



Fee Schedule as at September 2026	
Counselling Service Description	Fee/Hour
Initial Intake Session Session includes 70 minutes of face-to-face and 20 minutes non-contact (for case notes and other documentation).	\$255.00
Individual Child or Adolescent Session Session includes 45 minutes of face-to-face contact and 15 minutes non-contact (for reset of space, case notes, and other documentation).	\$170.00
Parent/caregiver Only (Individual) Session Session includes 50 minutes of face-to-face contact and 10 minutes non-contact (for case notes and other documentation).	\$170.00
Family Therapy (Parent-child or Family) Session Session includes 50 minutes of face-to-face contact and 10 minutes non-contact (for case notes and other documentation).	\$190.00
Couples Session Session includes 50 minutes of face-to-face contact and 10 minutes non-contact (for case notes and other documentation).	\$190.00
Parent Consultation (Parent Progress and/or Consultation Sessions) Session includes 50 minutes of face-to-face contact and 10 minutes non-contact (for case notes and other documentation).	\$170.00
After-Hours Appointments Appointments scheduled outside standard business hours (9am to 5pm) are charged at the following rates: • Child and Adolescent Session: \$180 per hour • Couples and Family Session: \$200 per hour	



Additional Service Description	Fee/Hour
Professional Consultation and Collaborative Services (including but not limited to observations, stakeholder meetings, case conferences, school visits, liaison with external service providers, and multidisciplinary consultations). These services are provided as required and are billed separately from counselling sessions. Travel time and travel expenses, where applicable, are charged separately.	\$170.00
Written Work and Correspondence (including but not limited to reports, letters, summaries, assessments, form completion, and communication with external agencies). Written work is completed upon request and is billed separately from counselling sessions.	\$170.00
Travel (As discussed in consultation with individual client cases).	TBC
For other funded services, please contact directly to discuss.	TBC



NDIS Funded Services (Effective 5 October 2026)	
Service Description	Fee/Hour
Initial Intake Session 70 minutes direct service (1.1667 h) + 20 minutes non face-to-face support (0.3333 h)	\$234.24
Child Session 45 minutes direct service (0.75 h) + 20 minutes non face-to-face support (0.3333 h)	\$169.17
Additional Support Billed in accordance with NDIS Pricing Arrangements	\$156.16
Non Face-to-Face Support Billed in accordance with NDIS Pricing Arrangements	\$156.16
Professional Consultation, Case Conferences and Reports Billed where claimable under NDIS guidelines	\$156.16
Travel As per NDIS Pricing Arrangements (where applicable)	Variable

Note. NDIS fees are calculated using the applicable NDIS hourly rate and may include both direct service delivery and clinically relevant non face-to-face activities, such as session preparation, documentation, case notes, stakeholder liaison, and other supports directly related to participant outcomes, where claimable under NDIS Pricing Arrangements.