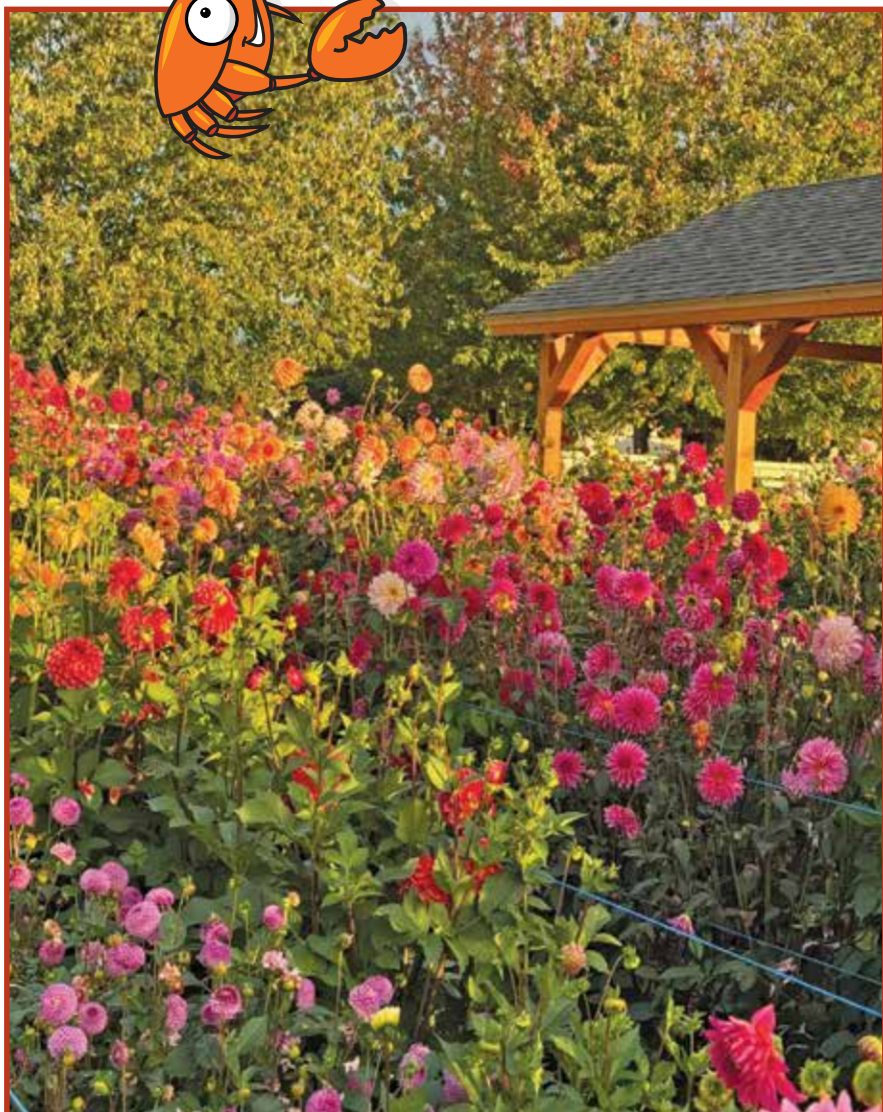


THE CRAB CRACKER
COMMUNITY MAGAZINE

ISSUE 441
October 16-29, 2026

A cartoon illustration of an orange crab with large eyes and a friendly expression. The crab is positioned behind the word 'CRAB' in the title. Several yellow and green leaves are scattered around the crab and the title.

Events, Information, and Entertainment in the Port Susan Area
Camano Island • Stanwood • Warm Beach • Silvana • Conway



Ghouls Night Out



SPOOKTACULAR TRICK-OR-TREATING DOWNTOWN

OCT. 31, 3-6PM



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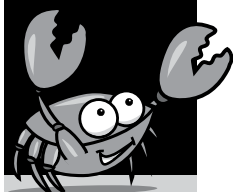


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Table of Contents



Artist of the Week.....	30
Business Spotlight.....	31
CALENDAR OF EVENTS	4-27
Classes and Workshops, Etc.....	54-55
Classifieds Listings	57
Clubs & Meetings.....	58-59
Community Information & Announcements / News.....	37-45
Cooking Mamas	53
Dining Guide.....	48
Fun and Crafts.....	26-27
Intuitive Tarot with Tiffany.....	45
Longevity Lens	49
Moonshine Wisdom & Wit	35
Pet Pages (animals available for adoption)	52
Photos & Art	56
Tide Tables	62
View from the Bleachers	60-61
What Is That?	47

Welcome to The Crab Cracker! Here's What's Crackin'...

The Crab Cracker is a community magazine created **BY** local residents **FOR** local residents. It is a FREE publication printed every two weeks and distributed throughout the communities of Camano Island, Stanwood (and Warm Beach area), Silvana, and Conway. It contains an extensive calendar of events, original stories, feature articles, fun and interesting sections, community news and announcements, tide tables, and more. Please send us any material you want our communities to know about for possible entry into this publication. It is content provided from YOU that makes this publication the popular source of information and entertainment that all of our friends and neighbors enjoy.

Cover image: It's a beautiful day to visit the Idlewild Blooms dahlia u-pick farm in Stanwood. Over 1200 plants arranged in a labyrinth!
Details here: <https://idlewildblooms.com/pages/visit>

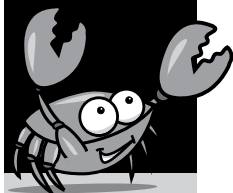


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 James and Malynda Shipley, owners, proprietors
thecrab@thecrabcracker.com or 425-299-7892 / 425-299-7893
P.O. Box 2535, Stanwood, WA 98292 • www.thecrabcracker.com

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Submission DEADLINE: OCTOBER 22 for Next Edition (Oct. 30 - Nov. 12)

Calendar of Events



DID YOU KNOW?

Madagascar got its name when Marco Polo misspelled it. The name stuck, and the island was christened to the name in 1500.

THURSDAY, OCTOBER 15

HALLOWEEN DANCE PARTY & COSTUME CONTEST

Oh Stanwood... something wicked is brewing... and Cascadia Club-house is bringing it to life for the very first time! Join us for our Inaugural Halloween Dance Party! We're raising the dead on the dance floor with hair-raising beats, devilishly good pizza, a costume competition, and a whole lot of monstrous fun. 6-7:30pm at Lincoln Hill Retirement Community, 7430 276th St., Stanwood. All ages.

FRIDAY, OCTOBER 16

"FRIGHT NIGHT" TEEN NIGHT

7-10pm at Stanwood YMCA. Swimming, pizza, games, and more. Come join the fun! Who: Entering grades 6-12. Membership not required. \$10 for pre-register. \$15 same-day registration. More info: sleonardo@ymca-snoco.org.

FRIDAY, OCTOBER 16

BIG BUCKS BASKET BINGO & RAFFLE

5-8pm at Lincoln Hill Retirement Community - Great Food- Great Fun- Great Raffle items. Fun free food Hot Dogs, Chilli Dogs, Nacho Chips w/Cheese, Salads, Strawberry Shortcake (donations appreciated and used locally to support our senior programs). Support your local seniors and win something amazing at the same time! Call 360-629-7403 EXT #114 or #115 to reserve your seat today. (You're welcome to pop by but having a reservation guarantees your seat).

FRIDAY, OCTOBER 16

CITY OF PINES + NATURAL & THE BELLFOUNDERS

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. A beautiful collaboration. Two local favorites together, will leave you looking forward to their next show... promise. Tickets: \$10 ADV / \$12 DOS Doors: 7 PM Show: 8 PM 21 and over only. Have identification ready.

FRIDAY, OCTOBER 16

STANWOOD HIGH SCHOOL SPORTS

Varsity Football vs Ferndale. 7pm.

FRIDAY, OCTOBER 16

TRIVIA NIGHT

7pm at Edward Lynn Cellars. Fun, snacks, great beer or wine. More info/RSVP: 360-929-6072.

TORY CHARETTE AGENCY



Tory Charette
Agency Owner

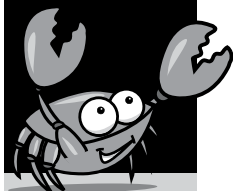


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Calendar of Events



look for us
online at

**www.TheCrab
Cracker.com**

or on
Facebook.

Download
current or past
editions.

FRIDAY, OCTOBER 16

HOMESCHOOL EXPLORERS: BATS!



11:00am–12:15pm at the Camano Island Library. Are you a home-schooler looking to connect with other homeschoolers, excited to learn and have fun? Then join us for Homeschool Explorers! The hands-on activity for this session will be the Burke Boxes traveling mini exhibit Bats. We will explore different bat specimens and bat skulls as well as learn about echolocation and other interesting facts about these fascinating winged mammals of the sky!

FRIDAY, OCTOBER 16

DROP-IN CONSTRUCTION ZONE

4-5pm at the Camano Island Library. Come build and explore with a variety of materials, which may include LEGO®, Magna-Tiles®, gears, blocks, and more! Light snacks provided. Event is free; no registration required.

FRIDAY, OCTOBER 16

SPOOKY TRIVIA WITH PAM JOBB N. MOORE

Our favorite Drag King, Pam Jobb N. Moore, is back to host a special Halloween edition of Trivia Night! 6-7pm at Stanwood Cupcakes, 8719 271st St NW, Stanwood. Free for all. Family friendly. With treats...no tricks.



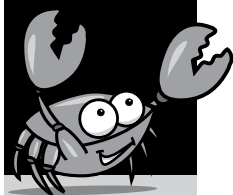
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Calendar of Events



FRIDAY-SATURDAY, OCTOBER 16-17

PNW LORE AND GORE



7-10pm at the Stanwood Fairgrounds. Event by Terror for a Cause - Stanwood's Haunted Experience. The Pacific Northwest is beautiful—but some stories are better left buried beneath the fog and evergreens. Step into the legends, tragedies, and terrors that have haunted our corner of the world for generations. This year's haunted experience takes you outside and into the elements. Portions of the haunt are covered, but this is an outdoor experience, so dress for the weather and wear appropriate shoes. Come any time between 7 pm - 8:15 pm or 8:30 pm - 10 pm. Tickets: www.terrorforacause.com/

**Sure, aging is
inevitable.
But, how you
age matters.**

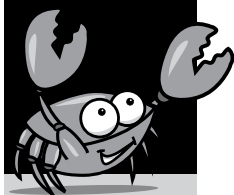
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Calendar of Events



SATURDAY, OCTOBER 17

STANWOOD'S INAUGURAL OKTOBERFEST



Join us from 3-9pm for an afternoon and evening of Oktoberfest fun in Downtown Stanwood! We're taking over the street for a community celebration featuring a Beer Garden, food, local vendors, family-friendly activities, Oktoberfest contests, and live music from Stage Hogs! Bring your friends and family, grab something to eat, explore the vendors, and stick around for contests and entertainment throughout the day. Events include: Wiener Dog Trot & Costume Contest, live music with Stage Hogs, Stein Holding Contest, Hot Dog Eating Contest, Costume Contest, Beer Garden, and Afterparty.

Medicare Education Workshop

Attend our upcoming Medicare workshop and learn the essentials! This event will cover Medicare eligibility, Medicare Parts A, B, C & D.

This workshop is no-cost, no obligation and will give you the basics you need to understand your options.

Camano Center

606 Arrowhead Road, Camano Island, WA - Jensen Room

October

- 10/09/2026 @ 3:00pm - 4:00pm
- 10/30/2026 @ 10:00am - 11:00am

November

- 11/13/2026 @ 3:00pm - 4:00pm
- 11/20/2026 @ 10:00am - 11:00am

December

- 12/04/2026 @ 10:00am-11:00am
- 12/18/2026 @ 10:00am-11:00am

RSVP's NOT REQUIRED, BUT ENCOURAGED

Please contact us to RSVP or for more information about upcoming events.



425-361-2944 x1 TTY 711



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This is an educational event. A licensed sales representative will be present with information only; there will be no sales activity. The Centers for Medicare & Medicaid Services (CMS) has neither reviewed nor endorsed this information.

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*Healing Through Nature
presents*

FROM DESPAIR TO REPAIR

Ritual Landscapes & The Evolutionary Wheel

***An Exclusive Pacific Northwest Regional
Immersion & Forest Ceremony***

Following the global momentum of the international Healing Our World: From Despair to Repair conference (October 17-19, 2026), this exclusive, independent masterclass serves as the vital regional extension for the Pacific Northwest.

Hosted by the author of the definitive two-textbooks and educator/facilitator, this Intensive delivers a tangible, localized application. It provides a working model designed for contemporary non-native persons to respectfully engage with ancient cedar-fir mature forests, deeply informed by the history of the First Nations Peoples.

THE EXPERIENTIAL JOURNEY:

Act I: The Evolutionary Wheel Masterclass: A space-limited multimedia presentation held inside an intimate, sacred ceremonial lodge. Discover how ancient landscape geometry applies directly to modern ecological healing.

Act II: The Sacred Mature Forest Journey: A quick 10-minute drive leads participants into a private, restricted-access mature Cedar-Fir Forest with a maintained trail, for a deeply immersive, guided communal ritual-walk with a guided drum.

Act III: The Dance of the Forest Queen with Communal Dance-Movement & Sounding (Circle Dance around Grandmother Cedar): Experience a live Ritual Dance Performance and collective Prayer for our NW Cedar-Fir Forests, River-Salmon waterways/inter-related ecosystems, and Honoring of First Nations Peoples.

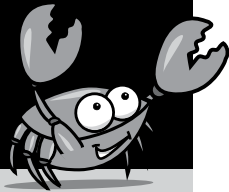
EVENT LINK : <https://www.7phases.org/DespairtoRepair>

When: Saturday, October 24th OR Sunday, October 25th, from 2:00 PM to 6:00 PM
(please select one date only when requesting your invitation).

Where: Exact ceremonial lodge address provided upon registration.

No admission fee: this Gathering is offered purely in reciprocal relationship with the Land, aligned with Peace, Love, & Healing.

Calendar of Events



DID YOU KNOW?

Red Solo cups are a common souvenir to bring back from the United States. The novelty comes from the cups being used in many party scenes in movies.

SATURDAY, OCTOBER 17

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Volleyball vs Archbishop Murphy.

SATURDAY, OCTOBER 17

CASSANDRA MAY & JAMES - LIVE MUSIC

7:00–9:00 PM at Conway's Pub and Eatery.

SATURDAY, OCTOBER 17

CASCADE CODY & THE WARSHINGTON APPLES

8 PM - Arcadian Public House, 18444 Spruce Street, Conway. It will be a night of original songs from the heart. Tickets: \$10 ADV & DOS
Doors: 7 PM Show: 8 PM 21 and over only.

SATURDAY, OCTOBER 17

CABAM! CAMANO AREA BLUEGRASS JAM + DINNER + OPEN MIC

at the South Camano Grange. 3:00 pm - Bluegrass Jam - Free admission (Donations appreciated to help keep the lights on!). 5:30 pm - Dinner (Optional - \$ Donation, proceeds to South Camano Grange). 6:15-ish pm - Open Mic (sign up before dinner!) Free admission. Come and join the Jam & enjoy some smokin' bluegrass at the South Camano Grange. Old timers and newbies alike, as well as an audience of listeners, get on down here!

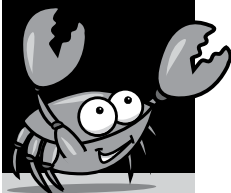
SATURDAY, OCTOBER 17

FALL HARVEST BAZAAR



10am-2pm at Fir Conway Lutheran Church, 18101 Fir Island Rd, Conway. We will have our raffle baskets, baked goods, lefse, gifts and art in addition to our locally grown produce, a baked potato bar, pie, and refreshments. This will be in our Fellowship Hall below our refreshed sanctuary, so if you haven't been upstairs to see our newly replastered worship space, please have a look around. The event is free to attend.

Calendar of Events



DID YOU KNOW?

Employees at MillerCoors get three free cases of beer each month, in addition to having access to beer and cider on location after a workday.

SATURDAY, OCTOBER 17

THE STANWOOD LIBRARY COMMUNITY BOOK FAIR



Noon-4pm at the Stanwood Cinemas Pavilion. Browse gently used books, peruse local vendors, and enjoy family-friendly entertainment (magician Jeff Evans show at 2:30pm).

SATURDAY, OCTOBER 17

GROUP ART SHOW OPENING



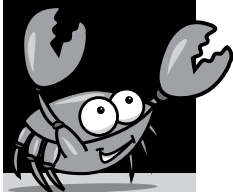
Matzke Fine Art Gallery & Sculpture Park presents the "Puget Sound Group of NW Artist". A group show with 37 artists. Public Opening Reception tonight from 4pm-7pm, 2345 Blanche Way, Camano Island. The show continues through November 15th.

SATURDAY, OCTOBER 17

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$100 and \$200 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

Calendar of Events



DID YOU KNOW?

The highest recorded fall without a parachute happened in 1972 at 33,333 ft. The victim, Vesna Vulović, was in the hospital for 16 months after the fall.

SATURDAY, OCTOBER 17 HARVEST 5K FUN RUN



9am-11:30am. Get ready to run, walk, or strut your stuff. Wear your favorite fall or Halloween costume (optional but highly encouraged!) and enjoy a festive morning at the beautiful Port Susan Bay Preserve. Whether you're chasing a personal best, strolling with friends, or bringing your four-legged running buddy (dogs on leashes welcome!), this event is all about community, fun, and a little friendly competition. Location: Port Susan Bay Preserve – Start at Hamilton Landing Park, 26810 98th Ave NW, Stanwood. 9:00 AM – Registration opens. Registration: \$30 (Prior to October 1st - \$25). Kids 10 & under: FREE. 10:00 AM – Race starts. 11:30 AM – Awards Ceremony — prizes for top finishers & medals for ALL participants!

SATURDAY, OCTOBER 17

FREE MOVIE SCREENING - THE PLASTIC DETOX

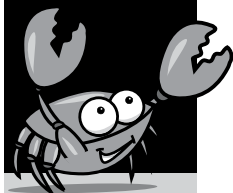
10:30 - 12:30 at Camano Island Library, join WSU Island County Extension and special guest, Heather Trim of Zero Waste Washington, for a free screening followed by a short discussion of "The Plastic Detox." This eye-opening new @netflix documentary explains what micro-plastics and their chemicals are doing to our health and how we can take matters into our own hands. You'll never look at plastic the same again! More info at <https://extension.wsu.edu/island> Recommended for ages 17+

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Calendar of Events



SATURDAY, OCTOBER 17

STANWOOD HIGH SCHOOL ATHLETIC HALL OF FAME BANQUET



Join us as we celebrate the Stanwood High School Athletic Hall of Fame Class of 2026 and recognize the athletes, coaches, teams, contributors, and community supporters who helped shape the proud tradition of Spartan athletics. This year's inductees are Ty Cresap, Cherae Walker, Zack Johnson, Roxanne Eidsness, Steve Rasmussen, Kaitlin Larson, coach Zach Ward, the 1992 softball team, the 2016-17 boys basketball team, Ramona Snowden, Doreen Schmitt, Sheryl Wark, and the Taylor, Lenz and Murphy family. Seating is limited for the catered event, and tickets are selling quickly.

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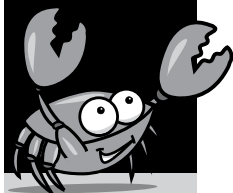
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Calendar of Events



DID YOU KNOW?

Scotland was one of the few countries able to hold off being conquered by the Romans in the first century A.D.

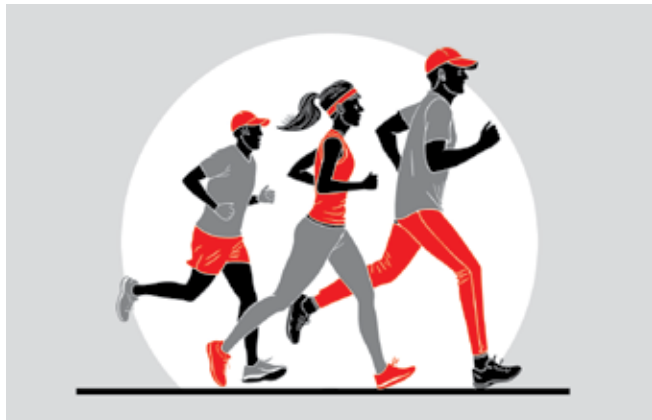
SUNDAY, OCTOBER 18

BUNCO FOR BOSCOVET

2-4pm at Our Saviour's Lutheran Church, 27201 99th Ave NW, Stanwood. \$10 per person. All proceeds will go to support the Boscovet Mission To sign up: www.oursaviourschurch.org/connect?ei=VZZ3C6J

SUNDAY, OCTOBER 18

3RD ANNUAL RED AND GRAY



Event by SHS 2027 Grad Night. 9am at Stanwood High School softball field. Lace up, Spartan family! Grad Night 2027 presents the 3rd Annual Red and Grey 5K — a community fun run/walk for all ages, right here at Stanwood High. This is a community event — walkers, runners, strollers, and four-legged friends all welcome! Every entry helps send the Class of 2027 off with an unforgettable, safe Grad Night celebration. Adults \$25, Students \$20, 6 and under are free. Email shs-gradnight27@gmail.com to register.

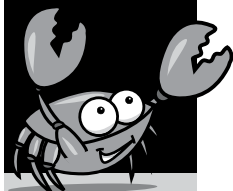
MONDAY, OCTOBER 19

HOT TAKE - TEEN "HEAR ME OUT" NIGHT

What's your hot take? Come join the shenanigans. Make a slide, take the floor, get on your soap box, and say your piece. 4-5:30pm at the Stanwood YMCA Teen Center. Cost: FREE. Sign up at the Teen Center. Email powerpoint slide to sleonardo@ymca-snoco.org.



Calendar of Events



DID YOU KNOW?

Samsung means “three stars” in Korean. This was chosen by the founder because he wanted the company to be powerful and everlasting, like stars in the sky.

MONDAY, OCTOBER 19

STANWOOD HIGH SCHOOL SPORTS

C Team Girls Soccer vs Mount Vernon. 4pm.

TUESDAY, OCTOBER 20

NO-BAKE HALLOWEEN TREAT MAKING FOR TEENS

2:30pm–4:30pm at the Stanwood Library. Try your hand at making your very own no-bake Halloween treat! These spooky snacks will be just what you need to get in the spirit of Halloween. This informal program is designed for teens and tweens ages 11 to 17. All materials will be provided. Drop in any time between 2:30 pm and 4:30 pm, recharge, and create a delicious snack.

TUESDAY, OCTOBER 20

STAY AND PLAY

10:30am–11:30am at the Stanwood Library. An opportunity for children, birth to kindergarten, and their caregivers to come play with fun and educational toys provided by the library. Engage in in-person play, socialize with others, and reconnect with the library.

TUESDAY, OCTOBER 20

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Swimming vs Everett. 3pm at YMCA.

Girls Soccer vs Snohomish. JV: 5pm. Varsity: 7pm.

TUESDAY, OCTOBER 20

BRING YOUR BOO! A COZY NIGHT IN STUDIO

HOTWORX Stanwood 3–6pm. Experience pop up vendors, boo baskets, healthy treats, cider, Infrared Studio tours and MORE!

WEDNESDAY, OCTOBER 21

LITTLE SCIENCE LAB WITH IMAGINE CHILDREN'S MUSEUM

9:30am–10:15am at the Stanwood Library and 11am–11:30am at the Camano Island Library. Little Science Lab is here! This hands-on, interactive program for preschoolers and their caring adults encourages children's curiosity about the natural world and develops early science and math skills to get them ready for school. Educators from Imagine Children's Museum deliver Little Science Lab weekly at our library every Wednesday at 9:30am. For ages 3–5.

WEDNESDAY, OCTOBER 21

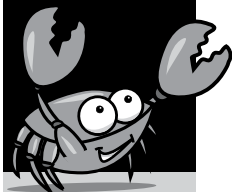
STANWOOD HIGH SCHOOL SPORTS

C Team Girls Soccer vs Arlington. 4pm.

Girls Volleyball vs Monroe. C Team and JV: 5:15pm. Varsity: 7pm.

C Team Boys Football vs Archbishop Murphy. 6pm.

Calendar of Events



DID YOU KNOW?

In South Dakota, you can get a driver's permit at age 14 with parental consent. Once you turn 16, you can get your license.

WEDNESDAY, OCTOBER 21

CAMANO ISLAND: A YEAR-ROUND HAVEN FOR BIRDS



You're creating wildlife habitat and have new birds visiting you. Would you like to identify them or improve your ID skills? Join long-time birder and photographer, Joe Meche, as he showcase the birds of Camano Island, according to the four seasons, from spring through winter, including migratory and resident species. Meche will also be bringing a few of his nest boxes for sale. Cash preferred, please. This community program is 7 p.m. at the Island County Multi-Purpose Center, 141 East Camano Drive.

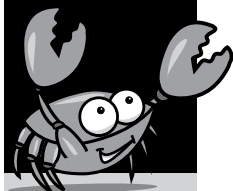
THURSDAY, OCTOBER 22

CAMANO RIDGE TRAIL RUN

Event by SC Runners - Stanwood Camano Runners. Join us at Camano Ridge at 6pm. At 6:10pm we'll walk, jog, or fly through the trails at whatever pace you choose. One loop is 3 miles. Everyone is welcome, including dogs on leash. Parking at trailhead. Directions: Turn left onto Camano Ridge Road and continue for approximately 1 mile. The entrance to the trailhead and parking lot is on your left and easy to miss. It is a gravel road right before Camano Ridge Road goes from a straightaway into a set of curves. If you enter the curves, you have gone too far. Trailhead info sign can be seen from the road, but is easy to miss.



Calendar of Events



DID YOU KNOW?

The Black Death killed so many people in the 14th century that the world population did not recover to pre-plague levels until the 17th century.

THURSDAY, OCTOBER 22

STANWOOD HIGH SCHOOL SPORTS

Varsity Girls Swimming vs Monroe. 3pm at YMCA.

THURSDAY, OCTOBER 22

HIGH SCHOOL MATH TUTORING & PIZZA NIGHT!

Looking for a little extra boost in math? Members of the Stanwood High School Math Help Club are visiting our school to offer free peer tutoring to all grade levels! Whether your student needs help with daily homework, wants extra practice on tricky concepts, or needs to prep using study guides for upcoming tests, this is a fantastic opportunity to get work done, hang out, and learn from high school mentors. When: After School. Who: Open to all students. Bonus: Pizza will be provided! We encourage all interested students to check in with their math teachers beforehand to ask for specific topics, worksheets, or study guides they can bring to work on during the session.

THURSDAY, OCTOBER 22

DISCOVER YOUR ANCESTRY!

6:30pm-7:30pm – October is National Family History Month, so come to this presentation and learn how to climb your family tree. Join us at your local FamilySearch Center, 795 Ell Rd., Camano Island. Q/A and one-on-one help available afterwards. No fees, no pre-registration. Need more info? Email us at: camano@familyhistorymail.org.

THURSDAY, OCTOBER 22

NOW YOU'VE GOT THE CHILLS! SPOOKY STORIES FOR BRAVE KIDS

4-5pm Online event. Get ready for shivers, giggles, and just the right amount of goosebumps! In this lively online storytelling show, Rachel Ann shares spooky (but not too scary!) tales filled with mysterious happenings, clever heroes, and just enough suspense to keep everyone on the edge of their seats. Registration is required to receive a reminder email with the Zoom link 24 hours before the event begins. Register at <https://sno-isle.bibliocommons.com/v2/events/69e940d22866a5b4884a44c5>



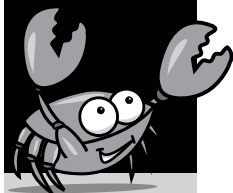
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- Generators
- Emergency Services
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- Whole Home Rewiring

Calendar of Events



FRIDAY, OCTOBER 23
MOVIE NIGHT



6pm at Sons of Norway Hall, 9910 270th St NW, Stanwood. Movie: The documentary film "Restauration - In the Wake of the Emigrants". In the summer of 1825, the sailing vessel Restauration left Stavanger with 52 hopeful passengers on their way to a new life in America. The journey marked the beginning of the great Norwegian emigration. Two hundred years later, the ship once again sets course for North America. During the voyage, the crossing is filmed to recreate the journey and the story.

Early Country Christmas Bazaar

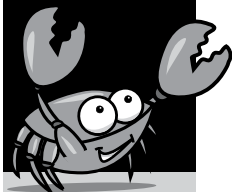
Peace Lutheran Church
1717 Larson Road, Silvana

Homemade Lunch (Soup, Salad, Roll, Pie)
Lefse (no limit)
Rommegrot and Flatbread
'Wish Upon' Quilt Raffle
Crafts and Harvest
Baked Goods
Used Treasures
Gift Card Tree
Silent Auction
Vaffler

11/07/2026
10-2pm

For more info:
360-652-8739
Follow us on

Calendar of Events



DID YOU KNOW?

Berries are simple fruits stemming from one flower. This means that pineapples, bananas, watermelons, pumpkins, and avocados are berries.

FRIDAY, OCTOBER 23

POWERHOUSE

7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. This "Cream of the Crop" collection of northwest musicians is one of the most interesting acts you'll see. They play everything from killin' Rhythm and Blues, Rock, Blues, Soul and Jazz.

FRIDAY, OCTOBER 23

FAMILY ART NIGHT: HALLOWEEN EDITION

6:30pm-8:30pm at the Stanwood Library. Bring the whole family to the library for an all-ages, after-hours evening of Halloween-themed collaborative art with The Meyer Art Center (formerly SCAAC). Drop in any time between 6:30 and 8pm. The library will close for the day at 6:00pm and we'll open the Meeting Room door at 6:30pm.

FRIDAY, OCTOBER 23

TRUNK OR TREAT



6-7pm at Cedarhome Elementary School.

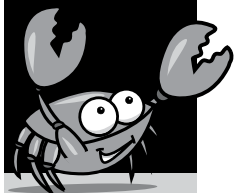
FRIDAY, OCTOBER 23

NIGHT OF A THOUSAND PUMPKINS



5 pm to 8 pm at St. Aidan's Episcopal Church, Camano Island. We will be hosting A Night of a Thousand Pumpkins. (Ok, actually about 200 pumpkins). This is a Fun, Family-friendly night filled with Pumpkin carving, Walking Tacos, Candy and other activities! Also, watch for the humorous messages on our reader board!!!

Calendar of Events



DID YOU KNOW?

Birds are the closest living relatives of crocodilians, as well as the descendants of extinct dinosaurs with feathers. This makes them the only surviving dinosaurs.

FRIDAY-SATURDAY, OCTOBER 23-24

PNW LORE AND GORE

7-10pm at the Stanwood Fairgrounds. Event by Terror for a Cause - Stanwood's Haunted Experience. The Pacific Northwest is beautiful—but some stories are better left buried beneath the fog and evergreens. Step into the legends, tragedies, and terrors that have haunted our corner of the world for generations. This year's haunted experience takes you outside and into the elements. Portions of the haunt are covered, but this is an outdoor experience, so dress for the weather and wear appropriate shoes. Come any time between 7 pm - 8:15 pm or 8:30 pm - 10 pm. Tickets: www.terrorforacause.com/

SATURDAY, OCTOBER 24

TEEN/TWEEN AFTER HOURS SPECIAL EVENT

6-8pm at the Camano Island Library. Join us for a screaming good time! Costume Contest: Wear a costume based on a wordplay joke or pun. There will be prizes! Skull Painting: Decorate a skull using our vast collection of craft supplies! Library Mini-Golf: Play a round of miniature golf on a course set up throughout the stacks! Pizza: Free pizza, snacks, and drinks!

SATURDAY, OCTOBER 24

STOMPING GROUND

7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. Come hang out while this talented band brings great energy, good vibes, and all your favorite hits. Perfect night for drinks, food, and music.

SATURDAY, OCTOBER 24

PUMPKINS IN THE POOL



Come swim with pumpkins during a 60-minute open swim. Then pick your favorite pumpkin to take home! 2-3pm or 3:30-4:30pm at Stanwood YMCA. Free and open to the community. Registration is required. www.ymca-snoco.org.

SATURDAY, OCTOBER 24

CHARLIE PARTON— LIVE MUSIC

7:00–9:00 PM at Conway's Pub and Eatery.



SAVE CAMA BEACH CABINS

Do you miss having the cabins open and seeing visitors excited about the park, Camano Island, and Stanwood? Does your business miss the income from tourists? Does your family miss the fun educational events at the park? There is a new group forming to reopen the cabins.

Save Cama Beach Cabins group is asking the Washington State Legislature for funding to repair the septic and water systems so the cabins can be used again. A website with more information will be available soon. They need your help to contact the Governor and your State Legislators to urge their support for this effort so the Cama Beach cabins can be reopened for all of us.

Governor's office: 360-902-4111
Representative Clyde Shavers: 360-786-7884
Representative Dave Paul: 360-786-7914
Senator Ron Muzzall: 360-786-7618

Thank you for your help! Watch the Crab Cracker and/or go to our website for more info.

SaveCamaBeachCabins.org / info@savecamabeachcabins.org





CAMANO ARTS ASSOCIATION'S
GATEWAY GALLERY
PRESENTS

A Pop-Up Show

Autumn Transitions

Celebrating & Showcasing some of our
AMAZING Gateway Gallery Volunteers

Artist's Reception:
Saturday, October 3rd, 2-4pm
Show Dates: Oct. 2 - Nov. 1

Colleen Norgard "Maple Fire" Acrylic



Stay at 'The Ranchette'

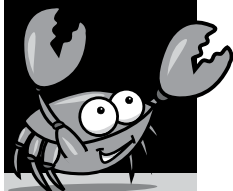
Book a cozy holiday getaway at The Ranchette, a unique silo stay on Camano Island at Arrowhead Ranch.



615 Arrowhead Rd.
Camano Island, WA



Calendar of Events



**IF WE DON'T
KNOW
ABOUT IT,
WE CAN'T
PRINT IT.**

Send your info
and/or images
to: thecrab
@thecrabcrack-
er.com

SATURDAY, OCTOBER 24

MEGA-DEATH PUTT

at Kayak Point Disc Golf Resort, 7703 150th PI NW, Stanwood. Sponsored by Dick's Drive-In. Unsanctioned Singles Tournament 2 rounds pitch and putt course. 2nd round safari layout. Shotgun start. Pick your starting hole. Player pac disc, ace pot, raffle, drink specials, costume contest. Register at <https://www.discgolfscene.com/>

SATURDAY, OCTOBER 24

FAMILY BINGO

at the American Legion Hall ON CAMANO ISLAND, 609 W. Camano Drive. "Camano Island American Legion Bingo is pushing it up... Now with \$100 and \$200 blackout jackpots!" Doors open at 4:30 P.M. and Bingo starts at 6pm. Snacks and beverages available.

SATURDAY, OCTOBER 24

COMMUNITY OPEN HOUSE DAY

7am-5pm. Event by Stanwood-Camano YMCA. Looking for something fun to do with the family? Come check out the Stanwood-Camano YMCA and see just how much the Y has to offer! We're opening our doors FREE to the community for the day — come for a workout, bring the kids, try a class, take a swim, make some crafts, or just come hang out and see what we're all about! You can come for an hour, stay for a few hours, or make a whole day of it!

SATURDAY, OCTOBER 24

COSTUME BOO-LING

Back by popular demand, PFLAG will be hosting Costume Boo-ling at Twin City Lanes 12:30-2:30pm. We have rented out the entire venue to provide a safe and fun place for all to come enjoy the spooky season. This year, the theme is INFLATABLES! Ever tried to bowl in an inflatable costume? Us either, but how funny would it be? So wear your inflatable if you have one. There will be prizes for the best costume youth under 10, youth 10-18, and adult.

SATURDAY, OCTOBER 24

AMPLIFY CONCERT

6-9pm at Community Resource Center, 9612 271st St NW, Stanwood.

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Jim Fay, Owner, Arborist

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VOTE YES

Keep People, Pets and Property Safe

Why a Yes vote? Today we face:

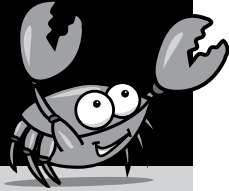
- Drier, more dangerous wildfire conditions
- Limited evacuation options
- Frightened wildlife and pets
- Trauma for PTSD sufferers
- Rising insurance costs
- Increased pollution from fireworks tourism
- Strained emergency services

A YES vote tells Island County commissioners you support banning the use of consumer fireworks *while preserving professionally managed public celebrations*. Celebrate without putting your neighbors at risk.



Paid for by the Safe and Humane Fireworks Campaign
P.O. Box 532 Freeland WA 98249

Calendar of Events



DID YOU KNOW?

The world's first motel is in San Luis Obispo, which was built in 1925. When opened, it cost \$1.25 for a two-room bungalow with a kitchen and a private adjoining garage.

SATURDAY, OCTOBER 24

HALLOWEEN SOCIAL AND PUMPKIN CARVING CONTEST



5pm-7pm at Warm Beach Community Association, 19016 94th Dr. NW, Stanwood. Come dressed in your Halloween costume, and bring your carved pumpkin to show off your creativity in our pumpkin carving contest. While you're there warm up with chili, soup, cornbread, and warm drinks. Bring your friends and family!

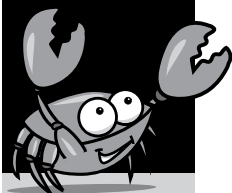
SATURDAY, OCTOBER 24

STANWOOD HARVEST FESTIVAL



Event by PAC NW Artisans. Come celebrate fall with us at the Floyd Norgaard Cultural Center in Stanwood! 10am-4pm at 27130 102nd Ave NW, Stanwood. Enjoy a festive day filled with food trucks, delicious baked goods, local artisans, and plenty of fall fun! Bring your friends and family, support local vendors, and enjoy a wonderful autumn day in the community.

Calendar of Events



DID YOU KNOW?

Jack Daniel (the founder of the whiskey) died from kicking a safe. When he kicked it, he broke his toe, which got infected. He eventually died from blood poisoning.

SATURDAY, OCTOBER 24

14TH ANNUAL NORDIC FAIR



10:00 am - 3:00 pm at the Stanwood Fairgrounds. Enjoy a day filled with Nordic cultural traditions. Lefse and Krumkake demonstrations and taste samples. Bakery featuring traditional Scandinavian treats. Vendors offering Scandinavian crafts. Lunch (prepared by the ladies of Ingeborg Lodge) split pea soup, sandwiches, pie, apple cake, rommegrot, fruit soup, coffee. Unique Scandinavian adventure close to home. No admittance fee. More info: (206) 920-4549.

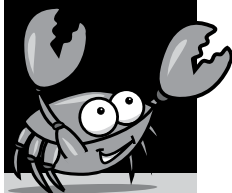
SUNDAY, OCTOBER 25

OSLC HARVEST FESTIVAL



4-7pm at Our Saviour's Lutheran Church, 27201 99th Ave NW, Stanwood. Celebrate the season with an afternoon of fun, food, and fellowship! Bring your family, invite your friends and neighbors, and join us for a FREE community event. Everyone is welcome! Whether you're joining in the games, getting creative with crafts, or enjoying food and conversation, we look forward to spending time together and celebrating the bounty of the season! More info: 360-629-3767.

Calendar of Events



SUNDAY, OCTOBER 25

MINNIE PEARL PORTRAYED BY DEBBIE DIMITRE



2pm at the Camano City Schoolhouse. \$15 per person. In this unique presentation, you will not only hear the life story and reminiscences of Sarah Ophelia Colley Cannon, but will also have the opportunity to enjoy some of the favorite jokes and stories of Ophie's alter ego, Country Comedienne Minnie Pearl! Seating is limited! 993 Orchid Rd (just off Chapman Rd), Camano Island. Tickets can be purchased at www.camanoschoolhouse.org



Our Mission is to Promote YOU!

Looking to connect with your community without spending a dime?

An ever-growing number of people are turning to The Crab Cracker Community Magazine, a local publication dedicated to offering free information and event listings with every issue. This magazine makes it easy to explore what's happening in our community. Best of all, it's completely free. You can advertise and promote yourself and/or your event within our magazine.... **AT NO CHARGE!*** Contact us with your details and we will get your information out into the community.

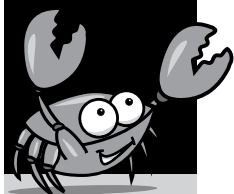
We are here to help you make the most of where you live.

THE
CRAB CRACKER
COMMUNITY MAGAZINE

425-299-7893 / thecrab@thecrabcracker.com

**Some exceptions apply. Contact us for more details.*

Calendar of Events



DID YOU KNOW?

Owners of personalized license plates in Uganda are facing a tax increase of over 300%, which will raise the tax from \$1,498 to \$5,992.

SUNDAY, OCTOBER 25 TREATS AND TRAILS



at Camp Killoqua, 15207 E Lake Goodwin Rd, Stanwood. Join us for a fun afternoon of trick-or-treating in the woods at Camp Killoqua! FREE community event! Come anytime between 2 and 5pm, wear your favorite costume, and wander the trails of Camp Killoqua! Along the way, you'll visit decorated cabins and collect treats while enjoying a little Halloween magic in the woods. We ask each family to bring a few canned or non-perishable food items to donate to our local food bank. Free parking at Camp Killoqua is limited. Additional paid parking is available at the county park across the street. Bring your costumes, your trick-or-treat bags, and your Halloween spirit.

MONDAY, OCTOBER 26 STANWOOD HIGH SCHOOL SPORTS

JV Boys Football vs Mount Vernon. 6pm.

TUESDAY, OCTOBER 27

TRUNK OR TREAT

5-6:30pm at Twin City Elementary School.

TUESDAY, OCTOBER 27

STAY AND PLAY

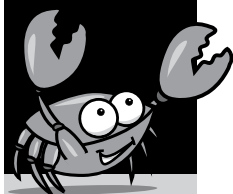
10:30am–11:30am at the Stanwood Library. An opportunity for children, birth to kindergarten, and their caregivers to come play with fun and educational toys provided by the library. Engage in in-person play, socialize with others, and reconnect with the library. Drop in anytime during this event.

TUESDAY, OCTOBER 27

TEEN CHILL & RECHARGE

2:30pm–4:30pm at the Stanwood Library. Make a spooky, fun, or downright weird Halloween accessory or mask out of random craft supplies. This informal program is designed for teens and tweens ages 10 to 17. All materials will be provided. Drop in any time, recharge, and create something amazing.

Calendar of Events



DID YOU KNOW?

IKEA is an acronym that stands for Ingvar Kamprad Elmtaryd Agunnaryd, which is the founder's name, the farm where he grew up, and his hometown.

TUESDAY, OCTOBER 27

THE INFLAMMATION RESET

6-8pm Stanwood Library free event, How Infrared+Lymphatic Drainage Quiet Chronic Pain. learn self care routines and science of infrared to support healthy lymphatic system

WEDNESDAY, OCTOBER 28

LITTLE SCIENCE LAB WITH IMAGINE CHILDREN'S MUSEUM

9:30am-10:15am at the Stanwood Library or 11am-11:30am at the Camano Island Library. This hands-on, interactive program for pre-schoolers and their caring adults encourages children's curiosity about the natural world and develops early science and math skills to get them ready for school. For ages 3-5.

WEDNESDAY, OCTOBER 28

DIGITAL GAMING EVENT

Cascadia Clubhouse welcomes Willow Place and their Road Show Innovative Lab for a day of digital gaming at Lincoln Hill Retirement Community, 7430 276th St NW, Stanwood. Featuring hands-on tech and community connection. Willow Place and Cascadia Clubhouse provide supportive, adaptive recreation for adults with disabilities in Snohomish County.

WEDNESDAY, OCTOBER 28

MINDFUL REFLECTION THROUGH ART

4-6pm at the Camano Island Library. Designed for participant's individualized expression through mindful reflection using the teacher's guided & uniquely created art modality of combining images with words to navigate and release emotions, stress, anxiety, trauma and/or personal challenges while visually bringing forth renewed changes and desired outcomes. All Levels: Beginning to advanced Artists, Writers, & Internal Explorers! Registration at SCAACwa.org/ classes

WEDNESDAY, OCTOBER 28

CONNECT OVER COFFEE

An informal gathering open to Everyone where we regularly meet to share perspectives and explore ideas that spark positive change within ourselves and our communities. 1-3pm at the Camano Island Library Community room. Hosted by Baha'is in Skagit and Island Counties, who believe in the oneness of humanity and strive to build unified, vibrant communities that promote spiritual and material well-being.

THURSDAY, OCTOBER 29

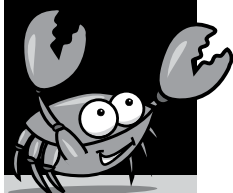
ROBBIE DEE'S TRIBUTE TO ELVIS

7-11pm at Pub 282, 370 NE Camano Dr #6, Camano. Robbie is known for his powerful vocal renditions of Elvis' hits and his charming smile. He enjoys and performs songs from Elvis' entire career.

THURSDAY, OCTOBER 29

FALL CHOIR CONCERT

7-8pm at SHS Performing Arts Centre.



DID YOU KNOW?

Although there is currently no drug proven to make someone tell the truth, some countries like Russia, Canada, and India use truth serums.

PAPER PUMPKINS

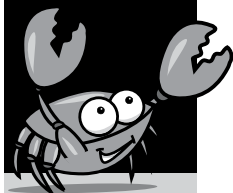
Make adorable paper pumpkins from strips of card stock or construction paper. This is a fun, quick Halloween craft for kids or adults that doubles as holiday decor.



Supplies: Paper: one sheet of 8.5×11 card stock or 9×12 construction paper for the smaller pumpkin, one sheet of 12×12 card stock for the larger pumpkin (please note that construction paper does not work quite as well for the larger pumpkin); Paper Trimmer; Glue Stick; Green Pipe Cleaner; Hole Punch; Scrap of brown paper (optional, to make a stem)

To begin, cut your paper strips. For a small pumpkin (about 4 inches in diameter) you will need 4 strips that are 1 inch wide by 11 or 12 inches long. To make a larger pumpkin (about 6 inches), you will need 8 strips that are 1.5 inches wide by 9 inches long. **Glue Strips Together.** For the smaller pumpkin, glue two strips together in the middle, creating a plus shape as seen below. Then glue on each of the two other strips at a diagonal. The paper strips should be evenly spaced like spokes on a wheel. For a larger pumpkin, you will glue each of the eight strips together at one end, spiraling them out. **Punch Holes.** Use a hole punch to punch a hole at the end of each paper strip. Leave about a quarter of an inch between the end of the strip and the hole. **Prep the Pipe Cleaner.** Fold a green pipe cleaner in half and twist it about half an inch from the fold to make a loop. Then flatten out the loop. **Assemble the Pumpkin.** It's time to turn the paper strips into a pumpkin! Beginning with the top strip, thread the pipe cleaner through the holes on each end of the strip. The turns the strip into a loop. Next, you'll continue by bringing up the ends of the next strip and threading them onto the pipe cleaner as well. Repeat with the last two strips to make a pumpkin shape. Twist the pipe cleaner and create another small loop to secure the strips. Curl the rest of the pipe cleaner around a pencil or your finger. For the larger pumpkin, use the same process, but start with the strip that's on the bottom and work your way around the "wheel" adding each strip in turn. If you'd like, you can twist a scrap of brown paper to create a stem. Glue it to the pipe cleaner or to the pumpkin itself.

Fun and Crafts



DID YOU KNOW?

Chewing gum boosts mental proficiency and is considered a better test aid than caffeine – but nobody knows why.

BLACK CAT PAPER CRAFT



We do love a good halloween craft for kids to make, well and one that grown ups can enjoy too. You can make these with regular print paper or use construction paper. If you will be using regular print paper, we do recommend you glue the cat onto another piece of paper (make a stand) as it won't be standing on it's own – well at least not for long. A cat made out of construction paper will be able to stand on it's own.

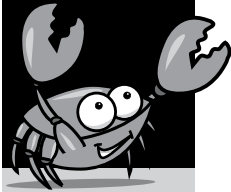
What you need: black paper (construction paper or a sheet of regular black print paper, but if you choose the later you will also need to make a paper base to glue the cat on for it to stand); pink paper for the nose; yellow paper for the eyes; black marker; glue; scissors.

You could also make a tabby, white kitty, black and white cat... Rainbow cat even!

Fold the sheet of black paper. You can fold it in half or as we did (in half ish). Cut any "excess" and put aside, we will use this part to make some body parts. If you folded your paper in half, you won't have this excess paper, so you will utilise other "extra" paper to make certain body parts. Cut a third of the paper, set aside. No need to be exact when making this. You can always use another sheet of paper. From the larger piece of paper, cut out the U shape (opposite of the fold). From the larger piece of paper, cut out the U shape (opposite of the fold). You can trim it a bit on the edges to make it look nicer (totally optional). Fold the feet so the kitty will be able to stand. Cut the tail. Glue the tail on the body. Cut the head and decorate it. We cut the half circle out of the folded paper (so a circle folded in half). Glue on two ears. And eyes and nose. Glue the head on the body. You're done.

Source: <https://www.easypeasyandfun.com>

Artist of the Week



AURORA COLLINGS / ANGELIC CHAOS ARTS



"My name is Aurora and I am an artist and graphic designer! I do caricatures for parties and events and I used to teach kids art/cartooning classes. Unfortunately the company I worked for lost Non profit status so we lost funding in the area. If anyone has any idea of events or any way I can work with teaching kids [or adults] art again please let me know! I have worked with Stanwood, Utsalady, Twin City, Elger Bay and Lincoln and done events like graduations and anniversaries! I love to bring art to the community" - AC.

Yoga and Pilates
movementarts.com



MOVEMENT ARTS

360-629-9100

Camano Commons



Fir-Conway

Lutheran Church

Fall Harvest Bazaar

October 17, 2026

10 am to 2 pm

Baked Goods - Produce-

Lefse - Gifts -

Baked Potato Bar & Pie

Free Entry - Wheelchair Accessible!



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**Guitar
by Ford**
Ford Giesbrecht

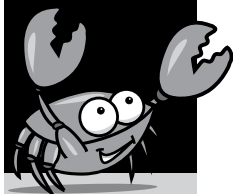
All Ages, Levels & Styles.
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Business Spotlight



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RECOGNIZING TAO AND ACCESSING CHI FLOW

We spend most of our lives distracted, unaware of the currents beneath the surface. We sit in the middle of a massive, invisible energy current that influences us personally and collectively, yet we know little about it. Over forty-six years of teaching T'ai Chi, I've asked workshop participants to name the most important thing in their lives. Not a single person has ever said "breath," yet we take nearly 20,000 breaths a day. Our personal energy is connected to our circumstances. Historically, esoteric energy traditions have been closely guarded secrets, to our collective detriment. We naturally ask how to gain understanding and use this knowledge or if it's just gobble-dygook. All practices begin in the physical world, which is heavy and only marginally aware. With persistence, we can move toward more subtle, invisible energies. As practice grows, life stops feeling random and starts responding to our subtle bodies, vibrations, and desires, without force. I offer a simple way (Tao) to understand the subtle, invisible forces we waste. Practicing with me will strip away myths and mysteries. We'll look at the actual mechanics of how personal energy works: how to stop leaking it, how to gather it quietly, and how to use it to shape our personal and collective reality. We call this energy current "Chi," or the subtle breath of life. Western traditions called it the anima, vital spark, or astral light. Across cultures, people have discovered the same truth through personal experience. Reality is plastic and bends to our intent, desire, and focus. Until commodified, everyone had a direct relationship with this energy, called aether. It's a real resource that can be stored, directed, or depleted, like a bank account. We instinctively avoid overspending money, yet we often hemorrhage our energetic currency on reactive thoughts, friction, and habits, leading to energetic bankruptcy. Andrew, a life-long creative, does visual, movement, and music arts on Camano Island. Through the Creativity Fitness Method™, participants move beyond self-consciousness, engage fully in creativity, and discover new ways to respond to life's challenges. He organizes "Flow" classes called "Tracing the Lotus: The Felt Moment of Immediate Experience," transforming ordinary experiences into unexpected ones. He's also a psychonaut and certified guide. Find examples of his work here: https://www.facebook.com/macurryartist/photos_albums.



**ELECTION DAY
IS NOV. 3!**



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Mary Margaret Haugen
- ✓ Island Co. Commissioner
Janet St. Clair
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Commissioner Helen
Price Johnson
- ✓ Island Co. Commissioner
Melanie Bacon
- ✓ 10th Legislative
District Democrats
- ✓ Island County
Democrats
- ✓ IAFF Local 3438
- ✓ Snohomish & Island
County Labor Council

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Windermere

REAL ESTATE



CAMANO HILLS **\$1,550,000**
Elegant, custom Camano home on $\frac{3}{4}$ private acreage, main floor living and gorgeous views. #2576600



WATERFRONT **\$1,195,000**
Fantastic, updated Camano beach cabin on level waterfront, bulkhead, mooring buoy, views. #2507643



NORTH END **\$2,895,000**
NW Contemporary Luxury Estate on nearly 5 acres located in an exclusive and gated North End community with beach access. #2589169



COUNTRY CLUB **\$1,065,000**
Wonderful 2021 ramblar offering perfect blend of privacy, luxury and peaceful NW living. #2578828



WEST SIDE **\$2,350,000**
Remarkable 5-acre estate where exceptional craftsmanship, privacy, and breathtaking Pacific Northwest views come together. # 2580124



BUENA VISTA **\$1,150,000**
Private north Camano location for beautifully updated home with multi-living levels. #2502420

STANWOOD
7359 267th St. NW, #D
360.629.8233



CAMANO ISLAND
818 N. Sunrise Blvd.
360.387.4663

Visit [WindermereStanwoodCamano.com](https://www.WindermereStanwoodCamano.com) for more information

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Planning for What's Next

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November 3, 2026

5:00-6:30pm

5:00-5:30pm - Social Time

Enjoy wine, beer, light snacks, and conversation.

5:30-6:30pm Presentations

Choose one of the presentations listed below. (Space is limited, pre-registration required, 21+ event.)

CAN YOU AFFORD TO RETIRE?

Note Greenland Financial Advisor, Edward Jones

Take a practical look at your retirement readiness, future expenses, and steps you can take now to prepare.

SMART PLANNING TO AVOID MISTAKES

Jim Dolan, Elder Law Attorney

Learn about key legal and financial decisions that can help protect you, your family, and what you've worked hard to build.

SUPPORTING AGING PARENTS: PLANNING BEFORE A CRISIS

Kelsey Lovik, NWRC

Learn how to start important conversations, find support and resources, and make a plan before an urgent need arises.

One evening.

Three important conversations.

You're planning for your own future—while perhaps helping aging parents navigate theirs or supporting adult children. Join us for an evening designed for adults in their 50s and 60s who are balancing retirement planning, family responsibilities, and decisions about what comes next.

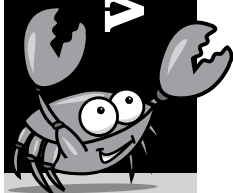
RESERVE YOUR SPOT!

Choose your presentation when you register.



Camano Center ✦ **(360) 387-0222**
606 Arrowhead Road, Camano Island

Moonshine Wisdom & Wit



Story by Jack
Archibald.

For further
moonshine
wisdom and wet
powder wit,
check out the
**SKEETER DADDLE
DIARIES** at
[www.
skeeterdaddle.net](http://www.skeeterdaddle.net)

BARGAINING WITH THE DEVIL

Rev. Ralph, current pastor of the Little Church in the Ravine, preaches mightily against Halloween, a so-called holiday pitting the forces of Satan against all that is righteous and good in this sinful world. Pounding his leatherbound King James at the pulpit, he exhorts his flock to keep the kids home, safe from evil spirits, a cry from the wilderness of the South End, you ask me, given that the sheep have long ago purchases Star Wars or Spiderman or Princess Fairy costumes at the local WalMart. Sure, plenty of ghosts and skeletons too, maybe even a few horned devils, but Rev. Ralph isn't preaching to any choir, no matter how hard he pounds that Bible in a 4/4 rock and roll beat.

Halloween has changed, Reverend. It's a profit machine --- cards, costumes, yard art. And tons of candy. Within hollering distance from the Church in the Little Ravine, lawns sport eight foot tall skeletons, giant jack-o-lanterns, full size zombies, creepy aliens, tombstones and miles of gauzy spider webs, some of it left up all year, a sign, maybe, of the times we live in filled with existential dreads galore.

But for one night of the fright-filled year, the kids can fill their grocery bags and pillowcases with verboten Mars bars, M&M's, Kit Kats, Reese's Peanut Bars, Hershey' Kisses, Skittles and Tootsie Roll Pops, all safely wrapped in child size individual units. Their helicopter parents will be nearby, parked down the block in a Stanwoodopolis suburb, their SUV's ready for transport to the next subdivision.

No, Rev. Ralph, the days when the Draculas and Frankensteins roamed the neighborhoods in packs while their parents stayed home to watch TV are as a dead as the pumpkins soon to rot on porches. Even the tricks are long gone. You think these little Darth Vaders are moving outhouses back a couple of feet or hauling trailers up onto shed roofs? Satan lost that battle long long ago. No more bags of dog poop set on fire at the front door, then ring the doorbell and run like hell.

The only hell now is the dental bill. But nobody sold their soul to Beelzebub. Oh, just a couple of sweet teeth maybe, hardly a bargain with the Devil. Just a deal with Reese's and Hershey's and the candy conglomerates.

For superior local service and proven results, call Tracy Stevens!

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- Outstanding Customer Service
- Serving Camano + Snohomish and Skagit Counties
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425.330.7052 TracyStevensHomes.com Tracy@TracyStevensHomes.com



14th Annual
NORDIC FAIR

Saturday, October 24, 2026

10:00 am - 3:00 pm

Bonnie Sue Cole Hall

Stanwood Camano Fair Grounds

Enjoy a day filled with Nordic cultural traditions

Lefse and Krumkake demonstrations and taste samples

Bakery featuring traditional Scandinavian treats

Vendors offering Scandinavian crafts

Lunch (prepared by the ladies of Ingeborg Lodge)

split pea soup, sandwiches, pie, apple cake,
rommegrot, fruit soup, coffee

Unique Scandinavian adventure close to home

No admittance fee. Plenty of free parking

Sponsored by Ingeborg Lodge #43

Daughters of Norway, Stanwood, WA

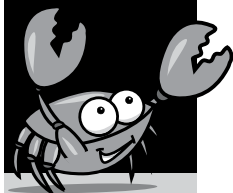
Need more information? Please contact:

Teresa Garrison (206) 920-4549

or visit our Facebook page



Community Information



DID YOU KNOW?

If you ate nothing but rabbit meat, you would die from protein poisoning. This would be a mixture of too much protein and an absence of fat in the diet.

NORTHERN TAURIDS METEOR SHOWER

Next period of activity: October 20th, 2026 to December 10th, 2026. This shower is much like the Southern Taurids, just active a bit later in the year. When the two showers are active simultaneously in late October and early November, there is sometimes a notable increase in the fireball activity. In 2026, there is a waxing crescent moon that will set during the evening hours on November 12. The prime time post midnight hours will be moon free.

PICKING PUMPKINS



Whether for pies, jack-o-lanterns, or decor, there are plenty of local sources: Kristoferson Farm - 332 NE Camano Dr, Camano. (360) 387-5807. Hooligan's Harvest - 25708 95th Ave NW, Stanwood. Arrowhead Ranch - 615 Arrowhead Rd, Camano, (360) 572-1737. Clear Valley Farm - 727 Lakewood Rd., Stanwood/Arlington. (425) 308-4456. Skagit Acres - 18923 Johnson Rd., Suite B, Mount Vernon (Conway). 360-424-6760. Village Roadside Farm, 4206 Village Road, Stanwood, villageroadsidefarm@gmail.com. Vine and Hen has Cinderella pumpkins, sugar pie pumpkins, and jack-o-lantern pumpkins. More info: vineandhencamano@gmail.com. Scarlet Sunrise Farms - 3630 300th St NW, Stanwood. Additionally, you can find pumpkins at the local grocery stores. Note: please call ahead of time to ensure the farms are open, have pumpkins, or if they are sold out.

KIDS COOKING CLUB COOKBOOK

Help us give back, one recipe at a time! The Haggen Kids Cooking Club Cookbook is here, packed with fun, kid-friendly recipes from our Haggen Kids Cooking Club program. Grab a copy at your local Haggen from Oct 7 — Nov 17 and 100% of the proceeds from this cookbook support local organizations that improve access to and the availability of nutritious food. Check out all of our partnering organizations at <https://bit.ly/3Vc4AgH>.

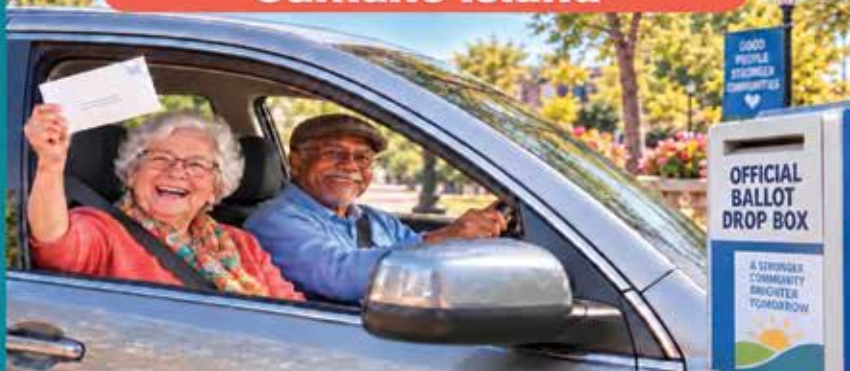
LADY SPARTANS GIRLS LACROSSE - TRY FOR FREE!

Recruiting players grades K-8 from Camano Island, Snohomish County, and Skagit County. November 1, 8, 15, and 22. 3pm-4:30pm at Stanwood High School. Free equipment rental. No experience necessary. Come try lacrosse, meet the team, and see what Lady Spartans is all about. More info: ladyspartansnw@gmail.com.

BALLOT DROP-BOX DRIVERS

Need a ride to deliver your ballot?

Camano Island



We're here to serve our community and our country.



EVERY VOTE MATTERS!

CALL LINDA AND ALAN: 360 770 5205

BALLOT DROP-BOX RIDES

Stanwood, WA

Need a ride to deliver your ballot?



SNOW GOOSE TRANSIT



**ADA
CAPABLE**



October 21, 26, 28 • November 2

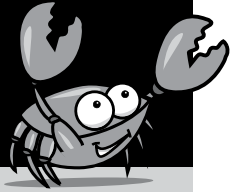
Call for scheduling



EVERY VOTE MATTERS!

(360) 629-7403 ext. 101

Community Information



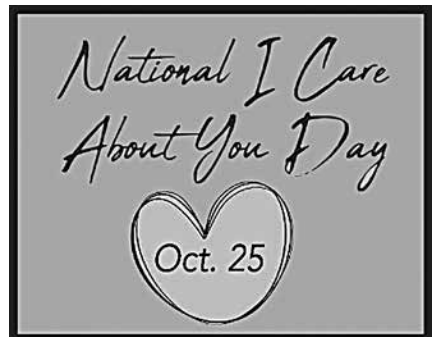
DID YOU KNOW?

Octopuses and squids have beaks. The beak is made of keratin – the same material that a bird's beak and our fingernails are made of.

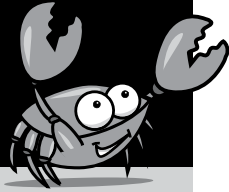
STANWOOD-CAMANO KIWANIS HONORS ISABELLA CHRISTIANSSEN AS STUDENT OF THE MONTH (SEPT.)



The Stanwood-Camano Kiwanis Club has selected sophomore Isabella Christiansen at Stanwood High School as its Student of the Month for September 2026. The Student of the Month award recognizes local high school students who exemplify academic achievement, leadership, service, and character. Isabella is recognized for being a leader in her community. Teachers and staff commend her for her willingness to assist in multiple venues. She is involved in softball, FBLA, basketball, and math tutoring club. Staff indicate that she is seen as being very helpful in all situations! "The Stanwood-Camano Kiwanis Club is proud to recognize outstanding students who are making a difference in our community and in their schools," Stanwood-Camano Kiwanis Club President Clarene Ricarte said. "We look forward to seeing what the future holds for her."



Community Information



DID YOU KNOW?

Bees actually have knees. The expression comes from the fact that they store large build-ups of pollen in hairy baskets on their knees.

STANWOOD-CAMANO KIWANIS HONORS KATE MARICICH AS STUDENT OF THE MONTH (OCT.)



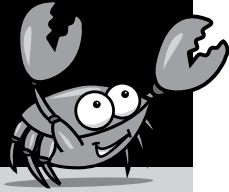
The Stanwood-Camano Kiwanis Club has selected junior Kate Maricich at Stanwood High School as its Student of the Month for October 2026. Kate is recognized for being a leader in her community. Teachers and staff commend her for her leadership role and positive influence wherever she is. She is involved in Link Crew and her church. Staff indicate that she is seen as being very helpful in all situations! Kate acknowledges that she has gained a lot of through the link crew and is grateful for the opportunity to serve.

FULL OF WORDS: A 10-WEEK WOMEN'S WRITING CIRCLE

(Free at the Camano Island Library, Nov 24 - Jan 27). Details here: <https://tinyurl.com/full-of-words-2026>



Community Information



NOTICE: NEW OFFICIAL DRIVE-UP BALLOT DROP BOX IN CAMANO ISLAND

Island County has installed a new Official Drive-Up Ballot Drop Box near the Camano Island Annex (121 N. East Camano Dr.). Located in the same parking lot, it sits just North of the original Ballot Box on the lefthand curb. Key Information for Voters: Both Official Ballot Drop Boxes are open 24 hours a day, from the date ballots are mailed until 8:00 p.m. on Election Day. Walk-Up Option: Park and walk up to the original Ballot Box. Drive-Up Option: Once in the parking lot, turn right and pull up close to the new Ballot Box on the lefthand curb. Traffic Flow: After dropping off your ballot at the drive-up box, continue North past the tennis courts and Multi-Purpose Building to exit at the North end of the parking lot. Voters are encouraged to use either box. Let's Vote!

BASKETBALL FREE PLAY FOR THE COMMUNITY

Every Friday at 795 Ell Rd., Camano. It is indoors and it's not quite a full size court, but it's good enough to have fun. All are welcome."

STANWOOD AREA HISTORICAL SOCIETY MUSEUM EXHIBITS

Open for guided visits and history research 1 - 4 pm Wednesday and Saturdays. Tour the D. O. Pearson House Museum, the Eldridge Center Gallery and Library, the Floyd Norgaard Cultural Center 3rd Floor Exhibits and the Veterans Memorial (Outside). Volunteers welcome! More info: www.sahs-fncc.org.

**RE-ELECT
SHERIFF RICK
FELICI**
ISLAND COUNTY
TRUSTED • PROVEN • COMMITTED

**VOTE BY
NOV 3RD**

- ★ 30+ YEARS LAW ENFORCEMENT
- ★ NAVY VETERAN

SUPPORTED BY:

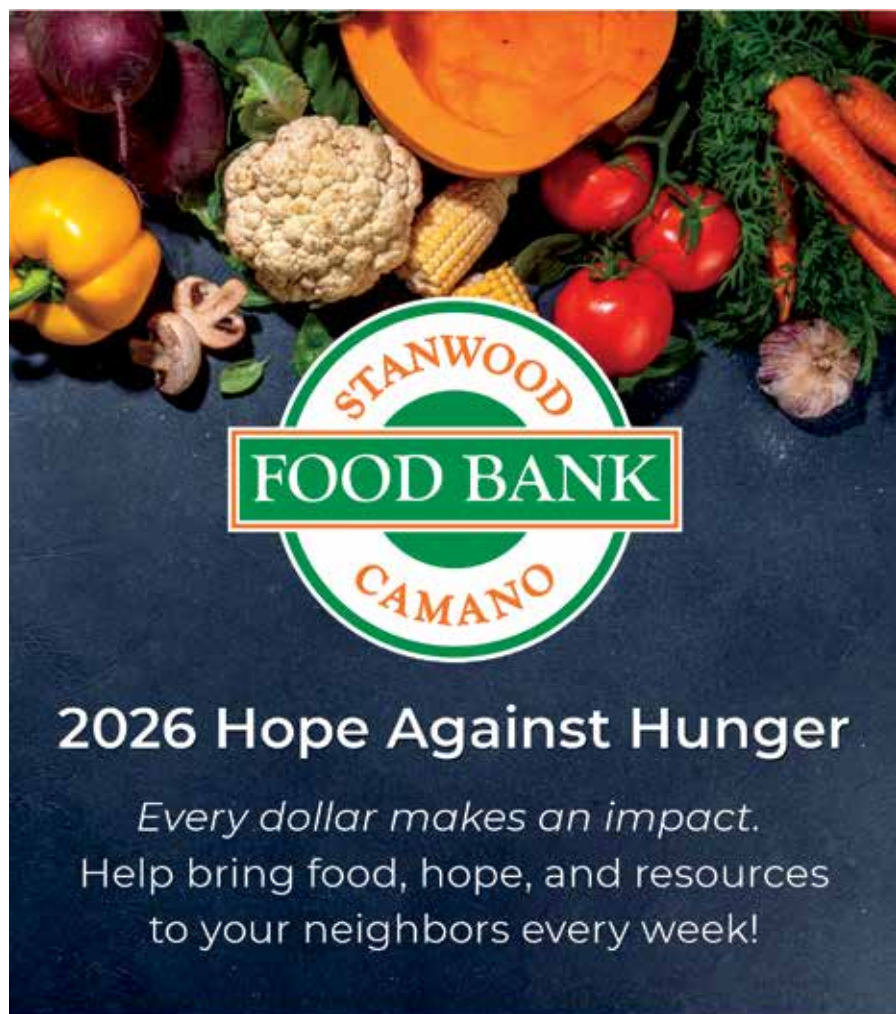
- ★ WA TEAMSTERS JOINT COUNCIL 28
- ★ ISLAND COUNTY DEPUTY SHERIFF'S GUILD
- ★ ISLAND COUNTY CORRECTIONS ASSOCIATION
- ★ ISLAND COUNTY REPUBLICAN PARTY
- ★ INDIVISIBLE WHIDBEY



 www.SheriffRick.com

 Re-Elect Sheriff Rick Felici

Paid for by Retain Rick (I) • PO Box 1292, Coupeville, WA 98239



2026 Hope Against Hunger

Every dollar makes an impact.

Help bring food, hope, and resources
to your neighbors every week!

**Your generosity provides essential support
for children, families, seniors, veterans,
and individuals in our community.**

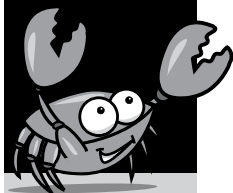
StanwoodCamanoFoodBank.org

360-629-2789

LEARN MORE & DONATE HERE:



Community Information



DID YOU KNOW?

Bookworms are actual insects that bore holes in books. A major book-feeding insect is a paper louse that feeds on microscopic mold in poorly kept books.

SERVING THE COMMUNITY FOR 17 YEARS



The Crab Cracker Community Magazine is now celebrating our 17th year. We printed and distributed our first edition in October, 2009. Thank you community for your support. Without community, there is no connection, and our goal has been to connect us all.

SHOW US YOUR PUMPKINS!

HOTWORX Stanwood all October- show appointment scheduled this year or schedule in person and receive a PRIZE! zero cost/ under insured resources in studio!

ADULT FUTSAL

Futsal is a soccer-based game played on a hardcourt, using the basketball court, Mondays at Camano Chapel. 6pm-8pm, ages 18+. Free!

CO-ED ULTIMATE FRISBEE

Saturdays from 9-11:30am at 7401 272nd St NW, Stanwood. Join us for a fun morning of co-ed pickup games in Stanwood. Whether you're a seasoned player or new to the sport, event is open to all.

TRIVIA, KARAOKE, BINGO, AND GAME NIGHTS

Many of our local businesses offers weekly "events". Following are some of the locations that offer these "events" (that are typically free to participate) on a weekly basis: KARAOKE: Stanwood Hotel and Saloon, Conway's Pub & Eatery, Beauty Bar Salon + Lounge, Low Bar. TRIVIA: SAAL Brewing Company, Rockaway Bar & Grill, Pub 282. BINGO: American Legion Hall (Camano Island), Beauty Bar Salon + Lounge, Pub 282 at 7pm. BOARD GAME DAY: Scattered Deck Games. MAHJONG: Lincoln Hill Retirement Community.

BETWEEN THE WAVES

A grief support group



Thursdays 10/1-11/19.

Join at any time



6:30PM

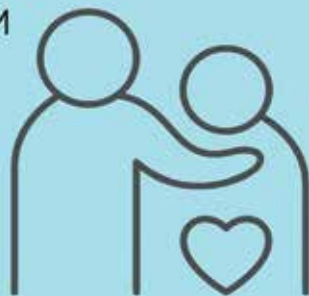


Sound Resilience Health

7359 267th St NW Ste E,
Stanwood, WA 98292



Free



How: Visit our website or call
360-422-9482 to reserve your spot

Grief is the natural physical, emotional, and psychological response to a significant loss. This can be from the loss of a loved one (not always through death), a diagnosis, you can even grieve who you once were. The grief is real no matter the cause!

You don't have to go through this alone. Please join us for Between the Waves. Sit with others going through the same. This is a free group in Stanwood. There is limited seating so please go to our website or call to reserve your spot.

SOUND
RESILIENCE
HEALTH



VISIT US AT
ELECTVANPELT.COM

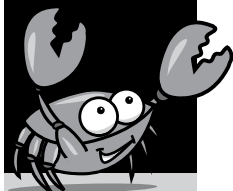
CAMANO ISLAND
— OUR HOME. OUR FUTURE. —

ELECT
MATTHEW
VAN PELT (R)

Island County Commissioner

PAID FOR BY ELECT VAN PELT (R) | PO BOX 10 OAK HARBOR, WA 98227

Intuitive Tarot



*Tarot from the
classic Rider
Waite Smith deck.*

*Discover more at
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com/tiffanyfitz-
patrick](http://buymeacoffee.com/tiffanyfitzpatrick)*

INTUITIVE TAROT WITH TIFFANY



October 16th – October 22nd : the Queen of Pentacles. You've lamented over the seemingly deadened and sunburnt lawn long enough, love, but the obsession and the frustration are souring your temperament, blinding you against the greenery beginning to team with life all around you. Grapes frosted on the vine often make the sweetest wine as the fruits concentrate during their patient wait for picking. And the resources drawn to the surface as the mycelium network communal wellbeing perceptively behind the scenes while we fear the worst for what we've hoped to harvest before the year closes out. But dear ones, Persephone has reclaimed her throne, sending missives from the depths of death with reminders that re-birth need not await the spring. This week's card represents earthly abundance surrounding us in plentiful, if perhaps unexpected appearances. Trust the fated unfoldings while holding your vision and leaning into optimism against all naysayer odds.

October 23rd – October 29th : the Nine of Pentacles. As the veil between realms once again thins and the moon waxes full approaching all Hallow's eve, loved ones passed fly signs and messages meant to reach you personally. And snails hodgepodge your surroundings reminding you that pace is subjective, each life has unique purpose, and the whole of the universe comes together in the most beautiful of designs, merging art, science, and maths. Venus, in her retrograde, is the phoenix reborn of the sun, invoking your introspection upon all matters of worth, love, resource, and that which you believe you deserve to receive at the deepest levels of truth within you. There is a richness at your back, ripe and succulent for the plucking. Will you satiate your desires, allowing yourself the luxury of languid self-prioritisation? Dare to defer toward that for which you salivate, that which stirs the embers of your passion.



NEED A THANKSGIVING MEAL?

EAT

The Y and Tapped Public House have partnered to help families who need a Thanksgiving dinner. This year, Tapped will have 6,000 meals available, serving 1,250 families. Each family-style meal feeds up to four people and comes fully prepared. Meals need to be reheated before eating. Turkey, No pork and Vegetarian options are available.

DETAILS

Meals are delivered or picked up on Thursday, November 26, Thanksgiving Day between Noon to 2 pm at the door of the address entered at registration. Address must be in Everett, Mukilteo, Monroe or Mill Creek school district boundaries for delivery. Pick up available at Marsyville Food Bank for those in North Snohomish County. Registration closes November 22.

"THE STANWOOD-CAMANO SCHOOL DISTRICT HAS NEITHER REVIEWED NOR APPROVED THE PROGRAM, PERSONNEL, ACTIVITIES OR ORGANIZATIONS ANNOUNCED IN THIS FLIER, AND UNDERTAKES NO RESPONSIBILITY TO SUPERVISE THESE EVENTS. THIS INFORMATION IS PROVIDED AS A COMMUNITY SERVICE AT THE REQUEST OF THE EVENT SPONSOR AND ORGANIZER. THIS IS NOT A DISTRICT SPONSORED OR ENDORSED EVENT."

THANKS TO OUR SPONSORS:



GET A MEAL BY
SCANNING THE
QR CODE



ROOF & GUTTER CARE

Camano Island

Window Cleaning

LLC

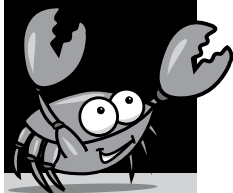
Voted
Neighborhood
Favorite
3 Years in
a Row

360-387-4541

Family Owned & Operated
Serving Camano Island &
Stanwood Greater Area for
Over 20 Years

- Residential • Commercial
- New Construction
- Pressure Washing
- Soft Wash • Solar Panels
- Moss Treatments
- Senior Discounts
- Free Estimates
- Licensed • Bonded • Insured

What is That?



A new column describing a local or native plant or animal in our area.

MUSHROOMS



Mushroom hunting on and around Camano Island peaks in the autumn months, featuring local trails, regional tours, and community education resources. Top Local Foraging Spots: Camano Ridge Forest Preserve: A 5-mile day-hike trail network featuring gentle terrain, good trail conditions, and autumn discoveries like chanterelles. Camaloch Golf Course Trails: Local woodland and mossy forest floors near the course are known autumn spots for finding chanterelles and shrimp mushrooms. Common Local Fungi to Find: Chanterelles (pictured above) are a group of popular wild, edible fungi known for their bright yellow-to-orange color, funnel shape, and distinct fruity, apricot-like aroma. Often found nestled in moss on the forest floor during fall months. Boletus / King Bolete / Lobster Mushrooms: Frequently spotted in damp regional woods, though timing is crucial to catch them before bug infestation. Witch's Butter: A common, velvety, jelly-like yellow-orange fungus found on decaying wood. Foraging Tips: Harvesting Technique: Cut mushroom stems cleanly with a knife rather than pulling them out by the roots to protect the underground mycelium network. Check for Bugs: Fall-foraged boletes and chanterelles can turn past their prime quickly and attract larvae, so inspect your finds in the field. Safety First: Avoid poisonous look-alikes (such as toxic newts or unidentified white/spicy species like certain Russula or Amanita varieties). Consider connecting with groups like the Camano Wildlife Habitat Project for local educational resources and ID workshops



HAVE A TOTALLY CLAWSOME HALLOWEEN

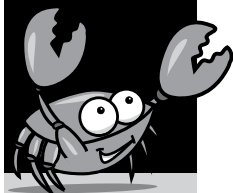
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Helping you make the right move



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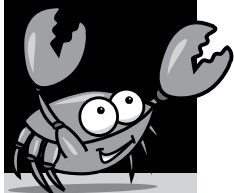
Dining Guide



DID YOU KNOW?

When Jay-Z was 12, he shot his older brother in the shoulder for stealing his jewelry. He later referenced it in a song titled "You Must Love Me."

ACES BBQ (Stanwood) • (206) 465-4931
AMIGO MEXICAN RESTAURANT & LOUNGE (Stanwood) • (360) 629-5052
ARCADIAN PUBLIC HOUSE (Conway) • (206) 799-1179
BAKED CAFE (Camano Island) • (425) 530-3314 or (425) 232-5885
BEAUTY BAR SALON + LOUNGE (Stanwood) • (360) 629-2324
BEST BURGER HUT (Stanwood) • (360) 853-0067
BLUE HERON KITCHEN & BAR (Camano Island) • (360) 502-8700
CAMA BEACH CAFE (Camano Island) • (360) 387-3266
CAMANO THAI (Camano Island) • (360) 926-8688
CENTER CAFE (Stanwood) • (360) 629-7403
COASTAL VIE (Stanwood) • (360) 355-9541
CONWAY'S PUB & EATERY (Conway) • (360) 445-4733
COOKIE MILL (Stanwood) • (360) 629-2362
DOS REALES (Stanwood) • (360) 629-0822
DOMINOS (Stanwood)
DRAGON PALACE (Stanwood) • (360) 629-8106
DUCK IN CAFE (Stanwood) • (360) 629-3440
FARMERS CAFE - (Stanwood) • (360) 629-4953
GYRO STOP (Stanwood) • (360) 572-4175
IXTAPA MEXICAN RESTAURANT (Stanwood) • (360) 629-5228
JACK IN THE BOX (Stanwood) • (360) 629-2384
JIMMY'S PIZZA (Stanwood) • (360) 629-6565
JOHNNY'S BURGER STOP (Stanwood) (360) 629-9427
JOURNEY'S END CAFE (Camano Island) • (360) 387-9120
LATINOS RESTAURANT (Stanwood) • (425) 308-6610
LITTLE CAESARS PIZZA (Stanwood) • (360) 629-6999
LOW BAR STANWOOD (Stanwood) • TBA
MAMMOTH BURGER COMPANY (Stanwood) • (360) 572-4500
MCDONALD'S (Stanwood) • (360) 629-9787
MIYAKO'S TERIYAKI & WOK (Stanwood) • (360) 629-4535
MUSTARD SEED BAKERY & CATERING (Stanwood) • (360) 572-2499
NAHA TERIYAKI (Stanwood) • (360) 629-0681
PADDLE PUB (Stanwood) • (360) 652-4156
PAPA MURPHY'S TAKE 'N' BAKE PIZZA (Stanwood) • (360) 629-3826
PAT'S THAI (Stanwood) • (360) 572-2381
PATINI'S GRILL (Stanwood) • (360) 629-0822 or 360-572-2981
PHOENIX PAVILION (Stanwood) • (360) 629-4662
PRIMAL BARBECUE (Camano Island) • (360) 572-2122
PUB 282 (Camano Island) • (360) 926-8960
PURE SMOKE BARBEQUE (Stanwood) • www.puresmokenw.com
RALIBERTO'S TACO SHOP (Stanwood) • (360) 629-2000
ROCKAWAY BAR & GRILL (Camano Island, at Camaloch) • 360-926-8920
SAAL BREWING CO. (Stanwood) • (360) 629-0102
SAHARA PIZZA (Stanwood) • (360) 629-6886
SASQUATCH SUBS (Stanwood) • (360) 610-2765
SEN - JAPANESE RESTAURANT (Stanwood) • (425) 765-4577
SPARTAN DRIVE IN (Stanwood) • (360) 629-8988
STANWOOD CAFE (Stanwood) • (360) 629-8427
STANWOOD CUPCAKES (Stanwood) • (360) 926-8241
STANWOOD GRILL (Stanwood) • (360) 629-5253
STANWOOD HOTEL & SALOON (Stanwood) • (360) 629-2888
STANWOOD THAI (Stanwood) • (360) 572-2200
STARBUCKS (Stanwood) • (360) 629-2701 • 629-5027 • 629-2500
STILL WATER LOUNGE (Stanwood)
SUB JOINT (Camano Island) • (360) 230-9611
SUBWAY (Camano Island) • (360) 631-5055
SUBWAY (Stanwood) • (360) 629-2678
TACO TIME (Stanwood) • (360) 629-5018
TAPPED CAMANO (Camano Island) • (360) 572-4986
THAI THAI KITCHEN (Stanwood) • (360) 629-0600
TWIN CITY LANES CAFE (Stanwood) • (360) 629-3001
VIVO ITALIAN BISTRO (Stanwood - COMING SOON) • (360) 629-2044
WAYNE'S CORNER CAFE (Stanwood) • (360) 939-2300
WILLOW & JIM'S COUNTRY CAFE (Silvana) • (360) 652-0372



*A column about
longevity and
aging well.*

*Dr. Maria
Cayabyab
("Dr. Maz") is a
board-certified
OB-GYN, a
functional
medicine
practitioner, and
medical director
at Kirra Health.*

OUR CHROMOSOMES HAVE PROTECTIVE CAPS. THEY WEAR DOWN. HALLMARK OF AGING #2: TELOMERE ATTRITION



Every time many of our cells divide, they must copy their DNA. But the ends of linear chromosomes cannot be copied perfectly each time. Telomeres protect those ends, much like the tips of shoelaces. They help keep chromosomes from fraying or being mistaken for broken DNA. In many cells, telomeres shorten with repeated division and cellular stress. When they become too short, cells may become zombie-like—alive but no longer dividing—or die. This process is called telomere attrition.

Why does that matter?

Important tissues, including the blood and immune systems, skin, and gut lining, depend on ongoing renewal. Telomere attrition is one factor that can limit cells' ability to keep dividing and replacing themselves over time.

Some cells, including certain stem cells, use an enzyme called telomerase to help maintain their telomeres. But it does not make telomeres renewable forever. Activating telomerase has not been shown to be safe or effective for anti-aging in people, and it raises cancer concerns.

Telomere attrition does not explain every symptom of aging. It is one example of how aging reflects both accumulated stress and built-in limits on cell division. In rare inherited conditions, problems with telomere maintenance can cause serious disease. For most of us, telomere attrition is one part of a much larger aging process. There is no proven way to "reset" telomeres. The foundations still matter: avoid tobacco, prioritize sleep, move regularly, eat well, and keep up with preventive care.

The goal is not to reset a single hallmark. It is to protect the strength, recovery, and resilience that support a full life over time.

For more insights, visit kirrahealth.com/blog.



FREE EVENT

DOORS OPEN 1730 **PROGRAM STARTS 1800**

VETERANS APPRECIATION DINNER 13 NOVEMBER

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Start the tour from Pioneer Hwy
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have open restaurants.



1. People's Union
2. S. A. Thompson House
3. I.O.O.F. Public Hall
4. D.O. Pearson House
5. Stanwood Volunteer Fire Dept
6. Camano Lutheran Church
7. Camano Lutheran Cemetery
8. Kristoferson Farm
9. Barnum Point Preserve
10. Camano Island State Park
11. Cama Beach Historical State Park
12. Camano City Schoolhouse
13. Camano Island American Legion
14. Utsalady Ladies Aid
15. Camano Pioneer Cemetery



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Funding: This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement PC-01J89801 to the Washington State Department of Health. The contents of this document do not necessarily reflect the views and policies of the Environmental Protection Agency, nor does mention of trade names or commercial products constitute endorsement or recommendation for use.





CASA'S PET OF THE WEEK:

Meet the adorable **SHREDDER!** This sweetie was brought to us as a stray and is now searching for his forever home. Shredder can be a bit nervous at first, but if you move slow and show him some affection, he'll warm right up! He loves head scratches and would do best with a patient owner who can help get him out of his shell. If Shredder sounds like the guy for you, please stop by to visit!

Camano Animal Shelter Association (CASA):
360-387-1902. www.camanoanimalshelter.org

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NOAH'S PET OF THE WEEK:

ANNABELLE - Hi! I am a new arrival at The Noah Center looking for my new FURever home. I would love to be part of your family and spend the rest of my days being my best cat self. If you are interested in meeting me, please come to The NOAH Center and talk to an Adoptions Matchmaker today!

The N.O.A.H. Animal Adoption Center:
(360) 629-7055. www.thenoahcenter.org

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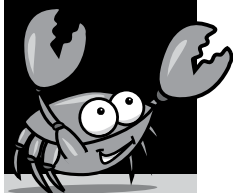


If you are already working with an agent, this is not meant as a solicitation for that business.

If you can dream it, we can find it.

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Windermere Real Estate Co
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McNutt.*

*"Great recipes
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Kitchen!"*

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PUMPKIN GINGERBREAD TRIFLE(S)



Treat your family and friends to a layered gingerbread trifle, with pumpkin pie filling, creamy whipped topping, and gingersnap cookies served in a trifle bowl or these cute individual jars!

INGREDIENTS: 2 (14 oz.) pkg. gingerbread mix, prepared; 1 (5.1 oz.) box cook-and-serve vanilla pudding mix, prepared; 1 (30 oz.) can pumpkin pie filling; 1/2 c. brown sugar, packed; 1/3 tsp. ground cinnamon; 1 (12 oz.) container frozen whipped topping; 1/2 c. gingersnaps, crushed for garnish

DIRECTIONS: 1. Bake the gingerbread according to the package directions; cool completely. 2. Meanwhile, prepare the pudding according to the package directions; set aside to cool. Stir the pumpkin pie filling, brown sugar, and cinnamon into the cooled pudding. 3. Crumble 1 batch of gingerbread into the bottom of a large trifle or punch bowl. Pour 1/2 of the pudding mixture over the gingerbread, then add a layer of whipped topping. Repeat with the remaining gingerbread, pudding, and whipped topping. 4. Sprinkle the top with crushed gingersnaps, if desired. Refrigerate overnight. Serves 12-16. 5. Cook's Note: Cut the recipe in half to make 8 (1/2-pint) individual trifle jars.

Jan Mather
Camano Island Expert
360-507-4133

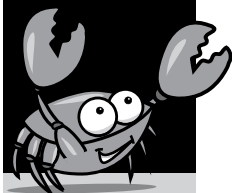
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Classes and Workshops



DID YOU KNOW?

Larry the Cable Guy's real name is Daniel Lawrence Whitney.

His notable Southern accent is fake – he was born and raised in the midwest, not the South.

Yoga for Beginners October 13-November 10 Tuesdays 6-7:15pm. This introduction will teach you the foundational alignment of basic yoga postures, how to coordinate breath with movement and philosophical practice to make yoga a tool for your wellbeing. \$95 Register in advance at movementarts.com/events or call 360-629-9100

Yin Teacher Training Oct 16-18 15hrs CEU with Carol Mason, ERYT-500, YACEP. A 15 hour weekend study that will explore the benefits of yin yoga, its philosophy and Eastern influences, physiology and anatomy, asana and modifications for special conditions and how to develop a yin class. Teachers will earn 15 CEU's and a certificate of completion. \$250. For more information and to sign up go to movementarts.com/events or call 360-629-9100.

Restorative Teacher Training November 13-15 15hrs CEU with Melissa Dale, ERYT-200, YACEP. In this 15 hour Teacher Training you will learn: origins of Restorative Yoga; how Restorative differs from Yin; physical and mental benefits of Restorative; use of props; basic Restorative techniques and poses; designing a Restorative practice. This training is open to all yoga teachers and serious students of yoga. Training and certificate fee: \$250. For more information and to sign up go to movementarts.com/events or call 360-629-9100.

Free Medicare Basics class at Camano Island Library, October 17, 2:30-3:30pm. Learn enrollment options and avoid costly mistakes. RSVP: 360-329-2984. For accommodations of persons with special needs, call 360-329-2984.

Zumba classes on Camano with Jennifer Anderson. Mondays @ 5:30pm at the South Camano Grange. By donation, sugg: \$10. Tuesdays & Thursdays @ 5:30pm at the Camano Country Club. \$10 or FREE for clubhouse members. No class on the 3rd Tuesday of the month.

Health & Wealth Mondays Every Monday 5:30-7pm at the South Camano Grange. Presented by Evergreen Farm. We host rotating classes including crafts, history of the grange talks, financial health information classes, AI and technology classes, wellness checks like blood sugar testing, sourdough starter classes and more! Suggested donation recommendations for these classes vary by topic.



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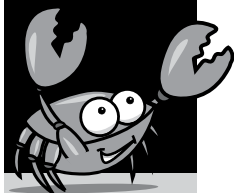
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Classes and Workshops



DID YOU KNOW?

The motto on the United Kingdom's Royal Coat of Arms is in French. The motto is "Dieu et mon droit," which means "God and my right."

Free ladies exercise class Tuesdays and Thursdays from 9-9:45 at Camano Chapel followed by a short encouragement message. Please come join us! camanochapel.org/connect for more information.

Chair Yoga at Lincoln Hill Retirement Community. Lower stress, reduce risk of heart disease, more stable blood sugar, less back and arthritis pain, sharper memory, reduce anxiety and depression, sleep better, feel happier and weight loss. Come join us on Tuesday and Thursday mornings at 10am in our exercise room.

Guitar Lessons with Ford Geisbrecht. All ages, levels & styles. Learn at your own pace. Ukelele & Bass also available. Serving Camano/Stanwood since 2002. 360-631-0661.

Music Lessons That Fit (in-home or in-studio): piano, guitar, sax, clarinet, flute, voice; ages 5 and up; all skill levels. Call 425-780-2289 or book a free 30-minute lesson: HartMusicSchool.com/free-trial. (Piano teachers with your own studio in Camano/Stanwood — we're looking to partner: HartMusicSchool.com/apply-to-teach.)

Free Macbook and iPad / iPhone Tutoring 3 / 30-minute sessions in the Camano Center Library (1pm, 1:30pm, 2pm) the second and fourth Thursdays of each month. Sign up at fact@msdeadlines.com

FamilySearch Center – FREE Open Genealogy Workshop at 795 Ell Rd., Camano Island. Tuesdays 10 am-2 pm; Wednesdays 6pm-8pm. Get help to find your ancestors with free access to subscription websites and records. Contact us at camano@familyhistorymail.org.

Movement Arts Yoga Classes In-studio & Online. ONLINE VIDEO LIBRARY – practice anytime, anywhere – just practice! Go to www.movementarts.com and follow the links to view our video library of online hour length classes.

Free ladies exercise class Tuesdays and Thursdays from 9-9:45 at Camano Chapel followed by a short encouragement message. Please come join us! camanochapel.org/connect for more information.



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Explore. Discuss. Connect.

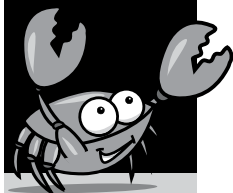
sno-isle.org/reads-together



SNO-ISLE
LIBRARIES



Photos and Art



DID YOU KNOW?

English accounts for 50% of visited web pages, even though the amount of English users is only 26%.

Russian accounts for the 2nd most visited pages at only 6%.

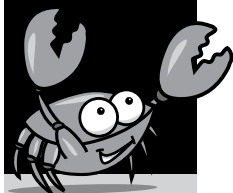


Halloween decor at The Spare Room vintage market.



*Autumn sunrise on Pioneer Highway - Stanwood.
Photo by James M. Shipley*

Classified Listings



DID YOU KNOW?

Selfies now cause more deaths than shark attacks. It is estimated there are 28 selfie-related deaths per year, with the leading cause being heights.

FOR SALE:

Brand New IRGC40 60 volt electric 3-wheel golf cart/dual passenger for courses, neighborhoods, large properties \$1850. 460-353-1635.

MISCELLANEOUS:

I buy vinyl record albums: Rock, Pop, Jazz & more. I'll buy a few or a collection. Call Mike @ 425-530-8021.

For Sale: Multifamily properties on Camano for investors or short-term rental opportunities. Please contact Glenda Fabrizio; Windermere Real Estate Co., Glenda@windermere.com, (206) 228-6312.

Collectible Toys, priced to sell! Hot wheels, Matchbox, Johnny Lightning, model cars, Star Wars, action figurines, Transformers, Smurf, California Raisins etc. 30 years and older. Call Fred: 360-631-5656

Book Collection, priced to sell! Original Publishers. 1st, 2nd & 3rd editions! Stephen King, Anne Rice, Tom Clancy, Dean Koontz, Jean Auel, Michael Crichton etc. Call Fred: 360-631-5656

PROFESSIONAL SERVICES:

I'm looking for remote work in copywriting and business newsletters. My background also includes strategic communications, customer success, project management, and strategy consultations. Tiffany FitzPatrick, 812.251.4604, tiffanyfitzpatrickco@gmail.com.

Camano Decks & Sheds LLC Local, Affordable & Efficient. Free estimates 10% discount for seniors & ADL ramps. Jim 360-913-2941 E-mail: jmmitchell8974@gmail.com. Serving Outlying Areas.

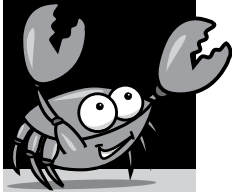
Island Affogato - Café Accordion & Flute with Linda Younce Weddings/Private Parties. Soft Rock/Jazz, Classical, Showtunes, Movie/TV, Holiday, & More! IslandAffogato.com (425) 466-5362.

WANTED:

Considering a career in real estate? Windermere is looking for sales associates in our Stanwood and Camano Island offices. Contact Jill at jillvail@windermere.com for more information. windermere-stanwoodcamano.com.

Piano teachers wanted! Hart Music School brings students to independent instructors in the Camano/Stanwood area. You choose your schedule; we handle marketing and billing. Call John at 425-780-2289 for details or visit HartMusicSchool.com/apply-to-teach.

Clubs and Meetings



DID YOU KNOW?

Honey, and items immersed in honey, can be preserved for centuries. The long shelf life is due to an enzyme found in the stomachs of bees.

Neurodivergent Playgroup Please join us at the Stanwood Co-op Preschool every 2nd Mon of the month from 1–3 p.m. Free and open to the community, siblings welcome! Location: 27027 102nd Dr NW, Stanwood Info: (360) 629-3155 admin@stanwoodpreschool.org

Mabana Flames Monthly lunch meeting 10am the first Thursday of the month, September - June, except January. Come and support Camano Fire. More info: Lenore at 206-930-0846.

Rainy Day Room Playgroup Free weekly play group at Community Resource Center for ages 0-5 and their grown-ups! Friendship and community....getting out of the house. More info: www.crc-sc.org/events.

Dottie's Nature Play is for ages 0-5 and their caregivers on Thursdays from 10:30am and 3pm at Community Resource Center of Stanwood Camano (across from Stanwood Library). This outdoor playgroup is all about hands-on discovery, sensory-rich experiences, and letting curiosity lead the way. Come dressed for the weather and ready for adventure!

Kaleidoscope Play & Learn a FREE play group for 0-5 years and their grown ups. A variety of developmental activities that promote early learning. Inclusive of all young children, languages, and cultures. RSVP at www.crc-sc.org/events.

Camano Island Quilters – Meet the first Wednesday of every month September through June from 10-12 noon at the Stanwood United Methodist Church – 27128 102nd Drive NW, Stanwood. Visit our website for more info: camanoislandquilters.wildapricot.org/

Neurodivergent Playgroup Please join us at the Stanwood Co-op Preschool every 2nd Mon of the month from 1–3 p.m. Free and open to the community, siblings welcome! Location: 27027 102nd Dr NW, Stanwood Info: (360) 629-3155 admin@stanwoodpreschool.org

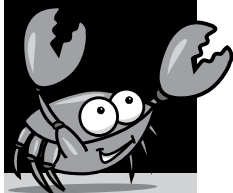
Meditation group at 1pm at Lincoln Hill Retirement Community. Meditation has many benefits including reduced stress, lower anxiety, improved sleep quality, and better emotional regulation.

Silvana Serinity Al-anon family group meets Wednesdays, 10 am, at Peace Lutheran church in Silvana. More info: 425-367-1776.

Community Open Sew 2nd Monday of the month with Camano Island Quilters. 10am-2pm at Stanwood United Methodist Church, 27128 102nd Dr NW. Open to public. Want to sew with others, need help on a project? We are here to help you. Bring your sewing machine, a project, and basic tools for an afternoon of fun!

Camano Island Women's Republican Club – Join us for a potluck and conversation about policies, politics and interesting speakers that affect the Stanwood/Camano Island communities. The club meets on the 4th Tuesday of every month at The Chalet at Camaloch, 358 Camaloch Drive at 12 noon sharp. www.CIWRC.com

Clubs and Meetings



DID YOU KNOW?

By applying even pressure to an egg, it is nearly impossible to break the shell by squeezing it.

Stanwood / Camano Coin Club Meets the 4th Monday of each month at Island County Multipurpose room: 141 SE Camano Dr, Camano. This club offers collecting opportunity, education and mentoring to all ages. Buy - Sell - Trade - Learn.

Parkinson's Support Group located at Lincoln Hill Retirement Community can provide essential emotional support, reduce isolation, and offer practical, firsthand knowledge to help patients and caregivers navigate by connecting with others who truly understand the daily challenges of the disease. It meets every 2nd Monday of each month at 10:45am in the Center Hall.

Caregivers Support Group meets at 10am Lincoln Hill Retirement Community. (meets first Tuesday of each month). Come meet and talk to others participating in the care of a loved one. This group meets at 10am. Open to the community.

Are you or your loved ones suffering from depression or anxiety? There is hope! The Nedley Depression & Anxiety Recovery Program is an evidence-based community education course designed to provide the tools, support, and practical interventions needed to overcome depression and anxiety and achieve optimal mental health. Questions? Call/Text 425-870-1006.

Are you troubled by someone else's drinking? When you don't know where to turn...Al-Anon/Alateen Family Groups can help! Here is a list of our meeting in the Stanwood/Camano Island area: SUNDAY, "Courage to Change" Camano Lutheran Church, 850 Heichel Rd, Camano Is, 6:00pm; "One Day at a Time," Lincoln Hill Retirement Community, 7430 276th ST NW, Stanwood, 6:30 pm (For Zoom hybrid meeting call 360-618-0464 if you would like the meeting ID for Zoom), THURSDAY, "Stanwood AFG", United Methodist Church, 27128 102nd Dr., Stanwood, 7:00pm, SATURDAY, "Paths to Recovery," Camano Lutheran Church, 850 Heichel Rd, Camano Is, 10:30am.

Interested in joining Camano Island Quilters? We would love to meet you, stop by, and/or check us out on our website at <https://Camanoislandquilters.wildapricot.org>.

The Stanwood VFW Post 12228 meets the 2nd Tuesday of every month at 6 p.m. Meetings are held in the American Legion Frank Hancock Post 92 building next to CVS Pharmacy.

Four Springs House for your next event



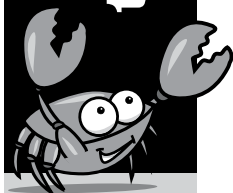
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View from the Bleachers



Read more of Tim Jones' humor every week at www.ViewFromTheBleachers.net or check out his new YouTube channel by the same name.

CONGRATULATIONS ON MAKING IT THIS FAR

[This is Part 1 of a 2-Part article. Part 2 will appear in the next issue of the Crab Cracker.]

This week's column is dedicated to those of you who grew up in the fifties, sixties, seventies, or eighties. Congratulations! If you are reading this, it means that somehow – I really don't know how – you managed to survive all these years. Unless, that is, you're a web bot that stumbled upon this article while scraping the bottom of the Internet – in which case, please don't hack into my bank account, okay?

I'm going to remain optimistic and assume for the moment that you're a human and not my future AI overlord. If you grew up during one of these four decades, you were exposed to a remarkable number of things that today would cause an anxious parent to immediately call a pediatrician, a lawyer, or possibly the police.

And yet, somehow, you survived. So, let's take a nostalgic stroll through the decades and marvel at the fact that you somehow made it to adulthood. Truly incredible.

The 1950s

The 1950s were apparently a time when parents looked at their children and thought, "We've got five kids. So what if we lose one or two along the way from exposure to potentially dangerous toys."

Chemistry sets were incredibly popular. And not the kind of chemistry set where you drop a pack of Mentos into a bottle of Diet Coke and watch it turn into a towering geyser of foam. No, these were actual miniature laboratories containing test tubes, chemicals, Bunsen burners, and various substances that were apparently intended to teach an overly curious nine-year-old the valuable life lesson of how to start a kitchen fire.

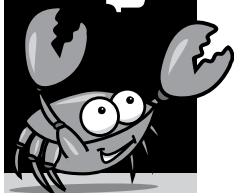
But if regular chemistry wasn't exciting enough for you, there was always the Gilbert U-238 Atomic Energy Lab. Yes. You read that correctly. The Gilbert U-238 Atomic Energy Lab. This was an actual toy sold to children in 1950 and 1951.

It came with a Geiger counter, a cloud chamber, a device called a spinthariscopescope, and various radioactive samples so Junior could spend the afternoon learning about nuclear physics. Nothing says "Merry Christmas" quite like: "Here's your new radioactive science kit, son. Don't eat the uranium."

Today, if a toy company included a radioactive substance in a children's science kit, there would be a few extra bureaucratic steps involved, like an oncology report, a police report, and possibly a congressional investigation.

Sitting a severe shortage of broken ankles and wrists, elementary schools implemented an exciting new playground feature: monkey bars.

View from the Bleachers



DID YOU KNOW?

There are more people in the U.K. than in Canada, Australia, Norway, and Iceland combined. The U.K. population is over 65 million.

Riding a bicycle didn't involve helmets. Swimming pools had no life-guards. And if you wanted to spend the afternoon playing outside, your parents didn't track you on their phones. Heck, most days they had no idea where you were. They just assumed you'd eventually come home when it got dark.

And when you got home from trying to assemble a nuclear bomb in the basement of your buddy Henry's house, you had to listen to your parents complain about how Elvis Presley was destroying America.

The 1960s

If you grew up in the 1960s, you survived an era when parents apparently believed that children were essentially indestructible. Cars were essentially death traps. Car seats for the family's precious toddler? Forget it. You rode in the back of the family station wagon – without a seat belt – or a seat.

You proudly rode your Schwinn Sting Ray wheelie bike down the street without holding onto the hi-riser handlebars. Helmets were still only for playing football, not bicycles. If you crashed, you got up, looked at your bloody knee and went back outside to play.

And then there was television. Only three channels. And your folks only let you watch one hour a week – usually either Bonanza or The Ed Sullivan Show. For the first half the decade the picture was black and white. There was no remote control. If you wanted to change the channel, you had to get up and walk across the room. Looking back, this may explain why people in the 1960s were in such good shape.

Siting a continuing severe shortage of serious injury risks, toy manufacturers introduced an exciting new game for kids of all ages: Lawn Darts. In case you missed this fad, Lawn Darts involved throwing giant weighted 12-inch-long steel-tipped darts – think miniature javelins – into the air and trying to get them to land in a target, located inches away from your best friend and opponent, Henry. Somewhere, some toy manufacturing executive came up with the brilliant idea, "Hey, you know what would be fun? Sharp metal spears. You know... for the kids."

And when you got home from playing Lawn Darts in Henry's backyard, you had to listen to your parents complain about how the Beatles were destroying America.

TO BE CONTINUED...

TIDE TABLES / SARATOGA PASSAGE / OCTOBER 16-29, 2026

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 16	Low	2:53 AM	0.1	
16	High	10:41 AM	10.3	
16	Low	3:50 PM	7.7	
16	High	7:55 PM	8.8	
Sa 17	Low	3:43 AM	0.6	
17	High	11:50 AM	10.2	
17	Low	5:04 PM	7.8	
17	High	8:27 PM	8.2	
Su 18	Low	4:38 AM	1.1	
18	High	12:58 PM	10.2	
18	Low	6:28 PM	7.4	
18	High	9:51 PM	7.6	
M 19	Low	5:36 AM	1.5	
19	High	1:48 PM	10.3	
19	Low	7:54 PM	6.7	
19	High	11:36 PM	7.3	
Tu 20	Low	6:34 AM	1.8	
20	High	2:21 PM	10.6	
20	Low	8:32 PM	5.6	
W 21	High	1:09 AM	7.4	
21	Low	7:32 AM	2.2	
21	High	2:46 PM	10.8	
21	Low	9:02 PM	4.4	
Th 22	High	2:28 AM	8.1	
22	Low	8:26 AM	2.5	
22	High	3:09 PM	11.0	
22	Low	9:33 PM	3.0	

Date	High /Low	Tide Time	Height Feet	Moon Visible
F 23	High	3:29 AM	8.9	
23	Low	9:15 AM	3.0	
23	High	3:35 PM	11.3	
23	Low	10:05 PM	1.5	
Sa 24	High	4:23 AM	9.9	
24	Low	10:02 AM	3.7	
24	High	4:01 PM	11.4	
24	Low	10:40 PM	0.1	
Su 25	High	5:15 AM	10.8	
25	Low	10:49 AM	4.4	
25	High	4:30 PM	11.5	
25	Low	11:16 PM	-1.1	
M 26	High	6:07 AM	11.6	
26	Low	11:36 AM	5.3	
26	High	5:00 PM	11.5	
26	Low	11:56 PM	-2.1	
Tu 27	High	6:58 AM	12.2	
27	Low	12:24 PM	6.1	
27	High	5:33 PM	11.4	
W 28	Low	12:37 AM	-2.7	
28	High	7:51 AM	12.4	
28	Low	1:12 PM	6.9	
28	High	6:08 PM	11.1	
Th 29	Low	1:22 AM	-2.9	
29	High	8:47 AM	12.3	
29	Low	2:04 PM	7.5	
29	High	6:47 PM	10.7	



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Give Like Beth ♥

SCCAR REALTOR® FOOD DRIVE

OCTOBER 1ST - 31ST, 2026

— \$2.18 = ONE POUND OF FOOD! —

WWW.SCCAR.ORG/FOODDRIVE

Contact us for more information

STANWOOD

7359 267th St NW #D
360.629.8233

CAMANO ISLAND

818 N Sunrise Blvd
360.387.4663



Food donations can be dropped off in the bins located at the Stanwood and Camano Island Windermere offices. Please bring all monetary contributions to the front desk.

All donations made through our office will benefit our local Stanwood Camano Food Bank



In Loving Memory of Beth Newton

For years, Beth proudly led Windermere Stanwood-Camano's participation in the annual SCCAR Realtor Food Drive. Her kindness, generosity, and passion for helping others will continue to inspire this tradition for years to come.