island. Free Event by The Baked Cafe at Camano Commons Marketplace. You provide the cars, we provide the coffee! All cars welcome. Lets fill this place up!

SATURDAY, SEPTEMBER 7

2ND ANNUAL STANWOOD HISTORIC HOMES TOUR



10 am - 3 pm. You know the big, beautiful home on the hill above Stanwood? Have you ever been curious about what it looks like on the inside? Well, here is your chance to find out. It is one of the homes participating in the Stanwood Historic Homes Tour. This tour features six private homes built from 1890 to 1914. Stanwood Area Historical Society (SAHS) volunteers will guide you through the lovingly and authentically maintained Stanwood Homes. Come to the tour and see the following historic homes while learning more about turn-of-the-century Stanwood. Get tickets at <https://www.eventbrite.com/event/stanwood-historic-homes-tour-tickets-943743651667>

SEPTEMBER 8TH, 1966



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www.TheCrabCracker.com



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michael.dickson@rbawa.com

PARENTING TEENS?

FALL

2024



Come to a new speaker series cultivating mental health resources in our community. Learn how to navigate difficult topics with your teens and tweens (grades 5-12).

SEPT
17

SUICIDE PREVENTION AND SUPPORT

6:30-7:00 Snacks & Refreshments

7:00-8:00 Speaker and Q&A

Location: Community Resource Center

DRUG AND SUBSTANCE ABUSE

6:30-7:00 Snacks & Refreshments

7:00-8:00 Speaker and Q&A

Location: Community Resource Center

OCT
15

NOV
19

STRESS REDUCTION FOR THE HOLIDAYS

6:30-7:00 Snacks & Refreshments

7:00-8:00 Speaker and Q&A

Location: Community Resource Center



MORE INFO & RSVP

HEALINGCONNECTIONSCENTER.ORG



Content Warning - topics are sensitive in nature. Parents should use their discretion when bringing children to the series.

Calendar of Events



DID YOU KNOW?

Overall Subway, actually has more chains than the fast-food juggernaut, McDonald's.

SATURDAY-SUNDAY, SEPTEMBER 7-8 SOAP BOX DERBY RALLY RACES



Rally Racing is a perfect way to try out the sport and learn more about how to compete at the All-American Soap Box Derby both Locally & Nationally. Rally Race weekends include single and double-elimination races for Stock, Super Stock, and Masters Divisions. \$35 per race each day. Check in & car inspection is 7:30 AM - 8:30 AM. Racing is from 9:00 AM - 1:00 PM. Register at <https://www.arrowheadranch-camano.com/rally-race>

SUNDAY, SEPTEMBER 8

BINGO AT THE VIKING HALL - SILVANA

Doors open at 5pm and games begin at 6pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

MONDAY, SEPTEMBER 9

STANWOOD HIGH SCHOOL SPORTS

JV Boys Football vs Spanaway Lake. 5pm.

Girls Volleyball vs Anacortes. C Team & JV: 5:15pm. Varsity: 7pm.



September 9th

www.TheCrabCracker.com

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Monday Evenings from 6:30 - 8:30 p.m.

September 9 & 23, October 7 & 21

November 4 & 18

Cost for the 8 sessions is \$45 if paid by September 9, or \$10 per session for those just dropping in. Participants will also want to purchase a digital Student E-Workbook for \$10.



Questions or to register:

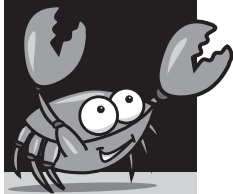
EMAIL: CINDYTERRYRETIRED@GMAIL.COM

**Held at: Cedarhome SDA Church
28505 68th Ave NW, Stanwood**

**Text or Call 425-870-1006
to save your spot**



Calendar of Events



MONDAY, SEPTEMBER 9

ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court at Camano Chapel. 6pm-8pm, ages 18+. Cost is free!

MONDAY, SEPTEMBER 9

BREWCAD WEEKLY 3 STRIKE TOURNAMENT

6pm-10pm at The Brewcade, 7009 265th St NW #102, Stanwood. \$5 buy-in 3 strike Pinball tournament. Sign ups start at 6:00pm and flippers up at 6:30pm. Pot splash happens if there's over 15 players!

MONDAY, SEPTEMBER 9

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

TUESDAY, SEPTEMBER 10

STANWOOD HIGH SCHOOL SPORTS

Boys Varsity Tennis vs Mount Vernon. 3:32pm
Girls Soccer vs Arlington. JV: 5pm. Varsity: 7pm.

TUESDAY, SEPTEMBER 10

FREE COOKING DEMO

in the barn at Hazel Blue Acres in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

Stanwood-Camano Veteran and Family Survey

September 11th-20th, 2024

Thank you for the service and sacrifices made by you and your family...now it's time we serve you. Your valuable input will guide us as a community by improving and developing services to meet you and your family's needs



This survey is anonymous, only takes five minutes, and will make an impact in the services provided to veterans and families like you

www.SCVeteranSurvey.com

988, 911 or 211?



988

988 is a mental health crisis number, and calls are handled by National Suicide Prevention Lifeline counselors. These counselors are highly trained to assist people in emotional distress or suicidal crisis.

911

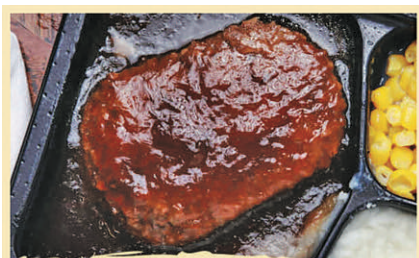
911 can be contacted for assistance as dispatchers are trained to handle ALL emergency situations. Remember, support is always available whenever needed.

211

211 is a non-emergency number connecting individuals with community resources like food banks and shelters.

It provides vital support and guidance during challenging times, ensuring access to essential services for improving well-being and quality of life.

www.mhanational.org/resources/988



National TV Dinner Day | September 10

Yoga and Pilates
movementarts.com

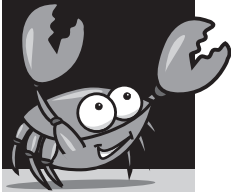


MOVEMENT ARTS

360-629-9100

Camano Commons

Calendar of Events



DID YOU KNOW?

Putting your phone in airplane mode will stop ads while playing games.

TUESDAY, SEPTEMBER 10 FAMILY BOOK FAIR



Join the fun solo or bring the whole family and relive the excitement of an elementary school book fair! Browse a curated selection of books to stock up on for all your fall reading. 4:00 PM – 7:00 PM at Tapped Camano. Shop the Friends of the Library book sale (proceeds benefit Sno-Isle Library programming); Take a mini art class (recycled book art) with Maria Casey from FatBrush Art Workshop; Drop in with local author, Brittany Tucker for a special writer's workshop; Art, bubbles and games available for the kids. You can also chat with a Sno-Isle librarian to find your next favorite read, mingle with attendees, or find a quiet corner to grab a snack or a drink and enjoy some solo reading time.

TUESDAY-WEDNESDAY, SEPTEMBER 10-11

VILLAGE'S COMMUNITY FESTIVAL

Village Community Services is putting together a festival to showcase Arts, Crafts, and Music. More info: jtear@villagecommunitysvcs.org.

WEDNESDAY, SEPTEMBER 11

TOUR OF FARMHOUSE FLOWER FARM

(10am-noon in Lake Goodwin / Stanwood). Join Northwest Horticultural Society for a tour of Farmhouse Flower Farm and hear the story of the family farm from farmer Marryn Mathis. LIMIT: 30 (MAXIMUM 2 PER REGISTRATION) – FEE IS PER PERSON. Members \$45, Non-Members \$55. Tickets at <https://northwesthort.org/event/tour-of-farmhouse-flower-farm-in-stanwood>. Read more about the farm on page 37.



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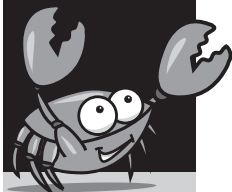
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Find us online

www.CandewConcrete.com

Facebook.com/CandewConcrete

Calendar of Events



DID YOU KNOW?

A man, Ben Slinney, grounded 4,000 commercial planes across the United States on 9/11 due to the attacks – it was his first day on the job.

WEDNESDAY, SEPTEMBER 11

SIP AND SWING

5pm at Rockaway, 326 N East Camano Drive, Camano. Come get a lesson in golf while you drink! Limited spots available. Ticket includes one cocktail and your golf lesson taught by the Camaloch Golf Course staff. Tickets: <https://allevents.in/camano%20island/sip-and-swing/200027023501100>

WEDNESDAY, SEPTEMBER 11

LEARN TO FOLD ORIGAMI CRANES



3:30 PM – 5:00 PM at the Stanwood Library. Drop in and learn how to fold origami peace cranes! This program is designed for ages 7 and up. Repeats again on September 19.

WEDNESDAY, SEPTEMBER 11

STANWOOD/CAMANO PUZZLE EXCHANGE

will be held on Wednesday September 11th, at 6pm at the Stanwood Library. As you know this is a family friendly event and participants are invited to bring puzzles to exchange. This is usually a 30 minute event. If participants puzzles are not chosen we kindly ask that they take them home and bring them the next month. We have a Facebook page for more info or to join the group.

WEDNESDAY, SEPTEMBER 11

STANWOOD HIGH SCHOOL SPORTS

Cross Country vs Marysville. 3:45pm.

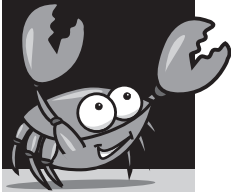


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Calendar of Events



DID YOU KNOW?

A woman faked her entire tragedy and the loss of her husband during the 9/11 attacks and became President of the Support Network in New York.

WEDNESDAY, SEPTEMBER 11

911 MEMORIAL



343 FDNY firefighters lost their lives on Sept. 11, 2001, responding to the attacks on the World Trade Center. This number is a symbol of their sacrifice and heroism. We will never forget!" - Camano Island Fire & Rescue 9/11 memorial at Freedom Park.

THURSDAY, SEPTEMBER 12

SPAGHETTI LUNCH

celebrating Senior Center Month. Noon-1:30pm at Camano Center, 606 Arrowhead Rd. No need to register. This dinner is a fundraiser. More info: 360-387-0222.

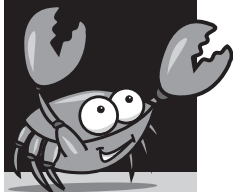
THURSDAY, SEPTEMBER 12

9-1-1 PROGRAM



The Camano Preparedness Group will feature a program with Sofia Kofield, Supervisor for Island County's ICOM 911 system. She will discuss what 911 does and how they do it. There is certain information that 911 needs when you call them. Come find out how you can best help them to help you! This will be a very informative program. It will be held at the Vista Fire Station, 273 N. West Camano Dr., Camano Island at 7:00pm. For more info contact Sue at kk6sue@gmail.com <<mailto:kk6sue@gmail.com>>.

Calendar of Events



DID YOU KNOW?

The word "An-
droid" means
a human with
a male robot
appearance.

THURSDAY, SEPTEMBER 12

STANWOOD HIGH SCHOOL SPORTS

Boys Tennis vs Everett. 3:30pm.

FRIDAY, SEPTEMBER 13

TRAVEL TALK



10:00-12:00 at Camano Center, 606 Arrowhead Road, Camano Island. Do you enjoy sharing your travel experiences or hearing from others of their travel adventures? Each month on the second Friday Travel Talk will have a slideshow presentation of someone's travels. This month we go on a world tour. Come travel the world and see a snapshot of fascinating places through photographs, stories and artifacts from African countries, Tibet, Vietnam, Cambodia, Thailand, Peru and Ecuador. (Photo is Angkor Wat, Cambodia) May it whet your appetite for travel! Absolutely no sales pitches nor promotions, just travel fun! Camano Center members free, non-members \$5. Questions or if interested in presenting one of your trips, contact Mark Kraus at 425 503-9072 (please leave a message).

FRIDAY, SEPTEMBER 13

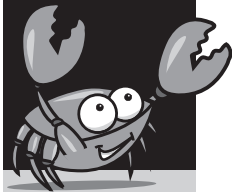
THE MARK DUFRESNE BAND

7:30-10pm at Pub 282. Using his 3-octave tenor voice and championship harmonica playing at full force, Grammy nominated Mark Dufresne's powerhouse skills are sure to captivate and entertain. A dynamic singer and showman, Dufresne's original rhythm and blues songs, including instrumentals, shine in the hands of this talented quartet. Quintessential Chicago Blues Revue Band.



International
CHOCOLATE DAY
September 13

Calendar of Events



DID YOU KNOW?

Triton, one of Neptune's moons, is gradually getting closer to the planet it orbits.

FRIDAY, SEPTEMBER 13

STANWOOD HIGH SCHOOL SPORTS

Varsity Football vs Sedro-Woolley. 7pm.

FRIDAY, SEPTEMBER 13

SONGWRITER SHOWCASE

Dusty Spurs + Dakota Neuman + Casey Freedom & Owen Evans at 8 pm at the Conway Muse. 18444 Spruce Street. \$13.00.

FRIDAY, SEPTEMBER 13

GHOSTS AND THE SUPERNATURAL IN THE PACIFIC NORTHWEST



7:00 PM – 8:30 PM at the Community Resource Center of Stanwood-Camano. Join us on Friday the 13th for an intriguing exploration of the supernatural with Matt, Eric, and Austin from North by Northwest Paranormal. Whether you're a curious skeptic, a true believer, or simply fascinated by ghostly encounters, this event is for you! Discover the mysteries behind their investigations as the team shares compelling evidence of magnetic, vocal, and visual phenomena they've captured. Learn how history and local legends intertwine with their findings. You'll delve into the world of the paranormal - from spirit box readings and shadow figures to ghost orbs and beyond. Plus, hear firsthand accounts of what inspired these investigators to become ghost hunters. Don't miss out on this spine-tingling experience! Presentation followed by Q & A.



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- Tracking Classes
- Puppy Training
- Newly Adopted Dog / Puppy Classes
- Virtual Dog Training
- Service Dog Training
- AKC Fitness / AKC Tricks
- Board and Train

Calendar of Events



FRIDAY, SEPTEMBER 13 FREE ROCK MUSIC CONCERT



Join Ever-Known for a free concert at 6 pm, 8530 Cedarhome Dr, Stanwood (by Stanwood Auto Parts). Ever-Known is a classic rock band made up of Stanwood natives, Ty and Tanner Nesje and Jared Robb. They will be performing some of their original music along with many classic rock covers! Bring your classic car and a chair. Free hot dogs and soda will be provided. This event is sponsored by CB Transport, Stanwood Auto Parts, Gerber Collision, and Absolute Auto Repair. Call Kenny Nesje with any questions: 360.629.9732.

MEDICARE QUESTIONS?

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Calendar of Events



FRIDAY, SEPTEMBER 13 GRAND OPENING OF L.A.N.E



at Arrowhead Ranch Camano, 615 Arrowhead Rd. The L.A.N.E (Little Arrowhead Nature Explore) is an initiative of the Community Coalition of Stanwood-Camano and our community partners. This outdoor classroom is designed to stimulate the creativity of young minds (ages 5 and under) to engage in the natural environment through play and exploration. Join us for a ribbon cutting at 1:15, food, prizes and be the first to play in the L.A.N.E! Open to the public for free.

**We are a family run company
and we are in Stanwood**

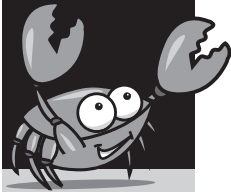


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Calendar of Events



DID YOU KNOW?

The longest one-syllable words in the English language are “scaunched” and “strengthened.” Some suggest that “squirreled” could be included, but squirrel is intended to be pronounced as two syllables (squir-rel) according to most dictionaries. “Screeched” and “strengths” are two other long one-syllable words, but they only have 9 letters.

FRIDAY, SEPTEMBER 13 STANWOOD FARMERS MARKET



2pm-6pm at the parking lot behind downtown and next to the Amtrak train station. A gathering of farmers, local producers, makers & more. Shop with local farmers, food artisans & craftspeople. FRIDAY, SEPTEMBER 13

HAPPY HOLLOW FARM SUMMER CONCERT: HARVEY CREEK BAND



\$20. The Harvey Creek Band prides itself on giving their audience great music that's fun to dance to. With great harmonies and musicianship, you will be ready to dance the night away! Concert will begin at 7pm! Doors will open at 4:30 pm. Beverages will be available for purchase along with a food truck will be onsite, so come thirsty and hungry! Children 7 and under are free. Tickets: <https://www.happy-hollowfarm.org/shop-now>

SATURDAY, SEPTEMBER 14 COFFEE AND CARS AT COASTAL VIE

with Twin City Idlers. 8-11am at 8807 SR 532, Stanwood. Come have coffee and admire our local hot rods. Car shows, hot rods, muscle cars, auto. Free admission to general public and free to bring by your custom Car. Participants in the car show with a custom car will receive a free 6 count of mini donuts and one 16 ounce coffee drink.

Calendar of Events



DID YOU KNOW?

If you multiply
1089 x 9 you
get the exact
reverse, 9801.

SATURDAY, SEPTEMBER 14

STANWOOD HIGH SCHOOL SPORTS

Girls Soccer vs Anacortes. JV: 11 am. Varsity: 1 pm.

SATURDAY, SEPTEMBER 14

JIMMY WRIGHT BAND

Sat Sep 14th 8:00pm - 11:00pm at Pub 282. Catering a wide variety of music.

SATURDAY, SEPTEMBER 14

TSUNAMIS IN THE SALISH SEA



11:00 AM – 12:30 PM at the Community Resource Center of Stanwood-Camano. Learn about the geologic evidence for past tsunamis in the Salish Sea, and how this evidence can help us prepare for future tsunamis. We will look at the latest tsunami hazard maps published by the Washington Geological Survey and discuss ways to be prepared for the next tsunami. Hosted by the Stanwood Library.

SATURDAY, SEPTEMBER 14

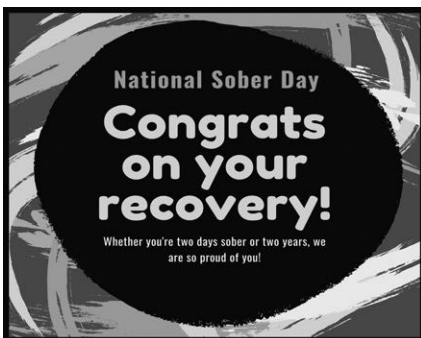
CHRISTY MCWILSON + RANDY WEEKS

8 pm - Conway Muse, 18444 Spruce Street. \$18.00

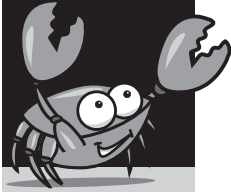
SATURDAY, SEPTEMBER 14

PRIME RIB DINNERS ARE BACK!

American Legion Post 92 Stanwood, 26921 - 88 Ave NW. OPEN TO THE PUBLIC. Delicious Roasted Prime Rib, Baked Potato, Green Salad, Veggies, Roll and Dessert. Adults \$25, 12 and under \$10.



Calendar of Events



DID YOU KNOW?

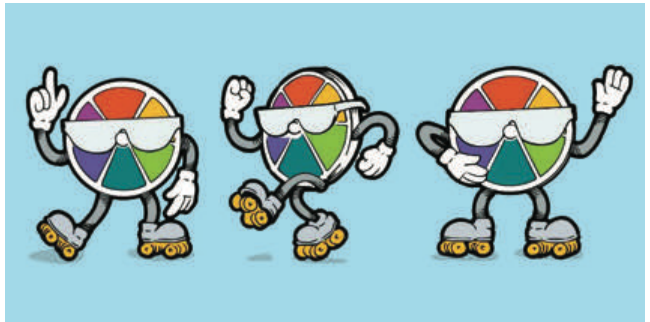
The average person's left hand does 56% of the typing (when using the proper position of the hands on the keyboard; Hunting and pecking doesn't count!).

SATURDAY, SEPTEMBER 14 TOUCH A TRUCK



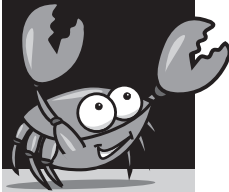
Turn the wheel, touch the buttons and honk the horn! Get ready for a day of fun and excitement for the whole family! Bring your little ones and let them explore the world of big rigs, construction equipment, emergency vehicles and more at our Touch A Truck event! 10am-1pm at Viking Village Parking Lot, 8820 Viking Way, Stanwood. There will be a "no horn" quiet hour from 10-11am.

SATURDAY, SEPTEMBER 14 BRICK ROAD BLOCK PARTY - MAC FEST KICK-OFF EVENT



12-8pm. Join SCAAC as we celebrate the arts and kick off MAC Fest; 8 days of art experiences, classes, and workshops. The Brick Road Block Party will feature live mural painting from local professional artists, interactive art opportunities for all ages, food trucks, and a beer garden. Live bands will include local student bands, the SHS marching band, Beatdown Saints, Stage Hogs, and City of Pines! Be sure to join us for this kick off to a week of art and community right here in the Stanwood and Camano area. Visit www.macfest.art to learn more about all the upcoming events and to RSVP or register. See you there!

Calendar of Events



DID YOU KNOW?

The “sixth sick sheik’s sixth sheep’s sick” is believed to be the toughest tongue twister in the English language.

SATURDAY, SEPTEMBER 14

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, SEPTEMBER 14

CO-ED ULTIMATE FRISBEE

9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games in Stanwood. Whether you’re a seasoned player or new to the sport, this event is open to all skill levels.

SATURDAY, SEPTEMBER 14

TOY BOAT BUILDING

at Camano Island State Park. 10am-2pm. Come build a toy boat! All supplies and tools are provided. A \$5 donation is requested.

SATURDAY, SEPTEMBER 14

“ROOTED ON CAMANO” OPENING RECEPTION



4 to 6 PM at Gateway Gallery at Terry’s Corner. Experience the beauty and artistry of Camano Island, brought to life by talented local artists. Enjoy live music by Second Fiddle as you immerse yourself in this unique exhibition, which will be on display from September 14th through October 13th. Don’t miss this chance to celebrate the vibrant creative community on Camano Island!

SATURDAY, SEPTEMBER 14

HEALTH AND WELLNESS FAIR

10am-2pm at Lincoln Hill Retirement Community & Senior Center, 7430 276th St NW, Stanwood. We would love for you to join us for our 2024 Health and Wellness Fair! It’s FREE & FUN. Learn about all of the new health and wellness options/resources in your local community, and get your vaccines if they are needed, all at the same time.

**STANWOOD
CAMANO
ARTS
ADVOCACY
COMMISSION**

9/14

- Brick Road Block Party **(Y)(T)(A)**
- MAC @ Touch-A-Truck **(Y)(T)**

9/15

- Creative Flow Yoga **(A)**
- Private Gallery Tour & Tasting **(A)**
- Polymer Clay Workshop w/ Katie Walton **(T)(A)**
- UpBeat! Play Along **(T)(A)**
- UpBeat! Concert **(Y)(T)(A)**

9/16

- FREE Kids Class: Preschool Movement & Dance Class w/ Lisa Anderson **(Y)**
- FREE Kids Class: Fall to Winter Watercolor w/ Bobbi Samples **(Y)**
- Custom Sneaker Design w/ Shogo Ota **(T)(A)**
- Joyful Creating w/ Tasha Smith **(T)(A)**
- Book & Art Talks w/ Lydia Crouch **(T)(A)**

9/17

- Flower Arranging w/ Brienna Estrada **(A)**
- FREE Kids Class: Fingerpaints Fish w/ Lael Williams **(Y)**
- Dry Needle Felting w/ Aleita Bailey **(T)(A)**
- Artist Salon @ Stanwood House **(T)(A)**

9/18

- SCAAC Annual Meeting **(A)**
- Visual Body Mapping w/ Gaylynn Beuthien **(A)**
- Lines, Circles, Triangles, Squares w/ M Andrew Curry **(A)**
- FREE Youth & Teen Class: Drumming w/ Ray Soriano **(Y)(T)**

9/19

- Open Art Studio w/ Kathy Lynott **(A)**
- FREE Kids Class: Creative Choreography w/ Lisa Anderson **(Y)**
- Northwest Class Quest Documentary Screening **(Y)(T)(A)**

9/20

- Farmers Market Mural Unveiling **(Y)(T)(A)**
- Fire Cider Apothecary **(A)**
- Demystifying Style w/ Cynthia Hunter **(T)(A)**
- FREE Kids Class: Falling for Color w/ Tasha Smith **(Y)**

9/21

- Happy Hour Fundraiser **(A)**
- The Art of Fresh Cheese w/ Meghan McKenna **(A)**
- Artist Panel **(T)(A)**
- Cheese Board Woodworking Class w/ Arrowhead Ranch **(A)**

Youth **(Y)** Teens **(T)** Adult **(A)**

Visit MAC FEST Headquarters
Sons of Norway
Sept 16 - 21 : 10am - 5pm

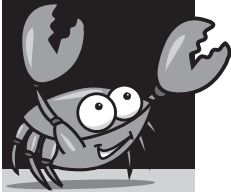
Questions?

Email: admin@scaacwa.org
Call: (360) 585-8584



WWW.MACFEST.ART

Calendar of Events



DID YOU KNOW?

The characters Bert and Ernie on Sesame Street were named after Bert the cop and Ernie the taxi driver in Frank Capra's "It's a Wonderful Life."

SATURDAY-SUNDAY, SEPTEMBER 14-15 SMALL CRAFT ADVISORY 2024



The annual Small Craft Advisory exhibition is returning for its 5th year. We wanted to highlight artistic craft of the region, from woodworking to native American craft, pottery to sculpture and much much more. Our goal is to convince you that the divide between art and craft is illusory. Fine craft IS fine art. We've assembled 16 artists and their craft for a two day exhibition. No admission, no hard sell. In fact, some of the work isn't for sale, only for show. We'll be at the Floyd Norgaard Cultural Center at 27108 102nd Ave NW, Stanwood. Check out our website for information on the artists. <https://www.smallcraftadvisory.net>

SEPTEMBER 14-21

MAC FEST

A community focused, allowing art education and activities for all ages! From finger painting to choreography, clay forming to custom sneakers, we have so many fun opportunities at all ages. Some FREE as well as paid classes/workshops. We'll kick off MAC Fest with a Block Party on Saturday, September 14th on the brick road...right in front of the future Meyer Art Center. For the next 8 days, we'll offer arts education, events and exhibits for all ages. We'll wrap up the event with a Happy Hour Fundraiser - free for the community to attend with lots of opportunities to support our mission (hint hint - the raffle items are INCREDIBLE!) www.macfest.art

SUNDAY, SEPTEMBER 15

RED AND GRAY 5K

Come hang out with us at our Red & Gray 5K! Whether you're up for a run or just want to take a leisurely stroll, we'd love to have you. Plus, every step helps support Grad Night 2025! <https://forms.gle/9XNA-FUIdCFNXoVAJ8>

MONDAY, SEPTEMBER 16

BACK TO SCHOOL TRIVIA NIGHT

Lakewood H.S. Booster Club quiz night at Paddle Pub, 4915 Lakewood Rd, Stanwood. Doors open at 5pm, trivia starts at 6pm. Always a fun time with our amazing community. Get your table now! Any questions don't hesitate to reach out. lwbooster@outlook.com

Calendar of Events



FUNNY QUOTE:

Like fingerprints,
everyone's
tongue print is
different.

TUESDAY, SEPTEMBER 17

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Swimming vs Glacier Peak. 3pm.

TUESDAY, SEPTEMBER 17

PARENTING TEENS?

Event by Healing Connections Center. 6:30-8pm at Community Resource Center, 9612 271st St NW, Stanwood. Healing Connections Center (a new non-profit focused on mental health issues in the Stanwood-Camano area) is offering a free speaker series this fall. Learn how to navigate difficult topics with your teens and tweens (grades 5-12). 6:30-7:00 Snacks & Refreshments. 7:00-8:00 Speaker and Q&A. TODAY'S TOPIC: Suicide Prevention and Support. Content Warning - topics are sensitive in nature. Parents should use discretion when bringing children to the series.

TUESDAY, SEPTEMBER 17

TEEN/TWEEN CHILL & RECHARGE



3:00 PM – 5:00 PM at the Stanwood Library. Swing by to unwind, charge up your devices, and have fun! This week, we're diving into Nintendo Switch games, relaxing with adult coloring pages, and more. We've got all the supplies you need — just bring yourself and your good vibes. Bring a friend, meet new people, or just hang out solo. We'll have snacks and plenty of space to socialize. Feel free to bring your own favorite games or activities. This informal program is designed for teens and tweens ages 9 to 18 to have a space just for themselves. No registration is needed — drop in any time - recharge, and enjoy some free snacks. It's a win-win!



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Calendar of Events



DID YOU KNOW?

Once a chicken lived without its head for 18 months.

In the 1940s, Mike the Chicken survived because his jugular vein and brainstem were still functioning. But don't expect this for every chicken. It's a weird animal fact, but a rare one.

WEDNESDAY, SEPTEMBER 18

CAMANO WILDLIFE PROGRAM

"Feathers and Fur: The interwoven lives of birds and mammals". Birds and mammals in the wild lead complicated lives that include interacting with each other. These interactions come in many forms, some surprising and others amusing. Come meet Steve and Martha Ellis, Whidbey Island naturalists, as they reveal their nature observations and interactions with the hope you'll see examples the next time you venture outdoors. This in-person event is 7 pm, at the Island County Multi-Purpose Center, 141 N East Camano Drive, Camano Island.

WEDNESDAY, SEPTEMBER 18

STANWOOD HIGH SCHOOL SPORTS

Varsity Boys Tennis vs Snohomish. 3:30pm.

C Team Boys Football vs Sedro-Woolley. 5pm.

WEDNESDAY, SEPTEMBER 18

RISE & DINE: LIGHT UP YOUR HOLIDAYS PREP

Rise & Dines are a member or non-member breakfast session where brainstorming, learning and collaborating come alive! We collaborate ideas, share experiences, learn from others and build each other up. These breakfasts will be held at 7:30am at the Farmers Cafe where you get to choose from anything off the menu!! September Topic: Light Up Your Holidays. Let's gear up and plan together for the holiday season! Light Up Your Holidays is a Stanwood event that includes lighting of the Christmas tree, caroling, business events and more. Let's make this year the best one yet. Come with ideas, suggestions and enthusiasm! \$25/pp (cost covers food/venue/speakers). RSVP today! info@stanwoodcommercealliance.org.

THURSDAY, SEPTEMBER 19

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Swimming vs Lynwood. 3pm at Stanwood YMCA.

Boys Tennis vs Marysville Getchell. 3:30pm.

Girls Soccer vs Everett. JV: 5pm. Varsity: 7pm.

Girls Volleyball vs Lynwood. C Team and JV: 5:15pm. Varsity: 7pm.

THURSDAY, SEPTEMBER 19

GIVE BLOOD - BLOOD DRIVE - CAMANO

Noon-5pm at Camano Yacht Club. American Red Cross Blood Drive. Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: CamanoIsland to schedule an appointment. We appreciate our members and the public's desire to help fulfill our mission. This event will be our first ever blood drive on Camano Island, and we could use the help of Camano Island Yacht Club's support! Red Cross needs at least 35 committed people to donate blood on this date to ensure our resources are used efficiently and that we meet our hospital partners' needs. Thank you in advance for your support!

THURSDAY, SEPTEMBER 19

CHRIS EGER

7:30pm - 10:00pm at Pub 282. Rock and Blues, Country, Funk and Soul collide in this modern take on vintage roots music.

Calendar of Events



THURSDAY, SEPTEMBER 19

OCEANOGRAPHY

West Coast Tour. Nothing like sitting back and listening to some great music. 8 pm - Conway Muse Hayloft, 18444 Spruce Street. \$10.00.

THURSDAY, SEPTEMBER 19

LEARN TO FOLD ORIGAMI CRANES

3:30 PM – 5:00 PM at the Stanwood Library. Fold colorful origami cranes for special occasions and gift giving! Due to the level of dexterity required for success, this program is for ages 7 and up.

THURSDAY, SEPTEMBER 19

WORLD PREMIERE OF GLASS QUEST DOCUMENTARY: A CELEBRATION OF CAMANO ISLAND'S UNIQUE TREASURE HUNT

The Camano Island Chamber of Commerce, in partnership with Emmy Award-winning filmmaker Georgia Krause, is thrilled to announce the world premiere of Glass Quest, a short documentary capturing the magic of the Northwest Glass Quest. 5:30-7:30pm at Stanwood Cinemas at the Pavilion. This year, filmmakers Georgia Krause and Sam Wolff embedded themselves within the “questing” community, documenting the thrill, surprise, and camaraderie that define this unique treasure hunt. Adults: \$10. Youth (under 10): \$5. VIP (21+): \$100. Walk the red carpet and strike a pose. Watch a short student film created by local teens. Participate in a raffle. Tickets are available now at <https://bit.ly/GQ24Movie>.

HOSTED BY CAMANO ISLAND 2024 BUSINESS OF THE YEAR AWARDS

TITLE SPONSOR



AWARD LUNCHEON

OCTOBER 17, 2024

11:30-1:00 THE CAMANO CENTER

JOIN US AS WE CELEBRATE:

BUSINESS MAN OF THE YEAR

BUSINESS WOMAN OF THE YEAR

ENTREPRENEUR OF THE YEAR

BUSINESS OF THE YEAR

NOMINATE

9/1 - 9/15



VOTE

9/18 - 9/30



AWARD LUNCHEON

RSVP TODAY



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WATERFRONT **\$1,185,000**
 Overlooking Saratoga Passage to the Olympics, beautifully updated home on the west side of Camano, guest cottage, community beach access. #2261177



CAMANO HEAD **\$1,075,000**
 Breathtaking views and 196' of waterfront, immaculate home on one lot and buildable second lot make this a wonderful retreat or estate property. #2268321



VACANT LAND **\$409,000**
 High-bank Camano waterfront property located in the gated community of The Preserve, permits in place, private beach access, stunning views. #2279365



ACREAGE **\$850,000**
 Three tax parcels located mid-Camano with outbuildings, pond, well and septic, quiet and tranquil, sold as-is/buyer to verify. #2277003



BUENA VISTA **\$855,000**
 Delightful north Camano view home with beach access includes RV/boat parking, new roof, generator, new deck and more! #2261472

STANWOOD
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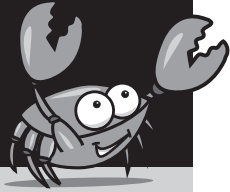


CAMANO ISLAND
 818 N. Sunrise Blvd.
 360.387.4663

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR

Kid's Korner



FUNNY QUOTE:

I intend to live forever - so far, so good.

PAPER BAG KITE CRAFT



Supplies Needed: paper lunch bags; yarn or strong twine/string; popsicle stick; scissors; streamers; tape; scissors; embellishments: stickers, paint, markers, crayons, construction paper, washi tape

Directions: To get started, the kids can decorate the paper bags using a variety of embellishments. Stickers and washi tape work really well to add some fun prints and colors! They could also draw designs with markers and crayons or add polka dots and stripes using washable paints. Just make sure the paint is dry before moving on to the next step. Using a pair of scissors, snip a little hole on the bottom base of the bag. This will be used for the kite string. Cut a piece of yarn or string about 18-24 inches long. Tie one end to the middle of a popsicle stick and feed the other end through the hole in the bag. The popsicle stick will keep the kite string from pulling out when it's flying. Attach streamers to the open end of the bag using tape. Now the kite is ready to fly!

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Kid's Korner



DID YOU KNOW?

It is impossible for most people to lick their own elbow. (try it!)

APPLE (OR PUMPKIN) RICE KRISPIES TREATS

We start with our BEST Rice Krispie Treat recipe (below). Add some red (or orange) food coloring, shape into apples, add a pretzel stem and some gumdrop leaves.



Ingredients: 6 tablespoons European-style salted butter, cut into small pieces; 16 ounces Kraft Jet-Puffed Marshmallows; 7 cups Kellogg's Rice Krispies Cereal

Instructions: Grease a 9 inch by 13-inch pan with butter or spray with baking spray. Grease a large mixing bowl with butter or baking spray and pour in the cereal. Begin melting the butter in a medium-large saucepan set over low heat then stir in the marshmallows. Continue to melt over low heat, stirring often, until about 75% of the marshmallows have melted. Remove the pan from the heat and stir vigorously until all of the marshmallows have melted. Pour the melted marshmallows over the Rice Krispies Cereal and toss to evenly coat. Spread the mixture into the buttered pan and gently press into an even layer. Let the cereal treats cool for at least 30 minutes before cutting into 18 rectangles. Notes: We recommend using Kraft Jet-Puffed Marshmallows. They have great texture and flavor. We found store-brand marshmallows to be stickier. Store your treats in an airtight container at room temperature for up to a week. Do NOT refrigerate your treats. They will become stale-tasting if stored in the fridge. Do NOT compact the cereal treat mixture into your pan or you will end up with very dense, hard treats. Gently press the mixture into the pan.



**33+ EVENTS IN
8 DAYS**

SEPT 14-21 - STANWOOD & CAMANO

Visit www.macfest.art for details.



INFO & TICKETS:

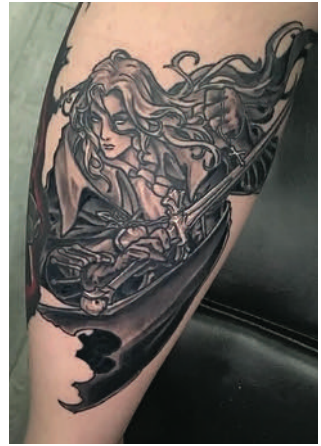


www.macfest.art

Artist of the Week



JON SEYMOUR



Jon is the newest artist to join the Stanwood Tattoo Company family. He recently moved back to the area after living and creating awesome tattoos in Austin, TX for the last several years. Jon likes anime and comic book-inspired art and tattoos. He lives with his family in Skagit County and is available at Stanwood Tattoo Company Wednesday-Sunday!

Research Shows Good Brain Health is Connected to Better Hearing

Recent research suggests there is a link between hearing properly and brain health.

When left untreated, hearing loss can lead to:



Social Isolation & Depression



Fatigue



Cognitive Decline

A recent study showed that hearing intervention slowed down loss of thinking and memory abilities by

48%

over 3 years
in older adults at increased risk for cognitive decline*.

Not taking advantage of the latest Oticon hearing aid technology advances? Trade in your current hearing aids from another manufacturer and upgrade to Oticon Intent 1 to get up to a \$200 rebate from Oticon.

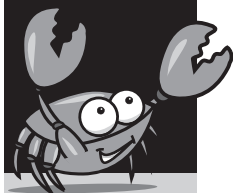
Good through 12/31/2024, not eligible for devices purchased before 6/13/2024.

STANWOOD HEARING

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Near QFC, between Papa Murphy's and H&R Block
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w: Stanwoodhearing.com

*ACHIEVE: Johns Hopkins Bloomberg School of Public Health, "A landmark study of the effect of hearing intervention on brain health in older adults."

Business Spotlight



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FARMHOUSE FLOWER FARM



Farmer Marryn Mathis discovered flower farming, she fell in love with the idea of showing her children the joy of digging in the dirt, being outside, and growing beauty. She and her family took the leap, sold their home in the suburbs, bought the farm, and became flower farmers. Farmhouse Flower Farm specializes in dahlia tubers, flower seeds, sweet pea seeds, anemone, and ranunculus corms. Marryn offers a Sweet Pea School Workshop, and a book on sweet peas is due to be published in 2025. You will go home with a bouquet of dahlias created for you by Marryn. "There's nothing like seeing the smile on someone's face when you hand them fresh flowers from the farm, flowers that we've grown and nurtured, now bringing joy and happiness to others. It's hard work, but it's good work. So here we are, our little family – growing a life we love and making a difference in the soul of our community one beautiful bloom at a time". Marryn Mathis and her family run a small family flower farm in Stanwood, Washington. She always loved flowers and gardening, but it took 20 years of working in healthcare and IT to finally realize what truly fed her soul—being among the flowers. She came alive and found her true passion when she discovered flower farming.

Take a tour of Farmhouse Flower Farm on September 11 (10am-noon in Lake Goodwin / Stanwood). Join Northwest Horticultural Society for a tour of Farmhouse Flower Farm and hear the story of the family farm from farmer Marryn Mathis. LIMIT: 30 (MAXIMUM 2 PER REGISTRATION) – FEE IS PER PERSON. Members \$45, Non-Members \$55. Tickets at <https://northwesthort.org/event/tour-of-farmhouse-flower-farm-in-stanwood/>

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8706 271st ST NW, Stanwood ~ Open 7 days a week ~ 360-631-5218

Community Information



DID YOU KNOW?

In 1860, the population of Camano Island was 58. Now it is over 17,000.

HAGGEN KIDS COOKING CLUB



Our youngest guests are invited to go on cooking adventures at home with the Haggen Kids Cooking Club! No Reservations Required. To receive a kit for your little chef, visit any Haggen store during each of the pick-up dates: Saturday, October 19, 9am–6pm and Saturday, February 1, 9am–6pm. Each seasonal kit will feature a NEW set of recipes to build a family cookbook, a Haggen Kids Cooking Club kitchen tool, activity sheets and more! Collect a new kitchen tool and recipes with each seasonal kit! <https://www.community.haggen.com/kids-cooking-club/>

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

Too much work and not enough play?

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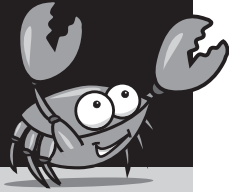
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Community Information



DID YOU KNOW?

Val Kilmer did most of the singing as Jim Morrison in the movie, "The Doors". Any onscreen singing is Val Kilmer's voice.

CAMANO FIRE SENDING 5 NEW HIRES TO FIRE ACADEMY

Camano Fire will send five more new hires to the Snohomish County Fire Training Academy this September – along with one department firefighter who will serve as an academy company officer. These new career firefighters were hired with funds from the voter-approved levy lid lift in 2023. Two are existing paramedics, one is a current part-time firefighter, while the other two are new to the fire service and will earn their Firefighter 1 certification. "These firefighters make it possible for us to meet our staffing goals for the Mabana station" Chief Levon Yengoyan said. "We are continuing to work on facility improvements so we can staff the station full-time." The new hires will spend three months at the academy beginning in mid-September. After graduation in mid-December, they will rejoin their shifts. This is also the first time that Camano Fire will send one of its career firefighters to support this academy class. Several local fire agencies share the training costs and contribute the staffing needed to run each three-month academy class. "Sending an officer to support the academy is a great way to give them more experience in a leadership role," Chief Yengoyan said. "They'll get hands-on training in personnel management, performance evaluations, and other management-level training that will benefit our own department."

THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

PLAYGROUND MEET & GREET

Wednesdays at 12:30-1:30pm at Freedom Park, Camano Island. A fun opportunity to get the kids outside playing while we get to know other moms in the same boat as we are.

HOOVES AND HEROES COFFEE BREAK

A free social event for active duty, veterans, first responders, emergency support personnel, and their families. Meet with members of your community and learn more about our program with the help of some coffee. 9-10am on Thursdays at 2532 292nd St NW, Stanwood. More info: info@herehoovesandheroes.org.





THANK YOU . . .

to all who supported the Community Resource Center by sponsoring, providing food and beverages, donating, volunteering, and attending The Bite of Stanwood Camano!

AND THE WINNERS FOR BEST BITE ARE...

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 Patini's Grill
 Primal BBQ
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 Stanwood Cupcakes
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Community Information



DID YOU KNOW?

More than 90% of survivors of the 9/11 terror attacks delayed evacuation to save their work, shut down computers, change shoes, or visit the bathroom.

WONDERLAND GALA



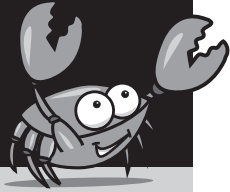
18th annual gala auction benefitting the Camano Center. Saturday, September 28, 5:30 p.m. - 8:30 p.m. Event Tickets Available for Purchase. *Please note - Tickets may be sold out quickly on 9-3-24*. For your best opportunity to join us, please use the ticket link to purchase a ticket online. Individual Tickets \$135 each. <https://camano-center.ejoinme.org/MyEvents/TheWonderlandGala/tabid/1436723/Default.aspx>. Premium Tables of 8 - \$1,200 (Includes 2 premium bottles of wine at your table, prime seating, and priority entry to event).

DOG WASH 2024 WAS A SUCCESS!



Our 67 dedicated volunteers for the day saw 199 dogs, gave 175 Baths, and 148 pedicures. Thank you to all of the wonderful volunteers who make this event possible and to all the humans who brought out their furry friends for a wash! Special thanks to Kristas Pet Spa & Camano Canine Resort for donating their time and equipment to trim nails. And to our amazing photographers Evan & Jim for capturing some awesome shots of the day!

Community Information



DID YOU KNOW?

The blue whale's tongue can weigh as much as a young elephant.

Another weird fun fact about these mammals is that an adult elephant can even fit on the tongue of a blue whale.

CAMANO FOOD FOREST INITIATIVE / FESTIVAL

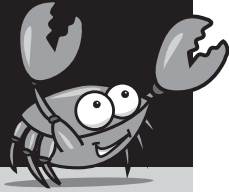


A Food Haven and Music Festival. Food insecurity and rising costs of groceries are among of the most prevalent issues facing Seattle communities today. The continued consolidation and regulatory mandates within the food and farming industries eliminates opportunities for individuals to maintain control over the quality of their ingredients, make sustainable and reliable income, and claim ownership over the seeds and crops produced. Understanding the origins of our food enables us to make educated choices regarding our dietary well-being, and contribute positively to building greater communities that work together to best feed and nourish ourselves. The Camano Island Food Forest Initiative aims to provide frameworks for cultivating and maintaining food sovereignty, bridging artist and musician spaces to promote reciprocity of labor and resources in an increasingly complex economic environment. How to Get Involved: Join us on Camano Island for our two-day inaugural event from September 21- 22, 2024. Together, we will share culture and skills to create a space for musicians, artists, farmers and guests to transform land into a community-curated refuge. Our mission is to foster an environment where people can gather to enjoy music, food, and the warmth of a fire pit. The community plays a vital role in designing and maintaining our food forests, which support collaborative food sovereignty and sustainability. We hope to host recurring events on this once "uninhabited" outpost, which now features a tiny sanctuary and a flat stage for performances. Our 48-hour land transformation events showcase the power of community collaboration. Be part of an immersive experience, where creativity and community flourish within this semi-private two-acre venue, tucked within Camano Island's lush forest terrain. To attend or sign up, please email rmartin.drums@gmail.com. More info: <https://www.rockymartindrums.com/food-forest-initiative>.

LIVE ONLINE TUTORING HELP AVAILABLE!!!

Get expert help with live online tutoring, learn study skills and collaborate with other learners through the Brainfuse resource. Tutors are available everyday online from 1pm - 11pm PDT. Stop by the library any time during open hours (Mon-Sat 10am - 6pm) to get a personalized tutorial of this online resource.

Community Information



DID YOU KNOW?

11-year-old Frank Epper-son left out a wooden stirrer in a cup of water and soda pop overnight. When he discovered it was frozen the next morning, he also discovered the very first ice pop.

MORNING CALL

Need a Friendly Morning Call? The Camano Center is Here for You! Do you or someone you know need a friendly voice to start the day? The Camano Center's Morning Call Program offers morning calls Monday-Friday for older adults in our community. It's a great way to stay connected and share a friendly conversation with a Camano Center volunteer! If you or a loved one would benefit from this program, or if you know someone who might, we'd love to hear from you! You can find out more information at www.camanocenter.org or by calling us at 360-387-0222.

COMMUNITY OPEN SEW

Mondays with Camano Island Quilters. 10am - 2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public, enter thru back entrance of church. Want to sew with others, need help on a project? We are here to help you with your sewing needs. Bring your sewing machine, a project, and basic tools for an afternoon of fun! Bring a sack lunch. (No microwave).

CHILDREN'S MUSICAL THEATER IN STANWOOD

Young people ages 7-16 - Interested in acting, singing, being a stagehand or working with audio/video equipment? An Enchanted Journey: A Musical Adventure in the Land of Pilgrim's Progress - Based on the book 'Pilgrim's Progress' by John Bunyan Thursday nights from 6:00-7:30 this fall at the Cedarhome SDA Church, 28505 68th Ave NW, Stanwood, WA 98292. No charge, all welcome! Registration opens August 28. For more information: Email: Cedarhomekidz@gmail.com or scan

FULL OF WORDS: A 4-WEEK WOMEN'S WRITING CIRCLE

4 Week Series (Free) Every Tuesday from - Sep 17 - Oct 8, 12:30pm - 2pm at the Camano Island Library Meeting Room. Women Only. 16 yrs and older. Our writing circle will use a timed writing process to help open the door to telling our stories and to uncovering the themes we each want to write about. Details here: <https://tinyurl.com/full-of-words>

YOGA TEACHER TRAINING

Accepting applications for 2024/25 200 hour training. Teaching teachers since 2002. Yoga Teacher training can enrich your life. Whether you choose to teach or not, the tools you obtain through this 200hr training (Oct 2024-April 2025) can broaden your skill set in your profession or deepen your existing yoga practice through deeper study. For more information, contact Carol at info@movementarts.com or visit our website at movementarts.com/teacher-training or call 360-629-9100.

VOLUNTEERS AT HOSPICE OF THE NORTHWEST

may work directly with patients, assist in the office, help with community relations, support fundraising events, or work on special projects. Whatever your interests or skills, we have a volunteer position to suit you. To learn more about volunteer positions at Hospice of the Northwest, please visit www.HospiceNW.org/Volunteer.

Dining Guide



DID YOU KNOW?

Before Disney's Snow White was made in 1937, Argentina was home to the first full-length animated feature film called El Apóstol. It was a political satire consisting of 58,000 drawings and running for 70 minutes.

AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052
BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885
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BEST BURGER HUT (Stanwood) • (360) 853-0067
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JOHNNY'S BURGER STOP (Stanwood) (360) 629-9427
JOURNEY'S END CAFE • (Camano Island) • (360) 387-9120
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STARBUCKS (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500
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SUBWAY (Camano Island) • (360) 631-5055
SUBWAY (Stanwood) • (360) 629-2678
TACO TIME (Stanwood) • (360) 629-5018
TAPPED CAMANO (Camano Island) • (360) 572-4986
THAI THAI KITCHEN (Stanwood) • (360) 629-0600
TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001
WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300
WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372

Photos and Art



DID YOU KNOW?

In the 1840s, children were taught to say "prunes" instead of "cheese."

This was in order to have their mouths closed.

Just another weird history fact in the world of photography.



Patriot Day - 9/11 Procession in Stanwood, 2023 - North County Fire.



"Down on the farm." - Terry and Natasha Turner.



"Daisy droplets." - Photo by Jon Sullivan.

Local Story about 9/11



DID YOU KNOW?

The world's oldest dog lived to be 29.5 years old. The Australian cattle dog named Bluey lived to be 29.5 years old when the average age for dogs is from 10-15 years.

The oldest cat in the world lived to be 38 years and three days old. Creme Puff lived a sweet, long life. On average, cats tend to live around 15 years.

I WILL NEVER FORGET: 9/11 IN NEW YORK



The events of 9/11 will reign in my heart forever. Along with the rest of the nation, I sat in horror watching the televised events of that awful day. Although a volunteer, it didn't occur to me that the American Red Cross would take an active role in the recovery process, but it soon became evident that New Yorkers in all walks of life were affected. Apartments within a huge radius were evacuated, jobs evaporated, life as New Yorkers knew it was horribly altered.

My first three weeks after 9/11 were spent in Washington, D.C. helping to set up a national American Red Cross call center. Those affected needed one central place where they could inquire about loved ones, where to find temporary housing, get mental or spiritual help; others needed to know where to go to give blood, volunteer help, donate money.

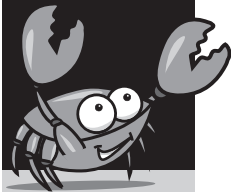
Soon after Washington, D.C., I was deployed to New York and my life was changed forever. I was assigned to Pier 94, a huge FEMA facility in Manhattan that coordinated more than 100 agencies under one roof. It was a one-stop shop where people could come for financial and emotional assistance.

Every assistance agency imaginable was represented at Pier 94: New York Police and Fire Departments, Salvation Army, housing authority, child welfare, unemployment, missing persons, insurance companies. The American Red Cross assisted people who lost family members, they helped families through financial crises that occurred as a result of the bombing, they set up respite centers where relief workers could rehydrate and relax.

Pier 94 was a somber place. We were aware at all times how affected these people were on so many levels. No cameras were allowed. Confidentiality and privacy were high priorities.

The Red Cross had a huge team of Mental Health workers available to the public, first responders and aid workers, as well as a large contingency of chaplains who circulated around the vast building. We even provided child care, staffed by church groups, so that people could talk to agencies without the distraction of small children. My personal responsibility was to give financial assistance to people who suddenly couldn't pay their bills, they had been thrown in financial chaos.

Local Story about 9/11



DID YOU KNOW?

Octopuses don't have tentacles. Their eight limbs are considered as arms.

Even dog clubs organized to give comfort. Throughout the day, well-behaved dogs were guided through crowds, stopping when a child needed to bury his head in comforting fur, or when an adult, overcome by grief, just needed to look into soft eyes and cry. It was obvious to me that the dogs sensed profound sadness, a deep melancholy that prevailed on Pier 94. I marveled at these dogs and their gracious owners who spent hours circulating through the crowds bringing calming comfort.

Local restaurants donated their services and food, preparing breakfast, lunch and dinner for all those who served. It was my pleasure to share meals with people of all represented agencies. I had never spent time in New York, and talking with police, fire fighters, and those of other agencies was an eye-opening experience for me. I found New Yorkers warm and friendly, and so appreciative of people who were there to help.

When I had a few minutes, one of my favorite places to visit on Pier 94 was a long corridor decorated with gifts from the people of Oklahoma City who had suffered from the bombing in 1995. Flowers, dozens of teddy bears, pictures, notes from adults and children, it was an outpouring of love that brought tears to my eyes every time I visited that section of the building.

New York's Thanksgiving parade had a special meaning that year. Sure, we experienced the relief of laughter—you have to laugh at clowns' antics. There was pride, too, when school bands marched by playing patriotic tunes, their uniforms spotless, their instruments polished to perfection. But when the NYFD float came by with our tattered American flag we came to attention, saluting or putting hands over hearts. The fire fighters who carried that flag carried it with pride, and yes, defiance.

I continue to have mixed feelings about 9/11: horror that such a tragedy could happen on US soil, admiration for the strength and bravery New Yorkers showed, and pride in the American people for stepping forward to help. I am proud to have had a small part in the healing process after the worst day in America's history.

(Posted by local author, Mary E. Trimble on her blog site.)

(Photo: American Red Cross stock photo)



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WINDERMERE  REAL ESTATE



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the **SKEETER DADDLE DIARIES** at www.skeeterdaddle.net

THIS WEEK IS THE 25TH ANNIVERSARY OF THE NETTLE FESTIVAL TRAGEDY...LEST WE FORGET...

The ill-fated Nettle Festival was conceived as the kick-off to Rev. Ralph Fisher's tent revival for the Little Church of the Ravine. THE END IS NEAR, his readerboard sign announced months ahead of the scheduled event, THE SOUTH END REVIVAL IS COMING! The congregation might have known what was slouching toward us, but the rest of us down here were bemused or amused, depending on our degree of what the good reverend referred to as 'heathenism'. The South End was in mighty need of missionary work itself, he was fond of preaching, but their puny tithing went instead to saving the natives of New Guinea and east Africa. I figure they were easier to convert than us locals who were fairly content to wallow in our puddles of iniquity.

The Nettle Festival itself wasn't such a bad idea. In fact, the Tyece Store tried to revive it a few intervening years after what was referred to as 'the tragedy'. But even today there are members of the congregation who break into sobs over their coffees when mention is made. And this is 35 years after 'the tragedy.' I speak of it now in hushed tones and never around Mildred's family who still live down the road. Some events in this mean old world aren't meant for sarcasm or ridicule, although you would have to admit, even the pious among you, that Rev. Ralph overdid it with the Nettle Maze, his Labyrinth of Itching Hell.

Stigmata wipe-off tattoos are one thing, but the Nettle Maze crossed the line. By the weekend of the Revival, the Little Church had erected a tent worthy of Ringling Brothers. Churches from as far away as Sedro-Wooley and Darrington had come in converted school buses and rickety vans, hauling the Believers and their children from far and wide for a day of righteous fun and old time religion. Pastor Philip of Pentecostal fame arrived the night before from his circuit riding, prayed with Rev. Ralph and his long-suffering wife Mildred and slept the peaceful sleep of the Godly before that morning's first sermon of fire and brimstone-laden admonitions blistered the varnish off the old pulpit.

By afternoon the sun came out like a prophecy and the festival cranked up its volume. Chainsaw carvers sent cedar chips flying and the face of Jesus appeared in chiseled log sculpture. Stigmata wash-off tattoos made the teenager giggle, 666's on foreheads being by far the favorite of the boys. Glossalalia crossword puzzles didn't work out so well, but the Biblical action figures of Moses in combat with John the Baptist and Jesus himself down by the firepit were a huge hit with the younger kids.

And of course there was the Nettle Maze. The Labyrinth of Itching Hell itself! Half an acre of loops and turns and dead ends so intricate not even Jimmy Randall, the church caretaker who'd carved the trails over the past three weeks, starting when the plants were three feet tall and he could see over them, could navigate safely. Now, of course, they were higher than the tallest man's head and impossible to survey beyond the impenetrable wall of stinging stalks that held each entrant locked into the maze. Dozens were wandering hopelessly lost in there when a foul wind came up like the cold breath of Beelzebub himself, the one Pastor Philip of the Pentecost had predicted only half an hour earlier in fiery prose. Hell had come to the South End or surely would arrive soon, the unsuspecting crowd had been informed and sure enough, a mighty howl rose from the ravine like the thousand laments of the Lost. The sun blotted out behind dark and treacherous clouds and that cold wind became a tempest and the circus tent became a

Moonshine Wisdom & Wit



Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the *SKEETER DADDLE DIARIES* at www.skeeterdaddle.net

shaking thing, alive and monstrous, tearing at its ropes, sending one and all running for the safety of the field before the cords tore loose and the canvas tent set sail like an ungodly wing, flapping into the distance before it shrouded the chapel itself and caught on the belfry where it ripped itself to pieces on the steeple. Torn asunder, Rev. Ralph would tell of it for years. Torn asunder!

But those inside the Maze had nowhere to turn. Children and adults alike wheeled and fled, down paths that went nowhere, flayed by the wind-whipped stalks of stinging death. Well, not death, literally, but who knows what went through those terrified minds besotted with brimstone stories? Their screams reached the field beyond, but what could we outsiders do except listen in horror. One by one the survivors stumbled out into the raging storm, rashes covering their faces and hands, tears streaming down their pockmarked faces. The Little Chapel opened its double doors to lead these blinded sheep inside, to calm them and offer balm, to offer shelter from the storm. Pastor Philip was in 7th Heaven, finding in the calamity further proof of the Scriptures. He was in fine form, everyone agreed later.

But it was later Rev. Ralph realized Mildred was missing. He went from person to person asking if they'd seen Mildred. No one had. A boy sporting 666 on his forehead said he'd seen her go in the Maze. "Are you sure," the congregation cried, nearly in unison. He was certain. Rev. Ralph led the search party. The wind had abated nearly as quickly as it had come up. Down at the Labyrinth the nettles had been laid down in haphazard rows as if the horn of Jericho had blown and there, in the exact center, stood Mildred, stone still, a strange statue of a woman staring into the sky, not moving, not crying out, just frozen in time and space. Between Heaven and Hell, Pastor Philip would say more than a few times in the following days. Only Rev. Ralph dared approach and he did so with the utmost trepidation as everyone watched in dread.

Mildred was never the same. Some say she wasn't quite right to begin with, but that's uncharitable. She spoke in tongues a day later. Unintelligible garble, strange utterances, ugly curses. But I've never heard that from anyone who was actually there. I do know it's hard to be with her even now. She doesn't actually engage and looks right through you while she perpetually scratches at her arms. It may be she's lost forever in that maze. It may even be, as the Bible thumping Pastor Philip would say, we're everyone of us lost in that maze.



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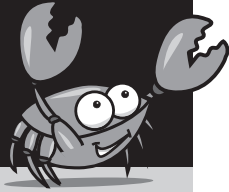
- Commercial Auto Insurance
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Classes and Workshops



DID YOU KNOW?

Ants do not have lungs.

Yoga is back again! Pathway to Wellness Massage & Yoga. Starting September 6th Every Friday from 930am-1030am. Call or text to reserve a spot. 425 308-0598. 10120 270th St NW, Stanwood, WA 98292

Fun Painting Classes: Explore your creativity with individual guidance in small sized classes instructed by well-known artist, Dotti Burton. All levels are welcome. Classes are September 12, 19, 26 and October 3 and are beginning to fill up. Contact Dotti at 206-714-3647.

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to premium websites and records. Contact us at camano@familyhistorymail.org, or find us on Facebook.

Yoga Classes In-studio & Online at Movement Arts. IN-STUDIO – View our schedule to monitor our status. LIVE STREAM – book classes in advance to attend our live studio class from your own home. ON-LINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes; regular membership rates apply.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

Homeownership workshop on the fourth Thursday of each month at Elite interiors next to UPS store from 6 to 8 PM. We will not be holding them In June, November or December.

Line Dance Lessons at the Camano Center with Kari — every Wednesday 3:00pm-3:45pm. Fun and exercise! More info at www.socialdancesimplified.com.

Medicare Basics Information Class September 6th (10-11am) Free event to the public. We will be explaining how your Medicare benefits work, as well as the options for supplementation. Location: Camano Island Library Meeting Room. RSVP with John- 360-967-9601

Falls Prevention Mini-Workshop September 18th, 1:30-2:30 at Camano Center. One in four older adults (65+) fall each year and as we get older, we are more likely to fall. You CAN reduce your risk of falling! Join Senior Fitness Specialist Traci Smith, for this comprehensive presentation on fall prevention. RSVP by calling 360-387-0222.

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Classes and Workshops



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Private Music Lessons: piano, guitar, bass, and voice for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions or book a complimentary 30-minute lesson: HartMusicSchool.com/free-trial. Now accepting applications for new teachers.

Yoga for Beginners September 3-October 1, Tuesdays 6-7:15p. Whether you are brand new to yoga or returning after a long absence, this five-week course will prepare you with the first steps toward a regular practice. \$95 Register in advance at movementarts.com/events or call 360-629-9100.

The Practice of Prevention with Ayurveda September 22, 1-4pm. Svasthvrta- The Practice of Prevention in Ayurveda. In this workshop, you will learn about the pillars of life, considerations of a preventative routine customized to your own blueprint, life cycles and the seasons. Participants will leave with a sense of their own body constitution (called prakriti) and how to craft their own prevention practices to support ultimate longevity, health, vitality and peace. Available in-studio and online via live-stream. \$60 Register in advance movementarts.com/events or call 360-629-9100

Yoga for Better Posture 6-Week Course: Oct 15-Nov 19, Tuesdays 6-7:15pm. Do you notice fatigue in your neck and shoulders? Does your low back ache? How is your breathing? It might seem like these are three different questions, but all of them can be improved with better posture and by developing your proprioception, an awareness of how you are standing, sitting and generally carrying your body. This session is offered in-studio only. 6-week session incl. Workshop Manual \$119 Register in advance movementarts.com/events or call 360-629-9100.

Private Music Lessons: piano, guitar, bass, and voice for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions or book a complimentary 30-minute lesson: HartMusicSchool.com/free-trial.

5-Week Pilates Apparatus Series - Choose either Weds @ 12pm OR Thurs @ 4pm. Starts the week of Sept. 11th/12th. Discover the system of Pilates: reformer, barrels, chair, springs and more. Learn the essentials and foundational exercises. Max class size 4. Call 360.572.2112 or email hello@beeaauthenticpilates.com.

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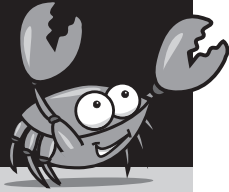
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current or past
editions.

The Stanwood Coin Club meets the 4th Tuesday of the month at the Stanwood Library (summer months 6pm, informal meeting). September to June 7pm - 9pm. Members are knowledgeable in wide range of numismatic topics and are offering mentorship in hobby, assistance with appraisal and have access to reference materials! Contact: Mike at gardenday2727@gmail.com

Friendship Tea - Drop by for tea, treats, and a chance to visit with friends, both old and new. 1st & 3rd Tuesday mornings of from 10:30-12:00. No charge for Camano Center members; \$5 for non-members. Please check in at the Front Desk. For more information, contact Connie (360) 652-7211.

Rainy Day Room Playgroup Free weekly play group on Mondays at 3:30-4:30pm Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/events.

Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

Kaleidoscope Play & Learn Tuesdays and Wednesdays, 10-11:30am and 3:30-4:30pm - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

Camano Island Quilters-Machine Embroidery Group Every 1st Friday of the month. 10am-noon at Skagit Regional Clinics in Stanwood, 269th St., Conference Rm A. CIQ members will share help, ideas, designs, etc. Come join in the conversations.

Camano Island Quilters Open Sew Every 2nd Monday of the month. Open to the public. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Bring your sewing machine, project & basic tools for an afternoon of fun! Bring a sack lunch.

Teen Late Night Every Thursday. Grades 9-12, 4PM-6:30pm at Community Resource Center of Stanwood Camano. A safe place for teens to come and connect over food & fun.

Are you troubled by someone else's drinking? When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: SUNDAY, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; WEDNESDAY, "One Day at a Time," Stanwood Senior Center, 7430 276th ST NW, Stanwood, 7:00pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), THURSDAY, "Stanwood AFG", United Methodist Church, 27128 102nd Dr., Stanwood, 7:00pm, SATURDAY, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am. For more info call 360-618-0464z

Family Medicine

Re-opening on
Camano Island

LOCATION:

127 N. East Camano Drive
360-387-5398

Clinic hours:

M-W: 7:30 a.m. - 6 p.m.
Every other Th-F: 7:30 a.m. - 5 p.m.

SkagitRegionalHealth.org

 **Skagit Regional Health**



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CASA'S PET OF THE WEEK:

Meet **BULL!** Bull is a 2 year old cat who was found as a stray and is now looking for his forever home. Bull can be a little nervous at first, but once he gets to know you, he's a gentle sweetheart. He's quiet and independent and would do well with a patient owner. Bull does well with other cats and cat savvy dogs. If Bull sounds like the cat for you, please stop by to visit.

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

ONION. Looking for a playful, active pup to add some life and love to your family? Look no further! At 2 months old, this adorable pup, is looking for a FURever home committed to training, while giving out plenty of love and patience.

If you are ready to add this beautiful, cutie-pie pupper to your family, come and talk to an Adoptions Matchmaker today!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

OBIE is a sweet boy who is ready to be a cherished member of the family. He is gentle and affectionate and he is a friend to everyone he meets. Obie is a champion lounge and enjoys a soft, cozy bed right next to his people. **FIRST STEPS:** Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org



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Malynda Shipley

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[atthebeachrealestate.net](mailto:mshipley@atthebeachrealestate.net)



Amy Schmitt

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amy@amyschmitt.com



Allison Reid

360-631-2308

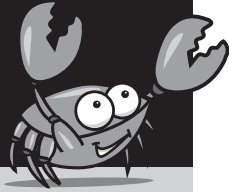
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Classified Listings



DID YOU KNOW?

The bumblebee bat is the world's smallest mammal.

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GARAGE / YARD/ ESTATE SALES:

"Garage Sale" Shine or Rain - Great Items You'll Want To Obtain! September 6-8 (Fri-Sun) 9:00-4:00. Camano City Schoolhouse & Fire Hall, 993 Orchid Rd (just off Chapman Rd.), Camano Island.

Jasper Junction Garage Sale Sept 13th & 14th from 9:00 am to 4:00 pm, Stanwood 70th Ave NW and 278th St. NW.

MISCELLANEOUS:

I buy vinyl record albums: Rock, Pop, Jazz and more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

PROFESSIONAL SERVICES:

Learn to square dance, have fun, meet new friends, lessons start September 10th, first lesson free, for info call Jerry at 425-327-4742.

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MISSISSIPPI POT ROAST TACOS

Crispy tacos filled with tender, slow cooked roast beef, pepperoncini peppers, and melted cheese served with a crazy good au jus for dipping, Enjoy!



INGREDIENTS: 1 (3-4) lb. chuck roast; 1 packet Au jus gravy mix; 1 packet Ranch dressing mix; 1/2 c. unsalted butter sliced into pats; 1/2 jar sliced pepperoncini peppers with juice; 1 bag corn tortillas; 1 lb. shredded low-moisture mozzarella cheese; Chopped cilantro for garnish; Whole pepperoncini peppers for serving, optional

DIRECTIONS: Place the roast into the bottom of a 5 to 6-quart slow cooker. Sprinkle with Ranch dressing mix and Au Jus mix. Top with 1 stick of butter, cut into pats, and half a jar of pepperoncini peppers with juice. Cook on LOW for 6 to 8 hours or on HIGH for 4 hours. Remove the meat and shred with two forks. Place the meat back into the slow cooker. Heat a large frying pan over medium heat. Dip both sides of a corn tortilla in the broth from the slow cooker and place in the fry pan. (The juice on the tortillas is basically your "oil" so no need to add anything else to the pan.) Add some shredded beef on half of the tortilla, add some shredded mozzarella cheese on the other half. Using a spatula, fold the tortilla in half to make a taco. Cook on both sides until golden brown and crispy. Repeat with the remaining tortillas. Serve the tacos with au jus and enjoy!

Children's Musical Theater

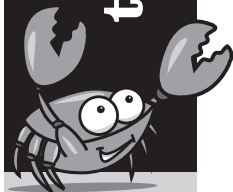
Young people ages 7-16

*Ever thought of acting, singing, being a stagehand,
or working with audio/video equipment?*



An Enchanted Journey: A Musical Adventure - Based on the book 'Pilgrim's Progress' by John Bunyan. When: Thursday nights from 6:00-7:30 starting 9/12 Where: Cedarhome SDA Church, 28505 68th Ave NW, Stanwood. For more information, email: Cedarhomekidz@gmail.com or scan QR code

View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

MY FACE IS A BEARD-FREE ZONE

There have been millions of men throughout history who looked good in a beard. I am not one of them. Over the years, I've tried growing a beard several times, but after a few weeks, I always gave up. Because I didn't like the way it looked on me – not to mention how it felt. Having all those scratchy whiskers on my face drove me crazy.

There are several reasons my face and a beard can't peacefully co-exist. When I experimented with my very first beard, during my freshman year of college, it came in shockingly salt and peppery, with a freakish amount of white, grey, and even red whiskers. I had not yet had my first college date and already my beard looked like that of a senior citizen.

I also quickly realized I had developed a nervous tick in that I was constantly, compulsively checking my beard for food remnants any time I ate even so much as a cookie. I'd find myself stroking the whiskers around my mouth fifty times a day, half expecting to discover a gummy bear mysteriously embedded into my beard. It drove me bonkers.

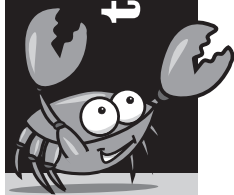
The few times I've stuck with a beard longer than two weeks, the results were always discouraging. A while ago, I tried to grow a beard again, but my wife was not thrilled about my new look. I remember her complaining after three weeks, "When are you going to get rid of that obnoxious beard...and take a shower... and mow the lawn... and get a better-paying job?"

To make matters even more embarrassing, I'm actually a distant descendant of a man who played a prominent role in the evolution of facial hair: Civil War general Ambrose Burnside. Burnside, who, it turns out was my Great-Great-Great Uncle on my mother's side (true). He wore his hair down the side of his face and it was Burnside from whom we get the term "sideburns." But as with a beard, I can't pull off long sideburns, either.

There was a brief period during graduate school when I again tried to grow a beard. I actually persevered with my effort for almost five months. It was during this time when I started dating a nice woman named Becky, She had never seen me without a beard. Then about a month into our brief, star-crossed courtship, I decided – without consulting her – to shave it off. Upon seeing me show up at her doorstep totally clean-shaven for the first time, she became the only person in my life ever to utter the following sentence: "Oh my! I just can't imagine you without a beard." And then she broke up with me to return to her ex-boyfriend.

I know what you're thinking: "But Tim, why not do the close-cropped beard?" You mean the Don Johnson look that he made popular in Miami Vice? I know many men – and just about all the male Hollywood celebrities – who don this masculine look. It looks good on them. But the few times I've tried the five-day stubble, it just looks like someone getting over a serious bender – which is even more depressing because, as a non-drinker, I don't even have the fun of getting drunk in the first place.

View from the Bleachers



No one has ever uttered the phrase, “Tim, you should grow a beard.” Actually, that’s not true. I remember this one time one of my racquetball buddies suggested it, but that was just so it would “hide your ugly face.”

You might also be curious about how I’d look with just a mustache instead. Turns out I can’t pull off that look either. I only tried a mustache one time. It made me look like a character in a 1980’s porn film – not that I would know anything about that, mind you. With no disrespect intended to my LGBTQ+ friends, a mustache just makes me look extremely gay. It’s just that, as a heterosexual, it is not a look I’ve ever aspired to perfect. Also, my girlfriend at the time hated it. However, several attractive men did ask me for my phone number, so there’s that, I guess.

My point is, don’t expect to see me sporting a beard or a mustache. As I have reflected back on my life, I’ve long ago accepted I will never master playing the piano. I’ll never become fluent in a foreign language. I’ll never understand how cryptocurrency works. And I’ll never figure out how to pull off a beard. I’ll leave that challenge to George Clooney.

[Read more of Tim Jones’ humor every week at www.ViewFromTheBleachers.net or check out his YouTube channel by the same name.]

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TIDE TABLES / SARATOGA PASSAGE / SEPTEMBER 6-19, 2024

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 6	Low	1:35 AM	2.5	
6	High	7:36 AM	9.5	
6	Low	1:32 PM	3.0	
6	High	7:42 PM	10.6	
Sa 7	Low	2:09 AM	2.1	
7	High	8:24 AM	9.3	
7	Low	2:08 PM	4.2	
7	High	8:05 PM	10.3	
Su 8	Low	2:47 AM	1.8	
8	High	9:17 AM	9.1	
8	Low	2:48 PM	5.4	
8	High	8:27 PM	10.0	
M 9	Low	3:30 AM	1.6	
9	High	10:20 AM	8.9	
9	Low	3:36 PM	6.5	
9	High	8:50 PM	9.6	
Tu 10	Low	4:19 AM	1.3	
10	High	11:38 AM	8.9	
10	Low	4:37 PM	7.4	
10	High	9:17 PM	9.3	
W 11	Low	5:15 AM	1.1	
11	High	1:20 PM	9.2	
11	Low	5:48 PM	7.9	
11	High	10:02 PM	9.1	
Th 12	Low	6:15 AM	0.7	
12	High	2:49 PM	9.8	
12	Low	7:11 PM	8.0	
12	High	11:21 PM	8.8	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 13	Low	7:18 AM	0.1	
13	High	3:30 PM	10.5	
13	Low	8:29 PM	7.5	
Sa 14	High	12:51 AM	8.9	
14	Low	8:19 AM	-0.4	
14	High	4:02 PM	11.0	
14	Low	9:23 PM	6.6	
Su 15	High	2:12 AM	9.3	
15	Low	9:13 AM	-0.9	
15	High	4:31 PM	11.5	
15	Low	10:07 PM	5.4	
M 16	High	3:20 AM	9.9	
16	Low	10:03 AM	-1.0	
16	High	5:01 PM	11.8	
16	Low	10:49 PM	4.0	
Tu 17	High	4:21 AM	10.5	
17	Low	10:51 AM	-0.6	
17	High	5:31 PM	12.1	
17	Low	11:31 PM	2.5	
W 18	High	5:22 AM	11.0	
18	Low	11:38 AM	0.2	
18	High	6:01 PM	12.2	
Th 19	Low	12:14 AM	1.0	
19	High	6:22 AM	11.4	
19	Low	12:24 PM	1.5	
19	High	6:32 PM	12.1	



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