

Events, Information, and Entertainment in the Port Susan Area Camano Island • Stanwood • Warm Beach • Silvana • Conway



2ND CHANCE THRIFT SHOP

1335 State Route 532, Camano Island

Open Wed-Sat 10am-4pm Donations accepted Thur-Sat 10am-4pm

When you shop at Camano Center's

2nd Chance Thrift Shop, you're doing more
than finding treasures at great pricesYou're supporting your community!

Proceeds directly fund the Camano Center's essential services and support programs for older adults, including:

- Medical Transportation
- Camano Helping Hands
- Old Friends Club
- Activity Groups, Exercise Classes, Enrichment Classes, Support Groups and More!

🔷 🗘 1335 State Route 532, Camano Island



www.camanocenter.org

(360) 629-6142

Snag a deal, do some good - support older adults in your neighborhood!





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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: Stanwood barn and garden. Photo by James M. Shipley.



© The Crab Cracker • Created by Walking Cat Design, Camano Island James and Malynda Shipley, owners, proprietors

thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893 P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission **DEADLINE: JUNE 5** for Next Edition (June 13-26)

FRIDAY, MAY 30

THE GROOVE DOCTORS WITH DEB HARLEY

7:00 PM – 11:00 PM at Pub 282, 370 NE Camano Dr #6, Camano. Time to catch a dose of funk, soul, and unstoppable rhythm — The Groove Doctors are live at Pub 282! These masters of the groove bring the cure for your blues with dance-worthy beats and smooth jams all night long. Don't miss the prescription for a perfect night out!

FRIDAY, MAY 30

UNDER THE PUDDLE

at Arcadian Public House, 18444 Spruce Street, Conway. Doors 7pm. Show 8pm. All shows are 21+. Presale: \$15 At the Door: \$18.

FRIDAY, MAY 30

STANWOOD FARMERS MARKET - OPENING DAY



2-6pm behind the Stanwood Police station. Local produce, food trucks, fresh flowers, baked goods, artisans, and live music. Photo by lan Gleadle.

look for us online at

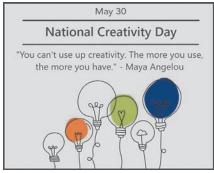
www.TheCrab Cracker.com

or on **Facebook.**

Download current or past editions. FRIDAY, MAY 30

FRIDAY NIGHT KARAOKE

WITH MARCUS. 8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.





SATURDAY, MAY 31

SOUTH CAMANO GRANGE PANCAKE BREAKFAST

8-11am at South Camano Grange, 2227 S Camano Drive. Menu: Pancakes, scrambled eggs, sausage links, fruit with juice and coffee, tea or cocoa. Come support the Grange and see the fun happening. Before arriving, please call (425) 754-7421 to confirm the event is happening.

SATURDAY, MAY 31

3RD ANNUAL SPARTAN FOOTBALL GOLF CLASSIC



at Camaloch Golf Course. Fundraiser for Stanwood High School Football Program and the Stanwood AAAA Booster Club.



Tracy Stevens











Tracy Stevens, Broker

Tracy Stevens is a top local Real Estate Broker in Stanwood and on Camano Island. Her client service and her expertise are of the Highest Caliber. If you are thinking about making a move, please reach out to Tracy today!

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ANNUAL FUNDRAISING EVENT FOR THE CRC

TICKETS ON SALE 6/9

TICKETS INCLUDE:

SMALL BITES
LIVE MUSIC
LIVE AUCTION
WINE/SPIRIT PULL
1 DRINK TICKET AT BAR
21 AND OVER EVENT





ON SALE JUNE 1ST CRC-SC.ORG OR SCAN QR CODE

PARTICIPATING RESTAURANTS

CAMANO COMMONS MARKETPLACE, BLUE HERON, ROCKAWAY, SEN, JUNIPER BITES, TAPPED PUBLIC HOUSE, PURE SMOKE BBQ, MERRY LITTLE BAKER, PRIMAL TACO, THE BAKED CAFE, JOURNEY'S END, STANWOOD CUPCAKES, SAAL BREWING, SASQUATCH SUBS, PATINI'S GRILL

DID YOU KNOW?

The set used on the television show iCarly was also used for Saved by the Bell.

SATURDAY, MAY 31

ASK A MASTER GARDENER CLINIC: CAMANO



11am-1pm at Ace Hardware, Camano Plaza. Bring your questions, plant pictures and plant samples, and get free research-based gardening advice from an Island County Master Gardener.

SATURDAY, MAY 31

ASK A MASTER GARDENER CLINIC: STANWOOD

Snohomish County Master Gardeners will be staffing a clinic at Haggen this Saturday from 10:00 - 2:00. Please come and bring your gardening concerns. (It is very helpful if you bring samples and/or photos so that we can identify the issues & give accurate advice.) Looking forward to seeing you!

SATURDAY, MAY 31

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up...Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, MAY 31

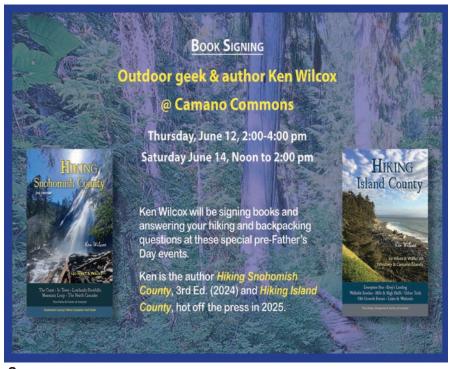
THE WALRUS

at Arcadian Public House, 18444 Spruce Street, Conway. Doors 7pm. Show 8pm. All shows are 21+. Presale: \$13 At the Door: \$15.









SATURDAY, MAY 31 CARS & COFFEE



Come have coffee and admire our local hot rods, muscle cars, and more. Free admission to general public and free to bring by your custom car. The location alternates each week, either at Coastal Vie, Stanwood or Camano Commons. Check with them to determine this week's location. Free coffee for participants (and mini donuts at Coastal Vie). 7-10am. All cars welcome. Come out and have fun!

SATURDAY, MAY 31

TOY BOAT BUILDING



Came Beach Foundation (CBF) will begin doing the Toy Boat building event from 10am to 2pm at the North Beach Picnic Shelter in Camano Island State Park. Anyone interested should head to Camano Island State Park and follow the directions on the A-frame signs to get to the event.

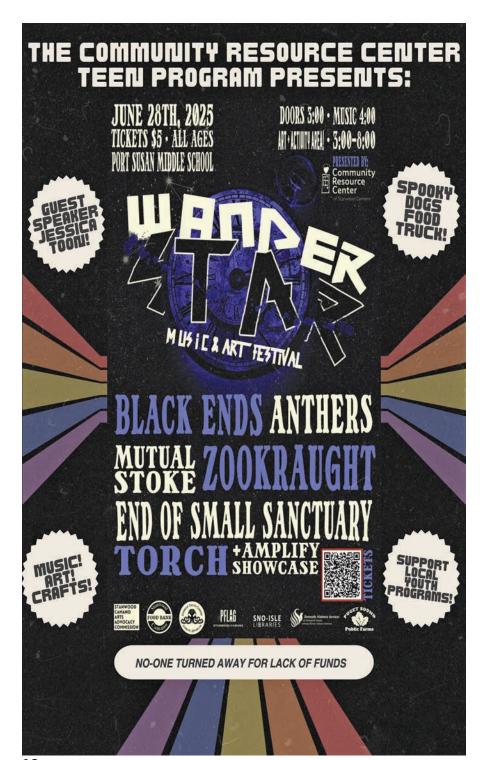
SATURDAY, MAY 31

THE SHANNANIGANS

7:00 PM – 11:00 PM at Pub 282, 370 NE Camano Dr #6, Camano. Get ready for a wild night of music, mischief, and mayhem — THE SHAN-NANIGANS are storming Pub 282! With high-energy tunes, killer harmonies, and a whole lot of charm, this band knows how to throw a party. Come for the craic, stay for the shenanigans!

DID YOU KNOW?

One weird fact about the human body is that a child's circulatory system stretches out to 60,000 miles long. By the time they're adults, it stretches out to 100,000 miles of blood yessels.



SATURDAY, MAY 31

PLASTIC PLANT POT EXCHANGE



Event by WSU Waste Wise - Island County and WSU Extension - Island County. 10am-noon at 461 E Camano Dr, Camano Island. Due to popular demand, we have decided to add a Plastic Plant Pot Exchange event for Spring 2025! Like our fall event this is completely free and open to all.

MONDAY, JUNE 2

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, JUNE 2

ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

MONDAY, JUNE 2

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

DID YOU KNOW?

Identical twins do not have the same fingerprints.





ADULT SCHOLARSHIPS NOW OPEN!

Looking to get ahead in the current workforce, heading back to school after a break, or continuing your education? Check out the Stanwood-Camano Community Adult Scholarships. Must be 21 years old for most scholarships but eligibility requirements vary.

TO VIEW A LIST OF AVAILABLE SCHOLARSHIPS OR APPLY, SCAN THE QR CODE OR VISIT: WWW.S-CAF.ORG











DID YOU KNOW?

We are more creative in the shower. Warm water in the shower increases the flow of dopamine and increases creativity.

MONDAY, JUNE 2

GRIEF TO GRATITUDE - STORIED PASTS

10-11:30am at the Camano Center. The loss of a loved one is one of life's most common human experiences. "Grief to Gratitude - Storied Pasts" is a unique free program that creates the space for you to share and celebrate that reality. Come and share an uplifting story (or two) about your lost loved one to inspire joy, reflection and gratitude. Program facilitated by Danny Koffman, "Art with a Smile" artist and author of books focusing on caregiving with a smile and a topspin of love. RSVP to 360-387-0222.

TUESDAY, JUNE 3

SHS SPARTANS CLASS OF 2025 SENIOR PARADE



at Heritage Park, Stanwood. Staging begins at 4 pm. Parade begins at 5 pm. Parade begins at Heritage Park and will travel south on 92nd Ave NW, and then west on 271st St NW and then north on 99th Ave NW and will end at Josephine Sunset Home. More info: Stanwoodboosters@gmail.com or 360-391-9300.

TUESDAY, JUNE 3

MATH NIGHT AT SHS

Don't miss out on additional chances for homework and assignment help! 2:30 to 4 pm in the SHS Commons.





TUESDAY, JUNE 3

KARAOKE

5-7pm at Lincoln Hill Retirement Community & Senior Center, 7430 276th St. NW, Stanwood.

TUESDAY, JUNE 3

NARCAN® GIVEAWAY (NALOXONE) WITH HOST

11:00 AM – 12:30 PM at the Stanwood Library. Join representatives from Evergreen Recovery Centers' HOST drop-in program and learn how you can save a life! During this short training, HOST will distribute two Naloxone (aka Narcan®) kits to each attendee and will provide instructions on how to administer the medication. Representatives will be on-site for 90 minutes, and attendees can drop-in throughout this time to receive the training. Both nasal and injectable kits will be available. Hosted by the Stanwood Library.

WEDNESDAY, JUNE 4

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, JUNE 4

LEGO® AFTERNOON

4:00 PM – 5:00 PM at the Stanwood Library. Stop by for an afternoon of LEGO! Build alone or with friends -- we'll provide everything you need. This month we'll also have a K'nex vehicle set and Duplos!

TEST YOUR EARS AT 60 YEARS

(and beyond, of course!)



STANWOOD HEARING

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Scan to Schedule



9300 271st St NW, Suite B-5, Stanwood, WA 98292 Near QFC, between Papa Murphy's and H&R Block

CALL 425-272-9435

DID YOU KNOW?

The Solar System consists of a wall – it's called the "boundary wall."

WEDNESDAY, JUNE 4

THE 2025 SALISH SEA EARLY MUSIC FESTIVAL



Early chamber music performed on period instruments in Conway through July. Tonight's concert features BEETHOVEN'S FLUTE, VIO-LA & GUITAR: Elizabeth Blumenstock, viola; Oleg Tlmofeyev, 7-string guitar (Moscow, 1820); Jeffrey Cohan, 8-keyed flute (London, 1820). Repertoire abounds for this popular ensemble during Beethoven's lifetime of guitar, viola and flute. With outstanding violinist and violist Elizabeth Blumenstock. 7:00 PM at Fir-Conway Lutheran Church at 18101 Fir Island Road in Conway. Admission is by suggested donation (a free will offering) of \$20 to \$30. Those 18 & under are free. All are welcome regardless of donation. For additional information please see www.salishseafestival.org/skagit

THURSDAY, JUNE 5

LIT LAB

The theme is "Balance." Please plan to share something about 5 minutes long, 800 to 1000 words. If you have a longer piece, please plan to wait till the shorter pieces have been presented. Also, our "Read Aloud" workshop will be that next weekend, either June 7th or 8th; a second e-mail will confirm the date. Camano Lutheran Church, off SR532 at 850 Heichel Road at 6 pm in Pioneer Hall.







Colorful, Collected, Custom

Rebecca Rowland Interiors is a Camano-based firm that designs charming spaces with charactertailored to the people who live in them and the homes they inhabit. From remodels and exterior selections to outdoor living and furniture-forward design, we bring personality to every project, large and small.

Let's create a space that feels like you!



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206.992.9472 hello@rebeccarowlandinteriors.com







FRIDAY, JUNE 6 BEACH 1 GALLERY ARTISTS RECEPTION FOR GAIL AUSTIN



"I have been making fine art prints of seven types plus collage for years. Botanical themes are in my artwork, inspired by my home on beautiful Camano Island. I love collecting and creating unique art papers and using them in collage. Recently fiber arts have been a new focus for me. Her art will be displayed and for sale the entire month of June. The Gallery is open 7 days a week. We will be serving pop, wine, bottled water and bags of chips for the reception. 1243 Beach Drive, Camano Island.

DID YOU KNOW?

Despite their different colors, Fruit Loops are all the same flavor.





Tree Removal & Trimming Stump Grinding View Clearing Hazard Trees Arborist Services

FREE ESTIMATES • LIC. • BOND. • INS.

Saturday, June 7 Noon-4pm Freedom Park, Camano Island



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Zach McNutt

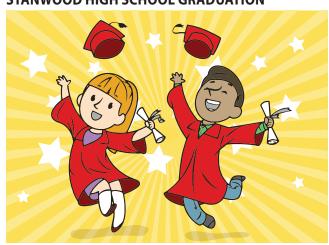
CandewConcrete@gmail.com 425-244-6215 Lic # CANDECC812JS

Find us online

www.CandewConcrete.com Facebook.com/CandewConcrete



FRIDAY, JUNE 6 STANWOOD HIGH SCHOOL GRADUATION



7pm. Class of 2025 commencement (ticket required) but streamed for free online at https://shs.stanwood.wednet.edu/families/event-streaming

FRIDAY, JUNE 6

THE ROCK MARTENS

7:00 PM – 11:00 PM at Pub 282, 370 NE Camano Dr #6, Camano. Get ready for a high-energy night of rock 'n' roll, powerhouse vocals, and electrifying riffs. This band knows how to bring the heat, so grab a drink, hit the dance floor, and let's rock the night away!

FRIDAY, JUNE 6

STANWOOD FARMERS MARKET

2-6pm behind the Stanwood Police station. Local produce, food trucks, fresh flowers, baked goods, artisans, and live music.

FRIDAY, JUNE 6

THE ATLANTICS

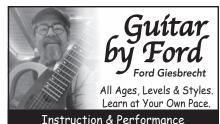
performing live at Arcadian Public House, 18444 Spruce Street, Conway. Doors 7 / Show 8 All shows are 21+.

KNOW?

DID YOU

A straight line doesn't exist. If you zoom into anything, you'll find curves and inconsistencies.





Ukulele & Bass Lessons Also Available Serving Stanwood & Camano Island 360-631-0661 • quitarbyford.com



DID YOU KNOW?

The pope cannot be an organ donor.

FRIDAY, JUNE 6

FRIDAY NIGHT KARAOKE

WITH MARCUS. 8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW. Stanwood. 360-629-2888.

SATURDAY, JUNE 7

ASK A MASTER GARDENER CLINIC: STANWOOD

Snohomish County Master Gardeners will be staffing a clinic at Haggen this Saturday from 10:00 - 2:00. Please come and bring your gardening concerns. (It is very helpful if you bring samples and/or photos so that we can identify the issues & give accurate advice.) Looking forward to seeing you!

SATURDAY, JUNE 7

THE MARK DUFRESNE BAND

at Arcadian Public House, 18444 Spruce Street, Conway. Doors 7pm. Show 8pm. All shows are 21+.

SATURDAY, JUNE 7

JOE COOK BLUES BAND

7:00 PM – 11:00 PM at Pub 282, 370 NE Camano Dr #6, Camano. Blues fans, get ready — the Joe Cook Blues Band is bringing their soulful sound and unstoppable groove to Pub 282! With powerhouse vocals, slick guitar licks, and a rhythm section that hits hard, this is blues the way it was meant to be heard. One night only — don't miss it!

SATURDAY, JUNE 7

GRIEF TO GRATITUDE -- STORIED PASTS

11:00 AM – 1:00 PM at the Camano Island Library. Difficult as it is, the loss of a loved one is the most common of human experiences. "Grief to Gratitude - Storied Past" is a unique free program that creates the space for you to share and celebrate that reality. Come and share an uplifting story about your lost loved one to inspire joy, reflection and gratitude. Facilitated by Danny Koffman, "Art with a Smile" Artist and author of books focusing on the issues of caregiving with a topspin of love and a smile! Light refreshments provided courtesy of Camano Island Library Friends.



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SATURDAY, JUNE 7

AUTHOR SIGNING SATURDAY

Noon-4pm at Wit's End Books, 10123 270th St NW, Stanwood. Author Signing with Robin Jeffrey and Shanna Lowe!

SATURDAY, JUNE 7

GUIDED SPRING WALK



DID YOU KNOW?

The earth has so much gold that there is enough to coat the planet. About 99 percent of gold can be found in the earth's core.

at BARNUM POINT COUNTY PARK. Co Hosted by FOCIP: The walk is about 3.3 miles. Great views, wetlands, viewing platforms and benches fill this trail experiences. A large parking lot allows for several visitors and there will be extra parking at the Island County workshop and storage areas. Two accesses to the beach exist, one down a beach road at the East end of the trail system and a more level approach at the West end of the trail system. Meet at 9:45 a.m. at the new parking area located at the end of Sunrise Road. (East Camano Road to Russell Road to Sunrise Road). No Dogs Please! Photo by James M. Shipley.

SATURDAY, JUNE 7

TOY BOAT BUILDING

Came Beach Foundation (CBF) will begin doing the Toy Boat building event from 10am to 2pm at the North Beach Picnic Shelter in Camano Island State Park. Anyone interested should head to Camano Island State Park and follow the directions on the A-frame signs to get to the event.







DID YOU KNOW?

If you wear a tie, it can reduce the blood flow to your brain by 7.5 percent. Wearing a tie too tight can cause dizziness and headaches.

SATURDAY, JUNE 7

PRIDE PARADE AND PARTY IN THE PARK



Event by Stanwood-Camano Pride. Noon-4pm at Freedom Park, Camano Island. Kick off Pride month with this family-fun event for everyone! Parade at Freedom Park on Camano Island is open to all, chalk bomb throw, Glass Quest ball hunt, food, crafts, and more! Come celebrate our LGBTQIA+ neighbors and friends with your message of love, support, and no hate!

SATURDAY, JUNE 7

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up...Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, JUNE 7

AKTION CLUB'S E-CYCLE

10am-2pm, across from Stanwood Middle School on 94th Ave., follow signs. Accepting all TVs, monitors, computer towers & laptops only (for recycling). This is put on by Stanwood-Camano Aktion & Kiwanis Clubs & donations benefit their many local service projects.





DID YOU KNOW?

Lemons float, while limes sink. This is because limes are denser than lemons.

SATURDAY, JUNE 7

SEMBLANCE

Celebrity tributes, impersonations & more at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Stanwood. Live FREE SHOW!!! Show starts at 10 pm. Be there or be square! More info: (360) 629-2324.

SATURDAY, JUNE 7

CARS & COFFEE

Come have coffee and admire our local hot rods, muscle cars, and more. Free admission to general public and free to bring by your custom car. The location alternates each week, either at Coastal Vie, Stanwood or Camano Commons. Check with them to determine this week's location. Free coffee for participants (and mini donuts at Coastal Vie). 7-10am. All cars welcome. Come out and have fun!

MONDAY, JUNE 9

PARENTS' NIGHT

"unlock the joy of reading." You're invited to an engaging and informative Parents' Night at 5:30pm, where you'll have the opportunity to meet JoAnne Nelson, the creator of the acclaimed SuperBooks phonics program. With over 40 years of experience in teaching children to read, JoAnne brings a wealth of knowledge and passion to phonics-based literacy education. Location: 8827 Viking Way Stanwood. Special Guest: JoAnne Nelson, M.Ed., author of SuperBooks. Enjoy appetizers and receive an additional 15% off gently used, tailored homeschool curriculum during the event. This is a free event, but space is limited. RSVP to reserve your spot. Go to Tailored Homeschool on Facebook to RSVP.

MONDAY, JUNE 9

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, JUNE 9

ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!







Do you miss having the cabins open and seeing visitors excited about the park, Camano Island, and Stanwood? Does your business miss the income from tourists? Does your family miss the fun educational events at the park? There is a new group forming to reopen the cabins.

Save Cama Beach Cabins group is asking the Washington State Legislature for funding to repair the septic and water systems so the cabins can be used again. A website with more information will be available soon. They need your help to contact the Governor and your State Legislators to urge their support for this effort so the Cama Beach cabins can be reopened for all of us.

Governor's office: 360-902-4111 Representative Clyde Shavers: 360-786-7884 Representative Dave Paul: 360-786-7914 Senator Ron Muzzall: 360-786-7618

Thank you for your help! Watch the Crab Cracker and/or go to our website for more info.

SaveCamaBeachCabins.org / info@savecamabeachcabins.org





DID YOU KNOW?

If all of the world's entire bacteria were stacked together, it would stretch for 10 billion lightyears.

It could wrap around the Milky Way over 20,000 times.

MONDAY, JUNE 9

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

TUESDAY, JUNE 10

3D PRINTING FOR TEENS: CUSTOM COASTERS

3:00 PM – 5:00 PM at the Stanwood Library. Learn how to design your own personalized item to 3D print. We'll be exploring the ins and outs of Tinkercad to help you create your own unique coaster with your personal insignia, name, or gamer tag on it. These items will be perfect to add some flair to your gaming space or desk. Tinkercad is a free, web-based 3D modeling program that's easy to use and great for beginners We'll also walk you through the basic components of a 3D printer, how to prepare a finished design to be printed, and how to send it. The 3D printer will be in full operation as we discuss the basics of 3D printing so every participant can see it in action. You can return the following week to pick up your creations! Teens and tweens ages 9 - 17 are welcome to attend.

TUESDAY, JUNE 10

LINCOLN HILL HIGH GRADUATION



6pm. Class of 2025 commencement. Streamed for online: https://shs. stanwood.wednet.edu/families/event-streaming

WEDNESDAY, JUNE 11

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, JUNE 11

PAJAMA PARTY MUSICAL

6pm at Twin City Elementary. Performed by students in TK, K, 1, 2.

DID YOU KNOW?

Soccer teams that wear red tend to play better. The color of clothes affects how others see you and how you feel. Studies have shown that soccer teams played better in red in home matches.

WEDNESDAY, JUNE 11

DINOSAURS GALORE! WITH NANCY STEWART



4:00 PM – 4:45 PM at the Stanwood Library. Join Nancy Stewart for a celebration of dinosaurs and Summer Reading! This concert is about the lighter side of dinosaurs! Highlights include the choreographed number "Continental Drift" and "I'm a Paleontologist."

WEDNESDAY, JUNE 11

6TH GRADE ORIENTATION

Join us for a fun and informative orientation to learn all about what the YMCA has to offer for middle schoolers! This is the perfect chance for your Teen to see how they can stay active, have fun, and build confidence as they enter middle school. Plus, parents will get all the info they need to support their Teen's YMCA journey. Let's get ready for an amazing year together! 5:30-6:30pm at the Stanwood YMCA, 7213 267th St NW. Cost: FREE! (Event re-occurs June 11).

THURSDAY, JUNE 12

"YOUR HOME CAN SURVIVE WILDFIRE"



The meeting of the Camano Preparedness Group will feature the program "Your Home Can Survive Wildfire" with Sue Ryan. With our summers becoming drier, wildfire is more of a concern. This program will tell you what you need to do to your home to increase its chances of surviving a wildfire. It will be at the Vista Fire Station, 273 N West Camano Dr., Camano Island at 7:00pm. For more information, contact Sue at kk6sue@gmail.com.

THURSDAY, JUNE 12 STEEL DRUM PARTY



3pm at the Stanwood Library. Event by Ian Dobson Music. I'm so happy to take my Steel Drum Party to Stanwood Library! This show is for the whole family, with a focus on school-age kids and tweens/teens. This is a Clap-Hands-Stomp-Feet Show, so be prepared to exercise!

Maximizing Your Home's Value in Today's Market

In today's housing market, research shows that there are **3 top questions** that homeowners have when getting ready to sell their home.

- **#1.** How to get top dollar.
- #2. What's strategic marketing look like?
- #3. What are practical ways to improve my home to sell for a higher price?

I consider these questions daily on my facebook page with tips from easy electrical upgrades, staging advice and how to select the right paint pallette. I am here to guide you every step of the way. My goal is simple: make your home quickly stand out, attract more attention and increase its appeal in this competitive market. Stay up to date and

informed by following my Facebook page or YouTube channel @tourwithmelanie.

You'll get daily tips and insights. Let's work together to get your home sold for top dollar!

Melanie Galloway 360-391-4628

Interior Designer + Real Estate Broker License #23018393 Realty One Orca







Mosquito Bite Prevention (United States)



Not all mosquitoes are the same. Different mosquitoes spread different viruses and bite at different times of the day.

Type of Mosquito

Viruses spread

Biting habits



Aedes aegypti, Aedes albopictus Chikungunya, Dengue, Zika

Primarily daytime, but can also bite at night



Culex species

West Nile

Evening to morning

Protect yourself and your family from mosquito bites

Use insect repellent

Use an Environmental Protection Agency (EPA)-registered insect repellent with one of the following active ingredients. When used as directed, EPA-registered insect repellents are proven safe and effective, even for pregnant and breastfeeding women.

Active ingredient

Higher percentages of active ingredient provide longer protection



Some brand name examples'



Picaridin, also known as KBR 3023. Bayrepel, and icaridin

Oil of lemon eucalyptus (OLE) or para-menthane-diol (PMD)

IR3535



Off!, Cutter, Sawyer, Ultrathon

Cutter Advanced, Skin So Soft Bug Guard Plus, Autan (outside the United States)



Skin So Soft Bug Guard Plus Expedition, SkinSmart



* Insect repellent brand names are provided for your information only. The Centers for Disease Control and Prevention and the U.S. Department of Health and Human Services cannot recommend or endorse any name brand products.





DID YOU KNOW?

It is impossible to fold a piece of A-4 paper more than eight times. THURSDAY, JUNE 12

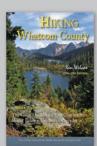
ROBBIE DEE'S TRIBUTE TO ELVIS

7:00 PM – 11:00 PM at Pub 282, 370 NE Camano Dr #6, Camano. Get ready for a high-octane night of rock, blues, and raw energy as Hotrod.Red brings their gritty riffs, soulful vocals, and unstoppable rhythm to our stage. If you love blazing guitar, driving beats, and music that makes you move, this is the show for you!

THURSDAY, JUNE 12

AUTHOR TALK







Outdoor geek and guidebook author Ken Wilcox. 5:00 to 6:30 pm at the Camano Island Library. Free and open to all. Join longtime hiking guide author Ken Wilcox for an evening of images and stories gathered over decades of day hiking and backpacking across Northwest Washington. From the islands of the Salish Sea to the high peaks of the North Cascades, Ken has trekked thousands of miles and scaled hundreds of peaks, having only once caught his hiking boots on fire. Ken is the author of Hiking Snohomish County, 3rd Ed. (2024) and Hiking Island County, hot off the press in May 2025. The books are available at the Camano Commons gift shop. He will also be signing books and answering your hiking and backpacking questions at the Camano Commons just ahead of Father's Day: Thursday June 12 from 2:00 to 4:00 pm and Saturday June 14 from noon to 2:00 pm





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18th Annual Windermere Stanwood-Camano Island Soap Box Derby

June 14th, 2025 9:00 AM

Join us for the second largest Soap Box Derby in the USA!

Arrowhead Ranch 615 Arrowhead Rd, Camano Island, WA 98282













Are you passionate about helping our Nation's heroes?

Volunteers, interns, and VA students needed to help Veterans and their families get connected to VA benefits, healthcare, jobs, and social support. No experience necessary.

Veteran Support Officer Veteran Support Assistant Peer Support Mentor



Join the Stanwood-Camano Veterans Resource Center now

walegionpost207@gmail.com or call 360-826-7775

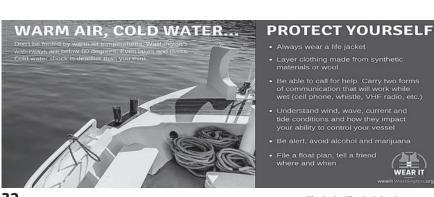














REAL ESTATE



MID-ISLAND

\$1,295,000

Nestled on 5-rolling acres, this 3600 asf/4-bedroom Custom built home offers space, tranquility and quality. #2372361



STANWOOD

\$650,000

Like-new Custom view home with covered outdoor living space, patio with hot tub, fenced yard, great in-town location. #2365361



ARROWHEAD

\$679,000

Charming north-Camano home on a sizeable lot, 4-car garage, A/C and two decks for entertaining and relaxing, beautiful views, beach rights. #2363734



VIEW HOME

\$895,000

Serene water and sunset views from this 3-bedroom Camano home and includes private beach access close-by, #2368905



MID-CAMANO

\$899,000

Move-in ready, 2018 Spane-built shop and apartment on 4.79 acres with sweeping views of Triangle Cove, approved septic, dream big! #2366068



ELGER BAY

\$745,000

Livestock and horse ready organic farm on 2.5 peaceful Camano acres, close to services and beaches, #2376923

STANWOOD

7359 267th St. NW, #D 360 629 8233



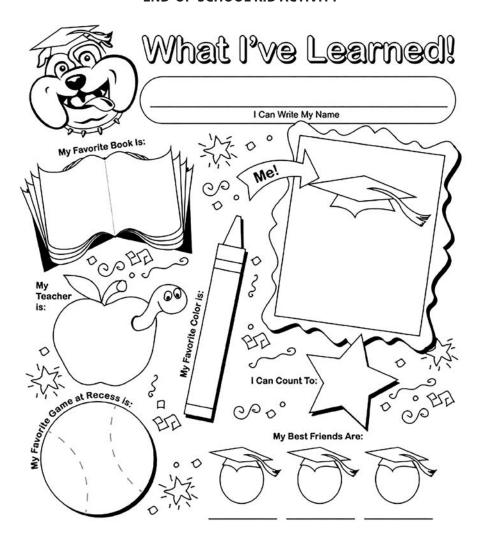
CAMANO ISLAND

818 N. Sunrise Blvd. 360.387.4663

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR

END-OF-SCHOOL KID ACTIVITY







Activity for Adults

WORD PUZZLE

Use the code breaker to solve the puzzle.

1	2	3		4	5	2	5		6	1	5	7
2	3	5		8	9	5	10		1	11	12	2
13	2	7		12	11	3	7		5	14	11	15
	8	11	6	2	16		2	17	17	2	7	16
18	10	8	5	7		12	3	11	19			
10	11	15	15		6	8	2	12	11	7	8	3
8	3	5	7	8	3		4	11	4	8	10	8
19	5	10	8	17	11	15	8		15	20	10	10
			15	2	17	8		1	8	3	5	2
5	10	20	17	15	11		17	11	15	11		
10	5	16	2		15	8	8	14		16	2	5
8	9	2	15		5	19	16	2	-0	7	5	21
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DID YOU KNOW?

Australia is wider than the moon. The diameter of Australia comes in at 2,485 miles, while the moon's diameter stretches 2,113 miles in diameter.





I live in Kayak Point. I build light fixtures out of branches and wood bowls. If you have any curly or contorted willow or other similar tree that needs a trim or you had/are having it trimmed, and are willing to give me some branches, let me know! My husband is an amazing professional landscaper and I might be able to talk him into doing a pruning of 1-2 branches Message me for guotes or to discuss possibilities! You can find me on nextdoor.com.

Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials! This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics you need to understand your options.

Camano Center

606 Arrowhead Road, Camano Island, WA 98282

May:

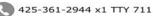
- 5/7/2025 10:00am 11:00am Jensen Room
- 5/21/2025 3:00pm 4:00pm Jensen Room

June:

- 6/4/2025 10:00am 11:00am Jensen Room
- 6/18/2025 3:00pm 4:00pm Jensen Room

RSVP's NOT REQUIRED, BUT ENCOURAGED

Please contact us to RSVP or for more information about upcoming events.





info@vidorassociates.com



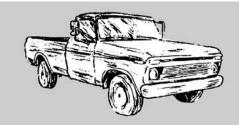
www.vidorassociates.com

This is an educational event. A licensed sales representative will be present with information only, there will be no sales activity. The Centers for Medicare & Medicaid Services (CMS) has neither reviewed nor endorsed this information.

Vidor and Associates is not connected to the Federal Medicare Program and this is a solicitation for insurance. Vidor and Associates does not offer every plan available in your area. Any information they provide is limited to those plans they do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE or your local State Health Insurance Program (SHIP) to get information on all your options.

Business Spotlight

JACK OF ALL JUNK



JACK OF ALL JUNK

Hey Camano and Stanwood! Me and my partner offer services for a number of jobs, we can haul the annoying junk you have lying around, weedeat your property, mow your grass, even paint your fence! Message us now for a free estimate! Reliable, hardworking, affordable.

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melanie@destinationsbymelanie.com or call 360-218-2240 for this or any other trip!

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This tour is subject to CIE Tours' booking guidelines and cancellation penalties. Refer to General Conditions on your CIE Tours group contract. CST# 2021285-50.







Moonshine Wisdom & Wit

Story by Jack Archibald.

For further moonshine wisdom and wet powder wit, check out the SKEETER DADDLE DIARIES at www.

DRINKING AND DRIVING - DO'EM ONE AT A TIME

The desert is a menacing place, I don't care if you're a native or a moss-backed tourist on safari to the dive taverns of Arizona with names like Jackass or Burro or Sidewinder. The boyz and me were hunting beer down in the flashflood washes and arroyos from Phoenix to Prescott. We're old hands at this beerhunting, having gone every year for 30 years. We know the drill. Walk to the bars, do not drive. Drink, if not responsibly, at least semi-moderately. Eat. Even if it's greasy bar food, put something in your belly to soak up alcohol. Try to maintain a modicum of control. Do not disturb the snakes or the natives, especially the venomous ones. The point is to hunt with passion, but also to bring ourselves back alive.

We made reservations in Bisbee a short walk from the historic Silver Dollar Hotel and other weathered historic taverns, but ... our fellow slayer in Phoenix had asked his son and his son-in-law, confirmed golfers, along on the Hunt. These boys, nice guys in their 40's with wives and two children each, decided to cancel our reservations and make them adjacent to the golf course in Prescott they intended to tame. None of the grizzled and seasoned Hunters had a say, but being get-along go-along yahoos, we acquiesced with subdued mutterings. In hindsight, we did not offer the sage counsel professional Hunters should have offered these tenderfeet.

The first warning sign was when they pulled their vehicles into a bar back in the hinterlands that had yet to open but did so in 5 minutes. While we sipped coffee, they threw down shots. Obviously the kids thought they were young and invulnerable. Beer? Not for them. They opted for the hard stuff. It took three or four roadhouses to wind our way up the canyon to our basecamp. By then they were feeling no pain and the day was young. Day two, they had tee times while we hiked the cacti lined trails nearby. They were throwing down shots for breakfast. Midafternoon we rendezvoused at the Palace Hotel, one of the ten best historic bars in America, downtown Prescott. Jerry was dragged in like a dead buck between the other two, blacked out from one and a half bottles of tequila. They laid him into a chair where he slumped from his wounds, unconscious but alive. We ordered another round of beers.

Hunting is not all that difficult if done correctly. Done with disrespect for the Rules, it is a nasty business and leads to all manner of vicious and unforeseen mayhem. By the end of the second night we had turned what should have been an exotic beer hunt into a morass of criminality, fear and abject self-loathing. The police finally intervened, pulling a carload of cocky amateurs onto the shoulder, hauling the intoxicated driver to jail and impounding the car. At three in the morning we went to retrieve our contrite fellow Hunter at the hoosegow. At eight we received a call that the Mex's wife was in a Seattle hospital, under induced coma, intubated and possibly dying of what appeared to be opioid overdose. By noon we were driving him to the Phoenix airport. A definite chill had settled over the Hunters.

We're back now and so far no lives have been lost. Next year, count on it, we'll hunt in the Cascades once again, trespassing on the dam access patrolled by Homeland Security since Nine Eleven who threaten us or crossing the dangerously rotten old bridge high above the Cle Elum River to get back to our cabin. We won't be inviting the kids. They can drink at home.



DID YOU KNOW?

Most of the wasabi you eat isn't really wasabi. Because actual wasabi can be quite expensive, store-bought wasabi is often made out of horseradish.

AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052 **BAKED CAFE** (Camano Island) • (425) 530-3314 or (425) 232-5885 BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324 BEST BURGER HUT (Stanwood) • (360) 853-0067 BLUE HERON KITCHEN & BAR (Camano Island) • (360) 502-8700 CAMA BEACH CAFE (Camano Island) • (360) 387-3266 CAMANO ISLAND INN (Camano Island) • (360) 387-0783 CAMANO THAI (Camano Island) • (360) 926-8688 **CENTER CAFE (Stanwood)** • (360) 629-7403 COASTAL VIE (Stanwood • (360) 355-9541 **CONWAY MUSE** (Conway) • (360) 445-3000 CONWAY BOXCAR (Stanwood) • (360) 629-0651 **CONWAY PUB & EATERY** (Conway) • (360) 445-4733 **COOKIE MILL** (Stanwood) • (360) 629-2362 DOS REALES (Stanwood) • (360) 629-0822 DRAGON PALACE (Stanwood) • (360) 629-8106 **DUCK IN CAFE (Stanwood)** • (360) 629-3440 FARMERS CAFE - (Stanwood) • (360) 629-4953 **GYRO STOP** (Stanwood) • (360) 572-4175 IXTAPA MEXICAN RESTAURANT (Stanwood) • (360) 629-5228 **JACK IN THE BOX** (Stanwood) • (360) 629-2384 JIMMY'S PIZZA (Stanwood) • (360) 629-6565 JOHNNY'S BURGER STOP (Stanwood) (360) 629-9427 **JOURNEY'S END CAFE • (**Camano Island) • (360) 387-9120 LITTLE CAESARS PIZZA (Stanwood) • (360) 629-6999 MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500 MCDONALD'S (Stanwood) • (360) 629-9787 MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535 MUSTARD SEED BAKERY & CATERING (Stanwood) • (360) 572-2499 NAHA TERIYAKI (Stanwood) • (360) 629-0681 PADDLE PUB (Stanwood) • (360) 652-4156 PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826 PAT'S THAI (Stanwood) • (360) 572-2381 PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981 PHOENIX PAVILION (Stanwood) • (360) 629-4662 PRIMAL BARBECUE (Camano Island) • (360) 572-2122 PUB 282 (Camano Island) • (360) 926-8960 PURE SMOKE BARBEQUE (Stanwood) • www.puresmokenw.com RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000 ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920 **SAAL BREWING CO.** (Stanwood) • (360) 629-0102 SAHARA PIZZA (Stanwood) • (360) 629-6886 **SASQUATCH SUBS** (Stanwood) • (360) 610-2765 SEN - JAPANESE RESTAURANT (Stanwood) • (425) 765-4577 **SPARTAN DRIVE IN (Stanwood)** • (360) 629-8988 **STANWOOD CAFE** (Stanwood) • (360) 629-8427 STANWOOD CUPCAKES (Stanwood) • (360) 926-8241 **STANWOOD GRILL** (Stanwood) • (360) 629-5253 STANWOOD HOTEL & SALOON (Stanwood) • (360) 629-2888 **STANWOOD THAI** (Stanwood) • (360) 572-2200 **STARBUCKS** (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500 STILL WATER LOUNGE (Stanwood) **SUB JOINT** (Camano Island) • (360) 230-9611 **SUBWAY** (Camano Island) • (360) 631-5055 **SUBWAY** (Stanwood) • (360) 629-2678 TACO TIME (Stanwood) • (360) 629-5018 TAPPED CAMANO (Camano Island) • (360) 572-4986 THAI THAI KITCHEN (Stanwood) • (360) 629-0600

TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001

WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300 WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372

VIVO ITALIAN BISTRO (Stanwood - COMING SOON) • (360) 629-2044

QUEEN FOR THE DAY



Do you have a press release or an announcement you want the community to know about? Let us know and we will publish it here in Community Information

FOR FREE!

Call us for info. 425-299-7892.

"This is a shout out for the good people of the Buy Nothing Camano Island WA facebook group. I was inspired by a goddess photoshoot that was done in an assisted living home and posted on Facebook. I asked for help gathering capes, crowns and other royal wardrobe pieces from the local Buy Nothing community to use in a Queen for the Day photoshoot for my mom (who is 88 years old) and a few of her friends. One lovely woman lent me 8 tiaras and 3 stoles and then directed met to The Freespirited Closet also on Facebook and I was able to borrow beautiful gowns from there. Our local thrift stores were also treasure troves for the pieces and parts I used to pull together scepters (curtain rods) and jewelry. The photoshoot was a big success and my mom and the other ladies had the experience of being Queens for the day. Their smiles and laughter were well worth the effort."- June Dilly.







CAMANO ARTS ASSOCIATION'S

GATEWAY GALLERY





PRESENT





THE 1ST ANNUAL

Student Art Show

Featuring stained, fused and mosaic glass, ceramics, photography, painting, and drawing from Stanwood High School Art Students

April 26 - June 8 2025

Opening Reception Saturday April 26 4pm - 6pm

> w/ SHS musical ensemble sparkling beverages hors d'hoeuvres

Gallery Hours: Fridays 12-4 Saturdays 10-4 Sunday 12-4 Studio Tour Hours May 9,10,11 and 17, 18 10am to 5pm 578 E North Camano Drive (at Freedom Park) camanoarts.org

DID YOU KNOW?

The universe has a color and it's called 'cosmic latte.' The light emitted from galaxies has a beige hue, which is named 'cosmic latte.'

PARTNER WITH US TO PROVIDE SCHOOL SUPPLIES TO LOCAL STUDENTS



The Stanwood-Camano Area Foundation (SCAF), in support of the Stanwood-Camano School District, is calling on community members to help raise funds to provide essential school supplies to all elementary students for the 2025–2026 school year. For several years, the district has covered the cost of supplies for every elementary-aged child, including those enrolled in Saratoga, the district's home-based learning program. However, financial pressures caused by state funding limitations, rising inflation, and the phase-out of some federal funds, have made this support more difficult to sustain. The estimated cost is \$25 per student, and more than 2,000 students benefit from this program. To help meet this need, SCAF has pledged to match community donations—up to \$22,500. This is a unique opportunity for residents, businesses, and local organizations to double their impact. Help us keep students focused on learning, not on lacking supplies. Donate by June 15 at www.s-caf.org.

PROJECT PC

(nonprofit): Join monthly community events supporting veterans and frontline heroes. Explore healing and connection. Projectpc.org.







(Sung to "America the Beautiful")

Our goal is won! we reached the hill Whose towered summit rose.
Before our eyes to tantalize
No secrets to disclose.
We're Graduates! We're Graduates!
Our valor urged the way.
We prospered still! We climbed the hill!
We're Graduates today!

The upward trail was thorny oft
And great rocks blocked our way.
But to our eyes the golden skies
Forecast a promised May.
We're Graduates! We're Graduates!
True veterans of the trail!
We did not stop! We reached the top!
Our cray was "NEVER FAIL!"





DID YOU KNOW?

The Sun is not silent. That Sun above us does make sound through pressure waves. But the weird science fact here is that the wavelength of the sun's pressure waves is impossible to capture with human hearing.

PICKLEBALL AT HERITAGE PARK



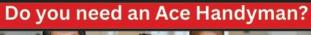
Saturday May 10 we celebrated the season opening of Pickleball at Heritage Park. Free lessons were announced by the Camano Stanwood Pickleball Association to introduce this fun sport to more players in the area. Pickleball is the fastest growing sport in America because it is fun to play and easy to learn. Each lesson on the Heritage Park schedule is the same, so sign up for one. Pick a weekday, weekend or evening to fit your schedule. Limited to only 10 players, 18 years or older please. Tennis shoes are required. Paddles and balls are provided if you do not have them. Introduction to Pickleball Lessons • Thursday, May 29: 6pm – 8pm • Tuesday, June 10: 11am – 1pm • Thursday, June 26: 11am - 1pm • Saturday, July 12: 11am - 1pm • Thursday, July 24: 11am – 1pm (Reserved) • Tuesday, August 5: 6pm - 8pm For more information visit: https://www.camanopickleball. com/heritagepark To sign up for a session online, you will need to create a free Playtime Scheduler account if you dont already have one. This can also be found on our website with easy instructions at: https://www.camanopickleball.com/ptscheduler See you on the courts! HeritageParklessons@CamanoPickleball.com

WHAT YOU NEED TO KNOW ABOUT OUTDOOR BURNING



It takes less than 3 seconds to set your shrubbery on fire. If you MUST unalive your weeds with fire, do it safely 1. DO NOT burn on windy days. 2. DO have a charged hose nearby. 3. DO call 911 if you even THINK the fire might be out of control. More info: www.islandcountywa.gov/625/outdoor-burning.







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HANDYMAN



Help keep our beloved community tradition strong. With a donation of \$100 you can directly support the Stanwod-Camano Community Fair and all the fun, exhibits, and memories it creates. As a special thank you, we'll proudly display your name on a dedicated support banner located in our popular T-shirt area during the fair: August 1, 2 & 3rd, 2025





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(70)



\$5 per pane, \$2 per screen



DID YOU KNOW?

In 2004, Neil Armstrong's hair was sold for \$3,000.

FREE SUMMER MEALS PROGRAM AVAILABLE AGAIN, PLUS EXTRA GROCERY HELP THROUGH SUNBUCKS



Good nutrition is essential for effective learning every day — all year long. Just as learning does not end when school lets out, neither does the need for good nutrition. Summer meal programs help children get the nutrition they need to learn, play, and grow throughout the summer months. The Stanwood-Camano School District is again offering its free Summer Food Service Program for all children ages 18 and younger. The program is open to all families and doesn't ask for any paperwork — kids can just drop in and grab a meal. "Access to nutritious meals shouldn't stop when the school year ends," said Don Vennetti, Director of Food Services. "We're committed to making sure every child in our community has the food they need, every day." The summer meal program will be offered Monday through Friday at the following locations: Twin City Elementary (26211 72nd Ave. NW, Stanwood, WA 98292) - Dates: June 23 - August 22 - Breakfast: 8:30 a.m. - 10 a.m. - Lunch: 10:30 a.m. - 12:15 p.m.; Stanwood High School (7400 272nd Ave. NW, Stanwood, WA 98292) - Dates: July 28 - August 2 - Breakfast: 8:30 a.m. - 10 a.m. - Lunch: 10:30 a.m. - 12:15 p.m. These are the only two school sites eligible to be distribution locations because they are within a zone identified on the No Kid Hungry Average Eligibility Map, which uses US Census household income data to qualify geographic areas. This federally-funded program is sponsored by many organizations throughout our state. Children may participate in summer meals programs outside of their communities. To find other available sites statewide, use the Summer Meals Locator at nokidhungry.org



Jan Mather

Camano Island Expert 360-507-4133

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WINDERMERE W REAL ESTATE



DID YOU KNOW?

To improve their skin, people used to eat arsenic.

SUN BUCKS GROCERY BENEFIT FOR ELIGIBLE FAMILIES



In addition to in-person meals, many families will also qualify for \$120 per eligible school-aged child through a grocery benefit program called SunBucks. This one-time benefit will be loaded onto an EBT card and can be used to buy groceries at stores and farmers markets that accept EBT. To qualify, children must meet income requirements — including those already approved for free or reduced-price school meals. Children are automatically enrolled if they already receive other benefits such as Basic Food (SNAP), TANF, or Apple Health/Medicaid. Benefits will begin rolling out mid-June through the end of August. To learn more about eligibility or how to apply, visit www.dshs. wa.gov/sunbucks. The Stanwood-Camano Food Bank is offering food for all families with school-aged youth. This Summer Food Program will offer a rotating menu of staple items to help supplement food needs for kids while school is out of session. Families can pick up directly at the food bank. For more information, visit our Food Services webpage: www.stanwood.wednet.edu/food

CENTER HALL THRIFT STORE NOW OPEN

inside Lincoln Hill Retirement Community, 7430 276th St NW, Stanwood. Monday-Friday, 10am-4pm. 360-629-7403.





TECHNOLOGY ACCESS PROGRAM



sponsored by the Camano Island American Legion and Camano Center. Are you new to computers, internet browsers, social media, or frustrated by technology in general? Come join us Thursdays, 1-2:30pm, May 16-June 5 at the Camano Center to learn the basics of safe and effective technology use." Call 360-387-0222 to sign up.





DID YOU KNOW?

The human brain is eating itself. Phagocytosis is where cells consume smaller cells or molecules to ultimately remove them from the system. This is not a harmful process but a necessary one in order to preserve gray matter in the brain.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

STATE PARK FREE DAYS



No Discover Pass needed to park at a state park on these days: June 7-8 (Free Fishing Weekend), June 19 (Juneteenth), August 9 (Smokey the Bear's Birthday), September 27 (National Public Lands Day), October 10 (World Mental Health Day), and November 11 (Veterans Day). Learn more at discoverpass.wa.gov.

CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all skill levels.

ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!

BASKETBALL FREE PLAY FOR THE COMMUNITY

Every Friday at 795 Ell Rd., Camano. "Note: it is at an LDS church and I am a missionary, but we are here to play basketball. It is indoors and it's not quite a full size court, but it's good enough to have fun. All are welcome."

DROP-IN VOLLEYBALL

Thursday nights at the Stanwood YMCA. 7-9 PM. Back by popular demand. If you are 15+ come and join a friendly game. We will have two courts set-up for FUN!

Photos and Art



DID YOU KNOW?

Avocados are fruits, not vegetables.



Spring deer and fawn. Photo by Ken McMillan.



Robin's nest. Photo by Kimberley Paine.



- Behavior Consultation
- Private 1 on 1 Training
 - Reactive / Aggressive Dog Focus
- Canine Urban Agility
- Working / Service Dogs
- Companion dogs
- AKC Canine Good Citizen

Rockaway Bar + Grill

Where everybody knows your name!



Family Friendly Dining: Kids Favorite Menu Happy Hour: 2-5pm M-F Taco Tuesday: Dynamite Shrimp Tacos Margarita Flights | Nachos | Taco Salad All Ages Trivia Monday: 6pm

NEW BREAKFAST MENU!

FRIDAY-SUNDAY 8AM-IIAM

Eggs Benedict | Mondo Verde Burrito | Chicken & Waffles Monte Cristo | Corned Beef Hash | Bisquits & Gravy | + More!







WWW.ROCKAWAYCAMANO.COM

360-926-8920

Still Water Lounge







Still Water Lounge is an upscale welcoming retreat in the heart of downtown Stanwood. Offering a refined experience for those seeking expertly crafted cocktails, delicious small plates, and a cozy sophisticated atmosphere. Since its grand opening, it has quickly gained a reputation as the go-to spot for a relaxing evening out.

WWW.STILLWATERSTANWOOD.COM







VIVO ITALIAN BISTRO

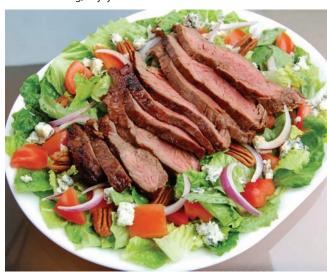
BLUE HERON

MAMMOTH

Cooking Mamas

MARINATED FLANK STEAK WITH BLEU CHEESE CHOP SALAD

Tender, juicy, grilled steak served over a chopped salad with bleu cheese dressing, Enjoy!



STEAK: 1 c. soy sauce; 1/4 c. brown sugar packed; 3 T. cider vinegar; 1 T. Worcestershire sauce; 2 tsp. Dijon mustard; 1 tsp. red pepper flakes; 1/4 tsp. ground pepper; 1 (2 lb.) flank steak

SALAD: 1 head romaine lettuce chopped; 2 tomatoes on the vine seeded & chopped; 1/2 sm. red onion thinly sliced; 1/2 c. bleu cheese crumbles; 1/4 c. whole pecans for garnish; bleu cheese dressing for serving

Instructions:

STEAK: In a 9 x 13-inch glass baking dish, whisk together soy sauce, brown sugar, vinegar, Worcestershire sauce, mustard, red pepper flakes, and pepper. Place steak in dish, turn steak over to coat the other side, then cover dish tightly with plastic wrap. Refrigerate or 2 hours, turning steak occasionally. Clean and lightly oil grill grates. Heat grill to medium-high. Remove steak from marinade, allowing excess to drip back into the baking dish. Pour marinade into a saucepan and simmer over medium-high heat until reduced by half, about 10 minutes. Grill steak covered for 4-5 minutes; flip steak over and brush with glaze. Grill until medium-rare, 4-5 minutes more. Allow meat to rest for 8 to 10 minutes before thinly slicing against-the-grain. Serve steak over salad.

SALAD: Arrange lettuce, tomatoes, red onion, bleu cheese crumbles, and pecans on a serving platter. Serve sliced steak over the top. Drizzle some glaze over the steak. Drizzle bleu cheese dressing over all OR simply pass the dressing at the table.

Recipes by Cooking Mamas created by Dusty Hutchins-McNutt.

"Great recipes begin in Mama's Kitchen!"

Visit me at: www. CookingMamas. com

Classes and Workshops

YogaTone June 1, 8, 15 and 22. Drop-Ins Welcome! Kick off your summer and join us for a fantastic, fun, positive sweat/dance/movement/yoga class that's designed for just about anyone. \$92 for 4 classes or \$30 drop in register at movementarts.com/events.

Energy Medicine for Everyone! Discover Your Luminous Nature. An Introduction to the Medicine Wheel of the Andes. Learn about your individual Luminous Energy Field and practices to access the Rainbow Body. No prior experience required, this is an introductory workshop. Dress for comfort, bring a yoga mat if you have one. Saturday June 21, 12-4 pm \$105 Movement Arts Yoga Studio

Chris Tuohy Music and Dance Teacher offering the following private lessons: Sax, flute, clarinet, piano & voice. Available classes: Ballet, and Tap. The studio has a floating sprung maple dance floor available to rent, perfect for any kind of dance, martial arts and yoga etc. All classes are held at: Forte Music Dance Ar, 1095 Essex St. A-1 Camano Island WA 98282 for more info or to register please contact: Chris Tuohy @ 360.572.9262 or jazzman2e@mac.com

Medicare Education Workshop. Learn the essentials! We will cover Medicare eligibility, Medicare Parts A, B, C, and D. This is no-cost no-obligation and will give you the basics you need to understand your options. Located at Camano Center. Dates: June 4 and June 18. RSVPs not required but encouraged. More info and to RSVP: 425-361-2944. info@vidorassociates.com.

REPORT INVASIVE EUROPEAN GREEN CRAB

European green crabs may be present in this area







If you find a suspected European green crab or their shell, please photograph it, note the location, and report to the Washington Department of Fish and Wildlife:

wdfw.wa.gov/greencrab

Or contact us at:

Phone: 1-888-WDFW-AIS Email: ais@dfw.wa.gov



lasses and Vorkshops



Stone Carving Class 2025: 3 Day Stone Carving Workshop, June 27-29 on Camano Island. \$465, includes: Catered lunches, Instruction from master carver, Kentaro Kojima, stone is available for a discount and loaner tools provided. Matzke Fine Art Gallery & Sculpture Park. Info and applications: matzke@camano.net or call 360-387-2759.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription websites and records. Contact us at camano@familyhistorymail.org.

Movement Arts Yoga Classes In-studio & Online. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www. movementarts.com and follow the links to view our video library of online hour length classes.

Line Dance Lessons at the Camano Center with Kari — every Wednesday 3:00pm-3:45pm. Fun and exercise! socialdancesimplified.com.

High Fitness Saturdays: Join us for a FREE high-intensity (or low intensity, you choose) group exercise class (like dance fitness) Saturdays at 7:45 at 795 Ell Rd on Camano. Classes are also available Wednesday mornings at 6 am in Stanwood at The Dance Project NW for \$10/class. Go to "High Fitness Stanwood PNW" on Facebook for more info!



DID YOU KNOW?

The script for the movie "The Terminator" was sold for \$1.

"Local Service Is Our Passion!"
7104 265th St, Suite 101, Stanwood, WA 98282
For a complimentary title and/or escrow quote, call our Stanwood/Camano office at 360-629-9737
www.ltco.com

988, 911 or 211?







988

988 is a mental health crisis number, and calls are handled by National Suicide Prevention Lifeline counselors. These counselors are highly trained to assist people in emotional distress or suicidal crisis.

911

911 can be contacted for assistance as dispatchers are trained to handle ALL emergency situations. Remember, support is always available whenever needed.

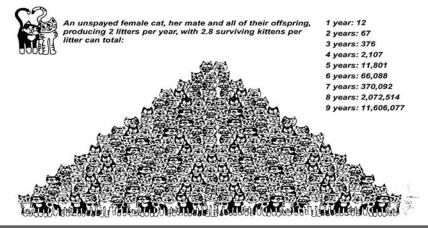
211

211 is a non-emergency number connecting individuals with community resources like food banks and shelters.

It provides vital support and guidance during challenging times, ensuring access to essential services for improving well-being and quality of life

Did you know?

Each day 10,000 humans are bom in the U.S. – and each day 70,000 puppies and kittens are born. As long as these birth rates exist, there will never be enough homes for all the animals. As a result, millions of healthy, loving cats, dogs, kittens and puppies face early deaths as a form of animal control. Others are left to fend for themselves against automobiles, the elements, animals and cruel humans. What can you do to stop the suffering? Spay and neuter your pets!



Classified Listings



DID YOU KNOW?

Bananas are radioactive.

Because bananas are rich in potassium, they are a little bit radioactive.

FOR SALE:

Fresh Pekin Duck Jumbo-Sized Eggs - \$10 a dozen, \$15 for 18. Call or text: (206) 335-0246

MISCELLANEOUS:

I buy vinyl record albums: Rock, Pop, Jazz and more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

Venue for rent: The Stanwood American Legion Post 92 has space for rent. Located next to Rite Aid, we have a large room and full kitchen. For information, call 360-629-2851 after 1 PM daily.

PROFESSIONAL SERVICES:

Custom design that tells your story. Rebecca Rowland Interiors brings color, character, and charm. Email hello@rebeccarowlandinteriors.com for details.

Free Macbook and iPad / iPhone Tutoring 3 / 30-minute sessions in the Camano Center Library (1pm, 1:30pm, 2pm) the second and fourth Thursdays of each month. Email Joyce to sign up at fact@ms-deadlines.com

Stained glass shop, design, and fabrication. Got broken stained glass? We can fix it. Message 360-629-9377.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmitchell8974@gmail.com. Serving Outlying Areas.

WANTED:

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermerestanwoodcamano.com.

The Community Resource Center is looking for a handy person to perform maintenance and repairs on a bi-monthly basis and on call as needed. 360-629-5257 or events@crc-sc.org.





Jubs and Meetings



DID YOU KNOW?

Nutmeg is a hallucinogen.

If you eat large amounts of nutmeg, you can hallucinate because it contains myristicin which is a mind-altering ingredient. **Parks & Play** Thursdays, 10-11:30am at Freedom Park, Camano Island. For ages 0-5 and their caregivers. Explore our local parks while doing arts and crafts, sensory activities, waterplay, reading stories, pop tunnels, music and more! info@crc-sc.org or 360-629-5257

Friendship Tea - Friendship Tea is on "Summer Break" for June, July, and August. See you in September!

Dottie's Nature Play - Mondays at 3:30pm at Stanwood Camano Community Resource Center. This playgroup is all about hands-on discovery, sensory-rich experiences, and letting curiosity lead the way. Come dressed for the weather and ready for adventure! More info: info@crc-sc.org or call 360-629-5257.

Rainy Day Room Playgroup Free weekly play group on Mondays at 10am and Thursdays at 3:30pm at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/events.

Teen Programs Monday through Friday, 2:30-5:30pm at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

Interested in joining Camano Island Quilters? We would love to meet you, stop by, and/or check us out on our website at https://Camanoislandquilters.wildapricot.org.

Kaleidoscope Play & Learn Tuesdays and Wednesdays, 10-11:30am and 3:30-4:30pm - a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

Camano Island Quilters-General Meeting 1st Wednesday monthly, 10am - 12pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Guests are welcomed to visit two meetings prior to joining guild. Interested in joining Camano Island Quilters? We would love to meet you, stop by, and/or check us out on our website at https://Camanoislandquilters.wildapricot.org.

Camano Island Quilters - Machine Embroidery Group (1st Friday, Monthly). 10am - 12pm at Skagit Regional Clinics, 269th St. Stanwood. Need help with your new embroidery sewing machine? CIQ members will share help, ideas, designs, etc.

Community Open Sew 2nd Monday of the month with Camano Island Quilters. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public. Want to sew with others, need help on a project? We are here to help you. Bring your sewing machine, a project, and basic tools for an afternoon of fun!



CASA'S PET OF THE WEEK:

Meet MOON! This little lady is about 2 years old and ready for adoption. She has a playful personality with a heart of gold! Moon tends to be nervous about new things but will quickly warm up with affection and love. Moon is super loving and excited to meet her new family! She tends to be nervous around kids and dogs but generally does well with other cats! If moon sounds like your new best friend, come meet her today!

Camano Animal Shelter Association (CASA): 360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

SNOWFLAKE - Hello! I'm a 2-yr-old cat looking for my new FURever home! Could that be you? I am so friendly and playful! I love to climb up and sit like a parrot on your shoulder! I will need to stay on my special urinary care diet to make sure I stay my healthiest self! Come in and meet me today!

The N.O.A.H. Animal Adoption Center: (360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

Meet OZZY! This amazing beast is a German Shepherd / Great Pyrenees mix. He could take off a couple pounds, and hanging out with an active family that will include him in all their outdoor adventures is the perfect start for that. He will be a great walking or hiking partner. FIRST STEPS: Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA): (425) 280-0502. www.save-a-mutt.org





View from the Bleachers

Read more of Tim Jones' humor every week at www. ViewFromThe-Bleachers.net or check out his new YouTube channel by the same name.

THE THRILL OF WATCHING FISHING ON TV



Are you tired of traditional sports being too...well, sporty? Have you ever watched a high-stakes curling match and thought, "This is just too much excitement for my blood pressure?" Then my friend, do I have just the calming solution for your dangerously overactive sports-viewing lifestyle: Fishing. On TV. That's right - fishing. But not the kind where you have to leave the house an hour before sunrise to go interact with nature, apply sunscreen, and swat pesky mosquitos. No, I'm talking about the televised spectacle of watching other people sit in a boat, drink beer, and every twenty minutes or so say something like, "Hey, I think I got a bite" – in a thick Texas drawl. This isn't just a sport. It's a lifestyle. A very slow, deeply uneventful lifestyle.

Now, you might say, "Isn't watching fishing about as exhilarating as folding fitted sheets?" To which I say: Exactly. That's the point. Fishing shows are the perfect remedy for anyone who finds professional bowling a little too fast-paced, or thinks golf is just a chaotic mess of sudden movement and overcaffeinated whisper-commentary. Fishing is for the truly refined viewer who longs for a steady heart rate and the occasional glimpse of camouflage outerwear.

What to Expect When You're Expecting Nothing to Happen The beauty of fishing shows lies in their utter predictability, in that absolutely nothing will happen for 28 of the 30 minutes. You'll tune in to see two guys named Dale and Bubba in Nowhere, Tennessee sitting in a boat with the color palette of dishwater. They'll be wearing enough Realtree brand camo gear to confuse a passing deer into filing a restraining order. For the first seven minutes, Dale will explain his revolutionary new jigging technique, which is identical to last week's jigging technique except this time he's wearing different lucky socks. Meanwhile, Bubba is laser-focused on the depth

View from the Bleachers

Read more of Tim Jones' humor every week at www. ViewFromThe-Bleachers.net or check out his new YouTube channel by the same name. finder and his cooler of Busch Light. There's a real "will they, won't they" tension in the air, reminiscent of a Jane Austen novel if Jane Austen had been heavily into largemouth bass and gas station jerky. Eventually, the camera will cut to a close-up of a bobber, because frankly it has more charisma than the hosts. The bobber floats. Still floats. Continues to float. Now we're ten minutes in, and the only thing that's happened is Dale coughed once, and Bubba accidentally cut his thumb with a fish hook, which was, if we're being honest, the episode's climax.

The Thrill of the Catch

Every once in a while someone actually catches a fish. This event is treated with the kind of reverence usually reserved for the birth of a royal baby. The camera zooms in dramatically as Dale reels in a bass the size of a well-fed guinea pig. Bubba high-fives him and accidentally drops his beer overboard, triggering a good-natured chuckle that lasts roughly five minutes longer than it should.

And that's the magic of fishing shows. It's not about the fish. It's about the journey. A very slow, meandering journey that involves zero cardio. And if you have to take a ten-minute bathroom break, trust me, you won't miss anything while you are gone.

For the Die-Hard Fans

There is no shortage of fishing-viewing options. There are dozens of fishing shows and even several streaming channels devoted entirely to fishing. In fact, you could literally spend the rest of your life just watching the endless stream of fishing shows on YouTube alone. (My, what a sad life you must lead.) Here are some popular shows you may want to add to your binge-watch list:

Bassmaster – Because watching a guy in sunglasses yell, "It's a big one!" and then haul up a fish the size of a pork BBQ sandwich is pure adrenaline.

Fly Fishing the World – A travel show disguised as a fishing show, where you mostly watch a guy stand in freezing rivers in Iceland and talk about how spiritual it is to wave a stick at passing salmon.

Deadliest Catch – The rock concert of fishing shows, except it's just crusty guys yelling in the rain while tying knots with one frozen hand and swearing at crabs as their boat gets flooded by 25-foot waves. Will first mate Earl go overboard again? You'll just have to tune in to find out. But be warned. Deadliest Catch might be too intense for beginner fishing viewers. There's action. Swearing. Sometimes people fall overboard – usually Earl. It's basically Die Hard with barnacles. You might want to start with something lower octane, like a YouTube video of a guy organizing his tackle box alphabetically.

So grab your remote, your Snuggie, and a six-pack of whatever's on sale. The lake is calling, and by lake I mean your couch. And by calling, I mean whispering softly, with a yawn.

[Read more of Tim Jones' humor every week at www.ViewFromThe-Bleachers.net or check out his YouTube channel by the same name.]

TIDE TABLES / SARATOGA PASSAGE / MAY 30 - JUNE 12, 2025

Date		High /Low	Tide Time	Height Feet	Moon Visible	Dat
F	30 30 30 30	Low High Low High	2:15 AM 6:44 AM 2:03 PM 9:53 PM	7.7 10.1 -3.0 12.5		F
Sa	31 31 31 31	Low High Low High	3:20 AM 7:36 AM 2:52 PM 10:43 PM	7.4 9.2 -1.8 12.2		Sa
Su	1 1 1	Low High Low High	4:35 AM 8:37 AM 3:42 PM 11:27 PM	6.8 8.2 -0.4 11.8		Su
М	2 2 2	Low High Low	5:47 AM 9:54 AM 4:33 PM	5.8 7.3 1.1		М
Tu	3 3 3	High Low High Low	12:06 AM 6:50 AM 11:27 AM 5:24 PM	11.5 4.7 6.7 2.5		Tu 1
W	4 4 4 4	High Low High Low	12:40 AM 7:41 AM 1:17 PM 6:17 PM	11.2 3.5 6.8 3.9		W 1
Th	5 5 5 5	High Low High Low	1:11 AM 8:21 AM 2:56 PM 7:14 PM	11.0 2.3 7.5 5.2	0	Th 1

Date		High /Low	Tide Time	Height Feet	Moon Visible
F	6 6 6	High Low High Low	1:40 AM 8:54 AM 4:00 PM 8:15 PM	10.9 1.2 8.5 6.1	0
Sa	7 7 7 7	High Low High Low	2:10 AM 9:26 AM 4:53 PM 9:13 PM	10.7 0.2 9.5 6.8	O
Su	8 8 8	High Low High Low	2:42 AM 9:59 AM 5:39 PM 10:06 PM	10.6 -0.6 10.3 7.3	0
М	9 9 9	High Low High Low	3:14 AM 10:33 AM 6:20 PM 10:57 PM	10.5 -1.3 10.9 7.6	
Tu	10 10 10 10	High Low High Low	3:47 AM 11:09 AM 6:58 PM 11:47 PM	10.4 -1.8 11.4 7.8	
W	11 11 11	High Low High	4:20 AM 11:47 AM 7:34 PM	10.2 -2.1 11.8	
Th	12 12 12 12	Low High Low High	12:34 AM 4:55 AM 12:24 PM 8:10 PM	7.8 9.9 -2.2 11.9	



Joy. Livedout.



Independent Living

It may sound strange, but one of the best parts of independent living at Warm Beach is the community that surrounds you. Imagine the joy received from being part of a community of like-minded people sharing, growing and flourishing in a Christ-centered environment.

With four beautiful and distinct neighborhoods, you're sure to find the perfect home to fit your lifestyle. Single family homes with garages and carports, single level multi-unit apartments and multi-level townhomes are all available on our stunning 100 acre park-like campus.

WARM BEACH

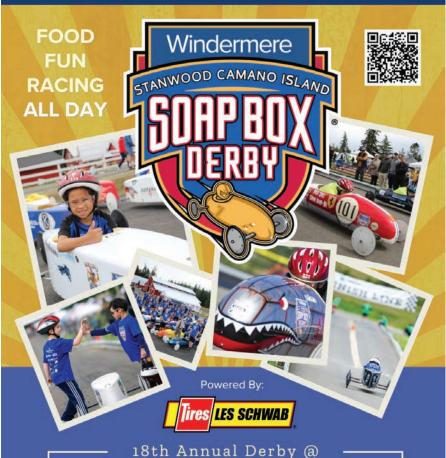
S E N I O R C O M M U N I T Y

Call Sheila Bartlett: (360) 652-2645 www.warmbeach.org

> 20420 Marine Drive Stanwood, WA 98292

Cally Perials

WINDERMERE 🔇 REAL ESTATE



ARROWHEAD RANCH

June 7 / 2025 | 9:00 a.m.

615 ARROWHEAD ROAD, CAMANO ISLAND, WA 98282

The Arrowhead Ranch Foundation is a 501 (c)(3) non-profit charitable organization. #83-1887700

ARROWHEADRANCHCAMANO.COM/SOAP-BOX-DERBY

















Heritage











