



Fee Schedule as at May 2026	
Therapeutic Service Description	Fee/Hour
<b>Initial parent/caregiver or Family Therapy Intake Session</b> Session includes <b>70</b> minutes of face-to-face and <b>20</b> minutes non-contact (for case notes and other documentation).	\$234.24
<b>Child Session</b> Session includes <b>45</b> minutes of face-to-face contact and <b>15</b> minutes non-contact (for reset of space, case notes, and other documentation).	\$165.00
<b>Parent/caregiver Only (Individual) Session</b> Session includes <b>50</b> minutes of face-to-face contact and <b>10</b> minutes non-contact (for case notes and other documentation).	\$165.00
<b>Family Therapy (Parent-child or Filial) Session</b> Session includes <b>50</b> minutes of face-to-face contact and <b>10</b> minutes non-contact (for case notes and other documentation).	\$180.00
<b>Couples Session</b> Session includes <b>50</b> minutes of face-to-face contact and <b>10</b> minutes non-contact (for case notes and other documentation).	\$180.00
<b>Parent Consultation (Parent Progress and/or Consultation Sessions)</b> Session includes <b>50</b> minutes of face-to-face contact and <b>10</b> minutes non-contact (for case notes and other documentation).	\$165.00



Additional Service Description	Fee/Hour
Outreach observations or stakeholder meetings (excluding travel costs); administrative time for case notes and other documentation included.	\$156.16
Report Writing (including but not limited to NDIS report, reports for external agencies, summary letters). Reports are provided by the counsellor on request only and are not charged as a recurring item. Minimum initial report is based on 2h.	\$156.16
Travel (As discussed in consultation with individual client cases).	TBC
For agency funded services (including NDIS), please contact Inner Wisdom directly to discuss a service agreement.	TBC