

THE RAB CRACKER
Valentine's Day Edition

ISSUE 397
February 7-20



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway



Exciting news for Camano Island Residents!

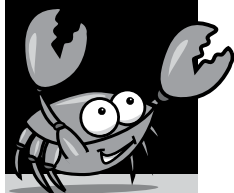
Keep an eye on your mailbox

**– our Camano Center
Showcase Magazine
is on its way to you!**

**This special mailing is packed with
updates, event information, and ways you
can stay connected with the
Camano Center and other vital resources.**



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facebook®

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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover photo: "Love, warmth, and comfort". Photo by Jill Wellington.

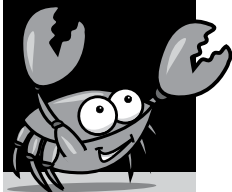


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Submission DEADLINE: FEBRUARY 13 for Next Edition (Feb. 21 - Mar. 6)

Calendar of Events



look for us
online at

**www.TheCrab
Cracker.com**

or on
Facebook.

Download
current or past
editions.

FRIDAY, FEBRUARY 7

VALENTINE'S OPEN HOUSE & COMMUNITY FAMILY NIGHT

We're spreading love and fun from 6:15 PM to 7:45 PM—and everyone is welcome! Activities for All Ages: Cake Walk; Valentine's Bingo; Friendship Photo Booth; Cookie Decorating; Enjoy Free Pizza, too! This special event is for our current families and also open to the community—bring your loved ones and join the fun! Come celebrate with us for a night filled with love, laughter, and connection.

FRIDAY, FEBRUARY 7

ARTISTS RECEPTION FOR ALICIA MCNARY-BRITO



5-7pm at Beach 1 Gallery. Alicia McNary-Brito has lived on Camano for most of her life. Growing up, she would look to nature for inspiration, sketching what she saw. Drawing inspiration from nature, she creates original artwork and landscapes based on places she's traveled. Alicia enjoys working in various mediums, including watercolor, oil pastels, acrylics and pencil. She enjoys spending time capturing specific memories from feelings and places in time. Her art will be displayed and for sale the entire month of February. The Gallery is open 7 days a week. We will be serving pop, wine, bottled water and bags of chips for the reception. 1243 Beach Drive, Camano Island

PUGET SOUND TREE CARE LLC

360-387-0243

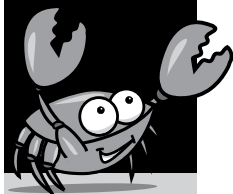
Jim Fay, Owner, Arborist

**Tree Removal & Trimming
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View Clearing
Hazard Trees
Arborist Services**

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Calendar of Events



FRIDAY, FEBRUARY 7

STEWART WOODS – FRIDAYS IN THE SPEAKEASY

Bring your dinner in and enjoy Stewart's music and a cocktail! 6:30 – 8 pm – No Cover. Conway Muse, 18444 Spruce Street, Conway.

SATURDAY, FEBRUARY 8

DEAL

The Conway Muse proudly welcomes back favorite DEAL – playing the music of the Grateful Dead at 8 pm. Tickets \$15 Advanced \$18 At Venue.

SATURDAY, FEBRUARY 8

CACAO AND SOUND CEREMONY

3:30 PM - 7:00 PM at Hart Music School, Stanwood. Embark on a holistic journey at our Cacao and Sound Ceremony, starting with a grounding forest walk that sets the stage for profound transformation. Begin by connecting with nature's serene embrace as you traverse the forest, allowing the soothing sounds of rustling leaves and the whisper of the wind to ground your senses. Following the forest walk, we'll gather to sip on the heart-opening elixir of cacao, inviting its gentle magic to infuse your being. As the cacao processes through your system, you'll embark on an hour-long sound bath, where the harmonious vibrations will wash over you, inviting deep relaxation and meditation. Our sliding scale pricing of \$55 to \$75 ensures accessibility for all. Sign up at <https://www.theinnerlighthouse.org/event/cacao-and-sound-ceremony-4/>

Stanwood-Camano



ART ALOFT

February 22 & 23, 2025

10:00am – 4:00pm

Masonic Lodge No. 19
27205 102nd Ave NW
Stanwood, WA 90292



Photography



Watercolor Paintings



Oil Paintings

Paintings – Jewelry - Woodwork
Photography - Garden Art
And much more...



Jewelry



Woodworking



Etched Art

Sponsored by
Stanwood Camano Arts Guild
Stanwoodcamano.art

Now Open In Stanwood!



Cedar Court is the latest faith-based neighborhood to be opened in the Warm Beach Senior Community. Our professional and dedicated staff understand that memory care is more than a service - it's a residential journey of dignity, respect, and personal growth. Our new memory care facility is designed with this philosophy at heart, ensuring that every resident feels valued and secure in a loving Christ-centered environment.

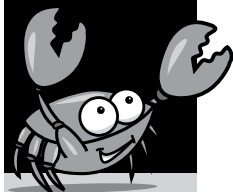
WARM BEACH



**Contact us today to learn more:
(360) 652-4591 • www.warmbeach.org**

20420 Marine Drive • Stanwood, WA 98292

Calendar of Events

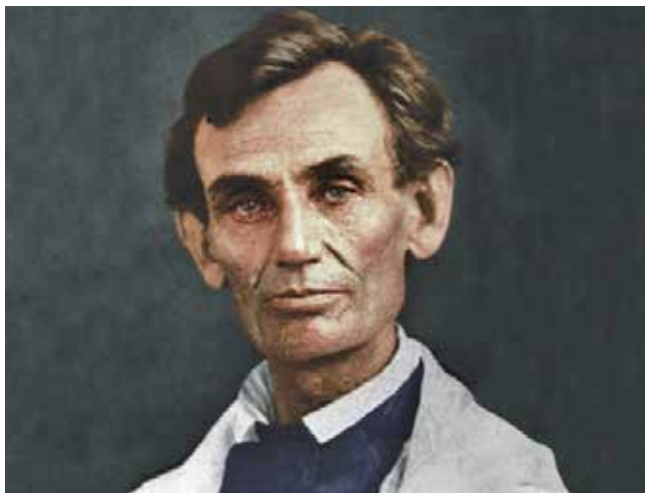


DID YOU KNOW?

When two love-birds appear to be kissing, they are actually grooming each other with their bills to keep clean and neat.

SATURDAY, FEBRUARY 8

9TH ANNUAL LINCOLN LECTURE AT THE SCHOOLHOUSE



"The Making of Lincoln" by Richard Hanks, PhD. 1pm at the Camano City Schoolhouse, 993 Orchid Road. THE MAKING OF LINCOLN. Join us to learn more about one of America's greatest presidents from one of Lincoln's own descendants, Richard Hanks, PhD. Hanks gives a personal look at Lincoln's life and beliefs. Family stories about Lincoln were a constant presence in Professor Hanks's household. Prof. Hanks will relate some of these stories and will also explore some of Lincoln's core beliefs, formed during his early days in Illinois, which so profoundly shaped his character and political philosophy. 933 Orchid Rd., Camano Island. FREE event, please register at camanoschoolhouse.org

SATURDAY, FEBRUARY 8

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.



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Camano Country Club Clubhouse

Join today! Everyone welcome!

More information:
camanocountryclub.com
camanocountryclub@frontier.com



CAMANO COUNTRY CLUB CLUBHOUSE



ZUMBA TONING

MONDAYS @ 8:30AM

JOIN US! CLASS OPEN TO EVERYONE!
 FREE TO CLUBHOUSE MEMBERS
 NON-CLUBHOUSE MEMBERS \$7 PER CLASS


EMAIL FOR MORE INFO:
camanocountryclub@frontier.com

AQUA ZUMBA

TUES & THURS @ 8AM

Instructor: Judy

*Clubhouse Members FREE
 *Non-Members \$10 Drop in per Class
 OR Punched out 104 for 8 Classes



ZUMBA

CARDIO DANCE
 WITH BARBARA DUFF
OWNER OF THE CLUB



Monday + Wednesday @ 10:30 AM

Free for CCC Members
 \$10 Single class
 \$40 for 5-Class Pass

Questions? Email - dance@bcdhythem.com

CAMANO COUNTRY CLUB CLUBHOUSE



THRIVE FITNESS CLASS

TUES & THURS 9:30AM

Aging adult exercise class. Join us!

*FREE to Silverstar Active/Fit, Newer Active, Fit On, & Silverstar's Mondays.

*FREE to Clubhouse Members
 *NON-MEMBERS \$5 per class
 Punched out 104 for 8 Classes \$40


CONTACT US

909-697-1882

camanocountryclub@frontier.com

Camano Country Club Clubhouse

WATER FITNESS CLASS



Looking for a fun and low-impact way to stay fit and healthy? Look no further than our water fitness class!

Must be a clubhouse member to participate in this class.
 FREE CLASS TO CLUBHOUSE MEMBERS

Mon, Wed, & Fri @ 8:30am

Email for info:
camanocountryclub@frontier.com

Join us!


Ashram Yoga

Learn the basics!
 All Levels!
 Bring water & yoga mat!

Wednesdays
 9am to 10:30am

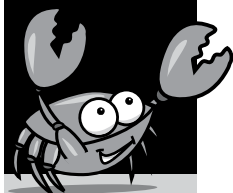
Clubhouse Members Free

Non-Members Welcome!
 (Pay instructor by donation)



For bookings, contact Courtney at 913-464-7694

Calendar of Events



DID YOU KNOW?

About 3% of pet owners will give Valentine's Day gifts to their pets. If you are one of them, pay attention to what you are getting for your furry friends.

Please don't give them chocolates, since it can be fatal. But you can buy some new toys and tasty treats, or take them for walks or play dates.

SATURDAY, FEBRUARY 8

ROCK RADIO

7:30pm - 10:00pm at Pub 282, at the Camano Plaza. A high-energy Classic Rock and Blues cover band, bringing the legendary hits of the '60s, '70s, and '80s back to life.

SATURDAY, FEBRUARY 8

STANWOOD AMERICAN LEGION'S PRIME RIB DINNER

Help support local veterans by stopping by Post 92 at 4pm for prime rib, baked potato, salad, rolls and dessert. Adults are \$25 and kids below the age of 12 are \$10. Located at 26921 88th Ave NW in Stanwood.

SATURDAY, FEBRUARY 8

TEEN/TWEEN CHILL & RECHARGE

1:00 PM - 3:30 PM at the Camano Island Library. Drop by to relax, enjoy some free snacks, and have some fun! This week, we're making holiday cards and engaging in small arts and crafts. We'll provide everything you need to get started! No registration is needed — drop in any time between 12:00pm and 4:00 pm.

SUNDAY, FEBRUARY 9

BINGO AT THE VIKING HALL - SILVANA

5pm. \$10 for a book of 15 games and \$1 for each black out game. We will begin serving dinner at 5pm. All profits will go to a community service project. More info: 360-618-2076.

SUNDAY, FEBRUARY 9

LIGHT LANGUAGE DRUMMING CIRCLE

with Lola Singer. 10am-noon. Raise vibrations through sound on farmland amidst therapy horses. For people of all ages. Bring your enthusiasm and instruments! Drums, rattles and anything that makes a joyful noise! Additional instruments will be provided. Light Language Drumming Circles are designed to build community, deepen your spiritual gifts, and express your soul through sound. PAY-WHAT-YOU-LIKE DONATIONS ARE APPRECIATED (BUT NOT REQUIRED) TO HELP SUPPORT SONIA'S NON-PROFIT, HOOVES & HEROES (an organization that helps veterans & first responders). More info: <https://spirit2spirit.org/>

MONDAY, FEBRUARY 10

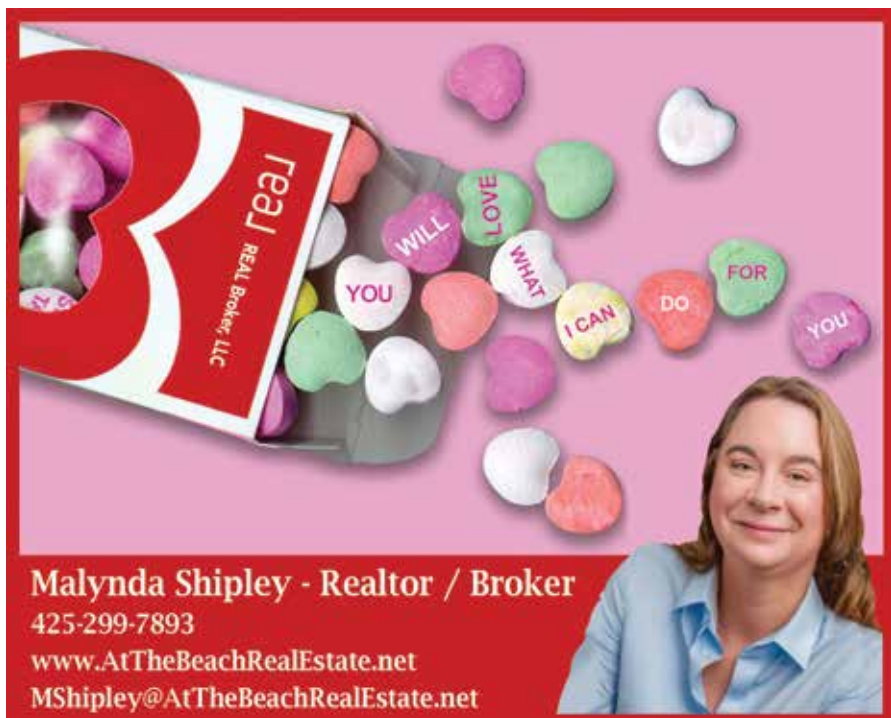
55 & OVER KARAOKE

with Melissa & Chris. 5-7pm. Beer and Wine \$5.00/Pub Mix \$2.00 Boat. Lincoln Hill Retirement Community & Senior Center "Dining Hall", 7430 276th St. NW, Stanwood.

MONDAY, FEBRUARY 10

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes for first and second place. Always a lot of fun!



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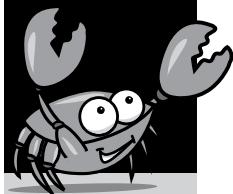
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 Favorite
 3 Years in
 a Row

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 Pressure Washing • Soft Wash • Moss Treatments • Solar Panels
 Senior Discounts • Free Estimates
 Licensed • Bonded • Insured

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Calendar of Events



FEBRUARY 12

MAGHA PUJA DAY

is also known as Sangha Day or Fourfold Assembly Day in most Buddhist countries, and is observed on the first full moon day of the month of Magh.

MONDAY, FEBRUARY 10

GRIEF TO GRATITUDE - STORIED PASTS

10:00 AM - 11:30 AM at the Camano Center. The loss of a loved one is one of life's most common human experiences. "Grief to Gratitude - Storied Pasts" is a unique free program that creates the space for you to share and celebrate that reality. Come and share an uplifting story (or two) about your lost loved one to inspire joy, reflection and gratitude. Program facilitated by Danny Koffman, "Art with a Smile" artist and author of books focusing on caregiving with a smile and a topspin of love. RSVP to 360.387.0222

MONDAY, FEBRUARY 10

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

TUESDAY, FEBRUARY 11

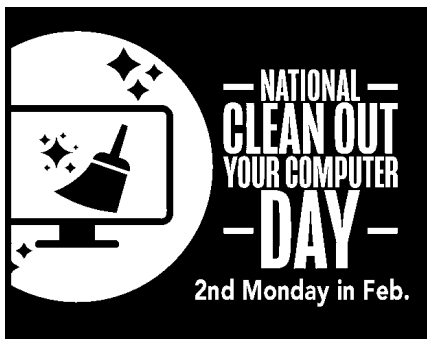
REGISTRATION INFORMATION NIGHT

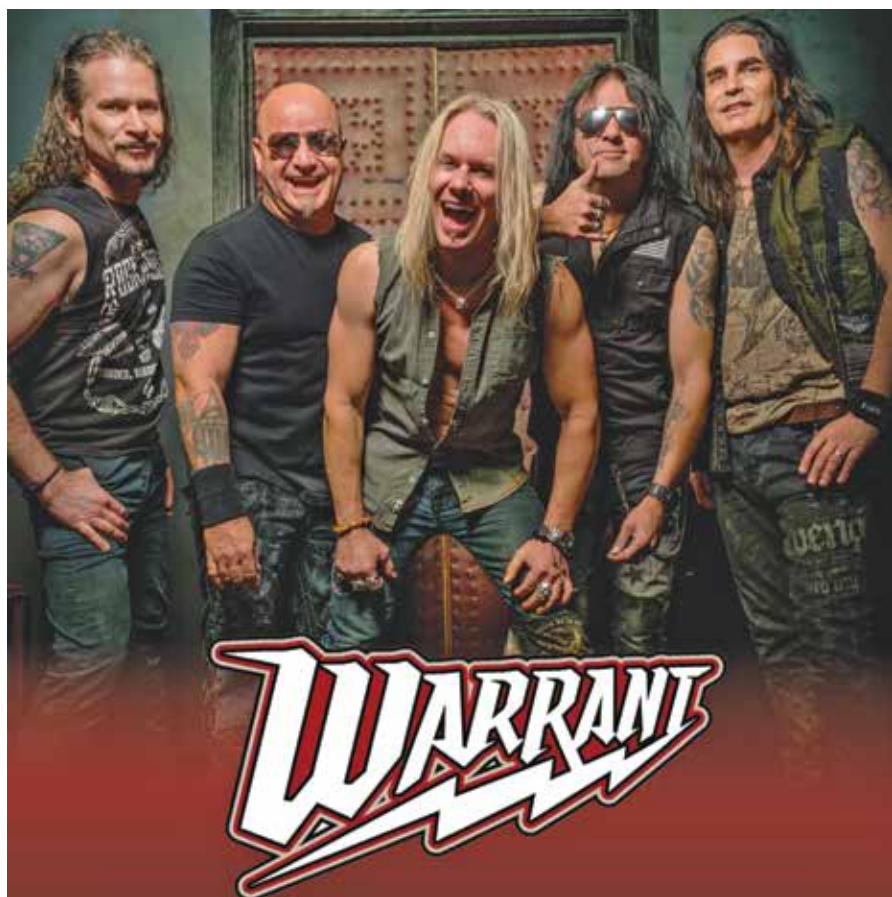
Course Fair / Freshman Parent Night / Dual Credit Information Night. 5:30 PM - 7:30 PM at Stanwood High School. This event is open to all students and their families in grades 8-11. The schedule is as follows: 5:30-7:00-- Course Information Fair--Students and Families can explore the course offerings at SHS and talk to teachers about these offerings. This is a drop-in type. 5:30-6:15-- 8th Grade Parent/ Guardian Presentation-- Join us in the Performing Arts Center to learn about Graduation Requirements, Course Planning, and the transition to high school. 6:30-7:15-- AP/ College in the High School/ Running Start Information Session--Join us in the Performing Arts Center to learn about earning college credit in high school, the expectations and rigor of these programs, and how to sign up.

TUESDAY, FEBRUARY 11

TEEN CHILL & RECHARGE

3:00pm-5:00pm at the Stanwood Library. Test your skills and team up with friends for some serious fun on an Xbox Series X. If board games are more your style, Gloom and Mysterium are ready to pull you into their mysterious and thrilling worlds. Snacks will be provided.





“LET THE GOOD TIME’S ROCK”

.....
LIVE IN THE PACIFIC SHOWROOM! **MARCH 14 & 15, 2025**
\$79 A TICKET | DOORS OPEN AT 7:00PM | SHOW AT 8:00PM



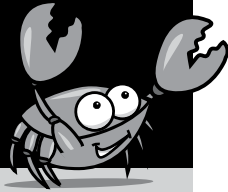
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Calendar of Events



FEBRUARY 13

GAL- TINE'S DAY

is a global holiday that celebrates women's friendship.



www.TheCrabCracker.com

THURSDAY, FEBRUARY 13

LOSS OF VISION: COPING STRATEGIES AND TIPS



1-2pm at Lincoln Hill Retirement Community & Senior Center, 7430 276th St NW, Stanwood. Do you struggle with low- vision reading basic print, prescriptions, cooking instructions, etc. Christinia Everson will present tools, tips, tricks, and resources to make your life simpler. Event is no-cost.

THURSDAY, FEBRUARY 13

HAPPENINGS IN THE CIFR



The Camano Preparedness Group will feature "Happenings in the CIFR". Chief Levon Yengoyan is stepping down and Jason Allen will be stepping up to be Chief. Jason has been very active with the CIFR behind the scenes for many years, including Assistant Chief. This is a chance to meet incoming Chief Jason Allen. The meeting will be held at 273 N. West Camano Dr., Camano Island at 7:00pm. For more information, contact Sue at kk6sue@gmail.com.



Calendar of Events



THURSDAY, FEBRUARY 13 "ACCESS IS LOVE" EVENT



Join Autistic Women & Nonbinary Network and Neurodiversitylibrary.org for our February event centered on the theme of "Access is Love". We'll also be watching the amazing documentary "Patrice" together. 6-8pm Stanwood Library Meeting Room. Patrice is described as "a documentary rom-com about the next phase of marriage equality: disability." Covid & Flu safety: Masks are encouraged and will be provided. This is a free community event!

STANWOOD HEARING

Hear the whispered *sweet nothings*
this Valentine's Day!

Bring a loved one along to your appointment.

Both will receive a

Complimentary HEARING SCREENING

and sweet treat at the end of the appointment.



Tonia MacPhail,
A.A.S., HIS
Owner



Dr. Shashi Churchill,
Doctor of Audiology,
Hearing Instrument Specialist

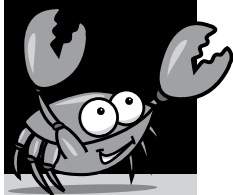
Meet our new
provider, **Dr.
Shashi Churchill!**

9300 271st St NW, Suite B-5, Stanwood, WA 98292

Near QFC, between Papa Murphy's and H&R Block

p: 425-272-9435 | f: 360.572.4765 | StanwoodHearing.com

Calendar of Events



THURSDAY, FEBRUARY 13

INTERMENT CAMP PRESENTATION



Stanwood-Camano branch of AAUW invites you to learn from Camano Islander, Joan Pang, what precipitated the Japanese Internment camps in WWII, what it was like to live in an internment camp, and what life was like after the internment camp. Hear also about the recent dedication of the new Amanche National Historic Site in rural southeastern Colorado where Japanese Americans were incarcerated during WWII, including Joan and her family. Social Half Hour begins at 12:30 p.m. at the SCAF Meeting Room located at 26911 98th Dr. NW, Unit A, Stanwood. Our program begins at 1:00 p.m.

Maximizing Your Home's Value in Today's Market

In today's housing market, research shows that there are **3 top questions** that homeowners have when getting ready to sell their home.

#1. How to get top dollar.

#2. What's strategic marketing look like?

#3. What are practical ways to improve my home to sell for a higher price?

I consider these questions daily on my facebook page with tips from easy electrical upgrades, staging advice and how to select the right paint palette. I am here to guide you every step of the way. My goal is simple: make your home quickly stand out, attract more attention and increase its appeal in this competitive market. Stay up to date and informed by following my Facebook page or YouTube channel @tourwithmelanie.

You'll get daily tips and insights. Let's work together to get your home sold for top dollar!

Melanie Galloway 360-391-4628

Interior Designer + Real Estate Broker

License #23018393 Realty One Orca



REALTYONEGROUP
ORCA

Melanie Galloway
← REAL ESTATE BROKER →

NEW LISTINGS



CAMALOCH

\$531,800

1,572 sq. ft home with 2 car detached garage on nice level lot. #2324536



LOST LAKE

\$540,000

Charming lakefront open concept rambler with solar panels & wood burning stove. #2320896

RECENTLY SOLD



LISTED: \$2,400,000

SOLD: \$2,450,000

345 W Camano Hill Rd

3 Bedrooms - 2 Bathrooms - 2,455 Sq. Ft.
MLS # 2278228

Legacy farm estate boasting a shy 89 acres, commercial food processing building, barns, RV spots & more.



Located on Camano Island, Washington our agents specialize in many local markets in the surrounding area. From Bellevue to Bellingham and beyond - we've got you covered.

Visit Us On Camano Island!

Located in the IGA Plaza Complex



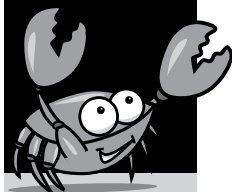
RE/MAX Elevate

370 NE Camano Dr, #6
Camano Island, WA 98282



Visit us online at elevatenw.com for more information.

Calendar of Events



DID YOU KNOW?

Feb. 14 (in some countries February 15) is also Singles Awareness Day (SAD).

The holiday serves as an alternative to Valentine's day and celebrates all the single people who can proudly stand up and show that it is OKAY to be single. On this day many people wear green, as it is the complementary opposite of red.

THURSDAY, FEBRUARY 13

THE M FACTOR: SHREDDING THE SILENCE ON MENOPAUSE - DOCUMENTARY SCREENING & DISCUSSION PANEL



"The M Factor" reveals menopause's hidden impact on women's lives, extending beyond personal health to include billions in lost wages, disrupted careers, and emotional strain. Through evidence-based insights, the film empowers women to make informed health decisions and reduce stigma. Kirra Health, a women's care and wellness practice on Camano Island, is bringing this vital conversation to the community. After the screening, join us for a discussion panel and Q&A to delve into menopause's challenges and solutions, fostering awareness, education, and empowerment for women. Men are welcome and encouraged to attend to better support their spouses and partners. Free tickets <https://bit.ly/mfactor213>

FRIDAY, FEBRUARY 14

HAPPY VALENTINE'S DAY



In honor of one or two early Christian martyrs named Saint Valentine and, through later folk traditions, has become a significant cultural, religious, and commercial celebration of romance and love in many regions of the world.

SEEK ART



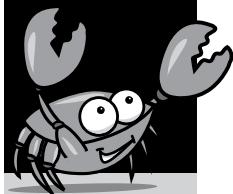
be kind

NORTHWEST
GLASS
QUEST

**February
14-23, 2025**

NorthwestGlassQuest.com

Calendar of Events



DID YOU KNOW?

In Japan, women present gifts to men on Valentine's Day.

Girls give home-made chocolates and other treats not only to their boyfriends and husbands, but also to their male friends, colleagues, bosses. Men return the favor a month later, on the 14th of March, commonly known as White Day.

FRIDAY, FEBRUARY 14

TRAVEL TALK



10:00-12:00 at Camano Center, 606 Arrowhead Road, Camano Island. Do you enjoy sharing your travel experiences or hearing from others of their travel adventures? Each month on the second Friday Travel Talk will have a slideshow presentation of someone's travels. Today we go to Mexico, visiting Merida, Tulum and tour several sites in the Yucatan Peninsula. Absolutely no sales pitches nor promotions, just travel fun! Camano Center members free, non-members \$5.

FRIDAY, FEBRUARY 14

LOVE IS IN THE AIR!



7:00 PM. Marcia Kester "One Woman Band" is bringing the HITS with a lineup of songs spanning the 1950's-1990's to celebrate the greatest Love Songs of our time from great artists like Etta James, Elvis Presley, Patsy Cline and more! Early Bird Tickets are available for \$15 through our website at camanoschoolhouse.org or \$20.00 (cash/check) at the door. Camano City Schoolhouse, 993 Orchid Rd., Camano Island.

FRIDAY, FEBRUARY 14

STEWART WOODS – FRIDAYS IN THE SPEAKEASY

Bring your dinner in and enjoy Stewart's music and a cocktail! 6:30 – 8 pm – No Cover. Conway Muse, 18444 Spruce Street, Conway.

Calendar of Events



DID YOU KNOW?

The Battle of Iwo Jima: Allies captured the island of Iwo Jima from the Imperial Japanese Army during World War II. Feb 19, 1945 – Mar 26, 1945

FRIDAY, FEBRUARY 14

JACK MATTINGLY

8pm at the Conway Muse. Local artist Jack Mattingly will perform at the Conway Muse. Jack always has friends dropping by to sit in and we always love hearing the latest from this local Skagit singer songwriter. Tickets \$12 Advanced \$15 at venue.

FEBRUARY 14-23

16TH ANNUAL NORTHWEST GLASS QUEST

A 10-day treasure hunt for hand blown glass balls on Camano Island and Stanwood. Join the Hunt! The spirit of the event is much more than winning a glass ball. It is about connecting with the beautiful natural surroundings in the Stanwood-Camano area, supporting our local businesses, and engaging with our community. The treasure to be found is more than just a glass ball - Uncover Kindness and Discover Treasure! www.northwestglassquest.com/

SATURDAY, FEBRUARY 15

SEMBLANCE

Celebrity tributes, impersonations & more at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Stanwood. Live FREE SHOW!!! Show starts at 10 pm. Be there or be square! More info: (360) 629-2324.

SATURDAY, FEBRUARY 15

STACY JONES BAND

Saturday Blues at the Muse! 8 pm – Conway Muse. Tickets \$18 Advanced \$20 At Venue.

SATURDAY, FEBRUARY 15

CABAM! CAMANO BLUEGRASS JAM + DINNER (\$) + OPEN MIC

at South Camano Grange, 2227 S Camano Drive, Camano Island. Come and join the Jam & enjoy some smokin' bluegrass. Banjos, mandos, guitars, fiddles, dobros and a bass or two. It's all here. All we need is YOU! Old timers and newbies alike. Free admission except for the optional dinner. 3:00 - 5:30 pm - Bluegrass Jam. 5:30 - 6:00 pm - Dinner (Optional) (\$10 cash per person). 6:00-ish - 8:30 pm - Open Mic (sign up before dinner!). More info: CABAM282@gmail.com.

Susan B. Anthony

Feb. 15, 1820

Susan B. Anthony was born. After joining the women's rights movement at age 32, she traveled the country campaigning for women's right to vote. She dedicated her life to the cause, becoming the president of the National American Woman Suffrage Association in 1892. She died 14 years before the 19th amendment was adopted, but she is still honored today as one of the first leaders to fight for women's right to vote.



Calendar of Events



DID YOU KNOW?

Wedding rings are worn on the fourth finger of your left hand because people used to believe that the vein in this finger goes directly to your heart.

SATURDAY, FEBRUARY 15

JIMMY WRIGHT BAND

7:30pm - 10:00pm at Pub 282, at the Camano Plaza. A high-energy concert experience, packed with a dynamic mix of music to keep you on your feet all night long. Don't miss the show that's got something for everyone!

SATURDAY, FEBRUARY 15

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, FEBRUARY 15

VIVA LA VIDA

5:00 pm - 7:00 pm at the Stanwood Library. After this workshop, you will be able to create original artwork inspired by the Mexican artist, Frida Kahlo. You will learn how to work with recyclable materials such as cardboard, bottle caps, and old book paper. This program is suitable for teens and adults. Pre-register at sno-isle.org/

SATURDAY, FEBRUARY 15

VALENTINES DAY BIG BAND COMMUNITY SWING DANCE WITH LESSONS



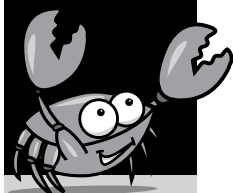
6:30pm-9:30pm at Floyd-Norgaard cultural center, Stanwood. Dance to the music of a 16 piece big band with some of the best musicians in the Northwest. Free dance lesson at 6:30pm. Dance starts at 7PM with dance lessons continuing during intermissions. \$12 for adults. \$10 for students, cash, check or Venmo (No credit card)

SATURDAY, FEBRUARY 15

WHAT'S IN YOUR EMERGENCY KIT?

10:00 AM - 11:30 AM at the Camano Island Library. What's in your Emergency Kit? Are you ready to live with the power and water being out for an extended period? Rhonda and Sue of Camano Preparedness Group will teach you how to make a plan and put together a kit lasting 72 hours - 2 weeks minimum. The better prepared you are, the more comfortable and less stressed you will be.

Calendar of Events



DID YOU KNOW?

Penicillin – the most common treatment for syphilis – was invented on Valentine's Day in 1928.

SATURDAY, FEBRUARY 15 VALENTINE COOKIE FUN



4:00 - 5:30 at the Stanwood Library. Come join the Stanwood Library staff for a fun and interactive afternoon of cocoa and cookie decorating! The library will provide all the supplies you'll need and you'll go home with plenty of your own yummy creations to enjoy. All ages welcome.

SATURDAY, FEBRUARY 15 2ND ANNUAL STANWOOD-CAMANO VOLUNTEER FAIR

10am-noon at Utsalady Elementary School gym, 608 Arrowhead Rd., Camano Island. Come on out to the event and learn more about your local nonprofits and how you can get involved!

SUNDAY, FEBRUARY 16 FEBRUARY PUZZLE EXCHANGE

2pm at the Stanwood Library. Join us for our monthly gathering at the Stanwood Library at 2pm February 16th. Bring your puzzles to exchange and meet other puzzle enthusiasts in our community. We are a family friendly event and ask that if your puzzles are not chosen you take them home and bring them to our next exchange.

MONDAY, FEBRUARY 17 55 & OVER KARAOKE

with Melissa & Chris. 5-7pm. Beer and Wine \$5.00/Pub Mix \$2.00 Boat. Lincoln Hill Retirement Community & Senior Center "Dining Hall", 7430 276th St. NW, Stanwood.



Yoga and Pilates
movementarts.com

MOVEMENT ARTS
360-629-9100
Camano Commons

Calendar of Events



DID YOU KNOW?

The world record for the most people kissed is held by Alfred Wolfram of Minnesota who kissed 11,030 people in 8 hours, at a festival in 1998.

MONDAY, FEBRUARY 17

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, FEBRUARY 17

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes for first and second place. Always a lot of fun!

TUESDAY, FEBRUARY 18

FREE COOKING DEMO

in the barn at Hazel Blue Acres in Silvana. 2pm and 6pm at 430 Hevly Road. Samples and Recipes are included! No reservation necessary. Questions? Call 360-770-7261.

TUESDAY, FEBRUARY 18

INTRODUCTION TO 3D PRINTING FOR TEENS

3-5pm at the Stanwood Library. Learn how to design your own personalized item to 3D print. We'll be exploring the ins and outs of Tinkercad to help you create your own unique keychain with your name or nickname on it. Pre-registration is appreciated at sno-isle.org

WEDNESDAY, FEBRUARY 19

"CASCARAS, CAMERAS & CAMOUFLAGE: HOW TO TURN YOUR NATIVE BACKYARD INTO A PHOTOGRAPHY STUDIO"



7pm (via Zoom). Wildlife photography leads us to think we must travel to Alaska or Africa to get compelling images. Join Ann Kramer, birder and wildlife photographer, as she shares how she's learned that not only can you get very beautiful photographs locally, but your backyard can also be a wonderful studio for capturing behaviors and portraits without having to leave home. A Zoom link will be emailed to you with registration via www.camanowildlifehabitat.org

WEDNESDAY, FEBRUARY 19

CHILDREN'S ART WITH STANWOOD CAMANO ARTS ADVOCACY

4:00 PM – 5:30 PM at the Camano Island Library. Join us for an art class with Stanwood Camano Arts Advocacy Commission (SCAAC). Event is free and all materials provided.



Education • Stewardship • Science
**SOUND WATER
STEWARDS**



2025 VOLUNTEER EDUCATION & TRAINING PROGRAM:

- 8 weeks of Thursday classes in the Spring (March-May).
- Highly acclaimed expert speakers + in person classes + hands on activities + field trips = an incredible training experience!
- \$175 membership & training fee. Scholarships available!

Applications due by March 7th!

MAKE A SPLASH WITH US!

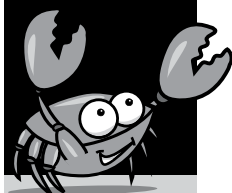
Become an active member of your local island community as a trained Steward! Support critical research in partnership with university, government, and tribal biologists, provide environmental education for all ages, and embody marine stewardship across the Salish Sea.

QUESTIONS?

Contact: 425-540-7712
Training@soundwaterstewards.org

www.soundwaterstewards.org

Calendar of Events



THURSDAY, FEBRUARY 20



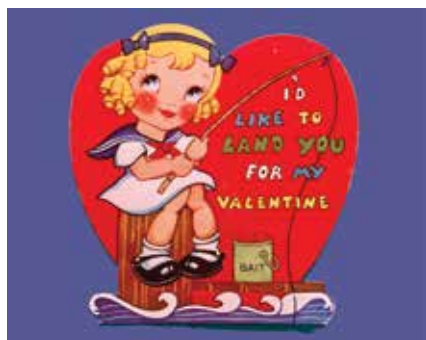
SHS FFA PRIME RIB DINNER

Join us for our annual prime rib dinner at 6pm in the Stanwood High School Commons! Come bid on live and silent auction items and enter in on raffle items! Ticket: \$25.

THURSDAY, FEBRUARY 20

CHRIS EGER

7:30pm - 10:00pm at Pub 282, at the Camano Plaza. Rock and Blues, Country, Funk and Soul collide in this modern take on vintage roots music.



Research Study - Healing and Transformation with Sound



Are you a veteran, front-line worker, or their family members affected by trauma, anxiety, or stress?

Join our **Sound Healing Research Study** to explore the transformative benefits of sound therapy and contribute to vital research in trauma recovery.

★ What We Offer:

- Weekly sound healing sessions on Camano Island, WA (January through March 2025).
- A safe and supportive environment for relaxation and healing.
- The opportunity to help advance research in sound therapy for trauma recovery.

Limited spots available. Visit our website for details and to sign up!

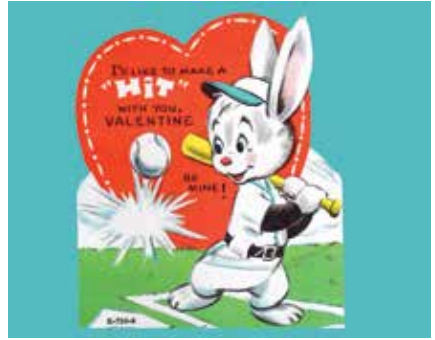
📞 Contact Us: info@projectpc.org 🌐 Learn More: www.projectpc.org/sound-healing-research



PLUTO DAY

February 18, 1930

Former planet Pluto is discovered by Clyde W. Tombaugh. Pluto is, on average, four billion miles from the sun and takes around 248 years to finish one orbit. Neptune is the closest planet to Pluto. In 2006, it was determined that Pluto would no longer be considered a planet.



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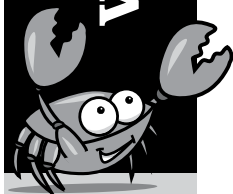
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Story by Jack
Archibald.

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DOG POUND BLUES

In the winter of what must have been '74 I'd quit my job running food service at the University of Wisconsin's Student Union, fed up with middle management and bored with the place after 3 months. After a few months of laying low I ended up looking for a dog at the local Humane Society and noticed a job opening for kennel worker, which, after a moment's reflection, I applied for and got, maybe not the best career move for a 24 year old with a degree in English and Sociology, but then again, how better to apply that sociology than take a variety of odd jobs, study from the inside, maybe even find an occupation most suited to my skills and interests.

Shoveling excrement and killing critters might not seem to some a ladder up, but trust me, I was sick of management. If you're looking to climb to the top, why not start at the bottom rung, even half way up will look like success. I had a partner, Larry, who'd been busted for selling LSD to undercover federal narcs, spent a year in jail, now he was pretty much unemployable as a felon. The dog pound didn't care so long as we showed up most of the time, which we did. Mary Ann covered the cat pens and we handled the puppies and dogs. Up front Mike was manager, Mary Jane assistant and Pat was secretary. We ran a tight little ship, taking in unwanted pets, adopting out what we could, euthanizing what we couldn't. You see those heart wrenching ads now on TV, sappy music playing, mistreated hounds with sad eyes staring out at you, that was us, the Humane Society.

Our building sat a block or two from a tavern that had refused to sell to the Oscar Mayer wiener company so the hot dog czars fenced off their factory with the bar inside the perimeter, figuring it wouldn't take long before the recalcitrant owners gave up and sold the place for a parking spot for their Wienermobiles. Hard nose capitalism. Larry and I started walking down there for our lunch break, grab a burger and slam a couple of beers before returning to the killing floor. By spring our attitudes had taken a turn for the cynical, partly due to a fight we had with the Board of the Society over a pay raise we'd gone on strike for, us and Mary Jane, the three of us walking out if we didn't get a quarter more over our 2 buck hourly. The Board balked and Mike, realizing he'd be doing the shoveling solo, intervened on our behalf.

But the animosity was palpable afterwards and every day Larry and I would stay a little longer at the tavern. Mike was about our age, a pretty decent boss overall, and he put up with our tardiness up to a point, but finally he would walk down to fetch us and for awhile we would agree to come back. But not until he had a beer with us. All three of us could see where this was heading and none of it was good. Larry quit first and the Board, instead of hiring a replacement, used volunteers, animal lovers being easy to find, although maybe not the best workers. Mary Jane left next and of course I followed shortly after, all of us gone in less than a week.

When I came back a year later to see the place, the pens were filthy and the puppies covered in their own poop, probably not really a great presentation for potential adopters. Mike was gone and so was Pat, leaving only Mary Ann to head up the place, the woman none of us liked. But ... the tavern inside the sausage plant was still there. For old times sake I wandered over for one last beer. And for the first time I noticed that they didn't have hot dogs on the menu.



Book a stay at 'The Arlene'

Meet Arlene, she is an extraordinary 1914 farmhouse restored to her former glory. Located near historic Utsalady Bay and just minutes from Camano Island amenities. Perfect for 4 guests!



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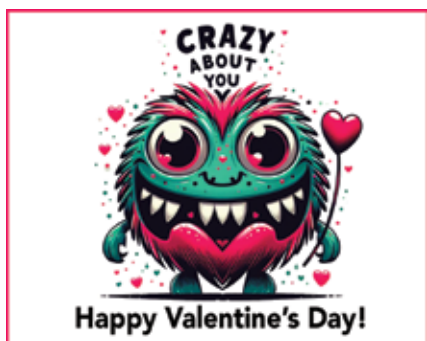
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Windermere

REAL ESTATE



WATERFRONT **\$1,890,000**

North island waterfront estate on 7.23 level acres overlooking Utsalady Bay and out to Mount Baker, huge outbuilding, peaceful setting. #2324574



MADRONA **\$1,099,000**

Two homes in one with views of Saratoga Passage and the Olympics, fenced yard, RV parking, price reduced and close to Camano beaches. #2256860



COUNTRY CLUB **\$530,000**

Immaculate Camano Island home with main floor living and covered outdoor living space is move-in ready and close to beaches. #2324373



VACANT LAND **\$90,000**

Nice price on this Camano recreational parcel - is a rustic getaway, great investment, has possible west-facing views, buyer to verify. #2324548



WEST SIDE **\$725,000**

Turn-key Island Rambler on a shy half-acre of gently sloping manicured property with peek-a-boo views of the Sound and mountains. #2322567



WATERFRONT **\$799,000**

Camano bluff home with beach and privacy on 125' of frontage and .86 acres of privacy, turn-key and room for a shop or ADU. #2269196

STANWOOD
7359 267th St. NW, #D
360.629.8233

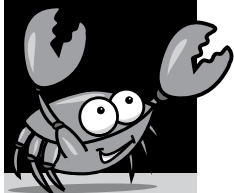


CAMANO ISLAND
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360.387.4663

Visit WindermereStanwoodCamano.com for more information

Windermere Real Estate/CIR

Kid's Korner



DID YOU KNOW?

The red rose was the favorite flower of Venus, the Roman goddess of love.

HEART LADY BUG VALENTINES CRAFT

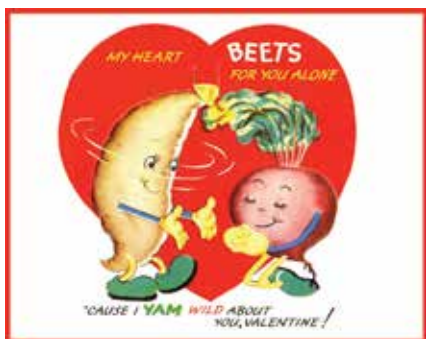
www.housingaforest.com



My kids love creating animals with heart shapes. A few of their favorite heart animals include a squirrel, a monkey, an alligator and a lady-bug. I love those ones too, but I'm super partial to the little hedgehog. There's just something about the little heart shaped spikes that makes me smile. Today the kids are busy making adorable little heart lady bugs.

Materials Needed: Red and Black Construction Paper; Scissors; Glue

To make these adorable little bugs, have the kids grab a pair of scissors. They will need to cut a number of strips for the legs/antennae, a large heart shape for the body, a circle for the head, eyes, little heart feet and a number of heart spots. I love that this little Lady bug is made from a heart with a little twist. Check out the photo above to see how we cut the heart body and then set it on its side. I love this simple trick for turning a heart into a bug! Trim the heart and use the straight edge as the bottom of the lady bug. Next, glue the head, eyes, antennae, feet and all the little heart spots to the main body. Finish this little guy off with a smile and your all set. You could also add a little cheesy Valentines saying like "will you be my little love bug"? Adorable!





RENEWAL by ANDERSEN

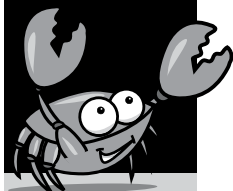
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Activity for All Ages



DID YOU KNOW?

Couples synchronize their heart rates if they gaze into each other's eyes. Scientists have found that couples who are bond in romantic relationship synchronize their breathing patterns and heart rates if they sit close to each other. They didn't even have to get engaged into any physical contact, or talk to make it happen.

VALENTINE EMOJI GAME

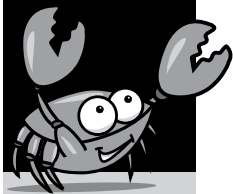
Guess the valentine phrase based on the emoji pictures.

1.   _____
2.   _____
3.     _____
4.   _____
5.     _____
6.   _____
7.   _____
8.   _____
9.   _____
10.   _____
11.   _____
12.       _____
13.    _____
14.   _____
15.   _____
16.   _____
17.    _____
18.   _____

1. Be Mine. 2. You Rock. 3. You're A Star. 4. Date Night.
5. You Drive Me Bananas. 6. Love Bug. 7. Apple Of My Eye.
8. You Rule. 9. First Kiss. 10. Cloud Nine. 11. Sweetie Pie.
12. I Love You To Pieces. 13. Cutie Pie. 14. Love Bird.
15. Be Cool. 16. Baby Cakes. 17. You're Hot. 18. Kiss Me.

ANSWERS

Artist of the Week



*Are you
interested in
promoting your
art, craft,
or live
performance?*

*Email us info or a
bio about your-
self and we will
feature this page
to you... and it's
all FREE!*

LOCAL ARTISTS FEATURED IN SCHACK ART CENTER 50TH ANNIVERSARY - JOHN EBNER AND JOHN RINGEN



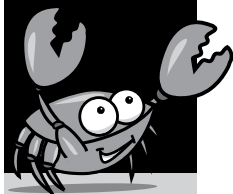
"Tranquil Waters" by John Ebner



"Eagle Harbor" by John Ringen

Local artists are featured in an art show titled "Four Decades of Friendship". Exhibit dates are now to February 15. Schack Art Center welcomes the artistry and legacy of two of Camano Island's most celebrated watercolorists, John Ebner and John Ringen. Through four decades of friendship these two painters have captured the beauty and tranquility of their beloved island and beyond. From Ebner's ethereal mountains and hidden coves to Ringen's color-washed abstracts and energetic renderings, this collection represents the dedication, skill, and vision only attained through a lifetime immersed in the craft. Tu-Sa 10-5, Su 12-5. 2921 Hoyt Ave., Everett, WA

Business Spotlight



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interested in
promoting your
business or
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a bio about your
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FLOUR BIRD BAKERY



We are a micro bakery in Stanwood, making naturally leavened baked goods with locally sourced products. Flour Bird Bakery specializes in producing artisanal, naturally leavened sourdough bread and baked goods crafted from premium, fresh ingredients. My quest goes beyond just baking; I believe our food should look as good as it tastes. By prioritizing the use of locally sourced ingredients from small businesses, I delight in wowing customers with every delectable masterpiece I create. I have always been a creator of food and have always dabbled in the art of food. I've been a home cook, did catering and custom cake creations, been a chef in a lovely little senior living community and even worked as a pastry/prep chef at an upscale restaurant. It was during the pandemic, however, when I began experimenting with sourdough bread that I discovered a deep love for the art as well as the challenge of creating naturally leavened baked goods. Crafting unique recipes, I shared my creations with friends and neighbors. The idea of turning this passion into a business only came to me after meeting a bakery owner in 2023. She said to me what I already really understood, our community needed a local source for quality sourdough breads. This chance meeting sparked the creation of Flour Bird Bakery. Currently I'm working out of a commissary kitchen in Stanwood and do not have a brick & mortar store front. During the summer months you can find me at our local Farmer's Market.

Come see us at our first ever pop-up event! We'll be at the Mustard Seed Bakery in downtown Stanwood on Feb 8. Preorder and pick-up or first come first serve! Go to the event page for more details and link to order!

(360) 333-3841
Jennifer.flourbirdbakery@gmail.com
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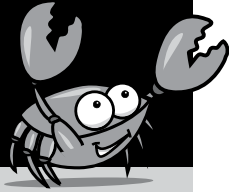
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Community Information



DID YOU KNOW?

Teachers will receive the most Valentine's Day cards, followed by children, mothers, wives, sweethearts and pets.

VIKING VILLAGE DEVELOPMENT

"Viking Village" is a mixed-use development consisting of 78 townhome units and 24 multi-family apartment units located above 16,075 square feet of first-floor commercial space. The development proposes to include 18,603 square feet of common open space areas and 19,674 square feet of "private open space" to serve as individual yards for the townhome units. The project is located on two parcels of which 4.72 acres (approx. 205,603 square feet) are proposed for development. Recreational amenities and open space, storm water management, water and sewer infrastructure, and street and landscaping improvements are all included in the project.

2026 CALENDAR PHOTO CONTEST

Ready, set, CLICK! The Land Trust's photo contest is officially underway. Show off your photography skills by submitting your favorite island snapshots for a chance to be featured in our 2026 Calendar. It's simple—SNAP (your photos), SEND (to wcltphotocontest@gmail.com), and STANDBY (to hear if your photo wins). Photos are due May 12, 2025—let the fun begin! Learn more here www.wclt.org/get-involved/photo-contest/

VOLUNTEER POSITIONS NEEDED AT LINCOLN HILL RETIREMENT COMMUNITY

Lincoln Hill Retirement Community is seeking volunteers for the following positions: Coffee bar baristas for 2 ½ hours per week. Will train. Volunteers are also needed for the upcoming re-opening of our Thrift Store. All positions. Will train. Lunchroom help. Volunteers to help with serving resident/community lunches and assist with check in and sale of lunches in our dining room. Servers to help serve lunches to our senior community. For additional information please contact Volunteer Coordinator Darlene Campbell at 360-629-7403, ext. 104 or via email at dcampbell@lincolnhill-rc.org.

SATURDAY POP-UP MARKETS

Indoor pop-up events at Camano Commons Marketplace. 10am-4pm. February 8: Jean Murphy Pottery. February 22: Kimber Starnes Art.



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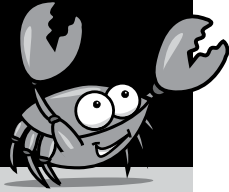
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Community Information



COLD WEATHER SHELTERS AVAILABLE

As temperatures drop, there is an Extreme Cold Weather Shelter to provide warmth and safety for those in need. Learn more at <https://snohomish-county-public-safety-hub-snocogis.hub.arcgis.com>.

CONSTRUCTION ALONG I-5 OVER SECRET CREEK NEAR STANWOOD IS COMING SOON

Over the next two years, beginning this February, WSDOT will remove the smaller, aging culverts (fish passage barriers) under both directions of I-5 and Old Highway 99 and install three new fish-approved bridge structures to enable safe fish and wildlife passage under the freeway and highway. During construction, northbound and southbound I-5 will both shift over to a two-lane, temporary bypass along the mainline until the end of December 2025. This will bring I-5 in each direction from three lanes, down to two and decrease the speed limit in the area from 70 mph to 60 mph. In 2026, construction will switch over to Old Highway 99, which will be closed for part of the year and a detour will be in place. Learn more about the project benefits and what to expect during construction, and submit your questions at the online open house here: <https://engage.wsdot.wa.gov/i-5-secret-creek-fish-passage/>



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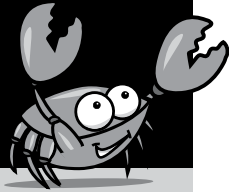
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- Virtual Dog Training
- Service Dog Training
- AKC Fitness / AKC Tricks
- Board and Train

Community Information



DID YOU KNOW?

Harvard Grant Study, which lasted for 75 years, has been investigating what exactly makes people happy. The most important finding of the study is that the only thing that really matters in life is love. A person can be smart, successful and healthy, but only true, committed, loving relationship bring happiness to life.

A DRIVE THRU COFFEE STAND IS COMING TO WARM BEACH WITH THE REOPENING OF THE WARM BEACH GROCERY!!!!

EXCITING! Madison, the new owner is revitalizing the store while paying homage to its history and modernizing it with among other things, a Drive Thru Coffee Stand. Madison shared with us that she is touched by all the people stopping by to say "hello" and the outpouring of support from the Warm Beach Community. Please like and follow Madison's Warm Beach Grocery Facebook page for updates and fun historical facts.

SUPPORT OUR TROOPS BY SUPPORTING THEIR PETS



Every day, service members face the heart-wrenching decision of leaving their beloved pets behind to serve our country. You can make a difference by opening your heart and home as a PACT foster. By fostering, you give these pets the love, safety, and care they need while their owners are away on deployment, training, or receiving medical care. It's a simple but powerful way to support our troops and show gratitude for their service. Visit www.PACTforAnimals.org to learn more and apply today. Together, we can keep families together, even when duty calls.

COLD-WEATHER TIPS / SNOW ROUTES

Visit bit.ly/stanwinterweather for important winter weather tips like preventing frozen pipes and heating safety. You can also find our snow plow priority route map which shows what roads crews will clear first in the event of snow or ice. Priority routes are determined by needs like emergency services, transit and school bus routes. Stay safe and stay warm!

COMMUNITY MEAL – CAMANO

Every Monday, Wednesday and Friday except for Holidays. 11:45 am - 12:30 pm at Camano Center, 606 Arrowhead Rd. Camano Island. By Donation. All donations welcome! Full cost of a meal is \$12.20. Coffee or tea is \$1.00.



CAMANO ISLAND I SHELL ALWAYS LOVE YOU!

Happy Valentine's Day



KERRI

KERRI JONES | NORTH48 REAL ESTATE
KERRI@CAMANOKERRI.COM | 206.963.6615





Documentary Filmmaking

2/27, 3PM - 6PM

Arrowhead Ranch, Camano

To sign up visit: scaacwa.org/classes



MAC at Gateway Gallery during Glass Quest

Various Times On:
2/14, 2/15, 2/16, 2/21, 2/22 & 2/23





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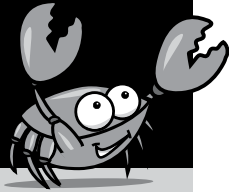


Specializing in the removal of existing concrete and the set-up / re pouring of new concrete projects. Projects include but are not limited to: driveways, patios, hot tub slabs, walkways, stairs, and garages.

Zach McNutt
CandewConcrete@gmail.com
425-244-6215
Lic # CANDECC812JS

Find us online
www.CandewConcrete.com
Facebook.com/CandewConcrete

Community Information



DID YOU KNOW?

In Victorian times it was considered bad luck to sign a Valentine's Day card.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS



Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

THE SPOT

Hosted by Youth by Dynamics Stilly Valley. Tuesdays & Saturdays. TUES 2:30-5pm. SAT 7:30-10pm. Fun, food, hang out. Middle school & high school. 9831 271ST ST NW, Stanwood. 425-879-7633.

LIVE ONLINE TUTORING HELP AVAILABLE!!!

Get expert help with live online tutoring, learn study skills and collaborate with other learners through the Brainfuse resource. Tutors are available everyday online from 1pm - 11pm PDT. Stop by the library any time during open hours (Mon-Sat 10am - 6pm) to get a personalized tutorial of this online resource.

BASKETBALL FREE PLAY FOR THE COMMUNITY

Every Friday at 795 Ell Rd., Camano. "Note: it is at an LDS church and I am a missionary, but we are here to play basketball. It is indoors and it's not quite a full size court, but it's good enough to have fun. All are welcome."



Guitar by Ford

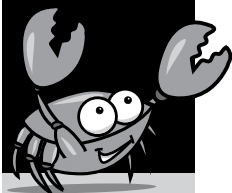
Ford Giesbrecht

All Ages, Levels & Styles.
Learn at Your Own Pace.

Instruction & Performance
Ukulele & Bass Lessons Also Available
Serving Stanwood & Camano Island
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Community Information



DID YOU KNOW?

The red heart is a classic emoji, and in 2024, it was up there with “crying with laughter” and “heart eyes” in the top three emojis.

ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!



BREWCADE WEEKLY 3 STRIKE TOURNAMENT

6pm-10pm on Mondays at The Brewcade, 7009 265th St NW #102, Stanwood. \$5 buy-in 3 strike Pinball tournament. Sign ups start at 6:00pm and flippers up at 6:30pm. Pot splash happens if there's over 15 players!

PROJECT PC

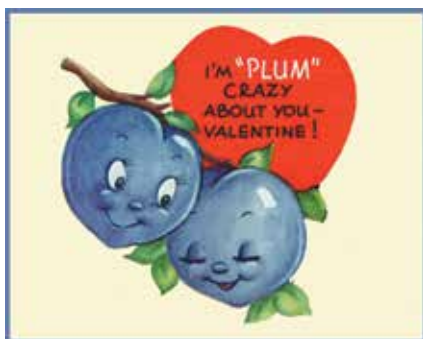
(nonprofit): Join monthly community events supporting veterans and frontline heroes. Explore healing and connection. Details at projectpc.org.

COMMUNITY OPEN SEW

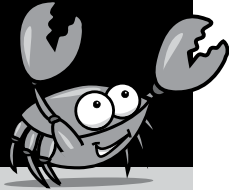
Mondays with Camano Island Quilters. 10am - 2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public. Want to sew with others, need help on a project? We are here to help you with your sewing needs. Bring your sewing machine, a project, and basic tools for an afternoon of fun! Bring sack lunch. (No microwave).

CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed Ultimate Frisbee pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all skill levels.



Community Information



DO YOU HAVE A PRESS RELEASE

or an announcement you want the community to know about? Let us know and we will publish it here in Community Information **FOR FREE!** Call us for info.

VOLUNTEERS AT HOSPICE OF THE NORTHWEST

May work directly with patients, assist in the office, help with community relations, support fundraising events, or work on special projects. Whatever your interest or skills, we have a volunteer position to suit you. To learn more about volunteer positions at Hospice of the Northwest, please visit www.hospicenw.org/volunteer.

SKI, SNOWBOARD OR JUST HANG OUT

The Merry Mountain Ski Club brings you easy travel for a fun ski day in a luxury coach with stops in Bellingham, Burlington, Stanwood and Everett. Great folks & great fun. Get in touch with us for more details! 206-550-4908 or tuesdayskibus@gmail.com.

OVER \$250,000 IN LOCAL SCHOLARSHIP FUNDS AVAILABLE!



Deadline: March 10. The Stanwood-Camano Area Foundation is pleased to announce the opening of the 2025 High School Scholarship cycle. Over 250 scholarships are available to be awarded to graduating high school seniors who reside within the boundaries of the Stanwood-Camano School District or attend school in the district; including home-schooled students and those who attend private schools outside of the area. Application information can be found on the Stanwood-Camano Area Foundation website at www.s-caf.org. The deadline for submission of completed applications is Monday, March 10, at 10:59pm. For more information, please contact the Stanwood-Camano Area Foundation at (360) 629-6878; info@s-caf.org.

AARP TAXAIDE – FREE APPOINTMENTS NOW AVAILABLE

AARP TaxAide is providing FREE tax return preparation on Mondays and Fridays at Camano Center and Tuesdays at Lincoln Hill Retirement Community in Stanwood thru April 15th. Appointments must be made in person while picking up a Taxpayer packet at the location closest to you. While our goal is to assist Seniors and low income individuals, we will do returns for any taxpayers that fall within our scope.

STANWOOD-CAMANO VOLUNTEER FAIR



WE WANT YOU

SATURDAY, FEBRUARY 15, 2025

10 AM - 12 PM

UTSALADY ELEMENTARY SCHOOL GYM

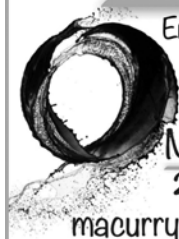
**Interact with local organizations and discover
volunteering/membership opportunities.**

Refreshments provided.

AAUW • Cama Beach & Camano Island State Park • Camano Arts Assoc.
Camano Center • Camano Is. Democrats • Camano Is. Library Friends
Camano Schoolhouse • Circlewood • Community Resource Center
Days for Girls • Freedom Park • Homage • Hooves & Heroes
Hope Unlimited • Hospice of the Northwest • Housing Hope • Kiwanis
Lion's Club • NOAH • Pet Partners • Project Positive Change
Puget Sound Public Farms • Rotary • Safe Harbor Free Clinic • SCAAC
Sound Water Stewards • Stanwood-Camano Food Bank
Twin City Sportsmen's Club • Warm Beach Camp
WSU Extension Master Gardeners • WSU Island County Extension • YMCA



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Happy Valentine's Day!

FEBRUARY IS NATIONAL

Snack
Food
Month



National Wear Red Day®

The First Friday in February



The National Heart, Lung, and Blood Institute and many groups around the country observe National Wear Red Day® each year on the first Friday in February to raise awareness about heart disease as the leading cause of death among Americans, especially women.

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It's time to tackle that growing list of home projects. The multi-skilled craftsmen at Ace Handyman Services have the expertise you can trust with the helpful approach you'll LOVE.

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FEBRUARY IS
NATIONAL
BIRD FEEDING
MONTH



FEBRUARY is

National
Embroidery
MONTH!



MEDICARE QUESTIONS?

We're here to help.



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SPEAKERS

BUS TOURS

VENDORS

EXHIBITS

ARTISTS

NATURE
Photographs by Thomas Swanson

CULTURE
Poster by Judith Hernandez

ART

STANWOOD CAMANO

**SNOW GOOSE &
BIRDING FESTIVAL**

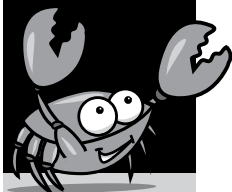
Saturday February 22, 2025
Floyd Horggaard Cultural Center
9 am - 5 pm



Schedule and tour information available at www.sahs-fncc.org



Photos and Art



DID YOU KNOW?

Richard Cadbury produced the first box of chocolates for this holiday in the late 1800s.



Valentine snow photo by A. Khan.



Valentine sheep. Photo by Alexas F.



Classes and Workshops



DID YOU KNOW?

Every Valentine's Day, the Italian city of Verona, where Shakespeare's lovers Romeo and Juliet lived, receives about 1,000 letters addressed to Juliet.

Valentine Ukulele for Beginners: Strum & swoon to romantic tunes! February 12. No musical experience required! Bring your own ukelele (a limited number are available). Maximum 6/class, pre-register. Linda Younce, ph 425 466 5362, email Linda@SmallChambers.com.

Join S.A.I.L. (Stay Active and Independent for Life) classes for cardio, balance, and strength building to help prevent falls. To learn more, go to <https://senior-resources.org/fall-prevention/>

Private Music Lessons (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Try it first! Book a free 30-minute lesson: HartMusicSchool.com/free-trial. (Music teachers apply here: HartMusicSchool.com/apply-to-teach).

Chris Tuohy Music Teacher! Sax, flute, clarinet, piano & voice lessons. I have the ability to come to you! Contact Chris Tuohy, 360-572-9262 or jazzman2e@mac.com

Full of Words: A 6-Week Women's Writing Circle (Free at the Camano Island Library. <https://tinyurl.com/full-of-words/>)

Free Macbook and iPad / iPhone Tutoring 3 / 30-minute sessions in the Camano Center (1pm, 1:30pm, 2pm) the first and third Wednesday of each month. Email Joyce to sign up at fact@msdeadlines.com.

Reiki and Restore February 21, 6:30-8pm. 90 minutes of deep relaxation. Enjoy restorative yoga poses with an optional reiki session as part of a long soothing savasana. Reserve your spot at movementarts.com/events or call 360-629-9100. \$35

Yoga for Beginners April 1-29, Tuesdays 6-7:15pm. Whether you are brand new to yoga or returning after a long absence, this five-week course will prepare you with the first steps toward a regular practice. \$95 Register at movementarts.com/events or call 360-629-9100.

Yoga for Better Posture 6-Week Course: Feb 18-Mar 25, Tuesdays 6-7:15pm. Do you notice fatigue in your neck and shoulders? Does your low back ache? How is your breathing? All of them can be improved with better posture. Incl. Workshop Manual \$119. Register in advance movementarts.com/events or call 360-629-9100

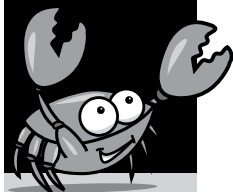
Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. 360-631-0661.

Yin and Pin Feb. 15, 2-4pm Where Ayurveda, Yin Yoga and Chinese Medicine meet! This class will ground, soothe & restore you. Sign up at movementarts.com/events or call 3760-629-9100. \$50.

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to premium websites and records. Contact us at camano@familyhistorymail.org.

Zumba on Mondays! 11am or 530pm \$10 pp Registration required with Jen Anderson at www.soulfusionmassage.com.

Classes and Workshops



DID YOU KNOW?

Galesnjak, a tiny island in Croatia, has a perfect, naturally-formed heart shape.

5-Week Pilates Apparatus Series Weds @ 12pm Starts Feb 26. Learn Pilates essentials, skills and exercises that strengthen, lengthen, lubricate joints (without impact) and benefit posture. Max class size 4. Call 360.572.2112 or email hello@beeauthenticpilates.com.

Chakradance: Feb. 15 @ 4pm and March 22 @ 4pm. Soulful free form ecstatic dance that enlivens your body & mind. Balance energy, change your life! www.beeauthenticpilates.com/chakradance.

Movement Arts Yoga Classes In-studio & Online. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes.

Homeownership workshop on the fourth Thursday of each month at Elite interiors next to UPS store from 6 to 8 PM. We will not be holding them In June, November or December.

Line Dance Lessons at the Camano Center with Kari — every Wednesday 3:00pm-3:45pm. Fun and exercise! socialdancesimplified.com.

Private Music Lessons: piano, guitar, bass, and voice for all ages and skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions or book a complimentary 30-minute lesson: HartMusicSchool.com/free-trial. Now accepting applications for new teachers.

YogaTone: Jan. 26 and Feb 2. 10-11am. Join us for a fantastic, fun, positive sweat/dance/movement/yoga class that's designed for just about anyone. Find rhythm and melody in the body, even if you think you can't dance! Drop ins welcome if space is available. \$92 for 4 classes or \$30 drop in register at movementarts.com/events.

High Fitness Saturdays: Join us for a FREE high-intensity (or low intensity, you choose) group exercise class (like dance fitness) Saturdays at 7:45 at 795 Ell Rd on Camano. Classes are also available Wednesday mornings at 6 am in Stanwood at The Dance Project NW for \$10/class. Go to "High Fitness Stanwood PNW" on Facebook for more info!

Medicare Basics Information Class Feb. 12 (10am) Free event open to the public. We will be explaining how your Medicare benefits work, as well as the options for supplementation through private insurance. Location: Camano Island Library. RSVP with John- 360-967-9601.



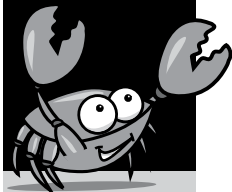
"Local Service Is Our Passion!"

7104 265th St, Suite 101, Stanwood, WA 98282

For a complimentary title and/or escrow quote, call our Stanwood/Camano office at 360-629-9737

www.ltco.com

Clubs and Meetings



TOPS Club on Camano Island -- Accountability and Weight Loss Support: TOPS has been helping members Take Off Pounds Sensibly for many years. We provide gentle accountability, warm fellowship and support in your weight loss journey. We meet Thursday mornings for weigh-in from 8:15 to 8:45; meeting at 9 am. The first meeting is always free. Come join us and see how TOPS provides support both during your weight loss, and afterward, helping you to keep it off. All ages welcome! Camano Lutheran Church, 850 Heichel Rd, Camano Island. Call Karen (leader) at (360) 387-9716 for info.

Rainy Day Room Playgroup Free weekly play group on Mondays at 10am and Thursdays at 3:30pm at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/events.

Teen Programs Monday through Friday, 2:30-5:30pm at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

Kaleidoscope Play & Learn Tuesdays and Wednesdays, 10-11:30am and 3:30-4:30pm - a FREE play group for 0-5 years and their grown ups. Facilitators guide children and their caregivers through a variety of developmental activities that promote early learning, and is inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

Yoga and Pilates
movementarts.com



MOVEMENT ARTS

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Camano Commons



Register Here



FINDING YOUR CIVIC VOICE

CRAFT A PUBLIC COMMENT AND
PRACTICE PUBLIC SPEAKING
IN COMMUNITY

FEB 23 FROM 10AM TO 5PM
SOUTH CAMANO GRANGE



CASA'S PET OF THE WEEK:

RAVEN is a gorgeous 2-year-old cat looking for her forever home. Raven is a talkative, outgoing cat with a little sass. She is a very independent gal who prefers to be looked at rather than touched. She enjoys affections of her person on her terms. Raven would do best in an adult only home or in a home with cat savvy children over 10. If Raven sounds like the cat for you, please stop by the shelter to visit.

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

LENNON - Looking for a playful, active pup to add some life and love to your family? Look no further! At 3 months old, this adorable pup, is looking for a FURever home committed to training, while giving out plenty of love and patience. If you are ready to add this beautiful, cutie-pie pupper to your family, come and talk to an Adoptions Matchmaker today!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

MARTHA is a beautiful lady who is ready to be a treasured family member. She was used for breeding and we are going to help her find a family that will fill her days with all the love and belonging her heart can hold. She would be a great walking buddy and might even enjoy a run every now and again. **FIRST STEPS:** Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org

The IRS is accepting tax returns January 29th.

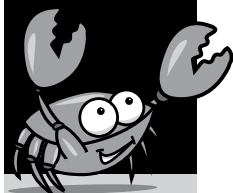
Edmunds Accounting & Tax, LLC
Steve 425-478-1317
Email: sjedmunds@me.com

Be Early! Primary filing deadlines in 2025.

- S Corps, March 17.
- Partnerships, March 17.
- Individuals, April 15.

Preparation & filing of Federal tax returns for individuals, sole proprietors, S-Corps, and partnerships.

Classified Listings



DID YOU KNOW?

We know him as a chubby, arrow-shooting baby, but Cupid was actually a handsome Greek god in mythology whose magical arrows could make mortals fall in love or hate. He became the face of Valentine's Day in the 19th century.

FOR SALE OR FREE:

Vintage mens clothing liquidation sale: wool jackets, coats, sweaters, dress shirts, western wear, Pendleton, Brooks Brothers, Canali, store fixtures. Buy all or part. Contact me for appointment. 360-630-7275 - Madeline.

MISCELLANEOUS:

I buy vinyl record albums: Rock, Pop, Jazz and more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

PROFESSIONAL SERVICES:

Preparation and filing of Federal tax returns for individuals, sole proprietors, S-Corps, and partnerships. Call Steve 425-478-1317 or email sjedmunds@me.com

Compass Point Composites Fiberglass Repairs and Fabrication. Boats, autos, sports, custom plugs, molds, and parts. 35 Years experience with a great crew. Google for photos and more information. Cheers, Erik 425-308-7423.

Clean Cuts Mobile Haircuts by Leah. "I will come to you!" Licensed & insured, experienced cosmetologist. Serving North Snohomish County and Camano Island. 360-722-2892.

Stained glass shop, design, and fabrication. Got broken stained glass? We can fix it. Message 360-629-9377.

Are you looking for someone who has a caring heart to be a companion/Caregiver for the one you love? I have lots of experience and references. I have had the pleasure in working with the elderly and disabled off and on for 42 years . Give me a call (650)455-3666. Steff.

Learn to square dance, have fun, meet new friends, lessons start September 10th, first lesson free, for info call Jerry at 425-327-4742.

"I fix stuff and know things. How can I help?" 206-245-5482.

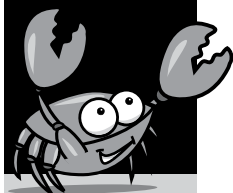
Your Home Remodeled, Repaired. Douglas, local craftsman. [www. Alpinerenovationsllc.com](http://www.Alpinerenovationsllc.com). 425-478-2098.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmitchell8974@gmail.com. Serving Outlying Areas.

Psychonauts: Certified guide and comprehensive education in meditation, lucid dreaming, psychoactive substance use and ritual. Free initial consultation. 206-245-5482.

WANTED:

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.



*Recipes by
Cooking Mamas
created by
Dusty Hutchins-
McNutt.*

*"Great recipes
begin in Mama's
Kitchen!"*

Visit me at: www.CookingMamas.com

VALENTINE'S DAY CHOCOLATE FONDUE CHARCUTERIE

Whether you're having a romantic dinner for two or entertaining a crowd chocolate fondue is always a SWEET idea!



FONDUE: 1 3/4 c. heavy cream; 8 oz. good quality bittersweet chocolate, chopped; 4 oz. good quality milk chocolate, chopped; 1 T. kirsch (cherry brandy); 2 tsp. vanilla extract; Pinch of kosher salt

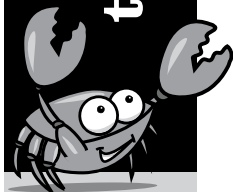
COOKIES: (Select 6-8 options) Sugar Wafer Cookies; Biscotti; Pirouettes, Chocolate, Vanilla, or Hazelnut; Sandwich cookies such as Oreos; Macarons; Milano Cookies; Palmier Cookies; Fudge Striped Cookies; Mini Frosted Soft Batch Cookies; Shortbread Cookies; Graham Crackers; Pound Cake, cut into cubes; Brownies, cut into cubes; Angel Food Cake, cut into cubes; Rice Krispie Treats; Mini Cupcakes

CANDIES: (Select 4-5 options) Dove Chocolate Hearts; Conversation Hearts; Heart Shaped Gummies; Jellybeans; Marshmallows; Red, White, and Pink M&Ms; Red, White, and Pink Sixlets; Red licorice ; Chocolate, Strawberry, or Vanilla Pretzels; Candy Pretzel Rods

FRUIT: (Select 2-4 options) Strawberries ; Red Apples Slices; Red Grapes; Orange Segments ; Pineapple Chunks; Pears Slices; Banana Chunks; Dried fruits: Apricots, Mango, or Papaya

DIRECTIONS: 1. **FONDUE:** In a small saucepan over medium-low heat, add heavy cream stirring occasionally until hot about 5-8 minutes. 2. Stir in bittersweet chocolate, semisweet chocolate, kirsch, vanilla, and a pinch of salt until melted and smooth about 5 minutes. 3. Pour the mixture into a fondue pot and serve with desired dippers.

View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

THE CASE AGAINST MARRIAGE EQUALITY FOR LEFT-HANDED PEOPLE

It's time patriotic, flag-waving Americans stand up for our God-given right to oppose any minority group that makes us feel slightly uncomfortable. Join me in opposing the misguided policy of marriage equality for left-handed people.

Now, before you start getting all tied up in knots, I'm not saying that all left-handed people are bad. I'm just saying, why take the risk of letting them marry? If we do, the odds are their innocent children may grow up to be left-handed too. We need to stop this epidemic – for the children.

I honestly don't mind if someone is left-handed – just so long as they don't behave left-handedly around me. Thankfully, southpaws represent only a tiny sliver of the American population – less than 11% of our nation's 326 million people. So, it's not like we need to interact with their type on a daily basis – unless we are forced to leave home to get groceries.

Have you ever met a left-handed person you really trusted? Me neither. And I should know. I'm married to one. There is no shortage of hysterical – I mean historical – reasons for treating left-handed people differently. Those reasons date back more than 2,000 years. In ancient Rome, the Latin word for "left" was *sinistra*. It's where the modern term "sinister" comes from, which, according to Webster's Dictionary, literally means "threatening or portending evil, harm, or trouble; ominous."

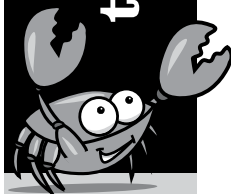
Ever notice how if someone gives you a left-handed compliment, that's considered a bad thing? And why do most batters prefer not to go up against left-handed pitchers? I have no idea why. Not really sure what my point was here. But it's interesting, don't you think?

Still not convinced left-handed people are morally defective? Check out these alarming statistics: Left-handed people are 37% less likely than right-handed people to remember their own mother on Mother's Day, 53% more likely to want to hurt baby kittens, and a shocking 78% more likely to hate God (who, by the way, is right-handed). I could have cited several more paragraphs of statistics like these, but I did not have time to make them up before this month's Funny Times publication deadline.

I am tired of hearing bleeding-heart liberals whine that left-handers are just like normal people. I know that left-handed people are just not quite right. Don't get me wrong. I don't hate left-handers. I just don't want them to breed. I love left-handed people, despite their obvious imperfections and subversive intentions. I have found that some of my closest friends are left-handed. And when I have discovered this fact, I usually downgraded their friendship status to casual acquaintance.

I have no idea why some people choose the left-handed lifestyle. I'm not sure what neural misfiring occurs inside their brains to make

View from the Bleachers



them turn left. I've tried repeatedly to reach out to these people (using my right hand, I should add) and have pleaded with them to behave like normal right-handed Americans. But in almost every case, they flat out refused to even consider changing their lifestyle.

When I've asked why they refuse to act like the other 90% of us, they'll toss out a dubious explanation like "I was just born that way." But they're not fooling anyone. They could switch any time they want. Just like I switched from combing my hair back to combing it forward, to hide my receding hairline. Nobody forced me to do that, you know.

So, America, it's time to sign my petition to return the laws of this great land to a simpler time (like say, the Salem Witch Trials) and ban marriage equality for left-handed people – before one of them attempts to marry your child.

It's too late for me. Sadly, I unwittingly married a leftie. It is a source of constant shame and embarrassment (for my wife). Thankfully, our kids appear to have escaped unscathed. They're both right-handed, just the way God intended.

[Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net.]



SAVE CAMA BEACH CABINS

Do you miss having the cabins open and seeing visitors excited about the park, Camano Island, and Stanwood? Does your business miss the income from tourists? Does your family miss the fun educational events at the park? There is a new group forming to reopen the cabins.















Save Cama Beach Cabins group is asking the Washington State Legislature for funding to repair the septic and water systems so the cabins can be used again. A website with more information will be available soon. They need your help to contact the Governor and your State Legislators to urge their support for this effort so the Cama Beach cabins can be reopened for all of us.

Governor's office: 360-902-4111
Representative Clyde Shavers: 360-786-7884
Representative Dave Paul: 360-786-7914
Senator Ron Muzzall: 360-786-7618

Thank you for your help! Watch the Crab Cracker and/or go to our website for more info.

SaveCamaBeachCabins.org / info@savecamabeachcabins.org

TIDE TABLES / SARATOGA PASSAGE / FEBRUARY 7-20, 2025

Date	High /Low	Tide Time	Height Feet	Moon Visible	Date	High /Low	Tide Time	Height Feet	Moon Visible
F 7 7 7 7	High Low High Low	2:11 AM 5:51 AM 11:02 AM 6:56 PM	10.3 8.7 11.1 -0.7		F 14 14 14 14	High Low High High	6:34 AM 12:23 PM 5:49 PM	12.2 4.6 9.9	
Sa 8 8 8 8	High High High High	3:13 AM 7:25 AM 12:09 PM 7:57 PM	11.1 8.9 10.8 -1.2		Sa 15 15 15 15	Low High Low High	12:10 AM 6:55 AM 12:59 PM 6:36 PM	0.9 12.0 4.0 9.6	
Su 9 9 9 9	High Low High Low	4:01 AM 8:46 AM 1:19 PM 8:51 PM	11.7 8.5 10.7 -1.5		Su 16 16 16 16	Low High Low High	12:44 AM 7:17 AM 1:36 PM 7:25 PM	2.1 11.7 3.4 9.3	
M 10 10 10 10	High Low High Low	4:42 AM 9:44 AM 2:22 PM 9:38 PM	12.1 7.9 10.6 -1.5		M 17 17 17 17	Low High High High	1:19 AM 7:40 AM 2:15 PM 8:20 PM	3.4 11.3 2.9 8.9	
Tu 11 11 11 11	High Low High Low	5:17 AM 10:31 AM 3:18 PM 10:21 PM	12.3 7.0 10.5 -1.4		Tu 18 18 18 18	Low High Low High	1:57 AM 8:04 AM 2:58 PM 9:24 PM	4.7 11.0 2.6 8.7	
W 12 12 12 12	High Low High Low	5:46 AM 11:11 AM 4:11 PM 10:59 PM	12.4 6.2 10.4 -0.9		W 19 19 19 19	Low High Low High	2:39 AM 8:30 AM 3:46 PM 10:44 PM	6.0 10.6 2.2 8.6	
Th 13 13 13 13	High Low High Low	6:12 AM 11:48 AM 5:01 PM 11:35 PM	12.3 5.4 10.2 -0.1		Th 20 20 20 20	Low High Low Low	3:31 AM 8:59 AM 4:38 PM	7.2 10.3 1.9	











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