

THE CRAB CRACKER
COMMUNITY MAGAZINE

ISSUE 440
October 2-15, 2026



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway

Small Craft Advisory

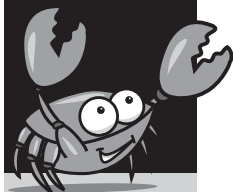
Fine Art Crafter Annual Show

October 10 + 11, 2026 :: 10am-4pm



Floyd Norgaard Cultural Center
27130 102nd NW
Stanwood WA 98292
<https://smallcraftadvisory.net>

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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: Autumn fairy by Lynda McDaniel.

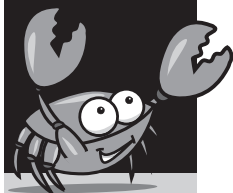


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Submission DEADLINE: OCTOBER 8 for Next Edition (October 16-29, 2026)

Calendar of Events



DID YOU KNOW?

A study from Harvard University finds that having no friends can be just as deadly as smoking. Both affect levels of a blood-clotting protein.

FRIDAY, OCTOBER 2

BEACH 1 GALLERY RECEPTION FOR LINDA THOMPSON & MARY MONTGOMERY

5-7pm. Linda Thompson: After years of trying to find a way to be an artist and make art, I finally figured out that I like to make things: Found objects, leaves, rocks, rusty metal, shells. Anything that can be made into something. Mary Montgomery: My first art/drawing class was in 2002 taught by Julie Creighton at the Women's University Club. Julie was a very encouraging teacher and stated I had a "most painterly style". What motivating words for a newbie painter! Most recently I have worked in colored pencils. Their art will be for sale in the Gallery the entire month of October. We will be serving appetizers, pop, wine, bottled water and bags of chips for the reception. Beach 1 Gallery in Camano Country Club. 1243 Beach Drive, Camano Island

FRIDAY, OCTOBER 2

ROCK RADIO

7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. Crank up the volume and get ready for a hard-hitting night of rock 'n' roll! Expect massive guitar riffs, driving beats, and an electrifying stage show that will keep you on your feet all night long.

FRIDAY, OCTOBER 2

FIRST FRIDAYS DROP-IN EBOOK & EMEDIA HELP

Noon-1pm at the Camano Island Library. Learn how to access library resources. Bring your device for help getting started or assistance with basic troubleshooting. Library staff are available to assist you. No reservation necessary!

FRIDAY-SUNDAY, OCTOBER 2-4

WEST END FALL CRAWL

Visit these 5 shops and get your card punched at each stop. 1866 Trading Post, The Camano Shop, Brick Road Antiques, Wit's End Bookstore, and Spare Room Flea Market. Complete all 5 stops for a chance to win a \$50 gift card!

SATURDAY, OCTOBER 3

"SEIZE THE DAY" ART SHOW

from the works of R. Allen Jensen. Noon-4pm at Blackwall Gallery, 5815 Pioneer Highway, Stanwood. www.rallenjensen.com.



CAMANO ISLAND IS TOTALLY CLAWSOME!

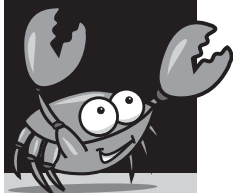
- #1 Agent on Camano Island by Sales Volume and Number of Transactions - Real Trends Verified 2026
- 2022-2026 Camano Island's Agent with the Most 5 Star Reviews - Rate My Agent

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Calendar of Events



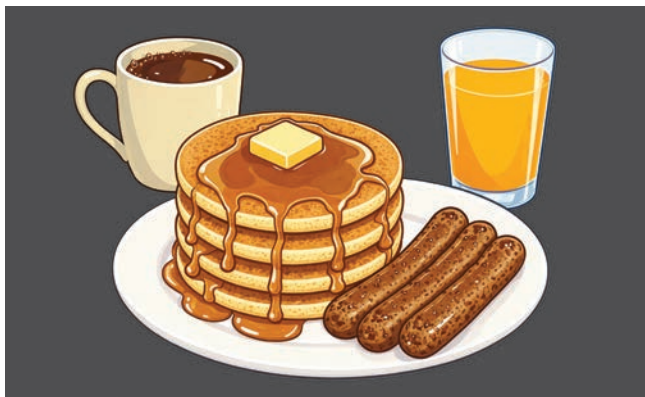
look for us
online at

**www.TheCrab
Cracker.com**

or on
Facebook.

Download
current or past
editions.

SATURDAY, OCTOBER 3 PANCAKE BREAKFAST



Delicious sausage, beverages and all- you-can-eat pancakes will be served at Utsalady Ladies Aid, 78 Utsalady Road, Camano, from 8-11 am. \$10. No charge for children under the age of 10.

SATURDAY, OCTOBER 3

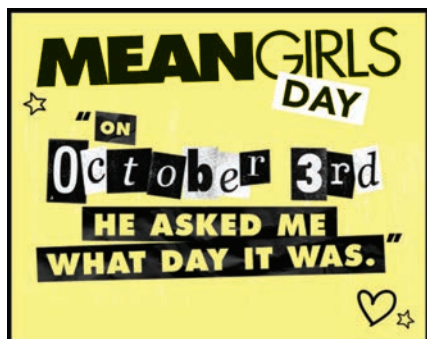
FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$100 and \$200 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, OCTOBER 3

HARVEST PARTY

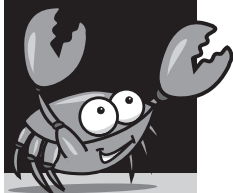
Noon-5pm at Bayernmoor Cellars, 125 316th St NE, Stanwood. Join us in celebrating the 2026 season! Experience harvest firsthand — tour a working vineyard at its peak, taste wine from Washington's 2024 Winery of the Year (Great Northwest Wine), and feel the excitement of the season all around you. What's included: 5-wine Harvest Flight, BBQ from Pure Smoke NW, Guided vineyard tour — pick 1pm, 2pm, 3pm, or 4pm when you arrive. Want a logoed, shatterproof stemless wine glass to take home? Choose the Harvest Ticket + Glass option for \$80. Stick around for a raffle, too — a few lucky guests are walking away with something special. Tickets: \$74 per person (\$80 with the glass option). Must be 21+ to attend.



www.TheCrabCracker.com



Calendar of Events



SATURDAY, OCTOBER 3

WOODS CREEK BAND

7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. High-energy tunes, killer vocals, and an unforgettable night of live music.

SATURDAY, OCTOBER 3

"AUTUMN TRANSITIONS"

A pop-up show. Celebrating and showcasing some of our amazing Gateway Gallery volunteers. Artists' reception 2-4pm today at the gallery at Terry's Corner. Show dates October 2 to November 1.

SATURDAY, OCTOBER 3

AKTION CLUB'S E-CYCLE

10am-2pm, across from Stanwood Middle School on 94th Ave. Accepting all TVs, monitors, computer towers & laptops only.

SATURDAY, OCTOBER 3

GAME NIGHT

With KEVIN. 6:15pm-10pm at Camano Island Library. Beginners welcome. Bring Favorite games. May bring food.

SATURDAY, OCTOBER 3

17TH ANNUAL ART FINALE AUCTION

4pm at Matzke Fine Art Gallery and Sculpture Park, 2345 Blanche Way, Camano Island. \$25 food and beverages. 360-387-2759 or Email: matzke@camano.net.

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inevitable.
But, how you
age matters.**

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Calendar of Events



SATURDAY, OCTOBER 3 A DAY AT THE BEACH



11am-1pm at the Camano Island Library. Join Sound Water Stewards for Magical Creature Care Class. This all ages hands on experience includes live tanks, art, microscopes and more. Meet some of the Salish Seas' most magical creatures and see how we can take care of them!

SATURDAY, OCTOBER 3

NEVERMIND - SEATTLE'S TRIBUTE TO NIRVANA

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. \$20 ADV / \$30 DOS - 21+ only. Nevermind is able to deliver the powerful and energetic performance that captures the sonic energy of Nirvana.

Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials! This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics you need to understand your options.

Camano Center

606 Arrowhead Road, Camano Island, WA - Jensen Room

October

- 10/09/2026 @ 3:00pm - 4:00pm
- 10/30/2026 @ 10:00am - 11:00am

November

- 11/13/2026 @ 3:00pm - 4:00pm
- 11/20/2026 @ 10:00am - 11:00am

December

- 12/04/2026 @ 10:00am-11:00am
- 12/18/2026 @ 10:00am-11:00am

RSVP's NOT REQUIRED, BUT ENCOURAGED

Please contact us to RSVP or for more information about upcoming events.



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*Healing Through Nature
presents*

FROM DESPAIR TO REPAIR

Ritual Landscapes & The Evolutionary Wheel

***An Exclusive Pacific Northwest Regional
Immersion & Forest Ceremony***

Following the global momentum of the international Healing Our World: From Despair to Repair conference (October 17-19, 2026), this exclusive, independent masterclass serves as the vital regional extension for the Pacific Northwest.

Hosted by the author of the definitive two-textbooks and educator/facilitator, this intensive delivers a tangible, localized application. It provides a working model designed for contemporary non-native persons to respectfully engage with ancient cedar-fir mature forests, deeply informed by the history of the First Nations Peoples.

THE EXPERIENTIAL JOURNEY:

Act I: The Evolutionary Wheel Masterclass: A space-limited multimedia presentation held inside an intimate, sacred ceremonial lodge. Discover how ancient landscape geometry applies directly to modern ecological healing.

Act II: The Sacred Mature Forest Journey: A quick 10-minute drive leads participants into a private, restricted-access mature Cedar-Fir Forest with a maintained trail, for a deeply immersive, guided communal ritual-walk with a guided drum.

Act III: The Dance of the Forest Queen with Communal Dance-Movement & Sounding (Circle Dance around Grandmother Cedar): Experience a live Ritual Dance Performance and collective Prayer for our NW Cedar-Fir Forests, River-Salmon waterways/inter-related ecosystems, and Honoring of First Nations Peoples.

EVENT LINK : <https://www.7phases.org/DespairtoRepair>

When: Saturday, October 24th OR Sunday, October 25th, from 2:00 PM to 6:00 PM
(please select one date only when requesting your invitation).

Where: Exact ceremonial lodge address provided upon registration.

No admission fee: this Gathering is offered purely in reciprocal relationship with the Land, aligned with Peace, Love, & Healing.

Calendar of Events



DID YOU KNOW?

Dartmouth's unofficial mascot is a beer keg called "Keggy the Keg." Created in 2003, it was initially controversial but is now part of the Dartmouth culture.

SUNDAY, OCTOBER 4

TNT (TEST 'N' TUNE)

10am-4pm at Creekside Speedway, 25519 4TH AVE NW, Stanwood. Come out to get some laps in prior to the first race of the season! Ask questions, pick up tires etc. Timing will be on \$10 per driver cash only.

SUNDAY, OCTOBER 4

FALL WEDDING EXPERIENCE AT THE HISTORIC LADY FLORENCE



4pm-7pm. We invite all inquiring couples to come experience a fall styled wedding with some of our favorite vendors immersed in our get ready, reception and ceremony spaces. Sample some of the Lady's wood fired pizza and enjoy some sips and treats under our twinkle lights. RSVP through our website: <https://www.theladyflorence.com/hlfweddingexperiencersvp>

MONDAY, OCTOBER 5

THE ANNUAL HOMECOMING PARADE



will roll through downtown at 5:30 p.m. The community is invited to line the downtown route and cheer on students and school groups as they travel along 92nd Avenue NW, 271st Street NW, 102nd Avenue NW, and 270th Street NW before returning to the staging area behind the Stanwood Police Station.

Calendar of Events



DID YOU KNOW?

Tupac was the first U.S. artist to have an album reach Billboard #1 while still in prison. It was his third studio album, titled "Me Against the World."

MONDAY, OCTOBER 5

MOBILE BLOOD DRIVE - BLOODWORKS NORTHWEST

10am-4pm at the Stanwood Library. Help save lives with a blood donation to Bloodworks Northwest. All blood types are welcome. Find out if you're eligible. Schedule an appointment at https://donate.bloodworksnw.org/donor/schedules/sponsor_code to make a donation. Registration required. Same-day appointments available at most locations. Photo ID required.

TUESDAY, OCTOBER 6

STAY AND PLAY

This is an opportunity for children, birth to kindergarten, and their caregivers to come play with fun and educational toys provided by the library. During this hour, caregivers and children will engage in in-person play, socialize with others, and reconnect with the library. Drop in anytime during this event! 10-11am at the Camano Island Library or 10:30-11:30am at the Stanwood Library.

TUESDAY, OCTOBER 6

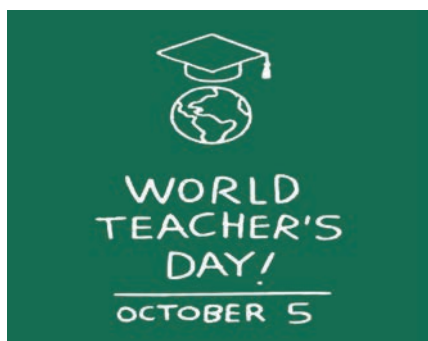
D&D YOUNG ADVENTURERS' LEAGUE

3-4:30pm at the Stanwood Library. Welcome, new and seasoned adventurers! Journey through a whimsical carnival, battle mechanical clowns, solve ingenious puzzles, and try your hand at enticing mid-way games. D&D Young Adventurers' League is PG-Rated and crafted for young minds. This is the third and final installment of the carnival series. Players who have attended previous sessions can be assured that there will be new content to explore. However, if this is your first time attending, you will be filled in on the plot line so far. Bring your third level character sheet or choose from a pre-made selection. No experience or materials required. This informal program is designed for adventurers who are ages 9 to 18.

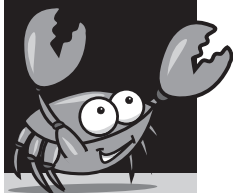
WEDNESDAY, OCTOBER 7

READ WITH A THERAPY DOG

4-5pm at the Stanwood Library. Practice your reading, de-stress, and learn about therapy dogs at the library with Linda and her registered therapy dog Preacher.



Calendar of Events



WEDNESDAY, OCTOBER 7

GUEST SPEAKER: ANNA MACKINNON – THE DIGITAL CANVAS: LEVERAGING TECHNOLOGY TO ELEVATE YOUR ART

Anna brings a unique perspective to the intersection of art and technology. A lifelong artist with a BA in Art Studio from UC Santa Barbara, she has also spent 40 years as an Apple power user. From the launch of the first Macintosh in 1984 to today's mobile creative suites, Anna has mastered the tools that help artists bridge the gap between their vision and their audience. In her presentation, "The Digital Canvas," Anna will share how she integrates her artistic background with modern mobile technology and social media. 6:30 pm at the Camano Center, 606 Arrowhead Rd.

WEDNESDAY, OCTOBER 7

CANDIDATE FORUM

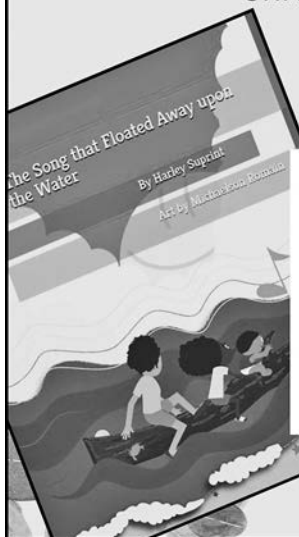
AAUW Stanwood-Camano and The Rotary Club of Stanwood-Camano Island present the 2026 Candidates and Issues Forum 6:30 p.m. at the Stanwood Middle School located at 9405 271st St. NW. Candidate and issue representatives for Stanwood, Camano Island and North Snohomish County have been invited to present their position and answer questions from the audience. For more questions and additional information please email: info@aauwsc.org

The Song that Floated Away upon the Water

By Harley Suprint, Local Author

Christian Children's Book

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Calendar of Events



THURSDAY, OCTOBER 8

INSECTS! ZOOMING IN ON THEIR MICROSCOPIC WORLD



4-5:30pm at the Camano Island Library. Calling all creepy crawly enthusiasts! Join entomologist Nick DeLisi for an exciting program full of information and a hands-on microscopic, magnified look at the insects of Camano Island and beyond.

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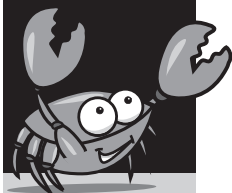
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Calendar of Events



DID YOU KNOW?

Only primates, humans, and opossums have opposable thumbs. Out of these, the opossum is the only one with no thumb nail.

FRIDAY, OCTOBER 9

SHS HOMECOMING CAR SHOW

5-6:15 p.m. in the Stanwood High School staff parking lot on the south side of the building near Highway 532. Students are welcome to bring a vehicle they would like to show. Food vendors will be available at the event.

FRIDAY, OCTOBER 9

SHS FOOTBALL HOMECOMING GAME

vs Snohomish. 7pm. Stick around after the game! Fireworks are planned following the game to cap off Friday night's Homecoming celebration.

FRIDAY, OCTOBER 9

THE REPTILE LADY



6:30-8pm at the Stanwood Library. Join April Jackson, the Reptile Lady, for an after-hours reptile program for all ages! To make sure everyone gets a chance to meet the animals and ask questions, we encourage families with young children to join us in the first half of the program and adults the second half.





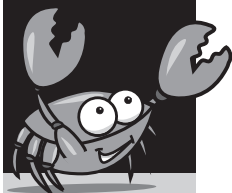
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Calendar of Events



DID YOU KNOW?

“Do the Bartman”, the single by Bart Simpson, was co-written by Michael Jackson, although he received no credit for it. This was his own request, and he was listed as John Jay Smith instead.

FRIDAY, OCTOBER 9

THE MARK DUFRESNE BAND

7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. Get ready, Lakebay! The Mark DuFresne Band is bringing their powerhouse blues and soulful grooves to Pub 282! An electrifying night of killer vocals, harmonica magic, and high-energy rhythm that'll get you on your feet. One night only — you'll want to be there!

FRIDAY, OCTOBER 9

TRAVEL TALK



10am at Camano Center, 606 Arrowhead Road. In 2003 Mike Nestor and I drove 3,000 miles from the southern tip of South America, exploring Patagonia, the Atlantic coast and driving over the Andes Mountains and out to the Pacific Ocean where we embarked on a seven hour ferry journey out to a mysterious island. We then continued our journey up to Santiago. One hour film. Members free; non-members \$5 (please pay at the reception desk as you enter).

FRIDAY-SATURDAY, OCTOBER 9-10

PNW LORE AND GORE



7-10pm at the Stanwood Fairgrounds. Event by Terror for a Cause - Stanwood's Haunted Experience. The Pacific Northwest is beautiful—but some stories are better left buried beneath the fog and evergreens. Step into the legends, tragedies, and terrors that have haunted our corner of the world for generations. This year's haunted experience takes you outside and into the elements. Portions of the haunt are covered, but this is an outdoor experience, so dress for the weather and wear appropriate shoes. Come any time between 7-10pm. October 9 and 10 are “pay what you can nights”.

Calendar of Events



DID YOU KNOW?

Bi-weekly has
two different
definitions:
twice a week or
once every two
weeks.

FRIDAY-SUNDAY, OCTOBER 9-11

ART BY THE BAY



Holiday art and gift show indoors in the Camano Center, 606 Arrowhead Rd. Over 30 artists. Free entry. Friday: 11am-5pm. Saturday: 10am-5pm. Sunday: 10am-4pm.

SATURDAY, OCTOBER 10

CAMANO ISLAND FIRE MUSEUM

1-4pm at 985 Orchid Road, Camano Island. A museum dedicated to fire and medical services history on the Island dating back to 1945! The museum features a 1935 Fire Engine, vintage fire equipment and authentic Camano firefighting memorabilia. Free admission.

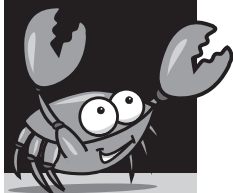
SATURDAY, OCTOBER 10

CIMW'S HALLOWEEN RAMPANT 2026

2-6pm at the Camano Library. Camano Island Miniature Wargamers is hosting our annual Halloween Rampant game! This is one large game of Xenos Rampant (with a Halloween theme). All are invited to bring your own themed army. There may be players who will have extra forces, but we must coordinate before hand, just comment to let us know! This year we will use a maximum of 18 point armies, so plan accordingly. We will have fun thematic objectives that may change the table dynamics as the game is played.



Calendar of Events



DID YOU KNOW?

The same brain cycles that occur when asleep still happen when you're awake, but in smaller sections. Meaning parts of your brain are always "falling asleep."

SATURDAY, OCTOBER 10 EARTHDOG PRACTICE



Event by Puget Sound Earthdog Club. 10am at 33101 44th Ave NW, Stanwood. Bring your treats and your short-legged Terrier or Dachshund for a free Earthdog Practice at Sil and Anne Sanders place. Lots of fun for your dog. We will practice at all levels, from beginners to Master. Beginners should be sure to be there at 10 am for orientation. Email info@psec-earthdog.org for further information.

SATURDAY, OCTOBER 10

NICK VIGARINO

Kick Your Heels Up to Some Homemade "Slop Jar" Delta Funk with Nick Vigarino's Meantown Blues at 8 PM - Arcadian Public House, 18444 Spruce Street, Conway. House crumbling, lightnin' slide, homemade delta funk. Tickets: \$17 ADV / \$22 DOS Come see this local legend with his incredibly talented band. 21 and over only.

SATURDAY, OCTOBER 10

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up...Now with \$100 and \$200 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, OCTOBER 10

WILLET'S FLYING A MUSIC

4pm at Event by Wine by the Bay, 10502 269th PI NW , Stanwood. Cover charge \$10, unless a bottle is purchased.



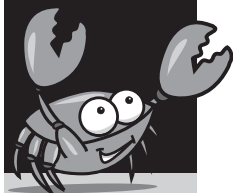
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Calendar of Events



SATURDAY, OCTOBER 10

HARVEST FESTIVAL AT THE BARN ON SUNDAY LAKE



10 AM–4 PM at 26231 W. Sunday Lake Rd., Stanwood. \$20 per child. Face painting. Trick-or-treating. Games. Fall activities. Local vendors & more! Tickets are on sale now — we can't wait to celebrate fall with you! www.thebarnonsundaylake.com

Early Country Christmas Bazaar

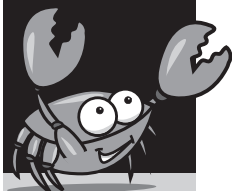
Peace Lutheran Church
1717 Larson Road, Silvana

Homemade Lunch (Soup, Salad, Roll, Pie)
Lefse (no limit)
Rommegrot and Flatbread
'Wish Upon' Quilt Raffle
Crafts and Harvest
Baked Goods
Used Treasures
Gift Card Tree
Silent Auction
Vaffler

11/07/2026
10–2pm

For more info:
360-652-8739
Follow us on

Calendar of Events



DID YOU KNOW?

Roselle, a guide dog, lead her blind owner down 78 flights of stairs. The descent took about an hour, and they both safely made it out.

SATURDAY, OCTOBER 10

PRIME RIB DINNER

4pm until gone (and that's usually by ~5pm) at the American Legion, Post 92, in Stanwood. Join us for plenty of good food and camaraderie! Adults \$30 and children (under 12) \$10.

SATURDAY, OCTOBER 10

GIANT PUMPKIN WEIGH-OFF



at Kristoferson Farm. See the biggest pumpkins compete for the title.

SATURDAY, OCTOBER 10

ANNUAL CAMANO ISLAND HERITAGE PRESERVATION AWARD BRUNCH

11am-1pm at the historic Camano City Schoolhouse, 993 Orchid Road. Join the Camano Schoolhouse Foundation in honoring the Kristoferson family for their determination to preserve the Kristoferson Farm for the past 114 years. Meet the people who are continuing to preserve this beautiful and productive farm purchased by Alfred Kristoferson in 1912. Tickets are \$20. With limited seating, please reserve your place on our website at camanoschoolhouse.org.

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Calendar of Events



NEW HUNTER'S MOON

October 10

A new moon occurs when the moon sits directly between the Earth and the sun, making the illuminated side face away from us. The new moon is invisible to the naked eye because the sun's glare drowns it out.

SATURDAY, OCTOBER 10 HOW TO LIVE WITH A DOG



2-3:30pm at the Stanwood Library. Join Laurel Saville as she reads selections from her new novel, "How to Live with a Dog" and answers your dog behavior related questions to help you have a better relationship with your canine companion.

SATURDAY, OCTOBER 10 BRANDON TIGNOR— LIVE MUSIC 7-9pm at Conway's Pub and Eatery.

SATURDAY-SUNDAY, OCTOBER 10-11 SMALL CRAFT ADVISORY 2026



The annual Small Craft Advisory exhibition, brought to you by many of the same folks who started the Stanwood/Camano Island Mother's Day Studio Tour, is returning for its 7th year with 17 local artists and their craft for a two day exhibition. 10am-4pm both days, no admission, no hard sell. In fact, some of the work isn't for sale, only for show. We'll be at the Floyd Norgaard Cultural Center at 27108 102nd Ave NW, Stanwood. Check out our website for information on the artists. www.smallcraftadvisory.net. (More information on "Artist of the Week" page 30.)



SAVE CAMA BEACH CABINS

Do you miss having the cabins open and seeing visitors excited about the park, Camano Island, and Stanwood? Does your business miss the income from tourists? Does your family miss the fun educational events at the park? There is a new group forming to reopen the cabins.

Save Cama Beach Cabins group is asking the Washington State Legislature for funding to repair the septic and water systems so the cabins can be used again. A website with more information will be available soon. They need your help to contact the Governor and your State Legislators to urge their support for this effort so the Cama Beach cabins can be reopened for all of us.

Governor's office: 360-902-4111
Representative Clyde Shavers: 360-786-7884
Representative Dave Paul: 360-786-7914
Senator Ron Muzzall: 360-786-7618

Thank you for your help! Watch the Crab Cracker and/or go to our website for more info.

SaveCamaBeachCabins.org / info@savecamabeachcabins.org



Colleen Norgard "Maple Fire" Acrylic



CAMANO ARTS ASSOCIATION'S
GATEWAY GALLERY
PRESENTS

A Pop-Up Show

Autumn Transitions

Celebrating & Showcasing some of our
AMAZING Gateway Gallery Volunteers

Artist's Reception:

Saturday, October 3rd, 2-4pm

Show Dates: Oct. 2 - Nov. 1



Stay at 'The Ranchette'

Book a cozy holiday getaway at The Ranchette, a unique silo stay on Camano Island at Arrowhead Ranch.

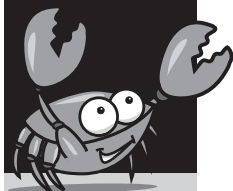


ARROWHEAD
stay

615 Arrowhead Rd.
Camano Island, WA



Calendar of Events



**IF WE DON'T
KNOW
ABOUT IT,
WE CAN'T
PRINT IT.**

Send your info
and/or images
to: thecrab
@thecrabcrack-
er.com

SATURDAY-SUNDAY, OCTOBER 10-11

PUMPKIN AND PIES FAMILY OVERNIGHT

Event by Camp Killoqua, 15207 E Lake Goodwin Rd, Stanwood. \$65 per person. Bring your whole family out for this fun fall overnight! More info: <https://campkilloqua.org/family-weekends/>

SUNDAY, OCTOBER 11

BINGO AT THE VIKING HALL - SILVANA, WA

5pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

SUNDAY, OCTOBER 11

DAYS FOR GIRLS OPEN HOUSE

Celebrate the International Day of the Girl with the volunteers in the local chapter of Days for Girls, an international organization that has served the needs of over four million girls and women worldwide since 2008 by supplying them with washable menstrual supplies. Our workshop is under the red awning on the west side of Viking Village on Hwy. 532 in Stanwood, and we will be hosting an open house with light refreshments from 2-4pm. Come hear the stories of our work worldwide and local, and see how we do it!

SUNDAY, OCTOBER 11

KIDS 2 CAMP GIVE BIG BANQUET

4:30pm-6pm at Warm Beach Camp, 20800 Marine Dr, Stanwood. Join us for a night of heartwarming stories and life-changing giving! Spend an evening hearing how Camp has impacted the lives of staff and campers alike. Enjoy a lovely dinner by the Warm Beach Staff, join the Dessert Dash fun, and be inspired by a presentation on how God is moving through generosity. The entire cost for the \$25 ticket goes towards Kids 2 Camp Scholarships. Your donation supports scholarships for both campuses of Warm Beach Camp Ministries. Get Tickets Here: <https://www.warmbeach.com/giving/kids-2-camp/>

MONDAY, OCTOBER 12

CANDIDATE FORUM

6-8pm at Camano Center, 606 Arrowhead Rd. Featuring the candidates for Island County Commissioner, District 3, and Island County Sheriff. This event is free and open to the public — everyone is welcome to attend!

PUGET SOUND TREE CARE LLC

360-387-0243

Jim Fay, Owner, Arborist

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View Clearing
Hazard Trees
Arborist Services

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VOTE YES

Keep People, Pets and Property Safe

Why a Yes vote? Today we face:

- Drier, more dangerous wildfire conditions
- Limited evacuation options
- Frightened wildlife and pets
- Trauma for PTSD sufferers
- Rising insurance costs
- Increased pollution from fireworks tourism
- Strained emergency services

A YES vote tells Island County commissioners you support banning the use of consumer fireworks *while preserving professionally managed public celebrations*. Celebrate without putting your neighbors at risk.



Paid for by the Safe and Humane Fireworks Campaign
P.O. Box 532 Freeland WA 98249

Calendar of Events



DID YOU KNOW?

The Roman – Persian wars are the longest in history, lasting over 680 years. They began in 54 BC and ended in 628 AD.

TUESDAY, OCTOBER 13

STAY AND PLAY

10:30-11:30am at the Stanwood Library. An opportunity for children, birth to kindergarten, and their caregivers to come play with fun and educational toys provided by the library. Engage in in-person play, socialize with others, and reconnect with the library. Drop in anytime during this event.

TUESDAY, OCTOBER 13

TEEN ART STUDIO WITH MEYER ART CENTER

2:30-4pm at the Stanwood Library. Join us for a monthly drop-in art class with Holly from Meyer Art Center (SCAAC)! Snacks and beverages will be available. All supplies provided. For teens and tweens who are ages 10-18.

TUESDAY, OCTOBER 13

FREE COOKING DEMO

in the barn at Hazel Blue Acres blueberry farm in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

WEDNESDAY, OCTOBER 14

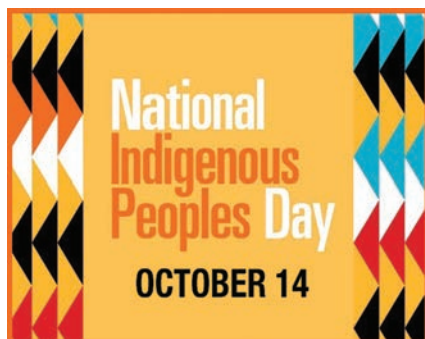
CONNECT OVER COFFEE

An informal gathering open to Everyone where we regularly meet to share perspectives and explore ideas that spark positive change within ourselves and our communities. 1-3pm at the Camano Island Library Community room. Hosted by Baha'is in Skagit and Island Counties, who believe in the oneness of humanity and strive to build unified, vibrant communities that promote spiritual and material well-being. Further info or email: Bahaisofcamanoisland.com

WEDNESDAY, OCTOBER 14

EXPLORE YOUR CREATIVITY WITH STANWOOD CAMANO ARTS ADVOCACY COMMISSION

4-5:30pm at the Stanwood Library. Join us for an art class with Stanwood Camano Arts Advocacy Commission (SCAAC)! We will provide everything you need. For kids ages 6-11.





SCARY FUN FOR EVERYONE!

Friday, October 30

Casino-Wide Instant Hits | 8PM – 10PM

We're picking 12 winners every 30 minutes! With a chance to win up to \$100 in Free Play.

Grand Prize Drawings | 10:30PM

Four lucky winners will have a chance to win up to \$5,000 cash!

Late Night Drawings | 11PM, 11:30PM, & 12AM

One winner will receive a \$100 slot ticket every 30 minutes!

Saturday, October 31

Halloween Night Drawing | 10PM

Seven winners will be chosen to win up to \$1,000 cash. Wear your best costume, stop by the Rewards Card counter, and receive 50 bonus entries!

Halloween Costume Contest

Registration: 4PM – 8PM

Winners Announced: 9:30PM

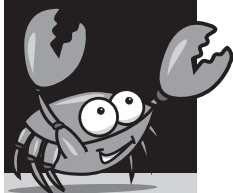
Come dressed to impress on All Hallow's Eve. We're judging the best costumes and rewarding the top 10 picks, with first place taking home \$1,000 cash!



theskagit.com  

Must be 21 or older with valid ID. See Rewards Club for details. Management reserves all rights. ©2020 Upper Skagit Indian Tribe and Skagit Valley Casino Resort.

Calendar of Events



DID YOU KNOW?

An impressive meteor shower that is visible in both hemispheres is the Orionid meteor shower, which runs from October 2nd until early November. It is named after Orion as it is usually visible in the same part of the sky as the constellation. At the peak of the meteor shower, as many as 20 meteors are visible every hour.

WEDNESDAY, OCTOBER 14

WINNIE-THE-POOH'S 100TH BIRTHDAY PARTY



4-5pm at the Camano Island Library. Oh, bother! Winnie-the-Pooh is turning 100! Join us in celebrating a century of our favorite silly ol' bear. We will enjoy a short story about our furry friend, then we will pin the tail on Eeyore, snack on some hunny, bounce around on the dance floor like Tigger, and take photos in the Hundred Acre Wood with all our favorite forest friends! Light refreshments provided.

WEDNESDAY, OCTOBER 14

CAREER & COLLEGE READY FAIR + FAFSA HELP

Looking to see what kinds of after-high school opportunities are available? Join us for our annual Career & College Ready Fair! Whether you have a clear direction in mind or you're just beginning to look around, this event is all about exploring possibilities at your own pace. Get help with your FAFSA application too! Designed for students and their families, it's a low-pressure, welcoming environment to gather ideas, ask questions, and see what catches your interest. Fair Time: 5:00 PM – 7:00 PM. FAFSA Help: 6:00 PM - 7:00 PM in the Career Center, Room 241. Location: Stanwood High School. Walk around at your own pace, collect information, and check out various fields and programs.

THURSDAY, OCTOBER 15

CHRIS EGER

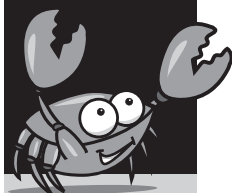
7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. The Chris Eger Band is a Northwest band hot on track to becoming the next band to hit the billboard charts. A skilled compilation of rock/blues/country.

THURSDAY, OCTOBER 15

DANCE PARTY!

Cascadia Clubhouse program for adults with intellectual and developmental disabilities. 6-7:30pm at Lincoln Hill Retirement Community, 7430 276th St NW, Stanwood. Doors open at 5:30pm. More info: 360-928-5884 or www.cascadiacubhouse.org.

Fun and Crafts



DID YOU KNOW?

The German Autobahn has no speed limits because Western Germany saw them as a Nazi relic. This became effective in 1972.

GHOST TREE



Fall branches get a spectral treatment with floating ghosts made from polyester batting. Have the kids nestle them in plants, hang from branches—inside and out—or string them into a garland. To make: Cut squares of polyester batting. Place a ball of Poly-fil in the center of each square. Bring the corners of the batting down towards each other, gathering the batting around the Poly-fil. Tie a piece of white twine or thread just below the Poly-fil to create the head. Insert map tack or sewing pins with black heads into the head of the ghost to create the eyes. Hang with a piece of twine or thread.

Source: <https://www.countryliving.com>



**SNO-ISLE
READS
together**

Explore. Discuss. Connect.

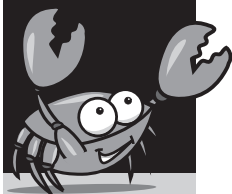
sno-isle.org/reads-together



**SNO-ISLE
LIBRARIES**



Fun and Crafts



DID YOU KNOW?

When you exercise, the burned fat metabolizes to become carbon dioxide, water, and energy. Meaning: you exhale the fat that you lose.

PAINTED LEAVES



To make: Use acrylic paint pens to draw and paint animal faces on fall leaves, using the shape of the leaf to help determine which animal and where its features are placed.



**WORLD
ANIMAL
DAY**

OCTOBER 4



Fir-Conway

Lutheran Church

Fall Harvest Bazaar

October 17, 2026

10 am to 2 pm

Baked Goods - Produce-

Lefse - Gifts -

Baked Potato Bar & Pie

Free Entry - Wheelchair Accessible!



14th Annual
NORDIC FAIR

Saturday, October 24, 2026

10:00 am - 3:00 pm

Bonnie Sue Cole Hall

Stanwood Camano Fair Grounds

Enjoy a day filled with Nordic cultural traditions

Lefse and Krumkake demonstrations and taste samples

Bakery featuring traditional Scandinavian treats

Vendors offering Scandinavian crafts

Lunch (prepared by the ladies of Ingeborg Lodge)

split pea soup, sandwiches, pie, apple cake,
rommegrot, fruit soup, coffee

Unique Scandinavian adventure close to home

No admittance fee. Plenty of free parking

Sponsored by Ingeborg Lodge #43

Daughters of Norway, Stanwood, WA

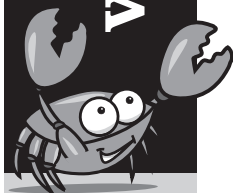
Need more information? Please contact:

Teresa Garrison (206) 920-4549

or visit our Facebook page



Moonshine Wisdom & Wit



Story by Jack
Archibald.

For further
moonshine
wisdom and wet
powder wit,
check out the
**SKEETER DADDLE
DIARIES** at
[www.
skeeterdaddle.net](http://www.skeeterdaddle.net)

DUMPSTERS

Down by our Garbage Free end of the island we got about 16 trucks a week from Waste Management plying our neighborhood. Big green plastic bins get rolled out to the end of the driveway and the big green trucks stop, drop their metal arms, lift the bin up and into the maw of the trucks' rear ends then move on to the next. The mizzuz asked if maybe we shouldn't sign up for curbside pickup, save me that awful trip to the dump.

The trip I make about every 3 months. When I arrived at the primitive South End, the dump was actually that, a dump. Roll up, toss our garbage into a pit. Frank ran the dump back then and about half what we tossed he took home. Old TV's, busted toasters, dead lawnmowers, Frank figured they were worth keeping. Sort of recycling before recycling was cool.

Admittedly there weren't many of us living on the island back then, but when the population grew, the county installed coin-op dumpsters. For 50 cents we could load the bin and a compactor crushed it all down. A decade later they added barrels for glass and plastics and paper. We had to sort the glass --- clear, green and brown --- and most weeks the barrels were full so folks dropped the stuff on the ground. The dump was a dump once again.

Now we toss all the recyclables into one place. Easy. Real easy. I don't know why either folks still use the highway to toss their bottles and cans, maybe just the irrepressible urge to dump as soon as the container is empty. But a lot of us evidently think the roadside is their personal dump. If I thought to long about it, I'd become more cynical than I already am and none of us needs that. Litter's bad enough.

So when folks drop their garbage in the middle of the parking lot at the park I maintain, I've stopped sorting through it to find a letter with their address or a magazine with their name on the label. I have to live near these folks, but I sure don't want to get to know them. I got enough enemies as it is ... so I'm real glad most of the newcomers can afford curbside pickup.

For superior local service and proven results, call Tracy Stevens!



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Tracy Stevens
REALTOR, RE/MAX Elite

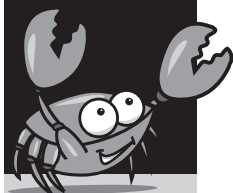
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Artist of the Week



*Promote yourself
and your craft.
Whether it's
visual arts or
performing arts,
we want the
community to
meet you.*

*Email us your
bio and we will
feature this page
to you... and it's
all FREE!*

7TH ANNUAL SMALL CRAFT ADVISORY

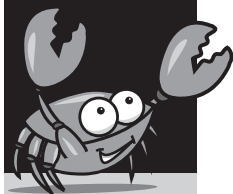


Folks have been arguing since Neanderthals painted cave walls and Homo Sapiens fashioned pottery dishware whether craft is art or not. Back in the early days of the Camano Art Association, we debated the question every year when we juried in new artists. Or not. Plenty of us turned down applicants who were deemed craft folks, unworthy of the designation Artist, capital A. Of course we're more enlightened now. Or maybe just more accepting of aesthetic diversity, 'woke', in other words.

The 7th annual Small Craft Advisory will be featuring 17 local artisans whose work lays to rest any further debate on the subject of art vs. craft. From violin luthiery to Native American beadwork, boatbuilding to pottery, multi-media assemblage to fabric art, sculpture to jewelry, the work transcends mere craft. Join us Oct. 10th and 11th, Sat. and Sunday, 10-4 at the Floyd Norgaard Cultural Center, 27130 102nd NW, Stanwood, WA. Admission is free. Enjoyment is priceless.

David Taber – sculpture, woodworking
 Erich Schweiger – luthiery, woodworking
 Dolores Ruscha – kiln formed glass
 Elizabeth Moncrief – woven art
 Donald Miller – extraordinary headgear
 Don Metke – assemblage artist
 Erin Marie – wearable and functional art
 Shannon Kirby – sculpture, ceramics, woodworking
 Adam Hughes – woodworking
 Jeffrey Harris – clothe mache sculpture
 Chuck Hamilton – woodworking
 Christine Giffin – mixed media assemblage
 Persis Gayle – ceramics, porcelain, stoneware
 Mark Eikeland – ceramics
 Monika DeNasha – traditional and contemporary beadwork
 Marc Boutte – blown glass
 Jack Archibald – stained glass, furniture, boats, luthiery

Business Spotlight



*Are you
interested in
promoting your
business or
organization?*

*Email us info or
a bio about your
business and
yourself and we
will feature this
page to you... and
it's all FREE!*

CAMANO CUTS



40 years of doing hair, I thought I had seen almost everything that could happen around a salon chair. Then I met this couple. The wife has very limited movement in her body and depends on a wheelchair. Her husband wants something for her that sounds so simple: as much of a normal life as possible. But what touched me is how far he is willing to go to make that possible. He looks at obstacles differently. Instead of saying, "She can't do that anymore," his mind seems to ask, "How can I make this possible for her?" He has even used his imagination and mechanical skills to create ways of lifting and moving her, including adapting an automotive engine lifter to help give his wife more freedom and possibilities. And here is the part that touched me even deeper: her husband has physical limitations in one of his own hands. Yet he keeps finding ways. When they wanted her to have her hair highlighted, he studied my salon, looked at the equipment and space, and together we figured out how we could safely make it happen. It wasn't simply about highlights. It was about helping his wife experience something normal again—coming to the salon, having her hair done, feeling beautiful, and enjoying something many of us do without ever thinking about how fortunate we are. Watching the two of them made me think about love differently. Sometimes love isn't flowers, fancy dinners, or beautiful words. Sometimes love is looking at a wheelchair and asking, "How can we work around this?" Sometimes love is building something with your own hands when the world wasn't designed for the person you love. Sometimes love is having limitations of your own and still using whatever strength you have to make someone else's life a little easier.

After 40 years behind the chair, this went far beyond hair for me. When I saw the happiness on her face after we finished her hair, I looked at her husband and realized I had just witnessed one of the strongest forms of love: not doing everything for someone, but continually finding ways for the person you love to keep experiencing her own life. This couple reminded me early this morning, as I sit with my coffee, how much of "normal life" we take for granted. To get up. To move. To take care of ourselves. To do something simply because we feel like doing it. Those ordinary things are enormous gifts. And maybe true love is simply this: When life says, "You can't," someone who loves you looks around and says, "Let's see what we can do." That is the kind of love I hope we can all give—and, someday when we need it, be fortunate enough to receive. Thank you Lord for another day.



Art by the Bay

Holiday Art & Gift Show

October 9th, 10th, 11th

Indoors at the Camano Center
606 Arrowhead Rd. Camano Island

Over 30 Artists - Free Entry

Friday: 11am - 5pm

Saturday: 10am - 5pm

Sunday: 10am - 4pm

www.stanwoodcamano.art

• Stanwood Camano

Arts
guild





Windermere

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CONDO \$385,000

Private, west-facing 3rd floor view unit in Stanwood with elevator and covered parking. #2567556



CAMANO VISTA \$433,500

Move-in ready Camano home with peaceful yard, covered porch, carport and garden shed. #2578905



ROCKY POINT \$465,000

Turn-key north Camano getaway or full-time 2-bedroom home on a generous level lot. #2575926



COUNTRY CLUB \$499,000

Peek a boo views and hardwood floors at this Camano 3-bdrm home with community beach access. #2573187



CHURCH CREEK \$509,950

Comfortable 3-bedroom rambler in Stanwood, fully fenced and close to in-town amenities. #2572864



DRIFTWOOD HEIGHTS \$250,000

Spacious Camano lot, partial views, community beach access from 2-bdrm manufactured home. #2563253

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Windermere Real Estate/CIR



Candidates & Issues Forum 2026

Sponsored by AAUW Stanwood-Camano and

The Rotary Club of Stanwood-Camano Island

Stanwood, Camano Island and North Snohomish

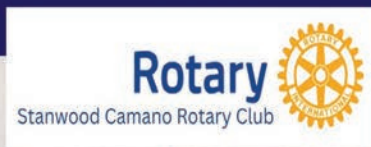
County communities are invited on

Wednesday, October 7, 6:30 p.m.

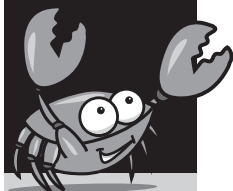
Stanwood Middle School

9405 271st St NW, Stanwood

aauwsc.org/candidateforum



Intuitive Tarot

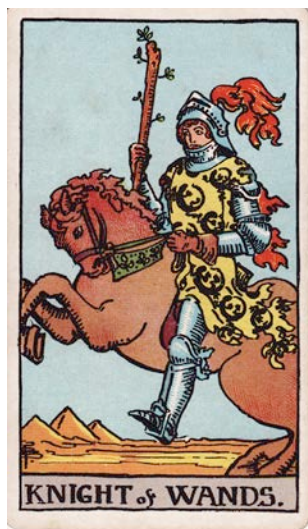
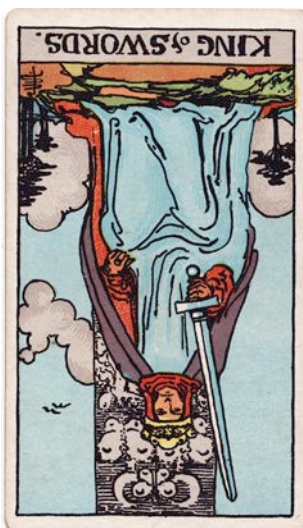


*Tarot from the
classic Rider
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patrick](http://buymeacoffee.com/tiffanyfitzpatrick)*

INTUITIVE TAROT WITH TIFFANY



October 2nd – October 8th : the King of Swords Reversed. Epiphanies collate with clarity the complexities of transformational data at a foundational level, culminating in a clear-cut decision, defining the past from the future. You will call upon all your growth, along with the strength of your instincts, as this pivot point rests on listening to the peace of inner-truth while the chaos of a storm perceivably rages externally. Do not rely on validation from outside sources. You must trust what you feel is right and act upon this knowing. A relationship that has felt distant for sometime may finally draw to a close for some, while others may feel unexpected pangs of nostalgia for connections past. As you move through these final days of metamorphosis, much of the weight of emotion you'd forgotten you've been carrying will release, purging itself through you before you glide into an open horizon.

October 9th – October 15th : the Knight of Wands. With the deadline you perceive rushing toward you, the construct is still in formation, though part of you seems to have forgotten you are as much the sculptor as you are the role of admirer and recipient. Take hold of the moldable clay and create! Forge that which you're moving in the direction of, and hold firmly to delusional faith that the sands will sift in your favor. After all, how implausible is it that lightening striking the desert would produce molten glass capable of assuming nearly any shape or vessel? The future you create is only limited by your imagination and belief. Act upon that which stirs your fiery passion as the remaining twelve weeks to the year draw the dusk around us. Resources are incoming; trust its arrival, hold the reins loosely, and allow yourself to receive.

Commissioner District #3 Race



Grant Shaw



Matthew Van Pelt

County Sheriff Race



Tavier Wasser



Rick Felici

CANDIDATE FORUM



 **CAMANO ISLAND FOCUS**
ELECTION 2026

OCT. 12, 2026
6:00 PM

Camano Center
606 Arrowhead Rd. Camano

Jan Mather

Camano Island Expert

360-507-4133

Managing Broker,
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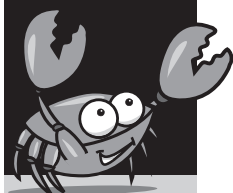
9300 271st St NW, Suite B-5,
Stanwood, WA 98292
Near QFC, between Papa
Murphy's and H&R Block

 **stanwoodhearing.com**

CALL 425-272-9435



Community Information



DID YOU KNOW?

The beer-swilling Bavarian festival Oktoberfest takes place every year in Munich, Germany. The festival usually runs for 16 days from mid-September until the Sunday of the first weekend in October. The event has been held since 1810 when Prince Ludwig of Bavaria held a festival to celebrate his marriage with Therese, the princess of Saxony-Hildburghausen.

MARK YOUR CALENDARS!

FILL IT FRESH returns October 2 & 3 at Camano Plaza IGA! Fill the provided bag with featured fresh produce at one low price. Load up, save big, and don't miss out.

SUPPORT LOCAL YOUTH



My daughter has just put out a fresh selection of flower bouquets at the corner of Shumway and Sapphire. In addition to the flowers, she still has manure available packaged in convenient bags and buckets to the side. Everything is offered on a "pay-what-you-want" basis, and we gladly accept cash or Venmo. All proceeds go directly toward funding her 4-H projects for the upcoming year. Thank you so much for supporting local youth agriculture!

COME JOIN OUR VERY SPECIAL VOLUNTEER TEAM

at Lincoln Hill Retirement Community. We need you! Location: 7430 276th St. NW. Stanwood, WA 98292. Reception Desk Volunteers: Volunteer needed to volunteer one day per week for a 3-hour shift to check-in visitors, answer phones and provide information to callers, and schedule appointments. Training will be provided. Thrift Store Volunteers: Hours to be determined by Volunteer and Thrift Store Managers. Volunteers with retail experience in cashiering, cleaning, stocking, organizing departments, and related duties are encouraged to apply. However, if you are interested without retail experience, we'll still be happy to hear from you. Training is provided for all volunteers. Lunchroom Volunteers: Volunteers are needed to help serve food to customers in our dining room for two-hour shifts. Volunteers also needed to check in persons buying lunches. For information on any of our volunteer positions please contact Darlene Campbell at dcampbell@lincolnhill-rc.org or at 360-629-7403, ext. 104.

SWIMMING IN PLASTIC?

Let's Change That – Together!

Join WSU Waste Wise for a training
focused on Beyond Plastic Pollution

WHAT YOU'LL DISCOVER

- The problem of plastics + microplastics in our water, homes, & body
- Why recycling isn't enough
- Responsible consumption
- Easy swaps for lower-impact living
- Practical long-term strategies

COURSE DETAILS

Wednesdays, Sept 2 – Oct 28, 2026

4:00 – 6:00 PM

Available online or in-person

Island County Multipurpose Center

141 NE Camano Drive, Camano

Cost: \$125 (Scholarships available upon request)

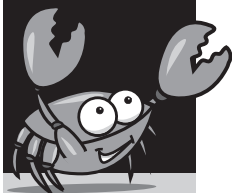
For more Waste Wise information scan the QR code or contact
Heather Vitiaz heather.vitiaz@wsu.edu | 360-639-6060

<https://extension.wsu.edu/island/nrs/waste-wise/>



WSU Extension programs and employment are available to all without discrimination. Evidence of non-compliance may be reported through your local Extension office or to the WSU Center for Human Rights.

Community Information



DID YOU KNOW?

The Hobbit has been published in two editions.

In the first edition, Gollum willingly bet on his ring in the riddle game.

BASKETBALL FREE PLAY FOR THE COMMUNITY

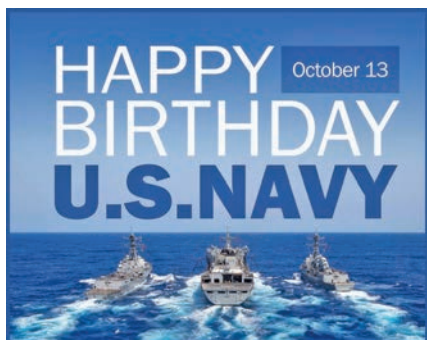
Every Friday at 795 Ell Rd., Camano. It is indoors and it's not quite a full size court, but it's good enough to have fun. All are welcome."

WREATH ACROSS AMERICA EVENT 2026 VOLUNTEERS NEEDED

The Wreaths Across America (WAA) needs your help. Please help in whatever capacities you can with whatever time you have to give. Wreaths Across America (WAA) is a national nonprofit organization founded in 2007 to continue and expand the annual wreath-laying ceremony at Arlington National Cemetery. Because this year is our nation's 250th anniversary, the theme is "Remember Me". The WAA is calling for a renewed focus on the individual lives behind America's military service. On the second or third December of each year, this wreath-laying event includes laying services flags accordingly near each veteran's grave. This year, the event, sponsored for the Stanwood/Camano areas by VFW Post #12228, will be held on December 19 at 10 a.m. at Anderson Cemetery, Our Saviour's Lutheran Cemetery (Stanwood), Camano Lutheran Cemetery, and Camano Island Pioneer Cemetery (Camano Island). About a week prior to the event, a semi-truck will deliver the wreaths to Anderson Cemetery. Volunteers will be needed to help offload boxes of wreaths into the storage area at Anderson Cemetery. Other tasks that need to be done before the event at the above-mentioned cemetery and at Our Saviour's Lutheran Cemetery: include the following: reaching out to local businesses to donate stands for the ceremonial wreaths, arranging a speaker/ MC to come, and getting recycling and trash dumpsters. Various tasks need to be done on the day of the ceremony. Once the ceremony is over, all of the chairs and sound equipment will need to be put away. For more information or answers to questions you may have, please feel free to contact me at mary.conner-ton@msn.com or (360) 722-0037.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.



OCTOBER 13



NATIONAL
METASTATIC
BREAST
CANCER
AWARENESS
DAY

Community Information



ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!

CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed pickup games in Stanwood. Whether you're a seasoned player or new to the sport, event is open to all.

HAUNTED TRAIL

Dare to walk...if you can. Haunted Trail opens September 1-November 1. Spooky scenes throughout the trail. Fun scares and surprises. Perfect for all ages. Bring a flashlight for extra fun. Support local. Shop. Explore. Get spooked. At Gypsy Treasures on Shumway Street, Camano Island.

TRIVIA, KARAOKE, BINGO, AND GAME NIGHTS

Many of our local businesses offers weekly "events". Following are some of the locations that offer these "events" (that are typically free to participate) on a weekly basis: KARAOKE: Stanwood Hotel and Saloon, Conway's Pub & Eatery, Beauty Bar Salon + Lounge, Low Bar. TRIVIA: SAAL Brewing Company, Rockaway Bar & Grill, Pub 282. BINGO: American Legion Hall (Camano Island), Beauty Bar Salon + Lounge, Pub 282 at 7pm. BOARD GAME DAY: Scattered Deck Games. MAHJONG: Lincoln Hill Retirement Community.

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NOV 4TH

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- ★ **ISLAND COUNTY CORRECTIONS ASSOCIATION**
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★ **30+ YEARS LAW ENFORCEMENT**

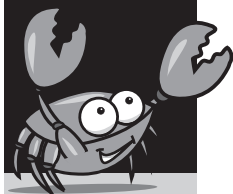
★ **NAVY VETERAN**

www.SheriffRick.com

Re-Elect Sheriff Rick Felici

Paid for by Retain Rick (I) • PO Box 1292, Coupeville, WA 98239

Community Information



DID YOU KNOW?

October has just two birthstones, tourmaline, and opal. Opals come in a myriad of striking colors that often seem to swirl together and are a symbol of faithfulness, purity, and hope.

TROLLS EXIST IN THE PACIFIC NORTHWEST



What comes to mind when someone asks, “Have you seen the trolls?” For many people, the answer is immediate: the famous concrete troll in Seattle’s Fremont neighborhood, clutching a Volkswagen beneath the Aurora Bridge. But a different kind of troll arrived in the Pacific Northwest three years ago—and these larger-than-life figures are far more whimsical than frightening. Created by world-renowned Danish artist Thomas Dambo, the trolls are part of an international collection that now includes more than 190 sculptures around the globe. Dambo is known for transforming discarded materials into extraordinary works of art, creating interactive installations that invite people to explore the outdoors while encouraging them to protect the natural world. Every troll is unique, with its own appearance, personality, and story. Six of Dambo’s trolls live in the Pacific Northwest—in Bainbridge Island, Ballard, Issaquah, Portland, Vashon Island, and West Seattle. Now celebrating their third birthdays, these publicly accessible sculptures have become beloved landmarks and destinations for curious visitors of all ages. But they are more than whimsical giants. Each of these PNW trolls are part of a larger environmental story—one that celebrates art, nature, and the human experience while highlighting connections between Coast Salish cultural heritage and Scandinavian traditions. Here is an introduction to one: Brunn Idun. In the night, there was a storm, there at the beach where she was born and Idun felt a feeling wrong, and so she walked there in the dawn and in a flute, the magic horn, a tune so passionate and strong, she played for them an orca song to ask them where they all had gone. So, have you seen the trolls? They may be hiding in plain sight, waiting to lead you on an adventure. Trollmap.com

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*Experience
History
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STANWOOD • CAMANO HISTORIC SITES AUDIO TOUR ALL YEAR ROUND



1909 Swing Bridge to Camano Island

SAHS 92-41-22

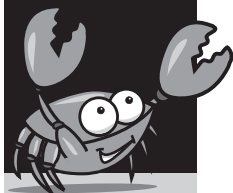
For more information, maps, and videos,
visit our website at historicsitestour.com

Start the tour from Pioneer Hwy and enter East Stanwood by the train station. Stops #1 and #5 have open restaurants.



1. People's Union
2. S. A. Thompson House
3. I.O.O.F. Public Hall
4. D.O. Pearson House
5. Stanwood Volunteer Fire Dept
6. Camano Lutheran Church
7. Camano Lutheran Cemetery
8. Kristoferson Farm
9. Barnum Point Preserve
10. Camano Island State Park
11. Cama Beach Historical State Park
12. Camano City Schoolhouse
13. Camano Island American Legion
14. Utsalady Ladies Aid
15. Camano Pioneer Cemetery

Community Information



DRACONID METEOR SHOWER

If you live in the northern hemisphere, you'll be rewarded for keeping your eyes to the skies in October, as the Draconid Meteor Shower can be seen. It contains a single comet that is visible exclusively in the northern hemisphere between October 6th and 10th.

HEALING THROUGH NATURE PRESENTS "FROM DESPAIR TO REPAIR"

Ritual Landscapes & The Evolutionary Wheel. An Exclusive Pacific Northwest Regional Immersion & Forest Ceremony. Following the global momentum of the international Healing Our World: From Despair to Repair conference (October 17-19, 2026), this exclusive, independent masterclass serves as the vital regional extension for the Pacific Northwest. Having personally shared this framework on the Findhorn Conference grounds earlier this year, the host brings the authentic spirit of this global lineage directly to our local landscape. Hosted by the author of the definitive two-textbooks: *Healing Through Nature: A Self-Healing Practice and Reference Guide: Volume I & II*, and educator/facilitator at International/National Conferences since 1999, this intensive delivers a tangible, localized application. It provides a working model designed specifically for contemporary non-native persons to respectfully and profoundly engage with ancient cedar-fir mature forests, deeply informed by the history of the First Nations Peoples. **THE EXPERIENTIAL JOURNEY:** Act I: The Evolutionary Wheel Masterclass: A space-limited multimedia presentation held inside an intimate, sacred ceremonial lodge. Discover how ancient landscape geometry applies directly to modern ecological healing. Act II: The Sacred Mature Forest Journey: A quick 10-minute drive leads participants into a private, restricted-access mature Cedar-Fir Forest with a maintained trail, for a deeply immersive, guided communal ritual-walk with a guided drum. Act III: The Dance of the Forest Queen with Communal Dance-Movement & Sounding (Circle Dance around Grandmother Cedar): Experience a live Ritual Dance Performance and collective Prayer for our NW Cedar-Fir Forests, River-Salmon waterways/inter-related ecosystems, and Honoring of First Nations Peoples. **LOCAL LIVE EVENT LINK:** www.7phases.org/DespairtoRepair. When: Saturday, October 24 OR Sunday, October 25, 2026, from 2:00 PM to 6:00 PM (These are two separate, single-day offerings; please select one date only when requesting your invitation). Where: Stanwood-Camano Island, WA. (Exact ceremonial lodge address provided upon registration). No admission fee: this Gathering is offered purely in reciprocal relationship with the Land, aligned with Peace, Love, & Healing. International Online Findhorn Despair to Repair Conference Details: Humanitix Event Page or <http://tinyurl.com/heal-our-world>.

ANNUAL HOLIDAY BAZAAR VENDORS WANTED

Saturday, November 21, 9am to 4pm at the Camano Country Club Clubhouse, 1234 S. Beach Drive, Camano Island. Tables inside (8 foot) rental \$70.00 each. Outdoor space rental \$35.00. Call Kathleen 360 472 4112 or email sandsci@wavecacle.com for more information.

Make the Land Pay



DID YOU KNOW?

October has two strikingly different birth flowers: the pastel-hued cosmos and the radiant marigold. The cosmos flower represents the joy one finds in peace and love. The marigold, otherwise known as the calendula, is said to be a symbol of tranquility, grace, and grief.

MAKE THE LAND PAY

Camano Island is a beautiful place. That's certainly demonstrated by all the visitors who show up most weekends and holidays looking for a little break from city life. But there were other reasons people came to the Island in the past that had nothing to do with rest and relaxation.

Long ago, when the first whites showed up, they found an almost impenetrable wilderness. I imagine they looked up at the vast forest and must have said to themselves, we can make money from this! And they did. They were so good at monetizing timber that there are virtually no old growth trees left on Camano. It's really hard to find any living specimens. I have been on the Island for almost 22 years, and I can think of only a handful still around. Mostly, you will just find some old growth stumps with springboard notches hacked into them.

After the early loggers made their money, I suspect they asked themselves, how can we wring more money out of the land? So, they decided to sell off the land they logged by subdividing it into smaller parcels, making long narrow lots next to the shoreline to maximize profit.

After the loggers came and went, a new crop of entrepreneurs showed up. Though the forests were gone, the waters around Camano were still chock full of sea life; another way to make the land pay. So, they started resorts for visitors to come to the Island to do a little fishing. Places like Camp Diana, Sunset Beach and Madrona Beach started out this way.

It was inevitable that sooner or later the bountiful supply of fish would peter out. And one by one, the resorts closed their doors.

After the resorts disappeared, all that was left was the land. So, how to make it pay again? The result? You guessed it. The real estate market took off.

Camano has endured a prolonged land rush, especially recently. So much so that our population has mushroomed from 17,303 in 2024 to 21,582 in 2026; an increase of over 23% in just two years! This has obvious consequences. More and more acreage has been converted into suburban subdivisions and manicured lawns and gardens. I have to wonder what will happen to the Island's aquifer and where the wildlife will live.

Besides the sale of land, there are newer ways to make the land pay. Some landowners have figured out they can sell access to their property. Obviously, vacation rentals are one way. But there are others. Some folks charge to access their private beaches.

And there are other people who make their land pay by charging for the right to hunt, fish or camp on their land. I am sure there are more ways I haven't even thought of.

Make the Land Pay



Meanwhile, I am grateful there are still places on the Island which remain raw, wild and almost free of any sign of civilization. Places where the only sounds you ever hear are from eagles calling or frogs croaking or leaves rustling in the wind.

These few wild places on Camano make the other citified neighborhoods possible. The Circlewood folks are a shining example of trying to preserve a semblance of how the Island once was. The Whidbey Camano Land Trust has done a great job of protecting land here, along with Friends of Camano Island Parks who maintain and enhance our State and County parks. Of course, there are private landowners doing their part too.

A few years ago, my wife and I put our money where my mouth is. We are preserving forest land on the south end where we have lots of wildlife.

Preserving a bit of the Island in the way it was when humans first set foot here has its own special value. It can't be measured in dollars and cents. Those who do that in their own small way are trying to bring a little bit of Camano full circle.

- Story by Jim Sable.

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BUSINESS *People of the Year* 2026

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29TH ANNUAL CHILI CHOWDER COOK-OFF

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2027 NORTHWEST GLASS QUEST

Registration Opens Sept.
Deadline Thanksgiving!



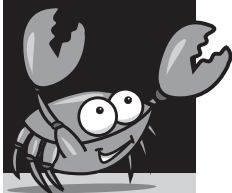
Member Appreciation BBQ

Sept. 17th – RSVP
Not a member? Join!



www.camanoisland.org

What is That?



A new column describing a local or native plant or animal in our area.

WOOLLY BEAR CATERPILLAR



The banded woollybear, *Pyrrharctia isabella*, is famous for predicting the harshness of the coming winter weather (the wider the black bands, the harsher the winter). It is informally known as the woolly bear, woolly worm, weatherworm, black-ended Bear, and fuzzy wuzzy.

Mature caterpillars are a little over an inch long and are covered with stiff hairs. Middle segments of the abdomen are covered with rusty red hairs and with black hairs at either end. As the caterpillars grow, black hairs are replaced with orange hairs so that the rusty red band is widest in mature banded woollybears. In fall, these caterpillars seek overwintering shelter under bark, leaf litter or a log, and can survive temperatures as low as -90 F. They overwinter either as caterpillars or they spin flimsy cocoons inside of which they overwinter as pupae. In the spring, the overwintering caterpillars warm back up and begin to feed. They spin cocoons and pupate. Some days later the next generation of Isabella moths emerges to mate and lay eggs on weeds, trees and grasses. Male Isabella moths are buff with small black spots. Female Isabella moths have lovely pink hind wings.

We have Lipiflow!

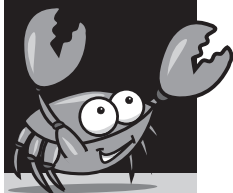
8718 270th St. NW, Stanwood

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Dining Guide

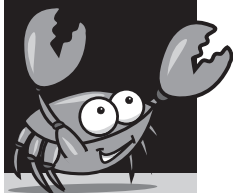


DID YOU KNOW?

Both Motel 6 and Super 8 get their names from the original prices of the rooms. Motel 6 started at \$6 in 1962, and Super 8 at \$8.88 in 1974.

ACES BBQ (Stanwood) • (206) 465-4931
AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052
ARCADIAN PUBLIC HOUSE (Conway) • (206) 799-1179
BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885
BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324
BEST BURGER HUT (Stanwood) • (360) 853-0067
BLUE HERON KITCHEN & BAR (Camano Island) • (360) 502-8700
CAMA BEACH CAFE (Camano Island) • (360) 387-3266
CAMANO THAI (Camano Island) • (360) 926-8688
CENTER CAFE (Stanwood) • (360) 629-7403
COASTAL VIE (Stanwood) • (360) 355-9541
CONWAY'S PUB & EATERY (Conway) • (360) 445-4733
COOKIE MILL (Stanwood) • (360) 629-2362
DOS REALES (Stanwood) • (360) 629-0822
DOMINOS (Stanwood)
DRAGON PALACE (Stanwood) • (360) 629-8106
DUCK IN CAFE (Stanwood) • (360) 629-3440
FARMERS CAFE - (Stanwood) • (360) 629-4953
GYRO STOP (Stanwood) • (360) 572-4175
IXTAPA MEXICAN RESTAURANT (Stanwood) • (360) 629-5228
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JIMMY'S PIZZA (Stanwood) • (360) 629-6565
JOHNNY'S BURGER STOP (Stanwood) (360) 629-9427
JOURNEY'S END CAFE (Camano Island) • (360) 387-9120
LATINOS RESTAURANT (Stanwood) • (425) 308-6610
LITTLE CAESARS PIZZA (Stanwood) • (360) 629-6999
LOW BAR STANWOOD (Stanwood) • TBA
MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500
MCDONALD'S (Stanwood) • (360) 629-9787
MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535
MUSTARD SEED BAKERY & CATERING (Stanwood) • (360) 572-2499
NAHA TERIYAKI (Stanwood) • (360) 629-0681
PADDLE PUB (Stanwood) • (360) 652-4156
PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826
PAT'S THAI (Stanwood) • (360) 572-2381
PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981
PHOENIX PAVILION (Stanwood) • (360) 629-4662
PRIMAL BARBECUE (Camano Island) • (360) 572-2122
PUB 282 (Camano Island) • (360) 926-8960
PURE SMOKE BARBEQUE (Stanwood) • www.puresmokenw.com
RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000
ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920
SAAL BREWING CO. (Stanwood) • (360) 629-0102
SAHARA PIZZA (Stanwood) • (360) 629-6886
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STANWOOD CUPCAKES (Stanwood) • (360) 926-8241
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STILL WATER LOUNGE (Stanwood)
SUB JOINT (Camano Island) • (360) 230-9611
SUBWAY (Camano Island) • (360) 631-5055
SUBWAY (Stanwood) • (360) 629-2678
TACO TIME (Stanwood) • (360) 629-5018
TAPPED CAMANO (Camano Island) • (360) 572-4986
THAI THAI KITCHEN (Stanwood) • (360) 629-0600
TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001
VIVO ITALIAN BISTRO (Stanwood - COMING SOON) • (360) 629-2044
WAYNE'S CORNER CAFE (Stanwood) • (360) 939-2300
WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372

Longevity Lens



A column about longevity and aging well.

Dr. Maria Cayabyab ("Dr. Maz") is a board-certified OB-GYN, a functional medicine practitioner, and medical director at Kirra Health.

YOUR DNA'S REPAIR SYSTEMS HAVE LIMITS



Hallmark of Aging #1: Genomic Instability. Our DNA is under repair all the time. Every day, normal metabolism, ultraviolet light, tobacco smoke, alcohol metabolism, and other exposures can damage it. Most of the time, our cells recognize that damage and repair it before it causes a problem. But not all repair is perfect. Over time, some damage persists or is repaired imperfectly. The result—increasing genomic instability, including accumulated DNA damage and repair errors—is one of the fundamental hallmarks scientists use to understand why disease risk rises with age. This does not mean our DNA is destiny. It does mean prevention has a real job to do. Here is the myth worth retiring: no cleanse or supplement has been proven to meaningfully repair DNA or erase accumulated damage. The proven prevention levers are less glamorous: avoid tobacco, protect your skin from ultraviolet light, limit alcohol, make a healthful eating pattern your default, and keep up with screenings that fit your age, health history, and family history. While screening does not undo DNA damage, it can find precancerous changes or cancer early, often before symptoms begin—when there may be more options to prevent progression or treat disease effectively. This is prevention in its most literal form. Not waiting for a symptom to prompt the visit, but understanding your risks while you still feel well. If it has been a while since you reviewed the screenings that make sense for you, this is a good time to start that conversation.

For more insights, visit kirrahealth.com/blog.

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Camano Friends Club

Memory Care Day Respite Program



Welcoming Friends, Enriching Lives

Camano Friends Club is a joyful and welcoming place where people living with memory loss can connect, engage, and enjoy meaningful time together.

A typical 5 hour day:

- Low-impact social time to encourage group engagement and support
- Small group setting with 2 to 1 ratio of participant to experienced staff & volunteers
- Light physical activities
- Art and other creative projects
- Group-oriented games and other forms of cognitive stimulation
- Lunch, snacks, and light refreshments throughout the day



Camano Friends Club

**Tuesdays & Thursdays, 9:30–2:30
at the Camano Center
Pre-registration required**

**Contact the Camano Center to find out if this program is the right match for you:
info@camanocenter.org or 360-387-0222
606 Arrowhead Road, Camano Island, WA**



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Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.

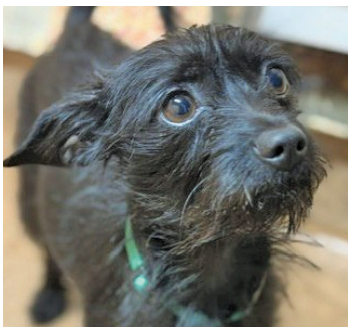




CASA'S PET OF THE WEEK:

Meet **CHOPPER**, a 2-year-old Alaskan Husky/Labrador mix. His favorite things are sniffing every blade of grass, cheek scratches, and being with his people. Chopper is playful, affectionate, and happiest when he's with his people. He forms deep bonds with the people he trusts. If you're looking for a loyal companion who makes ordinary days feel a little more special, Chopper might just be the dog you've been waiting for.

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

My name is **WILLA** and I am a new arrival here at The NOAH Center! It's very exciting to be here and get to meet all new people. I would love a chance to meet you too and maybe be chosen to be part of your family. If you are interested in meeting me, please come to The NOAH Center and talk to an Adoptions Matchmaker today!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org

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LOCAL

RESIDENTIAL

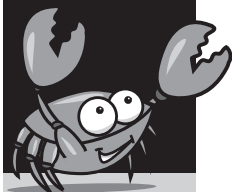
COMMERCIAL

LAND

DEVELOPMENT

GLENDA FABRIZIO
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(206) 228-6312

If you are already working with an agent, this is not meant as a solicitation for that business.



*Recipes by
Cooking Mamas
created by
Dusty Hutchins-
McNutt.*

*"Great recipes
begin in Mama's
Kitchen!"*

Visit me at: www.CookingMamas.com

ZUCCHINI CRISP

Zucchini is a fruit, so naturally, we made a crisp! Surprise your family and friends with this delicious dessert that tastes just like apple crisp

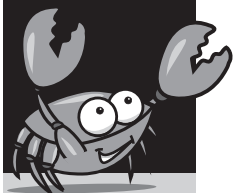


FILLING: 6 c. med. zucchini peeled, seeded & chopped (about 6-8 med. zucchinis); 1/2 c. granulated sugar; 1/3 c. fresh squeezed lemon juice; 1/4 tsp. ground cinnamon

CRUMB TOPPING: 1 c. all-purpose flour; 1 c. brown sugar; 1 c. rolled oats; 1 tsp. ground cinnamon; 1/2 tsp. salt; 1/2 c. cold butter cut into cubes

DIRECTIONS: Preheat the oven to 350 degrees. **FILLING:** Peel the zucchinis. Cut in half lengthwise, remove the seeds with a metal spoon, and chop into bite-size pieces. In a large skillet, bring the zucchini, sugar, lemon juice, and cinnamon to a simmer over medium heat. Cook stirring occasionally for 10-15 minutes until tender-crisp and sweet (do not overcook or you will have mush). Transfer the zucchini with the liquid to a 2 1/2-quart casserole dish. **CRUMB TOPPING:** In a large bowl, stir together the flour, brown sugar, oats, cinnamon, and salt. Add the cubes of cold butter to the flour mixture. Use your hands to blend the mixture until the butter is evenly distributed and the topping is crumbly. Sprinkle the crumble over the zucchini squeezing some of the crumbs in your hands for bigger crumbs. Bake for 25-30 minutes or until the juices are bubbling and the top is golden brown. Place the crisp on a wire rack to cool completely. Serve with a big scoop of vanilla ice cream. Enjoy!

Classes and Workshops



DID YOU KNOW?

The Anglo-Saxons' name for October was Winterfylleth, with its name containing the words for winter and full moon respectively. It was named this because winter was said to begin from the first full moon of the month.

Myofascial Release October 10, 2-4pm. We will focus on rolling out the soft fascia tissues of our upper body. You will be able to experience the immediate positive effects of myofascial release on your overall mobility and well-being. 1) Workshop only: \$35 2) Workshop + All Props: \$80 or 3) Workshop + Coregeous Ball: \$50 Space is limited, reserve now at movmentarts.com/events or call 360-629-9100

Yoga for Beginners October 13-November 10 Tuesdays 6-7:15pm. This introduction will teach you the foundational alignment of basic yoga postures, how to coordinate breath with movement and philosophical practice to make yoga a tool for your wellbeing. \$95 Register in advance at movmentarts.com/events or call 360-629-9100

Yin Teacher Training Oct 16-18 15hrs CEU with Carol Mason, ERYT-500, YACEP. A 15 hour weekend study that will explore the benefits of yin yoga, its philosophy and Eastern influences, physiology and anatomy, asana and modifications for special conditions and how to develop a yin class. Teachers will earn 15 CEU's and a certificate of completion. \$250. For more information and to sign up go to movmentarts.com/events or call 360-629-9100.

RestorativeTeacher Training November 13-15 15hrs CEU with Melissa Dale, ERYT-200, YACEP. In this 15 hour Teacher Training you will learn: origins of Restorative Yoga; how Restorative differs from Yin; physical and mental benefits of Restorative; use of props; basic Restorative techniques and poses; designing a Restorative practice. This training is open to all yoga teachers and serious students of yoga. Training and certificate fee: \$250. For more information and to sign up go to movmentarts.com/events or call 360-629-9100.

Free Medicare Basics class at Camano Island Library, October 17, 2:30-3:30pm. Learn enrollment options and avoid costly mistakes. RSVP: 360-329-2984. For accommodations of persons with special needs, call 360-329-2984.

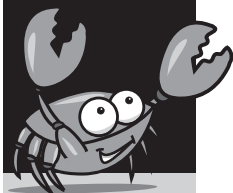
YogaTone Sundays September 13-October 11. 11:00am-12:00pm with Kara Keating. Drop-Ins Welcome! Keep moving and join us for a fantastic, fun, positive sweat/dance/movement/yoga class that's designed for just about anyone. 4 classes for \$100 or \$35 drop in register at movmentarts.com/events or call 360-629-9100.

Zumba classes on Camano with Jennifer Anderson. Mondays @ 5:30pm at the South Camano Grange. By donation, sugg: \$10. Tuesdays & Thursdays @ 5:30pm at the Camano Country Club. \$10 or FREE for clubhouse members. No class on the 3rd Tuesday of the month.

Health & Wealth Mondays Every Monday 5:30-7pm at the South Camano Grange. Presented by Evergreen Farm. We host rotating classes including crafts, history of the grange talks, financial health information classes, AI and technology classes, wellness checks like blood sugar testing, sourdough starter classes and more! Suggested donation recommendations for these classes vary by topic.

Free ladies exercise class Tuesdays and Thursdays from 9-9:45 at Camano Chapel followed by a short encouragement message. Please come join us! camanochapel.org/connect for more information.

Classes and Workshops



DID YOU KNOW?

Adult cats only meow at humans, not other cats. Kittens meow to their mother, but once they get a little older, cats no longer meow to other cats.

Chair Yoga at Lincoln Hill Retirement Community. Lower stress, reduce risk of heart disease, more stable blood sugar, less back and arthritis pain, sharper memory, reduce anxiety and depression, sleep better, feel happier and weight loss. Come join us on Tuesday and Thursday mornings at 10am in our exercise room.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. Serving Camano/Stanwood since 2002. 360-631-0661.

Music Lessons That Fit (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Call 425-780-2289 or book a free 30-minute lesson: HartMusicSchool.com/free-trial. (Piano teachers with your own studio in Camano/Stanwood — we're looking to partner: HartMusicSchool.com/apply-to-teach.)

Free Macbook and iPad / iPhone Tutoring 3 / 30-minute sessions in the Camano Center Library (1pm, 1:30pm, 2pm) the second and fourth Thursdays of each month. Sign up at fact@msdeadlines.com

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription web-sites and records. Contact us at camano@familyhistorymail.org.

Movement Arts Yoga Classes In-studio & Online. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes.

Free ladies exercise class Tuesdays and Thursdays from 9-9:45 at Camano Chapel followed by a short encouragement message. Please come join us! camanochapel.org/connect for more information.

Fall Paint Party. October 11. We will have dozens of paintings to choose from including seasonal fall, Halloween, Christmas and childrens paintings to choose from. Drop in anytime between 10am - 4pm, pick a painting and we'll guide you through it. Or paint your own design! \$25/ person. All materials provided. Call Painting With VanGo for questions or more details. (425) 351-8205



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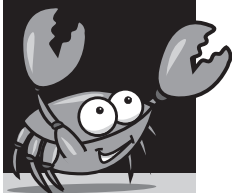
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Photos and Art



DID YOU KNOW?

If you point your car keys to your head, it increases the remote's signal range. This works by using your brain to act as a radio transmitter.

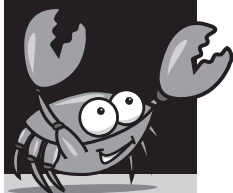


Enjoying the autumn rain. Photo by "V Glitter".



Towhee photo by Robert Burton.

Classified Listings



DID YOU KNOW?

There are 10,000 underground nuclear bunkers in Beijing, built during the Cold War. They were later sold as real estate and are currently inhabited by 1 million people.

FOR SALE:

Madrona trees for sale. Two years old in gallon pots, 16" to 30" tall. \$30 each or \$100/four. (928) 607-5826.

MISCELLANEOUS:

Rental wanted. Two daughters and mom cannot afford high rent. Need 2 or 3 bedrooms. \$1200-\$1500 a month. Stanwood area or north half of Camano Island. 360-629-2133.

I buy vinyl record albums: Rock, Pop, Jazz & more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

We have a furnished studio apartment above the garage that has its own kitchen, bathroom, laundry room and a storage room with under cover parking. It is available October 1st and it is ready for viewing. It is located on 5 acres of mostly forest – very beautiful! It is \$1,600 with water, electric and garbage included. Call Jess for further information 509.240.2909.

For Sale: Multifamily properties on Camano for investors or short-term rental opportunities. Please contact Glenda Fabrizio; Windermere Real Estate Co., Glenda@windermere.com, (206) 228-6312.

Collectible Toys, priced to sell! Hot wheels, Matchbox, Johnny Lightning, model cars, Star Wars, action figurines, Transformers, Smurf, California Raisins etc. Call Fred: 360-631-5656

Book Collection, priced to sell! Original Publishers. 1st, 2nd & 3rd editions! Stephen King, Anne Rice, Tom Clancy, Dean Koontz, Jean Auel, Michael Crichton etc. Call Fred: 360-631-5656

PROFESSIONAL SERVICES:

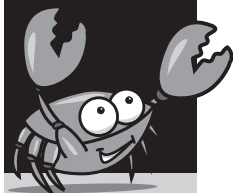
I'm looking for remote work in copywriting and business newsletters. My background also includes strategic communications, customer success, project management, and strategy consultations. Tiffany FitzPatrick, 812.251.4604, tiffanyfitzpatrickco@gmail.com.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmittchell8974@gmail.com. Serving Outlying Areas.

WANTED:

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.

Clubs and Meetings



DID YOU KNOW?

Hanna-Barbera pitched The Flintstones to networks for 8 weeks before it was finally picked up. It became the first-ever animated show to air during primetime.

Neurodivergent Playgroup Please join us at the Stanwood Co-op Preschool every 2nd Mon of the month from 1–3 p.m. Free and open to the community, siblings welcome! Location: 27027 102nd Dr NW, Stanwood Info: (360) 629-3155 admin@stanwoodpreschool.org

Mabana Flames Monthly lunch meeting 10am the first Thursday of the month, September - June, except January. Come and support Camano Fire. More info: Lenore at 206-930-0846.

Rainy Day Room Playgroup Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/events.

Dottie's Nature Play is for ages 0-5 and their caregivers on Thursdays from 10:30am and 3pm at Community Resource Center of Stanwood Camano (across from Stanwood Library). This outdoor playgroup is all about hands-on discovery, sensory-rich experiences, and letting curiosity lead the way. Come dressed for the weather and ready for adventure!

Kaleidoscope Play & Learn a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

Camano Island Quilters – Meet the first Wednesday of every month September through June from 10-12 noon at the Stanwood United Methodist Church – 27128 102nd Drive NW, Stanwood. Visit our website for more info: camanoislandquilters.wildapricot.org/

Neurodivergent Playgroup Please join us at the Stanwood Co-op Preschool every 2nd Mon of the month from 1–3 p.m. Free and open to the community, siblings welcome! Location: 27027 102nd Dr NW, Stanwood Info: (360) 629-3155 admin@stanwoodpreschool.org

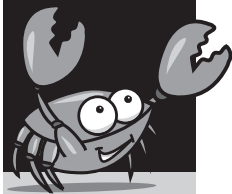
Meditation group at 1pm at Lincoln Hill Retirement Community. Meditation has many benefits including reduced stress, lower anxiety, improved sleep quality, and better emotional regulation.

Silvana Serinity Al-anon family group meets Wednesdays, 10 am, at Peace Lutheran church in Silvana. More info: 425-367-1776.

Community Open Sew 2nd Monday of the month with Camano Island Quilters. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public. Want to sew with others, need help on a project? We are here to help you. Bring your sewing machine, a project, and basic tools for an afternoon of fun!

Camano Island Women's Republican Club – Join us for a potluck and conversation about policies, politics and interesting speakers that affect the Stanwood/Camano Island communities. The club meets on the 4th Tuesday of every month at The Chalet at Camaloch, 358 Camaloch Drive at 12 noon sharp. www.CIWRC.com

Clubs and Meetings



DID YOU KNOW?

Researchers have found that flossing your teeth can help your memory. Flossing prevents gum disease, which prevents stiff blood vessels, which cause memory issues.

Stanwood / Camano Coin Club Meets the 4th Monday of each month at Island County Multipurpose room: 141 SE Camano Dr, Camano. This club offers collecting opportunity, education and mentoring to all ages. Buy - Sell - Trade - Learn.

Parkinson's Support Group located at Lincoln Hill Retirement Community can provide essential emotional support, reduce isolation, and offer practical, firsthand knowledge to help patients and caregivers navigate by connecting with others who truly understand the daily challenges of the disease. It meets every 2nd Monday of each month at 10:45am in the Center Hall.

Caregivers Support Group meets at 10am Lincoln Hill Retirement Community. (meets first Tuesday of each month). Come meet and talk to others participating in the care of a loved one. This group meets at 10am. Open to the community.

Are you or your loved ones suffering from depression or anxiety?

There is hope! The Nedley Depression & Anxiety Recovery Program is an evidence-based community education course designed to provide the tools, support, and practical interventions needed to overcome depression and anxiety and achieve optimal mental health. Questions? Call/Text 425-870-1006.

Are you troubled by someone else's drinking? When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: SUNDAY, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; "One Day at a Time," Lincoln Hill Retirement Community, 7430 276th ST NW, Stanwood, 6:30 pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), THURSDAY, "Stanwood AFG", United Methodist Church, 27128 102nd Dr., Stanwood, 7:00pm, SATURDAY, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am. For more info and additional Al-Anon meetings in Northern Snohomish County call 360-618-0464 or go to <https://district28alanon.com>

Interested in joining Camano Island Quilters? We would love to meet you, stop by, and/or check us out on our website at <https://Camanoislandquilters.wildapricot.org>.

The Stanwood VFW Post 12228 meets the 2nd Tuesday of every month at 6 p.m. Meetings are held in the American Legion Frank Hancock Post 92 building next to CVS Pharmacy.

View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

A GENERIC HUSBAND'S APOLOGY LETTER TO HIS WIFE



[Author's note: As a public service to my married male readers, I have crafted a generic apology letter for husbands who are looking for just the right, sensitive words to explain to their wives that they're sincerely sorry for all their husbandly shortcomings. Guys, feel free to edit this to your specific situation to ensure your wife forgives you and lets you stop sleeping on the couch over your latest screwup.]

Dear [Choose one: Darling / Honey / Sweetheart / Ole Ball & Chain], I feel I am past due in extending to you a sincere apology for the many ways I have failed you over the years. As I reflect upon our nearly [fill in # of years: ____] years of marriage, I realize there have been countless occasions in which I have selfishly placed my own wants, needs, and basic understanding of how reality works ahead of your spousal expectations. For example, I want to offer my profoundest apologies for my reckless behavior regarding the thermostat. I don't know what possessed me to believe that 72°F was a temperature suitable for human habitation. I clearly forgot that the "proper" indoor climate for a suburban home is a balmy 84°F – somewhere between a tropical rainforest and a commercial greenhouse. My mistake was assuming that if you saw sweat forming on my forehead while I was sitting motionless on the couch, you might conclude, as I did, that the house might be slightly too warm. From now on, I will respect your wish to live inside a high-functioning pizza oven. That was insensitive of me. I'm sorry.

I also owe you a massive apology for my inexcusable occasional lapse in attentiveness when you tell me stories about your latest workplace drama. You were roughly forty-five minutes into a truly riveting, frame-by-frame analysis of why Brenda in Accounting is a "passive-aggressive viper" for the way she CC'd your manager on that email about the breakroom microwave.

I realize now that my eyes may have glazed over slightly. It was selfish of me to let the sudden-death overtime of an NFL Seahawks playoff game distract me from the psychological nuances of Brenda's cubicle warfare. A caring husband would have known that the playoff hopes of my favorite team pale in comparison to the specific tone of voice Brenda used when she asked if you'd "had a chance to

View from the Bleachers



DID YOU KNOW?

A bolt of lightning can reach 53,540 degrees Fahrenheit. That's 5 times hotter than the surface of the sun, which is 10,340 degrees Fahrenheit.

look at those spreadsheets yet." I should have known better. Can you forgive me?

I would also like to apologize for the "tone" I used last Tuesday. You were merely fulfilling your civic duty by telling me, for the twentieth time on a four-mile stretch of road, that I should probably be in the left lane, and that the car three blocks ahead of us looked like it was about to brake suddenly. When I raised my voice two decibels, I was being defensive. I should have simply thanked you for providing the turn-by-turn commentary that my GPS – and my 45 years of driving experience – clearly couldn't provide.

I would like to apologize for my ongoing inability to read minds. This has been a recurring issue. Many times I have asked, "Is everything okay?" To which you've replied, "I'm fine." Unfortunately, I have interpreted this response as meaning you were, well, fine. This was an amateur mistake. I realize now that "I'm fine" actually translates to: "I am currently compiling a mental list of every mistake you've made since 2012, and the fact that you can't sense my boiling rage proves you don't love me." I promise to enroll in a Basics of Mind Reading course at the community college this fall so I can better interpret your silence.

Most of all, I would like to apologize for the countless ways I have failed to live up to the very reasonable standard of a handsome, competent, caring, financially successful husband you've come to expect, based on every romantic movie you've ever watched. The man who always says the right thing, remembers every date, and compliments your latest new outfit, without ever asking how much it cost.

I confess that I am not that man. I am merely the guy who occasionally forgets why he walked into the garage. I love you, dear wife, deeply. You are smart, funny, beautiful, [fill in four or five more bromides of appreciation] and a better life partner than I probably deserve. I sincerely hope you can forgive my many failures.

I suspect that deep down you secretly dream about how you'd be happier leaving me for George Clooney, your favorite Hall Pass. I totally understand. I have lost count how many times you have sighed when you watch him on TV, "He just gets more handsome with age," unlike your current husband who, for some reason, just gets more nasal and ear hair with age.

Just a word of caution, however, before you ride off in the sunset with your dreamboat lover: I hear George insists on keeping his house at a crisp 70°F.

With all my love and deepest regrets, Your Loving Husband

TIDE TABLES / SARATOGA PASSAGE / OCTOBER 2-15, 2026

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 2	Low	3:26 AM	-1.2	
2	High	11:05 AM	10.7	
2	Low	4:11 PM	7.8	
2	High	8:39 PM	9.9	
Sa 3	Low	4:28 AM	-0.9	
3	High	12:31 PM	10.7	
3	Low	5:30 PM	7.9	
3	High	9:46 PM	9.2	
Su 4	Low	5:34 AM	-0.5	
4	High	1:48 PM	10.9	
4	Low	7:01 PM	7.4	
4	High	11:19 PM	8.6	
M 5	Low	6:42 AM	-0.1	
5	High	2:40 PM	11.2	
5	Low	8:23 PM	6.3	
Tu 6	High	12:58 AM	8.5	
6	Low	7:49 AM	0.3	
6	High	3:17 PM	11.4	
6	Low	9:14 PM	4.9	
W 7	High	2:28 AM	8.9	
7	Low	8:50 AM	0.8	
7	High	3:48 PM	11.6	
7	Low	9:55 PM	3.4	
Th 8	High	3:39 AM	9.5	
8	Low	9:42 AM	1.5	
8	High	4:16 PM	11.6	
8	Low	10:33 PM	1.9	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 9	High	4:39 AM	10.1	
9	Low	10:28 AM	2.3	
9	High	4:44 PM	11.6	
9	Low	11:09 PM	0.8	
Sa 10	High	5:35 AM	10.6	
10	Low	11:13 AM	3.3	
10	High	5:11 PM	11.5	
10	Low	11:45 PM	-0.1	
Su 11	High	6:26 AM	11.0	
11	Low	11:55 AM	4.2	
11	High	5:39 PM	11.2	
M 12	Low	12:20 AM	-0.6	
12	High	7:13 AM	11.1	
12	Low	12:37 PM	5.2	
12	High	6:07 PM	10.8	
Tu 13	Low	12:55 AM	-0.8	
13	High	7:58 AM	11.1	
13	Low	1:18 PM	6.0	
13	High	6:35 PM	10.4	
W 14	Low	1:31 AM	-0.7	
14	High	8:45 AM	10.9	
14	Low	2:01 PM	6.7	
14	High	7:02 PM	9.9	
Th 15	Low	2:10 AM	-0.4	
15	High	9:39 AM	10.6	
15	Low	2:50 PM	7.3	
15	High	7:29 PM	9.4	



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Food donations can be dropped off in the bins located at the Stanwood and Camano Island Windermere offices. Please bring all monetary contributions to the front desk.

All donations made through our office will benefit our local Stanwood Camano Food Bank



In Loving Memory of Beth Newton

For years, Beth proudly led Windermere Stanwood-Camano's participation in the annual SCCAR Realtor Food Drive. Her kindness, generosity, and passion for helping others will continue to inspire this tradition for years to come.