



YOUR PSYCHOLOGICAL TESTING JOURNEY

What to expect from start to finish...

1 Intake Session

You'll meet with one of our clinicians who will gather information about your history, symptoms and concerns

**In person and virtual options available*



Uncover a deeper understanding of yourself

2 Insurance + Cost

The office will verify your insurance coverage and provide you with a testing cost estimate

**No cost for Medi-Cal covered testing*



3 Forms

The office will email you and an observer (i.e. parent, teacher, partner) assessment questionnaires to complete at your convenience at home

You must have an observer in your forms!

4 Testing Appointment

You will have 1 or 2 testing appointments where one of our clinicians will administer assessment measures

**At least 1 testing appointment MUST be in person at our office closest to you*

5 Composing Report

After all assessment measures are complete, your clinician will analyze and interpret the information gathered to determine any diagnoses and tailored recommendations

6 Feedback Meeting

You will engage in a feedback session where your clinician will review all of your results and personalized recommendations

**In person and virtual options available*

7 Your Final Report

After your feedback meeting, you will sign a consent form to receive a copy of your completed report for your review and records



Inquire about our therapy services after testing!

**~To book your Intake Session~
Call: 818-661-6306 or visit: tinysteps.janeapp.com**