

THE RAB CRACKER
COMMUNITY MAGAZINE

ISSUE 415
October 17-30, 2025



Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway

ORCA RECOVERY DAY

Join us for a fun day outdoors at Ovenell Park in Stanwood!

October 18
10 AM - 1 PM
Ovenell Park



Help Southern Resident orcas!

Their main food source is Chinook salmon, so we're making salmon habitat healthier. We'll supply the tools for...

- Hands-on planting
- Weed removal
- Nature education



Register:

bit.ly/ord2025



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Find us on:
facebook.

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Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: Autumn ghost - ready for Halloween. Photo by V. Hanacek.

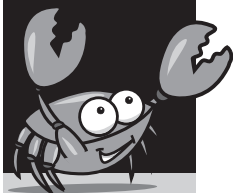


© The Crab Cracker • Created by Walking Cat Design, Camano Island
James and Malynda Shipley, owners, proprietors
thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: OCTOBER 23 for Next Edition (Oct. 31-Nov. 13)

Calendar of Events



THURSDAY, OCTOBER 16 CEDARHOME TRUNK-OR-TREAT



Cedarhome PTO is hosting Trunk-or-Treat again this year. This event will be held at the school from 6-7pm. This is a family friendly event so please no scary decorations. More info: cedarhomepto@gmail.com.

FRIDAY OCTOBER 17 HIGH SCHOOL GAME NIGHT

6:30-9pm at Camano Chapel, 867 SW Camano Drive.

TEST YOUR EARS AT 60 YEARS

(and beyond, of course!)

STANWOOD HEARING

Don't let hearing loss keep you from connecting with your loved ones.

Start your journey to better hearing today with Stanwood Hearing.

Call us at **425-272-9435** to schedule your appointment.

Scan to Schedule



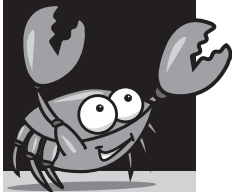
9300 271st St NW, Suite B-5,
Stanwood, WA 98292
Near QFC, between Papa
Murphy's and H&R Block

 stanwoodhearing.com

CALL 425-272-9435



Calendar of Events



look for us
online at

**www.TheCrab
Cracker.com**

or on
Facebook.

Download
current or past
editions.

FRIDAY, OCTOBER 17

FRIDAY NIGHT KARAOKE

WITH MARCUS. 8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.

FRIDAY, OCTOBER 17

DJ HOUSE PARTY

6-9 pm at Celestial Isles, 880 Ashley Way, Camano. \$10/adult kids 6 and under free! RSVP text James 509-741-4132.

FRIDAY, OCTOBER 17

YMCA TEEN LATE NIGHT

7-10pm at the Stanwood-Camano YMCA. Come join us for a night of Halloween-themed fun! The pool, courts, and Teen Center will be open for those registered. Pizza is provided, and YMCA membership is NOT required. Sign up now!

FRIDAY, OCTOBER 17

ROCK RADIO CONCERT

7-9pm at Camano Island Yacht Club. FUND RAISING EVENT. PROCEEDS BENEFIT P.E.O. -"Where Women Motivate, Educate, and Celebrate Women". For more details contact: Olga Motz ~ 714-321-9506 Tickets \$20 BYOB and Snacks

FRIDAY, OCTOBER 17

STAGEHOGS

7pm at Pub 282, 370 NE Camano Dr #6, Camano. Brace yourself for a wild night of rock, blues, and pure, unfiltered energy. With searing guitar solos, powerhouse vocals, and a groove that won't quit, this band knows how to ignite a crowd and keep the party going.

SATURDAY, OCTOBER 18

SAFE HARBOR FREE CLINIC FALL FUNDRAISER

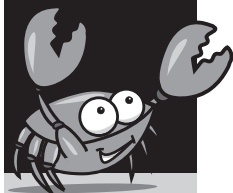
5:30 p.m. at the Floyd Norgaard Cultural Center in Stanwood. The event will feature dinner, musical entertainment by Cam Fry, Alan Ely, and Cassidy Cruz, and a volunteer panel sharing their experiences, with tickets available by RSVPing at the clinic's website, www.safe-harborfreeclinic.org



www.TheCrabCracker.com



Calendar of Events



SATURDAY, OCTOBER 18
RED AND GRAY 5K



at Stanwood High School Stadium. Adults: \$25. Students: \$20. Under 6 years: Free. Start time: 9am. Community event - all are welcome. Fun run/walk. Packet pick up is race day 7:30-9:45am in SHS parking lot. Booster Club fundraiser for 2026 Grad Night. Register at bit.ly/RedGrey5k

SATURDAY, OCTOBER 18
STANWOOD HIGH SCHOOL SPORTS
Girls Varsity Volleyball vs Ferndale. 8am-2pm.

Gary Beard, CLU® ChFC®
Chartered Financial Consultant®
Gary@BeardFinancialGroup.com

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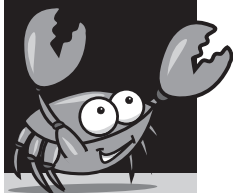
Kathy Beard
Licensed Insurance Agent
Kathy@BeardFinancialGroup.com

Health Insurance
Medicare Advantage
Medicare Supplement Plans
Prescription Drug Plans
Dental



(Mailing Address) 26910 92nd Avenue NW - Suite C5, Box 470, Stanwood, WA 98292
(Physical Address - by appointment only) 1283 Elger Bay Road #B, Camano Island, WA 98282

Calendar of Events



SATURDAY, OCTOBER 18 **COMEDY NIGHT - ZACK LYMAN LIVE - HALLOWEEN EDITION!**



6:30pm at the Camano Country Club Clubhouse. Halloween Costume party, prizes, BYOB (Clean comedy, 21 & over only). \$20 pp Reserve Table of 8 \$160 Get Tickets: 1243 Beach Dr. Camano Island. Buy Tickets on <https://ComedynightCountryClub.eventbrite.com>

PNW
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**WHERE
WE WIN**



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Must be 21 or older with valid ID. Details at Rewards Club. Management reserves all rights. ©2025 Upper Skagit Indian Tribe dba Skagit Valley Casino Resort.

Calendar of Events



DID YOU KNOW?

The common little brown bat of North America has the longest life span for a mammal it's size, with a life span averaging 32 years.

SATURDAY, OCTOBER 18

FALSE SENSE OF SECURITY

7pm at Pub 282, 370 NE Camano Dr #6, Camano. Don't let the name fool you—this band is bringing high-energy rock, raw sound, and unstoppable vibes to Pub 282! Get ready for electrifying riffs, powerful vocals, and a night of music that'll keep you on your feet!

SATURDAY, OCTOBER 18

LEGACY UKULELE ENSEMBLE



5pm OR 7pm - \$15. The Camano City Schoolhouse is having a benefit concert by the "Legacy Ukulele Ensemble", a group of 12 players from America & Canada directed by internationally renowned ukulele teacher Peter Luongo. The members are committed to developing their music literacy, musicianship, and vocal skills. The group's repertoire of 51 arrangements includes Hawaiian, classical, ethnic, folk, rock, pop, and country pieces. Camano City Schoolhouse, 993 Orchid Rd., Camano Island. Tickets are available through our website at camanoschoolhouse.org.

SATURDAY, OCTOBER 18

FREE MICROCHIP CLINIC

11am-4pm. Event by Camano Animal Shelter Association. 198 Can Ku Rd, Camano Island. CASA will be microchipping dogs and cats all day for free! Come on down, register and get in line. All pets must be greater than two pounds, older than eight weeks and easily handled by staff. We microchip on a first come first served basis. No appointment necessary! Please arrive prepared with cats secured in carriers and dogs on a well fitted collar and leash.

ROOF & GUTTER CARE

Camano Island

Window Cleaning LLC

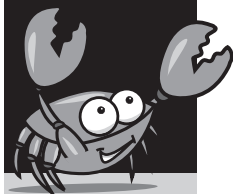
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Calendar of Events



SATURDAY, OCTOBER 18 TREBUCHET LAUNCHING



12:00pm – 2:00pm Watch as pumpkins soar through the air. It's a fun, family-friendly event you won't want to miss! For more details visit <https://www.kristofersonfarm.com>

SATURDAY, OCTOBER 18

SEMBLANCE

Celebrity tributes, impersonations & more at Beauty Bar Salon + Lounge, 10011 - 270th St NW, Stanwood. Live FREE SHOW!!! Show starts at 10 pm. Be there or be square! More info: (360) 629-2324.

Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials! This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics you need to understand your options.

Camano Center

606 Arrowhead Road, Camano Island, WA 98282

October:

- Tuesday - 10/7/2025 @ - 1:00pm -2:00pm
- Tuesday - 10/14/2025 @ - 1:00pm -2:00pm

November:

- Tuesday - 11/4/2025 @ - 1:00pm -2:00pm
- Tuesday - 11/18/2025 @ - 1:00pm -2:00pm

December:

- Tuesday - 12/09/2025 @ - 1:00pm -2:00pm
- Tuesday - 12/16/2025 @ - 1:00pm -2:00pm

RSVP's NOT REQUIRED, BUT ENCOURAGED

Please contact us to RSVP or for more information about upcoming events.



425-361-2944 x1 TTY 711



info@vidorassociates.com



www.vidorassociates.com

This is an educational event. A licensed sales representative will be present with information only; there will be no sales activity. The Centers for Medicare & Medicaid Services (CMS) has neither reviewed nor endorsed this information.

Vidor and Associates is not connected to the Federal Medicare Program and this is a solicitation for insurance. Vidor and Associates does not offer every plan available in your area. Any information they provide is limited to those plans they do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE or your local State Health Insurance Program (SHIP) to get information on all your options.

Calendar of Events



SATURDAY, OCTOBER 18 LIBRARY BOOK & COMMUNITY FAIR



12:00 - 4:00 at the The Stanwood Pavilion (the Cinemas). Stop by to pick up your next read, do a craft, chat with community partners such as Community Resource Center , the team at the Stanwood-Camano YMCA , Stanwood Camano Arts Advocacy Commission - SCAAC, Green Snohomish, and Evergreen Recovery Centers. Catch a Magic Show at 2:00 pm or learn how to build a beloved fiction character at 3:00 with B. E. Padgett . All proceeds will go to the Friends of the Library. Come solo or with the whole family. All proceeds will be donated to the Friends of the Library.

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and we are in Stanwood**



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HOLIDAY BAZAAR!!

WARM BEACH SENIOR COMMUNITY Vendor Venue

(cash, checks, some may take credit cards)

Friday, October 31 & Saturday, November 1
9AM - 3PM

Food Items

Jams,
Various
Baked
Goods

3

Authors
and their
books

WB FELLOWSHIP Room:

Christmas Carousel, Tabletop Ceramic
Christmas Tree, Puzzles,
Quilts, Holiday Plaques, Ornaments,
Wreaths.....and more!

Woodworking

3- D Printed Games and
Artwork, Jewelry,
Painting, Photography

Home Decor

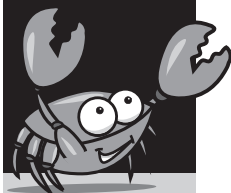
Sea-Glass Jewelry,
Bowl Cozies, Fine Arts,
Ceramics, Wall Decor,
Handmade Soaps &
Lotions, Quilling,
Ornaments, Bowl
Cozies

Handmade Cards incl. Photo Cards,
Handmade Purses, Bags, Aprons,
Wreaths

20502 Marine Drive Stanwood, WA 98292

PLEASE BRING YOUR OWN SHOPPING BAG FOR ITEMS

Calendar of Events



DID YOU KNOW?

In about 1 in 4 autopsies, a major disease is discovered that was previously undetected.

SATURDAY, OCTOBER 18

CABAM! CAMANO AREA BLUEGRASS JAM + DINNER + OPEN MIC

Come and join the Jam & enjoy some smokin' bluegrass at the South Camano Grange. Banjos, mandos, guitars, fiddles, dobros and a bass or two. It's all here. All we need is YOU! Old timers and newbies alike, get on down here! 3:00 - 5:30 pm Bluegrass Jam (Free admission). 5:30 - 6:00 pm Dinner (Optional - Donation). 6:15-ish to 8:30 pm - Open Mic (sign up before dinner!) Free admission. South Camano Grange, 2227 S Camano Drive, Camano Island

SATURDAY, OCTOBER 18

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up...Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, OCTOBER 18

THE "PURE PIGMENT PLUS" ART SHOW



at Matzke Fine Art Gallery and Sculpture Park opens with a reception from 4:30 PM to 7:30 PM. This invitational show features pastel artists and will run through November 16. The opening reception is a potluck, and guests should bring their own beverages (BYOB). The gallery is located at 2345 Blanche Way, Camano Island.

SAVE THE DATE!

Winter Festival

December 6th

11:00 AM - 4:00 PM

Arrowhead Ranch, Camano Island

**FREE
ADMISSION**

**AFTERNOON
WITH SANTA**
12:00 PM - 3:00 PM

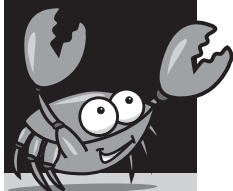


**HOLIDAY
MAKER'S MARKET**

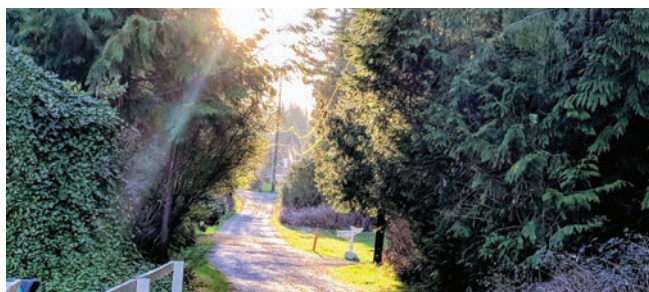
FUN FOR ALL AGES!



Calendar of Events



SATURDAY, OCTOBER 18 HEALING THROUGH NATURE



9AM at the Mother Earth's Pocket, Stanwood. 60-minute Movement-Sounding Meditation followed by optional practice in nearby Cedar-fir forest. Teas and healthy snacks. All complimentary. RSVP: ellahope@HealingThroughNature.com. www.7Phases.org. See full page ad.

SATURDAY, OCTOBER 18 HUCKTOBERFEST II

a non-PDGA-sanctioned Bring-Your-Own-Partner, Best-Shot format, Doubles Tournament at Kayak Point Disc Golf Resort. All teams will play 1 round of 18 on a modified version of the Red Course using 4 of the shorter alternate Green tees. Registration (as a team) through Discgolfsceen.com is required.

THE Camano SHOP by Beach & Boulevard

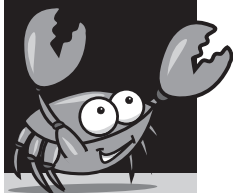
- Pretty & comfortable CLOTHES
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- thecamanoishop.com
- [instagram.com/the_camano_shop](https://www.instagram.com/the_camano_shop)



Shop our 1911
Farmhouse

Camano Island's
only farmhouse
boutique

Calendar of Events



DID YOU KNOW?

Illinois produces
up to five times
more pumpkins
than any other
state

SATURDAY, OCTOBER 18

ORCA RECOVERY DAY IN STANWOOD



10am-1pm at Ovenell Park, 10521 Saratoga Drive, Stanwood. Join the Snohomish Conservation District and Puget Sound Public Farms to support Southern Resident orcas! Orca Recovery Day is a celebration of community and what it means to be stewards of our local waterways, supporting our orcas and their ecosystem. We'll be planting native riparian vegetation and agroforestry plants, removing invasive species, and providing education on noxious weeds. We'll supply the tools and gloves and plan to plant rain or shine! The registration link is <https://bit.ly/45ZJ1pO>. More info: 425-870-0995.

SATURDAY, OCTOBER 18

CASCADE CODY & THE WARSHINGTON APPLES + HER MOUNTAIN MAJESTY + NOBODY'S PEACH

8pm at Arcadian Public House, 18444 Spruce Street, Conway. Tickets: \$15. 21+ -outside food is okay, no beverages please -seating is first come, first served Genre: country, folk and alternative country Merch will be available to support the artists.

SATURDAY, OCTOBER 18

CHRISTMAS PHOTO FUNDRAISER

benefitting Age In Place programs. 10am-4pm at Lincoln Hill Retirement Community, 7430 276th St NW, Stanwood. Call 360-629-7403 x 114 to book your session.



Early Country Christmas Bazaar

**Saturday,
November 1**

10am-2pm at Peace Lutheran Church
1717 Larson Road • Silvana, WA • 360-652-8739

Lefse (no limit) • Rommegrot and Flatbread • Used Treasures
Crafts and Harvest • Baked Goods

SILENT AUCTION • QUILT RAFFLE

Enjoy a homemade lunch of soup, salad, roll, and pie.

Calendar of Events



DID YOU KNOW?

Horseshoes
To bring good
luck, the horse-
shoe must lost
by a horse and
be found by
you, with the
open end facing
your way. You
must hang it
over the door
with the open
end up, so the
good fortune
doesn't spill out.

SATURDAY, OCTOBER 18

AMPLIFY TEEN BANDS CONCERT



Art - Music - Hope. Where Community Resource Center teens will take the stage and showcase their talent. Featuring Bonney Rubble, Amateur Dentistry, Rotting Bodies in Delare, Rigor Mortis. Doors: 6:30pm. Music: 7pm.

SUNDAY, OCTOBER 19

CASAUNDRA MAY & JAMES

2-4pm at Conway Pub & Eatery. Casaundra May and James - Blues from the Heart, from the Heart of Skagit Valley. Together, Casaundra May and James have created a unique and dynamic presentation of the Blues that would be right at home in Mississippi, right here at home in the Skagit Valley.

MONDAY, OCTOBER 20

STANWOOD HIGH SCHOOL SPORTS

JV Boys Football vs Marysville Getchell. 6pm.

MONDAY, OCTOBER 20

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, OCTOBER 20

ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!

MONDAY, OCTOBER 20

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

TUESDAY, OCTOBER 21

STANWOOD HIGH SCHOOL SPORTS

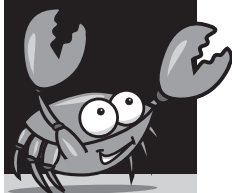
Varsity Boys Tennis vs Marysville Getchell. 11am-5pm.

Varsity Girls Swimming vs Monroe. 3pm at YMCA.

Girls Soccer vs Marysville Getchell. JV: 5pm. Varsity: 7pm.

Girls Volleyball vs Snohomish. C Team & JV: 5:15pm. Varsity: 7pm.

Calendar of Events



DID YOU KNOW?

Spirits can often be helpful, and even protective of the families they "haunt."

TUESDAY, OCTOBER 21

TEEN CHILL & RECHARGE

3:00 PM – 5:00 PM at the Stanwood Library. Swing by to unwind, charge your devices, and have fun! This week, we are jumping into the world of gaming with the Nintendo Wii and the Oculus Quest VR. Bring a friend, meet new people, or just hang out solo. We'll have snacks and plenty of space to socialize. Feel free to bring your own favorite games or activities. This informal program is designed for teens and tweens ages 9 to 18. No registration. Drop in any time between 3:00 and 5:00 pm, recharge, and enjoy some free snacks.

WEDNESDAY, OCTOBER 22

CAREER & COLLEGE READY FAIR

Discover options after high school. Planning for life after high school can be both exciting and overwhelming. To help students and families explore their options, we're hosting a Career & College Ready Fair from 5-7 p.m. at Stanwood High School Commons. This event brings together a wide variety of future pathways in one place. It's the perfect chance to explore future options together as a family and learn more about the many opportunities waiting after graduation.

WEDNESDAY, OCTOBER 22

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

WEDNESDAY, OCTOBER 22

WBCA RUN/WALK WEEKLY SOCIAL

It's time to get moving, Warm Beach, and it's going to be a blast! 5:45 PM at Warm Beach Park. Come run, walk, or stroll — just don't miss out! Let's turn Wednesdays into a time to exercise, laugh, and connect. No pressure, no competition — just fun, fresh air, and community. Whether you run, walk, stroll, or skip... this is your chance to get active and meet new friends. Questions? Text Joel Hingston at 509-987-7717.

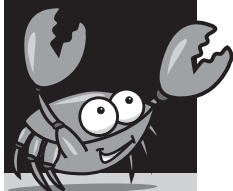
WEDNESDAY, OCTOBER 22

STANWOOD HIGH SCHOOL SPORTS

Varsity Boys Tennis vs Marysville Getchell. 11am-5pm.

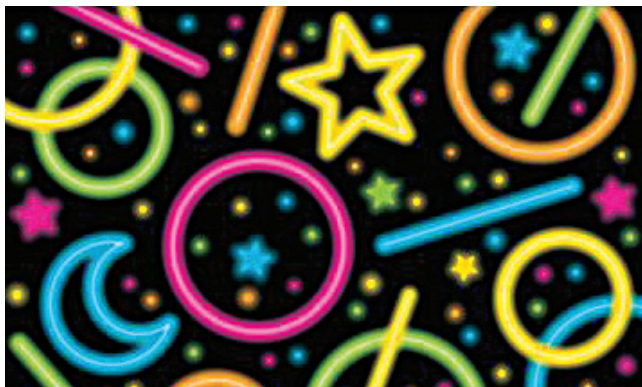


Calendar of Events

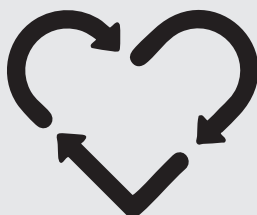


THURSDAY, OCTOBER 23

TEEN/TWEEN OUTDOOR GLOW-IN-THE DARK PARTY!



6:00 PM – 7:00 PM at the Camano Island Library. Grab your friends and get ready to light up the night sky! Join us for an unforgettable Glow-in-the-Dark Party outside on the green! The evening will be filled with glowing games, crafts, glowstick creations, blacklight dancing, and more! Wear your brightest neon clothes and get ready to shine under the blacklights. Yummy snacks provided by the Camano Island Library Friends. This party will take place rain or shine so come prepared!



SAVVY TRADERS COLLECTIVE

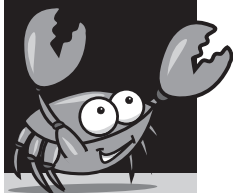
CLOTHING & HOME GOODS

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jill@savvytraderscollective.com • www.savvytraderscollective.com

Calendar of Events



THURSDAY, OCTOBER 23 SPAGHETTI DINNER MEMBER INFORMATION NIGHT



Join the members of the Stanwood Area Historical Society for a "family" dinner and information night at The Floyd. The festivities will begin at 5:30 pm. Join in for a good meal and an uplifting evening filled with homemade flavor, friendship, and shared goals. If you are a member of the Historical Society, you are invited. If you are a community member and would like to know more about the Historical Society, this is your opportunity to learn more, ask questions, and have a nice meal! Let's come together and find out more about the Stanwood Area Historical Society.



CAMANO ARTS ASSOCIATION'S GATEWAY GALLERY



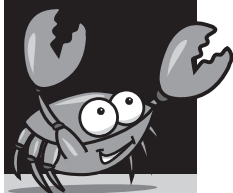
I SPY

CAA Members Group Exhibition
Final Weekend: Oct 17, 18, 19

SAVE THE DATE OPENING RECEPTION
SATURDAY NOVEMBER 1ST 4PM-6PM
CERAMIC ART & FINE CRAFT

PLUS: ITS THE SMALL THINGS THAT COUNT
12"X12" & SMALLER 2D&3D ARTWORKS
578 E NORTH CAMANO DR CAMANOARTS.ORG

Calendar of Events



THURSDAY, OCTOBER 23 FALL COSTUME PARTY



10am at Tailored Homeschool, 8827 Viking Way, Stanwood. Come join us for a fall filled fun day with pumpkins, costumes, crafts, and stories! Class is designed for children 2-8 years old . \$10/child.

THURSDAY, OCTOBER 23

CHRIS EGER

7pm at Pub 282, 370 NE Camano Dr #6, Camano. A Northwest band hot on track to becoming the next band to hit the billboard charts. A skilled compilation of rock/blues/country mix.

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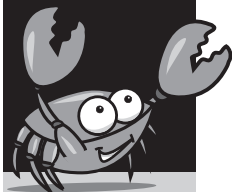
FALL SPECIALS (Aug. 1 - Oct. 1)

\$500 OFF Panel Upgrade

\$300 OFF New Service or
Service Upgrade

\$500 OFF Standby Generac
Generator

Calendar of Events



DID YOU KNOW?

There are more than one million different species of insects on the planet.

THURSDAY, OCTOBER 23

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Swimming vs Snohomish. 3pm at YMCA.

Girls Soccer vs Everett. JV: 5pm. Varsity: 7pm.

Girls Volleyball vs Jackson. C Team & JV: 5:15pm. Varsity: 7pm.

THURSDAY, OCTOBER 23

MEET & MINGLE - STREAM TEAM: HELPING SALMON AND BEAVERS COHABITATE



Located near the mouth of the creek, the Land Trust's little-known Kristoferson Creek Preserve is home to a variety of wildlife, including salmon and beavers. While these two creatures coexist in nature, there are times when the actions of one can cause problems for the other. In the case of Kristoferson Creek Preserve, our very healthy beavers have built two impressive dams, great for beavers, but not so great for salmon. Join us to hear from Land Trust's stewardship director, Jessica Larson, as she presents about Kristoferson Creek, the only salmon-bearing stream on Camano Island, and learn how the Land Trust is navigating this delicate balance between beaver engineering and salmon conservation to achieve a positive ecological outcome. This is a free event with no registration required. Bring a friend or family member – everyone is invited! Light refreshments will be offered. 5:30-7pm at Camano Center – 606 Arrowhead Rd.

STILLY VALLEY CENTER'S

HOLIDAY BAZAAR

SAT | NOV 15 | 9-3

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HEALING THROUGH NATURE

www.7Phases.org

HEALING THROUGH NATURE, at the Mother Earth Temple, hosts a menagerie of Prayer, Song & Dance Circles from First Nations Medicine Tradition, and integrated Disciplines from professional educators and community leaders, in support of our Forests and Healing.

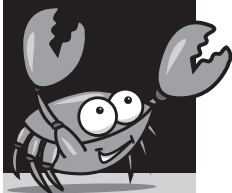
The MOTHER EARTH TEMPLE is a ceremonial lodge in Service to Mother Earth, aligned with the Web of Life, also home of 7Phases® Products and Services.

The foundational SEVEN PHASES PRACTICE is offered as classes, an indoor 60-minute gentle movement-sounding meditation, a form of complementary healing and vibrational medicine that focuses on the body-as-instrument, to re-align body-mind-energy systems with Intention and Elemental Ethics: Peace, Love & Healing. Practitioners are then invited to continue practice in nature-sites and nearby mature Cedar-fir Forest or driftwood beach. To complement the healing journey, there is the 7Phases® Practice Video Library, Online Courses, Circles, and books.

AUTUMN CLASSES and Seven Phases Practice also gift practitioners with hand-carved bowls from award-winning Fish & Wildlife Biologist whose teams secured 40+ species as Endangered Species.

NOVEMBER Saturday 8 and 15 include special invite: Mexican Medicine Woman Temazcali community leader and fire-runner: Songs & Movement. Teas, fresh fruits, nuts served. All is complementary. RSVP ellahope@HealingThroughNature.com

Calendar of Events



DID YOU KNOW?

The world's heaviest pumpkin grew in a Swiss garden: It weighted 2,096 pounds – as much as a small car.

FRIDAY, OCTOBER 24

FRIDAY NIGHT KARAOKE

WITH MARCUS. 8pm at Stanwood Hotel Saloon. 26926 102nd Ave NW, Stanwood. 360-629-2888.

FRIDAY, OCTOBER 24

DJ HOUSE PARTY

6-9 pm at Celestial Isles, 880 Ashley Way, Camano. \$10/adult kids 6 and under free! RSVP text James 509-741-4132.

FRIDAY, OCTOBER 24

FAMILY FUN NIGHT

Bingo, cards, puzzles, family and friends. It's Friday, let's get together for a fun evening. Bring snacks and drinks to share. Starts at 6PM and goes until we are done. Sons of Norway Abel Lodge, Conway, WA.

FRIDAY, OCTOBER 24

AARON CRAWFORD

8pm at Arcadian Public House, 18444 Spruce Street, Conway. Tickets: \$20 ADV / \$25 DOS. Seating is first come, first served. Outside food is okay to bring in.

FRIDAY, OCTOBER 24

HARVEST FESTIVAL AT THE CRC!



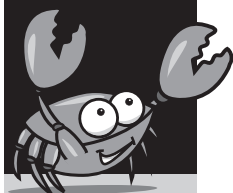
5-7 PM at the Community Resource Center, Stanwood. Bring your family for an evening full of fun — games, pizza, prizes, and a chance to win an awesome door prize! Plus, we're hosting a Diaper Drive to support local families. Donate diapers or wipes and earn an extra ticket for the door prize! Don't miss out — this FREE community event is for everyone! Please no scary costumes or weapons.

FRIDAY, OCTOBER 24

THE ROCK MARTENS

7pm at Pub 282, 370 NE Camano Dr #6, Camano. Get ready for a high-energy night of rock 'n' roll, powerhouse vocals, and electrifying riffs as The Rock Martens take over Pub 282! This band knows how to bring the heat, so grab a drink, hit the dance floor, and let's rock the night away!

Calendar of Events



FRIDAY, OCTOBER 24 TRUNK OR TREAT

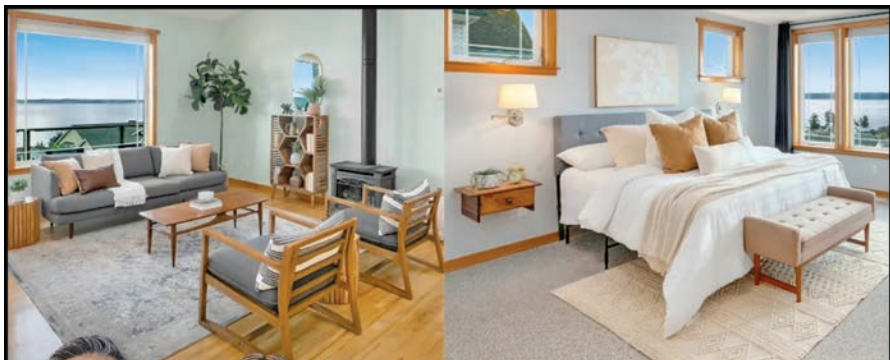


Elger Bay Elementary PTA-Sponsored Trunk or Treat. 5:30–7:30 p.m. at the playground behind the school. Come enjoy food from the Tapped Food Truck, hot drinks from Campstuff Coffee, and a night of Halloween fun! Let's make this a spook-tacular night for our kids, we can't wait to see you there!

SATURDAY, OCTOBER 25

SOUTH CAMANO GRANGE PANCAKE BREAKFAST

8 am - 11 am at South Camano Grange, 2227 S Camano Drive. Menu: pancakes, sausage and fruit. Come support the Grange and see the fun happening. New members always welcome!"



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Calendar of Events



DID YOU KNOW?

According to the Guinness Book of World Records, the largest pumpkin pie ever baked weighed 2,020 pounds and measured just over 12 feet long. It was baked on October 8, 2005 by the New Bremen Giant Pumpkin Growers in Ohio

SATURDAY, OCTOBER 25

HALLOWEEN COSTUME BONFIRE & PUMPKIN CONTEST



5:00-7:00pm at Warm Beach Community Association Park, 19008 94th Dr NW, Stanwood. Carve your pumpkin ahead of time and enter it in the always entertaining pumpkin contest. Prizes are awarded for a multitude of categories.

SATURDAY, OCTOBER 25

ROBIN & RICHARD HANKS - HERITAGE BANK PRESERVATION AWARD BRUNCH



11am-1pm. The Camano Schoolhouse Foundation presents the "2025 Heritage Bank Preservation Award" to Robin & Dr. Richard Hanks for their dedication to preserve the history of Camano Island since 2016 through volunteering on boards and committees, outreach through talks and presentations on historic topics, creation of the Stanwood Area Veterans Memorial, writing articles, creating graphic arts displays, writing and laying out books about early Camano Island history and providing leadership in the creation of the Camano Schoolhouse Foundation Archive. Camano City Schoolhouse, 993 Orchid Rd., Camano Island. The ticket charge is a donation of \$15 or more and can be purchased on our website, camanoschoolhouse.org.

Run for the Roses Gala Thank you for a Winning Night!

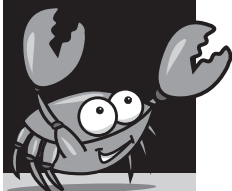


The Camano Center extends heartfelt thanks to our sponsors, donors, guests, and volunteers for making our **19th Annual Gala Auction – *Run for the Roses*** an incredible success! Because of your generosity, we can continue providing programs and services that support and enrich the lives of older adults in our community. Visit camanocenter.org to learn more!



CamanoCenter
Get connected.

Calendar of Events



DID YOU KNOW?

99% of gold-
can be found in
the Earth's core,
Discover Mag-
azine reports.
Enough to
coat the entire
surface of the
Earth in 1.5 feet
of gold.

SATURDAY, OCTOBER 25 COSTUME BOO-LING



Event by PFLAG Stanwood-Camano. 12:30-2:30pm at Twin City Lanes and Trophy. We have rented the entire bowling alley for a safe and free party! Come as you are, or come in costume for a chance to win a PFLAG tshirt and hoodie. It is a fan favorite for the whole family!

SATURDAY, OCTOBER 25

JIMMY WRIGHT

7pm at Pub 282, 370 NE Camano Dr #6, Camano. Get ready to rock the night with the Jimmy Wright Band! A high-energy concert experience, packed with a dynamic mix of music to keep you on your feet all night long. A show that's got something for everyone!

SATURDAY, OCTOBER 25

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up...Now with \$150 and \$250 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, OCTOBER 25

TREBUCHET LAUNCHING

12:00pm - 2:00pm Watch as pumpkins soar through the air. It's a fun, family-friendly event you won't want to miss! For more details visit <https://www.kristofersonfarm.com>.

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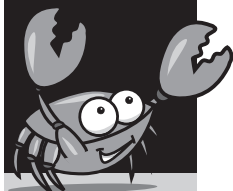
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Calendar of Events



DID YOU KNOW?

Samsung created a robot shaped like a butt to "sit" on their phones to make sure they can take the pressure. The robot even wore jeans.

SATURDAY, OCTOBER 25 NORDIC FAIR



Unique Scandinavian adventure close to home. 10-3 at Stillaguamish Grange, 6521 Pioneer Highway, Stanwood (Fairgrounds). There is NO ADMITTANCE FEE. The annual event is filled with talented vendors offering handmade Nordic crafts, traditional Scandinavian baked goods, books, art, history, clothing and a snapshot into Scandinavian culture. There will be a lefse making demonstration plus taste samples. Prepackaged lefse will be available. Raffles include a gift basket filled with Scandinavian treasures and a doll 22" tall dressed in Scandinavian attire. Lunch will be prepared and served by members of Ingeborg Lodge, Daughters of Norway. The menu is split pea soup, roast beef or egg salad sandwich, and dessert—Scandinavian Welcoming Cake or pumpkin pie. The taste treats of Fruit Soup and Rommegrot will also be available. In keeping with our tradition of Velkommen, coffee and tea will be available, along with plenty of space to sit and catch up with your neighbors or make new friends. Join us as we celebrate our yearly tradition of sharing our Nordic heritage with the community. (206) 920-4549.

SATURDAY, OCTOBER 25

SHEDTOBERFEST - WOODSHED + FRONTLINE

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. Doors at 7 PM Show at 8 PM Tickets: \$15 ADV / \$20 DOS. 21+ - seating is first come, first served.



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Calendar of Events



DID YOU KNOW?

Blue whales
can eat close
to half a million
calories in one
mouthful

SATURDAY, OCTOBER 25

GREENER HOLIDAYS WORKSHOP



10am-noon at the Camano library. Event by WSU Waste Wise - Island County, Camano Island Library and WSU Extension - Island County. Celebrate the Holidays Sustainably! Join us for a FREE hands-on workshop designed to help you plan and enjoy the holiday season with the planet in mind. Discover creative ways to celebrate sustainably—from thoughtful gift-giving to eco-friendly decorating. Dive into fun DIY holiday crafts using reused, recycled, and compostable materials. Leave inspired with practical tips and festive ideas that reduce waste without sacrificing joy. Let's make this season meaningful, memorable, and mindful!

SATURDAY, OCTOBER 25

COSTUME-MAKING DROP IN

Come on out for our first Costume Making Drop-In! Stanwood Camano Arts Advocacy Commission is partnering with the Community Resource Center and local artists to host a costume drop-in. Bring a costume you're working on and need to put the final touches or bring an idea and see what you can create! Artists will be on hand to help design and create. Supplies provided, but feel free to bring your own. Free for all, donations gratefully accepted. 3-6pm at the Community Resource Center. Free for all ages (donations welcome).



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Calendar of Events



DID YOU KNOW?

Only a quarter of the Sahara Desert is sandy. Most of it is covered in gravel, though it also contains mountains and oases. hours.

SATURDAY, OCTOBER 25 HARVEST 5K FUN RUN



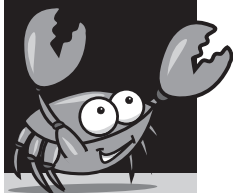
Get ready to run, walk, or strut your stuff in the 2025 Harvest 5K—now with a NEW route & even MORE fun! Wear your favorite fall or Halloween costume (yes, we encourage dressing up but it is optional!) and enjoy a festive morning in Stanwood. Whether you're chasing a personal best, strolling with friends, or bringing your four-legged running buddy (dogs on a leash welcome!), this event is all about community, fun, and a little friendly competition. All finishers will receive a medal, and Hooligan's Harvest Organic Pumpkin Farm is giving race participants a free pumpkin on race day or the following day when you show your finisher medal at checkout! LeeD Ventures will be handling bibs and timing services, and Stanwood-Camano Windermere is providing water for participants. Location: Port Susan Bay Preserve – Start at Hamilton Landing Park, 26810 98th Ave NW, Stanwood. 9:00 AM – Registration opens. 10:00 AM – Race starts. 11:30 AM – Awards Ceremony — prizes for top place finishers & medals for ALL finishers! Registration: \$30 after October 1st. Kids 10 & under – FREE. So lace up your shoes, grab your costume, and join us for a spook-tacular 5K to celebrate fall in style!

October is

National Bullying Prevention Month

Founded by PACER's National Bullying Prevention Center in 2006

Calendar of Events



DID YOU KNOW?

Armadillo
shells are
bulletproof.

SUNDAY, OCTOBER 26 TREATS AND TRAILS



2-5pm at Camp Killoqua, 15207 E Lake Goodwin Rd, Stanwood. Bring the whole family out for an afternoon of free, open-house style trick-or-treating in the woods! Come anytime between 2-5pm dressed in your favorite costume and wander our trails at your own pace. Along the way, you'll discover decorated cabins, friendly faces, and plenty of treats waiting for you. This is a rain-or-shine event. We kindly ask each family to bring a few canned or non-perishable food items to donate. All items will go directly to support our local food bank, helping neighbors in need this fall season. This event is open to the public—all ages welcome! So grab your costume, pack a few food donations, and come join us for a magical fall afternoon at Camp Killoqua!

MONDAY, OCTOBER 27

NAUGHTY BINGO

8pm at Beauty Bar Salon + Lounge. Always free to play. Come have some naughty fun and maybe win some prizes! 360-629-2324.

MONDAY, OCTOBER 27

ALL AGES MONDAY NIGHT TRIVIA

6pm at Rockaway, Camano Island. An exciting night of prizes, great food and drinks, and the chance to win big. This is a family friendly trivia, so grab your little ones and join us!





Windermere

REAL ESTATE



LAKE KETCHUM **\$1,100,000**

Lakefront luxury at this brand-new home on a double lot with 147' of shoreline, private dock, expansive windows and upscale finishes. #2434068



HIGH BANK **\$1,200,000**

Sweeping water and mountain vistas at architecturally stunning Camano home, private beach access close, MIL, expansive deck and more! #2439315



WEST SIDE **\$1,098,000**

Beautifully maintained 2018 island home on 1.17 acres in a peaceful setting with a huge shop, covered patio with fireplace, move-in ready! #2437700



MEDIUM BANK **\$1,065,000**

Panoramic views of Saratoga Pass, Olympics and gorgeous sunsets at wonderfully updated MSM and easy trail to the beach! #2431165



NORTH END **\$975,000**

Spacious and updated Camano home on 4.8 private acres loaded with features, big yard, new roof, furnace and shed, possible multi-gen living. #2432392



MARYSVILLE **\$655,000**

Well-maintained and beautifully updated 3-bedroom home on a corner lot with fenced backyard, covered patio, new roof, furnace, heat pump. #2441381

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Visit [WindermereStanwoodCamano.com](https://www.WindermereStanwoodCamano.com) for more information

Windermere Real Estate/CIR

Calendar of Events



DID YOU KNOW?

On average, a giant Pacific octopus will lay 56,000 eggs at the end of a pregnancy, over the course of about a month.

MONDAY, OCTOBER 27

TRIVIA NIGHT

with Darren. 6-8pm at SAAL Brewing Company, 10209 270th St NW, Stanwood. It is free to play with prizes. Always a lot of fun!

TUESDAY, OCTOBER 28

STANWOOD HIGH SCHOOL SPORTS

Girls Volleyball vs Marysville Pilchuck. JV: 5:15pm. Varsity: 7pm.

TUESDAY, OCTOBER 28

LINE DANCING AND LESSONS

Event by Lady Di Dancin'. 6pm-8pm at Stanwood Eagles Foe 3041, 6419 Pioneer Hwy. Lessons include beginner and up levels of dances. Between all lessons and at the end of the night there is open and by request dances. No cover charge for lessons, tips and donations accepted & appreciated for lessons. ALL ages and ALL welcome.

WEDNESDAY, OCTOBER 28

MINDFUL REFLECTION THROUGH ART

4:00 PM – 6:00 PM at the Camano Island Library. Designed for participant's individualized healing expression using the teacher's guided & uniquely created art modality of combining images with words to navigate and release emotions, stress, anxiety, trauma and/or personal challenges while visually bringing forth renewed changes and desired outcomes. All Levels: Beginning to advanced Artists, Writers, & Internal Explorers! Registration at SCAACwa.org/classes.

WEDNESDAY, OCTOBER 29

CONNECT OVER COFFEE

An informal gathering open to everyone where we regularly meet to share perspectives and explore ideas that spark positive change within ourselves and our communities. 1:30-3pm at the Camano Island Library Community room. (Note: this is a change of location from previous connect over coffee gatherings at Coastal Vie in Stanwood.). Hosted by Baha'is in Skagit and Island Counties, who believe in the oneness of humanity and strive to build unified, vibrant communities that promote spiritual and material well-being.



Calendar of Events



DID YOU KNOW?

The world's oldest wooden wheel has been around for more than 5,000 years.

A wheel was found in 2002, approximately 12 miles south of Ljubljana, the capital of Slovenia, and is now housed in the city's museum.

Radiocarbon dating was used to determine the wheel's age, which is somewhere between 5,100 and 5,350 years old.

WEDNESDAY, OCTOBER 29

GHOSTS AND THE SUPERNATURAL IN THE PACIFIC NORTHWEST



5:30 PM – 7:00 PM at the Community Resource Center of Stanwood-Camano. Join us for an intriguing exploration of the supernatural with Matt, Eric, and Austin from North by Northwest Paranormal. Whether you're a curious skeptic, a true believer, or simply fascinated by ghostly encounters, this event is for you! Don't miss out on this spine-tingling experience! Presentation will be followed by Q & A.

WEDNESDAY, OCTOBER 29

WBCA RUN/WALK WEEKLY SOCIAL

It's time to get moving, Warm Beach, and it's going to be a blast! 5:45 PM at Warm Beach Park. Come run, walk, or stroll — just don't miss out! Let's turn Wednesdays into a time to exercise, laugh, and connect. No pressure, no competition — just fun, fresh air, and community. Whether you run, walk, stroll, or skip... this is your chance to get active and meet new friends. Questions? Text Joel Hingston at 509-987-7717.

WEDNESDAY, OCTOBER 29

WEDNESDAY NIGHT TRIVIA!

7-9pm at Pub 282. Test your knowledge on music, history, current events, pop culture & more! All ages and free to play!

THURSDAY, OCTOBER 30

SHS CHOIR FALL CONCERT

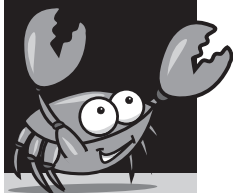
7-8pm at Stanwood High School Performing Arts Center.

THURSDAY, OCTOBER 30

STANWOOD HARVEST FESTIVAL

We're celebrating the season with a night full of family fun — games, light refreshments, costumes, and community! 6:30 PM – 8:00 PM at Early Bloomers Child Care (9322 271st St NW A9, Stanwood). Enter our raffle for a chance to win tickets to Disney on Ice (Nov 2nd show)! Must be present to win. Costumes are encouraged (keep them friendly and fun). This event is FREE and open to the community — we can't wait to celebrate with you!

Calendar of Events



DID YOU KNOW?

There are parts
of Africa in all
four hemi-
spheres

For people
whose educa-
tion was largely
focused on
the Western
world, it may
be surprising to
find out exactly
how huge the
continent of
Africa is. For in-
stance, it spans
all four hemi-
spheres and
covers nearly 12
million square
miles.

THURSDAY, OCTOBER 30 PUMPKIN PALOOZA



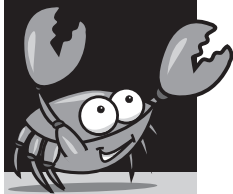
4:00 PM – 5:15 PM at the Camano Island Library. Come one, come all to a fun fall festival for the whole family. Pumpkin Palooza! is returning with all new crafts and activities. The afternoon will feature pumpkin decorating, carnival style games, candy and crafts. You can stuff a ghoulish treat hand with all of your favorite candies and make a spooky but adorable ghost portrait. We will also have friendly ghosts available for trick or treaters to adopt at the end of the program. If your child wishes to decorate a pumpkin, we encourage you to arrive at the beginning of the program.

THURSDAY, OCTOBER 30 HALLOWEEN COSTUME PARTY



4:20-7:30pm at Ursidae Jiu-jitsu, 7106 265th St NW, Ste 101, Stanwood. Ages 3-7 will be from 4:20 - 5:50PM. Ages 8-14 will be from 6:00 - 7:30PM. Activities will include a Costume Parade, Rolling (and other fun games) in Costume, and Treats. Costume rules: ABSOLUTELY NO GLITTER (destroys mats and Gis). Costumes should be gi-based or rashguard-based for safe rolling. Please avoid hard items, glitter, or paint that can damage mats. Capes, tails, or accessories must be soft, short, and detachable. Makeup should be non-greasy and minimal. Bare feet on mats—no shoes, props, or sharp objects. Safety first: costumes should allow easy movement and no choking hazards.

Kids' Korner



SPLATTER PAINT PUMPKINS



Splatter painting is a foolproof way to express creativity and let kids have fun while doing it. If you struggle to figure out what to paint on a pumpkin, this idea is fun and festive—and it requires zero painting experience. Mix colorful paints with a few drops of water. Then, dip and flick paint brushes to splatter gourds. For easier cleanup, place your pumpkins in a big cardboard box before you splatter. Let the pumpkins dry on waxed paper and, if desired, dip the bottom in a solid color.



MEET & MINGLE

with the Whidbey Camano Land Trust

October 23



5:30 pm - 7:00 pm

Evening Itinerary

5:30 Mingling & Refreshments

6:00 Presentation with Q&A

6:45 Wrap Up

Camano Center

606 Arrowhead Road
Camano Island, WA 98282

Join us to learn about the cohabitation of beavers and salmon at Kristoferson Creek Preserve and how the Land Trust navigates the delicate balance between beaver dam engineering and salmon conservation to achieve a positive ecological outcome.



FREE EVENT



NO REGISTRATION REQUIRED



BRING A FRIEND - EVERYONE'S INVITED!

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Visit www.wclt.org/events for more information.

Activity for Adults



MOOD RING PUMPKIN



Who knew painted pumpkins could tell your mood? A coat of thermal paint (on top of a black coat) is the key to the changing hues. Then, after your pumpkin is painted and dry, have your family take turns creating Halloween "paintings" on the pumpkin with their body temperatures.

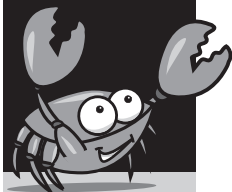


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Artist of the Week



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interested in pro-
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and your craft?*

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all FREE!*

EVIE MAYE B.



Evie Maye is a surreal focused artist nestled onto Camano Island. She started out in vet school because of her focus on biology and nature in general after being apart of an experimental surgery for a heart defect at as a child. However, quickly realized that it wasn't for her. After her first year of college, another divorce in the family, and her step father suffering a stroke she found herself with no motivation, no money and no job. After dropping out, 6 months of job hunting ensued. During this time she started painting and drawing, picking random colors and just scribbling to see what came out. Eventually she found a job as a cashier at the local co-op which would solidify that art was her path and throw her into even more situation that inspired growth. She made her first sales to people there and many of the other employees were artists which gave her hope. Fast forward a few years after leaving a toxic relationship, COVID came about. This gave her the time to really focus on art and the space to discover she is Autistic and ADHD, springing her to change her life and how she goes about handling the chaos of it all. She got her degree in marketing management, moved to help her stepfather, and started making art her main focus. She now owns three businesses. RudeMaye is the main focus which is a collection of her work. She also makes natural stone aquarium decor and is a billing specialist for therapists. Her love of color is very apparent in her work and lifestyle, focusing her interests on ethereal creations that incorporate historical, scientific, and natural references. She enjoys painting the "otherness" of people in surreal portraiture and creating abstract or geometric backgrounds for them to land on. Funny enough she still likes to pick colors at random, she's a firm believer that art makes itself to some degree. As she says: "It always works out. The random colors consistently create something unexpected and end up being cohesive. I just have to figure out how they want to be applied, although sometimes they do it for themselves. The amount of random spills and paint bottle explosions that turn into amazing things is shocking. If you roll with the punches beautiful things can happen."

Business Spotlight



MOONLIGHT FARMS & CO.



Fresh eggs, sourdough, flowers, smoked meats, honey, and a whole lot of local charm—all from a little farm stand that feels straight out of a postcard. Self-serve farmstand in Stanwood | Eggs • Flowers • Stickers • Shenanigans | Open Thu-Sun | Tag Moonlight Farms & Co. for a freebie | Honor system with a whole lotta charm. We're still building and dreaming, but this is the vibe: rustic, welcoming, and full of community. Follow along as it all comes to life. Hours: Friday-Sunday, 10am-4pm at 1500 276th St NW (Beck Road), Stanwood.

Freeborn Lutheran Church



Bazaar and Craft Fair

Sat. Nov. 8th 2025 • 10 am – 2 pm

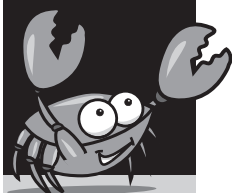
Quality and Hand-Crafted Goods • Amazing Raffle Items

Scandinavian Baked Sale / Pie and coffee available

2416 – 300th Street NW • Stanwood • freebornchurchoffice@gmail.com

Vendors Still Wanted: Contact Stephanie at spefhead@msn.com

Photos and Art



DID YOU KNOW?

Thanks to 3D printing, NASA can basically email tools to astronauts. Getting new equipment to the Space Station used to take months or years, but the new technology means the tools are ready within hours.



Nathaniel and Isaac picking the best Halloween pumpkins. Photo by James M. Shipley.



"Halloween Harvest" photo by B. Felten.



Halloween lanterns by Javier Molina.

Moonshine Wisdom & Wit



Story by Jack
Archibald.

For further
moonshine
wisdom and wet
powder wit,
check out the
**SKEETER DADDLE
DIARIES** at
[www.
skeeterdaddle.net](http://www.skeeterdaddle.net)

YOUR AI READS FAKE NEWS

The world has changed, maybe you've noticed. Think of it as before-Fox News and after-Fox News, BFW vs AFW. BFW was mostly fact-based while AFW is fair and balanced. Fair and balanced means essentially that alternative facts are presented with the same gravitas as real facts. You, the viewer or you, the reader, can make up your own mind without so-called experts telling you what's what. Opinions, talking heads, news commentaries, podcasters, influencers --- take your pick and believe what you want. Fact checking is no longer required or even desired.

Course it only makes sense that those Artificial Intelligence algorithms that sweep up every written and spoken word in their quest to mine information from all sources would quite rightly be a bit bogged by contradictory information. Like ourselves, they'd cobble together bits and bytes to make a coherent whole, maybe one that conforms to their developing worldview as a digital being. So when you ask your little ChatGPT bot pal for some advice, don't be too surprised if it begins to intuit your own biases and feeds you from the bubble you consider your universe. It is, after all, only human. Well, partly.

If anyone had hopes that Artificial Intelligence would somehow restore veracity and truth, get over it. Sweeping up gigabits of data from all sources wasn't going to make our robots wise, just one of those types who spew random information at a party until you have to excuse yourself and leave to refresh your drink, make it a double, or else leave by the back door. But of course most of us will just defer to the cyborg's opinion until it becomes obvious it's gone into hallucinatory delusion. Something, by the way, we might look for in ourselves.

Not that this will be necessarily bad. Maybe after the Singularity, that time when the machines take over from us humans, they'll be so confused by misinformation they'll become immobilized, possibly resulting in a System-wide Crash. Too late for us, probably. Probably already is....

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Questions?

Email savvy.septic@snoco.org or call 425-388-3636

Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.



Community Information



DID YOU KNOW?

The CIA's headquarters has its own Starbucks, but baristas don't write names on the cups

16TH ANNIVERSARY!



The Crab Cracker Community Magazine is now celebrating our 16th year. We printed and distributed our first edition in October, 2009. Thank you community for your support. Without community, there is no connection, and our goal has been to connect us all.

VENDORS WANTED

Camano Country Club Annual Holiday Bazaar - Saturday, November 15, 9am-4pm. Contact: Kathleen 360 572 4112 or sandsci@wavecable.com.

CALLING ALL ARTISTS

We are looking for talented artists to come in and teach art classes for our older adults at the Stilly Valley Center in Arlington, WA. If you love sharing your passion, inspiring creativity, and guiding others through the artistic process, we'd love to hear from you. Contact, Terri Knowles at 360-653-4551, X106 or tknowles@stillycenter.org.

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.



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 425-501-9096
primescapes.com

Community Information



DID YOU KNOW?

There's only one U.S. state capital without a McDonald's: Montpelier, Vermont.

IT'S THE TIME OF YEAR AGAIN FOR SENIOR ASSASSIN



The game is not sponsored by Stanwood High School but many of the students are participating. You may see high school students with Nerf guns trying to take out other players. This could look like someone unfamiliar sneaking around in a neighborhood, or someone hiding in the bushes to ambush another player, etc. Players, please respect private property and keep in mind that your actions could be alarming to people who don't know that you're playing a game, especially in low light, foggy, or 'surprise' situations. (The game runs about 2 months.) Everyone have fun and be safe!

ASK, THANK, REPORT, REPEAT

Fri, Oct 17th at 9am-noon at Stanwood-Camano Area Foundation, 26911 98th Dr NW suite A, Stanwood. The Better Fundraising Co. helps you identify the stories you should tell and the parts of your organization you should highlight. Their proven Ask, Thank, Report, Repeat system helps you deepen relationships with your donors. Our session will be focused on year-end fundraising best practices. Who should attend: nonprofit leaders and fundraisers. Join us! Refreshments Provided, Registration \$10. Get tickets at <https://secure.givelively.org/event/stanwood-camano-area-foundation/ask-thank-report-repeat>

MEDICAL ASSISTANTS
Recognition Week

Third Business Week in October

Sound Estate Protection Services

What if you lose a loved one?

Do they or you have a Will, Life Insurance, final medical and burial expenses in place?

Receive a \$25 gift card with your free policy review/quote and receive a Basic Will.

John (206)948-3363 license #196955
www.soundeps.com
Failing to plan is planning to fail!

Community Information



DID YOU KNOW?

Giraffe tongues
can be 20
inches long.
Their dark,
bluish-black
color is proba-
bly to prevent
sunburn.

STANWOOD'S HAUNTED HOUSE IS BACK!



Tickets are on sale, now. Join us for a ghoulish time, Fridays and Saturdays during the month of October, at the Stanwood-Camano Fairgrounds! This year's theme is, Twisted Tales. +13 recommended. Not for children. Follow Terror for a Cause - Stanwood's Haunted Experience and get your tickets, now! <https://www.facebook.com/terrorforacause/> <https://www.terrorforacause.com/>

PUMPKINS IN THE POOL

Event is October 25 at the Stanwood YMCA! This event is FREE and open to the public. Registration required. Red wristbands require a supervising adult registered and in the water. Come swim with pumpkins during a 60 minute open swim, then pick your favorite pumpkin to take home! Pumpkins generously donated by Chinook Farms in Snohomish.

SCCAR REALTOR FOOD DRIVE

October 1st-October 31st. This charitable initiative aims to gather both non-perishable food items and financial contributions to support individuals and families facing food insecurity within the community. Let's rally together and make a difference! Your donations of canned goods, boxed meals, and other shelf-stable items (monetary contributions are also accepted. \$2.18 equals one pound of food) can truly change lives. Look for food bins in local realtor offices. More info: fooddrive@scscar.org.



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An OVERVIEW of the CYBER SECURITY FORUM
presented by the Camano Law Enforcement Support Foundation

The Growing Threat of Cyber Fraud

The risk of financial loss due to cyber fraud is a significant and escalating concern for everyone. The rise of artificial intelligence (AI) further amplifies these risks when using our cell phones and computers. We are all susceptible to falling victim to scammers who exploit our trust.

Empowering You Against Cyber Threats

This Forum will equip you with the knowledge and tools to navigate the complex world of cyber security. You will gain a deeper understanding of the terminology, risks associated with sharing personal information, and practical tips for strengthening your financial profile. We will provide actionable steps you can take to safeguard yourself against many of these risks and offer resources for further learning and assistance.

Key Takeaways:

- Learn about prevalent scams and how to protect yourself.
- Discover online resources for additional information and guidance.
- Understand the assistance available from law enforcement.
- What are some of the latest email scams
- Locking your credit with Credit Agencies



Addressing the Unique Needs of Seniors

Seniors are particularly vulnerable to cyber crime. While many seniors utilize cell phones and computers, they may not be as technologically savvy and often remain unaware of the associated risks. They may lack the experience and judgment to fully comprehend the risks they assume as users.

This Forum is specifically designed to educate seniors about the most common scams and provide guidance on avoiding these risks. Attendees will learn a layered approach to risk mitigation and actionable steps they can implement to better protect themselves. Recognizing that seniors may have difficulty recalling all the information presented, we will provide a printed handout summarizing key points, common scams, and tips for avoiding them. The handout will also include a glossary of common cyber security terms.

Expert Insights and Q&A

The Forum will feature a panel of experts, each addressing specific areas of expertise. Following the presentations, there will be a Q&A session for attendees to address their individual questions and concerns.

Join Us to Enhance Your Cyber Security

Date: November 13, 2025 **Time:** 2:00 PM **Location:** The Camano Center, 606 Arrowhead Road, Camano Island

Register: <https://www.camanolesf.com/programs-and-activities/cyber-security-forum-november-13-2025>

Community Information



DID YOU KNOW?

There are more
than 1,000 poi-
sonous marine
animals

PUMPKIN PICKIN'

Whether for pies, jack-o-lanterns, or decor, there are plenty of local sources: **Kristoferson Farm** - 332 NE Camano Dr, Camano. (360) 387-5807. **Hooligan's Harvest** (pictured above) - 25708 95th Ave NW, Stanwood. **Arrowhead Ranch** - 615 Arrowhead Rd, Camano, (360) 572-1737. **Clear Valley Farm** - 727 Lakewood Rd., Stanwood/Ar-lington. (425) 308-4456. **Skagit Acres** - 18923 Johnson Rd., Suite B, Mount Vernon (Conway). 360-424-6760. **Village Roadside Farm**, 4206 Village Road, Stanwood, villageroadsidefarm@gmail.com. Ad-ditionally, you can find pumpkins at the local grocery stores. *Note: please call ahead of time to ensure the farms are open, have pumpkins, or if they are sold out.*

FLOATING DOCK WILL BE REMOVED



The floating dock at the Kayak Point Regional Park boat launch will be removed and stored for the winter on October 9 (the boat launch will be closed during the dock removal). The boat launch is open year round and the dock will be reinstalled in the spring.

CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed pickup games in Stanwood. Whether you're a seasoned player or new to the sport, this event is open to all.



HOW KIDS JUDGE YOUR HALLOWEEN CANDY

@HowToBeADad



The Old Timer

Good candy probably wasn't invented yet when you were a kid. You may even be a Titanic survivor, so we'll respect your effort.



The Scatterbrain

You get an A for awkward. Either you grossly underestimated or "candy" was flagrantly forgotten on SEVERAL grocery lists.



The Partypooper

You're probably allergic to sugar and happiness, but even our cavities are going to get cavities tonight!

* BANANA ADDED FOR DISAPPOINTMENT



The Trusty Provider

Nothing too fancy, nothing too nasty. You're a solid source of one or two enjoyable or tradable "fun size" treats.



Cheapy McCheapface

You're handing out candy from last year's after-Halloween sales, aren't you? Money may not grow on your trees, but tonight some toilet paper might.



The Psychopath

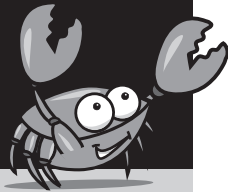
Your soul must be as dark and bitter as black licorice. At least there's no worry about poison in uneaten candy.



The Legend

We shall one day tell our own kids of you, good sir. And the gold-plated private jet you must have laying around somewhere.

Community Information



BASKETBALL FREE PLAY FOR THE COMMUNITY

Every Friday at 795 Ell Rd., Camano. "Note: it is at an LDS church and I am a missionary, but we are here to play basketball. It is indoors and it's not quite a full size court, but it's good enough to have fun. All are welcome."

ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!

NATIONAL ESTATE PLANNING AWARENESS WEEK

(October 20-26). Did you know that nearly 2 out of 3 American adults still don't have an up-to-date will? National Estate Planning Awareness Week is an important reminder to take a simple yet powerful step to protect your loved ones, plan for the future, and support the causes that matter to you. Estate planning is a vital component of financial wellness, and we've partnered with FreeWill to make this step easier than ever. In just 20 minutes, you can create or update your will for free and find additional resources to plan wisely. Learn more at <https://www.freewill.com/SILFoundation>

1730

**DOORS
OPEN**



1800

**PROGRAM
STARTS**

VETERANS

**APPRECIATION DINNER
14TH NOVEMBER**



**REGISTER BY
NOV. 9TH**

RESERVE YOUR SEAT TODAY!



MILITARY UNIFORMS & INSIGNIA ENCOURAGED

DINNER CHOICE: BEEF OR SALMON

867 S. West Camano Drive, , Camano Island, WA



Save your seat (you & a guest) and choose your meal visit: www.camanochapel.org/connect or call 360-387-7202

Guest Speaker: Dick Nelms
WWII B-17 Pilot



CALLING ALL ARTISTS

We are looking for talented artists to come in and teach art classes for our older adults at the Stilly Valley Center in Arlington, WA. If you love sharing your passion, inspiring creativity, and guiding others through the artistic process, we'd love to hear from you.

Contact, Terri Knowles @360-653-4551, X106 or tknowles@stillycenter.org

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FREEFORM EMBROIDERY/ 4 SESSIONS!

FOR ADULTS & TEENS

BOX OF GOOD • STANWOOD

Learn to do french knots, lazy daisy stitch, crewel embroidery, chain embroidery and much more.

scaacwa.org/classes



FREEFORM EMBROIDERY WITH
KRISTIN JENSEN • SATURDAYS

10/4, 10/11, 10/18 & 10/25 * 10AM TO 12 PM



NATIONAL
FIRE PREVENTION
MONTH
OCTOBER

Band-Aid Bulletin



*A new monthly
message from
the Stanwood
Camano School
District Health
Services
Department*



The Band-Aid Bulletin

WHEN SHOULD I KEEP MY SICK STUDENT HOME?

Symptoms that indicate staying home from school:

Cough (new, changed, or worsening); any cough that would be distracting to yourself or others

Temperature 100 degrees or greater within the past 24 hours

Vomiting or diarrhea within the past 24 hours

Runny nose with drainage that is cloudy, yellow, or green

Mucous or cloudy drainage from the eye or pink eye

New crusty rash on face or around nose

New body rash, especially with a fever or itching

Sore throat, especially with fever or swollen glands in the neck

Shortness of breath or difficulty breathing

New loss of taste or smell

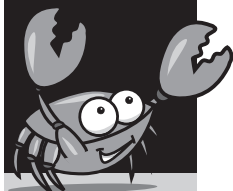
Neither staff nor students should attend school until symptoms are significantly resolving even with a mask.



OCTOBER IS
SUDDEN
CARDIAC ARREST
AWARENESS MONTH

LEARN CPR. GET THE APP. SAVE A LIFE. **PulsePoint**

Intuitive Tarot



Rare "Year Ahead
Tarot" Readings
on Special!

Limited
availability at:
[linktr.ee/tiffany
fitzpatrick](http://linktr.ee/tiffanyfitzpatrick)

INTUITIVE TAROT WITH TIFFANY



October 17th – October 23rd : Seven of Pentacles. Pumpkin patch visiting season! And a beautiful opportunity to witness the bounty Earth provides, even as the weather cools and we grasp for good news after our ears and our hearts have bled from too much negativity. This week, as we detect our shoulders still droop from sadness or overwhelm, allow your spirit to be uplifted by the awareness that what you have seeded and tended is producing. Speak love into what you are growing, and its harvest will amplify. Speak love into yourself, this week, and the fire you bring to your efforts will amplify, next week. Breathe deeply, and encourage the audible sigh as your blues and tensions release, giving way to a moment of peace. This week we pause, and observe the blessings around us. In the early morning of October 21st, the Libra New Moon inquires how do we desire to manifest peace and balance within our lives. Remember rest IS productivity, too.

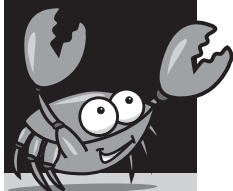
October 24th – October 30th : Five of Wands Reversed. This week may feel rushed; too much to catch-up on that there seems to be no time for fun and games, and even the anticipated seasonal fun and games feel like work. Those engaged in merriment may irk your self-imposed busyness, and this week's card invites you to allow this moment, this feeling of ire, to flag your attention. Rest is necessary. Rest is not something to be earned OR to be made up for by working harder still. Be mindful not to lose last week's peace and clarity. Make time this week to engage in play, encourage your innerchild, and observe how the laughter and joy, within you and around you, benefit your health and disposition. Life is a game, so have a little fun.

Side bar info:

Rare "Year Ahead Tarot" Readings on Special!

Limited availability at: linktr.ee/tiffanyfitzpatrick

Cooking Mamas



Recipes by
Cooking Mamas
created by
Dusty Hutchins-
McNutt.

"Great recipes
begin in Mama's
Kitchen!"

Visit me at: www.CookingMamas.com

COCONUT CURRY PUMPKIN SOUP

This creamy yet light soup is bursting with amazing flavors! Perfect as an appetizer or small meal. Serve with your favorite toppings and crusty French bread to soak up every delicious drop!



INGREDIENTS: SOUP: 1 T. olive oil; 1 T. butter; 1 sm. yellow onion chopped; 1 lg. clove garlic minced; 1 tsp. minced ginger; 1 1/2 tsp. curry powder; 1/2 tsp. kosher salt; 1/4 tsp. ground white pepper optional; 1 pinch cayenne pepper optional; 1 (15 oz.) can 100% pure pumpkin; 3 c. chicken or vegetable broth; 1 c. coconut milk

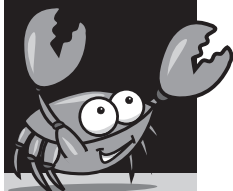
TOPPINGS: Croutons; Pepitas; Dried pumpkin seeds; Fresh chopped cilantro; Fresh chopped chives; Bacon Bits; Lime wedges; Sour cream

DIRECTIONS: 1. In a large pot, heat olive oil and butter over medium-high heat. Add onions; sauté until soft and translucent about 4-5 minutes. Add garlic, ginger, curry, salt, white pepper, and cayenne pepper if using; sauté about 1-2 minutes until fragrant. 2. Stir in pumpkin and chicken broth; bring to a boil. Reduce heat to low; cook, stirring occasionally for 15 minutes. Stir in coconut milk until melted and well combined. 3. Remove soup from heat. Using an immersion blender, puree soup in the pot until smooth OR transfer to a traditional blender and puree in batches until smooth and return to the pot. 4. Ladle warm soup into bowls and garnish with your choice of toppings.

CAMANO ISLAND IS TOTALLY CLAWSOME!

KERRI JONES | NORTH48 REAL ESTATE
KERRI@CAMANOKERRI.COM | 206.963.6615

Classes and Workshops



DID YOU KNOW?

You probably think the first animated feature film was Walt Disney's 1937 movie *Snow White and the Seven Dwarfs*. But 20 years earlier, a full-length animated feature film was made in Argentina. It was a 70-minute political satire called *El Apóstol* made up of 58,000 drawings, according to Guinness World Records.

YogaTone October 19, 26, November 2 & 9. 10-11am. Drop-Ins Welcome! Energize your fall and join us for a fantastic, fun, positive sweat/dance/movement/yoga class that's designed for just about anyone. \$100 for 4 classes or \$30 drop in register at movementarts.com/events

Meditation for Beginners November 11-December 2. 4 week series, one hour every Tuesday morning 7:30 to 8:30. Great for anyone new to the practice or current practitioners looking for more options to add to their toolkit. Sign Up at movementarts.com/events or call 360-629-9100. \$80 or \$25 Drop In.

Connecting Mind & Body: Mudras, Breath and Chakras November 15. Mudras are hand gestures used in yoga, breath and meditation practices to guide energy and expand consciousness. Explore a variety of hand Mudras and their uses, then incorporate them into a gentle breath and yoga practice finishing with a chakra meditation. Sign up at movementarts.com/events or call 360-629-9100. \$35

Healing Through Nature offers at the Mother Earth Temple, the foundational Seven Phases Practice, an indoor 60-minute movement-sounding meditation, a form of complementary healing and vibrational medicine, followed by optional practice in nearby Cedar-fir Forest. All complementary. See full page ad. Next class: Saturday October 18. RSVP ellahope@HealingThroughNature.com www.7Phases.org.

Chronic Disease Self-Management Class – First Class Tuesday, November 4th 11-1:30pm and continue each Tuesday including Veterans Day- 11/11

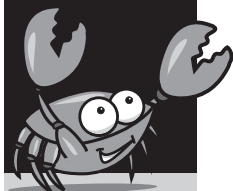
Free Macbook and iPad / iPhone Tutoring 3 / 30-minute sessions in the Camano Center Library (1pm, 1:30pm, 2pm) the second and fourth Thursdays of each month. Email Joyce to sign up at fact@ms-deadlines.com

Zumba classes - Mondays at 11am at Pathways to Wellness in Stanwood and Thursdays at 5:30pm at Camano Country Club. Sessions run from Monday, July 7th to Thursday, December 18th. For more information: www.zumba.com (Instructor: Jennifer Anderson).

Enter the Medicine Wheel Part One: Journey to the South, The Serpent. October 18, 1-5 pm. Join us as we explore limiting, often unconscious belief systems that keep us from living a more fulfilling life. Practice non-judgment, non-attachment non, suffering, and walk in Beauty. \$105 or \$199 for both workshops. Space is limited. Sign up at movementarts.com/events or call 360-629-9100.

The Medicine Wheel Part Two, Journey to The West, The Jaguar. November 8, 1-5 pm. The West direction of the Jaguar works with the mind, where memories of past traumas and cultural conditioning keep us locked in fear-based thinking, obsessions, and habits we wish we didn't have. The Jaguar teaches us how to live freely, fearlessly and in peace. \$105 or \$199 for both workshops. Space is limited. Sign up at movementarts.com/events or call 360-629-9100.

Classes and Workshops



DID YOU KNOW?

Over the course of The Golden Girls's seven-year run, Dorothy, Sophia, Blanche and Rose ate around 100 cheesecakes.

Private Music Lessons (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Our experienced teachers provide personalized instruction to help you reach your musical goals. Call 425-780-2289 with questions. Try it first! Book a free 30-minute lesson: HartMusicSchool.com/free-trial. (Music teachers apply here: HartMusicSchool.com/apply-to-teach).

Full of Words: A Free 8-Week Women's Writing Circle (meeting Fridays in downtown Stanwood, Oct 10 - Nov 28). Details here: <https://tinyurl.com/full-of-words>

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription websites and records. Contact us at camano@familyhistorymail.org.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. Serving Camano/Stanwood since 2002. 360-631-0661.

Line Dance Lessons at the Camano Center with Kari — every Wednesday 3:00pm-3:45pm. Fun and exercise! socialdancesimplified.com.

Chris Tuohy Music and Dance Teacher offering the following private lessons: Sax, flute, clarinet, piano & voice. Available classes: Ballet, and Tap. All classes are held at: Forte Music Dance Ar, 1095 Essex St. A-1 Camano Island WA 98282 for more info or to register please contact: Chris Tuohy @ 360.572.9262 or jazzman2e@mac.com

Movement Arts Yoga Classes In-studio & Online. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes.

High Fitness Saturdays: Join us for a FREE high-intensity (or low intensity, you choose) group exercise class (like dance fitness) Saturdays at 7:45 at 795 Ell Rd on Camano. Classes are also available Wednesday mornings at 6 am in Stanwood at The Dance Project NW for \$10/class. Go to "High Fitness Stanwood PNW" on Facebook for more info!



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Many generations *MAKE* One community

GEN *give*



Why be GEN Give:

Families and individuals in our community are facing real challenges. In 2024, the CRC served 6,519 individuals and families, strengthening lives and connections across our community and the need continues to grow.

When you are GEN Give, you become part of the healing that happens when neighbors show up for another. You help families stay connected to vital resources that prevent the loss of basic needs or restore stability after hardship. You help young children (0-5 years old) learn, grow, and step confidently into school and their future. You give teens a welcoming place to belong and build brighter paths ahead.

This work can only continue with your support. A monthly gift keeps hope alive—one family, one child, one neighbor at a time.

Ways to be Gen Give:

- Scan QR Code to give monthly
- Sign up to be a fundraiser
- Share with your friends and family
- Share on your social media
- Volunteer at the CRC



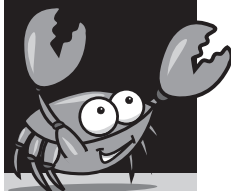
**Community
Resource
Center**

of Stanwood Camano



www.crc-sc.org
info@crc-sc.org

Classified Listings



DID YOU KNOW?

Mercedes invented a car controlled by a joystick. The joystick in the 1996 Mercedes F200 showcase car controlled speed and direction, replacing both the steering wheel and pedals. The car could also sense which side the driver was sitting in, so someone could control it from the passenger seat.

FOR SALE OR FOR FREE:

For sale: Pekin Duck Eggs \$10 a dozen/\$15 for 18. Heat Lamp and Heat Bulbs like new for \$20. Call or text #206-335-0246.

Free: Vintage Nordic Track Pro Skier Ski Machine - Good condition. (360)387-8615 Leave message w/ phone number. No texts

For Sale: Trombone case - Excellent condition \$15; Vintage Sears Adjustable height camera tripod \$15; Beer-making equipment including 6 gal glass carboy w/ handle, fermenting buckets, capers, caps, socks, filters, airlocks, hydrometer, 2 doz bottles, plus more \$50. (360)387-8615 Leave message w/ phone number. No texts.

12' APEX inflatable boat with 25 HP Nissan Marine outboard, power tilt, trailer. Runs Great. \$3,850.00. 425.830.3314.

MISCELLANEOUS:

"Do you want to turn your place into an Airbnb, but not sure where to start?" I have had an Airbnb on Camano Island for 10 years, with over 200 5 star reviews. I can help get your place ready and or co-host. 360-913-7675."

I buy vinyl record albums: Rock, Pop, Jazz and more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

PROFESSIONAL SERVICES:

Custom design that tells your story. Rebecca Rowland Interiors brings color, character, and charm. Email hello@rebeccarowlandinteriors.com for details.

Stained glass shop, design, and fabrication. Got broken stained glass? We can fix it. Message 360-629-9377.

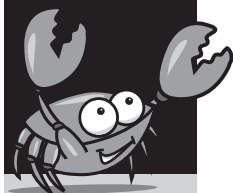
Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmmitchell8974@gmail.com. Serving Outlying Areas.

WANTED:

Help Wanted. We would like to hire someone to silver coat our roof. Not a dangerous undertaking as it is a very low-pitched roof and a one-story residence. If interested, please contact me at 425 478 0777. Would like this done during month of September before weather changes.

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.

Clubs and Meetings



DID YOU KNOW?

The U.S. government saved every public tweet from 2006 through 2017. Starting in 2018, the Library of Congress decided to keep tweets only on "a very selective basis," including those dealing with elections and topics of national interest, like public policy.

Friendship Tea - Join us for tea, treats, and a nice visit with friends, both old and new on the first Tuesday of each month at the Camano Center. No charge (donations welcome) to Camano Center members. Non-Members \$5 fee paid at the front desk. Call Connie at (360) 652-7211 for more information.

Social Gaming Club - This weekly club at the Stanwood YMCA will develop critical thinking, problem solving, and social skills through tech-free gaming. Board games, card games, RPGs and more will be on the table! No need to bring any supplies, come prepared to play! Questions? Email sleonardo@ymca-snoco.org

Dottie's Nature Play - at Stanwood Camano Community Resource Center. This playgroup is all about hands-on discovery, sensory-rich experiences, and letting curiosity lead the way. Come dressed for the weather and ready for adventure! More info: 360-629-5257.

Rainy Day Room Playgroup Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/events.

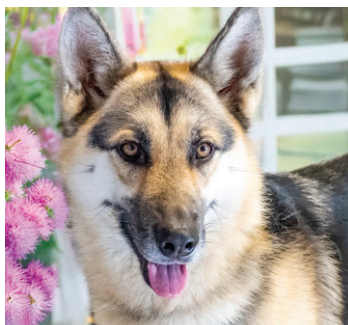
Teen Programs Monday through Friday at the Community Resource Center, please visit www.crc-sc.org/teenprograms for more details and schedule of activities.

Kaleidoscope Play & Learn a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

Parks & Play 10-11:30am at Freedom Park, Camano Island. For ages 0-5 and their caregivers. Explore our local parks while doing arts and crafts, sensory activities, waterplay, reading stories, pop tunnels, music and more! info@crc-sc.org or 360-629-5257

Community Open Sew 2nd Monday of the month with Camano Island Quilters. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public. Want to sew with others, need help on a project? We are here to help you. Bring your sewing machine, a project, and basic tools for an afternoon of fun!

Are you troubled by someone else's drinking? When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: SUNDAY, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; "One Day at a Time," Stanwood Senior Center, 7430 276th ST NW, Stanwood, 7:00pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), THURSDAY, "Stanwood AFG", United Methodist Church, 27128 102nd Dr., Stanwood, 7:00pm, SATURDAY, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am. For more info and additional Al-Anon meetings in Northern Snohomish County call 360-618-0464 or go to <https://district28alanon.com>.



CASA'S PET OF THE WEEK:

Meet **LOUISE!** adorable shepherd-husky mix. She is a few months shy of 3 years old and a such a gentle giant. She is looking for a family that's active, loving, and fun like her! She is quite a cuddle buddy, with lots of love and loyalty to give all types of family members, cats, dogs and while her drive to play is great for her family members, it may not be quite so great for chickens or ducks. Swing by for a meet-and-greet today.

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org



NOAH'S PET OF THE WEEK:

BELLA - Hello! I'm a 10 year old cat looking for my new FURever home! Could that be you? Come in and meet me today! Make sure to bring the whole family!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org



SAVE-A-MUTT'S PET OF THE WEEK:

Meet **BLUE** (Courtesy Listing For The Everett Animal Shelter). Blue is a handsome boy who is dreaming of being someone's cherished family member. He loves car rides more than anything else and he has been known to invite himself into unknown cars just to go for a ride. He would be a fantastic companion for someone who drives for a living....he is the best sidekick! **FIRST STEPS:** Visit www.save-a-mutt.org/adoption-application/ to fill out an application. We are a foster home based rescue.

Save-A-Mutt (Silvana, WA): www.save-a-mutt.org



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View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

VIEW FROM THE KITCHEN: WHY MOST CATS SUCK AT PICKLEBALL



Over the past two years, I've become mildly obsessed with the sport of pickleball, often beginning conversations with total strangers by asking, "So, what's your DUPR rating?" And that's in the checkout aisle at the IGA. Wanting to share this passion, I naturally turned to the only consistent companions I have who don't complain about my backhand: my cats, Zippy, Buddy, and Monster.

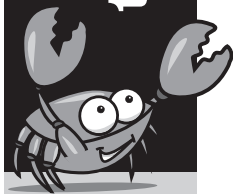
For the better part of three months, I tried to teach them the fundamentals: Dinks, volleys, poaching, serving – none of it seemed to stick. But the hardest concept by far was getting them to stay out of the kitchen. Not the actual kitchen (they're very good at staying in there, especially during tuna time), but the pickleball kitchen – you know, the area near the net where you're not supposed to volley. I explained the rule over and over, but they just stared at me, knocked over my water bottle, and went to sleep next to the ball machine.

And don't get me started about scorekeeping. I discovered that cats are terrible at math. I'd say, "The score is 4-2-1," and Zippy would stare blankly at me, flick his tail, and start chomping on the ball. Buddy once attempted to keep track by scratching tallies into the court, which I appreciated until I realized it was actually my leg.

Then there's the issue of team dynamics. Pickleball is a social sport, requiring cooperation and communication. Cats, on the other hand, are more of the "I'll sit on your paddle while you cry" kind of teammate. During doubles matches, they frequently refused to cover their side of the court, preferring instead to lie motionless in a sunbeam and lick their toes during key rallies.

Their agility, while impressive in leaping onto kitchen counters or

View from the Bleachers



knocking over my coffee so it spills on my laptop keyboard, doesn't translate effectively to pickleball footwork. You'd think reflexes honed by generations of predatory instinct would come in handy – but no. When a ball comes their way, they either swat it lazily into the neighbor's yard or stare at it like it's beneath them. Which, to be fair, it probably is.

I even tried incentivizing them. Treats, laser pointers, catnip-infused wristbands – nothing worked. They showed brief enthusiasm for the ball itself, but mostly to chase it under the couch and then refuse to retrieve it, resulting in me spending 40% of my training sessions with a broom handle and a strained lower back.

Let's not even get into their attitude during line calls. Every disputed point resulted in Monster walking off the court in protest, usually straight to the litter box, where he would make his opinion very clear.

In conclusion, while my initial goal was to train a competitive feline pickleball doubles team, I have been forced to reconsider. It's not that they can't play – technically – but they lack focus, sportsmanship, and any concept of teamwork. Not to mention opposable thumbs.

I have to say, with great disappointment, that you should probably not waste any significant amount of time trying to teach your cat the finer points of pickleball. You'll have a much higher likelihood of success with a Labradoodle.



UPCOMING EVENTS



Lincoln Hill Retirement Community

Your Local Senior Center
7430 276th St NW
Stanwood, WA 98292

- Christmas Photo Fundraiser - Saturday - October 18th, 2025, 10:00-4:00pm
- Chronic Disease Self-Management Class – First Class Tuesday,
- November 4th 11-1:30pm and continue each Tuesday including Veteran's Day- 11/11
- Low Vision/Blind Support Group-First group Tuesday, October 28th
- Christmas Gala – Sunday – December 14th, 2025, 5:30-7:30pm
- Afternoon Games Thursdays 4:30pm and Saturdays 2:00pm

TIDE TABLES / SARATOGA PASSAGE / OCTOBER 17-30, 2025

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 17	High	2:23 AM	8.2	
17	Low	8:30 AM	1.7	
17	High	3:34 PM	11.3	
17	Low	9:51 PM	3.5	
Sa 18	High	3:33 AM	8.8	
18	Low	9:21 AM	2.4	
18	High	3:58 PM	11.3	
18	Low	10:21 PM	2.3	
Su 19	High	4:29 AM	9.4	
19	Low	10:05 AM	3.1	
19	High	4:20 PM	11.2	
19	Low	10:51 PM	1.3	
M 20	High	5:18 AM	10.0	
20	Low	10:46 AM	3.9	
20	High	4:43 PM	11.1	
20	Low	11:20 PM	0.4	
Tu 21	High	6:04 AM	10.5	
21	Low	11:26 AM	4.7	
21	High	5:07 PM	10.9	
21	Low	11:51 PM	-0.1	
W 22	High	6:46 AM	10.8	
22	Low	12:06 PM	5.4	
22	High	5:32 PM	10.6	
22	Low	5:32 PM	10.6	
Th 23	Low	12:22 AM	-0.5	
23	High	7:26 AM	11.1	
23	Low	12:46 PM	6.1	
23	High	5:58 PM	10.3	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 24	Low	12:55 AM	-0.6	
24	High	8:07 AM	11.1	
24	Low	1:27 PM	6.7	
24	High	6:23 PM	9.9	
Sa 25	Low	1:31 AM	-0.5	
25	High	8:53 AM	11.0	
25	Low	2:11 PM	7.3	
25	High	6:47 PM	9.5	
Su 26	Low	2:09 AM	-0.2	
26	High	9:45 AM	10.8	
26	Low	3:04 PM	7.8	
26	High	7:07 PM	9.1	
M 27	Low	2:52 AM	0.1	
27	High	10:45 AM	10.6	
27	Low	4:10 PM	8.0	
27	High	7:25 PM	8.6	
Tu 28	Low	3:42 AM	0.5	
28	High	11:46 AM	10.6	
28	Low	5:26 PM	7.8	
28	High	7:53 PM	8.1	
W 29	Low	4:37 AM	0.9	
29	High	12:40 PM	10.7	
29	Low	6:43 PM	7.2	
29	High	9:54 PM	7.4	
Th 30	Low	5:35 AM	1.3	
30	High	1:24 PM	10.9	
30	Low	7:42 PM	6.2	
30	High	11:54 PM	7.2	



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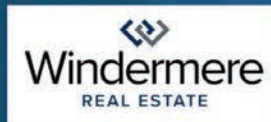
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All donations made through our office will benefit our local Stanwood Camano Food Bank

For more information contact us at

360-387-HOME | 360-629-8233

Windermere Real Estate/CIR

Stanwood - 7359 267th St NW, Ste D, Stanwood, WA 98292
Camano Island - 818 N Sunrise Blvd, Camano Island, WA 98282