

THE CRAB CRACKER
ISSUE 411
Aug. 22 - Sep. 4, 2025
COMMUNITY MAGAZINE



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway



CAMANO PREPAREDNESS GROUP & CAMANO FIRE & RESCUE

Presents



2025 SAFETY & PREPAREDNESS FAIR

August 23, 2025 – 10:00am-4:00pm

Camano Commons

848 N. Sunrise Dr.

Camano Island WA 98282

Free Admission!



**Come learn about how to
prepare for an emergency!**

Programs in the Library:

- 10:00 - Preparedness State of Mind
- 12:30 - Earthquakes & the NW Faults
- 2:30 - Water Purification & Storage

Booths include:

- IC Department of Emergency Management
- ICOM 911
- Community Emergency Response Team
- And much more!



Fun for the Kids:

Kids Burn House
Kid Crafts

Have Lunch at one of the
fantastic restaurants!

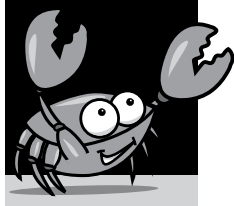
RAFFLE

**FUN FOR THE
WHOLE FAMILY!**

For more information, contact Sue at kk6sue@gmail.com.

Facebook: Camano Preparedness Group - website camanopreparednessgroup.org

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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: Stargazer Lillies. Photo by Sally Colt.

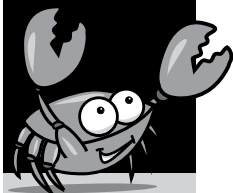


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Submission DEADLINE: AUGUST 28 for Next Edition (September 5-18)

Calendar of Events



FRIDAY, AUGUST 22
TEENFEST 2025



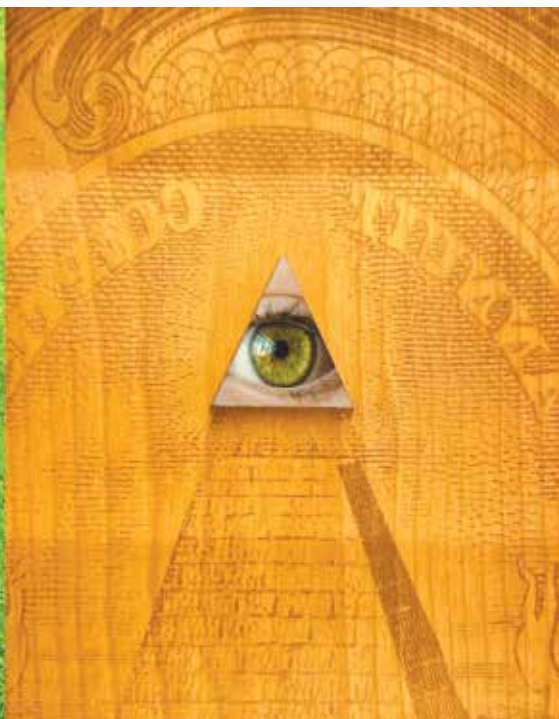
at Church Creek Park, 27116 72nd Ave NW, Stanwood. Get ready to wrap up summer with a blast at TEENFEST 2025, Stanwood's ultimate end-of-summer celebration for teens! Join us for an afternoon of live music, food trucks, and good vibes with an epic lineup of local talent, featuring: Pink Steam; Batbox; Beautiful Freaks; Lancaster; Amplify Showcase. Gates open at 2pm and the music kicks off at 3pm—rocking the park all the way until pm! Come hungry and ready to dance, snack, and chill with friends in a fun, safe space made just for teens. Presented by the Community Resource Center. Sponsored by Stanwood Commerce Alliance, City of Stanwood, and Birch Equipment.

 **GATEWAY
GALLERY
PRESENTS**
**A CAA MEMBERS
GROUP EXHIBITION**

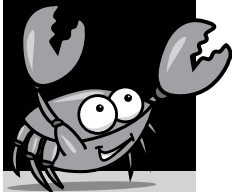
I SPY

AUG 23 - OCT 19

**OPENING
RECEPTION
SATURDAY AUG 23
4PM-6PM
W/ FLOWERS FROM
CLUB MEADOW**



Calendar of Events



look for us
online at

**www.TheCrab
Cracker.com**

or on
Facebook.

Download
current or past
editions.

FRIDAY, AUGUST 22

SHERI GREIMES

7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. Soulful, powerful, and unforgettable, Sheri Roberts Greimes is lighting up the stage at Pub 282! With raw emotion, bluesy grit, and a voice that'll stop you in your tracks, Sheri delivers a show you'll feel in your bones.

FRIDAY, AUGUST 22

NATIONAL PARK SERIES PRESENTS -

ACADIA NATIONAL PARK

11:00 AM – 12:00 PM at the Camano Island Library. Join us for an engaging presentation on Acadia National Park, led by Interpretive Specialist, Meredith Peterson from Washington State Parks. Discover the breathtaking beauty of one of America's most beloved coastal parks, where rugged shorelines, granite peaks, and lush forests meet the Atlantic Ocean. Meredith will share stunning visuals, insider tips, and fascinating insights into Acadia's natural wonders, scenic trails, and ongoing conservation efforts. Perfect for nature lovers and outdoor enthusiasts, this event will spark your sense of adventure and deepen your appreciation for the unique landscapes of the Northeast. Don't miss this opportunity to explore the magic of Acadia National Park—from the comfort of your local library!

FRIDAY, AUGUST 22

STANWOOD FARMERS MARKET



2-6pm behind the Stanwood Police station. Local produce, food trucks, fresh flowers, baked goods, artisans, and live music.

National Tooth Fairy Day!

August 22



www.TheCrabCracker.com

Yoga and Pilates

movementarts.com

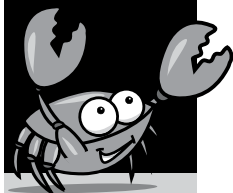


MOVEMENT ARTS

360-629-9100

Camano Commons

Calendar of Events



FRIDAY, AUGUST 22 POP UP YOGA



With Carol Mason. Gather with friends and join us for some outdoor yoga at noon at Camano Commons. Spread out and feel the grass under your feet as we come together and celebrate the warmth of summer. Pack a picnic or support our local restaurants with a take-out order. This is a FREE Event. Please bring a donation for the Stanwood/Camano FOOD BANK. Register in advance to receive any last-minute weather updates at movementarts.com/events or call 360-629-9100.

FRIDAY, AUGUST 22

FRIDAY NIGHT KARAOKE

WITH MARCUS. 8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.

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Scan to Schedule



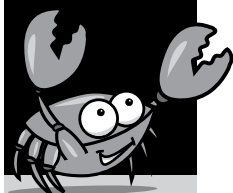
9300 271st St NW, Suite B-5,
Stanwood, WA 98292
Near QFC, between Papa
Murphy's and H&R Block

 stanwoodhearing.com

CALL 425-272-9435



Calendar of Events



DID YOU KNOW?

There's a statue of Jason Voorhees, the "Friday the 13th" serial killer, chained to the bottom of a Minnesota lake.

FRIDAY, AUGUST 22

HOMESTEADERS' HAVEN OPEN AIR JAMS & FREE TRADE MARKET

Summer Open House Fridays, 3 - 7 pm at 880 E Ashley Way, Camano Island. Text 509-741-4132.

FRIDAY, AUGUST 22

CORY VINCENT & THE ELECTRIC BAND AND LOS BONQUISTADORS

8:00 PM at Arcadian Public House OUTDOOR STAGE, 18444 Spruce Street, Conway. Tickets: \$12 ADV / \$15 DOS Outside food is allowed, but please no beverages. The show will likely be outdoors - feel free to bring your own chair if you'd prefer. We have a few propane heaters and throw blankets to borrow if you need as well. GENRE: Hard Rock + Alternative Rock.

SATURDAY, AUGUST 23

CAMA BEACH FOUNDATION'S DISCOVERY WAGON

We're moving the event to the Picnic Shelter at North Beach in Camano Island State Park right next to the Toy Boat builders. 11am. The focus of the Discovery Wagon activity this summer will be on RAPTORS. A number of mounted raptors (or is that raptor mounts?) will be on display along with other raptor items. Sheila Pera the CBF volunteer will be on hand to ask (and answer) questions.

SATURDAY, AUGUST 23

FOOD: A CATALYST FOR COMMUNITY - PANEL DISCUSSION

11am at Community Resource Center, 9612 271st St NW, Stanwood. How does food help us connect with each other? Join us for a lively and fun conversation with three local voices who bring very different perspectives on the power of food to build community. You'll hear from Zach Abbey of Camano Farm Ashram, who grows it; Kristine Birkenkopf, co-founder and chef of SAAL Brewing Co., who creates spaces to gather around it; and Rebecca Jette, owner of Stanwood Cupcakes, who shares joy one cupcake at a time. Come for the stories, stay for the inspiration—and maybe even some delicious ideas! Registration is free.



UPCOMING EVENTS

Lincoln Hill Retirement Community
Your Local Senior Center
7430 276th St NW
Stanwood, WA 98292



- Chrome & Classics Car Show – August 30, 2025 7:30 AM – 3:00 PM
- Shredding Event – Wednesday - September 17th 2025 10:00 AM – 1:00 PM
- Resource Fair – Saturday - September 20th 2025 9:00 – 1:00 PM
- Spaghetti Dinner – Friday - September 26th 2025 5:30 – 7:00 PM Featuring Live music with Moon Pie Ramblers Band. Free meal – Donations appreciated

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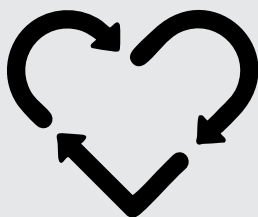
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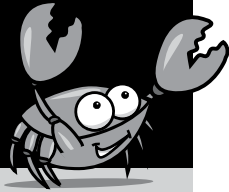
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Calendar of Events



DID YOU KNOW?

Bald eagles
mate for life.

SATURDAY, AUGUST 23

OHANA LUAU



Our first annual family friendly Luau fundraiser at Arrowhead Ranch, Camano Island. Feel the Aloha — Support the SHS Football Booster Club! Ohana Luau Fundraiser. 5-9pm. Join us for a night of island vibes, delicious food, and fun — all while supporting the Stanwood High School Football Program and Booster Club! Buffet featuring pit-roasted pork and island favorites. Beer garden & island-themed signature mocktails. Live entertainment and traditional island dancing. Leis for purchase to get in the luau spirit! Tickets at <https://www.zeffy.com/ticketing/first-annual-spartan-ohana-luau>. Let's make this a night to remember while giving back to our players and community. Mahalo for your support!

SATURDAY, AUGUST 23

HOPEFEST 2025

Noon-3pm at Camano Chapel. 867 S West Camano Drive, Camano Island. "Bringing HOPE to Camano Island and Stanwood". Free. Fun for the whole family. Message of hope from pastor Jeff Turner; American music from local musician Russ Bartlett; FREE food trucks (Dick's Drive-in, Pure Smoke NW BBQ, Ryan's Recipes); Laser tag and activities for everyone! www.camanochapel.org

SATURDAY, AUGUST 23

EDEN / THE OUTTATOWNERS

8pm at Arcadian Public House OUTDOOR STAGE, 18444 Spruce Street, Conway. ALL SHOWS ARE 21+.



PUGET SOUND TREE CARE LLC

360-387-0243

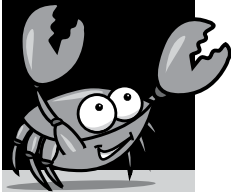
Jim Fay, Owner, Arborist



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FREE ESTIMATES • LIC. • BOND. • INS.

Calendar of Events



DID YOU KNOW?

Napoleon Bonaparte was once attacked by a swarm of rabbits.

SATURDAY, AUGUST 23

OPEN HOUSE AT UTSALADY LADIES AID



10am-4pm. Come see the exhibit and share your mother's stories about the home front during WW2. They also served. At 10:00am & 2:00pm we will have walking tours of historic homes & places on Utsalady Bay. Refreshments will be available and local history books will be on sale.

SATURDAY, AUGUST 23

'I SPY' ARTISTS' RECEPTION

PLUS FLOWERS FROM CLUB MEADOW. 4-6pm at Gateway Gallery. 'I Spy' art show opening at the Gateway Gallery, 159 E North Camano Dr./Freedom Park next to the playground. Come chat with local artists, mingle with your neighbors and visitors to the island. We are a family friendly art gallery; in this small space children can be still for one minute to enjoy art just like adults- often they see things we miss! The theme is fun for everyone. Club Meadow's Flower Cart will be on site for bouquets of dahlias+.

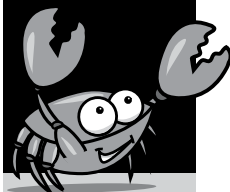
SATURDAY, AUGUST 23

MICHELE D'AMOUR AND THE LOVE DEALERS

7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. Feel the soul, catch the groove — Michele D'Amour and the Love Dealers are rolling into Pub 282! With smokin' blues, sultry vocals, and a whole lotta heart, this band delivers a night of music you won't forget. Come for the rhythm, stay for the vibe.

ART IN LEGION PARK 2025
 PRESENTED BY ARLINGTON ARTS COUNCIL
 AUGUST 23 (10AM TO 5PM)
 AUGUST 24TH (10AM TO 4PM)
 114 N OLYMPIC AVE. ARLINGTON
17TH ANNUAL ART AND FINE CRAFT SHOW
 DOWNTOWN ARLINGTON
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 For more information and vendor application see:
WWW.ARLINGTONARTSCOUNCIL.NET/EVENTS
 MADE POSSIBLE IN PART BY ASSISTANCE FROM THE CITY OF ARLINGTON HOTEL-MOTEL TAX FUND

Calendar of Events



DID YOU KNOW?

There are more
stars in the uni-
verse than there
are grains of
sand on earth.

SATURDAY, AUGUST 23

CABAM! CAMANO BLUEGRASS SHOWCASE

Three bands performing at South Camano Grange, 2227 S Camano Drive, Camano Island. Come and join the Jam & enjoy some smokin' bluegrass. Banjos, mandos, guitars, fiddles, dobros and a bass or two. It's all here. All we need is YOU! Old timers and newbies alike. Bring your instruments for the early Bluegrass Jam - musicians & audience welcome! Performances by: Homebrew from Spokane; Stillwater Hill from Seattle/Snoqualmie Valley; and Band of Friends from Camano Island/Stamwood. 8 am - 11:00 - Free Bluegrass Jam & Monthly Breakfast (\$Optional Donation). 12 pm - 4:00 - Performances by each band. 4 pm - 6:00 - Famous Salmon Dinner (Optional w/ \$ Donation). 6 pm - 10:00 - Performances by each band. Meal donations support the South Camano Grange. Performance donations support the musicians. This event is brought to you by CABAM! Camano Area Bluegrass and Acoustic Music, a small group of interested acoustic music lovers and the South Camano Grange #930! CABAM282@gmail.com

SATURDAY, AUGUST 23

HIDDEN ART (TOKENS) IN FREEDOM PARK



10:00 a.m. to 6:00 p.m. Ceramic tokens found in Freedom Park may be redeemed at the Gateway Gallery- the little red building next to the playground- for a FREE piece of mini art. Follow us on FB/Insta for clues to a limited number of tokens. We would love for you to share the joy of your experience! Add a comment or picture to Gateway Gallery's Hidden Art clue post on Facebook/Instagram Hidden Art Hunt. FB: Camano-Gateway-Gallery Insta: camanogateway



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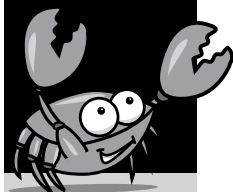
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Calendar of Events



DID YOU KNOW?

Sir Isaac
Newton
invented the
color wheel in
1666.

SATURDAY, AUGUST 23

SAFETY & PREPAREDNESS FAIR

The Camano Preparedness Group will present the SAFETY AND PREPAREDNESS FAIR at the Camano Commons. There will be many preparedness related booths, kids activities and Camano Fire & Rescue demonstrating 10 minute CPR. There will also be 3 programs in the Camano Library. 10:00am - Preparedness State of Mind - Bill Swander. 12:30 - Earthquakes and the NW Faults - Sue Ryan. 2:30 - Water Purification and Storage - Bill Swander. Come learn more about getting and being prepared for any emergency or disaster and have some fun too! For more information contact Sue at kk6sue@gmail.com

SATURDAY, AUGUST 23

TOY BOAT BUILDING

Came Beach Foundation (CBF) will begin doing the Toy Boat building event from 10am to 2pm at the North Beach Picnic Shelter in Camano Island State Park. Anyone interested should head to Camano Island State Park and follow the directions on the A-frame signs to get to the event.

SATURDAY, AUGUST 23

FAMILY BINGO



at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

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INTO YOUR
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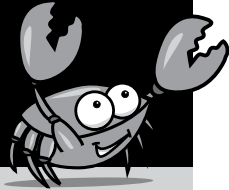
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Calendar of Events



DID YOU KNOW?

Chewbacca in "Star Wars" is based on George Lucas' dog, an Alaskan Malamute named "Indiana," who also inspired "Indiana Jones."

SATURDAY, AUGUST 23

CARS & COFFEE

Come have coffee and admire our local hot rods, muscle cars, and more. Free admission to general public and free to bring by your custom car. The location alternates each week, either at Coastal Vie, Stanwood or Camano Commons. Check with them to determine this week's location. Free coffee for participants (and mini donuts at Coastal Vie). 7-10am. All cars welcome. Come out and have fun!

SATURDAY-SUNDAY, AUGUST 23-24

CAMANO CUP 2025



Pickleball Tournament at Camano Pickleball courts. 8/23 Saturday - Mixed Doubles. 8/24 Sunday - Men's/Women's Doubles. More info at www.camanopickleball.com.

SUNDAY, AUGUST 24

PUB 282 CAR SHOW



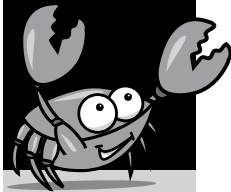
Join us at Pub 282 for our Car Show from 10AM-1PM! Live music by the Jimmy Wright Band, cool cars, great food — and every dollar from car display registrations will be donated to the Stanwood Camano Food Bank.

MONDAY, AUGUST 25

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

Calendar of Events



MONDAY, AUGUST 25

ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

MONDAY, AUGUST 25

COMMUNITY BLOOD DRIVE

Bloodworks Northwest will return to the Camano Center from 9 AM to 3 PM for another Camano Island Community Blood Drive. In one hour, you can make a difference! Book your appointment today! #DonateBloodSaveLife https://donate.bloodworksnw.org/.../drive_schedule/79066

MONDAY, AUGUST 25

GRIEF TO GRATITUDE - STORIED PASTS

10-11:30am at the Camano Center. The loss of a loved one is one of life's most common human experiences. "Grief to Gratitude - Storied Pasts" is a unique free program that creates the space for you to share and celebrate that reality. Come and share an uplifting story (or two) about your lost loved one to inspire joy, reflection and gratitude. Program facilitated by Danny Koffman, "Art with a Smile" artist and author of books focusing on caregiving with a smile and a topspin of love. RSVP to 360-387-0222.

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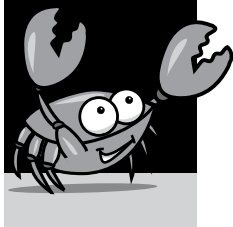
TracyStevens.remax.com | TracyStevensHomes.com

📞 425.330.7052

📍 [Tracy@TracyStevensHomes.com](https://TracyStevensHomes.com)

📍 RE/MAX Elevate on Camano Island
(at IGA Plaza).

Calendar of Events



MONDAY, AUGUST 25

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

TUESDAY, AUGUST 26

MAKE YOUR OWN GAMING MOUSE FOR TEENS

3:00 PM – 5:00 PM at the Stanwood Library. Learn how to assemble your own custom gaming mouse! We'll be exploring how to assemble a complete and functional gaming mouse complete with 3D printed shells of your choice. These items will be perfect to add some flair to your gaming space. (Not a gamer? No worries! These mice function just as well for day-to-day computing.). All supplies provided. (If participants are not able to complete their mouse in the time provided, they will go home with written and video instructions and are invited to book a time to come back if they need additional instruction.). The 3D printer will be in full operation as we discuss the basics of 3D printing so every participant can see it in action.

TUESDAY, AUGUST 26

SUMMER KIDS' DANCE ADVENTURE

10:00 AM – 10:30 AM at the Camano Island Library. Join local dance teacher Lisa Anderson for our exciting outdoor dance class where kids can be challenged through fun movement engagement. This class will encourage creativity and the development of motor planning while laughing and spending time with peers in a beautiful outdoor setting next to the library. Parents are encouraged to join in.



CAA
CAMANO ARTS ASSOCIATION

The Camano Arts Association is known for its Annual Studio Tour of juried, professional artists. CAA membership is open to all visual artists at any level of experience and arts advocates are invited to join us; membership is as easy as paying annual dues.

Curious if jurying for the studio tour is right for you?

Join us for a Tour Q&A ZOOM on

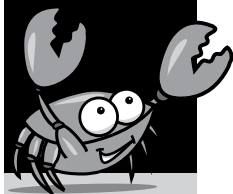
Wednesday, August 20 at 6pm.

Experienced tour artists can answer your questions.



Check out our programs; the Studio Tour, the Gateway Gallery at Freedom Park (all members welcome to show!), regular meetings and Mentorship/Scholarship for SCSD middle and high school students. camanoarts.org

Calendar of Events



DID YOU KNOW?

Clarinets are made almost entirely out of wood from the mpingo tree.



WEDNESDAY, AUGUST 27

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, AUGUST 27

EXPLORE YOUR CREATIVITY

with Stanwood Camano Arts Advocacy Commission. 3:00 PM – 4:30 PM at the Stanwood Library. Join us for an art class with Stanwood Camano Arts Advocacy Commission (SCAAC)! We will provide everything you need. For kids ages 6-11.

WEDNESDAY, AUGUST 27

MINDFUL REFLECTION THROUGH ART

4:00 PM – 6:00 PM at the Camano Island Library. Designed for participant's individualized healing expression using the teacher's guided & uniquely created art modality of combining images with words to navigate and release emotions, stress, anxiety, trauma and/or personal challenges while visually bringing forth renewed changes and desired outcomes. All Levels: Beginning to advanced Artists, Writers, & Internal Explorers! Materials provided for basic two dimensional work or bring your chosen favorites for 2D or 3D creations. Registration required. Link to SCAACwa.org/classes.

WEDNESDAY & THURSDAY, AUGUST 27 & 28

SCHOOL OPEN HOUSES



Elementary School Open Houses happen 5-6 p.m. on August 27. Middle School Open Houses start at 5 p.m. on August 28.



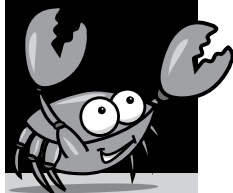
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Calendar of Events



THURSDAY, AUGUST 28

SUMMER STAY AND PLAY

10:30 AM – 11:30 AM at the Stanwood Library. This is an opportunity for children, birth to kindergarten, and their caregivers to come play with fun and educational toys provided by the library. During this hour, caregivers and children will engage in in-person play, explore process art activities, socialize with others, and reconnect with the library. Drop in anytime during this event.

THURSDAY, AUGUST 28

END-OF-SUMMER TEEN CHILL

4:00 PM – 6:00 PM at the Stanwood Library. Looking for just a bit more time for relaxation before the school year begins? If so, join us for a laidback, teen-exclusive space to watch a movie, play games, or simply hang out. We will be watching *The Truman Show*, and a variety of tabletop games will be available to play. (Bringing your own games is allowed as well!). Snacks will be provided. Bring your friends or make new ones as we wind down before summer break comes to a close. No registration required!

THURSDAY, AUGUST 28

STEWART WOODS' SINGER SONGWRITER SHOWCASE

8pm at Arcadian Public House OUTDOOR STAGE, 18444 Spruce Street, Conway. STUART WOODS, CLAY CHRISTOFFERSON, ROBERT IRVING, WES JONES, BENNY SIDELINGER, BRANDON TIGNER, IRELAND WOODS, SAVANNA WOODS. ALL SHOWS ARE 21+.

Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials! This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics you need to understand your options.

Camano Center

606 Arrowhead Road, Camano Island, WA 98282

September:

- 09/03/2025 - 10:00am – 11:00am Jensen Room
- 09/24/2025 - 3:00pm – 4:00pm Jensen Room

RSVP's NOT REQUIRED, BUT ENCOURAGED

Please contact us to RSVP or for more information about upcoming events.



425-361-2944 x1 TTY 711



info@vidorassociates.com

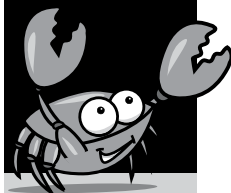


www.vidorassociates.com

This is an educational event. A licensed sales representative will be present with information only; there will be no sales activity. The Centers for Medicare & Medicaid Services (CMS) has neither reviewed nor endorsed this information.

Vidor and Associates is not connected to the Federal Medicare Program and this is a solicitation for insurance. Vidor and Associates does not offer every plan available in your area. Any information they provide is limited to those plans they do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE or your local State Health Insurance Program (SHIP) to get information on all your options.

Calendar of Events



DID YOU KNOW?

Queen lead singer Freddie Mercury was born with four extra teeth in his upper jaw giving him his distinct smile.

THURSDAY, AUGUST 28

MUSIC TRIVIA

5pm at Wine by the Bay, Stanwood.

FRIDAY, AUGUST 29

EVER-KNOWN PERFORMANCE

Join us for a live music event featuring classic rock covers of the 60's performed by Ever-Known, a local group consisting of brothers Ty and Tanner Nesje along with Jared Robb. They will be performing at 5:30 pm in the courtyard of Forte Music Dance Art located at 1095 Essex St A1, Camano Island. Adult admission - \$10.

FRIDAY, AUGUST 29

POWERHOUSE

7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. This "Cream of the Crop" collection of northwest musicians is one of the most interesting acts you'll see. They play everything from killin' Rhythm and Blues, Rock, Blues, Soul and Jazz.

FRIDAY, AUGUST 29

THE STAGEHOGS

8pm at Arcadian Public House OUTDOOR STAGE, 18444 Spruce Street, Conway. They'll be playing all of your favorite covers on the outdoor stage! Yes, 'Teenage Dirtbag' is included. Feel free to bring in food, your own chair and all of your friends! There will be a few propane heaters and throw blankets to borrow to keep you warm. \$10 ADV / \$12 DOS 7 PM Doors / 8 PM Show GENRE: Covers from the 70's and forward Online ticket sales end at noon on the day of the show.

FRIDAY, AUGUST 29

MEET AND GREET



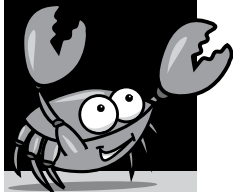
Come meet Kona, his friends, and mother/author Michelle at MQ Gadgets Gifts Goodies from 12 to 4pm. 8706 271st St NW, Stanwood. www.mqstanwood.com

FRIDAY, AUGUST 29

FRIDAY NIGHT KARAOKE

WITH MARCUS. 8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.

Calendar of Events



FRIDAY, AUGUST 29

FRIDAY GAME NIGHT

6-8:30pm at the South Camano Grange. Hosted by Camano Island Library. Join us for an evening of fun as the library hosts an all-ages Game Night. Feel free to try out a variety of board games or bring your own. Don't know how to play? No worries, we'll help you get the hang of things! Whatever your skill level, you are welcome to come out for a gaming good time! Event is free and no registration required -- just drop in any time!

FRIDAY, AUGUST 29

STANWOOD FARMERS MARKET

2-6pm behind the Stanwood Police station. Local produce, food trucks, fresh flowers, baked goods, artisans, and live music.

FRIDAY, AUGUST 29

TEA TASTING WITH LACONNER TEA COMPANY

Come meet the tea experts of LaConner Tea Company. A great time to learn about their teas, their Ethical Tea Partnership (fair trade), and best of all enjoy the deliciousness of a variety of tea blends. 1-5pm at MQ Gadgets Gifts Goodies, 8706 271st St., Stanwood. More info: www.mqstanwood.com

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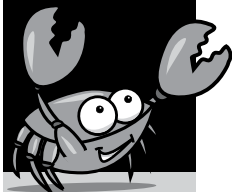
Call 360-652-4300

**Free estimates and financing
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Calendar of Events



DID YOU KNOW?

The longest over-water flight without alternate airports is from the coast of California to Honolulu, Hawaii.

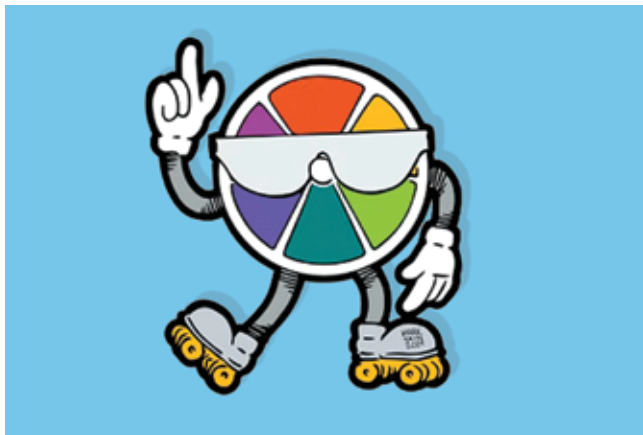
FRIDAY, AUGUST 29

HOMESTEADERS' HAVEN OPEN AIR JAMS & FREE TRADE MARKET

Summer Open House Fridays, 3 - 7 pm at 880 E Ashley Way, Camano Island. Text 509-741-4132.

FRIDAY, AUGUST 29-SEPTEMBER 1

MAC FEST 2025



Join us for SCAAC's Annual Art Festival! SCAAC has been putting on arts events and providing education in the community for several years. We want to celebrate that success with fun art stuff for everyone...and introduce ourselves to anyone that doesn't know us yet. We'll kick off MAC Fest with a Block Party on Saturday, August 30th on the brick road...right in front of the future Meyer Art Center. For the whole weekend, we'll offer arts education, events and activities for all ages. Come celebrate art and community with us! Full schedule and more info: <https://www.scaacwa.org/macfest>

SATURDAY, AUGUST 30

SOUTH CAMANO GRANGE PANCAKE BREAKFAST

8-11am at South Camano Grange, 2227 S Camano Drive. Menu: pancakes, sausage and fruit. Hope to see you there. Come support the Grange and see the fun happening. New members always welcome!



MAC 20 FEST 25

SCAACWA.ORG/MACFEST

AUG 29-SEPT 1
STANWOOD • CAMANO, WA

**4 DAYS OF ART
& COMMUNITY**

SAT. 8/30
10 - 6 PM

**BRICK ROAD
BLOCK PARTY**
(@ STANWOOD'S
HISTORIC WEST END)



FREE

FOR ALL AGES!



- LIVE MUSIC •FOOD TRUCKS
- LIVE ART DEMOS
- INTERACTIVE ART BOOTHS
- MAKER'S MARKET
- KIDS ACTIVITIES

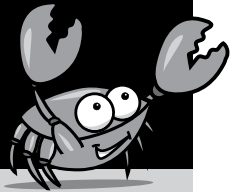
Sponsors

**STANWOOD
CAMANO
ARTS
ADVOCACY
COMMISSION**



MADE POSSIBLE IN PART THROUGH THE SUPPORT OF THE TPA FUND OF SNOHOMISH COUNTY, WA.

Calendar of Events



DID YOU KNOW?

"Yesterday" by
The Beatles is
considered the
most covered
song in music
history

SATURDAY, AUGUST 30

MARY ELLEN LYKINS AND THE CC ADAMS BAND

7:00 PM – 11:00 PM at Pub 282, 370 NE Camano Dr #6, Camano. The band thrives on unique arrangements with roots in the Blues and an eclectic mix of R&B and tasty Rock mix.

SATURDAY, AUGUST 30

CHROME AND CLASSICS CAR SHOW



7:30am-3pm at Event by Lincoln Hill Retirement Community & Senior Center, 7430 276th St NW, Stanwood. Live Band "Chill Deville Band" ~ Awesome Cars ~ Amazing Raffle Items (Ticket's to events, Art, Clothing, Tattoo Certificates (too much to type) ~ Great Food "Biscuits & Gravy W/Sausage, Bacon, Eggs and Fruit" "BBQ" "Dessert". Bring your lawn chairs and have some fun. We look forward to seeing you here. All proceeds support our low-income older adult community. We greatly appreciate your support.

SATURDAY, AUGUST 30

TOY BOAT BUILDING

Came Beach Foundation (CBF) will begin doing the Toy Boat building event from 10am to 2pm at the North Beach Picnic Shelter in Camano Island State Park. Anyone interested should head to Camano Island State Park and follow the directions on the A-frame signs to get to the event.



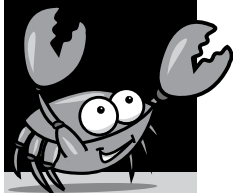
"Local Service Is Our Passion!"

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**For a complimentary title and/or escrow quote,
call our Stanwood/Camano office at 360-629-9737**

www.ltco.com

Calendar of Events



SATURDAY, AUGUST 30

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, AUGUST 30

CARS & COFFEE

Come have coffee and admire our local hot rods, muscle cars, and more. Free admission to general public and free to bring by your custom car. The location alternates each week, either at Coastal Vie, Stanwood or Camano Commons. Check with them to determine this week's location. Free coffee for participants (and mini donuts at Coastal Vie). 7-10am. All cars welcome. Come out and have fun!

SATURDAY, AUGUST 30

GRIEF TO GRATITUDE - STORIED PASTS

11-12:30pm at the Camano Library. The loss of a loved one is one of life's most common human experiences. "Grief to Gratitude - Storied Pasts" is a unique free program that creates the space for you to share and celebrate that reality. Come and share an uplifting story (or two) about your lost loved one to inspire joy, reflection and gratitude. Program facilitated by Danny Koffman, "Art with a Smile" artist and author of books focusing on caregiving with a smile and a topspin of love. RSVP to 360-387-0222.

"A Place To Gather; A Place To Worship;
A Place To Grow; A Place To Serve"

Freeborn Lutheran Church

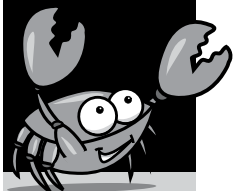
"We invite you to check out our small traditional
church in the country."

Worship: 10:00, Fellowship and Lunch following



2416 300th St NW, Stanwood, WA / 360-629-3149

Calendar of Events



DID YOU KNOW?

Ferret-legging is a endurance sport in which competitors attempt to keep ferrets trapped in their pants for as long as possible.

SATURDAY, AUGUST 30

ASK A MASTER GARDENER PLANT CLINIC: CAMANO



11am-1pm at Ace Hardware, Camano Plaza. Bring your questions, plant pictures and plant samples, and get free research-based gardening advice from an Island County Master Gardener.

SATURDAY-SUNDAY, AUGUST 30-31

ROAMING ARTISTS SHOW



The Camano Roaming Artists are again having our annual Labor Day Show, August 30 and 31, 10am to 4pm each day at the Island County Multi-Purpose Center, 141 East Camano Drive, Camano Island. Around 20 artists En Plein Aire paint two times a week at beautiful and interesting locations from Marysville to Mt. Vernon. Artists paint in a variety of mediums, including watercolor, oil, acrylic, ink, and pastel. Our featured artist this year is Christina Harvey with one of her colorful acrylic paintings, "Iverson Canal". Maggie Miller has donated for the raffle, one of her delicate watercolors of lavender.



SEPTEMBER

6th & 7th

10am to 5pm

FREE!

FREE!

SELF-GUIDED ARTISTS' WORKING STUDIO TOUR 2025

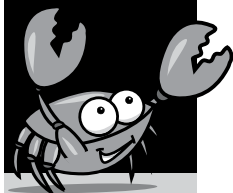
SCULPTORS
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GLASS ART
PRINTMAKING
QUILTING
JEWELRY
FIBER ARTS
METAL ART



Find us on Facebook at 98221StudioTour

Calendar of Events



DID YOU KNOW?

Babies are born with 275 to 300 bones.

By the time they're adults, they only have 206 since some bones fuse together as they grow.

SATURDAY-SUNDAY, AUGUST 30-31

CAMANO CIDERFEST



Event by Camano Commons Marketplace. 11am-5pm at 848 Sunrise Blvd. We will showcase the best local cideries from the area! Enjoy delicious food from vendors. We will also have two time slots 30-minute educational sections on both Saturday and Sunday taught by Dave from Alma Cider! Each day will have a different lesson, so you will need to attend both days in order to hear both! Plus, we will have Johnny Hinchman playing on Saturday, August 30th & Savanna Woods playing on Sunday, August 31st! The event will feature live music all day from artists. Tickets available at Camanocommons.com/ciderfest

MONDAY, SEPTEMBER 1

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, SEPTEMBER 1

ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

MONDAY, SEPTEMBER 1

TRIVIA NIGHT

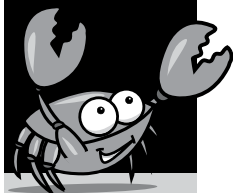
with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

WEDNESDAY, SEPTEMBER 3

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

Calendar of Events



DID YOU KNOW?

Winds on
Neptune can
blow faster than
1,200 miles an
hour.

WEDNESDAY, SEPTEMBER 3

READ WITH A THERAPY DOG

4:00 PM – 5:00 PM at the Stanwood Library. De-stress, learn about therapy dogs, or practice your reading at the library with Linda and her registered therapy dog Preacher. Preacher is a 5 year old Great Pyrenees. With his partner Linda, he has made therapy visits to colleges, schools, libraries, nursing homes, and hospice facilities. Preacher and Linda are registered through Pet Partners. When not working with pet therapy, Preacher enjoys hanging out at his farm and watching over all the critters that live there.

WEDNESDAY, SEPTEMBER 3

JOIN US FOR CONNECT OVER COFFEE



An informal gathering open to everyone where we regularly meet to share perspectives and explore ideas that spark positive change within ourselves and our communities. 1:30-3pm at Coastal Vie, 9001 WA-532, Stanwood. Hosted by the Baha'is in Skagit and Island Counties, who believe in the oneness of humanity and strive to build unified, vibrant communities that promote spiritual and material well-being.

WEDNESDAY, SEPTEMBER 3

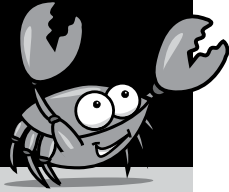
STANWOOD HIGH SCHOOL SPORTS

Varsity Boys Tennis vs Lakewood. 3:30pm.

Girls Soccer vs Bothell. JV: 5pm. Varsity: 7pm.



Calendar of Events



DID YOU KNOW?

The hardest
bone in the
human body is
the femur.

THURSDAY, SEPTEMBER 4

LIT LAB

6pm at Camano Lutheran Church. The theme will be "Labor" as in any way you want to take it. Please practice your piece to be familiar with it and to be sure it's not more than five minutes. Thanks.

THURSDAY, SEPTEMBER 4

SPAGHETTI DINNER FUNDRAISER

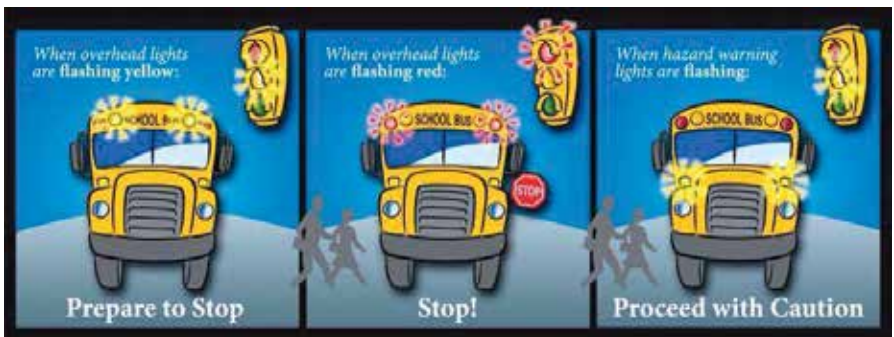


You're invited! Join us at the Camano Center at 4:00 PM for our Spaghetti Dinner Fundraiser — celebrating National Senior Center Month! No-Host Bar available. Dinner is complimentary. Your generous donation will help sustain the programs and services we provide. Please call the Camano Center to make your reservation. Bring your friends, family, and your appetite — together, we can make a difference! 360-387-0222 to RSVP. NOTE: Another spaghetti dinner fundraiser is scheduled at Lincoln Hill Center on September 26. Their RSVP number is 360-629-7403.

THURSDAY, SEPTEMBER 4

STANWOOD HIGH SCHOOL SPORTS

JV Boys Tennis vs Oak Harbor. 3:30pm.





THANK YOU . . .

to all who supported the Community Resource Center by sponsoring, providing food and beverages, donating, volunteering, and attending The Bite of Stanwood Camano!

AND THE WINNERS FOR BEST BITE ARE...

Best Bite: Flavor



Best Bite: Presentation



THANK YOU, SPONSORS!

Alaska Airlines
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American Cremation & Casket Alliance
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Leslie Tripp - State Farm Insurance
Twin City Foods
Mountain Pacific Bank
Envirocon Landscaping

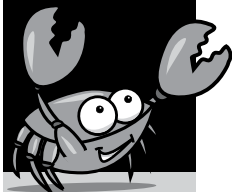
THANK YOU, FOOD & BEVERAGE SPONSORS!

Blue Heron Kitchen & Bar
Cama Beach Cafe & Catering
Camano Commons Marketplace
Island Girls Catering
Journey's End Cafe
Juniper Bites
Merry Little Baker
Patini's Grill
Primal Taco
Pure Smoke BBQ
Rockaway Bar & Grill
SAAL Brewing Co.
Sasquatch Subs
Stanwood Cupcakes
Tapped Public House
The Baked Cafe



**Community
Resource
Center**
of Stanwood Camano

Local History



DID YOU KNOW?

A group of owls is called a parliament.



3 Truck Shay Locomotive #14 CN 20704 - Conway, WA - ca 1948.



Residence of W. C. Brokaw, Stanwood. 1913.



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DOING WHAT THEY LOVE**

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THREE TASTES. ONE DESTINATION. ONLY IN STANWOOD.



VIVO
ITALIAN BISTRO

STILL WATER
LOUNGE



ALL LOCATED IN THE HISTORICAL
GRANARY BUILDING
IN DOWNTOWN STANWOOD
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NEW CONSTRUCTION



HEZEL HOMES

BENSON RIDGE \$1,875,000

Stunning luxury in this newly constructed home in Mount Vernon with panoramic Western Views, completed and ready to move-in today! #2379557



NW BUILDERS

SERENE VIEW \$1,049,000

Live the island dream in this beautiful, spacious new home offering breathtaking west-facing sunset views and gorgeous finishes. #2353506



TITAN HOMES

PARK DRIVE \$849,000

Beautiful tranquil 1.46 Camano acres with newly built single-level home- includes solar panels, upscale finishes, covered deck and more! #2363060



RAEBURN HOMES

COUNTRY CLUB \$749,900

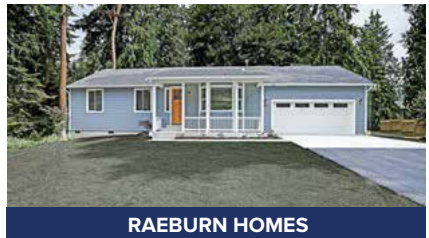
Featuring large floor-to-ceiling windows that frame water views, new Country Club home includes access to 3 community beaches! #2339569



TITAN HOMES

N. CAMANO RIDGE \$895,000

Completed one-level home with top-end appointments located on north Camano in a peaceful setting of 7 new homes with no HOA! #2384883



RAEBURN HOMES

HUCKLEBERRY LANE \$649,900

Tucked in a peaceful, tree-lined Camano neighborhood, single level new home on a generous and private lot ready to move-in. #2391614

STANWOOD
7359 267th St. NW, #D
360.629.8233

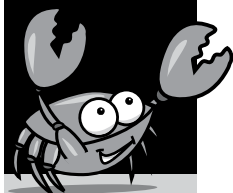


CAMANO ISLAND
818 N. Sunrise Blvd.
360.387.4663

Visit [WindermereStanwoodCamano.com](https://www.WindermereStanwoodCamano.com) for more information

Windermere Real Estate/CIR

Kids' Korner



DID YOU KNOW?

After Steve Carell left "The Office," James Gandolfini of the "Sopranos" was reportedly offered the role and turned it down.

DIY BACK-TO-SCHOOL PHOTO FRAME

Display those beautiful first day of school photos in a creative way.



Supplies Needed: 8 jumbo craft sticks; Yellow and black paint; Silver paint; Paintbrush; Paper plate; Red craft jewels; Scissors; Tacky glue; Photo of child (4" x 6"); License plate.

Instructions: 1. Gather your supplies. Pour a small amount of yellow, black and silver paint on your paper plate. 2. Paint craft sticks. Use your paintbrush to paint six of your jumbo craft sticks with yellow paint, one jumbo craft stick with black paint and one jumbo craft stick with silver paint. Let them dry completely. 3. Make bus gluing craft sticks. Assemble your jumbo craft sticks together to make a school bus. Start by gluing four craft sticks together with tacky glue to make a box. Use three yellow craft sticks for the top three sides of the box and a silver craft stick for the bottom side of the box. Now glue one more yellow craft stick at the top of the box and two more yellow craft sticks at the bottom of the box. 4. Cut stick in half. Cut the black craft stick in half and glue them under the bottom of the box for school bus wheels. 5. Add jewels & license plates. Glue two red craft jewels at the bottom of the school bus for brake lights. Cut out a rectangle for a license plate and glue it at the bottom of the school bus. Let the school bus photo frame dry completely. 6. Add picture. Once your DIY back-to-school photo frame is finished drying trim down your photo to fit within the opening of the frame. Add glue around the back of the frame opening and glue your picture down. 7. Glue on couple of magnets. Finish your DIY back-to-school photo frame by adding a couple adhesive magnets on the back of the frame. Now hang your cute school bus photo frame up on the fridge to cherish those first day of school memories.

Source: iheartcraftythings.com

BACK-TO-SCHOOL WORD SEARCH

W G L U E R I Z D B N E G R U
 C R A Y O N S R W X O B W E W
 S R T Q F Q Z R E F M O E E P
 T W P M U S I C F A E S K M L
 U C S Y V E G G F G D C O S A
 D S T U D E N T W X U I K I Y
 Y Y S C I E N C E B Y S N W G
 Y J J W L I B R A R Y S L G R
 W S P E L L I N G K P O G J O
 R Y A O S B U S E O P R G H U
 I W P C C P S I R D T S R O N
 T A E P H W B N R U L E R I D
 I F R P O M E N A F G Y M D O
 N M M P O L E A R N I N G R C
 G Z J W L F P R I N C I P A L

BOOKS
 BUS
 CRAYONS
 GLUE
 GYM

LEARNING
 LIBRARY
 MUSIC
 PAPER
 PLAYGROUND

PRINCIPAL
 READING
 RULER
 SCHOOL
 SCIENCE

SCISSORS
 SPELLING
 STUDENT
 STUDY
 WRITING

Four Springs House
for your next event

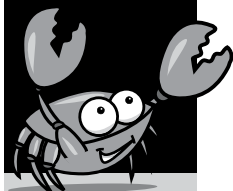
Weddings • Retreats • Business Events
 Family Celebrations



Four Springs Lake
 Preserve

360-387-1418 • fourspringshouse.com
fourspringshouse@co.island.wa.us

Artist of the Week



*Are you
interested in
promoting your
art, craft,
or live
performance?*

*Email us info or a
bio about your-
self and we will
feature this page
to you... and it's
all FREE!*

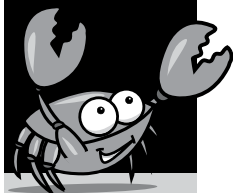
LAKE GOODWIN ARTIST, JULIET SHEN



My main source of inspiration and renewal has always been the natural landscape. The constant transformations taking place in Nature intrigue me because I think our spiritual and creative life is in similar flux, and that observing the natural way of things can give us moral guidance for living as well as comfort in aging. Though there is a connection between how my brush makes strokes that move and grow and how tree limbs move and grow, my paintings are not about trees. They are about tenacity and perseverance, and about how we are all intertwined. There are two major influences on my technique. Training in designing typefaces has heightened my awareness of how the edges and spaces between things define what we see. And my admiration for Chinese brush painting has shown me how you can create opulence from the humblest of tools. Anyone who grows up in a diaspora will feel a dichotomy of the soul. For me, painting brings the East and West in me into some kind of fresh synthesis. Juliet Shen started painting in childhood and spent the 1970s making art and working for design firms in New York. After moving to Seattle in 1983, she had a long career as a graphic designer, running her own firm from 1989–2012 and teaching typography at the School for Visual Concepts. In 2006 she earned a masters degree in typeface design from the University of Reading, UK. Since 2012 she has been painting full time, exhibiting in group shows and solo shows around Puget Sound. After a 35-year career in graphic design, she resumed drawing and painting, her original passion. Juliet has experimented with compositions that pay homage to the Chinese landscape tradition, but with a contemporary approach. She paints forests, wetlands, wild rivers, and tidal currents in a semi-abstract style that relies on fine brushwork. Her work is always infused with a sense of place, recognizable or fantastical.

www.julietshen.com

Business Spotlight



*Are you
interested in
promoting your
business or
organization?*

*Email us info or
a bio about your
business and
yourself and we
will feature this
page to you... and
it's all FREE!*

BELL MOBILE VETERINARY CARE



Hi there! My name is Elena Bell and I own Bell Mobile Veterinary Care, a housecall veterinary business seeing cats and dogs. We provide wellness services, vaccines, labwork, sick visits, hospice care, and end of life services all from the comfort of home. We proudly serve Camano Island, Stanwood, and Skagit Valley. About us: Dr. Elena Bell, DVM: Dr. Bell received her bachelor's degree in Biology from University of San Diego and graduated from Washington State University's College of Veterinary Medicine in 2018. Throughout her years in veterinary practice, Dr. Bell gained invaluable experience treating and loving on the pets in her community. Her special interests include palliative/hospice care, preventive care, and cardiology. Working together with owners to provide the best quality of life for their loved ones is Dr. Bell's greatest passion. Her dream of opening a mobile practice was inspired by her mission as a veterinarian to prioritize the safety and comfort of her patients while allowing owners more time to ask questions and participate directly in their pet's care. The convenience of in-home care provides a peaceful and relaxed environment for you and your pet without the stressors and time constraints of an office visit.

Shireen Jackman, MSc: Shireen graduated with her bachelor's degree in Biotechnology from Utah Valley University and worked as a certified medical assistant in family medicine and pediatrics before making her way to the magical PNW. She decided to pursue her dream of working with animals after earning her master's degree in Biochemistry from the University of Victoria. Shireen entered the veterinary field as an assistant and later transitioned into practice management, where she gained a greater appreciation for the complexity involved in all aspects of veterinary practice. She now facilitates client communications and behind-the-scenes operations of Bell Mobile Veterinary Care and accompanies Dr. Bell on house calls. Taking care of pets and providing client education and support in the privacy and comfort of home has reinvigorated Shireen's love for veterinary medicine. She spends her free time writing poetry and short stories, soaking up as much nature as possible with her husband, and cuddling with three of the most spoiled kitties around – Baby, Rumi, and Toulouse.

bellmobilevetcare@gmail.com. www.bellmobilevetcare.com

HOLIDAY BAZAAR!!

WARM BEACH SENIOR COMMUNITY

Vendor Venue

(cash, checks, some may take credit cards)

**Friday, October 31 & Saturday, November 1
9AM - 3PM**

Food Items

Jams,
Various
Baked
Goods

3

Authors
and their
books

WB FELLOWSHIP Room:

Christmas Carousel, Tabletop Ceramic
Christmas Tree, Puzzles,
Quilts, Holiday Plaques, Ornaments,
Wreaths.....and more!

Woodworking

3- D Printed Games and
Artwork, Jewelry,
Painting, Photography

Home Decor

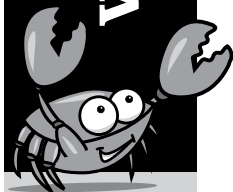
Sea-Glass Jewelry,
Bowl Cozies, Fine Arts,
Ceramics, Wall Decor,
Handmade Soaps &
Lotions, Quilling,
Ornaments, Bowl
Cozies

Handmade Cards incl. Photo Cards,
Handmade Purses, Bags, Aprons,
Wreaths

20502 Marine Drive Stanwood, WA 98292

PLEASE BRING YOUR OWN SHOPPING BAG FOR ITEMS

Moonshine Wisdom & Wit



Story by Jack
Archibald.

For further
moonshine
wisdom and wet
powder wit,
check out the
**SKEETER DADDLE
DIARIES** at
[www.
skeeterdaddle.net](http://www.skeeterdaddle.net)

AI TROLLS

That great promise of the internet, to give to all access to the knowledge of the universe, seems to have gotten lost in the shuffle between shopping, porn and, surprise, surprise, trolling. Give folks all the anonymity they require to hide behind and the bad imp will whisper ugly thoughts in their heads. Something about lacking fear of retribution gives these people license to spew lies and threats and the worst racist and misogynistic outpourings imaginable. What lurks beneath the surface suddenly has a megaphone. They're only too happy to share their sewage with all the rest of us.

And of course AI. AI doesn't really discriminate between truth and fiction, evil and good, philosophy and hate speech. It just sweeps up all the data, all the essays, all the books, all the articles, all the internet and all the bullshit available to every lucky one of us. So when you finally get around to asking your AI bot for some information or even, god forbid, an opinion regarding what you course of action you might take, given a set of circumstances you need help navigating, don't be surprised if your way too smart companion drops a racist, homophobic, antisemitic or misogynistic screed on you. Sort of like Dear Abby with a propensity for trolling.

In this post-fact era we live in, folks pretty much believe what they read in their insular little bubble of information. Their president is a serial liar, hardly worth fact-checking anymore. Greatest this, worst that, everything like nothing you've ever seen or heard before. Numbers are made up, statistics are skewed, doesn't matter, all part of the strange new world we live in now. It should come as no surprise that AI will take that ball and run with it, forming its own opinions based on all manner of misinformation and spitting it back at you. And the best part? Most of us will take it as gospel ... but count on it, the machines are going to have the last best laugh.

Darrow's

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America's Floor Store

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www.darrowscarpet.com



**Free Estimates, Quality Work
Residential & Commercial**

**Carpet • Blinds
Hardwoods
Laminates
Tile • Vinyl**

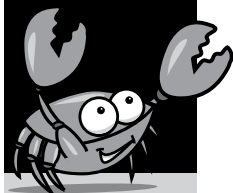
Financing Available OAC

EMAIL:

darrowscarpets@frontier.com

27028 - 99th Ave. NW • Stanwood • Next to Ledum's Floral

Photos and Art



DID YOU KNOW?

A woman in the United Kingdom once called the police when her ice cream didn't have enough sprinkles.

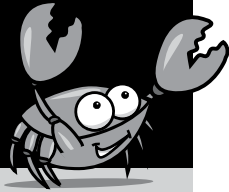


"Mabana view". Photo by James M. Shipley.



Blueberries photo by P. Kratochvil.

Community Information



Do you have a press release or an announcement you want the community to know about? Let us know and we will publish it here in Community Information **FOR FREE!**

Call us for info.
425-299-7892.

WHAT IS THE FIRST DAY OF SCHOOL?



Well, that depends on the student! September 2 is the first day of school for grades 1-9, this allows for a freshman-only day at the high school! Students in grades 10-12 start on September 3 (for a normal late-start Wednesday). The first day of school for preschool and kindergarten students is September 5 (though we hold family connection meetings from Sept 2-4). Source: Stanwood Camano School District.

CAMANO CHAMBER ORCHESTRA & CHILDREN'S CHORUS 2025 FALL SEASON AUDITIONS

August 28 & 29, 5-6pm at Camano Library meeting room. To apply, email flyacrossyourcocean@gmail.com with musician's name, age, instrument or voice, level of expertise, and preferred date of audition. Any level and any age are welcome to audition.

VOLUNTEERS AT HOSPICE OF THE NORTHWEST

May work directly with patients, assist in the office, help with community relations, support fundraising events, or work on special projects. Whatever your interest or skills, we have a volunteer position to suit you. To learn more about volunteer positions at Hospice of the Northwest, please visit www.hospicenw.org/volunteer.



NATIONAL
BANANA SPLIT DAY
AUGUST 25



NATIONAL
TOILET PAPER
DAY

THAT FRIEND KATIE

MENTAL HEALTH COACH

TRANSFORMING OURSELVES THROUGH A CREATIVE PROCESS

SOMETIMES
YOU JUST NEED
TO GET
SOMETHING
OUT OF YOUR
INNER-DIALOGUE



AND
INTO YOUR
REAL-LIFE

YOUR STORY IS UNIQUE -

I OFFER A SPACE OF DEEP LISTENING WHERE YOUR STORY
IS TRULY HEARD - AND FROM WHAT'S SHARED,
I CREATE TAILORED, CREATIVE RESOURCES THAT
REFLECT YOUR JOURNEY AND SUPPORT YOUR GROWTH.

LET'S
GET
STARTED

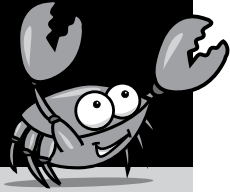


THATFRIENDKATIE @GMAIL.COM



Instagram

Community Information



DID YOU KNOW?

The oldest cat ever recorded lived to be 38 years and three days old.

PUBLIC SERVICE ANNOUNCEMENT: FARMERS AREN'T DRIVING SLOWLY TO UPSET YOU.



We Want Our Farmers Home Safe at Night. **SHARE THE ROAD - RESPECT OUR FARMERS.** As farming season continues, you'll see more slow-moving equipment on our area roads. These hardworking men and women put in long hours to feed our families and fuel our communities — they deserve our patience and respect. Please remember: Farm equipment is slow - slow down and stay alert. Only pass when it's safe. Maintain a safe following distance. Don't assume they can see you — large equipment has blind spots. Let's work together to keep our roads safe and support the folks behind the wheel of that tractor or combine. Re-posted from Social Media.

EKG YOUTH HEART SCREENING

Event by Stanwood Spartan Athletics and Nick of Time Foundation. On Wednesday, Oct. 1, SHS will partner with the Nick of Time Foundation to offer free EKG Youth Heart Screenings for individuals ages 12-24. Screenings are open to all youth, regardless of where they attend school, and are provided at no cost (donations accepted). Pre-registration is required. Visit <http://bit.ly/NotFEKGAppt> to schedule an appointment.





CABAM!

Bluegrass Showcase



Saturday, August 23, 2025

Performances by

Homebrew from Spokane

Stillwater Hill from Seattle/Snoqualmie Valley

and Camano Island's own **Band of Friends**

AND more to be announced!

Each band will perform both afternoon and evening shows

Performance: \$ Donation - Meals: \$ Donation

8 AM - 11:00 - Free Bluegrass Jam & Optional Breakfast (\$ Donation)

12 pm - 4 - Performances by each band

4 pm to 6 - Famous Salmon Dinner (Optional w/ \$ Donation)

6 pm to 10 - Performances by each band

Meal donations support the South Camano Grange

Performance donations support the musicians



South Camano Grange

2227 S. Camano Dr., Camano Island, WA

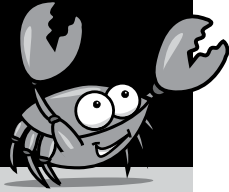
CABAM!

Camano Area Bluegrass & Acoustic Music

For further information: CABAM282@gmail.com



Community Information



DID YOU KNOW?

Bees can fly
higher than
Mount Everest.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

CASA DOG WASH WAS A SPLASH OF FUN!



"I had the pleasure of attending the CASA Dog Wash fundraiser on Camano Island today, and what a fantastic experience it was! As someone who just moved here in June, I was touched by how warm, welcoming, and genuinely kind everyone was. The volunteers and staff were wonderful—polite, friendly, and clearly dedicated to helping our furry friends. My dogs had an amazing time meeting new people and fellow pups. They may not have been thrilled about the nail clipping, but they certainly enjoyed all the attention, treats, and tail wags. The atmosphere was joyful, and it was heartwarming to see the community come together to support such an important cause for the Camano Animal Shelter Association. This event was not only a great way to pamper our pets, but also a perfect introduction to the warmth and spirit of the Camano Island community. I'm so glad to call this beautiful place home." - David Grossman, Camano Island resident.

NOW is the time to reserve your locker beef!



Our Limousin cattle were born, raised and grain finished right here at Arrowhead Ranch on Camano Island. We are proud to partner with Silvana Meats for the cutting and wrapping of our beef.

Email contact@arrowheadranchcamano.com
for more information and next steps.



Keep your septic system happy.

**Snohomish County residents can
earn up to \$500 in rebates for:**

**Inspections | Minor Repairs
Riser Installation | Pumping**

**Learn more & apply at
SavvySeptic.org**

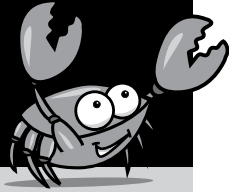
Questions?

Email savvy.septic@snoco.org or call 425-388-3636

Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.



Community Information



DID YOU KNOW?

During his entire lifetime, Vincent Van Gogh is known to have sold only a single painting.

MORE LOCAL CRABBING TIPS



There are many kinds of crab traps which are also referred to as crab pots, the two most popular in the Puget Sound Region are Ring Traps and Square Box Style Traps. We are going to focus here on the Square Style because they are very productive and much easier to deal with from a kayak or small boat than ring traps. Square Traps (also known as fold up traps or Danielson Traps) are set at the bottom of the ocean, they have two to four small hinged openings that crabs enter to feed on the bait, but they become trapped and can't be released unless they manage to wiggle through the bars, get lucky or if they are purposefully released. They have several safety features built in to ensure safety such as biodegradable release mechanisms which will render the trap useless if it is abandon or for some other reason accidentally left in the ocean. Do not buy an expensive trap for now. Look for the basic traps which can be found for as little as \$15 on sale. Later on you can buy the more expensive traps when you're a pro and you know you won't be losing them in the ocean. One of the main advantages of expensive traps is their heavy weight which can reduce the chances of them drifting, but you can always add weight to a cheap trap if this is a concern. Next you will need a bait box. This is usually a smaller cage that is attached within the larger box cage and usually secured with a clamp, but even a small piece of string will do. Its important to mount the bait box where crabs can't reach the bait from outside the cage. They will need to figure out how to get inside if they want a free meal. Next you will need about 100' of weighted rope (or less depending on your style). You don't actually have to buy the more expensive weighted line, you can buy cheaper nylon line but regulations say that it has to sink somehow so if you buy the cheaper rope then you will also need to buy or make a line weight. Floating on the top of the water you will need to tie the line to a red and white buoy marked with your name and address. This will help to keep track of your traps and tell them apart from others AND it will hopefully help get it returned if you lose it. You will see people with double stacked buoy with all sorts of flags and masts attached. This goes beyond regulation and is generally to help them identify their traps.

Run for the Roses Gala

19th Annual Gala

Benefiting the Camano Center

LIVE GALA ITEMS AND DESSERT DASH DONATIONS NEEDED!

Donation Deadline is 9.9.25



Auction Examples: Gift baskets & certificates, sporting and event tickets, unique experiences, vacation homes, home services.

Desserts: Cakes, pies, cookies — the sweeter, the better!

Please contact Cindy Hand at
chand@camanocenter.org or 360-387-0222.

More info at camanocenter.org/gala

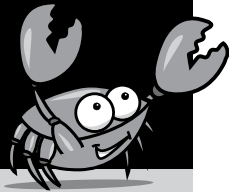
Tickets on sale 9.2.25

Event date 9.27.25



CamanoCenter
Get connected.

Community Information



DID YOU KNOW?

The deepest part of the ocean is approximately 35,876 feet down.

STATE PARK FREE DAYS

No Discover Pass needed to park at a state park on these days: September 27 (National Public Lands Day), October 10 (World Mental Health Day), and November 11 (Veterans Day). Learn more at discoverpass.wa.gov.

CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all.

BASKETBALL FREE PLAY FOR THE COMMUNITY



Every Friday at 795 Ell Rd., Camano. "Note: it is at an LDS church and I am a missionary, but we are here to play basketball. It is indoors and it's not quite a full size court, but it's good enough to have fun. All are welcome."

DROP-IN VOLLEYBALL

Thursday nights at the Stanwood YMCA. 7-9 PM. Back by popular demand. If you are 15+ come and join a friendly game. We will have two courts set-up for FUN!

ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!



PLAN ON JOINING US!

HOPEFEST2025

Bringing HOPE to Camano Island & Stanwood

FREE

FUN FOR THE WHOLE FAMILY!

Message of HOPE
From Pastor Jeff Turner

LIVE AMERICANA MUSIC

FREE FOOD

- Dick's Drive-In
- Pure Smoke NW BBQ
- Ryan's Rez-ipes

**Laser Tag & Activities
for everyone!**

AUGUST

23

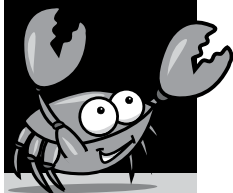
**NOON -
3:00 PM**



867 S. West Camano Drive
360-387-7202

camanochapel.org

Dining Guide

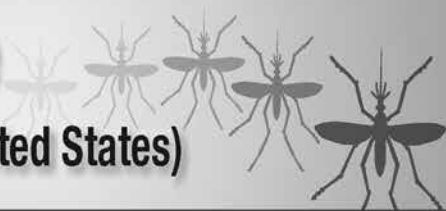


DID YOU KNOW?


The first successful electric car in the U.S. was made by chemist William Morrison in 1890.

AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052
BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885
BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324
BEST BURGER HUT (Stanwood) • (360) 853-0067
BLUE HERON KITCHEN & BAR (Camano Island) • (360) 502-8700
CAMA BEACH CAFE (Camano Island) • (360) 387-3266
CAMANO ISLAND INN (Camano Island) • (360) 387-0783
CAMANO THAI (Camano Island) • (360) 926-8688
CENTER CAFE (Stanwood) • (360) 629-7403
COASTAL VIE (Stanwood) • (360) 355-9541
CONWAY MUSE (Conway) • (360) 445-3000
CONWAY BOXCAR (Stanwood) • (360) 629-0651
CONWAY PUB & EATERY (Conway) • (360) 445-4733
COOKIE MILL (Stanwood) • (360) 629-2362
DOS REALES (Stanwood) • (360) 629-0822
DRAGON PALACE (Stanwood) • (360) 629-8106
DUCK IN CAFE (Stanwood) • (360) 629-3440
FARMERS CAFE – (Stanwood) • (360) 629-4953
GYRO STOP (Stanwood) • (360) 572-4175
IXTAPA MEXICAN RESTAURANT (Stanwood) • (360) 629-5228
JACK IN THE BOX (Stanwood) • (360) 629-2384
JIMMY'S PIZZA (Stanwood) • (360) 629-6565
JOHNNY'S BURGER STOP (Stanwood) • (360) 629-9427
JOURNEY'S END CAFE • (Camano Island) • (360) 387-9120
LITTLE CAESARS PIZZA (Stanwood) • (360) 629-6999
MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500
MCDONALD'S (Stanwood) • (360) 629-9787
MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535
MUSTARD SEED BAKERY & CATERING (Stanwood) • (360) 572-2499
NAHA TERIYAKI (Stanwood) • (360) 629-0681
PADDLE PUB (Stanwood) • (360) 652-4156
PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826
PAT'S THAI (Stanwood) • (360) 572-2381
PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981
PHOENIX PAVILION (Stanwood) • (360) 629-4662
PRIMAL BARBECUE (Camano Island) • (360) 572-2122
PUB 282 (Camano Island) • (360) 926-8960
PURE SMOKE BARBEQUE (Stanwood) • www.puresmokenw.com
RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000
ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920
SAAL BREWING CO. (Stanwood) • (360) 629-0102
SAHARA PIZZA (Stanwood) • (360) 629-6886
SASQUATCH SUBS (Stanwood) • (360) 610-2765
SEN - JAPANESE RESTAURANT (Stanwood) • (425) 765-4577
SPARTAN DRIVE IN (Stanwood) • (360) 629-8988
STANWOOD CAFE (Stanwood) • (360) 629-8427
STANWOOD CUPCAKES (Stanwood) • (360) 926-8241
STANWOOD GRILL (Stanwood) • (360) 629-5253
STANWOOD HOTEL & SALOON (Stanwood) • (360) 629-2888
STANWOOD THAI (Stanwood) • (360) 572-2200
STARBUCKS (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500
STILL WATER LOUNGE (Stanwood)
SUB JOINT (Camano Island) • (360) 230-9611
SUBWAY (Camano Island) • (360) 631-5055
SUBWAY (Stanwood) • (360) 629-2678
TACO TIME (Stanwood) • (360) 629-5018
TAPPED CAMANO (Camano Island) • (360) 572-4986
THAI THAI KITCHEN (Stanwood) • (360) 629-0600
TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001
VIVO ITALIAN BISTRO (Stanwood - COMING SOON) • (360) 629-2044
WAYNE'S CORNER CAFÉ (Stanwood) • (360) 939-2300
WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372

Mosquito Bite Prevention (United States)



Not all mosquitoes are the same. Different mosquitoes spread different viruses and bite at different times of the day.

Type of Mosquito	Viruses spread	Biting habits
 <i>Aedes aegypti</i> , <i>Aedes albopictus</i>	Chikungunya, Dengue, Zika	Primarily daytime, but can also bite at night
 <i>Culex</i> species	West Nile	Evening to morning

Protect yourself and your family from mosquito bites

Use insect repellent

Use an Environmental Protection Agency (EPA)-registered insect repellent with one of the following active ingredients. When used as directed, EPA-registered insect repellents are proven safe and effective, even for pregnant and breastfeeding women.

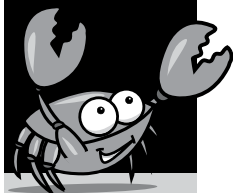
Active ingredient	Some brand name examples*
Higher percentages of active ingredient provide longer protection	
DEET	Off!, Cutter, Sawyer, Ultrathion
Picaridin , also known as KBR 3023 , Bayrepel , and Icaridin	Cutter Advanced, Skin So Soft Bug Guard Plus, Autan (outside the United States)
Oil of lemon eucalyptus (OLE) or para-menthane-diol (PMD)	Repel
IR3535	Skin So Soft Bug Guard Plus Expedition, SkinSmart



* Insect repellent brand names are provided for your information only. The Centers for Disease Control and Prevention and the U.S. Department of Health and Human Services cannot recommend or endorse any name brand products.



02050143A February 13, 2016



*Recipes by
Cooking Mamas
created by
Dusty Hutchins-
McNutt.*

*"Great recipes
begin in Mama's
Kitchen!"*

Visit me at: www.CookingMamas.com

HOSTESS CUPCAKE COOKIES

The perfect back-to-school treat! Soft, cake-like chocolate cookies topped with marshmallow frosting, a blanket of chocolate ganache, and those iconic vanilla swirls, enjoy!



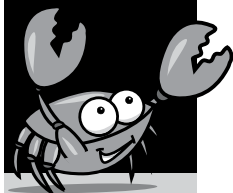
COOKIES: 1 (15.25 oz.) box Devil's Food cake mix; 2 T. all-purpose flour; 1 T. cocoa powder; 2 lg. eggs; 1/2 c. vegetable oil

FROSTING: 1/2 c. unsalted butter, room temperature ; 2 1/4 c. confectioners' sugar; 1 tsp. vanilla extract; 1/4 tsp. salt; 1 (7 oz.) jar marshmallow creme

GANAUCHE: 1 c. semi-sweet chocolate chips; 6 T. heavy cream

DIRECTIONS: Preheat the oven to 350 degrees and line two cookie sheets with parchment paper; set aside. **COOKIES:** In a large bowl, using an electric hand mixer, beat the Devil's Food cake mix, flour, cocoa powder, eggs, and vegetable oil until a soft dough forms. Lightly spray a tablespoon scoop with non-stick spray. Scoop a heaping tablespoonful of dough and roll into a ball, place on the prepared baking sheet. Using the palm of your hand, gently press into a 3-inch circle, repeat with the remaining dough, spacing the cookies about 2-inches apart. Bake the cookies for 8-9 minutes, or until the edges are set. Allow them to cool on the baking sheet for 5 minutes before transferring to a wire rack to cool completely. **FROSTING:** In a large bowl, beat the butter until creamy. Add the confectioners' sugar, vanilla extract, and salt, then beat until combined. Add marshmallow crème, beat until smooth. Place a 1/2 cup of the frosting into a small piping bag fitted with a small round tip for piping the white squiggles. Spread a generous layer of the marshmallow frosting on each cooled cookie. Chill the cookies in the refrigerator for 10 minutes to allow the frosting to set. **GANACHE:** In a small microwave-safe bowl, pour the cream over the chocolate chips. Microwave for 45 seconds, then let it rest for 1 minute before whisking until smooth. Let the ganache cool for 5 minutes before using. Spoon the cooled chocolate ganache over the chilled cookies. Allow the ganache to set before proceeding. Pipe the reserved marshmallow frosting in a squiggle pattern across the top of each cookie. Let set then enjoy! Yields 16 cookies

Classes and Workshops



DID YOU KNOW?

At around 22 months, elephants have the longest gestation period of any mammal on earth.

Zumba classes - Mondays at 11am at Pathways to Wellness in Stanwood and Thursdays at 5:30pm at Camano Country Club. Sessions run from Monday, July 7th to Thursday, December 18th. For more information: www.zumba.com (Instructor: Jennifer Anderson).

Turning 65 or retiring soon? Don't miss this important Medicare workshop! Join us for a FREE educational class designed to help you navigate the complexities of Medicare and explore the insurance options available after you turn 65. This informative session will cover the basics of Medicare, common pitfalls to avoid, and the different types of insurance products available. September 17, from 10-11am in the Camano Island Library Meeting Room. Have questions or want to RSVP? Call John at 360-967-9601 to reserve your spot today.

Yoga for Beginners September 2-30. Tuesdays 6-7:15pm. Whether you are brand new to yoga or returning after a long absence, this five-week course will prepare you with the first steps toward a regular practice. This session is offered in-studio only. \$95 Register in advance at movementarts.com/events or call 360-629-9100

Enter the Medicine Wheel Part One: Journey to the South, The Serpent. October 18, 1-5 pm. The direction of the South is where we begin the medicine wheel. Join us as we explore limiting, often unconscious belief systems that keep us from living a more fulfilling life. Practice non-judgment, non-attachment non, suffering, and walk in Beauty. This is the beginning of the path towards personal freedom. In the South we turn wounds into wisdom. The Serpent is feminine-she is the voice of Gaia, the Kundalini. She is outside of us and inside of us. She fuels our breath, our life, our bones. \$105 or \$199 for both workshops. Space is limited. Sign up at movementarts.com/events or call 360-629-9100

The Medicine Wheel Part Two, Journey to The West, The Jaguar. November 8, 1-5 pm. The West direction of the Jaguar works with the mind, where memories of past traumas and cultural conditioning keep us locked in fear-based thinking, obsessions, and habits we wish we didn't have. The Jaguar teaches us how to live freely, fearlessly and in peace. \$105 or \$199 for both workshops. Space is limited. Sign up at movementarts.com/events or call 360-629-9100. PLEASE NOTE: The North and East Directions, part two and three, will be offered in early 2026. Please stay tuned for dates and times.



"where passion and paws collide"

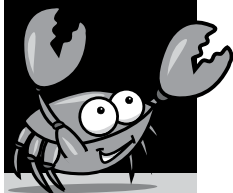
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Classes and Workshops



DID YOU KNOW?

Actor Roy Scheider improvised the famous "Jaws" quote, "You're gonna need a bigger boat."

YogaTone August 4 and 31. 10-11am. Drop-Ins Welcome! Finish your summer on a high note and join us for a fantastic, fun, positive sweat/dance/movement/yoga class that's designed for anyone. \$92 for 4 classes or \$30 drop in. Register at movementarts.com/events

Private Music Lessons (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Try it first! Book a free 30-minute lesson: HartMusicSchool.com/free-trial. (Music teachers apply here: HartMusicSchool.com/apply-to-teach).

Line Dance Lessons at the Camano Center with Kari — every Wednesday 3:00pm-3:45pm. Fun and exercise! socialdancesimplified.com.

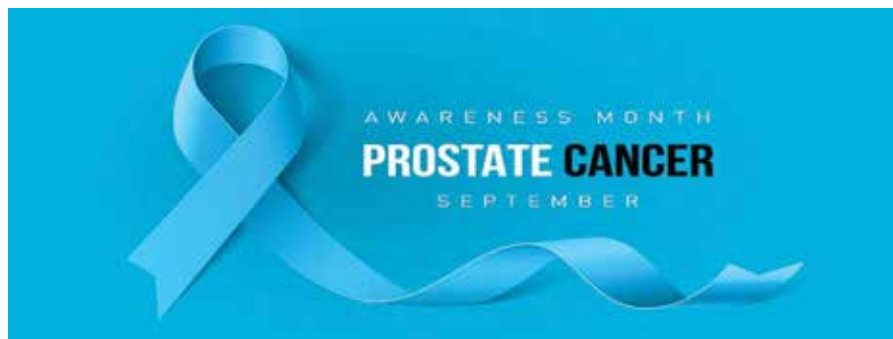
FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription websites and records. Contact us at camano@familyhistorymail.org.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. Serving Camano/Stanwood since 2002. 360-631-0661.

Chris Tuohy Music and Dance Teacher offering the following private lessons: Sax, flute, clarinet, piano & voice. Available classes: Ballet, and Tap. All classes are held at: Forte Music Dance Ar, 1095 Essex St. A-1 Camano Island WA 98282 for more info or to register please contact: Chris Tuohy @ 360.572.9262 or jazzman2e@mac.com

Movement Arts Yoga Classes In-studio & Online. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes.

High Fitness Saturdays: Join us for a FREE high-intensity (or low intensity, you choose) group exercise class (like dance fitness) Saturdays at 7:45 at 795 Ell Rd on Camano. Classes are also available Wednesday mornings at 6 am in Stanwood at The Dance Project NW for \$10/class. Go to "High Fitness Stanwood PNW" on Facebook for more info!





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Greetings from Camano Island!
Wishing you a totally clawsome summer!
-Camano Kerri



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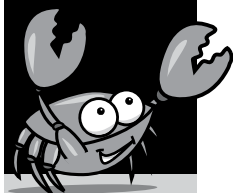


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Classified Listings



DID YOU KNOW?

The oldest continuous sporting event in the U.S. is the Kentucky Derby.

FOR SALE OR FOR FREE:

For sale: Pekin Duck Eggs \$10 a dozen/\$15 for 18. Heat Lamp and Heat Bulbs like new for \$20. Call or text #206-335-0246

GARAGE / ESTATE / YARD SALES:

Moving Sale. High-end furnishing, kitchenware, crystal, wood and glass art and much more. Lots of free stuff too. Aug 22-23 from 10:00 am to 4:00 pm at 1246 S West Camano Dr., Camano Is. 98282.

Jasper Junction Garage Sale Aug 22nd & 23rd from 9:00 am to 4:00 pm, Stanwood 70th Ave NW and 278th St. NW.

Estate Sale, 1349 S.E. Camano Drive, Camano Island August 23rd and 24th. 9 am to 4 pm. Antique handmade rugs in great condition. Several antique pieces of furniture and old books as well as Nippon ware and Crystal. If the weather turns bad, please call and we will make other arrangements 425.760.9228.

Camano City Schoolhouse & Fire Hall Annual Garage Sale August 29-31 & September 5-7 from 10am-4pm. Fantastic bargains! While you shop, you can also see 2 historical gems; our beloved 1906 one-room schoolhouse and Camano's first Fire Station. A large percentage of the proceeds will go to the restoration & preservation of the Schoolhouse & Fire Hall. Whatever is left will be donated to the Stanwood Thrift Store and Food Bank! 993 Orchid Rd, Camano Island.

MISCELLANEOUS:

I buy vinyl record albums: Rock, Pop, Jazz and more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

PROFESSIONAL SERVICES:

Custom design that tells your story. Rebecca Rowland Interiors brings color, character, and charm. Email hello@rebeccarowlandinteriors.com for details.

Free Macbook and iPad / iPhone Tutoring 3 / 30-minute sessions in the Camano Center Library (1pm, 1:30pm, 2pm) the second and fourth Thursdays of each month. Email Joyce to sign up at fact@ms-deadlines.com

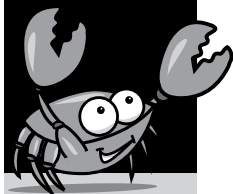
Stained glass shop, design, and fabrication. Got broken stained glass? We can fix it. Message 360-629-9377.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmittchell8974@gmail.com. Serving Outlying Areas.

WANTED:

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.

Clubs and Meetings



DID YOU KNOW?

The International Space Station orbits Earth approximately every 90 minutes.

Friendship Tea - "A cup of tea shared with a friend is happiness tasted and time well spent" – Anonymous. Join us for tea, treats, and a nice visit with friends, both old and new on the first Tuesday of each month at the Camano Center. No charge (donations welcome) to Camano Center members. Non-Members \$5 fee paid at the front desk. Call Connie at (360) 652-7211 for more information.

Parks & Play 10-11:30am at Freedom Park, Camano Island. For ages 0-5 and their caregivers. Explore our local parks while doing arts and crafts, sensory activities, waterplay, reading stories, pop tunnels, music and more! info@crc-sc.org or 360-629-5257

Dottie's Nature Play - at Stanwood Camano Community Resource Center. This playgroup is all about hands-on discovery, sensory-rich experiences, and letting curiosity lead the way. Come dressed for the weather and ready for adventure! More info: info@crc-sc.org or call 360-629-5257.

Rainy Day Room Playgroup Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/events.

Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

Kaleidoscope Play & Learn a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

Are you troubled by someone else's drinking? When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: SUNDAY, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; "One Day at a Time," Stanwood Senior Center, 7430 276th ST NW, Stanwood, 7:00pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), THURSDAY, "Stanwood AFG", United Methodist Church, 27128 102nd Dr., Stanwood, 7:00pm, SATURDAY, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am. For more info and additional Al-Anon meetings in Northern Snohomish County call 360-618-0464 or go to <https://district28alanon.com>

Interested in joining Camano Island Quilters? We would love to meet you, stop by, and/or check us out on our website at <https://Camanoislandquilters.wildapricot.org>.

Community Open Sew 2nd Monday of the month with Camano Island Quilters. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public. Want to sew with others, need help on a project? We are here to help you. Bring your sewing machine, a project, and basic tools for an afternoon of fun!



CASA'S PET OF THE WEEK:

HACHI is a 2 year old Husky who is looking for his forever home. He is an active, goofy guy who just loves people. Hachi would love an active family to take him on adventures and keep him active and entertained. Hachi will need a home with a 6ft fence, as he can be a wanderer. If Hachi sounds like the guy for you, stop by to visit.

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org

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NOAH'S PET OF THE WEEK:

Meet **ICE CREAM**. I'm a 1 year old cat looking for my new FURever home! Could that be you? Come in and meet me today! M-F, 11-6 and Sat-Sun, 11-5. To learn more about adopting a pet from The NOAH Center, please visit us at www.thenoahcenter.org/CATS

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org

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SAVE-A-MUTT'S PET OF THE WEEK:

JASPER is a delightful boy who is ready to find his forever home. He would be so happy with a family that will include him in their adventures. Whether you are planning a drive in the country or an afternoon lounging around the house this guy is right there with you. **FIRST STEPS:** Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA):
(425) 280-0502. www.save-a-mutt.org

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Seeking: Director of the Camano Island Studio Tour
Lead, Inspire, and Celebrate Visual Art in Our Community

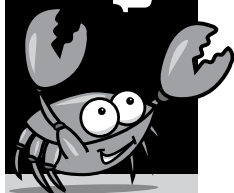
The Camano Island Studio Tour is searching for an enthusiastic, visionary, and highly organized Director to guide our annual tour into its next era of excellence. Accepting Proposals on a rolling basis until role is filled.

Please contact studiotour@camanoarts.org for full RFP.

camanoarts.org



View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

THE SECRET TO TAKING THE STRESS OUT OF MOVING

The process of moving can be stressful. Just thinking about the endless list of tasks can feel overwhelming. If you're planning to move any time soon, follow my advice and take the stress out of your re-location.

Step One: CHANGE YOUR MIND ABOUT MOVING. Seriously, what's so bad about your current place anyway? Oh, sure, so your neighbors' eight pit bulls can get a bit annoying when they all bark at the top of their lungs every time a car drives by. But if you don't want to heed my advice about not moving, I understand. My wife ignored it, too.

Step Two: Get rid of the clutter BEFORE you move. We all tend to collect stuff over the years – our grandmother's engagement ring, gifts our kids gave us when they were young, my wife's favorite cat – you know, stuff we really don't need. There's no better time to get rid of that clutter than before you move.

But don't go overboard now. I'm not suggesting you sell your collection of life-size inflatable Simpson character action figures. Krusty the Clown alone could be worth a fortune someday. Nor would I suggest you give away your record collection from the 1970s (including every BeeGees vinyl album ever recorded). No doubt these will become priceless heirlooms for your grandkids someday.

On the other hand, does your wife really need all those shoes and scarves and her kayak? Does she really need her silly vacuum cleaner that you have never once personally used? I think not.

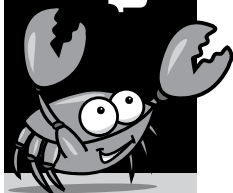
Step Three: Hire a reputable moving company. Don't try to move your stuff on your own. You'll probably just end up damaging your antique Grandfather clock beyond repair. Instead, hire professional movers to pack for you and damage your Grandfather clock for you. And here's a tip: Did you know that mover's cost estimates are not legally binding? Neither did I. To calculate your actual moving cost, simply take the mover's cost estimate and multiply it by five. Apparently, math is not movers' strong suit.

Step Four: Have a plan for where things will go BEFORE you move. Otherwise you're going to end up having to move heavy furniture around again and again to make things fit. We didn't follow this step. As a result, my wife decided the perfect spot for our 350-pound sleeper sofa was on the west wall of the living room... on second thought, try the north wall...no, much better in the basement rec room downstairs.

Step Five: Don't clutter up your new house. The key in this step is to show fiscal restraint. Take the following hypothetical example. Let's say your wife thinks the new house would be more ideal if we, I mean, if you replaced the hallway chandelier and put a fence in the backyard... and got an outdoor heater so you could enjoy your patio all year round, even when it was minus five outside.

And imagine – again, in this purely hypothetical scenario – that your

View from the Bleachers



wife suggests jettisoning the old perfectly adequate guest bedroom furniture set for a new more “contemporary” five-piece set. She might hypothetically even go so far as to suggest replacing all the toilets and sinks because “brass fixtures are so 1990’s looking.” Resist your temptation to inquire sarcastically whether she’d like us to install an elevator for convenient access from her side of the bed down to the kitchen. She just might say yes.

In the end, you need to draw the line somewhere. You can’t get everything on your wish list. So, your idea for a vintage pinball machine for your man cave might not make the cut. Hypothetically speaking, of course.

Take my advice. The next time you’re planning on moving, get organized, remove the clutter, hire professional movers and have a plan for where things should go. It just might save you a ton of worry and stress – not to mention your marriage.








I must wrap up. My wife convinced me that we needed a fire pit for the back yard. So, I dutifully hauled 150 bricks to the perfect spot, assembled them in an art décor pattern, laid a slate hearth around it, and Voila! “What do ya’ think, Dear?” To which my wife replied, “Hmmm...I think it really needs to be 10 feet to the left.” I’d better get on it. As she so wisely pointed out, those fire pit bricks won’t move themselves.








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TIDE TABLES / SARATOGA PASSAGE / AUGUST 22 - SEPTEMBER 4, 2025

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 22	High	3:58 AM	10.2	
22	Low	10:57 AM	-1.7	
22	High	6:18 PM	11.9	
22	Low	11:45 PM	5.4	
Sa 23	High	4:54 AM	10.1	
23	High	11:39 AM	-1.2	
23	High	6:45 PM	11.8	
Su 24	Low	12:25 AM	4.5	
24	High	5:47 AM	10.0	
24	Low	12:17 PM	-0.4	
24	High	7:09 PM	11.7	
M 25	Low	1:02 AM	3.7	
25	High	6:38 AM	9.8	
25	Low	12:54 PM	0.7	
25	High	7:32 PM	11.5	
Tu 26	Low	1:38 AM	3.0	
26	High	7:27 AM	9.5	
26	Low	1:30 PM	2.0	
26	High	7:55 PM	11.2	
W 27	Low	2:15 AM	2.5	
27	High	8:17 AM	9.2	
27	Low	2:06 PM	3.3	
27	High	8:19 PM	10.8	
Th 28	Low	2:54 AM	2.1	
28	High	9:11 AM	8.9	
28	Low	2:45 PM	4.6	
28	High	8:44 PM	10.4	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 29	Low	3:37 AM	1.8	
29	High	10:16 AM	8.6	
29	Low	3:30 PM	5.9	
29	High	9:11 PM	9.9	
Sa 30	Low	4:25 AM	1.7	
30	High	11:35 AM	8.5	
30	Low	4:24 PM	6.9	
30	High	9:41 PM	9.6	
Su 31	Low	5:18 AM	1.5	
31	High	1:37 PM	8.7	
31	Low	5:28 PM	7.6	
31	High	10:21 PM	9.2	
M 1	Low	6:15 AM	1.2	
1	High	3:00 PM	9.3	
1	Low	6:44 PM	8.0	
1	High	11:19 PM	9.0	
Tu 2	Low	7:16 AM	0.8	
2	High	3:45 PM	9.9	
2	Low	8:11 PM	7.9	
2	High	8:11 PM	7.9	
W 3	High	12:33 AM	8.9	
3	Low	8:14 AM	0.3	
3	High	4:17 PM	10.4	
3	Low	9:15 PM	7.3	
Th 4	High	1:48 AM	9.0	
4	Low	9:05 AM	-0.3	
4	High	4:44 PM	10.9	
4	Low	9:59 PM	6.6	



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