

Fertility Acronym Cheat Sheet

2WW: Two week wait

AF: Aunt Flo or Menstrual Cycle

ART: Assisted reproductive technology (IVF, IUI, etc.)

BBT: Basal Body Temperature

BCP: Birth Control Pills

BD: Baby Dance (sex)

Beta: HcG pregnancy test

BFN: Big Fat Negative

BFP: Big Fat Positive

BW: Blood work

CB: Cycle Buddy

CD: Cycle Day

CM: Cervical Mucus

DE: Donor Eggs

DH: Dear Husband

DOR: Diminished Ovarian Reserve

DPO: Days Post-Ovulation

DPR: Days Post-Retrieval

DPT: Days Post-Transfer

DW: Dear Wife

ENDO: Endometriosis

EPT: Early Pregnancy Test

ER: Egg Retrieval

ET: Embryo Transfer

FET: Frozen Embryo Transfer

FF: Fertility Friend

FHR: Fetal Heart Rate

FRER: First Response Early Result (home pregnancy test)

Frostie: Frozen Embryo

FSH: Follicle-Stimulating Hormone

HcG: Human Chorionic Gonadotropin (hormone detected by pregnancy tests)

HPT: Home Pregnancy Test

HSG: Hysterosalpingogram

ICSI: Intracytoplasmic Sperm Injection

IF: Infertility

IVF: In Vitro Fertilization

IUI: Intrauterine Insemination

LAP: Laparoscopy

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LH: Luteinizing Hormone

SA: Semen Analysis

MAI: Miscarriage after Infertility

SART: Society for Assisted Reproductive Technology

MC: Miscarriage

SI: Secondary Infertility

MF: Male factor

STD: Sexually Transmitted Disease

MFI: Male Factor Infertility

TTC: Trying To Conceive

NK: Natural Killer Cells

US: Ultrasound

O, OV: Ovulation

OB, OB/GYN: Obstetrician/Gynecologist

OPK: Ovulation Predictor Kit

OTC: Over the Counter

PCOS: Polycystic Ovarian Syndrome

PG: Pregnant

PGD: Pre-implantation Genetic Diagnosis

PGS: Pre-implantation Genetic Screening

PID: Pelvic Inflammatory Disease

POAS: Pee on a Stick

POF: Premature Ovarian Failure

RE: Reproductive Endocrinologist

RI: Reproductive Immunologis

RPL: Recurrent Pregnancy Loss