



Brain and
Cognitive Function Clinic

NEURO BOXERCISE *GAIN AN EDGE*

A 6-week dynamic boxing program that
boosts both brain and body performance.

Experience enhanced cognitive function
and cardiovascular health through an
engaging, high-energy workout.



ENHANCED MENTAL SHARPNESS



INCREASED ENERGY LEVELS



IMPROVED FOCUS AND DECISION-MAKING



PROGRAM DURATION & COST:

- **Duration:** 6-Weeks
- **Start Date:** 12th August
- **Following Dates:** 19th August, 26th August, 2nd Sept., 9th Sept., 16th Sept
- **Program Fee:** \$210



SESSION DETAILS:

- **Frequency:** Once per week
- **Day:** Monday
- **Time:** 6:00 AM Arrival. 6:15 AM Start time
- **Session Duration:** 45-minutes
- **Location:** 12/8 Booth Pl, Balcatta WA 6021.



EXTRA INFO:

- Personalised coaching by a qualified sports scientist..
- Supportive environment with close monitoring.
- Hands-on learning for optimal results.



Ready to level up?

Scan or contact us to secure your spot.



9240 5266



appointments@perthintegrated.com



www.braincognition.com



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